

Effects of forage type and extruded linseed supplementation on methane production and milk fatty acid composition of lactating dairy cows

Article

Accepted Version

Livingstone, K. M., Humphries, D. J., Kirton, P., Kliem, K. E., Givens, D. I. and Reynolds, C. K. (2015) Effects of forage type and extruded linseed supplementation on methane production and milk fatty acid composition of lactating dairy cows. Journal of Dairy Science, 98 (6). pp. 4000-4011. ISSN 0022-0302 doi: https://doi.org/10.3168/jds.2014-8987 Available at http://centaur.reading.ac.uk/40227/

It is advisable to refer to the publisher's version if you intend to cite from the work.

To link to this article DOI: http://dx.doi.org/10.3168/jds.2014-8987

Publisher: Elsevier

All outputs in CentAUR are protected by Intellectual Property Rights law, including copyright law. Copyright and IPR is retained by the creators or other copyright holders. Terms and conditions for use of this material are defined in the <u>End User Agreement</u>.



www.reading.ac.uk/centaur

CentAUR

Central Archive at the University of Reading

Reading's research outputs online

2

3 Effect of forage type and extruded linseed supplementation on methane 4 production and milk fatty acid composition of lactating dairy cows

5 Livingstone

In contrast to previous studies, replacing grass silage with maize silage in dairy cow diets did not affect methane production per unit of feed consumed, in part due to low NDF concentration of the grass silage fed. Similarly, feeding extruded linseed had no effect on methane production, but the amount of oil fed was relatively low. Feeding extruded linseed and feeding more maize silage both decreased saturated fatty acid concentration of milk fat, and therefore represent a potential strategy for removing saturated fatty acids from the food chain.

- 13
- 14

15

.

16

17	DIET EFFECTS ON MILK FATTY ACIDS AND METHANE2033
18	
19	
20	Effects of forage type and extruded linseed supplementation on methane
21	production and milk fatty acid composition of lactating dairy cows
22	
23	K. M. Livingstone ¹ , D. J. Humphries, P. Kirton, K. E. Kliem, D. I. Givens,
24	and C. K. Reynolds ² ,
25	Food Production and Quality Division, Centre for Dairy Research, School of
26	Agriculture, Policy and Development, University of Reading, PO Box 237, Earley
27	Gate, Reading, RG6 6AR, UK.
28	
29	
30	¹ Present address: Human Nutrition Research Centre, Institute of Cellular Medicine,
31	Newcastle University, Newcastle upon Tyne, NE4 5PL, UK.
32	² Corresponding author: c.k.reynolds@reading.ac.uk
33	
34	
35	
36	
37	
38	
39	
40	
41	

ABSTRACT

Replacing dietary grass silage (GS) with maize silage (MS) and dietary fat 43 supplements may reduce milk concentration of specific saturated fatty acids (SFA) 44 and can reduce methane production by dairy cows. The present study investigated the 45 effect of feeding an extruded linseed supplement on milk fatty acid (FA) composition 46 and methane production of lactating dairy cows, and whether basal forage type, in 47 diets formulated for similar NDF and starch, altered the response to the extruded 48 linseed supplement. Four mid-lactation Holstein-Friesian cows were fed diets as total 49 50 mixed rations, containing either high proportions of MS or GS, both with or without extruded linseed supplement, in a 4 x 4 Latin square design experiment with 28-day 51 periods. Diets contained 500 g forage/kg DM containing MS and GS in proportions 52 53 (DM basis) of either 75:25 or 25:75 for high MS or high GS diets, respectively. Extruded linseed supplement (275 g/kg ether extract, dry matter [DM] basis) was 54 included in treatment diets at 50 g/kg DM. Milk yields, DM intake (DMI), milk 55 composition, and methane production were measured at the end of each experimental 56 period when cows were housed in respiration chambers. Whilst DMI was higher for 57 the MS-based diet, forage type and extruded linseed had no significant effect on milk 58 yield, milk fat, protein, or lactose concentration, methane production, or methane per 59 kg DMI or milk yield. Total milk fat SFA concentrations were lower with MS 60 61 compared with GS-based diets (65.4 vs. 68.4 g/100g FA, respectively) and with extruded linseed compared with no extruded linseed (65.2 vs. 68.6 g/100g FA, 62 respectively) and these effects were additive. Concentrations of total trans FA were 63 higher with MS compared with GS-based diets (7.0 vs. 5.4 g/100g FA, respectively) 64 and when extruded linseed was fed (6.8 vs. 5.6 g/100g FA, respectively). Total n-3 65 FA were higher when extruded linseed was fed compared with no extruded linseed 66

(1.2 vs. 0.8 g/100g FA, respectively), while total n-6 polyunsaturated FA were higher 67 when feeding MS compared with GS (2.5 vs. 2.1 g/100g FA, respectively). Feeding 68 extruded linseed and MS both provided potentially beneficial decreases in SFA 69 70 concentration of milk, and there were no significant interactions between extruded linseed supplementation and forage type. However, both MS and extruded linseed 71 increased trans FA concentration in milk fat. Neither MS nor extruded linseed had 72 73 significant effects on methane production or yield, but the amounts of supplemental lipid provided by extruded linseed was relatively small. 74

75 Key words: Methane, forage type, linseed, milk fatty acids

- 76
- 77

INTRODUCTION

78 There is currently considerable interest in developing management practices to reduce 79 methane emissions attributable to ruminant meat and milk production and there are numerous dietary strategies that may be effective in reducing methane production or 80 vield (methane per unit feed DMI). Previous studies have shown that replacing 81 dietary ADF or NDF with starch (Mills et al., 2001), reducing NDF intake (Aguerre et 82 al., 2011) and replacing grass silage (Reynolds et al., 2010) or alfalfa silage (Hassanat 83 et al., 2013) with maize silage can reduce methane yield, but the effects are not 84 consistent. In growing beef cattle effects of feeding maize silage as a replacement for 85 86 GS on methane yield depending varied from positive to negative over the course of the experiment (Staerfl et al., 2012). In lactating dairy cows, incremental replacement 87 of alfalfa silage with MS had quadratic effects on methane production and yield such 88 89 that methane production was higher when the silages were fed as a 50:50 mixture (Hassanat et al., 2013). Somewhat similarly, incremental replacement of GS with MS 90

had a quadratic effect on methane production but linearly decreased methane yield in
lactating dairy cows (van Gastelen et al., 2015).

93

In addition to effects of forage type and composition, the reducing effects of a variety 94 of supplemental dietary lipids on methane production and(or) yield have been 95 demonstrated in cattle and sheep (e.g. Beauchemin et al., 2008; Grainger and 96 Beauchemin, 2011), with the longer chain PUFA shown to be particularly effective in 97 some studies (Blaxter and Czerkawski, 1966; Clapperton, 1974) but not in all 98 experiments (Grainger and Beauchemin, 2011). 99 Lipids in the diet provide metabolizable energy, whilst replacing fermentable substrates that contribute to 100 101 methane synthesis in the rumen. In addition, rumen available MUFA and PUFA 102 provide an alternative to methane synthesis for hydrogen disposal by rumen archaea, as well as having direct effects on rumen microflora that reduce methanogenesis 103 (Beauchemin et al., 2008). It has previously been reported that feeding supplemental 104 105 linseed oil as free oil or crushed or extruded linseed reduced methane production and yield of lactating dairy cows, but DMI and milk yield were also reduced (Martin et al., 106 2008). 107

108

There is also interest in developing dairy cow feeding strategies that reduce milk fat concentrations of SFA, as dairy fat is a substantial dietary source of SFA in European diets (Givens, 2008). The potential for these particular SFA to raise low density lipoprotein cholesterol in humans has been implicated as a risk factor for cardiovascular disease (**CVD**), which is the main cause of premature death in the UK (Givens, 2008). The cow's diet is a major determinant of milk FA composition (Chilliard and Verlay, 2004) and studies have shown that alteration of dietary forage type (Ferlay et al., 2006) and inclusion of dietary fat supplements (Kliem et al., 2009)
are both means of modifying milk FA composition.

