Microscopic Origin of the Hofmeister Effect in Gelation Kinetics of Colloidal Silica

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Abstract

The gelation kinetics of silica nanoparticles is a central process in physical chemistry, yet not fully understood. Gelation times are measured to increase by over four orders of magnitude, simply changing the monovalent salt species from CsCl to LiCl. This striking effect has no microscopic explanation within current paradigms. The trend is consistent with the Hofmeister series, pointing to short-ranged solvation effects not included in the standard colloidal (DLVO) interaction potential. By implementing a simple form for short-range repulsion within a model that relates the gelation timescale to the colloidal interaction forces, we are able to explain the many orders of magnitude difference in the gelation times at fixed salt concentration. The model allows to estimate the magnitude of the non-DLVO hydration forces, which dominate the interparticle interactions at the length-scale of the hydrated ion diameter. This opens the possibility of finely tuning the gelation time-scale of nanoparticles by just adjusting the background electrolyte species.



Graphical TOC Entry

Keywords: gelation time; Hofmeister series; silica nanoparticle gel; hydration forces

The total interaction potential in acqueous suspensions of charged colloidal particles is often taken as the sum of the van der Waals attraction and a simple approximation of the electrostatic double-layer repulsion, forming the classical Derjaguin-Landau-Verwey-Overbeek (DLVO) potential¹. The electrostatic repulsion can be overcome by adding salt, thus increasing the screening of electrostatic repulsion, and lowering the energy barrier against aggregation². Colloid particles then typically aggregate into clusters, which grow over time with the possibility of forming a sample-spanning network. Silica particles, and specifically Ludox, have been a classical model system for colloidal physical chemistry, and also have a key place in industrial processing, coatings, ink receptive papers, metal casting, refractory products, and catalysts.

DLVO theory predicts that there is a salt concentration at which the suspension aggregates (critical coagulation concentration); here the maximum DLVO interaction and its derivative are both zero (i.e. there is no energy barrier against aggregation). This concentration is proportional to z^{-6} , where z is the valency of the salt ions, and is one of the successes of DLVO theory^{2,3}. It is well known that DLVO theory breaks down completely for high salt concentrations (above 0.1M, which unfortunately is the regime of biological interest)^{4,5}. In this range, the basic assumptions of point charges, a solvent continuum and neglecting ionsurface adsorption and dispersion forces, are called into question. On a fundamental level, even the assumption that electrostatic forces and dispersion forces are additive is incorrect^{6,7}.

It is shown in this letter that there is a spectacular failure of DLVO theory in estimating gelation times, for identical particles, in the presence of different monovalent salts *even at low concentration*. Changing the salt type dramatically affects the aggregation process. Using a model for relating the gelation kinetics to particle interactions, a non-DLVO hydration



Figure 1: The time required for gelation of the sample is related to the interparticle interaction potential, and the specific hydration of the ions has a huge effect, controlling the inter-colloid hydration repulsion at a $h < \lambda$. (a) Schematic, and (b) plot, of the "total" interaction obtained in this work, including the strongly ion-specific short-ranged repulsive hydration potential. Also illustrated are the classical terms in the DVLO interaction. At very short distances, on the order of the hydrated ionic diameter, the repulsive shoulder dominates the interaction. (c) The macroscopic sample initially flows as the vial is inverted (left), while after some time it becomes solid (right). This sample has $\phi_{\text{Ludox}} = 0.140$ and 374 mM NaCl.

repulsion is characterised, and the dramatic changes in gelation kinetics are explained microscopically in terms of ion solvation and its interplay with the charged colloid surface. The proposed framework will make it possible to finely tune the gelation rate of nanoparticles simply by the choice of monovalent electrolyte species in the colloidal solution.

A minimum of context and concepts proposed to explain the Hofmeister series are useful to the reader. It was first shown by Hofmeister⁸ that the stability of a colloidal solution (he made observations on proteins, which were then investigated by others⁹, while other work investigated colloidal particles^{7,10–12}) can be drastically different upon the addition of different salts of the same valency, even if all other parameters (such as the salt concentration) are kept constant. Electrolytes could be arranged according to their efficiency in salting out protein (now known as "Hofmeister series"). The effect is understood to be related to how salt ions structure the water around themselves. For monovalent cations the series is NH_4^+ , Cs^+ , Rb^+ , K^+ , Na^+ , Li^+ , from most chaotropic (weakly hydrated, structure breakers) to most cosmotropic (strongly hydrated, structure makers), and which extreme is most destabilising depends on the surface properties of the colloids¹³.

