

1 **Effect of bubble volume fraction on the shear and extensional rheology of bubbly**
2 **liquids based on guar gum (a Giesekus fluid) as continuous phase**

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27 **Effect of bubble volume fraction on the shear and extensional rheology of bubbly**
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31

32 **Abstract**

33 The effect of air bubble volume fraction, ϕ , on the steady shear and extensional rheology of aqueous
34 guar gum solutions was studied at $0 \leq \phi \leq 0.25$ and gum concentrations of (i) 5 g/L and (ii) 10 g/L,
35 corresponding to solutions in the (i) semi-dilute and (ii) entanglement regime. The rheological
36 response of the fluids was largely independent of bubble size but strongly dependent on ϕ . The
37 viscous and elastic moduli increased with increasing bubble volume fraction, with elastic dominance
38 prevalent at the higher gum concentration. Extensional rheometry, investigated using filament
39 stretching, revealed that the thinning dynamics of the liquid thread were affected by bubble size, but
40 the filament rupture time was primarily dependent on ϕ . The rheological behaviour in both shear and
41 extension could be modelled as a single mode Giesekus fluid, with a single set of parameters able to
42 describe both the shear and extensional behaviour in the semi-dilute regime. In the entanglement
43 regime the single mode Giesekus fluid could fit the shear data or the extensional data individually,
44 but not both. The fitted Giesekus fluid model parameters exhibited a strong dependency on ϕ ,
45 offering a way to predict the flow behaviour of these complex food fluids.

46

47 **Keywords** Extensional; Foams, Non-ionic hydrocolloids; Relaxation time; Viscoelasticity

48 Nomenclature

Roman

A	dimensionless group defined in Equation [19], -
a	Giesekus mobility parameter, -
Bo	Bond number, -
Ca	Capillary number, -
c^*	critical concentration, g/L
D	filament diameter (μm)
D_{mid}	diameter of the filament at midpoint (μm)
D_0	initial sample diameter (μm)
D_1	diameter of the filament when first formed (μm)
d_{max}	largest measured bubble diameter, m
d_{min}	smallest measured bubble diameter, m
d_n	Needle diameter, m
k	time constant, s^{1-n}
g	gravitational constant, m/s^2
G'	storage modulus, Pa
G''	loss modulus, Pa
M_n	number average molecular weight, g/mol
M_w	weight average molar mass, g/mol
M_z	higher average molecular weight, g/mol
n	flow index, -
n_b	number of bubbles, -
n_2	parameter in shear expression
N_c	number of classes of bubbles, -
p	probability, -
Q	volumetric flow of fluid within needle, m^3/s
R_{pp}	radius of parallel plate geometry, m

R^2	square of the correlation coefficient, -
t	time, ms
t_{cap}	capillary time, s
t_F	time to capillary break-up, ms
T	torque, N m
w	class interval width, m
X	filament shape factor, Equation (9), -

Greek

α	surface tension between liquid phase and the air, N/m
ε	Hencky strain, -
$\dot{\varepsilon}$	Hencky strain rate, s ⁻¹
ϕ	air volume fraction, -
$\dot{\gamma}$	shear rate, s ⁻¹
$\dot{\gamma}_R$	shear rate experienced at the rim of the parallel plates, s ⁻¹
η_{app}	apparent viscosity, Pa s
η_e	estimated apparent extensional viscosity, Pa s
η_0	zero-shear-rate viscosity, Pa s
η_{r0}	relative viscosity at low shear rate, -
η_r	relative viscosity, -
η_∞	infinite shear rate viscosity, Pa s
Λ	group used within shear expression
λ	relaxation time, ms
μ	mean, μm
ρ	density, kg m ⁻³
ρ_s	density of aerated sample, kg m ⁻³
ρ_{us}	density of de-aerated sample, kg m ⁻³
σ	standard deviation

50 **Introduction**

51 Bubbly liquids are dispersions of bubbles in a liquid, with bubble volume fractions typically ranging
52 up to 50%. The continuous liquid phase is usually viscous, retarding coalescence and creaming. In
53 the food sector, the bubble phase is usually air and aerated liquid foods are ubiquitous, from
54 beverages to baked products, ice creams, dairy systems and confectionery, *e.g.* van Aken (2001).
55 Aeration yields a softer texture, increased spreadability, a more homogeneous appearance and a
56 more uniform distribution of taste (Thakur *et al.*, 2003). Moreover, air cells can be used to replace
57 fats in low-calorie products and healthier foods (Gabriele *et al.*, 2012). Bubbly liquids are also
58 encountered in nature in the form of magmas (Manga and Loewenberg, 2001; Gonnermann and
59 Manga, 2007) and in other industrial sectors in the form of foamed cement (Ahmed *et al.*, 2009),
60 extracted crude oil (Abivin *et al.*, 2009), cosmetics and personal care products (Malysa and
61 Lunkenheimer, 2008).

62

63 It is important to understand the rheology of these aerated materials in order to develop and improve
64 manufacturing routes. The presence of the bubble phase modifies the behaviour of the liquid, giving
65 rise to shear-thinning and viscoelastic behaviour (Llewellyn *et al.*, 2002; Torres *et al.*, 2013). In
66 steady shear, at low shear rates the bubbles resist deformation and the behaviour resembles that of
67 suspensions, with relative viscosity increasing with bubble volume fraction, ϕ . At higher shear rates,
68 bubble deformation occurs, promoting alignment with the flow and giving rise to shear-thinning.
69 The transition to shear-thinning behaviour in bubbly liquids is usually discussed with reference to
70 the capillary number, Ca , which compares the deforming stress arising from fluid shear to the
71 restoring capillary pressure (Rust and Manga, 2002). However, other workers that have studied
72 emulsions (*e.g.* Golemanov *et al.*, 2008) have demonstrated that Ca is not a reliable indicator of the
73 transition in densely populated systems as the shear stress acting on the dispersed phase in high
74 volume fraction systems will differ noticeably from that in the continuous phase alone owing to
75 bubble/droplet crowding effects. Llewellyn *et al.* (2002) provided a good review of the pertinent
76 literature as part of their work presenting a model for bubbly liquid rheology under steady and
77 oscillatory shear conditions.

78

79 Most of studies on bubbly liquids in food and other applications have considered systems where the
80 liquid phase is Newtonian (*e.g.* Thompson *et al.*, 2001; Llewellyn *et al.*, 2002; Rust and Manga,
81 2002). Many bubbly liquids used in food manufacture feature non-Newtonian solutions or
82 suspensions as the continuous phase. Examples include cake batters, and whipped creams and
83 shortenings prepared by incorporating significant volumes of air into a viscous hydrocolloid matrix.
84 Several natural water-soluble polymers, such as guar gum, are in widespread use in the food
85 industry. The presence of a significant number of bubbles renders them strongly visco-elastic (Torres
86 *et al.*, 2013) and the existing theoretical treatments for bubbly liquids are not able to describe such
87 materials. Similar findings were reported for cake batters (Meza *et al.*, 2011; Chesterton *et al.*,
88 2011a).

89

90 Food processing operations expose bubbly liquids to steady shear and extensional flow, and being
91 able to predict behaviour in both modes is important for design and formulation of new food
92 products. Experimental investigation of extensional flows is challenging, particularly for viscoelastic
93 materials (Vadillo *et al.*, 2012), partly due to difficulties in creating a purely extensional flow. Much
94 of the work on extensional rheology has considered well characterised, model synthetic polymer
95 solutions, and there is little published on the behaviour of systems containing guar gum and its
96 derivatives, besides that by Tatham *et al.* (1995), Duxenneuner *et al.* (2008) and Bourbon *et al.*
97 (2010) over a narrow range of concentrations (0.39-0.97 g/L) using a capillary breakup extensional
98 rheometer (CaBER) device. Torres *et al.* (2014a) presented measurements of the extensional
99 rheology of unaerated guar gum solutions obtained using the Cambridge Trimaster filament
100 stretching device (Vadillo *et al.*, 2010) over a wider range of concentrations (1-20 g/L), crossing the
101 transition from the dilute to the entangled regime. To our knowledge, the effect of air volume
102 fraction on the extensional properties of bubbly liquids prepared with guar gum or similar
103 biopolymers has not been reported previously. This paper reports a systematic investigation of the
104 effect of bubble volume fraction on the shear and extensional behaviour of aerated bubbly liquids
105 with guar gum solutions as the continuous phase. Two guar gum concentrations are considered: one
106 exhibiting semi-dilute behaviour, and another giving solutions in the entanglement regime.

107

108 Many mathematical treatments of extensional behaviour have been derived (Bird *et al.*, 1987;
109 Larson, 1988). Most testing has been conducted with shear flows, and the reliability of these
110 equations for strongly extensional flows, where a substantial degree of stretching is anticipated, is
111 not well understood (Gupta *et al.*, 2000). In a companion paper (Torres *et al.*, 2014b), we
112 demonstrated that the Giesekus constitutive equation (Giesekus, 1982), which was originally
113 developed to describe the shear behaviour of polymer solutions, can provide a good description of
114 the shear and extensional rheology of unaerated aqueous guar gum solutions in the semi-dilute
115 regime. That study suggested that simple shear tests could be used to give a reliable estimate of
116 extensional behaviour for Giesekus fluids when a common set of parameters describe both types of
117 flow.

118

119 The particular aim of this work is to extend the current framework for understanding the behaviour
120 of bubbly liquids prepared with a non-Newtonian liquid phase to include their extensional rheology.
121 The influence of ϕ on steady shear, oscillatory shear and extensional shear of bubbly liquids
122 prepared with aqueous guar gum solutions was investigated experimentally. Bubble size
123 distributions were modified by syringing. The single mode Giesekus fluid model, which describes
124 the rheology of the unaerated solutions well, is shown to provide a reasonable description of these
125 aerated systems with $\phi \leq 0.25$. The effect of ϕ on the Geisekus fluid parameters is presented, in
126 analogy to studies of solids volume fraction on suspension behaviour.

127

128 **Materials and Methods**

129 Raw materials

130 Commercial guar gum was supplied by Sigma-Aldrich (batch no. 041M0058V, India) with a
131 molecular weight, M_w , of 3.0×10^6 g/mol and a small degree of polydispersity, characterised by $M_w/$
132 $M_n = 1.13$ and $M_z/M_n = 5.15$, where M_n and M_z are the number average molecular weight and higher
133 average molecular weight, respectively.

134

135 Sample preparation

136 Aqueous solutions of guar gum (5 and 10 g/L) were prepared following the procedure reported by
137 Torres *et al.* (2013). The polymer was dispersed in tap water by stirring at 1400 rpm on a magnetic
138 hotplate stirrer (VMS-C4 Advanced, VWR, UK) at room temperature overnight to ensure complete
139 hydration of the gum. Some air was incorporated into the solution during stirring and deaerated
140 samples of the continuous phase were obtained by centrifugation at 2250 rpm for 5 min. Aeration of
141 guar gum solutions was carried out in a planetary-action mixer (Hobart N50-110, Hobart UK,
142 London). Details of this mixer and the wall shear rates generated are reported in Chesterton *et al.*
143 (2011b). The liquids were whisked for 1 to 10 minutes at a speed setting of 3, giving estimated wall
144 shear rates of 500 s^{-1} . The air volume fraction increased with time, reaching $\phi \approx 0.25$ after 10 min.

145

146 Samples with smaller bubble sizes were obtained by pumping a fraction of each whisked sample
147 from a syringe (barrel i.d. 22 mm) through a needle with internal diameter, d_n , of 1 mm. Pumping
148 was performed using a digitally-controlled syringe pump (Cole Parmer, UK). The apparent wall
149 shear rate in the needle was estimated from $32Q/\pi d_n^3$ as 225 s^{-1} , *i.e.* less than that experienced at the
150 planetary mixer walls. All samples were, at minimum, tested in duplicate.

151

152 The air volume fraction, ϕ , was determined gravimetrically following the procedure reported by
153 Allais *et al.* (2006). Measurements were carried out at room temperature using a 150 mL plastic cup.
154 The cup was filled with sample and the surface levelled using a spatula. The cup was then weighed

155 and the density determined as the ratio of the mass of sample to cup volume. The air volume fraction
156 was calculated from:

$$157 \quad \phi = 1 - \frac{\rho_s}{\rho_{us}} \quad (1)$$

158 where ρ_s and ρ_{us} are the densities of aerated and unaerated samples, respectively. Measurements
159 were made at least in triplicate.

160

161 Bubble size measurements

162 Estimates of the bubble size distributions (with and without syringing) were determined
163 quantitatively by static measurements using a Morphologi G3S image analysis system (Malvern
164 Instruments Ltd., UK). Freshly prepared samples were placed between two microscope slides held 1
165 mm apart by plastic shims in the Morphologi unit and photographed at 10× magnification. Six
166 consecutive and slightly overlapping images were taken, with the total view spanning two
167 photographs in width and three photographs in height. The bubble size distribution was similar in
168 each photograph. This arrangement minimised the number of partially viewed bubbles and
169 maximised the area-to-perimeter ratio. Image processing was done semi-automatically: the diameter
170 of each bubble was traced manually, and image analysis software (Corel Draw X3 Pro) was used to
171 measure the traced lines. The air bubbles were sufficiently dispersed to allow bubble diameters to be
172 traced readily. Allais *et al.* (2006) employed a similar method and suggested a minimum of 250
173 measurements for accurate representation of an aerated sample. At least 250 bubbles were measured
174 in each sample in this work.

175

176 The bubble size data were grouped into classes following the protocol reported by Jakubczyk and
177 Niranjana (2006), where the number of classes, N_c , and the class interval width, w , were given by:

$$178 \quad N_c = \sqrt{n_b} \quad (2)$$

$$179 \quad w = \frac{d_{\max} - d_{\min}}{N_c} \quad (3)$$

180 with n_b being the number of bubbles measured and d_{min} and d_{max} the smallest and largest measured
181 bubble diameters, respectively. The bubble size data were evaluated by radius and were found to
182 follow a log-normal distribution, as reported previously for cake batters by Chesterton *et al.* (2013).

183

184 Shear rheology

185 Shear rheological measurements (under steady and oscillatory shear) were performed at 20°C on a
186 Bohlin CVO120HR controlled-stress rheometer (Malvern Instruments, Malvern, UK) using sand-
187 blasted parallel plates (25 mm diameter and 1 mm gap) to prevent wall slippage. Samples were
188 loaded carefully to ensure minimal structural damage, and held at rest for 5 min before testing to
189 allow stress relaxation and temperature equilibration. A thin film of a Newtonian silicone oil
190 (viscosity 1 Pa s) was applied to the exposed sample edges to prevent evaporation. Initial testing on a
191 series of samples showed little difference between measurements made within 2 hours of sample
192 preparation so all tests were conducted within this time frame. This outcome indicated that any
193 phenomena such as coalescence and ripening which could change the number and size of bubbles
194 were not significant over this period. All measurements were made under isothermal conditions and,
195 at minimum, duplicated. Error bars are plotted where the measurement uncertainty was greater than
196 the symbol size.

197

198 *Steady shear measurements*

199 Viscous behaviour was investigated using steady shear measurements. The apparent viscosity, η_{app} ,
200 was determined as function of shear rate, $\dot{\gamma}$, over the range 0.1 to 1000 s⁻¹. Samples were sheared
201 for 5 s at each shear rate in order to obtain steady-state. Since the shear rate varies with radial
202 position in the parallel plate geometry, the apparent viscosity data were calculated using (Steffe,
203 1996):

$$204 \quad \eta_{app}(\dot{\gamma}_R) = \frac{T}{2\pi R_{pp}^3 \dot{\gamma}_R} \left(3 + \frac{d \ln T}{d \ln \dot{\gamma}_R} \right) \quad (4)$$

205 where $\dot{\gamma}_R$ is the shear rate evaluated at the rim, R_{pp} is the radius of the parallel plates and T is the
206 torque.

