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1 **Title:** Influenza activity in Kenya, 2007-2013: timing, association with climatic factors, and
2 implications for vaccination campaigns

3 **Authors:** Gideon O. Emukule^{a,b*}, Joshua A. Mott^{a,c,d}, Peter Spreeuwenberg^e, Cecile Viboud^f, Alexander
4 Commanday^c, Philip Muthoka^g, Patrick K. Munywoki^h, D. James. Nokes^{h,i}, Koos van der Velden^b, John
5 W. Paget^{b,e}

6 **Affiliations:**

7 ^aCenters for Disease Control and Prevention - Kenya Country Office, Nairobi, Kenya; ^bRadboud
8 University Medical Center, Department of Primary and Community care, Nijmegen, The Netherlands;
9 ^cInfluenza Division, National Center for Immunization and Respiratory Diseases, US Centers for
10 Disease Control and Prevention, Atlanta, GA, United States; ^dUS Public Health Service, Rockville,
11 Maryland, USA; ^eNetherlands Institute for Health Services research (NIVEL), Utrecht, The Netherlands,
12 ^fFogarty International Center, National Institutes of Health, Bethesda, Maryland, United States of
13 America; ^gMinistry of Health, Government of Kenya, Nairobi, Kenya; ^hKenya Medical Research
14 Institute, Centre for Geographic Medicine Research-Coast, Kilifi, Kenya; ⁱSchool of Life Sciences,
15 University of Warwick, Coventry, United Kingdom

16 **Corresponding Author:** *Gideon O. Emukule; **Email:** uyr9@cdc.gov; **Telephone:** +25420286700 or
17 +254722204614; **Address:** KEMRI Headquarters, Mbagathi Rd, Off Mbagathi Way, P.O Box 606,
18 Village Market 00621, Nairobi, Kenya.

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22

23 **Abstract**

24 **Background:** Information on the timing of influenza circulation remains scarce in Tropical regions of
25 Africa.

26 **Objectives:** We assessed the relationship between influenza activity and several meteorological factors
27 (temperature, specific humidity, precipitation), and characterized the timing of influenza circulation, and
28 its implications to vaccination strategies in Kenya.

29 **Methods:** We analyzed virologically-confirmed influenza data for outpatient influenza-like illness (ILI),
30 hospitalized for severe acute respiratory infections (SARI), and cases of severe pneumonia over the
31 period 2007-2013. Using logistic and negative binomial regression methods, we assessed the
32 independent association between climatic variables (lagged up to 4 weeks) and influenza activity.

33 **Results:** There were multiple influenza epidemics occurring each year and lasting a median duration of
34 2-4 months. On average, there were two epidemics occurring each year in most of the regions in Kenya,
35 with the first epidemic occurring between the months of February and March and the second one
36 between July and November. Specific humidity was independently and negatively associated with
37 influenza activity. Combinations of low temperature ($<18^{\circ}\text{C}$) and low specific humidity ($<11\text{g/Kg}$) were
38 significantly associated with increased influenza activity.

39 **Conclusions:** Our study broadens understanding of the relationships between seasonal influenza
40 activity and meteorological factors in the Kenyan context. While rainfall is frequently thought to be
41 associated with influenza circulation in the tropics, the present findings suggest low humidity is more
42 important in Kenya. If annual vaccination were a component of a vaccination strategy in Kenya, the
43 months of April to June are proposed as optimal for associated campaigns.

44 **Introduction**

45 Influenza exerts a significant health burden on human populations across temperate, sub-tropical
46 and tropical regions.^{1,2} In temperate regions, influenza epidemics exhibit clear seasonality with peaks
47 during winter months^{3,4} suggestive of an association with climatic factors. In these regions lower
48 temperature, and lower specific humidity have been shown to be significantly associated with increased
49 influenza activity.^{5,6} In contrast, influenza seasonal characteristics are less predictable in tropical and
50 sub-tropical regions which are characterized by semi-annual epidemics or year-round influenza activity.
51 ^{5,7-10} A meteorological factor that is frequently reported to be associated with high influenza incidences
52 in the tropical areas is rainfall.^{8,9,11}

53 In temperate countries a well-defined seasonality allows for a precise timing of influenza
54 vaccination campaigns to precede periods of peak circulation. However in tropical African countries
55 more data are needed on influenza seasonality and its determinants. In Kenya, where there is currently
56 no influenza vaccination strategy in place, these data may help to inform vaccine implementation
57 strategy decisions. Kenya experiences long rains that occur from March to May and short rains
58 occurring in October and November. Temperatures are highest during the months of January to March.¹²
59 However there is considerable climate variability within Kenya such that influenza surveillance has been
60 set up in different locations, including the coastal tropical regions characterized by hot and humid
61 weather year round; semi-arid and desert-like conditions in the Northern and North Eastern part of
62 Kenya; and cooler highland locations in Central and parts of Western of Kenya. Data collected from
63 influenza sentinel surveillance sites across the country have suggested increased influenza activity
64 during rainy seasons^{11,13} but the full extent of how meteorological factors influence influenza activity is
65 yet to be elucidated.

