

1 ***LGR5* activates non-canonical Wnt-signaling and inhibits aldosterone**
2 **production in the human adrenal**

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44

45 **Abstract:**

46 *Context.* Aldosterone synthesis and cellularity in the human adrenal zona glomerulosa (ZG) is sparse and
47 patchy, presumed due to salt excess. The frequency of somatic mutations causing aldosterone-producing
48 adenomas (APA) may be a consequence of protection from cell loss by constitutive aldosterone
49 production.

50 *Objective.* To delineate a process in human ZG which may regulate both aldosterone production and cell
51 turnover.

52 *Design.* Comparison of 20 pairs of ZG and zona fasciculata (ZF) transcriptomes from adrenals adjacent to
53 an APA (n=13) or a pheochromocytoma (n=7).

54 *Interventions.* Over-expression of top ZG gene (*LGR5*), or stimulation by its ligand (R-spondin-3).

55 *Main Outcome Measures.* 1) Transcriptome profile of ZG and ZF; 2) Aldosterone production, cell kinetic
56 measurements, and Wnt signaling activity of *LGR5* transfected or R-spondin-3-stimulated cells.

57 *Results.* *LGR5* was the top gene up-regulated in ZG (25-fold). The gene for its cognate ligand R-spondin-
58 3, *RSPO3*, was 5-fold up-regulated. In total, 18 genes associated with the Wnt pathway were >2-fold up-
59 regulated. ZG selectivity of *LGR5*, and its absence in most APAs, were confirmed by qPCR and
60 immunohistochemistry. Both R-spondin-3 stimulation and *LGR5* transfection of human adrenal cells
61 suppressed aldosterone production. There was reduced proliferation and increased apoptosis of transfected
62 cells, and the non-canonical AP-1/Jun pathway was stimulated more than the canonical Wnt pathway (3-
63 fold vs. 1.3-fold). ZG of adrenal sections stained positive for apoptosis markers.

64 *Conclusion.* *LGR5* is the most selectively expressed gene in human ZG, and reduces aldosterone
65 production and cell number. Such conditions may favour cells whose somatic mutation reverses
66 aldosterone inhibition and cell loss.

67

68 **Introduction**

69 Since their discovery by Conn nearly 60 years ago, APAs have been regarded as infrequent – less than 1%
70 of all hypertension; recent estimates of prevalence, however, have risen to several times this figure (1).
71 Most APAs, though, are diagnosed too late for complete cure of hypertension (2), and there is a need for
72 better-tolerated drugs that block the increased aldosterone production. Current treatments either compete
73 with aldosterone for its receptor, or inhibit the Na⁺ channel downstream. In addition to limitations of
74 efficacy or selectivity, such drugs increase aldosterone production (3). Novel drug targets can be identified
75 by the discovery of either a gene whose gain-of-function mutation increases aldosterone production in
76 APAs, or pathways coupled to inhibition of aldosterone in the normal adrenal.

77
78 APAs are often a heterogeneous mixture of cells; paradoxically, the cells of classical Conn's tumours
79 appear more like cortisol-producing ZF cells than the supposedly aldosterone-producing cells of normal
80 ZG (4,5). This paradox may be resolved by the frequent finding of small APAs (often missed on
81 conventional adrenal imaging) that consist mainly of compact cells, and express genes, such as *NPNT*
82 (encoding for nephronectin), not expressed in the ZF of human adrenals (6,7). Exome-sequencing of ten
83 such 'ZG-like' APAs led us to identify somatic mutations in three genes, encoding Cav1.3, Na⁺, K⁺-
84 ATPase, and β-catenin (7); no ZG-like APAs have yet been found to have one of the *KCNJ5* mutations
85 common in larger, more ZF-like, APAs (8-11). The small size of many of these ZG-like APAs, sometimes
86 documented as unchanged in serial CT scans over many years, inferred limited growth before diagnosis.
87 This observation suggested to us that cells in a ZG-like APA may derive a survival advantage from
88 constitutive aldosterone production, rather than cell division, thus explaining the frequency of somatic
89 mutations – 19 different mutations in Cav1.3 alone – which switch on constitutive aldosterone production
90 (7,11,12).

91
92 In most species, ZG is unusually proliferative for an endocrine tissue, stimulated by the renin-angiotensin
93 II response to salt depletion; but in typically salt-loaded humans, the reverse appears true (13,14). We

94 hypothesized the existence of a local process, in addition to withdrawal of renin, which might suppress ZG
95 cell steroidogenesis or proliferation when not required. Previous comparisons of human adrenal ZG and
96 ZF have depended on techniques, such as immunohistochemistry (IHC) and in situ hybridisation that
97 require investigation of specific candidate molecules (15,16). The striking difference in appearance,
98 following cresyl violet staining, between lipid-poor and lipid-rich cells of ZG and ZF (6), enabled us to
99 carry out laser capture microdissection of snap-frozen fresh adrenal sections; and thus whole transcript
100 expression analysis and profiling of ZG and ZF. The resulting top ZG gene identified, *LGR5*, is postulated
101 to be key to this local suppression process of ZG cell activity, highlighting both a possible novel drug
102 target that can inhibit aldosterone production, and a possible link between the frequency of APAs and
103 aldosterone secretion.

104

105 **Materials and Methods**

106 *Study design*

107 To determine genes and pathways regulating aldosterone production, transcriptome profiles of supposedly
108 aldosterone-producing ZG was compared with its paired cortisol-producing ZF from 20 human adrenals.
109 The detail method of the microarray assay and clinical demographics of the patients involved is as
110 described previously (17), and briefly described in **Supplementary Methods**. Adrenals were collected
111 within 30 minutes of adrenalectomy (due to an APA or pheochromocytoma) with local ethical approval
112 and informed consent from the patients. Adrenals immediately underwent collagenase dispersion for
113 primary cell culture, or were stored at -70°C for RNA analyses, histology and IHC.

114

115 Comparison of ZG and ZF transcriptome profile led us to hypothesise an important role for *LGR5* (the top
116 ZG gene identified) and the Wnt signaling pathway in the regulation of aldosterone production in the
117 human adrenal. The hypothesis was tested in the human adrenocortical carcinoma cell line, H295R, and in

118 primary human adrenal cell cultures. The primary outputs of cell culture experiments were aldosterone
119 secretion into the supernatant of cultures, and qPCR for *CYP11B2* expression (encoding for the enzyme
120 aldosterone synthase). These were measured in response to key proteins modulating the Wnt signaling
121 pathway, either administered externally, or by transfection of cDNA constructs.

