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502 Soybean protein isolate gel particles as foaming and emulsifying agents

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516

517 Abstract

518 In order to enhance functional properties of commercial soybean protein isolate (SPI), SPI microgel
519 particles as foaming and emulsifying agents were studied. Microparticulation of heat-set SPI
520 macrogels containing no added and various added salts was systematically carried out using a
521 high-speed blender, an ultrasonicator and a high-pressure jet homogenizer. Among the tested
522 conditions, the smallest gel particles were achieved via the high-pressure jet homogenization process
523 under conditions of no added salts. Conversion of ordinary high molecular weight commercial SPI
524 proteins into the counterpart gel particles enhanced foam stabilizing properties of the suspensions
525 and stability against creaming and freeze-thaw triggered instability of the emulsions, while the
526 enhancement was not necessarily achieved for low-molecular-weight partially hydrolysed SPI. This
527 can be attributed to the different steric repulsive effects of the gel particles.

528

529 Key words

530 Soybean protein isolate; gel particle; Pickering stabilization; emulsion; ~~suspension~~; foam; stability

531

532

533 1. Introduction

534 Food products including oils exist as o/w or w/o emulsions where one phase is dispersed as small
535 droplets in the other immiscible phase; for example, fruit cordials, milk beverages and salad
536 dressings (Dickinson, 1992). Even though emulsions differ in their appearance, texture and so on,
537 they are all thermodynamically unstable in principle, and therefore usually subjected to various kinds
538 of periodical destabilization such as creaming, aggregation and coalescence of oil droplets in their
539 shelf life before consumption (McClements, 2004a). In order to slow down the destabilization
540 processes, surface-active food macromolecules like proteins and polysaccharides have been widely
541 and extensively used for emulsion production in the food industry.

542 Surface-active macromolecules adsorbed at the oil-water interface during emulsification not only
543 lower the interfacial tension and improve emulsification efficiency but also form relatively thick
544 layers around the emulsion oil droplets (McClements, 2004b). These protective layers generate
545 repulsive interactions, i.e., steric and electrostatic forces between oil droplets that lead to improved
546 stability against aggregation and coalescence on the shelf (Dalgleish, 2006). On the other hand, in the
547 last decade, colloidal particle-stabilization known as Pickering stabilization has received increasing
548 attention in the food science field because the even thicker particle layers at the oil-water interface
549 produce even more effective barriers to droplet aggregation and coalescence (Dickinson, 2010).

550 Common mature examples of Pickering stabilization in foods include protein granules from egg
551 yolk, casein micelles particularly in homogenized milk and ice creams (Dalgleish, 2003) and
552 triglycerides crystals in margarines/spreads (Dickinson, 2010; Rousseau, 2013). Recently, growing
553 numbers of colloidal particles suitable for making Pickering emulsions have been reported; e.g.,
554 glyceryl stearyl citrate solid particles (Gupta & Rousseau, 2012), cellulose micro crystals (Wege,
555 Kim, Paunov, Zhong & Veleev, 2008), chitin nanoparticles (Tzoumaki, Moschakis, Kiosseoglou &
556 Biliaderis, 2011), soy protein nanoparticles (Liu & Tang, 2013), zein protein particles (de Folter, van
557 Ruijven & Velikov, 2012) and flavonoid particles (Yusoff & Murray, 2011). In addition to these

558 reports regarding Pickering stabilization, insoluble egg or milk protein aggregate preparations are
559 well-known to have positive influences on foam stability (Dickinson, 2010).

560 In this context, Destribats, Rouvet, Gehin-Delval, Schmitt & Binks (2014), in their latest work,
561 have reported the utility of another novel class of protein-based particles, whey protein microgel
562 particles. They employed a bottom-up approach in their research to produce the microgel particles by
563 heating whey protein solutions sufficiently diluted to prevent the formation of brittle macrogels,
564 within combination of microfiltration and spray-drying. They demonstrated that this new class of
565 food-grade particles can successfully stabilize a food-grade oil-in-water emulsion for a long time
566 with exceptional resistance to droplet coalescence that shows good promise for application in the
567 food industry.

568 Soybean proteins, as well as whey proteins, are commercially and extensively used in food
569 products due to their high nutritional value (Friedman, 1996). Since they are originally from plant
570 resources, they need much less energy input for their production than those from animal resources,
571 including milk and egg proteins, which is helpful for energy savings in overall food production
572 (Pimentel & Pimentel, 2003). However, commercially available soybean proteins, denatured due to
573 high-temperature pasteurization or drying processes, although practically easy to manufacture, do not
574 necessarily have enough ability to stabilize oil-in-water emulsions compared to their native
575 counterparts (McSweeney, 2008).

576 In the current study, in order to enhance the functional properties of soybean proteins, we
577 describe the production of soybean protein gel particles under varied conditions to examine effects of
578 the gel particles on the stability of foams and oil-in-water emulsions prepared with food-grade oils.
579 Two kinds of soybean protein, ordinary commercial soybean protein isolate (SPI) and
580 low-molecular-weight partially hydrolysed SPI (LMW-SPI) were employed to estimate the impact of
581 steric repulsive effects of the gel particles. Because the commercial SPIs are not so soluble and
582 disperse into water as suspensions, we employed a top-down approach, different from the latest work

583 on whey proteins by Destribats et al .(2014), to produce the gel particles, whereby a SPI macrogel
584 was first formed and then efficiently broken into microgel particles.

585

586 2. Materials and Methods

587 SPI and LMW-SPI were kindly donated by Fuji Oil Co. (Osaka, Japan). The protein content of the
588 SPI and LMW-SPI was both > 90 wt%. LMW-SPI is partially hydrolysed by proteases with an
589 average molecular weight of approximately 60,000 Daltons. Corn oil (Mazola, ACH Food
590 Companies, Inc., UK) was purchased from a local supermarket in the UK. All other chemicals used
591 were of Analytical grade. Ambient temperature was approximately 25 °C throughout all the
592 experiments.

593 2.2. Sample preparation

594 2.2.1. Macrogel

595 SPI and LMW-SPI were mixed with deionized water and then the appropriate amount of salt solution
596 was added to adjust the concentration of salts. The final concentration of SPI and LMW-SPI in the
597 macrogels was 15 wt% and 20 wt%, respectively. The salt concentration in the final macrogels was
598 set at 0 mM (no added salts), 60 mM for NaCl and 30 mM for CaCl₂ or MgCl₂. The concentrations
599 of the salts were determined according to the gelation method reported by Kohyama, Sano & Doi
600 (1995). The cationic salts were chosen based upon their use in the creation of tofu gels, which are
601 proposed as comparable to the microparticulated SPI gels presented.

