



Martin, J.E., Christensen, K., Vizzier-Thaxton, Y. and McKeegan, D.E.F. (2016) Effects of light on responses to Low Atmospheric Pressure Stunning in broilers. *British Poultry Science*, 57(5), pp. 585-600.(doi:[10.1080/00071668.2016.1201200](https://doi.org/10.1080/00071668.2016.1201200))

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Deposited on: 27 May 2016

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1 **Effects of light on responses to Low Atmospheric Pressure Stunning in Broilers**

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14 Short title: Effects of light on broiler responses to Low Atmospheric Pressure Stunning

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32 **Abstract**

- 33 1. Low Atmospheric Pressure Stunning (LAPS) is a novel approach to poultry stunning
34 involving the application of gradual decompression lasting 280s according to a
35 prescribed pressure curve.
- 36 2. The aim of this study was to determine how behavioural, electroencephalogram
37 (EEG) and electrocardiogram (ECG) responses to LAPS are influenced by
38 illumination of the decompression chamber. A secondary aim was to examine
39 responses to the decompression chamber without LAPS being applied, as such a
40 'sham' control has been absent in previous studies.
- 41 3. A two by two factorial design was employed, with LAPS/light, LAPS/dark, sham/light
42 and sham/dark treatments (N=20 per treatment). Broilers were exposed to each
43 treatment in pairs, in each of which one bird was instrumented for recording EEG and
44 ECG. Illumination was applied at 500 lux and in sham treatments birds were
45 identically handled but remained undisturbed in the LAPS chamber without
46 decompression for 280s.
- 47 4. Birds which underwent the sham treatment exhibited behaviours which were also
48 observed in LAPS (e.g. sitting) while those exposed to LAPS exhibited hypoxia
49 related behaviours (e.g. ataxia, loss of posture). Behavioural latencies and durations
50 were increased in the sham treatments, since the whole cycle time was available (in
51 LAPS; birds were motionless by 186s).
- 52 5. Within the sham treatments, illumination increased active behaviour and darkness
53 induced sleep, but slow-wave EEG was seen in both. The pattern of EEG response
54 to LAPS (steep reduction in median frequency in the first 60s and increased total
55 power) was similar, irrespective of illumination, though birds in darkness had shorter
56 latencies to loss of consciousness and isoelectric EEG. Cardiac responses to LAPS
57 (pronounced bradycardia) closely matched those reported previously and were not
58 affected by illumination.

59 6. The effects of LAPS/sham treatment primarily reflected the presence/absence of
60 hypoxia, while illumination affected activity/sleep levels in sham treated birds and
61 slowed time to unconsciousness in birds undergoing LAPS. Therefore it is
62 recommended that LAPS be conducted in darkness for poultry.

63

64 **Keywords**

65 Hypobaric hypoxia; low atmosphere pressure stunning; behaviour; electroencephalogram;
66 electrocardiogram; animal welfare.

67

68 **Introduction**

69 Low atmospheric pressure stunning (LAPS) is a novel approach to pre-slaughter stunning of
70 chickens in which birds are rendered unconscious by exposure to progressive hypobaric
71 hypoxia. Similarly to controlled atmosphere stunning (CAS) systems (which utilise exposure
72 to hypoxic and/or hypercapnic gas mixtures (Coenen *et al.*, 2009; McKeegan *et al.*, 2007a,
73 2007b; Raj *et al.*, 1991; Vizzier-Thaxton *et al.*, 2010)), LAPS irreversibly stuns poultry in their
74 transport crates, thus avoiding poor welfare associated with live shackling (Sparrey and
75 Kettlewell, 1994; Gentle and Tilston, 2000) and ensuring all birds are stunned before neck
76 cutting. The LAPS system has been given 'no objection' status by both the United States
77 Department for Agriculture in 2010 and the Canadian Food Inspection Agency in 2013 and is
78 in routine commercial use at a poultry processing plant in Arkansas.

79

80 The welfare consequences of LAPS have been recently reported in a series of studies.
81 McKeegan *et al.* (2013) recorded the electroencephalogram (EEG) and electrocardiogram
82 (ECG) responses of broilers undergoing LAPS with results indicating a gradual loss of
83 consciousness (highly significant increases in total power, decreases in mean frequency and
84 progressive increases in slow wave (delta) activity). Mackie and McKeegan (2016) carried
85 out a detailed study of the behavioural responses to LAPS and observed a consistent
86 sequence: ataxia, loss of posture, clonic and tonic convulsions and leg paddling, as well as

87 mandibulation, headshaking and open bill breathing in a proportion of birds. These
88 responses are similar to those seen with hypoxic (normobaric) gas exposure (e.g.
89 Abeysinghe *et al.*, 2007; Gerritzen *et al.*, 2000; McKeegan *et al.*, 2011) suggesting they
90 relate to changing oxygen availability rather than atmospheric pressure. In the first study to
91 collect behavioural, EEG and ECG data in the same individuals, Martin *et al.*, (submitted b)
92 found corroboration between behavioural, EEG and cardiac indicators of loss of
93 consciousness and provided a time to unconsciousness estimate of around 60 s. However,
94 it was noted that individual bird variability, ambient temperature and humidity conditions, as
95 well as the particular decompression curve applied all affect the timings of responses during
96 the LAPS process (Martin *et al.*, submitted b).

97

98 In both previous studies examining EEG responses to LAPS, it was noted that slow wave
99 EEG patterns are seen early in the LAPS process, before behavioural evidence of loss of
100 consciousness such as ataxia and loss of posture (McKeegan *et al.*, 2013; Martin *et al.*,
101 submitted b). This is almost certainly due to the fact that it is completely dark in the sealed
102 LAPS chamber, and similar changes in EEG characteristics induced by darkness in
103 apparently conscious birds have been reported previously (Ookawa and Gotoh, 1965;
104 Gentle and Richardson, 1972). Thus, conducting LAPS in darkness (as it is done
105 commercially) introduces a confounding factor affecting the interpretation of EEG responses.
106 Thus, the primary aim of this study was to determine how behavioural, EEG and ECG
107 responses to LAPS are influenced by illumination of the decompression chamber. A
108 secondary aim was to provide data on responses to exposure to the decompression
109 chamber without LAPS being applied, as such a control has been absent in previous
110 studies. EFSA (2013) recommend the measurement of behavioural and physiological
111 responses to control or 'sham' operations of stunning, to aid the determination of whether a
112 stunning intervention is considered to induce pain, distress and suffering before the onset of
113 unconsciousness and insensibility. To examine these issues, a two by two factorial design
114 was employed, with LAPS/dark, LAPS/light, SHAM/dark, and SHAM/light treatments. Broiler

115 chickens were exposed to each treatment in pairs, in each of which one bird was
116 instrumented for recording of EEG and ECG. As before (Martin *et al.*, submitted b), we
117 applied a range of methods to interpret EEG responses in relation to loss of consciousness
118 including spectral analysis (Delmore and Mckeig, 2004; Gibson *et al.*, 2009; Johnson *et al.*,
119 2005; Tonner, 2006; Verhoeven *et al.*, 2014) and determination of latencies to validated
120 thresholds for different clinical states of consciousness (Sandercock *et al.*, 2014; Martin,
121 2015; Martin *et al.*, 2016).

122

123 **Methods**

124 *Subjects and husbandry*

125 Eighty Cobb 500 male broiler chickens (*Gallus gallus domesticus*) from the female breeder
126 line were sourced from a commercial hatchery and housed at the University of Arkansas
127 poultry facilities within a larger single flock split into three groups, reared in three identical
128 environmental chambers (measuring 3.05 X 3.05 m, approximately 100 birds per pen
129 resulted in a stocking density of ~30 kg/m²). The birds were wing tagged at four weeks of
130 age. Single-pass ventilation was maintained at a constant rate of 6 m³/min in all chambers
131 and the photoperiod was 23L:1D for d 1 to 4, and 16L:8D thereafter. Chambers were
132 equipped with clean pine shavings litter, 2 rows of nipple waterers, and 2 hanging feeders
133 and birds had *ad libitum* access to feed (standard commercial starter and grower diet) and
134 water. Birds and environmental controls were checked twice daily by trained staff. The
135 experiments were performed following the EU Directive on the Protection of Animals used
136 for Scientific Purposes (EU 2010/63) and ARRIVE protocol and were specifically authorized
137 by the University of Arkansas Institutional Animal Care and Use Committee (Protocol
138 15031).

139

140 *LAPS process*

141 The LAPS system was developed by Technocatch LLC in Mississippi, USA and the pressure
142 curves applied by the process are patented (Cheek & Cattarazzi, 2010). The LAPS

143 chamber, its monitoring and control systems used in the current study is a scaled down
144 research unit, but is otherwise identical to those used commercially except for manual door
145 operation. The chamber is cylindrical (2.2 m in length and 1.8 m in diameter) and is
146 designed to accommodate a reduced scale transport module (153 cm x 121 cm x 102 cm,
147 three tiers each 23 cm height). The required decompression curve is automatically applied
148 and controlled by a computer and once started, can only be stopped in the case of an
149 emergency. An infra-red camera (130° camera with 18 infra-red illuminators, Model #RVS-
150 507, RVS Systems) was fitted into the chamber to observe the birds. The LAPS cycle takes
151 exactly 280 s and consists of two phases, in the first of which the vacuum chamber pressure
152 is reduced from atmospheric pressure to an absolute vacuum pressure of ~250Torr (~33
153 kPa) in ~67 s. In the second phase, a sliding gate valve is partially closed gradually
154 reducing the effective pumping speed by 'choke flow', to a minimum chamber pressure of
155 ~150Torr (~20 kPa). The rate of reduction of chamber pressure in the second phase is
156 varied in relation to starting ambient temperature and barometric pressure. The reduction in
157 total pressure results in a reduced oxygen partial pressure. At the end of the second phase
158 at 280 s the chamber is returned to atmospheric pressure using a baffled air inlet, prior to
159 the door opening and the exit of the transport module. Because cold air is denser and
160 therefore contains more oxygen than warm air and birds have been shown to respond
161 differently to LAPS at different temperatures (Mackie and McKeegan, 2016; Martin *et al.*,
162 submitted b), slightly different pressure reduction curves must be applied to achieve the
163 same hypoxic effect under different ambient conditions. A range of pressure curves based
164 on temperature setting are created automatically by a computer programme to control the
165 level of oxygen available to the birds. According to ambient temperature, one of six possible
166 temperature settings was applied in this study (setting 4, applied between 5 and 12 °C).
167 Ambient temperature and humidity were recorded for each LAPS cycle and means were
168 11.6 ± 0.3 °C and $51.8 \pm 1.8\%$, respectively. In the afternoon of day 1 of the trials, ambient
169 temperature unexpectedly rose beyond the upper limit of the setting 4 range to 16.7 °C,

170 however the system was overridden to ensure all runs received the setting 4 pressure curve.
171 This overriding affected 5/40 LAPS runs, and the actual ambient temperature at the time of
172 each run was included in statistical analysis (see below). LAPS is normally carried out in
173 darkness, but in these trials, according to treatment, lighting was provided by six 17 W LED
174 lights (Osram Sylvania Ultra LED), arranged in three pairs, at the front and either side of the
175 LAPS chamber. These were positioned at the middle point of the side and end walls. The
176 level of illumination at bird head height (12.5 cm above module tier where birds were placed)
177 was 500 lux, as measured with a calibrated illuminance meter (Solar Light SL-3101).