66 We assessed the relationship between the onset week of influenza activity as well as the weekly
67 number of influenza cases with temperature, rainfall, and specific humidity during the years 2007-2013.
68 We also described the patterns of periods of increased influenza circulation in different regions in Kenya
69 and suggested possible implications for future vaccination programs.

70

71 **Methods**

72 **Study sites and population**

73 We analyzed data collected between January 2007 and December 2013 from patients of all ages
74 at all the twelve sites that conduct surveillance for influenza in Kenya. Included in our analysis were
75 four sites from the Western Kenya region; four sites from the Central Kenya region; two sites from the
76 Northern/North Eastern Kenya region; and two sites from the Coastal Kenya region (Figure 1 and Table
77 1). These surveillance sites are representative of four climatic regions (Western, Central, Northern/North
78 Eastern and Coastal) in Kenya.

79 The Western region receives more rainfall (1250 –1700 mm annually) with average monthly
80 temperatures ranging from 18°C to 26°C. The Central region has a relatively higher altitude compared to
81 the other regions, and experiences some of the lowest temperatures in the country (as low as 7°C during
82 the July-August cold season). The Northern/North Eastern regions have semi-arid and desert-like
83 conditions and experience sunny and dry weather most of the year. The Coastal region experiences hot
84 and humid weather conditions year-round with average monthly temperatures ranging between 25°C and
85 29°C and an average annual rainfall of over 1,000 mm.^{14, 15}

86 **Laboratory confirmation of influenza**

87 Samples were collected from influenza-like illness (ILI) outpatient case-patients ; and
88 hospitalized severe acute respiratory infection (SARI) case-patients (Table 1).¹³ At Kilifi County

89 Hospital (KCH), samples were collected from children <5 years who were hospitalized with severe or
90 very severe pneumonia. The case definitions used are provided in S1 File. Samples collected were tested
91 by real-time reverse transcription polymerase chain reaction (rRT-PCR) for influenza A and B viruses.
92 Influenza A-positive specimens were subtyped for A(H1N1), A(H3N2), and A(H1N1)pdm09.

93 **Influenza activity patterns**

94 To assess influenza circulation over time, we calculated the average monthly proportion of
95 influenza positive cases among those tested across the study period. Data from the pandemic period
96 (August 2009 to July 2010) were excluded because (i) these were likely to influence the pattern of
97 results, and (ii) we were interested in seasonal influenza. We also calculated the proportion of specimens
98 that tested positive for influenza in the first half of the year within which the first epidemic typically
99 occurs (January to June), and in the second half of the year within which the second epidemic occurs
100 (July to December). Data from all the twelve surveillance sites were included in this analysis.

101 **Defining “influenza circulation periods”**

102 “Influenza circulation periods” were defined as a period of ≥ 2 successive weeks where $\geq 10\%$ of
103 the total weekly cases tested were positive for influenza.^{9, 16} The 10% threshold was close to the average
104 proportion (12%) of cases that tested positive for influenza over the entire study period. In situations
105 where there were <25 cases tested in a week, we considered the proportions as unstable and used the
106 five-point moving average method to estimate the number of influenza cases and the percentage positive
107 for influenza.¹⁷ Influenza circulation periods separated by ≥ 5 successive weeks where there was low
108 influenza activity (<10%) were considered as two distinct periods. The first week of influenza
109 circulation period is herein referred also as the start-week or onset week (S1 Figures).

110 **Meteorological Data**

111 The environmental data used in this analysis were satellite-derived measurements and were
112 collected over the same period of time as the influenza data. These variables were, average surface
113 temperature ($^{\circ}\text{C}$), and near surface specific humidity (g/Kg) obtained from the Global Land Data
114 Assimilation System (GLDAS)¹⁸; and accumulated rainfall (mm) obtained from the Tropical Rainfall
115 Measuring Mission (TRMM)¹⁹ (S1 File).

116

117 **Data Analyses**

118 **Descriptive analyses for influenza and meteorological factors:** Influenza circulation was described
119 using proportions of influenza A and/or B positive cases. The age distribution, and the influenza activity
120 patterns were described using medians and ranges. The meteorological factors were described using
121 means and standard deviations (SD).

