

This is the peer reviewed version of the following article: Arnold, S., Smullen, R., Briggs, M., West, M. and Glencross, B. (2016), The combined effect of feed frequency and ration size of diets with and without microbial biomass on the growth and feed conversion of juvenile *Penaeus monodon*. *Aquacult Nutr*, 22: 1340–1347, which has been published in final form at <https://doi.org/10.1111/anu.12338>. This article may be used for non-commercial purposes in accordance With Wiley Terms and Conditions for self-archiving.

1 **The combined effect of feed frequency and ration size on the growth and feed**
2 **conversion of juvenile *Penaeus monodon***

3

4 Stuart Arnold^{a*}, Richard Smullen^b, Matthew Briggs^b, Matt West^c, Brett Glencross^d

5

6 ^aCSIRO Aquaculture Program, Agriculture Flagship, Bribie Island, QLD 4507, Australia

7 ^bRidley Aqua-Feed Pty Ltd, Narangba, QLD 4504, Australia

8 ^cAustralian Prawn Farms Pty Ltd, Ilbilbie, QLD 4738, Australia

9 ^dCSIRO Aquaculture Program, Agriculture Flagship, Dutton Park, QLD 4102, Australia

10

11

12 *Corresponding author:

13 Phone: (+61)-7-3410-3102

14 Email: stuart.arnold@csiro.au

15

16 Keywords: Feed management, restricted ration, feed efficiency, satiation

17

18 Submitted to : Aquaculture (16th ISFNF Edition)

19

20 **Abstract**

21 Feed management strategies that maximise shrimp growth and optimise feed utilisation are
22 critical to the cost effectiveness of production.. In this study, juvenile shrimp (~3 g) were
23 cultured for six weeks in a laboratory based clear-water tank system. The experiment design
24 was a three way factorial with two diets (Diet A – standard industry formulation, or Diet B –
25 the same diet with 10% microbial biomass), two feed frequencies (twice or six times daily)
26 and three rations (60%, 80% and 100% of satiation).. The results demonstrated clear growth
27 benefits of feeding more than 2 times per day and feed efficiency benefits of a restricted
28 ration. There was also a significant interaction between frequency and ration, which
29 demonstrated that growth improved using 6 feeds compared with 2 feeds as ration amount
30 decreased. The effects of frequency and ration were consistent for both diets; however, the
31 addition of a microbial biomass provided significant growth improvements across all
32 treatments. These outcomes define the gains produced by the combined effect of frequency
33 and ration, and suggest a compromise between feed utilization and feeding effort for adoption
34 in feed management strategies.

35

36

37 1. Introduction

38 Feed is the single largest cost to a shrimp farm and therefore feed management strategies that
39 maximise shrimp growth but optimise feed utilization are critical to the cost effectiveness of
40 the farm. In order to maximise productivity, it is important to know the optimal number of
41 times to feed per day. It is also important to know how much feed to administer at any given
42 feed event to maximise feed intake and minimise wastage. Therefore, another key component
43 is the amount fed as a percentage of the estimated satiation level or biomass (ration).

44 There have been very few studies investigating optimal feed frequency for *Penaeus*
45 *monodon*. In clear water systems, Josekutty and Jose (1996) fed 0.21g juvenile *P. monodon* 1,
46 two, three and four times per day. The amount fed was 5% of the estimated biomass split
47 across the different feed times. In that study, growth, survival and food consumption
48 increased when feed offerings were increased from one to two and two to three times per day,
49 but there was no difference between three and four times per day. In a green-water tank
50 system, Smith et al. (2002) fed 5.5 g *Penaeus monodon* three, four, five and six times per day
51 to satiation at each feed. They found no effect of feed frequency on shrimp growth or feed
52 conversion over a 6 week period. In a more recent study, Hasan et al. (2012), reported
53 improved growth and FCR when feeds were fed four or five times per day compared to three
54 or six times per day in 0.5 ha ponds over 65 days culture. However, the true effect of feed
55 frequency in that study was difficult to determine because of the different initial weights of
56 the treatments (approximately 12 g for four and five feeds and 9 g for three and six feeds).
57 Variable results have also been reported for other penaeids. For *Penaeus vannamei*, improved
58 growth has been reported for 0.24 g juveniles fed four or five times daily compared to only
59 one, two or three times (Ye et al., 2005). Growth of 6.6 g animals was also improved when
60 feed frequency increased from one to two and two to four times daily (Robertson et al.,
61 1993). In contrast, no improvement in growth was reported for 0.19 to 0.6 g animals (Velasco
62 et al., 1999), or 2.7 g *P. vannamei* juveniles (Carvalho and Nunes, 2006) when feed
63 frequency was increased. For juvenile *Penaeus merguensis*, Sedgwick (1979) reported
64 improved growth and FCR when shrimp were fed four times daily in comparison with only
65 one feed and suggested that further improvements might be achieved at even higher
66 frequencies. For *Penaeus indicus*, improved growth and FCR has been reported for 1.56 g
67 juveniles fed six and eight times daily compared with two and four times (Moradzadeh et al.,
68 2011). Nair and Sridhar (1995) also reported improved growth for 0.13 g *P. indicus* fed four
69 times daily compared to one, two or three times but no improvement in growth for either 1.5
70 g or 4.4 g juveniles.

71 While there is some evidence to suggest that higher feed frequencies, up to a certain point,
72 can improve shrimp performance, there is little information on the effect of ration size in
73 combination with different feed frequencies. Feed efficiency has been shown to improve by
74 reducing the ration to 75% satiation for *P. monodon* (Glencross et al., 1999; Glencross et al.,
75 2013) and *P. vannamei* (Venero et al., 2007), but at the expense of growth. However, when
76 Sedgwick (1979) assessed the combined effect of four ration levels and two feed frequencies
77 with juvenile *Penaeus merguensis* (0.13 g), they observed an interaction between frequency
78 and ration, which suggested that growth could be maintained at a restricted ration by
79 increasing the feed frequency. Their results also demonstrated the feed efficiency benefits of
80 restricted rations. Such feed efficiency benefits were also demonstrated in a study Nair and
81 Sridhar (1995) for juvenile *P. indicus*. A basic understanding of the combined effect of feed
82 frequency and ration size on growth and feed efficiency is required for *P. monodon* to assist
83 the development of optimal feed management strategies.

