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Title: Alzheimer disease genetic risk factor *APOE* e4, and cognitive abilities in 111,739 UK Biobank participants.

Authors: Lyall, D.M.¹, Ward, J.¹, Ritchie, S.J.², Davies, G.², Cullen, B.¹, Celis, C.³, Bailey, M.E.S.⁴, Anderson, J.¹, Evans, J.¹, Mackay, D.F.¹, McIntosh, A.M.², Sattar, N.³, Smith, D.J.¹, Deary, I.J.². & Pell, J.P.¹

¹ Institute of Health & Wellbeing, University of Glasgow, Scotland, UK

² Centre for Cognitive Ageing and Cognitive Epidemiology, Department of Psychology, University of Edinburgh, Scotland, UK

³ Institute of Cardiometabolic and Medical Sciences, University of Glasgow, Scotland, UK.

⁴ School of Life Sciences, CMVLS, University of Glasgow, Scotland, UK.

Key words: UK Biobank; Epidemiology; Cognitive ability; *APOE*; Alzheimer disease.

Conflict of interest disclosures: IJD was a participant in UK Biobank; this does not influence any motivations, analyses, or interpretations with regard to this study. The authors have no other competing interests to report.

Corresponding author: Dr. Donald M. Lyall (Donald.Lyall@Glasgow.ac.uk)

1 Lilybank Gardens, Institute of Health and Wellbeing, University of Glasgow, G12 8RZ, Glasgow, Scotland UK.

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References 25

Tables 2

Supplementary Tables 2

Author statement

Conflict of interest disclosures

One co-author is a UK Biobank participant. One other co-author is a member of the UK Biobank scientific advisory committee. Neither of these conflicts of interest affected the current study with regards motivation, analysis or interpretation. There are no other actual or potential conflicts of interest including financial, personal or otherwise. No author's institution has contracts relating to this research through which it or any other organization may stand to gain financially now or in the future.

Ethical approval

This study was conducted under generic approval from the NHS National Research Ethics Service (approval letter dated 17th June 2011, Ref 11/NW/0382).

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Data verification

The data contained in the manuscript being submitted have not previously been published, have not been submitted elsewhere and will not be submitted elsewhere while under consideration at Age and Ageing.

Abstract

Background: The apolipoprotein (*APOE*) e4 locus is a genetic risk factor for dementia. Carriers of the e4 allele may be more vulnerable to conditions that are independent risk factors for cognitive decline, such as cardiometabolic diseases.

Objective: We tested whether any association with *APOE* e4 status on cognitive ability was larger in older ages, or in those with cardiometabolic diseases.

Subjects: UK Biobank includes over 500,000 middle- and older-aged adults who have undergone detailed medical and cognitive phenotypic assessment. Around 150,000 currently have genetic data. We examined 111,739 participants with complete genetic and cognitive data.

Methods: Baseline cognitive data relating to information processing speed, memory and reasoning were used. We tested for interactions with age and with presence vs. absence of type-2 diabetes (T2D), coronary artery disease (CAD) and hypertension.

Results: In several instances *APOE* e4 dosage interacted with older age and disease presence to affect cognitive scores. When adjusted for potentially confounding variables there was no *APOE* e4 effect on the outcome variables.

Conclusions: Future research in large independent cohorts should continue to investigate this important question, which has potential implications for aetiology related to dementia and cognitive impairment.

Highlights

- It is of great public health interest to determine if genetic and environmental risk factors for dementia interact.
- Effects of *APOE* e4 genotype on cognitive ability may be stronger in older ages, or in people with cardiometabolic diseases.
- Large sample size, homogenous ancestry and cognitive data in UK Biobank make the cohort very valuable.
- We tested our hypothesis in around 112,000 UK Biobank participants with genetic, cognitive and sociodemographic data.
- We found no evidence that older age or cardiometabolic diseases modified association between *APOE* e4 and cognitive ability.