122 **Bivariate and multivariate analyses of influenza activity:** Data from nine out of the twelve sites were
123 used when assessing the associations between influenza activity and meteorological variables. Three
124 surveillances sites (Kenyatta National Hospital, Mombasa County Referral Hospital, and Ting'wang'i
125 Health Center) were excluded from these analyses because of multiple missing data points in the time
126 series (S1 File).

127 We applied two analytical approaches to determine the association between influenza activity
128 and meteorological variables: (i) logistic regression to determine the association between the onset of
129 influenza activity and meteorological variables, and (ii) negative binomial regression to determine the
130 association between the weekly number of influenza cases and meteorological variables. In the first
131 approach, the binary outcome variable “start-week” was coded as “1” if the week considered was the
132 onset week of influenza activity or otherwise coded as “0”. In the second approach, the outcome variable

133 was the weekly count of influenza positive cases identified at each site. Negative binomial regression
134 was chosen over the over Poisson regression to account for over-dispersion in the data. The variables
135 that were considered as covariates in the models were, site, year and week of the year (week= 1, 2, 3,...,
136 52). With the exception of the site variable which was analyzed as a categorical variable, all the other
137 variables were entered into the respective models as continuous variables.

138 We investigated associations of up to 4 lagged weeks on all meteorological variables to assess a
139 possible delayed weather effect on influenza activity (S1 File).^{7, 18} We additionally assessed if “cold-
140 dry” and “humid-rainy” conditions - as suggested in a recent global seasonality study - were associated
141 with influenza activity.⁵ We used combinations of temperature and specific humidity at thresholds of
142 $<18^{\circ}\text{C}$ and $<11\text{g/kg}$ respectively to define “cold-dry” conditions; and combinations of specific humidity
143 and rainfall at thresholds of $>14\text{g/kg}$ and $>150\text{mm}$ respectively to define “humid-rainy” conditions. In
144 addition to investigating the effect of the “cold-dry” and “humid-rainy” conditions on influenza activity,
145 we also assessed the effect of the two-way product interaction (included as continuous variables)
146 between temperature and specific humidity, and between specific humidity and rainfall. The interactions
147 were evaluated in the model alongside the main effects of temperature, specific humidity and rainfall.
148 The multiple variable models for the logistic and negative binomial regression analyses were fitted by
149 including the site variable as well as all the variables that were associated with influenza in the bivariate
150 analysis at overall $p\text{-value}<0.2$. Statistical significance was considered if the $p\text{-value}$ was <0.05 .

151 All data analyses were performed using Stata version 13.0 (StataCorp. 2013. Stata Statistical Software:
152 Release 13. College Station, TX: StataCorp LP).

153 **Ethical considerations**

154 The study protocols were approved by both the institutional review board (IRB) of the U.S. CDC
155 (CDC-3308, CDC-4566), and the ethical review committee of the Kenya Medical Research Institute
156 (KEMRI) (SSC-1801, SSC-932, SSC- 1161, SSC-1055, 1526, 1858). At Nakuru, Kakamega and Nyeri
157 County Referral Hospitals, the Kenya Ministry of Health (KMoH) issued a letter stating that sentinel
158 surveillance for influenza, should be considered part of routine public health surveillance, and therefore
159 did not require formal ethical review. Verbal consent at these sites was obtained from all patients before
160 questionnaires were administered and specimens were collected. For children, verbal consent was
161 obtained from guardians.

162 **Results**

163 **Descriptive analyses**

164 A total of 55,192 patients were tested for influenza at the twelve surveillance sites over the
165 period 2007 to 2013 of which 6,721(12%) tested positive for influenza. The proportion of patients who
166 tested positive for influenza ranged from 4% in Kilifi to 19% among patients who were seen at Dadaab
167 refugee camp. The median age of the patients who were tested for influenza was 1.7 years [interquartile
168 range (IQR)=0.8-4.2 years] (Table 1).

169 The mean average weekly temperature was lowest in Nakuru (18.2⁰C), and highest at Dadaab
170 refugee camp (30.7⁰C) (Table 2). The mean average weekly specific humidity ranged from 11.1 g/Kg to
171 15.1 g/Kg with Nyeri recording the lowest measurements, while Kilifi recorded the highest. The “cold-
172 dry” conditions defined earlier were observed in only at two sites in the Central Kenya region (Nakuru
173 and Kibera). However, the “humid-rainy” conditions were only experienced at the coastal site (KCH)
174 and at only four different time-points (weeks) over the course of the study period.

