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Article Sub-Title		
Article CopyRight	Springer-Verlag Berlin Heidelberg (This will be the copyright line in the final PDF)	
Journal Name	Basic Research in Cardiology	
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	Received	8 July 2015
Schedule	Revised	
	Accepted	20 November 2015

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Abstract

Atrial fibrillation (AF) has been associated with increased spontaneous calcium release from the sarcoplasmic reticulum and linked to increased adenosine  $A_{2A}$  receptor ( $A_{2A}R$ ) expression and activation. Here we tested whether this may favor atrial arrhythmogenesis by promoting beat-to-beat alternation and irregularity. Patch-clamp and confocal calcium imaging was used to measure the beat-to-beat response of the calcium current and transient in human atrial myocytes. Responses were classified as uniform, alternating or irregular and stimulation of Gs-protein coupled receptors decreased the frequency where a uniform response could be maintained from  $1.0 \pm 0.1$  to  $0.3 \pm 0.1$  Hz;  $p < 0.001$  for beta-adrenergic receptors and from  $1.4 \pm 0.1$  to  $0.5 \pm 0.1$  Hz;  $p < 0.05$  for  $A_{2A}Rs$ . The latter was linked to increased spontaneous calcium release and after depolarizations. Moreover,  $A_{2A}R$  activation increased the fraction of non-uniformly responding cells in HL-1 myocyte cultures ( $19 \pm 3$ – $51 \pm 9$  %;  $p < 0.02$ ), and electrical mapping in perfused porcine atria revealed that adenosine induced electrical alternans at longer cycle lengths, doubled the fraction of electrodes showing alternation, and increased the amplitude of alternations.

Importantly, protein kinase A inhibition increased the highest frequency where uniform responses could be maintained ( $0.84 \pm 0.12$ – $1.86 \pm 0.11$  Hz;  $p < 0.001$ ) and prevention of  $A_{2A}R$ -activation with exogenous adenosine deaminase selectively increased the threshold from  $0.8 \pm 0.1$  to  $1.2 \pm 0.1$  Hz;  $p = 0.001$  in myocytes from patients with AF.  $A_{2A}R$ -activation promotes beat-to-beat irregularities in the calcium transient in human atrial myocytes, and prevention of  $A_{2A}R$  activation may be a novel means to maintain uniform beat-to-beat responses at higher beating frequencies in patients with atrial fibrillation.

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Keywords (separated by '-') Adenosine receptor - Atrial myocyte - Electrophysiology - L-Type calcium current - Sarcoplasmic reticulum

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Footnote Information **Electronic supplementary material** The online version of this article (doi:10.1007/s00395-015-0525-2) contains supplementary material, which is available to authorized users.

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2 **Prevention of adenosine A<sub>2A</sub> receptor activation diminishes**  
3 **beat-to-beat alternation in human atrial myocytes**

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7 Received: 8 July 2015 / Accepted: 20 November 2015  
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14 ing beat-to-beat alternation and irregularity. Patch-clamp  
15 and confocal calcium imaging was used to measure the beat-  
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17 **human atrial myocytes**. Responses were classified as uni-  
18 form, alternating or irregular and stimulation of Gs-protein  
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21 0.3 ± 0.1 Hz; *p* < 0.001 for beta-adrenergic receptors and  
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tion, and increased the amplitude of alternations. Import- 30  
antly, protein kinase A inhibition increased the highest 31  
frequency where uniform responses could be maintained 32  
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of A<sub>2A</sub>R-activation with exogenous adenosine deaminase 34  
selectively increased the threshold from 0.8 ± 0.1 to 35  
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uniform beat-to-beat responses at higher beating frequencies 40  
in patients with atrial fibrillation. 42


**Keywords** Adenosine receptor · Atrial myocyte · 43  
Electrophysiology · L-Type calcium current · Sarcoplasmic 44  
reticulum 45

**Introduction** 46

Electromechanical alternans has been observed in different 47  
pathological settings [16, 35], preceding the occurrence of 48  
atrial fibrillation (AF) [15, 16] and the identification of 49  
molecular mechanisms that regulate the stability of the 50  
beat-to-beat response could help preventing the induction 51  
or recurrence of AF. 52

In physiological conditions, alternation in action 53  
potential shape can be induced by artificially increasing the 54  
heart rate [8, 16]. Furthermore, mechanical alternans is 55  
modulated by the plasmatic calcium level [8], and episodes 56

A1 **Electronic supplementary material** The online version of this  
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57 can be reversed by calcium administration in humans [35].  
 58 In isolated mammalian myocytes, alternations in the calcium transient (calcium alternans) can be induced by  
 59 lowering calcium entry through L-type calcium channels  
 60 [10, 22, 29, 36], by metabolic inhibition [19] or by  
 61 increasing stimulation frequencies [1, 36], and has been  
 62 ascribed to inter- and/or intra-cellular inhomogeneity in  
 63 calcium handling [1, 10, 22, 29, 36]. In human atrial  
 64 myocytes, calcium alternans can also be induced by elevating the stimulation frequency [26]. Moreover, human  
 65 atrial myocytes with large L-type calcium current ( $I_{Ca}$ ) and  
 66 frequent sarcoplasmic reticulum (SR) calcium release at rest were found more prone to present calcium alternans  
 67 upon elevation of the stimulation frequency while myocytes with less frequent SR calcium release and smaller  $I_{Ca}$   
 68 could maintain a uniform beat-to-beat response at higher stimulation frequencies [26]. Interestingly, atrial myocytes  
 69 from patients with AF have a higher frequency of spontaneous calcium release [17] but smaller  $I_{Ca}$  density [11, 27,  
 70 39], which would have opposite effects on the beat-to-beat response.

71 The higher frequency of spontaneous calcium release in myocytes from patients with AF has been linked to phosphorylation of the SR calcium release channel/ryanodine receptor (RyR2) mediated by protein kinase A (PKA) or calmodulin kinase II (CaMKII) [27, 32, 41]. Moreover, activation of the Gs-protein coupled adenosine  $A_{2A}$  receptor ( $A_{2A}R$ ) induce a PKA-mediated stimulation of spontaneous calcium release in human atrial myocytes [18] that is more pronounced in myocytes from patients with AF and linked to a concurrent increase in  $A_{2A}R$  expression. The above-mentioned findings may not only promote arrhythmogenic calcium release and afterdepolarizations in patients with AF [27] but could also promote atrial arrhythmia by favoring alternating and irregular beat-to-beat responses. However, this hypothesis has never been tested and the aim of the present work was to test whether  $A_{2A}R$ -activation reduces the ability of human atrial myocytes to maintain a uniform beat-to-beat response.

## 96 Methods

97 A total of 275 atrial myocytes were isolated from the right atrial appendix from 191 patients as previously described [17]. Patients treated with  $Ca^{2+}$  antagonists were excluded from the study. Table 1 in the supplementary material summarizes the clinical parameters at baseline and pharmacological treatments for the patients included in this study. Patients with AF included those that had a previous history of AF, i.e. paroxysmal or chronic AF (see Table 1 in the supplementary material). Permission to use the tissue

107 samples was obtained from each patient, and the study was approved by the Ethical Committee of our institution and conducted in accordance with the Declaration of Helsinki principles. The study also conforms to the guidelines for the Care and Use of Laboratory Animals, and was approved by the Institutional Animal Care and Use Committee at our institution. Specific experimental protocols and conditions used in the study are described in the supplementary material. Values are expressed as mean  $\pm$  SEM. For human atrial myocytes, the number of cells and patients are indicated as  $n =$  (cells/patients). Data sets were tested for normality. Student's  $t$  test was used to assess significant differences when testing a specific effect. Differences were considered significant at  $p < 0.05$ . Two-way ANOVA and Holm-Sidak post-test was used for comparison of multiple effects in perfused porcine atrial preparations. For multiple comparisons of beat-to-beat responses in human atrial myocytes, a Mixed-effects logistic regression analysis was performed using the Stata 12 program (StataCorp, USA). The authors had full access to the data and take responsibility for its integrity. All authors have read and agree to the manuscript as written. Experiments were performed without knowledge about clinical data.

## Results

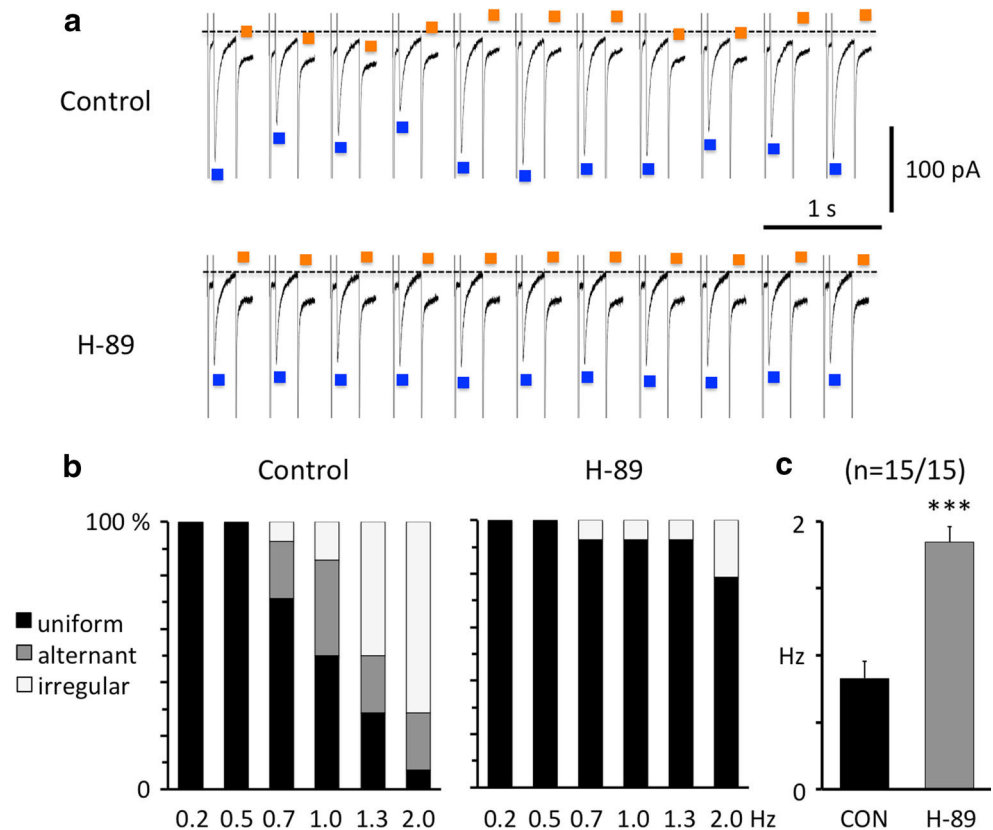
### Protein kinase A inhibition increases the stability of the beat-to-beat response in human atrial myocytes