Key words: UK Biobank; Epidemiology; Cognitive ability; *APOE*; Alzheimer disease.

Abstract word count	178
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Introduction

Alzheimer disease (AD) is a type of progressive dementia characterized by cognitive impairment, and genetic variation in the apolipoprotein e (*APOE*) region is a risk factor. Previous studies have reported worse cognitive abilities in non-demented people with the *APOE* e4 allele (e3/e4, e4/e4 and occasionally e2/e4 genotypes), compared with those with the e2/e2, e2/e3 or e3/e3 genotype. Wisdom et al. reported a meta-analysis including 40,942 participants with a mean age of 63.14 years (standard deviation [SD] = 13.10). Significant negative associations were found between presence of the e4 allele and cognitive abilities relating to memory, global cognitive function, executive function and information processing speed, but not verbal ability, primary memory, attention or visuospatial functions¹.

A recent paper using the CHARGE consortium data², which includes 543,949 European participants from 31 cohorts, all aged over 45 years and without dementia, identified 13 single nucleotide polymorphisms (SNPs) that were significantly associated with fluid cognitive function as derived from several diverse cognitive tests. The magnitude of the association between rs10119 in the *APOE* region, and worse cognitive ability, increased with the mean age of each cohort ($r = -0.42$, $P = 0.022$). The effect was close to zero in younger cohorts, aged around 55-60 years, and most pronounced in the oldest cohorts, aged around 80 years². A report using the Generation Scotland cohort ($N = 18,337$) reported effects of *APOE* e4 dosage (0 vs. 1 vs. 2) on Logical Memory (standardised beta = -0.095 , $P = 0.003$), Verbal Fluency (standardised beta = 0.075 , $P = 0.023$), and Digit Symbol tests (standardised beta = -0.087 , $P = 0.004$), only in participants aged over 60 years³. In summary, there is evidence from relatively large cross-sectional studies that the effect of e4 genotype may become stronger in older ages^{4,5}.

The *APOE* locus has been referred to as the ‘frailty gene’^{6,7}, because it is associated with increased risk of diseases which lead to disability⁸, and e4 carriers are perhaps less likely to recover well⁹. Recent studies have investigated possible interactions between the e4 allele and cardiometabolic diseases. Perna et al. reported that in the ESTHER and KAROLA cohorts (total N = 1800), the negative association between *APOE* e4 presence and performance on the Cognitive Telephone Screening Instrument (COGTEL) was significantly stronger in participants with hypercholesterolemia (interaction P-values <0.05). There is a lack of high quality data on the possible interactive effect of *APOE* e4 genotype and cardiometabolic risk factors on cognitive abilities¹⁰.

UK Biobank is a very large, general population cohort study of 502,649 people from the UK, which includes sociodemographic, medical, cognitive and genetic data¹¹. The genetic data are to be made available in batches. Genetic data for the first 150,000 participants have been released so far. UK Biobank has cognitive data pertinent to a number of domains previously associated with *APOE* e4: episodic memory, executive function and processing speed¹. This study aimed to ascertain whether *APOE* e4 allele dosage was associated with cognitive function in a large, single-cohort population sample, represented by the currently released UK Biobank genotype dataset; whether genotype effects are stronger in older ages, or interact with cardiometabolic disease.

Methods

Materials and procedure

The UK Biobank baseline assessment took place between 2006 and 2010 in one of 22 assessment centres. In total 502,649 participants were recruited, aged 40-70 years, and from the general population. Invitation letters were sent to eligible adults registered with the NHS and living within 25 miles of a study assessment centre. Participants completed a touchscreen questionnaire related to various topics including sociodemographic, physical and mental health, early life factors, and a relatively brief battery of cognitive tests.