178

179 *EEG electrode implantation*

180 At 40-41 days of age, 40 broilers underwent surgery to implant EEG electrodes under
181 general anaesthesia, induced and maintained with Sevoflurane (Sevoflo, Abbott Drug). At
182 the start of surgery, Carprofen (8mg/kg, administered SC, Rimadyl, Pfizer Animal Health,
183 NY) analgesic was administered to provide post-operative pain relief. The EEG implantation
184 approach has been described previously (e.g. McKeegan *et al.*, 2011; Martin, 2015). Briefly,
185 the EEG was recorded by two 0.35mm diameter Teflon insulated silver electrodes
186 connected to a socket (DIN, RS components), placed on the dura through small holes drilled
187 in the skull, one on each of the dorsal surfaces of the right and left telencephalon at their
188 approximate rostro-caudal and medio-lateral midpoints. An indifferent electrode was placed
189 between the skull and the overlying tissue under the comb. The EEG implant was secured to
190 the skull with dental cement and the surrounding skin was closed with sutures. After
191 recovery from the anaesthetic, birds were individually housed in recovery pens (equipped
192 with wood shavings litter, and food and water) and were closely monitored. Birds had visual
193 and auditory contact with their neighbours and were allowed to recover for 4 days before
194 undergoing LAPS.

195

196 *Experimental Procedure*

217 The experimental birds were randomly selected from the flock by a random number
218 generator (Microsoft Excel 2010) based on wing tag number. The birds underwent their
219 treatment in pairs where one bird was implanted and instrumented to record EEG and ECG;
220 behavioural observations were carried out on both birds. The trials were carried out over
221 two days (40 runs/pairs per day) at 44-45 days of age (mean bodyweight 2.96 ± 0.41 kg).
222 Four treatments were applied in a 2 x 2 factorial design: LAPS/light, LAPS/dark, SHAM/light,
223 SHAM/dark (20 pairs per treatment). The pair treatment order was generated using a
224 Graeco Latin square to balance day (Martin and Bateson, 2007), treatment and source pen
for EEG implanted birds. To mimic commercial transport and lairage conditions, non-
implanted 'behaviour only' birds were removed from the flock and held in poultry transport
crates (97 x 58 x 27 cm, maximum 8 birds per crate) for between 2-8 hrs before each run,
dependent on the pair order. Birds implanted with EEG electrodes were brought to the
LAPS apparatus from their recovery pens in individual cardboard pet carriers. Immediately
before each run, the EEG implanted bird was fitted with instrumentation. Commercially
available disposable self-adhesive EKG electrodes (Blue Sensor, Ambu Ltd, Henry Schein
Medical, London, UK), with press-stud electrical connections, were adhered to cleaned skin
overlying the pectoralis muscle either side of the sternum (McKeegan *et al.*, 2011) with
cyanoacrylate tissue adhesive (Vetbond, 3M). Birds were then fitted with a reusable Lycra
harness which was secured using velcro fastenings behind the bird's head and incorporated
a pocket positioned on the bird's back which contained a telemetry/logging device, capable
of logging simultaneous EEG and ECG signals and described elsewhere (Lowe *et al.*, 2007;
McKeegan *et al.*, 2011, Sandercock *et al.*, 2014). Briefly, the logging units were battery
powered, and each was small enough to be worn by a bird in a Lycra backpack, thus
requiring no trailing leads. Two 'physiological waveform' input channels were provided and
were used to record ECG and EEG (sampling frequency 1000 Hz). Logging was triggered
and stopped with an external switch and logged data were recorded onto industry-standard
'micro-SD' memory cards (SanDisk 32GB, Maplin Electronics Ltd. Rotherham, UK). Two
identical loggers were alternated. The logger harness was additionally secured to the birds

225 with elastic bandage (Vetrap, 3M). 'Behaviour only' birds were removed from their transport
226 crates and weighed. Both birds were then housed in cardboard pet carriers (28 x 35 x 46
227 cm) until transferred into the LAPS chamber by hand. Signal logging was triggered in the
228 instrumented bird and a 2 min period of baseline EEG and ECG recording commenced
229 during which the bird was replaced in its pet carrier.

230

231 Each pair of birds was placed in the top right tier (1.53 x 1.21 x 0.23 m) of the container
232 within the LAPS chamber. The chamber lights were on or off at bird placement depending
233 on allocated treatment. Soft polystyrene dividers were used to position the birds at the front
234 of the tier (available space 0.76 x 1.21 x 0.23 m, resulting in a stocking density of 6.43 Kg/m²
235 based on average bird weight of 2.96 Kg), in order to minimise damage to the birds when
236 convulsing and reduce the risk of birds from disappearing from camera view during the trial.
237 Once the birds had been placed in the tier, further 2 minute period of baseline data was
238 collected, after which the chamber door was closed and sealed. The LAPS cycle then
239 started, or in the sham treatment birds remained undisturbed in the chamber for an identical
240 period (280 s). A compressor required to operate the LAPS chamber was running during
241 both LAPS and sham trials. However, during LAPS, additional noise associated with the
242 vacuum pump and pressure valve would have been experienced by LAPS treated birds.
243 During the trials, the birds were watched in real time on a monitor to check for unexpected
244 behaviour. Video footage was recorded on a digital video recorder (Datavideo M# DN300)
245 to allow detailed behavioural observations to be conducted later. Continuous recordings
246 from 5 s prior to the start of the run to 5 s after the end of the cycle period were obtained for
247 each pair. On completion of the run, birds were removed from the chamber if exposed to
248 LAPS, reflexes were immediately assessed (e.g. presence of rhythmic breathing, nictitating
249 membrane) to confirm death.

250

251 *Behavioural observations*

252 An ethogram developed in previous behavioural work on LAPS (Mackie & McKeegan, 2016;
253 Martin *et al.*, submitted a, b) was used (Table 1). The behaviour of each bird was recorded
254 using The Noldus Observer XT 11.0 programme by a single observer. Blinding to treatment
255 was not possible as it could be seen on the video recording whether the lights were on or
256 not; it was not clear if LAPS was on until about 40 s into the cycle when birds began to show
257 signs of ataxia. Behavioural variables measured included latencies, counts, total durations,
258 bout durations and bout counts; see Table 1 for specific measures for each behaviour. Birds
259 which went out of sight for more than 10% of the total observation time (280 s) were
260 excluded from the data set. Data was exported from Observer to Microsoft Excel 2010.

261

262 *EEG and ECG analysis*

263 The logged data files were uploaded into a data acquisition and analysis program (Spike 2
264 Version 4.2, Cambridge Electronic Design). Analysis consisted of examining consecutive
265 artefact-free 2 s excerpts from the EEG signals during baseline and throughout the LAPS
266 process (280 s). Visual inspection was used to eliminate severe movement artefacts which
267 rendered the signal meaningless, while epochs that were apparently affected by electrical
268 noise interference were subject to post hoc 'filtering' using the data interpolation technique
269 described by Martin, 2015; Martin *et al.*, 2016. The EEG was analysed by producing power
270 spectra of each 2 s epoch using a fast Fourier transform algorithm (1024, Hanning window,
271 resolution 0.976 Hz bins). We also determined the latency for the signal to have a total
272 power equal to 10% of baseline (Raj *et al.*, 1991; Raj, 2006). The onset of isoelectric EEG
273 signal was determined in two ways, by visual interpretation and by identification of validated
274 spectral characteristics (PTOT less than 170 mv and F50 greater than 22 Hz) (Sandercock
275 *et al.*, 2014; Martin *et al.*, 2016; and Martin, 2015). Two spectral variables were calculated
276 with coded Genstat programs: total power (PTOT), defined as the total area under the power
277 spectrum curve (Murrell and Johnson, 2006) and median frequency (F50), the frequency
278 below which 50% of the EEG power resides (Tonner, 2006). Latency variables to
279 unconsciousness were defined as time for $F50 < 12.7$ Hz (non-responsive state) and <

280 6.8Hz (general anaesthetic (GA) plane) (Martin, 2015, Sandercock *et al.*, 2014). In Spike 2,
281 clean ECG signal was used to determine heart rate (bpm derived from the number of QRS
282 complexes in a 5 s epoch) at 6 baseline time points before LAPS (3 outside chamber, 3
283 inside chamber with door open) and every 5 s during the LAPS cycle. Latency to
284 bradycardia was generated for each bird, defined as a 30% reduction in heart rate compared
285 to the 6th baseline value on an individual bird basis.

286

287 ***Statistical Analysis***

288 All data were summarised in Microsoft Excel (2010) spread sheets and analysed using
289 Genstat (14th Edition). Statistical significance was based on F statistics and $P < 0.05$
290 significance level. Summary graphs and statistics were produced at bird and treatment level.
291 Statistical comparisons were conducted via Generalised Linear Mixed Models (GLMM)
292 (Poisson distribution) or Linear Mixed Models (LLM) (normal distribution) dependent on the
293 data distributions for each variable. Data transformations were attempted when necessary
294 via Logarithm function. All models included bird ID and pair number as random effects. All
295 fixed effects were treated as factors and all interactions between factors were included in
296 maximal models. All models included LAPS/sham treatment, light/dark treatment and
297 whether the bird was implanted as fixed effects and bird weight, ambient temperature,
298 ambient humidity, and feed withdrawal time as covariates. It was necessary to group
299 behavioural data for analysis dependent on treatment (LAPS/sham) due to the majority of
300 behaviours not being exhibited when birds did not undergo LAPS. The complete data set
301 was analysed for some behaviours shown in all treatments (notice, standing, sitting,
302 headshake, mandibulation, vigilance, vocalisations). Spearman correlations were used to
303 determine directional associations between temperature and humidity (ambient and within
304 chamber) and behavioural measures.