207

208 The measured shear response of guar gum solutions of varying air volume fraction was fitted to the
 209 result for steady state shear of a single mode Giesekus fluid (Giesekus, 1982). The following
 210 expressions have been successfully applied to describe the flow curve of aqueous guar gum solutions
 211 in the semi-dilute regime (Torres *et al.*, 2014b).

$$212 \quad \eta_{app}(\dot{\gamma}) = \frac{\eta_0(1-n_2)}{1+(1-2a)n_2} + \eta_\infty \quad (5)$$

213 where the dimensionless terms n_2 and Λ are given by

$$214 \quad n_2 = \frac{1-\Lambda}{1+(1-2a)\Lambda} \quad (6)$$

$$215 \quad \Lambda = \sqrt{\frac{\sqrt{1+16a(1-a)\lambda^2\dot{\gamma}^2}-1}{8a(1-a)\lambda^2\dot{\gamma}^2}} \quad (7)$$

216 with λ being the relaxation time and a the mobility parameter. Several workers (Schleiniger, 1991;
 217 Yoo and Choi, 1989) have reported that although the mobility parameter can theoretically take the
 218 range $0 < a < 1$, only physically realistic solutions are obtained over the range $0 < a < 0.5$; an upper
 219 limit of 0.5 was hence used here.

220

221 *Oscillatory shear measurements*

222 Viscoelastic behaviour was investigated using small amplitude oscillatory shear testing. Strain
 223 sweeps (0.01-10%) were performed at 0.01 and 10 Hz prior to each frequency sweep in order to
 224 identify the region of linear viscoelasticity (LVE). Frequency sweeps were performed over the range
 225 0.01 to 10 Hz at a strain amplitude of 1%, well below the LVE limit, from which the storage
 226 modulus, G' , and loss modulus, G'' were determined using the rheometer software.

227

228 Extensional rheology

229 Extensional rheology was investigated using the Cambridge Trimaster, a high speed filament stretch
 230 and break-up device described by Vadillo *et al.* (2010). The apparatus consists of two cylindrical 1.2
 231 mm diameter stainless steel stubs which are moved vertically apart at high speed with high spatial
 232 precision. Measurements reported here featured an initial gap spacing of 0.6 mm, final gap spacing

233 of 1.5 mm and separation speed of 75 mm s⁻¹. The filament stretching and thinning profiles were
 234 monitored using a high speed camera (Photron Fastcam SA3) which allows the diameter of the
 235 filament midpoint, $D_{mid}(t)$, to be measured to $\pm 0.1 \mu\text{m}$ at a rate of 5000 frames per second. All
 236 experiments were performed at least in duplicate in an air-conditioned room at 20 °C.

237

238 Filament measurements were obtained using automatic image analysis in the Cambridge Trimaster
 239 software. Three characteristic diameters were recorded: D_0 , the initial sample diameter, being that of
 240 the plates; D_1 , the diameter of the filament when first formed, and D_b , the diameter at break-up. The
 241 symmetry of the sample during thinning was checked by comparing the filament diameter at
 242 positions 100 μm above and below the mid-plane. Results obtained from non-symmetric filaments
 243 were discarded. The influence of gravity is characterised by the Bond number:

$$244 \quad Bo = \frac{\rho g D_0^2}{4\alpha} \quad (8)$$

245 where g is the gravitational constant and α is the liquid-air surface tension. The sample density was
 246 estimated as outlined above: the parameters lie in the range $\rho \sim 1090 \text{ kg m}^{-3}$, $g = 9.81 \text{ m s}^{-2}$,
 247 $D_0 = 1.2 \text{ mm}$ and $\alpha \sim 0.067 \text{ N m}^{-1}$, giving Bo values around 0.04. Gravitational effects were
 248 therefore expected to be negligible.

249

250 The Trimaster device did not feature a force transducer so separating forces were not recorded.
 251 Estimates of the apparent extensional viscosity, η_e , can be obtained from the filament regime using
 252 (Vadillo *et al.*, 2010):

$$253 \quad \eta_e = (2X - 1) \frac{-\alpha}{dD_{mid}(t)/dt} \quad (9)$$

254 where X is a coefficient which accounts for the deviation of the filament shape from a uniform
 255 cylinder due to inertia and gravity, α is the surface tension between the liquid phase and the air, and t
 256 is the elapsed time. Several authors report X values of ~ 0.7 for polymer solutions at approximately
 257 zero Reynolds number (McKinley and Tripathi, 2000; Vadillo *et al.*, 2010) whereas an X value of
 258 0.5912 was derived by Eggers (1997: further reported by McKinley and Tripathi, 2000) from the
 259 universal similarity solution describing the breakup of a Newtonian fluid at non-zero Reynolds

260 numbers. Although the non-zero Reynolds number condition (an Ohnesorge number ≤ 0.2) can be
 261 shown to apply for the solution containing 1 g/L of guar gum, use of $X = 0.59$ introduces an
 262 unphysical discontinuity in the trends of extensional viscosity as a function of concentration,
 263 presented later. X values around 0.7 were thus used in evaluating Equation (9).

264

265 The equilibrium surface tension between the guar gum solutions and air at 21°C was determined
 266 using the sessile drop method with a Kruss Drop Shape Analyser 100 device. Values reported are the
 267 mean from at least ten measurements.

268

269 The Hencky strain, ε , experienced by the sample at the axial midplane at time t is defined using the
 270 midfilament diameter:

$$271 \quad \varepsilon = 2 \ln \left(\frac{D_1}{D_{mid}(t)} \right) \quad (10)$$

272

273 Torres *et al.* (2014b) showed that the evolution of the filament mid-plane diameter for a single mode
 274 Giesekus fluid undergoing filament stretching for time t is given by

$$275 \quad (4a - 3) \ln \left[\frac{\left(\frac{D}{D_1} \right) + 2a\lambda\alpha / D_1\eta_0}{1 + 2a\lambda\alpha / D_1\eta_0} \right] - \frac{2\eta_0 D_1}{\alpha\lambda} \left(\frac{D}{D_1} - 1 \right) = \frac{t}{\lambda} \quad (11)$$

276 where D is the filament diameter and D_1 is its initial value.

277

278 The capillary time, t_{cap} , which is the timescale for characterising capillary break-up in viscous
 279 Newtonian fluids (Anna and McKinley, 2001), is another characteristic time scale of importance in
 280 elasto-capillary thinning studies. The capillary time quantifies the relative effects of capillary and
 281 viscous forces,

$$282 \quad t_{cap} = \frac{\eta_0 D_1}{2\alpha} \quad (12)$$

283 where D_1 is used instead of D_0 in this study since the initial filament diameter (D_1) varied widely
 284 between notionally identical samples. This approach was previously used for cake batters and gave

285 consistent results (Chesterton *et al.*, 2011a). Further details of the apparatus and method are given in
286 Vadillo *et al.* (2010).

287

288 Statistical analysis

289 The parameters of the considered models were determined from the experimental data with a one-
290 factor analysis of variance (ANOVA) using PASW Statistics (v.18, IBM SPSS Statistics, New York,
291 USA). When the analysis of variance indicated differences among means, a Scheffé test was carried
292 out to differentiate between means with 95% confidence ($p < 0.05$).

293

294 Results and Discussion

295 Bubbly size distribution

296 Bubbly liquids prepared with guar gum at 5 and 10 g/L were aerated for different periods (1, 2, 6 and
297 10 min) in order to obtain several air volume fractions, ϕ . The guar gum solution contained some
298 bubbles initially ($\phi \sim 0.05$) and ϕ rose from 0.10 to 0.25 as the aeration time was increased from 1 to
299 10 min. The effect of syringing samples with given ϕ was also studied. Selected images, for $\phi \sim 0.25$
300 guar gum bubbly liquids aerated for 10 min with and without syringing, are presented in Figure 1.
301 Bubbly liquids aerated for shorter times showed similar microstructures and marginally larger
302 bubbles. Similar observations were reported for cake batters by Chesterton *et al.* (2011b).

303

304 Figure 1(c) shows the corresponding bubble size distributions obtained from optical microscopy,
305 fitted to a log-normal distribution. The parameters of the log-normal distributions are reported in
306 Table 1. All the bubbly liquids studied, *i.e.* both those prepared with 5 g/L and 10 g/L guar gum
307 solutions, exhibited similarly unimodal size distributions. The increase in ϕ was accompanied by an
308 increase in the number of bubbles and a small decrease in their mean diameter (Table 1). After 10
309 min aeration, ϕ approached 0.25 and the measured diameters ranged from 20 to 350 μm , with a mode
310 around 80 μm .

311

312 Syringing reduced the bubble diameter range to 5-270 μm , with a mode around 30 μm . Figure 1 and
313 Table 1 show that similar trends were observed with 5 and 10 g/L guar gum solutions: syringing
314 yielded distributions with smaller bubbles in all cases. Syringing exposes the bubbles to extensional
315 and linear shear, and the contributions of both are considered next. The apparent shear rate (*i.e.* the
316 wall shear rate for a Newtonian fluid) in the needle was around 250 s^{-1} , which is less than the
317 maximum shear rate estimated at the wall in the mixer (around 500 s^{-1}). The local shear rate in the
318 centre of the needle will be smaller than the above value, and these factors suggest that the larger
319 bubbles are not broken up as they pass along the needle. The capillary number estimated for bubbles
320 with radius 15 μm , using the shear stress measured for the bubbly liquids at the above wall shear
321 rates, was ~ 0.001 . This is considerably smaller than the critical value of Ca for droplet/bubble
322 breakup on the Grace diagram for droplet breakup (Grace, 1982), although this limit is not strictly
323 valid here owing to the large difference in viscosities and non-Newtonian nature of the continuous
324 phase. The above evidence indicates that the extensional shear experienced by the bubbles at the
325 needle entry is responsible for the reduction in bubble size.

326

327 *Steady shear measurements*

328 Representative flow curves for centrifuged guar gum solutions prepared at 5 g/L and 10 g/L and the
329 corresponding bubbly liquid generated by 10 min aeration are shown in the form of shear rate
330 sweeps in Figure 2. Similar profiles and magnitudes were found for samples after syringing (data not
331 shown). The guar gum solutions and their bubbly liquids all exhibited shear-thinning behaviour,
332 where the apparent viscosity decreased with shear rate, as reported elsewhere for guar gum solutions
333 (Chenlo *et al.* 2010). The latter workers found that the shear rate at which the zero-shear rate
334 viscosity plateau ended depended on polymer concentration, which is also evident in Figure 2. In all
335 cases, the apparent viscosity at each shear rate increases with air volume fraction, which is consistent
336 with the results previously reported by Torres *et al.* (2013) working with bubbly liquids prepared by
337 whisking air into guar gum solutions at 10 g/L. Similar behaviour was found by Chesterton *et al.*
338 (2012) in their study of cake batters. In both cases, the shear-thinning nature of the continuous phase
339 plays an essential role in giving a high apparent viscosity after bubbles are generated in the mixer,
340 retarding subsequent creaming of the bubbles in the system.

341

342 The ability to describe both extensional and steady shear behaviour with a common set of Giesekus
343 fluid parameters was tested and shown to depend on whether the solution is in the dilute or entangled
344 regime. Figure 2(a) shows that the Giesekus model, Equation [5], gives a good description of the
345 linear shear rate data in the semi-dilute regime (5 g/L): previously we (Torres *et al.*, 2014b) reported
346 the transition from the semi-dilute to an entangled regime for these aqueous guar gum solutions to lie
347 around 5 g/L. Figure 2(b) shows that the fit at 10 g/L is less good, which is attributed to
348 entanglement effects. The highest deviations were found above 350 s^{-1} , which lie in the range of
349 those experienced at the wall of the planetary mixer.

350

351 Equation [5] has four adjustable parameters; the zero shear rate viscosity, the infinite shear rate
352 viscosity, the Giesekus mobility parameter and the relaxation time. η_{∞} was set at zero and the
353 remaining parameters were fitted to the experimental data by a least squares algorithm. The results
354 for 5 g/L solutions are listed in Table 2, with the fitted η_0 values close to those measured at the
355 lowest shear rate studied, 0.01 s^{-1} . Two sets of parameters are reported: one obtained by fitting
356 steady shear and extensional data (presented later), and a second set obtained by fitting the
357 extensional data alone. The η_0 values were consistent with ones previously reported for un-aerated
358 aqueous guar gum solutions with concentrations between 0.39-0.97 g/L (Bourbon *et al.* (2010)), and
359 for un-aerated hydroxypropyl ether guar gum solutions at concentrations up to 5 g/L (Duxenneuner *et*
360 *al.*, 2008). These studies also found the relaxation time to increase with increasing polymer
361 concentration, which is evident in comparing the values for 5 g/L (Table 2) and 10 g/L (Table 3)
362 solutions. The relaxation time for the 5 g/L guar gum solution is comparable with the values given
363 by Bourbon *et al.* (2010), wherein they modelled the solutions as a FENE material: they reported
364 two relaxation times, with values from $\lambda_1 \sim 15 \text{ ms}$ and $\lambda_2 \sim 1 \text{ ms}$ for 1.9 g/L, and $\lambda_1 \sim 58 \text{ ms}$ and $\lambda_2 \sim$
365 4200 ms for 9.7 g/L. It should be noted, however, that the FENE model did not give good agreement
366 with their experimental data. They attributed the two relaxation times to arise from this the structure
367 of the polysaccharides, one related to the expansion of the polymeric chains, the other relating to
368 interactions between the chains delaying the relaxation phase.

369

370 The effect of air volume fraction on the relative viscosity at low shear rate, η_{r0} , for solutions
371 prepared with and without syringing is presented in Figure 3. The relative viscosity was calculated
372 by dividing the measured apparent viscosity by that measured for the centrifuged guar gum solution
373 ($\phi = 0$) at the same shear rate, 0.1 s^{-1} . This shear rate corresponded to $Ca < 0.01$ for each case and
374 under these conditions the bubbly liquid is expected to behave as a suspension. Both 5 g/L and 10
375 g/L guar gum solutions exhibit a linear dependency on ϕ , with the result for 5 g/L, $\eta_{r0} = 1 + 1.03\phi$
376 (regression coefficient, $R^2 = 0.993$) following the classical Taylor (1932) result $\eta_r = 1 + \phi$. The
377 10 g/L result, $\eta_{r0} = 1 + 1.25\phi$, fits the trend, $\eta_r = 1 + a\phi$, derived by Stein and Spera (1992) for
378 dilute emulsions with no bubble deformation.

379

380 The steady shear results could also be fitted to the Cross model, Equation [A.1], with satisfactory
381 agreement ($R^2 > 0.997$), as shown in the Appendix. The Cross model, however, does not provide
382 insight into the extensional behaviour, discussed later, and this agreement is reported for
383 completeness and for comparison with other studies of similar solutions.

384

385 *Oscillatory shear measurements*

386 Figure 4 shows selected mechanical spectra (G' and G'' vs. angular frequency) of centrifuged guar
387 gum solutions and their bubbly liquids following 10 min aeration ($\phi = 0.25$). The frequency
388 dependency of the centrifuged gum solutions follows the trend reported elsewhere for similar
389 solutions (Steffe, 1996; Torres *et al.* 2013; Torres *et al.* 2013). Figure 4(a) shows that $G'' > G'$ for
390 samples in the semi-dilute regime (5 g/L) over the frequency range studied, indicating predominantly
391 viscous behaviour, whereas there is a crossover for those in the entanglement regime (10 g/L) and
392 the elastic response prevails at higher frequencies (Figure 4(b)). The data sets show a strong
393 frequency dependency, with both moduli increasing by three orders of magnitude between 0.1 and
394 10 Hz. These results are similar to those reported for several other random coil polymers (Brummer
395 *et al.*, 2003; Sittikiyothin *et al.*, 2005; Bourbon *et al.*, 2010).