84 Furthermore, as new diets and feed ingredients enter the market there is a need to reassess
85 feeding strategies so that the nutritional benefits of such diets can be fully realised. The
86 Commonwealth Scientific and Industrial Research Organisation (CSIRO) has developed a
87 growth promoting microbial biomass based ingredient (Novacq™, CSIRO, Dutton Park,
88 QLD, Australia) that, when included in shrimp diets, can increase growth in excess of 50%
89 above that of a standard reference diet with the same nutritional specifications (Glencross et
90 al., 2014). The inclusion of the microbial biomass in the diet has also led to significantly
91 higher feed intake (Glencross et al., 2014) and therefore may require different feeding
92 strategies for maximum realisation of its growth promoting benefits.

93 This study was designed to assess the combined effect of feed frequencies and ration size on
94 the growth and feed efficiency of juvenile *P. monodon*. The study also aimed to investigate
95 whether this new microbial biomass ingredient required different feeding strategies than
96 those required for a specification consistent with current commercial diets used in Australia.
97
98

99 **2. Methods**

100 *2.1 Experimental design*

101 The experiment was designed to evaluate the effect of feed frequency and ration size on the
102 growth, survival and feed conversion efficiency of juvenile black tiger shrimp, *Penaeus*
103 *monodon*, when cultured for six weeks and fed either of two formulated diets. The first diet
104 was formulated consistent with standard industry diets used in Australia, and the second was
105 a similar formulation, but additionally it was supplemented with 10% microbial biomass
106 (Novacq™). Within each diet treatment the following factorial array was applied to feed
107 frequency and ration design:

- 108 • Two feed frequencies
 - 109 – Twice daily (0900h and 2100h)
 - 110 – Six times daily (0100h, 0500h, 0900h, 1300h, 1700h and 2100h)
- 111 • Three feed rations – 100%, 80% and 60% satiation.

112 The design had a total of 12 treatments with 5 replicates per treatment.

113

114 *2.2 Experimental system and set up*

115 One thousand shrimp of a wild-type genotype were collected from the grow-out pond of
116 Truloff's Prawn Farm in Alberton, south east Queensland and transported to four indoor
117 holding tanks (2,000L) at the Bribie Island Research Centre, Woorim, QLD. The shrimp were
118 held in these tanks for 6 days and supplied with filtered seawater at a continuous rate of 5.0L
119 min⁻¹ with water temperature and salinity maintained at 29°C and 38 g L⁻¹, respectively. The
120 shrimp were fed twice daily on a commercial diet (Enhance™, Ridley Aqua-Feed Pty Ltd).
121 Prior to stocking into the indoor experimental tanks, 40 shrimp were randomly selected and
122 individually weighed to the nearest 0.01 g to estimate the mean and standard deviation. Eight
123 shrimp were then stocked into each of the 60 x 100L experimental tanks based on being
124 within ±1 standard deviation of the mean. The mean ± SEM initial weight across all tanks
125 was 3.10 ± 0.02 g. Each of the experimental tanks was supplied with filtered seawater at a
126 continuous rate of 0.6L min⁻¹ and maintained at 29.10 ± 0.02°C water temperature,
127 4.53 ± 0.02 mg L⁻¹ dissolved oxygen, 38.7 ± 0.0 g L⁻¹ salinity, and pH 8.2 ± 0.0.

128

129 *2.3 Diet preparation*

130 Two diets were used for the experiment (

131 Table 1); Diet A, formulated to be equivalent to a standard industry specification used in
132 Australia and Diet B, the same diet but with 10% microbial biomass (supplied as Novacq™)
133 included. Each diet was prepared by ensuring all ingredients were milled to <750 µm prior to
134 mixing in an upright planetary mixer (Hobart, Sydney, NSW, Australia). Water was then
135 added (approximately 30%) during the mixing to form a dough which was subsequently
136 screw-pressed (Dolly, La Monferrina, Castell'Alfero, Italy) through a 2 mm die and cut to
137 pellet lengths of about 6 mm. The pellets were then steamed for 3 min before being oven
138 dried at 65°C for 24 hrs. When not being used, all diets were stored at -20°C.

139

140 *2.4 Management*

141 During the experiment the feed ration allocations were determined by feeding the 100%
142 satiation treatments to marginal excess. Uneaten feed in these treatments was scored
143 (counted) in each tank at 0800h, with the scoring used to estimate the amount of uneaten feed
144 (number of pellets x average pellet weight) and to adjust the following days ration according
145 to the feed intake score. The feed rates for the reduced ration treatments were then adjusted
146 from the average feed amounts calculated for the 100% satiation treatments relative to each
147 feed frequency (e.g. 80% and 60% at 2 feeds adjusted from 100% at 2 feeds, and 80% and
148 60% at 6 feeds adjusted from 100% at 6 feeds). All feed fed and uneaten was recorded to
149 allow the estimation of total feed intake within each tank daily and over the experiment
150 period.

151 Daily feed amounts were divided evenly between each ration. All feed rations were weighed
152 individually to the nearest 0.1g and the amount of feed fed to each tank recorded. Feed
153 rations that were required to be fed at 0100h, 0500h and 2100h were fed using a Fish Mate
154 F14 automated fish feeder (Pet Mate, Surrey, England). All feed was loaded into the feeders
155 at 1700h. The following morning, the automatic feeders were checked and any unfed rations
156 recorded.

157 All uneaten feed and faeces were removed from the tanks daily by siphoning. The number of
158 shrimp in each tank was recorded daily and moults were recorded and removed as soon as
159 they were observed. Each tank was aerated with a single air diffuser and dissolved oxygen,
160 pH and salinity were monitored 3 times weekly in each tank. Temperature was monitored 4
161 times weekly in each tank. Flow rates were checked and adjusted as required to maintain
162 optimal water conditions.

163 After three and six weeks culture the shrimp were collected from each tank, blot dried on a
164 cloth towel and individually weighed to a minimum of 0.01 g accuracy. The number of

165 shrimp in each tank was recorded. The mean shrimp weight for each treatment at each
166 assessment point was calculated from the mean tank weights, which were used as the
167 replicate (n=5). Survival was calculated as the percentage of remaining shrimp in each tank
168 from the number stocked. Feed conversion ratio (FCR) was calculated based on the
169 cumulative feed intake (on an as fed basis) within each tank divided by the cumulative weight
170 gain within each tank.