118 In Northern Europe, maize silage (MS) and grass silage (GS) are conserved forages commonly fed to lactating dairy cows and have been examined in various studies to 119 120 investigate their differing effect on milk FA composition (Nielsen et al., 2006, Kliem 121 et al., 2008, Samková et al., 2009; van Gastelen et al., 2015). Evidence indicates that feeding cows MS compared with GS has little effect on total SFA but can alter 122 individual SFA concentrations (Kliem et al., 2008; van Gastelen et al., 2015). In 123 124 contrast, supplemental oilseeds and plant and marine oils lower total SFA significantly, whilst increasing unsaturated FA (Chilliard et al., 2001; Givens et al., 125 2009). Increasing MS in the diet can also increase trans FA (Kliem et al., 2008; van 126 Gastelen et al., 2015) through incomplete ruminaly biohydrogenation of dietary 127 unsaturated FA, although changes are of lesser magnitude than those increases 128 129 reported following supplementation with dietary oils (Chilliard et al., 2007). At 130 current intake levels negative effects of ruminant derived *trans* on human health are equivocal (Bendsen et al., 2011), but any increases in milk fat should be minimized. 131

The production response to supplemental lipid is known to vary with forage type (Grainger and Beauchemin, 2011), and the objectives of the present study were to investigate the effects of dietary forage type (MS vs. GS) in diets formulated to contain similar amounts of NDF and starch and feeding ELS on methane production and milk FA composition in mid-lactation multiparous Holstein-Friesian dairy cows, and determine if the response to ELS was affected by forage type.

138

MATERIAL AND METHODS

139 Animals and Diets

140 All experimental procedures were licensed, regulated and monitored by the UK Home Office under the Animals (Scientific Procedures) Act, 1996. Four mid-lactation 141 multiparous Holstein-Friesian dairy cows averaging (\pm SEM) 643 \pm 40 kg BW and 60 142 \pm 8 DIM at the start of the study were randomly allocated to one of four experimental 143 diets using a 4 x 4 Latin square design balanced for first order carry over effects with 144 28 day periods. Cows were milked twice daily at approximately 0630 and 1630 h. 145 146 When not restrained for measurements cows were housed in a cubicle yard with rubber chip-filled mattresses and wood shavings as additional bedding and were 147 148 milked in a herringbone parlour. Whilst in the cubicle yard cows were fed individually using an electronic identification controlled pneumatic feed barrier 149 (Insentec, Marknesse, The Netherlands) and drinking water was available ad libitum. 150

151

152 **Experimental Design and Treatments**

Throughout the study cows were fed one of 4 experimental diets as a TMR (Table 1) 153 provided for ad libitum DMI (10 % refusals). Basal diets were high MS or high GS 154 diets, with and without supplemental (50 g/kg diet DM) ELS (containing 275 g ether 155 extract/kg DM; Lintec, BOCM Pauls Ltd, Wherstead, UK); providing four treatments 156 in a 2 x 2 factorial design. Diets were based on diets used in a previous study 157 (Reynolds et al., 2010) and were formulated to be isonitrogenous and have similar 158 159 NDF and starch concentrations based on preliminary analyses of available silages and expected composition of concentrates. Animals were fed twice daily receiving 2/3 of 160 their daily allocation in the morning and the remaining 1/3 in the afternoon. Refused 161 162 TMR was removed and weighed daily before the morning feeding.

163

164 Experimental measurements and sample collection

Cows were weighed at the beginning of the study and the end of each period. Feed 165 intake was recorded daily. Representative samples of the four TMR diets, individual 166 forages (MS, GS) and concentrates (concentrates blends and Lintec) were taken on the 167 last 5 days of each treatment period, bulked and stored in sealed bags at -20°C. At the 168 end of the trial bulked samples were thawed, mixed, and split into sub-samples for 169 further analyses. A representative sample of refused feed was taken during the last 5 170 days of each experimental period and analysed for DM content (100°C for 24 h) to 171 determine individual DM intakes. Sub-samples of forages and concentrates were 172 173 stored frozen at -20°C until analysed for chemical composition.

174

Milk yields were recorded daily throughout the study. Milk samples were taken during the last 5 days of each period and preserved with potassium dichromate (1 mg/ml; Lactabs, Thomson and Capper, Runcorn, UK) for the determination of milk composition. Additional untreated milk samples were taken on the last day of each period, composited according to yield, and stored at -20°C prior to FA analysis.

180

For the last 5 days of each period cows were housed individually in one of 2 opencircuit respiration chambers and four 24 h measurements of methane and carbon dioxide production, oxygen consumption, and heat production were obtained as described previously (Reynolds et al., 2014). Whilst in the chambers cows were restrained using head yokes, bedded using wood shavings on rubber mats, had continuous access to drinking water through drinking bowls, and were milked using a pipeline system.

188

189 Chemical analyses

190 Diet components were analysed for NDF, ADF, organic matter, CP, water soluble carbohydrates, starch and estimated ME concentrations as described previously 191 (Kliem et al., 2013; Reynolds et al., 2014). In addition, oven-dried (60°C) and milled 192 193 (1 mm screen) samples of forages and concentrates were analysed for FA concentration using an adapted one-step extraction-transesterification method as 194 described by Kliem et al. (2013). Based on this method, toluene was used as an 195 extraction solvent, methanolic sulphuric acid (2%, v/v) as the methylating reagent and 196 tritridecanoin (T3882, Sigma-Aldrich Company Ltd, Dorset, UK) in toluene as an 197 198 internal standard.

199

Mid-infrared spectroscopy (Foss Electric Ltd, York, UK) was used to determine milk 200 201 fat, protein, casein, lactose, and urea concentrations and 4% FCM yield calculated as described by Reynolds et al. (2014). Milk samples were analysed for FA composition 202 as described by Kliem et al. (2008 and 2013). Briefly, samples were thawed in warm 203 204 water (40°C), cooled to room temperature, and shaken to ensure homogeneity. Lipid in 1 ml milk was extracted using ethanol, diethyl ether and hexane. Using sodium 205 methoxide in methanol, extracted FA were base-catalyzed transmethylated to fatty 206 acid methyl esters (FAME) and calcium chloride was used to remove methanol 207 residues. Subsequent FAME samples were separated using a flame ionization detector 208 209 (FID) gas chromatograph (GC 3400 Varian Inc., Palo Alto, CA). Milk fat FAME were identified based on retention time comparisons with a mixture of authentic 210 standards (GLC #463, Nu-Chek-Prep Inc., Elysian, MN; and O4754, O9881, E4762, 211 212 V1381, Sigma-Aldrich Company Ltd., Dorset, UK) and cross referencing with published literature. Correction factors, to account for the carbon deficiency in the 213 FID response for FAME containing 4- to 10- carbon atoms, were estimated using a 214

215 reference butter oil of known composition (CRM 164, Bureau of European
216 Communities, Brussels, Belgium). After correcting FAME to FA, all results were
217 expressed as g/100 g total FA.

218

219 Statistical Analyses

Results averaged for each cow and sampling period were analysed using mixed 220 models procedures testing for fixed effects of period, forage, ELS, and forage by ELS 221 interaction and random effects of cow (SAS Version 9.2, SAS Institute, Cary, NC, 222 223 USA). Period by forage interaction was included in the statistical model but removed when declared non-significant (P > 0.10). Period was treated as a repeated effect 224 within individual cows using the compound symmetry covariance structure, which 225 was found to have the best fit based on Akaike information criterion. Denominator 226 degrees of freedom were calculated using the Kenward-Roger method. Least square 227 means are reported and treatment effects were considered significant at P < 0.10. 228

229

RESULTS

230 Dietary composition and intake and milk yield and composition

In comparison with the GS diets, the MS diets contained higher OM, NDF, and starch 231 concentrations (P < 0.02), while CP, ADF, and ash concentrations were higher for the 232 GS diets (P < 0.020; Table 2). The MS diets were higher in 18:0, *cis*-9 18:1, and 18:2 233 234 n-6 (P < 0.003), and lower in 18:3 n-3 (P < 0.02) than the GS diets. The dietary concentration of 16:0 was not affected by forage type (P = 0.575). The addition of 235 ELS to the diets increased the concentration of all FA measured (P < 0.003), and the 236 increase in cis-9 18:1 was greater for the MS diet. Total FA concentrations were 237 similar in MS and GS diets without added ELS, and were increased by ELS addition 238

to a greater extent with the MS compared with the GS diet (forage by ELS interaction, P < 0.03).

241

Supplementation with ELS had no effect on DMI (P = 0.31), but DMI was higher for MS compared with GS diets (P < 0.10, Table 3). Intakes of 18:0, *cis*-9 18:1, 18:2 n-6, and total FA were lower on GS than MS diets (P < 0.001; Table 3). Intake of 18:3 n-3 was higher for GS diets (P < 0.001) and the increase in 18:3 n-3 intake with ELS addition was greater for the MS than GS diets (forage by ELS interaction, P < 0.02). Milk or 4 % FCM yield, milk composition, and milk component yield were not affected by diet forage type or ELS addition (Table 3).

