



TITLE:

# Disproportionally Impaired Diffusion Capacity Relative to Airflow Limitation in COPD

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1 **Disproportionally impaired diffusion capacity relative to airflow limitation in**  
2 **COPD**

3

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43 **Abstract (250/250)**

44 Forced expiratory volume in 1 second (FEV<sub>1</sub>) is a standard physiological index of  
45 chronic obstructive pulmonary disease (COPD), but reflects emphysema and vascular  
46 abnormalities less sensitively than diffusion capacity for carbon monoxide (D<sub>LCO</sub>). This  
47 study tested whether a disproportionately impaired D<sub>LCO</sub> relative to FEV<sub>1</sub> (FEV<sub>1</sub> z-score > -  
48 3 and D<sub>LCO</sub> z-score ≤ -3) is a common functional COPD phenotype associated with distinct  
49 clinical and structural features and the prognosis of two cohorts. The cross-sectional  
50 analyses of the Korea COPD Subgroup Study (KOCOSS) cohort (multicenter study in  
51 Korea) included 743 males with COPD whose D<sub>LCO</sub> was available. The cross-sectional  
52 and longitudinal analyses of the Kyoto University Cohort (single-center study in Japan)  
53 included 195 males with COPD who were prospectively followed for 10 years. A  
54 disproportionately impaired D<sub>LCO</sub> relative to FEV<sub>1</sub> was observed in 29% and 31% of  
55 patients in the KOCOSS and Kyoto University cohorts, respectively. In the multivariable  
56 analysis, the disproportionately impaired D<sub>LCO</sub> was associated with worse symptoms,  
57 shorter 6-minute walking distance, paraseptal and centrilobular emphysema on computed  
58 tomography, and reduced arterial oxygen and carbon dioxide pressures compared to the  
59 reference (FEV<sub>1</sub> z-score > -3 and D<sub>LCO</sub> z-score > -3). In the multivariable Cox proportional  
60 hazard model, a higher long-term mortality was observed in the disproportionately  
61 impaired D<sub>LCO</sub> group than in the reference group (hazard ratio [95% confidence interval]  
62 = 3.09 [1.52-6.29]) and similar to the D<sub>LCO</sub> z-score ≤ -3 and FEV<sub>1</sub> z-score ≤ -3 group. The  
63 disproportionately impaired D<sub>LCO</sub> relative to FEV<sub>1</sub> is common and associated with

64 increased symptoms, emphysema, arterial blood gas abnormalities, and increased long-  
65 term mortality in patients with COPD.

66

67

68 **Keywords:** Chronic obstructive pulmonary disease, Emphysema, Airway, Computed  
69 tomography, Pulmonary function, Prognosis

70

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### 78 **Declaration of interest statement**

79 The authors report no conflicts of interest in this work.

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83 **Introduction**

84 Chronic obstructive pulmonary disease (COPD) is a leading cause of death worldwide.[1]

85 While the diagnosis of COPD is simply based on airflow limitation on spirometry,[2]

86 spirometry is insufficient to capture the heterogeneous structural alterations underlying

87 the clinical manifestations, including airway disease, emphysema, and vascular

88 abnormalities.[3]

89 The single-breath lung diffusion capacity for carbon monoxide ( $D_{LCO}$ ) is a

90 noninvasive, repeatable physiological measure of the capacity of gas exchange in the

91 alveolar space of the lungs.[4, 5]  $D_{LCO}$  is closely associated with emphysema measured

92 on histology[6, 7] and computed tomography (CT)[8], as well as vascular abnormalities

93 on CT.[9, 10, 11] Moreover, a lower  $D_{LCO}$  is associated with a lower arterial partial94 pressure of oxygen ( $PaO_2$ ), exercise capacity, and poor prognosis in patients with95 COPD.[12, 13, 14] Even in smokers with normal spirometry,  $D_{LCO}$  may be decreased,96 and the decreased  $D_{LCO}$  is associated with more severe symptoms and impaired exercise

97 capacity[15] and predicts the future development of COPD.[16] Furthermore,

98 Balasubramanian et al.[17] recently proposed the categorization of patients with COPD

99 based on a combination of forced expiratory volume in 1 second ( $FEV_1$ ) on spirometry100 and  $D_{LCO}$ , and showed that an impaired  $D_{LCO}$  ( $\leq 50\%$  of predicted) has negative effects on

101 symptoms, exercise capacity, and exacerbation frequency, even in patients without a

102 substantial reduction in  $FEV_1$  ( $> 50\%$  of predicted). These findings suggest that functional103 phenotyping based on  $FEV_1$  and  $D_{LCO}$  may improve clinical COPD management.

104 However, the detailed structure-function relationships and even long-term prognosis in  
105 relation to this phenotyping remain to be explored.

106 A disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  was hypothesized to be a  
107 common functional phenotype associated with the distinct clinical manifestations,  
108 structural changes, and prognosis of COPD. This study aimed to identify patients with  
109 COPD presenting a disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  in two  
110 observational cohorts: the Kyoto University Cohort (single-center study in Japan)[8, 18]  
111 and the Korea COPD Subgroup Study (KOCOSS) Cohort (multicenter study in  
112 Korea).[19, 20] Furthermore, this study tested whether this functional phenotype was  
113 associated with impairments in patient-reported outcomes and exercise capacity in the  
114 KOCOSS Cohort, and with a greater severity of emphysema on CT, abnormal arterial  
115 oxygen and carbon dioxide pressures, and increased long-term mortality in the Kyoto  
116 University Cohort.

