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First Report of Bilateral External Auditory Canal Cochlin Aggregates ("Cochlinomas") with Multifocal Amyloid-Like Deposits, Associated with Sensorineural Hearing Loss and a Novel Genetic Variant in COCH Encoding Cochlin

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1 Title page

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3 <u>Title</u>: First report of bilateral external auditory canal cochlin aggregates ("cochlinomas") with 4 multifocal amyloid-like deposits, associated with sensorineural hearing loss and a novel genetic

4 multifocal amyloid-like deposits, a5 variant in *COCH* encoding cochlin

67 <u>Running head</u>: Amyloid-like cochlin deposits in EACs

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9 Precis: We present the first case of deafness associated with bilateral external auditory canal
10 cochlin deposits, evidence suggestive of cochlin-derived amyloid formation, and a novel *COCH*11 variant. Our findings reveal a new pathologic manifestation of cochlin and highlight the

- variant. Our findings reveal a new pathologic manifestation of cochlin and highlight the
 importance of thoroughly investigating all aggregative tissue findings in the practice of diagnostic
 pathology.
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65 Abstract (word count 248)

Pathogenic variants in *COCH*, encoding cochlin, cause DFNA9 deafness disorder with characteristic histopathologic findings of cochlin deposits in the inner and middle ears. Here, we present the first case of deafness associated with bilateral external auditory canal (EAC) cochlin deposits, previously unreported evidence suggestive of cochlin-derived amyloid formation, and a novel *COCH* variant.

A 54-year-old woman presented with progressive sensorineural hearing loss and bilateral EAC 71 narrowing by subcutaneous thickening. Excision and histologic evaluation of tissue from both 72 EACs showed paucicellular eosinophilic deposits containing multiple Congo red-positive foci with 73 yellow and green birefringence under crossed polarization light microscopy. Mass spectrometry 74 performed on both the Congo red-positive and Congo red-negative areas identified cochlin as the 75 most abundant protein, as well as a low abundance of universal amyloid signature peptides only 76 in the Congo red-positive areas. Peptides indicative of a canonical amyloid type were not detected. 77 78 Electron microscopy showed haphazard, branched microfibrils (3-7 nm in diameter) consistent with cochlin, as well as swirling fibrils (10-24 nm in diameter) reminiscent of amyloid fibrils. 79 Cochlin immunohistochemical staining showed positivity throughout the deposits. Sequencing of 80 81 the entire *COCH* gene coding region from the patient's blood revealed a novel variant resulting in a non-conservative amino acid substitution of isoleucine to phenylalanine (c.1621A>T, p.I541F) 82 in the vWFA2 domain in the protein's C-terminus. 83

Our findings reveal a new pathologic manifestation of cochlin, raise the possibility of previously undescribed cochlin-derived amyloid formation, and highlight the importance of thoroughly investigating all aggregative tissue findings in the practice of diagnostic pathology.

87 Keywords

88 Congo red; external ear canal stenosis; cochlin; amyloid; liquid chromatography tandem mass

89 spectrometry; deafness

90 MANUSCRIPT

91 Introduction

Cochlin, the protein product of a deafness gene named coagulation factor C homology (COCH), 92 is the most abundantly detected protein in the normal inner ear (cochlear and vestibular labyrinths) 93 [1, 2]. Cochlin is also normally present in the middle ear interossicular joints and tympanic 94 membrane pars tensa [3]. Pathogenic variants in COCH result in a distinct aggregative 95 histopathology in these structures of the inner and middle ears [4, 5, 1, 6, 3]. To date, 29 distinct 96 COCH mutations worldwide (Fig. 1) are known to cause DFNA9, an autosomal dominant disease 97 98 consisting of progressive sensorineural hearing loss (SNHL) often accompanied by balance dysfunction. COCH is expressed at lower levels in normal cerebellum, eve, spleen, lung, brain, 99 and thymus [7]. The protein is also found as aggregates in the trabecular meshwork of 100 glaucomatous eyes in mice and human cadavers, but not in healthy eyes [8]. 101