175 **Influenza activity patterns**

176 A total of 48 periods of increased influenza circulation were identified across the nine study
177 sites. Nineteen of these episodes occurred within the first quarter of the year [median onset month was
178 February]; 16 episodes occurred in the second quarter [median onset month was July]; and the
179 remaining 13 occurred in the last quarter [median onset month was October]. On average, most of the
180 study sites experienced two episodes of increased influenza circulation annually which lasted for a
181 median duration of 2-4 months.

182 When we analyzed the monthly seasonal cycle of influenza activity, there was a pattern showing
183 periods of increased influenza circulation occurring between February and March; and between July and
184 November. There were more influenza positive cases identified in the last half of the years included in
185 the analysis - within which the second epidemic occurs - compared to the first of half of the years [3,886
186 (58%) influenza cases during July – December vs. 2,835 (42%) during January - June]. The month of
187 May had the lowest influenza activity (Figure 2 and S1 Figures).

188 **Bivariate and multivariable analyses**

189 In the bivariate models for onset of influenza activity, specific humidity was significantly and
190 negatively associated with the onset of influenza activity ($p<0.05$). In the negative binomial regression
191 models, influenza activity was found to be negatively associated with both temperature and specific
192 humidity ($p<0.05$). The presence of the “cold-dry” conditions, defined earlier, were also found to be
193 significantly associated with influenza activity ($p<0.05$). No statistically significant associations were
194 observed between influenza activity and rainfall (Table 3).

195 In the multivariable logistic regression model, specific humidity was independently and
196 negatively associated with the onset of influenza activity at lag-weeks one [odds ratio (OR)=0.79 (95%
197 CI 0.66-0.94)] and two [OR=0.82 (95% CI 0.69-0.98)] in the models that adjusted for the site variable.
198 Similarly, specific humidity was significantly associated with influenza activity in the negative binomial

199 regression models for the weekly count of influenza cases at the current week [incidence rate ratio
200 (IRR)=0.94 (95% CI 0.90-0.98)], and at all the four lag weeks investigated ($p<0.001$). The presence of
201 “cold-dry” conditions was also found to be positively associated with influenza activity when we
202 adjusted for the site variable at current week [IRR=1.90 (95% CI 1.20-3.01)], and at lag weeks one
203 [IRR=2.07 (95% CI 1.21-3.55)] and three [IRR=1.95 (95% CI 1.11-3.44)]. However, temperature was
204 not significantly associated with influenza activity when we adjusted for the site variable. All the other
205 variables assessed including rainfall and the two-way interactions between specific humidity and
206 temperature, and between specific humidity and rainfall were not significantly associated with influenza
207 activity when we adjusted for the site variable (Table 4). An exploratory analysis to assess the
208 relationship between the onset week of influenza activity and meteorological variables showed similar
209 results to the $\geq 10\%$ activity threshold when we used the median proportion (7% threshold) to define the
210 onset of influenza activity (results not shown).

211 **Discussion**

212 In this study, we found that there were multiple periods of increased influenza activity annually
213 in Kenya. On average, there were two epidemics occurring each year in most of the regions in Kenya
214 and these epidemics lasted a median duration of 2-4 months. The first epidemic occurred between
215 February and March, and the second between July and November. The period between April and May
216 had the least influenza activity. We also identified that lower specific humidity was significantly,
217 associated with influenza activity in Kenya. As has been noted in other continents⁵, we found that
218 influenza was more likely to circulate when both temperature and specific humidity were below 18°C
219 and 11g/Kg respectively, independent of the study site. Contrary to what has been hypothesized
220 previously⁵, we found no significant association between influenza activity and rainfall.

221 Unlike temperate climates, the presence of multiple influenza epidemics each year in most of the
222 regions in Kenya presents a challenge to the selection of the appropriate influenza vaccine formulation
223 to use. Recent investigations have found that the Southern Hemisphere (SH) vaccine formulation was
224 well-matched [80% (95% CI 77-84) over a nine-month period] to circulating strains over the period
225 2007 to 2013 [Waiboci *et al*; accepted for publication in *Vaccine*]. The Northern Hemisphere (NH)
226 vaccine formulation was also well matched [82% (95% CI 78-85) over a nine-month period]. These
227 findings suggest that for the primary period of increased influenza circulation in Kenya (July-
228 November), the SH vaccine formulation (available in April) could offer good protection. While this
229 vaccine could also provide protection during the subsequent February and March peaks as well, the NH
230 formulation (available in November) could also be considered for that period.