117

## 118 **Methods**

### 119 *Study design*

120 The present study consisted of the following datasets from two independent cohorts: the  
121 cross-sectional data from the KOCOSS Cohort and the cross-sectional and longitudinal  
122 data from the Kyoto University Cohort. The KOCOSS Cohort was obtained from a  
123 multicenter prospective observational study conducted at 48 tertiary referral hospitals in  
124 the Republic of Korea beginning in 2011.[19, 20] The study protocol was approved by  
125 the Institutional Review Board of Konkuk University Medical Center (Institutional  
126 Review Board No. 177 KHH1010338), and all the hospitals obtained approval from the

127 Institutional Review Board committee. The Kyoto University Cohort is a single-center  
128 prospective observational study that has been conducted at the Kyoto University Hospital  
129 in Japan since 2006 using a single CT scanner with the fixed scanning conditions  
130 described below.[8, 18, 21] The study was performed in accordance with the Declaration  
131 of Helsinki and was approved by the Ethics Committee of Kyoto University (approval  
132 Nos. E182 and R1660-1). All participants in both the Kyoto University and KOCOSS  
133 cohorts provided written informed consent. The collaborative analysis of the two cohorts  
134 was further approved by the Ethics Committee of Kyoto University (approval No.  
135 R2033).

136 The inclusion criteria of the present study were as follows: (1) age 40-85 years  
137 with a smoking history of at least 10 pack-years, (2) a physician's diagnosis of COPD  
138 based on patient-reported respiratory symptoms and the presence of airflow limitation  
139 confirmed by a postbronchodilator  $FEV_1$ /forced vital capacity (FVC) ratio below the  
140 lower limit of normal (LLN), and (3) availability of postbronchodilator spirometry and  
141  $D_{LCO}$ .  $D_{LCO}$  was adjusted by the blood hemoglobin level according to a previous report.  
142 [22] The LLN of  $FEV_1$ /FVC and z-scores and reference values of  $FEV_1$  and FVC were  
143 obtained based on the "other" ethnic group data provided by the Global Lung Function  
144 Initiative (GLI) 2012. [23] The z-scores and reference values of  $D_{LCO}$  was also calculated  
145 using the GLI calculation system.[4] Patients with a history of lung resection surgery or  
146 other lung diseases, such as interstitial lung disease and those with alpha-1 antitrypsin



147 deficiency, were excluded. Because the majority (> 90%) of patients enrolled in the two  
148 cohorts were male, female patients were also excluded.

149 In the KCOSS Cohort, patient-reported outcomes, including the mMRC dyspnea  
150 scale, COPD assessment test (CAT), and St. George's Respiratory Questionnaire  
151 (SGRQ), [24, 25] and exercise capacity as assessed by the 6-minute walking distance  
152 (6MWD) were cross-sectionally evaluated.

153 In the Kyoto University Cohort, the residual volume (RV), RV to total lung  
154 capacity (TLC) ratio (RV/TLC), mMRC, emphysema and airway diseases on inspiratory  
155 CT and arterial blood gases measured in room air, including PaO<sub>2</sub> and partial pressure of  
156 carbon dioxide (PaCO<sub>2</sub>) at baseline, were cross-sectionally evaluated. The CO transfer  
157 coefficient (Kco) that corresponds to DLCO divided by alveolar volume (V<sub>A</sub>) was also  
158 measured. Furthermore, longitudinal follow-up survival data available as of October 2019  
159 from the Kyoto University Cohort were evaluated.

### 160 *Chest CT*

161 All subjects in the Kyoto University Cohort underwent full inspiratory CT with a peak  
162 kilovoltage of 120, a 0.5-second exposure time, and autoexposure control using an  
163 Aquilion 64 scanner (Cannon Medical; Tokyo, Japan). Images with a 0.5-mm slice  
164 thickness were reconstructed with a high spatial frequency algorithm (FC56). Using a  
165 SYNAPSE VINCENT volume analyzer (FUJIFILM Medical, Tokyo, Japan), the  
166 percentage of low attenuation regions less than -950 HU to the total lung regions  
167 (LAV%) was calculated to evaluate emphysema. [26, 27, 28] The wall area percentage  
168 (WA%), which was defined as the percentage of the wall area relative to the sum of the  
169 wall and lumen areas, was measured for the right apical and posterior basal segmental

170 bronchus and averaged to evaluate airway disease.[29, 30, 31] Mild and substantial  
171 paraseptal emphysema (PSE), and mild and substantial (moderate to advanced)  
172 centrilobular emphysema (CLE) were visually identified based on the Fleischner Society  
173 classification system.[32] The inter-rater variability of two pulmonologists (NT and HS)  
174 was excellent ( $\kappa = 0.80$  and  $0.76$  for the PSE and CLE evaluations). Substantial PSE  
175 and CLE were considered to indicate the presence of PSE and CLE in this study. In  
176 addition, the ratio of the pulmonary artery diameter to the aorta diameter (PA/Ao) was  
177 obtained by manually measuring the pulmonary and aorta diameters.[33]