Cochlin is an extracellular protein consisting of the following domains (Fig. 1): coagulation factor 102 103 C homology at the N-terminus (LCCL domain), which is thought to serve host defense functions, followed by two von Willebrand factor A-like domains (vWFA1 and vWFA2). vWFA domains 104 are also present in a variety of other extracellular matrix (ECM) proteins, including several 105 collagen types and cartilage matrix protein, and bind other proteins like fibrillar collagens, 106 glycoproteins, and proteoglycans. Cochlin may serve a structural and tissue support role in the 107 stabilization of the ECM. In addition, recent reports have elucidated an immune function of 108 cochlin's LCCL domain, which has been associated with cytokine production, macrophage 109 activation, and immune cell recruitment after exposure to pathogens, both systemically and locally 110 in the inner ear compartment [9-11]. The dominant negative effects of COCH pathogenic variants 111 are attributed to the gain of a deleterious function of cochlin, cochlin aggregation, and deposit 112 formation. This is similar to other aggregative disorders such as Huntington disease (HD), wherein 113 mechanisms of deposit formation result from gain-of-function due to gene alterations (i.e., 114 polyglutamine expansion in HD). The effects of COCH pathogenic variants on the immune and 115

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inflammatory functions of cochlin are unknown, but nonetheless are likely not directly linked tothe aggregative properties of cochlin.

118 In vitro studies have revealed that pathogenic variants in the LCCL domain can cause misfolding and multimerization of cochlin, and vWFA domain mutations can result in secretion failure and 119 aggregate formation [12, 13]. In terms of DFNA9 histopathology as a result of COCH pathogenic 120 variants, there are prominent eosinophilic acellular cochlin deposits and polymucosaccharide 121 122 ground substance in the inner ear, which is the sensorineural portion of the auditory system [4, 5, 1]. There is remarkable loss of cellularity of the fibrocytes which express COCH, and downstream 123 neuronal degeneration. Temporal bones from DFNA9 patients also exhibit both eosinophilic and 124 basophilic aggregates in the conductive portion of the auditory system, depositing in the middle 125 ear interossicular joints and causing thickening of the tympanic membrane [6, 3]. 126

Here, we present the first report of Congo red-positive cochlin deposits in the external auditory canals (EACs) of a patient with SNHL (along with a family history of hearing loss), evidence suggesting amyloid formation by cochlin protein, and the presence of a novel *COCH* variant resulting in a non-conservative amino acid substitution.

131 Case description

A 54-year-old woman presented with progressive bilateral sensorineural hearing loss (SNHL). She 132 had some high-frequency hearing loss since childhood and started wearing hearing aids in her early 133 30s. The patient's hearing did not improve with the use of a hearing aid or prednisone eardrops. In 134 the last 7 years, she required frequent cerumen cleanings. She also had a family history of early-135 onset hearing loss in her brother, sister, and father. Her brother and father both had severe hearing 136 loss starting in their 30s, while her sister only had mild high frequency hearing loss and did not 137 wear any hearing aids. In addition, her brother and father both had glaucoma and the patient herself 138 139 exhibited bilateral elevated intraocular pressures.

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The patient went through an autoimmune workup, which revealed only an elevated anti-nuclear antibody (ANA). There was no other significant past medical or surgical history. Otomicroscopic examination revealed narrowing of both external auditory canals (EACs), left greater than right, with skin thickening but normal skin surface. Cerumen from the left EAC was removed. The remaining slit opening showed a limited view of the tympanic membrane (Fig. 2a). Cranial nerve examination was otherwise unremarkable and there were no other significant findings on physical examination.

An audiogram revealed mild sloping to profound SNHL in both ears. A computed tomography
(CT) scan showed bilateral concentric soft tissue thickening of the EACs, without bony erosion.
The stenosis involved the left EAC more so than the right, with nearly complete stenosis of the left
EAC.

The patient underwent left meatoplasty and canaloplasty (Fig. 2b), followed by right meatoplasty and canaloplasty 16 months later. During both procedures, tan, gelatinous, semi-firm, subcutaneous soft tissue elements were identified in the cartilaginous EAC that appeared wellencapsulated grossly (Fig. 3a). As expected, the surgeries did not improve the patient's hearing loss because of its sensorineural nature. A conductive hearing loss component was not detected, but it may have been masked by the profound SNHL.