602 The SPI and LMW-SPI mixtures were stored in a water bath at 40°C for 30 min to allow enough
603 hydration of the protein powders. The mixtures were respectively in paste and liquid forms and
604 thereby required two kinds of equipment with different shearing speeds to ensure complete
605 dispersion of the proteins. The mixtures were then dispersed by a hand blender with a puree masher
606 attachment (HB711M, Kenwood) at Speed 1 (350 rpm) and a hand blender with one of twin steel
607 beaters (HM320, Kenwood) at Speed 2 (1050 rpm) at ambient temperature to prepare SPI and

608 LMW-SPI suspensions, respectively. They were heated in a glass jar at 90 °C for 30 min in a water
609 bath and then cooled down to room temperature in another water bath at ambient temperature. The
610 suspensions were kept in a cold room at 4 °C overnight to fully set the macrogels.

611 2.2.2. Gel-particle suspensions

612 The heat-set macrogels were placed in a water bath at 25 °C for 30 min before the following steps
613 and texture measurements described in section 2.3.1. The macrogels were coarsely mixed via a
614 spatula with deionized water and 1 wt% salts solution to adjust the concentration of salts. The final
615 concentration of SPI and LMW-SPI in gel-particle suspensions was 6.25 wt% and the final
616 concentration of salts was 0 mM (no added salts), 30 mM for NaCl and 15 mM for CaCl₂ and MgCl₂.
617 It should be noted that final SPI concentration status is based on the SPI weight, not based on the SPI
618 gel weight including water.

619 The above coarse mixtures were homogenized in a bottle-type juice blender (Blend Active VBL
620 096, Breville, UK), in order to limit bubble generation from the mixtures, for 2 min at ambient
621 temperature to obtain coarse gel-particle suspensions. This referred to later as the high-speed
622 blending stage and the resulting dispersions were subjected to short-term storage tests, ζ-potential
623 measurements and microscopic observations. SPI suspensions not subjected to the gelation process
624 were also studied as control samples.

625 The coarse gel-particle suspensions were prepared for final homogenization using a high-speed
626 blender (Ultraturrax T25, IKA, Germany) at ambient temperature at 24,000 rpm for 5 min, an
627 ultrasonic homogenizer (VC 130, Sonics & Materials Inc., USA) at an amplitude of 100 for 5 min
628 within a water bath at ambient temperature for prevention of overheating or alternatively by passing
629 the coarse gel particle suspension through a high-pressure homogenizer (Jet homogenizer with a
630 60:40 chamber, University of Leeds, UK) at 240 bar to make fine gel-particle suspensions (Burgaud,
631 Dickinson & Nelson, 2007). These fine suspensions were subjected to particle size analysis and
632 foaming tests. The suspensions after the high-pressure homogenization were diluted with deionized

633 water to make suspensions containing 1-5 wt% SPI for the foam stability tests.

634 2.2.3. Emulsions stabilized by gel particles

635 The fine gel particle suspensions produced via the jet homogenizer containing 6.25 wt% SPI or
636 LMW-SPI were diluted with appropriate amount of deionized water and then mixed with corn oil at a
637 weight ratio of 8:2 aqueous: oil. The mixtures were preliminarily homogenized by a hand blender
638 (Rosso hand Blender, Russell Hobbs, UK) for 2 min at ambient temperature to make coarse
639 emulsions. These emulsions were then subjected to jet homogenization under the same conditions as
640 described above.

641 2.3. Sample characterization

642 2.3.1. Texture measurements

643 Texture analysis was conducted on SPI and LMW-SPI macrogels at ambient temperature using a
644 TA.XT2 texture analyser (Stable Micro Systems, UK) equipped with a 1/4 inch spherical stainless
645 steel probe. The analysis conditions were set as follows: Test mode = compression (penetration),
646 Pre-test speed = 5.00 mm/sec, Test speed = 1.00 mm/sec, Post-test speed = 5.00 mm/sec, Penetration
647 distance = 20.00 mm, Trigger force = 5.0 g. The fracture force (N) and the proportionality constant of
648 initial linear parts of force (N) vs distance (mm) curves were reported to characterise the hardness
649 and elasticity of the macrogels.

650 2.3.2. Storage stability tests

651 Non-gelled SPI and LMW-SPI suspensions and gelled particle suspensions were stored at 25 °C for
652 24 h and visually observed to examine for creaming or sedimentation.

653 2.3.3. ζ -potential measurement

654 Non-gelled SPI and LMW-SPI suspensions and gel particle suspensions were 1250x diluted with
655 aqueous phase containing the same salt concentration. ζ -potential of the gel particles was measured
656 by a laser-Doppler ζ -potential analyser (Zetasizer, Malvern Instruments, UK) using a refractive index
657 of 1.450-0.001i.

658 2.3.4. Light microscopy

659 The microstructures of SPI and LMW-SPI suspensions and gel-particle suspensions were observed
660 with a conventional light microscope (Optishot, Nikon, Japan) and recorded by a digital camera
661 linked to imaging software (Leica Microsystems, USA).

662 2.3.5. Particle size analysis

663 The size distribution of gel particles and emulsion oil droplets was measured by a laser-diffraction
664 particle size analyser (Mastersizer 3000, Malvern Instruments, UK). Sample emulsions were
665 appropriately diluted with deionized water to avoid multiple scattering. A refractive index of 1.45
666 was used to calculate the particle size distribution based on the Mie theory. The particle size of the
667 emulsions was reported as the surface-weighted mean diameter, $d_{3,2}$

668 2.3.6. Foam stability tests

669 The fine gel-particle suspensions were poured into a whip cream dispenser (ICO Brand 0.5L stainless
670 steel whip cream dispenser, ICO Trading UK Ltd., UK) and then foamed with N_2O gas that can be
671 directly charged by a dedicated charger. The foam was poured into a measuring cylinder and the
672 time-dependent behaviour was recorded by a video camera at ambient temperature. The foam
673 half-life, i.e., the time when half volume of the liquid had drained into the bottom of measuring
674 cylinder was taken as a measure of foam stability.

675 2.3.7. Emulsion stability tests

676 The SPI and LMW-SPI gel-particle emulsions were stored in an incubator at 25°C for 4 weeks.
677 Creaming stability was evaluated by measuring the creaming index described before: Creaming
678 index = (Height of serum layer/ Height of total emulsion) (Demetriades, Coupland & McClements,
679 1997). Evidence for aggregation and coalescence of emulsion oil droplets was obtained via the
680 Mastersizer with and without prior ultrasonic treatment for 30 sec. Samples for the long-term
681 stability tests had 0.05% (w/v) sodium azide added as an antimicrobial agent. Freeze-thaw stability
682 of the emulsions was examined after 1 week storage in a freezer at -18°C. The frozen emulsions were

683 thawed in a water bath at 40°C for 30 min and then visually observed. Destabilized free oil was
684 determined as described earlier (Palanuwech, J., Potineni, R., Roberts, R. F., & Coupland, 2003).

685 2.4. Statistics

686 All experiments were conducted in triplicate with freshly prepared samples of suspensions or
687 emulsions. Statistical analyses were performed using Microsoft Excel ver. 2010 for Windows.

