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**Prediction of hip joint load and translation using musculoskeletal modelling with force-dependent kinematics and experimental validation**

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Keywords:	Biodynamics, Gait Analysis, Hip Protheses, Motion/ Posture Analysis, Musculo-Skeletal Mechanics, Hip Biomechanics
Abstract:	Musculoskeletal (MSK) lower limb models are widely used to predict the resultant contact force in the hip joint as a non-invasive alternative to instrumented implants. Previous MSK models based on rigid body assumptions treated the hip joint as an ideal sphere with only three rotational degrees of freedom (DOFs). An MSK model that considered force-dependent kinematics (FDK) with three additional translational DOFs was developed and validated in the present study by comparing it with a previous experimental measurement. A 32-mm femoral head against a polyethylene cup was considered in the MSK model for calculating the contact forces. The changes in the main modelling parameters were found to have little influence on the hip joint forces (RDPV<10 BW%, mean trial deviation<20 BW%). The centre of the hip joint translation was more sensitive to the changes in the main modelling parameters, especially muscle recruitment type (RDPV<20%, mean trial deviation<0.02 mm). The predicted hip contact forces (HCFs) showed consistent profiles, compared with the experimental measurements, except in the lateral-medial direction. The ratio-average analysis, based on the Bland and Altman's plots, showed better limits of agreement (LOA) in climbing stairs (mean LOA: -2.0 to 6.3 in walking, mean LOA: -0.5 to 3.1 in climbing stairs). Better agreement of the predicted HCFs was also found during the stance phase. The FDK approach underestimated the maximum hip contact force by a mean value of $6.68 \pm 1.75\%$ BW compared with the experimental measurements. The predicted maximum translations of the hip joint centres were $0.125 \pm 0.03$ mm in level walking and $0.123 \pm 0.005$ mm in

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	climbing stairs.

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1   **Prediction of hip joint load and translation using musculoskeletal**  
2   **modelling with force-dependent kinematics and experimental**  
3   **validation**

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10 **Abstract**

11 Musculoskeletal (MSK) lower limb models are widely used to predict the resultant contact force  
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14 in the hip joint as a non-invasive alternative to instrumented implants. Previous MSK models based  
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17 on rigid body assumptions treated the hip joint as an ideal sphere with only three rotational degrees  
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20 of freedom (DOFs). An MSK model that considered force-dependent kinematics (FDK) with three  
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23 additional translational DOFs was developed and validated in the present study by comparing it with  
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26 a previous experimental measurement. A 32-mm femoral head against a polyethylene cup was  
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29 considered in the MSK model for calculating the contact forces. The changes in the main modelling  
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32 parameters were found to have little influence on the hip joint forces (RDPV<10 BW%, mean trial  
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35 deviation<20 BW%). The centre of the hip joint translation was more sensitive to the changes in the  
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38 main modelling parameters, especially muscle recruitment type (RDPV<20%, mean trial  
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44 with the experimental measurements, except in the lateral-medial direction. The ratio-average  
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47 analysis, based on the Bland and Altman's plots, showed better limits of agreement (LOA) in  
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50 climbing stairs (mean LOA: -2.0 to 6.3 in walking, mean LOA: -0.5 to 3.1 in climbing stairs). Better  
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53 agreement of the predicted HCFs was also found during the stance phase. The FDK approach  
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56 underestimated the maximum hip contact force by a mean value of  $6.68 \pm 1.75\%$  BW compared with  
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10 37 the experimental measurements. The predicted maximum translations of the hip joint centres were  
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12 38  $0.125 \pm 0.03$  mm in level walking and  $0.123 \pm 0.005$  mm in climbing stairs.

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15 39 **Keywords:** Musculoskeletal model, force-dependent kinematics, Hip contact force, muscle force,  
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18 40 Hip joint translation

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## 22 42 **1. INTRODUCTION**

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25 43 The hip contact force (HCF) in artificial hip joints during locomotion is one of the most important  
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27 44 factors in the clinical assessment of gait<sup>1,2</sup> and preclinical testing of prostheses<sup>3</sup> and as an input for  
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29 45 the finite element analysis of stresses and strains in the prosthetic components<sup>4</sup>. Both in vivo and in  
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31 46 vitro methods have been developed to investigate HCF during the last century. With in vivo methods,  
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33 47 HCF is typically achieved by using radio telemetry devices in the implanted prosthesis<sup>5-7</sup>. However,  
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35 48 the in vivo measurement of HCF is cost prohibitive and requires the subject to simultaneously  
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37 49 undergo hip arthroplasty, limiting the subjects who can be analysed.

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43 50 Musculoskeletal (MSK) models have been developed to estimate HCF<sup>8</sup> as an alternative to  
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45 51 instrumented prostheses. Various software packages such as OpenSim, LifeModel and AnyBody  
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47 52 have been used to estimate HCFs<sup>9-11</sup>. From a physiological point of view, there are 6 degrees of  
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49 53 freedom (DOF) in the hip. However, the majority of researchers treat the hip joint as an idealised  
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10 54 3-DOF spherical joint, which does not consider the relative translational motion of the hip joint centre  
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12 55 (HJC) of the femoral head with respect to that of the acetabular cup<sup>6, 8</sup>. The hip joint in traditional  
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14 56 MSK models also neglects the geometries and the material properties of surrounding tissues,  
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16 57 including articular cartilage, and the constraints from the soft tissues such as the capsule ligaments  
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18 58 and muscles. These shortcomings limit the applicability of the rigid spherical joint model for  
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20 59 understanding more realistic biomechanics in the joint<sup>12, 13</sup>. In light of this, various approaches have  
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22 60 been developed to predict HCF while considering the contact geometry of the joint<sup>14, 15</sup>. A  
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24 61 force-dependent kinematics (FDK) approach has been introduced recently to overcome the  
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26 62 aforementioned shortages of the rigid spherical joint<sup>16</sup>. The FDK approach combines the rigid body  
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28 63 dynamics of MSK and elastic contact analysis of the bearing surfaces so that this approach can be  
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30 64 potentially used to predict HCFs and muscle forces as well as joint motion simultaneously<sup>17</sup>.  
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32 65 However, no detailed and comprehensive studies have applied this new approach to the hip joint.  
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34 66 Furthermore, the prediction of HCFs based on the FDK approach needs to be directly validated by  
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36 67 experimental data.

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42 68 The aim of this study was to apply the FDK approach to the hip joint of a full lower limb  
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44 69 musculoskeletal model to predict the hip contact force and the hip joint centre translation according  
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10 70 to the experimental study<sup>5</sup>. Subsequently, the predicted HCFs were compared against the in vivo  
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12 71 measurements<sup>5</sup> for validation.  
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## 16 72 **2. Methods**

### 17 18 19 20 73 *2.1. Subjects*

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23 74 Level walking at normal speed (average speed: 3.9 km/h) and climbing stairs (three single steps  
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25 75 in a 17 cm height) times for three patients with instrumented femoral stems were investigated<sup>18, 19</sup> in  
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28 76 this study. The bone dimensions, collected from each patient based on individual CT data, centre of  
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31 77 gravity, segment masses and inertia parameters, were used to define the lower limb MSK model  
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33 78 (Section 2.3). Although the database had four patients, results for both climbing and walking trials  
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36 79 were available in only three of the four patients. Therefore, only three patients were considered in the  
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39 80 present study (Table 1).  
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### 43 81 *2.2. Contact model*

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45 82 The hip implant with a 32-mm diameter femoral head against a polyethylene cup was taken  
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48 83 from the HIP98 database and adopted in the present study<sup>18</sup>. Because of the lack of details on the  
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51 84 polyethylene cup design in the HIP98 database, the common and nominal values of the inner  
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10 85 diameter and polyethylene linear thickness<sup>20</sup> were chosen as 32.1 mm and 7.6 mm, respectively.  
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12 86 Sensitivity analyses were conducted to determine the influence of key FDK parameters on the  
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15 87 predicted HCFs and translations. A nominal inclination angle of 45 degrees was selected for the  
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18 88 polyethylene cup. Femoral geometry (anteversion angle, position of the transition point between  
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21 89 prosthesis neck and shaft) was implemented based on the HIP98 database. A linear spring element  
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24 90 (Figure 1b) that connected the HJCs of the femoral head and the acetabular cup was considered in  
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27 91 the software to simulate the passive restriction of the capsule ligaments around the hip joint. The  
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29 92 average value of  $5 \times 10^4$  N/m was adopted as the stiffness of the spring element<sup>21</sup>, based on the  
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32 93 experimental measurement of capsule ligaments from healthy subjects. For THR patients, lower  
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35 94 values were also assumed in the present study to simulate the injuries to the capsule ligaments in a  
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37 95 sensitivity analysis of the stiffness values.