171

172 *2.5 Chemical analysis*

173 Diets and whole shrimp samples were analyzed for dry matter, ash, protein, total lipids and
174 carbohydrates. Diet samples were also analyzed for gross energy content. Dry matter of the
175 samples was calculated by gravimetric analysis of a milled sample following oven drying at
176 105°C for 6 h. Protein levels were calculated from the determination of total nitrogen (N) by
177 Elemental analyzer, based on N x 6.25. Gross ash content was determined gravimetrically
178 following loss of mass after combustion of a sample in a muffle furnace at 550°C for 12 h.
179 The lipid content of the diets was determined gravimetrically following extraction of the
180 lipids using the chloroform:methanol (2:1) method. Carbohydrates were estimated based on
181 dry matter content of the feed minus the lipid, ash and protein contents. Gross energy was
182 determined by ballistic bomb calorimetry. All methods were consistent with those
183 recommended by AOAC (2005).

184

185 *2.6 Statistical analysis*

186 All statistical analyses were performed using R software (R Development Core Team, 2009).
187 The growth, survival and FCR were analyzed by three-way ANOVA. The statistical model
188 included diet, frequency and ration as the main effects and interaction terms. Where
189 significant interactions were found, pair-wise comparisons were performed separately within
190 each level of main effects using a Tukey's test. Curve fittings of relationships were
191 undertaken using the data analysis tools and graphics elements of Microsoft Excel (Microsoft
192 Australia, North Ryde, NSW, Australia).

193

194 **3. Results**

195 *3.1 Shrimp performance*

196 After three weeks culture the mean survival of shrimp was high ($97.3 \pm 0.6\%$) and not
197 significantly different between treatments ($P>0.05$) (

198 Table 2). The mean shrimp weight for each treatment ranged between 5.63 ± 0.06 g and
199 7.82 ± 0.36 g. The mean growth rate ranged between 0.81 ± 0.02 g shrimp⁻¹ week⁻¹ and
200 1.61 ± 0.11 g shrimp⁻¹ week⁻¹.
201 After three weeks culture there was a significant main effect for diet, frequency and ration
202 ($P < 0.001$) but no significant interactions ($P > 0.05$) (

203 Table 3). Shrimp growth rate ($\text{g shrimp}^{-1} \text{ week}^{-1}$) was significantly greater ($P < 0.001$) when
204 fed Diet B (1.34 ± 0.04) compared to Diet A (1.09 ± 0.03)(

205 Table 4). Shrimp growth rate was significantly greater ($P<0.05$) when ration increased from
206 60% (1.05 ± 0.04) to 80% (1.25 ± 0.05) to 100% satiation (1.36 ± 0.05). Shrimp growth rate
207 was also significantly greater ($P<0.001$) when the feed frequency was increased from 2 feeds
208 (1.12 ± 0.04) to 6 feeds (1.32 ± 0.04) per day (

209 Table 4).
210 After six weeks culture the average survival of shrimp was high ($95.4 \pm 0.5\%$) and not
211 significantly different between treatments ($P>0.05$) (

212 Table 5). The mean shrimp weight for each treatment ranged between 8.31 ± 0.11 g and
213 13.24 ± 0.72 g. The mean growth rate ranged between 0.85 ± 0.02 g shrimp⁻¹ week⁻¹ and
214 1.71 ± 0.12 g shrimp⁻¹ week⁻¹.
215 There was a significant ($P < 0.001$) main effect for diet, frequency and ration and a significant
216 ($P < 0.05$) frequency x ration interaction (

217 Table 6). When averaged across all feed frequency and ration treatments, shrimp growth rate
218 (g shrimp⁻¹ week⁻¹) was significantly greater ($P < 0.001$) when fed Diet B (1.49 ± 0.05)
219 compared to Diet A (1.18 ± 0.03)(

220 Table 7), demonstrating that the addition of the microbial biomass (Novacq™) to the diet
221 provided an overall 26% increase in growth.
222 When fed two times per day, shrimp growth rate was significantly greater ($P < 0.001$) when
223 ration increased from 60% (0.99 ± 0.05) to 80% satiation (1.31 ± 0.06) but there was no
224 significant ($P > 0.05$) improvement in growth when ration was increased from 80% to 100%
225 satiation (1.46 ± 0.07)(

226 Table 7). This trend was also the same when shrimp were fed six times per day, with growth
227 rates of 1.26 ± 0.03 (60%), 1.49 ± 0.07 (80%) and 1.49 ± 0.10 (100%).
228 Shrimp growth rate was also significantly greater ($P < 0.05$) when the feed frequency was
229 increased from two feeds to six feeds at rations of 60% (0.99 ± 0.05 and 1.26 ± 0.03) and
230 80% satiation (1.31 ± 0.06 and 1.49 ± 0.07), but not 100% satiation (1.46 ± 0.07 and
231 1.49 ± 0.10)(

232 Table 7). This interaction between feed frequency and ration is more clearly illustrated in

233 Figure 1. This plot shows that as ration increased from 60% up to 100% satiation, the growth
234 benefits of six feeds compared to two feeds was reduced.

235 *3.2 Feed utilization*

236 After six weeks culture, the FCR averaged 1.32 ± 0.03 across all treatments (

237 Table 9). There was no significant ($P>0.05$) effect of diet on FCR, but there was a significant
238 ($P<0.001$) frequency and ration effect (

239 Table 8). FCR decreased from 1.42 ± 0.04 when fed two feeds a day to 1.22 ± 0.04 when fed
240 six feeds. There was also a significant decrease ($P < 0.001$) in FCR when the ration was
241 reduced from 100% satiation (1.52 ± 0.05) to 80% satiation (1.26 ± 0.04), but there was no
242 significant difference ($P > 0.05$) between a ration of 80% and 60% satiation (1.18 ± 0.04).

243

244 *3.3 Composition analysis*

245 There was no significant main effect ($P > 0.05$) for diet or frequency on the composition of the
246 shrimp as determined by 3-way ANOVA (

247 Table 10). However, there was a significant effect ($P<0.001$) of ration on ash composition.
248 Shrimp fed a ration of 80% satiation had a significantly lower ($P<0.01$) ash composition (3.0
249 $\pm 0.13\%$) than shrimp fed a ration of 60% satiation ($3.3 \pm 0.09\%$).
250

251 4. Discussion

252 The present study found significant effects of feed frequency and ration on the growth and
253 feed utilization of *Penaeus monodon*. Feeding shrimp six times per day relative to twice a day
254 significantly improved shrimp growth and FCR when the ration was 80% or 60% of satiation.
255 However, when the ration was 100% satiation, FCR was improved by feeding six times, but
256 there was no difference in growth compared to feeding twice daily. The effect of frequency
257 and ration was consistent for each of the two diets tested. The inclusion of the microbial
258 biomass into the diet resulted in significantly enhanced shrimp growth in all treatments
259 compared to the diet without. The main outcomes of the study demonstrate the significant
260 influence that feed frequency and ration has on production efficiency and highlight the
261 importance of understanding this relationship when developing feed management strategies.