134 To determine if baseline activation of Gs-protein coupled membrane receptors, modulate the rate-dependent beat-to-beat response in human atrial myocytes through PKA activation, we first examined the effects of the PKA-inhibitor H-89. As shown in Fig. 1a, PKA inhibition increased the frequency where a stable  $I_{Ca}$  amplitude (blue squares) and the time integral of the tail current (orange squares) could be maintained, resulting in a strong increase in the fraction of uniform responses at all stimulation frequencies examined (Fig. 1b). Statistical analysis revealed that H-89 protected against non-uniform beat-to-beat responses by increasing the fraction of uniform responses ( $p < 0.001$ ) and decreasing alternating ( $p < 0.001$ ) and irregular responses ( $p < 0.001$ ). Consequently, the maximal frequency where a uniform beat-to-beat response could be maintained was doubled by H-89 (Fig. 1c).

### Beta-adrenergic stimulation promotes beat-to-beat alternation in human atrial myocytes

152 To test if activation of Gs-protein coupled beta-adrenergic receptors had the opposite effect of H-89, myocytes were

**Fig. 1** PKA inhibition favors uniform beat-to-beat responses. **a** Consecutive current traces recorded in a human atrial myocyte paced at 2 Hz before (*top panel*) and after exposure to 1  $\mu$ M H-89 (*lower panel*). Blue squares indicate  $I_{Ca}$  and orange squares the tail current elicited upon repolarization. The first inward peak of each current trace is the  $Na^+$ -current elicited by a prepulse to  $-50$  mV. **b** Frequency-dependent distribution of uniform, alternating, and irregular beat-to-beat responses among 15 myocytes from 15 patients before (*control, left panel*) and after PKA inhibition with 1  $\mu$ M H-89 (*right panel*). **c** Maximal frequency where a uniform response could be maintained. \*\*\* $p < 0.001$



154 stimulated with the agonist isoproterenol (ISO). As shown  
 155 in Fig. 2a, this induced a pronounced alternation in the  
 156 time integral of the tail current, causing a strong increase in  
 157 alternating ( $p < 0.001$ ) and irregular ( $p < 0.05$ ) responses  
 158 and consequently a reduction in the fraction of uniform  
 159 responses ( $p < 0.001$ ; Fig. 2b). Accordingly, ISO strongly  
 160 reduced the threshold for the induction of non-uniform  
 161 responses (Fig. 2c). Subsequently, we determined whether  
 162 myocytes from patients treated with beta-blockers had a  
 163 different response than myocytes from patients receiving  
 164 no treatment. As shown in Fig. 2d, e there were neither  
 165 differences in the response of myocytes from the two  
 166 patient groups nor any difference in the maximal frequency  
 167 where a uniform response could be maintained.

### 168 Adenosine $A_{2A}$ receptors regulate beat-to-beat 169 changes in the calcium transient

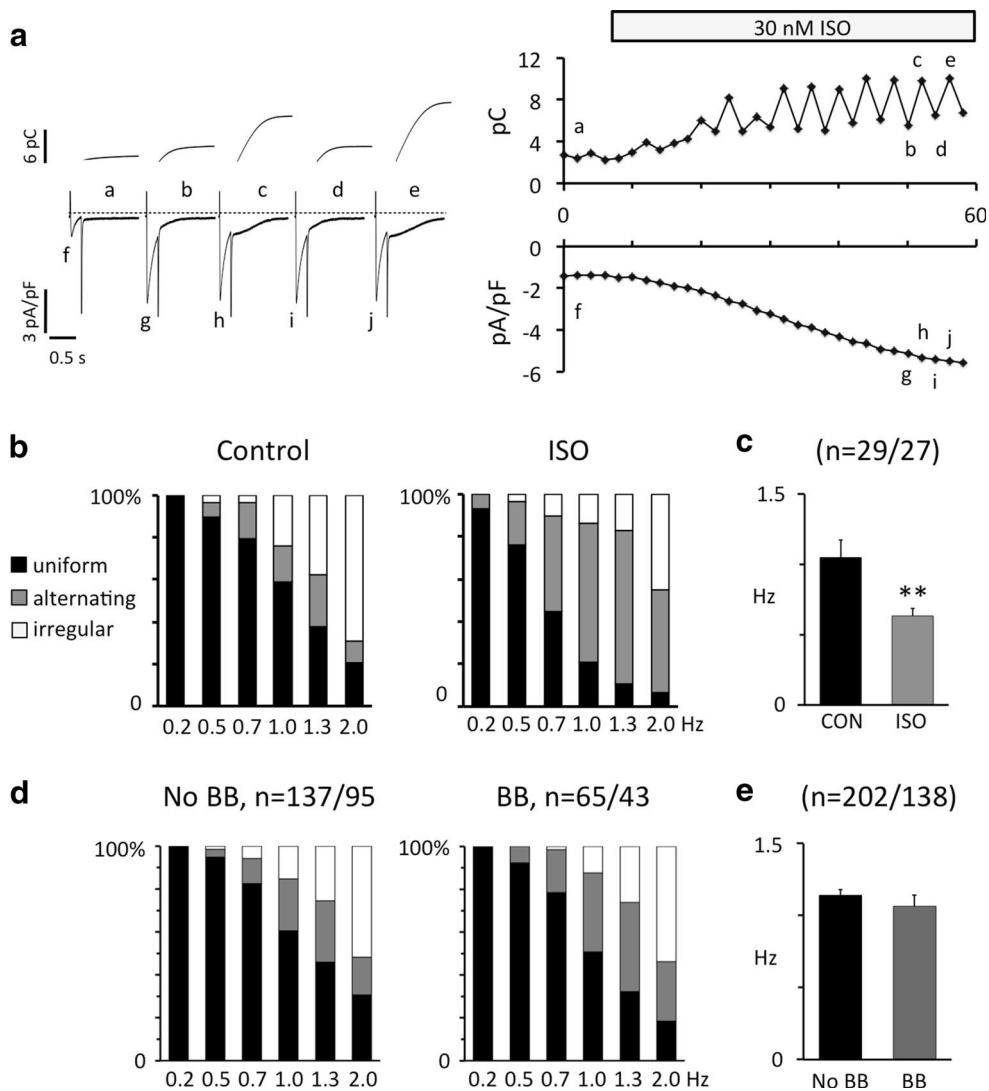
170 Since  $A_{2A}R$  activation induces PKA-dependent stimulation  
 171 of spontaneous SR calcium release without affecting  $I_{Ca}$ ,  
 172 we used confocal calcium imaging (see supplementary  
 173 material figure S1) to investigate how activation of this  
 174 receptor with its natural ligand adenosine (ADO) affected  
 175 beat-to-beat changes in the calcium transient and calcium  
 176 fluxes across the sarcolemma. Inclusion of 30  $\mu$ M ADO in  
 177 the patch pipette promoted beat-to-beat changes in the

calcium transient in a time-dependent manner (Fig. 3a, b).  
 Thus, the highest frequency where uniform calcium transients  
 could be maintained was  $1.40 \pm 0.12$  Hz at the beginning of  
 ADO infusion (2–4 min after patch break) and only  $0.45 \pm 0.08$   
 Hz after 18–24 min of ADO infusion ( $p = 0.002$ ,  $n = 9/6$ ).  
 Analysis of local calcium transients revealed that ADO  
 infusion gradually changed the beat-to-beat response from  
 uniform and synchronized calcium transients to synchronized  
 local non-uniform responses (panel 3c) that eventually  
 degraded into non-uniform responses with un-synchronized  
 spontaneous calcium waves. Figure 3d illustrates how the  
 fraction of synchronized non-uniform responses and calcium  
 waves increases with the time ADO is infused into myocytes  
 stimulated at 1 Hz.

Simultaneous measurements of intracellular calcium  
 transients and ionic currents were used to investigate the  
 mechanisms underlying this adenosine-mediated effect,  
 and revealed that elevation of the stimulation frequency  
 induced concurrent alternation (see supplementary material  
 figure S4) or non-uniform responses in the calcium  
 transient, the  $I_{Ca}$  amplitude and the tail current elicited  
 upon repolarization (Fig. 4a).

