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Expression of vascular endothelial growth factor C in human pterygium

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6	1	Expression of vascular endothelial growth factor C in human pterygium.
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2	Purpose: Vascular endothelial growth factor C (VEGF-C) and its receptor
3	VEGFR-3 mediate lymphangiogenesis. In this study, we analyzed the
4	expression of VEGF-C and VEGFR-3 as well as lymphatic vessels in the
5	pterygium and normal conjunctiva of humans.
6	Methods: Fifteen primary nasal pterygia and three normal bulbar
7	conjunctivas, surgically removed, were examined in this study. The
8	lymphatic vessel density (LVD) and blood vessel density (BVD) were
9	determined by the immunolabeling of D2-40 and CD31, markers for
10	lymphatic and blood vessels, respectively. VEGF-C and VEGFR-3
11	expression in pterygial and conjunctival tissue proteins was detected by
12	Western blotting. Expressions of VEGF-C and VEGFR-3 were evaluated
13	using immunohistochemistry.
14	Results: The LVD was significantly higher in the pterygium than normal
15	conjunctiva (p<0.05). Western blot demonstrated high-level expression of
16	VEGF-C and VEGFR-3 in the pterygium compared with normal
17	conjunctiva. VEGF-C immunoreactivity was detected in the cytoplasm of
18	pterygial and normal conjunctival epithelial cells. The number of
19	VEGF-C-immunopositive cells in pterygial epithelial cells was
20	significantly higher than in normal conjunctival cells (p<0.05). VEGFR-3
21	immunoreactivity was localized in the D2-40-positive lymphatic
22	endothelial cells.

1 2 3		
4 5 6	1	Conclusions : The present findings suggest the potential role of VEGF-C in
7 8	2	the pathogenesis and development of a pterygium through
9 10 11	3	lymphangiogenesis and the VEGF-C/VEGFR-3 pathway as a novel
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14 15		therapeutie target for the numan prerygrunn.
16 17	5	
18 19	$\frac{6}{7}$	key words: VEGF-C, VEGFR-3, lymphangiogenesis, lymphatic vessel density ntervolum
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1 Introduction

2	A pterygium is an elevated, superficial, external ocular mass that usually
3	forms over the perilimbal conjunctiva, and extends onto the corneal surface.
4	Pathologically, a pterygium is a proliferative, invasive, and highly
5	vascularized tissue.(Gebhardt et al., 2005) Kase et al. demonstrated that
6	proliferation activity was high in the pterygial epithelium compared to that
7	in the normal conjunctiva.(Kase et al., 2007a; Kase et al., 2007b) Moreover,
8	biological tissue growth and invasion are of importance in the pathology of
9	pterygium . (Bai et al., 2010) Indeed, there are transformed cells in
10	pterygial tissue, which is one of the characteristics of a tumor
11	phenotype.(Spandidos et al., 1997) Recently, it has been demonstrated that
12	significant preneoplastic lesions may be associated with the pterygium
13	(Chui et al., 2011), indicating that pterygia display tumor-like features.
14	
15	The vascular endothelial growth factor (VEGF) family is a group of ligands
16	for the endothelial cell-specific VEGF tyrosine kinase receptors. These
17	growth factors play pivotal roles in the regulation of vascular and
18	lymphatic growth. Among the VEGF family, VEGF-C and VEGF-D can
19	stimulate the growth of lymphatic vessels, a process called
20	lymphangiogenesis, which contributes to the pathology of various human
21	disorders such as tumors and inflammation.(Achen et al., 1998; Joukov et
22	al., 1996) VEGF-C is exclusively essential for the initial sprouting, and for