There are numerous, partially conflicting, theories as to the origin of these short-ranged ion-specific colloidal interactions, linking to the ioni size^{12,14,15}. Strongly polarisable ions are large and have more diffuse electron clouds. The energy penalty for being less well hydrated (for example due to adsorption at an interface) is low for such ions because the charge can be easily redistributed¹⁶. The decreasing size trend in going from chaotropic to cosmotropic in the Hofmeister series is consistent with this picture¹¹. However the effective polarisability of the ions consists of contributions from both the ion itself and the solvent molecules in its hydration shell¹⁶; This by extension may significantly augment the dispersion forces, and give further ion-specific interactions¹⁷. Another suggestion is that the large electric field on the colloidal surface, arising from the finite size of the counterions, results in the ions acquiring appreciably large effective polarisabilities¹⁸.

Experiments with (negatively charged) mica surfaces showed that there is adsorption of cations. More hydrated cations (such as Li⁺) are adsorbed only at high salt concentrations, while the less hydrated ions adsorb at lower concentrations. However, once adsorbed, the cosmotropic ions retain part of their hydration layer. This gives rise to a repulsive interaction as two surfaces approach each other². For mica, for example, cosmotropic ions are thus much more efficient at providing stabilisation than chaotropic ions.

Models have been made to describe ion-specific distribution of ions near surfaces, and their surface adsorption: an important factor is the ion diameter, and whether or not the ions are hydrated¹¹. Chaotropic ions have smaller effective diameters (as they are not hydrated),



Figure 2: There is a very strong power law dependence (approximately -6 exponent) between gelation time and salt concentration, and a striking difference between the five monovalent salt species. The experimental observations (markers) are well recapitulated by the theoretical predictions (one parameter fits, as described in the text) (solid lines). Data is obtained from samples with volume fractions 0.13 and 0.14, and are undistinguishable. For each curve, the only free fit parameter is the hydration force amplitude F_0 , which is a function dependent on the salt-concentration (see Fig. 5). The theory is calculated assuming volume fraction 0.133, and provides a match with the data for values of F_0 well within the typical range of 10^6 to 5×10^8 Nm⁻² (ref¹⁹).

and they can adsorb to the surface. Based on this model it was possible to calculate the critical coagulation concentration for a range of salts¹¹.

A fully quantitative description of hydration interactions should include all factors outlined above (finite ion sizes, discrete nature of the solvent, many-body dispersion forces and polarization effects); Such a description does not exist, and is beyond the scope of this letter, which instead aims to provide motivation, guidance and useful constraints for future models. We take a simplified approach to modeling the hydration interactions, which is described below, and we show how the total interparticle interaction can be related to the gelation times, and thus measured. The DVLO potential $V_{\rm DVLO}$ is a linear superposition of an attractive van der Waals potential $V_{\rm vdW}$, an electrostatic repulsion potential $V_{\rm R}$ and a short-ranged Born repulsion potential $V_{\rm B}$, which we neglect in this study due to the fact it does not impact on the gelation process. The attractive component is given by

$$V_{\rm vdW}(r) = \frac{-A_H(r)}{6} \left(\frac{2a^2}{r^2 - 4a^2} + \frac{2a^2}{r^2} + \log \frac{r^2 - 4a^2}{r^2} \right),\tag{1}$$

where a is the colloid radius and r = 2a + h is the colloidal centre-to-centre separation, see Fig. 1(a). The Hamaker function A_H can be written in the form²⁰ $A_H(r) = A_{\epsilon=0}f_{scr}(r) + A_{\epsilon>0}f_{ret}(r)$, where $A_{\epsilon=0}$ is the zero frequency contribution which is screened by the counterions through the screening function $f_{scr}(r)$, and $A_{\epsilon>0}$ is the non-zero frequency contribution which is mitigated by retardation through the retardation function $f_{ret}(r)$ (their full form is given in SI for completeness).

The DLVO theory is based on a number of assumptions, the most important of which is the linearized Poisson-Boltzmann treatment of the electric-double layer repulsion, which is valid only within the Debye-Hueckel limit for the surface potential, i.e. for potentials lower than 20-25 mV. In our calculations, however, we used an extension due to Sader, Carnie and Chan²¹, which extends the validity of DLVO theory to much higher potentials:

$$V_{\rm R} = 4\pi\epsilon_0\epsilon_m \left(\frac{k_BT}{e}\right)^2 Y(r)^2 \frac{a^2}{r} \ln[1 + \exp(-\kappa h)],\tag{2}$$

where ϵ_0 is the permittivity of free space, ϵ_m is the relative permittivity of water, k_B is the Boltzmann constant, e is the counterion charge and T is the temperature. The function Y(r)is given in full in SI, and depends on the surface potential ψ_0 .