231 Our finding of a negative association between influenza activity and specific humidity is
232 consistent with findings from other studies that were conducted in temperate^{5, 20}, and sub-tropical
233 regions. This is also consistent with experimental results which have linked low humidity to prolonged
234 influenza virus survival (IVS) as well as efficient aerosol transmission.^{21, 22} These findings also suggest
235 a site-specific association between temperature and influenza activity as temperature was negatively and
236 significantly associated with influenza activity in the bivariate analysis but not when we adjusted for the
237 site variable. Whereas rainfall has previously been suggested to be correlated with influenza activity in
238 tropical and sub-tropical regions^{5, 7}, our study did not find a significant association. A recent global
239 study found that “humid-rainy” (high specific humidity and rainy) conditions were associated with
240 influenza circulation.⁵ However, our analysis did not support this finding. The lack of association
241 between the “humid-rainy” conditions with influenza activity in our study context may in part be
242 explained by the fact that we do not experience necessary thresholds of high specific humidity
243 (>14g/Kg) and high rainfall (>150 mm) measurements as previously suggested.⁵ Indeed, these

244 conditions were only experienced at four different time-points over the course of the study period at the
245 coastal site (KCH).

246 The relative merits of annual influenza vaccination vs. the integration of influenza vaccination
247 into routine immunization schedules remain to be evaluated in Kenya, and are beyond the scope of this
248 discussion. However if annual mass vaccination campaigns are being considered, the period between
249 April and June would perhaps be the optimal time for several reasons. First, this would potentially offer
250 better protection considering the fact that the period of influenza activity between July and December
251 account for most of the annual influenza cases (58%). Considering the possibility of waning immunity
252 over time^{23, 24}, it would probably be preferable to vaccinate during the month of June. However, a wider
253 period may need to be considered in the context of the possible logistical challenges of vaccine delivery
254 and accessing the target populations. Second, according to the Kenyan education calendar, schools are
255 closed for holidays during the months of April, August and December. April would therefore be a more
256 convenient time for school-going children to be immunized in non-school settings. Lastly, caretakers of
257 young children may take advantage of the presence of older children during these holidays in order to
258 take care of household chores as they attend to other health-related matters such as taking the smaller
259 children for immunization.

260 Our study was subject to some other important limitations. First, we were not able to account for
261 the effect of other factors such as social-economic conditions, population susceptibility, and human
262 migration dynamics on the association between influenza activity and meteorological variables because
263 these data were not collected. Second, we only relied on satellite derived meteorological measurements
264 for our analysis. Even though we had a reasonable temporal resolution in the meteorological data, using
265 actual ground data could possibly have provided more accurate results. Third, although we tried to
266 adjust for the effect of the site differences in our models, we could not sufficiently explore the regional
267 variation of meteorological factors in Kenya and how they correlate with influenza activity because of

268 limited influenza testing data available. Lastly, we could not explore if the association between influenza
269 activity and meteorological factors varied by age as older persons were underrepresented in the hospital-
270 based surveillance because of low healthcare seeking behaviour.²⁵

271 In conclusion, our study broadens our understanding of the relationships between seasonal
272 influenza activity and meteorological factors in tropical regions, and more specifically in the Kenyan
273 context. We additionally highlight the influenza activity patterns in Kenya with regard to the onset-
274 months of periods of increased influenza circulation. These could help to inform the timing of future
275 influenza vaccination campaigns in Kenya, and highlight periods when added diagnostic measures,
276 treatment efforts or infection control strategies may be put in place.

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278 interpretation of data, and lead author in writing the paper; Joshua A. Mott: concept and design of paper,
279 interpretation of data, and writing of the paper; Peter Spreeuwenberg: concept and design of paper,
280 interpretation of data, and writing of the paper; Cecile Viboud: concept and design of paper,
281 interpretation of data and writing of the paper; Alexander Commanday: literature review and writing of
282 the paper; Philip Muthoka: interpretation of data, and writing of the paper; Patrick K. Munywoki:
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Table 1: Descriptive statistics for influenza testing, January 2007 - December 2013