396

397 The mechanical spectra in Figure 4 show that aeration ($\phi \sim 0.25$) increases both the viscous and
398 elastic nature of the liquids. For bubbly liquids prepared at 10 g/L, the crossover frequency (where

399 $G' \sim G''$) was found to be independent of ϕ , at 4 Hz, indicating that this feature is related to the
400 properties of the continuous phase. Similar trends were reported by Sahu and Niranjana (2009) for
401 whipped cream, who noted that even though the continuous phase may be purely viscous, bubble
402 incorporation tends to make the dispersion viscoelastic.

403

404 The values of G' and G'' for intermediate ϕ values lay between the data sets on Figure 4: the
405 enhancement in G' due to the bubble phase, expressed $G'(\phi)/G'(0)$, in analogy with work on
406 suspensions by (for example, Bossard, 2008), at frequencies of 0.1, 1.0 and 10 Hz is plotted in
407 Figure 5. A common, almost linear, enhancement is evident for the 5 g/L gum-based liquids for all
408 three frequencies. The results for the 10 g/L gum-based liquids in Figure 5(b) show almost linear
409 dependencies on ϕ , which decrease as the frequency approaches the crossover frequency of 4 Hz,
410 where there is no enhancement due to the bubble phase. Figure 5(c) presents the phase angle as a
411 function of air volume fraction at different angular frequencies. All the phase angle profiles are
412 frequency dependent. The data for 10 g/L-based liquids at 0.1 Hz show similar dependency on ϕ to
413 the 5 g/L liquids, but the phase angle decreases noticeably at higher frequencies for this entangled
414 solution. This can be explained qualitatively as the response at higher frequencies becoming
415 dominated by the characteristic time of the continuous phase.

416

417 No statistically significant effect of syringing on G' and G'' was observed for bubbly liquids with
418 similar ϕ values, even when the bubbles in the syringed samples were noticeably smaller than those
419 prepared without syringing. Noticeable differences were observed in our previous study (Torres *et*
420 *al.*, 2013), where the bubbly liquids were prepared with rheologically different liquid phases. In that
421 work, bubbly liquids were prepared with 10 g/L aqueous solutions of guar gum (as studied here) and
422 a viscous liquid, honey (almost constant shear viscosity, similar to η_0 for the guar gum, with a small
423 elastic contribution). The bubbles in the honey were noticeably smaller (mode around 40 μm) than
424 in the guar gum (mode around 80 μm). The bubbly liquids were prepared using the same protocols,
425 yielding similar ranges of ϕ , but the increase in G' and G'' on aeration was noticeably smaller for the
426 shear-thinning liquid.

427

428 The above results confirm that the rheology and processing of a bubbly liquid is intimately related to
429 the nature of the continuous phase as well as the bubble volume fraction and bubble behaviour.

430

431 *Extensional measurements*

432 Figure 6 shows the evolution of mid-filament diameter, D_{mid} , for centrifuged guar gum solutions and
433 the bubbly liquids prepared with different air volume fractions. The solid lines show the data
434 obtained with syringed samples. The diameter is determined by the balance of surface tension and
435 viscous/elastic forces: viscous forces tend to stabilize the filament, while surface tension acts to
436 destabilize it, causing the increasingly rapid decrease in the diameter until the filament breaks apart.
437 The decrease in D_{mid} with time is not linear: there is a sharp step to point A followed by an
438 exponential decay, after which the rate of decay increases towards break-up at time t_F . Similar trends
439 were reported for other aqueous guar gum systems in the absence of bubbles (Duxenneuner *et al.*,
440 2008; Bourbon *et al.*, 2010; Torres *et al.*, 2014a), and confirms non-Newtonian behaviour.

441

442 Samples prepared with syringing gave smoother profiles, and a tended to exhibit a slightly smaller t_F
443 value. Noticeable differences are evident in the profiles for the 10 g/L liquids with $\phi > 0.20$: the
444 whisked materials feature oscillations that disappear when D_{mid} approaches the modal bubble
445 diameter in Figure 1(c). Thereafter the profiles for samples prepared with and without syringing tend
446 to a common t_F value. The oscillations could be attributable to the hindered motion of the bubbles
447 with respect to one another at high volume fraction within a liquid of relatively high viscosity
448 (compared to 5 g/L). The absence of an oscillatory trend in the data derived from tests at 5 g/L, at a
449 comparable bubble volume fraction, suggests that the viscosity of the continuous phase, in addition
450 to the bubble volume fraction, is important in determining the dynamics of the liquid thread.
451 Additional investigation is required to elucidate the mechanism involved.

452

453 The time to break-up increased linearly with ϕ for both guar gum solutions. Linear regression of the
454 aerated data (Figure 7(a)) gave:

$$455 \quad (5 \text{ g/L}) \quad t_F = 443\phi + 62.8 \quad R^2=0.991 \quad (13)$$

456 $(10 \text{ g/L}) t_F = 564\phi + 83.2 \quad R^2=0.985 \quad (14)$

457 The intercepts in both the above relationships lie below the values obtained for the centrifuged
 458 solutions. Further work with small air fractions ($0 < \phi < 0.05$) is required to establish the onset of
 459 bubble influence. The t_F values also increased with D_1 (Figure 7(b)), following exponential
 460 dependencies:

461 $(5 \text{ g/L}) t_F = 2.42 \exp(0.008D_1) \quad R^2=0.990 \quad (15)$

462 $(10 \text{ g/L}) t_F = 0.78 \exp(0.010D_1) \quad R^2=0.999 \quad (16)$

463 A similar dependency between t_F and D_1 was reported for cake batters by Chesterton *et al.* (2011a).
 464 In that case the liquid phase was a shear-thinning suspension of flour particles in an aqueous
 465 emulsion.

466

467 Figure 8 presents the data in Figure 6 in the alternative form reported by Chesterton *et al.* (2011),
 468 where the capillary diameter, normalised as in Equation [17], is plotted against time normalised
 469 against t_F . The data sets collapse to a common form with the exception of those prepared with 10 g/L
 470 guar gum solution (entanglement regime) and $\phi > 0.20$ without syringing. After the initial transient,
 471 the data for $t/t_F < 0.6$ follow the form

472
$$\frac{D_{mid}(t)}{D_1} \propto \exp\left(-\frac{t}{t_F}\right) \quad (17)$$

473 Chesterton *et al.* (2011) reported similarly good data reduction for cake batters prepared using
 474 several different flours while Torres *et al.* (2014a) demonstrated the same result for aqueous guar
 475 gum solutions with concentrations ranging from 1-20 g/L. Plotting the filament stretching data in
 476 terms of the capillary time (Equation [12]) gave no useful insight other than confirming that these
 477 bubbly liquids did not exhibit the behaviour reported by Anna and McKinley (2001).

478

479 Torres *et al.* (2014b) showed that Equation [11] is able to reproduce this behaviour and its suitability
 480 for these bubbly liquids is demonstrated by Figure 9 where the non-dimensional filament diameter is
 481 plotted against absolute time for (a) the semi-dilute guar gum solutions (5 g/L) and for the entangled
 482 guar gum solutions (10 g/L) (b) without and (c) with syringing.

483

484 Figure 9(a) shows the data obtained with the 5 g/L guar gum solutions, where there was no
485 statistically significant effect of syringing. Two sets of loci are plotted on this Figure: the solid loci
486 show the behaviour predicted for a single mode Giesekus fluid, *i.e.* Equation [11], with the
487 parameters obtained from regression of both the steady shear (Figure 2) and extension (this plot),
488 listed in Table 2. The surface tension was taken from Torres *et al.* (2014a). The dotted loci are
489 obtained by fitting Equation [11] to the extensional data alone, and the parameters obtained are
490 presented alongside those above in Table 2. In both cases, Equation [11] gives a good description of
491 the initial decay in filament diameter, and an excellent description of the approach to t_F : the fit to the
492 data in the region $D/D_1 = 0.2 \rightarrow 0.05$ is less successful. The R^2 values for the fitting to both linear
493 and extensional shear are, in each case, not as good as fitting the extensional shear alone, but the
494 difference is small (at worst, 0.979 *cf.* 0.990 for $\phi = 0.25$) and is considered acceptable here in
495 applying the model across two very different deformation modes.

496

497 Figure 9(a) is significant as it indicates that a reasonable estimate of the extensional behaviour of the
498 bubbly liquids, prepared using non-Newtonian solutions (here, a polymer solution in the semi-dilute
499 regime), could be obtained by treating the system as a Giesekus fluid. The unaerated guar gum
500 solutions exhibit Giesekus fluid behaviour and these results indicate that the presence of the bubble
501 phase can be represented by modifying the Giesekus parameters, in the same way that Llewellyn *et*
502 *al.* (2002) reported that a modified Jeffreys fluid model could be used to describe bubbly liquids
503 prepared with a Newtonian liquid phase.

504

505 At concentrations of 10 g/L, where entanglement is apparent, and where there is an associated
506 increase in the magnitude of the elastic response (Torres *et al.*, 2013), Equation [11] does not give a
507 good prediction of the extensional behaviour when the parameters obtained from linear shear data,
508 Equation [5], are used (data not shown). Figures 9(b) and (c) show that Equation [11] gives a
509 reasonable fit to the data from the 10 g/L solutions if the mobility parameter and relaxation time are
510 fitted solely to these extensional data; similar results have been reported in Torres *et al.* (2014b). The
511 model is understandably unable to give a good description of the data sets with oscillations (*i.e.* $\phi >$

512 0.20 without syringing). The values of D_I , η_0 , η_∞ , α , a and λ are reported alongside those obtained
513 from linear shear in Table 3.

514

515 The influence of ϕ on the Giesekus model parameters in Tables 2 and 3 is now reviewed. Figure 3
516 shows a linear dependency of $\eta_{r,0}$ on ϕ for both solutions, and Figure 10 summarises the effect of ϕ
517 on the relaxation time and mobility parameter. Two sets of parameters are presented for the semi-
518 dilute (5 g/L) liquid phase; those obtained from fitting both modes and those obtained solely from
519 extensional data. For the former, λ increases modestly with ϕ and a decreases with ϕ , both
520 exhibiting a linear trend on these log-linear plots. When extensional data alone are fitted separately
521 (solid squares), λ increases exponentially with ϕ (approaching the λ value for linear shear at $\phi = 0.25$)
522 and a is almost constant, at ~ 0.03 (*cf* ~ 0.05 for steady shear fitting). These results indicate that the
523 curve fitting problem is poorly posed, in that there are likely to be several optima. The steady shear
524 behaviour predicted using the extensional shear parameters in Table 2 did not agree well with the
525 results in Figure 2 (data not reported), indicating that estimating steady shear results from
526 extensional measurements of this quality is not reliable.

527

528 In the entanglement regime (10 g/L), Table 3 and Figure 10(b) shows that a is almost constant as
529 ϕ increases from 0 to 0.25. In contrast, Figure 10(a) shows that while λ is relatively insensitive to ϕ
530 for linear shear (as observed with 5 g/L liquids), it increases strongly with ϕ for the extensional data
531 fitting. Similar values (and trends) were seen for both whisked and syringed samples: the parameters
532 only differ noticeably at higher ϕ values, which is attributed to the oscillations evident in the
533 whisked samples.

534

535 Duxenneuner *et al.* (2008) studied modified guar gum solutions and reported that the relaxation time
536 followed a power-law scaling dependency in the semi-dilute concentration regime ($3c^*$ up to $9c^*$,
537 with c^* being the critical concentration ~ 0.58 g/L). They stated that this was due to increasing
538 interactions between hydroxypropyl ether gum molecules in solution with increasing concentration.
539 This behaviour was only noticed in the present work for aqueous guar gum solutions prepared in the

540 entanglement regime; previous work (Torres *et al.*, 2014b) has reported the onset of the
 541 entanglement regime at concentrations between 5 g/L and 10 g/L.

542

543 Figure 11(a) shows the relationship between the two timescales describing the filament extension,
 544 namely the break-up time observed in experiments, t_F , and the relaxation time estimated from the
 545 Giesekus model. All three data sets exhibit an increasing trend. For the 5 g/L data sets, the Figure
 546 confirms that quite different λ values are obtained when this parameter is fitted solely to extensional
 547 data rather than being constrained such that it additionally fits the linear shear data. The
 548 unconstrained 5 g/L and 10 g/L values, fitted to extensional data alone, follow a similar trend
 549 (although a differs noticeably), with the 10 g/L data approaching an asymptote of $t_F \sim 225$ ms. This
 550 difference in parameters arising from the choice of constraint when fitting the data indicates that the
 551 parameters a and λ are correlated and further information, preferably linked to independent
 552 measurements, is required for definitive estimates.

553

554 The extent of correlation in these Giesekus parameters can be gauged by examining the limiting
 555 behaviour of Equation [11]. As the non-dimensional filament diameter tends to zero, the time, t ,
 556 tends to the filament rupture time, t_F . As $D/D_1 \rightarrow 0$, Equation [11] gives

$$557 \quad (4a - 3) \ln \left(\frac{2aA}{1 + 2aA} \right) + \frac{2}{A} = \frac{t_F}{\lambda} \quad (18)$$

558 where

$$559 \quad A = \frac{\lambda \alpha}{\eta_0 D_1} \quad (19)$$

560 t_F can then be estimated from Equation [18] for the parameter sets in Figure 11(a), and in Tables 2
 561 and 3. Figure 11(b) shows excellent agreement between the estimated t_F values and those obtained
 562 experimentally. This result highlights that the form of Equation [11] forces the regression to fit the
 563 measurements around the break-up time.

564

565

566

567 *Extensional viscosity*

568 The apparent extensional viscosity was estimated using Equation [9]. This analysis assumes that the
569 equilibrium surface tension values can be used to estimate the forces involved in extension; direct
570 measurement of the force in the filament is required to confirm these values. Figure 12 displays the
571 apparent extensional viscosity as a function of the Hencky strain of centrifuged guar gum solutions
572 prepared at (a) 5 g/L and (b) 10 g/L and the corresponding bubbly liquids obtained after 10 min
573 aeration as representative examples. Data sets obtained at lower ϕ exhibited similar trends. Since the
574 apparent extensional viscosity profiles are a function of the mid-filament diameter, D_{mid} , which itself
575 changes as a function of time, the values are governed by the self-thinning of the filament, and are
576 not a response to an imposed shear rate as in shear rheometry. The extensional viscosities increase
577 sharply at low Hencky strains, exhibiting a peak (at $\varepsilon \sim 1.2$) for centrifuged solutions at 10 g/L,
578 where entanglement is believed to be important. At higher strains, η_e approaches an asymptote. In
579 the case of the bubbly liquids, η_e at a given Hencky strain increases with air volume fraction, which
580 is consistent with the observed increase in η_{app} with air volume fraction. Qualitatively, the trend of η_e
581 as a function of ε is the same for both aerated and de-aerated liquids. Similar trends and parameter
582 values were found for the bubbly liquid samples after syringing.

583

584 According to Liang and Zhong (2013), the extensional viscosity for polymeric fluids which exhibit
585 Cross model behaviour can be estimated using:

586
$$\eta_e = \frac{3\eta_0}{1 + k \varepsilon^{(1-n)}} \quad (20)$$

587 where k is the Cross model time constant and n is the flow index. In their approach, the shear rate
588 is replaced by Hencky strain rate, $\dot{\varepsilon}$. The extensional viscosities predicted for unaerated and
589 strongly aerated ($\phi = 0.25$) bubbly liquids in Figure 12 do not follow the trend calculated from the
590 filament stretching tests, and highlight the need to study extensional behaviour of these materials.