The other assumptions of the theory are the following: (a) The ions are treated as pointlike (their finite volume and excluded-volume effects are neglected); (b) Spatial correlations among ions are neglected; (c) Ion-adsorption on the colloid surface is neglected; (d) Dissociation equilibria between charged species on the colloid surface and ions in solution are neglected. Many studies have shown that the interparticle potential deviates significantly from DLVO theory below a surface-to-surface separation h of about 2 nm in water²². An additional repulsive potential has been postulated to arise from the hydration of the water due to the presence of counterions and/or on strongly hydrophilic surfaces. This potential is still not fully understood microscopically and, as outlined above, there are different competing theories relating to its origins exist in the literature. Since the 1970s there has been a general agreement that the effective hydration potential decreases exponentially from the surface²³, and can thus be taken to have the following general form:

$$V_{\rm h} = F_0 \pi a \lambda^2 \exp\left(-\frac{h}{\lambda}\right),\tag{3}$$

where the fitting parameters F_0 and λ control the magnitude and the decay of the potential, respectively. This expression has been used quantitatively to successfully describe the huge energy barrier contributed by repulsion between structured water layers on hydrophilic surfactant-coated colloids, a big effect which cannot be explained by DLVO-theory alone²⁴.

The full potential we consider is then a sum of dispersion, electrostatic and surface hydration terms:

$$V_{\rm tot} = V_{\rm vdW} + V_{\rm R} + V_{\rm h}.$$
(4)

The interaction potential and gelation time are linked: A recent theoretical study²⁵ has established that the gelation time t_{gel} can be evaluated according to the following expression:

$$t_{gel} = \frac{1}{2k_c[(1+c)\phi_0/2]^{d_f/3}},\tag{5}$$

where d_f is the fractal dimension of the clusters (which for reaction limited aggregation RLCA is $d_f = 2.1^{26}$), and $\phi_0 = (4/3)\pi a^3 n_0$ is the volume fraction of the colloids where n_0 is the total number of colloidal particles per unit volume, $n_0 = N/V$. The parameter cequates to $c = (1 - \phi_c)/\phi_c$, where ϕ_c is the critical volume fraction at which the systems gels (the zero-shear viscosity diverges), which for spherical-like clusters is $\phi_c \approx 0.64$. The characteristic aggregation rate k_c is given by the relation

$$k_c = \frac{n_0 k_{agg}}{2},\tag{6}$$

where k_{agg} is the rate constant of aggregation. The stability ratio W is defined as^{27,28}:

$$W = \frac{k_S}{k_{agg}} = 2a \int_0^\infty \frac{\exp(\beta V_{\text{tot}})}{(2a+h)^2 G(h)} \,\mathrm{d}h,\tag{7}$$

where V_{tot} is the total interparticle potential, k_S is the Smoluchowski diffusion limited aggregation rate $k_S = (8/3)k_BT/\mu$ with μ the solvent viscosity. The hydrodynamics of two spheres approaching is given by $G(h) = (6(h/a)^2 + 4(h/a))/(6(h/a)^2 + 13(h/a) + 2)$. Combining Eqs. 6 and 7, and rewriting the colloidal concentration n_0 in terms of the volume fraction ϕ_0 and the volume of one particle V_p , we can recover the expression

$$k_c = \frac{4\phi_0 k_B T}{3V_p W \mu}.$$
(8)

This identity can be inserted into Eq. 5 to obtain an explicit form for the gelation time as a function of the sample material characteristics and interaction parameters:

$$t_{gel} = \frac{3V_p W \mu}{8\phi_0 k_B T [(1+c)\phi_0/2]^{d_f/3}}.$$
(9)

Gelation times of various samples, varying salt type in Fig. 2, salt concentration and Ludox concentration in Fig. 3, were determined by checking when macroscopic samples no longer flowed. Clearly, there is a progressive shortening of gelation times switching samples with the same salt concentration, going from LiCl to NaCl, KCl, RbCl and CsCl, and this is in agreement with the Hofmeister series. There are *four orders of magnitude* of difference in the gelation times - quite remarkable! - for the same concentrations of monovalent salts.