the subsequent survival of lymphatic endothelial cells.(Karkkainen et al.,
2004) VEGF-C is known to be a ligand for the endothelial cell-specific
tyrosine kinase receptor, VEGFR-3. In normal adult tissues, VEGFR-3 is
expressed predominantly in the lymphatic endothelial cells,(Partanen et al.,
2000) while, in pathological situations like chronic wound healing,
VEGFR-3 can be abnormally expressed on not only lymphatic but also
blood vessel endothelium.(Paavonen et al., 2000; Witmer et al., 2001)
Most studies have supported the hypothesis that VEGF-C is of prognostic
value, and promotes lymphatic tumor progression in various human cancers,
including gastric, breast, colon, lung, head and neck, and ovarian
carcinomas.(Herrmann et al., 2007; Jüttner et al., 2006; Miyata et al., 2006;
Trojan et al., 2006) In the ophthalmology field, VEGF-C and its receptor,
VEGFR-3, mediate human corneal lymphangiogenesis following corneal
transplantation.(Cursiefen et al., 2002) Moreover, the blockade of
VEGFR-3 reportedly led to the inhibition of corneal inflammatory
lymphangiogenesis,(Yuen et al., 2011) suggesting that the
VEGF-C/VEGFR-3 pathway may contribute to the discovery of a novel
therapeutic target in ocular surface disorders. However, to the best of our
knowledge, VEGF-C and VEGFR-3 expression has yet to be examined in
the human pterygium. The aim of this study was to analyze the expression
of VEGF-C and VEGFR-3 as well as lymphatic vessels in the pterygium

1 and normal conjunctiva of humans.

 $\mathbf{2}$

Material and Methods

Preparation of human tissues

6 Fifteen patients with primary nasal pterygia, surgically removed, were

7 enrolled in this study. Normal bulbar conjunctival tissues were obtained

8 from three patients during cataract surgery. The tissues were then fixed in

9 4% paraformaldehyde. After fixation, slides were washed in

10 phosphate-buffered saline (PBS), and processed for paraffin sectioning.

11 Written informed consent was obtained according to the Declaration of

12 Helsinki. All human experiments conformed with the requirements of the

13 ethics committee of Hokkaido University Graduate School of Medicine.

15 Conjunctival and lymphatic endothelial cell lines

16 Cultured human conjunctival cells were purchased from American Culture

17 Collections (ATCC). Human Dermal Lymphatic Endothelial cell line were

- 18 purchased from Promo Cell. These cell line were maintained in complete
- 19 medium (Endothelial cell Growth medium 2; Promo Cell) under a

20 humidified atmosphere containing 5% CO2 at 37°C.

1	Immunofluorescence microscopic assay
2	Dewaxed paraffin sections were immunostained using the complex method.
3	Formalin-fixed, paraffin-embedded serial tissue sections were cut at a 4 μ m
4	thickness and endogenous peroxidase activity was inhibited by immersing
5	the slides in 3% hydrogen peroxide in methanol for 10 min. As a
6	pretreatment, microwave-based antigen retrieval was performed in PBS.
7	Then, non-specific binding of the primary antibody was blocked by
8	incubating the slides in blocking bovine serum for 30 min. The slides were
9	incubated with primary antibodies at room temperature for 2 h. The
10	antibodies used in this study were VEGF-C (AF752) and VEGFR-3
11	(AF349; R&D Systems, Abingdon, UK) at concentrations of 10 and 15
12	μg/ml, respectively, D2-40 (1:100; Dako, Carpinteria, CA, USA), VEGF-A
13	(1:100; abcam, Tokyo, Japan), and MUC5AC (1:200; abcam, Tokyo,
14	Japan). Positive signals of D2-40 were visualized using diaminobendizine
15	as a substrate. In double staining immunohistochemistry, the sections were
16	incubated with the above-mentioned first antibody, followed by the Alexa
17	Fluor® 546 goat anti-rabbit antibody for 30 min, and FITC- conjugated
18	anti-CD31 monoclonal antibody (a marker for blood endothelial cells)
19	(1:200 Abcam, Tokyo, Japan), or FITC- conjugated anti-CD68 monoclonal
20	antibody (a marker for macrophages) (1:200; abcam, Tokyo, Japan) for 30
21	min at room temperature. After washing, sections were mounted using
22	mounting media with 4',6- diamino-2-phenylindole (DAPI; SlowFade®

- 1 Gold antifade reagent with DAPI; Invitrogen, Eugene, OR, USA).
- 2 <u>To investigate the correlation of VEGF-A or MUC5AC expression with</u>
- 3 VEGF-C in pterygial tissues, immunohistochemistry was performed using
- 4 serial sections, with the Alexa Fluor® 546 goat anti-mouse secondary
- 5 <u>antibody (1:500 dilution; Invitrogen).</u> All slides were examined using a
- 6 Keyenece BZ-9000 (Keyence, Osaka, Japan) microscope.