249

250 Methane Emission and Respiratory Exchange

Methane production (L/d) and yield (L/kg DMI) were not affected by diet (Table 4). Similarly, methane production per litre milk yield was not affected by diet forage type or ELS addition. Cows fed higher MS diets had higher oxygen consumption (P < 0.03), carbon dioxide production (P < 0.04), and heat production (P < 0.03) than when fed higher GS diets (Table 4).

256

257 Effect of Forage Type on Milk FA Composition

Milk fat total SFA concentration was lower when higher MS diets were fed (P = 0.076), but there was no forage type effect for most individual milk SFA (P > 0.10), with the exception of 13:0 iso (P = 0.034), 13:0 anteiso (P < 0.058), 14:0 (P = 0.082), 15:0 (P = 0.009), and 24:0 (P = 0.010), which were lower on MS-based diets compared with GS-based diets (Table 5).

263

264	Feeding higher MS diets increased all <i>trans</i> 18:1 isomers ($P < 0.06$), leading to
265	overall higher total <i>trans</i> MUFA ($P = 0.009$) concentrations relative to GS-based diets
266	(Tables 5 and 6). Forage type had no effect on total cis-MUFA (Table 5) and most
267	18:2 isomers (Table 7), although cis-11 18:1, cis-12 18:1, cis-13 18:1, cis-16 18:1,
268	cis-11 20:1, and cis-9, cis-12 18:2 were higher ($P < 0.05$) on MS relative to GS
269	(Tables 6 and 7), and cis-9 10:1, cis-9 12:1 and cis-9 14:1 were lower ($P < 0.05$)
270	Table 5). Concentrations of 20:3 n-3 ($P < 0.024$), 20:5 n-3 ($P < 0.020$) and 22:2 n-6
271	(P < 0.001) were higher in milk fat from cows fed the GS-based diets than the MS-
272	based diets (Table 5). Total n-6 PUFA concentrations in milk fat were higher with
273	MS-based diets (P=0.001).

274

275 Effect of Extruded Linseed Supplementation on Milk FA Composition

Including ELS in the diets lowered total milk SFA (P = 0.055, Table 5). Milk fat concentrations of 16:0 (P = 0.012), 17:0 (P = 0.009), 18:0 iso (P = 0.052), and 24:0 (P = 0.022) were lower and 18:0 (P = 0.039) and 19:0 (P = 0.005) were higher when ELS was fed. Concentrations of *cis*-9 16:1 (P = 0.020) were lower and *cis*-16 18:1 (P= 0.014) and *cis*-7 19:1 (P = 0.025) were higher when ELS was fed.

281

Including ELS in the diet increased *trans* MUFA (P = 0.027) and total *trans* (P = 0.030) isomer concentrations compared with non-linseed diets (Table 5). This change in *trans* profile was characterized by a greater (P = 0.024) total *trans* 18:1 isomer concentration (Tables 5 and 6) in milk fat when ELS was fed: *trans*-11 16:1 (P = 0.063) and *trans*-13+14 18:1 (P = 0.002), *trans*-15 18:1 (P = 0.0002), and *trans*-16 18:1 (P < 0.001). Similarly, ELS supplementation increased (P < 0.001) total nonconjugated linoleic acid (CLA) *trans* 18:2 isomers compared with non-linseed diets

(Table 7) by increasing cis-9, trans-12 18:2 (P = 0.02), cis-9, trans-13 18:2 (P < 0.02) 289 (0.001), trans-9, cis-12 18:2 (P = 0.008), trans-11, cis-15 18:2 (P < 0.001) and trans-290 12, cis-15 18:2 (P = 0.028). No effect of ELS was seen in total cis-MUFA 291 concentrations (P > 0.05, Table 5), although *cis*-12 18:1 (P < 0.021) and *cis*-16 18:1 292 (P < 0.014) concentrations were higher when ELS was fed. No interactions between 293 forage type and ELS were shown in *trans* 18:1 or 18:2 isomers (P > 0.05; Tables 5, 6 294 and 7), with the exception of trans-5 18:1 (P = 0.016, Table 6) and cis-9, trans-12 295 18:2 (P = 0.055), cis 9, trans-13 18:2 (P = 0.082), and cis-10, trans-14 18:2 (P = 0.082) 296 297 0.024, Table 7).

298

Milk fat concentrations of n-3 PUFA were higher (P < 0.001) with ELS supplementation (Table 5), mainly due to increases in 18:3 n-3 (P < 0.001) and 20:5 n-3 (P = 0.025). In contrast, 18:3 n-6 (P = 0.036), 20:3 n-6 (P = 0.034), 22:4 n-6 (P = 0.028), and 22:2 n-6 (P < 0.095) concentrations were lower in milk fat when ELS was fed, although there was no effect on total n-6 PUFA concentrations (P > 0.10, Table 5).

305

306

DISCUSSION

307 Intake and Milk Yield and Composition

Silage type significantly influences lactation performance, with increases in DMI and milk yield often observed as MS replaces GS in mixed forage diets (O'Mara et al., 1998; Kliem et al., 2008). In the present study, DMI was greater when higher MS diets were fed, which was associated with a numerical increase (1.2 kg/d) in milk yield and reduction (3.2 g/kg) in milk fat concentration. However, as reported previously (O'Mara et al., 1998; Kliem et al., 2008) milk yield per kg DMI was
numerically lower for higher MS diets.

315

No effect of ELS was observed on DMI or milk yield (Table 3). Supplemental dietary 316 lipid has been shown to increase milk yield (Chilliard and Ferlay, 2004), but the 317 responses are inconsistent across studies (Grainger and Beauchemin, 2011). This is in 318 part due to differences in experimental design, diet composition, and the type of fat 319 fed, as well as stage of lactation (Grainger and Beauchemin, 2011). For example, 320 321 feeding extruded flax seed reduced milk yield in late lactation cows (Gonthier et al., 2005), whilst feeding supplemental lipid may be more likely to increase milk yield in 322 early lactation, depending on the basal diet and type of lipid fed (Grainger and 323 324 Beauchemin, 2011). Increased concentrations of readily available lipid in the rumen can be detrimental to normal rumen function and can impair fibre digestion and milk 325 fat synthesis. In previous studies, supplemental ELS reduced milk yield and/or milk 326 fat concentration (Martin et al., 2008; Kliem et al., 2009), yet in contrast, Hurtaud et 327 al. (2010) reported an increase in milk yield following ELS supplementation. The lack 328 of an effect of ELS in the present study may be due to the relatively low level of ELS 329 inclusion in the diet and the stage of lactation of the cows at the start of the initiation 330 of the trial. 331

332

333 Effects of Forage Type and Extruded Linseed on Methane Production

We observed no effect of dietary forage type on methane production or yield. As noted previously, studies have found that greater concentrations of starch and lower concentrations of NDF in rations fed to cattle reduce methane production or yield, or both (Mills et al., 2001; Aguerre et al., 2011; Grainger and Beauchemin, 2011).

