

# Considerations for the study of individual differences in gaze control during expert visual anticipation: An exploratory study

RAMSEY, H., BUTTON, C., DAVIDS, Keith <a href="http://orcid.org/0000-0003-1398-6123">http://orcid.org/0000-0003-1398-6123</a>, HACQUES, G., SEIFERT, L. and DICKS, M.

Available from Sheffield Hallam University Research Archive (SHURA) at:

http://shura.shu.ac.uk/28615/

This document is the author deposited version. You are advised to consult the publisher's version if you wish to cite from it.

### Published version

RAMSEY, H., BUTTON, C., DAVIDS, Keith, HACQUES, G., SEIFERT, L. and DICKS, M. (2020). Considerations for the study of individual differences in gaze control during expert visual anticipation: An exploratory study. Movement and Sports Sciences - Science et Motricite, 2020-J (110), 39-47.

## Copyright and re-use policy

See http://shura.shu.ac.uk/information.html

1	Running Head: Variation in Gaze Control
2	
3	
4	
5	Considerations for the study of individual differences in gaze control during expert visual
6	anticipation: An exploratory study
7	
8	
9	
10	Harry Ramsey <sup>1</sup> , Chris Button <sup>2</sup> , Keith Davids <sup>3</sup> , Guillaume Hacques <sup>4</sup> , Ludovic Seifert <sup>4</sup> and
11	Matt Dicks <sup>5</sup>
12	<sup>1</sup> Department of Psychology, University of Portsmouth, United Kingdom
13	<sup>2</sup> School of Physical Education, Sport and Exercise, University of Otago, New Zealand
14	<sup>3</sup> Centre for Sports Engineering Research, Sheffield Hallam University, United Kingdom
15	<sup>4</sup> CETAPS - EA 3832, Faculty of Sport Sciences, University of Rouen Normandy, France
16	<sup>5</sup> School of Sport, Health and Exercise Science, University of Portsmouth, United Kingdom
17	
18	
19	Corresponding author:
20	Harry Ramsey, Department of Psychology, University of Portsmouth, King Henry Building,
21	King Henry I Street, Portsmouth, PO1 2DY, United Kingdom
22	E-mail: harry.ramsey@port.ac.uk
23	
24	Accepted for publication in Movement & Sport Sciences - Science & Motricité on 22 <sup>nd</sup>
25	April 2020

- Considerations for the study of individual differences in gaze control during expert visual
   anticipation: An exploratory study
- 3
- 4 Abstract

5 Recent perspectives for the study of perceptual-motor expertise have highlighted the 6 importance for considering variability in gaze behaviour. The present paper explores the 7 prevalence of variability in gaze behaviour in an anticipation task through examining goalkeepers gaze behaviours when saving soccer penalty kicks, with a primary focus on 8 9 offering new considerations for the study of variability in gaze behaviour. A subset of data 10 from five goalkeepers in the previously published article of Dicks et al. (2010) were reanalysed, with a focus on ten successful penalty saves for each goalkeeper. As the aim was 11 12 to conduct exploratory analyses of individual differences in goalkeeping performance, data 13 were not averaged across participants and instead intra- and inter-individual differences are 14 described using descriptive statistics. The main observation was that variation in the 15 goalkeepers' gaze behaviours existed and were evident both between and within individuals, 16 specifically with regards to quiet eye duration but also for percentage viewing time and visual 17 search patterns. However, QE location appeared to represent the only invariant gaze measure 18 with the location being on the ball for the majority of trials. The current exploratory analysis 19 suggested that experienced goalkeepers did not converge on the same gaze patterns during 20 successful anticipation performance. The implications of these findings are discussed in 21 relation to extant gaze behaviour literature before considering implications for future 22 research.

23

- Considérations pour l'étude des différences individuelles dans le contrôle du regard lors de
   l'anticipation visuelle: une étude exploratoire
- 3 Résumé
- 4

5 De récentes perspectives ont souligné l'importance de tenir compte de la variabilité 6 du comportement visuel dans l'étude de l'expertise perceptivo-motrice. Cet article explore la 7 prévalence de la variabilité du comportement visuel dans une tâche d'anticipation en se 8 focalisant sur la proposition de nouvelles méthodes pour étudier la variabilité du 9 comportement visuel. Pour ce faire, nous avons examiné le comportement visuel de gardiens 10 de but lors d'arrêts de pénaltys. Des données provenant de 5 gardiens de but d'un précédent 11 article de Dicks et al. (2010) ont été réanalysées en se focalisant sur 10 arrêts réussis pour 12 chacun des gardiens de but. L'objectif de cette étude est de réaliser une analyse exploratoire 13 des différences interindividuelles. Les caractéristiques du comportement visuel de chaque 14 gardien de but ont été décrites à l'aide de statistiques descriptives plutôt que de moyenner les 15 données pour l'ensemble des participants. La principale observation a été que la variabilité du comportement visuel des gardiens était présente à la fois entre les individus, mais aussi pour 16 17 un même individu entre ses essais. Plus précisément, ces variabilités apparaissaient pour la 18 durée du « quiet eye » (QE, dernière fixation visuelle avant l'amorce du mouvement) mais 19 aussi dans la répartition du temps de regard et du pattern de recherche visuel. Cependant, la 20 localisation du QE a été la seule mesure invariante, le regard étant dirigé vers le ballon sur la 21 plupart des essais. Cette analyse exploratoire suggère que les gardiens de but expérimentés ne 22 convergent pas vers un comportement visuel similaire pour réussir des tâches d'anticipation. 23 Ces résultats sont discutés au regard de la littérature existante avant de proposer des pistes de 24 recherches futures.