8 Evaluation of VEGF-C-positive cells

- 9 In microscopic observation, we counted the total number of epithelial cells
- 10 and VEGF-C-positive cells of the pterygium and normal conjunctiva in
- 11 three fields under high power (objective lens: 40×). <u>To calculate the</u>
- 12 positive rate of VEGF-C expressed in the cytoplasm of epithelial cells, the
- 13 <u>number of DAPI-positive nuclei (blue) in the epithelium was calculated in</u>
- 14 the field. And then the number of cells showing cytoplasmic
- 15 immunoreactivity (red) was calculated under merged images with VEGF-C
- 16 and DAPI. Cells positively stained for anti-VEGF-C antibody were noted
- 17 based on the labeling index as a percentage (%) in each specimen, and the
- 18 measurements were averaged.
- 19 In six out of 15 pterygium samples where pterygial head and body could be
- 20 clearly separated during excision and fixation of the tissues, VEGF-C
- 21 immunohistochemistry is evaluated to determine the difference of the
- 22 immunolocalization. The results regarding VEGF-C in pterygial and

Histochemistry and Cell Biology

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normal conjunctival tissues are presented as the mean. In addition, 1 VEGF-A -positive epithelial cells of the pterygium are also evaluated. The $\mathbf{2}$ 3 masked evaluation of histology was performed by J.F, S. K, and A. K. 4 Quantification of lymphatic and blood vessel densities $\mathbf{5}$ The lymphatic vessel density (LVD), detected by immunostaining for 6 7 D2-40, was quantitatively analyzed as previously described. (Aishima et al., 2008) Briefly, areas with highly D2-40-positive vessels (hot spots) were 8 9 identified by scanning the sections at low magnification (objective lens $10\times$); then, the number of D2-40-positive vessels was counted in three 10 fields under high power (objective lens: $40\times$) for each case. The mean 11

13 normal conjunctiva. Blood vessels were identified by immunostaining for

14 CD31, in which the blood vessel density (BVD) was quantitatively

15 analyzed as determined in the LVD. The LVD/BVD ratio was subsequently

value for the three fields was calculated as the LVD for each pterygium or

16 calculated in each case.

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18 Western blot analysis

19 Four different subjects of pterygium and normal conjunctiva were

- 20 surgically removed, and then were sonicated in lysis buffer ($1 \times RIPA$
- 21 buffer; Cell Signaling Technology, Danvers, MA, USA) with protease
- 22 inhibitor (Roche, Basel, Switzerland) on ice, and centrifuged at 13,500 rpm

1	for 20 min at 4 °C. These were stored at -80 °C until being assayed. These
2	samples were electrophoretically separated on SDS-PAGE using a 4%
3	stacking and 10% separating gels. Proteins in gels were electro-transferred
4	(80 V, 90 min, 4 °C) to Hybond-P polyvinylidene difluoride transfer
5	membranes (GE Healthcare, Buckinghamshire, UK). After transfer, the
6	membranes were incubated for 1 h in a blocking solution which consisted
7	of 5% skim milk powder in PBS containing 1% tween (PBST), washed
8	briefly in PBST, and then probed with anti-VEGF-C polyclonal antibody
9	(1:500; described above) and anti-VEGFR-3 polyclonal antibody (1:500;
10	described above) diluted in 5% BSA/TBST. The membrane was
11	extensively washed in PBST for 30 min and incubated with a 1:1,000
12	dilution of the appropriate horseradish peroxidase-conjugated donkey
13	anti-goat IgG at room temperature for 60 min. Then, it was placed in
14	chemiluminescent reagent (ECL plus, GE Healthcare, Buckinghamshire,
15	UK) and exposed to a luminescent image analyzer (Fujifilm, Tokyo, Japan).
16	Quantification of protein expression was determined by densitometric
17	analysis using Image J software.
18	
19	VEGF-C production of cultured conjunctival cells
20	The cultured conjunctival epithelial cells were plated in fresh medium

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- $(2 \times 10^4 \text{ cells/ml})$ per 60mm petri dish in serum-supplemented medium and
- 22 were incubated. In confluent condition, serum-containing medium was