### 178 *Statistics*

179 The data are reported as means  $\pm$  SD, unless indicated otherwise. Statistical analyses  
180 were performed with the R program.[34] A p-value less than 0.05 was considered  
181 statistically significant. Based on the z-scores of FEV<sub>1</sub> and D<sub>LCO</sub>, [35] the patients were  
182 categorized into the following 4 groups: (1) FEV<sub>1</sub> z-score  $> -3$  and D<sub>LCO</sub> z-score  $> -3$   
183 (reference), (2) FEV<sub>1</sub> z-score  $> -3$  and D<sub>LCO</sub> z-score  $\leq -3$  (disproportionally impaired  
184 D<sub>LCO</sub>), (3) FEV<sub>1</sub> z-score  $\leq -3$  and D<sub>LCO</sub> z-score  $> -3$  (disproportionally impaired FEV<sub>1</sub>),  
185 and (4) FEV<sub>1</sub> z-score  $\leq -3$  and D<sub>LCO</sub> z-score  $\leq -3$  (mixed-impaired). Tukey's method was  
186 used to compare the variables among the 4 groups. Multivariable linear regression and  
187 Cox proportional hazard models were constructed and adjusted for age, height, weight,  
188 and smoking pack-years to examine the effects of the disproportionally impaired D<sub>LCO</sub>,  
189 disproportionally impaired FEV<sub>1</sub>, and mixed-impaired groups on the clinical measures  
190 and long-term outcome in comparison with the reference group. Furthermore, similar

191 analyses were performed by defining the 4 groups using a cut-off of 50% for the % of  
192 predicted FEV<sub>1</sub> and D<sub>LCO</sub>.

193

194

## 195 **Results**

196 Figure 1 shows patient flowcharts for the two cohorts. In the KOCOSS Cohort, 743 male  
197 patients whose hemoglobin-adjusted D<sub>LCO</sub> was available and FEV<sub>1</sub>/FVC was below the  
198 LNN were included in the cross-sectional analysis. In the Kyoto University Cohort, of the  
199 253 stable patients with COPD enrolled from January to December 2012, 195 male  
200 patients with an FEV<sub>1</sub>/FVC below the LNN were included in the cross-sectional and  
201 longitudinal analyses. Table 1 shows the basic clinical data of the two cohorts.

202 As shown in Figure 2, approximately 47%, 30%, 5-10%, and 16% of the patients  
203 were categorized into the reference, disproportionally impaired D<sub>LCO</sub>, disproportionally  
204 impaired FEV<sub>1</sub>, and mixed-impaired groups in both cohorts, respectively  
205 (n=351/212/62/118 in the KOCOSS Cohort, and n=89/62/10/34 in the Kyoto University  
206 Cohort).

207 The cross-sectional analysis of the KOCOSS Cohort showed that age, smoking  
208 pack-years, mMRC<sub>≥2</sub>, CAT, and the SGRQ scores were higher while the BMI and 6-  
209 minute walking distance were lower in the disproportionally impaired D<sub>LCO</sub> group, as  
210 shown in Table 2. In the multivariable analysis shown in Figure 3, compared to the  
211 reference group, the disproportionally impaired D<sub>LCO</sub> was significantly associated with  
212 higher mMRC, CAT, and SGRQ scores and a lower 6MWD.

213 The cross-sectional analysis of the baseline data from the Kyoto University  
 214 Cohort presented in Table 3 showed that age, an mMRC $\geq$ 2, the prevalence of visual CT  
 215 findings of CLE and PSE, and LAV% were higher while the PaO<sub>2</sub>, and PaCO<sub>2</sub> were  
 216 lower in the disproportionally impaired group than in the reference group. WA% and  
 217 PA/Ao on CT did not significantly differ among the groups. In the multivariable analysis  
 218 shown in Figure 4, the rates of both PSE and CLE were higher and PaO<sub>2</sub> and PaCO<sub>2</sub> were  
 219 lower in the disproportionally impaired D<sub>LCO</sub> group than in the reference group. In  
 220 contrast, the rates of PSE and PaCO<sub>2</sub> in the disproportionally impaired FEV<sub>1</sub> and mixed-  
 221 impaired groups did not significantly differ from those in the reference group.

222 Of the 195 male patients enrolled in the Kyoto University Cohort from 2006 to  
 223 2012, 52 had died as of October 2019. As shown in Figure 5A, the survival rate differed  
 224 among the 4 groups. In Figure 5B, the percentages of respiratory disease-related deaths  
 225 were 29, 36, 0, and 67% in the reference, disproportionally impaired D<sub>LCO</sub>,  
 226 disproportionally impaired FEV<sub>1</sub>, and mixed-impaired groups, respectively. In the  
 227 multivariable Cox proportional hazard model shown in Figure 5C, the disproportionally  
 228 impaired D<sub>LCO</sub> and mixed-impaired groups had similar effects on all-cause mortality (HR  
 229 [95% confidence interval (CI)] = 3.09 [1.52-6.29] and 3.53[1.56-8.03], respectively),  
 230 whereas the effect of the disproportionally impaired FEV<sub>1</sub> on all-cause mortality was not  
 231 significant (HR [95% CI] = 0.91 [0.19-4.19]). The prognostic effect of the  
 232 disproportionally impaired D<sub>LCO</sub> was detected even after adjusting for LAV% (HR [95%  
 233 CI] = 2.55 [1.21-5.34]).

234 Furthermore, additional analyses were performed using the % predicted FEV<sub>1</sub> and  
 235 D<sub>LCO</sub> to categorize patients into the 4 groups (see the online supplemental figures S1 and

236 S2). While the percentage of subjects with the disproportionately impaired  $D_{LCO}$ , defined  
237 using the z-scores of  $FEV_1$  and  $D_{LCO}$ , was 29 and 31% in the KOCOSS and Kyoto  
238 University cohorts, the use of the % predicted value -based definition of this subtype (%  
239 of predicted  $FEV_1 > 50\%$  and % of predicted  $D_{LCO} \leq 50\%$ ) changed the percentages to  
240 18% and 21% in the KOCOSS and Kyoto University cohorts, respectively. Nonetheless,  
241 the disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  based on the % predicted value was  
242 significantly associated with an increase in MRC, CAT, and SGRQ scores in the  
243 KOCOSS cohort, and with increased odds ratio of the presence of PSE and CLE, lower  
244  $PaO_2$  and  $PaCO_2$ , and higher mortality in the Kyoto University Cohort.

