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1 **Quantitative measurement and Real-time tracking of High Intensity**
2 **Focused Ultrasound using Phase-Sensitive Optical Coherence**
3 **Tomography: Feasibility study**

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8 **Abbreviation**

9 HIFU High-Intensity Focused Ultrasound, general term, including but not limited to Focused
10 Ultrasound Surgery

11 FUS Focused Ultrasound Surgery, a medical term for procedure of using HIFU to ablate a particular
12 region of tissue

13 SW-OCE Shear-wave Optical Coherence Elastography

14 PhS-OCT Phase-Sensitive Optical Coherence Tomography

15

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20

1 **ABSTRACT**

2 Phase-Sensitive Optical Coherence Tomography (PhS-OCT) is proposed, as a new High-
3 Intensity Focused Ultrasound (HIFU) imaging guidance, to detect and track HIFU focus inside
4 1% Agar sample in this work. The experiments studied the effect of varying HIFU power on
5 the induction of shear-wave, which can be implemented as a new technique to monitor
6 Focused Ultrasound Surgery (FUS).

7 Miniature HIFU transducer (1.02 MHz, 20 mm diameter, 11 mm focal length) was produced
8 in-house, pressure-field mapped, and calibrated. The transducer was then embedded inside
9 1%-agar phantom, which is placed under PhS-OCT for observation, under various HIFU power
10 settings (acoustic power, and number of cycles per pulse).

11 Shear-wave was induced on the sample surface by HIFU, and was captured in full under PhS-
12 OCT. The lowest HIFU acoustic power output for the detection of shear-wave was found to be
13 0.36 W (1.02 MHz, 100 cycles/pulse), or with the number of cycles/pulse as low as 20 (1.02
14 MHz, 0.98W acoustic power output).

15 A linear relationship between acoustic power output and the maximum shear-wave
16 displacement was found in the first study. The second study explores a non-linear correlation
17 between the (HIFU) numbers of cycles per pulse, and the maximum shear-wave displacement.

18 PhS-OCT demonstrates excellent tracking and detection of HIFU-induced shear-wave. The
19 results could benefit other imaging techniques in tracking, and guiding HIFU focus. Further
20 studies will explore the relationship between the physical transducer characteristics and the
21 HIFU-induced shear-wave.

1 INTRODUCTION

2 High-Intensity Focused Ultrasound (HIFU) is a general term for the application of high-power
3 ultrasonic wave within a well-defined focus. One clinical application of HIFU is known as Focused
4 Ultrasound Surgery, where HIFU is mainly used as a hyperthermia therapy.

5 As HIFU delivers high-energy and pro-longed ultrasonic pulse into biological tissue within a well-
6 defined focus, the temperature at said focus elevates quickly above hyperthermia threshold in a few
7 seconds(1). Relying on hyperthermia effect of HIFU, Magnetic Resonance Imaging and Ultrasound
8 Imaging has been adapted in the past for planning and guiding FUS. Imaging guidance in FUS is
9 extremely important as any form of unwanted and/or extensive tissue damage can be minimised.

10 Each Imaging guidance modality has different approach in imaging, tracking and guiding FUS. In
11 particular, MRI imaging measures the proton resonance frequency shift, and produces a real-time
12 temperature map of tissue (within a region of interest). This imaging technique was introduced in the
13 late 1980s (2), and is known as MR Thermometry nowadays. It takes MR Thermometry another
14 decade until this imaging technique was first introduced for monitoring HIFU and subsequently in FUS
15 (3, 4). MR Thermometry has been developed and improved ever since to enhance its capabilities in
16 real-time thermometry, e.g. reducing susceptibility in patient breathing motion, inhomogeneity within
17 the tissues, etc. Despite many great progresses, MR Thermometry technique is still relatively
18 expensive to maintain and operate. The imaging technique also requires certain level of temperature
19 elevation (above hyperthermia threshold) in the targeted tissue in order to track the HIFU focus.

20 Ultrasound imaging (sonography in medical term), on the other hand, is relatively inexpensive and has
21 been employed in almost every clinical settings. The main ultrasound-imaging techniques for guiding
22 FUS include B-mode sonography (5), and elastography (6). There are limitations in each ultrasound
23 imaging technique, namely 1) lack of contrast between the echoic signals of the surrounding tissue
24 and the HIFU lesions in B-mode imaging, and 2) limited real-time monitoring in Elastography as the
25 ablated region only becomes visible after damage to tissue has occurred. In normal B-mode imaging,

1 the formation of bubble (or cavitation) clouds often indicates the activity at HIFU-focus. However, this
2 technique requires HIFU to operate at high-power settings and is likely to cause mechanical damage to
3 tissues. On the other hand, sono-elastography differentiates the elasticity difference between the
4 HIFU-induced lesion and the surrounding tissue. However, the elasticity changes in tissue only occur
5 when tissue undergoes drastic and irreversible denaturation process (caused by hyperthermia).

6 Phase-sensitive Optical Coherence Tomography (PhS-OCT) is introduced in this work as a new imaging
7 technique to monitor and calibrate HIFU procedure in real-time, at sub-therapeutic HIFU power level.
8 The approach of this new HIFU imaging guidance is fundamentally different from the rest, where it
9 captures HIFU-induced shear-wave, and uses the acquired information to locate the HIFU focusing. This
10 imaging technique also benefits from very high resolution and sensitivity over small deformation(7). In
11 particular, PhS-OCT is capable of capturing shear-wave with the imaging rate of up to 46.8 kHz and axial
12 resolution of less than 1 nm in our system. Therefore, PhS-OCT was adapted in this work for tracking
13 HIFU in real-time, and calibrating the HIFU power appropriately for tracking and monitoring purposes.
14 Shear-wave induced by HIFU is studied at different HIFU power settings and different pulse length. The
15 result of this study will demonstrate and provide a new method for tracking, and monitoring HIFU
16 procedure, especially complimenting the newly adopted shear-wave ultrasound Imaging (8).