1	removed and serum-free medium was added. The culture media were then
2	harvested 0, 24 and 48 hours later, in which the concentration of VFGF-C
3	was measured by using human VEGF-C ELISA kit (R&D Systems)
4	according to the manufacturer's instructions.
5	
6	In vitro cell proliferation assay
7	Human dermal lymphatic endothelial cells were seeded in 96-well plates at
8	$100\mu l(2 \times 10^4 \text{ cells/well})$, and 24 h later, 10µl of supernatant fluid containing
9	VEGF-C described above was added to each well. The supernatant derived
10	from cultured conjunctival epithelial cells, treated with serum-free
11	condition decribed above, was harvested. Cell viability was assessed by a
12	modified MTT assay using a Cell Counting Kit-8 (Dojin Laboratories,
13	Japan) 24 and 48 hours later. Results were calculated as the percentage of
14	viability according to the manufacturer's instructions.
15	
16	Statistical analysis
17	Student's t-test was used for statistical comparison of the number of
18	VEGF-C-positive cells, correlation with VEGF-A, LVD, and LVD/BVD
19	ratio between pterygium and normal control groups. Differences between
20	the means were considered significant when the probability values were
21	<0.05.

1	
2	Results
3	LVD is high in pterygium
4	D2-40-positive lymphatic vessels were clearly seen in the stroma of the
5	pterygium and normal conjunctiva (Figure 1, arrows). The LVD of the
6	pterygium and normal conjunctiva was 8.2±2.8 and 4.8±0.3, respectively.
7	The LVD was significantly higher in the pterygium than in the normal
8	conjunctiva ($P < 0.001$, Table 1). In contrast, the LVD/BVD ratio of the
9	pterygium (0.86±0.26) was not significant difference compared to that of
10	the normal conjunctiva (0.71 \pm 0.05) ($P > 0.05$, Table 1).
11	
12	VEGF-C is expressed in pterygium
12 13	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was
12 13 14	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western
12 13 14 15	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total
12 13 14 15 16	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total proteins extracted from the pterygial tissues, whilst VEGF-C expression
 12 13 14 15 16 17 	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total proteins extracted from the pterygial tissues, whilst VEGF-C expression was less marked in normal conjunctival tissues (Figure 2A). Table 2
 12 13 14 15 16 17 18 	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total proteins extracted from the pterygial tissues, whilst VEGF-C expression was less marked in normal conjunctival tissues (Figure 2A). Table 2 summarizes the immunohistochemical results of VEGF-C in human
12 13 14 15 16 17 18 19	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total proteins extracted from the pterygial tissues, whilst VEGF-C expression was less marked in normal conjunctival tissues (Figure 2A). Table 2 summarizes the immunohistochemical results of VEGF-C in human pterygial and normal conjunctival tissues. Immunoreactivity for VEGF-C
 12 13 14 15 16 17 18 19 20 	VEGF-C is expressed in pterygium The expression of VEGF-C in the pterygium and normal conjunctiva was evaluated by Western blot analysis and immunohistochemistry. Western blot demonstrated that VEGF-C protein expression was high in total proteins extracted from the pterygial tissues, whilst VEGF-C expression was less marked in normal conjunctival tissues (Figure 2A). Table 2 summarizes the immunohistochemical results of VEGF-C in human pterygial and normal conjunctival tissues. Immunoreactivity for VEGF-C was detected in all pterygial tissues and normal conjunctiva examined.
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1	showed all data on VEGF-C-positive rates in pterygial and normal
2	conjunctival tissues (Figure 3B), indicating that this histological difference
3	of LVD might appear gradually. In contrast, immunolocalization of
4	VEGF-C-positive cells between pterygial head (46%) and body (45%)
5	epithelia was not statistically significant difference. Immunoreactivity for
6	VEGF-A was also detected in all pterygial tissues (Figure 4A, B). The
7	number of VEGF-A-immunopositive cells (54%) was significantly higher
8	than that of VEGF-C (44%) ($n=9$, P < 0.05, Table 3). Immunoreactivity for
9	VEGF-C was marginally detected in MUC5AC-positive goblet cells in
10	pterygial epithelium (Figure 4E-H, arrows), and a few CD68-positive
11	macrophages infiltrating the pterygial tissue stroma (Figure 4I-L, arrows).
12	
13	VEGFR-3 is expressed in lymphatic vessels in pterygium
14	Expression of VEGFR-3 was evaluated by Western blot analysis and
15	immunohistochemistry. As shown in Figure 2, Western blot showed that
16	VEGFR-3 protein expression was strongly detected in pterygial tissues
17	compared to normal conjunctival tissues (p<0.05). VEGFR-3
18	immunoreactivity (Figure 5, red) was localized in the D2-40-positive
19	lymphatic endothelial cells (Figure 5, green), whereas immunoreactivity for
20	VEGFR-3 was not detected in blood vessel endothelial cells.
21	
22	VEGF-C is secreted in serum-starved cultured conjunctival epithelial