Hospital/clinic	Period of data included in analysis	Number tested	Tested positive for influenza n(%)	Hospitalized SARI cases tested	SARI cases tested positive for influenza n(%)	Outpatient ILI/ALRI ^c cases tested	ILI/ALRI cases tested positive for influenza n(%)	Male n(%)	Median age in years (IQR)
St. Elizabeth Hospital (Lwak) ^a	2007-2013	7,493	1,107(14.8)	1,162	105(9.0)	6,331	1002(15.8)	3,655(48.8)	5.0(2.1-12.8)
Siaya County Referral Hospital (CRH)	2010-2013	4,769	325(6.8)	4,769	325(6.8)	N/A	N/A	2,373(49.8)	1.8(0.8-7.6)
Kakamega CRH	2008-2013	5,801	630(10.9)	3,970	331(8.3)	1,831	299(16.3)	3,226(55.6)	1.7(0.8-3.5)
Ting'wang'i Health Center	2010-2013	1,453	191(13.1)	N/A	N/A	1,453	191(13.1)	690(47.5)	2.2(1.1-4.2)
Western Kenya region	2007-2013	19,516	2,253(11.5)	9,901	761(7.7)	9,615	1,492(15.5)	9,944(51.0)	2.7(1.0-7.0)
Kenyatta National Hospital	2008-2013	3,576	268(7.5)	2,288	124(5.4)	1,288	144(11.2)	2,019(56.5)	0.8(0.5-1.5)
Tabitha Clinic (Kibera) ^a	2008-2013	6,964	1,263(18.1)	N/A	N/A	6,964	1,263(18.1)	3,306(47.5)	5.2(1.9-15.3)
Nyeri CRH	2008-2013	4,927	653(13.3)	3,159	351(11.1)	1,768	302(17.1)	2,741(55.6)	1.3(0.8-3.0)
Nakuru CRH	2008-2013	4,138	561(13.6)	2,288	250(10.9)	1,850	311(16.8)	2,258(54.6)	1.0(0.7-2.2)
Central Kenya region	2009-2013	19,605	2,745(14.0)	7,735	725(9.4)	11,870	2,020(17.0)	10,324(52.7)	1.6(0.8-4.4)
Dadaab refugee camp	2008-2013	3,064	571(18.6)	2,165	384(17.7)	899	187(20.8)	1,713(55.9)	1.4(0.8-4.0)
Kakuma refugee camp	2007-2013	4,942	649(13.1)	3,584	441(12.3)	1,358	208(15.3)	2,701(54.7)	1.0(0.7-3.0)
Northern/North Eastern region	2007-2013	8,006	1,220(15.2)	5,749	825(14.4)	2,257	395(17.5)	4,414(55.1)	1.0(0.7-3.0)
Mombasa CRH	2008-2013	2,907	278(9.6)	2,097	171(8.2)	810	107(13.2)	1,669(57.4)	1.0(0.5-2.0)
Kilifi CH ^b	2007-2013	5,158	225(4.4)	5,158	225(4.4)	N/A	N/A	2,995(58.1)	0.7(0.2-1.5)
Coastal Kenya region	2007-2013	8,065	503(6.2)	7,255	396(5.5)	810	107(13.2)	4,664(57.8)	0.8(0.3-1.7)
All sites	2007-2013	55,192	6,721(12.2)	30,640	2,707(8.8)	24,552	4,014(16.3)	29,346(53.2)	1.7(0.8-4.2)

^aPopulation-based disease surveillance sites; ^bAt Kilifi CH, samples were collected from children <5 years who were hospitalized with severe or very severe pneumonia; ^cAcute Lower Respiratory Illness; N/A; Not applicable.

Table 2: Descriptive statistics for the meteorological variables used in the analysis, January 2007 - December 2013

