

# Effects of Cardiac Structural Remodelling During Heart Failure on Cardiac Excitation – Insights from a Heterogeneous 3D Model of the Rabbit Atria

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## Abstract

*Heart failure is a leading cause of morbidity and mortality in the western world. One of the effects of heart failure is the structural remodelling of cardiac tissue, including tissue dilation and development of fibrosis. It is therefore important to study these changes and their effect on cardiac activity, in order to gain a better understanding of the underlying mechanisms in arrhythmogenesis, which will hopefully enable us to develop better treatments for heart failure.*

*In this study we developed biophysically detailed models of the rabbit atria for normal and heart failure conditions. These models were used to study the effects of structural remodelling of heart failure on cardiac excitation wave conduction. Anatomical reconstructions of the control and heart failure hearts were based on contrast enhanced micro-CT imaging. Fibre orientation was extracted from the control and heart failure datasets. Effects of heart failure geometry on the activation pattern of atrial excitation waves were analyzed.*

*It was found that atrial activation time increased from the control to the heart failure case in both isotropic and anisotropic conditions, which is attributed primarily to the dilation of tissue caused by heart failure.*

## 1. Introduction

Clinically, heart failure (HF) is the inability of the heart to pump blood sufficiently in order to meet the body's needs. Causes of HF include coronary artery disease, atrial fibrillation (AF) and myocardial infarction. It is associated with increased risks of cardiac arrhythmias in the atria, as there is a high prevalence of AF in patients with HF, and is forming a leading cause of morbidity and mortality in the western world [1]. Clinical and animal model studies have shown that HF is associated with cardiac structural remodelling, which includes cellular hypertrophy, tissue dilation, wall thinning and disruption

of tissue fibre orientation [2,3,4]. However, the functional impact of such structural remodelling on cardiac excitation wave conduction in the atria and therefore its potential role in arrhythmogenesis is unclear. It is hypothesised that the structural changes in the atrial tissue during HF provide a substrate for the development of AF. The aim of this study is to investigate HF-induced structural remodelling on atrial excitation wave conduction.

## 2. Methods

To study the effects of structural remodelling in the atrium, multi-scale electrophysiologically detailed computer models of the rabbit atria were developed. High resolution micro CT datasets were made by Dr Stephenson and Professor Jarvis as previously described, using hearts taken from an experimental series run in Liverpool and Manchester in collaboration with Professor G Hart [5,6]. Using image-based analysis, the model was segmented into distinct regions of the atria and tissue fibre orientation was extracted. Simulations were conducted in both anisotropic and isotropic conditions to assess the effect of fibre orientation on atrial activation in normal and HF conditions.

### 2.1. Anatomical Reconstructions of the Rabbit Atria

The 3D model of the atria was based on anatomical datasets of the rabbit atria, reconstructed from contrast enhanced micro-CT imaging in control and experimental HF. The HF dataset was obtained from a rabbit heart which was subjected to aortic valve destruction followed by aortic banding [5]. The datasets were obtained at a spatial resolution of 20  $\mu\text{m}$ , which were downsampled to a resolution of 120 $\mu\text{m}$  in order to reduce computation time of the model simulations.