1 cells

 $\begin{array}{r} 43\\ 44\\ 45\\ 46\\ 47\\ 48\\ 49\\ 50\\ 51\\ 52\\ 53\\ 54\\ 55\\ 56\end{array}$

2	To investigate whether conjunctival epithelial cells produce VEGF-C, we
3	measured the levels of the VEGF-C protein concentration in the culture
4	medium at 0, 24, and 48 hours after replacement with serum-free medium.
5	Protein concentrations of VEGF-C in the medium of 48 hours (188.0
6	pg/mg) were significantly higher than those of 0 hour (75.2pg/mg, $n=3$,
7	<i>p</i> <0.05, Figure 6A).
8	
9	VEGF-C promotes lymphatic endothelial cell proliferation
10	To investigate the role of VEGF-C in pterygium pathogenesis, we studied
11	the effects of VEGF-C derived from conjunctival epithelial cells on cell
12	proliferation of cultured lymphatic endothelial cells in vitro. After
13	incubating with the supernatants 24 and 48 hours after replacement of
14	serum-free medium described above, cell viability was then assessed. The
15	former and latter supernatants were considered low and high VEGF-C
16	concentrations, respectively. Addition of the supernatant obtained from low
17	VEGF-C concentration did not have any significant effects on lymphatic
18	cell viability examined. However, addition of supernatant obtained from
19	high VEGF-C concentration had an increase in lymphatic cell proliferation
20	at 24 hours (<i>n</i> =4, <i>p</i> <0.05, Figure 6B).
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5	1	In this study, we domenstrated that VECE Cause supressed in atomical
6	1	In this study, we demonstrated that vEGF-C was expressed in pterygial
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8	2	tissues using Western blot and immunohistochemistry. Moreover,
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10	2	immunoreactivity for VEGE C was clearly detected in ptervoial enithelial
11	ა	minumoreactivity for vicor-C was clearly detected in picrygial epitienal
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13	4	cells. As shown in Table 2, the present study demonstrated that the number
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15	5	of VEGE-C-positive cells in ptervoial enithelium was significantly higher
16	0	of VLOI -C-positive cens in pierygiar epithenum was significantly ingher
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18	6	than those in normal conjunctival epithelium.
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23	8	It has been demonstrated that VEGF-C promotes tumor progression.(Liu et
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25	9	al 2011) In fact, the ptervoium displays tumor-like features (Chui et al
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27	10	2011, Surge 1: 1. and 1. 1007) VECE A is the most important members of
28	10	2011; Spandidos et al., 1997) VEGF-A is the most important member of
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30	11	VEGF family, and is known to strongly express in pterygial tissues with
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32	10	significant mitagenesis and call migration. We also examined
33	12	significant mitogenesis and cell migration, we also examined
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35	13	immunoreactivity for VEGF-C together with VEGF-A as a comparative
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37	1/	study Indeed VEGE-A-nositive rate in pterygium enithelia was
38	14	study. Indeed, VEOP-A-positive rate in prerygram epithena was
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40	15	significantly higher than VEGF-C. Therefore, it is indisputable that
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42	16	VEGE-A plays a critical role in the various pathologies. On the other hand
43	10	v Dor 11 pluys a eritiear fore in the various pathologies. On the other hand,
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45	17	the results on relatively low number of VEGF-C-immunopositive pterygial
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47	18	epithelial cells may reflect on more specific roles of VEGF-C in the
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49	10	nothalagy like lymphongiagonagis