157 Methods

The specimens from both EACs were processed into formalin-fixed paraffin-embedded (FFPE) blocks at New York University Langone Hospital, where four-micron-thick sections were stained with hematoxylin and eosin (H&E), and eight-micron-thick sections were stained with Congo red using the Congo red staining kit and NexES Special Stains automated slide stainer from Ventana Medical Systems, Inc (Tucson, Arizona). At Mayo Clinic Laboratories in Rochester, MN, the Congo red stains were repeated and further characterization of the Congo red-positive material in each specimen was performed by liquid chromatography tandem mass spectrometry (LC-MS/MS) Amyloid-like cochlin deposits in EACs (page 7)

165 [14]. Immunohistochemical staining of FFPE sections with an anti-cochlin antibody was 166 performed as previously described, in the Morton Laboratory of Brigham and Women's Hospital 167 [1]. A portion of the specimen from the right ear was placed in glutaraldehyde solution for 168 transmission electron microscopy (TEM) at the Mayo Clinic in Rochester, MN. Gene sequencing 169 was performed by next-generation sequencing and Sanger sequencing as previously described 170 [15], at the Mayo Clinic in Rochester, MN.

171 **Results**

Histologic evaluation of the subcutaneous soft tissue from both ears showed paucicellular eosinophilic deposits (Fig. 3b) that appeared vaguely fibrillary on low power but also contained numerous small amorphous foci, visible at high power. Congo red stain revealed multiple small Congo red-positive foci (Fig. 3c) with yellow and green birefringence under crossed polarization light microscopy (Fig. 3d). Focal chondroid and bony areas and benign squamous epithelium were also present within the specimen.

178 LC-MS/MS was performed on the FFPE specimens from both ears, with the Congo red-positive and Congo red-negative areas within the tissue being analyzed separately. The Congo red-positive 179 foci contained abundant cochlin protein spectra, as well as the universal amyloid proteome 180 signature peptides (serum amyloid P component, apolipoprotein A4, and apolipoprotein E) in low 181 182 abundance. Peptides indicative of a canonical amyloid type were not detected. In contrast, LC-MS/MS performed on the Congo red-negative foci identified abundant cochlin protein spectra but 183 were essentially devoid of the universal amyloid proteome signature peptides (Fig. 4). 184 Immunohistochemistry (IHC) using an anti-cochlin antibody confirmed the presence of cochlin, 185 showing diffuse staining in the deposits (Fig. 5a) with no reactivity in areas of bone, entrapped 186 collagen, or fibrin (Fig. 5b). 187

A variety of collagens were also detected by LC-MS/MS in both the Congo red-positive and Congo
 red-negative areas, including collagen alpha-1(I) chain, collagen alpha-2(I) chain, collagen alpha-

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3(VI) chain, collagen alpha-1(VI) chain, collagen alpha-1(III) chain, and collagen alpha-2(VI)
chain. Of these, collagen alpha-1(I) chain, collagen alpha-2 (I) chains showed the most abundant
spectral counts, and were present in greater abundance in the Congo red-positive areas than the
Congo red-negative areas. However, the cochlin spectral counts were much higher (Fig. 4).

TEM showed massive deposition of electron-dense material in the extracellular space (Fig. 6a). 194 Similar material was also seen surrounding and within the walls of small vessels (not shown). On 195 196 higher power, the electron-dense material was composed of densely-packed microfibrils. In some areas, the fibrils were arranged in a swirling pattern and measured 10-24 nm (average 14 nm) in 197 diameter; these areas were reminiscent of amyloid fibrils (compare with much wider and striated 198 collagen fibrils on the right upper corner of Fig. 6b). However, in other areas, the microfibrils were 199 haphazardly oriented, appeared branched, measured 3-7 nm (average 5 nm) in diameter, and were 200 201 decorated with granular substance consistent with glycosaminoglycans (Fig. 6c); the appearance of the fibrils in these latter areas are similar to those of cochlin deposition previously described in 202 a patient with DFNA9 [16]. 203

Next-generation sequencing of the entire coding region of the *COCH* gene from the patient's blood identified a novel heterozygous germline variant in exon 12, resulting in a non-conservative amino acid substitution of isoleucine to phenylalanine (c.1621A>T, p.I541F) in the vWFA2 domain in the C-terminus of cochlin protein (Fig. 1). This was confirmed by Sanger sequencing, which showed overlapping nucleic acid residues, adenine (A) and thymine (T), indicating heterozygosity for the variant in this position (Fig. 7).

