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The Effects of Procrastination on Teaching Practice

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This project examined the effects that procrastination can have on teaching practices as well as gathering data on specific reasons for procrastination as it relates to the teaching profession. Procrastination is an issue that affects everyone, whether it be a positive effect or a negative effect. The purpose of this self-study sought to answer the question of how procrastination affects my performance as a teacher specifically and address the reasons behind it to lessen the likelihood of procrastination occurring.