688

689 3. Results and Discussion

690 3.1. Characterisation of SPI macrogels and gel particles

691 It is well-known that the rheological properties of SPI gels depend on pH and salt type and
692 concentration (Bryant & Julian McClements, 1998). Fig. 1a indicates the surface hardness of various
693 heat-set SPI macrogels, taken as the peak of the force vs distance curves. Clear breakage was not
694 clearly observed for almost all the samples except for the SPI macrogels with no added salts. Fig. 1b
695 shows elasticity of the SPI and LMW-SPI macrogels as measured by the slope of initial linear part of
696 the force versus distance curves. Even though a higher concentration of LMW-SPI (20 wt%) was
697 used compared to SPI (15 wt%), the SPI macrogel had a higher elasticity than the LMW-SPI
698 macrogel. This is probably because the LMW-SPI consisted of partially hydrolysed proteins that
699 were less able to form well-organized molecules networks, with lower water holding capacity.

700 Both the macrogels were significantly strengthened by addition of the salts in a similar way. The
701 strengthening effects of the divalent cations, Ca^{2+} and Mg^{2+} were much higher than those of the
702 monovalent cation, Na^+ due to the higher ability of divalent ions to act as bridging agents between
703 neighbouring molecules (Mine, Murakami, Azuma, Yoshihara, Fukunaga, Saeki & Sawano, 2005).
704 On the other hand, for both the SPIs, there were no noteworthy differences between macrogels made
705 with Ca^{2+} and Mg^{2+} , while Mine et al. reported that the breaking stress required for tofu varied with
706 the types of the divalent cations (Desfougeres, Lechevalier, Pezennec, Artzner & Nau, 2008).

707 Fig. 2 describes the gravitational behaviour of the gel particle suspensions made with Ca^{2+} and

708 Mg^{2+} under static conditions stored at 25 °C for 24 h. For both the SPI and LMW-SPI, control
709 suspensions without gelation and gel particle suspensions including no added salts, no gravitational
710 phase separation was observed, suggesting that the gelation processes did not significantly change
711 the dispersion state or structural features of the original SPI particles. However, the divalent cations
712 induced precipitation of the SPI gel particles and creaming of the LMW-SPI gel particles. Both the
713 SPI macrogels tended to be more elastic when the divalent cations were added (Fig. 1b) but, once
714 they were broken into microgel particles, they behaved in opposite directions against gravity, i.e.,
715 downward and upward (Fig. 2). These phenomena can be attributed to different structural features of
716 the suspended particles or varied apparent specific gravity, presumably related to different degrees of
717 air incorporation during creation of the macrogels based on the separate preparation methods and/or
718 disparate affinity of the SPI particles to air. One possibility is that the precipitating SPI gel particles
719 prepared with the divalent cations could be utilized as a density adjuster of emulsion oil droplets if
720 they adsorb at the oil-water interface.

721 Fig. 3 shows microstructural images of SPI gel particles obtained by light microscopy. The SPI
722 gel particles with no added salts seemed to be dispersed in the aqueous phase as well as the original
723 SPI particles without the gelation, whereas the SPI gel particles with Ca^{2+} and Mg^{2+} formed
724 relatively large aggregates after homogenization. These results correspond to those obtained by the
725 short-term storage test described above, which suggests that the different gravitational behaviour
726 depending on the type of added salt can be explained by the different structural features of the
727 aggregates, such as different degrees of compactness or fractal geometry, probably caused by the
728 different screening effects. Similar results were obtained for the LMW-SPI gel particles.

729 To confirm the screening effects of the added salts, the ζ -potential of the SPI gel particles was
730 measured (Fig. 4). The ζ -potential of the SPI and LMW-SPI microgel particles were both
731 significantly decreased by the presence of added salts, particularly for the divalent ions, in almost the
732 same way, in line with greater electrostatic screening effects of Ca^{2+} and Mg^{2+} . However, neither the

733 microscopic observations nor the ζ -potential measurements can fully explain how the different salts
734 affected the internal microstructure, density and water holding capacity of the individual microgel
735 particles.

736 For the practical use of the gel particles as surface-active agents, the adsorption efficiency at the
737 oil-water or air-water interfaces should be considered. In particular, emulsion formation efficiency
738 via particles predominantly depends on the size of dispersed surface-active particles due to their
739 relatively slow adsorption kinetics compared to the rate of interface formation during
740 homogenization (McClements, 2004a). This was why the coarse gel particles were further
741 homogenized to reduce their particle size. Fig. 5 shows the particle size distribution of the fine gel
742 particle suspensions prepared by the various homogenization conditions and various salt
743 concentrations. The size distribution of the SPI and LMW-SPI coarse gel particles homogenized by
744 the blender expressed as bold lines reasonably corresponds to the microscopic observations under all
745 added salt conditions (Fig. 3). The results indicate that the large particles observed via the
746 microscope in the SPI suspensions were strongly coagulated aggregates that were not be easily
747 dissociated even by the high dilution used for particle size analysis. On the other hand, according to
748 statistical correlation analysis performed, representative values from the distributions of SPI and
749 LMW-SPI coarse gel particles, that is $d_{3,2}$, $d_{4,3}$ and d_{50} (Table 1) did not clearly correlate with either
750 surface hardness or elasticity of the SPI and LMW-SPI macrogels obtained from texture tests (Fig. 1),
751 suggesting that the size of SPI gel particles does not necessarily depend on the texture properties of
752 the macrogels but does relate to the original structure of macrogel networks, etc.

753 The particle size of SPI coarse and fine gel particle suspensions was larger than that of
754 LMW-SPI gel particle suspensions under all salt conditions, particularly larger under conditions of
755 no added salt or NaCl added conditions (Fig. 5 and Table 1). The particle size of LMW-SPI gel
756 particle suspensions containing added CaCl_2 and MgCl_2 was larger than that of the suspensions
757 containing no added salts and added NaCl, while it was rather smaller than that of all SPI gel particle

758 suspensions. For all suspensions, the size of fine gel particles generally decreased in the order
759 Blender < Blender + High speed blender < Blender + Ultrasonicator < Blender + Jet homogenizer.
760 Thus, the smallest gel particles were obtained via a combination of homogenization processes: the
761 juicer blender followed by the jet homogenizer under conditions of no added salts and added NaCl.

