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Plasmonics in atomically thin materials

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The observation and electrical manipulation of infrared surface plasmons in graphene have triggered a search for similar photonic capabilities in other atomically thin materials that enable electrical modulation of light at visible and near-infrared frequencies, as well as strong interaction with optical quantum emitters. Here, we present a simple analytical description of the optical response of such kinds of structures, which we exploit to investigate their application to light modulation and quantum optics. Specifically, we show that plasmons in one-atom-thick noble-metal layers can be used both to produce complete tunable optical absorption and to reach the strong-coupling regime in the interaction with neighboring quantum emitters. Our methods are applicable to any plasmon-supporting thin materials, and in particular, we provide parameters that allow us to readily calculate the response of silver, gold, and graphene islands. Besides their interest for nanoscale electro-optics, the present study emphasizes the great potential of these structures for the design of quantum nanophotonics devices.

I. Introduction

Plasmons – the collective electron oscillations in nanostructured conductors – allow us to control light at the nanometer scale, particularly using the large concentration and enhancement of electromagnetic intensity that they generate.¹ Additionally, and unlike other optical excitations in small systems (*e.g.*, atomic and molecular quantum emitters), plasmons display a powerful combination of two appealing properties: they are robust (*i.e.*, they are not destroyed by the presence of a dielectric environment) and they interact strongly with light (*e.g.*, they display excitation cross-sections typically exceeding the projected area of the nanostructures that sustain the plasmons). These features have facilitated the use of plasmons in applications as varied as nonlinear optics,^{2–5} ultrasensitive detection down to the single-molecule level *via* surface-enhanced Raman scattering (SERS),^{6–9} cancer diagnosis and therapy,^{10–15} quantum information processing,^{16–19} improved photovoltaics,^{20,21} and subwavelength lithography.²² Optical metamaterials also largely

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rely on subwavelength plasmons to display properties that are not available in naturally occurring materials.²³⁻²⁵ These efforts are due in part to the impressive progress made in nanofabrication²⁶ and colloid chemistry^{27,28} techniques, as well as in the theoretical understanding of the response of nanometallic structures.^{29,30}

The field of plasmonics has been quite focused on noble metals, which are generally regarded as prototypical plasmonic materials, although they suffer from relatively large inelastic losses that limit the lifetime of plasmons down to a few optical cycles in deep-subwavelength structures. In this context, a search for better plasmonic materials has been initiated with a view to reducing absorption.^{31–34} Recently, highly doped graphene has emerged as a promising alternative, ^{35–44} combining huge field confinement and enhancement with comparatively lower losses, ^{43,45} as well as large electrical tunability of its optical response.^{46–49} These properties hold great potential for electro-optics applications, such as fast light modulation *via* electrostatic gating, ^{38,39,41–44} which has been demonstrated with the achievement of frequency variations spanning a whole octave.⁴³

Unfortunately, plasmons in graphene, as well as in other so-called twodimensional crystals⁵⁰ and in topological insulators,⁵¹ have so far been observed at mid-infrared (mid-IR) and lower frequencies, as they are limited by the low carrier densities in these materials. In contrast, atomically thin metals already possess a substantial conduction electron density in their undoped state, thus sustaining plasmons in the visible and near-infrared (vis-NIR), which are spectral ranges with better prospects for technological applications. Additionally, atomically thin noble metal nanoislands can undergo strong interaction with light and exhibit significant electrical tunability,⁵² as the doping levels that are currently attainable using gating technology can produce substantial fractional changes in the conduction electron density.

Plasmons in metal clusters of atomic dimensions have been examined and optically characterized for a long time,⁵³ and they have even been used as a toolbox to test the ability of different first-principles computational methods to simulate optical and electron-based spectroscopic measurements.⁵⁴ In a separate effort, atomic self-assembly has been used to produce monoatomic gold wires,⁵⁵ which were later shown to sustain extremely confined plasmons.⁵⁶ Similar low-dimensional plasmons have been experimentally characterized using electron spectroscopy in ultrathin indium⁵⁷ and silicide⁵⁸ wires, as well as in few-atomic-layer silver films⁵⁹ and monolayer DySi₂.⁶⁰ Unfortunately, no further exploration has been pursued towards the coupling of propagating light to these systems and their application to nanophotonics.

Motivated by the availability of these atomically thin materials and their potential for nanophotonics applications, we present here a simple analytical study of the optical properties of disks and ribbons, accompanied by a discussion of their ability to achieve tunable complete optical absorption and quantum strong coupling between plasmons and optical emitters.

II. Optical response and tunability of 2D metallic nanoislands

We describe thin metals in terms of a frequency-dependent 2D conductivity $\sigma(\omega)$, which is related to the bulk dielectric function of the material through $\varepsilon(\omega) = 1 + \varepsilon(\omega)$

 $4\pi i \sigma(\omega)/\omega t$, where *t* is the film thickness. This local approximation works well for atomically thin islands of noble metals with a lateral extension above ~10 nm, as shown by comparison with quantum-mechanical simulations based upon the random-phase approximation.⁵² In the low-frequency limit, the dielectric function is well approximated by the Drude model $\varepsilon(\omega) = 1 - \omega_{\text{bulk}}^2/\omega(\omega + i\gamma)$, where ω_{bulk} is the bulk classical plasmon frequency and γ is a phenomenological relaxation rate. Combining these two expressions for ε , we find that the 2D conductivity reduces to

$$\sigma(\omega) = \frac{\omega_{\text{bulk}}^2 t}{4\pi} \frac{\mathrm{i}}{\omega + \mathrm{i}\gamma}.$$
 (1)

This formula can even be applied to include the full ω dependence of the measured dielectric function by simply allowing ω_{bulk} and γ to depend on ω . In noble metals, these parameters are relatively independent of frequency over the NIR spectral range (see Fig. 5 in Appendix D). The present formalism can also describe graphene, where ω_{bulk} depends on the Fermi energy E_{F} relative to the so-called Dirac point as $\omega_{\text{bulk}} = (2e/\hbar)\sqrt{E_{\text{F}}/t}$ (for example, for a nominal graphene thickness t = 0.34 nm, as extracted from the interlayer distance in graphite, and considering a realistic value of the Fermi energy $E_{\text{F}} = 1 \text{ eV}$,⁴⁹ we have $\hbar \omega_{\text{bulk}} = 4.1 \text{ eV}$).

The far-field response of islands that are small compared with the light wavelength can be expressed in terms of their polarizability $\alpha(\omega)$, which admits simple approximate expressions under the reasonable assumption that the lowest-order dipole mode dominates the spectral strength. More precisely, using the expressions derived in Appendix A, we find

$$\alpha(\omega) \approx \frac{tA}{4\pi} \frac{\omega_{\text{bulk}}^2}{\omega_{\text{p}^2} - \omega(\omega + i\gamma)},\tag{2}$$

where *A* is the area of the island and ω_p is its lowest-order plasmon frequency (see Table 1 for disks and ribbons). In particular, for a disk of diameter *D* and thickness *t* placed at the planar interface between two media of permittivities ε_1 and ε_2 , we have (see Table 1 and derivation in Appendix A)

$$\omega_{\rm p} \approx \frac{\omega_{\rm bulk}}{n_{\rm eff}} \sqrt{\frac{3\pi t}{8D}},\tag{3}$$

where $n_{\rm eff} = \sqrt{(\varepsilon_1 + \varepsilon_2)/2}$.