591 **Conclusions**

592 The shear and extensional rheology of bubbly liquids based on two guar gum solutions, with bubble
593 volume fractions between 0.00 and 0.25, was studied. The behaviour of the un-aerated solutions was
594 viscoelastic, as reported previously (Torres et al., 2014a), with the 5 g/L solution being in the semi-
595 dilute regime and the 10 g/L in the entanglement regime (Torres et al., 2014b). Preparing the
596 samples by whisking followed by syringing modified the bubble sizes from a log-normal distribution
597 with a mode of 80 μm to one with a mode of 30 μm .

598

599 The steady shear data revealed that shear response of the fluid was largely independent of the bubble
600 size. Increasing the bubble volume fraction, however, increased the elastic and viscous moduli of the
601 liquids noticeably, in addition to changing the dominant behaviour mode; for example, the crossover
602 between elastic and viscous dominance occurred at a lower frequency for a 10 g/L solution with
603 bubble volume fraction of 0.25 compared to an un-aerated solution.

604

605 The filament stretching data highlighted that the dynamics of the filament thinning were affected by
606 the bubble size distribution, but that the filament rupture time was largely independent of this factor.

607 The filament rupture time was dependent on both the solution concentration and the bubble volume
608 fraction; increasing both of these parameters resulted in longer rupture times, with a linear
609 relationship evident between the rupture time and the bubble volume fraction. Time-concentration
610 superposition of the filament stretching data gave a single mastercurve for 5 g/L data for all bubble
611 volume fractions and for 10 g/L data with bubble volume fractions less than 0.20. This time-
612 concentration superposition has been reported in previous work on food fluids (Chesterton et al.,
613 2011a; Torres et al., 2014a).

614

615 A single mode Giesekus fluid could be used to model the rheological properties of the fluids in both
616 shear and extension. For guar gum concentrations of 5 g/L, it was found that a common mobility
617 parameter and relaxation time could describe both the shear and extensional behaviour of the fluids.

618 In the entanglement regime, at guar gum concentrations of 10 g/L, it was not possible to fit both the
619 shear and extensional characteristics of the solutions using a common set of Giesekus parameters;

620 this could be remedied by extending the theory to make using a multi-mode Giesekus approach and
621 will be the subject of a future study.

622

623 It was possible, however, to obtain Giesekus parameters uniquely for shear or extension. These
624 results are consistent with previous work in this area (Torres et al., 2014b). In all cases, the Gieskus
625 parameters exhibited monotonic dependency on bubble volume fraction, which can be used to
626 interpolate for intermediate values. Further experimental and theoretical work is required to establish
627 whether these trends can be applied to other bubbly liquids based on a Giesekus fluid continuous
628 phase.

629

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740

741 **A. Appendix: Cross model**

742 The shear-thinning behaviour of bubbly liquids prepared using aqueous guar gum solutions was
 743 fitted to the Cross-Williamson model (Cross, 1965) and representative examples are given in Figure
 744 A.1:

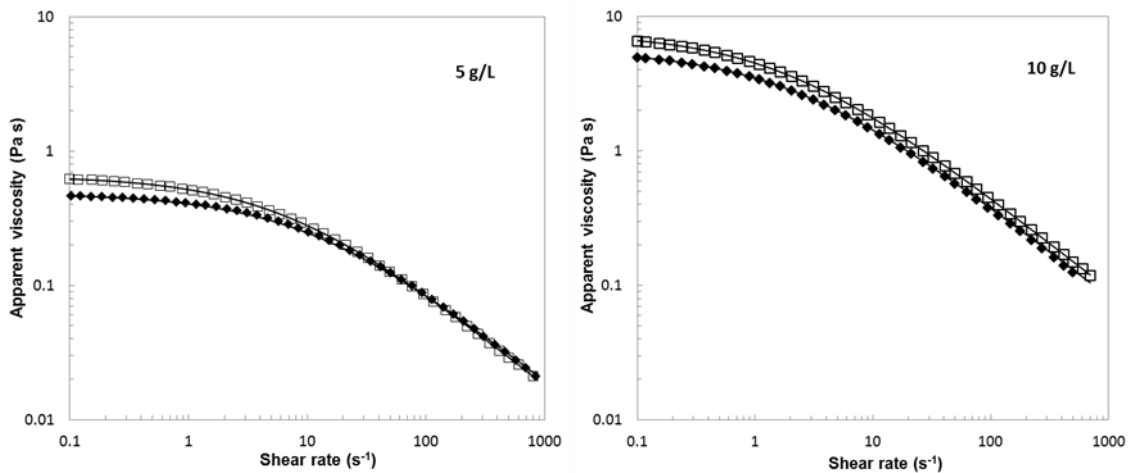
$$745 \quad \frac{\eta_{app}}{\eta_0} = \frac{1}{1 + k \dot{\gamma}^{(1-n)}} \quad (A.1)$$

746 where η_0 is the zero-shear rate viscosity, k is the time constant and n is the flow index.

747

748 (a)

(b)



749

750 **Figure A.1.** Flow curves of representative aqueous guar gum solutions prepared at (a) 5 g/L and (b)
 751 10 g/L. Symbols: diamonds – $\phi \approx 0$, squares – $\phi \approx 0.25$. Solid lines show the best fit
 752 obtained with the Cross model (Equation [A.1]).

753

754 The experimental data for guar gum samples were satisfactorily fitted ($R^2 > 0.997$) to the Cross-
 755 Williamson model, Equation [A.1], and the parameters η_0 , k and n obtained are summarised in Table
 756 A.1. The η_0 value are those reported for the Giesekus model fitting in Tables 2 and 3 . The variation
 757 in k and n was modest, achieving similar values to those reported for synthetic polymer solutions.
 758 These results were consistent with previous studies of other guar gum solutions (Bourbon *et al.*,
 759 2010; Duxenneuer *et al.*, 2008).

760

761 **Figure Captions**

762 **Figure 1** Bubbly liquids ($\phi \approx 0.25$) prepared with (a) 5 g/L and (b) 10 g/L guar gum solutions.

763 Bubble number size distributions in (c) show log-normal fits based on the radii for 5 g/L
764 (dashed lines) and 10 g/L (solid lines) guar gum. Grey lines show trends obtained after
765 syringing.

766

767 **Figure 2** Flow curves of representative aqueous guar gum solutions prepared at (a) 5 g/L and (b) 10

768 g/L. Symbols: diamonds – $\phi \approx 0$, squares – $\phi \approx 0.25$. Dashed lines show Giesekus model
769 (Equation [5]) with parameters in Table 2. In this and subsequent plots, error bars are not
770 plotted if the uncertainty in data values is smaller than the symbol size. The same scale is
771 used on the ordinate axes here and is later plots to facilitate comparison between
772 concentrations.

773

774 **Figure 3** Effect of air volume fraction on guar gum bubbly liquid low shear rate relative viscosity at

775 0.1 s^{-1} : (a) 5 g/L and (b) 10 g/L. Dashed lines show linear trend obtained by regression, with

776 $\eta_r = 1 + \phi$ ($R^2 = 0.993$) for 5 g/L and $\eta_r = 1 + 1.25\phi$ ($R^2 = 0.990$) for 10 g/L. Solid line on (b)

777 shows the Taylor (1932) result, $\eta_{r0} = 1 + \phi$.

778

779 **Figure 4** Mechanical spectra of representative aqueous guar gum solutions prepared at

780 concentrations of (a) 5 and (b) 10 g/L. Symbols: closed – G' , open – G'' , diamonds – $\phi \approx$

781 0.00 , squares – $\phi \approx 0.25$

782

783

784 **Figure 5** Effect of bubble volume fraction on elastic modulus for bubbly liquids prepared with (a) 5

785 g/L and (b) 10 g/L aqueous guar gum solution; (c) phase angle at selected frequencies.

786 Symbols: squares – 5g/L, diamonds – 10 g/L, open – 0.1 Hz, grey – 1 Hz, black – 4 Hz.

787 Dashed line in (a) shows fitted linear trend with $G'(\phi)/G'(0) = 1 + 4.3\phi$. Dashed line in (b)

788 shows $G'(\phi)/G'(0)$ for bubbly liquids prepared at 5 g/L.

789

790

791 **Figure 6** Effect of air volume fraction on evolution of dimensionless filament diameter for aqueous

792 guar gum solutions prepared at (a) 5 g/L and (b) 10 g/L. Symbols: solid diamonds - $\phi \approx$

793 0.00 , open diamonds – $\phi \approx 0.05$, circles - $\phi \approx 0.10$, triangles – $\phi \approx 0.15$, crosses – $\phi \approx$

794 0.20, squares – $\phi \approx 0.25$. Solid lines show experimental data obtained after syringing of the
795 samples. The non-linear profiles indicate non-Newtonian behaviour.

796

797 **Figure 7** Influence of (a) air volume fraction, ϕ , and (b) initial filament diameter (D_1) on filament
798 break-up time (t_F). Symbols: diamonds – 10 g/L, squares – 5 g/L. Open symbols show
799 trends obtained after syringing of the samples. Dashed lines show fitted trend lines, Eqns.
800 [13, 14], solid trend lines show Eqns. [15, 16].

801

802 **Figure 8** Dimensionless filament diameter - dimensionless time profiles for aqueous guar gum
803 solutions prepared at (a) 5 g/L and (b) 10 g/L. Symbols: solid diamonds - $\phi \approx 0.00$,
804 diamonds – $\phi \approx 0.05$, circles - $\phi \approx 0.10$, triangles – $\phi \approx 0.15$, crosses – $\phi \approx 0.20$, squares –
805 $\phi \approx 0.25$.

806

807 **Figure 9** Comparison of measured non-dimensional filament diameter with Giesekus model,
808 Equation [11] for selected aqueous guar gum solutions prepared at (a) 5 g/L, (b) 10 g/L and
809 (c) 10 g/L after syringing. Symbols: solid diamonds - $\phi \approx 0.00$, diamonds – $\phi \approx 0.05$,
810 circles - $\phi \approx 0.10$, triangles – $\phi \approx 0.15$, crosses – $\phi \approx 0.20$, squares – $\phi \approx 0.25$. Solid loci
811 in (a) show Equation [11] where parameters a and λ are those obtained from fitting both
812 linear shear and extensional data, Table 2. Dashed loci show Equation [11] with parameters
813 obtained by fitting to extensional data alone (Table 2 and Table 3).

814

815 **Figure 10** Effect of air volume fraction on Giesekus model parameters: (a) relaxation time, λ , and
816 (b) mobility parameter, a . Symbols: squares – 5 g/L, diamonds – 10 g/L. Open symbols,
817 dashed lines – fitted to linear shear alone; solid symbols, solid lines – fitted to extensional
818 data alone.

819

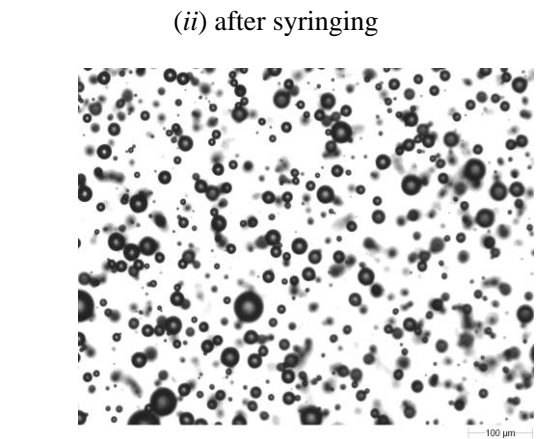
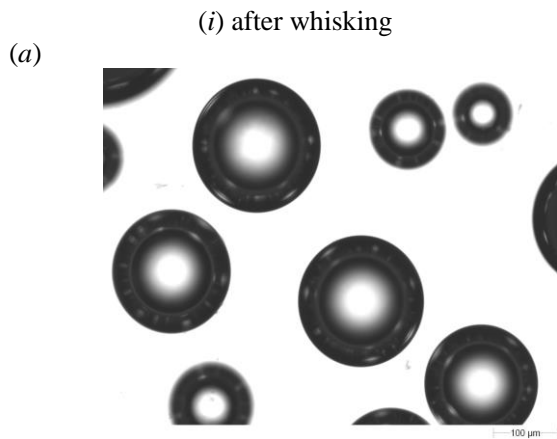
820 **Figure 11** Correlation between (a) measured filament break-up time (t_F) and estimated relaxation
821 time for guar gum bubbly liquids at different air volume fractions. (b) Comparison between
822 experimental and predicted break-up times. Symbols: squares – 5 g/L, diamonds – 10 g/L.
823 Open symbols denote 5 g/L data sets where the Giesekus parameters were obtained from
824 steady shear measurements.

825

826 **Figure 12** Effect of Hencky strain on apparent extensional viscosity of bubbly liquids generated by
827 10 min aeration ($\phi \approx 0.25$) of guar gum solutions at (a) 5 g/L and (b) 10 g/L. Solid symbols
828 – $\phi \approx 0.00$, open symbols – $\phi \approx 0.25$. Dashed lines show the prediction for extension of a
829 Cross model fluid estimated using Equation [20].

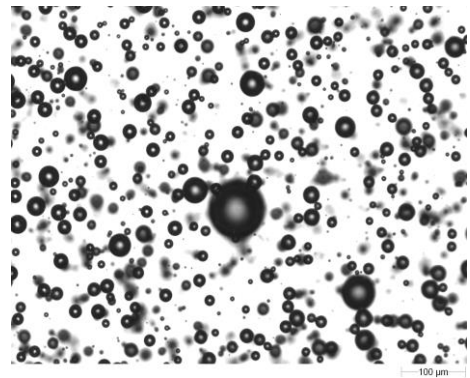
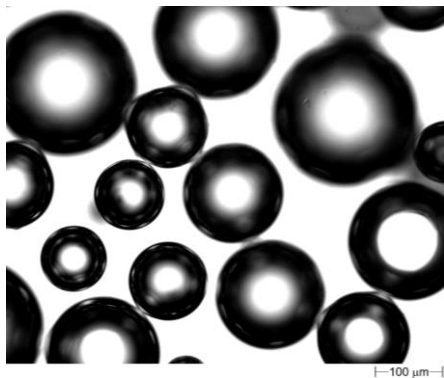
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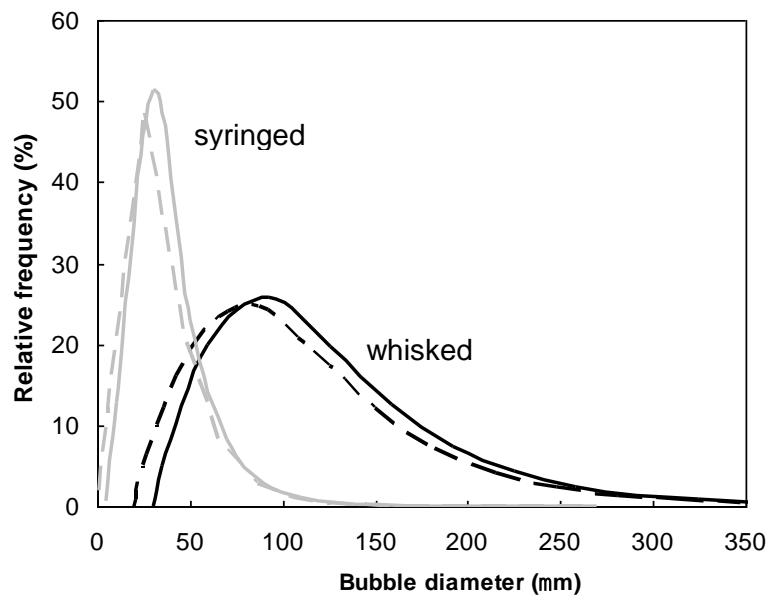
833

834 (b)



835

836 (c)



837

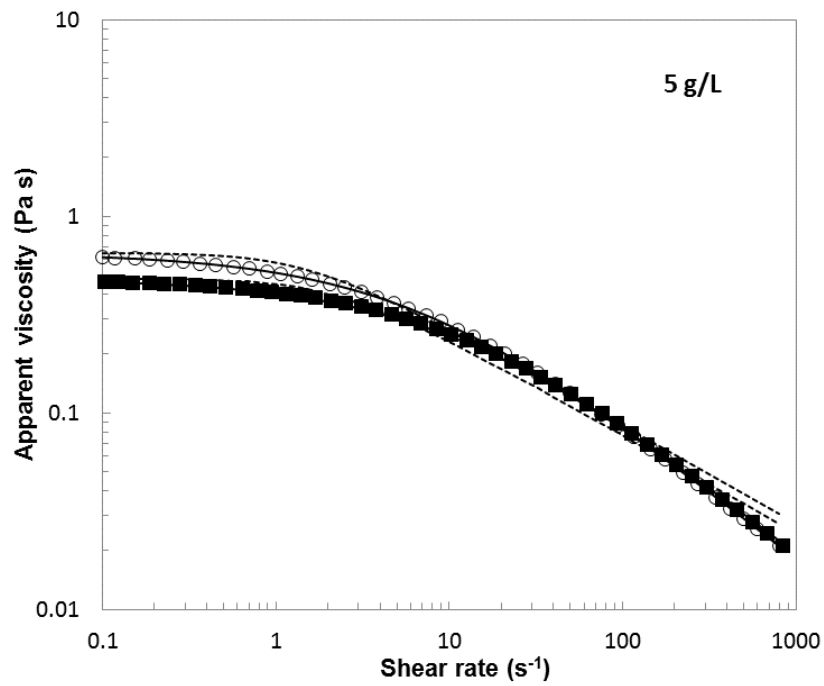
838 **Figure 1** Bubbly liquids ($\phi \approx 0.25$) prepared with (a) 5 g/L and (b) 10 g/L guar gum solutions.

