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Large variability of proanthocyanidin content and composition in sainfoin (*Onobrychis viciifolia*)

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1 **Abstract**

2 Proanthocyanidins (PAs) in sainfoin (*Onobrychis viciifolia* Scop.) are of interest to ameliorate
3 the sustainability of livestock production. However, sainfoin forage yield and PA
4 concentrations, as well as their composition, require optimization. Individual plants of 27
5 sainfoin accessions from four continents were analyzed with LC-ESI-QqQ-MS/MS for PA
6 concentrations and simple phenolic compounds. Large variability existed in PA concentrations
7 (23.0-47.5 mg g⁻¹ leaf dry matter (DM)), share of prodelphinidins (79-96%), and mean degree
8 of polymerization (11-14) among, but also within, accessions. PAs were mainly located in
9 leaves (26.8 mg g⁻¹ DM), while stems had less PAs (7.8 mg g⁻¹ DM). Overall, high yielding
10 plants had lower PA leaf concentrations ($R^2 = 0.16$, $P < 0.001$) and fewer leaves ($R^2 = 0.66$,
11 $P < 0.001$). However, the results show that these two trade-offs between yield and bioactive PAs
12 can be overcome.

13 **Keywords**

14 Condensed tannins, LC-ESI-QqQ-MS/MS, Yield, Breeding, Polyphenols

15 Introduction

16 Sainfoin (*Onobrychis viciifolia* Scop.) is a traditional forage legume that was an important
17 forage source as early as the mid-16th century.¹ While it was a very important forage crop for a
18 long time, it lost importance in the second half of the 20th century, due to other forages
19 exhibiting higher yields and better tolerance towards frequent cutting.² Nowadays, as livestock
20 farming has attracted public debate, due to, among other reasons: (i) contributions to climate
21 change, both directly (greenhouse gas emissions) and indirectly (deforestation), and (ii) sources
22 of nutrient pollution for water bodies, resulting both from feed and livestock production,
23 sainfoin has benefited from a renewed interest (www.legumeplus.eu).³ Because of various
24 beneficial properties, mostly linked to the presence of proanthocyanidins (PAs) (syn. condensed
25 tannins) and the ability to fix nitrogen directly from the air (reviewed by Lüscher *et al*, 2014
26 and Wang *et al*, 2015),^{4,5} sainfoin is potentially considered a partial solution. The beneficial
27 properties include an ability to grow on marginal soils without mineral nitrogen fertilizer, thus
28 reducing environmental pollution and competition with food production; lower nitrous oxide
29 emissions due to a shift of the nitrogen excretion pathway from urine to a more stable form in
30 feces; and there are also some indications that PAs may have the potential to reduce methane
31 emissions. Additional benefits include lower burdens of parasitic gastrointestinal nematodes
32 and bloat prevention, thereby increasing animal health and welfare.^{6,7} Furthermore, sainfoin has
33 a good forage quality with higher crude protein and total sugar contents than birdsfoot trefoil
34 (*Lotus corniculatus*) and chicory (*Cichorium intybus*).⁸

35 Individual PA compounds in a plant can be constructed of either procyanidin (PC) or
36 prodelphinidin (PD) sub-units, but it is quite common to find oligomeric (2-10 sub-units) and
37 polymeric PAs (>10 sub-units) that contain both PC and PD units. In addition, individual plants
38 synthesize a mixture of tens to hundreds of different oligomers and polymers. Among these
39 types of PC/PD mixtures of oligo- and polymers, PD-rich PAs have generally shown higher

40 anti-parasitic activity than PC-rich PAs,^{9,10} and PAs rich in polymers have been shown to
41 improve anti-parasitic effects and the potential for reducing methane emission.¹¹ This may be
42 related to the fact that PAs with higher molecular weights (i.e. polymer size) are better able to
43 interact with macromolecules,^{12,13} although this may not be the sole factor. However, higher
44 PC share on the other hand, seems to enhance protein-protection, which is important for
45 ruminant nutrition and also for sustainable livestock production. The exact reasons for this
46 remain unclear, but PDs are expected to have a higher protein binding affinity than PCs based
47 on their ability to form more hydrogen bonds. This would make tannin-protein complexes
48 consisting of PD-rich tannins more difficult to dissociate in the digestive tract and thus lead to
49 higher fecal nitrogen losses in ruminants.⁷ Therefore, farmers will need sainfoin varieties with
50 both a PA composition that is optimized for animal health and for nutrition, and with sufficient
51 concentrations of these optimized PAs.^{9,10} Interestingly, anthelmintic properties may also be
52 enhanced by monomeric flavonoids,^{14,15} which are very common in many plants. As recent
53 findings have determined that the average composition of PAs is, at least in part, heritable,^{16,17}
54 the major remaining obstacle is the variability in PA concentration, which is required for
55 optimization. However, until recently, screening of large numbers of individual plants
56 simultaneously for PA concentrations and their composition was not feasible, which prohibited
57 detailed characterization of this variability. Hence, with the exception of one accession, the
58 differences in PA concentrations among individual plants have never been established.¹⁸ The
59 previous limitations have since been overcome by a new method for UPLC-MS/MS analysis of
60 extractable PAs, which allows high-throughput rates for the measurement of PA composition,
61 such as the mean degree of polymerization (mDP) and PC/PD ratios, allowing for large
62 screenings of individual plants for their PA concentration and composition.¹⁹

63 As PA-based bioactivity of sainfoin is of interest for increasing the sustainability of livestock
64 production systems, we evaluated the existing variability of PA properties (PA concentration

65 and composition) and of agronomic properties (yield and leaf share) in sainfoin. Special
66 emphasis was placed (i) on variability in PA properties at different levels, such as among
67 accessions, among individual plants within accessions and among plant organs within
68 individual plants and (ii) on the correlation between the PA properties of a plant and its yield.
69 Our findings will be of substantial value for the optimization of sainfoin as a bioactive forage,
70 by establishing that the required variability in PA concentration and composition is available
71 and that the concomitant improvement of yields and PA properties in sainfoin is possible.

72 **Materials and Methods**

73 **Chemicals and Reagents**

74 Technical grade acetone for extraction was purchased from VWR (Haasrode, Belgium). Formic
75 acid (HCOOH) and LC-MS Chromasolv acetonitrile for the UHPLC-ESI-QqQ-MS were
76 obtained from Sigma-Aldrich (Seelze, Germany) and catechin for the catechin stock solution
77 was acquired from Sigma-Aldrich (St. Louis, MO, USA). Kaempferol-3-*O*-rutinoside,
78 myricitrin, caffeoylquinic acid, arbutin, quercetin-*O*-rutinoside for the calibration curves, as
79 well as kaempferol-7-*O*-glucoside, kaempferol-7-*O*-neohesperoside, kaempferol-3-*O*-
80 glucoside, hyperoside and quercetin glucopyranoside for the stock solutions were obtained from
81 Extrasynthese (Genay, France). Digalloylglucose (98% purity, as determined by UPLC-DAD)
82 for the calibration of galloylated compounds was purified by J.-P. Salminen (University of
83 Turku, Turku, Finland) from a *Betula pubescens* leaf extract by a combination of Sephadex LH-
84 20 gel chromatography and semipreparative HPLC. Water was purified with a Millipore
85 Synergy water purification system from Merck KGaA (Darmstadt, Germany). Sephadex LH-
86 20 was obtained from GE Healthcare (GE Healthcare, Uppsala, Sweden).

