# A description of auto-fixed subgroups in a free group 

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#### Abstract

Let $F$ be a finitely generated free group. By using Bestvina-Handel theory, as well as some further improvements, the eigengroups of a given automorphism of $F$ (and its fixed subgroup among them) are globally analyzed and described. In particular, an explicit description of all subgroups of $F$ which occur as the fixed subgroup of some automorphism is given.


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## 1 Introduction

For all the paper, let $F$ be a finitely generated free group.
The rank of $F$, denoted $r(F)$, is the cardinality of a free generating set of $F$. The reduced rank of $F$, denoted $\tilde{r}(F)$, is $\max \{r(F)-1,0\}$, that is, one less than the rank, except for the trivial group where the reduced rank coincides with the rank, which is zero. It is well known that every subgroup of a free group is free, and so it has its own rank and reduced rank. However, they are not in general bounded above by those of $F$.

As usual, $\operatorname{Aut}(F)$ denotes the automorphism group of $F, \operatorname{Inn}(F)$ is the subgroup of inner automorphisms, and $\operatorname{Out}(F)=\operatorname{Aut}(F) / \operatorname{Inn}(F)$ is the outer

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automorphism group of $F$. So, an outer automorphism is a coset of $\operatorname{Inn}(F)$ and is to be thought of as a set of automorphisms obtained by composing a given one with all possible inner automorphisms.

Let $\phi: F \rightarrow F$ be an endomorphism of $F$. We will denote $\phi$ as acting on the right of the argument, $x \mapsto(x) \phi$ (and parentheses will be omitted if there is no risk of confusion). A subgroup $H \leq F$ is called $\phi$-invariant when $H \phi=H$, setwise. In this case, the restriction of $\phi$ to $H$ will be denoted $\phi_{H}: H \rightarrow H$, and it is an endomorphism of $H$.

Except when $F$ has rank 1, $\operatorname{Inn}(F)$ is isomorphic to $F$. For any $y \in F$, we shall write $\gamma_{y}$ to denote the inner automorphism of right conjugation by $y$ (denoted by exponential notation). Thus $\gamma_{y}: F \rightarrow F, x \mapsto x \gamma_{y}=y^{-1} x y=x^{y}$. Similarly, for any subgroup $H \leq F$, we write $H^{y}=y^{-1} H y$ for its right conjugate by $y$. We will denote the conjugacy class of $H$ in $F$ by $[[H]]$. Since $r(H)=r\left(H^{y}\right)$ for every $y \in F$, the rank of a conjugacy class of subgroups, $r([[H]])$, is well defined.

The fixed subgroup of an endomorphism $\phi$ of $F$, denoted Fix $\phi$, is the subgroup of elements in $F$ fixed by $\phi$ :

$$
\text { Fix } \phi=\{x \in F: x \phi=x\}
$$

For example, if $y$ is not a proper power (in particular $y \neq 1$ ) then, for every integer $r \neq 0$, Fix $\gamma_{y^{r}}=\langle y\rangle$, the centralizer of $y^{r}$ in $F$. Note that, if $H$ is a $\phi$-invariant subgroup of $F$, then Fix $\phi_{H}=H \cap \operatorname{Fix} \phi$. Following [12], a subgroup $H \leq F$ is called 1-auto-fixed (resp. 1-endo-fixed) when there exists an automorphism (resp. endomorphism) $\phi$ of $F$ such that $H=$ Fix $\phi$.

Following [5], the eigengroup of $\phi$ with eigenvalue $y \in F$ is the maximal subgroup of $F$ where $\phi$ acts as left conjugation by $y$,

$$
\left\{x \in F: x \phi=y x y^{-1}\right\}=\left\{x \in F: y^{-1}(x \phi) y=x\right\}=\operatorname{Fix} \phi \gamma_{y} .
$$

So, the eigengroups of $\phi$ are the fixed subgroups of the automorphisms in the outer automorphism $\Phi$ containing $\phi$.

In our view, the three main properties known about 1-auto-fixed subgroups are the following ones (and note that (iii) implies (ii)):
(i) It is easy to see that every 1-endo-fixed subgroup $H$ is pure, i.e. $x^{r} \in H$ implies $x \in H$.
(ii) The main result in [3] states that 1-auto-fixed subgroups of $F$ have rank at most $n=r(F)$, proving the Scott conjecture. The same result was proved for 1-endo-fixed subgroups in [9].
(iii) In [5], the previous result was generalized to say that every 1-mono-fixed subgroup $H$ of $F$ is $F$-inert, i.e. $r(H \cap K) \leq r(K)$ for every $K \leq F$.

Inertia for 1-endo-fixed subgroups is an open problem (see [1] and [17] for related results).

Inertia is a quite restrictive condition, since the rank of intersections of subgroups of $F$ in general can behave like the order of the product of the ranks. However, properties (i) and (iii) are not enough to characterize 1-auto-fixed subgroups. For example, the subgroup $H=\left\langle a^{-1} b^{-1} a b, a^{-1} c^{-1} a c\right\rangle$ of the free group $F$ on $\{a, b, c\}$ is pure and $F$-inert, but it is not 1-endo-fixed (see [12]).

The goal of this paper is to provide a description for the fixed subgroups of automorphisms of free groups of finite rank. Although we do not obtain a complete characterization of all 1-auto-fixed subgroups, we hope to provide an explicit enough answer to the question "What subgroups $S$ of $F$ can be of the form Fix $\beta$ ?" asked by J. Stallings in his paper [16], section 1 problem P2, in 1987.

Let $\left\{a_{1}, \ldots, a_{n}\right\}$ be a basis for $F$. It is easy to see that the automorphism $\phi$ of $F$ defined by $a_{i} \phi=a_{i}^{-1}$ for $i=1, \ldots, n$, has trivial fixed subgroup. So, the trivial subgroup is 1-auto-fixed. Also, a cyclic subgroup $H=\langle y\rangle$ of $F$ is 1-auto-fixed if, and only if, it is pure and, in this case, $H=$ Fix $\gamma_{y}$. So, the interesting cases begin with subgroups of rank 2 .

The maximal rank case was completely settled by Collins and Turner. In [4], these authors gave a complete description of the 1-auto-fixed subgroups $H \leq F$ with $r(H)=n$. In the current paper we generalise this, finding a similar description which applies to all 1-auto-fixed subgroups without restriction. For later use, we reformulate part of Collins-Turner result here.
1.1 Theorem (Collins-Turner, [4]) Let $F$ be a non-cyclic finitely generated free group and $\phi \in \operatorname{Aut}(F)$ such that $r(\operatorname{Fix} \phi)=r(F)$. Then, there is a non-trivial free factorisation $F=H *\langle y\rangle$, where $H$ is a $\phi$-invariant subgroup and one of the following holds:
(i) $y \phi=y$ and Fix $\phi=(H \cap \operatorname{Fix} \phi) *\langle y\rangle$,
(ii) $y \phi=h^{r} y$ and Fix $\phi=(H \cap \operatorname{Fix} \phi) *\left\langle y^{-1} h y\right\rangle$, for some $1 \neq h \in H \cap \operatorname{Fix} \phi$ not a proper power, and some integer $r \neq 0$.