305

306 EEG summary statistics and graphs were produced at bird level, while statistical
307 comparisons focussed on estimated means and differences between means. GLMMs
308 (Poisson distribution) or LLMs (normal distribution) were carried dependent on the data
309 distributions for latency variables to unconsciousness ($F50 < 12.7$ Hz (non-responsive state);
310 and < 6.8 Hz (general anaesthetic plane); latencies to visual inspection characteristics
311 (presence of slow-wave and 3 consecutive isoelectric 2s epochs); latencies for the signal to
312 have a total power equal to 10% of baseline; and finally latencies to isoelectric (PTOT less
313 than 170mv and $F50$ greater than 22 Hz). These spectral variable thresholds were never
314 reached in sham treatment groups, therefore as with behavioural observations data were
315 split into subsets for modelling of other effects. The ECG data was analysed by carrying out
316 GLMMs (Poisson distribution) or LLMs (normal distribution), dependent on the data
317 distributions for each heart rate interval, including the six baseline intervals and latencies to
318 bradycardia. Latencies to bradycardia and $bpm < 100$ were never reached in sham treatment
319 groups, therefore as before subsets of data were analysed. Paired t-tests were used to do
320 comparisons within treatment groups at individual bird level to compare heart rate at specific
321 time points.

322

323 **Results**

324 None of the birds exposed to LAPS showed any signs of life at the end of the cycle (absence
325 of rhythmic breathing, absence of corneal or palpebral reflex (EFSA 2013)). A total of 5/80
326 birds went out of sight at some point during behavioural observations, but only 2 birds went
327 out of sight for an extensive period of time (1 bird each in dark/sham and light/sham). Based
328 on exclusion criteria ($> 50\%$ observation time out of sight), these birds were removed from
329 analysis to avoid bias. The mean time out of sight was 117.1 ± 66.0 s.

330

331 *Behavioural responses*

332 A consistent sequence of behaviours was observed during LAPS: ataxia, loss of posture,
333 clonic/tonic convulsions and motionless. Seven behaviours were seen in all birds which
334 underwent LAPS (clonic convulsions, sitting, lying, ataxia, loss of posture, vigilance and
335 motionless). Other behaviours (standing, leg paddling, tonic convulsions, loss of jaw tone,
336 slow wing flapping, mandibulation, headshaking, open bill breathing, deep inhalation,
337 jumping and vocalisation) were observed in a proportion of birds as shown in Table 2. Birds
338 which underwent the sham treatment exhibited standing, slow wing flapping, vigilance,
339 mandibulation, headshakes, vocalisations, sitting, pecking and panting behaviours (Table 2).
340 Pecking (2 birds) and panting (1 bird) were seen only in the light/sham treatment, and
341 vocalisations were exhibited by six birds (three in each of the LAPS/light and sham/light
342 treatments). EEG implantation had no effect on behaviour.

343

344 Comparisons of the LAPS and sham treatment were limited to behaviours which were
345 performed in both treatments. Analysis of latencies to slow wing flapping and pecking was
346 not possible due to their rarity. All latencies were affected by LAPS/sham treatment, longer
347 latencies in sham treated birds compared those exposed to LAPS (Table 3). In the sham
348 treatment, behavioural latencies were spread across the entire 280 s cycle time, while LAPS
349 birds were motionless in a mean time of 145s (Table 4). Light/dark treatment had no effect
350 on latencies of any behaviour shown in both LAPS and sham treatments, except for standing
351 (Table 3), where birds in the light had shorter latencies compared to birds in the dark in the
352 sham treatment, but there was no difference when exposed to LAPS. There was a
353 significant interaction between LAPS/sham and light treatments on the latencies to
354 mandibulation (longest latency in sham/light) and standing behaviours (shortest latency in
355 LAPS/dark). Shortest latencies to stand were seen in LAPS/dark and longest in sham/dark.
356 Birds which underwent LAPS showed shorter bout durations of sitting and longer bouts of
357 vigilance while birds in dark treatments had longer bout durations of sitting, and shorter
358 bouts of vigilance and standing. The same relationships were seen for mean total durations
359 for these behaviours (Table 3). Mean bout duration and total duration of standing was

360 affected by an interaction between treatments, with durations shorter in LAPS birds, and
361 within these groups, shorter durations in the dark (Table 3). LAPS treatment affected the
362 frequency (counts) of sitting, vigilance, headshakes, standing, and slow wing flapping, with
363 all behaviours being performed more times in sham conditions (Table 3), apart from
364 headshaking and slow wing flapping, where the opposite was seen (although note that only
365 two sham birds showed slow wing flapping). Illumination had an effect on the frequency of
366 sitting, vigilance and standing, with all behaviours performed more frequently in the light.
367 Numbers of vigilance bouts were affected by an interaction between laps treatment and
368 lighting, with the highest frequency seen in sham/light and lowest in laps/light.

369

370 Bird weight and feed withdrawal time had no effect on latencies, bout duration or total
371 durations of behaviours shared across LAPS and sham treatments. Temperature and
372 humidity had sporadic significant effects on behavioural latencies for mandibulation,
373 standing and headshaking, however spearman's correlations showed that there were no
374 significant associations. Both temperature ($F_{(1,70)}=78.27$, $P<0.001$) and humidity
375 ($F_{(1,70)}=33.89$, $P<0.001$) affected bout duration of standing, with a negative correlation
376 between temperature and mean bout duration ($r=-0.525$, $P=0.006$), but a positive correlation
377 between humidity and mean bout duration ($r=0.404$, $P=0.040$). Temperature ($F_{(1,70)}=51.27$,
378 $P<0.001$) and humidity ($F_{(1,70)}=12.85$, $P<0.001$) also affected total duration of standing,
379 however there were no significant correlations. Weight, feed withdrawal time, temperature,
380 and humidity had no effects on behavioural frequencies.

381

382 Comparing the wider range of behaviours exhibited during LAPS, illumination had no effect
383 on the majority of behavioural latencies, with effects only on standing and deep inhalation.
384 Latencies to stand in light and dark treatments were numerically very similar (17.0 s and
385 17.7 s, Table 4), but the range was much wider for birds in the light. Birds undergoing LAPS
386 in the dark had longer latencies to deep inhalation (Table 4). Vigilance was shown almost
387 immediately to the onset of LAPS, irrespective of light treatment. There was no effect of

388 illumination on latencies of key indicator behaviours associated with loss of consciousness
389 (ataxia, loss of posture, loss of jaw tone and onset of convulsions). In darkness, birds had
390 increased bout duration, total duration and frequency of bouts of sitting (Table 5). The
391 opposite effect was seen for durations of standing, performed more by birds in the light
392 treatment, as was vigilance. Illumination also increased total durations of leg paddling and
393 clonic convulsions. Light or dark conditions had no effect on the counts of jumping,
394 mandibulation, vocalisation, headshaking, deep inhalation and pecking (Table 6).

395

396 Bird weight had an effect on the latency to deep inhalation ($F_{(1,35)}=14.75$, $P<0.001$),
397 headshaking ($F_{(1,35)}=7.05$, $P=0.012$) and jumping ($F_{(1,35)}=12.45$, $P<0.001$). Latency to
398 jumping and deep inhalation were negatively correlated with weight ($r = -0.395$, $P = 0.050$
399 and $r=-0.618$, $P=0.024$ respectively). No significant correlation was found for latency to
400 headshaking. Latencies to sit ($F_{(1,35)}=7.73$, $P=0.009$), slow wing flap ($F_{(1,35)}=4.85$, $P=0.035$)
401 stand ($F_{(1,35)}=51.03$, $P<0.001$) and tonic convulsions ($F_{(1,35)}=5.04$, $P=0.031$) were affected by
402 feed withdrawal time, but correlation analysis, showed no significant correlations except for
403 sitting, which was positively correlated ($r=0.451$, $P=0.004$). Bird weight affected bout and
404 total durations for leg paddling (bout $F_{(1,35)}=3.32$, $P=0.008$; total $F_{(1,35)}=11.97$, $P=0.001$), tonic
405 convulsions (bout $F_{(1,35)}=10.53$, $P=0.003$; total $F_{(1,35)}=30.60$, $P=0.001$) and open-bill breathing
406 (bout $F_{(1,35)}=25.56$, $P<0.001$; total $F_{(1,35)}=21.59$, $P=0.001$), which were all negatively
407 correlated with bird weight ($r=-0.186$ — 0.512 , $P=0.004$ - 0.045). Numbers of tonic convulsions
408 were also related to bird weight ($F_{(1,35)}=12.07$, $P=0.001$), with a significant negative
409 correlation ($r=-0.522$, $P=0.001$).

410

411 *EEG responses*

412 High quality EEG signals were recorded for 33 birds, 28 of these traces provided data for the
413 first 150 s of LAPS (equivalent to time to motionless in LAPS birds). EEG characteristics in
414 terms of temporal changes in median frequency and total power in response to each

415 treatment are shown in Figure 1 (A: sham/dark and B: sham/light) and Figure 2 (A:
416 LAPS/dark and B: LAPS/light). Figure 3 shows a representative series of EEG trace
417 excerpts from birds undergoing LAPS/light and LAPS/dark treatments. In all treatments,
418 during baseline the EEG signal was characterised by high median frequency (20-25 Hz) and
419 low total power, as expected for conscious birds. Birds exposed to the sham treatments
420 exhibited regularly fluctuating median frequencies relating to transitions between waking and
421 apparent drowsy/sleep states. In the sham/dark treatment, birds showed general downward
422 trend in F50, a higher proportion of slow waves and higher total power than sham/light
423 (Figure 1). Of the first 82 two-second epochs (equivalent to time to motionless in LAPS
424 birds), the mean F50 of birds exposed to sham/dark reflected a non-responsive state ($F50 <$
425 12.7 Hz) for 3 time points (3.75%), were in the sedation range ($F50 <14$ Hz) for 16 time
426 points on average. The average F50 of sham/light birds never entered this range, but some
427 individuals showed both $F50 <12.7$ Hz and $F50 <6.8$ Hz at certain time points (see below).
428 In birds undergoing LAPS, a steep reduction in F50 and consequential increase in total
429 power was observed between 0-50 s (most pronounced in the dark treatment), followed by a
430 continuing, shallower trend from 50-70 s. Comparisons across groups revealed no effects of
431 LAPS, illumination or their interactions on visually assessed latency to presence of slow-
432 wave EEG signal (Table 7). Time to reach $F50 <6.8$ Hz was reduced in birds exposed to
433 LAPS and darkness, with a significant interaction where sham/dark birds had the shortest
434 latency. Sham/light birds rarely reached this state (9/20 birds, and then only for single
435 epochs). Within LAPS treatments, illumination delayed the onset of unconsciousness (GA
436 plane) by approximately 15 s, a significant difference. Time to reach a non-responsive state
437 ($F50 <12.7$ Hz) was not affected by LAPS or LAPS/illumination interaction, but had shorter
438 latencies in the dark. Within LAPS, birds in the dark had shorter latencies to reach a non-
439 responsive state ($F50 <12.7$ Hz) than birds in light ($F_{(1,16)}=8.90$, $P=0.010$). Comparisons of
440 latencies indicating brain inactivity were only carried out within the LAPS treatment, as no
441 birds in the sham treatments exhibited these states. There were too few birds to do
442 statistical comparisons for $PTOT <10\%$ of baseline, however numerically latencies were

443 shorter in the dark compared to birds in the light. Illumination increased latencies to
444 spectrally determined isoelectric EEG by 10 s, on average (Table 7). Bird weight affected
445 latency to F50 <12.7 Hz ($F_{(1,25)}=4.21$, $P=0.046$), with heavier birds showing longer latencies
446 ($r = 0.342$, $P = 0.048$). Feed withdrawal, temperature and humidity had no effects on EEG
447 variables.