#### 1 Introduction

2 In the domain of expertise research in sport, an extensive body of literature now exists 3 on the perceptual-motor processes that underpin elite performance (van der Kamp, Rivas, van 4 Doorn & Savelsbergh, 2008; Williams & Ericsson, 2005). One facet of this research has been dedicated to the examination of gaze behaviours that are associated with the control of 5 6 highly-skilled perceptual-motor behaviours. Gaze behaviours have typically been studied in 7 three broadly conceptualised sporting contexts: aiming tasks (e.g., a basketball free throw), 8 anticipation tasks (e.g., a goalkeeper anticipating the direction of a penalty kick prior to the 9 penalty taker's foot-ball contact), and decision-making tasks (e.g., deciding which teammate 10 to pass the ball to) (Vickers, 2007). Typically, authors have used experimental designs that compare between a group of expert and non-expert performers to attain differences in gaze 11 12 behaviour (Williams & Ericsson, 2005). Several measures have been studied to enhance 13 understanding of differences in gaze behaviours, usually focussing on variations around the 14 location, duration, and number of fixations (McGuckian, Cole, & Pepping, 2018; Dicks, 15 Button, & Davids, 2010).

16 Research has demonstrated an experimental advantage for experts in perceptual-motor skill and such differences tend to be reflected by differences in gaze patterns. For example, in 17 18 anticipation tasks, a common finding is that experts tend to use fewer fixations of a longer 19 duration than novices (Dicks, Davids, & Button, 2009). Moreover, in aiming tasks such as the 20 basketball free-throw, experts tend to utilise a longer final fixation compared with non-21 experts prior to final movement onset (Vickers, 1996). The tendency of researchers to analyse 22 gaze measures at the group-level by averaging data across participants and trials (e.g., Dicks 23 et al., 2010) has recently been questioned as this approach implies that the same gaze pattern, 24 when utilized by all participants in the same task or experiment, will lead to equivalent levels of success (Dicks, Button, Davids, Chow, & van der Kamp, 2017). Implicit within this view 25

1 is the implication that a consistent and repeatable gaze pattern may be replicated from trial to 2 trial with little deviation between or within individual participants. However, evidence 3 indicates that individual differences in gaze behaviour appear to exist between performers of 4 the same skill level when successfully completing the same task (e.g., Croft, Button, & Dicks, 2010; Mann, Coombes, Mousseau, & Janelle, 2011). For instance, in a ten-pin 5 bowling study, when participant data were considered at the group level, Chia et al. (2017) 6 7 observed that experts utilised a longer QE duration than novices. However, the authors 8 identified large inter- and intra-individual variation in QE duration without consequence for 9 performance in the expert group. Thus, the implication is that research which does not 10 consider variations in perceptual capacities within a skill-group or during learning, may not 11 adequately reveal the gaze patterns used during perceptual-motor control (Dicks et al., 2017). 12 With the above concerns in mind, findings derived from comparative studies of gaze behaviours have often been used as the basis for learning studies, within which novices are 13 14 trained to replicate the gaze patterns of experts. This approach has provided evidence of 15 performance improvements after gaze training in aiming tasks (e.g., Vine, Moore, & Wilson, 2011) although such findings have not been replicated across all studies, including 16 anticipation training interventions (Klostermann, Vater, Kredel, & Hossner, 2015). The 17 18 finding that training individuals to replicate the gaze patterns of more skilled performers does 19 not always lead to increased performance in anticipation tasks raises possible doubt over 20 whether purported optimal or universal gaze patterns exist (Dicks et al., 2017). 21 Representative of the approach to train novices to anticipate using the average of expert gaze 22 patterns, Savelsbergh and colleagues (2010) used evidence from prior research to create a 23 visual search pattern for recreational goalkeepers to learn to use when attempting to 24 anticipate the direction of penalty kicks (see Savelsbergh, Williams, van der Kamp, & Ward, 2002; Savelsbergh, van der Kamp, Williams, & Ward, 2005). From run-up initiation to ball 25

contact, the visual search pattern aimed to guide the keeper to first look at the head of the
penalty taker, then hip region, and then to the lower leg regions, specifically the orientation
of the non-kicking leg. The authors found support for training on the basis of this pattern
because recreational goalkeepers that used this gaze behaviour, improved their performance
of predicting the direction of penalty kicks (see Figure 1). However, the authors found that
another visual search pattern correlated positively with anticipation performance, suggesting
that more than one gaze pattern could be used to be successful within a given task.

8 The finding that more than one gaze pattern can be used to successfully anticipate the 9 direction of penalty kicks (Savelsbergh et al., 2010), is supported by results from Navia and colleagues (Navia, Dicks, van der Kamp, & Ruiz, 2017) who analysed expert futsal 10 11 goalkeepers gaze behaviours when saving penalty kicks under differing spatiotemporal 12 constraints (from 6 m and 10 m distances). The authors found that gaze behaviours in the first phase of the run up differed markedly between participants in the location and timing of 13 14 fixations, whereas the gaze variation decreased in the second phase, which was interpreted as 15 the pick-up of more reliable visual information as the kickers' actions unfolded (specifically within 250 ms of ball contact) (Navia et al., 2017; Diaz, Fajen, & Phillips, 2012). These 16 17 findings therefore indicated that skilled anticipation may not be reliant on a consistent and 18 repeatable search pattern (e.g. Abernethy, Schorer, Jackson, & Hagemann, 2012; Savelsbergh 19 et al. 2005, 2010). Further, it was reported that gaze variables, such as the percentage viewing 20 time spent looking at different locations, were highly variable between participants, 21 suggesting that this measure does not necessarily capture expert gaze behaviour. Instead, it 22 was proposed that looking in the right time(s) at the right place(s) may, in fact, be particularly 23 critical for successful performance in penalty kick interceptive actions (e.g., Mann, Spratford 24 & Abernethy, 2013), and that the search pattern used to arrive at a particular gaze location 25 may not be a necessary prerequisite for successful performance.