262

263 4.1 Effects on growth performance

264 When only considering the treatments fed to 100% satiation, the growth of shrimp fed the
265 commercially formulated diet in this study (range from 1.26 g to 1.32 g shrimp⁻¹ week⁻¹) was
266 well above that which is typical for this species in a clear-water tank system over this period,
267 previously recorded to be 0.91 g shrimp⁻¹ week⁻¹ (Smith et al., 2007), or range from 0.87 g to
268 0.91 g shrimp⁻¹ week⁻¹ (Glencross et al., 2014). The growth rate of shrimp fed the diet with
269 the microbial biomass (1.61 g to 1.71 g shrimp⁻¹ week⁻¹) was also greater than that achieved
270 with previous administration of this ingredient to animals of a similar size in the same
271 system, which was 1.30 g week⁻¹ (Glencross et al., 2014) and greater than that modelled for
272 pond cultured *P. monodon* of the same size grown under the same temperature regimen,
273 which was 1.32 g week⁻¹ (Jackson and Wang, 1998). The improved growth may be attributed
274 to the addition of krill meal to both diets and the use of stock that may have been genetically
275 superior. Glencross et al., (2013) achieved growth rates of 2.56 g shrimp⁻¹ week⁻¹ in the same
276 tank system with diets containing 10% krill meal and 10% Novacq when fed to eighth
277 generation selected stocks.

278 There have been few studies investigating the effect of feed frequency on *P. monodon* with
279 the results being quite varied. Smith et al., (2002) reported no difference in growth or feed
280 efficiency of 5.5 g animals at higher feed frequencies whereas Josekutty and Jose (1996)
281 reported improved growth and feed efficiency of smaller 0.21 g animals. The effect of feed
282 frequency on growth of other penaeids is also quite varied. In enclosures within ponds, an
283 improvement in growth as feed frequency increased was demonstrated for 6.6 g *P. vannamei*
284 (Robertson et al., 1993) but not smaller 2.7 g *P. vannamei* (Carvalho and Nunes, 2006). Ye et

285 al., 2005 demonstrated improved growth for 0.24 g juveniles in 2 t tanks whereas as Velasco
286 et al., 1999 found no improvement in growth of 0.19 g to 0.6 g juveniles under laboratory
287 conditions. Improved growth and FCR from higher feed frequencies was reported for
288 juvenile *Penaeus merguensis* (Sedgwick, 1979) and *Penaeus indicus* (Moradizadeh et al.,
289 2011). Nair and Sridhar (1995) also reported improved growth for 0.13 g juvenile *P. indicus*
290 but no improvement in growth for 1.5 g or 4.4 g juveniles.

291 The variation observed among previous studies could likely attributed to the use of different
292 animal sizes, systems (clear water compared to green water culture) and diets. In addition, the
293 present study demonstrated that ration can have a significant influence on the effect of feed
294 frequency, and therefore how the specific ration used was calculated in previous studies could
295 have also contributed to the varied results. Considering shrimp were fed to satiety in the
296 study by Smith et al. (2002) the results are comparable to our results at 100% satiation
297 whereby no difference was observed between two and six feeds. Smith et al. (2002) also
298 reported FCR's of 2.0 and suggested that feed may have been offered in excess requirements.
299 This is consistent with Carvalho and Nunes (2006) who reported FCR's of 1.98 to 3.49 and
300 also demonstrated no effect of feed frequency. In that study, feed ration was adjusted weekly
301 based on estimated biomass and considering the low survival achieved, feed may have been
302 provided in excess. The authors therefore clearly stated that higher feed frequencies were not
303 advantageous under their feeding protocol. These results suggest that growth can be
304 maintained with fewer feed events, as long as feed is supplied in excess requirements. The
305 trade off is that feed efficiency is compromised.

306

307 4.2 Effects on feed conversion ratio

308 Improved feed efficiency (reducing FCR) has been demonstrated by restricting the feed ration
309 for *P. monodon* (Glencross et al., 1999; 2013) and *P. vannamei* (Venero et al., 2007) but at
310 the expense of growth. A study by Glencross et al. (1999) on the evaluation of a purified
311 research diet for *P. monodon* observed a significant improvement in FCR (1.58 cf. 2.08), with
312 25% feed restriction, but notably no significant effect on growth (0.60 cf. 0.63 g/wk) was
313 observed. There was also significant variation among different diets (purified, commercial
314 and practical) in that study with FCR's ranging from 2.08 to 3.40. Another study reported no
315 significant effect on final weight by restricting the ration by 25% and even 50% of apparent
316 satiation when fed to 9.1 g *P. vannamei* cultured for 4 weeks (Nunes et al., 2006). However,
317 in the study of Nunes et al (2006) the initial weight of shrimp fed to 100% satiation was
318 smaller than the restricted ration treatments and therefore the results difficult to interpret. The

319 present study demonstrated that the feed efficiency benefits of restricted ration could be
320 realised with minimal or no impact on growth by increasing the feed frequency. A
321 comparable outcome was observed by Sedgwick (1979), who assessed the combined effect of
322 four ration levels and two feed frequencies with juvenile *Penaeus merguensis* (0.13 g). The
323 study of Sedgwick (1979) also demonstrated the combined benefit of higher feed frequency
324 and restricted ration. The final weight and FCR of shrimp fed four times daily at 9.8% body
325 weight was 1.29 g and 1.35 respectively. In comparison, shrimp fed once daily at 14.0% body
326 weight grew to 1.17 g with an FCR of 2.41.