762 3.2. Foam and emulsion-stabilizing properties of gel particles

763 3.2.1. Foam systems

764 Foams were prepared via the whip cream dispenser using various concentrations of the non-gelled
765 SPI and fine gel particle suspensions without any added salts. Fig.6 shows the stability of foams
766 foamed with N₂O gas expressed as the half-life. The stability with the SPI non-gelled control
767 suspensions and with the SPI gel particle suspensions both increased with increasing protein
768 concentration, while foam stability with the LMW-SPI suspensions and gel particles did not increase
769 so significantly with protein concentration. The stability of foams with the SPI gel particles was
770 significantly higher than that with the counterpart SPI suspensions, whereas the stability with the
771 LMW-SPI gel particles and suspensions were similar to each other. These results indicate that for
772 ordinary high molecular weight commercial SPI, conversion for gel particles could be a useful tool
773 for improving their foam stabilizing properties. This improvement is presumably based on stronger
774 Pickering stabilization effects produced by the particles. Desfougeres, Lechevalier, Pezenec,
775 Artzner & Nau (2008) argued that foam stability depends on conditions that favour protein
776 aggregation rather than the presence of aggregates themselves. In our case, there is a possibility that
777 the SPI gel particles tended to aggregate via hydrophobic attractive interactions or they enhanced the
778 viscoelastic properties of the air-water interface by their increased water holding capacity.

779 3.2.2. Emulsion systems

780 Fig. 7 describes the creaming index of emulsions containing 20 wt% of oil stabilized by SPI and
781 LMW-SPI non-gelled proteins, i.e., suspensions (SPI Sus and LMW-SPI Sus) and fine gel particles
782 (SPI Gel and LMW-SPI Gel) without any added salts. For SPI Sus and Gel, the emulsions containing

783 3 wt% protein or more were almost stable against creaming for 4 weeks, while those containing 1 or
784 2 wt% were not, indicating that 3 wt% of proteins is at least required to prepare stable SPI emulsions.
785 Creaming stability of the SPI Gel-based emulsions was higher than that of the SPI Sus-based ones,
786 albeit the difference was not so significant. Creaming stability of LMW-SPI Sus and Gel-based
787 emulsions were much lower than that of SPI ones. For LMW-SPI Sus and Gel, creaming was only
788 prevented completely in the emulsion containing 5 wt% of LMW-SPI non-gelled proteins. Apart
789 from the emulsions containing 5 wt% of LMW-SPI, the stability of LMW-SPI Gel emulsions was
790 generally higher than that of the Sus emulsions. These results show that conversion to gel particles
791 may enhance the creaming stability of the emulsions, probably due to enhanced steric repulsion
792 between gel particles at the oil droplet surfaces and/or due to a possible increased viscoelasticity of
793 the emulsions in the presence of interactive microgel particles (Dickinson, 2015).

794 To estimate aggregation and coalescence of emulsion oil droplets, the particle size distributions
795 of the emulsions were monitored for 4 weeks. Similar results were obtained for SPI Sus and SPI
796 Gel-based emulsions (Figs. 8a and b). The initial mean particle diameter of the SPI Sus and Gel
797 emulsions decreased with an increase of protein content up to 3 wt% but plateaued out above it.
798 Significant particle size changes were not clearly observed for both the SPI emulsions with and
799 without prior ultrasonic treatment, demonstrating that aggregation and coalescence of the SPI Sus
800 and Gel stabilized oil droplets did not readily occur under the test conditions.

801 The initial mean particle diameter of the LMW-SPI Sus and Gel-based emulsions changed
802 depending on the protein concentration and it was slightly different for each set of emulsions (Figs.
803 8c and d), whereas the non-gelled proteins and gel particle sizes of LMW-SPI were almost the same
804 (Table 1). Although the detailed mechanism is unclear, we can point out a possibility that the
805 LMW-SPI Gel particles were more difficult to adsorb at the newly created oil-water interface during
806 emulsification than non-gelled proteins due to the structural changes induced by the gel conversion.
807 Whilst aggregation and coalescence of oil droplets were not observed for SPI Sus and Gel emulsions,

808 slight aggregation and coalescence were observed for LMW-SPI Sus and Gel ones particularly
809 containing 3-5 wt% proteins according to the particle size changes after the ultrasonic treatment and
810 the 4-week storage (Figs. 8c and d). This is maybe because the thickness of interfacial layer
811 consisting of LMW-SPI Sus and Gel was insufficient to prevent oil droplets from coalescing. The
812 particle size of LMW-SPI Sus and Gel emulsions was reduced with more amount of proteins in all
813 cases. The reason why the higher the protein content apparently caused more extensive aggregation
814 and coalescence is difficult to explain but possibly that relatively smaller free LMW-SPI Sus and Gel
815 promoted depletion flocculation of the oil droplets via the attractive forces.

816 Fig. 9 shows the freeze-thaw treated SPI and LMW-SPI stabilized emulsions. For SPI Sus,
817 LMW-SPI Sus and LMW-SPI Gel, the emulsions clearly separated into a cream layer at the top and
818 serum layer including solid-like precipitates at the bottom, whereas the SPI Gel based emulsions
819 containing 3 wt% proteins or more did not separate. It is well-known that freeze-thaw treatment
820 produces a much stronger and more cohesive soybean curd (tofu) gel (Kalichevsky-Dong, Ablett,
821 Lillford & Knorr, 2000). The same phenomena might have occurred in the SPI gel particles at the oil
822 droplet surfaces, leading to more resistance of the SPI stabilized emulsions to phase separation. In
823 the previous study by Palazolo, G. G., Sobral, P. A., & Wagner, J. R. (2011), thermally-denatured
824 soybean isolates-based emulsions were shown to be more resistant against freeze-thaw treatments
825 than native ones. In our case, emulsions stabilized by the thermally-denatured commercial-grade SPI
826 became much more resistant via the heat-set gelation step that can introduce hydrated layers
827 enhancing repulsive forces to the protein molecules on the oil droplet surfaces.

828 The destabilized free oil from the emulsions containing 1 wt% of SPI-Sus and Gel and LMW-SPI
829 Sus and Gel was 1.2 ± 0.9 , 2.5 ± 1.2 , 1.6 ± 1.3 , 7.5 ± 2.6 (wt%), respectively, whilst for all emulsions
830 containing 2-5 wt% protein zero free oil was detected, within experimental error. One-cycle
831 freeze-thaw treatment might not be enough for elucidating clearer differences in oil phase separation
832 amongst the samples.

833

834 4. Conclusions

835 We have demonstrated that SPI microgel particles imparted increased stability to foams and emulsion
836 oil droplets, probably via their enhanced steric repulsive forces in such colloidal systems. Formation
837 of microgel particles could be useful tool for enhancing functional properties of other
838 polysaccharides or proteins that exhibit difficulties in their normal modes of solubilisation.