448

449 *Cardiac responses*

450 Clear ECG waveforms were obtained from all birds during baseline, but ECG traces for 8
451 birds were lost after transfer to the module and the onset of LAPS. Throughout recording,
452 ECG waveforms were sometimes obscured due to electromyogram activity arising from the
453 pectoral muscles or movement artefacts. Figure 4 shows mean heart rate before and during
454 LAPS or sham treatment based on available data at each time point. In all cases, birds
455 exhibited elevated heart rates following handling for instrumentation (mean 385bpm) and
456 there was no evidence of initial heart rate decrease during undisturbed baseline ($P=0.061$ -
457 0.783 , $N=29$; first to last baseline point comparison). The initial heart rate of birds was
458 affected by illumination; in LAPS treatments light birds had a lower heart rate than those in
459 the dark, however in sham treatments this trend was reversed (Figure 4). Birds undergoing
460 LAPS showed pronounced bradycardia and arrhythmia from around 30 s continuing until 60
461 s when heart rate levelled off. The mean latency to bradycardia in LAPS birds was 45.7 ± 2.5
462 s. Latency to bradycardia not affected by light treatment (dark: 42.5 ± 1.9 s; light: 49.3 ± 4.8
463 s) feed withdrawal time, bird weight or humidity. However the internal temperature of the
464 chamber did have a marginal significant effect on time to bradycardia ($F_{(1,18)}=4.75$, $P=0.048$),
465 but there was no significant correlation. At the end of the LAPS process, mean heart rate
466 was low (dark: 126 ± 18 bpm; light: 160 ± 15 bpm) at which time there was also evidence of
467 heart failure, recognisable as strong arrhythmia, very low and fluctuating amplitudes and
468 fibrillation. Bradycardia and arrhythmia were absent in the sham treatments. There was a
469 significant decrease in heart rate between the average baseline (374.6 ± 5.2 bpm) of

470 individual birds and the end of the cycle (332.1 ± 4.9 bpm) (Paired T-Test: $T = 7.08$, $P < 0.001$)
471 irrespective of light treatment (Balanced ANOVA $F_{(1,14)} = 0.10$, $P = 0.760$).

472

473 **Discussion**

474 The results of this experiment provide important data controlling for the effects of illumination
475 and exposure to the decompression chamber without LAPS. In particular, they inform our
476 interpretation of EEG indicators of loss of consciousness in the absence of the confounding
477 effects of total darkness. Only some behaviour categories were shared between LAPS and
478 sham treatments, since many behavioural patterns associated with LAPS relate to loss of
479 consciousness and death by anoxia. Analysis of these in relation to treatment revealed that
480 in general, behavioural latencies and durations were increased in the sham treatments,
481 primarily because the whole 280 s cycle time was available, whereas in LAPS, birds were
482 losing posture at about 55 s and becoming motionless at 145 s. Vigilance, headshaking and
483 mandibulation were observed during LAPS and sham treatments; unsurprisingly vigilance
484 was increased in light treatments. It has been suggested that headshaking indicates that
485 that the bird is in a less preferred environment (Nicol, 2011) and it has also been associated
486 with disorientation, discomfort, respiratory distress (Webster and Fletcher, 2001) or contexts
487 demanding increased attention (such as the presentation of novel or disturbing stimuli
488 (Hughes, 1983). The fact that this behaviour was seen in sham treatments suggests that
489 some of the headshaking seen during LAPS is due to the placement of the birds in a novel
490 environment. However, headshaking was increased by LAPS (both in terms of frequency
491 and number of birds exhibiting the behaviour), which probably relates to increased noise
492 levels in the chamber (caused by the vacuum pump and valve) as well as the likelihood that
493 birds are aware of atmospheric pressure reduction and/or reducing oxygen concentration
494 while conscious. The maximum number of headshakes seen during LAPS was 5, which is
495 equivalent to exposure to controlled atmosphere stunning with inert gases (e.g. McKeegan
496 *et al.*, 2007a, 2007b). Open bill breathing and deep inhalation were only seen during LAPS

497 and relate to hypoxia (Mackie and McKeegan, 2016), as confirmed by studies on controlled
498 atmosphere stunning (McKeegan *et al.*, 2011; McKeegan *et al.*, 2007b; Gerritzen *et al.*,
499 2004; Abeysinghe *et al.*, 2007).

500

501 Within the sham treatments, illumination induced active behaviour (shorter latency to stand,
502 more time standing, less time sitting, more vigilance) and exploratory pecking was seen only
503 in the sham/light treatment. In the sham/dark treatment, birds spent a 277 s sitting on
504 average, and EEG data revealed fluctuating and regularly reduced median frequencies
505 suggesting that the birds were drowsy or sleeping for a significant proportion of the time with
506 F50 showing a general downward trend. Such slow wave EEG activity was also seen in the
507 sham/light treatment, but this was less pronounced, less frequent and had shorter duration
508 than in sham/dark. While low light intensity is well known to induce slow wave EEG activity
509 and sleep in birds (Gentle and Richards, 1972; Ookawa and Gotch, 1965; Gentle, 1975,
510 1976), the presence of intermittent sleep-like EEG patterns in the illuminated sham
511 treatment may reflect fatigue following handling (Sparrey and Kettlewell, 1993; Knowles
512 and Broom, 1990). A significant heart rate decrease during the cycle was apparent in sham
513 treated birds, suggesting continuing recovery from the stress of handling, irrespective of light
514 treatment.

515

516 Within LAPS treatments, illumination had no effect on latencies to behavioural indicators of
517 loss of consciousness (ataxia, loss of posture, loss of jaw tone and onset of convulsions),
518 confirming that these are primarily related to oxygen availability. Light/dark treatment did
519 increase latencies to standing and deep inhalation and total durations of leg paddling and
520 clonic convulsions; the reasons for these effects are unclear. In general, the consistent
521 pattering and timing of behaviours in response to LAPS are in close agreement with
522 previous reports (Mackie and McKeegan, 2016; Martin *et al.*, submitted a, b).

523

524 The regular appearance of slow wave EEG in the sham/dark treatment explains the results
525 of previous studies of LAPS carried out in darkness where low median frequencies
526 accompany apparently conscious states (McKeegan *et al.*, 2013; Martin *et al.*, submitted b).
527 Effects of illumination were apparent in the EEG responses of birds undergoing LAPS.
528 While the overall EEG response to LAPS (steep reduction in F50 in the first 60 s and
529 increased total power) was similar with and without illumination, birds exposed to LAPS in
530 the dark had shorter latencies to reach a non-responsive state (F50 <12.7 Hz) and GA plane
531 (F50 <6.8 Hz) and their total power was higher throughout induction to unconsciousness. A
532 shorter time to isoelectric EEG (reduced by 10 s, as defined by spectral parameters) was
533 also observed in darkness. Thus, in light conditions, slow wave EEG is induced by hypoxia,
534 while in the dark, it is induced by both hypoxia and the absence of light stimulation,
535 decreasing time to unconsciousness by approximately 15 s. Previously, we suggested that
536 the presence of slow wave EEG patterns in conscious birds in the early part of LAPS
537 suggests an absence of negative stimulation which would evoke a desynchronization of the
538 EEG (e.g. Gentle, 1975). This notion is supported by the current study where the same
539 patterns were seen and where slightly increased desynchronisation was related to the
540 presence of light stimulation.

541

542 The initial heart rate of birds was affected by illumination treatment, however the direction of
543 this difference was not consistent between LAPS and sham treatments, making its basis
544 difficult to determine. As reported previously for LAPS (McKeegan *et al.*, 2013; Martin *et al.*,
545 submitted b) and anoxic CAS (Butler, 1967; McKeegan *et al.*, 2007a, 2007b; McKeegan *et al.*,
546 2011; Raj, 2006), pronounced bradycardia and arrhythmia was apparent from 30 – 60 s
547 when heart rate levelled off. Latency to bradycardia was not affected by light treatment,
548 suggesting that these responses are primarily due to hypoxia in the early part of the LAPS
549 cycle.

550

551 Collectively, these results add to a growing body of evidence that behavioural and EEG
552 responses to LAPS are consistent and indicative of a process that is largely equivalent to
553 controlled atmosphere stunning with anoxic gases. As would be expected, the effects of
554 LAPS/sham treatment primarily related to the presence or absence of hypoxia. Illumination
555 affected activity/sleep levels in sham treated birds and slightly slowed time to loss of
556 consciousness in birds undergoing LAPS. The data lead to the recommendation that LAPS
557 is carried out in darkness, as is currently the case commercially.

558

559 **Acknowledgements**

560 The authors wish to thank the postgraduate students and poultry farm staff of the University
561 of Arkansas for their assistance with the experiment. We thank Marien Gerritzen for allowing
562 us to use his telemetry logging equipment. The authors are grateful to Technocatch LLC for
563 their provision of equipment and technical support as well as funding for the project. The
564 funders had no role in the study design, data interpretation or publication. We thank David
565 Pritchard for discussions and comments on the draft paper.