122

123 *Laser capture microdissection (LCM)*

124 LCM was used to obtain samples of ZF and ZG cells from adrenal tissue adjacent to APAs or
125 pheochromocytomas as previously described (5). For differentiation of ZG from ZF, sections were stained
126 with cresyl violet using the LCM Staining Kit (AM1935, Ambion).

127

128 *Quantification of mRNA expression*

129 Cells were kept in RNAlater and TRIzol (both from Ambion) until extracted for RNA. Total DNA-free
130 RNA was isolated using the PureLink® RNA Mini Kit with the PureLink® DNase Set (Life
131 Technologies) according to manufacturer's instructions. Reverse transcription was performed using the
132 Reverse Transcriptase System (Promega) with a 1:1 mixture of random hexamer and oligo-dT primers
133 according to manufacturer's instructions. mRNA expression of genes of interest was quantified using
134 TaqMan probes (Applied Biosystems), and *CYP11B2* expression was quantified using custom-made
135 TaqMan probes that had been validated for specificity (20). The housekeeping 18S rRNA (Applied
136 Biosystems) was used for normalization.

137

138 *Immunohistochemistry (IHC)*

139 IHC was performed on formalin-fixed, paraffin-embedded human adrenal sections (4 µm) using a
140 chromogen based detection system, 3,3'-diaminobenzidine (DAB). Commercial antibodies to LGR5
141 (#TA503316, Origene; 1:300 dilution), β-catenin (#610154, BD Transduction Laboratories; 1:300
142 dilution), LEF1 (#ab53293, Abcam plc; 1:100), c-JUN (#ab32137, Abcam; 1:250 dilution) and phospho-c-

143 JUN (#SC-822, Santa Cruz Biotechnology; 1:100) were used on slides selected from patient adrenals
144 included in the microarray. Negative controls, in which primary and then secondary antibodies were
145 omitted were used, and resulted in absence of staining. Slides were counter-stained with haematoxylin
146 solution (Harris modified; Sigma-Aldrich). To negate cross reactivity of LGR5 antibody with LGR5's
147 close homologs, LGR4 and LGR6, additional anti-LGR5 antibodies (Novus Biologicals NBP128904,
148 Abcam ab75732) that binds to epitopes which through Blast analysis (NCBI) aligned specifically to *LGR5*
149 but differs in sequence to *LGR4* and *LGR6*, were also tested in serial human adrenal sections.

150
151 Apoptosis was examined using TUNEL staining visualized by a rhodamine-labeled anti-digoxigenin
152 antibody (#11093088910, Roche Diagnostics Corp) and proliferation was captured using an anti-Ki67
153 antigen (#M7240, Dako; 1: 400 dilution) according to manufacturer's instructions. Images were captured
154 using a standard bright-field microscope, a U-TV1-X digital camera and CellD software (Olympus).

155
156 *Cell culture experiments*

157 H295R human adrenocortical carcinoma cells and primary adrenocortical cells were cultured in
158 DMEM/Nutrient F-12 Ham supplemented with 10% FCS, 100 U of penicillin, 0.1 mg/ml streptomycin,
159 0.4 mM L-glutamine and insulin-transferrin–sodium selenite medium (ITS) at 37 °C in 5% CO₂ as
160 previously described (17). Cells were transfected with vector controls pCMV6-AC-GFP (Origene) or
161 pcDNA3.1/His A (Invitrogen) and GFP tagged *LGR5* (Origene; 600ng/ul). Transfections were carried out
162 using Cell Line Nucleofector Kit R (VACA-1001; Lonza) according to the manufacturers' guidelines. Cell
163 fate assays were performed in *LGR5* transfected cells as described in **Supplementary Methods**. Cells
164 were silenced using either ON-TARGETplus Non-Targeting siRNA as control or SMART pool: ON-
165 TARGET plus *LGR5* siRNA (Dharmacon; 50nM). Transfected cells were plated into 24-well plates
166 (100,000 cells per well) in 0.25 ml of growth medium. After 24h of transfection, H295R cells were serum
167 deprived in unsupplemented medium for 24h, further drug treatments were carried out with 8hr incubation

168 from this point. Recombinant hR-spondin-3 (Sino Biological Inc and R&D Systems) was used where
169 specified at 100 nM. Supernatants for aldosterone concentration measurement were collected after
170 respective 8h treatments, and cells were harvested for analysis of mRNA. Aldosterone concentrations
171 were determined by a commercially available ¹²⁵I radioimmunoassay (Diagnostic Products Corp) as
172 detailed in **Supplementary Methods**.

173
174 *Wnt signaling pathway activity assays*
175 TCF/LEF response was measured using Cignal TCF/LEF Reporter (luc) Kit (SABiosciences). AP1/JUN
176 pathway response was measured using a construct created by cloning an oligo containing 7 copies of the
177 AP1 binding element (TGACTAA) into a luciferase construct pGL4.10 (luc2) (Promega) at its KpnI and
178 XhoI sites. pRL-TK was used for normalisation (Promega). NFAT response was also measured using a
179 luciferase reporter construct (plasmid #10959, Addgene).

180
181 Plasmids modulating Wnt signaling pathway were used as comparator to show effect on aldosterone of
182 activation or suppression of the canonical pathway. To activate the pathway, pcDNA3 ΔN47 β-catenin
183 was used; and to suppress the pathway, pcDNA/Myc ΔN TCF4 (both from Addgene). Where indicated the
184 vector control, pcDNA3.1-V5His (Invitrogen) was used. To measure luciferase (and renilla for
185 normalization) Dual-Glo® Luciferase Assay System (Promega) was used according to the manufacturer's
186 protocol. The selective porcine inhibitor, LGK-974 (1μM, Selleck Chemicals) (21), and the selective c-
187 Jun N-terminal kinase (JNK) inhibitor, JNK-IN-8 (1μM, Selleck Chemicals)(22), were used to analyse the
188 effect of blocking respectively, all Wnts secretion or just the non-canonical Wnt signaling pathway.

189
190 *Statistical analysis*

191 Unless otherwise stated, results are expressed as mean values ± SEM. Statistical analysis was performed
192 using the Student's unpaired *t* test or analysis of variance on standard statistical software.

