The University of Maine DigitalCommons@UMaine

General University of Maine Publications

University of Maine Publications

4-14-2021

Meet the 2021 Outstanding Graduating Students

Margaret Nagle Division of Marketing and Communications

Follow this and additional works at: https://digitalcommons.library.umaine.edu/univ_publications

Part of the Higher Education Commons, and the History Commons

Repository Citation

Nagle, Margaret, "Meet the 2021 Outstanding Graduating Students" (2021). *General University of Maine Publications*. 1144. https://digitalcommons.library.umaine.edu/univ_publications/1144

This Article is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in General University of Maine Publications by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.



Want weekly UMaine news updates in your inbox?

SUBSCRIBE NOW

Recent Posts

Camire to take part in free webinar about nutritional supplements for older adults

Published: April 16, 2021

Lila Harakles: Aspiring public servant trains in Maine, Washington, D.C.

Published: April 16, 2021

Abdelrhman Attia: Compassion, support draws student from Egypt to **UMaine**

Published: April 16, 2021

Fuller talks Fiddleheads with Calais Advertiser

Published: April 16, 2021

News Center cites Sorg report in coverage of OUI arrest rise in Portland

Published: April 16, 2021

UMaine Today





Meet the 2021 Outstanding Graduating Students

April 14, 2021

Thirteen undergraduates have been named 2021 Outstanding Graduating Students at the University of Maine.

Among them is Bailey West, the Outstanding Graduating Student in the College of Natural Sciences, Forestry, and Agriculture, and in the Honors College, and the 2021 valedictorian. Her profile story is online. Short biographies of the other UMaine Outstanding Graduating Students follow:

Melanie Berry

Melanie Berry of Morrill, Maine is the Outstanding Graduating Student in the University of Maine Division of Lifelong Learning. The Dexter native will receive a Bachelor of University Studies with a minor in psychology. Her numerous awards during her UMaine years include the Nontraditional Student Scholarship, the Alpha One Powering Education Scholarship and the Adult Degree Scholarship. Berry is a human resources associate with athenahealth in Belfast, where she has worked full time since 2009. She started taking classes in 1994–95 at Wilmington College and at UMaine in 2005-06 before returning to complete her degree in 2018.



Photo taken in adherence with health and safety guidelines Melanie Berry

A full Q&A with Berry is online.

Hana Davis



Hana Davis of Tsawwassen, British Columbia is the Outstanding Graduating International Student in the College of Liberal Arts and Sciences, She will receive a bachelor's degree in communication with a



double major in marketing. The scholar-athlete is captain of the field hockey team and a four-time NFHCA National Academic Squad honoree. Davis served as Spread Respect chair on the UMaine Student Athlete Advisory Committee and represented the university on the America East Conference Student-Athlete of Color Leadership Group. She also is a Mind Spa volunteer. Davis plans to pursue an MBA at UMaine while playing her last year of eligibility.



Photo taken in adherence with health and safety guidelines Hana Davis

A full Q&A with Davis is online.

Khoa Kieu

Khoa Kieu of Da Nang City, Vietnam is an Outstanding Graduating International Student in the College of Engineering. The chemical engineering major received multiple scholarships during his years at UMaine, including the Roger B. Hill Engineering Scholarship. He participated in a chemical engineering co-op at Verso Paper in Jay in 2019. On campus, he has worked in Dining Services, and as a teaching assistant and peer tutor. He plans to pursue a career in chemical engineering as a process or production engineer.



Photo taken in adherence with health and safety guidelines Khoa Kieu

A full Q&A with Kieu is online.

Vilgot Larsson

Vilgot Larsson of Stockholm, Sweden is the Outstanding Graduating International Student in the College of Engineering. The civil engineering major has a concentration in environmental engineering. The scholar-athlete is a member of the men's basketball team. He was a member of the Swedish National Team in the summers through 2019 and at UMaine was involved in community volunteering initiatives. Larsson plans to pursue a career in environmental engineering.



Photo taken in adherence with health and safety guidelines Vilgot Larsson

Iaryna Iasenytska

A full Q&A with Larsson is online.

laryna lasenytska of Kyiv, Ukraine is the Outstanding Graduating International Student in the Honors College. She is an international affairs major with a concentration in international security, with minors in Spanish and in legal studies. Her honors thesis is "One-Eyed Man and the Wicked Boar." Last year, lasenytska was a research assistant with the Marine Fisheries Partnership and is an assistant in the Office of International Programs. She has had internships in Kyiv with the Ministry of Internal Affairs and Relocation VIP Servis. Iasenytska has held leadership positions in the International Student Association. She plans to pursue a career in international politics.

A full Q&A with lasenytska is online.

Blanca Millan-Modia



Photo taken in adherence with health and safety guidelines laryna lasenytska



Blanca Millan-Modia of Santiago de Compostela, Spain is the Outstanding Graduating International Student in the College of Education and Human Development. She is a kinesiology and physical education major with a concentration in exercise science, and minors in child development and family relations, and in human nutrition. The scholar-athlete and member of the women's basketball team is a twotime America East Player of the Year and America East Defensive Player of the Year — the only woman in America East history to win both honors twice. Millan-Modia did her kinesiology internship in Latti Fitness Center — UMaine's strength and conditioning facility, where



Photo taken in adherence with health and safety guidelines Blanca Millan-Modia

she worked with other student-athletes on other UMaine teams. She has entered the 2021 WNBA draft and also plans to play in Europe. Following her professional basketball career, Millan-Modia plans to use her academic training to assist athletes and teams perform at the highest level.

A full Q&A with Millan-Modia is online.

Jordan Miner



Photo taken in adherence with health and safety guidelines lordan Miner

Jordan Miner of East Baldwin, Maine is the Outstanding Graduating Student in the College of Engineering. She is a biomedical engineering major with minors in electrical engineering and bioinstrumentation. Miner is a Maine Top Scholar who received two fellowships from the Center for Undergraduate Research to study Duchenne muscular dystrophy. She has been a student researcher collaborating in the laboratories of professors Karissa Tilbury and Clarissa Henry. Miner has presented and published her research findings, and received best poster honors at the 2019 Northeast Symposium on Biomedical Optics. She also has participated in three internships at IDEXX Laboratories

and NASA Goddard Space Flight Center. On campus, Miner has been a peer tutor and a leader in the Biomedical Engineering Club. She is captain of the Fastpitch Club that won the 2019–20 New England East conference championship. Miner will pursue a Ph.D. in biomedical engineering at UMaine, focused on cancer research.

A full Q&A with Miner is online.

Anna Schumann

Anna Schumann of Moers, Germany is the Outstanding Graduating International Student in the College of Natural Sciences, Forestry, and Agriculture. Schumann will receive a bachelor's degree in molecular and cellular biology, with a double major in biochemistry and a minor in microbiology. The Presidential Scholar is captain of UMaine's track and field team, competing in the long jump and triple jump, and was named to the 2020 All-America East Track & Field Academic Team Indoor & Outdoor. She also received the 2021 M Club Dean Smith award. Schumann has been a research assistant in professor Sally Molloy's lab, investigating how prophage (viruses that infect bacteria)



Photo taken in adherence with health and safety guidelines Anna Schumann

contribute to the fitness of their bacterial hosts and contribute to antibiotic resistance. For her work, Schumann received a Center of Undergraduate Research Fellowship and a UMaine Institute of Medicine Fellowship. Schumann is a peer tutor on campus and mentors youth in track and field in the community, She plans to pursue a Ph.D. in biomedical and biological sciences at Cornell University.

A full Q&A with Schumann is online.

Miranda Snyder

Miranda Snyder of Brimfield, Massachusetts is the Outstanding Graduating Student in the College of Education and Human Development. The secondary education major with a concentration in English received highest honors for her thesis completed in December



"How Alumnae of a Middle and High School Feminist Organization Perceive Their Involvement Related to Their Academic Self-Concept." Snyder was awarded a Center for Undergraduate Research Summer Fellowship and received the Thomas E. Lynch Honors Thesis Scholarship. Last year, she also collaborated with professor Rebecca Buchanan on multicultural teacher education programs. Snyder is

Ruent contra ingriese neriors for the strong compression



Photo taken in adherence with health and safety guidelines Miranda Snyder

president of All Maine Women,co-chair of Feminist Collective, a Fogler Library student ambassador, and a member of Hip Hop Club, Black Bear Menors and Eating Disorder/Body Positivity/Body Liberation Advocacy/Activism. She did her student teaching at Herman and Bangor high schools. Snyder plans to be a high school English language arts teacher.

A full Q&A with Snyder is online.

Cameron Spicer

Cameron Spicer of Erie, Colorado is the Outstanding Graduating Student in the Maine Business School. He will receive two bachelor's degrees in financial economics and in business administration in finance. Spicer is a defenseman on the men's ice hockey team. The Eagle Scout and Presidential Scholar received a Lavery Scholarship and Dale Lick Academic Achievement awards. His honors thesis is "The Role of the IEX in a Fragmented Market System." As a student researcher, Spicer has collaborated with professors Tim Waring and Sharon Klein to conduct analysis of greenwashing and community solar projects in the United States, respectively. He is a member of the Student Athlete



Photo taken in adherence with health and safety guidelines Cameron Spicer

and Honors Student advisory committees, has participated in the Student Portfolio Investment Fund (SPIFFY) and is a leader in the American Sign Language Club. Spicer has started graduate work in the 4+1 program and will complete a master's degree in information systems while competing in his final year of eligibility.

A full Q&A with Spicer is online.

Caroline Strolic

Caroline Strolic of Phoenix, Arizona is the Outstanding Graduating Student in the College of Liberal Arts and Sciences. She is an honors student majoring in art history with a minor in history. A member of the women's swimming and diving team, Strolic has been team captain for the past two years, and a member of the 2020 America East All-Academic Team. She holds records in the 200 and 400 medley relays. Her honors also include the Robert Thomson Memorial Thesis Fellowship and Zillman Art Museum-University of Maine Curatorial Internship. Her honors thesis is, "Benjamin West and His Studio: The Making of an Anglo-American Identity." Strolic has interned at the



Photo taken in adherence with health and safety guidelines Caroline Strolic

Hudson Museum on campus and at the American Independence Museum in Exeter, New Hampshire. She also has been a student mentor, lifeguard and swim instructor. She plans to pursue a master's degree in art history and museum studies.

A full Q&A with Strolic is online.