245

## 246 **Discussion**

247 This study shows that a disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  was common  
248 (approximately 30%) in patients with COPD in two cohorts from different countries. This  
249 functional subgroup presented an increased severity of symptoms, impaired quality of life  
250 and exercise capacity, greater PSE and CLE, and lower  $PaO_2$  and  $PaCO_2$  than the  
251 reference group. Furthermore, the longitudinal data collected over 10 years from the  
252 Kyoto University Cohort shows that this group exhibited a higher risk of long-term  
253 mortality. These findings highlight the clinical relevance of identifying a  
254 disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  in COPD management.

255  $D_{LCO}$  reflects emphysema more strongly than  $FEV_1$  and predicts future  
256 emphysema progression and mortality.[12, 36] Nonetheless,  $FEV_1$  on spirometry has  
257 been exclusively used in clinical practice and research fields until Balasubramanian et  
258 al.[17] recently showed the utility of categorizing patients with COPD based on a

259 combination of FEV<sub>1</sub> and D<sub>LCO</sub>. The present data confirm and extend those previous  
260 findings by showing that the disproportionately impaired D<sub>LCO</sub> is associated with worse  
261 patient-reported outcomes, an abnormal gas exchange, higher rates of PSE and CLE, and  
262 increased mortality rates in patients with COPD. In particular, the finding that the hazard  
263 ratio of mortality did not differ between the disproportionately impaired D<sub>LCO</sub> and mixed-  
264 impaired groups is important, as it improves our ability to estimate the prognosis of  
265 patients with COPD.

266         The rates of both PSE and CLE were higher in the disproportionately impaired  
267 D<sub>LCO</sub> group, while the rate of CLE, but not PSE, was higher in the disproportionately  
268 impaired FEV<sub>1</sub> and mixed-impaired groups than in the reference group. This result is  
269 consistent with a previous finding that a reduced in FEV<sub>1</sub> is associated with CLE, but not  
270 PSE.[37, 38, 39] A recent microCT study showed relatively milder small airway disease  
271 in PSE than CLE regions in explanted lungs from patients with COPD.[40] Collectively,  
272 the disproportionately impaired D<sub>LCO</sub> might reflect more severe emphysema, particularly  
273 PSE, with relatively less damage to the airways in patients with COPD.

274         The disproportionately impaired D<sub>LCO</sub> group showed a higher mortality than the  
275 reference group, even after adjusting for LAV%. An impaired diffusion capacity is  
276 associated with emphysema, pulmonary vascular abnormalities,[6, 9, 10, 11] and  
277 dysfunction of pulmonary microvascular perfusion,[41] even in patients with mild  
278 COPD. Therefore, the disproportionately impaired D<sub>LCO</sub> might reflect pulmonary vascular  
279 dysfunction and might be associated with increased mortality independent of the  
280 emphysema severity.

281 The present data showing associations between the disproportionately impaired  
282  $D_{LCO}$  and lower  $PaO_2$  and  $PaCO_2$ , confirms a previous finding that the diffusion capacity  
283 is correlated with  $PaO_2$ . [12] Additionally, the data are the first to show that a lower  $D_{LCO}$   
284 is associated with a lower  $PaCO_2$  in patients with a relatively preserved  $FEV_1$ . This result  
285 is also consistent with a previous finding that differences in alveolar-arterial oxygen  
286 levels characterized by decreases in both  $PaCO_2$  and  $PaO_2$  precede chronic respiratory  
287 failure in patients with COPD. [13] Therefore,  $PaCO_2$  may be decreased in the early stage  
288 of emphysema development and  $D_{LCO}$  impairment, and then become increased in the late  
289 stage of the disease to eventually cause chronic hypercapnic respiratory failure.

290 The use of two cohorts from Japan and Korea is an advantage of this study. The  
291 two cohorts consistently showed similar frequencies in the 4 groups, suggesting that the  
292 disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  is commonly identified in patients with  
293 COPD. Interestingly, the percentage of this functional phenotype was higher than the  
294 value documented in a previous report from the COPDGene study. [17] The discrepancy  
295 might be due to the different severity between the studies as % of predicted  $FEV_1$  in the  
296 previous study (70%) was higher than in the present two cohorts.

297  $FEV_1/FVC$  decreases with age and may cause an overdiagnosis of COPD in  
298 elderly subjects. [35, 42, 43] Therefore, the present study defined the airflow limitation  
299 based on  $FEV_1/FVC < LLN$ , but not  $FEV_1/FVC < 0.7$  (the Global Initiative for Chronic  
300 Obstructive Lung Disease [GOLD] criteria [2]). Indeed, as shown in Supplemental Figure  
301 S3, of 798 males with  $FEV_1/FVC < 0.7$  in the KOCOSS cohort, 55 males showed  
302  $FEV_1/FVC \geq LLN$ , and age was higher in those with  $FEV_1/FVC \geq LLN$  than those with  
303  $FEV_1/FVC < LLN$ .