193

194 **Results**

195 *LGR5 and several other genes associated with the Wnt signaling pathway are selectively and abundantly*
196 *expressed in human adrenal ZG*

197 Transcriptome analysis by Affymetrix microarray identified 213 genes, which were between 2- and 25-
198 fold more abundant in human adrenal ZG than their paired ZF (**Supplemental Fig. 1**). The top ‘hit’ was
199 *LGR5* ($P=1.6 \times 10^{-23}$; **Fig. 1a and Table 1**)(17), which in several tissues is recognized as a stem-cell
200 marker (23,24). The possibility of *LGR5* playing a key role in ZG was supported by finding that the
201 expression of the gene for its cognate ligand R-spondin-3, *RSPO3*, was also up-regulated in ZG by 5-fold
202 ($P=3 \times 10^{-11}$). Overall, 18 of the 213 ‘ZG-genes’ encode previously identified proteins associated with the
203 Wnt signaling pathway (**Table 1**). By contrast, only 1 of 117 ‘ZF-genes’ (those >2-fold more abundant in
204 ZF than ZG) encodes for a known protein from this Wnt signaling pathway.

205
206 The expression of *LGR5* in ZG was confirmed by qPCR as 306-fold up-regulated compared to ZF (n=18,
207 $P=3.01 \times 10^{-9}$). By contrast, in 12 APAs qPCR found expression of *LGR5* to be only 1.7% of that in the
208 adjacent ZG. mRNA results were confirmed at protein level through IHC using three commercial antisera
209 raised against differing epitopes (**Supplemental Fig. 2a**). IHC of key Wnt genes (β -catenin, the central
210 signaling molecule of the canonical Wnt pathway; LEF1, the nuclear transcription factor activated by β -
211 catenin; c-Jun, the target of the polarity non-canonical Wnt pathways; and phospho-c-Jun) in serial human
212 adrenal sections showed ZG-selective distribution with co-localization of *LGR5* (**Fig. 1b and**
213 **Supplemental Fig. 2b**). In addition to the ZG-selective staining, some adrenals showed radial streaking
214 into ZF for *LGR5* in serial sections, reminiscent of the pattern previously associated with centripetal
215 migration of ZG cells (**Supplemental Fig. 2a**) (25,26). Staining of the positive control, small intestine
216 supported the specificity of *LGR5* staining in the adrenals (**Supplemental Fig. 2c**). Most β -catenin
217 staining was membranous or cytoplasmic, with a few cells showing the nuclear staining induced by

218 canonical Wnt activation (**Fig. 1b**). Microarray analysis detected neither of the canonical Wnt ligands,
219 Wnt1 or Wnt3a, as up-regulated in ZG, and their absolute expression in both adrenal zones were low.

220
221 *Transfection and treatment of LGR5 and R-spondin-3 show reduction of aldosterone secretion in H295R*
222 *cells and primary adrenals*

223 Functional studies, over-expression and silencing of *LGR5* and treatment with its cognate ligand R-
224 spondin-3, were performed on either the immortalised human adrenocortical H295R cell line or normal
225 primary adrenal cells cultured from adrenalectomized adrenals of patients diagnosed with either primary
226 hyperaldosteronism or pheochromocytoma.

227
228 In both cell line and primary cultures, 100 nM of R-spondin-3 treatment caused a reduction in aldosterone
229 secretion and *CYP11B2* expression (**Fig. 2a-d**). *LGR5* transfection similarly reduced aldosterone
230 production (**Fig. 2e, f**). Conversely, silencing of *LGR5* caused an increase in aldosterone production and
231 *CYP11B2* transcription (**Fig. 2g, h**). Some of the inhibition by R-spondin-3 and *LGR5* appeared due to
232 reduction in cell number as seen on protein assay. However, even after protein correction, there was a
233 reduction in aldosterone secretion, which was most marked for *LGR5*-transfected cells exposed to R-
234 Spondin-3 ($56\pm 5\%$, $P=0.002$ **Fig. 2i**).

235
236 *LGR5 transfection in H295R cells shows reduction of cells*

237 We consistently noted a qualitative reduction in cell number and adhesion following *LGR5* transfection or
238 R-spondin-3 stimulation. Kinetic live-cell imaging of *LGR5* transfected cells directly quantified a $43\pm 11\%$
239 reduction in the proliferation of H295R cells ($P=1.5\times 10^{-5}$) (**Fig. 3a**), seen also in a cell viability assay
240 (**Supplemental Fig. 3**). These observations led us to investigate indices of proliferation and apoptosis in
241 sections of human adrenal cortex, and in *LGR5* transfected H295R cells. In other species, the accepted
242 model of adrenocortical cell fate has been of a unitary progenitor cell in the capsule that migrates
243 centripetally through ZG and ZF to zona reticularis (ZR), where it undergoes apoptosis (27,28). In the

244 absence of aldosterone production – e.g. in the *CYP11B2*^{-/-} mouse – the processes of migration and
245 apoptosis are accelerated (29). By contrast, in human adrenal we found that the main site of apoptosis is
246 ZG, as seen on both TUNEL and cleaved caspase 3 staining (**Fig. 3b and Supplemental Fig. 4**). Staining
247 of H295R cells with Annexin V and separation by flow cytometry quantified higher apoptosis in *LGR5*-
248 transfected cells compared to vector controls (54±3 % vs. 34±3 %; **Fig. 3c**).

249
250 *LGR5* activates *API1/Jun* non-canonical *Wnt* pathway

251 Previous studies have shown that canonical *Wnt* activation increases proliferation and aldosterone
252 production (15,30). We hypothesized that the inhibition of aldosterone and net cell loss is due to *LGR5*
253 inhibition of the canonical *Wnt* activation (31), though there have been previously postulated non-
254 canonical *Wnt* effects in human adrenal (32). In order to determine which is the more likely mechanism,
255 we co-transfected H295R cells with *LGR5* or a luciferase reporter with a promoter recognition site for
256 either TCF/LEF – the canonical *Wnt* transcription factors, or one of the non-canonical *Wnt* targets, AP-
257 1/Jun or NFAT (**Fig. 4 and Supplemental Fig. 5**). In addition, we also investigated the effect on
258 aldosterone production of a constitutively active or dominant negative canonical *Wnt* pathway through
259 transfection of a constitutively active β -catenin (Δ N47 β -catenin) or dominant negative TCF (Δ N TCF4);
260 and using small molecule inhibitors, we interrogated non-selective inhibition of *Wnt* signaling pathways
261 (through inhibition of the *Wnt* chaperone porcupine) and selective inhibition of the non-canonical *Wnt*
262 signaling pathway (through inhibition of JNK).