Fanny Wadling

Fanny Wadling of Nacka, Sweden is the Outstanding Graduating International Student for the second consecutive year — last year in the College of Education and Human Development; this year in the Maine Business School. In 2020, she received a bachelor's degree in kinesiology and physical education, with a minor in business administration, and a concentration in exercise science. This year, she

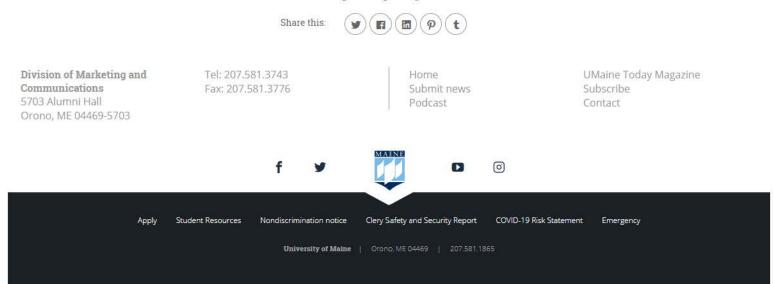


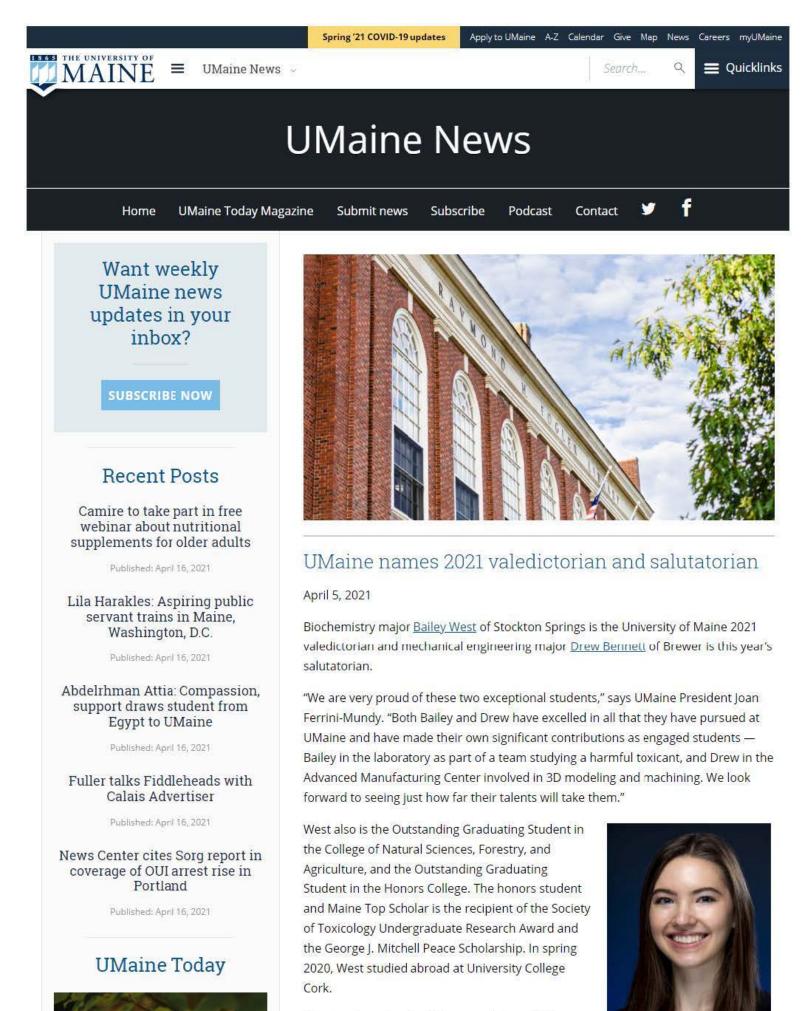
will receive a bachelor's degree in business administration in management. Wadling is a co-captain of the women's basketball team and was named three times to the America East All-Academic Team. She stayed a fifth year at UMaine to earn a second degree and to play Photo taken in adherence with health and

safety guidelines Fanny Wadling

her final year of eligibility. Wadling plans to play basketball professionally in Europe, followed by a career in business.

A full Q&A with Wadling is online.





West has been involved in research since high

- The

A ALLAND





CONFER CLASSROOM What are the tales of Marin's University forests

school, first with scientists at The Jackson Laboratory, MDI Biological Laboratory and Maine Medical Center, and then at UMaine with professor Julie Gosse. Her honors thesis is titled, "Oral-care

Photo taken in adherence with health and safety guidelines Bailey West

antimicrobial cetylpyridinium chloride inhibits mast cell function: role of tyrosine phosphorylation cascade."

On campus, she has been a peer tutor and teaching assistant, and a student ambassador for the Honors College and the Study Abroad Program.

"I was drawn to UMaine for the extensive opportunities to engage in undergraduatedriven research in my home state," says West. "UMaine strikes a great balance between a tight-knit community and a wealth of opportunities limited only by your imagination. Whenever I have wanted to pursue something here, there has been a mentor who has helped me find or create an avenue to do so."

This summer, West will participate in The Jackson Lab's Summer Student Program, a 10-week research fellowship in mammalian genetics and genomics. She plans to pursue a Ph.D. in pathobiology at the Johns Hopkins University School of Medicine this fall.

Bennett, who has a minor in robotics, has received Mid-South Engineering scholarships and the Thomas P. Hosmer Scholarship. Throughout his time on campus, Bennett has been an undergraduate research assistant in the Advanced Manufacturing Center. Last year, he also was a manufacturing intern with General Electric in Bangor and is currently an education application engineering intern with PTC in Boston.

On campus, Bennett is president of Black Bear Robotics and of the UMaine NASA Robotic Mining Challenge Team. In the community, he mentors youth robotics teams, including one at Brewer High School and one at Bucksport High School.



Photo taken in adherence with health and safety guidelines
Drew Bennett

"I would define the opportunities for student success as both unique and endless," says Bennett. "There are so many different research opportunities, internships, and on-campus jobs that allow students to explore their passions and find success in the fields they care about."

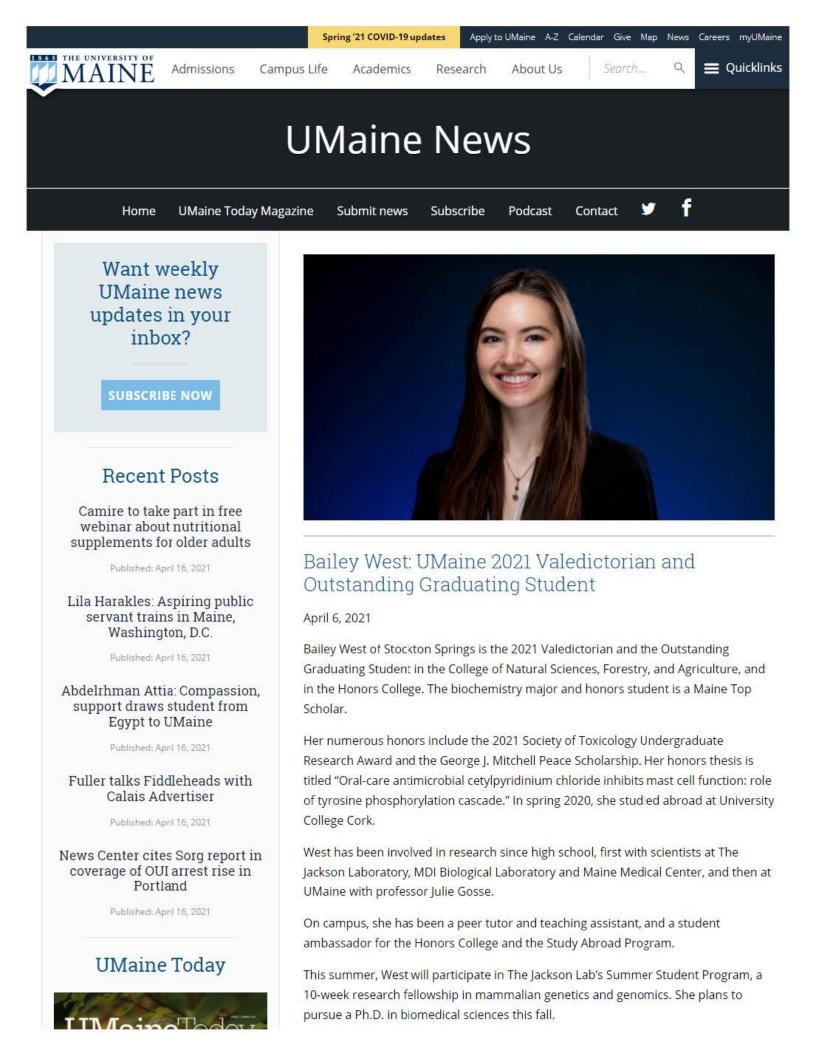
Bennett has accepted a full-time position as an education technical services engineer at PTC, where he will work with teachers, students and STEM organizations to implement the company's software technology.

Contact: Margaret Nagle, nagle@maine.edu



Division of Marketing and Communications 5703 Alumni Hall Orono, ME 04469-5703

Tel: 207.581.3743 Fax: 207.581.3776 Home Submit news Podcast UMaine Today Magazine Subscribe Contact



Ulvianerouay



CONFER CLASSROOM What are the rates of Mains's University Favor

What difference has UMaine made in your life and in helping you reach your goals?

UMaine has pushed me in every way, in terms of independence, knowledge, leadership, empathy and confidence. By consistently pushing me outside of my comfort zone, UMaine has prepared me well to pursue my goals in science.

Have you had an experience at UMaine that has changed or shaped the way you see the world?

The cumulative impact of all my experiences at UMaine has shaped the way I view the world. In particular, my experiences in the Honors College and studying abroad have contributed tremendously to that growth. With its strong emphasis on the humanities and discussion-based learning, the Honors College experience has challenged me to embrace new perspectives and subject areas outside of my discipline. The Honors College has also provided me with experiential learning through service projects and travel opportunities, including a trip to Washington, D.C. Studying abroad in Cork, Ireland was one of the best learning experiences I've ever had. It further pushed my comfort zone and made me more cognizant of my position as a global citizen by increasing my empathy for the immigration process, acceptance of uncertainty and appreciation of my Irish heritage.

Why UMaine?