87 **Site description**

88 Plant material was harvested from a field experiment in Rümlang (47°44'N 8°53'E,
89 482 m a.s.l), near Zurich, Switzerland. The soil is a calcic cambisol of at least 0.75 m depth and
90 ranges from loam to clay loam. The volume of the soil skeleton was measured at 5-10% and
91 the pH was 7.1. Except where otherwise noted, all data were generated under the following
92 environmental conditions: cumulative precipitation from the sowing of the experiment (June,
93 1st) to the harvest of the samples (September, 24th) was 559 mm (annual cumulative
94 precipitation: 1165 mm) at the Agroscope research station, which is 1 km from the field site
95 (shortest, direct route). The average temperature over the same time frame was 17.7 °C (average
96 annual temperature: 9.8 °C).

97 **Experimental design**

98 In a common garden experiment, seeds of 27 sainfoin accessions (Table S1) were sown in 8
99 replicates in a randomized complete block design. We aimed to cover a large range of
100 variability, and thus the accessions were selected according to their status of cultivation,
101 covering a range from wild accessions to fully registered cultivars, as well as according to their
102 geographic origin, covering 12 different countries from four different continents. Each
103 accession was sown in a row with 0.5 m distance between accessions, and out of germinated
104 seedlings, healthy individuals that were 0.25 m apart from each other (within rows) were
105 selected for further examination, and all others were removed. Each row consisted of 13 plants,
106 from which 9 were experimental plants: the two plants on each end were eliminated to decrease
107 margin effects. The design, thus, added up to a total of 1944 experimental plants (27 accessions
108 x 8 replicates (i.e. blocks) x 9 individuals), with a subset of the 9 individuals per block and
109 accession being used for the various analyses described below.

110 **Sampling**

111 For the chemical analysis, from each of the 27 accessions, at least 12 plants were selected
112 according to size (large, medium and small size, from a subset of 4 blocks), to determine the
113 possible trade-off between plant size and PA concentration, and to cover the whole range of
114 variability within and among the accessions. Altogether, polyphenol extracts from a subset of
115 364 individual plants from all accessions was analyzed by UPLC-ESI-QqQ-MS/MS. Per plant,
116 five whole leaves (leaflets including petiole and rachis) of a comparative developmental stage
117 (intermediate age) were taken from each plant. Additionally, young (freshly unfolded) and old
118 leaves (Figure S1), as well as stems, were harvested simultaneously from a subset of seven
119 accessions to study the variability of PA among plant organs. Sampling was conducted in the
120 morning of a cool, cloudy autumn day, to prevent evapotranspiration and biological
121 degradation. Immediately after sampling, samples were cooled on dry ice and within an hour
122 stored in a -70 °C freezer. Prior to grinding and extraction, samples were taken out of the
123 freezer, immediately dipped in liquid nitrogen and loaded into a precooled Freeze Drying Plant
124 Sublimator 3x4x5 (ZIRBUS technology GmbH, Bad Grund, Germany) for lyophilization.

125 For agronomical measurements, all 1944 experimental plants, including the subset used for
126 chemical analysis, were oven dried at 40 °C, with high air throughput rates, to constant weight.
127 In addition to dry matter, the leaf ratio (leaf dry mass to plant total dry mass) was determined
128 for 545 plants, which included 102 large and medium plants used for chemical analysis.

129 **Extraction and sample preparation**

130 After freeze drying, chemical samples were ground using a MM 400 ball mill (Retsch
131 Technology GmbH, Haan, Germany) in 25 mL tungsten carbide containers with four tungsten
132 carbide balls (7 mm diameter). Plant material (20 mg) was weighed into 2 mL Eppendorf tubes
133 and stored at -20 °C. For extraction, 1.4 mL of acetone/ H₂O (80:20, v/v) was added into the

134 Eppendorf tubes, which were then shaken for 15 minutes, and the plant/solvent mixture was
135 allowed to macerate in a fridge overnight to enhance the extraction efficiency of especially
136 large PAs.^{20, 21} The tubes were then shaken in a planar shaker for 3 hours before centrifuging
137 at 12,000 g and decanting the solvent. The solvent samples were concentrated for
138 approximately 2 hours in an Eppendorf concentrator plus (Eppendorf AG, Hamburg, Germany)
139 to remove the acetone, while the plant residues were extracted with a new 1.4 mL of acetone/
140 H₂O (80:20, v/v) for an additional 3 hours. The two extracts were then combined and
141 concentrated into the water phase. Subsequently, the extracts were frozen and freeze dried with
142 a Christ Alpha 2-4 (B. Braun Biotech International, Melsungen, Germany) overnight and stored
143 at -20 °C. Prior to injection in the UPLC-MS/MS, samples were dissolved in 1 mL of ultrapure
144 water, shaken for 10 minutes, filtered with 0.2 µm PTFE syringe filters (VWR International,
145 Radnor, PA, USA) and diluted 4-fold with ultrapure water.

146 **Treatment of extracts with Sephadex LH-20**

147 For identification of the main monomeric phenolic compounds, equal plant subsamples of 200
148 mg were taken from 50 randomly selected samples, to obtain a 10 g pooled sample. The pooled
149 sample was then extracted according to the protocol above, but solvent quantities were adjusted
150 according to the increased plant biomass. Of the freeze-dried crude extract, 2 g were dissolved
151 in a small quantity of ultrapure water and loaded onto a Sephadex LH-20 column, which had
152 been equilibrated with 100% water. Solvents were pumped with a flow rate of 5 mL/min with
153 the following gradient: water fraction (100% H₂O, 1000 mL), MeOH:H₂O (50:50, v/v;
154 500 mL), acetone:H₂O (20:80, v/v; 500 mL), acetone:H₂O (40:60, v/v; 500 mL), acetone:H₂O
155 (60:40, v/v; 500 mL) and acetone:H₂O (80:20, v/v; 500 mL). The fractions were collected
156 separately, organic solvents removed with a rotary evaporator, and the remaining aqueous
157 extracts frozen and lyophilized.