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39 96 Hip contact forces predicted by the FDK approach were based on the contact between two  
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42 97 surfaces (cup inner surface and femur head surface) in STL format. A linear force-penetration  
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45 98 volume law was adopted to calculate the contact force between the two surfaces using a  
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48 99 *PressureModule* parameter in  $\text{N/m}^3$  and the commercial software AnyBody (Version 6.0, Anybody  
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51 100 Technology, Aalborg, Denmark)<sup>22</sup>. This contact model in AnyBody was similar to the elastic  
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10 foundation theory for the polyethylene cup<sup>23</sup> and tibial insert<sup>24</sup>. Accordingly, the following equation  
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12 (Eq 1) was adopted to define the *PressureModule* for the polyethylene cup:  
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$$15 \quad \text{PressureModule} = \frac{pA}{dA} = \frac{E \left[ \frac{1}{1-2\nu} + \frac{2}{1+\nu} \left( \frac{R_2}{R_1} \right)^3 \right]}{R_1 \left[ \left( \frac{R_2}{R_1} \right)^3 - 1 \right]} \quad (1)$$

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23 where  $A$  is unit contact area and  $pA$  and  $dA$  are the contact pressure and penetration depth on each  
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25 unit area, respectively. The main parameters investigated were the radius of the inner cup surface  
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27 ( $R_1$ ), the radius of the outer cup surface ( $R_2$ ), the elastic modulus ( $E$ ) and Poisson's ratio ( $\nu$ ) of the  
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29 polyethylene cup. A single elastic modulus value of 850 MPa and a Poisson's ratio of 0.4 for the  
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31 polyethylene cup were adopted in the present study<sup>25</sup>. The thickness of the UHMWPE cup directly  
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33 influenced the *PressureModule* value. The effects of using different thicknesses of the UHMWPE  
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35 cup under the same radius of inner cup surface were investigated. The maximum, minimum and  
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37 average thicknesses were 14.11 mm, 5.72 mm, and 7.60 mm, respectively<sup>20</sup>, resulting in  
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39 *PressureModule* values of  $4.42 \times 10^{11}$  N/m<sup>3</sup>,  $2.56 \times 10^{11}$  N/m<sup>3</sup> and  $2.88 \times 10^{11}$  N/m<sup>3</sup>.  
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### 47 2.3. Musculoskeletal model

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50 In the present study, the lower extremity musculoskeletal model was adopted from the  
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10 115 commercial MSK simulation software AnyBody (Version 6.0, Anybody Technology, Aalborg,  
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12 116 Denmark), which was based on the Twente Lower Extremity Mode<sup>26</sup>. Only the left limb was  
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14 117 considered for the MSK model. The actuators that drove the model body segment that acted on the  
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16 118 pelvis with respect to the global reference system were used to balance the missing contralateral leg  
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18 119 during the simulation<sup>27</sup>. The trial data were mirrored for the patient with a right-implanted prosthesis.  
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23 120 The MSK model with the FDK approach in the present study consisted of the pelvis, thigh,  
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25 121 patella, shank and foot segment. The length and mass of each lower limb segment were manually  
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27 122 set for the three patients according to the values published by Heller et al.<sup>3</sup> and the HIP98 database.  
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29 123 The unilateral model included 8 joints. Revolute joints were applied for the knee, ankle, and subtalar  
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31 124 joints. The knee was allowed to move in the flexion/extension direction; the ankle moved in the  
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33 125 sagittal plane and was constrained for all others; and the subtalar joint moved in the  
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35 126 eversion/inversion direction. The implanted hip joint was represented as a full 6 degrees of freedom  
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37 127 hip joint in the FDK approach<sup>16</sup> (Figure 1). The coordinate system of the hip joint on the femoral head  
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39 128 is shown as follows (Figure 1a): the anterior-posterior direction in the sagittal plane, the  
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41 129 lateral-medial direction in the transverse plane and perpendicular to the sagittal plane, and with the  
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43 130 superior-inferior direction being the intersecting line between the coronal and sagittal planes. The  
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10 131 coordinate systems of the other segments were in accordance with the International Society of  
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12 132 Biomechanics<sup>28</sup>. The lower limb MSK model contained approximately 160 muscle units. Muscle  
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15 133 attachment points were linearly scaled according to the research by Klein Horsman<sup>26</sup> and adjusted  
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18 134 for each patient. The muscle isometric strength  $F_{ISO}$  was assumed to be proportional to the  
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21 135 physiological cross-sectional area using a constant of  $37 \text{ N/cm}^2$ <sup>29</sup>. Three muscle recruitment criteria  
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23 136 were considered in the sensitivity analysis: the quadratic polynomial criterion, cubic polynomial  
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26 137 criterion, and min/max criterion. The differences between each muscle recruitment criteria were  
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29 138 described in the literature<sup>30</sup> (Table 2). The quadratic polynomial and cubic polynomial criteria were  
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32 139 adopted from a previous study<sup>27</sup> (power of the objective function  $p=2$ ,  $p=3$ ). For the purpose of  
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35 140 comparing the calculated HFCs and the experimental measurements, joint angles and pelvis  
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37 141 position from the HIP98 database were used to drive the MSK model. Ground reaction forces were  
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40 142 applied to predict muscle forces and HCFs. The same MSK model without FDK was also adopted to  
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43 143 investigate the difference between the 6-DOF MSK model and the conventional 3-DOF model.

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45 144 HCFs calculated from the MSK model with the FDK approach were compared with the  
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48 145 experimental measurements from the HIP98 database. The predicted HCFs were resolved into three  
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51 146 anatomical directions. The relative deviation of peak value (RDPV) for the resultant force (as a

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10 147 percentage of the experimental peak) and the average trial deviation (the average difference  
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12 148 between the experimental and predicted HCFs through each trial) were used to assess the  
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14 149 differences in peak HCF values and the variations during an entire gait cycle. [Bland and Altman's](#)  
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16 150 [95% limits of agreement \(LOA\)<sup>31</sup>](#) and the root mean square error (RMSE) were calculated to facilitate  
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18 151 the comparison. [The difference-average and ratio-average of Bland and Altman's plots were not only](#)  
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20 152 [used to investigate the agreement of the FDK approach compared with the experimental](#)  
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22 153 [measurement, but also used to investigate the difference of predicted HCFs between swing and](#)  
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24 154 [stance phases in a gait.](#)  
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31 155 No information on muscle EMGs was available from the HIP98 database. As an alternative, a  
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33 156 qualitative comparison was made between the present prediction and the previous studies of EMG  
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35 157 profiles for normal healthy subjects for both level walking<sup>32</sup> and stair climbing<sup>33</sup>. The predicted  
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37 158 muscle forces under level walking and climbing stairs were all from Subject S1. Only six muscles that  
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39 159 crossed the hip were considered for level walking: *the gluteus maximus (12 bundles), gluteus*  
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41 160 *medius (12 bundles), adductor longus (6 bundles), semitendinosus (single bundle), biceps femoris*  
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43 161 *caput longum (single bundle) and rectus femoris (2 bundles)*. Four muscles were considered for  
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45 162 climbing stairs: *the gluteus maximus (12 bundles), gluteus medius (12 bundles), rectus femoris (2*  
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10 163 *bundles*) and *semitendinosus* (*single bundle*).