839

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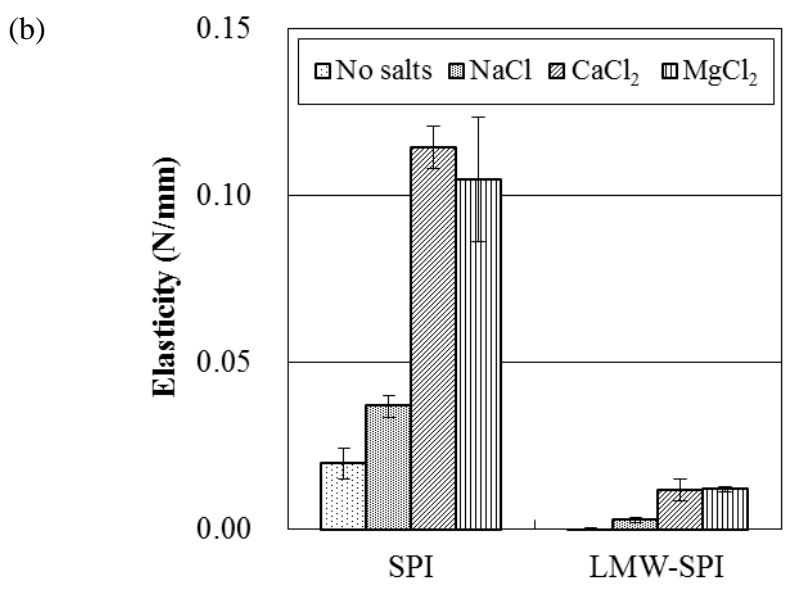
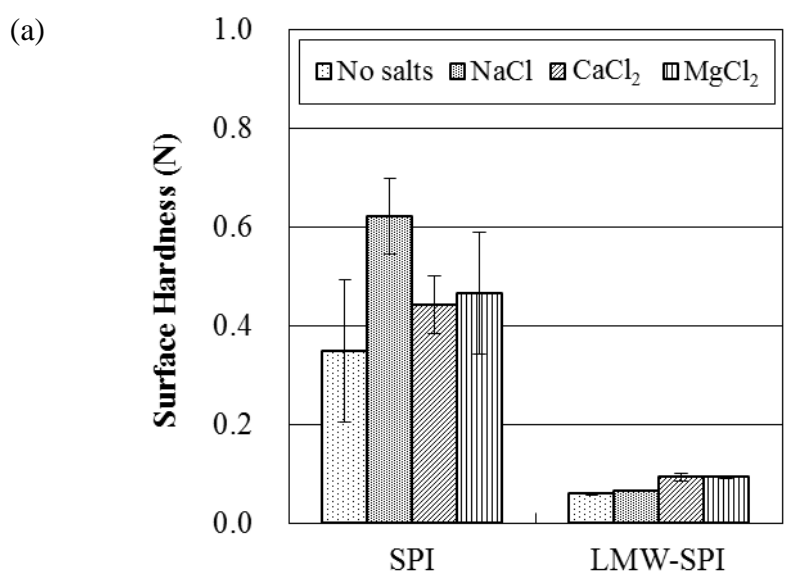
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914 (Note)

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916 will be adjusted and reduced by the publisher if the manuscript is accepted.

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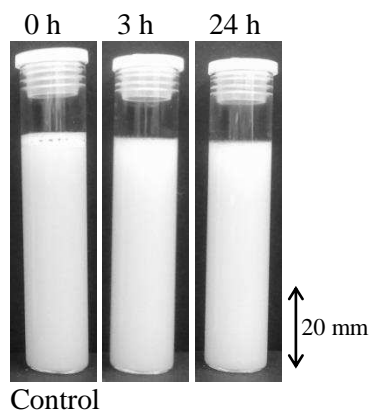
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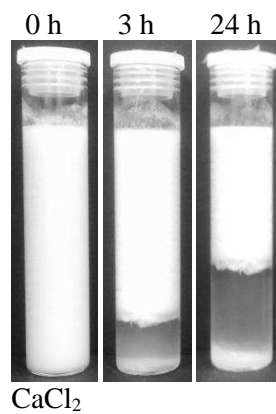
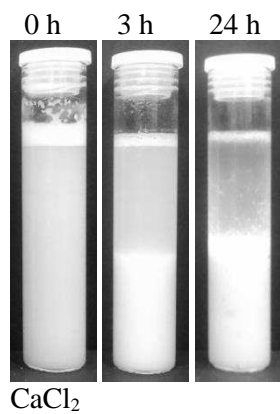
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SPI

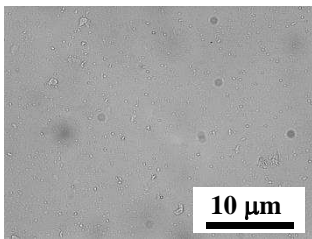


LMW-SPI



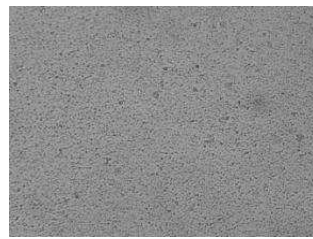
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SPI

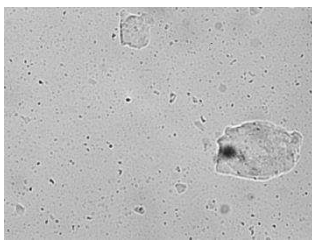


(Non-gelled) Control

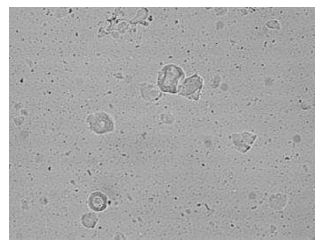
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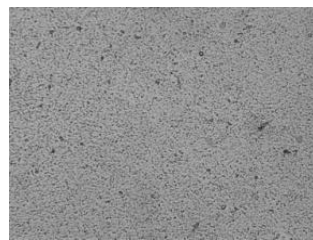
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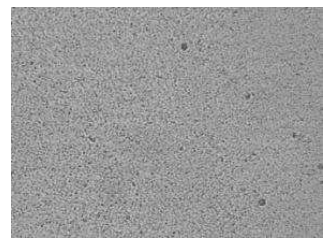
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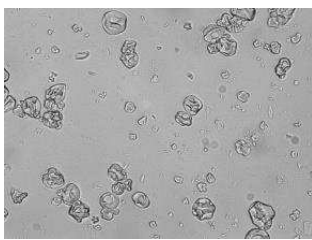
NaCl



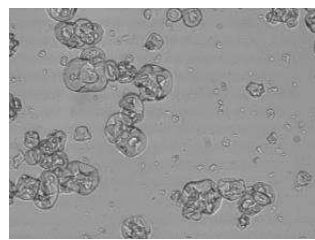
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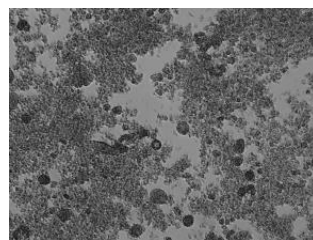
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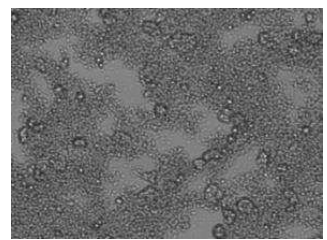
CaCl₂