158 UPLC-MS/MS analysis

159 The UPLC-MS/MS analysis was conducted according to Engström *et al.*¹⁹ on the Acquity
160 UPLC system (Waters Corp., Milford, MA, USA), interfaced to a Xevo TQ triple-quadrupole
161 mass spectrometer with electrospray ionization (ESI) (Waters Corp., Milford, MA, USA). In
162 brief, the UPLC system was equipped with an autosampler, a binary solvent manager, a 100
163 mm × 2.1 mm i.d., 1.7 μm, an Acquity UPLC BEH Phenyl column (Waters Corp., Wexford,
164 Ireland), and a diode array detector. The flow rate was set to 0.5 mL/min, and the mobile phase
165 consisted of two solvents: acetonitrile (A) and 0.1% aqueous formic acid (B) with the following
166 gradient profile: 0–0.5 min, 0.1% A in B (isocratic); 0.5–5.0 min, 0.1–30% A in B (linear
167 gradient); 5.0–6.0 min, 30–35% A in B (linear gradient); 6.0–9.5 min, column wash and
168 stabilization. Data collection of both UV and MS occurred continuously from 0 to 6 min.
169 Negative ESI mode was used, with ESI conditions as follows: capillary voltage, 2.4 kV;
170 desolvation temperature, 650 °C; source temperature, 150 °C; desolvation and cone gas (N₂),
171 1000 and 100 L/h, respectively; and argon as collision gas.

172 Standards and method performance

173 Before each run, a flavonoid mix stock solution containing 4 μg mL⁻¹ each of kaempferol-7-*O*-
174 glucoside, kaempferol-7-*O*-neohesperoside, kaempferol-3-*O*-glucoside, quercetin-3-*O*-
175 galactoside and quercetin-3-*O*-glucoside, in a mixture of acetonitrile / 0.1% aqueous formic
176 acid (1:4 v/v) was injected twice to assess the performance of the system (stability of the UPLC
177 retention times, and *m/z* values of the MS detector). Furthermore, a catechin stock solution,
178 containing 1 μg mL⁻¹ of catechin in a mixture of acetonitrile / 0.1% aqueous formic acid (1:4
179 v/v) was injected five times every ten samples, to account for possible changes in the
180 quantitative performance of the MS/MS system for polyphenols throughout the 110 minutes
181 that was required for each analysis set of 10 samples. Quantitative results were corrected for

182 possible fluctuations in the system's quantitative performance within each analysis set, as well
183 as among different sets. Replicate analyses (the same sample injected 10 times) were tested for
184 quantitative results, and the relative standard deviation (RSD) was $\pm 2.8\%$ (range $\pm 0.8 - 6.5\%$,
185 Table 1) for all compounds that were analyzed quantitatively.

186 **Calibration curves**

187 In addition to the quantitative measurements of PA concentration and the determination of its
188 composition (PC/PD ratio, mDP, and largest mean degree of polymerization maxmDP), we
189 performed a qualitative analysis of 24 individual phenolic compounds, six of which were also
190 quantified and thus required calibration curves for quantification (Table 1). Identification of
191 compounds is described in the supporting information. Dilution series from stock solutions of
192 $40 \mu\text{g mL}^{-1}$ were prepared for calibration of kaempferol-3-*O*-rutinoside, myricitrin, chlorogenic
193 acid, and rutin and were diluted with H_2O . The dilution range was from $40 \mu\text{g mL}^{-1}$ to 0.3125
194 $\mu\text{g mL}^{-1}$. The arbutin dilution series from a stock solution of $200 \mu\text{g mL}^{-1}$ diluted in H_2O ranged
195 from $200 \mu\text{g mL}^{-1}$ to $20 \mu\text{g mL}^{-1}$, and the dilution series of digalloylglucose was prepared from
196 a stock solution of $10 \mu\text{g mL}^{-1}$ and ranged from $10 \mu\text{g mL}^{-1}$ to $0.375 \mu\text{g mL}^{-1}$ and diluted with
197 H_2O . Calibration curves for PC and PD concentrations were produced as described in
198 Engstroem *et al.* (2014) from purified PA stock solutions ($1.0 \mu\text{g mL}^{-1}$) of a PC-rich sample
199 (*Salix caprea* leaves: 95% pure, as determined by thiolysis) and a PD-rich sample (*Trifolium*
200 *repens* flowers: 98% pure, as determined by thiolysis),¹⁹ respectively, by diluting with
201 acetonitrile/ H_2O (20:80, v/v). The dilution range was from $1.0 \mu\text{g mL}^{-1}$ to $0.01 \mu\text{g mL}^{-1}$.
202 Calibration curves were used to determine the linear range for quantification. The mDP was
203 determined according to Engström *et al.* (2014)¹⁹ by calculating the ratio of terminal and
204 extension units for both PCs and PDs (eqn S1). As larger PAs tend to elute later, the maxmDP
205 was calculated by utilizing the same method as for mDP, but only integrated the terminal units
206 and extension units from a retention time window from 3.70 to 5.50 minutes, which enabled a

207 strong enough signal for the terminal and extension units of the larger PAs. Thus, the maxmDP
208 is not the largest polymer size found in the analyzed sample per se, but it shows reliably the
209 mean degree of polymerization for the largest PA polymers that elute in that given retention
210 time window (Figure S2). The maxmDP could also have been calculated from a later retention
211 time window, but this approach would generate less reliable data from samples with low
212 amounts of such PAs.

213 **Statistical Analysis**

214 The primary response variables analyzed were plant weight, leaf ratio, PA concentration, mDP,
215 and the share of prodelphinidins. Because accessions were selected for high variability both in
216 their geographic origin and their cultivation status (i.e. cultivars, wild accessions), both criteria
217 were initially tested for their impact on the response variables. It turned out that the geographic
218 origin of an accession was of minor importance in explaining variation in the response
219 variables. Therefore, regarding the following analyses, accessions were grouped only for their
220 cultivation status without consideration of the origin. The 27 accessions were assigned to one
221 of three groups of cultivation status. Cultivar/cultivated (hereafter referred to as “cultivars”)
222 were accessions that have been cultured substantially and were, in most cases, even registered
223 as cultivars. Ecotype/landrace (referred to as “landraces”) were “adapted to a specific region or
224 location, such as a farm”, i.e. a very small scale, with landrace adaptation being driven by
225 human intervention and ecotype adaptation driven by natural selection pressures.²²
226 Wild/unknown (referred to as “wild”) were either wild accessions or accessions where the
227 cultivation status was not well established, which hints at a very low level of cultivation.

228 The effects of the cultivation status and the accession on the response variables were analyzed
229 with linear mixed regression.²³ With y being one of the response variables (plant weight, etc.,
230 see above), the model was:

$$231 \quad y_{ijkm} = \alpha * status_j + b * accession_k + g * block_m + e_i \quad \text{eqn 1}$$

232 with y_{ijkm} being the response of the i^{th} plant of cultivation status j and accession k in block m .