This study focuses on three cognitive tests that were included in UK Biobank, each administered via computerised touchscreen interface. The first of these was a task with thirteen logic/reasoning-type questions and a two-minute time limit, labelled as ‘fluid intelligence’ in the UK Biobank protocol but hereafter referred to as ‘verbal-numerical reasoning’; (<http://biobank.ctsu.ox.ac.uk/crystal/field.cgi?id=20016>). The maximum score is 13. The next task was a visual memory test labelled ‘pairs-matching’ (<http://biobank.ctsu.ox.ac.uk/crystal/label.cgi?id=100030>), where participants were asked to memorize the positions of six card pairs, and then match them from memory while making as few errors as possible. Scores on the pairs-matching test are for the number of errors that each participant made; therefore, higher scores reflect poorer cognitive function. We refer to this test as the memory task from here on. Finally, participants completed a timed test of symbol matching, similar to the common card game ‘Snap’ hereafter referred to as reaction time (RT) (<http://biobank.ctsu.ox.ac.uk/crystal/field.cgi?id=20023>). The reasoning task was only added to the participant assessment part-way through the baseline assessment phase. Therefore, the sample sizes for the different tasks vary. UK Biobank cognitive data have been described previously¹².

Participants were asked during the baseline assessment about any previous or current cardiometabolic conditions that had been diagnosed by their doctor. Specifically, participants were asked whether their doctor had diagnosed myocardial infarction, angina, stroke, hypertension or type II diabetes (T2D). We defined coronary artery disease (CAD) as either myocardial infarction or angina. We excluded participants who stated only ‘prefer not to answer’. Townsend deprivation indices were derived from postcode of residence¹³. They provide an area-based measure of socioeconomic deprivation derived from aggregated data on car ownership, household overcrowding, owner-occupation and unemployment. Higher Townsend scores equate to higher levels of area-based socioeconomic deprivation.

Genotyping

UK Biobank genotyping was conducted by Affymetrix using a bespoke BiLEVE Axiom array for ~50,000 participants, and the remaining ~450,000 (for the purposes of this study 100,000) on the Affymetrix UK Biobank Axiom array. The two are extremely similar. All genetic data were quality controlled and imputed by UK Biobank. The *APOE* e genotype is directly genotyped. Further information on the genotyping process is available (<http://www.ukbiobank.ac.uk/scientists-3/genetic-data>), including detailed technical documentation (http://www.ukbiobank.ac.uk/wp-content/uploads/2014/04/UKBiobank_genotyping_QC_documentation-web.pdf). UK Biobank provides recommendations, which we followed, for which participants to exclude from analysis, generally because the sample failed QC, had significant missing data or heterozygosity. UK Biobank also provides 15 separate principal components (PCs) to be included as possible covariates in order to limit confounding by population stratification.

Statistical analyses

We included only participants of Caucasian ethnicity, who accounted for the vast majority (~95%) of UK Biobank participants. In common with previous studies on *APOE* e¹, we excluded participants with the e2/e4 genotype as they have a combination of potentially protective and risk alleles.

Because the RT scores were significantly positively distributed we transformed the variable with a natural log transform ('LN'). The memory error scores were significantly zero-value inflated and therefore transformed with an LN +1 equation. We ran the models coding e2/e2, e2/e3 and e3/e3, e3/e4, and e4/e4 as 0, 1 and 2 respectively, i.e. an e4 dosage model. We found no evidence that the results were meaningfully different when we analysed the data as a binary *APOE* e4 present vs. absent model, so simply report the dose effect.

Participants with zero, one or two *APOE* e4 alleles were compared on descriptive variables with χ^2 tests for trend for ordinal data, using the "nptrend" function in STATA¹⁴. The association between *APOE* e4 dosage and the cognitive function test results was tested using linear regression. For log RT and log memory scores we report exponentiated betas where effects are multiplicative so that an effect size of 1.00 represents no change, and e.g. beta = 1.01 equates to a 1% increase in raw RT scores. For reasoning scores we report unstandardized betas. We included 10 genetic PCs, as provided by UK Biobank. We tested whether there were significant interactions between *APOE*, age, and diseases of CAD, T2D and hypertension, and also age in years.