Moreover, this promotion of non-uniform beat-to-beat  
 responses was linked to a concurrent increase in sponta-  
 neous calcium waves during ADO infusion (from





**Fig. 2** Beta-adrenergic stimulation favors the induction of beat-to-beat alternation. **a** Representative recordings showing the effects of 30 nM ISO on the time integral of the tail current (*upper panel*) and  $I_{Ca}$  (*lower panel*) in a human atrial myocyte paced at 0.5 Hz. The time-dependent changes in the time integral and  $I_{Ca}$  are shown on the *right*. Letters denote the time point where currents shown on the *left* were recorded. **b** Frequency-dependent distribution of uniform (*black*), alternating (*grey*), and irregular (*white*) beat-to-beat responses among 29 myocytes from 27 patients before (*control*) and

after beta-adrenergic stimulation with 30 nM ISO. The stimulation frequency is indicated below *each bar*. **c** Maximal frequency for maintenance of a uniform response with and without ISO. **d** Frequency-dependent distribution of uniform (*black*), alternating (*grey*), and irregular (*white*) beat-to-beat responses among 65 myocytes from 43 patients treated with beta blockers (BB) and 137 myocytes from 95 patients without beta-blocker treatment (*no BB*). **e** Maximal frequency for maintenance of a uniform response with and without BB treatment

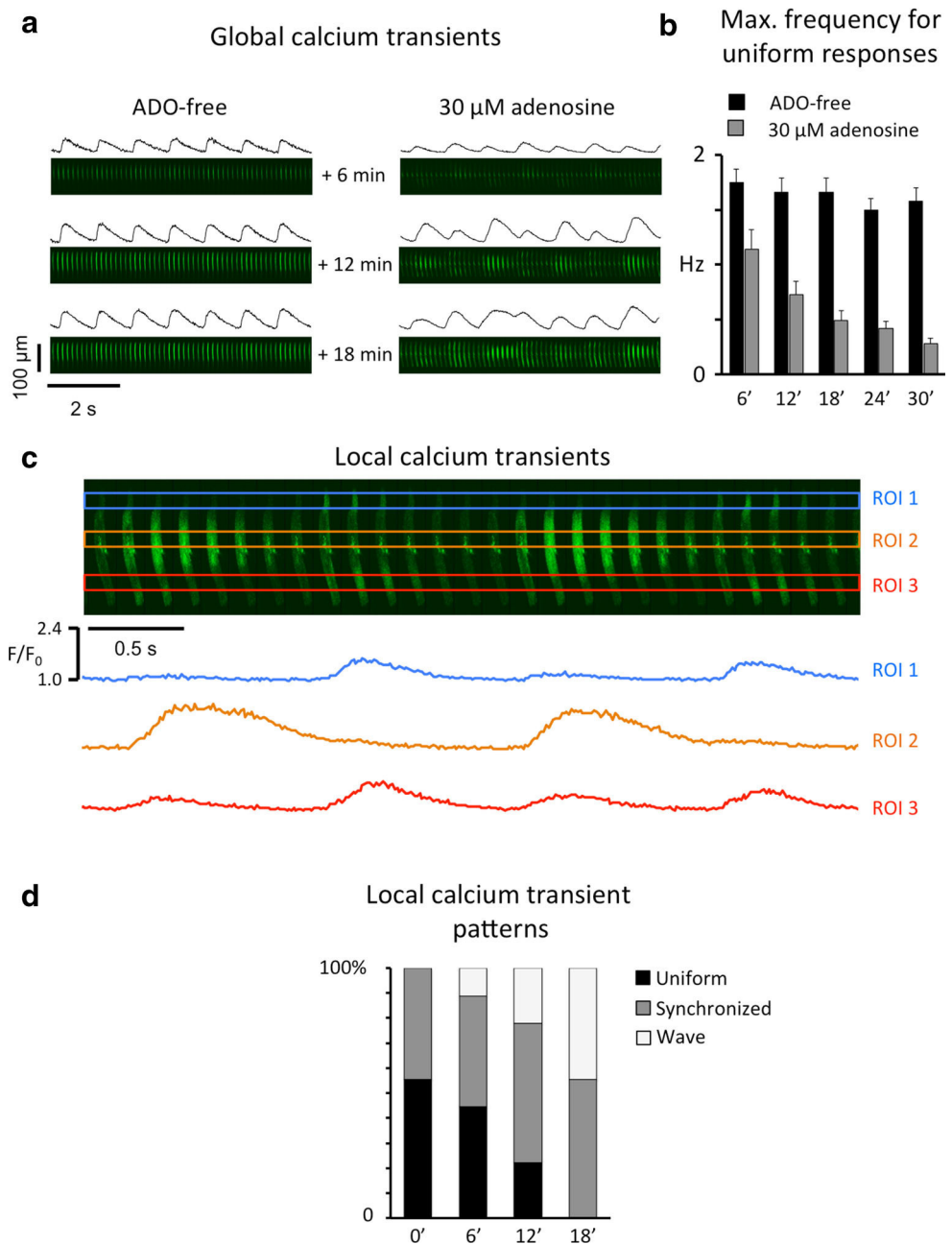
204  $1.1 \pm 0.2$  events/min at the onset to  $13.7 \pm 3.2$  events/min  
205 after 18–24 min). Transient inward currents ( $I_{TI}$ ) elicited  
206 by these calcium waves occurred both at rest and during  
207 electrical stimulation and had similar kinetics (Fig. 4b).  
208 Moreover, the  $I_{TI}$  frequency during stimulation was pro-  
209 portional to the  $I_{TI}$  frequency at rest (Fig. 4c). Conse-  
210 quently, there was an inverse relationship between the  $I_{TI}$   
211 frequency and the highest frequency where a uniform  
212 response could be maintained (Fig. 4d). By contrast, the  $I_{Ca}$   
213 density was not changed by ADO infusion ( $1.5 \pm 0.2$  pA/  
214 pF at the onset vs.  $1.6 \pm 0.2$  pA/pF after ADO infusion) or

depletion ( $1.5 \pm 0.2$  pA/pF at the onset vs.  $1.6 \pm 0.3$  pA/  
215 pF after infusion of ADO free solution), and there was no  
216 correlation between the  $I_{Ca}$  amplitude and the highest fre-  
217 quency where a uniform response could be maintained  
218 (Fig. 4e).  
219

Figure 5 analyzes how prolonged infusion (18–24 min)  
220 of ADO-containing and ADO-free solution affected the  
221 beat-to-beat response, and revealed that myocytes infused  
222 with ADO-free solution were able to maintain uniform  
223 responses at the higher stimulation frequencies. By contrast  
224 ADO infusion elicited irregular responses with numerous  
225

**Fig. 3** Effect of the intracellular adenosine level on the beat-to-beat response.

**a** Representative example of the effect of adenosine (ADO) infusion on a sequence of 55 consecutive calcium images recorded after 6 min (*top*), 12 min (*middle*), and 18 min (*lower panels*) with adenosine. Stimulation frequency was 1 Hz. Frame rate was 90 Hz and each of the 55 images in a panel is the average of 11 frames. Recordings were obtained with ADO-free (*left panels*) or 30  $\mu$ M ADO (*right panels*). **b** Maximal frequency where a uniform response could be maintained with ADO-free solution (*black bars*,  $n = 9/6$ ) or with 30  $\mu$ M ADO (*grey bars*,  $n = 9/7$ ). The duration of the treatment is given *below bars*. **c** Local calcium transients in the myocyte exposed to ADO for 12 min in *panel a*. Myocyte images were obtained using a binning of 11 frames. Local transients below show concordant alternans in ROI 1 and ROI 3 while alternation in ROI 2 is out of phase with ROI 1 and ROI 3. **d** Distribution of uniform responses (*black*), synchronized non-uniform responses (*grey*), and calcium waves (*white*) in myocytes stimulated at 1 Hz and infused with 30  $\mu$ M ADO for the time indicated *below bars* ( $n = 9/6$ )



226 calcium waves even at the lower stimulation frequencies  
227 (Fig. 5a, b). Statistical analysis revealed that ADO signifi-  
228 cantly increased irregular responses ( $p < 0.001$ ) and  
229 decreased uniform responses ( $p < 0.001$ ). As a result, the  
230 maximal frequency for maintenance of uniform responses  
231 was 3.5-fold higher ( $1.63 \pm 0.15$  Hz) with ADO-free  
232 solution (Fig. 5c,  $p < 0.001$ ,  $n = 18/13$ ). To verify that the  
233 promotion of non-uniform beat-to-beat responses was  
234 caused by  $A_{2A}R$ -activation, myocytes perfused with ADO  
235 through the patch-pipette for  $\sim 15$  min were exposed to the  
236 selective  $A_{2A}R$  inhibitor ZM-241385 in the bath solution.  
237 As shown in Fig. 5d, e, ADO infusion reduced the