566

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Table 1 Ethogram showing behavioural latencies, counts and durations recorded

Behaviour	Description	Measures
Vigilance	Alert movements of the head, including 'Vigilance' as defined by Mackie and McKeegan (submitted).	Latency duration
Mandibulation	Repetitive and rapid opening and closing of the bill, not associated with inspiration or exhalation.	Counts Latency
Headshake	Rapid lateral head movement.	Counts Latency
Open bill breathing	Gentle rhythmic breathing with bill open, with or without neck extension.	Latency durations
Panting	Rapid rhythmic breathing with bill open with tongue extended	Latency durations
Deep inhalation	Deep non-rhythmic inspiration from the mouth may be accompanied by extension of the neck	Counts Latency
Ataxia	Apparent dizziness, staggering, swaying of body and/or head, attempts to stand/sit or flaps wings to try and regain balance.	Duration Latency
Loss of posture	Unable to regain/maintain a controlled posture.	Latency
Clonic convulsion	Rapid/vigorous movement of the wings, a new bout was defined as following a pause of at least one second.	Duration Latency
Tonic convulsion	Uncontrolled twitching (visible muscular spasms within the body). A new bout was defined as following a pause of at least one second.	Duration Latency
Slow wing flapping	One short burst or prolonged slow/moderate movement of the wings, occurring without any twitching of the body. A new bout was defined by a pause of one second.	Duration Latency
Leg paddling	Involuntary, usually alternating, leg movements in the air or towards the ground depending on the body position of the bird. Leg paddling can also be determined by an alternating upwards and downwards movement of the body if bird is lying sternal. A new bout was defined by a pause of one second.	Duration Latency
Loss of jaw tone	Bill open for more than 2s without deep breathing and/or neck extension.	Latency
Jump	Explosive upwards movement from a sitting/lying position during ataxia.	Counts
Escape	Rapid locomotor behaviours in an apparently conscious attempt to exit the situation	Counts
Peck	Moving head backwards and forwards in a pecking motion.	Counts
Vocalising	Any audible vocal produced by the focal bird (e.g. alarm call or peeping).	Counts Latency
Motionless	No discernible body or breathing movements.	Latency
Sitting	Legs underneath the body cavity and wings relaxed against body wall.	Duration
Standing	Standing with the body fully or partly lifted off of the ground.	Duration
Lying	Lying once posture is lost and not perceived to be purposefully controlling posture.	Duration
Out of sight	Bird was completely out of view.	Duration

Table 2 Frequency table showing the numbers of birds exhibiting each behaviour (yes, N=20), and missing data due to birds being out of sight in each treatment.

Behaviour	LAPS				SHAM			
	Dark		Light		Dark		Light	
	Yes	Missing data	Yes	Missing data	Yes	Missing data	Yes	Missing data
Standing	2	0	12	0	2	1	10	1
Leg paddling	16	0	12	0	0	1	0	1
Clonic convulsions	20	0	20	0	0	1	0	1
Tonic convulsions	17	3	13	0	0	1	0	1
Slow-wing flapping	12	0	9	0	0	1	2	1
Vigilance	20	0	20	0	19	1	19	1
Mandibulation	12	0	12	0	6	1	9	1
Head shaking	5	0	11	0	3	1	4	1
Open-bill breathing	18	0	13	0	0	1	0	1
Deep inhalation	8	0	5	0	0	1	0	1
Jump	11	0	14	0	0	1	0	1
Vocalisation	0	0	3	0	0	1	3	1
Sitting	20	0	20	0	19	1	19	1
Lying	19	1	20	0	0	1	0	1
Motionless	20	0	20	0	0	1	0	1
Loss of jaw tone	17	3	17	3	0	1	0	1
Ataxia	19	0	20	0	0	1	0	1
LOP	20	0	20	0	0	1	0	1
Escape	0	0	0	0	0	1	0	1
Peck	0	0	0	0	0	1	2	1
Panting	0	0	0	0	0	1	1	1

Table 3 Summary statistics (mean \pm SE) of latencies, bout duration, total duration and frequency of behaviours exhibited in both LAPS and sham conditions, and statistical differences (F statistic and P value) dependent on LAPS and light treatment and their interaction. Significant *P* values (< 0.05) are in bold type.

Behaviour	LAPS		SHAM		LAPS/sham		Light/dark		LAPS/sham* light/dark		
	Dark	Light	Dark	Light	<i>F</i>	<i>P</i>	<i>F</i>	<i>P</i>	<i>F</i>	<i>P</i>	
	Mean \pm SE	Mean \pm SE	Mean \pm SE	Mean \pm SE							
Latency	Sitting	0.4 \pm 0.1	0.5 \pm 0.1	2.1 \pm 1.3	1.6 \pm 0.5	14.40	<0.001	2.21	0.142	1.63	0.206
	Vigilance	1.1 \pm 0.1	1.1 \pm 0.2	10.7 \pm 1.6	7.7 \pm 1.7	58.72	<0.001	2.92	0.092	0.00	0.963
	Mandibulation	20.1 \pm 2.3	24.2 \pm 2.9	49.8 \pm 13.3	55.9 \pm 15.4	114.92	<0.001	0.56	0.458	4.71	0.033
	Headshake	28.7 \pm 7.5	33.9 \pm 4.7	69.5 \pm 29.0	151.6 \pm 43.7	587.46	<0.001	0.46	0.498	3.93	0.051
	Standing	17.0 \pm 2.2	17.7 \pm 4.7	107.2 \pm 83.9	88.9 \pm 25.8	118.76	<0.001	255.9	<0.001	25.25	0.001
	Slow WF*	57.6 \pm 1.5	55.1 \pm 1.9	-	119.0 \pm 80.0	-	-	-	-	-	-
	Peck*	-	-	-	42.0 \pm 3.9	-	-	-	-	-	-
Bout duration	Sitting	56.0 \pm 5.4	39.6 \pm 3.5	266.5 \pm 11.1	166.5 \pm 19.2	227.37	<0.001	31.49	<0.001	0.55	0.462
	Vigilance	19.5 \pm 2.6	29.9 \pm 1.8	7.7 \pm 1.3	13.9 \pm 1.1	66.59	<0.001	24.82	<0.001	0.07	0.797
	Standing	3.3 \pm 0.9	12.3 \pm 3.3	5.1 \pm 3.5	11.4 \pm 2.4	0.06	0.802	52.99	<0.001	5.49	0.022
	Slow WF*	3.1 \pm 0.4	3.1 \pm 1.2	-	1.3 \pm 1.3	-	-	-	-	-	-
Total duration	Sitting	58.6 \pm 5.3	43.3 \pm 3.4	277.2 \pm 1.3	268.5 \pm 3.0	123.97	<0.001	4.86	0.031	0.55	0.462
	Vigilance	20.5 \pm 2.3	30.9 \pm 1.7	40.9 \pm 8.0	52.6 \pm 3.3	28.56	<0.001	5.60	0.018	0.07	0.797
	Standing	3.3 \pm 0.9	12.3 \pm 3.3	5.1 \pm 3.5	19.8 \pm 3.9	22.38	<0.001	120.9	<0.001	5.49	0.022
	Slow WF*	4.0 \pm 0.5	3.1 \pm 1.2	-	1.3 \pm 0.1	-	-	-	-	-	-
Bout frequency	Sitting	1.0 \pm 0.0	1.3 \pm 0.1	1.2 \pm 0.2	2.4 \pm 0.4	17.01	<0.001	17.10	<0.001	1.85	0.178
	Vigilance	1.2 \pm 0.1	1.1 \pm 0.1	2.0 \pm 0.3	3.8 \pm 0.4	81.37	<0.001	5.09	0.027	4.50	0.037
	Mandibulation	1.8 \pm 0.4	1.5 \pm 0.4	0.9 \pm 0.4	1.5 \pm 0.4	0.50	0.481	0.08	0.776	0.03	0.858
	Headshake	0.5 \pm 0.2	1.2 \pm 0.3	0.2 \pm 0.1	0.3 \pm 0.2	7.34	0.010	3.41	0.069	0.00	0.966
	Standing	0.1 \pm 0.1	0.7 \pm 0.1	0.1 \pm 0.1	1.5 \pm 0.4	6.13	0.016	14.64	<0.001	0.46	0.501
	Slow WF	0.8 \pm 0.2	0.5 \pm 0.1	0.0 \pm 0.0	0.1 \pm 0.1	10.39	0.002	3.84	0.054	0.03	0.856
	Pecking	0.0 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0	0.2 \pm 0.2	0.02	0.879	0.01	0.933	0.00	0.955
	Vocalisation	0.0 \pm 0.0	0.4 \pm 0.2	0.0 \pm 0.0	0.4 \pm 0.2	0.01	0.917	0.01	0.925	0.00	0.997

*No modelling possible due to too few observations

Table 4 Summary statistics (mean, SE, min, max) of latencies to behaviours exhibited during LAPS, and statistical differences (F statistic and P value) dependent on light treatment and their interaction. Significant P values (< 0.05) are in bold type.

Behaviour	LAPS DARK				LAPS LIGHT				F statistic	P value
	Mean	SE	Min	Max	Mean	SE	Min	Max		
Sitting	0.4	0.1	0.1	1.2	0.5	0.1	0.1	2.2	0.16	0.692
Vigilance	1.1	0.1	0.3	2.0	1.1	0.2	0.3	2.8	0.82	0.370
Standing	17.0	2.2	14.9	19.2	17.7	4.7	2.6	50.5	14.47	<0.001
Mandibulation	20.1	2.3	4.1	32.0	24.2	2.9	6.8	39.2	0.69	0.412
Head shaking	28.7	7.5	10.9	47.0	33.9	4.7	6.3	54.6	2.14	0.153
Ataxia	39.5	13.4	29.1	48.0	38.3	1.26	26.1	45.8	0.09	0.770
Jump	49.0	1.8	38.2	56.9	47.3	1.7	35.4	55.0	3.71	0.063
LOP	54.7	1.3	40.6	62.4	55.9	1.19	40.1	61.4	1.37	0.250
Lying	56.6	1.4	42.2	67.2	55.6	1.6	41.7	68.2	0.24	0.623
Slow-wing flapping	57.6	1.5	49.5	69.0	55.1	1.9	46.8	65.0	4.12	0.051
Open-bill breathing	59.5	4.1	11.1	89.9	57.5	2.5	46.2	76.2	0.57	0.457
Clonic convulsions	63.8	1.4	52.9	77.4	60.1	1.37	41.4	71.41	3.65	0.065
Loss of jaw tone	76.3	1.8	65.5	91.4	77.9	1.7	64.6	96.2	0.11	0.747
Deep inhalation	86.1	4.0	71.3	100.6	64.0	3.9	52.3	72.2	137.00	<0.001
Leg paddling	92.1	3.7	58.9	129.5	91.8	4.05	61.4	118.2	1.00	0.325
Tonic convulsions	105.0	3.8	81.2	135.3	110.9	6.61	81.4	158.6	0.79	0.381
Motionless	145.2	3.3	116.3	171.2	142.8	4.8	103.8	186.7	0.00	0.964
Vocalisation*	-	-	-	-	50.7	20.2	11.4	78.2	-	-

*No modelling possible due to too few observations

Table 5 Summary statistics (mean, SE, min, max) of bout durations, total duration and bout frequency of behaviours exhibited during LAPS, and statistical differences (F statistic and P value) dependent on light treatment and their interaction. Significant P values (< 0.05) are in bold type.