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12 164 Translation of HJC was calculated as the linear distances between the centres of the acetabular  
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15 165 cup and the femoral head. The origin of the local acetabular coordinate system was constructed in  
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18 166 the same manner as the femoral head to calculate HJC translation. A vector from the origin of the  
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21 167 acetabular coordinate system to the HJC of the femoral head in the local acetabular coordinate  
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23 168 system was calculated as the hip centre translation. The average values of the predicted translations  
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26 169 were transformed to the acetabular coordinate system, as defined in the study by Tsai et al<sup>34</sup>. In this  
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29 170 system, the anterior-posterior direction was parallel to the interception line of the cup opening and  
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31 171 sagittal planes. The in-out direction was the normal vector of the cup opening plane. The  
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34 172 lateral-medial direction was perpendicular to the other two directions. The predicted translations  
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37 173 were compared with their experimental study of 28 THAs (32 to 36 mm diameters) using a dual  
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40 174 fluoroscopy system.

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42 175 A sensitivity analysis was performed for the input modelling parameters on the predictions of  
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45 176 both the HCF and HJC translations. These parameters were muscle recruitment, muscle insertion  
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48 177 sites, *PressureModule*, stiffness of spring element and type of actuator. The muscle insertion sites  
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51 178 were altered by 5 mm and 10 mm in the A-P, S-I and L-M directions for each of the four muscles  
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10 179 around the hip joint in turn<sup>35</sup>.  
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### 13 14 180 **3. Results**

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16 181 Similar trends to those of the predicted HCFs were found with the experimental measurements  
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18 182 (Figure 2). Furthermore, the predicted HCFs were lower than the experimental measurements during  
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20 183 the swing phase, especially under level walking (Figure 2). The FDK approach overestimated the  
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22 184 HCFs at peak value, except for Subject S3 (Table 3). The mean trial deviations of the HCFs had  
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24 185 negative values, indicating that the FDK approach underestimated the HCFs in all trials. The  
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26 186 predicted HCFs showed consistent profiles, compared with the experimental measurements in the  
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28 187 anterior-posterior (A-P) direction (Figure 3a, b) for all trials. [Similar trends were also found in the](#)  
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30 188 [superior-inferior \(S-I\) direction, where the profiles of the predicted HCFs in the S-I direction were](#)  
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32 189 [similar to the resultant HCFs.](#) In the A-P direction, the profiles of the predicted HCFs were closer to  
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34 190 the experimental values for climbing stairs than for level walking, especially at the first peak value.  
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36 191 The numerical results of the HCFs showed that the mean trial deviations were positive, indicating  
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38 192 that the FDK approach overestimated the HCF measurements in the A-P and M-L directions (Table  
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40 193 4). However, the predicted HCFs showed large differences compared with the experimental values in  
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42 194 the lateral-medial (L-M) direction (Figure 3c, d). There were few differences in the predicted HJCs  
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10 195 between the 6-DOF MSK model and the conventional 3-DOF model. The difference in the peak  
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13 196 values was less than 5%. [In the Bland-Altman plots of the HCFs \(Figure 7\), over 90% of points were](#)  
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15 197 [within the upper and lower bounds of 1.96 standard deviation in two analyses. In the](#)  
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18 198 [difference-average analysis \(Figure 7a, b\), the mean values of LOA were from -53.6 to 99.1 BW% in](#)  
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21 199 [level walking and from -62.2 to 97.7 BW% in climbing stairs. In the ratio-average analysis \(Figure 7c,](#)  
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24 200 [d\), the mean LOA values were from -2.0 to 6.3 in walking and from -0.5 to 3.1. In the ratio-average](#)  
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26 201 [analysis, the ratio value converged to the solid line \(mean difference value\) while the mean values](#)  
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29 202 [were above 150 BW%.](#)

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31 203 From the sensitivity analysis, the relative deviation of the peak value and the average trial  
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34 204 deviation suggested that the predicted HCFs were rather insensitive to the changes in these input  
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37 205 parameters (Table 2). The radial clearance between the polyethylene cup and the femoral head also  
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40 206 had a small effect on the predicted HCFs (< 5%). All other modelling variables had only a minor  
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43 207 influence on the predicted HCFs. The RDPV and mean trial deviation were less than 10% and 20%  
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46 208 BW, respectively. The hip joint translation was more sensitive to the changes in the modelling  
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49 209 parameters, especially for the muscle recruitment type (RDPV<20%, mean trial deviation<0.02 mm).  
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51 210 More details on the sensitivity analysis are provided in the Appendix.  
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10 211 The predicted muscle forces were compared with the experimental EMG data under level  
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12 212 walking and climbing stairs for Subject S1 (Figure 4). The activities of the predicted multi-bundle  
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15 213 muscles, such as the *gluteus maximus* and *gluteus medius*, were consistent with the EMG data. The  
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18 214 *adductor longus* and *rectus femoris muscles* had better agreement with the experimental data in  
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21 215 climbing stairs than in level walking.  
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23 216 The HJC translation had a large variation during the swing phase (Figure 5). The predicted  
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26 217 translations in the L-M and S-I directions were positive during the stance phase and negative during  
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29 218 the swing phase. The maximum values of the predicted HJC translations occurred during the swing  
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32 219 phase, except for climbing stairs for S3. The maximum values were  $0.125 \pm 0.03$  mm for level  
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35 220 walking and  $0.123 \pm 0.005$  mm for climbing stairs. The predicted translation tended to the lateral and  
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37 221 inferior direction during the swing phase, and the muscles around the hip joint generated minimum  
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40 222 forces to pull the femoral head. Figure (6) attempts to compare the qualitative trends in the predicted  
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43 223 HJC translations with the experimental measurements given that there were many differences  
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46 224 between the computational and experimental studies, as explained in Section (2). Under the  
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48 225 acetabular coordinate system defined in the study by Tsai et al<sup>34</sup>, the translations trended in the  
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50 226 posterior direction at heel strike and the anterior direction at toe off during the stance phase in both  
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10 227 the predicted and the experimental data. In the other two directions (in-out, lateral-medial), the  
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12 228 translations were towards the acetabular cup and in the medial direction during the stance phase in  
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15 229 both the predicted and experimental data. The opposite trend was found (away from the cup and in  
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18 230 the lateral direction) during the swing phase. The predicted translations of the hip joint centre were of  
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21 231 the same order of magnitude as the experimental measurement<sup>34</sup>. The ranges of the predicted  
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23 232 average translations were -0.034 to -0.001 mm in the A-P direction (-0.031 to 0.032 mm in the  
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26 233 experiment), -0.041 to 0.061 mm in the in-out direction (-0.075 to 0.061 mm in the experiment) and  
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29 234 -0.024 to 0.036 mm in the L-M direction (-0.096 to 0.036 mm in the experiment) (Figure 6). The  
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31 235 correlation coefficients between the predicted translations and the experimental measurements were  
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34 236 0.61, 0.43 and 0.52 in each component directions.  
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#### 38 237 **4. Discussion**