Our main result describing 1-auto-fixed subgroups in general, is inspired by the following three basic constructions of automorphisms and their corresponding fixed subgroups, from simpler automorphisms.
1.2 The basic constructions Let $H$ and $K$ be finitely generated free groups.
(i) Let $\left\{a_{1}, \ldots, a_{m}\right\}, m<n$, be a basis for $H$ and let $\varphi \in \operatorname{Aut}(H)$. By adding $n-m \geq 1$ extra generators $\left\{a_{m+1}, \ldots, a_{n}\right\}$, we obtain a bigger free group
$F$, and $\varphi$ can be extended to an automorphism $\phi \in A u t(F)$ by setting $a_{i} \phi=a_{i} \varphi$ if $1 \leq i \leq m$, and $a_{i} \phi=w_{i}$ if $m+1 \leq i \leq n$, with appropriate words $w_{i} \in F$. Then, denoting the restriction of $\phi$ to $H$ by $\phi_{H}$, one has $\phi_{H}=\varphi$ and it is possible to choose the $w_{i}$ such that Fix $\phi=$ Fix $\varphi$ (take, for example, $\left.w_{i}=a_{i}^{-1}, m+1 \leq i \leq n\right)$. Hence, Fix $\phi$ is contained in $H$, which is a proper $\phi$-invariant free factor of $F$.
(ii) Now, let $\phi_{1} \in A u t(H)$ and $\phi_{2} \in A u t(K)$. Consider $F=H * K$ and the automorphism $\phi_{1} * \phi_{2} \in \operatorname{Aut}(F)$, which extends $\phi_{1}$ and $\phi_{2}$. Then, both $H$ and $K$ are $\left(\phi_{1} * \phi_{2}\right)$-invariant, and Fix $\left(\phi_{1} * \phi_{2}\right)=$ Fix $\phi_{1} *$ Fix $\phi_{2}$.
(iii) Finally, let $\left\{a_{1}, \ldots, a_{n-1}\right\}$ be a basis for $H$, let $\varphi \in A u t(H)$ and suppose that $h \varphi=h^{\prime} h h^{\prime-1}$ for some $1 \neq h, h^{\prime} \in H$ with $h$ not a proper power. By adding a new free generator $y$, we obtain a bigger free group $F$, and $\varphi$ can be extended to an automorphism $\phi \in \operatorname{Aut}(F)$ by setting $a_{i} \phi=a_{i} \varphi$ for $i=1, \ldots, n-1$, and $y \phi=h^{\prime} h^{r} y$. Then, $H$ is $\phi$-invariant, $\phi_{H}=\varphi$ and, for all but finitely many choices of the integer $r$, the fixed subgroup of $\phi$ is precisely Fix $\phi=\operatorname{Fix} \varphi *\left\langle y^{-1} h y\right\rangle$ (see the appendix for a proof of this fact).

The following theorem says that the three methods above are enough to construct all non-cyclic 1-auto-fixed subgroups from simpler ones. In other words, any automorphism of $F$ with non-cyclic fixed subgroup can be realised using one of the previous three methods and, hence, its fixed subgroup has the corresponding decomposition.
1.3 Theorem Let $\phi$ be an automorphism of a finitely generated free group $F$. Then, either Fix $\phi$ is cyclic or there exists a non-trivial free factorisation $F=H * K$ such that $H$ is $\phi$-invariant and one of the following holds:
(i) Fix $\phi \leq H$,
(ii) $K$ is also $\phi$-invariant and Fix $\phi=(H \cap \operatorname{Fix} \phi) *(K \cap \operatorname{Fix} \phi)$, where $r(K \cap \operatorname{Fix} \phi)=1$,
(iii) there exist non-trivial elements $y \in F, h, h^{\prime} \in H$, such that $K=\langle y\rangle$, $y \phi=h^{\prime} y, h$ is not a proper power, Fix $\phi=(H \cap \operatorname{Fix} \phi) *\left\langle y^{-1} h y\right\rangle$ and $h \phi=h^{\prime} h h^{-1}$.

In the maximal rank case we can compare with Theorem 1.1. In this situation, (i) never happens (by Bestvina-Handel Theorem, see [3]), (ii) corresponds to 1.1(i) (since one can easily deduce that $K$ must be cyclic), and (iii) corresponds to 1.1(ii) (with the extra information that $h$ can be chosen to be fixed, and then $h^{\prime}$ to be a power of $h$ ).

Theorem 1.3 provides an local description of 1-auto-fixed subgroups. Using induction, it is easy to deduce Theorem 1.4, our main result, providing a global description which may be of greater interest to the more general reader.
1.4 Theorem Let $F$ be a non-trivial finitely generated free group and let $\phi \in \operatorname{Aut}(F)$ with Fix $\phi \neq 1$. Then, there exist integers $r, s \geq 0$, $\phi$-invariant non-trivial subgroups $K_{1}, \ldots, K_{r} \leq F$, primitive elements $y_{1}, \ldots, y_{s} \in F$, a subgroup $L \leq F$, and elements $1 \neq h_{j}^{\prime} \in H_{j}=K_{1} * \cdots * K_{r} *\left\langle y_{1}, \ldots, y_{j}\right\rangle$, $j=0, \ldots, s-1$, such that

$$
F=K_{1} * \cdots * K_{r} *\left\langle y_{1}, \ldots, y_{s}\right\rangle * L
$$

and $y_{j} \phi=h_{j-1}^{\prime} y_{j}$ for $j=1, \ldots, s$; moreover,

$$
\operatorname{Fix} \phi=\left\langle w_{1}, \ldots, w_{r}, y_{1}^{-1} h_{0} y_{1}, \ldots, y_{s}^{-1} h_{s-1} y_{s}\right\rangle
$$

for some non-proper powers $1 \neq w_{i} \in K_{i}$ and some $1 \neq h_{j} \in H_{j}$ such that $h_{j} \phi=h_{j}^{\prime} h_{j} h_{j}^{\prime-1}, i=1, \ldots, r, j=0, \ldots, s-1$.

The paper is structured as follows.
In section 2 we prove some easy but useful lemmas, that will be needed later. Then, Theorems 1.3 and 1.4 will be illustrated with some explicit examples, pointing out some interesting aspects of the results.

The main tool we use is the theory of relative train track maps, developed by Bestvina and Handel [3] and extended later by Bestvina, Feighn and Handel [2]. Due to the technical nature of the paper, we try to provide as self contained a proof as possible, by writing the preliminary sections 3,4 and 5 , providing a complete introduction and recalling the parts of the theory we use, adapted to our needs.

Concretely, we make use of the alternative but equivalent formulation of relative train track maps in terms of free groupoids and their morphisms, due to Dicks and Ventura [5]. In section 3 we recall the Bestvina Handel Theory of relative train track maps as well as we establish the terminology for free groupoids and their morphisms. For the reader unfamiliar with free groupoids and groupoid morphisms we note that they are the objects and morphisms obtained from applying the $\pi_{1}$ functor to the category of graphs and continuous maps relative to a set of vertices rather than a single vertex. Thus, the language of graphs (eg. connectedness, components, paths, etc.) carries over to the context of free groupoids with the difference that homotopies relative to the vertex set are equalities in the groupoid. For more details see [5] and [8].

Section 4 reviews free factor systems and is taken mostly from [2], while in section 5 we recall the improved relative train tracks from [2] and we prove Theorem 5.2, one of the crucial pieces of the main argument.

The main argument of the paper is the proof of Theorem 6.4 in section 6. This result provides a simultaneous description of all the eigengroups for a given
automorphism of $F$, and of its fixed subgroup among them. The proof is a long and technical inductive argument with several cases, all in the context of graphs, groupoids and relative train track maps. Along it we need to deal with outer automorphisms instead of automorphisms, and with free factor systems instead of free factors. Finally, in section 7, Theorem 1.3 as well as our main result Theorem 1.4, will be easily deduced from Theorem 6.4.

From the formal point of view, Theorem 6.4 is stronger than Theorem 1.4. However, we present the last one as the main result in the paper because of its greater simplicity and algebraic usefulness, and because of the greater technicality involved in Theorem 6.4.

