

X-ray Emission from Isolated Neutron Stars revisited: 3D magnetothermal simulations

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ABSTRACT

X-ray emission from the surface of isolated neutron stars (NSs) has been now observed in a variety of sources. The ubiquitous presence of pulsations clearly indicates that thermal photons either come from a limited area, possibly heated by some external mechanism, or from the entire (cooling) surface but with an inhomogeneous temperature distribution. In a NS the thermal map is shaped by the magnetic field topology, since heat flows in the crust mostly along the magnetic field lines. Self-consistent surface thermal maps can hence be produced by simulating the coupled magnetic and thermal evolution of the star. We compute the evolution of the neutron star crust in three dimensions for different initial configurations of the magnetic field and use the ensuing thermal surface maps to derive the spectrum and the pulse profile as seen by an observer at infinity, accounting for general-relativistic effects. In particular, we compare cases with a high degree of symmetry with inherently 3D ones, obtained by adding a quadrupole to the initial dipolar field. Axially symmetric fields result in rather small pulsed fractions ($\lesssim 5\%$), while more complex configurations produce higher pulsed fractions, up to $\sim 25\%$. We find that the spectral properties of our axisymmetric model are close to those of the bright isolated NS RX J1856.5-3754 at an evolutionary time comparable with the inferred dynamical age of the source.

Keywords: neutron stars — magnetars — magnetohydrodynamical simulations — stellar magnetic fields

1. INTRODUCTION

Neutron stars (NSs) are born very hot in the aftermath of the core-collapse supernova event which brings them into existence, and then progressively cool down through neutrino and photon emission. Their thermal evolution is interwoven with that of their magnetic field because of the strong dependence on the temperature of the electric and magnetic conductivities. A detailed study of the NS coupled magnetic and thermal evolution is challenging, not the least on the numerical ground, and has been the focus of several investigations over

the past 20 years (see e.g. Potekhin et al. 2015; Pons & Viganò 2019; Viganò 2013, for reviews and a historical overview). Most recent efforts were devoted to extending previous axially symmetric calculations to three spatial dimensions. This was done first by considering the evolution of the B -field only (Gourgouliatos et al. 2016) and then addressing the coupled magnetothermal problem (Igoshev et al. 2020; De Grandis et al. 2020; Igoshev et al. 2021).

A realistic modeling of NS cooling is key in understanding their internal structure and composition, ultimately bearing to the equation of state of ultra dense matter. In this respect, the detection and interpretation of radiation coming from the (cooling) surface of an isolated NS can provide a direct measure of the star radius and offer insights on the topology of the crustal

magnetic field. Thermal emission has been indeed observed, mostly in the soft X-ray band, from several different classes of NSs, including radio pulsars (PSRs), soft gamma repeaters (SGRs) and anomalous X-ray pulsars (AXPs; the magnetar candidates), central compact objects in supernova remnants (CCOs) and a handful of radio-quiet X-ray pulsars known as the “magnificent seven” (M7 or XDINSs; see e.g. Becker 2009; Turolla 2009; Kaspi & Beloborodov 2017; De Luca 2017, for reviews). Besides, thermal emission has been detected in the soft X-ray transients, NS sources in binary systems which cool down during the quiescent state when accretion is turned off (see e.g. Wijnands et al. 2017; Potekhin & Chabrier 2020).

Thermal X-rays from NSs are pulsed, indicating that emission comes from a limited region, as in the case of PSRs and SGRs/AXPs, or from the entire star surface, as in the M7 and possibly some of the CCOs, but with a inhomogeneous temperature distribution. Actually, the most general occurrence is a mixture of the two, with localized “hot spots”, believed to be produced by some form of extra heating (backflowing currents or dissipation of magnetic energy in the crust), superimposed to the rest of the cooling surface, the emission of which is often (but not always) undetected. Pulse profiles are in many cases far from sinusoidal and the pulsed fraction can be very large, pointing to complex shapes of the emitting region and/or to some form of beaming. Extracting meaningful information from spectral and timing data requires an *a priori* knowledge of the surface temperature map and emission properties. A simple fitting with a single component spectral model, say a blackbody, would, in fact, provide only the radiation radius, i.e. an estimate of the size of the emitting region (which not necessarily coincides with the star radius) and a value of the temperature which mostly reflects that of the hotter region(s).

Three-dimensional magnetothermal models can indeed provide a consistent, detailed surface temperature map at different stages of the NS evolution which can be used to compute synthetic spectra and lightcurves for different emission mechanisms. These can be then confronted with X-ray (and optical) observations. Such an approach has been applied in the past to different sources, the M7 (Zane & Turolla 2006; Hambaryan et al. 2011), the magnetar candidates (e.g. Taverna et al. 2020, and references therein) and the PSRs (Rigoselli et al. 2019).

Previous studies, however, dealt with thermal surface distributions which were either derived from a prescribed magnetic topology (usually with high degrees of symmetry, e.g. Popov et al. 2017), or which was given

a priori to mimic various crustal heating mechanisms (e.g. Viganò et al. 2014), but with no regard to the actual structure of the B -field, as it follows from evolution. Very recently Igoshev et al. (2020) presented 3D magnetothermal simulations of magnetars and computed self-consistent lightcurves for a number of sources in quiescence, although the effects of the heat blanketing envelope (see section 2.1) were accounted for in a simplified way.

Among the diverse classes of isolated NSs the M7 are the most promising target for applying 3D magnetothermal simulations to X-ray spectral modeling. These sources, in fact, exhibit purely thermal emission, most likely originating from the entire star surface, are not variable (with the exception of RX J0720.4-3125, see again Turolla 2009) and, albeit being sometimes dubbed *X-ray dim isolated neutron stars*, are quite bright in the soft X-rays. As such, they have been repeatedly observed by all major X-ray telescopes, from *ROSAT* to *Chandra* and especially *XMM-Newton*.

In this work we present models of 3D magnetothermal evolution of isolated neutron stars and consistently derive their observable properties (phase-dependent spectra, pulse profiles, pulsed fraction). The plan of the paper is as follows. The physics of magnetothermal evolution and the numerical code used for the simulations, together with the tools used to compute the radiation spectrum at infinity, are reviewed in Section 2. In Section 3 we present a set of simulations, both in the case of initially axisymmetric and of more complex magnetic configurations. The properties of the former models in connection with those of the brightest of the M7, RX J1856.5-3754, are discussed in Section 3.1.1. Discussion and conclusions follow in Section 4.

2. METHODS

The key ingredients for describing the thermal X-ray emission coming from an isolated NS are its surface temperature distribution, which in turn is dictated by the topology of the magnetic field in the crust, and how radiation propagates to the observer, which is greatly influenced by strong gravitational field. In this section, we lay out the tools we employ to compute the thermal and magnetic structure of the crust and its time evolution, and for calculating the thermal flux detected at infinity.

2.1. Magneto-thermal evolution

In a magnetized NS, thermal and magnetic evolution are strongly coupled. However, where the star internal magnetic field (mostly) resides is still an open question. In fact, even though it is commonly ac-

cepted that the core of a NS is in some sort of superfluid/superconducting state, it is unclear as yet whether the flux expulsion via the Meissner effect is slow enough to allow for some field to be retained in the core over a significant timescale. This reflects in the diverse strategies adopted in previous investigations, which divide into those considering the magneto-thermal evolution of the whole star and the ones focusing on the crust alone. The latter has been the approach of choice when dealing with computations in more than one spatial dimensions (e.g. Pons & Geppert 2007; Viganò et al. 2013; Gourgouliatos & Cumming 2014a,b, see also Pons & Viganò 2019 for a recent review). In this paper we build on the same line, starting from the model presented by Wood & Hollerbach (2015) to study the crustal magnetic field in three dimensions, but including the thermal evolution of the crust as well. The same approach has been already used in De Grandis et al. (2020, in the following DG+20) and Igoshev et al. (2020), to which we refer for more details.