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40 238 A new FDK approach was applied to the hip joint of a lower limb MSK model to predict the HCFs  
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43 239 and to validate through experimental measurements in the present study. This model enabled the  
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46 240 consideration of the articular surface geometry, the material properties and the influence between  
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49 241 the forces and kinematics of the hip joint centre at the same time. The translation of the hip joint  
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52 242 centre could therefore be predicted based on this approach. To the authors' knowledge, no previous  
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10 243 studies have reported an explicit deformable articular hip joint model in a full lower limb MSK model  
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13 244 and compared the corresponding predictions with experimental measurements.  
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15 245 Compared with the conventional 3-DOF model, the present FDK approach did not show large  
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18 246 differences in the prediction of HCFs (< 5%). However, there are two main advantages of using the  
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21 247 FDK approach in this research. First, three additional translational DOFs were predicted, in  
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24 248 comparison with a conventional ideal spherical hip joint model. This consideration addressed the  
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27 249 influences between the forces and the kinematics of the hip joint and therefore may have the  
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30 250 potential to investigate certain clinical problems such as micro-separation, dislocation and  
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32 251 impingement after validation by experiment.  
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34 252 Second, previous MSK models that took into account the geometry of artificial hip implants and  
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37 253 their material properties only considered the hip joint and neglected neighbouring joints and the  
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40 254 muscles across the hip in the lower extremity. Considering these factors, the model in this study  
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43 255 established a full lower extremity MSK model with the consideration of a hip implant. Therefore, it is  
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46 256 possible to investigate hip implants in a more realistic MSK environment. The present study provided  
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49 257 additional information about applying the FDK approach to the hip joint compared with the previous  
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51 258 study by Andersen et al<sup>16</sup>, by considering the *PressureModule* formulation, the sensitivity analysis of  
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10 259 different parameters, etc.

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12 260 The computational prediction of the hip joint load depended on a number of input parameters.

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15 261 Therefore, a parametric analysis was performed to examine the sensitivity of these parameters on

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18 262 the predicted joint loading. The quadratic polynomial muscle recruitment criterion, which showed

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21 263 superior prediction of HCFs, was adopted for the purpose of comparison with similar studies<sup>27, 36</sup>. For

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24 264 the comparison with previous literature<sup>27</sup>, quadratic polynomial muscle recruitment was adopted in

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27 265 the MSK model. Few differences in the predicted HCFs and translations were found in the sensitivity

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30 266 analysis of the muscle recruitment criteria. The muscle insertion sites scarcely influenced the

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33 267 predicted HCF and HJC translations. Only a 10-mm deviation in the gluteus medius resulted in a

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36 268 9.16% change in RDPV in the HJC translation. The sensitivity of the UHMWPE cup thickness had

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39 269 little effect on the predicted HCF and the translation of the HJC. Therefore, the detailed consideration

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42 270 of the cup design, such as cup thickness, would not have much influence. A simple linear spring

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45 271 element with average stiffness was adopted in the present model to represent the restriction of the

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48 272 capsule ligaments around the hip joint<sup>21</sup>. The effect of the ligament on the predicted HCF and HJC

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51 273 translations was small when the stiffness value was reduced to reflect the potential damage from

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10 275 The HCFs in the S-I and A-P directions that were predicted by the FDK approach were also  
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12 276 found to be consistent with the profiles of the experimental measurements, particularly the A-P  
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15 277 component. Although the HCFs in the A-P were relatively small parts of the resultant force, this  
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18 278 component was still important. The present MSK model accurately predicted HCFs in the A-P  
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21 279 direction, and this may be important when considering the lubrication of the hip joint<sup>37</sup>, anterior hip  
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24 280 pain and subtle hip instability. However, the FDK approach was unable to predict the HCFs in the  
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27 281 L-M direction with similar accuracy. This result was consistent with a previous, similar study (using  
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29 282 the HIP98 database) that found greater differences between the predicted HCFs and the  
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31 283 experimental measurements in the L-M direction<sup>36</sup>. [Bland-Altman plots are usually used to examine](#)  
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34 284 [by how much the new method is likely to differ from the old in trend and magnitude. Although Bland](#)  
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37 285 [and Altman's plots are widely used in the comparison between two methods, it has seldom been](#)  
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40 286 [reported in the validation of musculoskeletal models, especially for the prediction of HCFs. Over 90%](#)  
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43 287 [of data points were within the range of LOA in two analyses. The majority of the data points out of the](#)  
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46 288 [range of LOA were during the swing phase of gait, which showed worse agreement of the prediction](#)  
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48 289 [than the stance phase. The data points in the difference-average analysis were above the solid line](#)  
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50 290 [\(mean difference value\) while the mean values were lower than 150 BW% \(walking: S1, S2, S3;](#)  
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10 291 [climbing stairs: S1\). This indicated that the FDK approach underestimated the HCFs at the beginning](#)  
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12 292 [of and after the toe off in a gait cycle. The opposite tendency was found while the mean values were](#)  
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15 293 [higher than 150 BW%. All these observations were in accordance with the profiles of the predicted](#)  
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18 294 [HCFs. The data points in the ratio-average analysis were converged to the solid line \(mean ratio](#)  
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21 295 [value\) while the mean values were higher than 100 BW% \(walking: S1, S2, S3; climbing stairs: S1,](#)  
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23 296 [S3\). These results indicated that the predicted HCFs by the FDK approach were more accurate](#)  
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26 297 [during the stance phase in a gait cycle, consistent with the predicted profiles.](#)  
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29 298 It is impossible to directly measure muscle forces in vivo for validation. To validate the MSK  
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31 299 model, the predicted HCFs were compared against EMG signals that were recorded in healthy  
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34 300 subjects. This type of validation can be found in previous studies<sup>7, 27</sup> and should be considered with  
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37 301 caution. Previous studies<sup>38, 39</sup> have shown that patient gait and EMG patterns were observed to shift  
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40 302 toward normality, although hip muscle weakness could still persist. The predicted muscle forces  
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43 303 were compared indirectly with the EMG profiles from another study on normal subjects,<sup>32, 33</sup> and  
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46 304 consistent profiles were found with experimental values during the stance phase, especially for the  
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49 305 multi-bundle muscles (*gluteus maximus*, *gluteus medius*). However, the forces of the *biceps femoris*,  
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51 306 *caput longum* and *semitendinosus* were 30% less than the results in a similar study<sup>27</sup>. This might  
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10 307 have been caused by the differences in the scaling of the muscle attachment points. Although this  
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12 308 comparison was qualitative, it was still meaningful. The muscle attachment points from individual  
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15 309 patients were not readily available from the experimental database. We scaled the cadaveric model  
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18 310 to define the muscle attachment point for each patient. The predicted muscle forces had poor  
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21 311 agreement during the swing phase. Similar results (polynomial muscle recruitment criterion with the  
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23 312 power of  $p=2$ ) were also found in a study by Modenese et al.<sup>27</sup> Muscle synergism is enhanced by  
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26 313 increasing the power of  $p$  in the polynomial recruitment criterion. With the lower power of objective  
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29 314 function ( $p<5$ ), the muscle might be less sensitive under small external loading. Modenese et al.<sup>27</sup>  
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31 315 found that the predicted muscle forces with higher powers of objective function ( $p=5$ ) had better  
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34 316 agreement during the swing phase. However, the overall predicted muscle forces showed better  
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37 317 performance during the whole cycle, whereas the power of objective function was two.