I was drawn to UMaine for the extensive opportunities to engage in undergraduatedriven research in my home state. I have been fortunate to participate in the Maine Top Scholars program, which has provided extensive support for these research endeavors and made college affordable.

How would you define the opportunities for student success at UMaine?

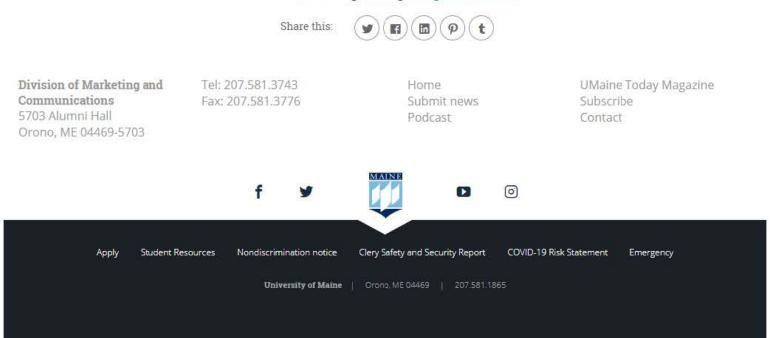
In my experience, the most important resource has been the supportive community. My peers, professors and mentors have helped me navigate the challenges and opportunities of my undergraduate education. UMaine strikes a great balance between a tight-knit community and a wealth of opportunities limited only by your imagination. Whenever I have wanted to pursue something here, there has been a mentor who has helped me find or create an avenue to do so; it's just a matter of reaching out.

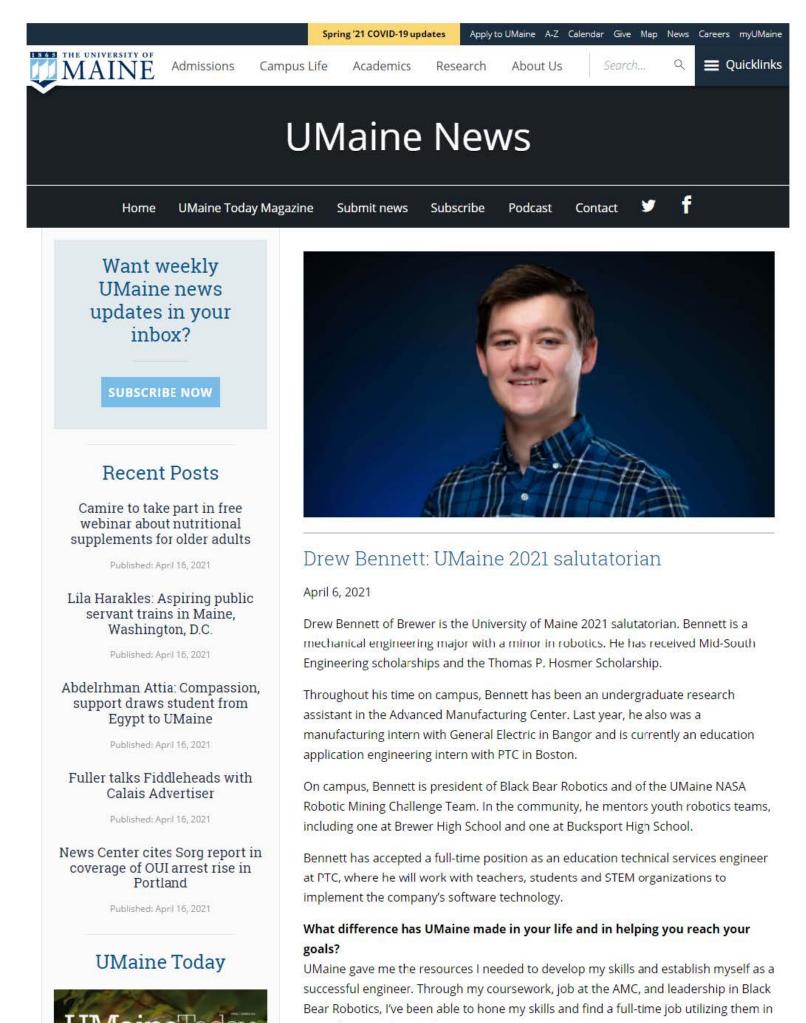
Have you worked closely with a professor or mentor who made your UMaine experience better?

I have been fortunate to have several incredible mentors during my time at UMaine, one of whom being my research mentor: Julie Gosse. Professor Gosse welcomed me into her lab during my freshman year and has consistently pushed me to develop independence and confidence as a researcher. She has gone cut of her way on countless occasions to support my growth as a scientist and a student. Melissa Ladenheim has also been a fantastic mentor since my freshman year, and she is now the adviser of the newly developed Honors Ambassadors program. Professor Ladenheim's enthusiasm and vision are unmatched, and she has provided me with a platform to take on leadership roles in areas in which I am passionate. Melissa Maginnis and Sally Molloy are professors in my department who have also had a significant impact on my growth, having mentored me in several courses and in my career development on countless occasions throughout the past four years.

What advice do you have for incoming students to help them get off to the best start academically?

Make the most of the supportive community and resources that are available to you. Reach out to your peers and professors, and know that you do not have to do this alone.





UIVIAILIEIUUAV



CONFER CLASSROOM What are the take of Mains's University favorati

a way I am passionate about.

Have you had an experience at UMaine that has changed or shaped the way you see the world?

My trip down to the JFK Space Center in Florida as part of UMaine's NASA Robotics Mining Challenge Team was a ton of fun and certainly encouraged me to dive deeper into the field of design engineering. Being able to see firsthand the feats of engineering that NASA has accomplished was a great experience.

Why UMaine?

As a local resident whose parents both graduated from UMaine, I've been familiar with the university for a long time. After attending the Consider Engineering program, I was impressed by how many unique engineering opportunities UMaine had to offer and how affordable the tuition was, making it an easy choice.

How would you define the opportunities for student success at UMaine?

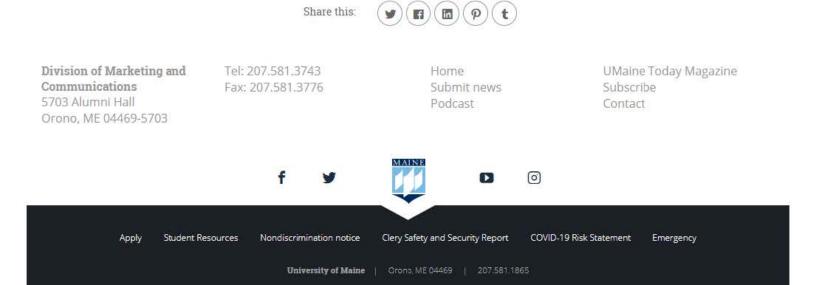
I would define the opportunities for student success as both unique and endless. There are so many different research opportunities, internships, and on-campus jobs that allow students to explore their passions and find success in the fields they care about.

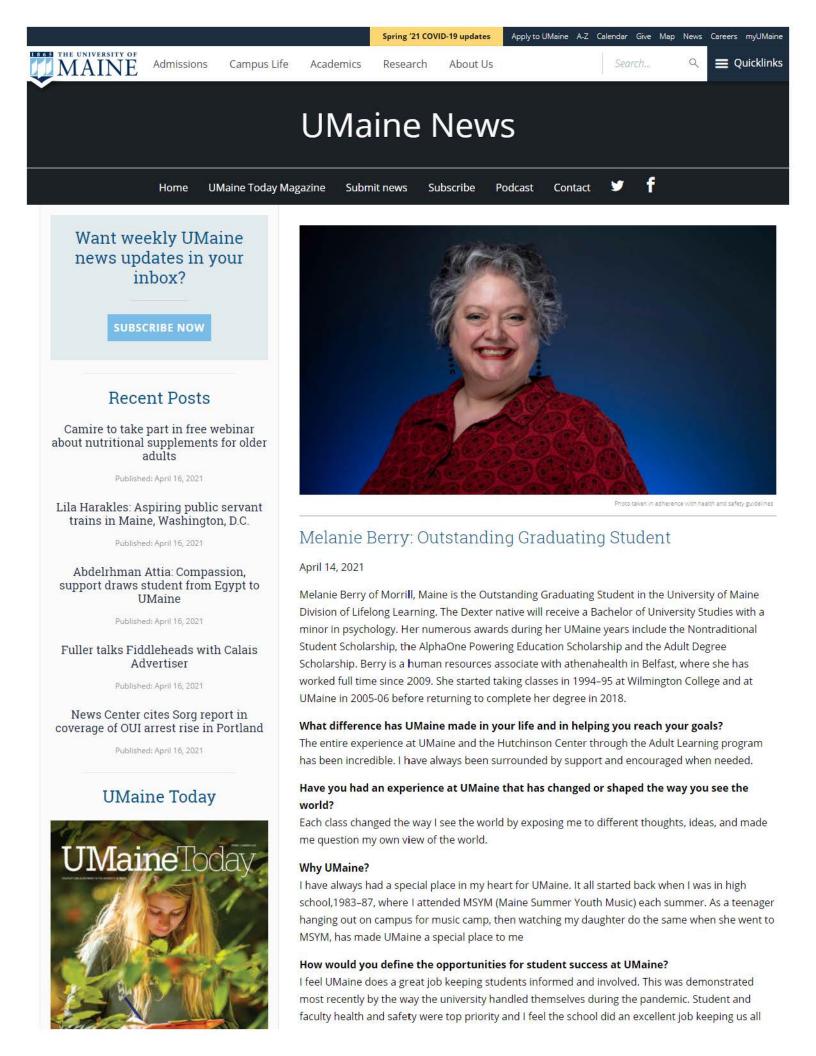
Have you worked closely with a professor or mentor who made your UMaine experience better?

The director of the Advanced Manufacturing Center, John Belding, gave me a position at the AMC after I graduated high school. Since then, I've worked on many projects with John and made a great number of connections to industry professionals who helped me earn my internships. I wouldn't have been able to find this much success without him.

What advice do you have for incoming students to help them get off to the best start academically?

Find a club, volunteer organization, or on-campus job that you're passionate about. This is where you'll meet your closest friends and make the professional connections that will help you succeed in the future.