839 Bubble number size distributions in (c) show log-normal fits based on the radii for 5 g/L

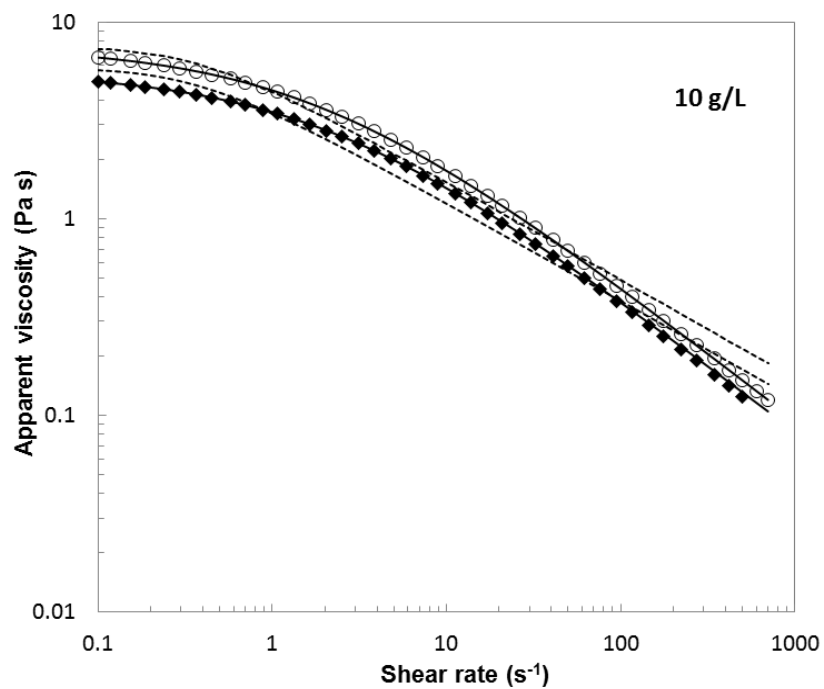
840 (dashed lines) and 10 g/L (solid lines) guar gum. Grey lines show trends obtained after

841 syringing.

842 (a)



843 (b)
844

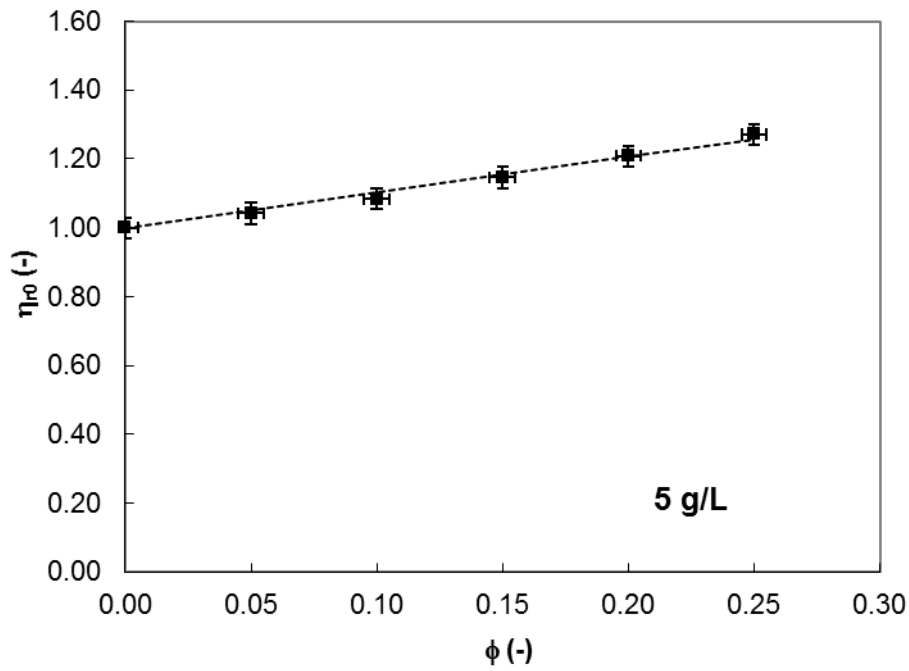


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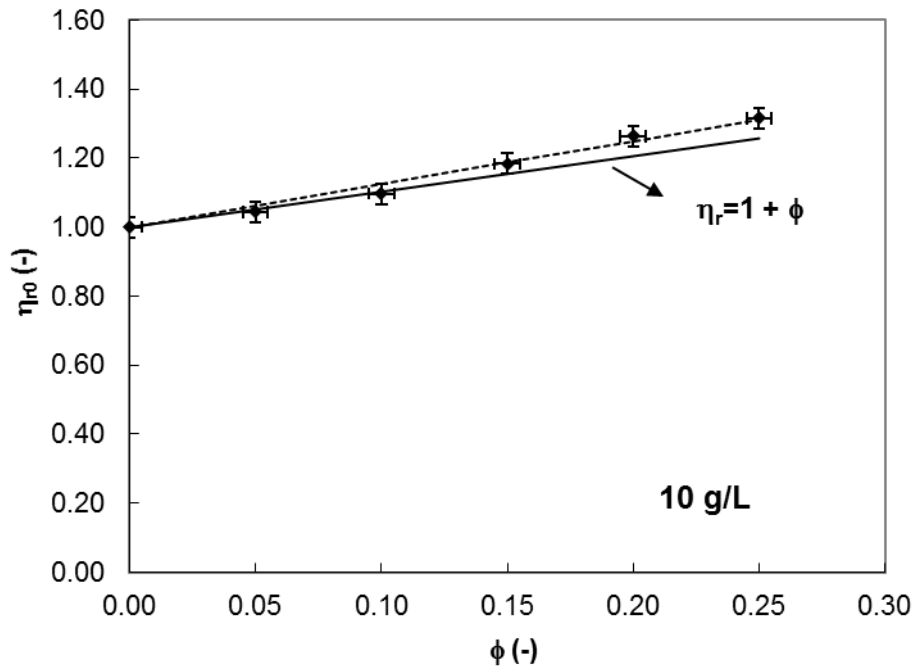
846 **Figure 2** Flow curves of representative aqueous guar gum solutions prepared at (a) 5 g/L and (b) 10
847 g/L. Symbols: diamonds – $\phi \approx 0$, squares – $\phi \approx 0.25$. Dashed lines show Giesekus model
848 (Equation [5]) with parameters in Table 2. In this and subsequent plots, error bars are not
849 plotted if the uncertainty in data values is smaller than the symbol size. The same scale is
850 used on the ordinate axes here and is later plots to facilitate comparison between
851 concentrations.

852

853 (a)



854 (b)
855



856

857

Figure 3 Effect of air volume fraction on guar gum bubbly liquid low shear rate relative viscosity at

858

0.1 s⁻¹: (a) 5 g/L and (b) 10 g/L. Dashed lines show linear trend obtained by regression, with

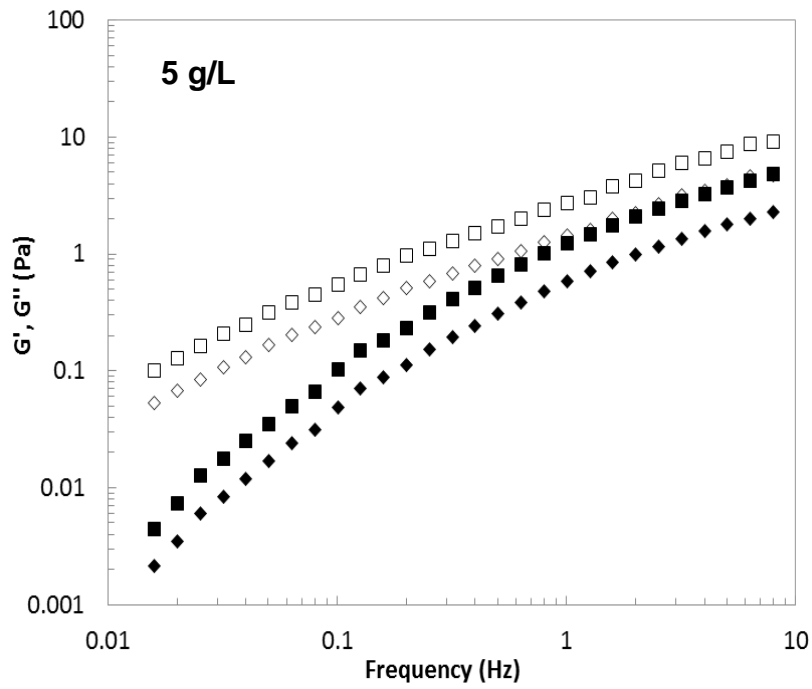
859

$\eta_r = 1 + \phi$ ($R^2 = 0.993$) for 5 g/L and $\eta_r = 1 + 1.25\phi$ ($R^2 = 0.990$) for 10 g/L. Solid line on (b)

860

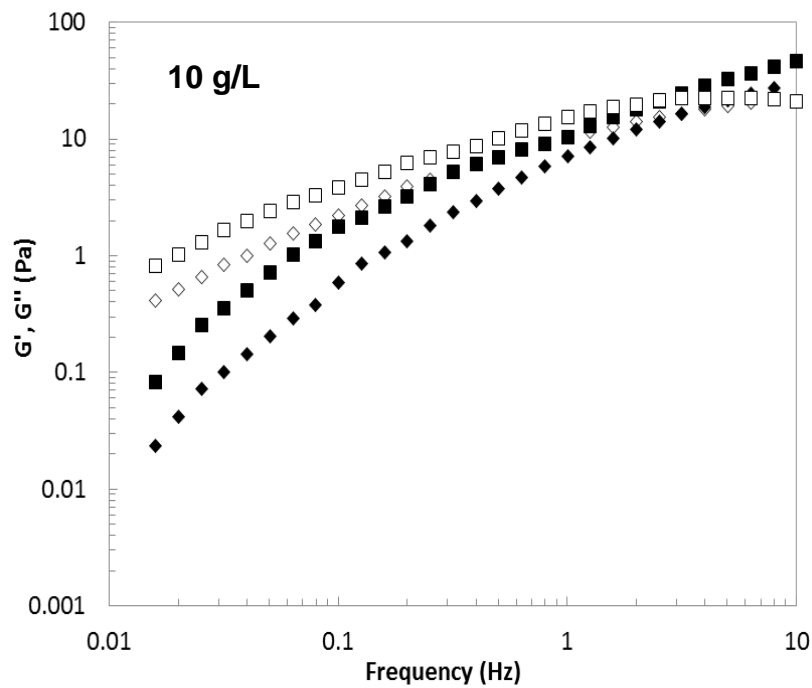
shows the Taylor (1932) result, $\eta_{r0} = 1 + \phi$.

861 (a)



862

863 (b)



864

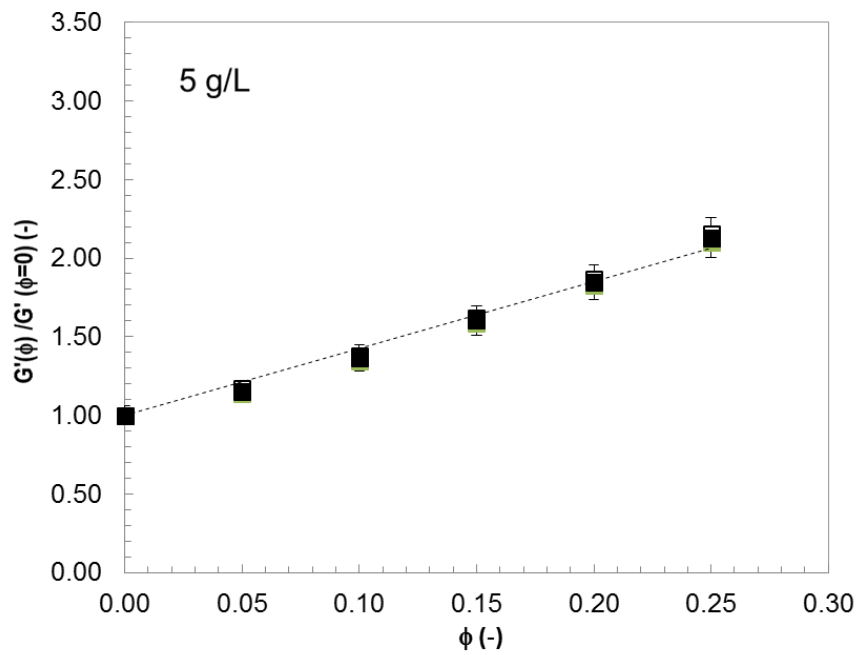
865

866 **Figure 4** Mechanical spectra of representative aqueous guar gum solutions prepared at

867 concentrations of (a) 5 and (b) 10 g/L. Symbols: closed – G' , open – G'' , diamonds – $\phi \approx$

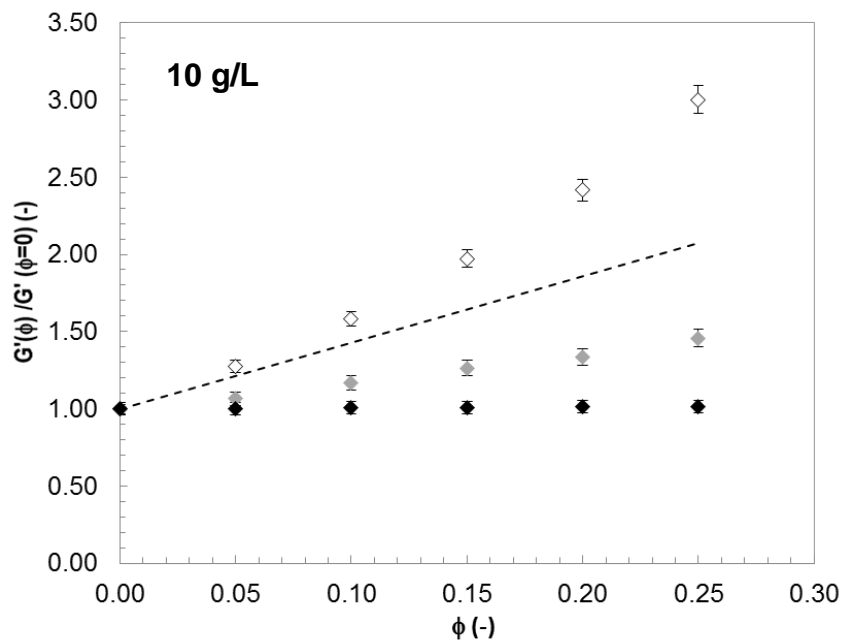
868 0.00, squares – $\phi \approx 0.25$

869 (a)



870

871 (b)



872

873

874 **Figure 5** Effect of bubble volume fraction on elastic modulus for bubbly liquids prepared with (a) 5

875 g/L and (b) 10 g/L aqueous guar gum solution; (c) phase angle at selected frequencies.