We first ran a base model adjusted for stratification with 10 PCs, and then adjusted for the covariates of age and sex ('partially adjusted model'), and finally self-reported depression,

Townsend deprivation index, T2D, CAD and hypertension ('fully adjusted model'). We tested each interaction term in a separate model. Genotype measurement batch, assessment centre and type of array made no difference to the final results when included as a covariate and we therefore present results without this in the model. As an additional analysis we split the sample into those over vs. under 60 years of age, and tested for an effect of *APOE* e4 at first unadjusted, and then adjusted for stratification and sex. This method of analysis is similar to that reported by Marioni et al. Because of the large sample size and partly to offset the risk of multiple comparisons we elected to use $P < 0.001$ as nominal significance. Age was centred on 60 years. All analyses were conducted using IBM SPSS v.22 unless otherwise stated.

Results

[Insert Table 1 here]

Of 152,248 UK Biobank participants who had *APOE* genotyping, we first excluded participants that either reported a brain disease that may affect cognitive ability directly (see Appendix 1 in supplementary data) or did not provide that information: this left 145,278 participants. We excluded non-Caucasian participants, leaving $n = 130,381$. We removed participants who had a relatedness coefficient above 0.0442 ($n = 15,625$), or mismatch between reported and genetic sex ($n = 152$), leaving $N = 114,604$. We then removed participants who failed UK Biobank or BiLeve quality controlling (QC; $n = 281$), leaving $N = 114,323$. One participant was removed because they were aged over 70 years (above the official upper baseline age limit). This left a total of 114,322 participants with *APOE* data. Of those, 1,087 (1.0%) had *APOE* genotype e2/e2; 13,352 (11.7%) had e2/e3; 2,583 (2.3%) had e2/e4; 72,001 (63.0%) had e3/e3; 22,029 (19.3%) had e3/e4

and 3,270 (2.9%) had e4/e4. The allele frequencies were: e2 = 7.92%, e3 = 78.46% and e4 = 13.62%. The *APOE* e genotype was in Hardy-Weinberg equilibrium ($P = 0.08$). Because we excluded the e2/e4 carriers from analysis, the final sample was 111,739. The mean age was 56.79 years ($SD = 7.94$), and 52,679 (47.1%) were male. Frequencies of diseases and demographics by genotype are shown in Table 1. Of the 111,739 participants, 36,135 had reasoning data, 111,651 pairs-matching data, and 111,137 RT data.

[Insert Table 2 here]

Reasoning scores

In the base model, partially adjusted and fully adjusted models there was no association between *APOE* e4 dosage and reasoning scores (Table 2). In the base model there was a significant interaction between *APOE* e4 and CAD, and between *APOE* e4 and age, but no associations remained significant in the fully adjusted model.

Reaction time

In the base model there were several significant interactions (i.e. P value <0.001) between *APOE* e4 and cardiometabolic diseases, and age (Table 2). Most of these interactions attenuated in the partially adjusted model however, and none were significant in the fully adjusted model.

Pairs matching (memory) error scores

In the base model there were significant interactions between *APOE* e4 dosage and hypertension, and age, on log memory errors. However there were no significant interactions in the partially or fully adjusted models (Table 2).

Age-stratified analyses

When we split the sample into participants aged over vs. under 60 years, there was no evidence of a significant *APOE* e4 effect (at $P = 0.001$) in either group whether unadjusted, or corrected for stratification (with 10 PCs) and sex (Appendix 2).

Discussion

Interpretation

In our study of around 112,000 participants of UK Biobank we found some statistically significant interactions between *APOE* e4 dosage and age/disease variables: for reasoning scores with CAD and age; for RT scores with CAD, T2D, hypertension and age, and for pairs matching memory errors with hypertension and age. However none of these interactions were significant in the fully adjusted model.