263
264 H295R cells, whose S45P mutant β -catenin is constitutively active, had the expected high basal levels of
265 TCF/LEF activity, with only slight further activation on the addition of the Δ N47 β -catenin construct (**Fig.**
266 **4b**). On the other hand, the Δ N TCF4 construct markedly reduced both TCF/LEF activity and aldosterone
267 production (**Fig. 4b, c**). In contrast, transfection of *LGR5* caused a slight increase in TCF/LEF activity
268 while decreasing aldosterone secretion (**Fig. 4b, c**). Supporting a predominant action of *LGR5* on a non-

269 canonical Wnt pathway (Fig. 4d), *LGR5* transfection increased AP-1/Jun activity by almost 3-fold and the
270 non-canonical selective JNK inhibitor, JNK-IN-8, ameliorated this increase (Fig. 4e). JNK-IN-8
271 inhibition, however, was insufficient to reverse *LGR5*'s mediated suppression of aldosterone secretion
272 (Fig. 4f), suggesting that AP1/Jun is not the only non-canonical pathway involved. The consequences of
273 blocking Wnt signaling with the non-selective porcupine inhibitor, LGK974, had a similar inhibitory
274 effect on aldosterone production as was seen with the TCF Δ N construct (Fig. 4e, f). *LGR5* had no
275 significant influence on the NFAT reporter construct (Fig. S7)

276

277 Discussion

278 We found the most-up-regulated gene in normal human ZG, compared to its adjacent ZF, to be *LGR5*, and
279 that its transfection into human adrenocortical cells results in inhibition of aldosterone production,
280 reduction in cell number, and activation of a non-canonical Wnt signaling pathway postulated as the
281 mediator of the *LGR5* response.

282

283 Wnt signaling has well-documented roles in normal adrenal development, adrenocortical tumours, and
284 H295R cells (30,32,33). However, no definite physiological role has been ascribed to Wnt in the
285 regulation of aldosterone, especially in humans (34). The dominant inhibitory role of Wnt that we have
286 found in human ZG helps to explain the lack of similarity between our microarray findings from the
287 current study and those reported from adrenal tissues in which aldosterone production is stimulated. For
288 example, none of the genes associated with the Wnt signaling pathway that were up-regulated in normal
289 human ZG were up-regulated in our previous microarray analyses of APAs – one comparing APAs with
290 adjacent adrenal, and the other comparing ZG-like APAs with more ZF-like APAs (6,7). Further, *LGR5*
291 was almost absent from adjacent APAs in the present study. Finally, only one of our 18 Wnt related genes
292 (*GPC3*) was similarly up-regulated in a microarray comparison of CYP11B2 positive cells in rat ZG with
293 adjacent ZF (35). We believe that the key difference between human ZG on the one hand, and either

294 adjacent APAs or rat ZG on the other, is that the dominant signaling pathway activated in the latter are
295 those which stimulate aldosterone production, whilst the reverse appears true of human ZG.

296
297 We found that, unlike its reported effects in other tissues (23,24), LGR5 in human adrenal cells stimulates
298 predominantly non-canonical pathways. The AP-1/Jun pathway, which was markedly stimulated by LGR5
299 transfection of H295R cells, influences cell migration (36). Its activation is also a measure for Rho/ROCK
300 regulation of both migration and polar cell polarity (see **Fig 3d**). The latter has not been studied in human
301 ZG cells, but could be key to the formation of glomerular structure and tight junctions, as known genes
302 associated with these structures (*TJPI* and *CLDNI*) were among our ZG-selective genes (**Supplemental**
303 **Fig. S1**). Our models of migration or adhesion did not detect an effect of *LGR5* (**Supplemental Fig. S6**),
304 but probably do not exclude their occurrence in the intact human adrenal. Intact adrenocortical structure
305 was recently shown to be essential for generation of the voltage oscillations that regulate aldosterone
306 secretion (37,38). We have not yet established which non-canonical Wnt pathway may be responsible for
307 inhibition by *LGR5* of aldosterone production, since the AP1/Jun inhibitor, JNK-IN-8, had little impact on
308 the inhibition.

309
310 Our study of ZG genes was prompted by the frequency of somatic mutations leading to common, small
311 APAs. If aldosterone is required for ZG cell survival, as implied by *CYP11B2*^{-/-} mice (29), cells that
312 mutate to protect aldosterone production will have a selective advantage. Most cells in human ZG do not
313 express *CYP11B2* (39). **The sparseness of *CYP11B2* in ZG is a general phenomenon whether adjacent to**
314 **an APA or to a pheochromocytoma (39,40).** The most likely explanation of this down-regulation of
315 *CYP11B2* is a physiological response to high salt intake. If physiological inhibition of aldosterone
316 production has the same consequences as genetic deletion, as is suggested by our apoptosis data (**Fig. 3**),
317 then constitutive activation of aldosterone production following somatic mutations would confer a local
318 selection advantage to mutated cells. Moreover, since the fate of ZG cells on centripetal migration is to

319 proliferate and then disappear (26), the survival advantage to ZG cells may derive from entering synthetic
320 rather than proliferative mode, providing an explanation as to why ZG-like APAs are often small.

321
322 Few completely normal adrenals are removed at surgery. We therefore restricted our choice to those
323 adjacent to either an APA or pheochromocytoma, the commonest indications for adrenalectomy in our
324 hospital. These tumours have opposite effects on sodium balance, and future analyses will consider
325 differences in expression between the adrenal adjacent to the two tumour types. While, however, a
326 limitation of our study design is the use of adrenals adjacent to a tumour, which may differ from
327 completely normal adrenals, there was no difference in expression of LGR5 between these two groups of
328 patients. It seems unlikely therefore that its abundance is due to the tumours. The immortalised adrenal
329 cell line, H295R, is also not a perfect model for native ZG cells (41). Although primary adrenal cells are
330 less easy to transfect in culture than H295R cells, we have supported our findings in the latter where
331 possible using primary adrenal cells. The assumption taken is that whilst the ZG cells are a minority of the
332 mixture of ZG, ZF, and ZR cells, only ZG cells contribute to the measurements of aldosterone production.