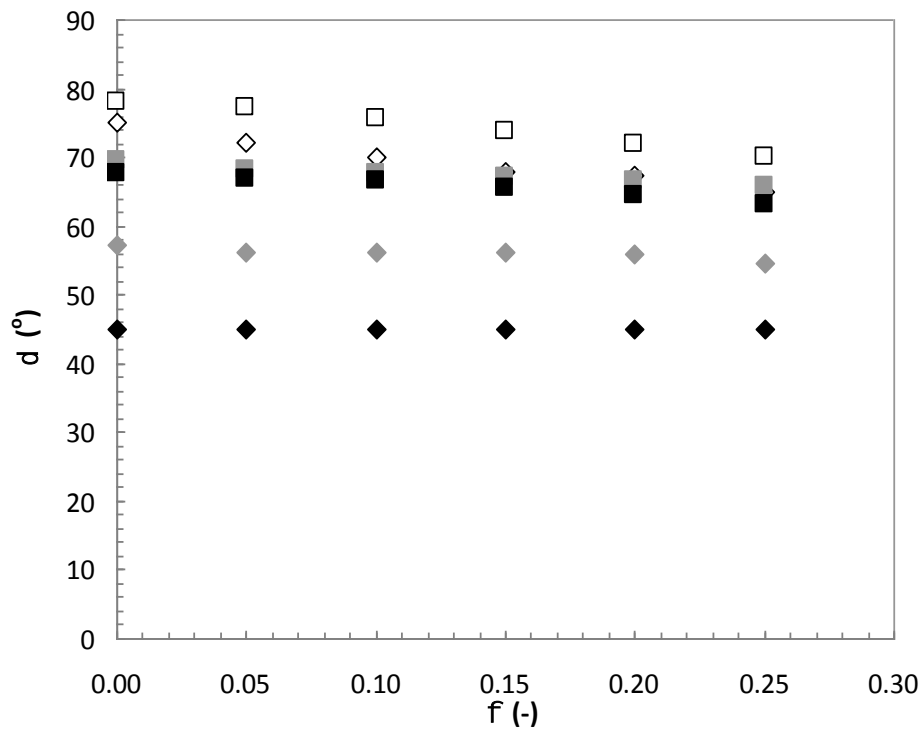
876 Symbols: squares – 5g/L, diamonds – 10 g/L, open – 0.1 Hz, grey – 1 Hz, black – 4 Hz.

877 Dashed line in (a) shows fitted linear trend with $G'(\phi)/G'(0) = 1 + 4.3\phi$. Dashed line in (b)

878 shows $G'(\phi)/G'(0)$ for bubbly liquids prepared at 5 g/L.

879

880 (c)



881

882

Figure 5 Effect of bubble volume fraction on elastic modulus for bubbly liquids prepared with (a) 5

883

g/L and (b) 10 g/L aqueous guar gum solution; (c) phase angle at selected frequencies.

884

Symbols: squares – 5g/L, diamonds – 10 g/L, open – 0.1 Hz, grey – 1 Hz, black – 4 Hz.

885

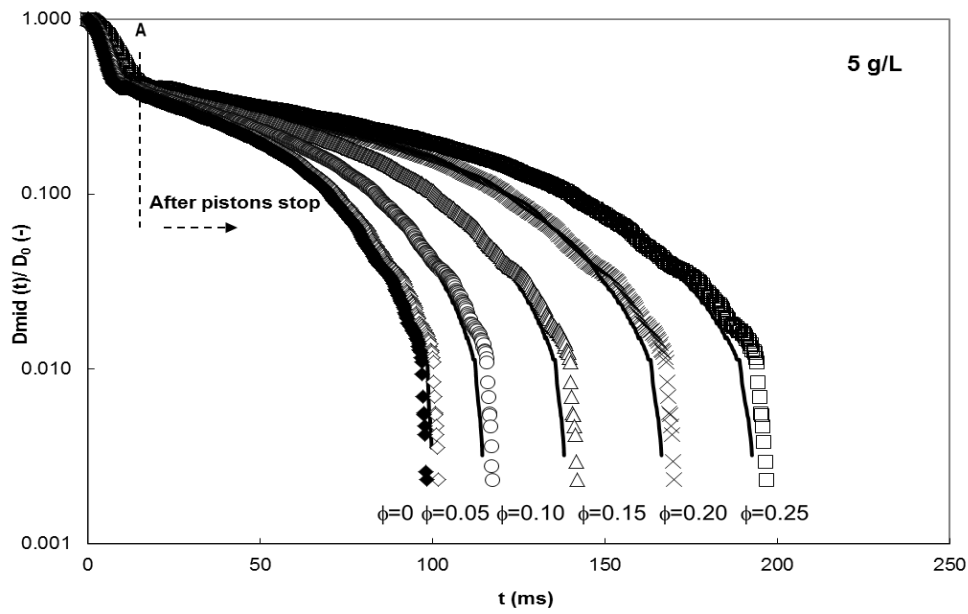
Dashed line in (a) shows fitted linear trend with $G'(\phi)/G'(0) = 1 + 4.3\phi$. Dashed line in (b)

886

shows $G'(\phi)/G'(0)$ for bubbly liquids prepared at 5g/L.

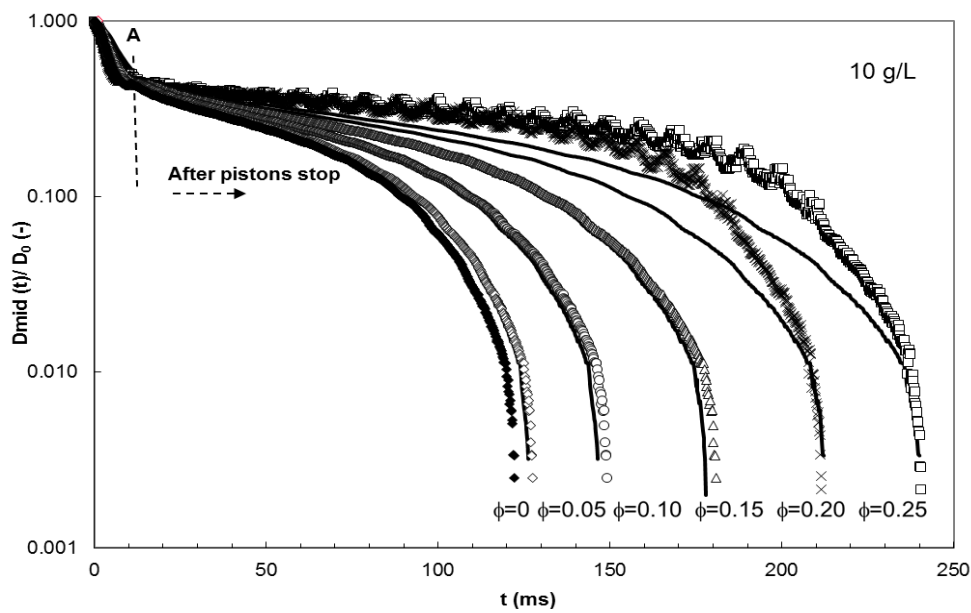
887

888 (a)



889

890 (b)



891

892 **Figure 6** Effect of air volume fraction on evolution of dimensionless filament diameter for aqueous

893 guar gum solutions prepared at (a) 5 g/L and (b) 10 g/L. Symbols: solid diamonds - $\phi \approx$

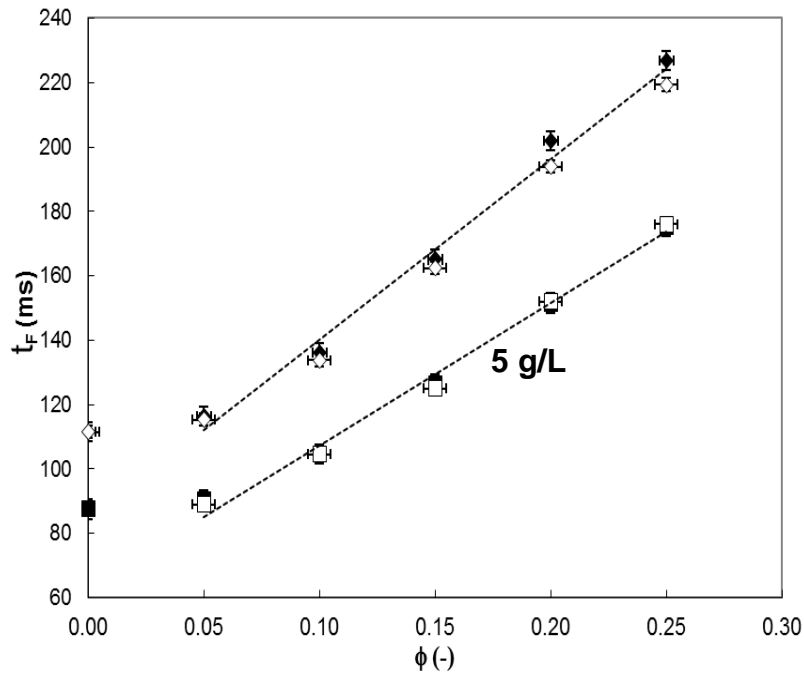
894 0.00, open diamonds - $\phi \approx 0.05$, circles - $\phi \approx 0.10$, triangles - $\phi \approx 0.15$, crosses - $\phi \approx$

895 0.20, squares - $\phi \approx 0.25$. Solid lines show experimental data obtained after syringing of the

896 samples. The non-linear profiles indicate non-Newtonian behaviour.

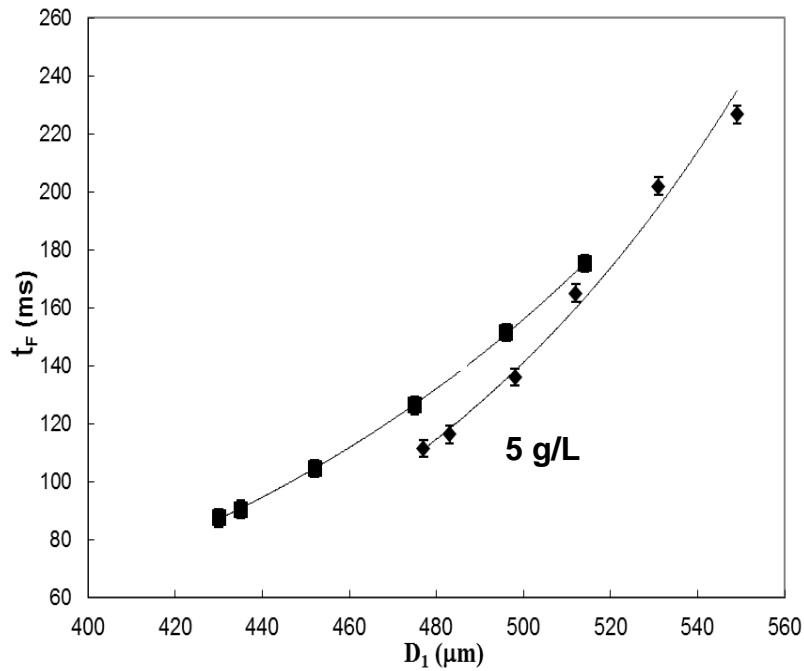
897

898 (a)



899

900 (b)

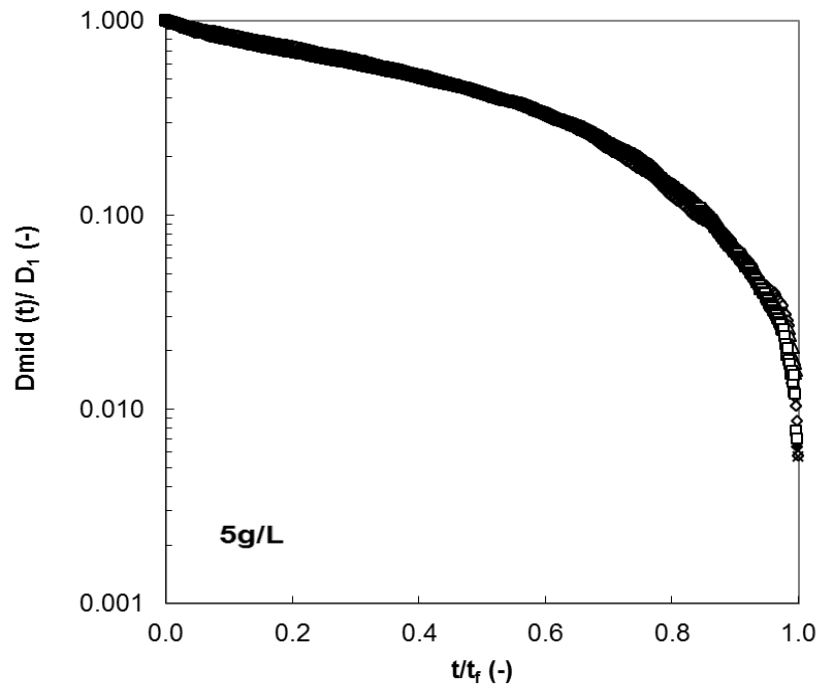


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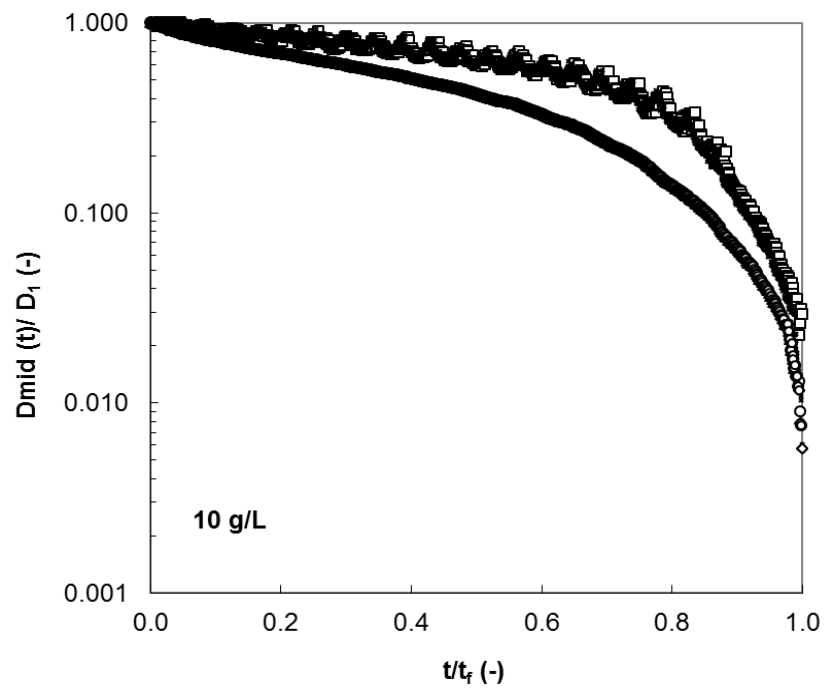
903 **Figure 7** Influence of (a) air volume fraction, ϕ , and (b) initial filament diameter (D_1) on filament
904 break-up time (t_F). Symbols: diamonds – 10 g/L, squares – 5 g/L. Open symbols show
905 trends obtained after syringing of the samples. Dashed lines show fitted trend lines, Eqns.
906 [13, 14], solid trend lines show Eqns. [15, 16].