304           This study has some limitations. First, although cardiac dysfunction and  
305 pulmonary hypertension may affect  $D_{LCO}$ , the present study did not examine the possible  
306 effects of these abnormalities using echocardiography and heart catheterization.  
307 However, PA/Ao, which is a good marker for pulmonary hypertension,[44] did not differ  
308 significantly between the four groups in this study. Second, the present study analyzed  
309 the data from male patients. Further studies are needed to confirm whether the findings  
310 from the present study are generalizable to female subjects.

311

### 312 **Conclusion**

313 In the present study, the data obtained from the Korean and Japanese cohorts show that a  
314 disproportionately impaired  $D_{LCO}$  relative to  $FEV_1$  is a common functional phenotype in  
315 patients with COPD. The identification of this phenotype may improve our understanding  
316 of the various clinical manifestations of each individual and help non-invasively estimate  
317 the long-term prognosis of patients with COPD in daily practice.

318



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493 **Tables**

 494 **Table 1. Demographics of patients in the two cohorts**

	KOCOSS	Kyoto University
N	743	195
Age (years)	68.9 (7.6)	69.9 (8.5)
Male (%)	100%	100%
Smoking pack-years	47.2 (24.2)	67.2 (34.7)
Height (cm)	165.4 (5.6)	164.5 (6.1)
Weight (kg)	62.8 (9.6)	59.8 (9.3)
Body mass index	22.9 (3.1)	22.1 (2.9)
FEV <sub>1</sub> (% predicted)	62.4 (19.2)	61.6 (19.7)
FVC (% predicted)	101.9 (19.2)	101.0 (18.4)
FEV <sub>1</sub> (z-score)	-2.2 (1.1)	-2.2 (1.1)
FVC (z-score)	0.1 (1.3)	0.0 (1.3)
FEV <sub>1</sub> /FVC	0.48 (0.11)	0.48 (0.12)
D <sub>LCO</sub> (% predicted)	58.1 (19.1)	58.0 (21.9)
D <sub>LCO</sub> (z-score)	-3.0 (1.6)	-3.0 (1.9)
mMRC <sub>≥2</sub> (%)	34%	25%

 495 Data are reported as means (SD). FEV<sub>1</sub> = forced expiratory volume in 1 second. FVC = forced vital

 496 capacity. D<sub>LCO</sub> = diffusion capacity for carbon monoxide. mMRC = modified MRC dyspnea scale.

497 **Table 2. Clinical characteristics of the 4 groups in the KOCOSS Cohort**

	Reference	Disproportion ally impaired DLCO	Disproportion ally impaired FEV <sub>1</sub>	Mixed- impaired	P
N	351	212	62	118	
Age (years)	69.0 (7.6)	70.4 (7.6)	65.7 (7.1) <sup>†</sup>	67.6 (7.3)	<0.01
Smoking PY	44.2 (22.7)	51.3 (25.6) <sup>†</sup>	45.3 (20.2)	49.4 (26.9)	<0.01
BMI	23.9 (2.8)	22.1 (3.0) <sup>†</sup>	23.3 (3.1)	21.2 (3.0) <sup>†</sup>	<0.01
FEV <sub>1</sub> (z-score)	-1.7 (0.8)	-1.9 (1.2) <sup>†</sup>	-3.4 (0.4) <sup>†</sup>	-3.6 (0.4) <sup>†</sup>	<0.01
FVC (z-score)	0.4 (1.1)	0.5 (1.1)	-1.0 (1.2) <sup>†</sup>	-0.9 (1.2) <sup>†</sup>	<0.01
DLCO (z-score)	-1.8 (0.8)	-4.3 (1.2) <sup>†</sup>	-2.2 (0.7) <sup>†</sup>	-4.7 (1.2) <sup>†</sup>	<0.01
mMRC <sub>≥2</sub> (%)	21%	34% <sup>†</sup>	55% <sup>†</sup>	59% <sup>†</sup>	<0.01
6MWD* (m)	431 (93)	404 (106) <sup>†</sup>	417 (77)	361 (108) <sup>†</sup>	<0.01
CAT*	12.9 (7.2)	15.6 (8.4) <sup>†</sup>	17.8 (7.4) <sup>†</sup>	19.6 (8.1) <sup>†</sup>	<0.01
SGRQ total*	27.2 (17.0)	40.4 (18.5) <sup>†</sup>	39.4 (18.5) <sup>†</sup>	44.6 (20.1) <sup>†</sup>	<0.01
Symptom*	35.9 (18.1)	48.3 (20.1) <sup>†</sup>	51.6 (19.9) <sup>†</sup>	49.7 (20.8) <sup>†</sup>	<0.01
Activity*	38.3(21.9)	52.9 (21.3) <sup>†</sup>	52.1 (22.3) <sup>†</sup>	59.3 (23.5) <sup>†</sup>	<0.01
Impact*	18.4 (17.7)	30.9 (20.9) <sup>†</sup>	28.3 (19.8) <sup>†</sup>	34.5 (22.1) <sup>†</sup>	<0.01

498 Data are presented as means (SD). All subjects were male. Smoking PY = smoking pack-  
 499 years. BMI = body mass index. FEV<sub>1</sub> = forced expiratory volume in 1 second. FVC =  
 500 forced vital capacity. RV/TLC = ratio of residual volume to total lung capacity. DLCO =  
 501 diffusion capacity for carbon monoxide. 6MWD = six-minute walking distance. CAT =  
 502 COPD assessment test. SGRQ = St. George's Respiratory Questionnaire. Symptom,  
 503 Activity, and Impact were the domains of the SGRQ score. \* 6MWD, CAT, and SGRQ  
 504 data were available for 641, 717, and 395 patients, respectively. P = p-value. <sup>†</sup> p<0.05  
 505 compared to the reference group based on Tukey's multiple comparison or multiple  
 506 Fisher's exact tests followed by Bonferroni correction.