327 Our findings suggest that a compromise between feed utilization and feeding effort under the
328 conditions tested. Notably, similar growth rates were achieved in the present study by feeding
329 six times daily at 80% satiation compared with two times daily at 100%, and this was
330 consistent for both diets. However, the former strategy also demonstrated improved FCR for
331 both diets (26% for Diet A and 28% for Diet B). This outcome was similar to that reported by
332 Sedgwick (1979) where growth and feed efficiency of juvenile *P. merguensis* improved
333 when fed four times daily on a lower ration compared to only being fed once daily. In
334 adopting any of these strategies, a farmer would have to consider the balance between costs
335 of extra labour to increase feed frequency against the reduced feed costs from improved FCR.

336

337 4.3 Conclusion

338 This study has defined some important boundaries of the combined effects of variables of
339 feed frequency and ration allocation on the growth and feed utilization of 3.0 to 13.0 g
340 *P. monodon*. Our results showed that the optimal ration was between 80% and 100%, but
341 reducing ration below 80% satiation is likely to compromise growth. A high feed frequency
342 of six times a day was beneficial under restricted ration but further improvements in
343 efficiency may be possible by yet more frequent feeding, especially under restricted ration
344 regimen. Further research is needed to assess a narrower range of ration levels (e.g. 100%,
345 90%, 80%) across a broader range of feed frequencies (2, 4 or 8 times a day) followed by
346 confirmation or modification of the findings in green water tanks and/or commercial ponds.
347 Furthermore, additional effort could be placed on exploring the effects of variation in initial
348 shrimp size and also the effects of hypoxia on the responses to such feed management
349 constraints.

350

351

352 Acknowledgements

353 This work was supported by funds from both Ridley Aquafeeds Pty Ltd and CSIRO. We
354 acknowledge the support of Natalie Habily and Kinam Salee in assisting with the
355 maintenance of the animal trial.

356

357

358 **References**

359 AOAC (Association of Official Analytical Chemists), 2005. Official Methods of Analysis of
360 the Association of Official Analytical Chemists, 15th edn. Association of Official
361 Analytical Chemists, Washington, DC, USA.

362 Carvalho, E.A., Nunes, A.J.P., 2006. Effects of feeding frequency on feed leaching loss and
363 grow-out patterns of the white shrimp *Litopenaeus vannamei* fed under a diurnal
364 feeding regime in pond enclosures. *Aquaculture* 252, 494-502.

365 Glencross, B.D., Smith, D.M., Tonks, M.L., Tabrett, S.M., Williams, K.C., 1999. A reference
366 diet for nutritional studies of the prawn, *Penaeus monodon*. *Aquaculture Nutrition* 5,
367 33-40

368 Glencross, B., Tabrett, S., Irvin, S., Wade, N., Anderson, M., Blyth, D., Smith, D., Coman,
369 G., Preston, N., 2013. An analysis of the effect of diet and genotype on protein and
370 energy utilization by the black tiger shrimp, *Penaeus monodon* – why do genetically
371 selected shrimp grow faster? *Aquaculture Nutrition* 19, 128-138.

372 Glencross, B., Irvin, S., Arnold, S., Blyth, D., Bourne, N., Preston, N., 2014. Effective use of
373 microbial biomass products to facilitate the complete replacement of fishery resources
374 in diets for the black tiger shrimp, *Penaeus monodon*. *Aquaculture* 431, 12-19.

375 Hasan, B.M.A., Guha, B., Datta, S., 2012. Optimization of feeding efficiency in semi-
376 intensive farming system for sustainable and cost effective production of *Penaeus*
377 *monodon* Fabricius. *Journal of Aquaculture Research and Development* 3, 149.

378 Jackson, C.J., Wang, Y-G., 1998. Modelling growth rate of *Penaeus monodon* Fabricius in
379 intensively managed ponds: effects of temperature, pond age and stocking density.
380 *Aquaculture Research* 29, 27-36.

381 Josekutty, P.A., Jose, S., 1996. Optimum ration size and feeding frequency for rearing of
382 *Penaeus monodon* Fabricius. *Fishery Technology* 33, 1, 16-20.

383 Moradzadeh, F.H., Soudagar, M., Gorgin, S., Pasandi, A., 2011. Effects of feeding frequency
384 on growth, survival and water quality of rearing tanks of the Indian white shrimp
385 (*Penaeus indicus*). *Iranian Scientific Fisheries Journal*, 20, 4, 129-136.

386 Nair, R.J., Sridhar, M., 1995. The combined effect of ration size and feeding frequency on
387 growth in post larvae, juvenile and adult *Penaeus indicus* H. Milne Edwards. Central
388 Marine Fisheries Research Institute, Cochin (India) 61, 30-40.

389 Nunes, A.J.P., Sá, M.V.C., Carvalho, E.A., Neto, H.S., 2006. Growth performance of the
390 white shrimp *Litopenaeus vannamei* reared under time- and rate- restriction feeding
391 regimes in a controlled culture system. Aquaculture 253, 646-652.

392 R Development Core Team, 2009. R: A Language and Environment for Statistical
393 Computing. R Foundation for Statistical Computing, Vienna, Austria 3-900051-07-0
394 (<http://www.R-project.org>).

395 Robertson, L., Lawrence, A.L., Castille, F.L., 1993. Effect of feeding frequency and feeding
396 time on growth of *Penaeus vannamei* (Boone). Aquaculture Fisheries Management 24,
397 1-6.

398 Sedgwick, R.W., 1979. Effect of ration size and feeding frequency on the growth and food
399 conversion of juvenile *Penaeus merguensis* de Man. Aquaculture 16, 279-298.

400 Smith, D.M., Burford, M.A., Tabrett, S.J., Irvin, S.J., Ward, L., 2002. The effect of feeding
401 frequency on water quality and growth of black tiger shrimp (*Penaeus monodon*).
402 Aquaculture 207, 125-136.

403 Smith, D.M., Tabrett, S.J., Glencross, B.D., 2007. Growth response of the black tiger shrimp,
404 *Penaeus monodon* fed diets containing different lupin cultivars. Aquaculture 269, 236-
405 246.

406 Velasco, M., Addison, L.L., Castille, F.L., 1999. Effect of variations in daily feeding
407 frequency and ration size on growth of shrimp, *Litopenaeus vannamei* (Boone), in zero-
408 water exchange culture tanks. Aquaculture 179, 141-148.

409 Venero, J.A., Davis, A.D., Rouse, D.B., 2007. Variable feed allowance with constant protein
410 input for the pacific white shrimp *Litopenaeus vannamei* reared under semi-intensive
411 conditions in tanks and ponds. Aquaculture 269, 490-503.