Based on prior knowledge of atrial anatomy and

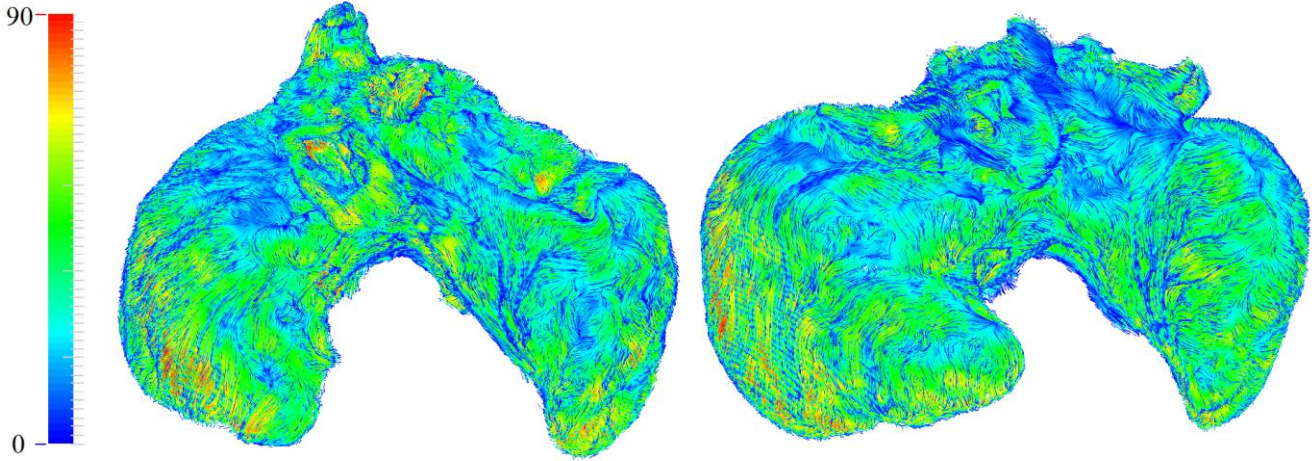


Figure 1: Fibre orientation visualization in the control (left) and HF (right) case. The view in both hearts is from the anterior – superior direction. Colouring represents fibre angle compared to the vertical axis.

electrophysiology, a conduction block zone region as observed in the rabbit heart was also simulated between the sinoatrial node and the atrial septum in both control and HF geometries. The existence and location of the block zone was validated against experimental data to ensure that the activation pattern agrees with experimental data.

Conduction velocity throughout the atrial tissue in both control and HF was adjusted through the diffusion coefficient in each case according to experimental data from rabbit as shown in Table 1.

|                                   | Conduction Velocity<br>(cm/s) |
|-----------------------------------|-------------------------------|
| Along the fibres (axial)          | 70                            |
| Across the fibres<br>(transverse) | 50                            |
| Without fibres                    | 60                            |

Table 1: Conduction velocity values within the atrial tissue.

## 2.2. Fibre Orientation

Fibre orientation was extracted from the high resolution contrast enhanced micro-CT imaging datasets in both control and HF cases by using intensity based structure tensor analysis [7]. A visualization of the extracted fibre directions is presented in Figure 1.

## 2.3. Tissue Modelling

To simulate the propagation through the rest of the atrial tissue, the Right Atrium rabbit model [8] was used. The action potential morphology and characteristics are

shown in Figure 2.

Electrical excitation throughout the tissue is described by the following differential equation:

$$\frac{\partial V}{\partial t} = \nabla \cdot D \nabla V - \frac{I_i n}{C_m}$$

Where  $V$  is membrane potential,  $t$  is time,  $D$  is the diffusion coefficient for the voltage spread across the tissue,  $I_{ion}$  is the total ionic current and  $C_m$  is the membrane capacitance.

The above equation was solved using the Finite Difference Method with a space step of  $120 \mu\text{m}$  and time step of  $2 \mu\text{sec}$ .

In both control and HF simulations, the respective geometries were segmented in two regions; the sinoatrial node region and atrial tissue. The sinoatrial node region served as an initiation point for the excitation wave and was paced manually by applying a stimulus every 300ms.