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39 318 The HJC translation had greater variation during the swing phase than the stance phase. The  
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42 319 predicted translation indicated that the femoral head moved to the lateral and inferior directions  
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45 320 during the swing phase but that the muscles around the hip joint generated minimum forces to pull  
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48 321 the femoral head. The maximum hip translation was measured as  $0.45 \pm 0.09$  mm during the swing  
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50 322 phase by dual fluoroscopy<sup>34</sup>, much larger than the present prediction ( $0.125 \pm 0.03$  mm in level  
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10 323 walking and  $0.123 \pm 0.005$  mm in climbing stairs). However, the similar tendency of the profiles can  
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12 324 be found by comparing the average values. It should be highlighted that the average HJC translation  
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14 325 values using dual fluoroscopy contained both positive and negative signs, which resulted in much  
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16 326 lower average values than the resolution of the dual fluoroscopy system. Furthermore, large  
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18 327 variations in the experimental measurements were observed. Although some of these variations  
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20 328 could be attributed to the variations in patients, improved measurement accuracy is also required.  
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22 329 Nevertheless, the average HJC translations between the computational predictions and the  
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24 330 experimental measurements were of the same orders of magnitude. Although this comparison was  
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26 331 qualitative in nature, it still showed the potential of the FDK approach for predicting joint centre  
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28 332 kinematics.  
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36 333 This study still possessed a number of limitations. First, the muscle attachment points of this  
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38 334 MSK model were linearly scaled, based on the anatomy data, which could have introduced error in  
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40 335 the prediction of muscle forces. Therefore, more realistic scaling methods should be applied to the  
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42 336 MSK model to more accurately predict muscle forces. Second, video fluoroscopy has been used to  
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44 337 measure kinematics, especially in vivo translations of the hip joint<sup>40</sup>. However, this method is difficult  
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46 338 to apply to different over-ground gait trails such as climbing stairs, etc., and it is expensive. Although  
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10 339 the use of skin markers in motion analysis does not provide a direct measurement of the hip  
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12 340 translation, MSK modelling with the FDK approach has the potential to address this issue. It should  
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15 341 be noted that the predicted HJC translations were not directly validated by experiments in the  
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18 342 present study. Quantitative validation using experimental measurements for predicting translations  
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21 343 should be performed in the next step. Despite these limitations, the MSK model with the FDK  
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23 344 approach still has the potential to predict realistic HCFs and hip joint kinematics and can be applied  
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26 345 to examine a number of surgical and design parameters.  
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## 30 346 **5. Conclusions**

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32 347 In conclusion, a successful multi-body dynamics model of the lower MSK with the consideration  
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35 348 of force-dependent kinematics was developed and applied to an artificial hip joint. This MSK model  
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38 349 fully considered 6-DOF of the hip joint and was able to predict the hip contact and muscle forces  
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41 350 simultaneously. Overall, consistent profiles were found between the predicted hip contact forces and  
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44 351 the experimental measurements, particularly in the superior-inferior and anterior-posterior directions.  
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47 352 The MSK model with the FDK approach also had the potential to predict the HJC translation.  
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49 353 However, this methodology needs to be validated in future studies.  
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## 359 **7. Conflict of Interest**

360 We confirm that there are no known conflicts of interest associated with this publication, and  
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4 Fig 1. The schematic of MSK model by the FDK approach. (a) The FDK approach provided  
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6 three additional translation DOFs in hip joint (anterior-posterior, superior-inferior and  
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8 medial-lateral direction). (b) A linear spring element was used to simulate the passive function  
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10 of capsule ligaments.  
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15 Fig 2. Comparison between the HCFs of FDK approach (in blue) and experimental HCFs (in  
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17 red) for (a) level walking and (b) stair climbing.  
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21 Fig 3. Comparison between the HCFs of FDK approach (in blue) and experimental HCFs (in  
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23 red): (a) level walking and (b) stair climbing in anterior-posterior direction and (c) level walking  
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25 and (d) stair climbing in lateral-medial direction  
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30 Fig 4. Comparison between the predicted muscle forces and EMG profiles for (a) level walking.  
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32 (b) climbing stairs. The red and black line represent the EMG profile and forces in each muscle  
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34 bundle respectively.  
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36 Fig 5. The predicted HJC translation (solid line) with SD for (a) level walking and (b) climbing  
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38 stairs for three subjects.  
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42 Fig 6. The comparison between average values of predicted hip joint center translation (black  
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44 dash line) and experimental results (color solid line) from dual fluoroscope imaging system  
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46 under same acetabular coordinate system.  
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50 Fig 7. Bland-Altmen's plots between FDK approach and experimental measurements. (a) The  
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52 difference-average analysis of level walking. (b) The difference-average analysis of climbing  
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54 stairs. (c) The ratio-average analysis of level walking. (d) The ratio-average analysis of  
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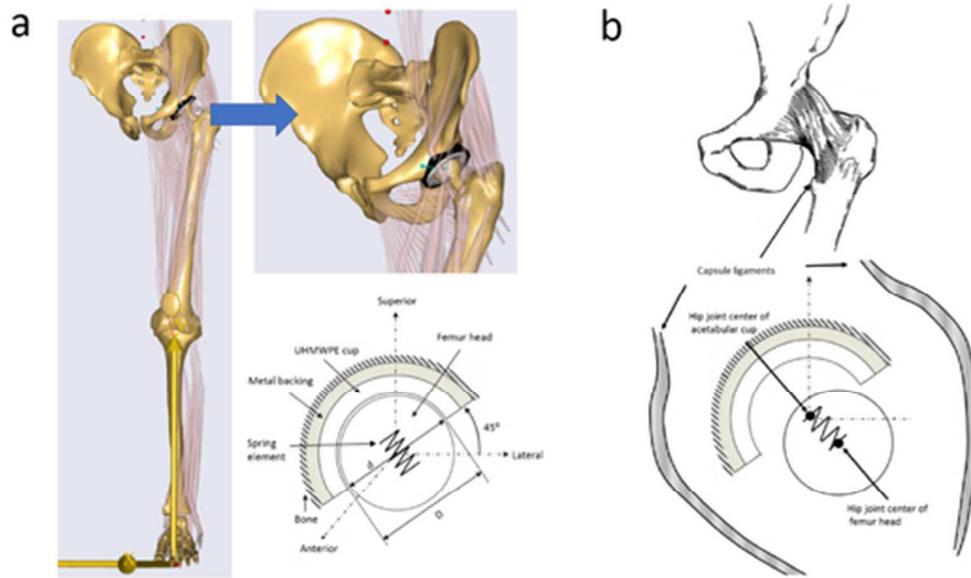


Fig 1. The schematic of MSK model by the FDK approach. (a) The FDK approach provided three additional translation DOFs in hip joint (anterior-posterior, superior-inferior and medial-lateral direction). (b) A linear spring element was used to simulate the passive function of capsule ligaments. ).  
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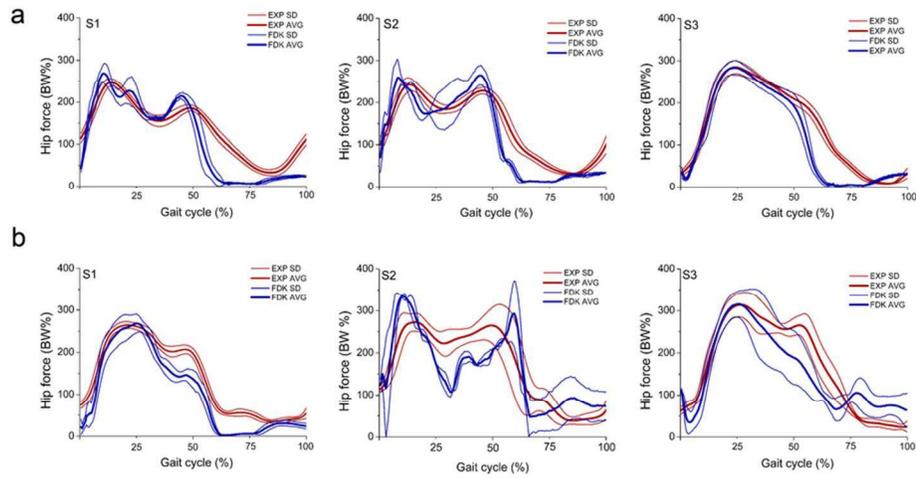