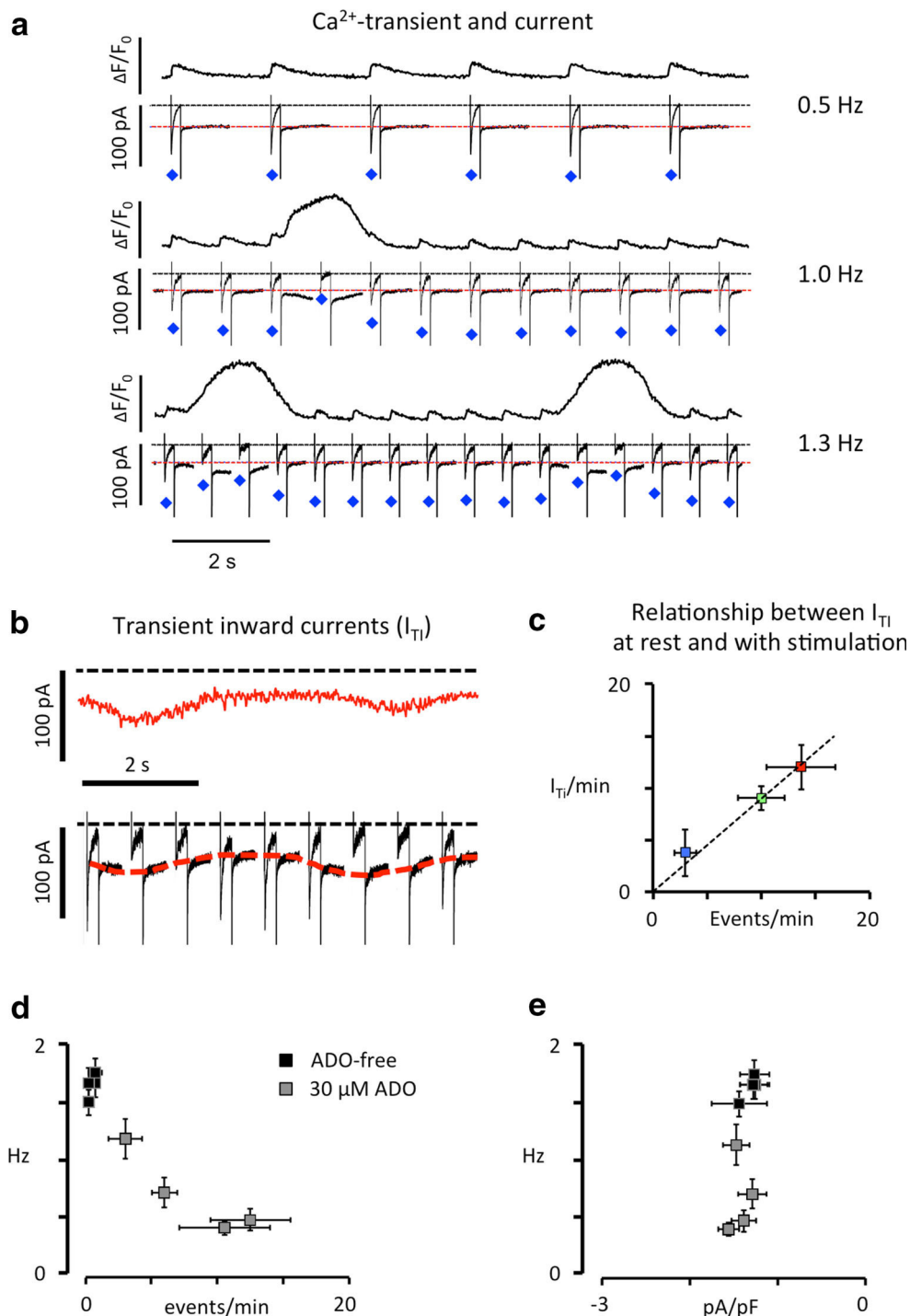
238 threshold for the maintenance of uniform responses from  
239  $1.15 \pm 0.17$  to  $0.61 \pm 0.13$  Hz ( $p = 0.002$ ,  $n = 11/10$ )  
240 and subsequent addition of ZM241385 reversed the effect  
241 of ADO, increasing the threshold frequency back to  
242  $1.03 \pm 0.21$  Hz.

**$A_{2A}R$  activation promotes beat-to-beat variations in calcium transient and T-wave alternans in cell cultures and perfused porcine atria, respectively**

246 Since the observed modulation of the beat-to-beat response  
247 in isolated atrial myocytes could potentially be absorbed by

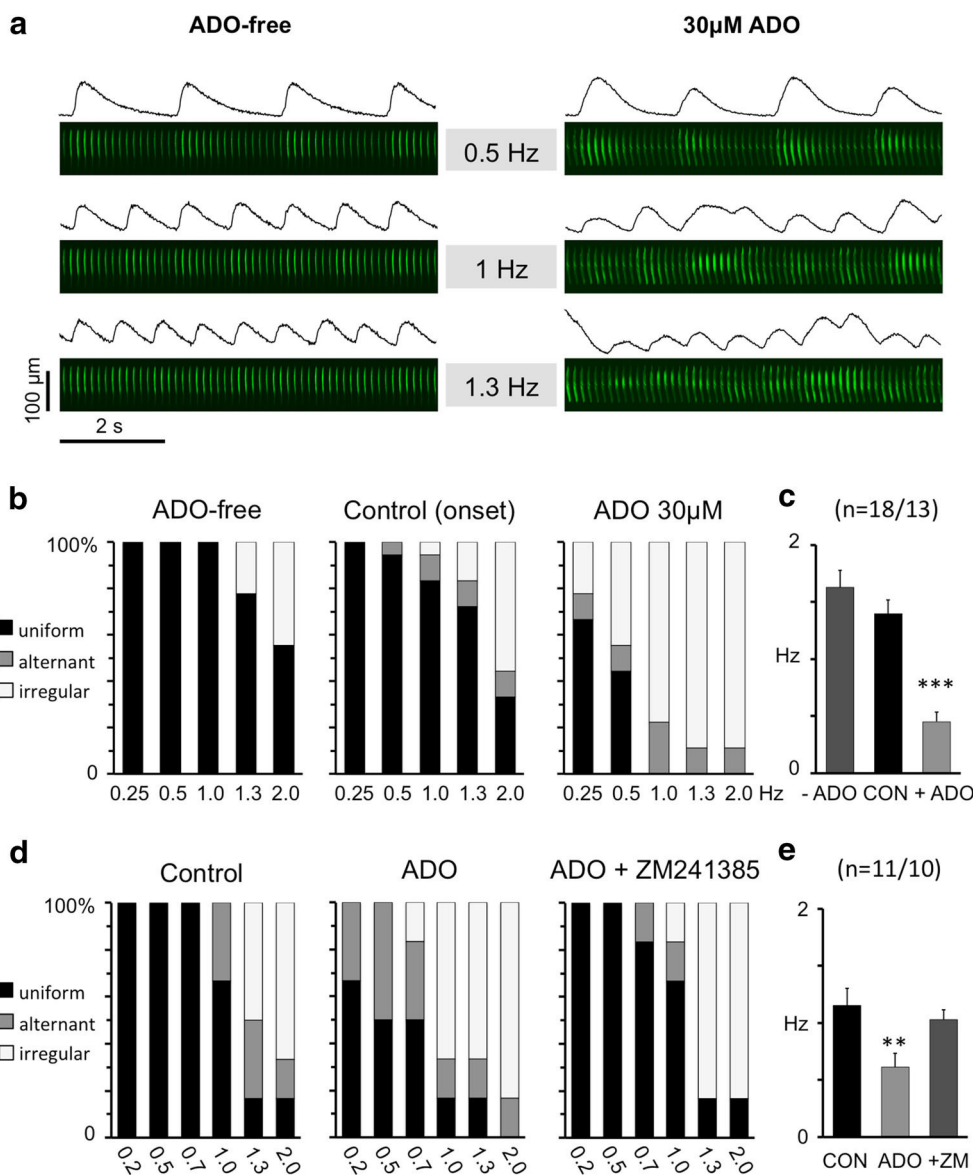
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**Fig. 4** Adenosine increases spontaneous calcium release during stimulation and at rest. **a** Simultaneous recordings of calcium transients and membrane currents with 30  $\mu\text{M}$  adenosine (ADO) at stimulation frequencies of 0.5, 1.0 and 1.3 Hz (indicated above traces). Dashed black lines indicate 0 pA and dashed red lines indicate the holding current at steady state. Each  $I_{\text{Ca}}$  is indicated with a closed diamonds. Notice the transient inward deflection of the holding current during calcium waves resulting from  $\text{Ca}^{2+}$  extrusion by the  $\text{Na}^{+}\text{-Ca}^{2+}$  exchanger. **b** Recordings of transient inward currents ( $I_{\text{T1}}$ ) recorded in the same cell at rest (top) and during stimulation at 1.3 Hz (bottom). Red traces indicate the  $I_{\text{T1}}$ s elicited by calcium waves. **c** Relationship between the  $I_{\text{T1}}$  frequency recorded at 2 Hz (Y-axis) and at rest (X-axis). Data were recorded after ADO infusion for 0–6 min (blue), 6–12 min (green) or 12–24 min (red). **d** Relationship between the frequency for the induction of non-uniform responses and the frequency of spontaneous calcium waves recorded in the absence (ADO-free) or the presence of 30  $\mu\text{M}$  ADO ( $n = 18$ ). **e** Relationship between the frequency for the induction of non-uniform responses and the  $I_{\text{Ca}}$  amplitude recorded in the absence (ADO-free) or the presence of 30  $\mu\text{M}$  ADO ( $n = 18$ )



248 electrotonic effects in multicellular or in intact atrial  
 249 preparations, we used calcium imaging in cultured atrial  
 250 HL-1 myocytes to test how  $\text{A}_{2\text{A}}\text{R}$ -activation affected the  
 251 beat-to-beat response in a multicellular myocyte prepara-  
 252 tion (see supplementary material figure S2). The HL-1 cell  
 253 cultures were stimulated at 0.67 Hz where the effect of the  
 254 selective  $\text{A}_{2\text{A}}\text{R}$  agonist CGS21680 on the beat-to-beat  
 255 response was clear. At this frequency all fields examined

under control conditions had a uniform response while the  
 256 global response became irregular upon exposure to  
 257 CGS21680 in 5/11 fields examined. Figure 6a shows that  
 258 cells with uniform responses (blue label) predominated  
 259 under control conditions while the fraction of irregularly  
 260 responding cells (red label) increased after exposure to  
 261 CGS21680. The corresponding global calcium transients  
 262 recorded before and after exposure to CGS21680 are  
 263