17 **MATERIALS AND METHODS**

18 **1. High-Intensity Focused Ultrasound (HIFU) transducer**

19 High-Intensity Focused Ultrasound (HIFU) transducer was fabricated in-house from PZ-54 material
20 focusing bowl (Meggitt Sensing Systems, Denmark). The focusing bowl has resonant frequency at
21 1.02 MHz, 20 mm in diameter, and 11 mm focal length. The backing material is composite epoxy
22 (epoFix and glass microsphere, weight ratio 60:40 respectively). The quarter-wave impedance
23 matching layer is made of silver-epoxy.

1 The acoustic power output of the HIFU transducer (1.02 MHz, 20 mm diameter, 11 mm focal length)
2 was calibrated using radiation force balance (Precision Acoustic Ltd.). The pressure field around HIFU
3 focus is mapped using 0.5 mm needle hydrophone (Precision Acoustic Ltd.) mounted on 3D-Stepping
4 motor (Velmex, USA) with linear stepping motor, resolution of 0.02 mm.

5 **a. Pressure field mapping**

6 The acoustic pressure was recorded at each location around the HIFU focus, forming a 2D pressure
7 field map. The relative intensity acoustic map (Figure 1a) was tabulated from a 2D pressure field map
8 (20 mm range in axial direction, 8 mm range in lateral direction, 0.02 mm resolution in both
9 directions), by:

$$10 \quad I_r(i, j) = \frac{I_{ij}}{I_{max}} = \frac{p_{ij}^2}{p_{max}^2}$$

11 where i and j being pixel coordinates of column and row, p_{max} is the maximum pressure found in the
12 2D pressure map.

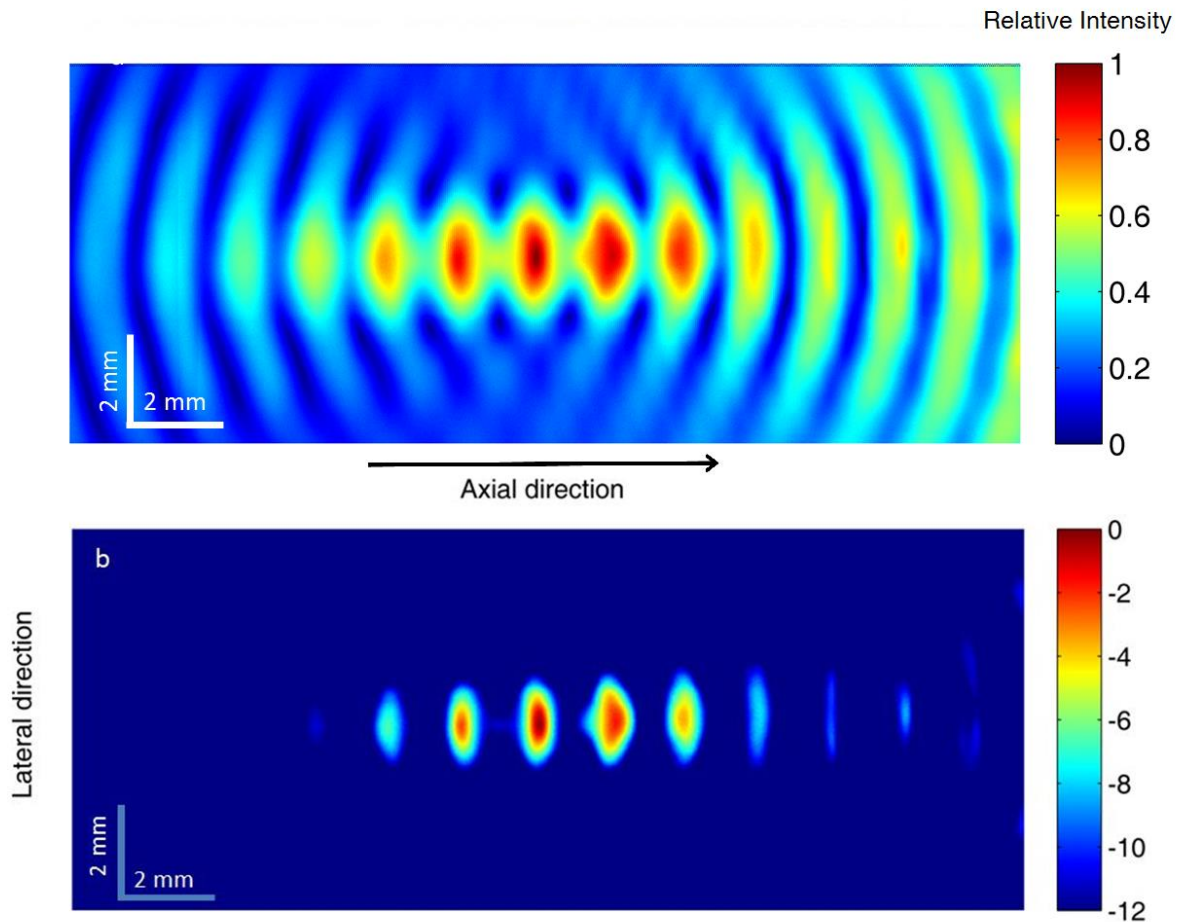
13 The logarithm of the intensity mapping (Figure 1b) was converted from the pressure field mapping
14 using the equation:

$$15 \quad L_I(i, j) = 10 \log_{10}(I_r(i, j)) = 20 \log_{10}\left(\frac{p_{ij}}{p_{max}}\right)$$

16 where $L_I(i, j)$ is the relative intensity in logarithmic scale at (i, j) coordinates.

17 The relative HIFU intensity map and its logarithmic scale help approximating PhS-OCT scanning range
18 for spatial and temporal resolution optimization. Since the full width at half-maximum (FWHM)
19 intensity is less than 2.0 mm in lateral direction, the PhS-OCT scanning range was set at 2.5 mm.