1 The findings of Navia and colleagues (2017) may be indicative of a quiet eye (QE) 2 gaze pattern. QE, which is the final fixation prior to final movement onset (Vickers, 1996; 3 Vickers, 2007), has been proposed to reflect the parameterization of the necessary movement 4 without the pick-up of further visual information during the control of action (Panchuk & 5 Vickers, 2009). For example, Panchuk and Vickers (2006) reported that skilled ice hockey 6 goaltenders utilised significantly longer QE durations for saved shots in comparison with 7 trials in which goals were conceded. However, in contrast to this finding, Piras and Vickers 8 (2011) reported an equivocal result with regard to the importance of QE and response 9 accuracy amongst skilled goalkeepers when facing instep penalty kicks. Specifically, it was 10 reported that QE duration associated with a fixation on the ball led to less successful performance whereas a QE duration associated with a visual anchor location (Williams & 11 12 Davids, 1998) between the ball and penalty taker led to more successful performance. Thus, 13 evidence concerning the suitability of QE as a facet of expertise in anticipation appears to 14 warrant further investigation to understand whether the duration or location of this fixation 15 differentiates successful performance (see also, McPherson & Vickers, 2004; Rodrigues, 16 Vickers, & Williams, 2002).

17 With a primary focus on anticipation in penalty kicks, the aim of this paper is to offer new considerations for the study of variability in gaze patterns. A subset of data from the 18 19 previously published article of Dicks et al. (2010) will be reanalysed in order to help achieve 20 this aim. In this original study, eight skilled goalkeepers had their gaze patterns and 21 anticipation performance measured across five experimental conditions. In one condition, 22 participants were required to attempt to save non-deception penalty kicks in real-time as is 23 required during competition. Five out of the eight goalkeepers tested in the original study of 24 Dicks et al. (2010) saved more than ten penalty kicks and subsequently, these goalkeepers had their gaze data reanalysed to permit a focus on ten successful trials for each participant 25

(e.g., Land & McLeod, 2000; Mann et al., 2013). Different gaze behaviour measures that are
commonplace in extant research will be examined in order to ascertain how the respective
measures might vary both between and within participants, despite the fact that they achieved
equivalent levels of success in the task. Specifically, QE (Vickers, 1996), visual search
patterns (Savelsbergh et al., 2010) and percentage viewing time on fixation locations (Dicks
et al., 2010) will be analysed.

7

#### Method

8 Participants

9 Five experienced association football goalkeepers participated in the experiment (M age = 24.2 years, SD = 4.7). These five goalkeepers were selected as they saved at least 10 10 penalty kicks in the study of Dicks et al. (2010). Specifically, in the original study, 11 12 goalkeeping performance was analysed for 15 trials, with kicks directed towards each side of the goal (eight to the right and seven to the left). Participants faced five additional trials 13 14 distributed to varying goal locations with the aim of masking awareness of the task 15 procedure. Goalkeepers had the following percentage success rates on the basis of the 15 kicks faced in the original study: P1 = 86.7%; P2 = 86.7%; P3 = 80.0%; P4 = 93.3%; and P5 16 17 = 93.3%. As recognised by Dicks et al. (2010), these response accuracies are substantially 18 higher than those in competition and reflective of the decision to include only non-deception 19 trials with the aim of regulating variability in the penalty taker's kicking action (see Schorer 20 Baker, Fath, & Jaitner, 2017). Following previous literature (Piras & Vickers, 2011), gaze 21 data were calculated on the basis of the first 10 saves. All had played to at least the level of 22 the New Zealand Southern Premier League, with an average of 12 years (SD = 5.4) 23 competitive experience. One penalty taker aged 24 years, who was matched to the 24 goalkeepers by performance standard and length of experience (cf. Panchuk & Vickers, 2006), was recruited to execute all kicks. Prior to testing and contacting participants, ethical 25

clearance was obtained from the local University ethics committee. All players provided
 written consent prior to participation in the study.

3

4 Procedure and Apparatus

5 The procedure and apparatus are as reported in the original study of Dicks et al. 6 (2010) from which the current data set is derived. Specifically, the penalty kick data are from 7 the *in situ* interception condition. In this condition, the penalty taker followed a script which included information about which part of the goal to aim each kick. The player was instructed 8 9 to use a non-deception strategy in order to minimize any variability in his kicking action and 10 initiated the run-up at an approach angle of between 10 and 30°, 4.0m from ball contact for 11 each trial. Penalty kicks were executed using a regulation size 5 football in an indoor 12 Astroturf facility at a full-size goal (7.32 x 2.44m) represented by a white screen marked with 13 six target areas (0.81 x 1.50m). Movements were recorded using a high-speed 100 Hz digital 14 video camera (JVC GRDVL9800), placed 1.5m horizontal to the penalty spot facing the goal. 15 To enable assessment of QE, goalkeeper movements were subjected to frame-by-frame 16 analysis relative to illumination of the LED array triggered during the penalty taker's 17 approach.