412 Ye, L., Lin, H., Li, Z., Wen, G., Ma, Z., Zhu, C., 2005. The effect of feeding frequency on
413 growth of *Litopenaeus vannamei* (Boone) and water quality. South China Sea Fisheries
414 Science 1, 4, 56-60.

415

416

417 Table 1 Formulations and composition of experimental diets

	Diet A	Diet B
<i>Formulation (%)</i>		
Fish Meal (Anchovetta, 68% protein) ^a	40.00	40.00
Krill Meal (Qrill TM) ^a	10.00	10.00
Gluten (wheat) ^b	7.00	7.00
Wheat Flour ^b	40.03	30.03
Lecithin ^a	1.00	1.00
Fish Oil ^a	1.50	1.50
Microbial biomass (Novacq TM) ^c	-	10.00
Astaxanthin (Carophyll Pink TM) ^d	0.05	0.05
Cholesterol ^e	0.10	0.10
Antioxidant (Banox E) ^f	0.02	0.02
Vitamin C (Stay C TM) ^d	0.10	0.10
Vitamin premix ^g	0.20	0.20
<i>Composition (%DM)</i>		
Dry matter (% as is)	97.01	96.89
Protein	47.28	47.16
Lipid	9.77	7.80
Ash	8.35	14.71
Carbohydrate	34.60	30.33
Gross energy (MJ/kg DM)	20.95	19.33

418 ^a Ridley Aqua-Feed, Narangba, Qld, Australia.419 ^b Manildra, Auburn, NSW, Australia.420 ^c CSIRO, Bribie Island, Qld, Australia.421 ^d DSM, Wagga Wagga, NSW, Australia.422 ^e MP Bio, Aurora, OH, USA.423 ^f BEC Feed Solutions, Carole Park, Qld, Australia.424 ^g Rabar, Beaudesert, Qld, Australia.

425

426

427 Table 2 Mean (\pm SEM) growth and survival for *P. monodon* after three weeks culture fed two diets at
 428 two frequencies and three rations

Diet	A						B					
	2			6			2			6		
	60	80	100	60	80	100	60	80	100	60	80	100
Initial weight (g shrimp ⁻¹)	3.19 (0.05)	3.09 (0.05)	3.11 (0.07)	3.13 (0.03)	3.06 (0.07)	3.07 (0.06)	3.08 (0.05)	3.04 (0.03)	3.18 (0.04)	3.10 (0.02)	3.21 (0.04)	2.99 (0.07)
3 week weight (g shrimp ⁻¹)	5.62 (0.06)	6.13 (0.11)	6.74 (0.25)	6.40 (0.07)	6.68 (0.14)	6.79 (0.21)	6.16 (0.19)	6.87 (0.11)	7.34 (0.28)	6.93 (0.12)	7.67 (0.25)	7.82 (0.36)
Weight gain (g shrimp ⁻¹)	2.43 (0.06)	3.05 (0.12)	3.63 (0.22)	3.27 (0.06)	3.62 (0.08)	3.72 (0.18)	3.08 (0.14)	3.83 (0.10)	4.17 (0.25)	3.83 (0.10)	4.47 (0.26)	4.83 (0.34)
Growth rate (g shrimp ⁻¹ week ⁻¹)	0.81 (0.02)	1.02 (0.04)	1.21 (0.07)	1.09 (0.02)	1.21 (0.03)	1.24 (0.06)	1.03 (0.05)	1.28 (0.03)	1.39 (0.08)	1.28 (0.03)	1.49 (0.09)	1.61 (0.11)
Survival (%)	100.0 (0.0)	97.5 (2.5)	92.5 (5.0)	95.0 (3.1)	95.0 (3.1)	100.0 (0.0)	97.5 (2.5)	97.5 (2.5)	97.5 (2.5)	97.5 (2.5)	97.5 (2.5)	100.0 (0.0)

429

430

431 Table 3 Three way analysis of variance of the diet x frequency x ration effects on the growth rate of *P.*
 432 *monodon* after three weeks culture

	df	Sum Sq.	Mean Sq.	F Value	Pr (>F)
Diet	1	0.9321	0.9321	50.881	4.60E-09***
Frequency	1	0.5816	0.5816	31.75	9.02E-07***
Ration	2	0.9902	0.4951	27.025	1.37E-08***
Diet*Frequency	1	0.0137	0.0137	0.746	0.392
Diet*Ration	2	0.0172	0.0086	0.47	0.628
Frequency*Ration	2	0.0493	0.0247	1.347	0.270
Diet*Frequency*Ration	2	0.034	0.017	0.927	0.403
Residuals	48	0.8793	0.0183		

433 *Significant at $P < 0.05$.

434 **Significant at $P < 0.01$.

435 ***Significant at $P < 0.001$.

436

437

438 Table 4 Mean (\pm SEM) shrimp growth rate (g shrimp⁻¹ week⁻¹) after three weeks culture fed two
 439 different diets at two feed frequencies and three rations

	Frequency	Ration			Frequency mean
		100%	80%	60%	
Diet A	2 Feeds	1.21 (0.07)	1.02 (0.04)	0.81 (0.02)	1.01 (0.05)
	6 Feeds	1.24 (0.06)	1.21 (0.03)	1.09 (0.02)	1.18 (0.03)
	Ration mean	1.22 (0.04)	1.11 (0.04)	0.95 (0.05)	1.09 (0.03)^B
Diet B	2 Feeds	1.39 (0.08)	1.28 (0.03)	1.03 (0.05)	1.23 (0.05)
	6 Feeds	1.61 (0.11)	1.49 (0.09)	1.28 (0.03)	1.46 (0.06)
	Ration mean	1.50 (0.08)	1.38 (0.06)	1.15 (0.05)	1.34 (0.04)^A
Combined	2 Feeds	1.30 (0.06)	1.15 (0.05)	0.92 (0.04)	1.12 (0.04)^b
	6 Feeds	1.42 (0.09)	1.35 (0.06)	1.18 (0.04)	1.32 (0.04)^a
	Ration mean	1.36 (0.05)^a	1.25 (0.05)^b	1.05 (0.04)^c	1.22 (0.03)