Fig 2. Comparison between the HCFs of FDK approach (in blue) and experimental HCFs (in red) for (a) level walking and (b) stair climbing.  
84x45mm (300 x 300 DPI)

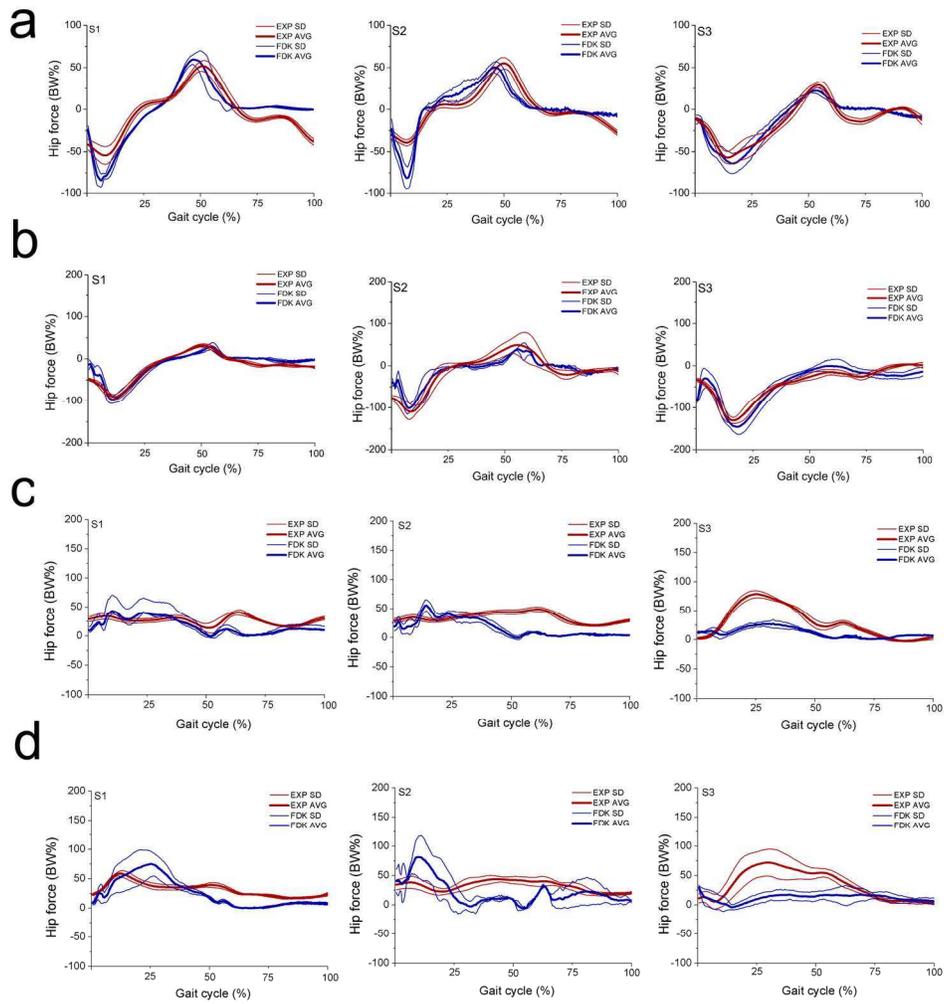


Fig 3. Comparison between the HCFs of FDK approach (in blue) and experimental HCFs (in red): (a) level walking and (b) stair climbing in anterior-posterior direction and (c) level walking and (d) stair climbing in lateral-medial direction  
84x90mm (600 x 600 DPI)

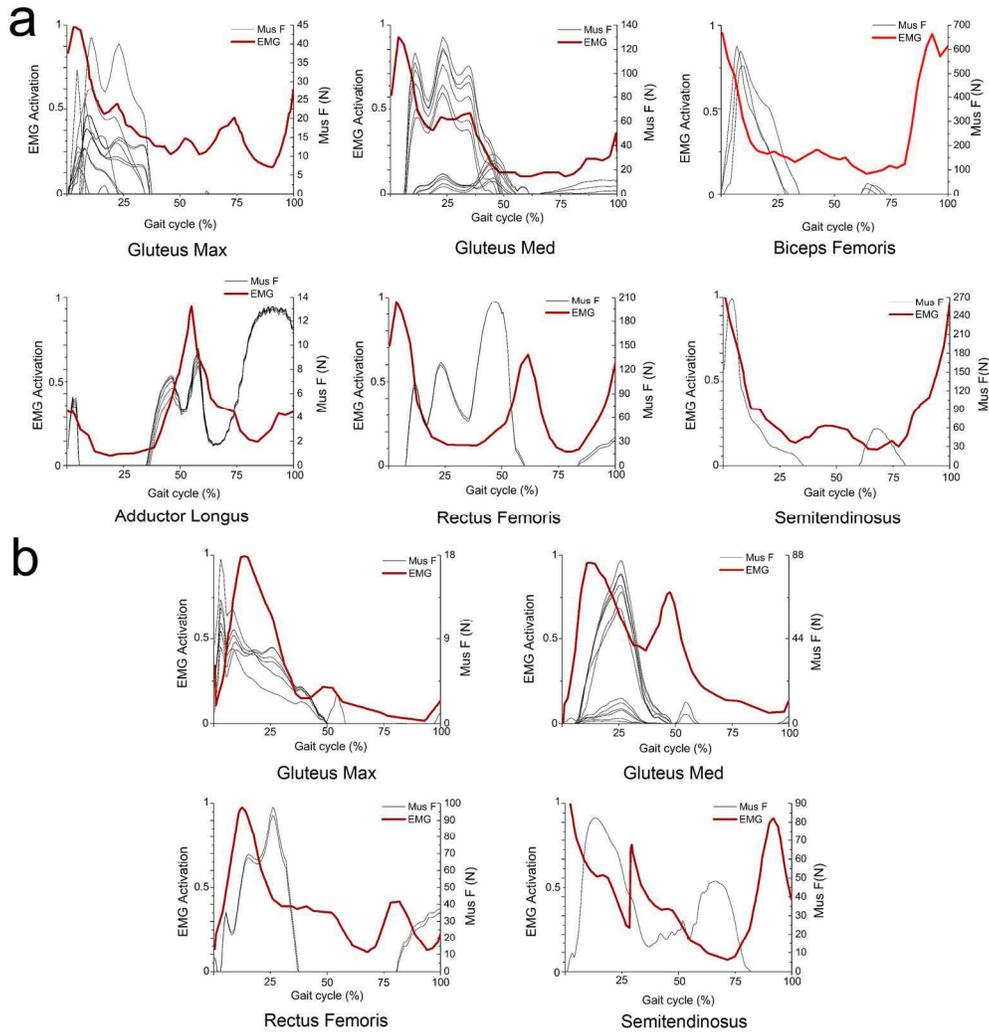


Fig 4. Comparison between the predicted muscle forces and EMG profiles for (a) level walking, (b) climbing stairs. The red and black line represent the EMG profile and forces in each muscle bundle respectively. 84x90mm (600 x 600 DPI)