Similarly, replacing barley, alfalfa, or grass silage with MS (Hassanat et al., 2013; 338 Benchaar et al., 2014; van Gastelen et al., 2015) has reduced methane vield for diets 339 fed to lactating dairy cows, but the effects have been linear (van Gastelen et al., 2015), 340 curvilinear (Hassanat et al., 2013), or variable over time/age in growing cattle (Staerfl 341 et al., 202). Basal diets for the present study were based on previous studies, where 342 feeding higher MS diets reduced methane yield compared with higher GS diets for 343 344 lactating dairy cows (Reynolds et al., 2010). The lower methane yield for higher MS diets was observed despite TMR starch and NDF concentrations being similar for 345 346 higher MS and higher GS diets. As in the present study (Table 1), this was achieved in the study of Reynolds et al. (2010) by adding maize meal to the GS diets and 347 adding molassed sugar beet feed to the MS diets. This suggests that the source of the 348 349 starch and NDF, and the resulting rates of fermentation in the rumen, may also determine methane yield. In this regard, Moe and Tyrrell (1979) reported that in 350 addition to intakes of starch and NDF, their digestibility was also an important 351 determinant of methane production by lactating and non-lactating dairy cattle. 352 Although diets were formulated to have equal concentrations of starch and NDF in the 353 present study, starch concentration was higher in MS compared to GS diets, but NDF 354 concentration was also higher in the MS diets. This was due to differences in the NDF 355 and starch concentrations of the GS and MS fed during the study compared to the 356 357 concentration measured when treatment diets were formulated. Therefore, the higher concentration of NDF in the MS diets may have counteracted negative effects of 358 higher starch concentration and MS composition per se on methane yield compared to 359 360 GS diets. In addition, the difference in DMI between GS and MS diets was greater in the previous study (Reynolds et al., 2010), which may also explain differences in the 361 response of methane yield to forage type between the present and previous study. 362

16

In the present study there was no significant effect of feeding ELS at 50 g/kg diet DM 364 on methane production or yield. Feeding linseed oil to sheep has previously been 365 shown to reduce methane production (Blaxter and Czerkawski, 1966; Clapperton, 366 1974). Furthermore, feeding linseed oil as extruded or crushed linseed (or flax seed) 367 decreased both methane production and methane yield of lactating dairy cows (Martin 368 et al., 2008; Beauchemin et al., 2009). Indeed, supplemental dietary fat typically 369 reduces methane yield of ruminants (Beauchemin et al., 2008; Grainger and 370 371 Beauchemin, 2011). The effects of supplemental fat on methane yield are multifactorial, but are dominated by the provision of a source of digestible energy that 372 is not fermented in the rumen (Grainger and Beauchemin, 2011). Based on results of 373 374 a meta-analysis of published results, Grainger and Beauchemin (2011) concluded that increasing dietary inclusion of fat caused a linear reduction in methane yield and that 375 within what were considered to be practical levels of dietary fat inclusion, there was 376 no apparent difference in the magnitude of the effect of different types and forms of 377 fat supplements on methane yield of cattle or sheep. Based on their analysis of data in 378 cattle, methane yield was reduced by 1 g/kg diet DM for every 10 g/kg increase in 379 dietary fat concentration on a DM basis. In the present study, the average increase in 380 dietary FA concentration measured (8.1 g/kg DM) was associated with a numerical 381 382 reduction in average methane yield (-2.15 g/kg DM), which is more than the decrease predicted based on the data summarized by Grainger and Beauchemin (2011). This 383 suggests that the lack of a significant effect of supplemental ELS in the present study 384 was in part due to the relatively low amount of fat inclusion in the diets. In this regard 385 the amount fed was approximately twice the amount recommended in UK commercial 386

387 388

practice, which would be expected to have only a small effect on methane yield based on the numerical reduction observed in the present study.

389

A relationship between concentrations of a number of FA in milk fat and methane 390 production or yield by lactating dairy cows has been reported (Chilliard et al., 2009; 391 Dijkstra et al., 2011; Mohammed et al., 2011). Chilliard et al. (2009) reported that the 392 large decrease in methane production of dairy cows when linseed oil was fed (Martin 393 et al., 2008) was associated with a decrease in 8:0 and 16:0 and an increase in total 18 394 395 carbon FA and cis-9, trans-13 18:2 concentrations in milk fat. We observed a significant increase in *cis*-9, *trans*-13 and decrease in 16:0 when ELS was fed that was 396 not associated with a significant effect of ELS on methane production. In addition, 397 there was no effect of ELS at the levels provided on 8:0 concentrations. As discussed 398 previously, these discrepancies may reflect differences in the amounts of ELS fed 399 compared with the study of Martin et al. (2008), where supplemental ELS increased 400 401 diet ether extract concentration from 26 to 70 g/kg DM. Moreover, the relationships between milk fat concentrations of individual FA and methane production observed 402 by Chilliard et al. (2009) may be specific to the dietary treatments used in their study 403 (supplemental linseed oil). A recent meta-analysis of data from cows fed a variety of 404 405 diets found there was no relationship between milk fat concentration of 8:0 or total 18 406 carbon FA and methane production (Williams et al., 2014), although van Lingen et al. (2014) recently reported a significant positive relationship between 8:0 and methane 407 yield in lactating dairy cows. 408

409

410 Effects of Forage Type and Extruded Linseed on Milk FA Concentration

411 Previous studies have shown that forage type and oil supplements can influence milk FA composition (Kliem et al., 2008; Samková et al., 2009; Sterk et al., 2011, 412 Hurtaud et al., 2010). Supplementation of diets with PUFA-rich oil sources such as 413 414 ELS is thought to inhibit *de novo* milk FA synthesis of short (4:0-10:0) and medium (12:0-16:0) chain SFA in the mammary gland (Palmquist et al., 1993); thus reducing 415 total SFA. Palmquist et al. (1993) suggested that this is due to an increased supply of 416 dietary- and ruminally-derived unsaturated FA that compete for esterification with 417 short-chain FA synthesized in the mammary gland. Another possible mechanism is 418 419 the inhibitory effect of trans 18 isomers produced during biohydrogenation on the de novo synthesis of short and medium chain SFA (Chilliard et al., 2001). Previous 420 studies have confirmed this relationship and corroborate the significantly lower 16:0 421 422 concentrations seen in the present study (Glasser et al., 2008). However, we observed no significant differences in the amounts of short-chain FA following ELS 423 supplementation, which contradicts previous findings (Glasser et al., 2008). Chilliard 424 425 and Ferlay (2004) suggested that short-chain FA are not affected by lipid supplementation. Instead, it is argued that short-chain FA can be partially synthesised 426 by pathways independent to medium-chain FA, where the former does not rely on 427 acetyl-CoA carboxylase (Palmquist and Jenkins, 1980). This may explain why ELS 428 429 and forage type had very little effect on the short-chain FA and only a small effect on 430 medium-chain FA. An additional explanation for this may also be due to the low linseed oil inclusion level in comparison to other studies, which have fed up to 1 kg of 431 linseed oil. 432

433

434 Chilliard et al. (2001) suggested that there was insufficient evidence to confirm the 435 effect of forage type, as a total mixed ration, on milk FA composition but that MS

may increase de novo short-chain FA synthesis. To date, few studies have addressed 436 this, although Kliem et al. (2008) proposed that MS may increase de novo short- and 437 medium-chain FA production via an increased supply of acetate to the mammary 438 gland. There was little effect of MS on these FA in the present study, in part reflecting 439 the relatively small differences in forage type (250 g/kg diet DM). However, van 440 Gastelen et al. (2015) also observed no effect of incremental replacement of GS with 441 442 MS on milk fat concentrations of short and medium chain FA, apart from a linear reduction in 4:0. 443

444

Consistent with previous studies, increases in both 18:0 and total trans isomers 445 concentrations in milk fat were observed when ELS was fed (Kliem et al., 2009; 446 Hurtaud et al., 2010), as well as increased concentrations of trans FA isomers for the 447 MS diets (Kliem et al., 2008). Inclusion of dietary oils (Collomb et al., 2004) and 448 particularly unprotected oils (Loor et al., 2005), leads to a characteristic increase in 449 trans and conjugated linoleic acid isomers due to exposure of unsaturated FA to 450 rumen microflora (Chilliard et al., 2001; Shingfield et al., 2005). As observed in the 451 present study, Chilliard et al. (2009) identified trans-13+14 18:1, cis-9, trans-13 18:2 452 and trans-11, cis-15 18:2 as intermediates of biohydrogenation of the ELS diets. 453 Although the MS diets had higher concentrations of *cis*-9 18:1 than GS, milk fat *cis*-9 454 455 18:1 did not significantly increase. Similarly, despite a higher intake of 18:0 from MS compared with GS, milk fat 18:0 was not significantly higher following the MS diet. 456 Our observed effect of forage type on milk fat trans-18:1 isomers has been confirmed 457 in other studies (Shingfield et al., 2005) and has been attributed to differences in 458 forage digestibility (O'Mara et al., 1998). Additionally, feeding a high MS diet, rich in 459

462

Linseed supplementation has been used in previous studies to not only reduce milk 463 SFA, but also increase *n*-3-PUFA. Although, our results showed that this strategy did 464 increase total *n*-3 PUFA, whether this increase would translate to an important health 465 benefit to the consumer is questionable. The present study showed a significant 466 increase in EPA (MS: 34 to 45 mg/100g total FA, GS: 45 to 53 mg/100g total FA) 467 468 after ELS supplementation. Based on the enrichment of EPA seen in the present study, a 100 ml glass of this milk would only contribute up to 0.4% of the 450 mg 469 daily intake for long-chain PUFA recommended for UK adults (Givens, 2008). 470 471 Although not substantial, these calculations do not include other n-3 FA and dairy products. In addition, supplementation of the dairy cow's diet with ELS may 472 represent a sustainable alternative to the use of marine oils, which have environmental 473 474 and economic implications.