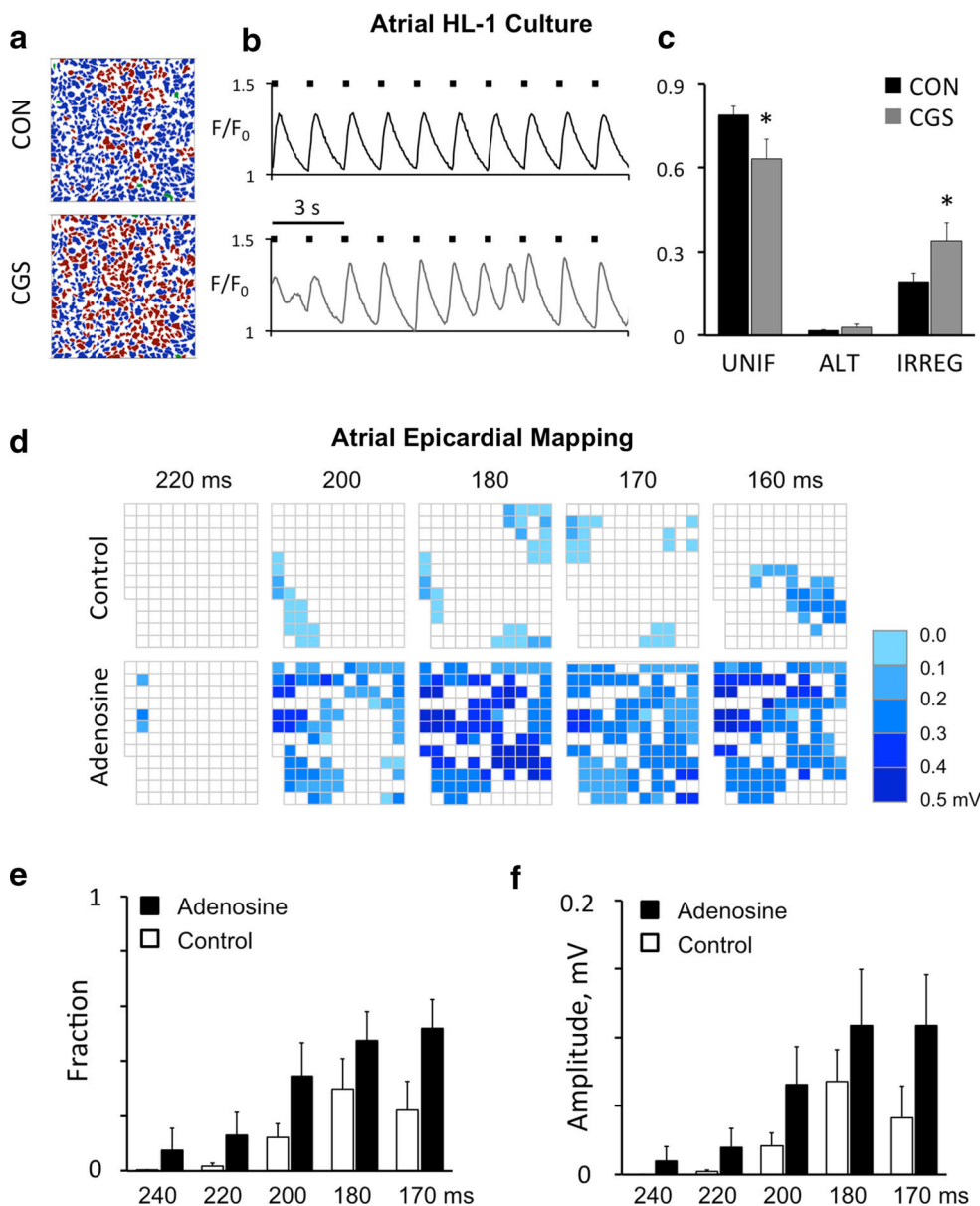


**Fig. 5** Effect of adenosine  $A_{2A}$  receptor activation on the beat-to-beat response. **a** Effect of adenosine (ADO) infusion on calcium transients recorded with continuous stimulation at 0.5 Hz (top), 1 Hz (middle), and 1.3 Hz (lower panels). Frame rate was 90 Hz and each of the 54 images in a panel is the average of 11 frames. Recordings were obtained after 18–24 min perfusion with ADO-free (left panels) or 30 µM ADO (right panels) pipette solution. **b** Frequency-dependent distribution of uniform (black), alternating (grey), and irregular (white) beat-to-beat responses in myocytes perfused with ADO-free ( $n = 9/7$ ) or with 30 µM ADO ( $n = 9/6$ ). For reference, the distribution of responses at the onset of the infusion of ADO-free

or 30 µM ADO is shown (control, middle panel). **c** Maximal frequency for maintenance of a uniform response. **d** Frequency-dependent distribution of uniform (black), alternating (grey), and irregular (white) beat-to-beat responses in 11 myocytes from 10 patients before (control, left panel) and 15 min after infusion of 30 µM ADO (ADO, middle panel). The effect of 150 nM extracellular ZM241385 after infusion of ADO (ADO + ZM241385) is shown in the right panel. **e** Maximal frequencies for maintenance of a uniform response in control (CON), with 30 µM ADO, and with 30 µM ADO + ZM241385 (+ZM)

264 shown in Fig. 6b. On average, uniform responses were  
265 observed in  $79 \pm 3\%$  of all myocytes when the global  
266 response was uniform while  $19 \pm 3\%$  of the myocytes had  
267 an irregular response. In the presence of CGS21680 the  
268 fraction of myocytes with irregular responses increased to  
269  $51 \pm 9\%$  ( $p = 0.03$ ) in five fields where the global

response was irregular while the fraction of myocytes with  
270 uniform responses decreased to  $45 \pm 11\%$  of all cells  
271 ( $p = 0.02$ ). Figure 6c shows a paired analysis of the frac-  
272 tion of myocytes presenting uniform, alternating and  
273 irregular responses before and after exposure to CGS21680  
274 in all the 11 image fields analyzed.  
275



**Fig. 6** A<sub>2A</sub>R activation favor non-uniform beat-to-beat responses in multicellular and perfused atrial preparations. **a** Mapping of the beat-to-beat response in cultured atrial HL-1 myocytes before (CON) and after exposure to 100 nM CGS21680 (CGS). Myocytes with uniform responses are blue, alternating responses green, and irregular responses red. Image field is 1 × 1 mm; stimulation frequency 0.7 Hz. **b** Global response of the culture shown in panel a before (top) and after exposure to CGS (bottom). **c** Fraction of uniform (UNIF), alternating (ALT), and irregular (IRREG) beat-to-beat responses among all myocytes before and 10 min after exposure to CGS (*n* = 11; \**p* < 0.05). **d** Electrical mapping in perfused porcine atria

performed before and after ADO infusion. Electrodes with alternating responses are blue. The color code indicates the amplitude of the alternation. **e** Fraction of electrodes with alternating responses at different pacing intervals (given below bars) before and after adenosine infusion. ANOVA analysis showed that both pace rate (*p* < 0.001) and ADO (*p* < 0.001) significantly increased the fraction of electrodes with alternans. **f** Amplitude of the alternation at different pacing intervals before and after ADO infusion. Both pace rate (*p* < 0.001) and ADO (*p* < 0.01) significantly increased the amplitude (*p* < 0.001, ANOVA)

276 To test if the observed effects of adenosine receptor  
 277 activation in isolated and cultured myocytes translate into  
 278 an impact on the electrical atrial activity, we performed  
 279 electrical mapping in arterially perfused porcine atria (see  
 280 supplementary material figure S3). Figure 6d shows elec-  
 281 trical mapping performed before and 10 min after the onset

of adenosine infusion. When the pacing interval was  
 282 shortened, there was a significant increase in the fraction of  
 283 electrodes with T-wave alternans (indicated with blue  
 284 squares; *p* < 0.001), as well as the amplitude of the alter-  
 285 nation (*p* < 0.001). Perfusion with adenosine exacerbated  
 286 this effect and significantly increased the fraction of  
 287

288 electrodes with alternans ( $p < 0.001$ ) as well as the  
289 amplitude of the alternation ( $p < 0.01$ ; Fig. 6e, f).

290 **Inhibition of A<sub>2A</sub>R activation selectively increases**  
291 **uniform beat-to-beat responses in myocytes**  
292 **from patients with atrial fibrillation**

293 As elevation of spontaneous calcium release in AF has  
294 been associated with excessive RyR2 activation linked to  
295 increased A<sub>2A</sub>R expression and activation, we separated  
296 myocytes from patients with and without AF to test whether  
297 A<sub>2A</sub>R activation would promote non-uniform responses  
298 and prevention of A<sub>2A</sub>R activation would favor uniform  
299 beat-to-beat response in human atrial myocytes from  
300 patients with AF.

301 Exposure of myocytes to the selective A<sub>2A</sub>R agonist  
302 CGS21680 confirmed that A<sub>2A</sub>R activation significantly  
303 decreased the uniform responses ( $p < 0.001$ ) and increased  
304 the alternating ( $p < 0.001$ ) and irregular ( $p < 0.05$ )  
305 responses in patients with AF ( $p < 0.05$ , Fig. 7a). A similar  
306 effect was observed in patients without AF (Fig. 7b).  
307 Accordingly, CGS21680 significantly reduced the threshold  
308 frequency for the induction of non-uniform responses  
309 from  $0.97 \pm 0.12$  to  $0.67 \pm 0.11$  ( $p < 0.01$ ) in patients  
310 with AF and from  $1.11 \pm 0.10$  to  $0.80 \pm 0.08$  ( $p < 0.001$ )  
311 in patients without AF (Fig. 7c). These effects of  
312 CGS21680 concurred with an increase in spontaneous  $I_{TI}$ s  
313 at rest in myocytes from AF (Fig. 7d), resulting in a correlation  
314 between the spontaneous  $I_{TI}$ -frequency and the  
315 frequency-threshold where uniform responses could be  
316 maintained (Fig. 7e). Comparison of frequency of  $I_{TI}$ s and  
317 spontaneous membrane depolarizations (DAD) in the same  
318 cells from five patients revealed that CGS21680 caused a  
319 parallel and significant increase in both  $I_{TI}$  and DAD frequency  
320 (Fig. 7f, g). Furthermore, CGS21680 strongly  
321 increased the DAD-amplitude (Fig. 7h). As a consequence,  
322 the afterdepolarizations persisted in 3/5 myocytes exposed  
323 to CGS21680 when they were subjected to electrical  
324 stimulation (see supplementary material Fig. 5) whereas no  
325 afterdepolarizations were recorded in the same cells before  
326 A<sub>2A</sub>R activation. CGS21680 neither did modify the SR  
327 calcium load nor did it change the  $I_{Ca}$  density (Supplementary  
328 material figure S6a, b); and the threshold for the  
329 maintenance of uniform responses was therefore not correlated  
330 with SR calcium load or  $I_{Ca}$  density (Supplementary  
331 material figure S6d, e).