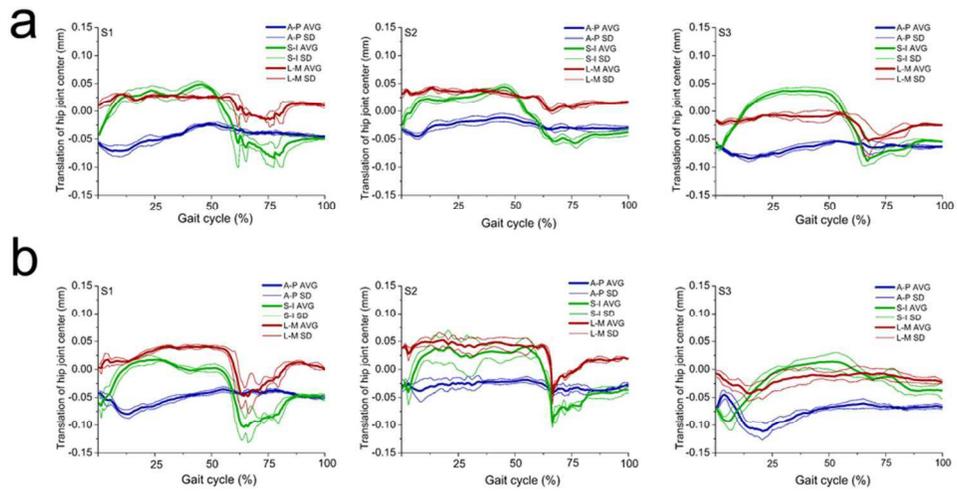


Fig 5. The predicted HJC translation (solid line) with SD for (a) level walking and (b) climbing stairs for three subjects.  
42x22mm (600 x 600 DPI)

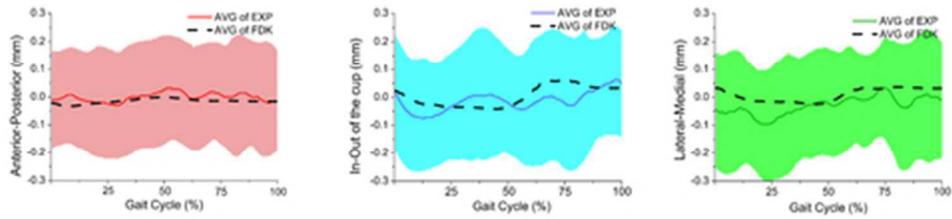


Fig 6. The comparison between average values of predicted hip joint center translation (black dash line) and experimental results (color solid line) from dual fluoroscope imaging system under same acetabular coordinate system.  
21x5mm (600 x 600 DPI)

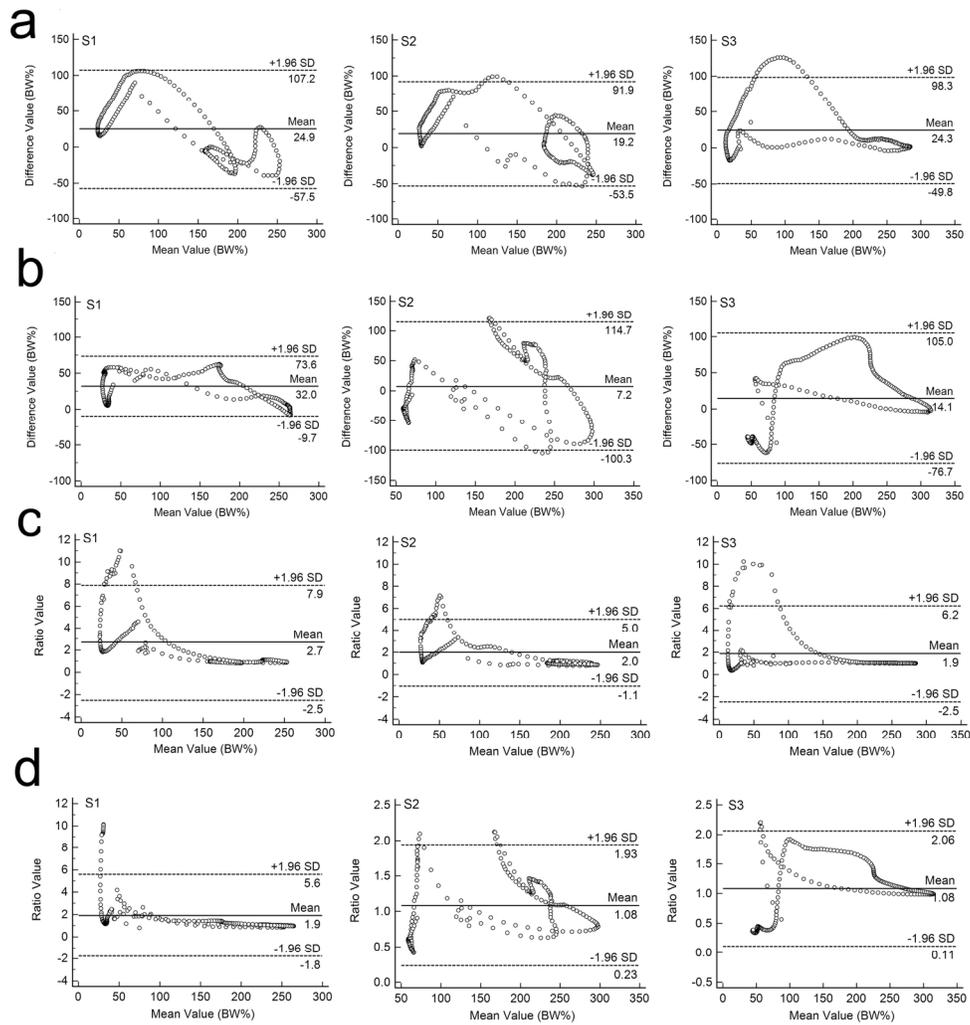


Fig 7. Bland-Altman's plots between FDK approach and experimental measurements. (a) The difference-average analysis of level walking. (b) The difference-average analysis of climbing stairs. (c) The ratio-average analysis of level walking. (d) The ratio-average analysis of climbing stairs. 84x90mm (600 x 600 DPI)

Table 1. Characteristic of patients and the experimental trials available in the Hip 98 database.

Subject	Hip 98 name	Sex	Age	Body weight(N)	Height(m)	Level walking	Stairs climbing
S1	HSR	M	55	860	1.74	8 trials	6trials
S2	KWR	M	61	702	1.65	8 trials	6trials
S3	IBL	F	76	800	1.70	5 trials	6trials

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Table 2. Sensitivity of hip contact forces to changes in muscle recruitment criterion and material parameter *PressureModule* during normal gait cycle (Sample: HSR). '\*' means the nominal value for investigating the effect of model parameters on hip contact forces by relative deviation of peak value (RDPV) and mean trial deviation. More details on parameter description of the model can be found in AnyBody manual

Model parameters	Parameter description	Total walking		Total climbing	
		RDPV (%)	Mean trial deviation (BW %)	RDPV (%)	Mean trial deviation (BW %)
Muscle recruitment criterion: Quadratic polynomial *	distribute the load between several muscles in various polynomial forms with power 2				
Cubic polynomial	distribute the load more evenly between muscles in various polynomial forms with power 3	5.79	11.35	5.23	10.75
Min/Max	distributes the collaborative muscle forces in such a way that the maximum relative muscle force is as small as possible	12.47	17.58	10.53	15.98
PressureModule: Max $4.42 \times 10^{11} \text{N/m}^3$	The value corresponding to the UHMWPE cup thickness of 5.72 mm	0.78	2.56	0.92	3.42
Min $2.56 \times 10^{11} \text{N/m}^3$	The value corresponding to the UHMWPE cup thickness of 14.11 mm	0.52	1.33	0.60	1.82
$2.88 \times 10^{11} \text{N/m}^3$ *	The value corresponding to average thickness of 7.60 mm				

Table 3. Relative deviation of peak value, mean of trial deviation and RMSE value between average trials of predicted HCF (FDK approach) and experimental value.