233 The fixed parameter α estimates the mean response of the cultivation status j . To consider the

234 variation of accessions within their status, b was modeled as a random parameter with $b \sim N(0,$

235 $\sigma_b^2)$. Likewise, block was modeled as a random parameter with $g \sim N(0, \sigma_g^2)$. The error e_i was

236 assumed to be normally distributed with zero mean and variance σ^2 . The model contrasts were

237 used to infer differences among groups of the cultivation status.

238 Variability within accessions was evaluated by analysis of the population standard deviations

239 of the 27 accessions. To this aim, a modified version of eqn 1 was used:

$$240 \quad y_{ik} = \beta * accession_k + g * block_m + e_{ki} \quad \text{eqn 2}$$

241 Here, the fixed parameter β estimates the mean response of accession k , with the random

242 variable block, as defined above. The variance parameter is $Var(e_{ki}) = \sigma^2 \delta_k^2$, with δ being a ratio

243 that represents k variances, one for each accession. Inference of the average variances of the

244 three groups j of the cultivation status were derived from a model similar to eqn 2, but using

245 only three variance estimates, i.e. with $Var(e_{ji}) = \sigma^2 \delta_j^2$. To achieve normality and

246 homoscedasticity of the error variance, the plant weight was log transformed in eqs 1 & 2; and

247 the PD share was logit transformed, because its values were restricted between zero and one.²³

248 P -values of all correlations were calculated utilizing the Pearson's product moment correlation

249 coefficient, while checking the data for outliers. All analyses were performed using the

250 statistical software R,²⁴ with Figure 2 being generated using the R-package 'multcompView'.²⁵

251 **Results and Discussion**

252 **Variability among accessions**

253 Over all 27 accessions, the concentration of PAs in leaves varied by a factor of 2, with the
254 accession average ranging from 23.0 mg g⁻¹ DM to 47.5 mg g⁻¹ DM (Figure 1). The other PA
255 properties varied less: the accession means of PD share in leaves ranged from 79% to 96% of
256 the PAs and mDP ranged from 11 to 14. The maxmDP ranged from 23 to 32 flavan-3-ol units
257 (results not shown, as maxmDP was strongly related to mDP (R^2 : 0.75, $P < 0.001$)). The largest
258 variability occurred in the forage yield, where the smallest accession had, on average, 0.2 g DM
259 plant⁻¹, whereas the largest accession yielded an average 20.3 g DM plant⁻¹ (Figure 1). The
260 accessions had a highly significant impact on all four parameters described above ($P < 0.001$).

261 The cultivation status of the accessions contributed significantly to the overall variability
262 among accessions described above. With their group mean of 32.7 mg g⁻¹ DM, wild accessions
263 had higher ($P < 0.001$) leaf PA concentrations than cultivars (26.5 mg g⁻¹ DM) and landraces
264 (25.6 mg g⁻¹ DM) (Figure 1). In contrast, group means for yield were clearly higher ($P < 0.001$)
265 for cultivars (9.7 g DM plant⁻¹) and landraces (8.9 g DM plant⁻¹) than for wild accessions (3.0
266 g DM plant⁻¹). These effects of cultivation status may be explained by the fact that until now,
267 breeding efforts have been aimed at improving the agronomic performance of sainfoin, as is
268 stated for the breeding of the cultivars Nova and Melrose, bred in Canada.²⁶ Improving yields
269 is a major aim of breeding for all crops and has also been successful during recent decades for
270 forage crops.²⁷ In addition, visual scoring of yield is fast and easy to conduct with a limited
271 amount of labor. This explains why PAs were not a breeding target in the past. However, a
272 recently developed, novel technique has made it possible now to scan large numbers of plants
273 for PAs and thus to exploit the beneficial impacts PAs have on animal health and the
274 environment.¹⁹

275 While low PA concentrations in cultivars may be insufficient for the bioactivity of sainfoin, we
276 also found that forage yield was of substantial importance for producing high amounts of PAs
277 per plant. This is because the difference between the forage yields in cultivars as compared to
278 those in wild accessions was, on average, 76%, whereas the respective difference in PA
279 concentration was, on average, only 20% (Figure 1). Consequently, when calculating the
280 amount of PAs per plant (eqn S2), as determined by the biomass and PA concentration exhibited
281 in Figure 1, cultivars achieved on average 332 mg plant⁻¹ (median: 298 mg plant⁻¹), which was
282 higher compared to wild accessions ($P < 0.01$) with 263 mg plant⁻¹ (median: 177 mg plant⁻¹).
283 Landraces were not significantly different from either cultivars or wild accessions with 256 mg
284 plant⁻¹ (median: 234 mg plant⁻¹).

285 **Variability within accessions**

286 The variability among individual plants within accessions was huge. For example, the standard
287 deviation of PA concentration in leaves of WKT10 was 10.6 mg g⁻¹ DM (Figure 1), meaning
288 that approximately 1/3 of the plants had PA leaf concentrations of above 58.1 mg g⁻¹ DM (mean
289 PA of WKT10 + 1 standard deviation) or below 36.9 mg g⁻¹ DM (mean - 1 standard deviation).
290 This range in PA within accessions was comparable to the range among the accession means:
291 the greatest mean PA value of all 27 accessions was 47.5 mg PA g⁻¹ DM in WKT10, while the
292 smallest PA value was 23.0 mg g⁻¹ DM in Wiedlisbach. The largest variability within accession
293 was found with respect to plant yields. There, the standard deviation for CPI 63820 identified
294 one third of the plants to be either above 21.6 g DM plant⁻¹ or below 0.6 g DM plant⁻¹, compared
295 to the range in accession means of 20.3 g DM plant⁻¹ to 0.3 g DM plant⁻¹. Figure 1 further shows
296 that the variabilities within the accessions (standard deviation) for mDP and PD share were
297 slightly smaller than that of PA leaf concentration.

298 The cultivation status had a distinct effect on the variability exhibited within accessions: with
299 a group mean standard deviation of 7.5 mg g⁻¹ DM for PA leaf concentration, wild accessions
300 had, on average, a greater ($P < 0.001$) standard deviation than cultivars (5.9 mg g⁻¹ DM) and
301 landraces (5.3 mg g⁻¹ DM). For plant weight, the average standard deviation in wild accessions
302 (2.9 g DM plant⁻¹) was also larger ($P < 0.001$) than in both cultivars (2.0 g DM plant⁻¹) and
303 landraces (1.9 g DM plant⁻¹). This may be explained, at least for registered cultivars, by the fact
304 that uniformity is one of the criteria that cultivars have to fulfill for registration, according to
305 paragraph 6 of Council Directive 2002/53/EC of 13 June 2002 from the European Union.²⁸
306 Still, the observed variability is invaluable for the optimization of sainfoin.