50	19	pathology like lymphanglogenesis.
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54	91	The present study demonstrated that the LVD in the pterugium was
55	<i>4</i> 1	The present study demonstrated that the LVD in the pterygram was
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57	22	significantly higher than that in the normal conjunctiva. These results are
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1	consistent with a recently published report indicating lymphangiogenesis in
2	human pterygial tissues.(Cimpean et al., 2011) Moreover, we analyzed
3	LVD/BVD ratio, which showed no significant difference in human
4	pterygial and normal conjunctival tissues in this study. These data suggest
5	that not only angiogenesis but also lymphangiogenesis plays a critical role
6	in the pathology of pterygium. On the other hand, it has been demonstrated
7	that the inhibition of VEGF-C expression reduces
8	lymphangiogenesis.(Chen et al., 2005) In our investigation, the LVD,
9	LVD/BVD ratio, and number of VEGF-C-positive epithelial cells were
10	significantly higher in the pterygium than normal conjunctiva, suggesting
11	that VEGF-C expression is correlated with the LVD in the pterygium.
12	
13	As we showed above, VEGF-C was expressed in human pterygial
13 14	As we showed above, VEGF-C was expressed in human pterygial epithelium; however, the regulation of VEGF-C protein expression is not
13 14 15	As we showed above, VEGF-C was expressed in human pterygial epithelium; however, the regulation of VEGF-C protein expression is not well understood. Recently, it was demonstrated that the expression levels
13 14 15 16	As we showed above, VEGF-C was expressed in human pterygial epithelium; however, the regulation of VEGF-C protein expression is not well understood. Recently, it was demonstrated that the expression levels of cyclooxygenase (COX)-2 were correlated with VEGF-C protein
13 14 15 16 17	As we showed above, VEGF-C was expressed in human pterygial epithelium; however, the regulation of VEGF-C protein expression is not well understood. Recently, it was demonstrated that the expression levels of cyclooxygenase (COX)-2 were correlated with VEGF-C protein expression, and lymphangiogenesis.(Iwata et al., 2007) On the other hand,
 13 14 15 16 17 18 	As we showed above, VEGF-C was expressed in human pterygial epithelium; however, the regulation of VEGF-C protein expression is not well understood. Recently, it was demonstrated that the expression levels of cyclooxygenase (COX)-2 were correlated with VEGF-C protein expression, and lymphangiogenesis.(Iwata et al., 2007) On the other hand, Chiang <i>et al.</i> previously stated that COX-2 was expressed in pterygial
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2	In adults, VEGFR-3 expression is limited to the lymphatic
3	vessels.(Kaipainen et al., 1995) Under pathological conditions like chronic
4	wound healing, VEGFR-3 is abnormally expressed on not only lymphatic
5	but also blood vessel endothelium.(Paavonen et al., 2000; Witmer et al.,
6	2001) In this study, we confirmed that VEGFR-3 was exclusively
7	expressed in lymphatic vessel endothelium in human pterygial tissues.
8	VEGF-C is a known ligand for VEGFR-3, and the overexpression of
9	VEGF-C increases intratumoral lymphangiogenesis in breast cancer
10	cells.(Skobe et al., 2001) Therefore, the present data suggest that VEGF-C
11	produced by pterygial epithelial cells led to lymphangiogenesis though
12	binding to VEGFR-3.
13	
14	To investigate the role of VEGF-C in pterygium pathogenesis, we
15	performed in vitro study of cell proliferation in lymphatic endothelial cells.
16	Indeed, VEGFR-3 expression in the lymphatic vessels is well known.
17	(Kaipainen et al., 1995) We revealed that cultured conjunctival epithelial
18	cells secreted VEGF-C protein 48 hours incubation after serum-starved
19	condition. It is well known that the cellular stress such as exposure to
20	ultraviolet causes pterygium pathogenesis, suggesting that VEGF-C could
21	be secreted from the conjuntival epithelium during the onset of pterygium.
22	Addition of supernatant containing relatively high VEGF-C protein