440 Values for each diet-frequency-ration combination are means (\pm SEM) of 5 replicate tanks.

441 Diet means with different superscripts (upper case) are significantly different ($P < 0.05$).

442 Frequency means with different superscripts (lower case) are significantly different ($P < 0.05$).

443 Ration means with different superscripts (underlined lower case) are significantly different ($P < 0.05$).

444

445

446

447

448

449

450

451

452

453

454

455

456 Table 5 Mean (\pm SEM) growth and survival for *P. monodon* after six weeks culture fed two diets at
 457 two frequencies and three rations

Diet	A						B					
	2			6			2			6		
	60	80	100	60	80	100	60	80	100	60	80	100
Initial weight (g shrimp ⁻¹)	3.19 (0.05)	3.09 (0.05)	3.11 (0.07)	3.13 (0.03)	3.06 (0.07)	3.07 (0.06)	3.08 (0.05)	3.04 (0.03)	3.18 (0.04)	3.10 (0.02)	3.21 (0.04)	2.99 (0.07)
6 week weight (g shrimp ⁻¹)	8.31 (0.11)	9.91 (0.24)	11.01 (0.36)	10.23 (0.21)	10.87 (0.12)	10.64 (0.43)	9.89 (0.36)	11.88 (0.23)	12.85 (0.48)	11.07 (0.18)	13.23 (0.50)	13.24 (0.72)
Weight gain (g shrimp ⁻¹)	5.12 (0.11)	6.82 (0.26)	7.90 (0.35)	7.10 (0.19)	7.81 (0.12)	7.57 (0.40)	6.81 (0.33)	8.84 (0.24)	9.67 (0.46)	7.96 (0.17)	10.03 (0.50)	10.25 (0.70)
Growth rate (g shrimp ⁻¹ week ⁻¹)	0.85 (0.02)	1.14 (0.04)	1.32 (0.06)	1.18 (0.03)	1.30 (0.02)	1.26 (0.07)	1.14 (0.05)	1.47 (0.04)	1.61 (0.08)	1.33 (0.03)	1.67 (0.08)	1.71 (0.12)
FCR (feed fed/gain)	1.34 (0.08)	1.28 (0.04)	1.62 (0.16)	0.98 (0.04)	1.20 (0.05)	1.44 (0.04)	1.30 (0.05)	1.44 (0.09)	1.57 (0.07)	1.10 (0.04)	1.13 (0.03)	1.45 (0.08)
Survival (%)	95.0 (3.06)	97.5 (2.50)	90.0 (7.29)	95.0 (3.06)	95.0 (3.06)	100.0 (0.0)	97.5 (2.50)	92.5 (5.0)	95.0 (3.06)	95.0 (3.06)	97.5 (2.5)	95.0 (5.0)

458

459

460 Table 6 Three way analysis of variance of the diet x frequency x ration effects on the growth rate of *P.*
 461 *monodon* after six weeks culture

	df	Sum Sq.	Mean Sq.	F Value	Pr (>F)
Diet	1	1.4634	1.4634	81.422	6.55E-12***
Frequency	1	0.3559	0.3559	19.802	5.10E-05***
Ration	2	1.3451	0.6725	37.419	1.61E-10***
Diet*Frequency	1	0.0009	0.0009	0.053	0.8194
Diet*Ration	2	0.0755	0.0378	2.101	0.1335
Frequency*Ration	2	0.1495	0.0747	4.158	0.0216*
Diet*Frequency*Ration	2	0.0532	0.0266	1.481	0.2376
Residuals	48	0.8627	0.018		

462 *Significant at $P < 0.05$.

463 **Significant at $P < 0.01$.

464 ***Significant at $P < 0.001$.

465

466 Table 7 Mean (\pm SEM) shrimp growth rate (g shrimp⁻¹ week⁻¹) after six weeks culture fed two
 467 different diets at two feed frequencies and three rations

	Frequency	Ration			Frequency mean
		100%	80%	60%	
Diet A	2 Feeds	1.32 (0.06)	1.14 (0.04)	0.85 (0.02)	1.10 (0.06)
	6 Feeds	1.26 (0.07)	1.30 (0.02)	1.18 (0.03)	1.25 (0.03)
	Ration mean	1.29 (0.04)	1.22 (0.04)	1.02 (0.06)	1.18 (0.03)^B
Diet B	2 Feeds	1.61 (0.08)	1.47 (0.04)	1.14 (0.05)	1.41 (0.06)
	6 Feeds	1.71 (0.12)	1.67 (0.08)	1.33 (0.03)	1.57 (0.06)
	Ration mean	1.66 (0.07)	1.57 (0.05)	1.23 (0.04)	1.49 (0.05)^A
Combined	2 Feeds	1.46 (0.07) ^A	1.31 (0.06) ^{Ab}	0.99 (0.05) ^{Bb}	1.25 (0.05)
	6 Feeds	1.49 (0.10) ^A	1.49 (0.07) ^{Aa}	1.26 (0.03) ^{Ba}	1.41 (0.05)
	Ration mean	1.47 (0.06)	1.40 (0.05)	1.13 (0.04)	1.33 (0.03)

468 Values for each diet-frequency-ration combination are means (\pm SEM) of 5 replicate tanks.

469 Diet means with different superscripts (upper case) are significantly different ($P < 0.05$).

470 There was a significant main effect of both frequency and ration and a significant frequency x ration interaction. Therefore
 471 significant differences between ration treatments within each frequency treatment, and frequency treatments within each
 472 ration treatment are indicated.

473 Ration means (within 2 feeds) with different superscripts (upper case) are significantly different ($P < 0.05$).

474 Ration means (within 6 feeds) with different superscripts (underlined upper case) are significantly different ($P < 0.05$).

475 Feed frequency means (within 80% ration) with different superscripts (lower case) are significantly different ($P < 0.05$).

476 Feed frequency means (within 60% ration) with different superscripts (underlined lower case) are significantly different
 477 ($P < 0.05$).

478

479 Table 8 Three way analysis of variance of the diet x frequency x ration effects on the FCR of *P.*
 480 *monodon* after six weeks culture

	df	Sum Sq.	Mean Sq.	F Value	Pr (>F)
Diet	1	0.0066	0.0066	0.247	0.621
Frequency	1	0.6370	0.6370	23.734	1.25E-05***
Ration	2	1.2757	1.2757	23.766	6.70E-08***
Diet*Frequency	1	0.0000	0.0000	0.000	0.994
Diet*Ration	2	0.0132	0.0066	0.246	0.783
Frequency*Ration	2	0.0370	0.0185	0.690	0.506
Diet*Frequency*Ration	2	0.1006	0.0503	1.874	0.165
Residuals	48	1.2883	0.0268		

481 *Significant at $P < 0.05$.