Activity	Subject	Relative deviation of peak value (% of EXP value)	Mean trial deviation (BW %)	RMSE (BW %)
Level walking	S1	8.65	-24.91	48.72
	S2	9.10	-19.17	41.67
	S3	-0.46	-24.21	44.84
Climbing stairs	S1	1.46	-31.98	38.36
	S2	22.57	-7.19	55.17
	S3	0.58	-14.13	48.36

Note: The negative value indicated that the predicted value was underestimated than the experimental value

Table 4. Mean of trial deviation and RMSE value of predicted HCFs in anterior-posterior (A-P) and lateral-medial (L-M) directions.

Activity	Subject	Mean trial deviation of FDK approach (BW %)		RMSE (BW %)	
		A-P	L-M	A-P	L-M
Level walking	S1	1.27	-8.93	15.63	15.86
	S2	0.32	-17.75	14.19	24.72
	S3	0.72	-18.72	8.07	27.73
Climbing stairs	S1	11.34	-6.51	26.50	28.56
	S2	1.04	-11.10	15.48	26.39
	S3	-2.00	-22.83	15.65	32.92

Note: The negative value indicated that the predicted value was underestimated than the experimental value

## Appendix

**Table A.** Sensitivity analysis of the influence of modelling parameters on HCFs, in terms of relative deviation of peak value (RDPV) and mean trial deviation. Different values of each parameters were adopted during a cycle with respect to nominal conditions (Muscle recruitment: Quadratic polynomial, PressureModule:  $2.88 \times 10^{11} \text{N/m}^3$ , Spring stiffness:  $5 \times 10^4 \text{N/m}$ , Type of actuator: Piecewise Linear).

Model parameters	One walking cycle		One climbing stairs cycle	
	RDPV (%)	Mean trial deviation (BW %)	RDPV (%)	Mean trial deviation (BW %)
<b>Spring stiffness</b>				
$5 \times 10^2 \text{N/m}$	0.06	-0.04	0.06	-0.07
$5 \times 10^3 \text{N/m}$	0.07	-0.04	0.06	-0.07
<b>Type of actuator</b>	RDPV (%)	Mean trial deviation (BW %)	RDPV (%)	Mean trial deviation (BW %)
Bezier	1.66	-1.34	-5.59	1.03

**Table B.** Sensitivity analysis of the influence of modelling parameters on HJC translation, in terms of relative deviation of peak value (RDPV) and mean trial deviation. Different values of each parameters were adopted during a cycle with respect to nominal conditions (Muscle recruitment: Quadratic polynomial, PressureModule:  $2.88 \times 10^{11} \text{N/m}^3$ , Spring stiffness:  $5 \times 10^4 \text{N/m}$ , Type of actuator: Piecewise Linear).

Model parameters	A-P			S-I			L-M		
	RDPV (%)	Mean trial deviation (mm)		RDPV (%)	Mean trial deviation (mm)		RDPV (%)	Mean trial deviation (mm)	
stance		swing	stance		swing	stance		swing	
<b>Muscle recruitment</b>									
<i>Level walking</i>									
Cubic polynomial	1.65	0.0005	-0.0010	-7.32	0.0019	-0.0107	-9.96	0.0028	-0.0115
Min/Max	1.32	0.0018	-0.0016	-13.49	0.0069	-0.0185	-16.54	0.0073	-0.0205
<i>Climbing stairs</i>									
Cubic polynomial	1.34	-0.0005	-0.0008	-8.38	0.0016	-0.0152	-15.64	0.0028	-0.0153
Min/Max	4.56	-0.0007	-0.0013	-9.86	0.0051	-0.0196	-20.24	0.0088	-0.0224
<b>PressureModule</b>									
<i>Level walking</i>									
$2.88 \times 10^{11} \text{N/m}^3$	-6.53	0.0002	0.0007	8.32	-0.0092	0.0110	11.53	-0.0036	0.0095
$4.42 \times 10^{11} \text{N/m}^3$	-9.95	0.0002	0.0014	15.13	-0.0167	0.0185	14.55	-0.0072	0.0126
<i>Climbing stairs</i>									
$2.88 \times 10^{11} \text{N/m}^3$	-2.30	0.0016	0.0004	7.16	-0.0090	0.0109	11.63	-0.0043	0.0123
$4.42 \times 10^{11} \text{N/m}^3$	-3.29	0.0031	0.0007	10.55	-0.0152	0.0157	13.80	-0.0077	-0.0172
<b>Spring stiffness</b>									
<i>Level walking</i>									
$5 \times 10^2 \text{N/m}$	0.10	N/A	0.0001	2.26	N/A	0.0011	7.01	N/A	0.0013
$5 \times 10^3 \text{N/m}$	0.11	N/A	0.0001	2.67	N/A	0.0015	7.22	N/A	0.0013
<i>Climbing stairs</i>									
$5 \times 10^2 \text{N/m}$	0.01	N/A	0.0002	3.37	N/A	0.0069	7.91	N/A	0.0061
$5 \times 10^3 \text{N/m}$	0.01	N/A	0.0002	3.54	N/A	0.0072	8.35	N/A	0.0064
<b>Type of actuator</b>									
<i>Level walking</i>									
Bezier	-1.39	0.0002		-6.33	0.0036		-14.25	0.0031	
<i>Climbing stairs</i>									
Bezier	1.91	N/A		-9.03	0.0025		-16.29	0.0065	

**Table C.** Sensitivity analysis of the influence of muscle insertion points on HCFs, in terms of relative deviation of peak value (RDPV) and mean trial deviation.

Muscle	Deviation of insertion point	RDPV (%)	Mean trial deviation (BW %)
Gluteus Med	5mm	-0.01 – 0.01	-0.01 – 0.01
	10mm	<b>-0.17 – 6.39</b>	<b>-5.45 – 2.94</b>
Adductor Lonugs	5mm	-0.01 – 0.01	-0.01 – 0.01
	10mm	<b>-3.43 – 0.10</b>	<b>-0.48 – 0.08</b>
Biceps Femoris	5mm	-0.01 – 0.01	-0.01 – 0.01
	10mm	<b>-0.03 – 0.20</b>	<b>-0.21 – 0.26</b>
Semitendinosus	5mm	-0.01 – 0.01	-0.01 – 0.01
	10mm	-0.01 – 0.01	-0.01 – 0.01

**Table D.** Sensitivity analysis of the influence of muscle insertion points on HJC translation, in terms of relative deviation of peak value (RDPV) and mean trial deviation.

Muscle	Deviation of insert point	A-P		S-I		L-M	
		RDPV (%)	Mean Trial Deviation (mm)	RDPV (%)	Mean Trial Deviation (mm)	RDPV (%)	Mean Trial Deviation (mm)
Gluteus Med	5mm	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001
	10mm	<b>-1.29 – 1.88</b>	-0.001 – 0.001	<b>-0.70 – 0.38</b>	-0.001 – 0.001	<b>-9.16 – -1.01</b>	-0.001 – 0.001
Adductor Longus	5mm	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001
	10mm	-0.01 – 0.01	-0.001 – 0.001	<b>-0.13 – 0.16</b>	-0.001 – 0.001	<b>-2.23 – 2.12</b>	-0.001 – 0.001
Biceps Femoris	5mm	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001
	10mm	<b>-0.55 – 0.25</b>	-0.001 – 0.001	<b>-0.55 – 0.23</b>	-0.001 – 0.001	<b>-0.55 – 0.29</b>	-0.001 – 0.001
Semitendinosus	5mm	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001
	10mm	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001	-0.01 – 0.01	-0.001 – 0.001