The thermal and magnetic evolution of the crust are then described by the induction equation, in the electron MHD regime (eMHD, i.e. in the assumption that only electrons can move), and the heat balance equation

$$\frac{\partial \mathbf{B}}{\partial t} = -c \nabla \times \left[\sigma^{-1} \mathbf{J} + \frac{1}{ec n_e} \mathbf{J} \times \mathbf{B} + \mathbf{G} \cdot \nabla T - \frac{\nabla \mu}{e} \right] \quad (1)$$

$$C_v \frac{\partial T}{\partial t} = -\nabla \cdot \left(T \mathbf{G} \cdot \mathbf{J} - \mathbf{k} \cdot \nabla T - \frac{\mu}{e} \mathbf{J} \right) + \mathbf{E} \cdot \mathbf{J} + N_\nu \quad (2)$$

where n_e is the electron density, $\mathbf{J} = c \nabla \times \mathbf{B} / 4\pi$ is the current, μ the chemical potential, \mathbf{G} and \mathbf{k} are the thermopower and thermal conductivity tensors and C_v is the heat capacity (per unit volume). The term in square brackets in equation (1) represents the electric field \mathbf{E} , as expressed by the generalized Ohm law and N_ν accounts for energy losses due to neutrino produced by weak processes in the crust. The explicit form we use for N_ν is detailed in DG+20. However, neutrino emission from the crust is negligible for temperatures below $\approx 10^9$ K (Yakovlev et al. 2001). Since this condition is met for all the models presented in this work, crustal neutrino losses will be not considered in the following. Equations (1) and (2), written in dimensionless form, were solved in three spatial dimensions by means of the PARODY code (DG+20).

The (numerical) hindrances of a 3D approach force us to introduce a number of simplifying assumptions concerning the microphysical input. These were already discussed in DG+20 but are summarized in the following for the sake of clarity and completeness. We assume

that electrons are completely degenerate, so that

$$\mu = c \hbar (3\pi^2 n_e)^{1/3}; \quad \mathbf{G} = -\frac{\pi^2 k_B^2 T}{e\mu} \delta_{ij} \quad (3)$$

where \hbar and k_B are the reduced Planck and the Boltzmann constants. Here we only consider the isotropic part of the thermopower tensor, the so-called Seebeck term which is responsible for the Biermann battery effect. The (scalar) electric and thermal conductivity are taken to be those of electrons,

$$\sigma = e^2 c^2 \frac{n_e \tau(\mu)}{\mu}; \quad (\mathbf{k}^{-1})_{ij} = \frac{3e^2}{\pi^2 k_B^2 T} \left(\frac{1}{\sigma} \delta_{ij} + \frac{\epsilon_{ijk} B_k}{ec n_e} \right) \quad (4)$$

where τ is the relaxation time and ϵ_{ijk} is the Levi-Civita symbol. A pure eMHD description of the crust implies that other contributions to the transport properties are neglected; in particular, we do not take into account the isotropic terms in the thermal conductivity due to the lattice and superfluid neutrons. While the former contribution is always subdominant, the latter can become comparable if not greater than the electron one for comparatively high temperatures and densities ($T \approx 10^8$ K, $\rho \gtrsim 10^{12}$ g cm $^{-3}$ (see Aguilera et al. 2009)).

The crust is in hydrostatic equilibrium and spherically-symmetric, so that the electron density depends only on the radius, r . Following Cumming et al. (2004), we choose the scaling $n_e \propto z^4$, where z is the depth into the crust. More specifically, we take

$$\mu(r) = [1 + (1 - r)/0.0463]^{4/3} \quad (5)$$

with the chemical potential in units of $\mu_0 = 2.9 \times 10^{-5}$ erg and r in units of the star radius. This simple expression has been computed by Gourgouliatos & Cumming (2014b) to provide an acceptable fit to a realistic Fe-Ni crustal model with a chosen impurity parameter $Q \simeq 3$ based again on Cumming et al. (2004). The density drops from $\rho(r_{\text{core}}) \approx 10^{14}$ g cm $^{-3}$ to $\rho(r_{\text{crust}}) \approx 10^{11}$ g cm $^{-3}$ in a 1 km thick crust. Although the solid crust can extend down to $\rho \lesssim 10^8$ g cm $^{-3}$, this shallow region is not included in our grid.

Moreover, we assume that the relaxation time is constant throughout the crust, $\tau = 9.9 \times 10^{-19}$ s. This is adequate in the lower crust, but it becomes questionable in the upper layers, where the contribution by phonons becomes important (Potekhin et al. 2015). The adopted value, however, is such that the conductivity in the upper crust matches the phonon conductivity at a realistic temperature, $T \approx 10^8$ K.

Finally, we take the specific heat to be that of the electrons, $C_v = \tau \mu^2 T$. This assumption is quite rough, since the (temperature independent) contribution of the ion

lattice is dominant or at least of the same order of magnitude under typical NS conditions (see again Potekhin et al. 2015, and the discussion in DG+20). This choice is dictated essentially by computational requirements, since it makes eq. (2) dependent on T^2 only (see again DG+20). However, the large conductivity of the crust greatly suppresses the term containing C_v in eq. (2). This implies that the long-term crustal evolution, such as we are considering here, is not too sensitive to the exact form of the specific heat. We are nevertheless aware that this a major limitation and a more realistic expression for C_v will be necessary in investigating impulsive events, like a sudden, localized release of energy in crust (see the discussion in DG+20).

Since the field is confined within the crust of the NS, the inner boundary conditions are fixed by the requirement that the radial component of the magnetic field and the tangential component of the electric field vanish at the core-crust interface, r_c . Since the contribution of the Hall term is negligible at r_c , this is tantamount to ask that $B_r(r_c) = 0$, $J_t(r_c) = 0$ where J_t is the tangential component of the current. Moreover, we assume that the magnetosphere can only support currents that are negligible with respect to those inside the crust. The outer boundary condition requires then that the field at the top of the crust matches a potential one.

Following again DG+20 (see their Eq. 23), we adopt a simplified time evolution equation for the (isothermal) core temperature, whereas the temperature on the surface of the star is controlled by the properties of the envelope. This is a geometrically thin layer in which a huge temperature gradient is present, and is treated separately. The surface temperature T_s (i.e. that at the top of the envelope) is related to that at the top of the crust, T_b , by the relation

$$T_s(T_b, g, \mathbf{B}) = T_s^{(0)}(T_b, g) \mathcal{X}(T_b, \mathbf{B}) \quad (6)$$

where g is the gravitational acceleration at the surface. We used the expressions for $T_s^{(0)}$ calculated by Gudmundsson et al. (1983) for an iron envelope, with the magnetic correction $\mathcal{X}(T_b, \mathbf{B})$ given by Potekhin & Yakovlev (2001). The latter term describes how the heat blanketing effect of the envelope is enhanced by the presence of the magnetic field, which thwarts heat transport as field lines get more parallel to the surface.

The solution of equation (2), coupled with equation (1) and (6), provides the thermal map of the surface at any given time. This can be used to simulate the thermal surface emission once a model for radiative processes is specified. We remark that magnetothermal evolution is computed without taking into account general relativistic effects. Given the limited thickness of the crust, in-

clusion of GR would result only in a minor change of the magnetic outer boundary condition which has a negligible overall effect (see Pons et al. 2009, DG+20). Nevertheless, GR crucially affects light propagation from the surface to the observer as discussed in detail in the next section.

2.2. Observed spectrum

In order to simulate the emitted radiation from an isolated NS and to reproduce the spectrum as observed at infinity, we exploit the IDL ray-tracing code originally developed by Zane & Turolla (2006, see also Taverna et al. 2015; Popov et al. 2017). The code starts dividing the star surface into $N_\Theta \times N_\Phi$ angular patches, each one characterized by the co-latitude Θ and azimuth Φ of its center in the observer's frame XYZ , with the Z -axis along the line-of-sight (LOS) and the X -axis in the plane of the LOS and the star spin axis Ω . Photons emitted from the surface and propagating along the LOS are then selected, eventually summing together the contributions coming from all the patches which are into view at a given rotational phase γ .