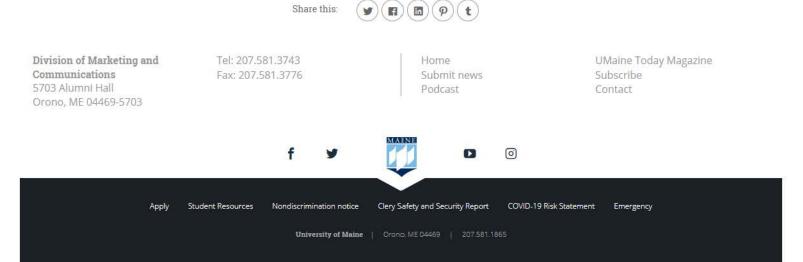
updated with any information that became available. As an adult learner, I also feel that UMaine, via the Hutchinson Center for those of us in the midcoast area, makes it easy and exciting for nontraditional students to excel.

Have you worked closely with a professor or mentor who made your UMaine experience better?

Barbara Howard was a wonderful adviser. She guided me through the remaining process. Professor Muralee Das was one of my favorite educators. I enjoyed his style of teaching and his genuineness; Kathryn Walsh was a tremendous help with financial assistance and helping me find scholarship money.

What advice do you have for incoming students to help them get off to the best start academically?

Keep going! If life happens (and it does) and you find yourself in a place where you just cannot attend school, don't let that be the end. Believe in your soul that you will one-day finish and it will be the best feeling in the world. Education matters! It shapes our world view and helps us to be the best we can be.







How would you define the opportunities for student success at UMaine?

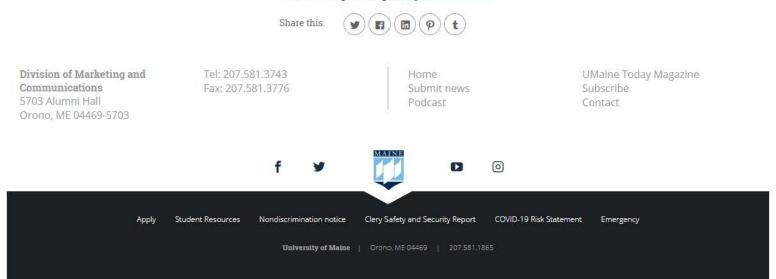
Professor office hours! Take the time to get to know your professors and take advantage of the opportunities they are offering to further your understanding. There have been multiple times where I have struggled in my classes and was able to turn my grades around with extra effort on my part. Also, to take advantage of the library and its amazing resources. I used to plan weekly trips to bunker down and grind out my assignments. It allowed an environment that persuaded me to work harder and allowed me to access resources to be successful.

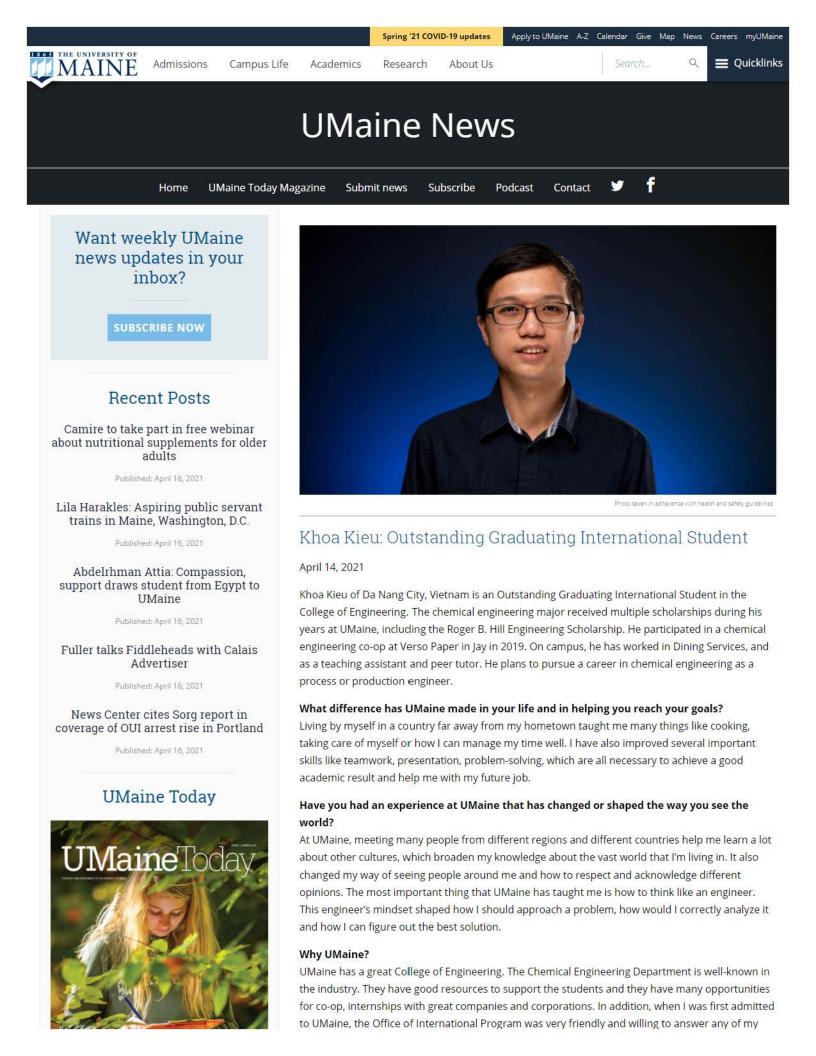
Have you worked closely with a professor or mentor who made your UMaine experience better?

Professor Liliana Herakova has been a professor that I have had for multiple classes throughout my college career and has become a mentor, role model and friend. She has taught me kindness, compassion and a drive for education and equality that I will cherish with me forever.

What advice do you have for incoming students to help them get off to the best start academically?

To learn how to fall in love with learning. We are given such an amazing opportunity with amazing resources and professors. Take pride in your academics as I have learned throughout my time at UMaine on how much those individual classes have impacted my life and have taught me little things I will take away with me forever. Also, to enjoy our beautiful campus and surrounding areas. Be brave to challenge yourself with hikes in Acadia or go ice fishing on Pushaw lake. We are blessed with this beautiful campus and I sadly failed to take advantage of it.







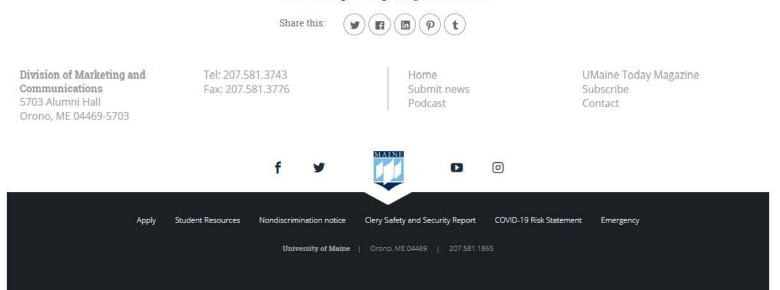
questions and concerns.

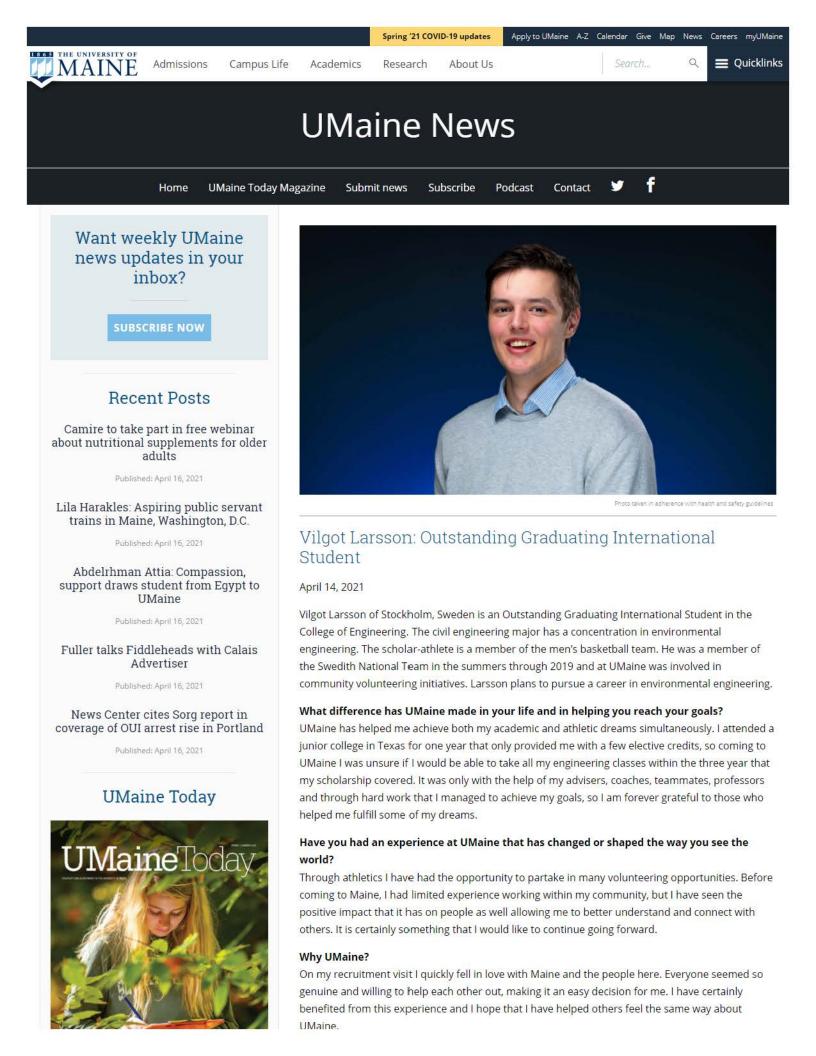
How would you define the opportunities for student success at UMaine?

The Career Center is a good place to look for co-op and internship opportunities. It's also a good place to expand your social network. All of my professors are very friendly and always willing to help. Have you worked closely with a professor or mentor who made your UMaine experience better? Professor John Hwalek is one of the best professors I have worked with. I had four classes with him at UMaine. He taught the very first chemical engineering class that I took. His friendliness and enthusiasm helped me to adapt into a new type of academic and new culture quickly and comfortably. He is always willing to help me with homework or giving me advice about both academic and extracurricular activities. Thanks to him, I gained much more confidence in communication with other professors.

What advice do you have for incoming students to help them get off to the best start academically?

Don't be afraid to ask questions or hesitate to reach out for help if you don't understand class material. Classes in college move quickly and you don't want to fall behind.