Our findings partly contrast with the recent finding by Davies et al. who reported that the e4 effect on fluid mental ability was much more pronounced in older age². Specifically, Davies et al. noted that the *APOE* e4 effect size was mostly apparent at ages above 60 years, increasing relatively linearly until around age 80 (the mean age of the oldest cohort). Marioni et al. found generally weaker associations in participants aged under 60 years; in contrast we found no significant associations with *APOE* e4 dosage when we stratified participants in this way. We

found no interactions with self-reported T2D, hypertension or CAD for any of the cognitive tests in fully adjusted analyses. This is in contrast to a recent studies which showed significant interaction between *APOE* e4 and presence of cardiometabolic disease on cognitive function^{10,15}.

Wisdom et al. reported on 77 studies including 40,942 participants with *APOE* and cognitive data, and reported generally small effects (*r* coefficients ranged from -0.07 for episodic memory, to -0.002 for verbal ability), which are mostly larger than seen here. (We recommend the Wisdom et al. report for collating a large number of individual studies, detailed therein, although several reports of *APOE* e4 genotype and non-pathological cognitive ability in older adults been published since, generally showing significant associations with small-to-medium effect sizes^{3,10,16–21}). Our study is based on a single very large cohort where participants completed the same battery of cognitive function tests. In contrast, the report by Wisdom et al. pooled effect sizes from different studies using different measures (although the authors were careful to include only validated tests). Our results also statistically control for a number of factors – e.g. deprivation – that Wisdom et al. did not. Therefore, it is possible that our largely negative findings are a more accurate reflection of the impact of *APOE* e4 on the cognitive function of people in middle age or early old age who are not affected by dementia. However, these unexpected findings require significant validation and replication in future studies, particularly when the UK Biobank genetic data are available on the full cohort of 502,649 participants. It is common for effect sizes in single-locus association studies to weaken when more participants are added^{22,23}. It should also be noted that UK Biobank did not assess any tasks related to verbal episodic memory, which is the domain which Wisdom et al. reported had the strongest association with *APOE* e4 genotype.

Our study was cross-sectional and did not consider the *effects* of *APOE* e4 on longitudinal cognitive change²⁴. Future research will address this. In addition, since the baseline assessment,

UK Biobank has assessed participants on cognitive tests based on well-validated tasks such as Trail Making Test, and Tower of Hanoi, and we will investigate these also.

Limitations

UK Biobank are unlikely to be perfectly representative of the general population in terms of age, sex, ethnicity and socioeconomic status within the age-range recruited²⁵. However, in common with other general population cohorts, it is likely to be unrepresentative in other aspects. People with very low cognitive ability may have been less likely to participate due to various reasons including but not limited to inability to provide informed consent, or difficulties in participating. Also, since recruitment occurred in middle and old age, survival bias may have been introduced. If the range of cognitive ability among participants was reduced as a result, this may have masked a true association between genotype and cognitive ability.

It is also possible that the UK Biobank cognitive tests are insensitive, which may mask or partly offset the deleterious effects of *APOE* e4 genotype on mental function. Due to the very large scale of UK Biobank, the cognitive battery had to be delivered within a very short time-window. The tests also needed to be self-completed via a touch-screen computer. Therefore, they were relatively novel although based in principal on existing cognitive tasks. It is possible that some participants, uncomfortable with what could be considered a ‘high tech’ computerized approach, may have declined to participate, and this could theoretically have introduced some bias although it should be noted that only a very small minority of participants refuse to complete the cognitive assessment. The tests used here have shown a main effect of age¹², implying they are at least relatively sensitive metrics of cognitive change.

Conclusions

The *APOE* e4 locus has been significantly associated with cognitive ability in non-demented adults, and there is prior evidence that the effect may increase with age, and perhaps modify the negative association with cardiometabolic diseases. We tested for these effects in 111,739 UK Biobank participants. We found significant interactions between *APOE* e4 genotype with presence of cardiometabolic diseases, and older age on cognitive abilities, although the effects were small and did not survive correction for confounders. Given the large sample sizes reported here, it is also possible that the unadjusted significant findings reflect type-1 error. Future studies should continue to investigate whether genetic risk factors for lower mental ability have a greater effect into older age, including when more genetic and cognitive data is available in UK Biobank.