Fig. 1(a) shows the values of ω_p predicted by eqn (3) for gold, silver, and graphene disks embedded in silica. We consider noble metal disks consisting of 1, 2, or 5 atomic monolayers, which can clearly reach the NIR. In contrast, the shaded area shows that the plasmon energies for graphene nanodisks lie in the mid-IR, even for relatively high doping levels ($E_F \leq 1$ eV).

We note that the quality factor Q of the plasmon resonances (*i.e.*, 2π times the number of optical cycles after which the intensity has decayed by 1/e) is given by ω_p/γ . Here, γ is the Drude damping of eqn (1), which depends on frequency and the material as shown in Fig. 5 (Appendix D), leading to the dependence of Q on ω_p illustrated by Fig. 1(b). High-quality (mobility $\mu \leq 10\ 000\ \text{cm}^2\ \text{V}^{-1}\ \text{s}^{-1}$) highly doped ($E_F \leq 1\ \text{eV}$) graphene exceeds the performance of gold but is below that of silver for plasmon energies above ~1.6 eV, which are only reachable with

graphene structures that are smaller than those considered in Fig. 1,⁶¹ although edge effects can then introduce important corrections.^{62,63}

The range of electro-optical tunability of graphene disk plasmons is illustrated by the shaded area in Fig. 1(a). For a given disk diameter, the plasmon energy can be moved up to the upper value of that area when the doping is increased up to $E_{\rm F} = 1$ eV. For silver and gold, the range of tunability is lower than in graphene, although it has the advantage that the plasmons are in the NIR. Nonetheless, using currently available gating technology, under the same doping conditions that allow achieving a graphene Fermi energy $E_{\rm F} = 1$ eV, corresponding to a charge carrier density $n = 7 \times 10^{13}$ cm⁻², we obtain a fractional variation of the plasmon energy $\approx \pm n/2n_0 = 2.5\%$ in gold and silver, where $n_0 = 1.39 \times 10^{15}$ cm⁻² is the areal density of conduction electrons in a (111) atomic layer. This produces an overall fractional variation of the plasmon that is resolvable with a quality factor $Q \sim n_0/n$, represented by the dashed vertical line of Fig. 1(b), which is clearly within reach with silver.



Fig. 1 Energy, quality factor, and electrical tunability of thin-disk plasmons. (a) Dipole plasmon energy as a function of diameter for disks formed by 1-5 atomic layers of gold or silver embedded in an $\varepsilon = 2$ dielectric, as predicted from the analytical model of Table 1. The thickness of each atomic layer is set to 0.236 nm (i.e., the separation between the (111) atomic planes in these materials, which also have similar values of $\hbar\omega_{\text{bulk}} \approx 9$ eV). Graphene-disk plasmon energies are shown as well for Fermi energies $E_{\rm F} = 0-1$ eV, illustrating the large degree of electrical tunability of this material. The shaded regions for noble metal disks give the variation of the plasmon energy when electrically doping the disks up to additional carrier densities in the ±7 imes 10^{13} cm⁻² range (i.e., the same as when doping graphene to $E_{
m F}=1\,{
m eV}$). (b) Quality factor $Q=\omega_{
m p}/\gamma$ of gold and silver plasmons in the electrostatic limit. The effective plasmon damping rate γ depends on frequency as shown in Appendix D (see Fig. 5). The quality factor of graphene is obtained from the random-phase approximation conductivity in the local limit (local-RPA,⁶¹ see eqn (D1) in Appendix D), which includes temperature (T = 300 K) and interband transition effects. We assume Fermi energies $E_{\rm F} \leq 1$ eV and an intrinsic impurity-limited lifetime estimated for DC mobilities $\mu \leq 10\ 000\ \text{cm}^2\ \text{V}^{-1}\ \text{s}^{-1}$ as $\tau =$ $\mu E_{\rm F}/ev_{\rm F}^2$, where $v_{\rm F} = 10^6$ m s⁻¹ is the Fermi velocity of graphene. The dashed vertical line indicates the value of Q that equals the full-width fractional variation of the plasmon energy when single-atom gold or silver disks are doped with carrier densities $\pm7 imes$ 10¹³ cm⁻².

III. Coupling to quantum emitters

The large concentration of electromagnetic energy associated with the plasmons of atomically thin structures can lead to strong interaction with nearby quantum emitters. This idea has been recently explored in graphene^{36,64,65} and we elaborate on it here to produce a semi-analytical model that is directly applicable to any thin conducting material. For this purpose, we introduce the 2D charge density $\rho_p(\mathbf{R})$ associated with the plasmon as a function of position $\mathbf{R} = (x, y)$ along the metal island. This quantity can be conveniently normalized for one plasmon, as discussed in Appendix B, where analytical expressions are given for the lowest-order dipole modes of disks and ribbons (see Table 1). Intuitively, ρ_p plays a similar role as the charge density $-e\phi_{\mathbf{f}}^*(\mathbf{r})\phi_i(\mathbf{r})$ associated with the transition of one electron between the bound states ϕ_i and ϕ_f of a confined system. We now consider a two-level quantum emitter (*e.g.*, an atom or molecule) of transition dipole \mathbf{d}_0 . Taking the metal island to lie in the z = 0 plane and the emitter at position \mathbf{r}_0 , the electrostatic emitter-plasmon interaction is simply given by

$$\hbar g = \frac{1}{n_{\rm eff}^2} \int d^2 \mathbf{R} \rho_{\rm p}(\mathbf{R}) \frac{\mathbf{d}_0 \cdot (\mathbf{R} - \mathbf{r}_0)}{|\mathbf{R} - \mathbf{r}_0|^3},\tag{4}$$

where the integral is extended over the area of the island, $n_{\rm eff}$ is defined right after eqn (3), and **d**₀ is the effective emitter transition dipole, which is related to its radiative lifetime τ_0 in the absence of the island through $\tau_0^{-1} = 4n_{\rm eff}\omega_0^{-3}d_0^{-2}/3\hbar c^3$. Incidentally, **d**₀ is the transition dipole in a vacuum multiplied by a local-field correction $3n_{\rm eff}^{-2}/(2n_{\rm eff}^{-2} + 1)$.⁶⁶

The quantum evolution of the emitter-plasmon system can be described by the Hamiltonian^{36,64}

$$H = \hbar[\omega_{\mathbf{p}}a^{\dagger}a + \omega_{0}\sigma^{\dagger}\sigma + g(a^{\dagger}\sigma + a\sigma^{\dagger})] + \mathbf{d}_{\mathbf{p}} \cdot \mathbf{E}^{\mathrm{ext}}(t)(a^{\dagger} + a),$$
(5)

where *a* and σ (a^+ and σ^+) are the annihilation (creation) operators of the plasmon and the emitter excitation of energies $\hbar\omega_p$ and $\hbar\omega_0$, respectively. Let us stress that we are using the same rate *g* of emitter-plasmon coupling as defined by the electrostatic energy of eqn (4). In the Hamiltonian (5) we are neglecting the direct interaction of the time-dependent external field \mathbf{E}^{ext} with the emitter, as its dipole \mathbf{d}_0 is assumed to be small compared with the plasmon dipole

$$\mathbf{d}_{\mathrm{p}} = \int d^2 \mathbf{R} \mathbf{R} \rho_{\mathrm{p}}(\mathbf{R}).$$

Incidentally, the normalization of ρ_p for a single plasmon is actually based on this dipole, as explained in Appendix B.

