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# 1 Title: The effects of ocular magnification on Spectralis spectral domain

# 2 optical coherence tomography scan length

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## 22 Abstract (180 words)

Purpose: To assess the effects of incorporating individual ocular biometry
 measures of corneal curvature, refractive error and axial length on scan
 length obtained using Spectralis spectral domain optical coherence
 tomography (SD-OCT).

Methods: Two SD-OCT scans were acquired for 50 eyes of 50 healthy participants, first using the Spectralis default keratometry (K) setting, then incorporating individual mean-K values. Resulting scan lengths were compared to predicted scan lengths produced by image simulation software based on individual ocular biometry measures including axial length.

32 **Results:** Axial length varied from 21.41 to 29.04mm. Spectralis SD-OCT scan 33 lengths obtained with default-K ranged from 5.7 to 7.3mm and with mean-K 34 5.6 to 7.6mm. We report a stronger correlation of simulated scan lengths 35 incorporating the subject's mean-K value ( $\rho = 0.926$ , P < 0.0005) compared to 36 Spectralis default settings ( $\rho = 0.663$ , P < 0.0005).

**Conclusions:** Ocular magnification appears to be better accounted for when individual mean-K values are incorporated into Spectralis SD-OCT scan acquisition compared to using the device's default-K setting. This must be considered when taking area measurements and lateral measurements parallel to the retinal surface.

42

43 Key Words: Optical Coherence Tomography; axial length; scan length;
44 Spectralis; keratometry.

45

#### 46 Introduction

47 Optical Coherence Tomography (OCT) allows a direct cross-sectional 48 view of the human retina [1] correlating well with retinal histology [2]. SD-OCT 49 provides increased acquisition speed and higher image resolution compared 50 to older time-domain OCT techniques [3,4]. OCT technology is increasingly employed in the clinical diagnosis of ocular pathology such as age-related 51 52 macular degeneration [5], macular holes [6], vitreo-macular traction [7], and 53 glaucoma [8]. Quantitative evaluation of retinal thickness using both automatic 54 and manual measuring techniques is used to aid clinical diagnosis and design 55 treatment protocols [9-11]. It is known that segmentation algorithms employed by individual OCT instruments result in variability in retinal thickness 56 measurement complicating comparison across different platforms [12,13]. In 57 58 addition, ocular magnification of retinal images is affected by refractive error, corneal curvature, refractive index, axial length and anterior chamber depth 59 60 [14,15]. The distance of the eye to the measuring device can also influence 61 the magnification effect [16]. In the case of OCT scan images, ocular magnification may affect lateral measurements i.e. those made parallel to the 62 63 retinal plane [17]. The optical set-up of the OCT instrument as well as the software program for calculating image size will govern image size calculation 64 65 in computerized fundus imaging [18]. If lateral measurements such as drusen 66 diameter, geographical atrophy area in dry age-related macular degeneration or foveal width measurements for example are to be used for establishing 67 diagnosis and treatment protocols, the potential impact of ocular magnification 68 69 on lateral measurements must be considered.

70 An inverse correlation between retinal nerve fibre layer thickness, optic 71 nerve head parameters and axial length has been reported [19-22]. However, 72 these correlations became negligible when corrections accounting for axial 73 length were applied to the measured values [19,22,23]. This suggests that 74 axial length should be taken into account when assessing the reliability of 75 OCT data [24]. However, not all OCT platforms account for axial length induced ocular magnification, and various attempts have been made to 76 77 correct for the magnification of an individual nominal scan length produced by 78 the OCT instrument [22]. In a study by Wagner-Schuman et al., a ratio of the 79 individual's axial length to that assumed by the instrument was applied to 80 lateral measurements [25]. Others have addressed the issue of lateral scaling 81 by applying a correction based on the SD-OCT instrument manufacturer's 82 formula using modified Littman's method [14], which incorporates individual 83 refractive error, corneal radius and axial length [22,26]. An alternative 84 approach used in studies of retinal morphology has been to exclude subjects with refractive error greater than ±5.00 or ±6.00DS to minimize potential 85 errors [27,28]. In contrast to these other SD-OCT platforms, the Spectralis 86 87 (Heidelberg Engineering, Heidelberg, Germany) applies an automatic 88 modification process to cancel out the effect of ocular magnification, 89 generating individual scan lengths based on three parameters. It assumes a 90 non-modifiable pre-set axial length of 24.385mm based on the Gullstrand 91 schematic eye [29] (personal communication with Heidelberg Engineering, 92 Germany; July 2013). Secondly, by allowing the operator to focus the retinal 93 image, the subject's refractive error is taken into account. Thirdly, a default 94 corneal curvature i.e. keratometry (K) setting of 7.70mm equal to the K-value

95 of Gullstrand's model eye [29] is assumed by the device, as described in its 96 technical specifications. Alternatively, an option to use the subject's actual 97 mean-K is provided. The present study was carried out to investigate the 98 effect of individual mean spherical error (MSE), mean-K and axial length on B-99 scan length obtained using the Spectralis SD-OCT.