475

476

Growing public interest in lowering SFA consumption to improve human health 477 means that any decrease in milk SFA concentrations following forage and lipid 478 479 supplementation has public health incentives. Our study found only three minor interactions between forage type and ELS supplementation for the selected milk FA, 480 which are in line with findings by Sterk et al. (2011). While lipid supplementation, 481 482 and possibly MS, provided potentially beneficial decreases in SFA, the current concerns linking trans FA to increased risk of CVD mean that the significantly higher 483 total trans concentrations following both MS and ELS supplementation may 484

counteract the beneficial decreases in SFA concentration. The question of whether 485 ruminant *trans* are of similar risk to CVD as industrial *trans* remaining largely 486 unanswered (Bendsen et al., 2011). Nonetheless, the implementation of trans labelling 487 suggests that increases should be minimised, and development of lipid protection 488 technologies is required to minimise their production. As current UK intakes of long 489 chain PUFA are inadequate (Givens, 2008), enrichment of milk in this way may have 490 long-term implications for human health. Nevertheless, it is questionable whether the 491 magnitude of the changes in long chain PUFA concentrations seen in this study would 492 493 produce a meaningful impact on health on a population level.

- 494
- 495

CONCLUSIONS

The present study demonstrated that a relatively low inclusion level of oilseed (ELS) 496 supplement can partially replace milk SFA with MUFA and PUFA, including long-497 chain PUFA, thereby offering a sustainable means of modifying milk FA 498 499 composition, irrespective of whether MS or GS diets are fed. Methane production was not significantly affected, but numerical reductions observed were in line with 500 predictions based on the relatively low amount of linseed oil fed. In contrast to other 501 studies where replacing GS with MS increased starch and decreased NDF in the diets 502 fed, replacing GS with MS in diets formulated for similar NDF and starch 503 504 concentrations did not reduce methane production or yield, in part due to a lower NDF concentration in the GS than expected. Decreases in SFA and increases in 505 unsaturated FA concentrations in milk fat were observed that if considered at a 506 population level, including implications for other dairy products and dairy-containing 507 foods, may contribute to a lower risk of CVD. However, there is a need to balance 508 509 changes in beneficial PUFAs and detrimental SFA and *trans* FA, while avoiding any

effects on cow performance. These priorities remain a challenge to the agriculture andfood sectors and require further exploration.

- 512
- 513

ACKNOWLEDGMENTS

Funding by Marks and Spencer plc is gratefully acknowledged. The contributions of staff at the Centre for Dairy Research of the University of Reading for the care and management of animals used and for technical assistance during the study is also much appreciated.

518 **REFERENCES**

519 Aguerre, M. J., M. A. Wattiaux, J. M. Powell, G. A. Broderick, and C. Arndt. 2011.

Effect of forage-to-concentrate ratio in dairy cow diets on emission of methane,
carbon dioxide, and ammonia, lactation performance, and manure excretion. J. Dairy
Sci. 94:3081-3093. http://dx.doi.org/10.3168/jds.2010-4011.

523

Beauchemin, K. A., M. Kreuzer, F. O'Mara, and T. A. McAllister. 2008. Nutritional
management for enteric methane abatement: a review. Austr. J. Exper. Agric. 48:2127. http://dx.doi.org/10.1071/EA07199.

527

Benchaar, C., F. Hassanat, R. Gervais, P. Y. Chouinard, H. V. Petit, and D. I. Massé.
2014. Methane production, digestion, ruminal fermentation, nitrogen balance, and
milk production of cows fed corn silage- or barley silage-based diets. J. Dairy Sci.
97:961-974. http://dx.doi.org/10.3168/jds.2013-7122.

532

533 Bendsen, N. T., R. Christensen, E.M. Bartels, and A. Astrup. 2011. Consumption of 534 industrial and ruminant *trans* fatty acids and risk of coronary heart disease: a

- systematic review and meta-analysis of cohort studies. Eur. J. Clin. Nutr. 65:773-83.
 http//dx.doi:10.1038/ejcn.2011.34
- 537
- 538 Blaxter, K. L., and J. Czerkawski. 1966. Modifications of methane production of the
- sheep by supplementation of its diet. J. Sci. Food Agric. 17:417-421.
 http://dx.doi.org/10.1002/jsfa.2740170907.
- 541
- 542 Brask, M., P. Lund, A. L. F. Hellwing, M. Poulsen, and M. R. Weisbjerg. 2013.
- 543 Enteric methane production, digestibility and rumen fermentation in dairy cows fed 544 different forages with and without rapeseed fat supplementation. Anim. Feed Sci.
- 545 Tech. 184:67-79.
- 546 Chilliard, Y. and A. Ferlay. 2004. Dietary lipids and forages interactions on cow and547 goat milk fatty acid composition and sensory properties.
- 548 Reprod. Nutr. Dev. 44: 467–492 467. http://dx.doi: 10.1051/rnd:2004052
- 549
- Chilliard, Y., A. Ferlay, and M. Doreau. 2001 Effect of different types of forages,
 animal fat or marine oils in cow's diet on milk fat secretion and composition,
 especially conjugated linoleic acid (CLA) and polyunsaturated fatty acids. Livest.
 Prod. Sci. 70: 31-48.
- 554
- Chilliard, Y., C. Martin, J. Rouel, and M. Doreau, M. 2009. Milk fatty acids in dairy
 cows fed whole crude linseed, extruded linseed, or linseed oil, and their relationship
 with methane output. J. Dairy Sci. 92:5199-5211. http://dx.doi.org/10.3168/jds.20092375.
- 559

560	Clapperton, J. L. 1974. The effect of trichloroacetamide, chloroform and linseed oil								
561	given into the rumen of sheep on some of the end-products of rumen digestion. Br. J.								
562	Nutr. 32:155-161. http://dx.doi.org/10.1079/BJN19740065.								
563									
564	Collomb, M., R. Sieber, and U. Bütikofer. 2004 CLA isomers in milk fat from cows								
565	fed diets with high levels of unsaturated fatty acids. Lipids. 39: 355-364.								
566									
567	Dijkstra, J., S. M. van Zijderveld, J. A. Apajalahti, A. Bannink, W. J. J. Gerrits, J. R.								
568	Newbold, H. B. Perdok, H. Berends. 2011. Relationships between methane								
569	production and milk fatty acid profiles in dairy cattle. Anim. Feed Sci. Tech.								
570	166:590–595. http://dx.doi.org/10.1016/j.anifeedsci.2011.04.042.								

571

Ferlay, A., B. Martin, P. Pradel, J.B. Coulon, and Y. Chilliard. 2006. Influence of 572 Grass-Based Diets on Milk Fatty Acid Composition and Milk Lipolytic System in 573 574 Tarentaise and Montbéliarde Cow Breeds. J. Dairy Sci. 89: 4026-4041.

575

Givens, D. I. 2008. Session 4: Challenges facing the food industry in innovating for 576 health Impact on CVD risk of modifying milk fat to decrease intake of SFA and 577 578 increase intake of cis-MUFA. Proc. Nutr. Soc. 67:419-427. http://dx.doi.org/10.1017/S0029665108008707. 579

580

Givens, D. I., K. E. Kliem, D. J. Humphries, K. J. Shingfield, and R. Morgan. 2009. 581

Effect of replacing calcium salts of palm oil distillate with rapeseed oil, milled or 582

whole rapeseeds on milk fatty-acid composition in cows fed maize silage-based diets. 583

Animal. 3:1067-1074. http://dx.doi.org/10.1017/S175173110900442X. 584

586	Glasser, F., A. Ferlay, and Y. Chilliard. 2008. Oilseed Lipid Supplements and Fatty
587	Acid Composition of Cow Milk: A Meta-Analysis. J. Dairy Sci. 91: 4687-4703.
588	http://dx.doi.org/10.3168/jds.2008-0987.
589	
590	Gonthier, C., A. F. Mustafa, D.R. Ouellet, P. Y. Chouinard, R. Berthiaume, and H. V.
591	Petit. 2005. Feeding Micronized and Extruded Flaxseed to Dairy Cows: Effects on
592	Blood Parameters and Milk Fatty Acid Composition. J. Dairy Sci. 88:748-756.
593	

- Grainger, C., and K. A. Beauchemin. 2011. Can enteric methane emissions from
 ruminants be lowered without lowering their production? Anim. Feed Sci. Tech. 166–
 167:308-320. http://dx.doi.org/10.1016/j.anifeedsci.2011.04.021
- 597

Hassanat, F., R. Gervais, C. Julien, D. I. Massé, A. Lettat, P. Y. Chouinard, H. V. 598 Petit, and C. Benchaar. 2014. Replacing alfalfa silage with corn silage in dairy cow 599 diets: Effects on enteric methane production, ruminal fermentation, digestion, N 600 production. Sci. 601 balance, and milk J. Dairy 96:4553-4567. http://dx.doi.org/10.3168/jds.2013-7122. 602

603

Hurtaud, C., F. Faucon, S. Couvreur, and J. L. Peyraud. 2010. Linear relationship
between increasing amounts of extruded linseed in dairy cow diet and milk fatty acid
composition and butter properties. J. Dairy Sci. 93:1429-1443.
http://dx.doi.org/10.3168/jds.2009-2839.