The lifetime of the emitter τ_0 and the plasmon decay rate γ can be introduced in the quantum description of the combined system through the density matrix ρ , which follows the equation of motion^{67,68}

$$\frac{\mathrm{d}\rho}{\mathrm{d}t} = \frac{\mathrm{i}}{\hbar} \left[\rho, H\right] + \frac{1}{2\tau_0} \left[2\sigma\rho\sigma^+ - \sigma^+\sigma\rho - \rho\sigma^+\sigma\right] + \frac{\gamma}{2} \left[2a\rho a^+ - a^+a\rho - \rho a^+a\right].$$
(6)

In this formalism, we can calculate the polarizability $\alpha(\omega)$ by first obtaining the expected value of the induced dipole from tr{ $\mathbf{d}_{\mathbf{p}}(a^+ + a)\rho$ } upon illumination with a weak external field $\mathbf{E}^{\text{ext}}(t) = \mathbf{E}_0 e^{-i\omega t} + \text{c.c.}$ We find the induced dipole to admit the

form $\alpha(\omega)\mathbf{E}_0 e^{-i\omega t}$ + c.c., thus defining $\alpha(\omega)$. In the absence of the emitter (*i.e.*, taking g = 0), we recover a polarizability $\alpha(\omega)$ as given by the j = p term of eqn (B1), thus demonstrating the self-consistency of our plasmon-normalization scheme. Additionally, when the combined system is considered, the linear polarizability becomes $\alpha(\omega) = \alpha_0(\omega) + \alpha_0^*(-\omega)$ with

$$lpha_0(\omega) = rac{{d_\mathrm{p}}^2}{{\omega_\mathrm{p}} - \omega - \mathrm{i}\gamma/2 - g^2(\omega_0 - \omega - \mathrm{i}/2 au_0)^{-1}},$$

For $\omega_p = \omega_0$, this expression exhibits two poles at frequencies $\omega = \omega_p \pm g$, yielding a vacuum Rabi splitting given by 2*g*.

For the vacuum Rabi splitting to be observable, it must be larger than the width of the plasmon peak, that is, $g/\gamma > 1$. This condition signals the so-called strong-coupling regime, which has been argued to be achievable in graphene.³⁶ In this regime, the bosonic plasmon state mixes with the fermionic two-level emitter to produce a Jaynes–Cummings ladder of hybridized states,⁶⁹ which has been predicted to produce non-classical statistics of the plasmon population upon external illumination, as well as a nonlinear optical response⁶⁴ (*i.e.*, the nonlinearity of the quantum emitter is inherited by the combined plasmon-emitter system).

It should be noted that the decay rate of the excited emitter is enhanced by the coupling to the plasmon and becomes for $\gamma \tau_0 \gg 1$

$$\Gamma = \frac{1}{\tau_0} + \gamma \frac{g^2}{(\omega_{\rm p} - \omega_0)^2 + \gamma^2/4}$$
(7)

under the condition that the fraction in this expression is small (weak coupling). This well-known result is rederived in Appendix C from eqn (5) and (6), and we also show that the dielectric formalism of Appendix A reproduces eqn (7) with *g* as defined by eqn (4), provided the plasmon charge density $\rho_{\rm p}(\mathbf{R})$ is normalized as prescribed in Appendix B, thus demonstrating the self-consistency of the theoretical methods elaborated in this work.

Equipped with the analytical model for the plasmons of thin conductor islands discussed in the Appendix, we examine in Fig. 2 the ratio g/γ , where g is calculated from eqn (4) using the analytical expression of ρ_p for a disk plasmon given in Table 1. We find g/γ to depend on the lifetime of the emitter τ_0 , the Drude parameters of the conducting disk ω_{bulk} and γ (see eqn (1)), the disk diameter and thickness D and t, and the index of refraction of the surrounding medium $n_{\rm eff}$ only through a multiplicative coefficient $(n_{\rm eff}c)^{3/2}/(\gamma D\omega_{\rm bulk}\sqrt{\tau_0 t})$. We plot g/γ in Fig. 2 expressed in units of that coefficient (left scale) as a function of the distance z_0 between the emitter and the center of the disk. The emitter dipole is assumed to be parallel to the disk. The right scale shows the ratio calculated for $\hbar\omega_{\text{bulk}} = 9$ eV and $\hbar\gamma = 0.07$ eV, typical of gold in the NIR, with $\tau_0 = 1 \text{ ns}, D = 10 \text{ nm}, t = 0.236 \text{ nm}$ (*i.e.*, one (111) atomic layer), and $n_{\text{eff}}^2 =$ 2. This result indicates that the strong-coupling regime is reachable over a wide range of distances using gold islands. Silver structures should produce larger coupling because γ is smaller in that material (see Fig. 5). Further confinement of the plasmons in structures that display hotspots, such as bowtie antennas,⁷⁰ could lead to even larger values of g/γ .



Fig. 2 Achieving quantum strong coupling between the lowest-energy plasmon of a thin conducting disk and an optical emitter. We represent the ratio g/γ between the coupling and plasmon decay rates for an emitter oriented parallel to the graphene (see inset), as a function of its separation z_0 from the center of a disk of diameter D and thickness t. The disk material is characterized by a Drude plasma frequency ω_{bulk} and it is placed at the interface between two dielectric media that define the effective permittivity $n_{\text{eff}} = \sqrt{(\epsilon_1 + \epsilon_2)/2}$. The lifetime of the emitter in the absence of the disk is τ_0 . The left vertical axis is given in units of the dimensionless quantity $(n_{\text{eff}}c)^{3/2}/[\gamma D\omega_{\text{bulk}}\sqrt{\tau_0 t}]$, whereas the right axis corresponds to the choice $\hbar\omega_{\text{bulk}} = 9 \text{ eV}$ and $\hbar\gamma = 0.07 \text{ eV}$ (gold in the NIR), with $\tau_0 = 1$ ns, D = 10 nm, t = 0.236 nm (*i.e.*, a single (111) atomic layer), and $\epsilon_1 = \epsilon_2 = 2$ (glass).