There is a clear power law dependence of the gelation times on the salt concentration,



Figure 3: The power law dependence of gelation time with salt concentration, and the strongly salt-specific gelation times (shown here are (a) NaCl and (b) KCl), are seen in samples with varying Ludox concentration. Values of the best fit power law exponents are listed in Table 1.

with exponents (see Table 1) all close to -6. There appears to be a decrease of power law exponent (to a more negative value) as the cation becomes more chaotropic. For samples with NaCl, the power law exponent decreases (becomes more negative) as the Ludox concentration decreases, but no clear trend is observed for samples with KCl. Reerink and Overbeek²⁹ found similar power law behaviour for AgI colloids, with power law exponents from around -6 to -11, depending on the particle size and surface potential. Other power law exponents had been reported in classical literature²⁹, ranging from -2 to -12. The value of -6 falls into this range, and seems very robust in our silica colloid data.

A power law relation is also expected if the Ludox volume fraction is varied, at fixed salt

Table 1: Power law exponents for gelation times, from the t_{gel} vs. salt concentration data in Figs. 2 and 3; error quoted is the 95% confidence interval.

Salt	Volume fraction Ludox	Exponent
KCl	0.140	-6.27 ± 0.24
KCl	0.105	-6.42 ± 0.34
KCl	0.070	-5.92 ± 1.06
KCl	0.035	-7.03 ± 0.42
NaCl	0.140	-5.67 ± 0.11
NaCl	0.105	-6.06 ± 0.30
NaCl	0.070	-6.47 ± 0.56
NaCl	0.035	-6.60 ± 0.34
LiCl	0.133	-5.49 ± 0.07
NaCl	0.133	-5.77 ± 0.10
KCl	0.133	-6.68 ± 0.15
RbCl	0.133	-7.33 ± 0.06
CsCl	0.133	-8.44 ± 0.10

concentration²⁵. If the colloidal aggregation is taking place with fractal dimension $d_f = 2.1$ (as is the case in the RLCA regime), then the exponent in this plot is expected to be $-(d_f/3 + 1) = -1.7$; the data in Fig. 4 show a good agreement with this theoretical expectation. Note however that since (as explained later) we cannot assume to have a constant hydration force, we can't use the data of Fig. 4 to robustly go backwards and extract the fractal dimension.

The theoretical framework outlined above, along with the experimental data on the gelation times at varying salt concentration, now allows us to obtain the hydration parameters of the monovalent salts LiCl, NaCl, KCl, RbCl and CsCl. The first question to address is how to define the exponential decay length λ in eq. 3. Throughout the literature this parameter has been varied within the range $0.2 - 1.0 \text{ nm}^{19}$ for different colloidal systems. It seems reasonable to us to set λ as the characteristic hydration diameter of the counterions (Cs⁺ = 658 pm, Rb⁺ = 658 pm, K⁺ = 662 pm, Na⁺ = 716 pm, Li⁺ = 764 pm)³⁰.

The second, more delicate question, is how to determine the two other unknown interac-



Figure 4: Gelation times also depend on the volume fraction ϕ_{Ludox} of Ludox particles: (a) KCl and (b) NaCl. The solid line is a guide to the eye, illustrating the slope from a power law with exponent -1.7, which is expected for a fractal dimension of 2.1.

tion parameters, which are the amplitude F_0 of the hydration interaction (in eq. 3), and the surface potential ψ_0 (in eq. 2).

Our first approach was to fix the hydration force constant F_0 equal to a reasonable value from the literature², and allow the surface potential to vary as a function of the salt concentration. Indeed, it might be expected that the association of counterions with silica surface groups will diminish the magnitude of the surface potential with increasing salt concentration, thus reducing the electrostatic repulsion and speeding up the gelation process³¹. This effect, while certainly present, is however far too small to justify by itself the rapid fall in the gelation times for increasing salt concentrations, as observed in Figs. 2 and 3. Coupled with the fact that experimental ζ -potential measurements have been observed to be relatively insensitive to counterion adsorption on the surface³², we proceeded to approximate the sur-



Figure 5: The hydration force constant F_0 diminishes with increasing salt concentration. These values are obtained from samples with a volume fraction ϕ_{Ludox} of 0.133.

face potential to be constant, and set it equal to its dilute value of -30 mV^{33} . The second approach was therefore to proceed with the surface potential fixed, so that we could fit the experimental data in Figs. 2 and 3, to obtain the hydration force constants F_0 for each salt, and for each concentration. This is shown in Figs. 5 and 6, as function of salt concentration and particle volume fraction. It is clear from this framework that the reduction in F_0 , and by extension in the repulsive hydration potential, upon increasing the salt concentration, is what controls the power-law relationship observed in Figs. 2 and 3.