332 Opposite to the effects of CGS21680, addition of  
333 exogenous adenosine deaminase (ADA) to the bath solution,  
334 to degrade extracellular adenosine, prevented the  
335 induction of non-uniform responses (Fig. 8a, middle traces).  
336 Furthermore, the non-degradable A<sub>2A</sub>R agonist  
337 CGS21680 was able to reverse the effect of ADA (traces  
338 on the right). Interestingly, statistical analysis revealed a

339 more pronounced effect of ADA in myocytes from patients  
340 with than without AF. Thus, ADA significantly increased  
341 the uniform responses ( $p < 0.001$ ) and decreased both  
342 alternating ( $p < 0.01$ ) and irregular ( $p < 0.05$ ) responses in  
343 patients with AF (Fig. 8b). By contrast, ADA did not significantly  
344 change the beat-to-beat response in patients  
345 without AF (Fig. 8c). Consequently, ADA significantly  
346 increased the threshold for the maintenance of uniform  
347 beat-to-beat responses in 12 patients with AF from  
348  $0.80 \pm 0.12$  to  $1.16 \pm 0.1$  Hz ( $p < 0.001$ ), while no difference  
349 was observed in the threshold for the induction of  
350 non-uniform responses in 18 patients without AF before  
351 ( $0.96 \pm 0.12$  Hz) and after exposure to ADA  
352 ( $1.14 \pm 0.12$  Hz;  $p = 0.3$ ; Fig. 8d). These effects of ADA  
353 concurred with a reduction of spontaneous  $I_{TI}$ s in myocytes  
354 from AF patients stimulated at 1.3 Hz (from  $2.9 \pm 0.8$  to  
355  $0.9 \pm 0.4$  events/min;  $p < 0.05$ ) to rates observed in  
356 patients without AF before and after ADA ( $0.7 \pm 0.3$  vs.  
357  $0.8 \pm 0.4$  events/min). Similar results were obtained for the  
358 spontaneous  $I_{TI}$ -frequency in resting myocytes (Fig. 8e),  
359 yielding a linear relationship between the spontaneous  $I_{TI}$   
360 frequency and the threshold for maintenance of uniform  
361 responses (Fig. 8f). By contrast, ADA did not modify the  
362 SR calcium load or the  $I_{Ca}$  density (Supplementary material  
363 figure S7a, b). Therefore, the threshold for the maintenance  
364 of uniform responses was neither correlated with SR calcium  
365 load nor with  $I_{Ca}$  density (Supplementary material  
366 figure S7d, e).

## 367 Discussion

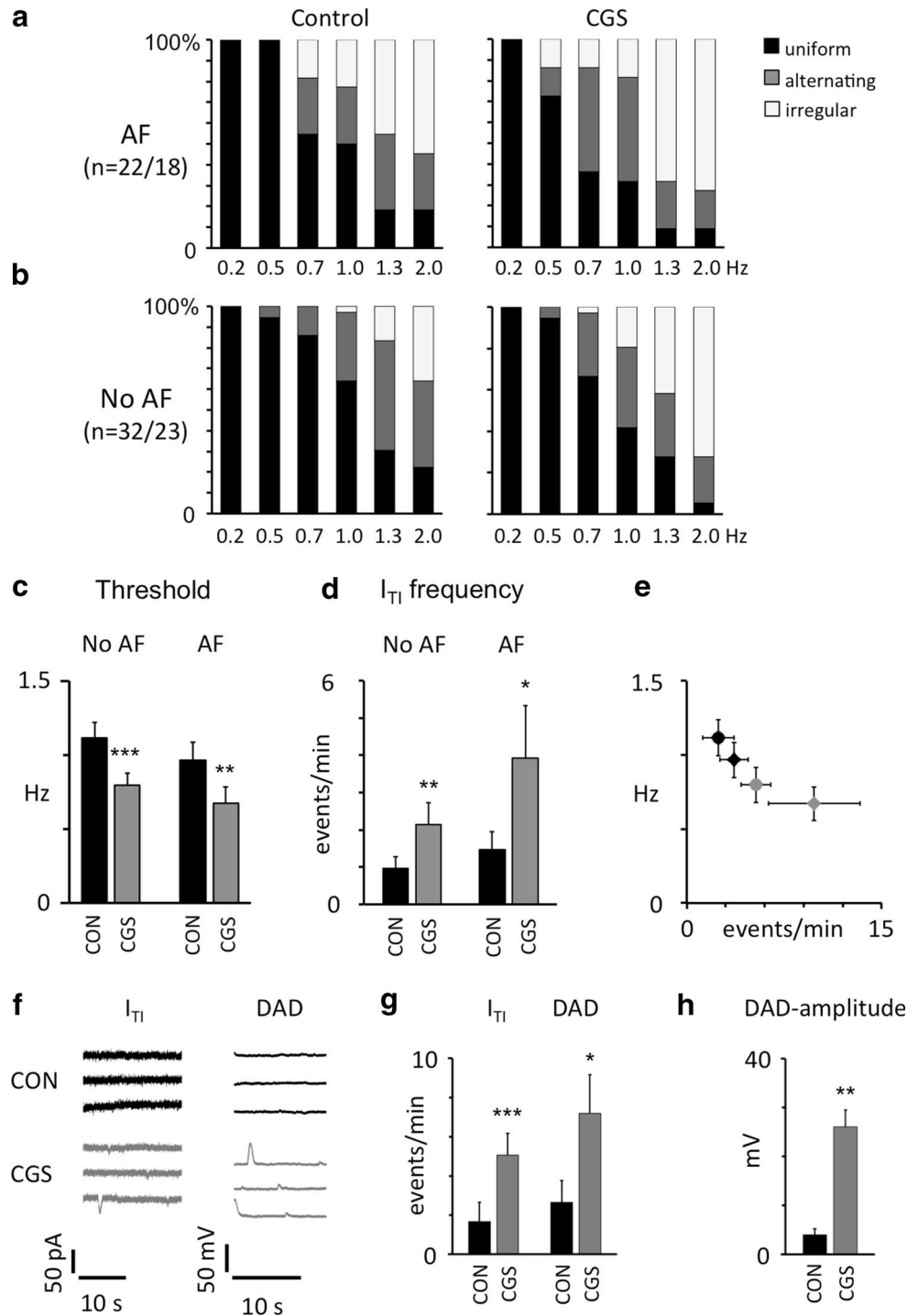
### 368 Adenosine A<sub>2A</sub> receptor-dependent regulation 369 of the beat-to-beat response

370 Endogenous and interstitial adenosine levels are intimately  
371 linked to the cellular energy balance and interstitial adenosine  
372 levels have been reported to rise dramatically during  
373 ischemic episodes in the heart [3]. Moreover, A<sub>2A</sub>R  
374 expression is upregulated in patients with AF and promote  
375 both local (sparks) and global (waves) spontaneous calcium  
376 release events [18, 27], suggesting that elevation of adenosine  
377 levels during local atrial ischemia or hypoxia could  
378 favor spontaneous calcium release, triggering afterdepolarizations  
379 [43] and arrhythmia. In addition to this, we here  
380 report that A<sub>2A</sub>R activation by ADO infusion gradually  
381 reduces synchronicity of the intracellular calcium transient  
382 from uniformly synchronized responses at the onset of  
383 infusion to discordant subcellular transients (see Fig. 3c, d)  
384 that eventually degrade into asynchronous calcium waves  
385 superimposed on electrically triggered calcium transients  
386 (see the response at 1.3 Hz in Fig. 5a). Functionally, subcellular  
387 heterogeneity in the calcium transient may impair

**Fig. 7** A<sub>2A</sub>R activation favors irregular beat-to-beat responses in AF patients and is, linked to a higher frequency of I<sub>TI</sub>s and afterdepolarizations.

**a** Frequency-dependent distribution of uniform (black), alternating (grey), and irregular (white) beat-to-beat responses among 22 myocytes from 18 patients with AF recorded in control and with CGS21680 (CGS). **b** Frequency-dependent distribution of uniform, alternating, and irregular beat-to-beat responses among 32 myocytes from 23 patients without AF recorded in control and with CGS. **c** Threshold frequency for maintenance of a uniform response.