Decoherence produced by inelastic transitions can severely damage the efficiency of quantum emitters when they are placed in a solid-state environment, although close to 100% efficiencies can be achieved with organic molecules under cryogenic conditions.⁷¹ Fortunately, the enhancement of the coupling rate from the emitter to the plasmon at the frequency of the latter can decrease the relative importance of inelastic decay channels in the emitter (*e.g.*, coupling to phonons of the surrounding material, Auger processes, *etc.*), so that in practice the coherent part of the decay in emitters such as nitrogen-vacancies in diamond, in which the zero-phonon elastic channel accounts for only a small fraction of the emission, can be enhanced by coupling to the nanoisland, and we are thus under similar conditions as those considered in this study (*i.e.*, the emitter decay through coupling to a plasmon dominates over other inelastic channels).

IV. Complete optical absorption

Complete optical absorption has been studied and observed over many frequency ranges in disordered metal films,^{72,73} through lattice resonances in gratings and planar metamaterials,⁷⁴⁻⁸⁰ assisted by localized plasmonic resonances,^{81,82} using multilayer structures,⁸³ and in overdense plasma.⁸⁴ However, the possibility of achieving complete optical absorption in atomically thin films offers additional advantages, as we discuss below.

It is well known that the maximum absorbance produced by an optically thin film in a homogeneous environment is 50%: the incident light induces charges

and currents that have no memory of where light is coming from, and therefore, they radiate symmetrically towards both sides of the film with a scattered wave amplitude *r*; consequently, the reflected and transmitted amplitudes are *r* and 1 + *r*, where the first term in the transmission is the incident field of unit amplitude; the absorbance is thus $1 - |r|^2 - |1 + r|^2$, whose maximum value is 1/2 as a function of the complex variable *r*. Now, with the addition of a reflecting screen on one side of the film, light can make two passes through the thin material, producing a maximum of 100% absorption if both incident and reflected waves are in phase at that plane. This is the so-called Salisbury screen configuration, in which the film/metal-screen separation should be roughly $\lambda/4n^{s5,86}$ (*i.e.*, a phase of π is produced by the metallic reflection and another π contribution comes from phase associated with the round trip propagation between the film and the screen, assumed to be embedded in an environment of refractive index *n*).

These ideas have been recently explored for graphene, leading to the prediction of complete optical absorption by a suitably patterned carbon layer,⁸⁷ under the condition that the extinction cross-section per unit cell element is of the order of the unit cell area. The observation of electrically tunable large absorbance in patterned graphene has been recently accomplished.^{88,89} We argue here that similar levels of tunable absorption are achievable using noble metals.

It is instructive to first examine the maximum extinction of a thin island in vacuum. The corresponding cross section is⁹⁰ $\sigma^{\text{ext}} = 4\pi(\omega/c)\text{Im}\{\alpha(\omega)\}$, which upon insertion of eqn (2) is found to exhibit a maximum at $\omega = \omega_{\text{p}}$, given approximately by $\sigma^{\text{ext}} = (\omega_{\text{bulk}}^2 t/\gamma c) \times A$. Remarkably, this maximum extinction is independent of shape for a given area *A* of the island, under the assumption that an individual plasmon mode dominates the extinction. In particular, for single atomic layers of gold (silver) films (t = 0.236 nm), considering the plasmon energy $\hbar\omega_{\text{p}}$ to be in the NIR, we have $\hbar\omega_{\text{bulk}} \sim 9$ eV and $\hbar\gamma \sim 70$ meV ($\hbar\gamma \sim 20$ meV), so that the maximum cross section is 1.4 (4.8) times the area of the island. For highly doped graphene, this number is even larger due to the comparatively lower losses of this material (see Fig. 5).

Complete optical absorption is achievable in periodic arrays placed above a Salisbury screen. The normal-incidence reflection coefficient of a doubly-periodic array of small period a compared with the light wavelength, surrounded by a homogeneous environment of refractive index n, reduces to⁸⁷

$$r = \frac{\mathrm{i}S}{\alpha^{-1} - G}$$

where $S = (2\pi\omega/nA_cc)$, $G = g/n^2a^3 + iS$, A_c is the unit cell area, and g is a number that depends on symmetry (*e.g.*, $g \approx 5.52$ and $g \approx 4.52$ for hexagonal and square arrays, respectively, assuming that all islands interact through their induced dipoles; corrections due to nearest-neighbor interactions beyond dipolar terms are possible for closely spaced islands, in which case the coefficient g can depend on their shape). With a Salisbury screen of reflectivity $r_0 = |r_0|e^{i\varphi_0}$ separated a distance *d* from the array, the incident and reflected waves are exactly on phase when $\varphi_0 + 2\omega dn/c$ is a multiple of 2π . Complete absorption is then produced under the condition $|r_0| = -r/(1 + 2r)$, which is satisfied at a frequency ω given by $\omega^2 = \omega_p^2 - (g/4\pi n^2)(tA/a^3)\omega_{bulk}^2$, where $\omega_p \approx (\omega_{bulk}/n)\sqrt{3\pi t/8D}$, provided we have

$$\frac{2n\gamma c}{\omega_{\text{bulk}}^2 t} \frac{A_{\text{c}}}{A} = 1 + \frac{1}{|r_0|}.$$
(8)

Interestingly, this condition for complete optical absorption is also independent of the shape of the island. Using the approximate values of ω_{bulk} and γ noted above for gold and silver in the NIR, and considering for simplicity a nonabsorbing Salisbury screen ($|r_0| = 1$) and a glass environment ($n^2 = 2$), the condition (8) for perfect absorption in gold (silver) arrays is fulfilled with a fraction $A/A_c = 1.02$ (0.29) between the areas of the island and the unit cell. Consequently, this condition can be easily met using silver atomic monolayers, and also with multilayers of either gold or silver.

Incidentally, similar results are obtained for ribbon arrays of period *a*.⁶¹ Then, the condition (8) remains unchanged, with $A/A_c = D/a$, to where *D* is now the ribbon width. Because of the ribbon translational symmetry, we work with 2D rather than 3D scattering, so we need to redefine $\alpha(\omega) \approx (tD/4\pi)\omega_{\text{bulk}}^2/[\omega_p^2 - \omega(\omega + i\gamma)], G = 2\pi^2/3n^2a^2 + iS$ and $S = 2\pi\omega/nac$. The frequency at which complete absorption occurs is then $\omega = \omega_p \sqrt{1 - (\pi^2/24)(D/a)^2}$, where $\omega_p \approx (\omega_{\text{bulk}}/n)\sqrt{4t/\pi D}$ (see Table 1).

It is important to note that the value of ω_{bulk} can be modulated by $\approx \pm 2.5\%$ in noble metals using currently available gating technology (see above), and this in particular produces peak shifts larger than the peak width in silver (see Fig. 1(b)), as shown in Fig. 3 for an illustrative example. This type of structure is convenient because the ribbons can be contacted at a large distance away from the region in which the optical modulation is pursued. Besides, the strong absorption only occurs for polarization across the ribbons, thus suggesting a possible application as tunable polarizers.