18

19 Measurement of Gaze Behaviours

A mobile eye-tracking system (MobileEye<sup>™</sup>, ASL Ltd, Massachusetts, USA) was
used to record gaze behaviours. Gaze behaviour data were collected at a rate of 25 frames per
second and subjected to a frame-by-frame analysis following testing using Focus X2 (Elite
Sports Analysis, Fife, United Kingdom). The scene video was recorded and captured for
offline analysis.

1 Data Analysis

The analysis started at 2000 ms prior to foot-ball contact which included the run-up and a portion of the penalty taker's preparation time to provide sufficient duration before penalty kick initiation (Panchuk & Vickers, 2006). As the aim of the study was to conduct exploratory analysis of individual differences in goalkeeping performance across each dependent measure, data were not averaged across participants and therefore differences between participants are described using descriptive statistics (see Chia, Chow, Kawabata, Dicks, & Lee, 2017).

9 Percentage viewing time. Ten fixation locations were used to categorize position of
10 gaze: the penalty taker's head, upper body (including arms), upper kicking leg and hip, upper
11 non-kicking leg and hip, kicking leg (including foot), non-kicking leg (including foot), turf
12 between the player and ball, the ball, the turf in front of the ball, and "other". The "other"
13 category was used when gaze could not be coded due to extraneous jarring movements by the
14 participant, or when gaze was directed outside of the fixation location categories.

Visual search patterns. Gaze behaviours were analysed following the procedures of Savelsbergh, et al. (2010) in order to identify the visual search patterns utilised by each participant for each trial in each condition. The gaze patterns in each individual trial were qualitatively matched to one of seven different global categories (Figure 1), which were the same as those developed by Savelsbergh et al. (2010). Code–recode reliability ranged between r = .87 for an independent coder and r = .98 for the same experimenter.

- 21
- 22

#### **INSERT FIGURE 1 NEAR HERE**

23

Fixation on the head/upper body, followed by a fixation on the hip region, then a
 fixation on the lower leg region and finally a fixation on the ball.

1	2) Fixation on the hip region followed by a fixation near the ball area.
2	3) Fixation on the lower leg region followed by a fixation near the ball area.
3	4) Fixation on the head/upper body followed by a fixation on the hip/leg region.
4	5) Fixation on the head/upper body followed by a fixation near the ball area.
5	6) Fixation on the head/upper body followed by a fixation near the lower-leg/ball area
6	then a return fixation on the head/upper body followed by a fixation near the ball area
7	7) Fixation on the ball location with no alternative fixation location.
8	
9	Quiet eye. Fixation/tracking was defined when the point of gaze remained within 3
10	degrees of visual angle of a location or moving object for a minimum duration of 3 frames or
11	120 ms (Dicks et al., 2010). QE was then categorised as the final fixation with an onset prior
12	to the initiation of the final movement response by the goalkeeper and offset when gaze
13	deviated off the location for a minimum of 120 ms (Panchuk & Vickers, 2006; Vickers,
14	2007). Moreover, following past work (Chia et al., 2017; Rodrigues et al., 2002), if a trial
15	was missing a QE, a value of 0 ms was recorded.
16	
17	Results
18	Percentage Viewing Time
19	The percentage viewing time results revealed that the most fixated location consistent
20	across all participants, with the exception of P2, was the ball (Figure 2). However, despite
21	this being the most fixated location, there were variations between goalkeepers P1, P3, P4,
22	and P5; P3 and P5 tended to fixate primarily on the head and ball above all other locations,
23	whereas P1 and P4 fixated the lower kicking leg after the ball as well as some fixations on
24	the head and other body locations. The distribution of fixations across different body
25	locations was more reflective of P2 who oriented gaze towards all body locations as well as

1	the ball. Moreover, there was also the observation of relatively large standard deviations in
2	P2's data suggesting that there was intra-individual variability between trials, something that
3	was also a general trend across the other participants. Finally, although a relatively small
4	duration, goalkeepers P1 and P5 spent a proportion of time looking at the visual anchor
5	location between the player and ball (Piras & Vickers, 2011), whilst P2, P3, and P4 spent
6	comparatively more time fixating the turf (in front of the ball), suggesting a pattern whereby
7	the fovea "lay in wait" for ball-flight (cf. Land & McLeod, 2000).
8	INSERT FIGURE 2 NEAR HERE
9	Visual search patterns
10	Figure 3 demonstrates that visual search patterns 5 and 6 were the most commonly
11	used gaze patterns across all participants. In these patterns, fixations began at the head/upper
12	body followed by a fixation near the ball area (visual search pattern 5) or fixations were
13	distributed at the head/upper body followed by a fixation near the lower-leg/ball area then a
14	return fixation on the head/upper body before a fixation near the ball (visual search pattern
15	6). Although fewer by comparison, visual search pattern 7, which comprised fixations
16	exclusively toward the ball, were used on some trials by P4 and P5 whilst P1 and P2 used
17	visual search pattern 3 for some trials, which comprised fixation on the lower leg region
18	followed by a fixation near the ball area. Thus, taken together, this categorical reflection of
19	gaze patterns appeared to globally capture the variation between and within participants, with
20	the general indication being that participants tended to utilise variations on visual search
21	patterns 5 and 6.
22	INSERT FIGURE 3 NEAR HERE
23	Quiet Eye Duration and Location
24	Figure 4 shows the QE durations for each participant. Mean QE duration for
25	participants P1, P3 and P4 were within a relatively small range of approximately 700ms –

900ms, however this was not the case for P2 (400ms) and P5 (1200ms). Moreover, the
 overall characteristic of the QE duration data is a representation of both inter- and intra individual variation with all participants exploiting an array of different QE durations during
 successful trials, suggesting that this measure did not adequately capture any invariant
 characteristic of gaze patterns.