210 **Discussion**

Abnormal cochlin deposits are known to occur in the inner and middle ears of patients with DFNA9 deafness as a result of *COCH* mutations [1]. To date, there are no reports of cochlin deposition in the external auditory canal (EAC). Here, we have presented a patient with bilateral EAC stenosis and SNHL (Fig. 2a) caused by cochlin deposits ("cochlinomas") that show evidence of amyloid formation, associated with a novel variant in the *COCH* gene.

The following findings provided ample evidence that the deposits were composed of cochlin 216 217 protein: LC-MS/MS demonstrated abundant cochlin peptide spectra throughout the specimens from both ears (Fig. 4); cochlin IHC was positive (Fig. 5a); and TEM showed similarities with 218 previously published EM images of cochlin deposition (Fig. 6c) [16]. Amyloid formation was first 219 suspected due to the presence of numerous Congo red-positive foci (Fig. 3c) with yellow and green 220 birefringence under crossed polarization light microscopy (Fig. 3d), which prompted further 221 workup by protein typing. LC-MS/MS demonstrated a low abundance of universal amyloid 222 223 proteome signature peptides that were restricted to the Congo red-positive areas in the absence of any protein currently known to form amyloid, raising the possibility of cochlin-derived amyloid 224 formation within the "cochlinomas" (Fig. 4). TEM also corroborated this possibility by revealing 225 226 swirling fibrils 10-24 nm in diameter (average 14 nm) that were reminiscent of amyloid (Fig. 6b). 227 Furthermore, both next-generation sequencing and Sanger sequencing performed on the patient's blood identified a heterozygous novel variant in the COCH gene which encodes cochlin (Figs. 1 228 229 and 7).

In diagnostic surgical pathology, Congo red-positive amorphous deposits with yellow and green 230 birefringence under crossed polarization light microscopy elicits a provisional diagnosis of 231 amyloidosis. While Congo red-positive amyloid deposits in the external ear have been reported as 232 a form of primary cutaneous amyloidosis in the auricular concha [17], Congo red reactivity of 233 cochlin protein has not been previously described in the published literature. Rarely, entities other 234 than amyloid may be Congo red-positive, such as DNAJB9 protein in fibrillary glomerulonephritis 235 [18]. In addition, Congo red is a technically challenging stain. Variations in staining conditions, 236 such as solvent type, salt concentration, pH, etc can cause false-positive staining of non-amyloid 237 molecules such as collagen, elastic fibers, and keratin. Cautery artefact can also cause false-238 positive staining. Variations in staining conditions can cause false-negative Congo red results as 239 well [19]. Therefore, it is imperative that the Congo red staining conditions are correct. If a 240 241 microscope does not have a strong light source, the characteristic colors of a positive Congo red stain under crossed polarization light microscopy may not be noticeable to the observer, especially 242 243 if the positive areas are small and/or focal. Lastly, it is important to remember that when examining 244 a Congo red stained slide, the two polarizing filters need to be on either side of the specimen: one

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is filter is placed between the light source and the specimen (called the "polarizer"), while the otherfilter is placed between the specimen and the observer (called the "analyzer") [20].

Once Congo red-positivity is established, it is essential to type the Congo red-positive deposit to help guide the clinical workup and treatment [21]. LC-MS/MS is the most accurate method for typing amyloidosis in light of its high sensitivity and specificity, and is considered the gold standard for amyloid typing [14]. Furthermore, as an unbiased, shotgun proteomics-based assay, it is able to identify rare and potentially previously-unrecognized amyloid types.

In our patient, sequencing of the entire coding region of the *COCH* gene revealed a novel variant 252 (c.1621A>T, p.I541F) in the vWFA2 domain in the protein's C-terminus (Figs. 1 and 7). The 253 immediately adjacent amino acid (position 542) is a cysteine residue, which is critical for the 254 structural and functional integrity of cochlin. Three distinct mutations of this cysteine residue have 255 been reported to cause DFNA9 deafness disorder. It has been shown that changes at residue C542 256 257 disrupt cochlin intramolecular disulfide bonding [22]. It is likely that in our case, the nonconservative amino acid change in the immediately adjacent (position 541) isoleucine (an aliphatic 258 amino acid residue) to phenylalanine (a bulky aromatic residue) also interferes with proper protein 259 folding and disrupts the overall tertiary structure of cochlin, possibly causing amyloid-like 260 261 structural changes. Furthermore, variants in the vWFA2 domain may result in abnormal collagen binding with potential disruption of normal extracellular matrix composition. 262