Hospital/clinic	Period of data included in analysis	Yearly number of influenza circulation periods	Temperature (°C)		Specific humidity (g/Kg)		Accumulated rainfall (mm)	
			Mean (SD)	Median (IQR)	Mean (SD)	Median (IQR)	Mean (SD)	Median (IQR)
St. Elizabeth Hospital (Lwak)	2007-2013	2	21.4(1.5)	21.2(20.3-22.3)	13.0(1.3)	13.3(12.4-13.9)	32.8(27.7)	26.2(10.5-46.2)
Siaya County Referral Hospital (CRH)	2010-2013	2	21.2(1.4)	20.9(20.3-21.9)	13.0(1.2)	13.1(12.5-13.7)	34.1(28.4)	26.4(10.6-49.0)
Kakamega CRH	2008-2011	1	21.4(1.6)	21.2(20.3-22.5)	13.2(1.3)	13.4(12.5-14.0)	32.9(28.6)	25.1(11.4-43.4)
Ting'wang'i Health Center ^a	N/A	-	N/A		N/A		N/A	
Western Kenya region	2007-2013	2	21.4(1.5)	21.2(20.3-22.3)	13.0(1.2)	13.3(12.4-13.9)	32.8(27.7)	26.2(10.5-46.2)
Kenyatta National Hospital ^a	N/A	-	N/A		N/A		N/A	
Tabitha Clinic (Kibera)	2009-2013	2	19.8(1.3)	19.7(18.8-20.7)	11.5(1.3)	11.6(10.7-12.6)	15.0(24.1)	4.5(1.1-19.3)
Nyeri CRH	2009-2012	2	19.8(1.1)	19.6(19.0-20.6)	11.1(1.4)	11.3(10.3-12.1)	21.2(28.0)	9.5(3.0-31.1)
Nakuru CRH	2009-2013	2	18.2(1.2)	17.9(17.3-18.8)	11.1(1.5)	11.6(10.4-12.3)	23.9(21.5)	17.5(7.6-33.8)
Central Kenya region	2009-2013	2	19.2(1.2)	19.0(18.4-20.0)	11.3(1.3)	11.5(10.6-12.1)	20.0(22.1)	11.9(5.2-28.5)
Dadaab refugee camp	2008-2009	2	30.7(1.8)	30.9(29.4-32.1)	13.4(1.6)	13.1(12.2-14.5)	5.8(14.5)	0.0(0.0-2.0)
Kakuma refugee camp	2007-2012	2	30.1(1.7)	30.1(29.1-31.1)	11.7(2.1)	11.8(10.2-13.3)	6.4(11.7)	0.0(0.0-7.2)
Northern/North Eastern region	2007-2012	2	30.0(1.8)	30.1(29.1-31.2)	12.1(2.0)	12.2(10.9-13.5)	6.6(11.8)	0.4(0.0-8.4)
Mombasa CRH ^a	N/A	-	N/A		N/A		N/A	
Kilifi CH	2007-2013	1	27.6(1.5)	27.5(26.4-28.7)	15.1(1.5)	15.3(13.7-16.3)	12.5(29.0)	4.3(1.2-12.4)
Coastal Kenya region	2007-2013	1	27.6(1.5)	27.5(26.4-28.7)	15.1(1.5)	15.3(13.7-16.3)	12.5(29.0)	4.3(1.2-12.4)
All sites	2007-2013	2	24.77(4.5)	25.5(20.5-28.9)	13.0(2.1)	13.1(11.6-14.3)	18.3(26.1)	8.1(1.8-25.5)

^aData from these sites were excluded from the analysis of association of influenza activity and meteorological variables because of multiple missing data points in the time series; N/A; Not applicable.

Table 3: Bivariate analysis of the meteorological factors associated with influenza activity in Kenya, January 2007 - December 2013

	Association with the onset of influenza activity		Absolute association with influenza activity	
	Odds Ratio (95% CI)	p-value	Incidence Rate Ratio (95% CI)	p-value
Year		0.233*		<0.001*
2007	0.70(0.23-2.15)	0.538	0.45(0.37-0.55)	<0.001
2008	0.74(0.30-1.84)	0.516	0.78(0.64-0.94)	0.010
2009	0.34(0.10-1.18)	0.089	0.79(0.62-1.00)	0.048
2010	0.31(0.07-1.36)	0.120	0.96(0.79-1.16)	0.649
2011	Ref		Ref	
2012	0.99(0.46-2.11)	0.979	0.60(0.49-0.74)	<0.001
2013	0.42(0.14-1.27)	0.125	0.69(0.56-0.85)	<0.001
Week	0.98(0.97-1.00)	0.123	1.00(0.99-1.00)	0.285
Site		0.813*		<0.001*
St. Elizabeth Hospital	Ref		Ref	
Tabitha Clinic (Kibera)	1.52(0.56-4.12)	0.410	1.70(1.36-2.11)	<0.001
Nyeri CRH	0.75(0.19-2.85)	0.667	0.83(0.64-1.08)	0.169
Kakamega CRH	1.00(0.30-3.37)	1.000	1.07(0.83-1.36)	0.609
Nakuru CRH	1.13(0.39-3.30)	0.825	0.77(0.61-0.97)	0.025
Siaya CRH	1.10(0.35-3.41)	0.871	0.67(0.53-0.85)	0.001
Dadaab refugee camp	1.44(0.37-5.57)	0.594	0.94(0.73-1.22)	0.649
Kakuma refugee camp	1.05(0.38-2.94)	0.924	0.88(0.71-1.09)	0.238
Kilifi County Referral Hospital	0.49(0.15-1.66)	0.253	0.25(0.19-0.33)	<0.001
Temperature (°C)				
No lag	0.99(0.93-1.05)	0.682	0.97(0.95-0.98)	<0.001
Lag 1 week	0.98(0.92-1.04)	0.484	0.96(0.95-0.98)	<0.001
Lag 2 weeks	0.97(0.91-1.04)	0.350	0.96(0.95-0.98)	<0.001
Lag 3 weeks	0.97(0.91-1.04)	0.346	0.96(0.95-0.98)	<0.001
Lag 4 weeks	0.97(0.91-1.04)	0.394	0.96(0.95-0.98)	<0.001
Specific humidity (g/kg)				
No lag	0.86(0.75-0.98)	0.031	0.86(0.84-0.89)	<0.001
Lag 1 week	0.82(0.71-0.94)	0.004	0.85(0.83-0.88)	<0.001
Lag 2 weeks	0.84(0.73-0.96)	0.013	0.85(0.82-0.87)	<0.001
Lag 3 weeks	0.89(0.78-1.02)	0.108	0.84(0.82-0.87)	<0.001
Lag 4 weeks	0.86(0.75-0.99)	0.035	0.84(0.82-0.86)	<0.001
Accumulated rainfall (mm)				
No lag	1.00(0.99-1.01)	0.807	1.00(1.00-1.00)	0.360
Lag 1 week	0.99(0.98-1.00)	0.115	1.00(1.00-1.00)	0.268
Lag 2 weeks	1.00(1.00-1.01)	0.409	1.00(1.00-1.00)	0.074
Lag 3 weeks	1.00(0.99-1.01)	0.677	1.00(1.00-1.00)	0.138
Lag 4 weeks	1.00(0.99-1.01)	0.811	1.00(1.00-1.00)	0.106
Presence of cold-dry conditions [§]				
No lag	8.17e-06(0--)	0.295	1.65(1.09-2.50)	0.019
Lag 1 week	8.17e-06(0--)	0.295	2.05(1.10-3.83)	0.024
Lag 2 weeks	8.17e-06(0--)	0.295	1.58(0.98-2.53)	0.059
Lag 3 weeks	8.17e-06(0--)	0.295	2.12(1.13-4.01)	0.020
Lag 4 weeks	8.18e-06(0--)	0.319	1.25(0.74-2.11)	0.401