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Table 1: Clinical and demographic characteristics

Table 2: Associations between *APOE* e4 dosage, cardiometabolic diseases and cognitive scores

Appendix 1: Excluded (self-reported) diseases

Appendix 2: *APOE* e4 and cognitive abilities in people stratified by under vs. over 60 years of age

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Table 1: Clinical and demographic characteristics

	<i>APOE</i> e2/e2, e2/e3 and e3/e3 (N = 86,440)	<i>APOE</i> e3/e4 (N = 22,029)	<i>APOE</i> e4/e4 (N = 3,270)	P value
Age, mean (SD)	56.85 (7.94)	56.59 (7.95)	56.53 (7.89)	<0.001
Sex, male N (%)	40,773 (47.2)	10,307 (46.8)	1,599 (48.9)	0.663
Townsend deprivation score, mean (SD)	-1.48 (2.99)	-1.57 (2.94)	-1.47 (3.07)	0.002
Reasoning scores, mean (SD)	6.16 (2.10)	6.23 (2.10)	6.13 (2.14)	0.130
Log transformed RT score, mean (SD)	6.30 (0.18)	6.30 (0.18)	6.29 (0.18)	0.262
Untransformed RT score, median (IQR)	535 (477-605)	535 (477-605)	531 (476-602)	0.262
Log-transformed pairs-matching errors, mean (SD)	1.43 (0.64)	1.43 (0.64)	1.44 (0.65)	0.273
Untransformed pairs-matching errors, median (IQR)	3 (2-5)	3 (2-5)	3 (2-6)	0.273
Depression, N (%)	4,926 (5.7)	1,345 (6.1)	177 (5.4)	0.195
Hypertension, N (%)	23,333 (27.0)	5,905 (26.8)	849 (26.0)	0.226
Type-2 diabetes, N (%)	4,527 (5.2)	990 (4.5)	139 (4.3)	<0.001
Coronary artery disease, N (%)	3,838 (4.4)	1,074 (4.9)	157 (4.8)	0.008

P-values (two-tailed) for frequency statistics (e.g. depression) are based on χ^2 trend tests for continuous/categorical data. RT = reaction time, IQR = interquartile range, SD = standard deviation.

Table 2: Associations between *APOE* e4 dosage, cardiometabolic diseases and cognitive scores

	Base model ¹			Partially adjusted ²			Fully adjusted ³					
	Beta coefficient	95% CI	P-value	Beta coefficient	95% CI	P-value	Beta coefficient	95% CI	P-value			
<u>Fluid reasoning</u>												
<i>APOE</i> e4 (dosage)	0.031	-0.013 0.076	0.161	0.029	-0.015 0.072	0.202	0.031	-0.013 0.074	0.164			
<i>APOE</i> e4 x CAD	-0.378	-0.554 -0.202	<0.001	-0.335	-0.511 -0.159	<0.001	0.080	-0.117 0.277	0.425			
<i>APOE</i> e4 x type-2 diabetes	-0.129	-0.308 0.049	0.155	-0.107	-0.285 0.071	0.238	0.046	-0.149 0.241	0.643			
<i>APOE</i> e4 x hypertension	-0.085	-0.163 -0.007	0.034	-0.045	-0.123 0.033	0.259	0.077	-0.007 0.161	0.073			
<i>APOE</i> e4 x age	-0.018	-0.023 -0.013	<0.001	-0.002	-0.008 0.003	0.367	-0.002	-0.008 0.003	0.356			
<u>Log reaction time*</u>												
<i>APOE</i> e4 (dosage)	0.999	0.996 1.001	0.197	1.000	0.998 1.002	0.806	1.001	0.998 1.003	0.605			
<i>APOE</i> e4 x CAD	1.033	1.024 1.042	<0.001	1.008	1.000 1.017	0.048	0.994	0.985 1.004	0.232			
<i>APOE</i> e4 x type-2 diabetes	1.030	1.021 1.040	<0.001	1.016	1.007 1.025	<0.001	1.004	0.994 1.013	0.452			
<i>APOE</i> e4 x hypertension	1.019	1.015 1.023	<0.001	1.004	1.000 1.008	0.032	0.999	0.995 1.003	0.739			
<i>APOE</i> e4 x age	1.005	1.005 1.005	<0.001	1.000	1.000 1.000	0.138	1.000	1.000 1.000	0.092			
<u>Log memory errors*</u>												
<i>APOE</i> e4 (dosage)	1.004	0.997 1.012	0.278	1.007	0.999 1.014	0.074	1.007	0.999 1.014	0.078			
<i>APOE</i> e4 x CAD	1.034	1.003 1.067	0.030	0.989	0.959 1.020	0.478	0.993	0.960 1.028	0.701			
<i>APOE</i> e4 x type-2 diabetes	0.990	0.959 1.023	0.555	0.965	0.935 0.996	0.029	0.980	0.947 1.015	0.269			
<i>APOE</i> e4 x hypertension	1.035	1.021 1.049	<0.001	1.010	0.997 1.024	0.144	1.005	0.991 1.020	0.494			
<i>APOE</i> e4 x age	1.008	1.007 1.009	<0.001	1.000	0.999 1.000	0.398	1.000	0.999 1.000	0.403			