One observation that we would like to make is that although our results are stated and proved for automorphisms, we strongly expect that Theorems 6.4, 1.3 and 1.4 hold for monomorphisms of free groups. In fact, as [5] applies to monomorphisms, the only place we essentially use the fact that we are dealing with automorphisms is in section 5 , Theorems 5.1 and 5.2 , which in turn rely on [2]. We are confident that [2] holds for monomorphisms (with minor technical changes) using essentially the same proofs. However, the work needed to verify this seems disproportionate to the potential gain.

As a direct consequence of the results in this work, the same authors have the subsequent paper [13], where Theorem 1.4 is used to show that the collection of 1-endo-fixed subgroups is strictly larger than the collection of 1-auto-fixed subgroups if the underlying free group has rank at least 3 .

## 2 Lemmas and examples

In this section we prove some simple but useful lemmas. Then, we construct example 2.4, which typically illustrates Theorems 1.3 and 1.4 , and examples 2.5 and 2.6 pointing out some interesting aspects of these two theorems.
2.1 Lemma Let $F$ be a finitely generated free group and let $\phi \in \operatorname{Aut}(F)$. If Fix $\phi$ is contained in a proper free factor $H$ of $F$ then there exists a (proper) $\phi$-invariant free factor $K$ of $F$ such that Fix $\phi \leq K \leq H$.

Proof. Let $K$ be a free factor of $H$ (and so, of $F$ ) containing Fix $\phi$ and having the smallest possible rank. We only have to show that $K$ is $\phi$-invariant. Clearly, $K \phi$ is also a free factor of $F$ and so, $K \cap K \phi$ is a free factor of $K$. From the minimality of $r(K)$ and the fact Fix $\phi \leq K \cap K \phi$, we deduce $K \cap K \phi=K$. Thus, $K$ is a free factor of $K \phi$. But these two subgroups have the same rank, so $K=K \phi$.

Consequently, if the fixed subgroup of an automorphism $\phi \in \operatorname{Aut}(F)$ is contained in a proper free factor of $F$ then the action of $\phi$ which gives rise to fixed elements takes place in a proper $\phi$-invariant free factor of $F$ (and this corresponds to construction 1.2 (i)).
2.2 Lemma Let $F$ be a free group and let $\phi \in A u t(F)$. Let $H$ be a $\phi$-invariant subgroup of $F$. Suppose that $y \in F$ and $h \in H$ are non-trivial elements such that $F=H *\langle y\rangle$ and $y^{-1} h y \in \operatorname{Fix} \phi$. Then, there exists $h^{\prime} \in H$ such that $y \phi=h^{\prime} y$ and $h \phi=h^{\prime} h h^{\prime-1}$. Furthermore, $h^{\prime}=1$ if, and only if, $y \in \operatorname{Fix} \phi$.

Proof. Since $\phi$ is an automorphism, we have

$$
F=H *\langle y\rangle=H \phi *\langle y \phi\rangle=H *\langle y \phi\rangle .
$$

Hence, $y \phi=h^{\prime} y^{\epsilon} h^{\prime \prime}$ for some $h^{\prime}, h^{\prime \prime} \in H$ and $\epsilon= \pm 1$. Now the equation

$$
y^{-1} h y=\left(y^{-1} h y\right) \phi=h^{\prime \prime-1} y^{-\epsilon} h^{\prime-1}(h \phi) h^{\prime} y^{\epsilon} h^{\prime \prime}
$$

forces $h^{\prime \prime}=1, \epsilon=1$ and $h=h^{\prime-1}(h \phi) h^{\prime}$. Thus, $y \phi=h^{\prime} y$ and $h \phi=h^{\prime} h h^{\prime-1}$. Clearly, $h^{\prime}=1$ if, and only if, $y$ is fixed by $\phi$.

It is well known that every non-trivial free factor $H$ of $F$ is malnormal, i.e. $H^{x} \cap H \neq 1$ only when $x \in H$. This can be reformulated in the following useful way.
2.3 Lemma Let $F$ be a free group, $H$ a free factor of $F$ and $\phi, \varphi \in \operatorname{Aut}(F)$ be such that $\phi=\varphi \gamma_{x}$ for some $x \in F$. If $H$ is $\phi$-invariant and $H \cap \operatorname{Fix} \varphi \neq 1$ then $x \in H$, and $H$ is also $\varphi$-invariant.

In general, computing fixed subgroups of automorphisms of free groups is a difficult task (although, recently, some authors have announced algorithms for this purpose, see [14] or [10]). It is even difficult, in general, to show that a given subgroup is really the fixed subgroup of a given automorphism. In the following example, we compute the fixed subgroup of a given automorphism, and then we see how it fits with the descriptions given by Theorems 1.3 and 1.4.
2.4 Example Let $F$ be the free group of rank 6 freely generated by the letters $\{a, b, c, d, e, f\}$, and consider the automorphism $\phi$ of $F$ given by

$$
\begin{array}{ll}
a \rightarrow a & b \rightarrow a b \\
c \rightarrow d c & d \rightarrow d c d \\
e \rightarrow\left(b^{-1} a b[c, d]\right)^{t} e & f \rightarrow b f b,
\end{array}
$$

where $t$ is an integer. Choosing $t$ appropriately, we claim that

$$
\operatorname{Fix} \phi=\left\langle a, b^{-1} a b,[c, d], e^{-1} b^{-1} a b[c, d] e\right\rangle .
$$

Clearly, both $\langle a, b\rangle$ and $\langle c, d\rangle$ are $\phi$-invariant. Automorphisms of the free group of rank 2 are well understood and it is easy to check that

$$
\operatorname{Fix} \phi_{\langle a, b, c, d\rangle}=\operatorname{Fix} \phi_{\langle a, b\rangle} * \operatorname{Fix} \phi_{\langle c, d\rangle}=\left\langle a, b^{-1} a b,[c, d]\right\rangle
$$

Since $b^{-1} a b[c, d]$ is fixed by $\phi$, the proposition in the Appendix tells us that, for all but finitely many choices of $t$,

$$
\operatorname{Fix} \phi_{\langle a, b, c, d, e\rangle}=\left\langle a, b^{-1} a b,[c, d], e^{-1} b^{-1} a b[c, d] e\right\rangle .
$$

We choose and fix one such value for $t$ (in fact, $t=1$ would suffice). It remains to see that $f$ contributes nothing to the fixed subgroup of $\phi$. To see this, suppose that $w=w \phi$ is a fixed word not contained in $\langle a, b, c, d, e\rangle$ and find a contradiction. The reduced form of $w$ looks like

$$
w=u_{0} f^{\epsilon_{1}} \cdots f^{\epsilon_{i}} u_{i} f^{\epsilon_{i+1}} \cdots f^{\epsilon_{k}} u_{k}
$$

where $k \geq 1, \epsilon_{i}= \pm 1$, and the $u_{i} \in\langle a, b, c, d, e\rangle$ are possibly trivial but otherwise reduced as written. We then get that

$$
w \phi=\left(u_{0} \phi\right) b^{\epsilon_{1}} f^{\epsilon_{1}} b^{\epsilon_{1}} \cdots b^{\epsilon_{i}} f^{\epsilon_{i}} b^{\epsilon_{i}}\left(u_{i} \phi\right) b^{\epsilon_{i+1}} f^{\epsilon_{i+1}} b^{\epsilon_{i+1}} \cdots b^{\epsilon_{k}} f^{\epsilon_{k}} b^{\epsilon_{k}}\left(u_{k} \phi\right)
$$