1	concentration drived from conjunctival epithelium had an increase in
2	lymphatic endothelial cell proliferation. These results indicate that
3	VEGF-C secreted from epithelial cells contributes to the
4	lymphangiogenesis in pterygium.
5	
6	VEGF-C expression is associated with the tumor phenotype, possibly
7	making it an attractive therapeutic target. Silencing of VEGF-C suppressed
8	tumor cell growth, migration, and invasion in vitro; tumor growth and
9	lymphangiogenesis were suppressed by the venous injection of shRNA
10	against VEGF-C in vivo.(Feng et al., 2011) Moreover, Padera et al.
11	investigated the effects of the VEGFR-3 tyrosine kinase inhibitor
12	vandetanib on the suppression of tumor growth, and the agent significantly
13	delayed tumor growth.(Padera et al., 2008) The suppression of VEGFR-3
14	and its ligand VEGF-C may contribute to the regression of pterygium
15	progression and lymphangiogenesis.
16	
17	In colorectal cancer study, VEGF-C and VEGF-D were identified as
18	biomarkers for the resistance of Avastin.(Hu et al., 2007) Enkvetchakul et
19	al. reported that intralesional Avastin had a therapeutic effect on reduction of
20	tissue size of primary pterygium.(Enkvetchakul et al., 2011) The refore,
21	VEGF-C/VEGFR-3 pathway may be an adjunct therapeutic target for
22	pterygia, especially, for Avastin-resistant pterygia.

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2	The limitation of this study is that this study was not available using human
3	cultured pterygial epithelial cells and lymphatic vessels. Establishment of a
4	definite isolation system in these cells should develop the study of
5	lymphangiogenesis in pterygial pathology. In addition, mouse model of
6	opthalmic pterygium has yet to be available. If it will be possible in the
7	future, blockade of VEGF-C/VEGFR-3 pathway by chemical agants may
8	prove inhibition of pterygium development in vivo.
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16	of Education, Culture, Sports, Science, and Technology (MEXT).
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1 Figure legend	ls
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3	Figure	1
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4	Immunohistochemistry for D2-40 in the human pterygium and normal
5	conjunctiva. (A,B) The left panel is a normal conjunctiva (A) and the right
6	panel is pterygium (B). Immunoreactivity for D2-40 proteins is found in
7	the cellular membrane of lymphatic endothelial cells (black arrows). In
8	contrast, immunoreactivity for D2-40 is not observed in blood vessels
9	containing red blood cells in the lumen (red arrows). Immunofluorescence
10	for D2-40 (<i>red</i> : E) and CD31 (<i>green</i> : D), and DAPI nuclear staining (<i>blue</i> :
11	C) in the pterygium. Immunoreactivity of D2-40 is observed at the site of
12	lymphatic vessels (E,F), but is not observed in CD31-positive blood vessel
13	endothelial cells (D,F). The scale bar represents 100 µm.
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15 Figure 2

- 16 Western blot analysis using anti-VEGF-C and anti-VEGFR-3 antibody.
- 17 Protein expression of VEGF-C as well as VEGFR-3 is clearly detected in
- 18 both pterygial and normal conjunctival tissue. Increased VEGF-C and
- 19 VEGFR-3 expressions are observed in the pterygium (A). <u>Quantification</u>
- 20 analysis reveals that VEGFR-3 expression is significantly higher in
- 21 pterygium than conjunctiva (B, *: P<0.05).

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1	Figure 3
2	A: Immunohistochemistry for VEGF-C (red) and DAPI nuclear staining
3	(blue) in the human pterygium and normal conjunctiva. VEGF-C
4	immunoreactivity is observed in the cytoplasm of pterygial and normal
5	conjunctival epithelia. The number of VEGF-C-positive cells is high in the
6	pterygium. In the normal conjunctiva, however, the number of
7	VEGF-C-positive cells is low. The scale bar represents 50 µm.
8	B: Dot graph in VEGF-C-positive rates in all cases of pterygia and normal
9	conjunctivas examined. *: $P < 0.05$.
10	
11	Figure 4
12	Immunoreactivity for VEGF-A (red; a, b), VEGF-C (red; c, d, g, h), and
13	MUC5AC (red: e, f) in serial sections, and double staining
14	immunohistochemistry with CD68 (green: I, 1), VEGF-C (j, 1) and DAPI
15	nuclear staining (blue; b, d, f, h, k, l) in pterygium.
16	Immunoreactivity for VEGF-A is strongly detected in pterygial epithelium,
17	where VEGF-C is partially expressed (a-d, arrow). Immunoreactivity for
18	VEGF-C is also detected in MUC5AC-positive goblet cells in pterygial
19	epithelium (e-h, arrows). CD68, a marker for macrophage, reveals
20	co-localization with VEGF-C in pterygial tissue stroma (i-l, arrows). The
21	scale bar represents 50 µm.