Given the sensorineural nature of the patient's hearing loss, it is possible that she has undetected deposits in the inner and middle ears similar to other patients with DFNA9, but uniquely with extension into the external ear canal. It is unknown whether the patient's hearing-impaired family members share the same genetic variant. Also, the significance of the patient's and her family's increased intraorbital pressures is unknown. However, further exploration of these uncertainties is not feasible at this time.

269 Conclusion

In summary, we have described the first case of bilateral external auditory canal deposits consisting 270 271 of cochlin protein with numerous amyloid-like deposits, in a patient with sensorineural hearing loss. The patient has a novel variant in her COCH gene that corresponds to the vWFA2 domain in 272 273 cochlin protein's C-terminus (heterozygous c.1621A>T, p.1541F). Our case study illustrates a new manifestation of cochlin, and our evidence from Congo red stain, immunohistochemical stain, LC-274 MS/MS, and electron microscopy raise the possibility of previously undescribed cochlin-derived 275 amyloid formation. Further studies are needed to explore the possible disease mechanisms implied 276 277 by this novel COCH variant, its corresponding alterations to cochlin's structure and functions, as 278 well as its microscopic and clinical manifestations.

Our report highlights the need for thorough characterization of aggregative tissue findings in the 279 practice of diagnostic surgical pathology. In our case, the specimen was paucicellular and there 280 281 was an absence of cellular clues such as plasma cells or multinucleated histiocytes, thereby appearing rather "plain" at first glance. Given its fibrillary features at low power, it can potentially 282 be dismissed as sclerosis or fibrosis. The Congo red stain was positive in multiple small foci, and 283 was not diffuse. However, our report demonstrates that aggregative deposits from anywhere in the 284 ear, even with small amorphous foci, warrant further work-up for the possibility of "cochlinoma," 285 particularly if the patient has hearing impairment. The mindful pathologist incorporates the 286 burgeoning array of ancillary testing modalities into his or her diagnostic algorithm to identify 287 diseases "hiding in plain sight." 288

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380 Figure Legends

Fig. 1 Schematic representation of *COCH* gene, encoding cochlin, showing the signal peptide (SP) for secretion, followed by the LCCL domain, and intervening domain (ivd1) followed by two vWFA-like domains separated by ivd2. Positions of previously known pathogenic variants (27 missense and 2 in-frame deletions) are indicated in black. The novel I541F variant (the subject of our current report) is shown in red and with an asterisk. Positions of all cysteine residues (C),

which are critical for disulfide bond formation and the structural integrity of the protein, areindicated.

Fig. 2 (a) A presurgical view of the left external auditory canal with speculum in place, revealing
 significant soft tissue stenosis with normal overlying skin. (b) Post-surgically, a wide view to the
 intact tympanic membrane was appreciated.

Fig. 3 (a) During the meatoplasty and bony canaloplasty procedure, incisions were created, anterior and posterior flaps were raised, well-encapsulated tan brown soft tissue was detected beneath the skin (white arrow), and all abnormal subcutaneous soft tissue was excised. (b) Histologic examination of the subcutaneous soft tissue revealed paucicellular eosinophilic deposits with numerous small amorphous foci (H&E stain, 10x). (c) There were multiple Congo redpositive foci (Congo red stain, 10x). (d) Yellow and green birefringence under crossed polarization light microscopy was observed (Congo red stain, 10x).

Fig. 4 Liquid chromatography tandem mass spectrometry (LC-MS/MS) performed on both the Congo red-positive (CR +ve) (samples 1 & 2) and Congo red-negative (CR -ve) (samples 3 & 4) areas identified abundant cochlin protein spectra throughout, as well as a low abundance of universal amyloid proteome signature peptides in the Congo red-positive areas but not in the Congo red-negative areas. Peptides indicative of a canonical amyloid type were not detected.

Fig. 5 (a) Immunohistochemistry for cochlin protein showed diffuse staining in the amorphous
 deposits, with no reactivity in bone, entrapped stroma, and fibrin (arrows). (b) Corresponding
 hematoxylin & eosin stained section.