608

Kliem, K. E., P. C. Aikman, D. J. Humphries, R. Morgan, K. J. Shingfield, K. J. and
D. I. Givens. 2009. Effect of replacing calcium salts of palm oil distillate with
extruded linseeds on milk fatty acid composition in Jersey and Holstein cows.
Animal. 3:1754-1762. http://dx.doi.org/10.1017/S1751731109990723.

613

- Kliem, K. E., R. Morgan, D. J. Humphries, K. J. Shingfield, K. J. and D. I. Givens.
 2008. Effect of replacing grass silage with maize silage in the diet on bovine milk
 fatty acid composition. Animal. 2:1850-1858.
 http://dx.doi.org/10.1017/S1751731108003078.
- 618
- 619 Kliem, K. E., C. K. Reynolds , D. J. Humphries , R. M. Kirkland , C. E. S. Barratt, K.

M. Livingstone, and D. I. Givens. 2013. Incremental effect of a calcium salt of *cis*monounsaturated fatty acids supplement on milk fatty acid composition in cows fed
maize silage-based diets. J. Dairy Sci. 96:3211-3221.
http://dx.doi.org/10.3168/jds.2012-6211.

- 624
- Loor, J. J., A. Ferlay, A. Ollier, M. Doreau, and Y. Chilliard. 2005. Relationship
 Among *Trans* and Conjugated Fatty Acids and Bovine Milk Fat Yield Due to Dietary
 Concentrate and Linseed Oil. J. Dairy. Sci. 88:726-740.
- 628
- Martin, C., J. Rouel, J. P. Jouany, M. Doreau, and Y. Chilliard. 2008. Methane 629 output and diet digestibility in response to feeding dairy cows crude linseed, extruded 630 linseed. or linseed oil. J. Anim. Sci. 86: 2642-2650. 631 http://dx.doi.org/10.2527/jas.2007-0774 632
- 633

- Mills, J. A. N., J. Dijkstra, A. Bannink, S. B. Cammell, E. Kebreab, and J. France.
 2001. A mechanistic model of whole-tract digestion and methanogenesis in the
 lactating dairy cow: Model development, evaluation and application. J. Anim. Sci.
 79:1584-1597.
- 638
- Moe, P. W. and H. F. Tyrrell. 1979. Methane production in dairy cows. J. Dairy Sci.
 62:1583-1586. http://dx.doi.org/10.3168/jds.S0022-0302(79)83465-7.
- 641
- Mohammed, R., S. M. McGinn, and K. A. Beauchemin. 2009. Prediction of enteric
 methane output from milk fatty acid concentrations and rumen fermentation
 parameters in dairy cows fed sunflower, flax, or canola seeds. J. Dairy Sci. 94:60576068. http://dx.doi.org/10.3168/jds.2011-4369.
- 646
- Nielsen, T. S., K. Sejrsen, H. R. Andersen, P. Lund, and E. M Straarup. 2004. Effect
 of silage type and energy concentration on conjugated linoleic acid (CLA) in milk fat
 from dairy cows. Anim. Feed Sci. Technol. 13:697-700.
- 650
- O'Mara, F. P., J. J Fitzgerald, J. J. Murphy, and M. Rath. 1998. The effect on milk
 production of replacing grass silage with maize silage in the diet of dairy cows.
 Livest. Prod. Sci. 55:79-87.
- 654
- Palmquist, D. L., A. D. Beaulieu, and D. M. Barbano. 1993. Feed and animal factors
 influencing milk fat composition. J. Dairy Sci. 76:1753–1771.
 http://dx.doi.org/10.3168/jds.S0022-0302(93)77508-6.
- 658

660 Sci. 63:1-14. http://dx.doi.org/10.3168/jds.S0022-0302(80)82881-5

661

Reynolds, C. K., L. A. Crompton, J. A. N. Mills, D. J. Humphries, P. Kirton, A. E.
Relling, T. H. Misselbrook, D. R. Chadwick, and D. I. Givens. 2010. Effects of diet
protein level and forage source on energy and nitrogen balance and methane and
nitrogen excretion in lactating dairy cows. Pages 463-464 in Proceedings of the 3rd
International Symposium on Energy and Protein Metabolism. G. M. Corvetto, ed.
EAAP Publ. No. 127, Wageningen Academic Publishers, The Netherlands.

668

669 Reynolds, C. K., D. J. Humphries, P. Kirton, M. Kindermann, S. Duval, and W.

670 Steinberg. 2014. Effects of 3-nitrooxypropanol on methane emission, digestion, and

energy and nitrogen balance of lactating dairy cows. J. Dairy Sci. 97:3777-3789.

672 http://dx.doi.org/10.3168/jds.2013-7397.

673

Samková, E., M. Pešek, J. Špička T. Pelikánová and O. Hanuš. 2009. The effect of
feeding diets markedly differing in the proportion of grass and maize silages on
bovine milk fat composition. Czech J. Anim. Sci. 54:93-100.

677

Shingfield, K. J., C. K. Reynolds, B. Lupoli, V. Toivonen, M. P. Yurawecz, P. 678 Delmonte, J. M. Griinari, A. S. Grandison, and D. E. Beever. 2005. Effect of forage 679 type and proportion of concentrate in the diet on milk fatty acid composition in cows 680 given sunflower oil and fish oil. Anim. Sci. 80:225-238. 681 http://dx.doi.org/10.1079/ASC41820225. 682

683

684	Staerfl, S. M., J. O. Zeitz, M. Kreuzer, and C. R. Soliva. 2012. Methane conversion
685	rate of bulls fattened on grass or maize silage as compared with IPCC default values,
686	and the long-term methane mitigation efficiency of adding acacia tannin, garlic, maca
687	and lupine. Agric. Ecosyst. Environ. 148:111-120.

689 Sterk, A., B. E. O. Johansson, H. Z. H. Taweel, M. Murphy, A. M. van Vuuren, W. H.

Hendriks, and J. Dijkstra. 2011. Effects of forage type, forage to concentrate ratio, and

crushed linseed supplementation on milk fatty acid profile in lactating dairy cows. J.

692 Dairy Sci. 94:6078-6091. <u>http://dx.doi.org/10.3168/jds.2011-4617</u>.

693

688

690

van Gastelen, S., E. C. Antunes-Fernandes, K. A. Hettinga, G. Klop, S. J. J. Alferink,

W. H. Hendriks, and J. Dijkstra. 2015. Enteric methane production, rumen volatile
fatty acid concentrations, and milk fatty acid composition in lactating HolsteinFriesian cows fed grass silage- or corn silage-based diets. J. Dairy Sci. 98:1915–1927.