QE location, on the other hand, was consistent for all of the participants with the
location for the majority of trials being at the ball (see Figure 4). There was minimal variation
both within and between participants as QE for P3 was located on the ball for all trials, P2
had two trials were QE was located on the head and one on the kicking leg, P4 had one trial
were QE was located on the turf in front of the ball, and P5 had one trial were QE was
located on the non-kicking leg. Also, P1 had one trial with no QE and P2 had three.

12

#### **INSERT FIGURE 4 NEAR HERE**

13 Discussion

14 The aim of the current analysis was to examine individual differences in gaze 15 behaviour of five experienced goalkeepers each of whom saved at least ten penalty kicks during a previously published experiment (Dicks et al., 2010). The individual-level analyses 16 17 showed that, rather than participants converging on the same gaze behaviours, there were 18 some discrepancies between and within participants in the dependent variables measured, 19 most notably QE duration but also percentage viewing time and visual search patterns. This 20 analysis builds on findings from past work, which have also indicated variability between 21 equally-skilled participants and from to trial for the same participant during skilled 22 interceptive actions (Croft et al., 2010; Navia et al., 2017). In the following discussion, the 23 implications of these findings are discussed in relation to extant gaze behaviour literature 24 before considering implications for future research.

1 The current analysis revealed that, perhaps above the other measures considered, the 2 visual search categories of Savelsbergh et al. (2010) best captured some of the invariant 3 features of gaze patterns between participants. In particular, there was a general indication 4 that participants tended to utilise variations on visual search patterns 5 and 6 (Figure 1), during which, fixations began at the head/upper body followed by a fixation near the ball area 5 (pattern 5) or fixations were distributed at the head/upper body followed by a fixation near 6 7 the lower-leg/ball area then a return fixation on the head/upper body before a fixation near 8 the ball (pattern 6). Further to the current findings, this mode of analysis has permitted 9 evaluation of the efficacy of perceptual training methods in previous research (Savelsbergh et al., 2010). However, the classification procedure remains subjective and arguably lacks the 10 finite precision that could accurately differentiate between critical timings of information 11 12 pick-up (Navia et al., 2017). For instance, the visual search categories do not presently differentiate gaze patterns such as a visual anchor location between the player and ball (Piras 13 14 & Vickers, 2011) or a fixation ahead of the ball (Land & McLeod, 2000; Mann et al., 2013), 15 both of which have been suggested critical to the performance of interceptive actions. 16 Unlike the search pattern measure, the percentage viewing time data (Figure 2) 17 enabled the identification of critical gaze locations, however, as used in the current analysis, 18 this measure did not provide understanding on the timing of gaze patterns. Thus, although 19 this measure revealed that the ball was the most fixated location consistent across all 20 participants with the exception of P2, this method of analysis does not detail on when this 21 location was fixated. Beyond the observation that the ball was the most fixated location, there 22 was variation between and within goalkeepers for percentage viewing time in line with the 23 results of Navia et al. (2017) who revealed that there was variability between participants for 24 this dependent measure. That is, across the duration of the trials, participants attended to different gaze locations when successfully saving penalty kicks. Furthermore, assuming that 25

1 the penalty taker is not attempting to deceive during the run-up as was the case in this study, 2 it is recognised that the kinematics of the kicker may provide information on time to contact 3 (when the kicker will make contact with the ball) rather than on kick direction (Diaz et al., 4 2012; Lopes et al., 2014). Thus, it is possible that variation in fixation locations could be present because multiple variables may provide useful information on time to contact (van 5 6 der Kamp, Savelsbergh, & Smeets, 1997). Overall, the results of this measure imply the 7 duration of fixations at certain locations may not be what differentiates between successful 8 and unsuccessful performance, rather, it might be that looking at the right time at the right 9 place is most critical for successful performance.

In addition to the observed between-participant variations, results were also 10 characterised by intra-individual differences. That is, goalkeepers varied in the amount of 11 12 time spent fixating different locations when successfully saving penalty kicks (see also, Croft et al., 2010). The observation of intra-individual differences was particularly evident in QE 13 duration (see Figure 4). Previous research (e.g., Panchuk & Vickers, 2006; 2009; Piras & 14 15 Vickers, 2011) has suggested that longer OE durations are associated with more successful performance during anticipation tasks. However, the current results revealed that each 16 17 participant utilised a range of OE durations during successful performance. For example, the 18 QE of Participant 4 during one successful trial was 1960 ms while a QE duration of 160 ms 19 was recorded on a separate successful trial for the same participant. Similarly, Participant 2 20 revealed QE durations ranging between 0 ms and 1520 ms. Thus, comparable to previous 21 research in aiming tasks including basketball (de Oliveira, Oudejans, & Beek, 2008) and ten-22 pin bowling (Chia et al., 2017), the present findings indicate that variation in QE durations 23 can occur without negative performance consequences.