GR effects are accounted for assuming that the space-time outside the star is described by the vacuum Schwarzschild solution, including both gravitational redshift and relativistic ray-bending; as a consequence an area larger than an hemisphere is visible at each rotational phase. The phase- and energy-dependent radiation flux at the observer is then given by

$$F_\nu(\gamma) = (1-x) \frac{R_{\text{NS}}^2}{D^2} \int_0^{2\pi} d\Phi \int_0^1 I_\nu du^2, \quad (7)$$

where $x \equiv 2GM_{\text{NS}}/c^2 R_{\text{NS}}$, with M_{NS} and R_{NS} the star mass and radius and c the speed of light, D is the source distance and $u \equiv \sin \bar{\Theta}$, with

$$\bar{\Theta} = \int_0^{1/2} \frac{dv \sin \Theta}{[(1-x)/4 - (1-2vx)v^2 \sin^2 \Theta]^{1/2}}. \quad (8)$$

The specific intensity I_ν follows once a model for the surface emissivity is specified. Here, ν is the frequency as measured by a static observer at the star's surface, whereas the frequency at infinity is $\nu_\infty = \nu\sqrt{1-x}$. It depends in general on the photon propagation direction as well as on the magnetic co-latitude θ and azimuth ϕ , which label the emission point in the star frame pqt , with the t -axis along the magnetic field axis. If the field is axially symmetric, the magnetic axis trivially coincides with that of the dipole component, \mathbf{b}_{dip} , whereas in more complex topologies a choice must be made. In the non symmetric cases presented in section 3, we took the field axis to be along the axis of the quadrupole

component, \mathbf{b}_{quad} . The two angles θ and ϕ can be expressed in terms of those in the observer’s frame, Θ and Φ , and of χ and ξ (ψ), the angles that the spin axis makes with the LOS and \mathbf{b}_{dip} (\mathbf{b}_{quad}), respectively (see Taverna et al. 2015, for more details). It can be easily shown that it is $\psi = \xi \pm \Theta_q$, where Θ_q is the angle between \mathbf{b}_{dip} and \mathbf{b}_{quad} (see again section 3.2). For each configuration, corresponding to different values of the angles χ and ξ (ψ) on a 21×21 evenly spaced grid, the code finally returns the observed spectrum as a function of the rotational phase (chosen from 30 evenly spaced values).

This approach has been used to study the spectral and polarization properties of thermal radiation emitted from NS sources accounting for realistic surface emission models (a magnetic condensate, a magnetized atmosphere, González Caniulef et al. 2016; Mignani et al. 2017; Taverna et al. 2020). Here, however, we assume that the (local) spectrum is an isotropic blackbody, i.e.

$$I_\nu(\theta, \phi) = \frac{2h}{c^2} \frac{\nu^3}{\exp[h\nu/kT(\theta, \phi)] - 1}, \quad (9)$$

where h is the Planck’s constant and $T(\theta, \phi)$ is the temperature map produced by PARODY. This (simplifying) choice is motivated because our main aim is to assess the effects of considering self-consistent thermal maps on a number of observable quantities (pulse profiles, phase-resolved spectra), rather than producing detailed predictions for the spectral distribution. Moreover, the overall X-ray spectra of the M7 are better interpreted in terms of (one or two) blackbody(s) (with the presence of broad absorption features at ≈ 100 eV in a few sources), even in the case of bright sources, like RX J1856.5-3754 for which a large number of counts is available (Turolla 2009; Pires et al. 2014).

3. RESULTS

We performed numerical 3D simulations to follow the magnetothermal evolution of an isolated neutron star over some Hall times, defined from the scale values as $\tau_H = 4\pi n_0 e R^2 / c B_0 \approx 10^4$ yr, exploring, in particular, different initial conditions for the magnetic field. All models refer to a NS with mass $M_{\text{NS}} = 1.2M_\odot$ and radius $R_{\text{NS}} = 12$ km. In this phase the evolution is dominated by the non-linear Hall term (see equation 1, second term on the rhs), which, albeit being conservative (Pons & Geppert 2007), can transfer energy between different multipolar components of the B -field, until a magnetic configuration dominated by odd modes, the so-called *Hall attractor*, is reached before ohmic dissipation takes over (Gourgouliatos & Cumming 2014a). The latter acts more effectively on higher multipoles, hence

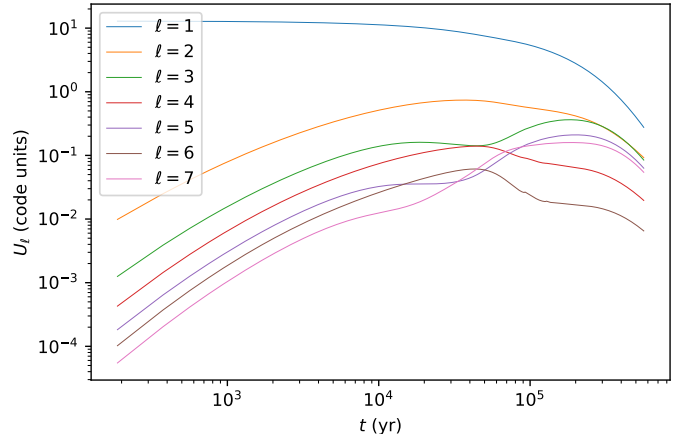


Figure 1. Evolution of the magnetic energy content in the first seven field multipoles for the axially symmetric run discussed in section 3.1.

the field will eventually go back to a dipole-like configuration. This process, however, acts on the much longer Ohm timescale $\tau_O = 4\pi\sigma_0 R^2 / c^2 \approx 10^7$ yr, which we do not follow here due to the long computational times required by our 3D code.

The large thermal conductivity of the crust makes equation (2) rather insensitive of the temperature rate of change, so that the star thermal evolution tends to follow the magnetic one: the thermal distribution is influenced by local ohmic dissipation due to currents and by the fact that the electron-mediated heat transport follows the field lines (see DG+20 and references therein). The magnetic evolution strongly depends on the initial conditions for the B -field, so are the latter that actually control the surface thermal map at each evolutionary stage. In this section we present results for a number of cases, starting with axisymmetric initial conditions (section 3.1) and then moving to more complex magnetic topologies (section 3.2).

3.1. Axisymmetric cases

We consider first a highly symmetric case, starting the evolution from a force-free, purely dipolar field with $B_{\text{dip}}(0) \approx 3 \times 10^{13}$ G, which obeys the boundary conditions. Having previously checked that with such an initial condition the field does not develop instabilities and maintains axial symmetry, as well as north-south (anti)symmetry, during the entire evolution (DG+20), here we restrict the spatial integration domain to a wedge encompassing one sixth of the longitudes with periodic boundary conditions in order to save computational time. Moreover, we decided to reduce the parameter space in this case by suppressing core cooling and setting an initial uniform temperature $T = 4.5 \times 10^7$ K.

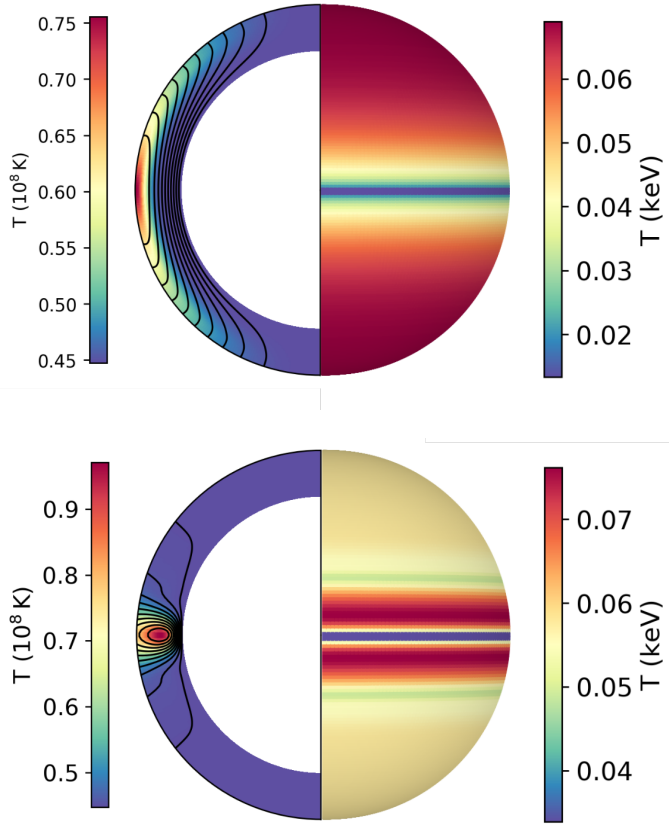


Figure 2. Internal (left) and surface (right) temperature at an early ($t = 2$ kyr, top row) and late ($t = 4 \times 10^5$ yr, bottom row) phase of the evolution. The field lines of the poloidal component are superimposed. The width of the crust is enlarged by a factor 4 to improve visualization.