333
334 Our discovery suggests a hypothetical translational consequence, arising from evidence that the survival
335 of ZG cells is dependent upon production of aldosterone (29). Current drug treatments for
336 hyperaldosteronism antagonise aldosterone response, but increase plasma aldosterone levels (3). Selective
337 inhibition of aldosterone production has been problematic because of the 95% homology of *CYP11B1*
338 (cortisol synthase enzyme) with *CYP11B2*. But the discovery of adrenally expressed genes whose
339 mutation activates aldosterone production, and of adrenal pathways linked to reduced aldosterone
340 secretion, provides novel targets, with potential for clinical development.

341
342 Chronic human diseases are often attributed to maladaptation when scarcity is replaced by plenty. We
343 speculate that inhibition of aldosterone production by a R-spondin-3-LGR5-non-canonical Wnt signaling
344 pathway creates a mechanism which is an appropriate response to excess salt, but could paradoxically

345 create a survival advantage for cells with somatic mutations causing autonomous aldosterone production.

346 Identification of this pathway may now provide novel targets for prevention and treatment of
347 hyperaldosteronism.

348

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360

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- 482

483 **Table 1: Wnt genes with > 2-fold up-regulation in ZG compared to ZF, ranked in order of fold-**
 484 **change (ZG vs. ZF)**

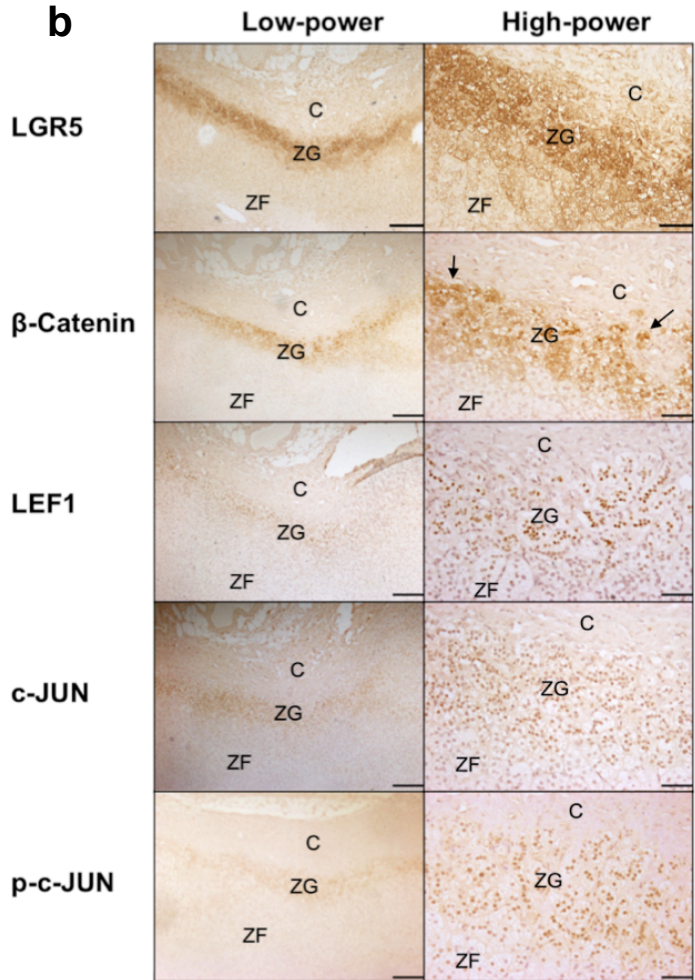
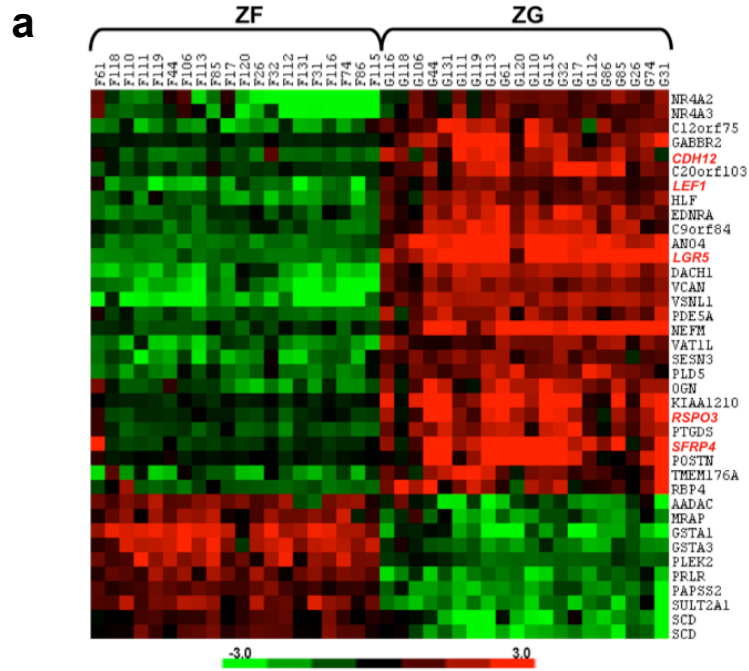
Rank	Gene name	Symbol	P-Value	Fold-Change
1	Leucine-rich repeat-containing G protein-coupled receptor 5	<i>LGR5</i>	1.6 x 10 ⁻²³	25.0
9	Secreted frizzled-related protein 4	<i>SFRP4</i>	2.3 x 10 ⁻¹⁰	8.7
17	Lymphoid enhancer-binding factor 1	<i>LEF1</i>	4.3 x 10 ⁻¹⁵	5.9
19	Cadherin 12, type 2 (N-cadherin 2)	<i>CDH12</i>	4.4 x 10 ⁻¹⁰	5.8
27	R-spondin 3 homolog (Xenopus laevis)	<i>RSPO3</i>	3.3 x 10 ⁻¹¹	5.3
44	FBJ murine osteosarcoma viral oncogene homolog B	<i>FOSB</i>	5.7 x 10 ⁻⁶	3.8
53	Frizzled-related protein	<i>FRZB</i>	2.4 x 10 ⁻⁸	3.5
76	Glypican 3	<i>GPC3</i>	1.7 x 10 ⁻⁶	3.1
89	Transcription factor 21	<i>TCF21</i>	2.4 x 10 ⁻⁵	2.9
90	Jun B proto-oncogene	<i>JUNB</i>	5.6 x 10 ⁻⁶	2.9
92	Claudin 1	<i>CLDN1</i>	2.3 x 10 ⁻¹⁰	2.8
98	FBJ murine osteosarcoma viral oncogene homolog	<i>FOS</i>	9.6 x 10 ⁻⁵	2.8
105	Frizzled homolog 6 (Drosophila)	<i>FZD6</i>	9.4 x 10 ⁻¹¹	2.7
157	Wingless-type MMTV integration site family, member 4	<i>WNT4</i>	3.2 x 10 ⁻⁸	2.2
179	Matrix metalloproteinase 2	<i>MMP2</i>	3.5 x 10 ⁻⁶	2.1
183	Dickkopf homolog 3 (Xenopus laevis)	<i>DKK3</i>	4.7 x 10 ⁻¹⁰	2.1
206	Low density lipoprotein receptor-related protein 1B	<i>LRP1B</i>	3.5 x 10 ⁻⁶	2.0
209	CD44 molecule (Indian blood group)	<i>CD44</i>	6.6 x 10 ⁻⁸	2.0