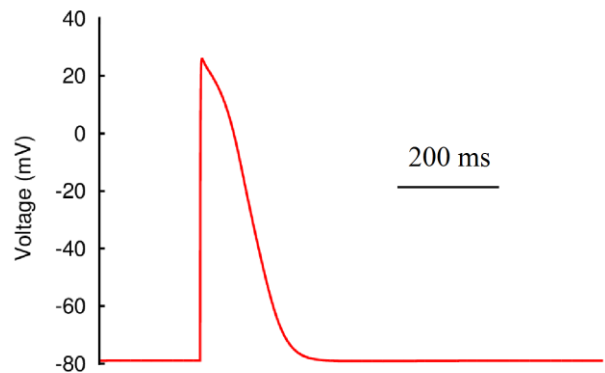


Figure 2: Action potential morphology of the rabbit right atrial single cell model. Action potential duration ( $APD_{90}$ ) is 82 ms and amplitude is 105 mV.

The simulations were run on a system running Scientific Linux with two Intel Xeon E5 2680v2 processors and 128 GB of RAM.

### 3. Results

Atrial activation time was longer in the HF case compared to the control case in both anisotropic (by 15%) and isotropic (17%) conditions, due to the increased tissue volume in HF (Figure 3). Consideration of fibre orientation in the models resulted in anisotropic conduction patterns with preferential conduction pathways in the atria. Remodelling of cell orientation in HF did not generate any additional slowing in atrial activation above the slowing calculated solely on the change in the geometry.

#### 3.1. Activation Pattern

Activation throughout the rabbit atria in each case started from the sinoatrial node region where the stimulus was applied and continued to the right atrium, and towards the left atrium by propagating around the block zone, as seen experimentally. With the inclusion of fibres, activation was found to accelerate in regions where the

presence of aligned fibre bundles was more prominent.

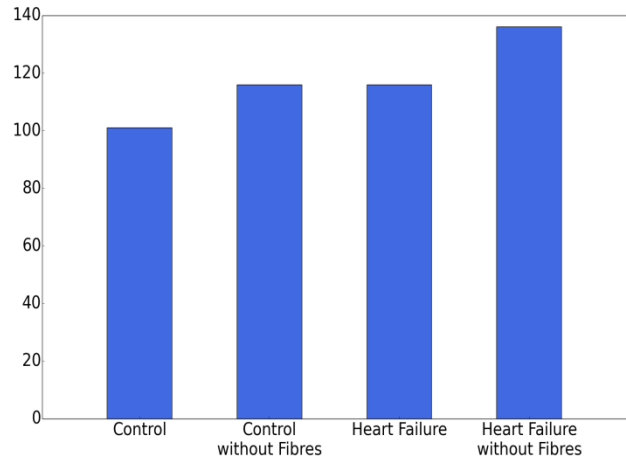


Figure 3: Total activation time of the atria in milliseconds in each case study.

Total activation time increased from 101 ms in the control case to 116 ms in the HF case when anisotropy is included in the model, as shown in Figure 4. More specifically, latest activation of the Right Atrium in the control case is at 63 ms while for the HF case at 74 ms.