20 Note that the fringes at the HIFU-focus is due to focus positioning in the near-field diffraction region.



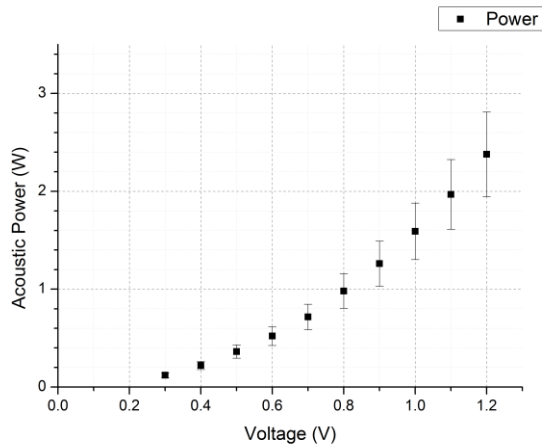
1

2 **Figure 1: a) Relative intensity map and b) logarithm intensity map of the HIFU transducer in the axial plane of the focus**

3 **b. Acoustic power output**

4 HIFU acoustic power output is an important parameter for quantifying the intensity of an acoustic
 5 pulse. The acoustic power output needs to be predictable with a reference input power (or any other
 6 similar parameter) that can be read easily. Since pre-amplified voltage from signal generator provides
 7 simple reference to the acoustic power output, HIFU transducer was calibrated against the pre-
 8 amplified voltage readings. This direct reference is convenient for performing experiments, since the
 9 RF power output (from RF Power amplifier) vs Acoustic power output (from HIFU transducer) is non-
 10 linear due to imperfections in the power amplify and power transfer/impedance matching circuit at
 11 high-frequency. Harmonic frequency is usually present in the amplified voltage waveform.

1 A typical result between the output signal from signal generator (V) and the HIFU acoustic power
2 output (W) is shown in Figure 2. This acoustic power output will be the prime parameter for
3 quantifying the power of a HIFU pulse in this paper.



4

5 **Figure 2** Signal generator's input signal vs. HIFU acoustic power output

6 **2. Phase-Sensitive Optical Coherence Tomography (PhS-OCT)**

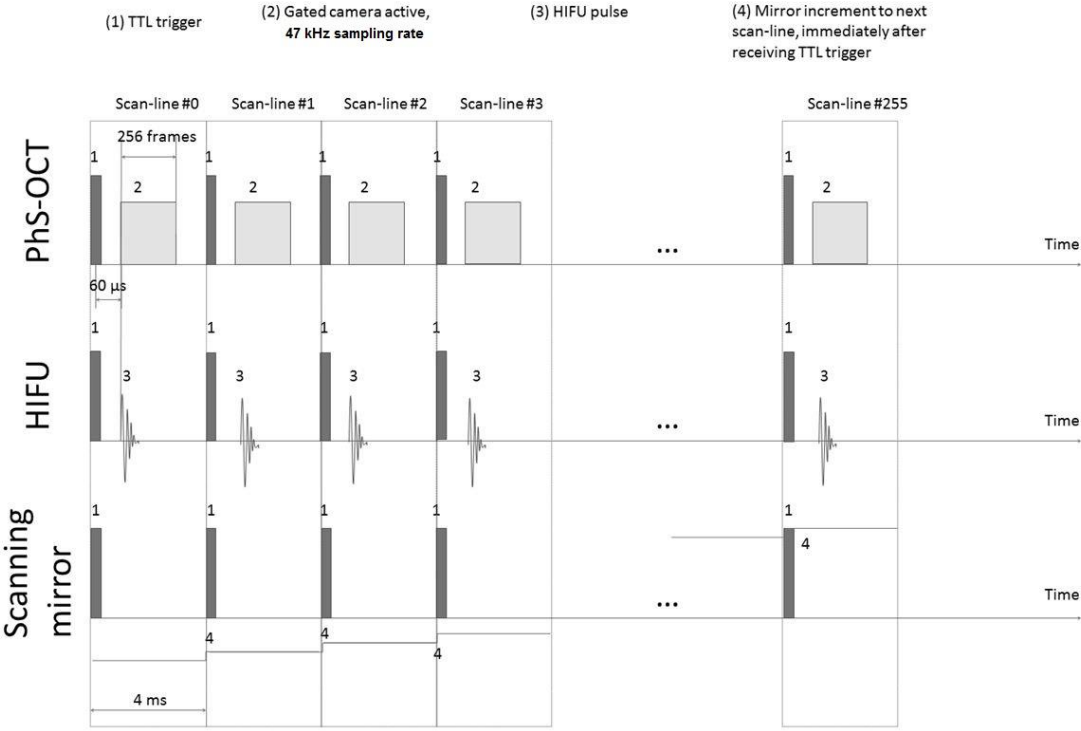
7 Phase-Sensitive Optical Coherence Tomography was developed by Bioinstrumentation and Optics group
8 at University of Dundee, based on phase detection between each consecutive frames (7). The PhS-OCT
9 uses broadband laser source and is a spectral-domain optical coherence tomography setup. The
10 scanning mirror is a mirror galvanometer that is integrated into the PhS-OCT system for 2D scanning
11 protocols.

12 The PhS-OCT (camera exposure 17.4 μ s, sensitivity 450 e⁻/count) performs a 46.8 kHz sampling rate
13 (approximately 21.4 μ s per frame), acquiring 256 frames over approximately 5.47 milliseconds (256 A-
14 scan forming 1 M-scan), in each scan-line (forming 1 M-scan). The scan-line repeats across the imaging
15 plane forming 256 M-scans. This results in a complete M-B-scan. The data format is 1024 pixel-
16 depth x 256 frames x 256 scan-lines. The complete data acquisition takes approximately 2 seconds. Each
17 B-scan (frame) was processed with respect to the previous one to determine the phase shift and thus,
18 the displacement due to HIFU-induced shear-wave.

1 Figure 3 illustrates our scanning protocol in our experimental setup. The HIFU-pulse is constant
 2 amplitude for any given pulse length. The durations between pulses are only relative and not drawn to
 3 scale in Figure 3, unless expressly stated.

4 We have also developed real-time scanning software that utilizes the PhS-OCT to detect shear-wave
 5 propagation on-demand. Real-time PhS-OCT technique will be described in more details in a separate
 6 paper since it has a different approach and produces data at much lower spatial resolution. In summary,
 7 the software detects phase changes in signals between each consecutive scan-line, and not between
 8 each frame (assuming that the lateral resolution is small enough). This technique would minimise the
 9 total time required to accurately locate the shear-wave source, however, at the expense of reduced
 10 image quality. Final confirmation step is required to determine the exact location of HIFU focus within
 11 the agar sample, and will be described more in the result.