- 698
- van Lingen, H. J., L. A. Crompton, W. H. Hendriks, C. K. Reynolds, and J. Dijkstra.
- 2014. Meta-analysis of relationships between methane production and milk fatty acid
- 701 profile in dairy cattle. J. Dairy Sci. 97:7115–7132.
- 702 <u>http://dx.doi.org/10.3168/jds.2014-8268</u>.
- Williams, S. R. O., P. J. Moate, M. H. Deighton, M. C. Hannah, and W. J. Wales.
- 2014. Methane emissions of dairy cows cannot be predicted by the concentrations of
- 705 C8:0 and total C18 fatty acids in milk. Anim. Prod. Sci. 54:1757-1761.
- 706 http://dx.doi.org/10.1071/AN14292.
- 707

708

	Treatment ¹				
	MS	ML	GS	GL	
Ingredients					
Grass silage ²	125	125	375	375	
Maize silage ³	375	375	125	125	
Cracked wheat	100	100	100	100	
Maize meal	0	0	100	100	
Molassed sugar beet feed	50	50	0	0	
Soyabean hulls	92	79	98	86	
Wheat feed	92	60	90	57	
SoyPass ^{®4}	26	26	26	26	
Soybean meal	62	57	51	46	
Rapeseed meal	43	43	0	0	
Molasses	15	15	15	15	
Di-calcium phosphate	5	5	5	5	
Salt ⁵	5	5	5	5	
Minerals and vitamins ⁶	10	10	10	10	
Extruded linseed ⁷	0	50	0	50	

Table 1. Ingredients and chemical composition of the experimental diets (g/kg DM or as stated).

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-based TMR with extruded linseed (GL).

²Containing (g/kg DM): crude protein (159), NDF (339), sugars (18.4) and ash (92).

³Containing (g/kg DM): crude protein (70), NDF (346), starch (344), sugars (13.2), and ash (31).

⁴Rumen bypass soybean meal, Borregaard LignoTech, KW Alternative Feeds, Bury St. Edmunds, UK)

⁵Pioneer Rocksalt, Broste Ltd., Norfolk, UK.

⁶Dairy Direct, Bury St Edmunds, Suffolk, UK.

⁷Lintec, BOCM Pauls Ltd., Wherstead, UK. Declared composition (g/kg DM): crude protein (196), NDF (295), sugars (41.5), and ash (49.1).

		Treatn	nents ¹				$P <^2$	
	MS	ML	GS	GL	SEM	F	L	F*L
Organic matter	932	937	924	925	2.5	0.014	0.304	0.581
Crude protein	157	157	166	163	2.3	0.010	0.507	0.373
NDF	320	334	303	308	4.9	0.006	0.115	0.383
ADF	220	218	240	227	4.8	0.016	0.129	0.210
Starch	223	211	194	186	4.1	0.001	0.078	0.632
Sugars	33.9	34.3	34.2	35.5	2.3	0.611	0.552	0.780
Ash	68.3	63.5	76.3	74.8	2.5	0.014	0.304	0.581
ME, MJ/kg DM	11.4	11.3	11.2	11.3	0.08	0.339	0.515	0.216
Fatty acids								
16:0	3.05	3.52	3.11	3.39	0.052	0.575	0.003	0.195
18:0	0.53	0.86	0.44	0.77	0.025	0.007	0.001	0.875
18:1 cis-9	4.17	5.86	3.08	4.20	0.085	0.001	0.001	0.009
18:2 n-6	9.80	10.56	8.36	9.31	0.162	0.001	0.003	0.601
18:3 n-3	2.72	8.32	4.73	9.07	0.279	0.015	0.001	0.106
Total fatty acids	21.88	31.29	21.84	28.63	0.400	0.026	0.001	0.028

711 **Table 2.** Composition of the total mixed rations fed (g/kg unless stated) on a dry
712 matter (DM) basis.

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-based TMR with extruded linseed (GL). ²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F*L).

		Treatn	nents ¹				P < ²	
	MS	ML	GS	GL	SEM	F	L	F*L
DM intake, kg/d	20.3	21.2	19.2	19.7	1.1	0.094	0.310	0.712
Fatty acid intake, g	/d							
16:0	60.1	70.7	57.5	66.6	3.24	0.125	0.002	0.691
18:0	11.2	18.8	9.86	16.4	0.66	0.002	0.001	0.186
18:1 cis-9	62.0	96.5	47.8	75.3	3.38	0.001	0.001	0.123
18:2 n-6	199	224	47.8	49.0	9.87	0.001	0.007	0.814
18:3 n-3	61.1	176	84.3	180	5.72	0.005	0.001	0.019
Total FA	461	660	403	568	25.40	0.002	0.001	0.296
Yield								
Milk, kg/d	36.1	37.4	35.7	35.4	1.1	0.358	0.710	0.519
4% FCM, kg/d	32.4	33.8	35.1	32.2	2.0	0.763	0.665	0.230
Fat, g/d	1200	1258	1387	1203	125.5	0.51	0.528	0.244
Protein, g/d	1143	1199	1149	1126	30.3	0.310	0.608	0.239
Lactose, g/d	1624	1670	1659	1598	92.7	0.851	0.941	0.589
Casein, g/d	850	895	870	841	32	0.642	0.816	0.329
Concentration								
Fat, g/kg	33.0	33.6	38.9	34.1	3.4	0.223	0.400	0.300
Protein, g/kg	31.6	32.1	32.3	31.8	0.5	0.609	0.955	0.200
Lactose, g/kg	45.0	44.6	46.3	45.3	1.4	0.453	0.587	0.808
Casein, g/d	23.5	24.0	24.4	23.8	0.51	0.276	0.805	0.134
Urea, mg/dL	23.2	22.1	23.1	21.1	1.6	0.651	0.264	0.708

Table 3. Effects of extruded linseed supplementation and dietary forage on dry matter(DM) and fatty acid intake and milk and constituent yield.

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-based TMR with extruded linseed (GL). ²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F*L). **Table 4.** Effects of extruded linseed (Lintec) supplementation and dietary forage source on methane production and respiratory exchange of

716 lactating dairy cows.

	Treatment ¹					P < ²			
-	MS	ML	GS	GL	SEM	F	L	F*L	
CH ₄ , L/d	598	580	567	553	35.0	0.274	0.520	0.939	
CH ₄ , MJ/d	23.7	22.9	22.4	21.8	1.39	0.274	0.520	0.939	
CH ₄ , L/kg DMI	29.5	27.5	30.4	28.1	2.47	0.635	0.213	0.939	
CH ₄ , L/kg milk	16.5	15.5	16.1	15.7	1.09	0.878	0.391	0.719	
O ₂ consumed, L/d	7046	7081	6318	6626	294.2	0.026	0.427	0.523	
CO ₂ produced, L/d	7124	7212	6468	6659	329.8	0.037	0.559	0.828	
Heat, MJ/d^3	148.0	148.3	132.5	140.0	5.8	0.023	0.361	0.394	

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-

based TMR with extruded linseed (GL).

²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F^*L).

³Calculated based on respiratory exchange and methane production.

		Treatments ¹					$P <^2$	718
Fatty actu	MS	ML	GS	GL	SEM	F	L	F*L
4:0	3.1	3.3	3.4	3.1	0.23	0.657	0.754	0.112
6:0	2.3	2.3	2.5	2.45	0.21	0.137	0.756	0.762
8:0	1.3	1.3	1.5	1.4	0.14	0.147	0.667	0.939
10:0	3.0	2.8	3.2	3.2	0.27	0.179	0.554	0.584
10:1 cis-9	0.26	0.26	0.34	0.32	0.031	0.021	0.616	0.646
12:0	3.4	3.1	3.6	3.5	0.23	0.170	0.412	0.469
12:1 cis-9	0.07	0.06	0.09	0.08	0.006	0.042	0.292	0.565
13:0 iso	0.000	0.000	0.004	0.005	0.002	0.034	0.645	0.645
13:0 anteiso	0.02	0.02	0.03	0.04	0.021	0.058	0.833	0.768
13:0 ³	0.09	0.09	0.10	0.10	0.014	0.170	0.589	0.639
14:0	11.3	10.8	11.7	11.6	0.36	0.082	0.349	0.554
14:1 trans-9	0.20	0.20	0.23	0.21	0.010	0.054	0.418	0.223
14:1 cis-9	0.91	0.91	1.03	0.96	0.111	0.049	0.334	0.337
15:0	0.93	0.86	1.04	1.02	0.084	0.009	0.259	0.442
15:1 trans-5	0.02	0.02	0.030	0.02	0.005	0.317	0.171	0.638
16:0 iso	0.21	0.22	0.23	0.20	0.018	0.948	0.318	0.106
16:0	29.8	25.7	30.8	28.1	1.66	0.126	0.012	0.503
16:1 <i>cis</i> -9 ⁴	1.7	1.5	1.8	1.5	0.105	0.662	0.020	0.473

Table 5. Effects of extruded linseed supplementation and dietary forage on milk fatty acid composition (g/100g total fatty acids)