Previous results of Piras and Vickers (2011) reported that the location of QE was
more important than the duration. Specifically, these authors reported that QE duration

1 associated with a fixation on the ball led to less successful performance whereas a QE 2 duration associated with a visual anchor location (Williams & Davids, 1998) between the ball 3 and penalty taker led to more successful performance. In the current study, the location of QE 4 appeared to be more important than the duration but in contrast to Piras and Vickers (2011), the majority of successful saves were characterised by a QE location on the ball and none 5 6 were characterised by use of the visual anchor. This finding is likely due to differences in the 7 kickers angle of approach with a narrower approach angle in the present study compared to that of Piras and Vickers (2011). With a wider runup, there is space for a visual anchor 8 9 fixation between the kicker and ball right up until foot-ball contact. However, with a straighter run up ( $< 30^{\circ}$ ), the horizontal distance between the kicker and ball is greatly 10 11 reduced early during the run up meaning there is no observable visual anchor location 12 between the ball and kicker. This explains why the QE location was almost exclusively located on the ball during the present study. Future work might consider how differences in 13 14 angle of approach, and also run up duration, might affect the gaze patterns employed when 15 attempting to save penalty kicks. Such findings would provide insight into how goalkeepers adapt gaze behaviour to different task constraints experienced when facing penalty kicks. 16 17 Interestingly, participant 2 tended to utilise the same two visual search strategies as 18 the other participants (patterns 5 and 6) but differed markedly on percentage viewing time. 19 This finding suggests that even within this same visual search pattern there, exists 20 considerable variation in fixation duration at each location and likely therefore, in the timing 21 of saccades from one location to the next. Furthermore, P2 appeared to explore different gaze 22 behaviours to a greater extent than the other participants as they utilized more QE locations

24 performance suggesting this participant utilized a number of gaze behaviours to pick up the

on successful trials than all other participants. This exploration did not negatively affect

1 required information to successfully anticipate and intercept penalty kicks therefore

2 indicating the omission of a universal optimal gaze strategy (Dicks et al., 2017).

3

25

4 Future directions

5 The current exploratory analysis suggested that experienced goalkeepers do not 6 converge on the same gaze patterns during successful anticipation performance (Navia et al., 7 2017). The data therefore indicated that multiple information-movement couplings can be used by different performers when achieving successful performance outcomes during visual 8 9 anticipation (Dicks et al., 2017), although it is important to note further rigorous studies are 10 required to support this claim. Indeed, work is still required to establish why such differences appear to have emerged. Specifically, whether the expressed variability characterises a better 11 12 ability to adapt to different situations or whether it is noise that limits performance (Dicks et 13 al., 2017). On the one hand, the observed results are comparable to observations in the 14 coordination literature, which demonstrate that there are different coordination solutions that 15 can be utilised by performers in order to achieve success within the same performance context (e.g., Chow, Davids, Button, & Koh, 2008; Hong & Newell, 2006). Thus, variation in 16 17 gaze patterns may provide performers with the flexibility to utilise different information-18 movement couplings in order to adapt to the variable coordination patterns utilised by skilled 19 opponents during fast-ball sports (see Schorer et al., 2007). Furthermore, it is possible that 20 the differences in gaze behaviours may be a reflection of changes in movement patterns 21 between goalkeepers. To our knowledge, there have thus far been limited attempts to 22 integrate movement and gaze measures to fully understand how gaze and movement patterns 23 are coordinated together, and therefore, this remains a research priority in future work. 24 Whilst an in-depth study of the relationship between gaze behaviour and movement

variability will further current empirical understanding, such empirical endeavour would also

1 require the development of novel measures. Adopting a more individualized analysis 2 approach, rather than conventional group based averaging methods, has the promise to 3 further understanding of expert gaze control, and comparable to perspectives in the 4 coordination literature over two decades ago (e.g., Bates, 1996), single-subject methodology can provide important evidence for the development of theoretical and applied perspectives. 5 6 Thus, a fruitful avenue for future research would be to apply methods of analysis including 7 cluster approaches (Chow, Davids, Button, & Rein, 2008; Seifert, Leblanc, Herault, Komar, 8 Button, & Chollet, 2011) and neural networks (Memmert & Perl, 2009) in order to gain a 9 greater understanding of the high dimensionality of the gaze behaviour datasets. Future 10 research could also consider employing multiple regression analysis to identify which gaze variable(s) best predict anticipation success (e.g. Le Runigo, Benguigui, & Bardy, 2010; 11 12 Mallek, Benguigui, Dicks, & Thouvarecq, 2017). As an example, using the penalty kick, a regression model could be run with QE duration, QE location, the different search patterns 13 14 used, and percentage viewing time to identify a model for the gaze variables that best predicts 15 goalkeeper save success. However, researchers must be mindful of the guidelines on sample size in order to run this analysis (Darlington & Hayes, 2016). The importance of developing 16 17 knowledge in this area will have implications for developing expertise in sport and 18 developmental contexts.

19

20 Conclusion

This article has revealed evidence of variation in gaze behaviour both between and within goalkeepers for the successful anticipation and interception of penalty kicks. This finding is comparable to the variation in motor control observed in the coordination literature. Yet, there are still significant grounds to be made in understanding to what extent variability is a characteristic of successful expert performance and why such variation is evident.