12



13

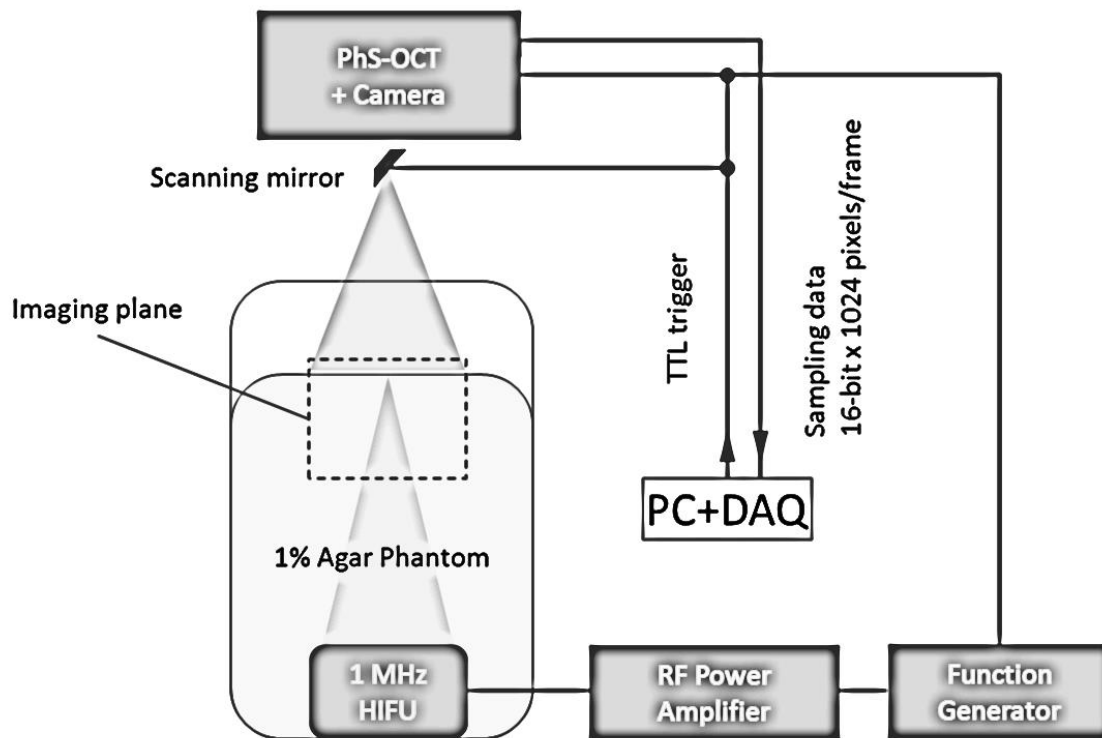
1 **Figure 3: Scanning protocols for PhS-OCT and HIFU transducer for 2D capture of HIFU-induced shear-wave. (TTL trigger is**
2 **sent by the PC + DAQ card to both PhS-OCT and HIFU every 4 ms)**

3

4 **3. Sample Preparation and Experimental setup**

5 The sample used in this experimental setup is Agar 1% Phantom. The Agar powder (Fisher Scientific) was
6 first mixed in hot water (approximately 90°C) at 1:99 (Agar: water) weight-to-weight ratio. The mixture
7 was then let to dissolve completely on hot plate with 100°C temperature settings. The solution was
8 then poured into a mold, which has the HIFU transducer fixed in place at the bottom of the mould.

9 The experimental setup is summarised as in Figure 4. A PC (Intel I7 4820K CPU, 16 GB DDR3 RAM). NI
10 PCIe-6713 DAQ card (National Instruments Inc.) sends TTL trigger output and synchronises both the OCT
11 and HIFU apparatus. The DAQ card then waits and collects data from the high-speed line-scan camera
12 (SUI-LDH2, Sensors Ltd.), upon receiving internal trigger from the camera. There are 16 sets of
13 experiments; each was repeated three times, dividing into two qualitative studies. The first study is to
14 investigate the effect of increasing/reducing input voltage to the HIFU transducer; and the second study
15 is to investigate the effect of increasing/reducing the number of cycles per pulse applied to HIFU
16 transducer at fixed acoustic power output. The fixed acoustic power output was chosen so that when
17 the minimum number of cycles in one HIFU pulse was selected, PhS-OCT could still give a good SNR
18 (0.98 W acoustic output in this case).



1

2 **Figure 4: Schematic of experimental setup for PhS-OCT and HIFU transducer in order to capture HIFU-induced shear-wave**