Since $w=w \phi$, no pair of $f$ 's can cancel in the last expression and, in particular, $\left(u_{0} \phi\right) b^{\epsilon_{1}}=u_{0}$. Abelianising, we obtain $u_{0}^{\mathrm{ab}} \in \mathbb{Z}^{5}$ and $\phi_{\langle a, b, c, d, e\rangle}^{\mathrm{ab}} \in G L_{5}(\mathbb{Z})$ such that $u_{0}^{\mathrm{ab}} \phi_{\langle a, b, c, d, e\rangle}^{\mathrm{ab}}=u_{0}^{\mathrm{ab}}-\epsilon_{1} b^{\mathrm{ab}}$. But, from the definition of $\phi$, it is easy to check that $b^{\text {ab }}$ is not in the image of $\phi_{\langle a, b, c, d, e\rangle}^{\mathrm{ab}}-I d$. This contradiction proves the claim:

$$
\operatorname{Fix} \phi=\operatorname{Fix} \phi_{\langle a, b, c, d, e\rangle}=\left\langle a, b^{-1} a b,[c, d], e^{-1} b^{-1} a b[c, d] e\right\rangle .
$$

This 1-auto-fixed subgroup of $F$ fits the description of Theorem 1.3 in the following way. The automorphism $\phi$ is in case (i) with $\langle a, b, c, d, e\rangle$ invariant and containing the whole fixed subgroup of $\phi$. Now, $\phi_{\langle a, b, c, d, e\rangle}$ is in case (iii) with $\langle a, b, c, d\rangle$ invariant, $y=e, h^{\prime}=\left(b^{-1} a b[c, d]\right)^{t}$ and $h=b^{-1} a b[c, d]$. Then, $\phi_{\langle a, b, c, d\rangle}$ is in case (ii) with the two invariant free factors being $\langle a, b\rangle$ and $\langle c, d\rangle$. Finally, $\phi_{\langle c, d\rangle}$ has cyclic fixed subgroup, and $\phi_{\langle a, b\rangle}$ is again in case (iii) with $\langle a\rangle$ invariant, $y=b$ and $h=h^{\prime}=a$. Note that the last two steps can also be interchanged. This shows how Fix $\phi$ can be built up using the basic constructions described in 1.2.

Also, Fix $\phi$ fits the description of Theorem 1.4 as follows. Take $r=s=2$, $K_{1}=\langle a\rangle, K_{2}=\langle c, d\rangle, y_{1}=b, y_{2}=e$ and $L=\langle f\rangle$. Then, taking $w_{1}=a \in K_{1}$, $w_{2}=[c, d] \in K_{2}, h_{0}^{\prime}=h_{0}=a \in K_{1} * K_{2}$, and $h_{1}^{\prime}=\left(b^{-1} a b[c, d]\right)^{t}$ and $h_{1}=b^{-1} a b[c, d]$ both in $K_{1} * K_{2} *\langle b\rangle$, we have

Fix $\phi=\left\langle w_{1}, w_{2}, y_{1}^{-1} h_{0} y_{1}, y_{2}^{-1} h_{1} y_{2}\right\rangle=\left\langle a,[c, d], b^{-1} a b, e^{-1} b^{-1} a b[c, d] e\right\rangle$.

One word of caution is necessary here since the $h$-elements in the example above, corresponding to $y_{1}=b$ and $y_{2}=e$ (i.e. $h_{0}=a$ and $h_{1}=b^{-1} a b[c, d]$, respectively) are fixed by $\phi$, whereas in Theorem 1.4 they have a more complicated image. We might hope, with the correct choice of basis, to always ensure that all the $h$-elements in Theorem 1.4 are fixed, as happens in the maximal rank case. This will not be possible in general as the next example shows.
2.5 Example Let $F$ be the free group of rank 3 freely generated by $\{a, b, c\}$. Consider the elements $g=[a, b]$ and $h=a^{2} b^{2}$ of $\langle a, b\rangle$, which are not proper powers, and let $\phi$ be the automorphism of $F$ given by $a \mapsto g^{-1} a g, b \mapsto g^{-1} b g$, $c \mapsto g^{-1} h c$. Using cancellation arguments, it is not difficult to see that

$$
\text { Fix } \phi=\left\langle g, c^{-1} h c\right\rangle
$$

We claim that $F$ does not have a basis for $\phi$ as in Theorem 1.4 with all the $h$-elements being fixed.

Firstly, by looking at the abelianisation of $F$, it is clear that the subgroup Fix $\phi=\left\langle g, c^{-1} h c\right\rangle$ contains no primitive elements of $F$. So, if we obtain a basis for $F$ and a description of Fix $\phi$ as in Theorem 1.4, the subgroup $K_{1}$ must have rank 2 and hence, $L=1$ and Fix $\phi=\left\langle w_{1}, y_{1}^{-1} h_{0} y_{1}\right\rangle$, where $w_{1}, h_{0} \in K_{1}$ are not proper powers. Suppose now that $h_{0}$ is fixed and find a contradiction.

In this situation, $h_{0}=w_{1}{ }^{ \pm 1}$. Then, the normal subgroup generated by $w_{1}$ coincides with the normal subgroup generated by $g$ and $h$. Consider the one relator group $G=\left\langle a, b, c \mid w_{1}\right\rangle=\langle a, b, c \mid g, h\rangle$. Since $w_{1}$ is not a proper power, $G$ is torsion free (see Proposition 5.18 in [11]). However, looking at the second presentation, it is clear that $a b$ is an order two element of $G$. This contradiction demonstrates that Fix $\phi$ cannot be described as in Theorem 1.4 with fixed $h$-elements.

Finally, we remark that Theorem 1.4 provides a description of 1-auto-fixed subgroups of $F$, but it does not give a characterisation of those subgroups. The following is an example of a subgroup which agrees with the description given, while it is not 1-auto-fixed.
2.6 Example Let $F$ be the free group of rank 3 freely generated by $\{a, b, c\}$ and consider the subgroup $H=\left\langle a, b^{-1} a b, c^{-1} b c\right\rangle \leq F$. Clearly, $H$ agrees with the description given in Theorem 1.4. Suppose that $H=$ Fix $\phi$ for some $\phi \in \operatorname{Aut}(F)$. It is straightforward to verify that $\langle a, b\rangle$ is the smallest free factor of $F$ containing the subgroup $\left\langle a, b^{-1} a b\right\rangle$. Hence, $\langle a, b\rangle$ is $\phi$-invariant, that is, $\langle a, b\rangle=\langle a, b \phi\rangle$. Thus, $b \phi=a^{r} b^{\epsilon} a^{s}$ where $\epsilon= \pm 1$ and $r, s$ are integers. But the elements $a$ and $b^{-1} a b$ being fixed imply $a \phi=a$ and $b \phi=a^{r} b$ for some $r \neq 0$. Now $F=\langle a, b\rangle *\langle c\rangle$ where $\langle a, b\rangle$ is $\phi$-invariant, $c \notin \operatorname{Fix} \phi$ and $c^{-1} b c \in \operatorname{Fix} \phi$. Thus we may apply Lemma 2.2 to conclude that $a^{r} b=b \phi=h^{\prime} b h^{-1}$ for some $1 \neq h^{\prime} \in\langle a, b\rangle$. This contradiction shows that $H$ is not 1-auto-fixed. In fact,
it is easy to see that any endomorphism of $F$ fixing $H$ has to actually be an automorphism, and has to fix $\left\langle a, b, c^{-1} b c\right\rangle$ too. Hence, $H$ is not even the intersection of an arbitrary family of 1-endo-fixed subgroups of $F$.