--.

How would you define the opportunities for student success at UMaine?

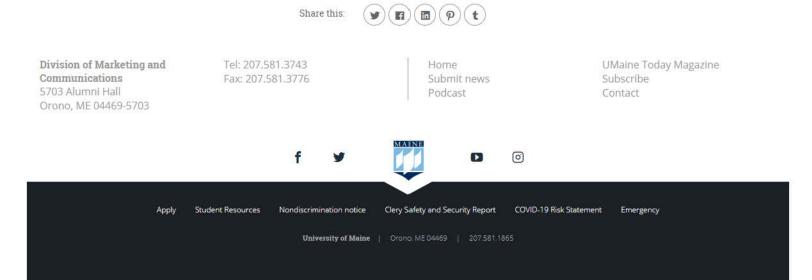
In the words of Albus Dumbledore, "help will always be given at Hogwarts to those who ask for it," the same goes for UMaine. Professors, other students, and many tutoring programs are there to help you along the way if you ask. It is crucial that you stay on top of your work and ask questions early so that your work does not start to snowball. For me, the math lab in Neville Hall was extremely helpful, as there is a lot of math in the engineering courses.

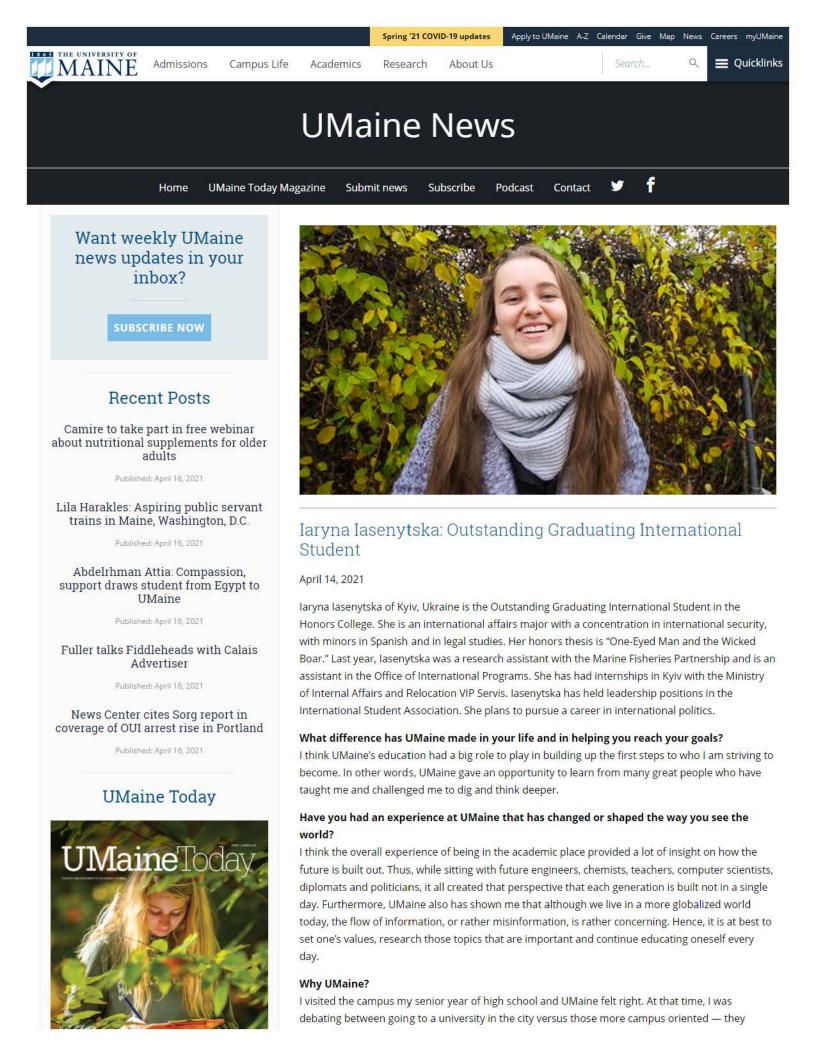
Have you worked closely with a professor or mentor who made your UMaine experience better?

Throughout my experience as not only an engineering major, but a student-athlete, Ann Maxim, my athletic academic counselor has been particularly helpful to me. She was available almost always, helping me with last minute changes and making sure I was set up for success. My experience has shown me that if you are respectful with your professor's or mentor's time, they will be willing to give you more help than you asked for.

What advice do you have for incoming students to help them get off to the best start academically?

Stay on top of your work and ask if there is something you do not understand, chances are someone else is thinking about the same thing. Also, don't be afraid to try some new activities in college, it might end up being one of your passions in life.







seemed more intact and less hectically dispersed. As a result, the day of my visit, as I was walking by Fogler Library and through the Mall, I saw students being so engaged in what they were doing, flicking through the pages; maybe an exam or an upcoming midterm? It was something that I was looking for too! Plus, when I got to know the faculty at UMaine, it definitely reassured me that I was at the right place.

How would you define the opportunities for student success at UMaine?

UMaine has many good resources. Nonetheless, by the end of anyone's fourth year, Fogler Library, its librarians and resources all become your best friends since they can get almost any paper, research article or document that you need.

Have you worked closely with a professor or mentor who made your UMaine experience better?

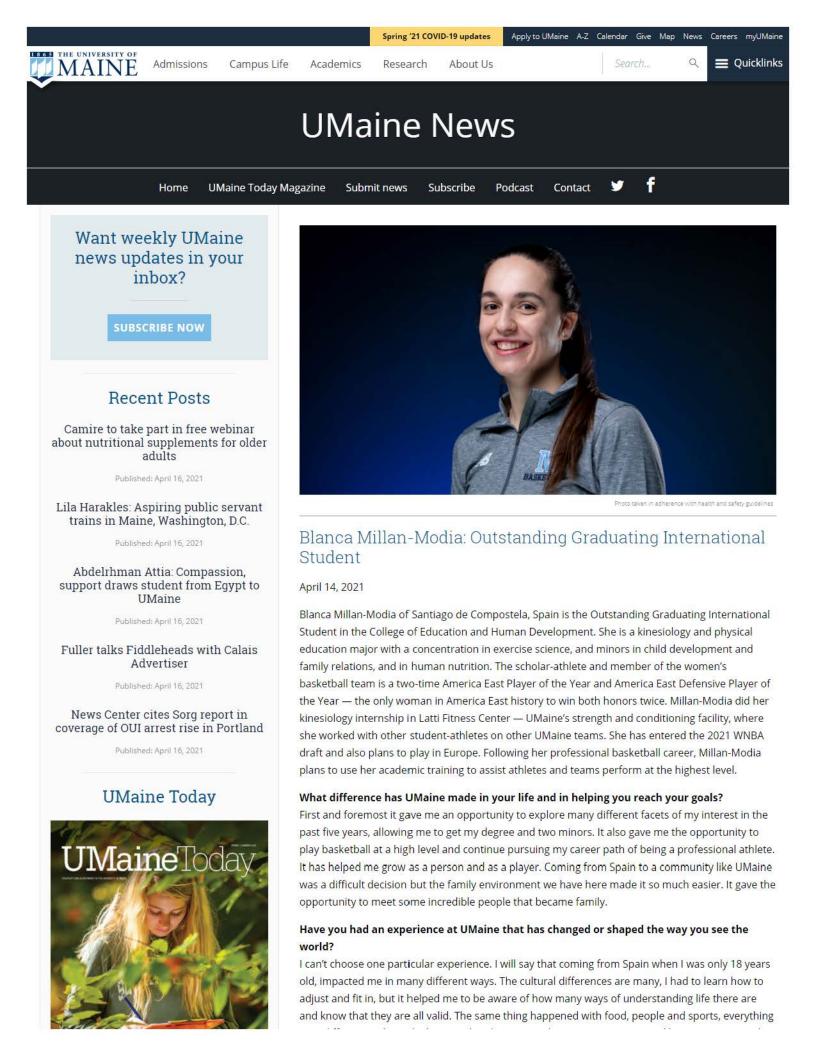
There were a couple of professors I found extremely inspirational, with whom I gladly worked, met, and chatted with day to day, including Kristin Vekasi, Paul Holman, Stefano Tijerina, Asif Nawaz, Maria Sandweiss, Robert Ballingall, Robert Glover and Lora Pitman. The first professor I have gotten to know well and who has served as a big inspiration for me was Michael Palmer. I would say that he was that unique professor who you had to get to know better to appreciate. Long story short, somehow, my freshman year, I ended up having him for Intro to Political Philosophy and then the next day, saw him in my Honors Seminar. Overall, professor Palmer helped me learn extremely valuable lessons not only in regard to academics, but also life.

What advice do you have for incoming students to help them get off to the best start academically

Academic life is similar to jogging. The result depends solely on you, and you are the one who has to keep pushing no matter what. The finish line might be sweet or bittersweet, and it all comes to you and how much of "you" was put into those four years. So relax, focus, dream and achieve!









is so different and I am lucky enough to have more than one perspective and have an open mind, to still learn and take in new things five years later. Being in such a multicultural community, where I met people from all over the world, from the dorms to my team and other athletes and friends was also something that I got to experience and shaped the way I see the world.

Why UMaine?

There were multiple reasons why I chose UMaine. Even though at the beginning of my five years here I was undeclared, I always knew I wanted to do something related to sports. When I learned that UMaine had a Kinesiology and Physical Education program it made a difference. Since the beginning of my recruiting process, education was a priority for me and my parents and we knew that UMaine had a great reputation as well as a great basketball program. The family environment also played a big role in my decision.

How would you define the opportunities for student success at UMaine?

The University of Maine has so many amazing resources that it is hard not to be successful as a student. There are so many offered opportunities, such as internships or jobs around the area, and the faculty always makes sure that we get them and we are successful. On top of all the extra hours, and labs there are also resources like the Writing Center, which I found very useful. Something that helped me succeed was the Tutor Program. There were some times where I wouldn't understand some topics in lecture or it was too fast, specially at the beginning, and to have a tutor was very helpful since they could go over the material again, make clarifications and slow it down.