Fig. 3 Tunable complete optical absorption. We show the absorbance of a single-atomiclayer silver ribbon array embedded in silica ($\varepsilon = n^2 = 2$) and placed at a distance d = 286 nm above a perfectly reflecting mirror. The ribbon width and period are D = 20 nm and a = 68nm, respectively. The response of silver is described with $\hbar \omega_{\text{bulk}} = 9$ eV and $\hbar \gamma = 0.02$ eV. The dashed curve shows the result for undoped silver ribbons, whereas the solid curves correspond to a fractional variation of $\pm 2.5\%$ in the areal conduction electron density (*i.e.*, $\pm 7 \times 10^{13}$ cm⁻²), enabling a large change in absorption, as indicated by the double vertical arrow.

V. Outlook and perspectives

Graphene plasmons are receiving much attention due in part to the demonstrated ability to modulate their frequencies by electrically doping the carbon layer through suitably engineered gates.^{38,39,41-44} This modulation can be potentially realized at high speeds, as the number of charge carriers that are needed to produce changes in the Fermi energy of the order of the electronvolt is relatively small, and consequently, so are the inductance and capacitance associated with the graphene itself. Unfortunately, graphene plasmons have only been observed at mid-infrared and lower frequencies. Moving to the vis-NIR is challenging and requires patterning structures with sizes <10 nm under realistically attainable doping conditions. In this respect, molecular self-assembly provides a viable way of synthesizing nanographenes in this size range.⁹¹⁻⁹⁴ Doped carbon nanotubes have also been predicted to display plasmons that are rather insensitive to their degree of chirality,⁶¹ and therefore, they provide a viable route towards the fabrication of large-scale tunable plasmonic structures operating in the vis-NIR regime. Polycyclic aromatic hydrocarbons also sustain excitations at vis-NIR frequencies that behave as graphene plasmons95 and constitute promising candidates to advance towards atomic-scale tunable plasmonics.

Although plasmons in atomically thin metals have been observed in several systems,⁵⁶⁻⁶⁰ these studies have focused on extended surfaces whose plasmon dispersion relations are far from the light cone, thus averting the possibility of direct coupling to propagating light. Further patterning of these types of surfaces into disks and ribbons such as those considered here could facilitate the coupling to optical probes. An alternative option consists of decorating atomically thin films with dielectric colloids to provide periodic optical contrast. Substrate prepatterning of disks, ribbons, or other morphologies, followed by atomic layer deposition constitutes yet another possibility.

We conclude that atomically thin materials hold great potential for the manipulation of light at truly nanometer scales and for the development of applications to optical signal processing, quantum optics, and sensing. We should emphasize that small nanoparticles, not necessarily atomically thin, can produce similar levels of strong-coupling and optical absorption as discussed above for thin films, although they are not tunable using electrical gates because the injected charge carriers have to compete with a much larger number of bulk conduction electrons. The great opportunities offered by these materials are however accompanied by formidable challenges to produce the islands at designated positions and with controlled morphology, possibly requiring a combination of top-down patterning and bottom-up self-assembly methods similar to those mentioned above.

Appendix A: optical response of thin metal islands in the electrostatic limit

The scale-invariant character of the electrostatic problem (*i.e.*, the absence of a frequency-dependent length scale imposed by the wavelength) has been used on several occasions to express the solutions in terms of modal expansions.^{96–99} Here, we formulate a suitable decomposition for optically thin structures. We consider

islands of small characteristic size *D* (*e.g.*, the diameter for disks or the width for ribbons) compared with the light wavelength, such that the optical electric field **E** = $-\nabla\phi$ can be expressed in terms of a scalar potential ϕ . The islands are however taken to be large enough to be described as infinitesimally thin domains characterized by a local, frequency-dependent 2D conductivity $\sigma(\omega)$. Following previous analyses for graphene,^{43,61,100} we write the self-consistent potential at positions **R** = (*x*, *y*) in the plane of the island as

$$\phi(\mathbf{R}) = \phi^{\text{ext}}(\mathbf{R}) + \frac{1}{n_{\text{eff}}^2} \frac{\mathrm{i}}{\omega} \int \frac{d^2 \mathbf{R}'}{|\mathbf{R} - \mathbf{R}'|} \nabla_{\mathbf{R}'} \cdot \sigma(\mathbf{R}', \omega) \nabla_{\mathbf{R}'} \phi(\mathbf{R}'), \tag{A1}$$

which is the sum of the external perturbation ϕ^{ext} and the contribution produced by the induced charges (integral term). The island is chosen to lie at the planar interface between two media of permittivities ε_1 and ε_2 , which contribute to the above expression through a $1/n_{\text{eff}}^2$ factor multiplying the in-plane Coulomb potential, where

$$n_{\rm eff} = \sqrt{(\varepsilon_1 + \varepsilon_2)/2}.$$
 (A2)

Now, using the definitions $\vec{\theta} = \mathbf{R}/D$ and

$$\eta = \frac{1}{n_{\rm eff}^2} \frac{{\rm i}\sigma(\omega)}{\omega D},$$

taking the gradient in both sides of eqn (A1), and multiplying by $-\sqrt{f}$, we find¹⁰⁰

$$\vec{\varepsilon}(\vec{\theta},\omega) = \vec{\varepsilon}^{\text{ext}}(\vec{\theta},\omega) + \eta(\omega) \int d^2 \vec{\theta}' \mathbf{M}(\vec{\theta},\vec{\theta}') \cdot \vec{\varepsilon}(\vec{\theta}',\omega), \tag{A3}$$

where

$$ec{arepsilon}ig(ec{ heta},\omegaig)=-\sqrt{fig(ec{ heta}ig)}mathcal{arepsilon}_{ec{ heta}}\phi\Big(ec{ heta},\omega\Big),$$

whereas $f(\vec{\theta})$ is a filling function that is 1 if $\vec{\theta}$ lies on the metal and zero otherwise, so that the frequency and spatial dependences of the conductivity are separated as $\sigma(\mathbf{R}, \omega) = f(\mathbf{R})\sigma(\omega)$. Notice that this formalism is also valid for inhomogeneous layers by allowing *f* to take values different from 0 or 1.¹⁰¹ Here, we have defined $\mathbf{M}(\vec{\theta}, \vec{\theta}') = \sqrt{f(\vec{\theta})f(\vec{\theta}')}\nabla_{\vec{\theta}} \otimes \nabla_{\vec{\theta}}(1/|\vec{\theta} - \vec{\theta}'|)$, which is a real, symmetric operator that admits a complete orthonormal set of real eigenvectors $\vec{\epsilon}_j$ and eigenvalues $1/\eta_j$ satisfying the relations

eigensystem
$$\rightarrow \eta_j \int d^2 \vec{\theta}' \mathbf{M}(\vec{\theta}, \vec{\theta}') \cdot \vec{\varepsilon}_j(\vec{\theta}') = \vec{\varepsilon}_j(\vec{\theta}),$$

prthogonality $\rightarrow \int d^2 \vec{\theta} \vec{\varepsilon}_j(\vec{\theta}) \cdot \vec{\varepsilon}_{j'}(\vec{\theta}) = \delta_{jj'},$
closure $\rightarrow \sum_j \vec{\varepsilon}_j(\vec{\theta}) \otimes \vec{\varepsilon}_j(\vec{\theta}') = \delta(\vec{\theta} - \vec{\theta}') \mathbf{I}_2.$