3 **RESULTS AND DISCUSSIONS**

4 **1. Effect of HIFU acoustic power on Shear-wave generation**

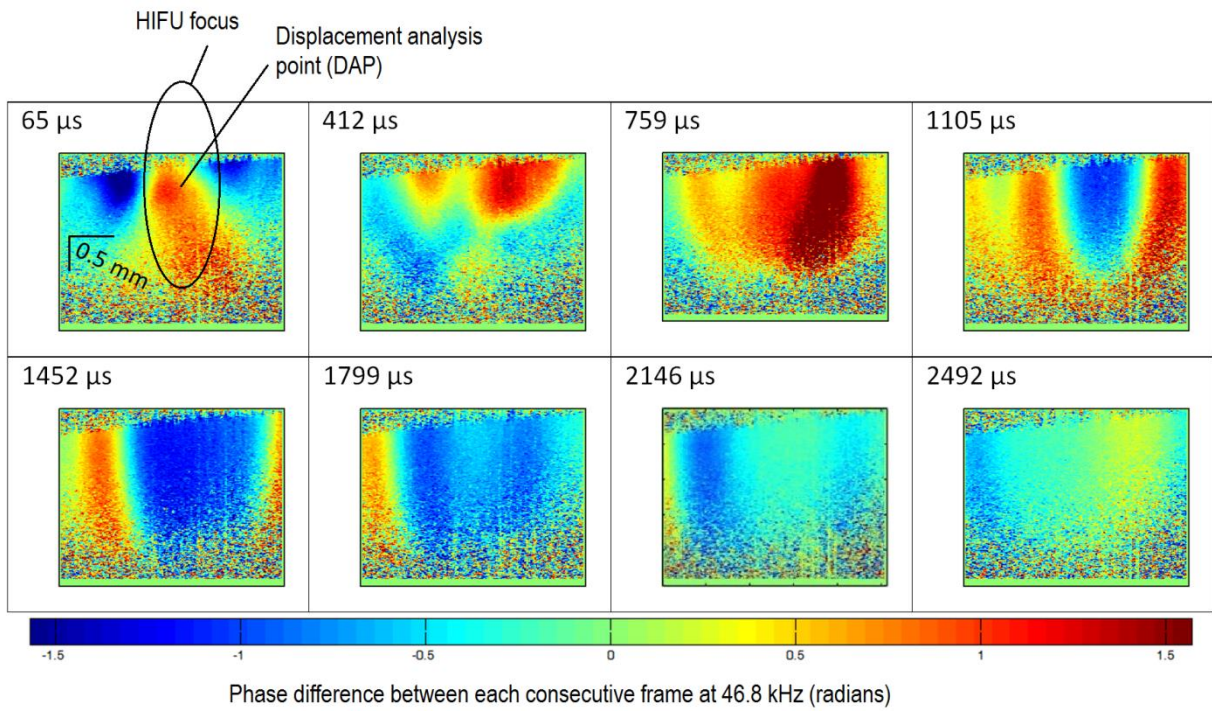
5 Once the shear-wave source is located by real-time tracking software, several sets of data were captured
 6 at slightly different imaging plane (approximately ± 0.2 mm displacement in direction perpendicular to
 7 imaging plane). This step finds and confirms the location of the HIFU focus. The imaging plane that
 8 captured shear-wave source (HIFU focus) would yield strongest shear-wave displacement. The HIFU
 9 transducer (1.02 MHz) was set to output 100 cycles per pulse at 2.37 W acoustic power output for this
 10 confirmation step. The first capture was at 21.7 μ s after the first HIFU pulse. The first obvious and
 11 observable displacement induced by the HIFU pulse is at 65 μ s after the first TTL trigger. An example of
 12 the final confirmation step, which shows the time-evolution of shear-wave at the HIFU focus, is shown

1 in Figure 5. Once the position giving strongest shear-wave displacement is located, the sample was fixed

2 for further experiments.

3

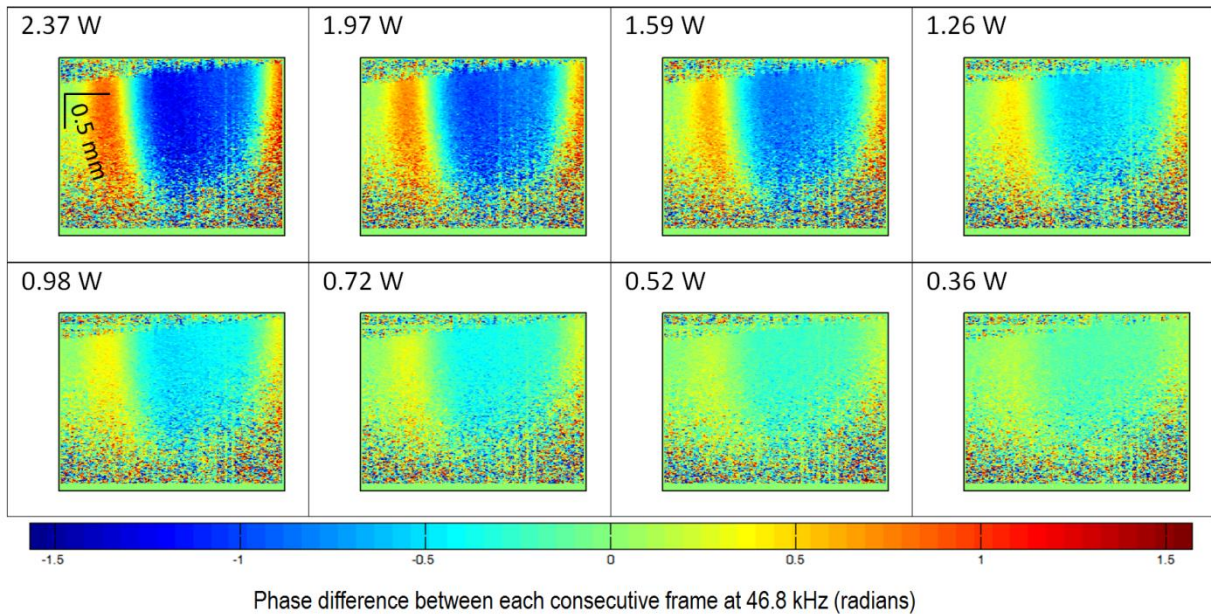
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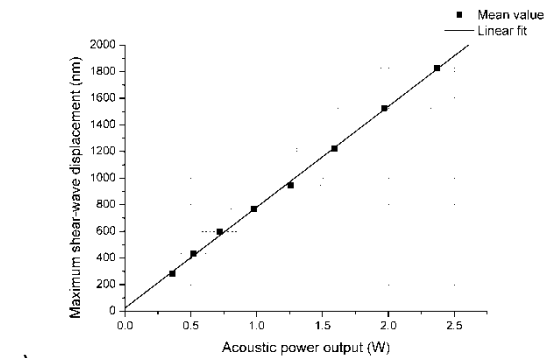
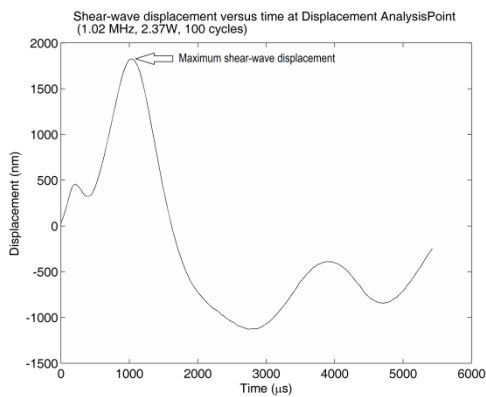
2
3
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5

Figure 5: 2D map of phase differences between each consecutive frame at 46.8 kHz with respect to the time after the first TTL trigger, at the shear-wave source (HIFU focus, 1.02 MHz, 100 cycles/pulse at 2.37 W acoustic powers). The equivalent limit on scale bar is -117 nm to +117nm displacement difference between each consecutive frame at 46.8 kHz.