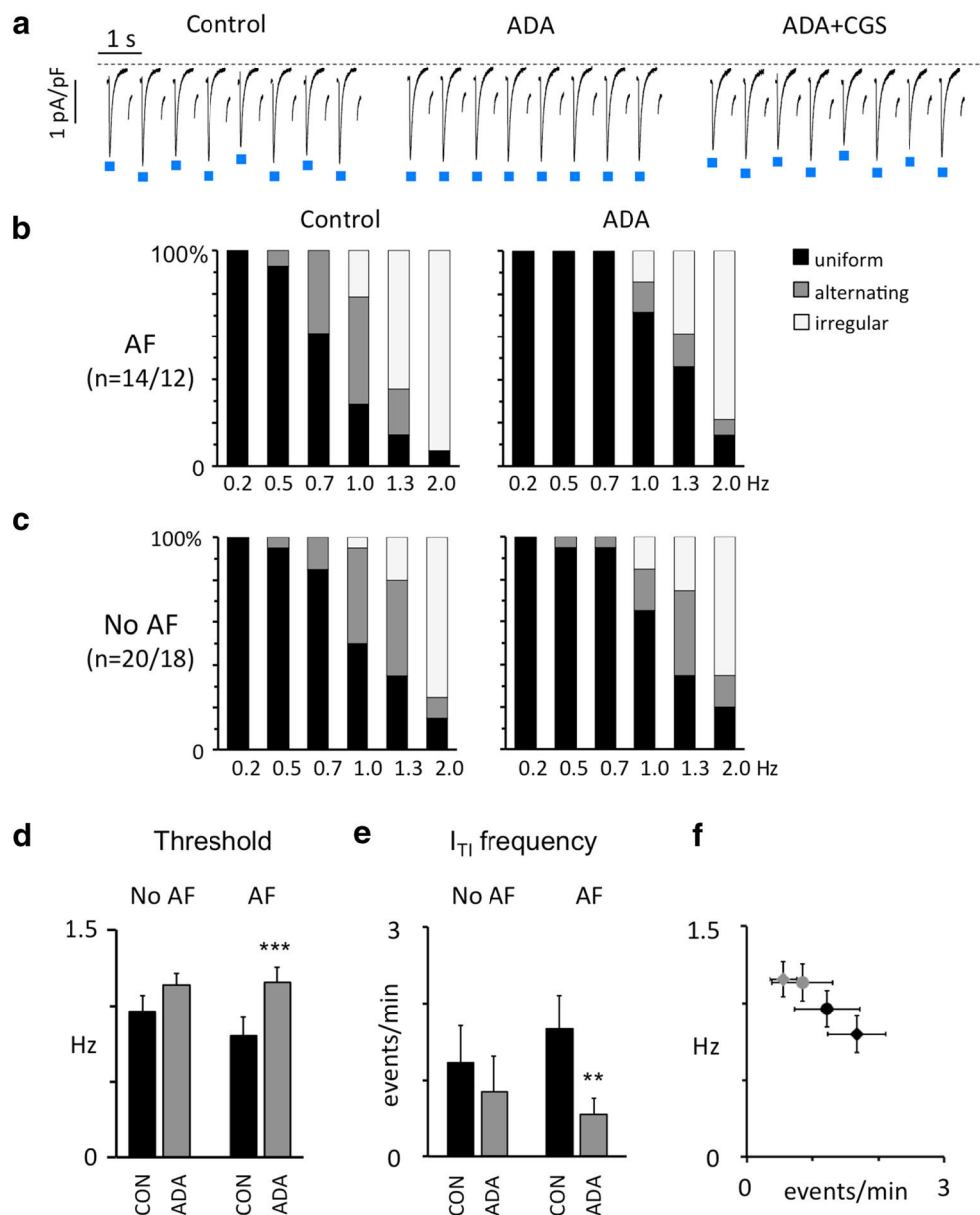
\*\*\**p* < 0.001. **d** Frequency of calcium release induced I<sub>TI</sub>s recorded in patients without (no AF) or with AF. Measurements were done before (CON; black bars) and after exposure CGS (grey bars). **e** Relationship between the I<sub>TI</sub> frequency and threshold for the maintenance of a uniform beat-to-beat response. **f** Calcium release induced I<sub>TI</sub>s and spontaneous membrane depolarizations (DAD) recorded in the same myocytes before (black traces) and after exposure to CGS (grey traces). **g** I<sub>TI</sub> and DAD frequencies recorded before (CON) and after exposure to CGS (*n* = 5/5). **h** DAD amplitude before (CON) and after exposure to CGS. \**p* < 0.05 \*\**p* < 0.01, \*\*\**p* < 0.001



388 propagation of the electrical signal from cell to cell, but as  
 389 shown in Fig. 4, it is the global calcium transient that  
 390 determines the amplitude and timing of the ionic currents.  
 391 Importantly, infusion of adenosine through the patch-pip-  
 392 ette demonstrated that only minor changes in the cytosolic  
 393 adenosine level within a pathophysiologically relevant  
 394 range (0–30 μM) [3, 4] have a considerable impact on the  
 395 beat-to-beat response.

396 Concurrent recordings of calcium currents and intra-  
 397 cellular calcium revealed that the beat-to-beat stability was  
 398 inversely proportional to the frequency of spontaneous  
 399 calcium waves, suggesting that A<sub>2A</sub>R-mediated stimulation  
 400 of spontaneous SR calcium release through the RyR2 [18,  
 401 27] is an underlying mechanism. In support of this, spon-  
 402 taneous calcium waves superimposed on electrically elic-  
 403 ited calcium transients before, during or after a

**Fig. 8** Prevention of  $A_{2A}R$  activation favors uniform beat-to-beat responses in myocytes from patients with AF. **a** Representative current recordings from a human atrial myocyte before (*control*) and after exposure to ADA or ADA + the non-degradable ADO analog CGS21680 (ADA + CGS). **b** Frequency-dependent distribution of uniform (*black*), alternating (*grey*), and irregular (*white*) beat-to-beat responses among 14 myocytes from 12 patients with AF recorded in control and with ADA. **c** Frequency-dependent distribution of uniform, alternating, and irregular beat-to-beat responses among 20 myocytes from 18 patients without AF recorded in control and with ADA. **d** Threshold frequency for maintenance of a uniform response  $***p < 0.001$ . **e** Frequency of calcium release induced  $I_{Ti}$ s recorded in patients without (*no AF*) or with AF. Measurements were done before (CON; *black bars*) and after exposure to ADA (*grey bars*). **f** Relationship between the  $I_{Ti}$  frequency and threshold for the maintenance of a uniform beat-to-beat response.  $**p < 0.01$   $***p < 0.001$



404 stimulation pulse, ruling out that these waves are triggered  
 405 events. Moreover, the  $A_{2A}R$  agonist CGS21680 caused a  
 406 parallel increase in calcium release-induced  $I_{Ti}$ s and  
 407 spontaneous membrane depolarizations (Fig. 7f, g).  
 408 CGS21680 also strongly increased the amplitude these  
 409 membrane depolarizations (Fig. 7h) and they persisted  
 410 when myocytes were stimulated, demonstrating that  $A_{2A}R$   
 411 activation stimulates spontaneous calcium release that  
 412 favors electrical instability. L-Type calcium channels did  
 413 not appear to be a major target for  $A_{2A}R$ -mediated regu-  
 414 lation since neither adenosine nor the selective  $A_{2A}R$   
 415 agonist CGS21680 had any significant effect on  $I_{Ca}$  den-  
 416 sity. Accordingly, there was no correlation between  $I_{Ca}$   
 417 density and the threshold frequency for loss of a uniform  
 418 response (see Fig. 4).

419 The ability of  $A_{2A}R$ -activation to promote spontaneous  
 420 calcium release has previously been linked to PKA-de-  
 421 pendent phosphorylation of the RyR2 at ser2808 [27]. In  
 422 line with this, the PKA inhibitor H-89 dramatically reduced  
 423 the incidence of non-uniform responses at all stimulation  
 424 frequencies studied, supporting the notion that PKA-de-  
 425 pendent signaling intervene in the regulation of the beat-to-  
 426 beat stability at baseline.

427 This is also compatible with previous work suggesting  
 428 the presence of a cyclic adenosine monophosphate-tonus at  
 429 baseline in human atrial myocytes [43]. Mechanistically,  
 430  $A_{2A}R$ s are coupled to  $G_s$  proteins [33] and linked to cAMP  
 431 production and PKA-activation [34] and could stimulate  
 432 phosphorylation of phospholamban at the residue serine16  
 433 (s16) or the RyR2 at the residues s2808 or s2030. This

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434 would be in accordance with previous studies linking  
 435 dysfunctional calcium handling to increased phospholam-  
 436 ban phosphorylation at s16 in chronic and paroxysmal AF  
 437 [12, 42] and RyR2 phosphorylation at s2808 in chronic AF  
 438 [27, 43]. In line with this, the PKA-inhibitor H-89 has been  
 439 shown to reverse A<sub>2A</sub>R-mediated stimulation of sponta-  
 440 neous calcium release [18]. However, A<sub>2A</sub>R-dependent  
 441 cAMP production could also activate calmodulin kinase II  
 442 (CamKII)-dependent phosphorylation of the RyR at s2814,  
 443 which would be in agreement with other studies linking  
 444 spontaneous calcium release in AF to s2814 phosphoryla-  
 445 tion [32, 42, 43]. Moreover, irregular rhythm has been  
 446 shown to increase diastolic [Ca<sup>2+</sup>] and activation of  
 447 CaMKII and AMP-activated protein kinase [25] that could  
 448 create a vicious cycle favoring irregular beating.

449 Beta-adrenergic stimulation with ISO also reduced the  
 450 threshold for the induction of non-uniform responses and  
 451 preferentially induced alternating responses. This is oppo-  
 452 site to the reported ability of ISO to rescue calcium alter-  
 453 nans in cat atrial myocytes [13], but in accordance with the  
 454 notion that concurrent stimulation of I<sub>Ca</sub> and SR calcium  
 455 release, as reported for ISO here and in other studies [20,  
 456 45], promotes alternans in human atrial myocytes [26].  
 457 Similarly, stimulation of SR calcium release but not I<sub>Ca</sub> by  
 458 adenosine, as shown in Fig. 4 and reported by Llach et al.  
 459 [27] is more likely to induce irregular beat-to-beat  
 460 responses [26]. Interestingly, it has been reported that ISO  
 461 promotes and propranolol decreases the amplitude and  
 462 incidence of T-wave alternans in human atria from patients  
 463 suffering from supraventricular tachyarrhythmia when the  
 464 atria were paced at 110 bpm (1.8 Hz) [24], underscoring  
 465 the physiological relevance of our findings. Indeed, our  
 466 results would suggest that the mechanism underlying the  
 467 ability of ISO to induce T-wave alternans in human atria is  
 468 a PKA- or CaMKII-dependent stimulation of SR calcium  
 469 release that reduces the threshold frequency for induction  
 470 of beat-to-beat alternation in the calcium transient. The  
 471 opposite effects of ISO in cat and human atrial myocytes  
 472 are possibly due to different experimental conditions or  
 473 species-dependent differences in the cellular calcium  
 474 homeostasis. In favor of the latter possibility, mathematical  
 475 models have shown that small changes in SR calcium  
 476 uptake or RyR2 gating properties can profoundly affect the  
 477 atrial beat-to-beat response [7, 28].