Then, the solution to eqn (A3) reduces to

$$\vec{\varepsilon} = \sum_{j} [c_j / (1 - \eta / \eta_j)] \vec{\varepsilon}_j, \tag{A4}$$

where $c_j = \int d^2 \vec{\theta} \vec{\varepsilon}^{\text{ext}} (\vec{\theta}) \cdot \vec{\varepsilon}_j (\vec{\theta}).$

Applying these results to a uniform external field \mathbf{E}_0 aligned with a symmetry direction of the island $\hat{\mathbf{x}}$ (*i.e.*, for $\vec{\varepsilon}^{\text{ext}} = \sqrt{f} D E_0 \hat{\mathbf{x}}$), we obtain the polarizability along that direction $\alpha(\omega) = E_0^{-1} \int d^2 \mathbf{R} \mathbf{x} \rho^{\text{ind}}(\mathbf{R})$ from the induced density

$$\rho^{\text{ind}}(\mathbf{R}) = \frac{\mathrm{i}\sigma}{\omega} \nabla_{\mathbf{R}} \cdot f(\mathbf{R}) \nabla_{\mathbf{R}} \phi(\mathbf{R}) = \frac{-\mathrm{i}\sigma}{\omega D^2} \nabla_{\vec{\theta}} \cdot \sqrt{f\left(\vec{\theta}\right)} \vec{\varepsilon}\left(\vec{\theta}\right). \tag{A5}$$

Inserting eqn (A4) into this expression, we obtain

$$\alpha(\omega) = D^3 \sum_j \frac{A_j}{\frac{-1}{n_{\text{eff}}^2 \eta_j} - \frac{\mathrm{i}\omega D}{\sigma(\omega)}},\tag{A6}$$

where *j* runs over eigenmodes of the system and

$$A_{j} = \left| \int d^{2} \vec{\theta} \sqrt{f\left(\vec{\theta}\right)} \varepsilon_{jx}\left(\vec{\theta}\right) \right|^{2}$$
(A7)

are dimensionless coupling coefficients. Using the conductivity of eqn (1), we can recast eqn (A6) as

$$\alpha(\omega) = \frac{tD^2}{4\pi} \sum_{j} \frac{A_j \omega_{\text{bulk}}^2}{\omega_j^2 - \omega(\omega + i\gamma)},$$
(A8)

where the plasmons of the nanoisland can be identified with modes *j* of negative eigenvalues η_j and frequencies

$$\omega_j = \frac{\omega_{\text{bulk}}}{n_{\text{eff}}} \frac{1}{\sqrt{-4\pi\eta_j}} \sqrt{\frac{t}{D}},\tag{A9}$$

corresponding to the $\omega \approx \omega_i - i\gamma/2$ poles of eqn (A8).

Eqn (A8) involves coefficients that are subjected to two useful sum rules:⁶¹

(i) For any arbitrarily shaped island of area A, we have $\sum A_j = A/D^2$.

This result is readily obtained from the definition of the A_j coefficients in eqn (A7) upon using the closure relation for $\vec{\epsilon}_j$ (see above). Applying this sum to a Drude metal (*i.e.*, for frequency-independent ω_{bulk}), we conclude that the integral of the extinction cross-section ($\propto \omega \alpha(\omega)$) is actually proportional to $\omega_{\text{bulk}}At$, which is in turn proportional to the number of electrons (*i.e.*, it fulfills the *f*-sum rule¹⁰²).

(ii) Another sum rule follows from eqn (A6) in the $\omega \to 0$ limit (*i.e.*, when the island behaves as a perfect conductor, so that $\omega/\sigma \to 0$). Without loss of generality, we can consider a freestanding island ($n_{\text{eff}} = 1$), so we have $-\sum_{j} \eta_{j}A_{j} = \alpha(0)/D^{3}$. Now, for in-plane polarization of a disk of diameter *D*, we

have $\alpha(0) = D^3/6\pi$ (this result can be derived from the polarizability of an ellipsoid of vanishing height¹⁰³), which leads to $-\sum_j \eta_j A_j = 1/6\pi$. Likewise, from the

transversal polarizability of a thin metal ribbon of width $D^{90}(\alpha(0) = D^2 L/16)$, where $L \rightarrow \infty$ is the length), we find $-\sum_i \eta_j A_j = L/16D$.

Interestingly, for these types of structures and polarizations, we find one single mode j = p to be dominant and to absorb most of the weight in the above sums.⁶¹ More precisely, this is the lowest-order dipole plasmon. Neglecting all other modes, these sum rules lead to the values of ω_p , η_p , and A_p listed in Table 1 and extensively used throughout this work to produce analytical estimates of plasmonic behavior.

Appendix B: charge induced by a single plasmon

We introduce a purely electrostatic scheme to normalize the induced charge density $\rho_j(\mathbf{R})$ associated with a single plasmon *j*. From linear-response theory,¹⁰² the polarizability reads

$$\alpha(\omega) = \frac{1}{\hbar} \sum_{j} d_{j}^{2} \left(\frac{1}{\omega_{j} - \omega - i\gamma/2} + \frac{1}{\omega_{j} + \omega + i\gamma/2} \right), \tag{B1}$$

where

$$d_j = \int d^2 \mathbf{R} x \rho_j(\mathbf{R}) \tag{B2}$$

is the dipole moment associated with mode *j* for polarization along a symmetry direction $\hat{\mathbf{x}}$. Now, in order to compare eqn (B1) with eqn (A8), we neglect γ^2 in front of ω_j^2 and approximate eqn (B1) as

$$\alpha(\omega) \approx \frac{2}{\hbar} \sum_{j} \frac{\omega_{j} d_{j}^{2}}{\omega_{j}^{2} - \omega(\omega + i\gamma)}.$$
 (B3)

Now, inserting the Drude conductivity of eqn (1) into eqn (A6), comparing the result with eqn (B3), and taking eqn (A9) into account, we find the normalization condition

$$d_j^2 = A_j \hbar \omega_{\text{bulk}} n_{\text{eff}} \sqrt{\left(\frac{-\eta_j}{16\pi}\right) t D^5}.$$
 (B4)