100

#### 101 Methods

## 102 Study protocol

103 The study was conducted from October to December 2013 at the 104 Division of Optometry and Visual Science, City University London. A total of 105 50 volunteers took part; all presented Log MAR visual acuity better than 0.3 log units in the eye being tested. Exclusion criteria were: ocular pathology, 106 107 medication that may affect retinal function and previous laser eye surgery. By 108 default, measurements were taken for the right eve unless it did not meet the 109 inclusion criteria, in which case the left eye was used. Each participant had 110 measures of MSE (based on an average of five autorefractor readings) and mean-K (average of three horizontal and vertical K readings) taken with the 111 112 Auto Kerato-Refracto-Tonometer TRK-1P instrument (Topcon, Tokyo, Japan).

The Spectralis SD-OCT was used to scan the undilated test eye of each participant in a dark room [30,31]. Two high resolution 20° x 10° volume scans (97 B-scans 30 microns apart, ART 16 frames including 1024 A scans) were acquired for each participant. The first scan was obtained using the default corneal curvature setting of 7.70mm; while the second had the subject's mean-K entered into the software prior to scan acquisition. The participant was instructed to look at the central fixation target while the

120 infrared fundus image was focused with a dial corresponding to their MSE. During scan acquisition, the investigator independently monitored the 121 122 participant's fixation via the live fundus image. All scans had a minimum 123 quality level of 25 decibels, as recommended by the manufacturer guidelines. The resulting "default-K" and "mean-K" scan length was recorded from the 124 125 Spectralis mapping software, Heidelberg Eye Explorer (Version 1.7.0.0 © 2011). Axial length was measured using the IOLMaster (Carl Zeiss Meditec, 126 Dublin, CA, USA). This is a well-known non-contact device based on partial 127 128 coherence interferometry shown to have good axial length measurement 129 repeatability [32,33]. Zemax optical design software (Zemax, LLC, Redmond, 130 WA, USA) was used for simulation of an image from a 20° SD-OCT 131 incorporating individual subject's MSE, mean-K and axial length data. The Gullstrand's exact model eye [29] was applied to the simulation since 132 133 Spectralis software image size calculations are based on this model. Within 134 the Zemax model, mean-K values and axial length were modified for each 135 subject by changing the radius of curvature of the anterior corneal surface and the axial distance between posterior lens surface and retinal plane 136 respectively. MSE was modelled as a paraxial lens immediately before the 137 model eye. An object with a field of 10° (with respect to the optical axis, 138 139 resulting in 20° overall field) was set and the size of the image at the retinal 140 plane calculated by the software was used to represent the simulated scan 141 length. This was compared to the default-K and mean-K scan lengths.

142

143 Ethical approval and consent

144 The study was approved by Optometry Research & Ethics Committee 145 City University London. Written informed consent was obtained from all 146 subjects conforming to the tenets of the Declaration of Helsinki.

147

# 148 Statistical analysis

149 All statistical analyses were performed using SPSS version 21.0 for Windows (SPSS Inc., Chicago, USA). Values in the text and tables are 150 presented as the mean ± standard deviation (SD). Preliminary analyses were 151 152 performed to ensure no violation of the assumptions of normality, linearity and 153 homoscedasticity. Since Kolmogorov-Smirnov test revealed a significant 154 deviation from a normal distribution for scan length and MSE, Spearman's 155 Rank Correlation Coefficient  $\rho$  was calculated to explore the correlation between default-K and mean-K with simulated scan lengths. Statistical 156 significance was accepted at P < 0.05. 157

158

#### 159 **Results**

A total of 22 males and 28 females were included in the study. The mean age was 21 ± 2.9 years. Mean, minimum and maximum values of mean-K, MSE, axial length, and scan lengths are summarised in Table 1.