MgCl₂



CaCl₂

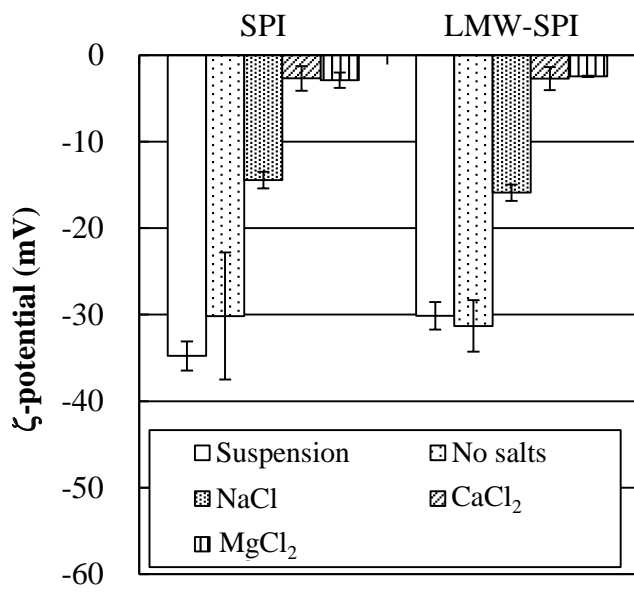


MgCl₂

925

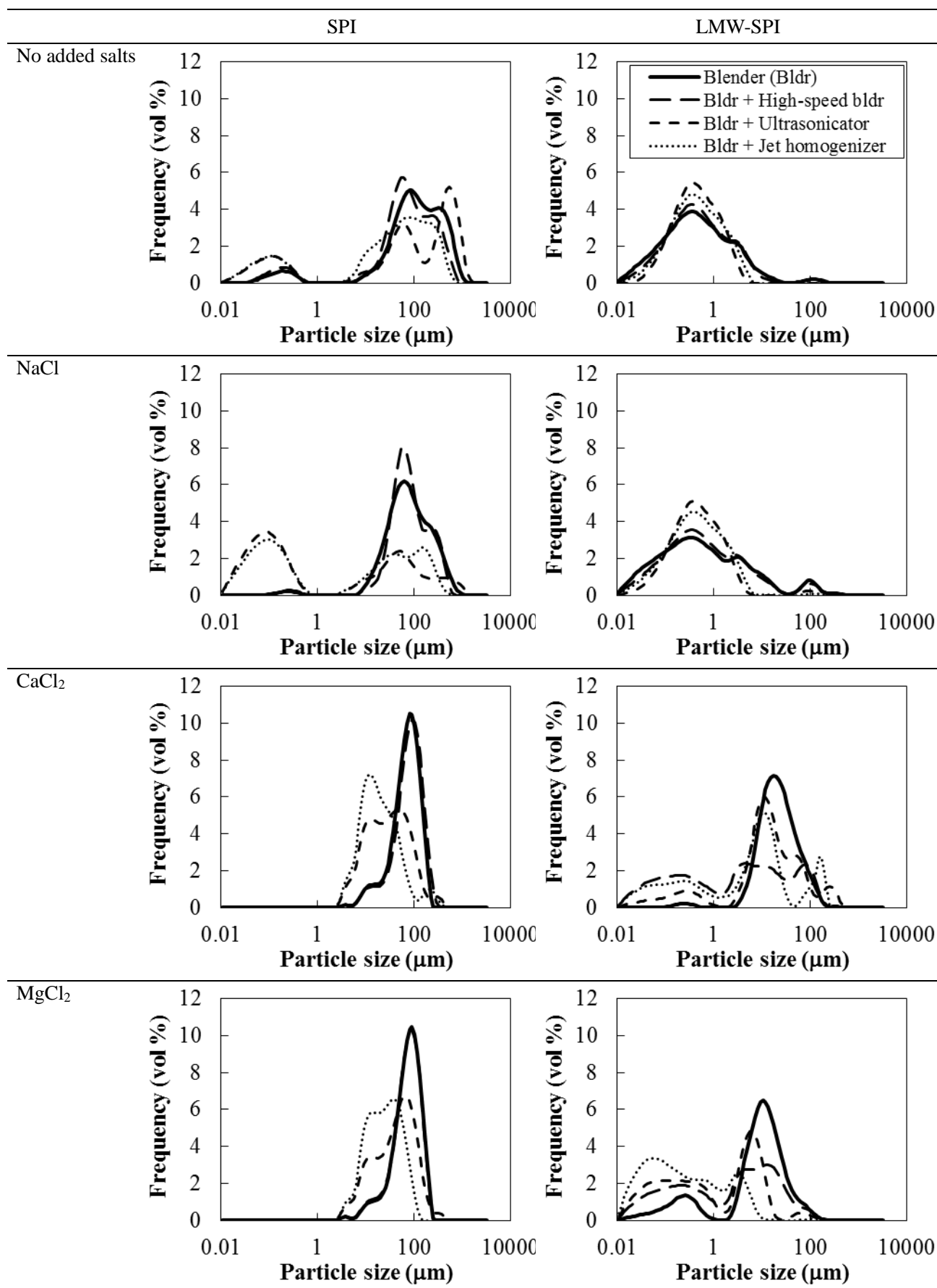
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927 Fig. 4