Within the single-mode approximation noted at the end of the previous paragraph, writing the charge density associated with the lowest-order disk dipole plasmon as $\rho_{\rm p}(\mathbf{R}) = \rho_{\rm p}(R)\cos\varphi$, where $\rho_{\rm p}(R)$ gives the radial dependence, we find the normalization condition

$$\left|\int_{0}^{D/2} R^2 \,\mathrm{d}R\rho_p(R)\right|^2 = \frac{\hbar\omega_{\mathrm{bulk}}n_{\mathrm{eff}}}{16\pi^2} \sqrt{\frac{2tD^5}{3\pi}}$$

Similarly, the plasmon charge density $\rho_p(x)$ along the transversal direction $\hat{\mathbf{x}}$ of a ribbon contained in the |x| < D/2 region satisfies

$$\left|\int_{0}^{D/2} x \, \mathrm{d}x \rho_{\mathrm{p}}(x)\right|^{2} = \frac{\hbar \omega_{\mathrm{bulk}} n_{\mathrm{eff}}}{64A} \, \sqrt{\frac{t D^{5}}{\pi}},$$

where A = LD is the ribbon area (with $L \to \infty$) and we have utilized the symmetry $\rho_p(-x) = -\rho_p(x)$. Using these normalizations, we find that the analytical expressions for ρ_p that are given in Table 1, where the density profile is taken to fit previous calculations^{101,104} based upon the boundary-element method. Actually, these formulas reproduce the calculated density profiles rather well, as shown in Fig. 4.

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Table 1 Analytical approximations for the parameters $\omega_{\rm p}$, $\eta_{\rm p}$, and $A_{\rm p}$ corresponding to the lowest-order dipole resonance of a disk of diameter D and a ribbon of width D and length $L \rightarrow \infty$. The dependence on the dielectric environment is entirely contained in a factor $n_{\rm eff} = \sqrt{(\varepsilon_1 + \varepsilon_2)/2}$ dividing the frequency when the film is placed at the interface between two media of permittivities ε_1 and ε_2 . The rightmost column shows approximations to the radial and transversal dependences of the charge density induced by a single plasmon in disks and ribbons, respectively, which involve the coefficients $C_{\rm d}^2 = 4.58 n_{\rm eff} (\hbar \omega_{\rm bulk}/D^3) \sqrt{t/D}$ and $C_{\rm r}^2 = 3.10 n_{\rm eff} (\hbar \omega_{\rm bulk}/LD^2) \sqrt{t/D}$. The ribbon edges are taken at $x = \pm D/2$

	$\omega_{ m p}$	$\eta_{ m p}$	$A_{\rm p}$	$ ho_{\rm p}({f R})$
Disk	$(\omega_{\rm bulk}/n_{\rm eff})\sqrt{3\pi t/8D}$	$-2/3\pi^2$	$\pi/4$	$C_{\rm d} \frac{x}{D} \left(1 + \frac{\mathrm{e}^{-5(1-2R/D)}}{4\sqrt{1-2R/D}} \right)$
Ribbon	$(\omega_{\rm bulk}/n_{\rm eff})\sqrt{4t/\pi D}$	-1/16	L/D	$C_{\rm r} \frac{x}{D} \left(1 + \frac{\mathrm{e}^{-5[1 - (2x/D)^2]}}{4\sqrt{1 - (2x/D)^2}} \right)$



Fig. 4 Induced charge of a single plasmon in thin disks and ribbons. We show the charge densities associated with the lowest-order dipolar plasmon in a disk of diameter D (m = 1 azimuthal symmetry) and in a ribbon of width D (transversal polarization with wave vector $k_{\parallel} = 0$ along the direction of translational symmetry). The solid curves correspond to numerical results taken from the literature for disks¹⁰⁴ and ribbons.¹⁰¹ The dashed curves represent the fitting functions of Table 1.

Appendix C: plasmon-enhanced emitter decay rate

1. Density-matrix approach

It is convenient to expand the density matrix of eqn (6) as

$$\rho = \sum_{ln,l'n'} \rho_{ln,l'n'}(t) \, e^{-i(l-l')\omega_0 t} \, e^{-i(n-n')\omega_p t} \, e^{-(1/2\tau_0)(l+l')t} \, e^{-(\gamma/2)(n+n')t} |ln\rangle \langle l'n'|, \qquad (C1)$$

where $\rho_{ln,l'n'}(t)$ are time-dependent coefficients, while $|ln\rangle$ denotes a state with *n* plasmons accompanied by the excited (de-excited) emitter for l = 1 (l = 0). Inserting this expression into eqn (6), we find

$$\begin{split} \dot{\rho}_{ln,l'n'} &= -\mathrm{i}g \left[\rho_{0n+1,l'n'} \sqrt{n+1} \mathrm{e}^{-\mathrm{i}\Delta t} \delta_{l,1} + \rho_{1n-1,l'n'} \sqrt{n} \mathrm{e}^{\mathrm{i}\Delta t} \delta_{l,0} \right. \\ &\quad \left. - \rho_{ln,0n'+1} \sqrt{n'+1} \mathrm{e}^{\mathrm{i}\Delta^{*t}} \delta_{l',1} - \rho_{ln,1n'-1} \sqrt{n'} \mathrm{e}^{-\mathrm{i}\Delta^{*t}} \delta_{l',0} \right] \\ &\quad \left. + \tau_0^{-1} \rho_{1n,1n'} \mathrm{e}^{-t/\tau_0} \delta_{l,0} \delta_{l',0} + \gamma \rho_{ln+1,l'n'+1} \sqrt{(n+1)(n'+1)} \mathrm{e}^{-\gamma t}, \end{split}$$
(C2)

where $\Delta = \omega_{\rm p} - \omega_0 - i(\gamma - \tau_0^{-1})/2$. We now argue that, for an initial density matrix in which all terms of eqn (C1) with l + n > N or l' + n' > N are zero (*i.e.*, a density matrix involving a maximum number of *N* excitations in the combined plasmonemitter system), the last two terms of eqn (C2) vanishes because it involves states that are never populated. We are then left with a self-contained subset of equations involving coefficients $\rho_{ln,l'n'}$ with l + n = l' + n' = N. For this manifold of *N* excitations, we trivially find solutions $\rho_{ln,l'n'} = a_{ln}a_{l'n'}^*$, where the coefficients a_{ln} satisfy the equations

$$\dot{a}_{0N} = -\mathrm{i}ga_{1N-1}\sqrt{N}\mathrm{e}^{\mathrm{i}\Delta t}$$
$$\dot{a}_{1N-1} = -\mathrm{i}ga_{0N}\sqrt{N}\mathrm{e}^{-\mathrm{i}\Delta t}$$

and admit the familiar Jaynes-Cummings solutions69

$$\binom{a_{0N}}{a_{1N-1}} \propto \binom{-\omega_{\pm} \mathrm{e}^{-\mathrm{i}\omega_{\mp}t}}{g\sqrt{N} \mathrm{e}^{\mathrm{i}\omega_{\pm}t}}$$

with $\omega_{\pm} = -\Delta/2 \pm \sqrt{\Delta^2/4 + g^2 N}$. In the $|\Delta| \gg g$ limit, we have $\omega_+ \approx g^2 N/\Delta$ and $\omega_- \approx -\Delta$, so the solution with the upper (lower) signs has $|a_{0N}| \ll |a_{1N-1}|$ ($|a_{0N}| \gg |a_{1N-1}|$) at t = 0, and therefore it corresponds to the initially excited (deexcited) emitter. The decay rate of the emitter when it is initially excited and the plasmon is not populated (*i.e.*, starting from l = 1, n = 0) is then given by the decay of the $|10\rangle \langle 10|$ term of eqn (C1) in the upper-sign solution. We find $\Gamma = \tau_0^{-1} - \dot{\rho}_{10,10}(0)/\rho_{10,10}(0) = \tau_0^{-1} + 2Im\{\omega_+\} \approx \tau_0^{-1} + 2g^2Im\{1/\Delta\}$, which reduces to eqn (7) under the condition $\gamma \tau_0 \gg 1$.