478 **Regulation of the beat-to-beat response in atrial**  
 479 **fibrillation**

480 AF has previously been linked to PKA-mediated phos-  
 481 phorylation of the RyR2 at s2808 in patients with perman-  
 482 ent AF [41] and phospholamban at s16 [12, 42], which

would both favor elevation of spontaneous SR calcium  
 485 release events at baseline [17]. Moreover, increased A<sub>2A</sub>R  
 486 expression in patients with AF has been shown to increase  
 487 RyR2 phosphorylation at s2808 and proposed to account  
 488 for the higher rate of spontaneous calcium release [27].  
 489 These observations, combined with present finding of an  
 490 inverse relationship between spontaneous calcium release  
 491 events and the ability to maintain a uniform beat-to-beat  
 492 response (see Figs. 4, 7, 8), suggest that pharmacological  
 493 control of A<sub>2A</sub>R activation could be a means to regulate the  
 494 beat-to-beat response at high stimulation frequencies in  
 495 myocytes from AF patients. Indeed, we here show that  
 496 infusion of adenosine-free solution through the patch-pip-  
 497 ette or application of exogenous ADA increases the  
 498 threshold frequency for induction of non-uniform respon-  
 499 ses. The latter was more pronounced in myocytes from AF  
 500 patients, demonstrating that inhibition of A<sub>2A</sub>R activation  
 501 stabilizes calcium handling in patients with AF. This sta-  
 502 bilizing action is even more pronounced if the effect of  
 503 temperature on beating rate is taken into account. Thus, a  
 504 beating rate near 0.5 Hz at 22 °C would correspond to  
 505 1.25 Hz at 37 °C [5], and be representative for myocytes in  
 506 patients with a normal beating rate. At this frequency more  
 507 than 90 % of the myocytes have a uniform response and  
 508 inhibition of A<sub>2A</sub>R activation with ADA has little effect.  
 509 By contrast, beating rates of 1 and 1.3 Hz at 22 °C would  
 510 correspond to rates around 2.5 and 3.3 Hz at 37 °C, cor-  
 511 responding to atrial arrhythmia. At these frequencies only  
 512 15 and 25 % of the myocytes respond uniformly, and ADA  
 513 increases the number of uniformly responding myocytes to  
 514 45 and 70 % at 1.3 and 1 Hz, respectively.  
 515

516 As illustrated in Fig. 6a–c, such a strong reduction in the  
 517 fraction of myocytes with irregular responses could  
 518 potentially revert the overall response of an irregularly  
 519 beating multicellular myocyte preparation to a uniform  
 520 response.

521 It is therefore conceivable that physiologically relevant  
 522 fluctuations in the cytosolic adenosine level such as those  
 523 induced by stress, deficient circulation of the atrial  
 524 appendices [4] or ischemia [3] have the potential to pro-  
 525 mote non-uniform beat-to-beat responses by reducing the  
 526 threshold frequency for their induction. In support of this  
 527 notion, electrical mapping in perfused porcine atria  
 528 revealed that adenosine infusion induces T-wave alternans  
 529 at lower beating rates and increases the alternans amplitude  
 530 (see Fig. 6).

531 Importantly, selective A<sub>2A</sub>R inhibition was able to  
 532 reverse the effects of massive increases in the cytosolic  
 533 adenosine level (see Fig. 5) and exogenous adenosine  
 534 deaminase increased the threshold frequency for induction  
 535 of non-uniform responses in myocytes from patients with

538 AF by reducing spontaneous calcium release events in both  
539 resting and beating myocytes, demonstrating that pharma-  
540 cological control of  $A_{2A}R$  activation can be used to  
541 counteract arrhythmogenic effects of pathological increas-  
542 es in the cellular adenosine level.

### 543 Study limitations

544 A challenge encountered with human cardiomyocyte  
545 models is that clinical or therapeutical heterogeneity  
546 among patients with and without AF can potentially bias  
547 the results. To minimize this issue, patients treated with  
548 calcium antagonists were excluded from the study. We also  
549 ruled out that there were potentially confounding effects of  
550 reduced left ventricular ejection fraction (<40 %), gender,  
551 and beta-blocker treatment (see Fig. 2d, e). Moreover, the  
552 observed changes in  $I_{Ca}$  and spontaneous calcium release  
553 are consistent with previous reports on human AF confir-  
554 ming that the model can faithfully reproduce observa-  
555 tions from isolated human atrial myocytes [17, 27, 39].

556 The use of fluorescent dyes, such as fluo-4, to monitor  
557 intracellular calcium transients has previously been repor-  
558 ted to favor irregular responses at the expense of alternat-  
559 ing responses in human atrial myocytes [11], and we  
560 therefore only used calcium imaging in experiments  
561 specifically addressing effects of  $A_{2A}R$ -mediated effect on  
562 spatio-temporal changes in the calcium transient and the  
563 beat-to-beat response.

564 While pharmacological tools used to manipulate  $A_{2A}R$   
565 activation are highly selective, the selectivity of H-89 for  
566 PKA inhibition is controversial and depends on the pres-  
567 ence of other kinases [9]. Nevertheless, unpublished data  
568 from our laboratory show that H-89 and KT5720, consid-  
569 ered a more selective PKA inhibitor, have similar abilities  
570 to prevent spontaneous and triggered calcium release in  
571 mouse cardiomyocytes where confounding effects of con-  
572 current cardiovascular disease and pharmacological treat-  
573 ments are avoided.

574 Functionally, adenosine also activates adenosine  $A_1$   
575 receptors and is associated to shortening of the atrial  
576 refractory period [44] and electrical re-entry [2], which  
577 likely affects the atrial electrical signals in the perfused  
578 porcine atria. However, it is not clear that this would  
579 promote the observed t-wave alternans. Instead, our results  
580 are consistent with findings in humans [24, 30] and in  
581 animal models [1, 21] where atrial action potential alter-  
582 nans and spontaneous depolarizations associated to  
583 abnormal calcium handling have been proposed to underlie  
584 arrhythmic vulnerability and increased susceptibility to AF.

585 Finally, regional differences are known to exist in  
586 human atrial physiology, and we cannot exclude that the  
587 present results from right atrial appendages will differ from  
588 the response of left atrial preparations.

### Clinical implications

590 The induction or perpetuation of AF has been ascribed to  
591 remodeling of several ionic currents and calcium handling  
592 mechanisms [6, 14, 17, 39, 40], including increased spon-  
593 taneous calcium release from the SR [17], hyperphospho-  
594 rylation of the RyR2 at s2808 [27, 41] and s2814 [32, 42],  
595 as well as increased  $A_{2A}R$  expression and activation [27].  
596 The present study shows that remodeling of  $A_{2A}R$ -medi-  
597 ated signaling in AF can also facilitate alternating or  
598 irregular beat-to-beat responses, a phenomenon that has  
599 been reported to precede and promote the onset of AF [23,  
600 31, 37, 38]. Importantly, prevention of  $A_{2A}R$  activation  
601 significantly improved the beat-to-beat response in myo-  
602 cytes from AF patients. This, could prevent a massive  
603 induction of irregular beat-to-beat responses upon eleva-  
604 tion of the beating frequency, and potentially prevent re-  
605 initiation of the arrhythmia in patients with paroxysmal AF  
606 exposed to tachycardic stress or after cardio version in  
607 patients with AF. On the other hand, the effect of pre-  
608 vention of  $A_{2A}R$  activation is smaller at the highest stimu-  
609 lation frequency examined, suggesting that its efficacy  
610 may be smaller in patients with permanent AF. Inhibition  
611 of PKA-dependent signaling also promotes uniform beat-  
612 to-beat responses at high stimulation frequencies, but the  
613 ubiquitous nature and multiple functions of PKA make it  
614 difficult to envisage PKA inhibitors as a means to stabilize  
615 calcium handling in AF. Instead, pharmacological control  
616 of  $A_{2A}R$  activation may be a key to selectively reduce  
617 spontaneous calcium release and promote uniform beat-to-  
618 beat responses in atrial myocytes from patients with AF  
619 without compromising the L-type calcium current, which is  
620 critical for the activation of contraction.

621 In summary, we show for the first time that  $A_{2A}R$  acti-  
622 vation reduces the frequency threshold for induction of non-  
623 uniform beat-to-beat changes in the calcium transient in  
624 human atrial myocytes and T-wave alternans in perfused  
625 porcine atrial preparations. Importantly, the  $A_{2A}R$ -mediated  
626 effect was more pronounced in patients with AF, and pre-  
627 vention of  $A_{2A}R$  activation favored uniform responses and  
628 significantly increased the threshold for the induction of non-  
629 uniform responses in myocytes from these patients. This  
630 proposes pharmacological inhibition of  $A_{2A}R$  activation as a  
631 novel therapeutical approach to prevent beat-to-beat alter-  
632 nation or irregular responses in atrial myocytes from patients  
633 with AF during stress-induced elevation of the beating rate or  
634 pathological conditions promoting elevation of cellular  
635 adenosine levels such as hypoxia or ischemia.

636 **Acknowledgments** We would like to thank Mr. Andreu Ferrero-  
637 Gregori for invaluable help with the statistical analysis and greatly  
638 appreciate the collaboration of the surgeons at the Cardiac Surgery  
639 Department at Hospital de la Santa Creu i Sant Pau.

640 **Compliance with ethical standards**

641 **Conflict of interest** None.

642 **Funding** This work has received funding from Spanish Ministry of  
643 Education and Science (SAF2011-30312), (SAF2014-58286-C2-1R)  
644 and (CNIC2009-08), Instituto de Salud Carlos III (network RD12/  
645 0042/0002), Generalitat de Catalunya (2014SGR1465) and Marie  
646 Curie IEF Grant (PIEF-GA-2012-331241).  
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