Fig. 6 Transmission electron microscopy. (a) There was massive deposition of electron-dense 406 material in the extracellular space (original magnification, x4800). (b) On higher power, the 407 408 electron-dense material was composed of densely packed microfibrils. In some areas, the fibrils were arranged in a swirling pattern, measured 10-24 nm (average 14 nm) in diameter, and were 409 410 reminiscent of amyloid fibrils (compare with much larger and striated collagen fibrils on the right 411 upper corner of the image) (x23,000). (c) In other areas, microfibrils were haphazardly oriented, 412 appeared branched, measured 3-7 nm (average 5 nm) in diameter, and were decorated with 413 granular substance consistent with glycosaminoglycans (x49,000). They are similar to the fibrils previously described in a patient with DFNA9. 414

Fig. 7 (a) Sanger sequencing traces, highlighting (red arrow) the c.1612A>T (p.Ile541Phe) variant
 in *COCH*. Sequencing was performed on both a control specimen and our patient in the forward

Amyloid-like cochlin deposits in EACs (page 15)

- 417 direction (represented on the top) and in the reverse direction (on the bottom). The sequence traces
- 418 show overlapping nucleic acid residues, adenine (A) and thymine (T), in the forward direction,
- 419 indicating heterozygosity for the variant in this position. (b) Cochlin amino acid sequence,
- 420 showing the altered isoleucine (I) residue, highlighted in green.

















			Probability Legend:			CR +ve			CR -ve Dense Deposit	
			over 95%							
			80% to 94%			Built				
			50% to 79%	10		qu				
			20% to 49%	nber	븅	g				
			0% to 19%	ung Ving	Wei	đ				
#	Visible?	Starred?	Bio View: Identified Proteins (59/60) Including 2 Decoys	Accession	Molecular	Protein Gr	Sample 1	Sample 2	Sample 3	Sample 4
1	V	*	Cochlin	COCH_HUMAN	59 kDa		348	346	393	465
2	1	*	Apolipoprotein A-IV	APOA4_HUMAN	45 kDa		20	26	3	
3	1	*	Serum amyloid P-component	SAMP_HUMAN	25 kDa		16	14	2	2
4	1	*	Apolipoprotein E	APOE_HUMAN	36 kDa		16	17		
5	V		Vimentin	VIME_HUMAN	54 kDa	*	104	80	71	186
6	V		Serum albumin	ALBU_HUMAN	69 kDa		97	84	113	59
7	V		Collagen alpha-2(I) chain	CO1A2_HUMAN	129 kDa		121	102	54	45
8	V		Hemoglobin subunit beta	HBB_HUMAN	16 kDa	*	101	66	93	79
9	V		Collagen alpha-1(I) chain	CO1A1_HUMAN	139 kDa		118	100	41	35
10	V		Hemoglobin subunit alpha	HBA_HUMAN	15 kDa		102	64	80	64













Cochlin (550 aa): MSAAWIPALGLGVCLLLLPGPAGSEGAAPIAITCFTRGLDIRKEKADVLCPGGCPLEEFSVYGNIVYASV SSICGAAVHRGVISNSGGPVRVYSLPGRENYSSVDANGIQSQMLSRWSASFTVTKGKSSTQEATGQAVST AHPPTGKRLKKTPEKKTGNKDCKADIAFLIDGSFNIGQRFNLQKNFVGKVALMLGIGTEGPHVGLVQAS EHPKIEFYLKNFTSAKDVLFAIKEVGFRGGNSNTGKALKHTAQKFFTVDAGVRKGIPKVVVVFIDGWPSD DIEEAGIVAREFGVNVFIVSVAKPIPEELGMVQDVTFVDKAVCRNNGFFSYHMPNWFGTTKYVKPLVQKL CTHEQMMCSKTCYNSVNIAFLIDGSSSVGDSNFRLMLEFVSNIAKTFEISDIGAKIAAVQFTYDQRTEFS FTDYSTKENVLAVIRNIRYMSGGTATGDAISFTVRNVFGPIRESPNKNFLVIVTDGQSYDDVQGPAAAAH DAGITIFSVGVAWAPLDDLKDMASKPKESHAFFTREFTGLEPIVSDVIRGTCRDFLESQQ