Behaviour	LAPS DARK				LAPS LIGHT				F	P	
	Mean	SE	Min	Max	Mean	SE	Min	Max			
Individual bout duration	Sitting	56.0	5.4	37.0	151.9	39.6	3.5	9.9	60.2	7.29	0.011
	Vigilance	19.5	2.6	4.9	40.1	29.9	1.8	17.9	42.7	7.13	0.012
	Standing	3.3	0.9	2.4	4.2	12.3	3.3	1.3	41.0	70.54	<0.001
	Ataxia	19.1	1.3	8.4	32.5	18.7	2.0	5.4	38.8	0.20	0.658
	Lying	79.9	3.3	45.7	100.2	91.3	4.5	55.9	133.2	2.00	0.166
	Slow-wing flapping	3.1	0.4	1.4	5.6	3.1	1.2	0.4	11.8	0.15	0.705
	Open-bill breathing	25.6	11.6	1.8	211.8	15.0	2.7	5.3	42.4	0.07	0.796
	Clonic convulsions	6.0	0.7	2.1	12.9	8.0	0.9	1.3	15.9	2.73	0.108
	Leg paddling	6.7	1.1	1.4	16.6	11.3	4.5	1.9	59.3	3.74	0.062
	Tonic convulsions	5.5	0.8	0.7	12.4	8.2	1.8	1.2	25.8	3.84	0.058
	Motionless	144.7	3.3	116.9	177.6	138.6	4.9	93.3	179.4	2.10	0.147
Total duration	Sitting	58.6	5.3	37.0	151.5	43.3	3.4	9.9	60.1	4.87	0.027
	Vigilance	20.5	2.3	4.9	40.1	30.9	1.7	17.9	42.7	10.72	0.002
	Standing	3.3	0.9	2.4	4.2	12.3	3.3	1.3	41.0	70.54	<0.001
	Ataxia	19.1	1.3	8.4	32.5	19.0	1.9	7.4	38.8	0.09	0.767
	Lying	82.3	2.7	61.5	100.2	91.3	4.5	55.9	133.2	1.78	0.182
	Slow-wing flapping	4.0	0.5	1.4	7.2	3.1	1.2	0.4	11.8	0.44	0.511
	Open-bill breathing	35.8	15.3	2.5	212.0	16.1	2.9	5.3	42.4	0.01	0.908
	Clonic convulsions	20.3	2.1	3.8	51.7	27.1	1.7	15.6	47.1	4.89	0.034
	Leg paddling	9.62	2.0	1.4	33.2	14.2	4.4	1.8	59.2	8.98	0.005
	Tonic convulsions	9.5	2.3	0.7	36.8	11.4	2.6	1.2	31.8	0.43	0.516
	Motionless	144.7	3.3	116.9	177.5	138.6	4.9	93.3	179.3	0.57	0.449
Frequency of bouts	Sitting	1.0	0.0	1.0	1.0	1.3	0.1	1.0	3.0	5.08	0.031
	Vigilance	1.2	0.1	1.0	2.0	1.1	0.1	1.0	2.0	0.16	0.692
	Standing	0.1	0.1	0.0	1.0	0.7	0.1	0.0	2.0	5.65	0.023
	Ataxia	1.0	0.1	0.0	1.0	1.0	0.0	1.0	1.0	2.80	0.103
	Lying	1.0	0.1	0.0	1.0	1.0	0.0	1.0	1.0	0.03	0.862
	Slow-wing flapping	0.8	0.2	0.0	3.0	0.5	0.1	0.0	1.0	3.44	0.072
	Open-bill breathing	1.1	0.2	0.0	3.0	0.7	0.1	0.0	2.0	1.50	0.229
	Clonic convulsions	2.8	0.3	1.0	6.0	2.8	0.3	1.0	5.0	0.01	0.907
	Leg paddling	1.2	0.2	0.0	2.0	0.8	0.2	0.0	2.0	0.75	0.392
	Tonic convulsions	1.3	0.2	0.0	4.0	0.9	0.2	0.0	3.0	0.01	0.905
	Motionless	1.0	0.1	0.0	1.0	1.0	0.0	1.0	1.0	0.01	0.989

Table 6 Summary statistics (mean, SE, min, max) of counts of behaviours exhibited in LAPS, and statistical differences (F statistic and P value) dependent on light treatment and their interaction.

Behaviour	DARK				LIGHT				F statistic	P value
	Mean	SE	Min.	Max.	Mean	SE	Min.	Max.		
Jump	1.0	0.3	0.0	4.0	1.6	0.3	0.0	4.0	1.95	0.172
Mandibulation	1.8	0.4	0.0	5.0	1.5	0.4	0.0	5.0	0.12	0.736
Peeping	0.0	0.0	0.0	0.0	0.4	0.2	0.0	4.0	0.00	0.974
Head shake	0.5	0.2	0.0	3.0	1.2	0.3	0.0	5.0	0.43	0.512
Deep inhalation	0.7	0.2	0.0	3.0	0.4	0.2	0.0	2.0	0.83	0.368
Peck*	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	-	-

*No modelling possible due to too few observations

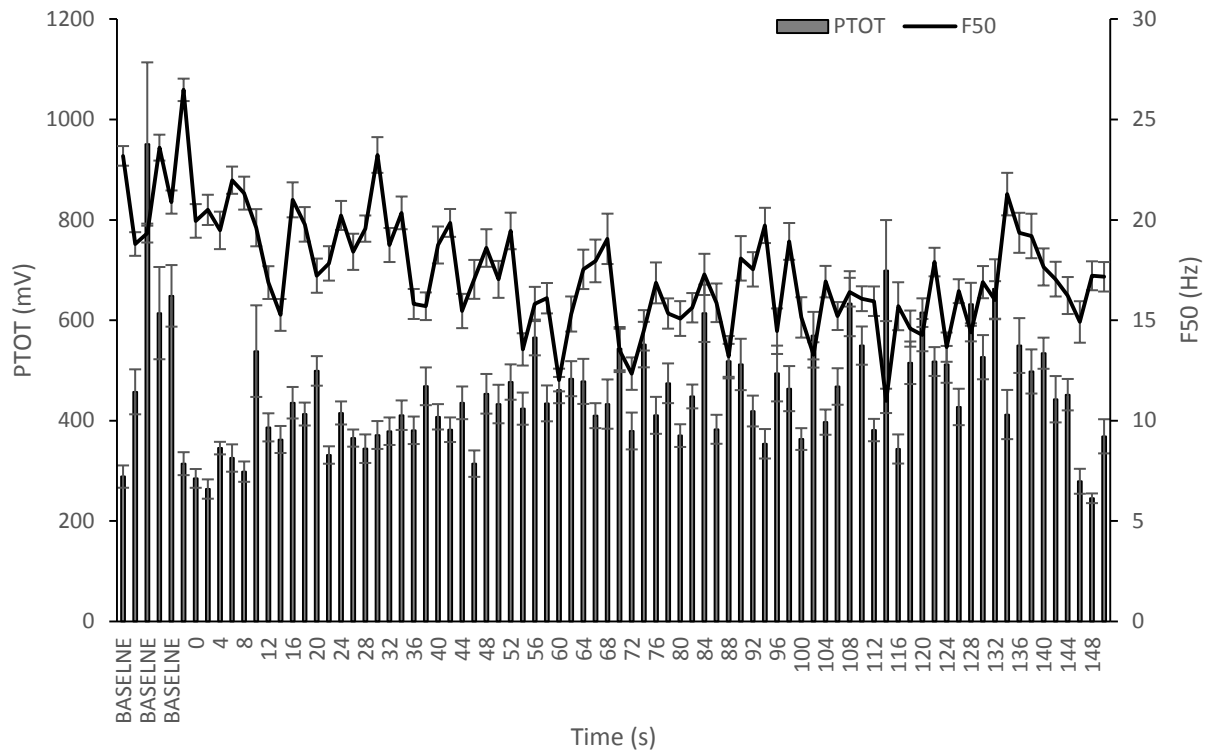
Table 7 Summary statistics (mean, SE, minimum and maximum) of latencies to various EEG parameters according to treatment and statistical differences (F statistic and P value) dependent on LAPS and light treatment and their interaction. Significant P values (< 0.05) are in bold type.

Measure (s)	LAPS/DARK		LAPS/LIGHT		SHAM/DARK		SHAM/LIGHT		LAPS/SHAM		LIGHT/DARK		Interaction		
	N	Mean	SE	Mean	SE	Mean	SE	Mean	SE	F	P	F	P	F	P
Slow-wave*	21	28.3	4.3	55.2	10.9	35.8	11.6	33.5	8.1	1.1	0.303	3.15	0.085	0.62	0.435
F50<6.8Hz	21	39.1	6.3	53.6	11.8	12.7	5.3	88.0	29.5	21.8	<0.001	63.55	<0.001	56.65	<0.001
F50<12.7Hz	31	27.1	4.9	40.3	5.8	20.4	6.7	37.0	8.4	0.36	0.554	7.04	0.012	1.55	0.222
PTOT <10% baseline	5	97.0	25.0	122.7	5.9	-	-	-	-	-	-	-	-	-	-
Isoelectric*	13	89.7	15.0	99.0	4.2	-	-	-	-	-	-	0.40	0.539	-	-
Isoelectric (spectral) [†]	10	91.6	12.3	101.6	6.1	-	-	-	-	-	-	6.25	0.025	-	-

*Based on visual inspection

[†]Isoelectric EEG based on spectral characteristics was defined as PTOT<170mv and F50>22Hz.