Figure 6: The hydration force constant F_0 has a weak but systematic dependence on the particle volume fraction ϕ_{Ludox} .

The hydration force magnitude values F_0 , are obtained at each salt concentration (c) from a one-parameter fit to the experimental data points in Fig. 3. The resulting functions

 $F_0(\phi(c))$ are shown in Fig. 5 (five salts) and Fig. 6 (four different values of the particle volume fraction ϕ_{Ludox}). Three trends are visible: (1) $F_0(c)$ is higher for KCl than for any of the other ions, this means a non-monotonic behaviour in terms of ionic size; (2) $F_0(c)$ increases as Ludox concentration decreases; (3) $F_0(c)$ decreases as salt concentration increases. If our effective potential is valid, we have to assume all three effects are related to the association of the counterions with silica surface charge groups (or else, other factors might be contributing to the interaction, and are being assimilated into these F_0 trends).

A plausible expected behaviour is that it is more difficult for the smaller, more hydrated monovalent cations to approach and thus associate with the surface hydroxyl groups. Counterions adsorbed on the silica surface act as a repulsive force between particles. This explains why the hydration potential V_h increases monotonically as a function of the hydration diameter (see Fig. 7). Note that since $V_h \propto F_0 \lambda^2$ (eq. 3), the trend of F_0 (Figs. 5 and 6), which is observation (1) above, is more complex. A greater particle volume fraction corresponds to a greater total surface area, which is consistent with diminishing counterion association per unit surface area, and slight reduction of F_0 , which is observation (2) above. Also consistent with this picture is the fact that as we increase the salt concentration, the proportion of surface charge groups remaining free for counterion association dwindles and the ion-specific values of F_0 begin to converge. Fig. 7 shows that the hydration potential increases as the hydration diameter λ lengthens, with the ordering of the salts by the relative strength of repulsive hydration forces remaining the same over all distances. Therefore the greater the hydration diameter of the counterion, the more long-ranged the hydration force becomes, and the greater the potential barrier to gelation. As a key result, the gelation time increases together with the hydration diameter of the ions in the Hofmeister series.

In Fig. 8, the hydration potential is observed to be a short-ranged monotonically decreasing function of the salt concentration (observation (3) considered above). The precise origin of this effect is not obvious. In our simple picture of counterion adsorption we expect more ions to adsorb, the higher the bulk concentration. A possibility, similarly to what proposed



Figure 7: The salt specific repulsion is very important at short range, as shown in (a) by comparing the total interparticle potential (V_{tot} , solid line) to the potential (V_{DVLO} , dashed line) without the hydration potential V_h , and in (b) by plotting the hydration contribution by itself. The potentials decrease with salt species in the order LiCl-NaCl-KCl-RbCl-CsCl. Salt concentration is equal to 0.3M for both plots.

in⁵, is that one needs to consider a loss of hydration shell when many ions adsorb, with a corresponding decline in repulsion. A final point we should remind the reader is that the surface charge density in the DLVO terms has been kept constant; this is unlikely to be strictly correct, but it is very difficult to do otherwise with the data at hand³¹. Also, there are no experimental techniques to accurately evaluate the surface potential, and standard zeta-potential measurements are not adequate for this task. So the question of whether this particular trend originates from some physical force or change in conditions at the gap, or an external force such as the bulk osmotic pressure, remains to be properly addressed in future studies.

Of particular interest to this work, Trompette and co-workers have described in a series



Figure 8: With increasing salt concentration, the hydration potential decreases. The interparticle separation is set here at the hydration diameter for each salt species. Solid lines are βV_{tot} and dashed lines are βV_h , same color scheme as in 7.

of papers^{33–35} the effect of NH_4^+ and Na^+ on the stability of colloidal silica, and found that samples with NH_4^+ aggregated much faster than those with Na^+ . They ascribed this to the different degrees of hydration of the ions. For the experiments described in this paper, only LiCl, NaCl, KCl, RbCl and CsCl were studied since the ammonium salt ion is somewhat acidic, and the *p*H itself also affects stability of colloidal silica.