CI confidence interval; CAD coronary artery disease; T2D type II diabetes

¹adjusted for stratification (with ten principal components).

²adjusted for stratification, age and sex.

³additionally stratification, age, sex, depression, Townsend scores, T2D, hypertension and CAD.

*exponentiated beta coefficients.

Appendix 1: Excluded (self-reported) diseases

Brain cancer/primary malignant tumour
Brain haemorrhage
Brain/intracranial abscess
Cerebral aneurysm
Cerebral palsy
Chronic/degenerative neurological problem
Dementia/Alzheimer disease/cognitive impairment
Encephalitis
Epilepsy
Head injury
Infection of nervous system
Ischaemic stroke
Meningeal cancer/malignant meningioma
Meningioma (benign)
Meningitis
Motor neurone disease
Multiple sclerosis
Neurological injury/trauma
Neuroma (benign)
Other demyelinating condition
Other neurological problem
Parkinson disease
Spina bifida
Stroke
Subarachnoid haemorrhage
Subdural haematoma
Transient ischaemic attack

Appendix 2: APOE e4 and cognitive abilities in people stratified by under vs. over 60 years of age

Under 60 years

		Fluid reasoning (N = 19,252)			Log reaction time (N = 61,969)			Log memory errors (N = 62,145)					
		Beta coefficient	95% CI	P-value	Beta coefficient*	95% CI	P-value	Beta coefficient*	95% CI	P-value			
<i>APOE</i> e4 (dosage)	Unadjusted	0.061	0.001	0.122	0.047	1.002	0.999	1.005	0.121	1.007	0.997	1.017	0.153
	Adjusted for sex and stratification	0.058	-0.003	0.118	0.061	1.002	0.999	1.005	0.142	1.007	0.998	1.017	0.140

Over 60 years

<i>APOE</i> e4 (dosage)		Fluid reasoning (N = 16,883)			Log reaction time (N = 49,168)			Log memory errors (N = 49,506)					
		Beta coefficient	95% CI	P-value	Beta coefficient*	95% CI	P-value	Beta coefficient*	95% CI	P-value			
	Unadjusted	-0.011	-0.075	0.053	0.733	0.997	0.993	1.000	0.043	1.004	0.992	1.016	0.498
	Adjusted for sex and stratification	-0.006	-0.070	0.057	0.884	0.997	0.994	1.000	0.056	1.004	0.993	1.016	0.469

CI confidence interval; CAD coronary artery disease; T2D type II diabetes.

*exponentiated.