307 **Variability within the plant**

308 The mean leaf concentration of PAs (averaged over all three age classes of leaves) was
309 26.8 mg g⁻¹ DM, and, thus was almost 3.5 times higher ($P < 0.001$) than the stem concentration
310 of PAs, which was only 7.8 mg g⁻¹ DM (Figure 2). This is consistent with the literature, although
311 the extent of the difference was more pronounced in our findings.^{29,30} The composition of the
312 PAs in sainfoin leaves might also be better suited for anthelmintic effects and methane
313 suppression: leaves had longer ($P < 0.001$) polymers (mDP: 13, maxmDP: 28) than stems (mDP:
314 5, maxmDP: 10), and a higher ($P < 0.001$) share of PDs (89%) than stems (60%). Furthermore,
315 quercetin-*O*-rutinoside (rutin) and kaempferol-*O*-rutinoside (nicotiflorin) were also
316 significantly higher ($P < 0.001$) in leaves than in stems. Leaves had, on average, concentrations
317 of 5.9 mg g⁻¹ DM rutin and 0.7 mg g⁻¹ DM nicotiflorin, compared to stems with 1.4 mg g⁻¹ DM
318 and 0.0 mg g⁻¹ DM, respectively (Figure 2). Rutin has been shown to exhibit antioxidant and
319 anti-inflammatory properties.³¹ Additionally, both rutin and nicotiflorin are also expected to
320 enhance the anthelmintic of PAs. A study by Barrau (2005)¹⁴ found that in high concentrations,
321 rutin resulted in 25% and nicotiflorin in 30% reduction of the larval migration of *Haemonchus*
322 *contortus*, as compared to the negative control treatment. The study did not, however, quantify

323 whether this effect was additive with the effect of PAs, or whether an interaction between PAs
324 and the flavonoids occurred. The large differences in PAs found in stems and leaves
325 demonstrate that the leaf share of a plant may be as, or even more, important for PA
326 concentration and PA composition of the whole forage plant than the concentration and
327 composition of PA in the leaves alone.

328 The three leaf age classes differed significantly in their PA properties, although the differences
329 were clearly smaller than those observed between leaves and stems (Figure 2).
330 Proanthocyanidins changed from an average concentration of 38.8 mg g⁻¹ DM in young leaves,
331 to 20.9 mg g⁻¹ DM in old leaves ($P < 0.001$) (Figure 2). The mDP increased ($P < 0.001$) from 12
332 to 14, between young and old leaves, while the PD share changed ($P < 0.05$) from young (90%)
333 to old (88%) leaves. Rutin decreased ($P < 0.01$) from 6.9 mg g⁻¹ DM to 5.3 mg g⁻¹ DM, and
334 nicotiflorin increased ($P < 0.001$) from 0.75 mg g⁻¹ DM to 0.99 mg g⁻¹ DM with aging of leaves.
335 It has to be considered, however, that such concentration changes do not imply anything about
336 the rates of PA synthesis. A graphical vector analysis (GVA), as proposed by Koricheva
337 (1999),³² revealed that at first (young to intermediate aged leaves) the PAs showed
338 predominantly a dilution effect, which indicates that the leaf biomass growth rates were higher
339 than the PA synthesis rates. This reduced the concentration despite the fact that the amount of
340 PA produced per leaf continued to increase. From intermediate-aged to old leaves, there was a
341 shift towards a reduced synthesis rate of PAs (Figure 3), in which case even the PA amount
342 decreased between intermediate and old leaves, although biomass of the leaves increased in the
343 same time period. This indicates that either PAs were metabolized, or became insoluble and
344 were, thus, not measured by our method, which only detects soluble PAs. This could, for
345 example, happen when tannins are embedded into cell walls, as previously recorded for
346 ellagitannins (syn. hydrolysable tannins).³³ However, we did a follow up analysis on the
347 extraction residues of 30 leaf samples (young, intermediate, and old leaves of 10 plants), which

348 were tested for insoluble PAs with the modified HCl-butanol analysis.³⁴ These analyses did not
349 find an increase in insoluble PAs with the aging of leaves (results not shown). Nevertheless, the
350 observed reduction in PA amounts agrees with another study by Lees,³⁵ in which PAs were
351 located with light and electron microscopy in leaves of different developmental stages. These
352 authors found that although PAs were very abundant in young leaves, they seemed to disappear
353 with the aging of the leaf until the cells were almost entirely devoid of PAs.

354 **Trade-offs: the growth rate hypothesis**

355 To optimize sainfoin as a bioactive forage, it does not only need amelioration of PA properties
356 (concentration and composition) but also an improved biomass yield. Yield increase is crucial
357 in two respects: to produce higher amounts of PAs (at a given concentration of PA in that
358 biomass) and to make sainfoin more competitive compared to high yielding non-PA forage
359 species. However, there are potential trade-offs that may restrict the concomitant increase of
360 sainfoin yield and PA properties. One potential trade-off between yield and PA properties is
361 based on the growth rate hypothesis (GRH) (also known as: resource availability
362 hypothesis).^{36,37} The GRH is based on the fact that plants only have limited resources, and each
363 resource can only be invested in either growth or defense mechanisms, such as plant secondary
364 metabolites (e.g. PAs). Over all plants, such a trade-off was significant (Figure 4A, $R^2 = 0.16$,
365 $P < 0.001$). However, plant yield only explained 16% of the observed variability in PA leaf
366 concentration and this effect was negligible above 5 g DM plant⁻¹ ($R^2 = 0.01$, NS), as seen from
367 the regression line. In addition, within each yield group (e.g. plants of 10-20 g DM), the range
368 in PA concentrations was huge, and a threefold difference in PA concentrations is possible. In
369 conclusion, in the yield range that is of interest for plant breeding (large plants), this trade-off
370 is negligible and a large variability in PA leaf concentration is available that will allow
371 improvement of PA leaf concentrations and yields.

372 Besides a concomitant increase in PA leaf concentration and yield as discussed above,
373 ameliorating PA composition (at a given concentration of PA) and yield in parallel is a second
374 strategy. The composition of PAs are considered to be at least as important as PA concentration
375 for the bioactivity of PA-containing feeds and their beneficial or antinutritional activity to
376 animal health.^{7,11} Our results on PA composition demonstrate neither a negative relationship
377 (trade-off) between plant yield and mDP (R^2 : 0.01, NS) nor PD share (R^2 : 0.02, NS) (see
378 supporting information). Accordingly, enhancing the PAs by improving their composition
379 seems possible and should not be hampered by a parallel increase of the forage yield.