907 (a)



908

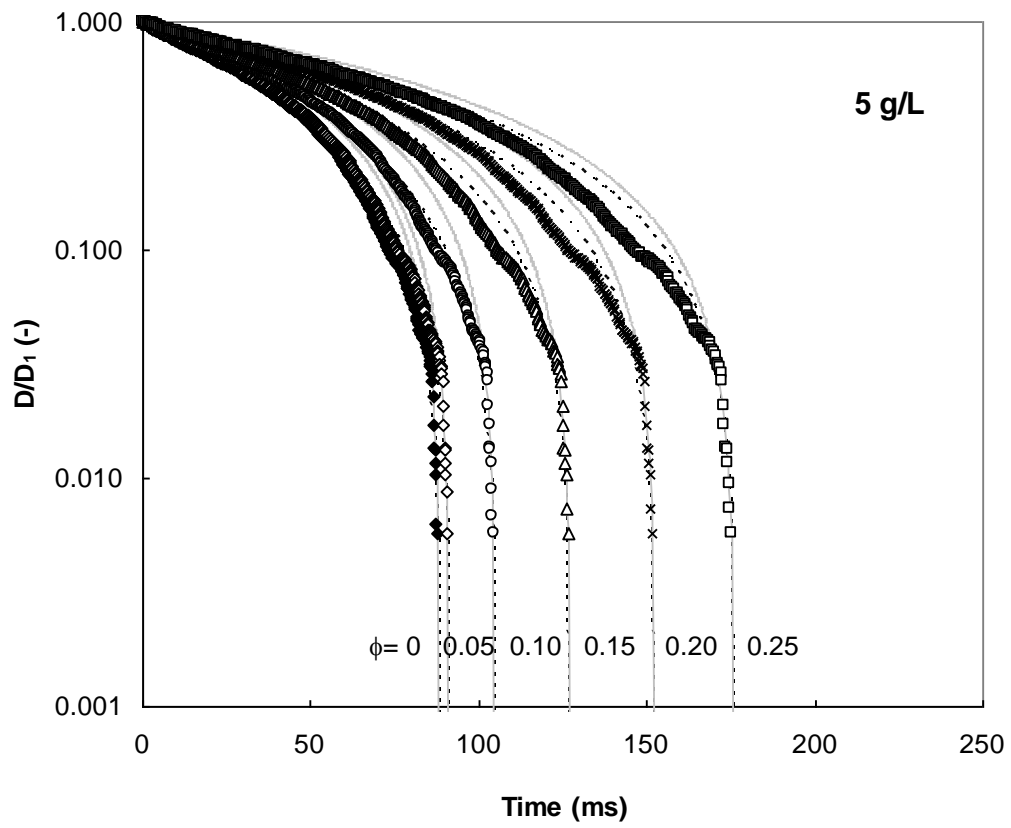
909 (b)



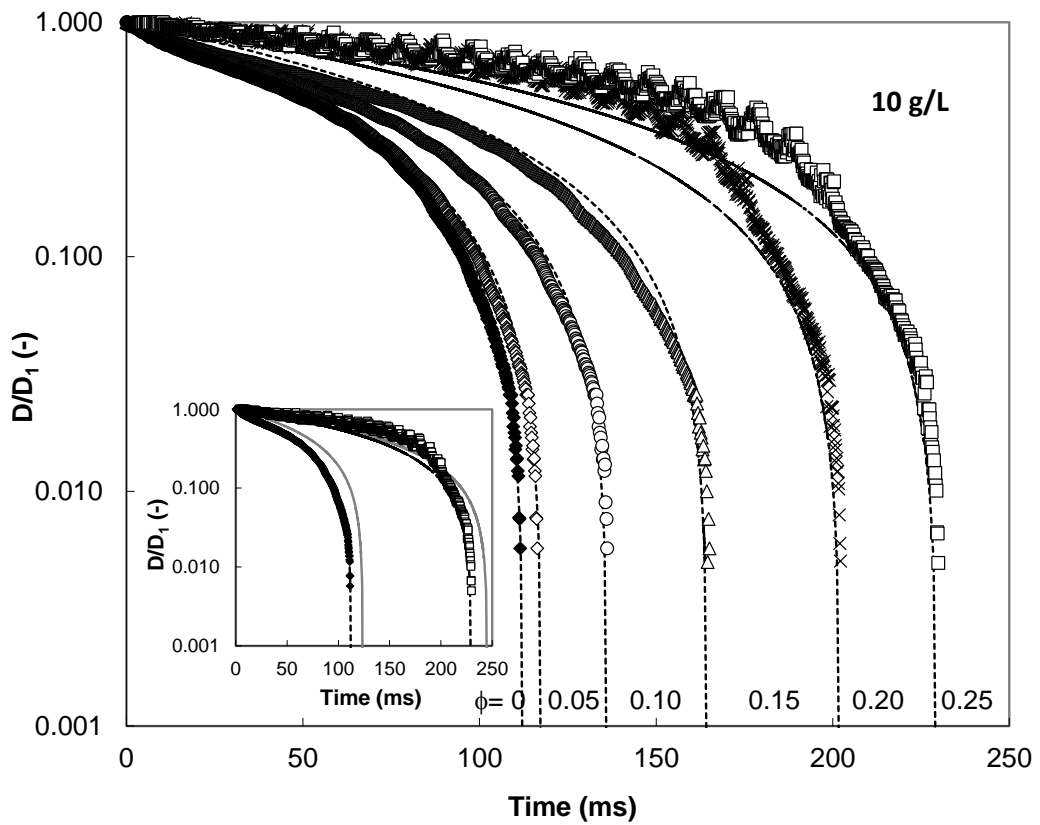
910

911 **Figure 8** Dimensionless filament diameter - dimensionless time profiles for aqueous guar gum
912 solutions prepared at (a) 5 g/L and (b) 10 g/L. Symbols: solid diamonds - $\phi \approx 0.00$,
913 diamonds - $\phi \approx 0.05$, circles - $\phi \approx 0.10$, triangles - $\phi \approx 0.15$, crosses - $\phi \approx 0.20$, squares -
914 $\phi \approx 0.25$.

915 (a)

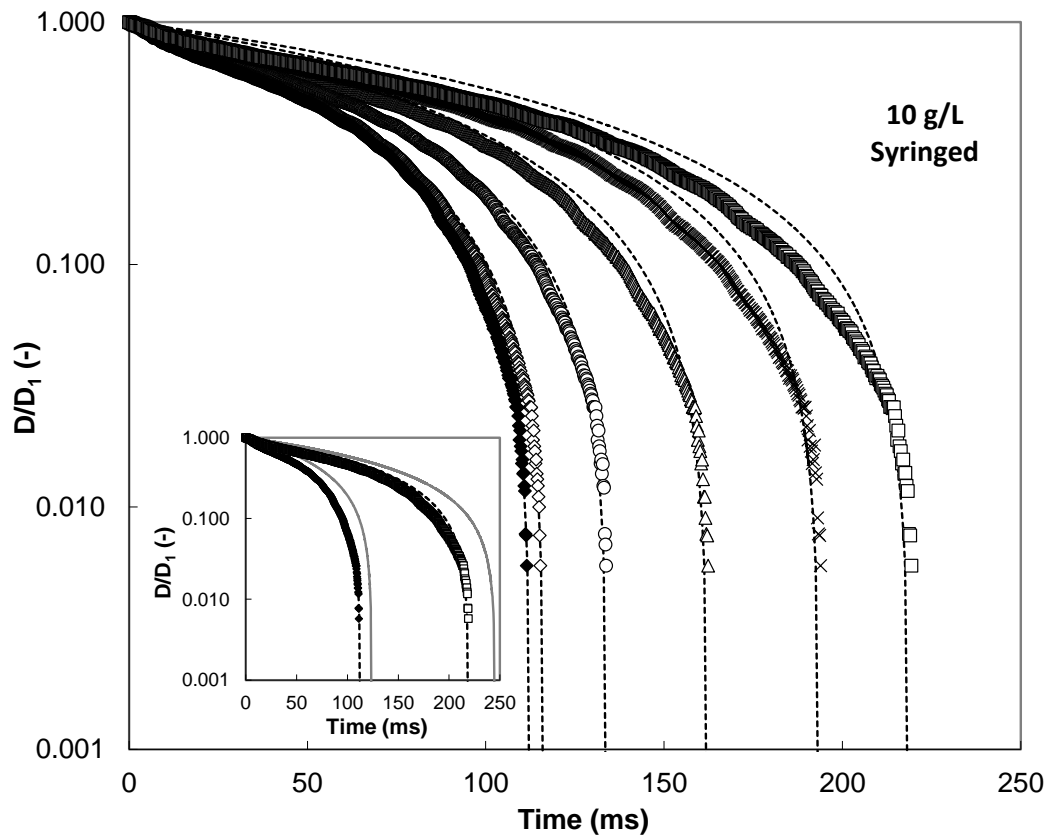


916
917 (b)



918

919 (c)



920

921

922 **Figure 9** Comparison of measured non-dimensional filament diameter with Giesekus model,

923 Equation [11] for selected aqueous guar gum solutions prepared at (a) 5 g/L, (b) 10 g/L and

924 (c) 10 g/L after syringing. Symbols: solid diamonds - $\phi \approx 0.00$, diamonds - $\phi \approx 0.05$,

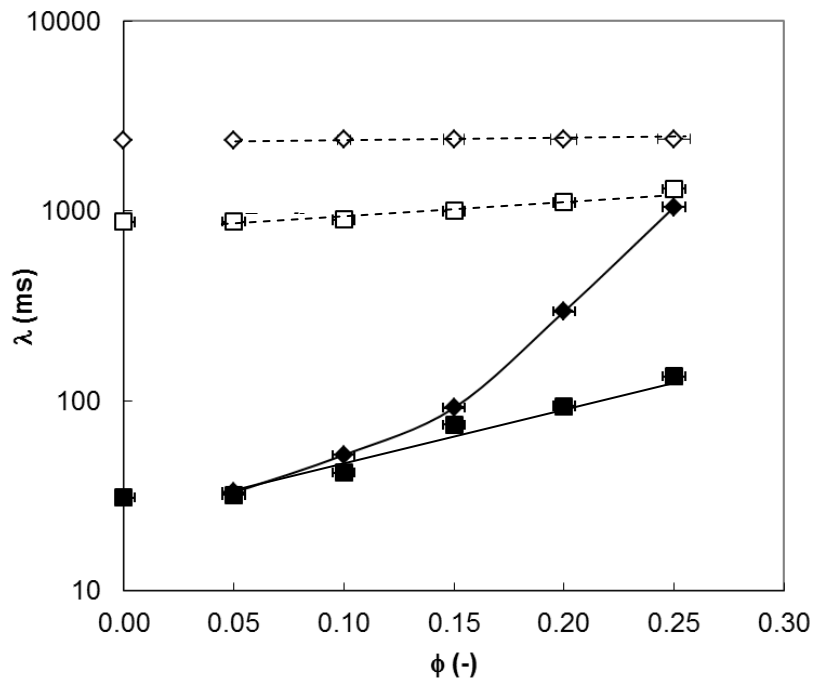
925 circles - $\phi \approx 0.10$, triangles - $\phi \approx 0.15$, crosses - $\phi \approx 0.20$, squares - $\phi \approx 0.25$. Solid loci

926 in (a) show Equation [11] where parameters a and λ are those obtained from fitting both

927 linear shear and extensional data, Table 2. Dashed loci show Equation [11] with parameters

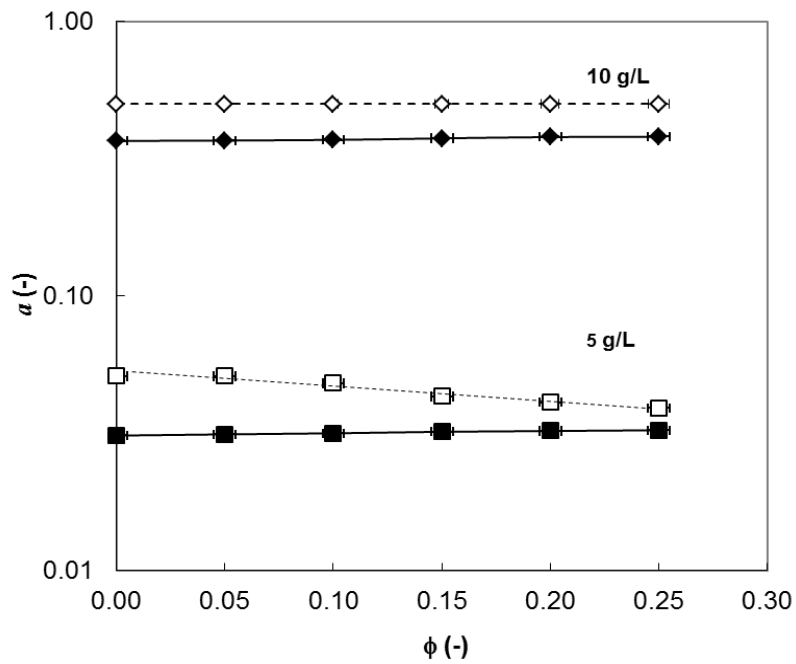
928 obtained by fitting to extensional data alone (Table 2 and Table 3).