## 3 Bestvina-Handel theory

In this paper, we will mostly work with finite graphs viewed as combinatorial objects. We will make use of the standard concepts and terminology for graphs, including the notions of rank and reduced rank of a graph, connectedness, subgraph and the core of a graph, graph morphism, (formal) path, trivial path, reduced (or normal) form of a path, etc. We refer the reader to I.1.2 and I.1.8 in [5] for the precise definitions. For example, if $Z$ is a graph, $V Z$ denotes the vertex set, $E Z$ the edge set, $\iota$ and $\tau$ are the incidence functions, $\cdot$ denotes the concatenation between paths (when defined), etc. If $Z$ is connected (and only then), $r(Z)$ is the rank of $Z$, the rank of the fundamental group of $Z$. The reduced rank of $Z, \tilde{r}(Z)$, will be the reduced rank of its fundamental group; the maximum of $r(Z)-1$ and zero. If $Z$ is not connected $r(Z)$ is not defined, and $\tilde{r}(Z)$ is defined to be the sum of the reduced ranks of its components.

The excellent paper [3] deals with graphs in the topological point of view, and [5] contains a complete reformulation of it into the language of groupoids (and, additionally, many details previously left to the reader are meticulously verified). We found the language used in [5] more convenient to our purposes, so we mostly will refer to it. However, we will also emphasize the corresponding concepts in [3] in order to make the arguments more clear.

Let $Z$ be a graph. In [3] homotopy equivalences of graphs, $\beta: Z \rightarrow Z$, are considered. For the purposes of that work (and the present one), all the relevant data of such a homotopy equivalence is what it induces at the fundamental group level. So, it is useful to forget the topological structure of the graph $Z$ and to just think of it as a combinatorial object. In this setting, $\beta$ must be thought of as a formal map sending edges (and so paths) to paths, and respecting the incidences in $Z$.

A good language to formalise this is the language of groupoids.
3.1 Definitions A groupoid is a small category in which the objects, also called vertices, are identified with the identity morphisms, and every morphism is invertible (see [5] or [8] for more details). For example, every group is a groupoid with a single vertex (and so, the operation is totally defined). Note that every groupoid has also the structure of a graph.

It is easy to check that if $Z$ is a graph, then the set of paths in $Z$ modulo reduction, together with the natural structure coming from $Z$, form a groupoid.

It is called the fundamental groupoid of $Z$ and denoted $\pi Z$. To simplify the notation, we identify every class of equivalent paths with the unique reduced path it contains, called its normal form. For every $u, v \in V Z, \pi Z(u, v)$ denotes the set of paths in $\pi Z$ from $u$ to $v$. In particular, $\pi Z(u, u)$, which is a free subgroup of $\pi Z$, is the (combinatorial) fundamental group of $Z$ at $u$. A path $p \in \pi Z(u, v)$ defines an isomorphism, $\gamma_{p}: \pi Z(u, u) \mapsto \pi Z(v, v)$ by sending $x \in \pi Z(u, u)$ to $p^{-1} x p \in \pi Z(v, v)$. Clearly, the inverse path, $p^{-1}$, defines the inverse isomorphism $\gamma_{p^{-1}}: \pi Z(v, v) \mapsto \pi Z(u, u)$. Thus, in the case where $Z$ is connected, all the groups $\pi Z(v, v)$ are isomorphic (in fact, all of them are free of $\operatorname{rank} r(Z)$ ).

A graph $T$ is a tree if, and only if, for every $u, v \in V T, \pi T(u, v)$ contains a unique element, called the geodesic from $u$ to $v$ and denoted $T[u, v]$.

We say that a groupoid $G$ is free when it is of the form $\pi Z$ for some subgraph $Z$ of $G$. In this case, we also say that $Z$ is a basis of $G$. It can be proved that the Nielsen-Schreier theorem is also valid for groupoids, (see Theorem I.3.10 in [5]). So, every subgroupoid $H$ of $G=\pi Z$ is free and has a basis $B$, which is a graph whose vertices are vertices of $Z$, and whose edges are elements of $B \leq \pi Z$. In general, $B$ can be disconnected, even when $Z$ is connected. Furthermore, if $B$ and $Z$ are connected, $r(B)$ can be bigger than $r(Z)$, as in the case of free groups.
3.2 Definitions In the language of groupoids, continuous maps $\beta: Z \rightarrow Z$ become groupoid morphisms $\pi \beta: \pi Z \rightarrow \pi Z$, also referred to as self-maps of $Z$, simply denoted $\beta: Z \rightarrow Z$. And homotopy equivalences become equivalences of graphs that is, self-maps $\beta$ such that, for every $v \in V Z$, the restriction $\beta_{v}: \pi Z(v, v) \rightarrow \pi Z(v \beta, v \beta)$ is an isomorphism of groups.

A path $p \in \pi Z$ is called $\beta$-fixed when $p \beta=p$. We include here the case where $p$ is trivial, i.e. a path consisting of a single vertex $v$, in which case we say that $v$ is $\beta$-fixed. Clearly, the set of $\beta$-fixed paths, Fix $\beta=\{p \in \pi Z: p \beta=p\}$, is a subgroupoid of $\pi Z$.

In order to study fixed subgroups of automorphisms of free groups, what Bestvina and Handel really did in [3] was to study the fixed subgroupoid of a given equivalence of graphs. In their Proposition 6.3, they constructed a basis for Fix $\beta$, with technical assumptions on $\beta$.
3.3 Definitions Recall that, throughout the paper, $F$ denotes a finitely generated free group.

Following [3], a marked graph is a triple $\left(Z, v_{0}, \eta\right)$, where $Z$ is a connected graph, $v_{0} \in V Z$ is a vertex called basepoint, and $\eta: F \rightarrow \pi Z\left(v_{0}, v_{0}\right)$ is a group isomorphism, called a marking.

Let $\beta: Z \rightarrow Z$ be an equivalence of a marked graph $\left(Z, v_{0}, \eta\right)$. For every path $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$, one can consider the induced automorphism $\phi_{\beta, p, \eta}$ of $F$ defined by $x \mapsto\left(p^{-1} \cdot x \eta \beta \cdot p\right) \eta^{-1}$ (see the commuting diagram below). It will be denoted $\phi_{\beta, p}$ whenever the marking is understood from the context.


In [3] it is noted that, changing the path $p$, the automorphism $\phi_{\beta, p}$ is composed with an inner automorphism. Conversely, for every $y \in F$, it is clear that $p \cdot y \eta \in \pi Z\left(v_{0} \beta, v_{0}\right)$ and $\phi_{\beta, p \cdot y \eta}=\phi_{\beta, p} \gamma_{y}$. Hence, $\left\{\phi_{\beta, p}: p \in \pi Z\left(v_{0} \beta, v_{0}\right)\right\}$ is an outer automorphism of $F$ determined by $\beta$ and denoted $\Phi_{\beta}$. It is said that $\beta$ induces or represents the outer automorphism $\Phi_{\beta}$ with respect to the given marking, $\eta$. However, we shall suppress $\eta$ from the notation if there is no risk of confusion.

In the particularly simple case where $v_{0}$ is $\beta$-fixed and $p=v_{0}$ is a trivial path, we have $\phi_{\beta, v_{0}}=\eta \beta_{v_{0}} \eta^{-1}$ and, identifying $F$ with $\pi Z\left(v_{0}, v_{0}\right)$ via $\eta$, we can abuse notation and write $\phi_{\beta, v_{0}}=\beta_{v_{0}}$. The Fixed-point Lemma below ensures that, when the fixed subgroup is non-cyclic, such a simple marking can always be chosen.
3.4 Lemma (Fixed-point lemma) Let $\beta: Z \rightarrow Z$ be an equivalence of $a$ marked graph $\left(Z, v_{0}, \eta\right)$, such that all $\beta$-fixed points are vertices (see I.5.1 in [5]). For every path $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$ with $r\left(\operatorname{Fix} \phi_{\beta, p}\right) \geq 2$ there exist a $\beta$-fixed vertex $v \in V Z$ and a path $q \in \pi Z\left(v, v_{0}\right)$ such that $q \beta=q \cdot p^{-1}$. Moreover,
(i) $\phi_{\beta, v, \eta^{\prime}}=\phi_{\beta, p, \eta}$, where $\eta^{\prime}: F \rightarrow \pi Z(v, v), x \mapsto q \cdot x \eta \cdot q^{-1}$,
(ii) $x \phi_{\beta, p}=\left(q^{-1} \cdot q \beta \cdot x \eta \beta \cdot(q \beta)^{-1} \cdot q\right) \eta^{-1}$ for every $x \in F$,
(iii) Fix $\phi_{\beta, p}=\left(q^{-1} \cdot \operatorname{Fix} \beta_{v} \cdot q\right) \eta^{-1}$.