This value has been chosen so that to produce a maximum surface temperature of ~ 75 eV (corresponding to ~ 60 eV for an observer at infinity) at an age of $\sim 4 \times 10^5$ yr in view of the application described in Sec. 3.1.1. We remark that this, however, does not affect the consistency of our thermal maps, since the core thermal evolution sets the overall temperature scale in the crust, but does not affect its topology, which is dictated by the shape of the magnetic field due again to the large conductivity of the crust.

The evolution of the magnetic field is summarized in Figure 1, where the magnetic energy content of the first seven multipolar components is shown. The formation of the Hall attractor, dominated by odd ℓ multipoles, is clearly seen before ohmic dissipation starts to substantially reduce the field at an age of $\approx 10^5$ yr.

A general feature of axially symmetric runs is an enhancement of the magnetic field in the equatorial region of the crust, which also becomes hotter. This is due to the currents circulating there and also to the fact that it

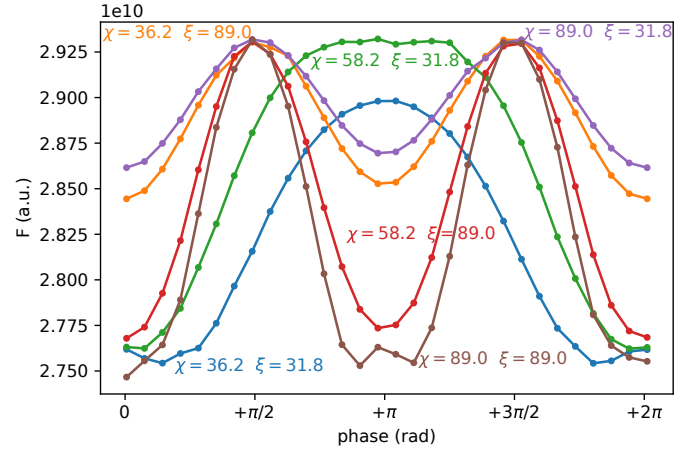


Figure 3. Pulse profiles in the 0.1 – 3 keV energy band for the axisymmetric case at $t = 4 \times 10^5$ yr for selected values of the two geometrical angles; each curve is labeled by the corresponding values of χ and ξ (in degrees) and shown in a different color.

is threaded by closed field lines, which inhibit heat conduction towards the surface. This hotter internal belt, however, does not automatically translate into a hotter equatorial zone on the surface, since the surface temperature map follows after accounting for heat transport in the envelope. Near the equator, the field lines are almost parallel to the surface, hence the surface temperature is lower, resulting in the appearance of a *colder* equatorial belt.

This is clearly illustrated in Figure 2 where the thermal structure of the crust, together with the temperature map at the top of the crust and at the surface is shown at two subsequent phases of the evolution. In the early phases, the temperature anisotropy is small enough that magnetic screening dominates, and the surface temperature monotonically decreases from the poles to the equator, giving rise to a thermal distribution close to the well-known one produced by a purely dipolar field on the top of an isothermal crust, i.e. a cold equatorial belt and two hotter polar regions (Greenstein & Hartke 1983, see also Page 1995; Popov et al. 2017). On the other hand, as the evolution proceeds, the poloidal field lines are more tightly wound up near the equator and the “heat trap” mechanism described previously becomes effective. As a consequence, an equatorial hot region appears on the surface, with a small low temperature ring exactly on the equator, while the polar regions are at an intermediate temperature.

The thermal maps we obtained were then used as the input for our ray-tracing code in order to get the spectrum received by an observer at infinity as a function of the rotational phase and the two geometrical angles χ

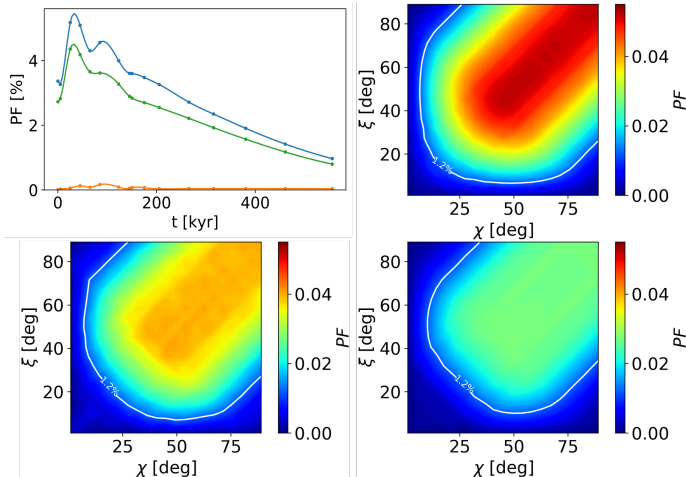


Figure 4. Pulsed fraction as a function of time during the evolution of a NS with axisymmetric field. The three evolution curves correspond to the viewing angles $\chi = 90^\circ$, $\xi = 90^\circ$ (blue, corresponding to the maximum value), $\chi = 36.2^\circ$, $\xi = 31.8^\circ$ (green, see Sec. 3.1.1) and $\chi = 90^\circ$, $\xi = 0^\circ$ (orange). Contour plots show the dependence on the viewing geometry at the selected ages, 25 kyr (top-right), 123 kyr (bottom-left) and 265 kyr (bottom-right). The contour line at $PF = 1.2\%$ corresponds to the value observed for RX J1856.5-3754 (see again Sec. 3.1.1).

and ξ defined in section 2.2. A detailed discussion of the (phase-dependent) spectral distribution is postponed to section 3.1.1, where an application of our results to the isolated NS RX J1856.5-3754 is presented. Here we focus on the pulse profiles and, in particular, on the pulsed fraction and its time evolution. The pulse profiles at an age of $\simeq 4 \times 10^5$ yr are shown in Figure 3 for some representative values of the angles χ and ξ . The pulsation is symmetric around half a period and the profiles are quasi-sinusoidal, with a double-peak structure appearing for those geometries in which the equatorial belt (see Figure 2) crosses the LOS more than once in a period.

We characterize each lightcurve through its pulsed fraction PF ,

$$PF = \frac{F_{\max} - F_{\min}}{F_{\max} + F_{\min}}, \quad (10)$$

where F_{\max} (F_{\min}) is the maximum (minimum) of the flux, integrated over a given energy band, along the pulse profile. Having specified an emission model (a blackbody in the present case, see 2.2), the PF depends on the thermal map, the viewing geometry and the selected energy range. Fig. 4 shows the evolution in time of the maximum PF (i.e. the one for the most favorable viewing geometry; the minimum one is always $\simeq 0$), as well as its dependence on the angles χ and ξ . The PF peaks at an early stage of the evolution ($t \simeq 25$ kyr), when the highest temperature anisotropy in the crust is reached,

and then slowly decreases as the crust becomes isothermal and the field is pushed back to a pure dipole by ohmic dissipation. The overall value is anyway quite low, $PF \lesssim 5\%$. This is expected given the high degree of symmetry of the configuration, and is indeed well below the maximum PF predicted for an axisymmetric model, which can reach $\sim 10\%$ for comparable star mass and radius for an isotropic emission model (Page 1995). The north-south symmetry of the temperature maps is reflected in the invariance of the PF upon the exchange of the χ and ξ angles, i.e., the symmetry along the $\chi = \xi$ diagonal in the contour plots of Fig. 4.