485 *Wnt genes were identified using the list provided at <http://www.stanford.edu/group/nusselab/cgi-bin/wnt/>
 486 or http://www.rndsystems.com/molecule_group.aspx?g=484&r=2, or due to the attachment to the GO
 487 term GO:0016055.

488

489 **Fig. 1. Wnt related genes show selective expression in the ZG of human adrenal**

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491



492 (a) Heatmap of 37 genes (shown on the vertical axis) which are ≥ 5 -fold differentially expressed in ZG
493 and ZF. Genes previously associated with the Wnt signaling pathway are highlighted in red. On the
494 horizontal axis, each pairs of ZG and ZF from the 20 adrenals are anonymized and numbered. Probe set
495 and detailed microarray information are available from the NCBI Gene Expression Omnibus (GEO) under
496 accession GSE64957.

497 (b) IHC localisation of LGR5 and downstream Wnt signaling proteins in the ZG; from the canonical β -
498 catenin pathway– β -catenin and LEF1, and from the non-canonical API/JUN pathway– c-JUN and p-c-
499 JUN. IHC was performed on formalin-fixed, paraffin-embedded human adrenal sections (4 μ m) using a
500 chromogen based detection system (DAB) which results in a positive brown staining. Interestingly, β -
501 catenin staining was mostly membranous or cytoplasmic (rather than nuclear staining as highlighted by
502 the arrows) indicating limited canonical Wnt activation. Pictures are representative of 6 normal adrenal
503 sections that were used in our microarray study; 4 from primary hyperaldosteronism patients and 2 from
504 pheochromocytoma patients. Scale bar = 500 μ m (low power) and 100 μ m (high power).

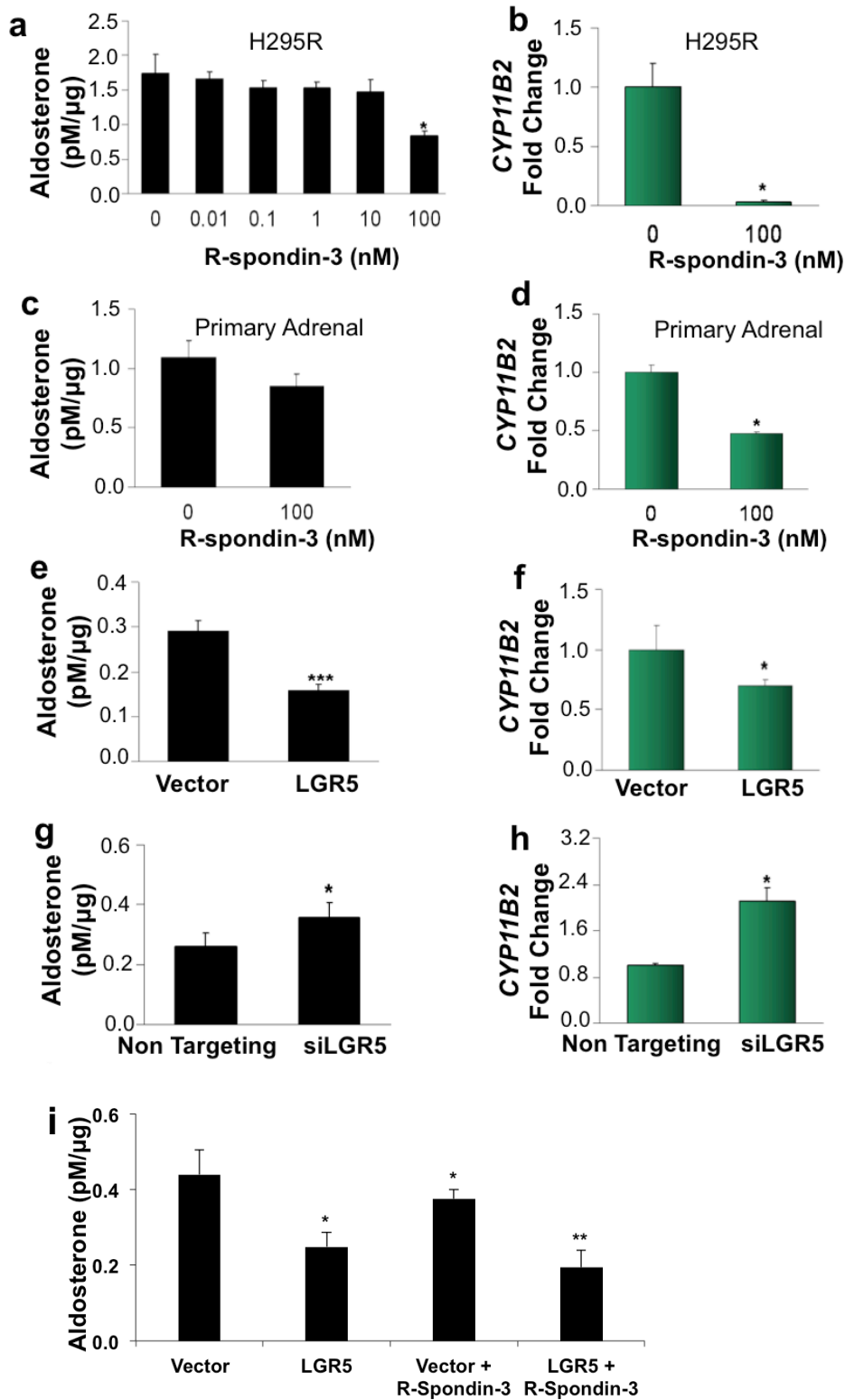
505 C: Capsule. ZF, F: Zona fasciculata. ZG, G: Zona glomerulosa.