Proof. Corollary 2.2 in [3] or Lemma I.5.4 in [5] give us the required vertex $v$ and path $q$. By looking at the following commuting diagram, we see (i). Equalities (ii) and (iii) are straightforward to verify.

3.5 Definitions Let $\beta$ be an equivalence of a finite, connected, marked, core graph $\left(Z, v_{0}, \eta\right)$, and let $Z_{0}$ be a maximal proper $\beta$-invariant subgraph of $Z$ (note that $Z_{0}$ is not necessarily connected, and if $E Z \neq \emptyset$ then $V Z_{0}=V Z$ ). As with $\beta$, we say that the triple $\left(\beta, Z, Z_{0}\right)$ represents $\Phi_{\beta}$. In fact, in [3], the authors constructed a full filtration of $Z$ by proper $\beta$-invariant subgraphs, and $\left(\beta, Z, Z_{0}\right)$ corresponds to the top stratum. One of the main simplifications introduced in [5] is to work only with this top stratum (that is, with a maximal proper $\beta$-invariant subgraph) instead of working with the full filtration, and then do the arguments inductively (this idea originally came from Gaboriau, Levitt and Lustig, [7]).

In [3], an irreducible matrix is associated to $\left(\beta, Z, Z_{0}\right)$. This matrix, denoted $\left[\beta / Z_{0}\right]$ in [5], plays a central role in the arguments. By Perron-Frobenius Theorem (see Theorem 1.5 in [3] or section II. 1 in [5]), the spectral radius of $\left[\beta / Z_{0}\right.$ ] is 0,1 or $>1$; we will refer to these three possibilities by saying that $\left(\beta, Z, Z_{0}\right)$ is null, is level or is exponential, respectively. This spectral radius is denoted $\lambda$ in [3], and $P F\left(\beta / Z_{0}\right)$ in [5].

One of the main results in [3] states that every $\Phi \in \operatorname{Out}(F)$ can be represented by some $\left(\beta, Z, Z_{0}\right)$ with several extra good properties; these are the stable relative train tracks. The corresponding notion in [5] is that of minimal representatives. Concretely, in section IV. 1 of [5] it is proved that, given an outer automorphism $\Phi \in \operatorname{Out}(F)$, there exist a finite, connected, marked, core graph $\left(Z, v_{0}, \eta\right)$, a self-map $\beta: Z \rightarrow Z$ representing $\Phi$, and a maximal, proper, $\beta$-invariant subgraph $Z_{0}$ of $Z$ such that $\left(\beta, Z, Z_{0}\right)$ is a minimal representative of $\Phi$ (in fact, an analogous result is proven for injective endomorphisms, but here we are only interested in the bijective case). The precise definition of a minimal representative (or a relative train track) is not important here. All we will use about them is the existence of such representatives and their main properties. A first consequence of the definition is that, for every minimal representative $\left(\beta, Z, Z_{0}\right)$ of $\Phi$, the value $P F\left(\beta / Z_{0}\right)$ is the minimum possible among those of all the representatives of $\Phi$. The other useful properties of minimal representatives are expressed in Theorem IV.5.1. We rewrite this statement
here in a slightly different form, distinguishing the three possibilities for the stratum (see the corresponding proof in [5]), and restricting the attention to isomorphisms (for which ( $\beta, Z, Z_{0}$ ) cannot be null).
3.6 Theorem (IV.5.1, [5]) Let $F$ be a non-trivial finitely generated free group, and let $\Phi \in O u t(F)$. Then, there exists an equivalence $\beta$ of a nonempty, finite, connected, marked, core graph $\left(Z, v_{0}, \eta\right)$, such that $\Phi_{\beta}=\Phi$ and
(i) all $\beta$-fixed points are vertices of $Z$ (see Definition I.5.1 in [5]),
(ii) $Z$ has a proper $\beta$-invariant subgraph $Z_{0}$ on which $\beta$ induces a self-map $\beta_{0}$,
(iii) Fix $\beta$ has a basis $B$ containing (as a subgraph) a basis $B_{0}$ of Fix $\beta_{0}$,
(iv) $\left(\beta, Z, Z_{0}\right)$ is not null,
(v) if $\left(\beta, Z, Z_{0}\right)$ is level then either $B=B_{0}$ or $B \backslash B_{0}=\{e\}$, where $e$ is a $\beta$-fixed edge such that $E Z \backslash E Z_{0}=\{e\}$,
(vi) if $\left(\beta, Z, Z_{0}\right)$ is exponential then either $B=B_{0}$ or $B \backslash B_{0}=\{p\}$ where $p \in \pi Z$ is such that either some edge $e \in E Z \backslash E Z_{0} Z$-occurs in $p$ only once, or every edge $e \in E Z \backslash E Z_{0} Z$-occurs in p exactly twice.

In fact, every minimal representative $\left(\beta, Z, Z_{0}\right)$ of $\Phi$ satisfies properties (i) to (vi).

We want also to remark on the following two technical differences between [3] and [5]. The first is that in [3] the graph $Z_{0}$ does not contain isolated vertices (it is defined as the closure of certain set of edges) while in [5] it contains all the vertices of $Z$ (it is defined as a maximal but not necessarily connected, invariant subgraph); up to isolated vertices, they are the same subgraph of $Z$. The second technical difference is about fixed paths: in [3] they consider Nielsen (i.e. fixed) paths possibly crossing partial edges, while this has no sense in [5]; but, using subdivisions at non-vertex fixed points (see III. 2 in [5]), this situation is modelled in [5] by assuming that "all fixed points are vertices", and then looking only at fixed paths beginning and ending on vertices.

Finally, let us discuss the main result in [3] and write it in a slightly different form. With the notation of Theorem 3.6, Bestvina and Handel proved that $\tilde{r}(B) \leq \tilde{r}(F)$ and, as an immediate consequence, they obtained their main result (Theorem 6.1 in [3]), saying that $r($ Fix $\phi) \leq r(F)$ for every $\phi \in \operatorname{Aut}(F)$. By analyzing the algebraic meaning of the components of $B$, one can obtain a non-connected version of Bestvina-Handel Theorem, not explicitly stated in [3] (see Theorem 3.10 below or take $H=F$ in Theorem IV.5.5 of [5]). As noted in [7], this version of the result is only superficially stronger. However, we will dedicate the rest of the present section to state this non-connected version, for later use.

For the rest of the section, let $\Phi \in O u t(F)$, and choose $\phi \in \Phi$.

Consider the following two equivalence relations in the sets $F$ and $\Phi$, respectively. We say that $y_{1}, y_{2} \in F$ are Reidemeister equivalent, denoted $y_{1} \sim_{\phi} y_{2}$, if $y_{2}=(c \phi)^{-1} y_{1} c$ for some $c \in F$. And we say that $\phi \gamma_{y_{1}}, \phi \gamma_{y_{2}} \in \Phi$ are isogredient, denoted $\phi \gamma_{y_{1}} \sim \phi \gamma_{y_{2}}$, if they are equal up to conjugation (in $A u t(F)$ ) by an inner automorphism. That is, when $\phi \gamma_{y_{2}}=\gamma_{c}^{-1} \phi \gamma_{y_{1}} \gamma_{c}=\gamma_{c^{-1}} \phi \gamma_{y_{1} c}$ for some $\gamma_{c} \in \operatorname{Inn}(F)$. (We prefer to use the word "isogredience" instead of, for example, "similarity", used by other authors; the reason is historical since, although in a different context, Nielsen already dealt with the same concept under the name "isogredience").