1 a)



2



3 b)

c)

4 **Figure 6 a) 2D map of phase difference (radians) with respect to different acoustic power output (W)**
5 **at 1452 μs after first TTL trigger; b) Shear-wave displacement versus time at Displacement Analysis**
6 **Point (DAP); c) Linear relationship between HIFU Acoustic power output and shear-wave**
7 **displacement at DAP. The equivalent limit on scale bar is -117 nm to +117 nm displacement**
8 **difference between each consecutive frame at 46.8 kHz.**

9

10

11

1 The dataset for quantitative analysis are the phase differences $\Delta\phi$ between successive frames of A-
2 scans, which are vertical lines (256 vertical lines in each frame). There are 256 frames in total, resulting
3 in 255 frames of 2D (256 x A-scans) phase difference. The datasets of 2D phase difference are
4 visualised with limits between $-\pi/2$ and $+\pi/2$, and can be easily converted to vertical displacement Δz
5 by:

$$6 \quad \Delta z(i, j, t) = \frac{\Delta\phi(i, j, t) \cdot \lambda}{4\pi n}$$

7 where i, j are the horizontal and vertical coordinates of a given pixel in the M-scan, t is the time
8 difference between each A-scan, $\lambda = 1310$ nm is the superluminescent diode (OCT light source) central
9 wavelength, and n is the sample refractive index (assumed to be 1.4 for this experiment).

10 The best frame for qualitative analysis of this study (HIFU power versus shear-wave displacement) is at
11 1452 μ s (64 frames*21.67 μ s) after the HIFU trigger signal. Eight different sets of PhS-OCT capture in
12 different acoustic power and constant number of cycles per pulse (100 cycles per pulse at 1.02 MHz)
13 are displayed on the same scale of phase difference (Figure 6a) for visual comparison.

14 The difference in shear-wave displacement versus different acoustic power settings can be quantified
15 using displacement analysis point (refer to Figure 5). An example of the shear-wave displacement at
16 the displacement analysis point (2.37 W, 1.02 MHz, 100 cycles/pulse) with respect to time is shown in
17 Figure 6b. There is an unexpected negative bulk displacement after the first strong positive (+ve) push
18 as indicated in Figure 6b. Further study into this bulk displacement could help understand more about
19 the interaction of HIFU on this agar sample, and possibly on animal tissues.

20 Another interesting result from comparing the maximum (+ve) shear-wave displacement (refer to
21 Figure 6b) versus the acoustic power output can be seen in Figure 6c. The maximum displacement for
22 each acoustic power output was obtained from the displacement analysis point (DAP). A simple linear
23 fitting model is proposed for the relationship between maximum shear-wave displacement and HIFU
24 acoustic power output (1.02 MHz, 100 cycles/pulse):

1
$$\max(\Delta z(DAP)) = a \cdot P_{ac} + b$$

2 where $\max(\Delta z(DAP))$ is the maximum shear-wave displacement at DAP, P_{ac} is the HIFU acoustic
3 power output, a and b are linear fitting's parameters ($a = 758 \pm 11 \text{ nm} \cdot \text{W}^{-1}$, $b = 25 \pm 15 \text{ nm}$). This
4 model shows a very good linear relationship between the shear-wave displacement and the HIFU
5 acoustic power output (Pearson's $r = 0.9994$). The maximum shear-wave displacement is
6 approximately zero when the acoustic power output is at zero as predicted. Note that the error from
7 HIFU acoustic power output measurement far exceeds the error from shear-wave displacement
8 measurement.

9 This linear relationship provides a simple correlation between displacement field inside the with
10 respect to the HIFU acoustic power output. Other imaging modalities with a fixed sensitivity to
11 displacement detection would greatly benefit from this finding. Changing acoustic power output,
12 above which HIFU-induced shear-wave is detectable for a given imaging system (with fixed spatial
13 resolution), is one example.

14

15 **2. Effect of number of cycles per pulse (HIFU) on Shear-wave generation**

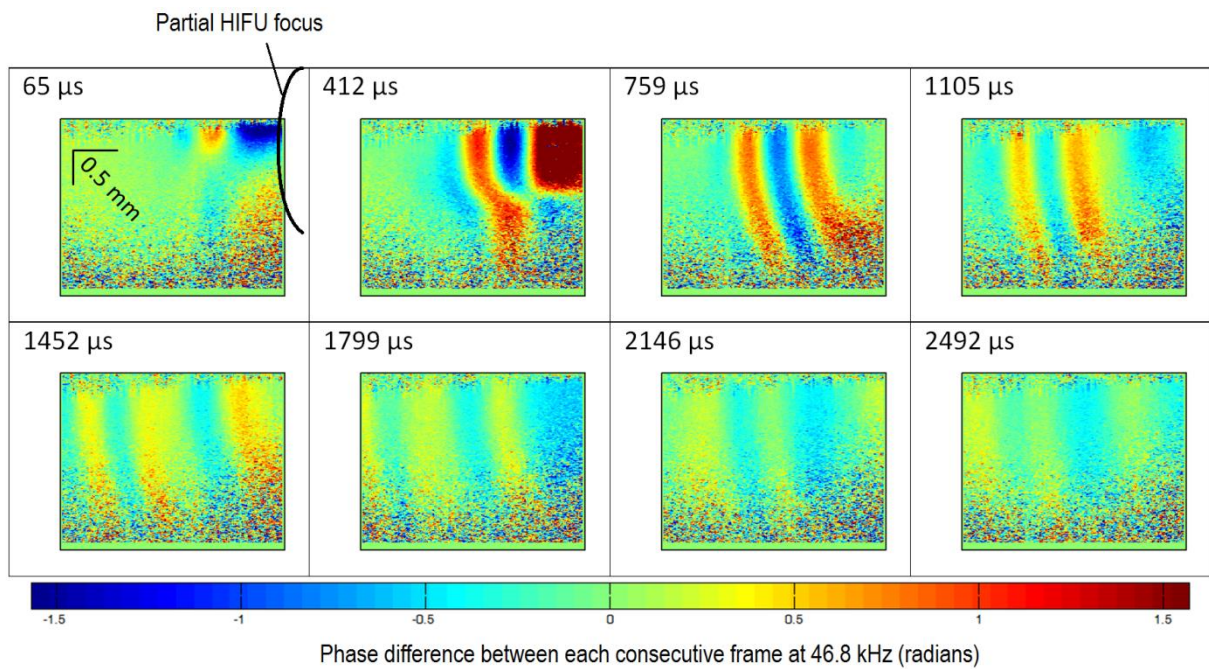
16 Although reducing the number of cycles per HIFU pulse is equivalent to reducing the total power
17 deposited into the sample, the former is not exactly the same as the latter regarding HIFU-induced
18 shear-wave. The objective of this study is to find whether there is a simple relationship between
19 increasing/reducing the number of cycles per pulse with a fixed HIFU acoustic power output, and the
20 HIFU-induced shear-wave displacement.