1 Notably, a fruitful endeavour for future work is to examine how vision is used during the 2 control of movement. That is, combining motion capture and eye tracking offers the ability to 3 measure participants gaze and movement coordination simultaneously in representative tasks 4 in order to determine a comprehensive understanding of experts successful anticipation. Such advancements promise to bring implications for the understanding and development of 5 6 sporting expertise. 7 8 Funding 9 Harry Ramsey is a postgraduate research student at the University of Portsmouth, funded by 10 the ESRC South Coast Doctoral Training Partnership (SCDTP) (Grant Number ES/P000673). 11 12 **Data Availability** For more information on the data that support the findings of this study please contact the 13 corresponding author, H. Ramsey. Participants of this study did not agree for their data to be 14 15 shared publicly. Therefore, the supporting data is not publicly available. 16 17 Acknowledgements 18 The authors thank the anonymous reviewers for their feedback that undoubtedly improved 19 the quality of the manuscript. 20 21 **Author Contribution Statement** Harry Ramsey and Matt Dicks contributed to writing all sections of the manuscript, Chris 22 23 Button and Keith Davids contributed to writing the introduction, method, and discussion, and 24 Guillaume Hacques and Ludovic Seifert contributed to writing the introduction and

1	discussion. The experiment was conducted by Matt Dicks, Chris Button, and Keith Davids.
2	The data were analysed by Harry Ramsey and Matt Dicks.
3	
4	References
5	Abernethy, B., Schorer, J., Jackson, R. C., & Hagemann, N. (2012). Perceptual training
6	methods compared: the relative efficacy of different approaches to enhancing sport-
7	specific anticipation. Journal of Experimental Psychology: Applied, 18(2), 143.
8	Bates, B. T. (1996). Single-subject methodology: an alternative approach. Medicine and
9	Science in Sports and Exercise, 28(5), 631-638.
10	Chia, S. J., Chow, J. Y., Kawabata, M., Dicks, M., & Lee, M. (2017). An exploratory analysis
11	of variations in quiet eye duration within and between levels of expertise.
12	International Journal of Sport and Exercise Psychology, 15(3), 221-235.
13	Chow, J. Y., Davids, K., Button, C., & Koh, M. (2008). Coordination changes in a discrete
14	multi-articular action as a function of practice. Acta Psychologica, 127(1), 163-176.
15	Chow, J. Y., Davids, K., Button, C., & Rein, R. (2008). Dynamics of movement patterning in
16	learning a discrete multiarticular action. Motor Control, 12(3), 219-240.
17	Croft, J. L., Button, C., & Dicks, M. (2010). Visual strategies of sub-elite cricket batsmen in
18	response to different ball velocities. Human Movement Science, 29(5), 751-763.
19	Darlington, R. B., & Hayes, A. F. (2016). Regression analysis and linear models: Concepts,
20	applications, and implementation. New York: Guilford Publications
21	de Oliveira, R. F., Oudejans, R. R., & Beek, P. J. (2008). Gaze behavior in basketball
22	shooting: Further evidence for online visual control. Research Quarterly for Exercise
23	and Sport, 79(3), 399-404.
24	Diaz, G. J., Fajen, B. R., & Phillips, F. (2012). Anticipation from biological motion: the
25	goalkeeper problem. Journal of Experimental Psychology: Human Perception and
26	Performance, 38(4), 848-864.

1	Dicks, M., Button, C., & Davids, K. (2010). Examination of gaze behaviors under in situ and
2	video simulation task constraints reveals differences in information pickup for
3	perception and action. Attention, Perception, & Psychophysics, 72(3), 706-720.
4	Dicks, M., Button, C., Davids, K., Chow, J. Y., & van der Kamp, J. (2017). Keeping an eye
5	on noisy movements: On different approaches to perceptual-motor skill research and
6	training. Sports Medicine, 47(4), 575-581.
7	Dicks, M., Davids, K., & Button, C. (2009). Representative task design for the study of
8	perception and action in sport. International Journal of Sport Psychology, 40(4), 506-
9	524.
10	Hong, S. L., & Newell, K. M. (2006). Practice effects on local and global dynamics of the
11	ski-simulator task. Experimental Brain Research, 169(3), 350-360.
12	Klostermann, A., Vater, C., Kredel, R., & Hossner, E. J. (2015). Perceptual training in beach
13	volleyball defence: different effects of gaze-path cueing on gaze and decision-
14	making. Frontiers in Psychology, 6, 1834.
15	Land, M. F., & McLeod, P. (2000). From eye movements to actions: how batsmen hit the
16	ball. <i>Nature Neuroscience</i> , <i>3</i> (12), 1340-1345.
17	Le Runigo, C., Benguigui, N., & Bardy, B. G. (2010). Visuo-motor delay, information-
18	movement coupling, and expertise in ball sports. Journal of Sports Sciences, 28(3),
19	327-337.
20	Mallek, M., Benguigui, N., Dicks, M., & Thouvarecq, R. (2017). Sport expertise in
21	perception-action coupling revealed in a visuomotor tracking task. European Journal
22	of Sport Science, 17(10), 1270-1278.
23	Mann, D. L., Spratford, W., & Abernethy, B. (2013). The head tracks and gaze predicts: how
24	the world's best batters hit a ball. <i>PloS one</i> , 8(3), e58289.