Note that the isogredience relation does not depend on the chosen $\phi$, while Reidemeister relation does, like the particular bijection $y \mapsto \phi \gamma_{y}$ from $F$ to $\Phi$. The following lemma clarifies the relationship between these two equivalence relations, and the eigengroups of $\phi$.
3.7 Lemma Let $F$ be a non-cyclic finitely generated free group and $y_{1}, y_{2} \in F$. Let $\Phi \in \operatorname{Out}(F)$ and choose $\phi \in \Phi$ such that $r\left(\operatorname{Fix} \phi \gamma_{y_{1}}\right) \geq 2$. The following are equivalent:
(a) $y_{1} \sim_{\phi} y_{2}$,
(b) $\phi \gamma_{y_{1}} \sim \phi \gamma_{y_{2}}$,
(c) $\left[\left[\operatorname{Fix} \phi \gamma_{y_{1}}\right]\right]=\left[\left[\operatorname{Fix} \phi \gamma_{y_{2}}\right]\right]$.

Proof. (a) $\Rightarrow(\mathrm{b})$. By (a), there exists $c \in F$ such that $y_{2}=(c \phi)^{-1} y_{1} c$. The same element $c$ satisfies the equality $\phi \gamma_{y_{2}}=\phi \gamma_{(c \phi)^{-1} y_{1} c}=\phi \gamma_{c^{-1} \phi} \gamma_{y_{1} c}=\gamma_{c^{-1}} \phi \gamma_{y_{1} c}$ in $\operatorname{Aut}(F)$. So, $\phi \gamma_{y_{1}} \sim \phi \gamma_{y_{2}}$.
$(\mathrm{b}) \Rightarrow(\mathrm{a})$. By (b), there exists $c \in F$ such that $\phi \gamma_{y_{2}}=\gamma_{c}^{-1} \phi \gamma_{y_{1}} \gamma_{c}$. That is, for every $x \in F$,

$$
y_{2}^{-1}(x \phi) y_{2}=c^{-1} y_{1}^{-1}\left(\left(c x c^{-1}\right) \phi\right) y_{1} c=c^{-1} y_{1}^{-1}(c \phi)(x \phi)(c \phi)^{-1} y_{1} c .
$$

So, $(c \phi)^{-1} y_{1} c y_{2}^{-1}$ commutes with $x \phi$, for every $x \in F$. Since (the $\phi$-image of) $F$ is not cyclic, and centralizers of non-trivial elements in a free group are always cyclic, we deduce that $(c \phi)^{-1} y_{1} c y_{2}^{-1}=1$. Hence, $y_{1} \sim_{\phi} y_{2}$.
(a) $\Rightarrow(\mathrm{c})$. By (a), there exists $c \in F$ such that $y_{2}=(c \phi)^{-1} y_{1} c$. The same element $c$ satisfies the equality Fix $\phi \gamma_{y_{2}}=\left(\text { Fix } \phi \gamma_{y_{1}}\right)^{c}$.
$(\mathrm{c}) \Rightarrow(\mathrm{a})$. Suppose that Fix $\phi \gamma_{y_{2}}=\left(\text { Fix } \phi \gamma_{y_{1}}\right)^{c}$ for some $c \in F$. Then, for every $x \in$ Fix $\phi \gamma_{y_{1}}$, we know that $x^{c} \in$ Fix $\phi \gamma_{y_{2}}$ and so $y_{1}^{-1}(c \phi) y_{2} c^{-1}$ commutes with $x$. Since $r\left(\right.$ Fix $\left.\phi \gamma_{y_{1}}\right) \geq 2$, we deduce that $y_{1}^{-1}(c \phi) y_{2} c^{-1}=1$ and hence, $y_{1} \sim_{\phi} y_{2}$.

Note that the hypothesis $r$ (Fix $\left.\phi \gamma_{y_{1}}\right) \geq 2$ is only used in the proof of the implication (c) $\Rightarrow$ (a). So, (a) $\Leftrightarrow(\mathrm{b}) \Rightarrow(\mathrm{c})$ are valid for an arbitrary $\phi \in \Phi$.

Now, let $\beta: Z \rightarrow Z$ be an equivalence of a marked graph $\left(Z, v_{0}, \eta\right)$ such that all $\beta$-fixed points are vertices, and $\Phi_{\beta}=\Phi$. Choose $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$ such that $\phi_{\beta, p}=\phi$. For every $y \in F$ with $2 \leq r\left(\operatorname{Fix} \phi \gamma_{y}\right)=r\left(\operatorname{Fix} \phi_{\beta, p \cdot y \eta}\right)$, an application of the Fixed-point Lemma 3.4 ensures the existence of a $\beta$-fixed vertex $v \in V Z$ and a path $q \in \pi Z\left(v, v_{0}\right)$ such that $q \beta=q \cdot(y \eta)^{-1} \cdot p^{-1}$ and Fix $\phi_{\beta, p \cdot y \eta}=\left(q^{-1} \cdot\right.$ Fix $\left.\beta_{v} \cdot q\right) \eta^{-1}$. The following lemma provides the graph theoretic equivalent of the statements in Lemma 3.7 above.
3.8 Lemma Let $F$ be a non-cyclic finitely generated free group and $y_{1}, y_{2} \in F$. Let $\Phi \in \operatorname{Out}(F)$ and choose some $\phi \in \Phi$. Let $\beta: Z \rightarrow Z$ be an equivalence of $a$ marked graph $\left(Z, v_{0}, \eta\right)$ such that all $\beta$-fixed points are vertices, and $\Phi_{\beta}=\Phi$; let $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$ be such that $\phi_{\beta, p}=\phi$. Suppose that $r\left(\operatorname{Fix} \phi \gamma_{y_{1}}\right) \geq 2$ and also that $r\left(\right.$ Fix $\left.\phi \gamma_{y_{2}}\right) \geq 2$. Let $v_{1} \in V Z, q_{1} \in \pi Z\left(v_{1}, v_{0}\right)$, and $v_{2} \in V Z$, $q_{2} \in \pi Z\left(v_{2}, v_{0}\right)$ be as in the previous paragraph for $\phi \gamma_{y_{1}}$ and $\phi \gamma_{y_{2}}$, respectively. Then, conditions (a), (b) and (c) in Lemma 3.7 are also equivalent to
(d) there exists a $\beta$-fixed path $q \in \pi Z\left(v_{1}, v_{2}\right)$.

Proof. (a) $\Rightarrow(\mathrm{d})$. By (a), there exists $c \in F$ such that $y_{2}=(c \phi)^{-1} y_{1} c$. Then, it is straightforward to verify that the path $q=q_{1} \cdot c \eta \cdot q_{2}^{-1} \in \pi Z\left(v_{1}, v_{2}\right)$ is $\beta$-fixed.
$(\mathrm{d}) \Rightarrow(\mathrm{a})$. Consider the closed path $q_{1}^{-1} \cdot q \cdot q_{2} \in \pi Z\left(v_{0}, v_{0}\right)$ and the element $c=\left(q_{1}^{-1} \cdot q \cdot q_{2}\right) \eta^{-1} \in F$. It is also straightforward to verify that $(c \phi)^{-1} y_{1} c=y_{2}$. Hence, $y_{1} \sim_{\phi} y_{2}$.