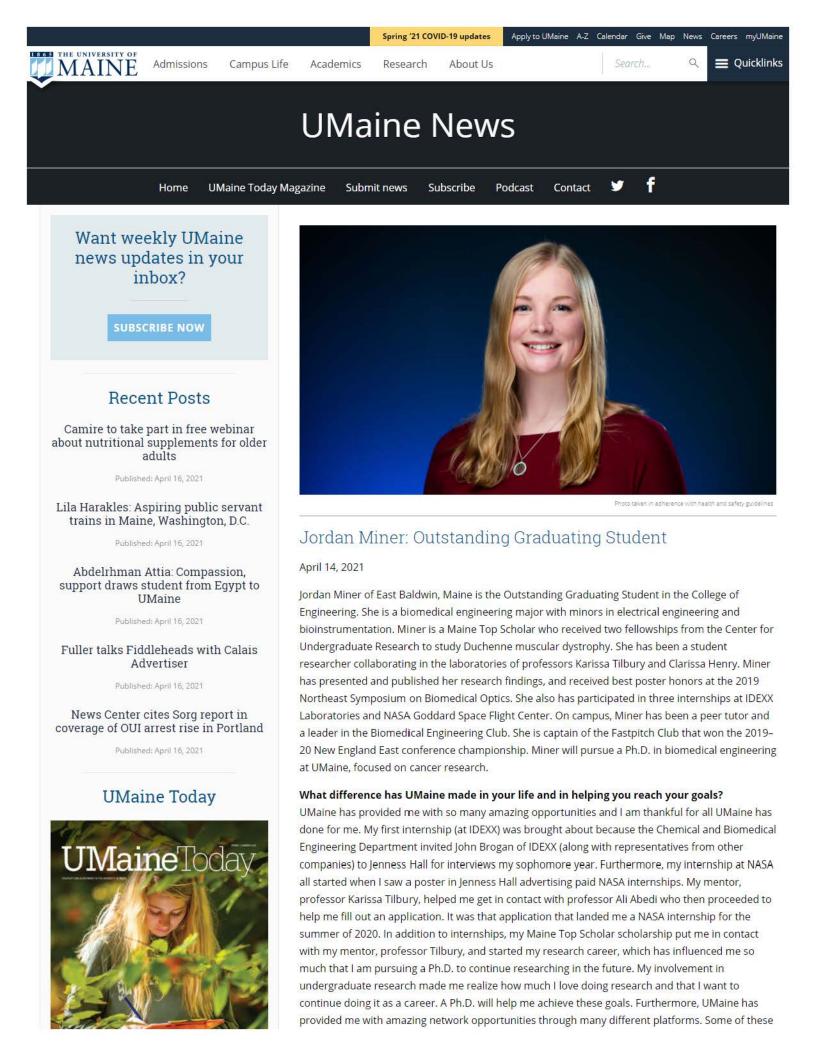
Have you worked closely with a professor or mentor who made your UMaine experience better?

The Kinesiology and Physical Education program has excellent professors. I would say all the professors I had in the past four years were very helpful and enabled me to be successful in this program. I would like to thank them for everything they have done for me and for understanding how hard it can be to be a student athlete at times. Here is a special mention to all of them: Sherrie Weeks, Shannan Fotter, Jennifer McNulty, Lauren Jacobs, Robert Lehnhard, Christopher Nightingale and my adviser Jesse Kaye-Schiess. Thank you so much.

What advice do you have for incoming students to help them get off to the best start academically?

One of the things that I learned was to ask for help, ask for tutors, mentors, professors or whoever else you may need. Take advantage of all the facilities and resources the university offers. It is the first time you are in college and there are going to be things that you don't know, and that's OK. There is always someone in your program that is willing to guide you if you have any academic struggles. It might be hard at the beginning, but as long as you put in the work every day, you will be fine. I will also make sure that you are as organized as possible and you are able to manage time.







include the Biomedical Engineering Club attending conferences, the UMaine Student Symposium, and being a student ambassador for prospective students (joining Zoom meetings with the dean of engineering to help answer questions and get prospective students excited about UMaine).

Have you had an experience at UMaine that has changed or shaped the way you see the world?

My undergraduate research has been the experience at UMaine that has changed the way I see the world the most. I have always been interested in research ever since I was young (I always liked to ask why about everything). I always assumed growing up that only advanced scientists could publish or conduct research. I was mistaken. I have participated in research since my freshman year and now have a publication under my belt as an undergraduate — two things I never thought could happen until I came to UMaine.

Why UMaine?

UMaine has everything I could have wanted and more. I was able to participate in three internships and undergraduate research, which is hard to come by at other universities. Furthermore, the community at UMaine is beyond my initial expectations. I was able to develop personal relationships with many professors which has enhanced my overall experience at UMaine. The campus itself also is beautiful. I love the surrounding area and I am happy to call Orono my home away from home.

How would you define the opportunities for student success at UMaine?

The opportunities for student success are vast at UMaine. The biggest things that helped me succeed were getting involved early, making relationships with professors and joining the Biomedical Engineering Club. These three things provided me nearly all my opportunities. Additionally, always being on the lookout for opportunities is a trait that is very valuable. I have always been told you will miss all the shots you don't take, and that moto definitely helped in my success.

Have you worked closely with a professor or mentor who made your UMaine experience better?

Professor Karissa Tilbury, my undergraduate mentor, has been one of the most influential and helpful people I have encountered in both my time at UMaine and in my lifetime. She has been there every step of the way and helped me achieve my goals. I would not be here without her constant guidance and her determination in watching me succeed. She is always there for me, whether it is for research, guidance, internship or general life advice and genuinely cares for me and my successes. She was the one who truly pushed me to explore my limits and if not for her, I would never have applied for the NASA internship.

What advice do you have for incoming students to help them get off to the best start academically?

My advice for incoming students is to get involved early and explore new things. UMaine has so many great opportunities and unless you take initiative and start exploring, these opportunities may not come around for you. Furthermore, UMaine has so much to offer besides academics, such as clubs, intramurals and research. Exploring these opportunities will make you a better individual and you may find something that changes your perspective on life, as I did with research, that pushes you in a direction you never thought was possible. Stay focused and stay determined and you will succeed.

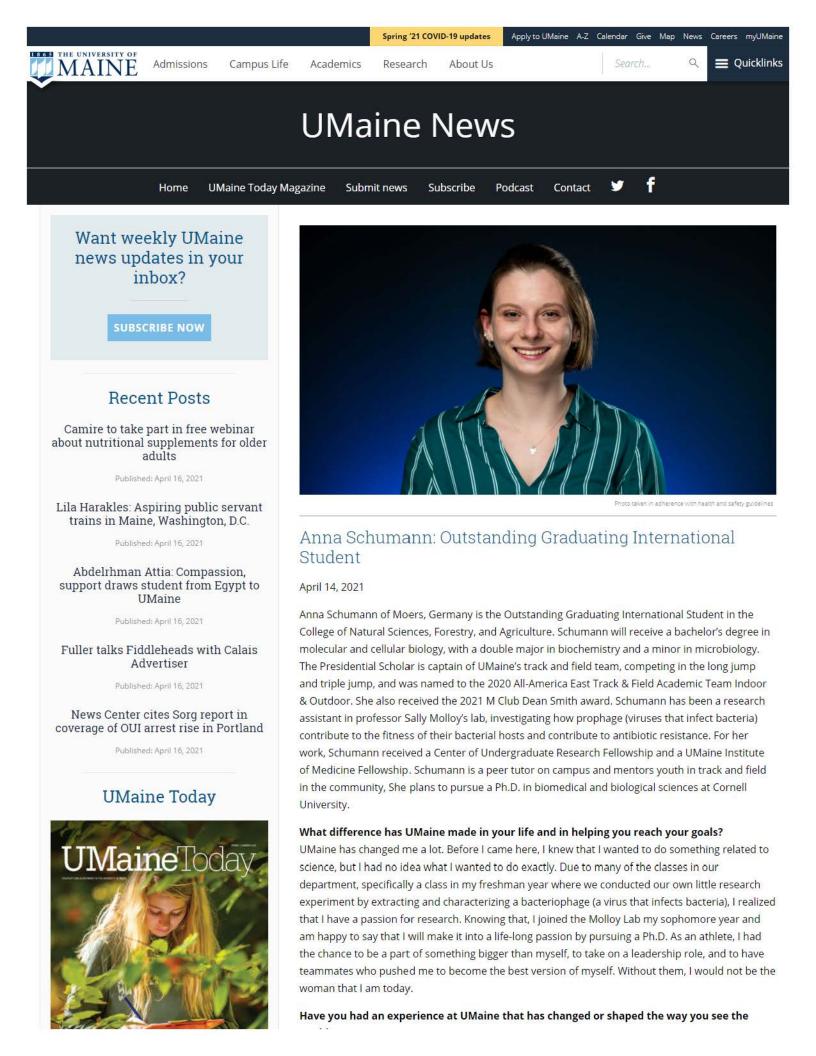
Contact: Margaret Nagle, nagle@maine.edu





Division of Marketing and Communications 5703 Alumni Hall Orono, ME 04469-5703 Tel: 207.581.3743 Fax: 207.581.3776 Home Submit news Podcast UMaine Today Magazine Subscribe Contact







world?

As an international student who grew up in Germany and has never lived in a different country, just living here and being exposed to a different culture changed me. I really enjoyed interacting with people from different backgrounds and learning more about their culture to increase my understanding and awareness for others. My experience as an international student was also great because everyone at UMaine is really excited to meet people from different places and is super helpful. Something that stood out to me when I first got here was how friendly everyone is. I specifically remember that people would go out of their way to hold doors open for everyone. The kindness left a lasting impression on me and helped me see things more positively.

Why UMaine?

I chose UMaine for two reasons. First I really wanted to continue to run track during college, something that is almost impossible in Germany because sports are a separate entity from schools. When I was recruited by different schools, I immediately clicked with my former coach, Christopher Flynn. Additionally, the department offers a great, hands-on science education with professors that will support you in and outside of the classroom. If I had to choose again, knowing what I do now after almost completing my bachelor's degree, I would make the same decision.

How would you define the opportunities for student success at UMaine?

UMaine offers students many opportunities to succeed. No matter what your interests are or what your goal after college is, you will find a resource that will help you pursue your interests/goals. You sometimes will have to do a little bit of digging to find what you are looking for, but there are plenty of helpful people around who can guide you! In terms of being a student-athlete, the academic center and all of our amazing advisers do a really good job in helping us with any type of struggle. The same is true for the Office of International Programs that has helped me many times.