16:1 <i>cis</i> -11	0.03	0.03	0.04	0.03	0.008	0.484	0.812	0.812	-
16:1 <i>cis</i> -13	0.04	0.04	0.07	0.06	0.012	0.101	0.764	0.780	
16:1 trans-6-7	0.02	0.02	0.02	0.02	0.005	0.229	0.878	0.721	
16:1 trans-8	0.016	0.010	0.002	0.009	0.008	0.131	0.799	0.181	
16:1 <i>trans</i> -9 ⁵	0.37	0.40	0.38	0.36	0.026	0.478	0.726	0.233	
16:1 trans-10	0.011	0.003	0.005	0.012	0.005	0.665	0.884	0.063	
16:1 trans-11	0.03	0.05	0.03	0.04	0.011	0.435	0.063	0.263	
16:1 trans-12	0.14	0.12	0.11	0.11	0.009	0.136	0.442	0.642	
17:0	0.57	0.52	0.59	0.54	0.046	0.108	0.009	0.761	
18:0 iso	0.19	0.16	0.20	0.17	0.026	0.313	0.052	0.663	
18:0	9.35	10.5	8.7	9.7	0.60	0.138	0.039	0.857	
18:1 trans total	5.2	6.3	3.6	4.9	0.63	0.008	0.024	0.801	
18:1 <i>cis</i> total	19.1	21.4	18.4	19.4	1.58	0.227	0.143	0.528	
Non-CLA ⁶ 18:2 total	0.73	1.1	0.75	1.09	0.14	0.974	<.0001	0.361	
CLA total	0.57	0.66	0.46	0.57	0.09	0.146	0.128	0.875	
18:3 cis-6,9,12	0.02	0.01	0.03	0.01	0.006	0.443	0.036	0.370	
18:3 cis-9,12,15	0.44	0.8	0.50	0.78	0.039	0.438	<.0001	0.205	
19:0 ⁷	0.16	0.25	0.15	0.23	0.039	0.591	0.005	0.704	
19:1 cis-7	0.007	0.011	0.004	0.015	0.003	0.881	0.025	0.239	
20:0	0.12	0.13	0.12	0.12	0.007	0.604	0.980	0.570	
20:1 cis-5	0.000	0.000	0.002	0.000	0.001	0.356	0.356	0.356	
20:1 cis-9	0.09	0.10	0.10	0.10	0.008	0.551	0.660	0.283	
20:1 cis-11	0.05	0.05	0.04	0.04	0.005	0.047	1.000	0.820	

20:2 n-6	0.007	0.001	0.000	0.000	0.004	0.418	0.524	$0.56\bar{2}^{19}$
20:3 n-3	0.000	0.001	0.008	0.005	0.002	0.024	0.642	0.289 ₂₀
20:3 n-6	0.10	0.08	0.10	0.07	0.012	0.743	0.034	0.943 21
20:4 n-6	0.10	0.10	0.13	0.11	0.022	0.361	0.654	$0.47\vec{0}^{22}$
20:5 n-3	0.03	0.05	0.05	0.05	0.004	0.020	0.025	0.669
22:0	0.010	0.001	0.001	-0.001	0.006	0.418	0.524	0.562
22:1 cis-13	0.001	0.000	0.000	0.000	0.001	0.356	0.356	0.356
22:2 n-6	0.014	0.010	0.043	0.038	0.004	<.0001	0.095	0.775
22:3 n-3	0.001	0.003	0.012	0.006	0.004	0.196	0.670	0.378
22:4 n-6	0.02	0.01	0.02	0.01	0.004	0.647	0.028	0.926
22:5 n-3	0.09	0.08	0.09	0.08	0.015	0.886	0.362	0.977
22:6 n-3	0.003	0.000	0.000	0.000	0.002	0.356	0.356	0.356
24:0	0.02	0.01	0.03	0.02	0.007	0.010	0.022	0.584
$\sum \le 14:0$	24.8	23.7	26.3	25.8	1.28	0.124	0.475	0.799
\sum saturates	67.5	63.3	69.7	67.1	2.57	0.076	0.055	0.586
$\sum cis$ MUFA	21.4	23.6	21.1	21.8	1.63	0.306	0.185	0.479
\sum trans MUFA	5.9	6.9	4.2	5.5	0.66	0.009	0.027	0.831
\sum <i>trans</i> total	6.4	7.6	4.7	6.1	0.71	0.011	0.030	0.832
n-3 PUFA	0.73	1.2	0.83	1.2	0.08	0.268	<.0001	0.293
n-6 PUFA	2.6	2.5	2.2	2.1	0.14	0.001	0.187	0.766
Fatty acids (g/100g fat)	93.7	93.5	93.4	93.6	0.12	0.232	0.880	0.181

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-based TMR with extruded linseed (GL).

²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F*L).

³Co-elutes with *cis*-9 12:1

⁴Co-elutes with 17:0 anteiso

⁵Co-elutes with 17:0 iso

⁶All 18:2 isomers excluding CLA

⁷Co-elutes with *cis*-15 18:1

	Treatment ¹					P < ²			
Fatty acid	MS	ML	GS	GL	SEM	F	L	F*L	
<i>cis</i> -9 18:1 ³	17.4	19.4	17.2	17.9	1.40	0.371	0.189	0.482	
cis-11 18:1	0.75	0.73	0.54	0.58	0.123	0.016	0.922	0.598	
cis-12 18:1	0.46	0.57	0.29	0.41	0.048	0.005	0.021	0.935	
cis-13 18:1	0.12	0.12	0.09	0.11	0.019	0.046	0.180	0.422	
cis-16 18:1	0.05	0.08	0.03	0.04	0.015	0.003	0.014	0.408	
trans-5 18:1	0.030	0.015	0.004	0.018	0.005	0.044	0.849	0.016	
trans-6,-7,-8 18:1	0.39	0.45	0.23	0.30	0.058	0.004	0.103	0.791	
trans-9 18:1	0.33	0.38	0.21	0.27	0.063	0.045	0.268	0.888	
trans-10 18:1	0.92	0.88	0.41	0.54	0.313	0.038	0.784	0.624	
trans-11 18:1	1.3	1.6	0.86	1.18	0.194	0.056	0.114	0.947	
trans-13-14 18:1	0.93	1.25	0.81	1.09	0.190	0.060	0.002	0.722	
trans-15 18:1	0.54	0.72	0.50	0.66	0.063	0.058	0.002	0.746	
trans-16 18:14	0.46	0.63	0.40	0.58	0.049	0.028	0.001	1.000	

Table 6. Effects of extruded linseed supplementation and dietary forage on milk 18:1 isomer composition (g/100g total fatty acids)

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS), grass silage-based TMR
 with extruded linseed (GL).

²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F^*L).

³Co-elutes with *cis*-10 18:1

⁴Co-elutes with *cis*-14 18:1

			P < ²					
Fatty acid	MS	ML	GS	GL	SEM	F	L	F*L
<i>cis</i> -9, <i>cis</i> -12 18:2	2.30	2.20	1.80	1.70	0.14	0.002	0.377	0.759
cis-9 cis-15 18:2	0.05	0.05	0.06	0.05	0.010	0.424	0.475	0.279
cis-9, trans-12 18:2	0.06	0.06	0.04	0.06	0.009	0.140	0.020	0.055
cis-9, trans-13 18:2	0.21	0.38	0.23	0.34	0.074	0.324	0.001	0.082
cis-9, trans-14 18:2	0.11	0.16	0.11	0.15	0.029	0.597	0.001	0.417
cis-10, trans-14 18:2	0.15	0.11	0.13	0.14	0.009	0.441	0.145	0.024
trans-9, cis-12 18:2	0.02	0.03	0.01	0.02	0.004	0.125	0.008	0.452
trans-11, cis-15 18:2	0.06	0.19	0.09	0.20	0.026	0.320	0.0001	0.518
trans-12, cis-15 18:2	0.03	0.03	0.02	0.04	0.006	0.593	0.028	0.302
trans -11, trans-15 18:2	0.05	0.05	0.04	0.05	0.006	0.140	0.715	0.472

Table 7. Effects of extruded linseed supplementation and dietary forage on milk 18:2 isomer composition (g/100g total fatty acids).

¹Maize silage-based TMR (MS), maize silage-based TMR with extruded linseed (ML), grass silage-based TMR (GS),

grass silage-based TMR with extruded linseed (GL).

²Probability for the effect of forage (F), extruded linseed (L), or their interaction (F^*L).