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Fig. 2. LGR5 and its cognate ligand R-spondin-3 inhibit aldosterone production

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515 R-spondin-3 inhibition of **(a)** aldosterone secretion (n=12) and **(b)** *CYP11B2* transcription (n=3) by
516 H295R cells; and **(c)** aldosterone secretion (n=7) and **(d)** *CYP11B2* transcription (n=3) by normal human
517 primary adrenal cells from patients with primary hyperaldosteronism. H295R and human primary adrenal
518 cells were serum deprived in unsupplemented medium for 24h before exposed to vehicle control or R-
519 spondin-3 as specified. Supernatants for aldosterone concentration measurement were collected after 8h
520 incubation with drug, and cells were harvested for analysis of *CYP11B2* mRNA.

521 *LGR5* transfection of H295R cells, showing **(e)** inhibition of aldosterone secretion (n=17) after 48h of
522 transfection and **(f)** inhibition of *CYP11B2* transcription (n=3). pCMV6-AC-GFP was used as vector
523 control (Vector). Silencing of *LGR5* in H295R cells (siLGR5) after 48h, showing **(g)** stimulation of
524 aldosterone (n=7), and **(h)** increased *CYP11B2* transcription (n=3). ON-TARGET plus Non-Targeting
525 siRNA (Non Targeting) transfected cells were used as experimental control.

526 **(i)** Additive effect of R-spondin-3 treatment on aldosterone production of *LGR5* transfected H295R cells
527 (n=8). H295R cells were transfected with vector controls pCMV6-AC-GFP or GFP-tagged *LGR5*
528 (Origene; 600ng/ul). After 24h of transfection, H295R cells were serum deprived in unsupplemented
529 medium for 24h, and further R-spondin-3 treatments were carried out with 8h incubation from this point.

530 Results are expressed in mean \pm S.E.M. *P*-values show significance between treatments and baseline
531 control using student *t* test. *, *P*<0.05. **, *P*<0.01. ***, *P*<0.001

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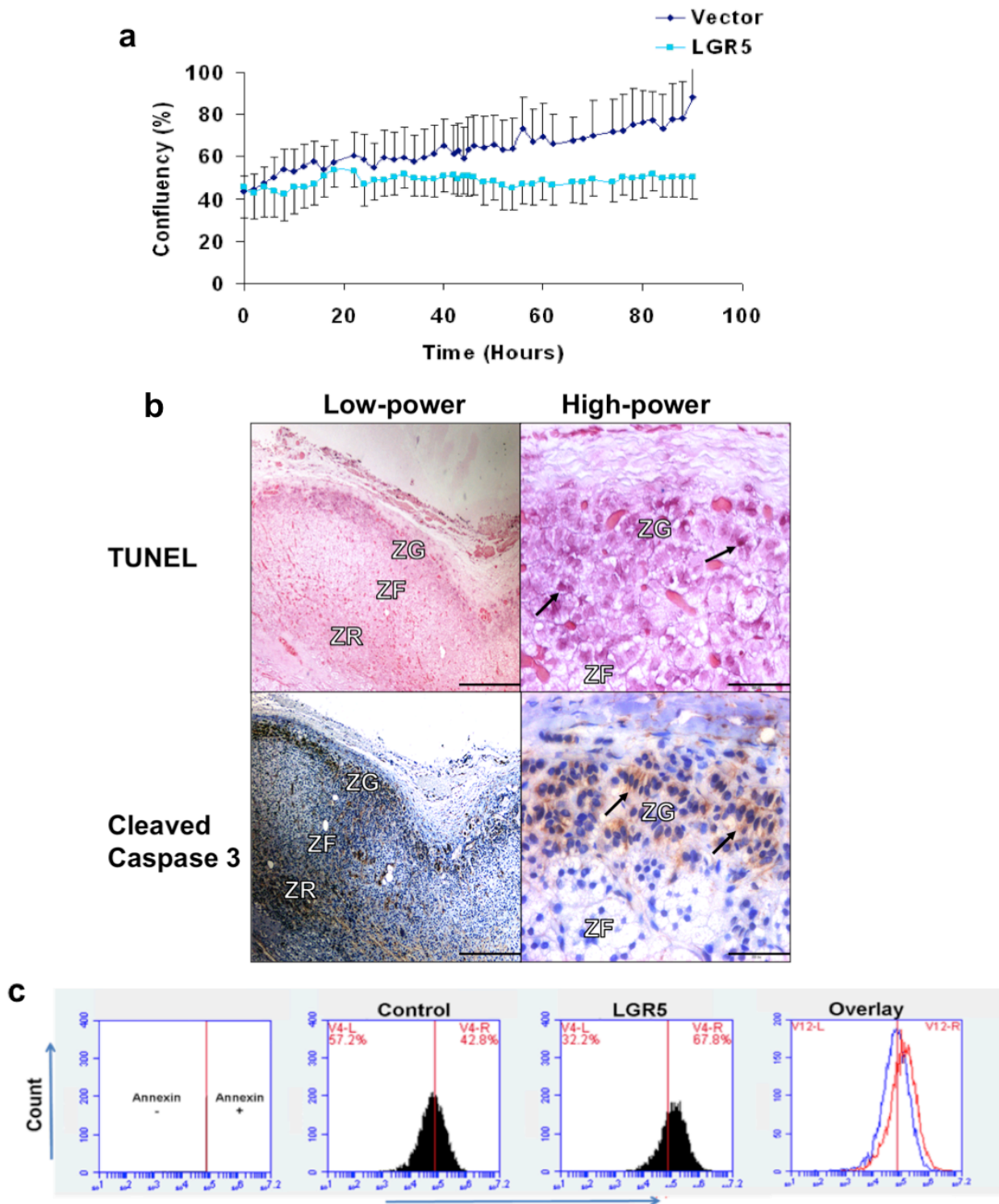
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Fig. 3. LGR5 reduces human adrenocortical cell proliferation and increases apoptosis