380 **Trade-offs: Reduced leaf share with increased plant size**

381 Another potential trade-off between yield and PA properties is based on the leaf share of the
382 plant. Given the on average 3.5 times higher PA concentration in leaves as compared to stems
383 (Figure 2) the leaf share of the plant becomes an important factor in determining PA
384 concentration of the entire forage^{38,39} and studies generally found reduced leaf share in bigger
385 plants.⁴⁰ In fact, Figure 4B shows such a negative correlation (trade-off) between yield and leaf
386 share ($R^2 = 0.66$, $P < 0.001$). However, when observing only plants larger than 20 g DM, leaf
387 share appears quite stable at about 43%, as can be seen in the regression line (Figure 4B) and
388 no significant effect on leaf share occurred anymore with higher plant weight. In addition, the
389 variability in leaf share was quite large and exhibited a 2-fold variation for three out of four
390 plant size classes (vertical lines, Figure 4B) above 20 g DM. This indicates that yields could be
391 extensively increased without compromising the leaf share, and that there seems to be enough
392 variability to increase the leaf share at any given plant size. Finally, the possible increments in
393 yield without further reductions in leaf share for plant weights above 20 g DM are also of
394 importance, as Borreani *et al.* identified the leaves to be richer in crude protein and lower in
395 Neutral Detergent Fiber (NDF) than the stems (on average 227.7 and 83.3 g kg⁻¹ DM crude
396 protein and 240.0 and 527.7 g kg⁻¹ DM NDF for leaves and stems, respectively).⁴¹ While

397 Azuhnwi *et al.* in a comparison of 15 different sainfoin accessions found significant differences
398 in both crude protein and NDF between these accessions, the range of 156-182 g kg⁻¹ DM for
399 crude protein and 378-417 g kg⁻¹ DM for NDF, was much lower than the differences between
400 leaves and stems.⁴²

401 In conclusion, we found that a large variability exists for breeding a sainfoin ideotype with high
402 yields and large amounts of PAs with every possible combination of PD share and mDP, which
403 will be identified to be ideal to obtain high bioactivity. This is of particular importance, as
404 bioactivity is currently the main driver for the cultivation of sainfoin, yet cultivation becomes
405 only attractive once the forage yield is competitive with other forage legumes. Our results
406 suggest three independent strategies to increase bioactivity in the entire forage, which could
407 have an additive effect, if applied together: (1) to ameliorate the composition of PAs, (2) to
408 increase the overall PA concentration in sainfoin organs, and (3) to increase the share of leaves,
409 which are the organs with the highest PA concentration. These findings further strengthen the
410 opportunities offered by sainfoin to ameliorate the sustainability of livestock production.

411 **Abbreviations used**

412 PAs, Proanthocyanidins; DM, Dry matter; PD, Prodelphinidins; PC, Procyanidins; mDP, Mean
413 Degree of Polymerization; GRH, Growth rate hypothesis; ESI, Electrospray ionization; RSD,
414 Relative standard deviation; maxmDP, largest mDP; GVA, Graphical vector analysis; NDF,
415 Neutral Detergent Fiber

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432 **Supporting information:**

433 Supporting information contains: List of all examined accessions with their status of cultivation,
 434 origin country and ploidy, a visual comparison of different leaf ages, the calculation for the
 435 mean degree of Polymerization (mDP) and the largest mean degree of polymerization
 436 (maxmDP), the formula for the calculation for amount of proanthocyanidins, a description of
 437 the identification of phenolic compounds and the correlation between plant weight and the PD
 438 share and between plant weight and the maxmDP. This material is available free of charge via
 439 the Internet at <http://pubs.acs.org>.

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567 **Figure captions**

568 **Figure 1: A) Proanthocyanidin concentration [PA] in leaves, B) mean degree of**
569 **polymerization (mDP), C) share of prodelphinidins (PD), and D) the plant weight of**
570 **sainfoin accessions, arranged in order of their status of cultivation and - within status -**
571 **increasing plant weight.**

572 Displayed are predicted means and population standard deviations of each accession based on
573 regression analysis (eqs 1 & 2). Different letters among group values indicate significant
574 differences at $P \leq 0.05$: upper case for group means (eqn 1), lower case for standard deviations
575 (eqn 2). Note the log-scale in panels C) and D). Accession NA/RCAT028437 is abbreviated as
576 RCAT and Cholderton-Hampshire Common as Hampshire.

577 **Figure 2: A) Proanthocyanidin concentration [PA], B) mean degree of polymerization**
578 **(mDP), C) maximum degree of polymerization (maxmDP), D) share of prodelphinidins**
579 **(PD), E) quercetin-*O*-rutinoside concentration, and F) nicotiflorin concentration in leaves**
580 **of different ages and stems.**

581 Boxes display medians (bold line), the first and third quartile (lower and upper line of box), and
582 whiskers extending to the most extreme data point, which is less than 1.5 times of the
583 interquartile range. Different letters among medians indicate significant differences at $P \leq 0.05$.

584 **Figure 3: Graphical vector analysis for leaves of sainfoin (*Onobrychis viciifolia*),**
585 **comparing the concentration and amount of proanthocyanidins (PA).**

586 Arrows follow aging of leaves from young to intermediate aged leaves, and from there to old
587 leaves. Grey dotted lines are isolines for leaf biomass; arrows crossing the lines indicate
588 changes in biomass. Synthesis rate changes are defined by angle relative to biomass isolines
589 and can be identified with the help of the black arrows on the top right. Error bars indicate
590 standard error.

591 **Figure 4: A) Proanthocyanidin concentration [PA] in leaves, and B) leaf share of**
592 **individual plants both compared to plant yield.**

593 Data are for the first harvests of the years 2013 and 2014. The equation for the exponential
594 trendline and its regression analysis are denoted at the bottom right.

595

Tables

Table 1: Chromatographic, UV, and mass spectral characteristics of individual phenolic compounds identified in the sainfoin extract ¹.

Comp.	R _T	[M-H] ⁻	MS ²	Fragments of daughter ion	λ _{max}	Tentative ID	MRM	RSD
1	1.18	271	108		222, 282	Arbutin ^{a,b}		6.5
2	2.01	331	169		222, 272	1- <i>O</i> -Monogalloylglucose ^a	331>169	2.9
3	2.44	353	<u>191</u> , 179, 135	108	219, 323	Caffeoylquinic acid ^b	353>191	3.5
4	2.87	353	<u>191</u>	171, 155, 137, 115, 108	244, 324	Chlorogenic acid ^{a,b}	353>191	2.5
5	2.92	325	<u>163</u> , 119	119	ND	Coumaric acid glucoside ^{b,e}		
6	2.92	625	<u>463</u> , 301, 299	301	255, 352	Quercetindihexoside	625>300	
7	3.32	337	<u>191</u> , 173, 163, 119	173, 127, 111	230, 310	Coumaroylquinic acid ^{b,e}	337>191	
8	3.65	337	<u>191</u> , 173, 163, 127, 119	173, 137, 127, 111	234, 304	Coumaroylquinic acid ^{b,e}	337>191	
9	3.68	325	163, <u>119</u>	117, 101	219, 279	Coumaric acid glucoside ^{b,e}		4.2
10	2.93	771	<u>609</u> , 462, 301	300, 272, 194	255, 352	Quercetin-3- <i>O</i> -rutinoside-7- <i>O</i> -β-D-glucoside ^e		3.9
11	3.56	755	301		255, 352	Quercetin-3- <i>O</i> -rhamnosylrutinoside ^{b,d,e}		1.4
12	3.79	739	285, 284		265, 347	Kaempferol-3- <i>O</i> -rhamnosylrutinoside ^{b,e}		1.4
13	3.89	609	301, 300, 271, 255		255, 352	Quercetin-3- <i>O</i> -rutinoside ^{a,b,e}	609>300	2.2
14	4.20	593	285		265, 346	Kaempferol-3- <i>O</i> -rutinoside ^{a,b,e}	593>285	0.8
15	4.24	505	301		254, 351	Quercetinacetylhexoside		
16	4.28	623	315, 300		254, 352	Isorhamnetin-3- <i>O</i> -rutinoside ^b		
17	4.62	489	285, 284, 255, 227		265, 335	Kaempferolacetylhexoside		
18	3.55	625	316, 271		258, 355	Myricetin-3- <i>O</i> -rutinoside ^{b,e}		2.0
19	4.41	947	623, <u>609</u> , 301, 179	300	252, 334	Quercetinferuloyltriglycoside		