a) SHAM / DARK



b) SHAM / LIGHT

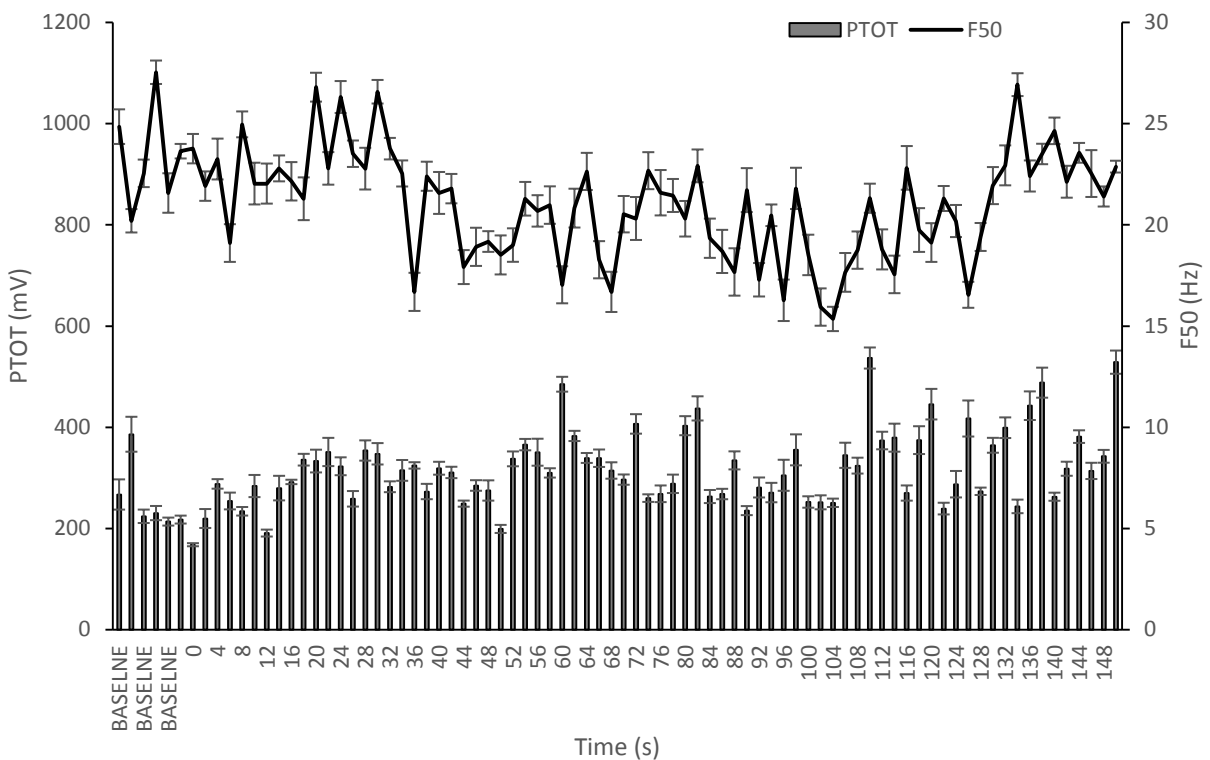
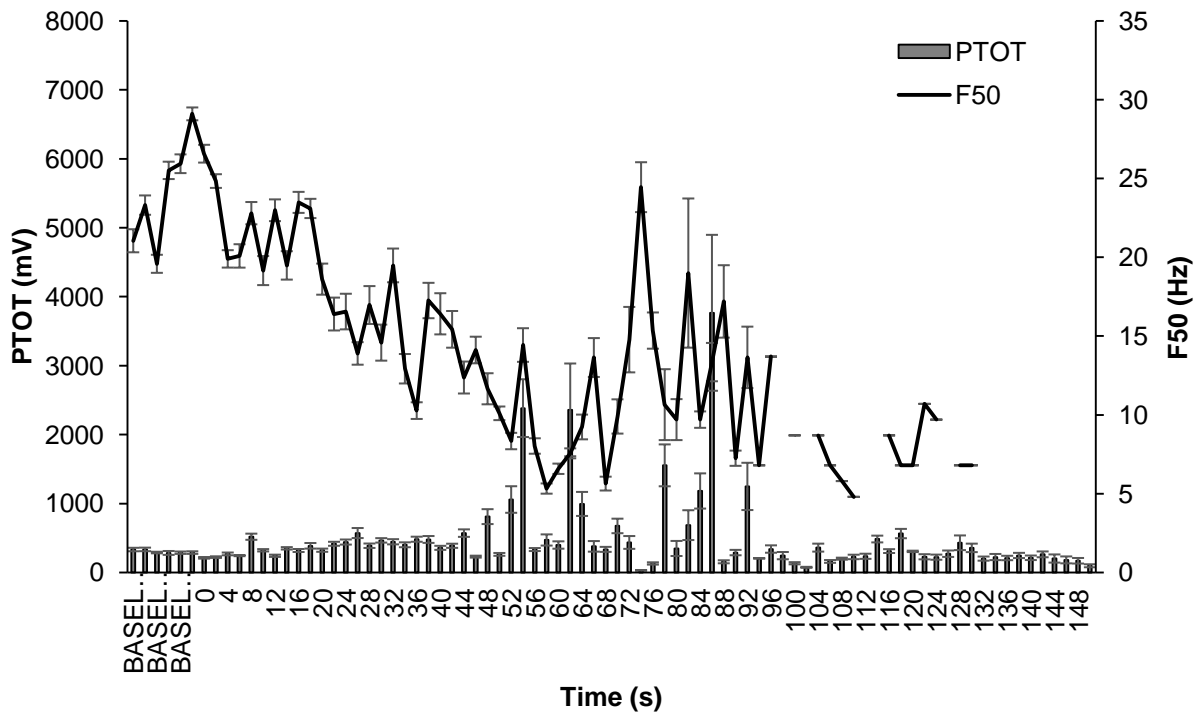


Figure 1 Changes in mean (\pm SE) F50 and PTOT for consecutive 2 s epochs during sham treatment in dark (a) or light (b) conditions (onset 0s) to 150s (mean time to motionless in LAPS). Baseline points refer to signal collected prior to LAPS (3 outside chamber, 3 inside chamber). N=19 birds.

a) LAPS / DARK



b) LAPS / LIGHT

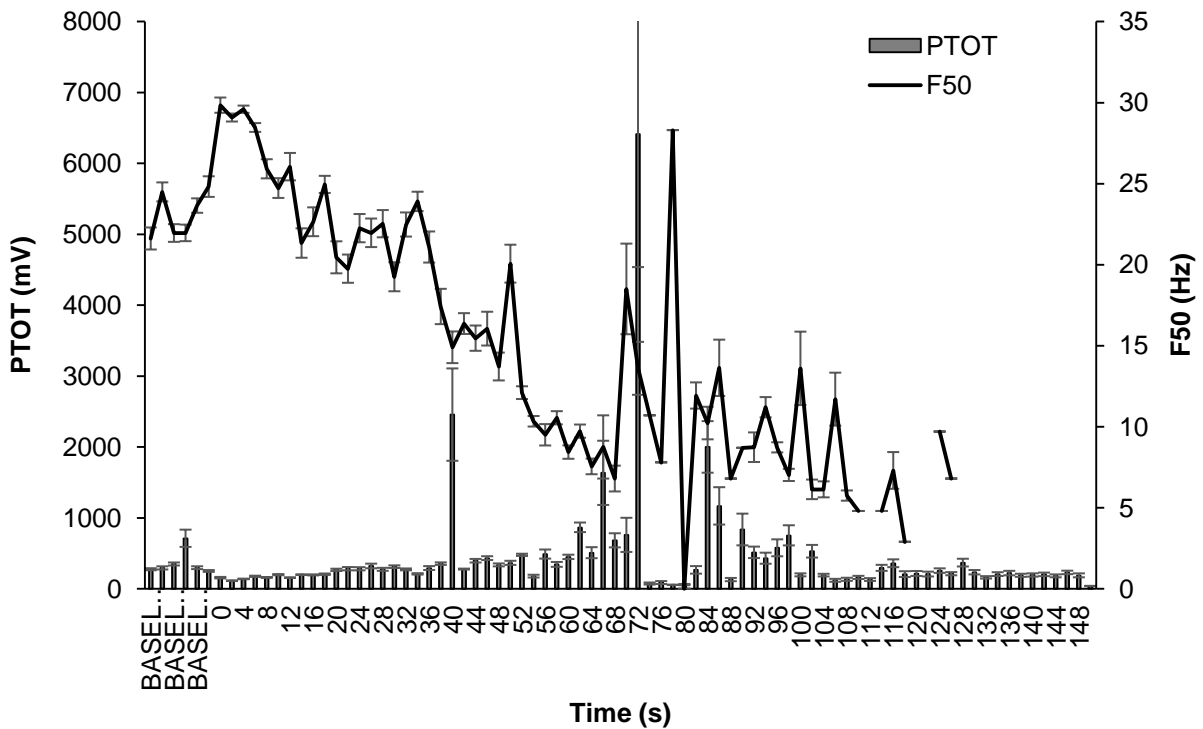
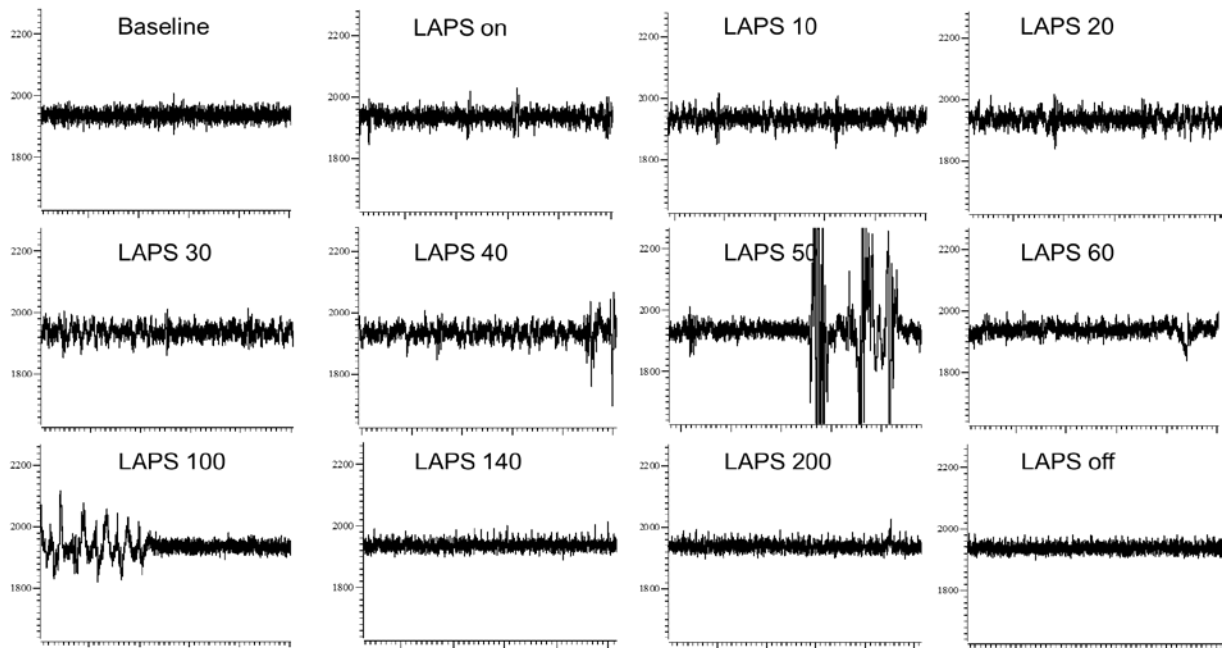


Figure 2 Changes in mean (\pm SE) F50 and PTOT for consecutive 2 s epochs during LAPS treatment in dark (a) or light (b) conditions (onset 0s) to 150s (mean time to motionless in LAPS). Baseline points refer to signal collected prior to LAPS (3 outside chamber, 3 inside chamber). N= 17 birds. To allow both graphs to be plotted on the same Y axis range, a single PTOT outlier was removed in LAPS/LIGHT treatment at 72 s (Bird 408: 53816.46 mV). Missing values indicate that epochs were excluded from analysis due to noise interference rendering too few data points available (<3 birds) or because the EEG had become isoelectric.