507

508 **Table 3. Clinical characteristics of the 4 groups in the Kyoto University Cohort**

	Reference	Disproportion ally impaired D <sub>LCO</sub>	Disproportion ally impaired FEV <sub>1</sub>	Mixed- impaired	P
N	89	62	10	34	
Age (years)	68.8 (9.0)	73.6 (6.4) <sup>†</sup>	67.5 (5.1)	66.9 (9.2)	<0.01
Smoking PY	65.2 (34.8)	72.6 (35.9)	70.4 (39.4)	61.7 (30.5)	0.43
BMI	23.0 (2.7)	21.6 (3.1) <sup>†</sup>	21.3 (2.4)	20.8 (2.7) <sup>†</sup>	<0.01
FEV <sub>1</sub> (z-score)	-1.6 (0.9)	-2.0 (0.8) <sup>†</sup>	-3.5 (0.4) <sup>†</sup>	-3.7 (0.6) <sup>†</sup>	<0.01
FVC (z-score)	0.3 (1.1)	0.4 (1.0)	-0.7 (1.4) <sup>†</sup>	-1.2 (1.2) <sup>†</sup>	<0.01
RV/TLC (%)	39.2 (6.4)	42.3 (7.9) <sup>†</sup>	48.0 (11.2) <sup>†</sup>	48.8 (6.1) <sup>†</sup>	<0.01
D <sub>LCO</sub> (z-score)	-1.6 (0.9)	-4.2 (1.0) <sup>†</sup>	-1.7 (0.9)	-5.1 (1.5) <sup>†</sup>	<0.01
K <sub>co</sub> (z-score)	-1.0 (1.2)	-3.5 (1.0) <sup>†</sup>	-1.1 (0.9)	-4.0 (1.5) <sup>†</sup>	<0.01
V <sub>A</sub> /TLC (%)	81.8 (5.2)	78.4 (7.1) <sup>†</sup>	82.7 (7.4)	74.0 (7.4) <sup>†</sup>	<0.01
mMRC <sub>≥2</sub> (%)	15%	32% <sup>†</sup>	10%	47% <sup>†</sup>	<0.01
PaO <sub>2</sub> * (mmHg)	79.6 ( )	74.0 (8.1) <sup>†</sup>	72.3 (9.2)	74.6 (7.3) <sup>†</sup>	<0.01
PaCO <sub>2</sub> * (mmHg)	39.8 (3.5)	38.0 (3.7) <sup>†</sup>	42.4 (2.7)	40.2 (4.4)	<0.01
LAV% (%)	24.0 (6.8)	32.4 (6.9) <sup>†</sup>	31.4 (6.7) <sup>†</sup>	39.5 (8.2) <sup>†</sup>	<0.01
WA% (%)	59.7 (5.8)	60.3 (6.1)	61.3 (5.1)	59.1 (5.9)	0.68
PSE	35%	58% <sup>†</sup>	10%	53%	<0.01
CLE	29%	92% <sup>†</sup>	60%	94% <sup>†</sup>	<0.01
PA/A <sub>o</sub>	0.77 (0.11)	0.76 (0.10)	0.77 (0.06)	0.80 (0.13)	0.51

509 Data are presented as means (SD). All subjects were male. Smoking PY = smoking pack-

 510 years. BMI = body mass index. FEV<sub>1</sub> = forced expiratory volume in 1 second. FVC =

 511 forced vital capacity. RV/TLC = ratio of residual volume to total lung capacity. D<sub>LCO</sub> =

 512 diffusion capacity for carbon monoxide (CO). K<sub>co</sub> = CO transfer coefficient. V<sub>A</sub>/TLC =

 513 ratio of alveolar volume to total lung capacity. PaO<sub>2</sub> = partial pressure of oxygen. PaCO<sub>2</sub>

514 = partial pressure of carbon dioxide. PSE = paraseptal emphysema. CLE = moderate to

515 severe centrilobular emphysema. LAV% = low attenuation volume percentage. WA% =  
516 wall area percentage. PA/Ao = diameter ratio of pulmonary artery to aorta. \* PaO<sub>2</sub> and  
517 PaCO<sub>2</sub> data were available for 184 patients. P = p-value. † p<0.05 compared to the  
518 reference group based on Tukey's multiple comparison or multiple Fisher's exact tests  
519 followed by Bonferroni correction.

520

521 **Figure Legends**

522 **Figure 1. Patient flow charts**

523 A. The KOCOSS Cohort was cross-sectionally analyzed. B. The Kyoto University  
524 Cohort was cross-sectionally and longitudinally analyzed.

525

526 **Figure 2. Distributions of FEV<sub>1</sub> and D<sub>LCO</sub> in the two cohorts**

527 A. KOCOSS Cohort. B. Kyoto University Cohort. Patients were categorized into 4  
528 groups: (1) FEV<sub>1</sub> z-score > -3 and D<sub>LCO</sub> z-score > -3 (reference, red), (2) FEV<sub>1</sub> z-score >  
529 -3 and D<sub>LCO</sub> z-score ≤ -3 (disproportionally impaired D<sub>LCO</sub>, green), (3) FEV<sub>1</sub> z-score ≤ -3  
530 and D<sub>LCO</sub> z-score > -3 (disproportionally impaired FEV<sub>1</sub>, blue), and (4) FEV<sub>1</sub> z-score ≤ -3  
531 and D<sub>LCO</sub> z-score ≤ -3 (mixed-impaired, purple).