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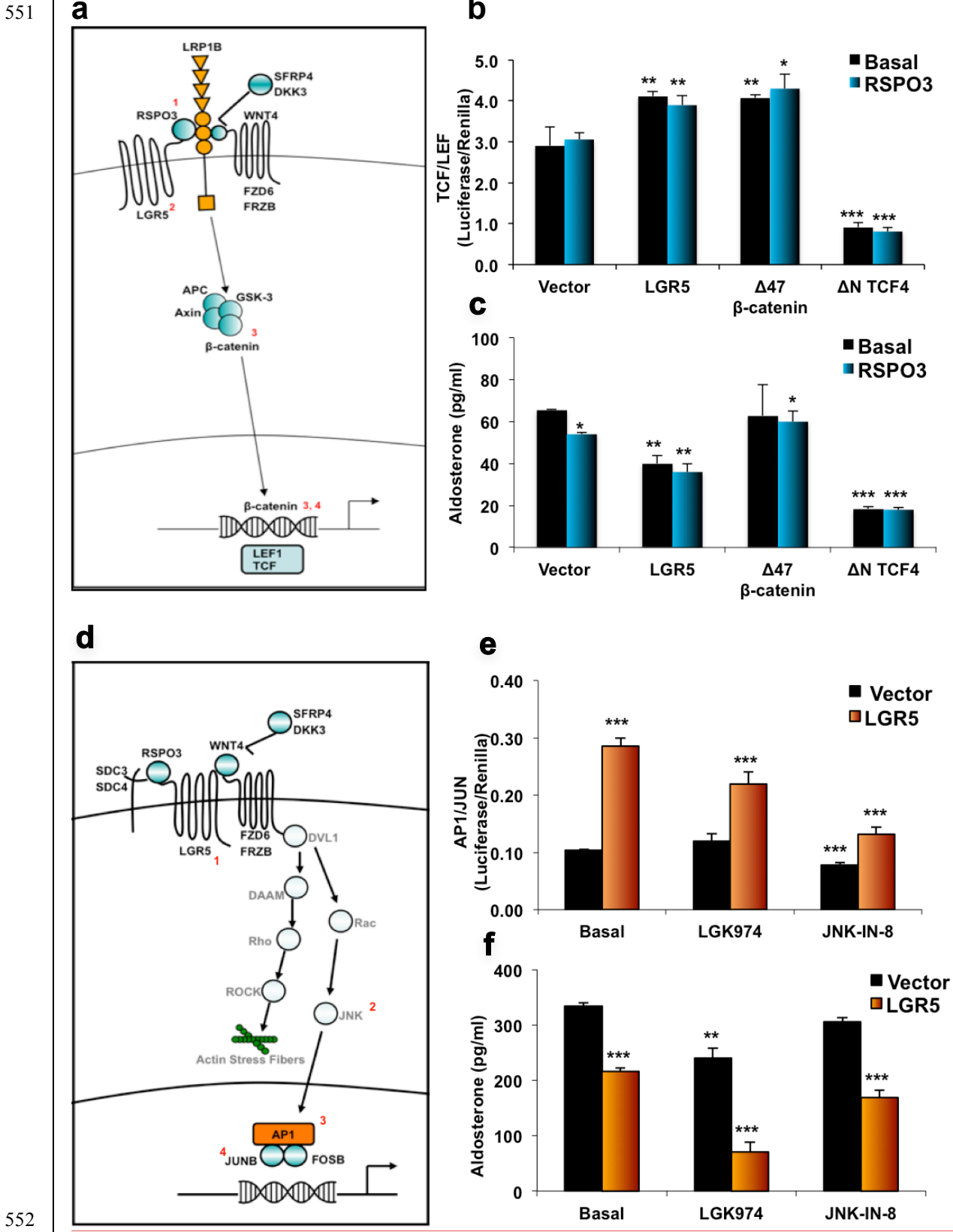
538 **(a)** Kinetic live-cell imaging compared *LGR5* and vector transfected H295R cells. $n=6$, $P=1.5 \times 10^{-5}$ using
539 student *t* test.

540 **(b)** Human adrenal section showing staining for TUNEL (apoptosis marker, dark purple) and cleaved
541 caspase 3 (apoptosis marker, brown) in the ZG (as arrowed). Pictures are representative of 6 normal
542 adrenal sections that were used in our microarray study; from 4 primary hyperaldosteronism patients and 2
543 pheochromocytoma patients. ZG: zona glomerulosa. ZF: zona fasciculata. ZR: zona reticularis. Scale bar=
544 500um (low power) and 50um (high power).

545 **(c)** GFP-tagged *LGR5* transfected H295R cells undergoing apoptosis were Annexin V stained for flow
546 cytometry quantification. In the overlay, the blue line denotes the number of H295R cells stained with
547 Annexin V that were transfected with vector control while the red line denotes the same for *LGR5*
548 transfected cells. $n=3$, $P=0.009$ using student *t* test.

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550 Fig. 4. Dominant action of LGR5 on the non-canonical (AP1 /Jun) pathway



554 **(a)** Schema showing genes expressed in the human adrenal from the canonical Wnt signaling pathway.
555 Numbers (in red) show site of action of Wnt related proteins, which were either used or measured in the
556 experiment (1:R-spondin-3, 2:LGR5, 3: β -catenin, 4:TCF). **(b)** Canonical Wnt signaling activity of H295R
557 cells transfected with control vectors (Vector), *LGR5*, Δ N47 β -catenin (encoding a constitutively active β -
558 catenin) or Δ N TCF4 (encoding a dominant negative TCF) were measured through co-transfection with a
559 luciferase construct that had a TCF/LEF-responsive promoter (Signal TCF/LEF Reporter (luc) Kit,
560 SABiosciences). **(c)** Aldosterone secretion during the same experiments (n=5).
561 **(d)** Schema showing Wnt genes expressed in the adrenal from the non-Canonical Wnt signaling pathway.
562 Numbers (in red) show site of action of Wnt related proteins, which were either used or measured in the
563 experiment (1:LGR5, 2:JNK, 3:AP1, 4: JUN). **(e)** AP-1/Jun non-canonical Wnt activity measured in the
564 presence of LGK974 (porcupine inhibitor) and JNK-IN-8 (JNK inhibitor) (both 1 μ M). **(f)** Aldosterone
565 secretion during the same experiment (n=4).
566 Results are expressed in mean \pm S.E.M and *P*-values show significance between treatments and baseline
567 control. *, *P*<0.05. **, *P*<0.01. ***, *P*<0.001 using student *t* test.
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