a) LAPS / DARK



b) LAPS / LIGHT

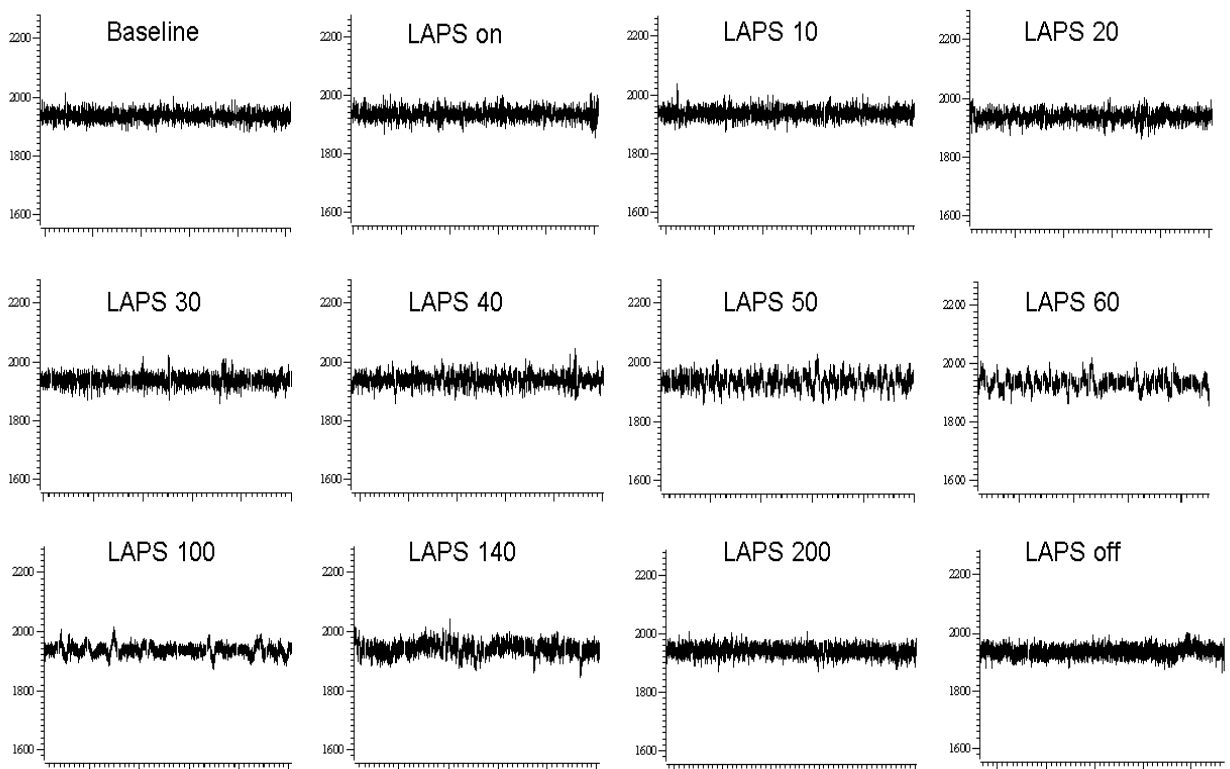
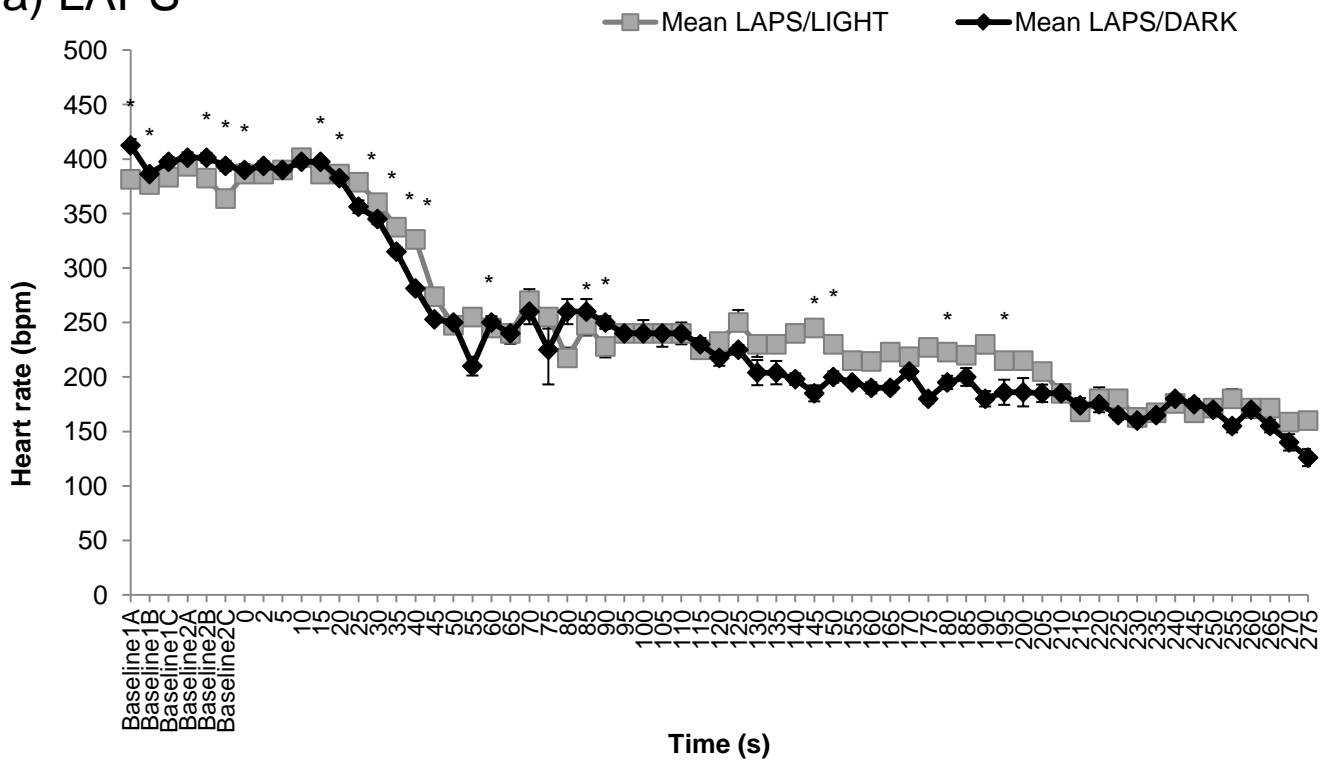


Figure 3 A representative series of EEG trace excerpts (each 5s duration, data from Bird 347 (LAPS/dark (a) and Bird 446 LAPS/light (b)) illustrating the typical appearance of the EEG at 12 time points (baseline, LAPS on, +10, +20, +30, +40, +50, +60, +100, +140, +200s and LAPS off). Y-axis units are microvolts, x-axis units (large tick marks) are seconds.

a) LAPS



b) SHAM

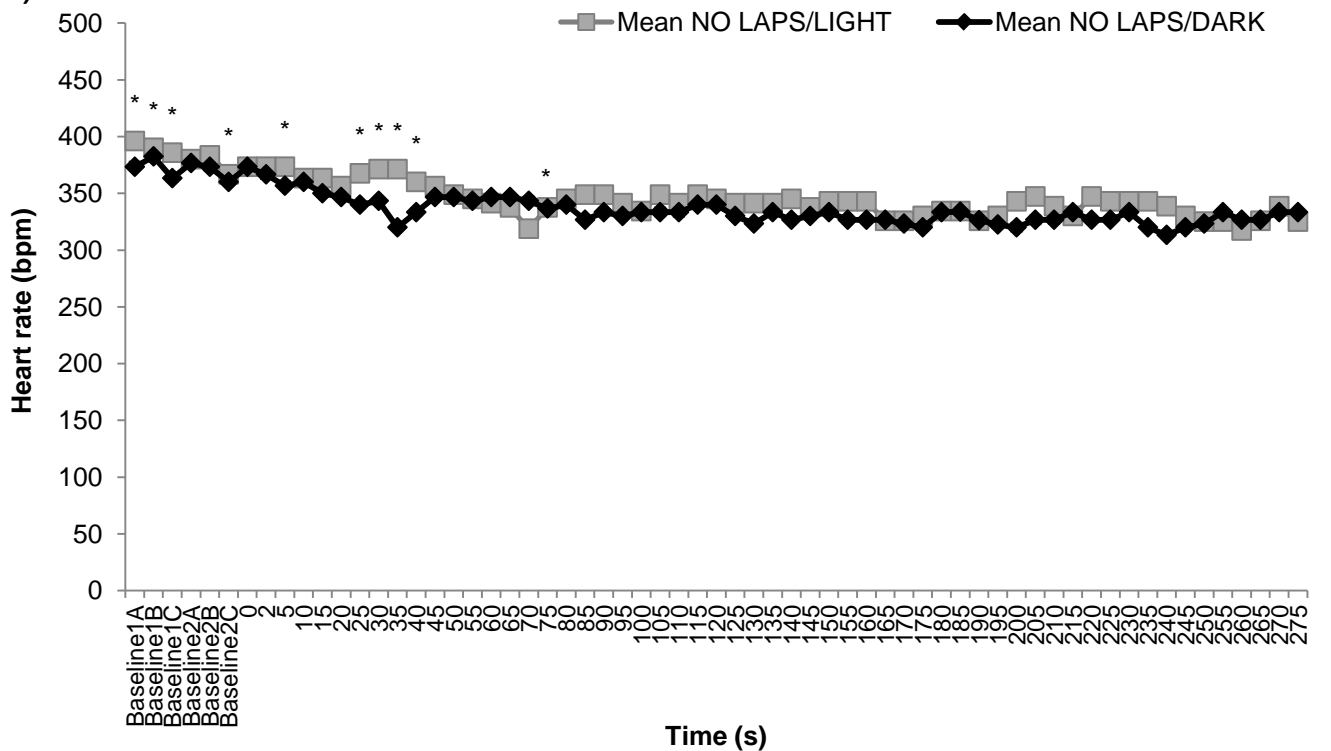


Figure 4 Mean (\pm SE) heart rate (bpm) at 5 s intervals throughout LAPS/sham treatment cycles at in light (orange) or dark (blue) treatments. The six baseline points (prior to 0 s) refer to signal collected prior to LAPS (3 outside chamber (1A-C), 3 inside chamber (2A-C)). N=17 for LAPS 3; N= 19 for sham. Asterisks indicate significant differences between light treatments.