Experimental papers investigating short-ranged hydration forces have classically employed Surface Force Apparatus (SFA), and more recently also Atomic Force Microscopy (AFM). These techniques can be applied to measure the forces between smooth solid surfaces, lipid bilayers and biomembrane surfaces²². Some of the most recent studies include the use of AFM to estimate short-ranged hydration forces induced by multivalent salts^{36,37}, the investigation of ion-specific Hofmeister effects between planar single-crystal sapphire³⁸ and the measurement of charge inversion as a function of pH and salt concentration. These studies are in agreement^{39,40} with the trends presented here, whilst in other conditions the Hofmeister series is in reverse order⁴¹, but we have not found experiments that can be directly compared to our results. We also note that our modeling shows that variations in the surface potential are insignificant compared to the dominant short-ranged hydration forces at close surface to surface separations. Ion-specific double layer pressure has been calculated using the full nonlinear Poisson-Boltzmann equation with the addition of the ionic dispersion energy between the ions and the two interfaces⁴²: By treating the electrodynamic ionic dispersion potentials on the same non-linear level as electrostatic potential, the ion-specific Hofmeister effects are recovered. We believe that there is great scope to combine studies such as this with experimental approaches such as in this manuscript, to help isolate and calibrate the various possible mechanisms underpinning the hydration forces and bridge the gap between molecular and macroscopic observation.

In conclusion, systematic experiments were carried out quantifying the gelation kinetics as a function of monovalent salt species. By using a simple model for the kinetics of cluster aggregation to fit experimental data of gelation times, at different salt conditions, for the first time it was possible to extract the magnitude of a non-DVLO hydration repulsion, that has a range set by the solvated diameter of the counterion. The very simple non-DVLO term used here is obviously coarse graining the detailed molecular mechanisms (the ordered "rigid" water layers repelling each other, and the energy required to "squeeze" these away as the particles approach contact) and is an effective semi-empirical term. This approach is powerful because experiments can then be readily fitted by a single parameter, the amplitude of repulsion force (F_0 , function of salt concentration). The latter decreases with increasing salt concentration due to de-solvation of the counterions upon adsorption on the surface. The key finding is that the hydration repulsion correlates positively with the chaotropic nature and the size of the cation species. This framework and the molecular-level mechanism proposed here can be used in the future to devise tunable gelation protocols of nanoparticles by choosing the salt type.

Methods

All samples studied consist of colloidal silica, water and salt in different concentrations. Commercial silica colloids of Ludox HS-30, (Sigma-Aldrich), were used. Ludox HS size measurements vary from $16.7 \,\mathrm{nm}^{43}$ to $18.5 \,\mathrm{nm}^{44}$ diameter, and we have taken $17 \,\mathrm{nm}$ diameter as a value in our calculations.

The Ludox was filtered prior to use, using Millipore Millex GS $0.22 \,\mu$ m filters, to ensure the removal of larger aggregates. The resulting Ludox "stock" used in most of the experiments had a density of $1.23 \,\text{g/ml}$ and contained 31.5% silica by weight. The *p*H of the original Ludox suspension (before filtration and dilution) was 9.8 (determined by the manufacturer), and was not regulated during the experiments. Stock solutions of salt were prepared using LiCl (99.0%, Sigma Aldrich and 99%, Acros), NaCl (99.0%, Sigma Aldrich and analysis grade, Merck), KCl (99.9%, Fischer and 99+%, Acros), RbCl (99.8+%, Acros) and CsCl (99+%, Acros). All water used for preparation of stock solutions and samples was of Millipore grade.

The salt solution was always added last to make the final sample, of 1 ml volume. All samples were mixed on a vortex mixer for around 10 seconds immediately after the addition of salt stock. The gelation time was determined on a macroscopic scale, by gently inverting the vials to observe the presence (or not) of flow. When there was no discernable flow for around 1 second, the sample was judged to be gelled. This criterion is somewhat arbitrary, but was strictly adhered to, so that results of different samples are consistent. Fig. 1(c) shows photographs of a sample before and after its gelation time.

Preliminary runs were carried out, so that the gelation time was approximately known. This ensured that subsequent samples were not inverted unnecessarily (we did not notice in any case correlations between the gelation time and the frequency of inspection). Identical samples prepared on different days did sometimes show different gelation times, which could be due to small temperature changes or minor differences in sample composition or preparation. These differences were never very large (around 10%) and do not affect the observed trends.

Supporting Information Available: Details the complete expressions for the attractive van der Waals potential and electrostatic interaction terms used in this work. This material is available free of charge via the Internet http://pubs.acs.org.

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