20	3.94	463	317, 316, 287, 271, 179, 151		228, 349	Myricetin-3- <i>O</i> -rhamnoside ^{a,b}	463>316
21	4.02	463	301, 300, 271, 255, 179, 151		255, 353	Quercetin-3- <i>O</i> -glucoside ^{a,b}	463>300
22	4.33	447	285, 255, 227		265, 348	Kaempferol-3- <i>O</i> -glucoside ^{a,b}	447>284
23	5.10	961	<u>755</u> , 301, 300, 179	300	243, 335	Quercetin 3- <i>O</i> -(4''''- <i>O</i> - <i>E</i> -sinapoyl)- α - rhamnopyranosyl-(1'''' \rightarrow 2'') [α -rhamnopyranosyl- (1'''' \rightarrow 6'')]- β -glucopyranoside ^c	
24	5.12	931	<u>755</u> , 301, 300	300	243, 334	Quercetin 3- <i>O</i> -(4''''- <i>O</i> - <i>E</i> -feruloyl)- α - rhamnopyranosyl-(1'''' \rightarrow 2'') [α -rhamnopyranosyl- (1'''' \rightarrow 6'')]- β -glucopyranoside ^c	

¹ RSD is the relative standard deviation of a replicate quantitative analysis of all the main compounds included in the quantifications. Oligomeric and polymeric proanthocyanidins are not shown in the table since they do not elute as sharp chromatographic peaks. They were identified and quantified by MS/MS according to Engström *et al.* (2014)