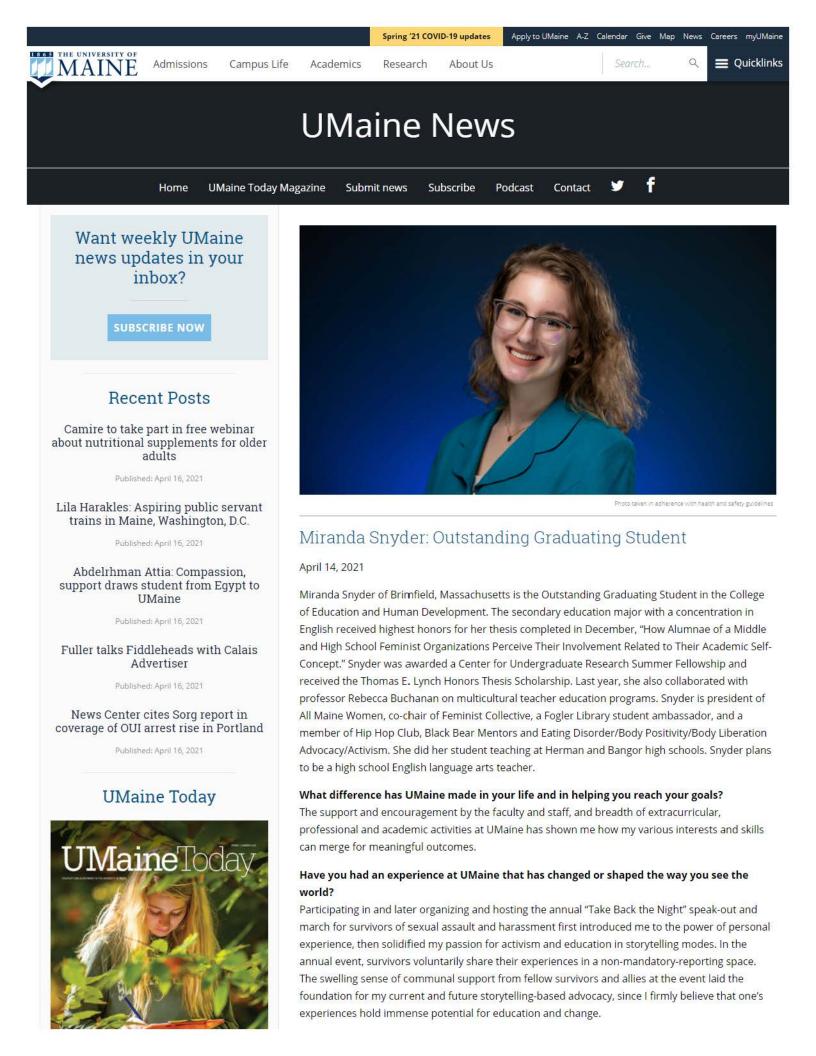
Have you worked closely with a professor or mentor who made your UMaine experience better?

My experience at UMaine has been shaped by a lot of amazing people — professors and mentors — that made my time here really special. Professor Sally Molloy really helped me to become a critical-thinking researcher and has shown me how to work through tough times. Additionally, everyone who has been on the track and field team or been involved with it as a coach in the past four years has made my experience better by making Maine and UMaine a special place that I have been calling my home away from home for the past four years.

What advice do you have for incoming students to help them get off to the best start academically?

My advice is to come prepared to classes, get organized and keep track of assignments, deadlines and exams. That way you will be on top of your classes and less likely to get behind. The transition from high school to college can be really stressful, and professors usually know that. Don't hesitate to reach out to professors if you are struggling with something and need help /more time. From my experience, they understand that life can be difficult and will be more than willing to help you, as long as you reach out to them in time.







Why UMaine?

The University of Maine simply "clicked" for me during my first campus visit in 2017. My family and I indeed were greeted with a "Hearty Maine Hello" in our entrance on campus, and the same feelings of welcome, warmth and openness have only continued to show in the past four years as an undergraduate. The abundance of opportunities ranging from arts to research in individual and communal efforts has expanded my understanding of what issues of interest can intersect and in what modes and contexts. Since my first entrance onto campus, the spirit of a "Maine Hello" has backed my academic, professional and extracurricular endeavors. This spirit is present in the Advising Center at the College of Education and Human development, the outpouring of community spirit and service at Maine Day, and in the countless efforts of various student leaders on campus.

How would you define the opportunities for student success at UMaine?

UMaine has a host of opportunities for student success. As also referenced in my advice to incoming students, there is an abundance of professional and academic resources to be tapped into according to one's interests and skills if they are to be sought out and tapped into. As mentioned before, the Advising Center at the College of Education and Human Development has been particularly helpful in not only providing support and suggestions for academic and professional inquiries, but also in creating a general collaborative air that carries throughout the college as a whole. Additionally, the college's tapping into associate professors who are current teachers in the field to teach education-based courses has been immensely helpful for my early entry into the education profession. Working with and learning from these professionals throughout the development of my general praxis and principles for teaching has allowed my teaching to be adaptable, inventive and collaborative.

Have you worked closely with a professor or mentor who made your UMaine experience better?

Conducting and co-authoring qualitative research alongside professor Rebecca Buchanan has demonstrated the ability for partnership in professional and academic endeavors. As I have grown to increasingly value my own critical insight as a researcher and educator, I have only better appreciated and sought out more opportunities for professional collaboration on a host of topics, whether it be executing a service project at a student teaching placement or asking for ample resources on a topic of interest. Executing my honors thesis under professor Susan Gardner was a similarly encouraging experience, since the model of professional, intentional and reflexive praxis in her work and mere mentorship provided a strong foundation of support for me to succeed on.

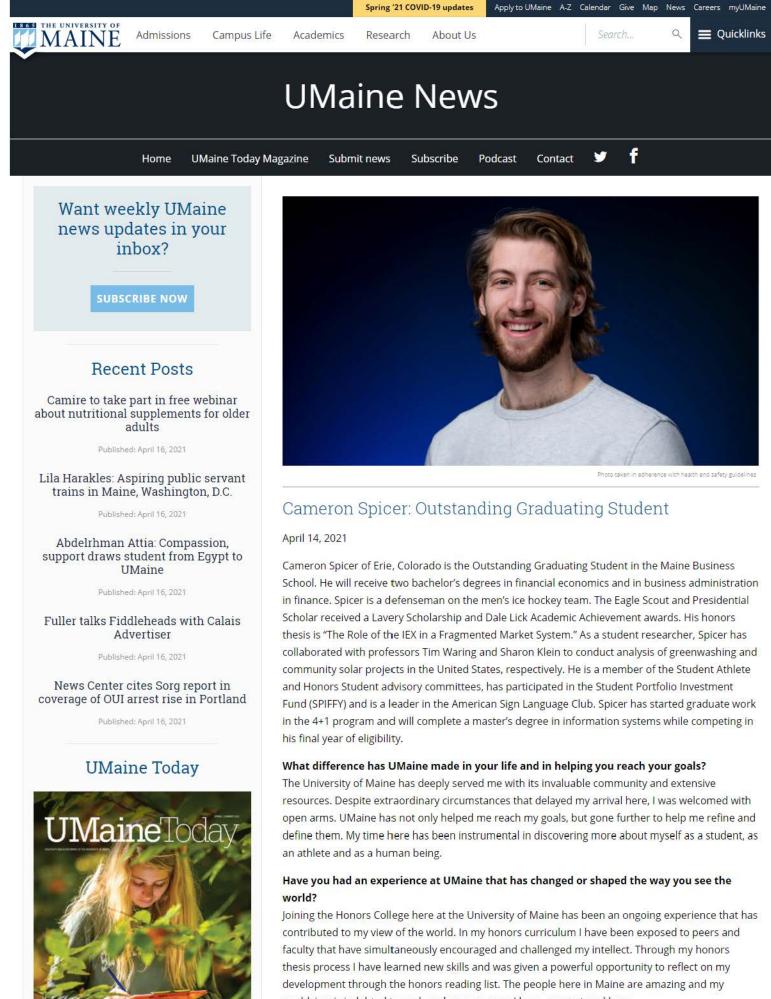
What advice do you have for incoming students to help them get off to the best start academically?

My first and foremost tidbit of advice is to take stock of one's strengths and interests, then locate resources on campus that align with these areas. For instance, the Advising Center at the College of Education and Human Development was essential to me crafting my academic course load to support my various academic interests, running from courses in Women's, Gender, and Sexuality Studies to independent research opportunities such as the honors thesis. Advocating for oneself is essential to success in and out of the college classroom.

Contact: Margaret Nagle, nagle@maine.edu



University of Maine



and all shares the tread of the contract of the second second second second second second second second second



wondview is indepted to each and every person i have encountered here.

Why UMaine?

From my very first visit to UMaine in 2013 leading up until now, I have been infatuated by the UMaine community. Orono is a charming place full of people with interesting and unique stories. There's a distinct humility about this place that has given it such a peaceful allure to me. UMaine and the communities in Orono have always felt like home to me.

How would you define the opportunities for student success at UMaine?

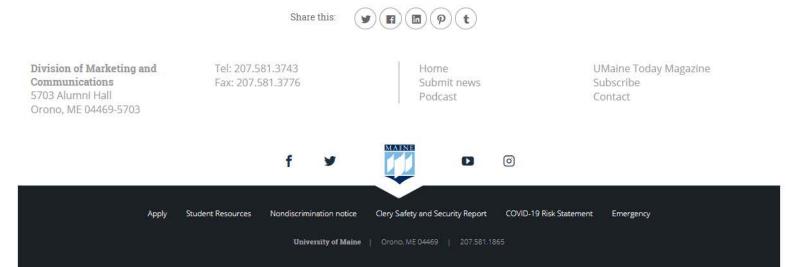
Unlimited. Students have so many existing options for success and there are so many more that have yet to be implemented. The University of Maine has everything someone could need to seize or create opportunity for themselves. As aforementioned, the Honors College was a fantastic place for me to grow and succeed academically, but it is different for everyone. UMaine is blessed to have some of the best faculty available in higher education in every program and are by and large the most valuable resource.