1	Mann, D. T., Coombes, S. A., Mousseau, M. B., & Janelle, C. M. (2011). Quiet eye and the
2	Bereitschaftspotential: visuomotor mechanisms of expert motor
3	performance. Cognitive Processing, 12(3), 223-234.
4	McGuckian, T. B., Cole, M. H., & Pepping, G. J. (2018). A systematic review of the
5	technology-based assessment of visual perception and exploration behaviour in
6	association football. Journal of Sports Sciences, 36(8), 861-880.
7	McPherson, S. L., & Vickers, J. N. (2004). Cognitive control in motor
8	expertise. International Journal of Sport and Exercise Psychology, 2(3), 274-300.
9	Memmert, D., & Perl, J. (2009). Game creativity analysis using neural networks. Journal of
10	Sports Sciences, 27(2), 139-149.
11	Navia, J. A., Dicks, M., van der Kamp, J., & Ruiz, L. M. (2017). Gaze control during
12	interceptive actions with different spatiotemporal demands. Journal of Experimental
13	Psychology: Human Perception and Performance, 43(4), 783-793.
14	Panchuk, D., & Vickers, J. N. (2006). Gaze behaviors of goaltenders under spatial-temporal
15	constraints. Human Movement Science, 25(6), 733-752.
16	Panchuk, D., & Vickers, J. N. (2009). Using spatial occlusion to explore the control strategies
17	used in rapid interceptive actions: Predictive or prospective control?. Journal of
18	Sports Sciences, 27(12), 1249-1260.
19	Piras, A., & Vickers, J. N. (2011). The effect of fixation transitions on quiet eye duration and
20	performance in the soccer penalty kick: Instep versus inside kicks. Cognitive
21	Processing, 12(3), 245-255.
22	Rodrigues, S. T., Vickers, J. N., & Williams, A. M. (2002). Head, eye and arm coordination
23	in table tennis. Journal of Sports Sciences, 20(3), 187-200.

1	Savelsbergh, G. J., Williams, A. M., Kamp, J. V. D., & Ward, P. (2002). Visual search,
2	anticipation and expertise in soccer goalkeepers. Journal of Sports Sciences, 20(3),
3	279-287.
4	Savelsbergh, G. J., Van der Kamp, J., Williams, A. M., & Ward, P. (2005). Anticipation and
5	visual search behaviour in expert soccer goalkeepers. Ergonomics, 48(11-14), 1686-
6	1697.
7	Savelsbergh, G. J. P., van Gastel, P. J., & van Kampen, P. M. (2010). Anticipation of penalty
8	kicking direction can be improved by directing attention through perceptual learning.
9	International Journal of Sport Psychology, 41(1), 24-41.
10	Schorer, J., Baker, J., Fath, F., & Jaitner, T. (2007). Identification of interindividual and
11	intraindividual movement patterns in handball players of varying expertise levels.
12	Journal of Motor Behavior, 39(5), 409-421.
13	Seifert, L., Leblanc, H., Herault, R., Komar, J., Button, C., & Chollet, D. (2011). Inter-
14	individual variability in the upper-lower limb breaststroke coordination. Human
15	Movement Science, 30(3), 550-565.
16	van der Kamp, J., Rivas, F., Doorn, H. V., & Savelsbergh, G. (2008). Ventral and dorsal
17	system contributions to visual anticipation in fast ball sports. International Journal of
18	Sport Psychology, 39(2), 100-130.
19	van der Kamp, J., Savelsbergh, G., & Smeets, J. (1997). Multiple information sources in
20	interceptive timing. Human Movement Science, 16(6), 787-821.
21	Vickers, J. N. (1996). Visual control when aiming at a far target. Journal of Experimental
22	Psychology: Human Perception and Performance, 22(2), 342-354.
23	Vickers, J. N. (2007). Perception, cognition, and decision training: The quiet eye in action.
24	Human Kinetics.

1	Vine, S. J., Lee, D., Moore, L. J., & Wilson, M. R. (2013). Quiet eye and choking: Online
2	control breaks down at the point of performance failure. Medicine & Science in Sports
3	& Exercise, 45(10), 1988-1994.
4	Vine, S. J., Moore, L. J., & Wilson, M. R. (2011). Quiet eye training facilitates competitive
5	putting performance in elite golfers. Frontiers in Psychology, 2, 1-9.
6	Williams, A. M., & Davids, K. (1998). Visual search strategy, selective attention, and
7	expertise in soccer. Research Quarterly for Exercise and Sport, 69(2), 111-128.
8	Williams, A. M., & Ericsson, K. A. (2005). Perceptual-cognitive expertise in sport: Some
9	considerations when applying the expert performance approach. Human Movement
10	Science, 24(3), 283-307.
11	

1	Figure Captions
2	
3	Figure 1: A Figure representing the seven categories of the visual search patterns utilised by
4	goalkeepers during the penalty taker's run-up and kicking action. The circles represent
5	fixations and the straight lines represent the saccades between the fixation locations.
6	
7	Figure 2: Mean percentage time spent viewing each location during the total duration of the
8	penalty kick (Note. Torso = upper body (including arms); UKL = upper kicking leg and hip;
9	UNKL = upper non-kicking leg and hip; LKL = kicking leg (including foot); LNKL = non-
10	kicking leg (including foot); F-B = turf between the player and ball; TURF = the turf in front
11	of the ball). The vertical bars indicate the standard deviation.
12	
13	Figure 3: The frequency with which each participant utilised each respective visual search
14	pattern during successful penalty kick trials.
15	
16	Figure 4: Quiet eye duration and location for each trial utilised by the participants. Each
17	circle data point represents an individual trial, the horizontal bars represent the mean
18	duration, and the grey bars represent the standard deviation from the mean.
19	
20	
21	

# 1 Figure 1











1 Figure 4