163

#### [insert Table 1 approximately here]

A Wilcoxon Signed Rank Test revealed a statistically significant difference in scan lengths obtained using default-K, mean-K and from simulations (Figure 1). There was a significant correlation between mean-K ( $\rho = 0.926$ , P < 0.0005) and default-K scan length with the simulated scan length ( $\rho = 0.663$ , P < 0.0005), shown in Figure 2. We explored the effect of axial length and

MSE on these relationships and found that the correlation between mean-K and simulated scan length remained strong and significant when controlling for axial length ( $\rho = 0.822$ , P < 0.0005) and for MSE ( $\rho = 0.875$ , P < 0.0005). The correlation was weakened for default-K measurements when controlling for axial length ( $\rho = 0.473$ , P < 0.001) and became non-significant when controlling for MSE ( $\rho = 0.221$ , P = 0.128).

175 [insert Figure 1 and Figure 2 approximately here]

176

## 177 Discussion

The Spectralis SD-OCT generates individual scan lengths based on 178 179 refractive error, corneal curvature and a non-modifiable pre-set axial length of 180 24.385mm according to the Gullstrand schematic eye. We explored the correlation of Spectralis SD-OCT scan length acquired using the instrument's 181 182 default-K setting of 7.70mm versus using the subject's mean-K, when compared to Zemax software simulated scan length. The aim was to ascertain 183 whether the effect of ocular magnification on SD-OCT scan length was 184 represented more accurately using an individual's mean-K value as opposed 185 186 to the Spectralis default-K setting in comparison to simulated output based on Gullstrand exact eye model [20]. We included individuals with axial length of 187 188 21.41mm to 29.04mm resulting in mean-K scan lengths ranging from 5.6 to 189 7.7mm (Figure 1). Whilst direct comparisons cannot be drawn from other 190 studies with different subject demographics, individual scan lengths ranging 191 from 5.3 to 7.0mm have been reported whereby the nominal 6mm scan was 192 corrected using each subject's axial length (varying from 21.56 to 28.36mm)

#### The final publication is available at http://link.springer.com/article/10.1007/s00417-014-2915-9

based on the Cirrus eye model [20]. Of note, the most accurate model eye to
calculate ocular magnification has yet to be determined [18], although
differences between modified Littman's technique [14] and the Gullstrand eye
model are less than 2% for axial lengths from 22 to 26.5mm [34].

197 While there was significant correlation of mean-K ( $\rho = 0.926$ , P < 198 0.0005) and default-K scan length with the simulated scan length ( $\rho = 0.663$ , 199 P < 0.0005), the correlation was much stronger for mean-K scan length. The 200 within-subject SD of K measurements have been shown to range from 201 0.05mm to 0.18mm depending on the instrument used [35]. According to the Spectralis technical guidelines, a 0.1mm error in K will result in an error in 202 203 lateral measurement of 0.8%. This translates to a 0.1mm change in scan 204 length for every 0.2mm deviation from the individual's mean-K. The TRK-1P 205 gives repeated measurements within ±0.12DS on test eyes (personal 206 communication with Topcon; June 2014) that may explain the lack of perfect 207 agreement between the mean-K and simulated scan lengths in the current 208 study. Another consideration is that subjective refraction was not carried out 209 to estimate MSE. However, it has been shown that using an autorefractor is 210 an accepted method to approximate refractive error [36]. Nonetheless, 211 accuracy of ocular biometry measurements is potentially a limitation of the study. We incorporated individual's mean-K and MSE values into Spectralis 212 213 scan acquisition as well as the Zemax simulation. Any error in these values 214 would therefore have the same effect on both occasions. We postulate that 215 the discrepancy from perfect correlation is more likely to be caused by some 216 other assumption built into the OCT software. Furthermore, Tan et al. 217 explored the effect of different lens powers and varying eye-scanner distance

218 on image magnification while maintaining a constant axial length [37]. This 219 was repeated keeping a constant lens power while varying eye-scanner and 220 axial length. The results showed that even with accurate axial length 221 measurement, in eyes not complying with standard assumptions (for example cataract) or in eyes that over-accommodate during imaging, the magnification 222 223 is still not sufficiently corrected. In addition, there was no option to include separate horizontal and vertical K values in the Spectralis software. The 224 mean-K value underestimates or overestimates the horizontal K value 225 226 depending on whether the individual has with- or against-the-rule astigmatism. 227 The latter may explain the lack of perfect agreement between the mean-K and 228 simulated scan lengths in the current study. However, as the mean-K value 229 has to be inserted prior to scan acquisition and cannot be changed retrospectively, using mean-K allows subsequent analyses of vertical frames 230 or measurements of area. 231