21 Similar to the first study, confirmation step was performed to determine the best time and location for
22 the qualitative analysis. The evolution of HIFU-induced shear-wave over time was captured with the
23 focus located at a) the same position as in previous study, as well as b) at the edge of the frame in this
24 second experiment. The reason for the second imaging location is that: a) the shear-wave propagation

1 can be approximated as symmetric in homogenous sample (which can be seen in the previous study,
2 Figure 5), b) there are more observations from HIFU-induced shear-wave that occurs relatively far away
3 from the focus, and c) minimising the range of imaging reduces data acquisition and processing time.

4 The observation from the second imaging location shows that more fringes are produced almost at the
5 same instance (Figure 7) after the first trigger. This phenomenon suggests a more complex interaction
6 between HIFU pulse and the agar sample. We attribute this observation to the side lobes of the HIFU
7 pressure field. However, more work is required to confirm that the spacing of the side lobes is similar
8 to the spacing of shear-wave from the very first set of result.

9 Qualitative analysis of the PhS-OCT data in this position also delivers better propagation characteristics
10 of the HIFU-induced shear-wave, e.g. shear-wave speed and shear-wave dispersion.



1

2 **Figure 7: 2D map of phase differences between each consecutive frame (46.8 kHz) at different time,**

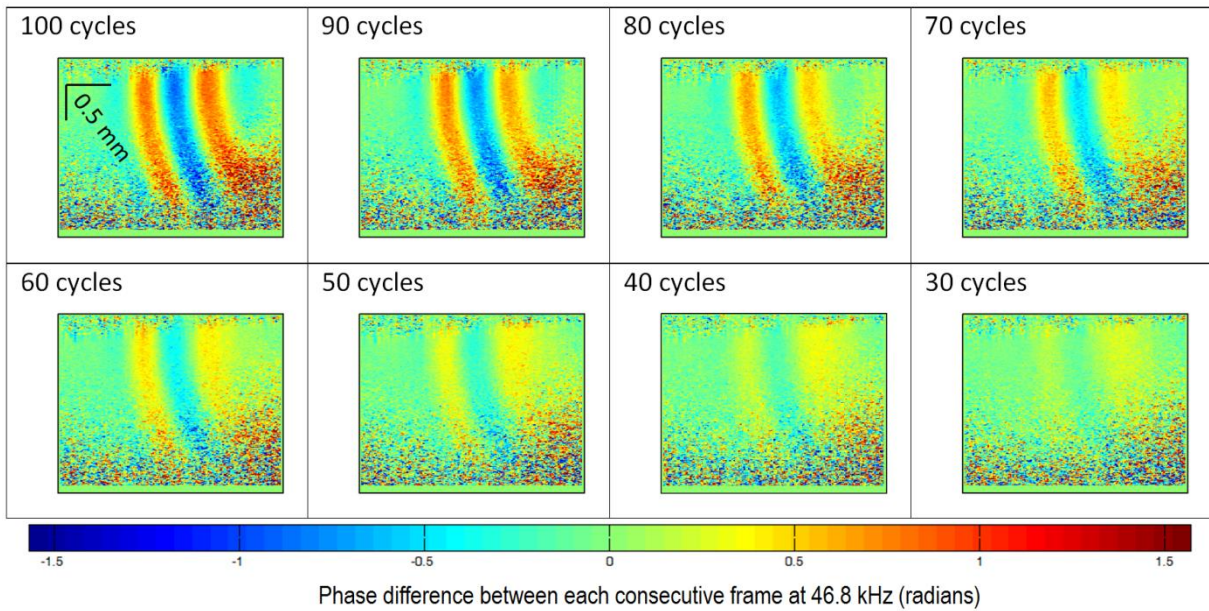
3 **with respect to the TTL trigger time; HIFU operates at 2.37 W acoustic power output, 100**

4 **cycles/pulse. The equivalent limit on scale bar is -117 nm to +117 nm displacement difference**

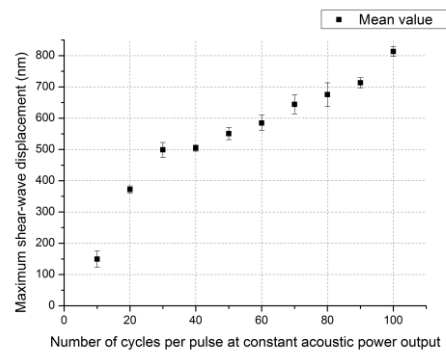
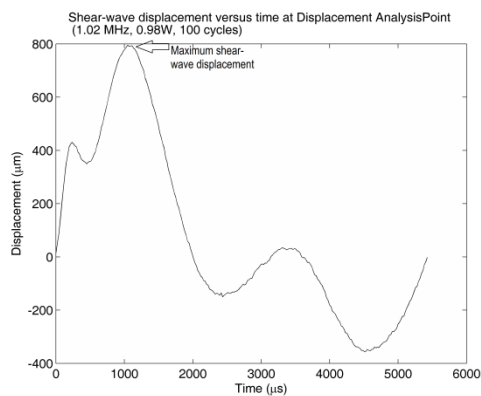
5 **between each consecutive frame at 46.8 kHz.**