[§]-Cold-dry periods were defined as weeks when the average temperature was <18°C and specific humidity was <11g/Kg; *Overall p-value

Table 4: Multivariable analysis of the meteorological factors associated with influenza activity in Kenya, January 2007 - December 2013

	Association with the onset of influenza activity		Absolute association with influenza activity	
	Odds Ratio (95% CI)	p-value	Incidence Rate Ratio (95% CI)	p-value
Temperature (°C)				
No lag	1.06(0.87-1.28)	0.573	1.03(1.00-1.08)	0.086
Lag 1 week	0.97(0.80-1.18)	0.752	1.01(0.97-1.05)	0.720
Lag 2 weeks	0.90(0.74-1.10)	0.308	1.01(0.97-1.05)	0.750
Lag 3 weeks	0.90(0.74-1.10)	0.299	0.99(0.95-1.02)	0.464
Lag 4 weeks	0.93(0.76-1.13)	0.443	0.98(0.94-1.01)	0.219
Specific humidity (g/kg)				
No lag	0.85(0.71-1.02)	0.078	0.94(0.90-0.98)	0.005
Lag 1 week	0.79(0.66-0.94)	0.007	0.91(0.87-0.95)	<0.001
Lag 2 weeks	0.82(0.69-0.98)	0.027	0.90(0.86-0.94)	<0.001
Lag 3 weeks	0.91(0.76-1.09)	0.307	0.88(0.85-0.92)	<0.001
Lag 4 weeks	0.86(0.71-1.02)	0.088	0.88(0.85-0.91)	<0.001
Accumulated rainfall (mm)				
No lag	1.00(0.99-1.01)	0.761	1.00(1.00-1.00)	0.955
Lag 1 week	0.99(0.97-1.00)	0.099	1.00(1.00-1.00)	0.671
Lag 2 weeks	1.00(0.99-1.01)	0.348	1.00(1.00-1.00)	0.798
Lag 3 weeks	1.00(0.98-1.01)	0.623	1.00(1.00-1.00)	0.778
Lag 4 weeks	1.00(0.99-1.01)	0.763	1.00(1.00-1.00)	0.841
Presence of cold-dry conditions [§]				
No lag	NE	-	1.90(1.20-3.01)	0.006
Lag 1 week	NE	-	2.07(1.21-3.55)	0.008
Lag 2 weeks	NE	-	1.64(0.97-2.78)	0.062
Lag 3 weeks	NE	-	1.95(1.11-3.44)	0.021
Lag 4 weeks	NE	-	1.15(0.59-2.24)	0.675

[§]-Cold-dry periods were defined as weeks when the average temperature was <18°C and specific humidity was <11g/Kg

Figure 1: Map of Kenya showing the influenza surveillance sites

Figure 2: Monthly seasonal cycle of influenza activity in Kenya by region

S1 File. Supplemental methods

S1 Figures. Supplemental figures

Fig.1



Fig. 2