929 (a)



930

931 (b)



932

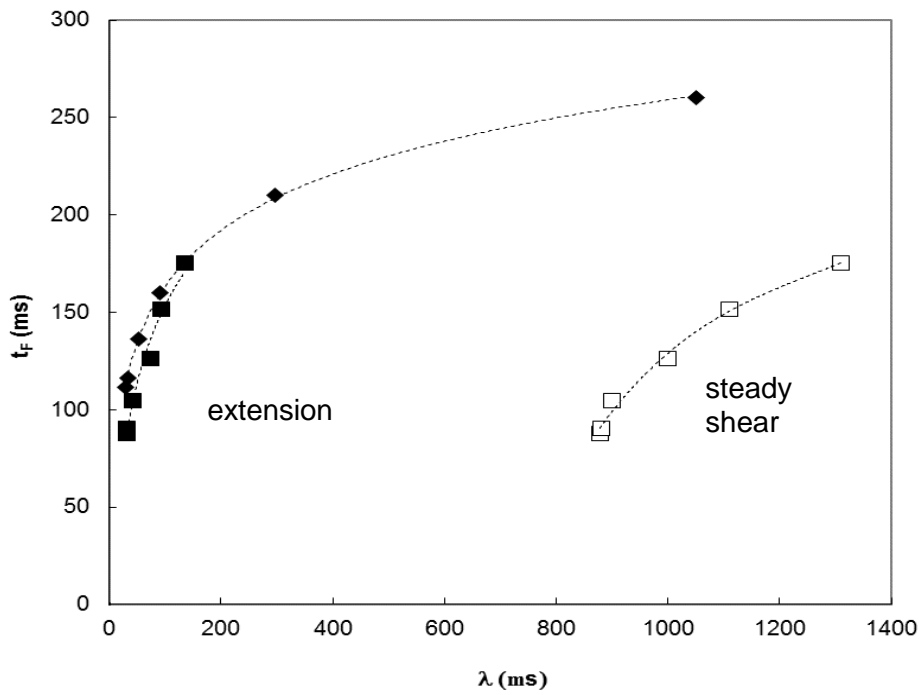
933 **Figure 10** Effect of air volume fraction on Giesekus model parameters: (a) relaxation time, λ , and

934 (b) mobility parameter, a . Symbols: squares – 5 g/L, diamonds – 10 g/L. Open symbols,

935 dashed lines – fitted to linear shear alone; solid symbols, solid lines – fitted to extensional

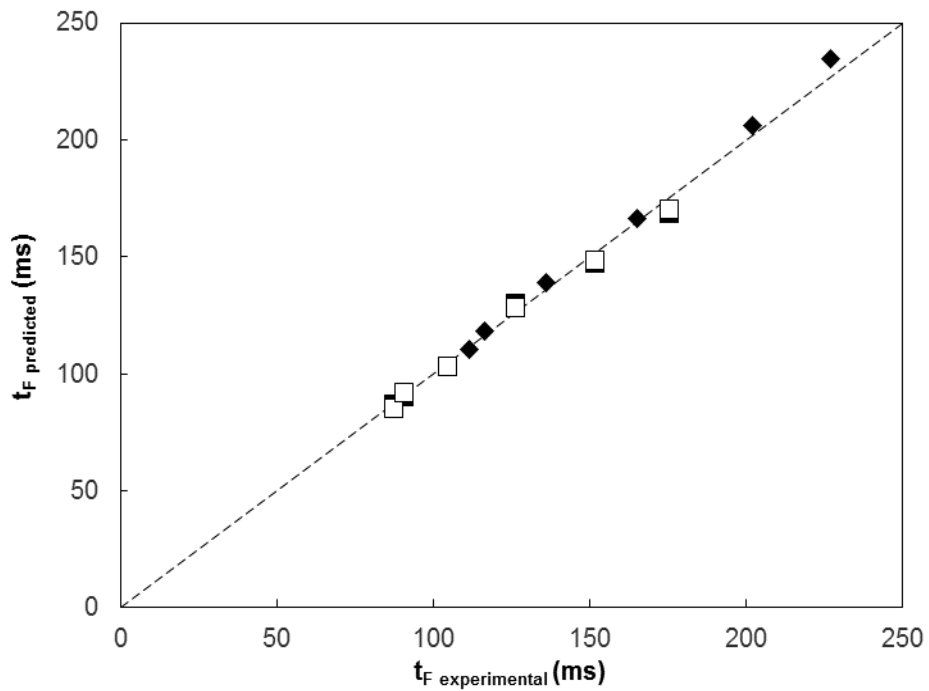
936 data alone.

937 (a)



938

939 (b)



940

941 **Figure 11** Correlation between (a) measured filament break-up time (t_F) and estimated relaxation

942 time for guar gum bubbly liquids at different air volume fractions. (b) Comparison between

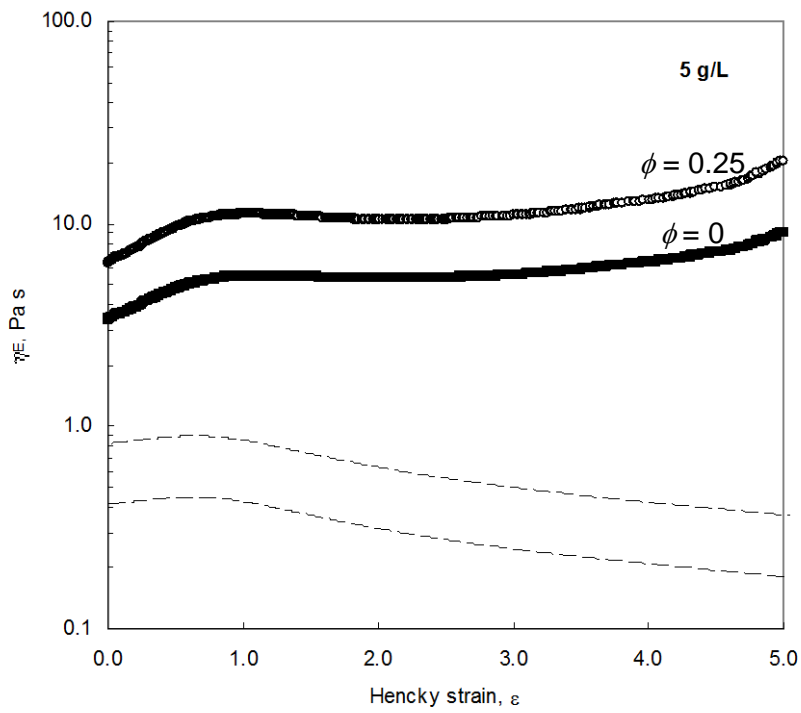
943 experimental and predicted break-up times. Symbols: squares – 5 g/L, diamonds – 10 g/L.

944 Open symbols denote 5 g/L data sets where the Giesekus parameters were obtained from

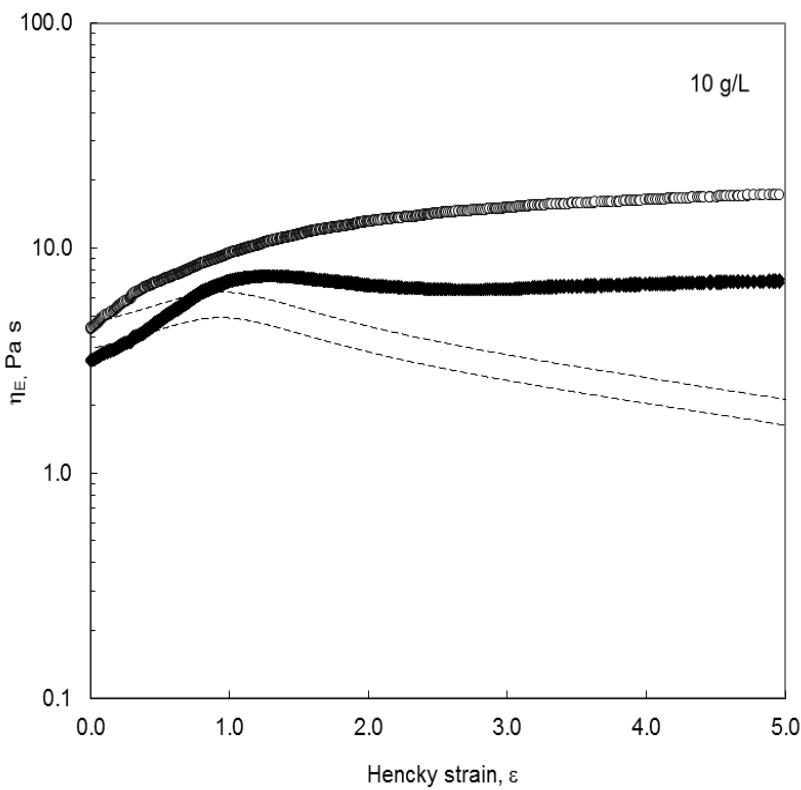
945 steady shear measurements.

946

947 (a)



948 (b)



949

950 **Figure 12** Effect of Hencky strain on apparent extensional viscosity of bubbly liquids generated by
951 10 min aeration ($\phi \approx 0.25$) of guar gum solutions at (a) 5 g/L and (b) 10 g/L. Solid symbols
952 – $\phi \approx 0.00$, open symbols – $\phi \approx 0.25$. Dashed lines show the prediction for extension of a
953 Cross model fluid estimated using Equation [20].

954 **Table Captions**

955 **Table 1** Log-normal[†] bubble size distribution parameters for bubbly liquids prepared with
956 aqueous guar gum solutions.

957

958 **Table 2** Parameters obtained by fitting the steady shear and extensional data for 5 g/L guar
959 gum solutions and bubbly liquids to Equation [5] and Equation [11], and to filament
960 stretching (Figure 9) alone.

961

962 **Table 3** Summary of parameters obtained by fitting data from 10 g/L guar gum to Equation [6]
963 for linear shear (Figure 2) and Equation [11] for extensional shear (Figure 9).

964
965

Table 1 Log-normal[†] bubble size distribution parameters for bubbly liquids prepared with aqueous guar gum solutions.*

Solution	5 g/L				10 g/L			
	Without syringing		With syringing		Without syringing		With syringing	
ϕ (-)	$\ln \mu$	$\ln \sigma$	$\ln \mu$	$\ln \sigma$	$\ln \mu$	$\ln \sigma$	$\ln \mu$	$\ln \sigma$
0.00	-	-	-	-	-	-	-	-
0.05	4.84±0.02 ^a	-0.17±0.03 ^c	3.98±0.04 ^a	-0.39±0.01 ^e	4.84±0.02 ^a	-0.073±0.003 ^c	4.03±0.02 ^a	-0.31±0.01 ^e
0.10	4.79±0.03 ^{a,b}	-0.30±0.02 ^d	3.76±0.03 ^a	-0.43±0.01 ^d	4.79±0.02 ^a	-0.17±0.02 ^d	3.81±0.04 ^a	-0.34±0.01 ^d
0.15	4.75±0.01 ^b	-0.43±0.01 ^c	3.54±0.02 ^b	-0.46±0.01 ^c	4.72±0.01 ^b	-0.30±0.02 ^c	3.59±0.01 ^b	-0.39±0.02 ^c
0.20	4.72±0.01 ^b	-0.58±0.03 ^b	3.52±0.01 ^b	-0.54±0.02 ^b	4.70±0.01 ^b	-0.43±0.01 ^b	3.58±0.01 ^b	-0.46±0.02 ^b
0.25	4.71±0.01 ^b	-0.69±0.02 ^a	3.49±0.01 ^b	-0.63±0.02 ^a	4.64±0.02 ^b	-0.54±0.03 ^a	3.54±0.01 ^b	-0.53±0.02 ^a

966 Data are presented as mean ± standard deviation. Data values in a column with different superscript letters are significantly different at the $p \leq 0.05$ level.

967 [†]Log-normal distribution equation is $f(x; \mu, \sigma) = \frac{1}{x\sigma\sqrt{2\pi}} e^{-\frac{(\ln x - \mu)^2}{2\sigma^2}}$, where x is the studied variable, μ , the mean and σ the standard deviation.

968

969 **Table 2** Parameters obtained by fitting the steady shear and extensional data for 5 g/L guar gum solutions and bubbly liquids to Equation [5] and Equation
 970 [11], and to filament stretching (Figure 9) alone.
 971

ϕ (-)	${}^a D_1$ (μm)	${}^a \alpha$ (N/m)	${}^a \eta_{0, \text{exp}}$ (Pa s)	${}^b \eta_{0, \text{cal}}$ (Pa s)	Linear and extensional shear			Extensional shear alone		
					Equation [5, 11]			Equation [11]		
					${}^b a$ (-)	${}^b \lambda$ (s)	R^2	${}^b a$ (-)	${}^b \lambda$ (s)	R^2
0.00	430	0.0675	0.48	0.48	0.051	0.878	0.993	0.0312	0.029	0.995
0.05	435	0.0675	0.50	0.49	0.051	0.880	0.982	0.0314	0.030	0.992
0.10	452	0.0675	0.52	0.50	0.048	0.900	0.983	0.0317	0.041	0.994
0.15	475	0.0675	0.55	0.54	0.043	1.00	0.980	0.0324	0.073	0.989
0.20	496	0.0675	0.60	0.57	0.041	1.11	0.980	0.0324	0.091	0.986
0.25	514	0.0675	0.65	0.60	0.039	1.31	0.979	0.0326	0.133	0.982

972 ^aMeasured parameters

973 ^bFitted parameters

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Table 3 Summary of parameters obtained by fitting data from 10 g/L guar gum to Equation [6] for linear shear (Figure 2) and Equation [11] for extensional shear (Figure 9).

Without syringing										
ϕ (-)	$^a D_1$ (μm)	$^a \alpha$ (N/m)	$^a \eta_{0, \text{exp}}$ (Pa s)	$^b \eta_{0, \text{cal}}$ (Pa s)	Linear shear			Extensional shear		
					$^b a$ (-)	$^b \lambda$ (s)	R^2	$^b a$ (-)	$^b \lambda$ (s)	R^2
0	477	0.0674	5.90	5.87	0.5	2.365	0.950	0.467	0.023	0.967
0.05	483	0.0674	5.95	5.94	0.5	2.372	0.779	0.468	0.029	0.994
0.10	498	0.0674	6.15	6.11	0.5	2.381	0.764	0.470	0.048	0.992
0.15	512	0.0674	6.75	6.68	0.5	2.393	0.763	0.475	0.087	0.991
0.20	531	0.0674	7.20	7.05	0.5	2.395	0.762	0.478	0.292	0.955
0.25	549	0.0674	7.50	7.34	0.5	2.396	0.760	0.481	1.045	0.943
With syringing										
0	477	0.0674	5.90	5.87	0.5	2.365	0.955	0.467	0.023	0.997
0.05	480	0.0674	5.95	5.92	0.5	2.372	0.754	0.468	0.030	0.994
0.10	491	0.0674	6.10	6.07	0.5	2.381	0.742	0.470	0.049	0.995
0.15	508	0.0674	6.70	6.62	0.5	2.393	0.740	0.475	0.087	0.992
0.20	518	0.0674	7.10	6.99	0.5	2.395	0.741	0.479	0.241	0.991
0.25	542	0.0674	7.40	7.28	0.5	2.396	0.742	0.480	0.490	0.984

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^aMeasured parameters

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^bFitted parameters

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$$\phi = 0.25$$

$$\phi = 0$$

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Table A.1 Parameter values obtained for Cross-Williamson model, Equation [A.1], for whisked aqueous guar gum solutions prepared at several air volume fractions. [†]

	ϕ (-)	η_0 (Pa s)	k (s ¹⁻ⁿ)	n (-)	R^2	s (Pa s)
5 g/L	0.00	0.48±0.01 ^{d,e}	0.19±0.01 ^c	0.30±0.00 ^a	0.998	0.027
	0.05	0.50±0.0 ^d	0.21±0.01 ^{b,c}	0.30±0.01 ^a	0.999	0.026
	0.10	0.52±0.01 ^d	0.23±0.01 ^b	0.30±0.01 ^a	0.999	0.023
	0.15	0.55±0.01 ^c	0.24±0.01 ^{a,b}	0.29±0.01 ^{a,b}	0.998	0.028
	0.20	0.60±0.01 ^b	0.25±0.01 ^a	0.28±0.00 ^b	0.999	0.024
	0.25	0.65±0.02 ^a	0.26±0.01 ^a	0.28±0.00 ^b	0.997	0.031
10 g/L	0.00	5.90±0.01 ^{d,e}	0.61±0.01 ^c	0.32±0.00 ^a	0.997	0.028
	0.05	5.95±0.02 ^{d,e}	0.62±0.01 ^{b,c}	0.32±0.01 ^a	0.999	0.026
	0.10	6.15±0.01 ^d	0.63±0.01 ^b	0.32±0.01 ^a	0.998	0.027
	0.15	6.75±0.01 ^c	0.64±0.01 ^{a,b}	0.31±0.01 ^{a,b}	0.998	0.027
	0.20	7.20±0.01 ^b	0.65±0.01 ^a	0.30±0.00 ^b	0.999	0.025
	0.25	7.50±0.02 ^a	0.67±0.01 ^a	0.30±0.00 ^b	0.997	0.031

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[†]Data are presented as mean ± standard deviation. Data values in a column with different superscript letters are significantly different at the $p \leq 0.05$ level.