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1 Figure 5

Double staining immunohistochemistry was performed for VEGFR-3 (red)
and D2-40 (green) in pterygial tissue. VEGFR-3 immunoreactivity is
colocalized with D2-40 –positive lymphatic vessels in the pterygium. The
scale bar represents 50 µm.

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7 Figure 6

A: Alteration of VEGF-C concentrations in the supernatants of cultured 8 conjunctival epithelial cells. VEGF-C concentration was assessed by using 9 VEGF-C ELISA kit 0, 24, and 48 hours after replacement of serum-free 10 medium.Concentration of VEGF-C protein in the medium of 48 hour is 11 12significantly higher than that of 0 hour (n=3, *: P < 0.05). B: In vitro cell proliferation assay in cultured lymphatic endothelial cells, 13treated with the supernatants derived from cultured conjunctival epithelial 1415cells. After incubating with the supernatants 24 and 48 hours after replacement of serum-free medium described above, cell viability was then 1617assessed. The former and latter supernatants are considered low and high VEGF-C concentrations (conc.), respectively. Cell viability of lymphatic 18 19endothelial cells treated with high VEGF-C conc. is significantly higher 20than that of low VEGF-C conc. at 24 hour. (n=4, *, P < 0.05)





250x170mm (300 x 300 DPI)





Immunohistochemistry for VEGF-C and DAPI nuclear staining in the human pterygium and normal conjunctiva. 143x74mm (300 x 300 DPI)



Immunoreactivity for VEGF-A (red; a, b), VEGF-C (red; c, d, g, h), and MUC5AC (red: e, f) in serial sections, and double staining immunohistochemistry with CD68 (green: I, I), VEGF-C (j, I) and DAPI nuclear staining (blue; b, d, f, h, k, I) in pterygium. 338x224mm (300 x 300 DPI)



Double staining immunohistochemistry was performed for VEGFR-3 (red) and D2-40 (green) in pterygial tissue. 62x50mm (300 x 300 DPI)



(conc. : concentration)

A: Alteration of VEGF-C concentrations in the supernatants of cultured conjunctival epithelial cells. B: In vitro cell proliferation assay in cultured lymphatic endothelial cells, treated with the supernatants derived from cultured conjunctival epithelial cells. 282x181mm (300 x 300 DPI)

Table1. Lymphovascular density and blood vessel density in human pterygial and normal conjunctival tissues

		Lymphovascular density (LVD)	LDV/blood vessel density
Pterygium	(n=15)	8.2±2.8	0.86±0.26
Normal conjunctiva	(n=3)	4.8±0.3	0.71±0.05
	p-values	<0.001	n.s
		Mean±SD	

Histochemistry and Cell Biology

	Pt	erygium		Normal conjunctiva			
No.	Gender	Age (years)	VEGF-C(%)	No.	Gender	Age (years)	VEGF-C (
1	М	72	43	1	М	54	18
2	М	83	31	2	F	70	23
3	F	75	49	3	М	80	28
4	М	71	38				
5	М	68	37				
6	М	77	51				
7	М	69	37				
8	М	75	54				
9	F	84	43				
10	F	60	42				
11	F	66	41				
12	F	66	40				
13	М	73	48				
14	F	86	54				
15	М	75	50				
Mean			44				23

M, male; F, female.



Table3. The number of VEGF-Cand VEGF-A-immunopositive cells in pterygial epithelial cells.

No.	Gender	Age (years)	VEGF-C(%)	VEGF-A(%)	
1	М	72	43	53	
2	М	83	31	39	
3	F	75	49	59	
4	М	71	38	63	
5	Μ	68	37	48	
6	М	77	51	58	
7	М	69	37	51	
8	Μ	75	54	66	
9	F	84	43	48	
Mean			44	54	
			M, male; F, female.		