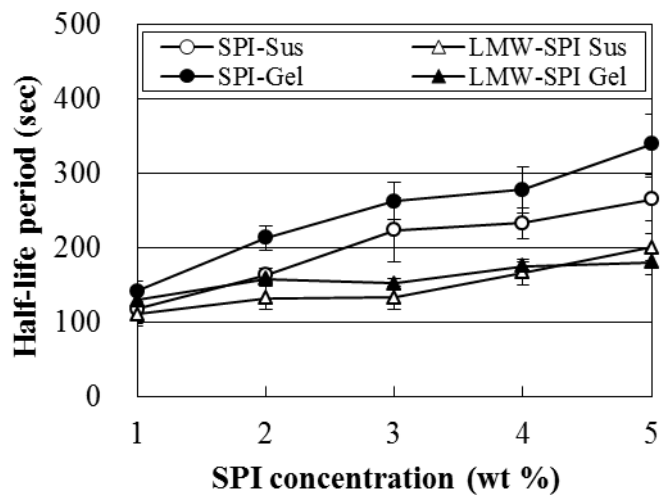


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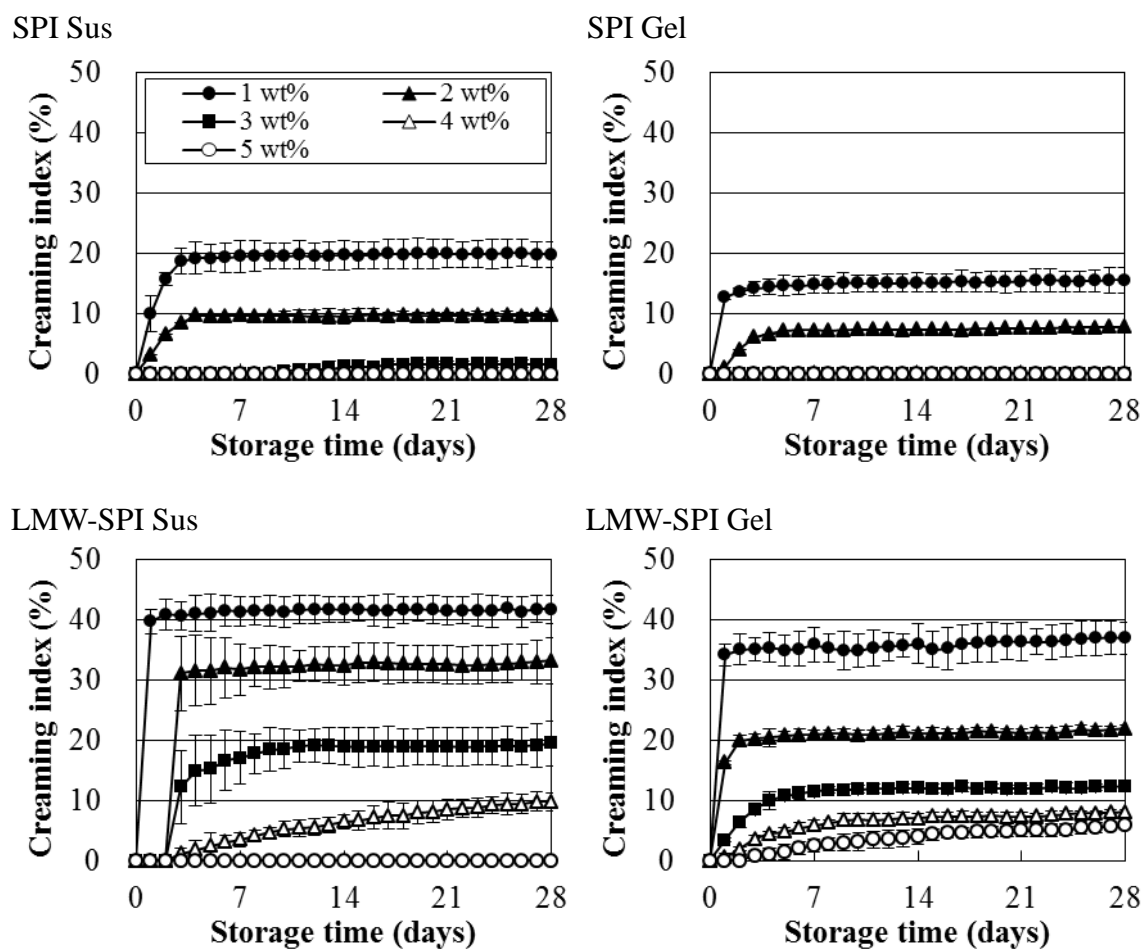
931 Fig. 6



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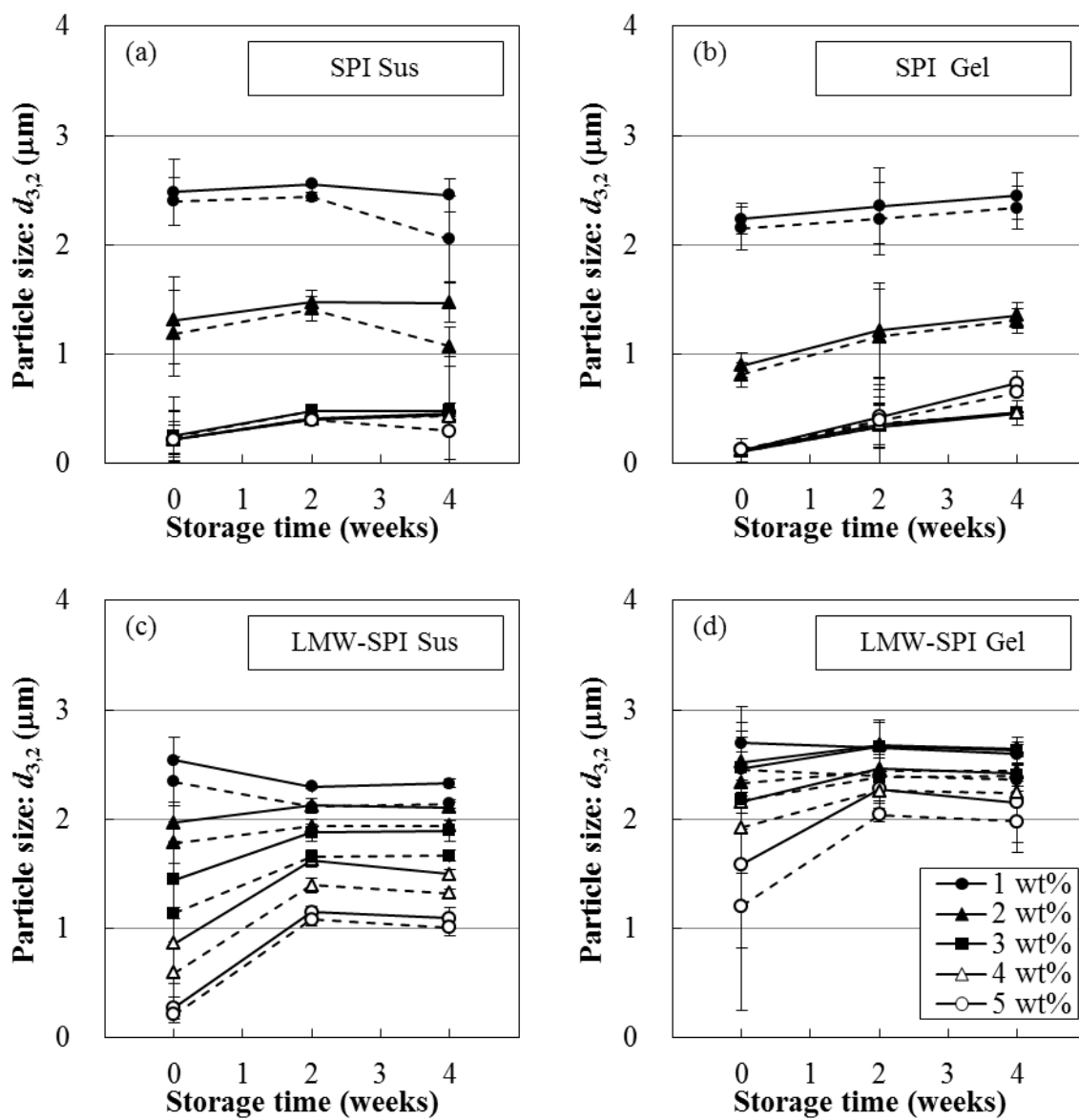
934 Fig. 7