2. Dielectric approach

The decay rate of an emitter placed at a position \mathbf{r}_0 in the vicinity of a plasmonic structure can be related to its transition dipole \mathbf{d}_0 as¹⁰⁵

$$\Gamma = \frac{1}{\tau_0} + \frac{2}{\hbar} \operatorname{Im} \{ \mathbf{d}_0^* \cdot \mathbf{E}^{\operatorname{ind}} \},$$
(C3)

where \mathbf{E}^{ind} is the self-induced electric field produced by a dipole \mathbf{d}_0 located at \mathbf{r}_0 . We can calculate this field from the dielectric formalism of Appendix A using the induced density of eqn (A5), but now the coefficients c_j of eqn (A4) have to be obtained from the external dipole field $\mathbf{E}^{\text{ext}} = (1/n_{\text{eff}}^2)(\mathbf{d}_0 \cdot \nabla_0)\nabla_0(1/|\mathbf{r}_0 - \mathbf{R}|)$, where n_{eff} is defined in eqn (A2) (notice that the potential produced by the dipole at the planar interface between media of permittivities ε_1 and ε_2 is the same as in a vacuum multiplied by $1/n_{\text{eff}}^2$). After some algebra, we find

$$\mathbf{d}_{0}^{*} \cdot \mathbf{E}^{\text{ind}} = \frac{t}{4\pi n_{\text{eff}}^{4} D^{4}} \sum_{j} \frac{\omega_{\text{bulk}}^{2}}{\omega_{j}^{2} - \omega(\omega + i\gamma)} \left| \int d^{2} \mathbf{R} \left[\nabla_{\vec{\theta}} \cdot \sqrt{f\left(\vec{\theta}\right)} \vec{\varepsilon}_{j}\left(\vec{\theta}\right) \right] \times \left(\mathbf{d}_{0} \cdot \nabla_{0} \frac{1}{|\mathbf{r}_{0} - \mathbf{R}|} \right) \right|^{2}.$$
(C4)

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Inserting eqn (C4) into eqn (C3), and retaining only the j = p term, we recover the emitter decay rate given by eqn (7) with the exact same value of the coupling rate g as given by eqn (4), provided we define

$$\rho_{j}(\vec{\theta}) = \sqrt{\frac{\hbar\omega_{\text{bulk}}^{2}t}{8\pi\omega_{j}D^{4}}} \bigg[\nabla_{\vec{\theta}} \cdot \sqrt{f\left(\vec{\theta}\right)} \vec{\varepsilon}_{j}\left(\vec{\theta}\right) \bigg].$$

Finally, inserting this expression into eqn (B2), integrating by parts, and keeping in mind the definition of A_j in eqn (A7), we recover eqn (B4) for the plasmon transition strength. Therefore, we conclude that the normalization of the plasmon charge density discussed in Appendix B, based upon the polarizability of the plasmonic structure, produces the same decay rate of a neighboring emitter when calculated either following the semi-classical dielectric formalism described in this paragraph or using the density-matrix formalism with the intuitive coupling rate defined by eqn (4).

Appendix D: Drude parameters for noble metals and graphene

We show in Fig. 5 the Drude parameters ω_{bulk} and γ for silver, gold, and graphene. For noble metals, we obtain these parameters by fitting the measured dielectric function of the material¹⁰⁶ to the expression $\varepsilon(\omega) = 1 - \omega_{\text{bulk}}^2/\omega(\omega + i\gamma)$. For graphene, we use the local-RPA conductivity,^{36,107} which we correct in the following expression to simultaneously account for inelastic attenuation and finite temperature *T* in both intraband and interband transitions:^{61,108,109}



Fig. 5 Drude parameters for the response of noble metals. We represent the ω -dependent parameters ω_{bulk} (solid curves) and γ for Au and Ag as obtained from $\varepsilon(\omega) = 1 - {\omega_{\text{bulk}}}^2/{\omega(\omega + i\gamma)}$, where $\varepsilon(\omega)$ is the measured dielectric function of these materials.¹⁰⁶ The graphene parameters are obtained by fitting eqn (1) to match the local-RPA conductivity (eqn (D1)) with the Fermi energy, mobility, and temperature $E_F = 1 \text{ eV}$, $\mu = 10\ 000\ \text{cm}^2\ \text{V}^{-1}\ \text{s}^{-1}$, and $T = 300\ \text{K}$, respectively, assuming a film thickness t = 0.34 nm equal to the interatomic plane distance in graphite. Notice that ω_{bulk} is no longer real for $\hbar\omega > 1.66\ \text{eV}$ in graphene (*i.e.*, above the range of plasmonic response for the chosen doping level).

$$\sigma(\omega) = \frac{-e^2}{\pi\hbar^2} \frac{\mathrm{i}}{\omega + \mathrm{i}\tau^{-1}} \int_{-\infty}^{\infty} \mathrm{d}E \left[|E| \frac{\partial f_{\mathrm{E}}}{\partial E} + \frac{(E/|E|)}{1 - 4E^2 / \left[\hbar^2(\omega + \mathrm{i}\tau^{-1})^2\right]} f_{\mathrm{E}} \right], \qquad (\mathrm{D1})$$

where $f_{\rm E} = 1/[1 + e^{(E-E_{\rm F})/k_{\rm B}T}]$ is the Fermi-Dirac distribution as a function of electron energy *E* and Fermi energy *E*_F. The first term inside the integral of eqn (D1), which corresponds to intraband electron–hole pair transitions within the partially occupied Dirac cones of the doped carbon layer, can be integrated analytically to yield a contribution $ie^2 E_{\rm F}^{\rm eff}/\pi \hbar^2(\omega + i/\tau)$ with $E_{\rm F}^{\rm eff} = E_{\rm F} + 2k_{\rm B}T \log(1 + e^{-E_{\rm F}/k_{\rm B}T})$. The second term, which originates in interband transitions between lower and upper Dirac cones, needs to be integrated numerically. In Fig. 5, we represent $\omega_{\rm bulk}$ and γ for graphene by fitting eqn (1) to the values of $\sigma(\omega)$ calculated from eqn (D1).

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