482 **Significant at $P < 0.01$.

483 ***Significant at $P < 0.001$.

484

485

486 Table 9 Mean (\pm SEM) after six weeks culture of *P. monodon* fed two different diets at two feed
 487 frequencies and three rations

	Frequency	Ration			Frequency mean
		100%	80%	60%	
Diet A	2 Feeds	1.62 (0.16)	1.28 (0.04)	1.34 (0.08)	1.41 (0.07)
	6 Feeds	1.44 (0.04)	1.20 (0.05)	0.98 (0.04)	1.21 (0.06)
	Ration mean	1.53 (0.08)	1.24 (0.03)	1.16 (0.07)	1.31 (0.05)
Diet B	2 Feeds	1.57 (0.07)	1.44 (0.09)	1.30 (0.05)	1.43 (0.05)
	6 Feeds	1.45 (0.08)	1.13 (0.03)	1.10 (0.04)	1.23 (0.05)
	Ration mean	1.51 (0.05)	1.28 (0.07)	1.20 (0.04)	1.33 (0.04)
Combined	2 Feeds	1.60 (0.08)	1.36 (0.05)	1.32 (0.05)	1.42 (0.04)^a
	6 Feeds	1.45 (0.04)	1.16 (0.03)	1.04 (0.03)	1.22 (0.04)^b
	Ration mean	1.52 (0.05)^a	1.26 (0.04)^b	1.18 (0.04)^b	1.32 (0.03)

488 Values for each diet-frequency-ration combination are means (\pm SEM) of 5 replicate tanks.

489 Frequency means with different superscripts (lower case) are significantly different ($P < 0.05$).

490 Ration means with different superscripts (underlined lower case) are significantly different ($P < 0.05$).

491

492

493

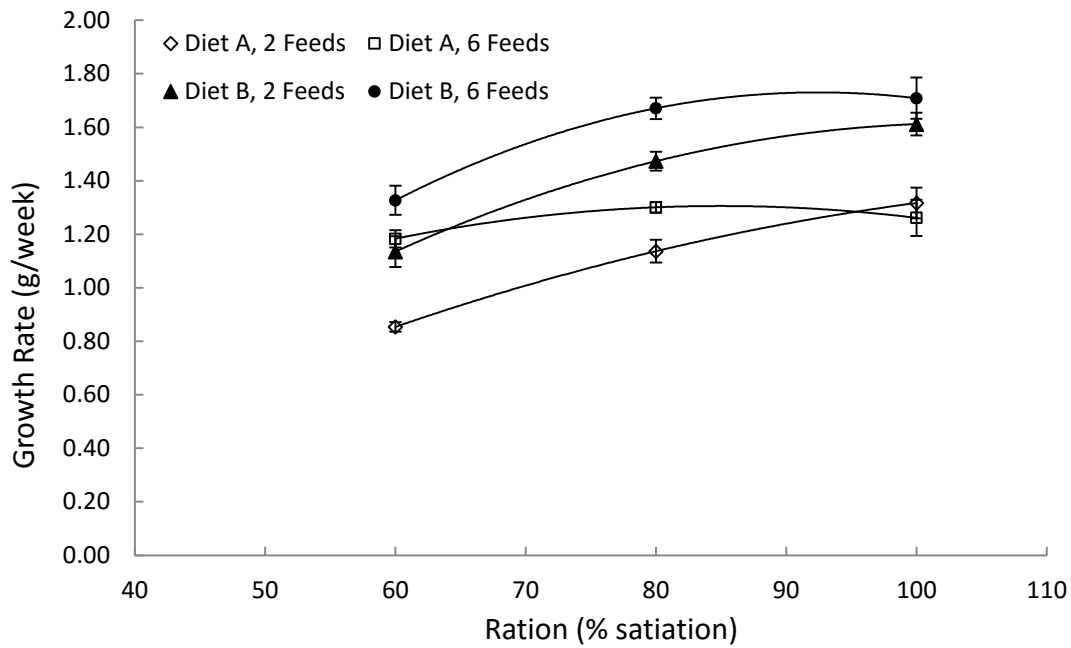
494 Table 10 Composition of *P. monodon* after six weeks culture fed two different diets at two feed
 495 frequencies and three rations

Diet	A						B					
	2			6			2			6		
	60	80	100	60	80	100	60	80	100	60	80	100
Dry matter	28.3	24.7	27.3	25.2	24.9	28.2	28.2	27.1	28.4	28.3	26.9	28.1
(%)	(0.8)	(2.9)	(1.1)	(2.0)	(1.7)	(1.1)	(0.5)	(1.5)	(0.6)	(0.7)	(1.1)	(0.8)
Protein (%)	20.4	17.5	19.1	17.6	17.4	19.6	20.0	19.2	20.0	20.2	19.0	19.2
	(0.6)	(2.0)	(0.7)	(1.5)	(1.3)	(0.8)	(0.5)	(1.0)	(0.7)	(0.4)	(1.1)	(0.5)
Lipid (%)	1.8	1.9	2.4	2.1	2.2	2.2	2.0	2.4	2.2	2.1	2.1	2.4
	(0.1)	(0.3)	(0.2)	(0.3)	(0.2)	(0.1)	(0.1)	(0.3)	(0.2)	(0.2)	(0.1)	(0.2)
Ash (%)	3.8	2.9	3.2	3.3	2.9	3.4	3.6	3.3	3.2	3.4	2.8	3.5
	(0.2)	(0.4)	(0.2)	(0.2)	(0.2)	(0.2)	(0.1)	(0.2)	(0.1)	(0.2)	(0.2)	(0.2)

496

497

498



500

501

502 Figure 1 *P. monodon* growth rate after six weeks culture when fed two diets at two frequencies and
 503 three rations. Over the full range of rations, growth rates for shrimp from the different diet x feed
 504 frequency treatments were defined by the equations $y = -0.0001x^2 + 0.0321x - 0.6104$ (Diet A, 2
 505 Feeds), $y = -0.0002x^2 + 0.0333x - 0.1089$ (Diet A, 6 Feeds), $y = -0.0002x^2 + 0.0517x - 1.0722$ (Diet B,
 506 2 Feeds) and $y = -0.0004x^2 + 0.0708x - 1.5439$ (Diet B, 6 Feeds).

507