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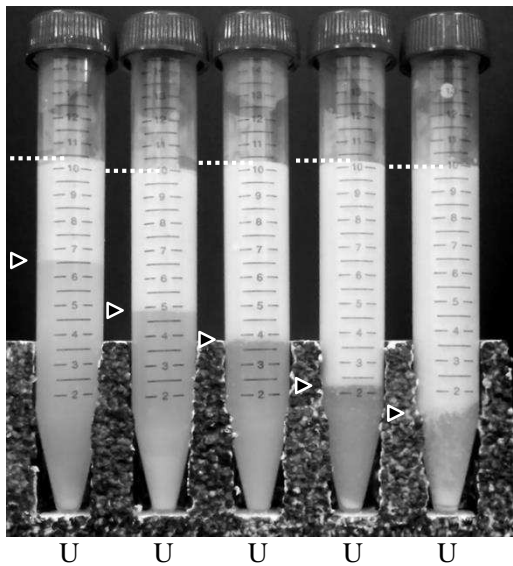
937 Fig. 8



938

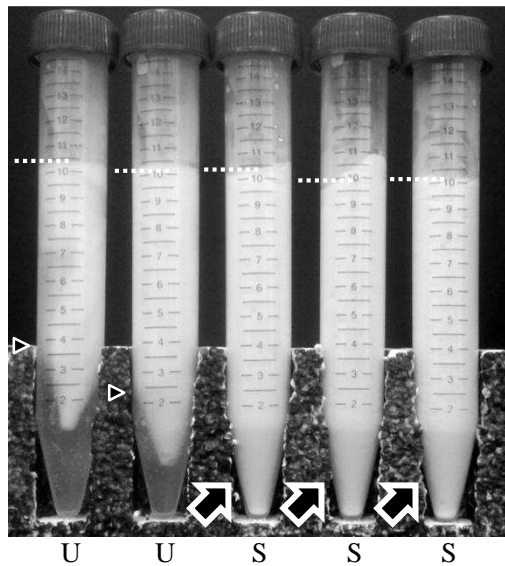
SPI-Sus

1 wt% 2 wt% 3 wt% 4 wt% 5 wt%



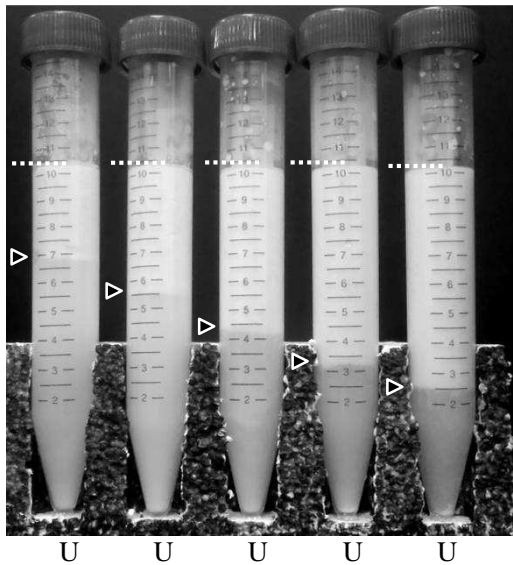
SPI-Gel

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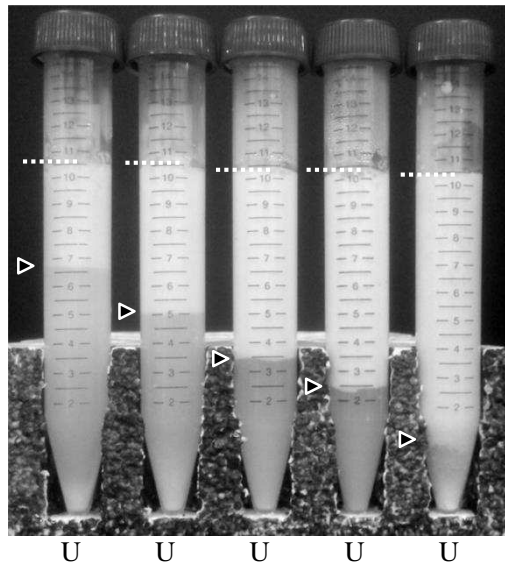
LMW-SPI Sus

1 wt% 2 wt% 3 wt% 4 wt% 5 wt%



LMW-SPI Gel

1 wt% 2 wt% 3 wt% 4 wt% 5 wt%



940

941

942 Figure captions

943

944 Table 1. Representative values of particle size distribution of SPI and LMW-SPI gel
945 particle suspensions.

946

947 Fig. 1. Texture properties of SPI and LMW-SPI macrogels.

948 Texture analysis was conducted at 25 °C using a 1/4 inch spherical stainless steel probe
949 under penetration mode. The fracture force (N) and the proportionality constant of
950 initial linear parts of force (N) vs distance (mm) curves were reported as the surface
951 hardness and elasticity of the macrogels.

952

953 Fig. 2. Gravitational behaviour of SPI and LMW-SPI gel particle suspensions.

954 SPI and LMW-SPI coarse gel particle suspensions were stored at 25 °C for 24 h.

955

956 Fig. 3. Micrograph of SPI and LMW-SPI gel particle suspensions.

957 The microstructures of SPI and LMW-SPI coarse gel particle suspensions were
958 observed with a conventional light microscope at 25 °C.

959

960 Fig. 4. ζ -potential of SPI and LMW-SPI gel particles.

961 SPI and LMW-SPI coarse gel particle suspensions were 1250x diluted with aqueous
962 phase containing the same salt concentration. ζ -potential was measured at 25 °C.

963

964 Fig. 5. Particle size distribution of SPI and LMW-SPI gel particle suspensions.

965 A refractive index of 1.45 was used to calculate the particle size distribution.

966

967 Fig. 6. Stability of foams made with SPI and LMW-SPI gel particle suspensions

968 The gel particle suspensions were foamed with N₂O gas using a whip cream dispenser
969 at 25 °C.

970

971 Fig. 7. Creaming stability of SPI and LMW-SPI gel particle-stabilized emulsions.

972 SPI and LMW-SPI gel particle emulsions were stored at 25°C for 4 weeks. Creaming
973 stability was expressed as creaming index (Demetriades et al., 1997).

974

975 Fig. 8. Aggregation and coalescence stability of SPI and LMW-SPI gel
976 particle-stabilized emulsions.

977 Surface area-weighted mean particle size was obtained with (solid lines) and without
978 (dotted lines) prior ultrasonic treatment for 30 sec.

979

980 Fig. 9. Freeze-thaw stability of SPI and LMW-SPI gel particle-stabilized emulsions.

981 Freeze-thaw stability of the emulsions was examined after 1 week storage in a freezer at
982 -18°C followed by thawing in a water bath at 40°C for 30 min. Appearance of the
983 thawed emulsions were recorded with a digital camera. White dotted line and triangle
984 show the top of emulsions and the interface of cream and serum layers, respectively.

985 U: Unstable against serum separation, S: Stable against serum separation

986