232 There was a strong and significant correlation between scans taken 233 with mean-K and the simulated scan length when controlling for the effect of 234 MSE ( $\rho = 0.875$ , P < 0.0005) and axial length ( $\rho = 0.822$ , P < 0.0005). This 235 was not the case for scans taken using the default setting of K = 7.70mm. A 236 recent study aimed to address the issue of the influence of axial length on 237 OCT data acquired from Spectralis SD-OCT scans [38]. The study involved a novel method of measuring the known distance of a sub-retinal visual implant 238 239 in vivo. The results confirmed the accuracy of lateral measurements taken 240 from Spectralis SD-OCT measurements of emmetropic medium (22.51 to 241 25.5mm) length eyes. The authors did recommend that caution should be exercised when comparing measurements obtained from very short (< 242

22.5mm) or very long (> 25.51mm) eyes. Contrary to this, when the data was 243 244 examined in the current study, the largest deviation of either mean- or default-K scan length from the simulated scan length did not belong to those with the 245 246 higher MSE or those with axial length that deviated most from the Gullstrand exact eye model value of 24.385mm (Figure 2). Moreover, optic nerve head 247 248 area measurement from Spectralis SD-OCT scans has been found to be independent of axial length when transverse scaling is applied using 249 250 measures of ocular biometry including K and axial length [39]. It therefore 251 does not seem to be necessary to measure axial length to minimise potential 252 lateral measurement errors resulting from not correcting for ocular 253 magnification [20].

254 The simulated scan length consistently overestimated the mean-K and 255 default-K scan length output. Nonetheless, we observed a stronger correlation 256 between scan length obtained with mean-K compared to default-K. Scan 257 lengths above 5.9mm produced by the default-K setting were increasingly 258 under-estimated compared to those obtained with mean-K (Figure 2). This 259 implies that lateral measurements of drusen size and foveal width for example are likely to be underestimated if SD-OCT scans larger than 5.9mm are 260 261 obtained with the default-K setting. We recommend incorporating the 262 individual's mean-K and MSE during lateral retinal measurements when using the Spectralis SD-OCT. In addition, it is important to consistently use the 263 264 individual's mean-K value for subsequent scans of the same patient for longterm monitoring in a clinical setting, for example measuring progression of 265 266 non-exudative pigment epithelial atrophy.

267

#### 268 CONCLUSION

This study provides useful information on the effect of ocular biometry 269 270 measures on Spectralis SD-OCT scan length. The effect of ocular magnification on scan length appears to be better accounted for when 271 272 an individual's mean corneal curvature value is incorporated into Spectralis SD-OCT scan acquisition as opposed to using the device's 273 274 default We recommend performing setting. scan acquisition 275 incorporating a measured mean keratometry value, with the fundus 276 image focussed according to the individual's refractive error. This should be considered when taking area measurements and lateral 277 measurements parallel to the retinal surface. These results may be of 278 279 interest for clinical trials using SD-OCT for area or lateral 280 measurements.

281

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284

# 285 **Conflict of Interest Statement**

All authors certify that they have NO affiliations with or involvement in any organization or entity with any financial interest (such as honoraria; educational grants; participation in speakers' bureaus; membership, employment, consultancies, stock ownership, or other equity interest; and expert testimony or patent-licensing arrangements), or non-financial interest (such as personal or professional relationships, affiliations, knowledge orbeliefs) in the subject matter or materials discussed in this manuscript.

293

294 Legends

Table 1 Summary of variations in mean keratometry, axial length and mean
 spherical error within the study sample

297

298 Figure 1 Box and whisker plot to show scan lengths obtained from SD-OCT 299 scans obtained with default-K settings; mean-K values; and from software 300 simulations incorporating axial length values. The length of each box is the 301 interguartile range and the band inside the box represents the median. The 302 whiskers show the smallest and largest values, with outliers indicated by the 303 circles and extreme outliers by the asterisks. The mean and median scan 304 length for scans using the default-K was  $6.04 \pm 0.28$ mm, Md = 5.95mm; for 305 the mean-K group  $6.10 \pm 0.33$  mm, Md = 6.00; and for the simulated-K group 306 was 6.23 ± 0.38mm, Md = 6.21mm

307

Figure 2 Scatterplot of mean-K (black squares) and default-K (grey triangles) scan lengths against Zemax simulated scan length (x-axis). There is a statistically significant correlation of mean-K ( $\rho = 0.926$ , P < 0.0005) and default-K ( $\rho = 0.663$ , P < 0.0005) with the simulated scan length. Dashed grey line represents perfect agreement, r = 1.00

313

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