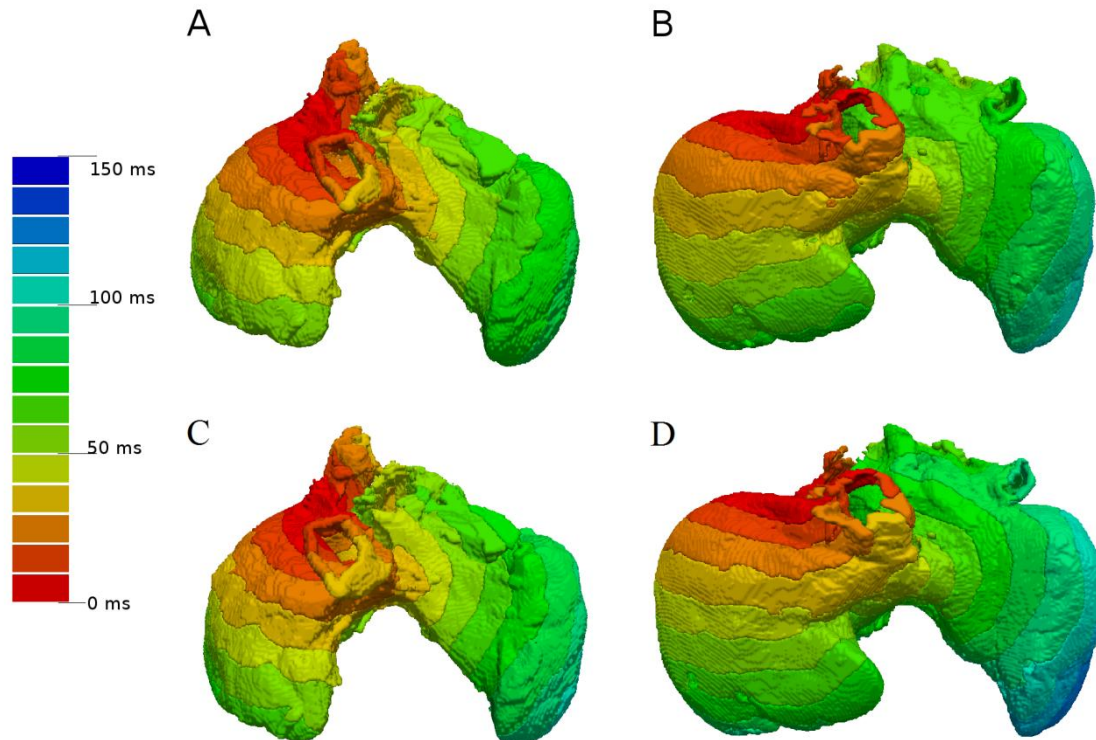


Figure 4: Activation Pattern in the Control (A), Heart Failure (B), Control without fibres (C) and Heart failure without fibres (D) case. Each colour represents a 10 millisecond advancement in activation time.

Earliest activation of the LA in control is at 33 ms while in HF it is at 44 ms. Finally, latest activation of the LA in the control case is at 101 ms and 116 ms in the HF case.

Similar changes occur in the isotropic case. Latest RA activation happens at 72 ms in control and 94 ms in HF, while earliest LA activation is at 38 ms and 55 ms respectively. Finally, latest LA activation occurs at 116 ms in control and 136 ms in HF.

### 3.2. Fibre Orientation

Analysis of the fibre orientation data indicates that while there are preferred conduction pathways in the atria where fibre bundles are more likely to be observed, no significant disorganisation of fibres seems to be induced by HF in these regions.

An interesting consequence of the tissue dilation found in the HF case, mostly in the left and right atria and atrial appendages, is the increased radius of curvature of myocyte aggregates in those regions. Due to the increased tissue volume, the chains of myocytes do not need to change direction as rapidly as the control case in order to follow the curvature of geometry in the area. This effect can be seen in Figure 1.

## 4. Conclusions

Using a computational model of the rabbit atria with high resolution anatomical reconstructions of a control and HF rabbit heart and cellular orientation extracted from the datasets, it was possible to investigate the effects of structural remodelling on cardiac excitation in the atria during HF.

In both isotropic and anisotropic cases, activation time increased in HF compared to the control case. This was attributed to the highly dilated tissue found in the left and right atria and atrial appendages in the HF case, rather than the altered orientation. Such structural remodelling may facilitate re-entrant excitation waves in the atria.

Fibre orientation studies reveal that the fibre bundles forming in the rabbit atria play an important role directing the excitation wave along preferred conduction pathways in both control and HF cases, though no additional change in fibre disorganisation is seen due to HF remodelling in these regions.

The remodelled anatomical structure through its increase in volume has an effect on the fibre organisation in regions where tissue dilation is found most predominantly. This effect is manifested through a smoothing out of fibre angles, since fibre bundles curve around larger tissue volumes compared to the sharper edges of the control atria.

Further studies need to be performed to investigate higher degrees of tissue heterogeneity and automatic pacing of the rabbit atrium in order to get a better

understanding of the effects of structural remodelling in atrial depolarisation.

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