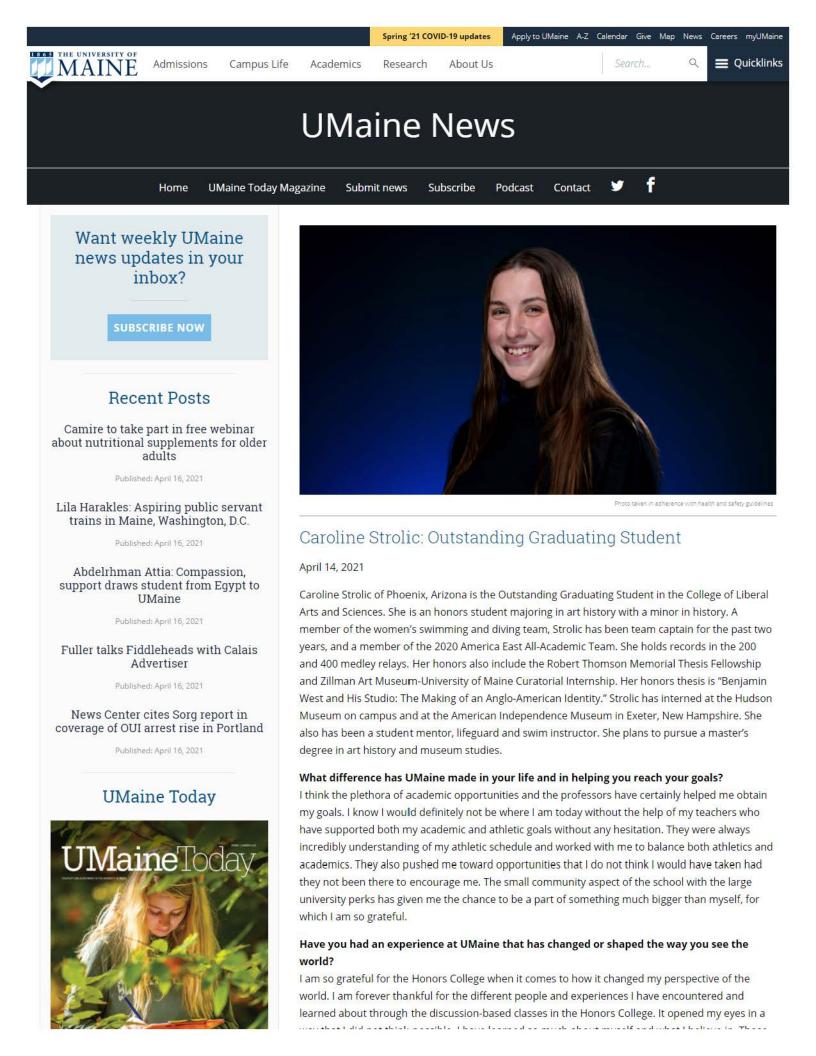
Have you worked closely with a professor or mentor who made your UMaine experience better?

Despite the lengthy list of people who have helped me, I am beholden to mention three specifically: Travis Blackmer, Stephen Jurich and Matt Murray. Blackmer has been a long-time role model, mentor and friend that has had a profound impact on my experience here. His compassion and drive to support students and their experience is unmatched. Professor Jurich has been my Honors thesis adviser and he has shown me unfathomable patience, guidance and support. Without him, I would not be where I am today. Murray was instrumental in my development as an athlete and supported me unconditionally. He gave me the strength and support to be resilient. Others worth mention and my dearest praise are Cristina Kerluke, Dave Townsend, Stefano Tijerina, Ron Roope and Ed Nadeau.

What advice do you have for incoming students to help them get off to the best start academically?

Use a planner! Journal often. Lean into your peers, professors and opportunities. Ask for help if and when you need it. Your long-run success as a student will reflect your level of care and commitment more than anything else, so don't be afraid of what you don't know. Staying highly organized was critical to my experience because of my involvement in so many aspects of the UMaine experience.







way that I did not think possible. I have learned so much about mysell and what I believe in. Those discussions facilitated by the college have allowed me to participate in tough conversations that I did not think I would ever have the opportunity to be a part of.

Why UMaine?

Living in Arizona my whole life, I knew I wanted to go to a college on the East Coast, but I wasn't really sure where. I heard about UMaine through swimming, as I knew it had a good team, so I reached out to the coaches and was able to come on a recruiting trip. When I arrived, I fell in love with the place. The atmosphere was exactly what I was looking for - not too big, but not too small - and the concept of having four seasons excited me, as I never really experienced a spring or a fall or even really a winter in Arizona. The team aspect definitely drew me in as they seemed like a family, which is exactly what I was looking for. Once I heard UMaine had art history as a major, I was sold and knew this was the place I wanted to be. Plus, I have family in New Hampshire, so I never really felt alone, even though I was hundreds of miles away from home.

How would you define the opportunities for student success at UMaine?

Any person who comes to UMaine has the opportunity for success. If you're like me and need a little push to find those opportunities, that is totally OKI Some people can naturally find it, while others need a little guidance. If you're willing to look, there is always something that can help achieve those goals. If you think there is something worth pursuing but don't see any options, there will always be someone else with the same interest. Or you could bring it to the attention of a teacher and they can help you establish it at the school. For me, both the Honors College and the Athletics Department have helped me succeed. The Honors College provided me with the tools that I needed for my major, whether research skills, public speaking or engagement with others, while the Athletics Department provided me with the resources I needed to succeed at school. The academic counselors were incredibly supportive and always willing to help whenever I needed it, and I couldn't have done it without them.

Have you worked closely with a professor or mentor who made your UMaine experience better?

I've worked with so many amazing teachers and mentors who have helped me succeed during college. I would have to say I am incredibly grateful for my coaches, Susan Lizzotte, Linda Costello and Jeff Wren, for making this whole college experience way more fun than I ever thought it could be. They encourage me every day to be a better person, student and athlete, and I am so thankful for the opportunities and support they have given me during my college career. On the academic side, I am thankful for my adviser Justin Wolff and all of the support he has given me the past four years. I have had the opportunity to have him as a teacher every semester, and now he is my thesis adviser. He has always been so incredibly understanding of my crazy schedule and has been so helpful every step of the way throughout this thesis process.

What advice do you have for incoming students to help them get off to the best start academically?

College is very different from high school. Be prepared to work hard in a much different way than you expect or are used to. If you do not achieve your goals or do as well as you wanted to in your first year, that is OK! What matters is recognizing what you have to do in order to succeed. Most importantly, remember to have fun! It really does go by quickly and you do not want to live with regret.

Contact: Margaret Nagle, nagle@maine.edu





Division of Marketing and Communications 5703 Alumni Hall Orono, ME 04469-5703

Tel: 207.581.3743 Fax: 207.581.3776 Home Submit news Podcast

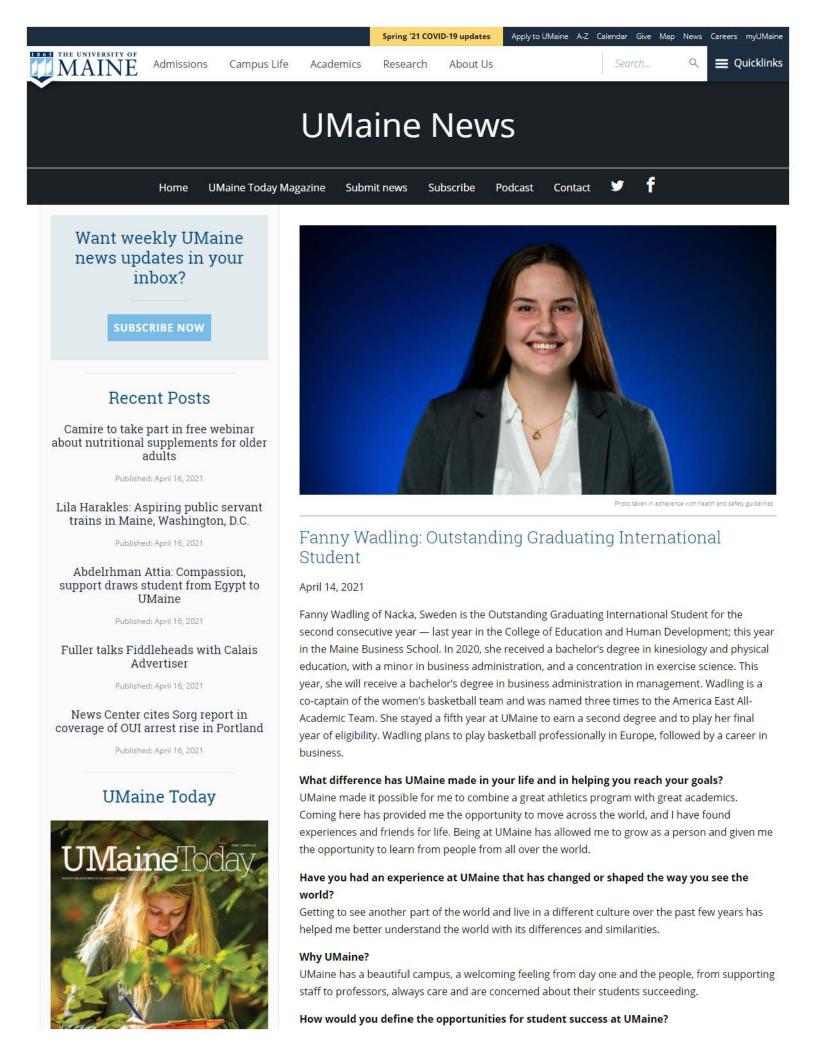
UMaine Today Magazine Subscribe Contact

f



0

t





UMaine is a great place for students to succeed. Reaching out to professors and taking advantage of their knowledge and experience is a great help; they are always there to help you along the way. Talking to the people at the Career Center is also an opportunity for students and taking advantage of the help that your academic counselors offer.

Have you worked closely with a professor or mentor who made your UMaine experience better?

In the Maine Business School, there are so many great professors. Someone that specifically has helped me understand my potential and possibilities in the world of business is Stefano Tijerina. His knowledge of international business and differences in cultures has inspired me greatly. His understanding of the different parts of business and how it can be used in your everyday life is something that I will take with me throughout the rest of my career and life. Another professor that has meant a great deal to me is professor Nory Jones. Her genuine concern about her students' well-being during the fall 2020 semester while everything was online because of the coronavirus is something that I greatly appreciated. Her interest in her students' experiences and ideas allowed me to express my thoughts and receive great feedback.

What advice do you have for incoming students to help them get off to the best start academically?

Stay organized from the beginning. College is a place to learn, but it's also a place to expand your network. Take the opportunity to do so. Reach out to your professors for feedback and help.