3.1.1. An application: the INS RX J1856.5-3754

RX J1856.5-3754 was the first source discovered among the M7 and it is the brightest of its class. Since its identification in the Rosat All Sky Survey by Walter et al. (1996), it has been the target of many observations with the *XMM-Newton* and *Chandra* satellites (see Sartore et al. 2012, for a comprehensive analysis of existing data). Emission RX J1856.5-3754 is pulsed at a period of $P \sim 7$ s with a very low pulsed fraction, $PF \sim 1.2\%$ (Tiengo & Mereghetti 2007). The lack of an accurate measurement of the period derivative \dot{P} prevented up to now a robust estimate of the B -field: van Kerkwijk & Kaplan (2008) provided a spin-down value of $B \sim 1.5 \times 10^{13}$ G, while a lower value, $B \sim 3 - 4 \times 10^{12}$ G, has been inferred from spectral fitting with atmospheric models by Ho et al. (2007). The, quite uncertain, spin-down age of RX J1856.5-3754 is $\tau_c \approx 4$ Myr but dynamical estimates, based on the identification of the NS birthplace, give instead $\tau_{\text{dyn}} \sim 4 \times 10^5$ yr (Tetzlaff et al. 2011; Mignani et al. 2013). RX J1856.5-3754 exhibits a purely thermal spectrum, with no absorption features. Analyzing a large set of *XMM-Newton* data, Sartore et al. (2012) found that it is best fitted by two blackbodies, with (redshifted) temperatures $T_1 = 62.4$ eV, $T_2 = 38.9$ eV ($T_2/T_1 \simeq 0.59$) and radiation radii $R_1 = 4.7$ km, $R_2 = 11.8$ km at an assumed distance of 120 pc; this yields a ratio between the emitting areas of $A_2/A_1 \simeq 6.3$.

This simple spectrum, combined with the very low $PF \sim 1.2\%$, suggest that RX J1856.5-3754 harbors a simple, symmetric field. In order to assess if our axisymmetric models can indeed bear to observations, we take run discussed in section 3.1, for which the initial conditions were selected to match the dipolar magnetic field (here we take $B_{\text{dip}} \simeq 4 \times 10^{12}$ G) and the temperature of the hotter spectral component of RX J1856.5-3754 at the inferred dynamical age. We then fitted the computed spectra at different epochs with a double BB

Θ_q	β	PF_{\max}
45°	0.75	16%
45°	1.25	20%
45°	10	23%
90°	1	4%

Table 1. Parameters of the configurations discussed in Sec. 3.2, with the maximum value of the PF reached in the evolution.

function

$$F(E) = E^3 \left[\frac{A_1}{\exp(E/T_1) - 1} + \frac{A_2}{\exp(E/T_2) - 1} \right], \quad (11)$$

where E is the photon energy, T_1, T_2 the temperatures (all in keV) and A_1, A_2 are the emitting areas. We find that all our spectra can indeed be interpreted as the superposition of two BB profiles. The ratios T_2/T_1 and A_2/A_1 , as derived from the fits, are shown in Figure 5 at different epochs.

The fit at a simulation time close to the inferred dynamical age returns a value of the area of the hotter component which is smaller than that of the colder one. By requiring that the computed pulsed fraction matches the observed one, $PF \simeq 1.2\%$, we get $T_2/T_1 \approx 0.76$ and A_2/A_1 ranging between 6.0 and 6.7, according to the selected source geometry. These are indeed in broad agreement with the observations, even if the simplifying assumptions of our model prevent a more quantitative comparison. Figure 6 shows the fit for $\chi = 36.2^\circ$ and $\xi = 31.8^\circ$. This geometry was chosen since it satisfies the PF requirement and produces a ratio $A_2/A_1 = 6.3$, which is the closest to observations among the computed ones.

This result is of interest since earlier attempts to reproduce the spectral parameters of RX J1856.5-3754 in the framework of the Hall attractor could reproduce the temperature ratio, but finding consistently that the *hot* region had the largest area (Popov et al. 2017). This is because only the imprint of the magnetic field on the surface temperature was considered, without taking into account the thermal structure of the crust itself. When considering the effects of the coupling of the magnetic field evolution with temperature in the whole crust, we found that efficient heat trapping mechanism with a high degree of symmetry allows small hot structures to form and persist over long enough timescales.

3.2. Beyond axial symmetry

As we pointed out in the previous section, axially symmetric magnetic configurations produce quasi-sinusoidal pulse profiles with a quite modest pulsed fraction. How-

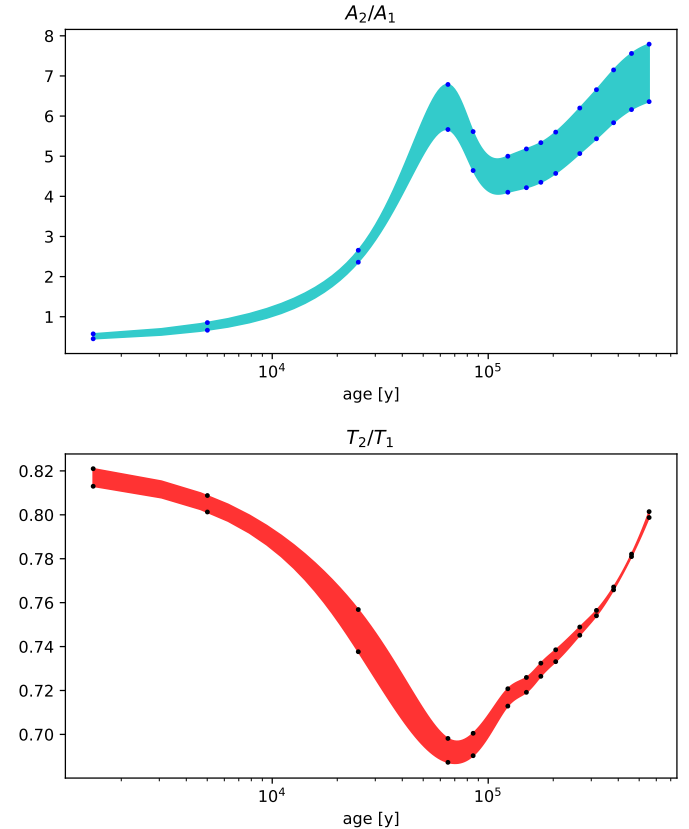


Figure 5. Evolution of the T_2/T_1 and A_2/A_1 ratios extracted by fitting the synthetic spectra with the double BB at selected times (results are connected through spline curves). The full ranges of values corresponding to all the viewing geometries explored are reported in the plots.

ever, PF values in excess of $\sim 5\%$ are routinely measured in X-ray pulsars and, in particular, in most of the M7. Indeed, the need for thermal maps produced by more complex field topologies to explain the observed pulse profiles in the M7 was recognized long ago (Gepert et al. 2006; Zane & Turolla 2006; Page et al. 2007), although early investigations focused on the structure of the B -field in the crust (presence of a toroidal component or higher order multipoles) without addressing its evolution, nor its effects on the temperature of the crust. More recently, Perna et al. (2013) presented surface emission models which were derived self-consistently following the star magnetothermal evolution in 2D (axial symmetry).