6

1 a)



2



3 b)

c)

4 **Figure 8 a) HIFU-induced shear-wave with reducing number of cycles per pulse at 759 μs after HIFU**
5 **is triggered (2.37 W acoustic power, 100 cycles/pulse); b) Shear-wave displacement versus time at**
6 **Displacement Analysis Point (DAP) with HIFU operating at 0.98 W acoustic power, 100 cycles/pulse;**
7 **c) plot of number of cycles per pulse versus shear-wave displacement at DAP (constant 0.98 W**
8 **acoustic power). The equivalent limit on scale bar is -117 nm to +117 nm displacement difference**
9 **between each consecutive frame at 46.8 kHz.**

10

1 As described in the first study for quantitative analysis, an example of the shear-wave displacement
2 (HIFU 1.02 MHz, 2.37 W, 100 cycles/pulse) versus time at DAP (referred to Figure 5 for DAP) is shown
3 in Figure 8b. The imaging location and the position of HIFU focus remain the same as in previous
4 study. This imaging location should not be confused with the imaging location which is shown in Figure
5 7 and 8a (discussed in previous paragraph).

6 Assuming the acoustic power output per pulse cycle is constant, the error in measurement (of the
7 relationship between number of cycles per pulse versus the shear-wave displacement) is dominated
8 by the error in measuring the shear-wave displacement. The mean and error were therefore
9 calculated from repeated data acquisition (3 samples per set) in each dataset of different cycle per
10 pulse versus shear-wave displacement. Figure 8c shows the relationship to be adequately linear from
11 30 to 100 cycles/pulse, but less so at lower number of cycles per pulse (<40 cycles/pulse). Since the
12 shear-wave displacement should drop to zero when the number of cycle per HIFU pulse becomes zero,
13 a sharp drop appears to start from the 30 cycles per pulse. This non-linear relationship at 30
14 cycles/pulse is possibly attributed by the non-linear characteristic of the HIFU transducer. The
15 transducer may require high (enough) number of cycles per pulse to reach constant acoustic power
16 output.

17 **3. Further work on PhS-OCT setup for HIFU, and current limitations**

18 PhS-OCT could quantitatively analyse the interaction of HIFU in agar sample at sub-therapeutic power
19 level. Further work will explore into the interaction of HIFU in biological tissues using PhS-OCT in order
20 to confirm the usefulness of this system in clinical applications.

21 Apart from the HIFU acoustic power output and number of cycles per pulse, other acoustic parameters
22 such as frequency and F-number could also be significant regarding HIFU-induced shear-wave. The
23 effects of said parameters on HIFU-induced shear-wave within biological tissues are not very well-
24 understood until now. Effect of different acoustic parameters on the induction of shear-wave can be
25 quantitatively analysed. Once the findings are large and reliable enough, shear-wave displacement

1 could be mapped accurately with respect to any HIFU transducer's parameters. Many imaging
2 techniques would benefit from these quantitative results. E.g. for ultrasound-guided HIFU with a fixed
3 imaging (axial) resolution, HIFU transducer can be designed to induce shear-wave with displacement
4 well above the imaging resolution. Further investigations on this subject would greatly improve the
5 design of HIFU transducer for planning and tracking efforts.

6 Although superior in terms of spatial and temporal resolution, PhS-OCT suffers from limited
7 penetration depth, typically operating within only a few millimetres from the sample's surface. This
8 limitation exacerbates the measurement where the acoustic impedance mismatch between air and
9 sample is relatively large. Our initial observations reveal that the acoustic impedance mismatch might
10 have enhanced HIFU-induced shear-wave phenomenon. Therefore, the sample may need a coupling
11 material that is both optically transparent under PhS-OCT, and acoustically similar to the sample's
12 acoustic impedance.

13 The HIFU transducer in this experiment operates at maximum 2.37 W (spatial-average pulse-average
14 intensity $I_{SAPA} = 97 \text{ W. cm}^{-2}$ at maximum acoustic power). Since the objective of this paper is to
15 detect and track HIFU focus with minimum damage to sample (reducing total acoustic power), the
16 acoustic power output from the HIFU is far less than the therapeutic HIFU transducer's acoustic
17 output, which is typically a few hundreds of W.cm^{-2} (9).

18

19 **CONCLUSIONS**

20 PhS-OCT displays exceptional capabilities in tracking, detecting and calibrating High-Intensity Focused
21 Ultrasound (HIFU) focus. The system can detect HIFU-induced shear-wave with HIFU acoustic power
22 output set to as low as 0.36 W (or spatial-average pulse-average intensity $I_{SAPA} = 11 \text{ W. cm}^{-2}$,
23 100 cycles/pulse at 1.02 MHz). High spatial and temporal resolution from PhS-OCT means that it can

1 be used to calibrate any HIFU device, correlating the displacement of HIFU-induced shear-wave with
2 different HIFU power settings, and/or different physical characteristics of HIFU.

3 Further study in PhS-OCT guided HIFU can also employ needle OCT to track and detect HIFU focus
4 within deep tissue region. This is the minimal invasive procedure where needle OCT is inserted into
5 the region of interest for imaging, and could be used to guide HIFU treatment upon the development
6 of this technique.

7 The most important aspect of this work is to demonstrate the potential of studying HIFU interaction
8 with tissue sample in-depth, or specifically HIFU-induced shear-wave. Predictions of tissue behaviour
9 under certain HIFU power settings would drastically improve. Therefore, further findings on this
10 subject would benefits other imaging modalities to employ better HIFU power settings for appropriate
11 tracking and detection.

12 There are a few limitations in building up and operating PhS-OCT for HIFU guidance. The cost of the
13 system is one, and is approximated to be between an ultrasound and MRI systems. The cost multiplies
14 for building and maintaining such system. However, the biggest disadvantage in PhS-OCT is the low
15 penetration depth and therefore limits the number of PhS-OCT's clinical applications.

16 A more standardised PhS-OCT imaging protocol is required to characterise the shear-wave more
17 consistently, i.e. choosing the best time after the first HIFU trigger, and the best location for imaging.

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