532

533 **Figure 3. Associations of D<sub>LCO</sub>, FEV<sub>1</sub>, and both impairments with patient-reported  
534 outcomes and exercise capacity in a multivariable analysis of the KOCOSS cohort**

535 Patients (n=743) were categorized into 4 groups: (1) FEV<sub>1</sub> z-score > -3 and D<sub>LCO</sub> z-score  
536 > -3 (reference, n=351), (2) FEV<sub>1</sub> z-score > -3 and D<sub>LCO</sub> z-score ≤ -3 (disproportionally  
537 impaired D<sub>LCO</sub>, n=212), (3) FEV<sub>1</sub> z-score ≤ -3 and D<sub>LCO</sub> z-score > -3 (disproportionally  
538 impaired FEV<sub>1</sub>, n=62), and (4) FEV<sub>1</sub> z-score ≤ -3 and D<sub>LCO</sub> z-score ≤ -3 (mixed-  
539 impaired, n=118). A dot with an error bar indicates the least square mean (LS mean) with  
540 the 95% CI. \* p<0.05 compared to the reference group in the multivariable models. Each  
541 model was adjusted for age, pack-years of smoking, height and weight. 6MWD = six-  
542 minute walking distance. CAT = COPD assessment test. SGRQ = St. George's

543 Respiratory Questionnaire. \* 6MWD, CAT, and SGRQ data were available for 641, 717,  
544 and 395 patients, respectively.

545

546 **Figure 4. Associations of  $D_{LCO}$ ,  $FEV_1$ , and both impairments with emphysema**  
547 **subtypes and arterial blood gases in a multivariable analysis of the Kyoto University**  
548 **Cohort**

549 Patients (n=195) were categorized into 4 groups: (1)  $FEV_1$  z-score > -3 and  $D_{LCO}$  z-score  
550 > -3 (reference, n=89), (2)  $FEV_1$  z-score > -3 and  $D_{LCO}$  z-score  $\leq$  -3 (disproportionally  
551 impaired  $D_{LCO}$ , n=62), (3)  $FEV_1$  z-score  $\leq$  -3 and  $D_{LCO}$  z-score > -3 (disproportionally  
552 impaired  $FEV_1$ , n=10), and (4)  $FEV_1$  z-score  $\leq$  -3 and  $D_{LCO}$  z-score  $\leq$  -3 (mixed-  
553 impaired, n=34). (A) Odds ratio for the presence of paraseptal emphysema and  
554 centrilobular emphysema on CT. A dot with an error bar indicates the regression  
555 coefficient with the 95% CI. (B) Least square mean (LS mean) with the 95% CI for the  
556 partial pressure of oxygen ( $PaO_2$ ) and partial pressure of carbon dioxide ( $PaCO_2$ ). \*  
557  $p < 0.05$  compared to the reference group in the multivariable models. Each model was  
558 adjusted for age, pack-years of smoking, height and weight.  $PaO_2$  and  $PaCO_2$  data were  
559 available for 184 patients.

560

561 **Figure 5. Long-term survival of patients with COPD in the Kyoto University Cohort**

562 (A) Kaplan-Meier curves of survival for the 4 groups: (1)  $FEV_1$  z-score > -3 and  $D_{LCO}$  z-  
563 score > -3 (reference, n=89), (2)  $FEV_1$  z-score > -3 and  $D_{LCO}$  z-score  $\leq$  -3  
564 (disproportionally impaired  $D_{LCO}$ , n=62), (3)  $FEV_1$  z-score  $\leq$  -3 and  $D_{LCO}$  z-score > -3  
565 (disproportionally impaired  $FEV_1$ , n=10), and (4)  $FEV_1$  z-score  $\leq$  -3 and  $D_{LCO}$  z-score  $\leq$  -

566 3 (mixed-impaired, n=34). (B) Causes of death. (C) Multivariable Cox proportional  
567 hazard models. A dot with an error bar indicates the hazard ratio with 95% CI. \*  $p < 0.05$   
568 compared to the reference group in the multivariable models. The model used for the  
569 upper panel included the group, age, pack-years of smoking, height, and weight as  
570 independent variables, and the model used for the lower panel included the group, age,  
571 pack-years of smoking, height, weight, and LAV% (a CT index of emphysema severity)  
572 as independent variables.