In order to address this issue within the framework of 3D magneto-thermal evolution, we now turn to initial field configurations which are not axisymmetric. No attempt to a systematic exploration of the parameter space (which contains a countless number of configurations) will be attempted here. Rather, we consider a limited number of simple cases as illustrative

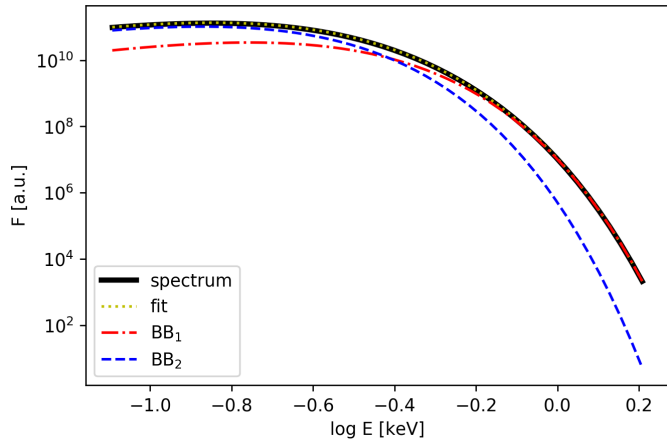


Figure 6. Phase-averaged synthetic spectrum of RX J1856.5-3754 (black-solid curve) computed at $t \simeq 4 \times 10^5$ yr together with the best fitting BB+BB model (yellow-dotted curve, nearly indistinguishable from the calculated spectrum) and the single hotter (red dash-dotted) and hotter (blue dashed) components. The geometrical angles $\chi = 36.2^\circ$ and $\xi = 31.8^\circ$ are chosen in such a way that the observed $PF \simeq 1.2\%$ is reproduced and that the ratio $A_2/A_1 = 6.3$ is the closest to the observed one.

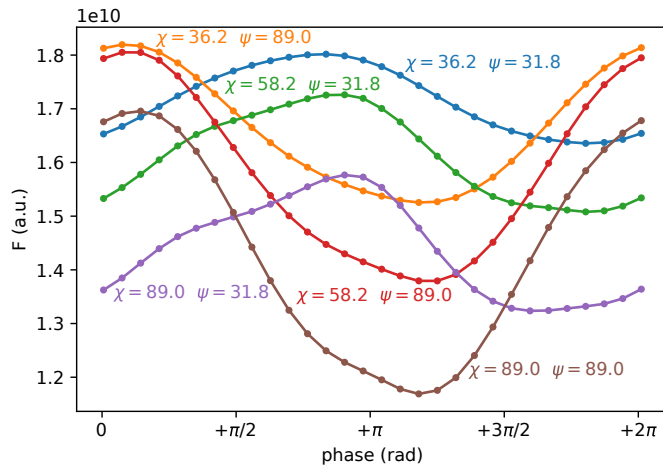


Figure 7. Same as Fig. 3 for the case $\Theta_q = 45^\circ$, $\beta = 1.25$ at time $t = 9570$ yr.

examples and, in particular, we take the initial magnetic field as a combination of (force-free) purely dipolar and quadrupolar poloidal components, with axes tilted by an angle Θ_q . Similar configurations were recently studied by Kondratyev et al. (2020) in the context of a detailed stationary-state model of heat transport in the envelope. We tested different angles and relative strengths $\beta = B_{\text{quad}}(0)/B_{\text{dip}}(0)$, see Table 1, with $B_{\text{dip}}(0) = 10^{13}$ G, $T(0) \equiv 10^8$ K.

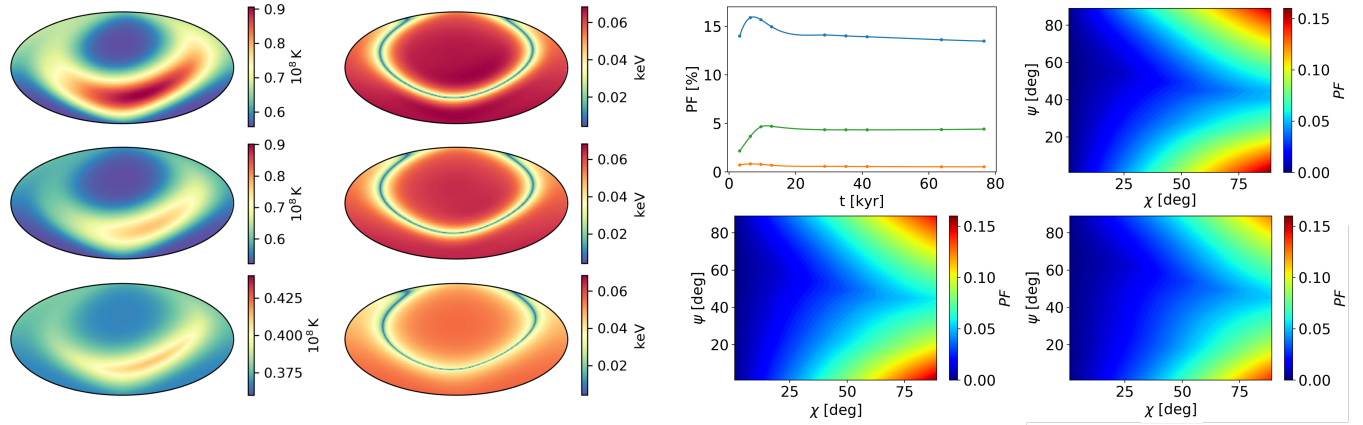
The evolution shows that the magnetic field keeps being dominated by these two components, with odd mul-

tipoles still favored during the evolution. The angle Θ_q undergoes virtually no change ($\lesssim 1^\circ$) over the whole time span for all the cases we examined. On the other hand, the thermal structure of the crust is quite different from the axisymmetric cases. In fact, currents still tend to heat the region near the equator (referred to the dipolar component), but in the presence of a non negligible quadrupolar component the field lines are more tangled, so that the heat trapping mechanism is not as efficient. For this reason, the hot region quickly disappears, and the crust becomes almost isothermal over some Hall times.

Considering the first two cases in Table 1, the evolution of which is shown in panel (a) of Figures 8 and 9, a hotter region forms on the equator of the dipole (note that the coordinates of the projection are referred to the axis of the quadrupole). However, it is not symmetric, and a spot-like structure appears in one hemisphere only. The resulting surface map is still dominated by magnetic effects, and a colder ring appears in correspondence to the hot region in the crust, whereas a hotter region is present as well, in correspondence to the crustal hot-spot at early times only.

Now the pulse profiles exhibit a much richer behavior which depends on the degree of asymmetry of the field. An example is shown in Figure 7 for the model with $\Theta_q = 45^\circ$, $\beta = 1.25$ at an age of ~ 10 kyr. As it can be seen, the shape is quite far from sinusoidal for some viewing geometries. In Figures 8 and 9, panels (b), we show the evolution of the pulsed fraction for various geometries, as well as its dependence on the geometry at selected times. The PF can reach much higher than in the symmetric cases; at early times ($t \lesssim 10$ kyr), it has a peak, after which it decays very slowly. The peak value corresponds to the maximum temperature anisotropy in the crust; then, the evolution of the PF is dictated by the magnetic field only, on top of an almost isothermal crust. The slow decay can be understood as the effect of ohmic dissipation, which eventually brings the field back to a dipole on longer timescales.

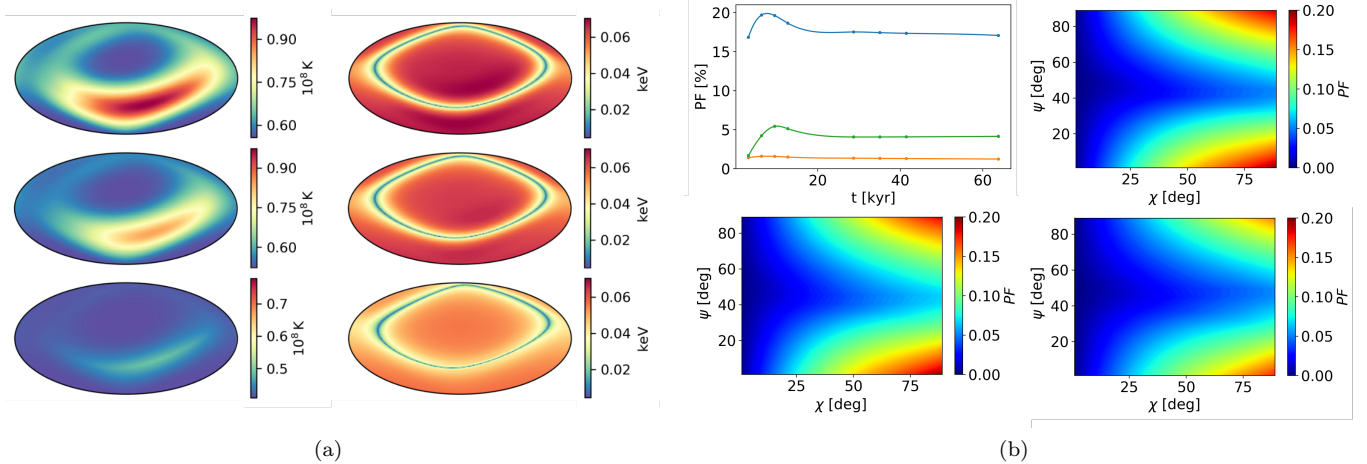
The PF evolution for these two cases is quite similar, but the one with the larger β yields a higher PF . One may, then, expect that a very large quadrupole gives much higher PF s. To test this, we ran a case with $\beta = 10$, i.e., close to a pure quadrupole (see Fig. 10). Its evolution, however, is very different: the role played by the dipole equator in the thermal evolution is now taken by the two nodes of the quadrupole, and a band structure appears on the surface. Hence, an efficient heat trapping mechanism is in place. This results in longer evolution timescales; in particular, the time required for the crust to become isothermal is longer by almost an