^a identification compared to a reference standard

^b as previously identified by Regos *et al.* (2009) ¹⁸

^c as previously identified by Veitch *et al.* (2011) ⁴³

^d as previously identified by Marais *et al.* (2000) ⁴⁴

^e as previously identified by Lu *et al.* (2000) ⁴⁵

Figures

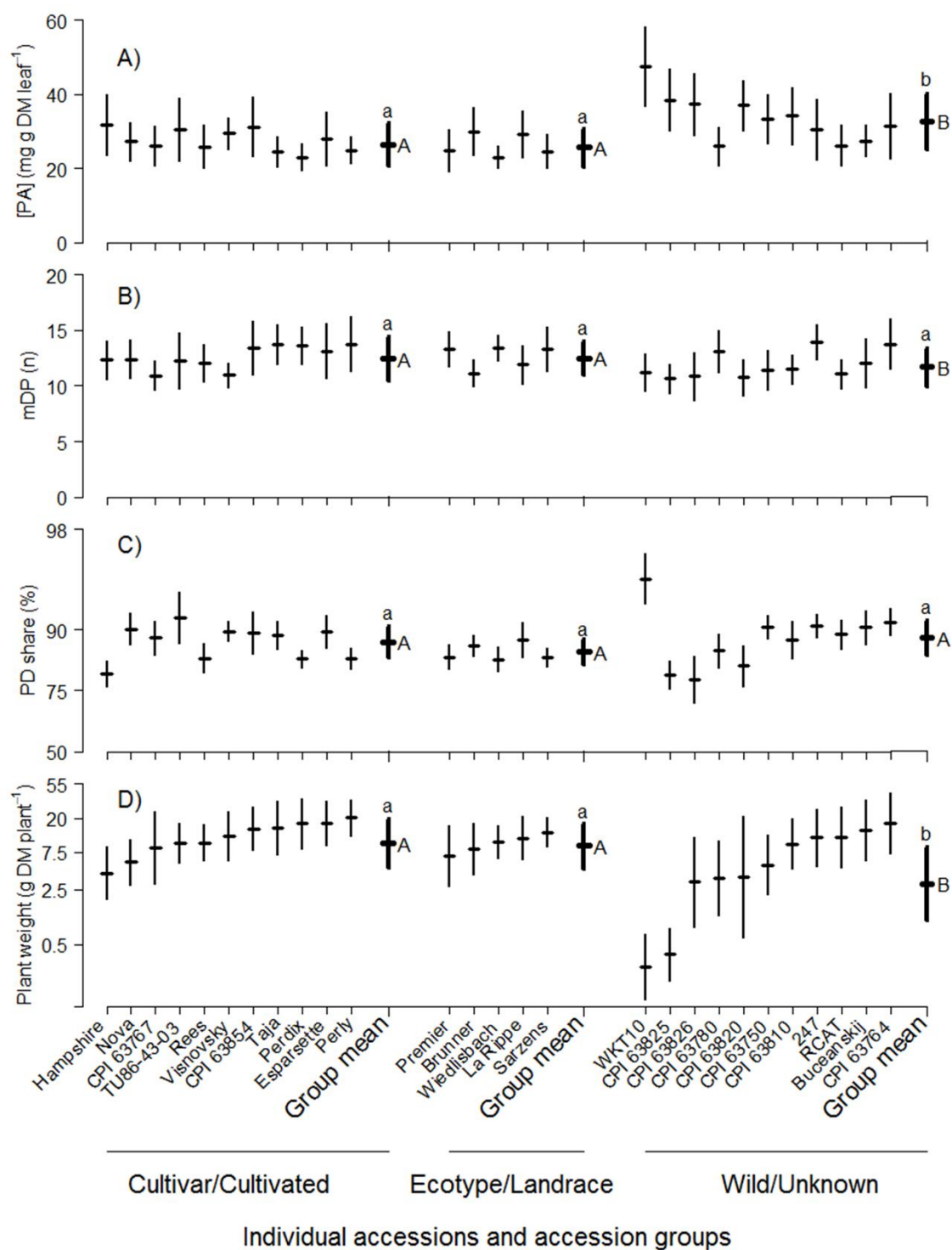


Figure 1

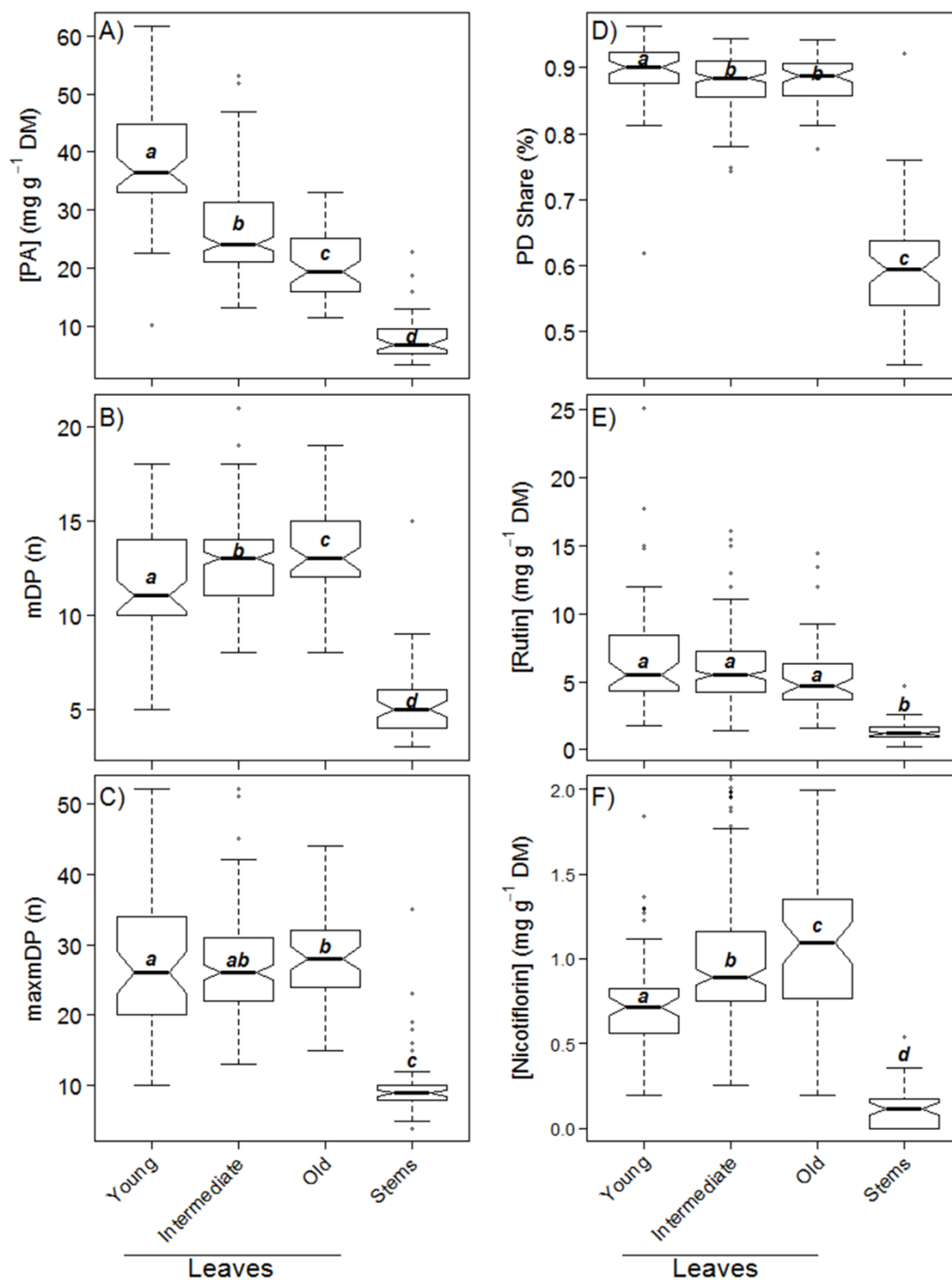
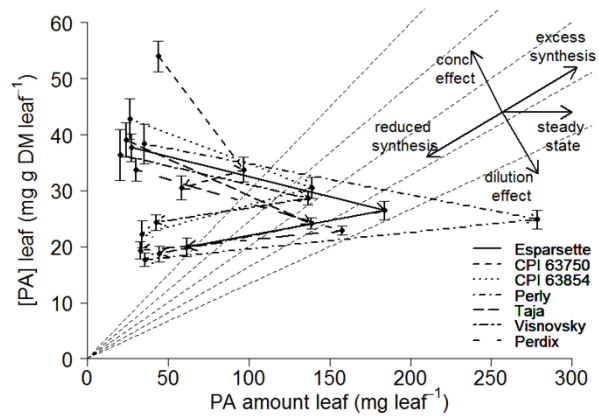
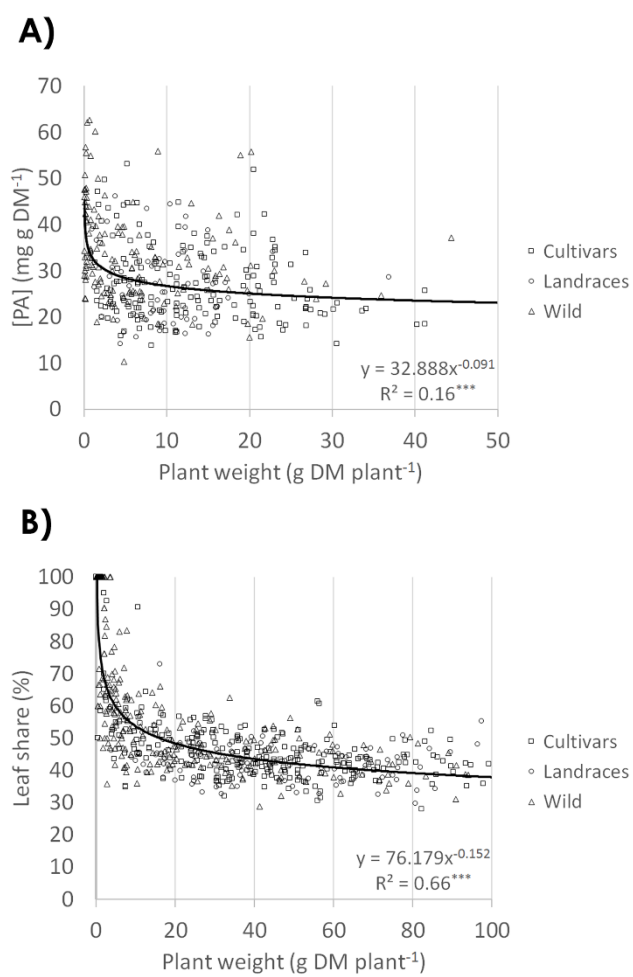


Figure 2

**Figure 3**

**Figure 4**

Graphic for table of contents