Figure 1

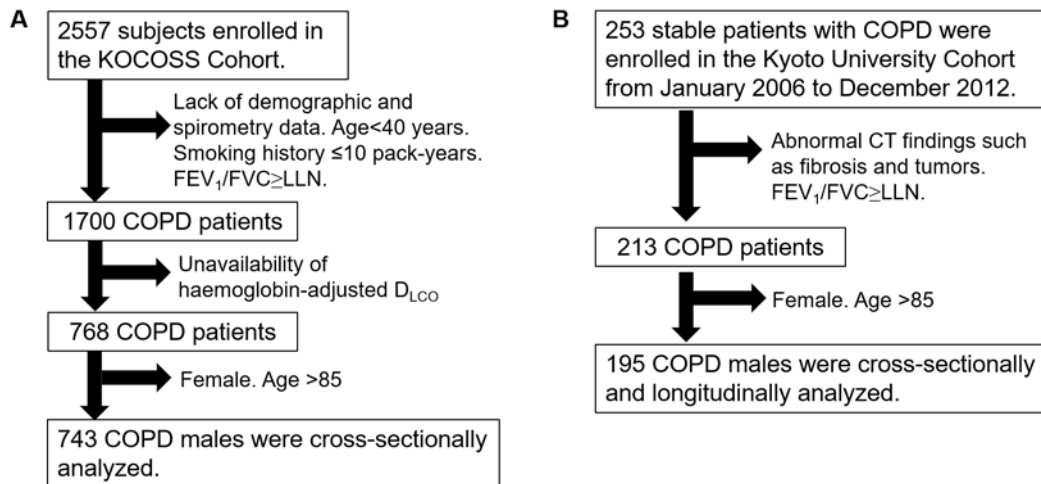




Figure 2

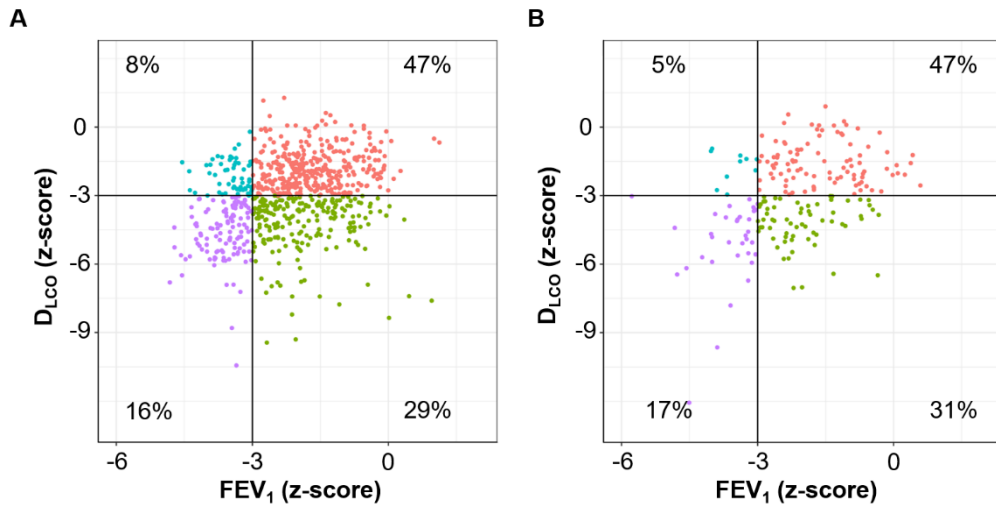


Figure 3

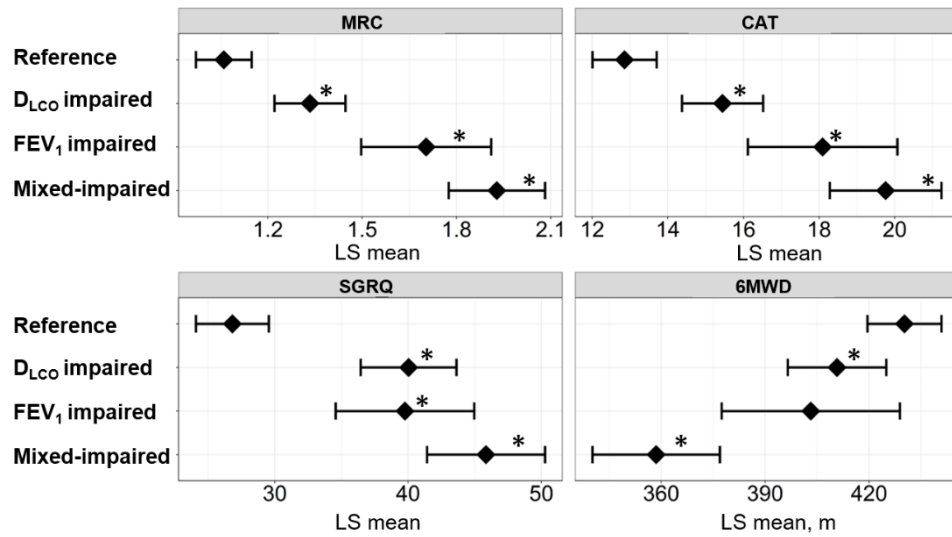


Figure 4

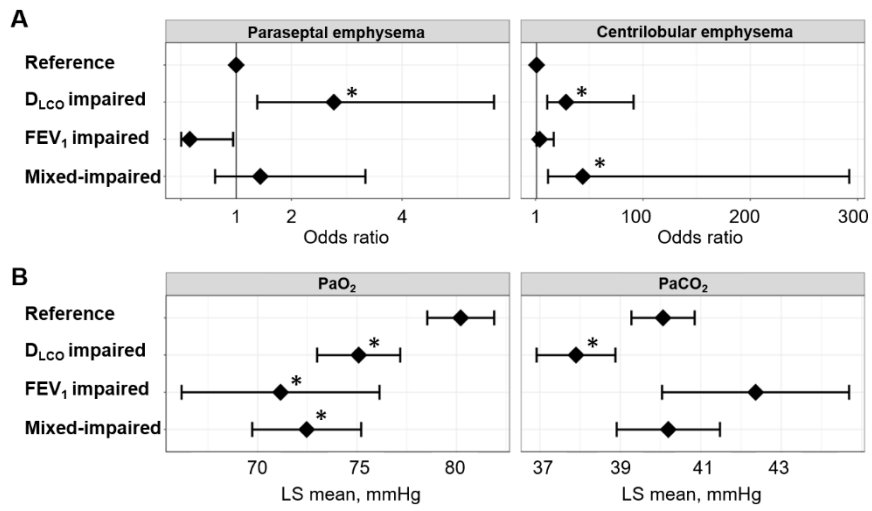


Figure 5