(a) Mollweide projection of the thermal maps at the top of the crust (left) and at the surface (right).

(b) Evolution of the PF for selected viewing angles, alongside its full dependence on ξ and ψ at selected times.

Figure 8. Thermal maps and pulsed fractions for the case $\beta = 0.75$, $\Theta_q = 45^\circ$, shown at three times $t_1 = 6378$ yr, $t_2 = 9570$ yr and $t_3 = 41476$ yr. The PF evolution curves correspond to the viewing geometries with angles $\chi = 90^\circ$, $\psi = 0^\circ$ (blue, corresponding to the maximum overall value), $\chi = 65^\circ$, $\psi = 45^\circ$ (green) and $\chi = 45^\circ$, $\psi = 45^\circ$ (orange).



(a)

(b)

Figure 9. Same as in Figure 8 for the case $\beta = 1.25$, $\Theta_q = 45^\circ$, shown at three times $t_1 = 6378$ yr, $t_2 = 9570$ yr and $t_3 = 41476$ yr.

order of magnitude with respect to the other configurations. This reflects in an increased amplitude of the PF peak. Moreover, the range of PF s is wider, and the maximum PF is just comparable to the one reached with $\beta = 1.25$, while values $\lesssim 10\%$ are also reached.

Finally, we tested a different geometry, setting $\Theta_q = 90^\circ$ with $\beta = 1$ (see Fig. 11). This case is still somewhat symmetric, so that the PF values are in general low ($\lesssim 4\%$), and comparable to the purely symmetric cases. Again, the effect of the quadrupole is to isothermize the crust, which in this case happens on a timescale ≈ 100 kyr, corresponding to the plateau of the PF profile.

4. DISCUSSION AND CONCLUSIONS

In this work, we presented self-consistent models of the magnetothermal evolution of isolated NSs, focusing in

particular on the predicted observable timing and spectral properties at different ages. We have explored the effects of diverse initial magnetic configurations, namely, a purely dipolar field and more complicated topologies, consisting of a dipole plus a (tilted) quadrupole.

The initial dipolar field evolves, keeping its axial symmetry, towards the so-called *Hall attractor* (Gourgouliatos & Cumming 2014a). As the evolution proceeds, the equatorial region of the crust becomes hotter, owing to the local amplification of the magnetic field and to the formation of closed field lines. The star surface, however, is actually colder near the equator, because heat can not be effectively transported through the envelope where the field lines are nearly parallel to the surface. This leads to the appearance of two hotter bands

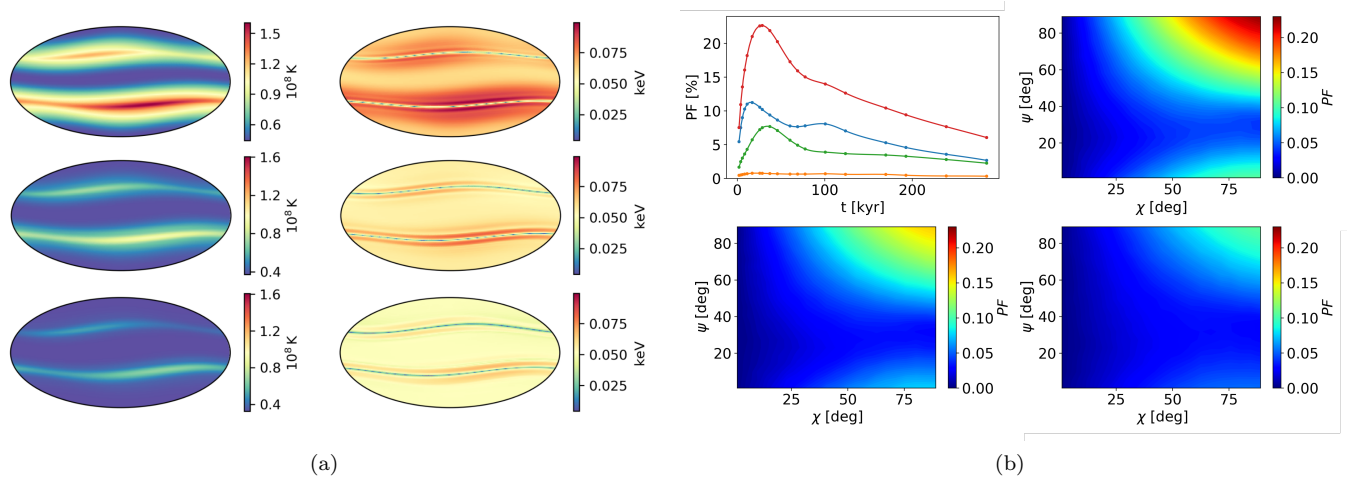


Figure 10. Same as in Figure 8 for the case $\beta = 10$, $\Theta_q = 45^\circ$, shown at three times $t_1 = 25\,637$ yr, $t_2 = 68\,900$ yr and $t_3 = 169\,700$ yr (note that the timescale is quite different from the one of Figs. 8 and 9). In this case, the maximum PF corresponds to the viewing angles $\chi = 90^\circ$, $\psi = 90^\circ$ (red curve).

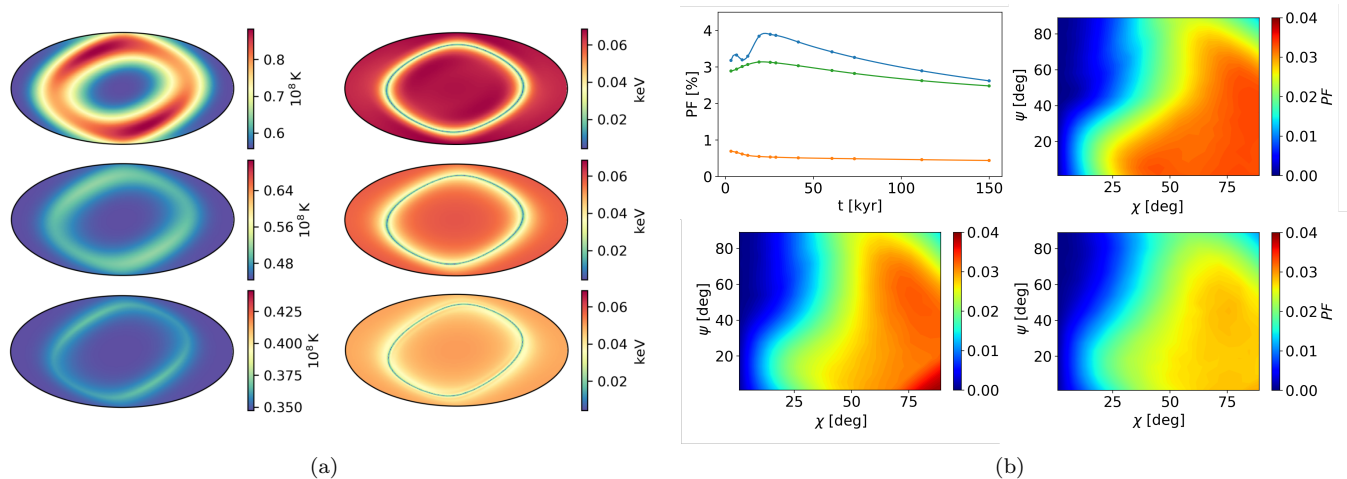


Figure 11. Same as in Figure 8 for the case $\beta = 1$, $\Theta_q = 90^\circ$, shown at three times $t_1 = 6\,378$ yr, $t_2 = 68\,900$ yr and $t_3 = 115\,500$ yr (note that the timescale is quite different from the one of Figs. 8 and 9).

(one for each magnetic hemisphere) at intermediate latitudes, topped by a colder polar region and joined by an even colder equatorial belt. Assuming that the star surface emits isotropic blackbody radiation at the local temperature, we found that the predicted pulsed fraction is quite small ($\lesssim 5\%$) for all possible orientations of the line-of-sight and of spin axis wrt the magnetic axis. Moreover, the pulsed fraction decreases with age, as the crust becomes more isothermal and ohmic dissipation drives the field back to a dipole. Pulse profiles are both single- and double-peaked, depending on the viewing geometry, and quite sinusoidal (see Section 3.1).

The spectrum can be described as a superposition of two blackbody components with different temperatures and emitting areas. This holds at every epoch, although

the temperatures and areas vary in time. A quite general feature of these models is that the area of the hotter blackbody component becomes smaller than that of the colder one when the source is older than a few thousands yr. A model with initial dipolar field is in general agreement with the observed properties of the brightest of the M7, RX J1856.5-3754. The spectral parameters and the pulsed fraction are recovered when the model evolved for $\sim 4 \times 10^5$ yr, close to the inferred dynamical age of the source, and the dipolar field decayed to about $B_{\text{dip}} = 4 \times 10^{12}$ G, a value compatible with that derived by Ho et al. (2007) but a factor 2–3 smaller than the spin-down measure. Given the present uncertainties and the hindrance of comparing an inherently multipolar model with estimates derived assuming a dipolar field,

we chose to use the value inferred from spectral fitting to investigate the spectral properties. Other runs with different initial field values produce qualitatively similar results. In particular, the spectrum is always well described by a BB+BB fit with the ratio A_2/A_1 eventually getting above unity. Simulations with a much stronger initial field, however, have a high computational cost in the long term, since they not only have to fulfill a more demanding Courant condition, but tend to develop instabilities that call for extremely fine grids.

As we already pointed out, highly symmetrical configurations imply rather low ($\lesssim 5\%$) pulsed fractions. Even restricting to NS sources in which emission reasonably comes from the entire star surface, the measured pulsed fraction can be fairly larger: in the M7 it reaches $\sim 30\%$. This suggests that the thermal map in these sources reflects a more complex (e.g. non-axially symmetric) field configuration. To test this, we considered models in which the initial field consists of a dipole plus a misaligned quadrupole field (the simplest choice for higher order multipole). Indeed, these models exhibit a pulsed fraction as large as $\sim 25\%$ and a much richer behavior of the pulse profiles, which can be asymmetric and skewed, as indeed observed in some sources, e.g. the M7 RX J0420.0-5022 (Haberl et al. 2004). We found, however, that in these cases the crust tends to become isothermal rather quickly, so that the late time observed properties are controlled by the structure of the magnetic field only. Albeit being based on a simplified envelope model, our thermal maps are in qualitative agreement with those produced by the detailed model of Kondratyev et al. (2020). We finally note that, when studying magnetic field configurations that do not allow long-term heat retention, the study of the coupling of the thermal evolution to the magnetic one may be not necessary. More M7-like isolated NSs are expected to be revealed by eROSITA (Pires 2018), likely including younger, hotter objects. This will allow to further constrain magneto-thermal evolutionary models.

We remark that these configurations are by no means exhaustive, and other options to increase the PF and to produce non-sinusoidal pulse profiles are possible. Recently, Gourgouliatos & Pons (2020) and Igoshev et al. (2020) investigated models in which the field has a strong toroidal component and/or develops instabilities, which are inherently asymmetric, during the evolution. Moreover, the PF can be enhanced when considering inherently anisotropic emission such as that of a magnetized atmosphere or a condensed surface, (see e.g. Potekhin 2014, for a review), or even more general models with a prescribed beaming pattern (as in e.g. Perna et al. 2013; Guillot et al. 2015, for isolated NSs

and magnetars). In such cases a much higher PF can be obtained even for quite symmetric temperature distributions. Given that the main goal of this paper is to investigate how magnetothermal evolution impacts on the surface temperature map of a INS, we preferred to limit ourselves to a simple blackbody emission. More detailed emission mechanisms will be considered in future works (as it has been done in e.g. Popov et al. 2017; Taverna et al. 2020, for RX J1856.5-3754 and magnetars, respectively) in order to get a more comprehensive comparison with observed spectra and lightcurves. In this respect, we note that a direct application to observations requires to include interstellar absorption and the detector response function, although these are likely not to alter dramatically the expected spectral shape and pulse profiles (Page & Sarmiento 1996), and possible effects due to the NS magnetosphere. Even more important, it would require some information about the source geometry.

Viewing angles (i.e. the inclination of the line-of-sight and the star magnetic axis wrt the spin axis) are typically hard to determine in radio-quiet sources like the M7, due to the inherent degeneracy which affects spectroscopy alone. A natural way to solve this problem is by exploiting the additional observables provided by polarization measurements, which are already accessible in the optical band and will be available in the near future at X-ray energies with new generation satellites like *XPP* (Jahoda et al. 2019). A first constraint for the viewing geometry of RX J1856.5-3754 has been put from observations in the optical band by comparing the PF profile with the predicted and the observed polarization fraction as functions of the viewing angles (Mignani et al. 2017). These estimates, however, are based on a purely dipolar field and cannot be directly compared to the model presented in this work. A model of polarized emission taking into account a consistently evolved multipolar field may in the future provide new insights on this matter.

Another issue when dealing with strongly multipolar fields is the computation of the spin period evolution. For example, taking our axisymmetric model and using the usual spin-down formula (e.g. Shapiro & Teukolsky 1983), with an initial period of 10–50 ms we get period of ≈ 1 s, quite shorter than the ones measured in the M7 of the same estimated age, $P \sim 3 - 10$ s (RX J1856.5-3754 has $P \simeq 7$ s). These values may be reproduced only if the initial period is of the same order of the present one (such long initial periods have been proposed, e.g., by Haberl et al. (2012) for SXP 1062). Nevertheless, other factors to account for in this respect may be an underestimate of the initial field (reflecting in a too

low $B_{\text{dip}}(0)$), but also that spin-down losses themselves should be computed self-consistently. A complete model taking into account the full structure of the magnetosphere, akin to the one presented by Spitkovsky (2006) for a dipolar field, should be used to assess the effects of the strong multipolar components on the spin-down.

Finally, we stress again that our results have been obtained within the present microphysical input of the PARODY code. In particular, a simple crustal equation of state with no chemical stratification (adapted from Gourgouliatos & Cumming (2014a), see again DG+20) and an iron only envelope model was used. Moreover, we did not consider the contribution to the thermal conductivity by superfluid neutrons, which can reduce the temperature anisotropy in the crust. In this respect, we note that in all our models the crustal temperature barely exceeds 10^8 K in the hottest regions, which are not located in the innermost layers of the crust (see e.g. Fig. 2); hence, we expect this effect not to be substantial. This has to be borne in mind when drawing comparisons between our results and observations, which must we kept on a qualitative ground.

In any case, we expect the deviations related to the microphysics to be mostly quantitative, rather than qualitative, but a complete exploration of the huge number of possibilities is beyond the scope of this work, in which the focus was on the effects of the magnetic field.

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