These equivalent statements can be expressed in the following way which will be very useful later, in the development of our main argument.
3.9 Proposition Let $F$ be a non-cyclic finitely generated free group, and let $\Phi \in \operatorname{Out}(F)$. Let $\beta: Z \rightarrow Z$ be an equivalence of a marked graph $\left(Z, v_{0}, \eta\right)$ such that all $\beta$-fixed points are vertices, and $\Phi_{\beta}=\Phi$. Let $B$ be a basis for Fix $\beta$. There is a bijection from the set of isogredience classes in $\Phi$ with non-cyclic fixed subgroup, to the set of components of $B$ with rank $\geq 2$.

Proof. We choose and fix a path $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$ and let $\phi=\phi_{\beta, p, \eta} \in \Phi$ as in Definitions 3.3.

For every $y \in F$ with $r\left(\operatorname{Fix} \phi \gamma_{y}\right) \geq 2$, the Fixed-point Lemma 3.4 gives us a $\beta$-fixed vertex $v \in V Z$ and a path $q \in \pi Z\left(v, v_{0}\right)$ such that the following
diagram commutes:


Let $B_{y}$ be the component of $B$ containing $v$. We have

$$
\operatorname{Fix} \phi \gamma_{y}=\operatorname{Fix} \phi_{\beta, p \cdot y \eta}=\left(q^{-1} \cdot \operatorname{Fix} \beta_{v} \cdot q\right) \eta^{-1}=\left(q^{-1} \cdot \pi B_{y}(v, v) \cdot q\right) \eta^{-1}
$$

and so, $r\left(B_{y}\right)=r\left(\right.$ Fix $\left.\phi \gamma_{y}\right) \geq 2$. This observation together with the implication $(\mathrm{b}) \Rightarrow(\mathrm{d})$ above show that the map sending the isogredience class of $\phi \gamma_{y}$ to $B_{y}$ is well-defined. The implication (d) $\Rightarrow(\mathrm{b})$ proves that this map is injective.

Let $C$ be a component of $B$ with rank at least 2 . Take a ( $\beta$-fixed) vertex $v \in V C$ and an arbitrary path $q \in \pi Z\left(v, v_{0}\right)$. Then, $q \beta \in \pi Z\left(v, v_{0} \beta\right)$ and we have $q \beta=q \cdot\left(q^{-1} \cdot(q \beta) \cdot p\right) \cdot p^{-1}=q \cdot(y \eta)^{-1} \cdot p^{-1}$ for suitable $y \in F$. We then get a commutative diagram as above. Hence, $B_{y}=C$ and $r\left(\operatorname{Fix} \phi \gamma_{y}\right)=r(C) \geq 2$. So, our map is bijective, when considered from the set of isogredience classes in $\Phi$ with non-cyclic fixed subgroup, to the set of connected components of $B$ with rank $\geq 2$.

Since groups and graphs of ranks 0 and 1 have reduced rank 0 , the bijection in Proposition 3.9 allows us to express the Bestvina-Handel Theorem in the following way (see Theorem 6.1 in [3], and Theorem IV.5.5 in [5] with $H=F$ ):
3.10 Theorem (Bestvina-Handel, [3]) Let $F$ be a finitely generated free group, let $\Phi \in \operatorname{Out}(F)$, and let $\phi \in \Phi$. Then,

$$
\sum_{y \in F / \sim_{\phi}} \tilde{r}\left(\operatorname{Fix} \phi \gamma_{y}\right)=\sum_{\varphi \in \Phi / \sim} \tilde{r}(\operatorname{Fix} \varphi)=\sum_{\left[\left[\operatorname{Fix} \phi \gamma_{y}\right]\right]} \tilde{r}\left(\left[\left[\operatorname{Fix} \phi \gamma_{y}\right]\right]\right) \leq \tilde{r}(F) .
$$

In particular, $r(\operatorname{Fix} \phi) \leq r(F)$, and $\phi$ has at most $\tilde{r}(F)$ non-cyclic conjugacy classes of eigengroups.

Because of the use of the Fixed-point Lemma, one can only expect BestvinaHandel theory to control the non-cyclic eigengroups of a given automorphism of $F$. In fact, the cyclic ones will remain uncontrolled under the graph theoretic point of view.
3.11 Definitions By Theorem 3.10, every $\Phi \in \operatorname{Out}(F)$ has finitely many noncyclic conjugacy classes of eigengroups, say $k \geq 0$. A set of representatives for
$\Phi$ is a set $\left\{\phi_{1}, \ldots, \phi_{k}\right\} \subset \Phi$ containing one and only one automorphism in any isogredience class of $\Phi$ with non-cyclic fixed subgroup. Then, we denote by Fix $\Phi$ the corresponding set of conjugacy classes of subgroups of $F$,

$$
\text { Fix } \Phi=\left\{\left[\left[\text { Fix } \phi_{1}\right]\right], \ldots,\left[\left[\text { Fix } \phi_{k}\right]\right]\right\}
$$

which, by Lemma 3.7, does not depend on the particular set of representatives used. Note that, by construction, every non-cyclic eigengroup of $\Phi$ is conjugate to one and only one of Fix $\phi_{1}, \ldots$, Fix $\phi_{k}$. Also, by Theorem 3.10, $r\left(\left[\left[\operatorname{Fix} \phi_{1}\right]\right]\right)+\cdots+r\left(\left[\left[\operatorname{Fix} \phi_{k}\right]\right]\right) \leq n+k-1$.

## 4 Free factor systems

Almost all the ideas in this section are essentially contained in subsection 2.6 of [2]. We restate and extend them here for later use.
4.1 Definitions Let $H, K \leq F$. We write $[[H]] \leq[[K]]$ (resp. $[[H]] \sqsubseteq[[K]]$ ) when $H^{x} \leq K^{y}$ (resp. $H^{x}$ is a free factor of $K^{y}$ ) for some representatives $H^{x} \in[[H]]$ and $K^{y} \in[[K]]$. Note that, in this case, for every $x$ there exists $y$, and for every $y$ there exists $x$, such that $H^{x} \leq K^{y}$ (resp. $H^{x}$ is a free factor of $K^{y}$ ). For example, the two unique conjugacy classes of subgroups in $F$ with a single element (namely the trivial one [[1]] $=\{1\}$ and the total one $[[F]]=\{F\})$ are the extremal classes in these two partial orders, and $[[1]] \sqsubseteq[[F]]$.

A subgroup system of $F$ is a finite set of non-trivial conjugacy classes of subgroups of $F$. We will refer to the empty set as the trivial subgroup system. Given two subgroup systems, $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}, \mathcal{K}=\left\{\left[\left[K_{1}\right]\right], \ldots,\left[\left[K_{s}\right]\right]\right\}$, we write $\mathcal{H} \leq \mathcal{K}$ if for every $i=1, \ldots, r$ there exists $j=1, \ldots, s$ such that $\left[\left[H_{i}\right]\right] \leq\left[\left[K_{j}\right]\right]$.

A subgroup system $\mathcal{H}$ is called finitely generated when it only contains conjugacy classes of finitely generated subgroups. In this case, the complexity of $\mathcal{H}$, denoted $c x(\mathcal{H})$, is defined as 0 if $\mathcal{H}$ is trivial, and as the non-increasing sequence of positive integers obtained from the unordered list of ranks of the conjugacy classes in $\mathcal{H}$, otherwise.

A subgroup system $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}$ is called a free factor system of $F$ when $\mathcal{H}=\emptyset$ or $H_{1}^{y_{1}} * \cdots * H_{r}^{y_{r}}$ is a free factor of $F$, for some choice $H_{1}^{y_{1}} \in\left[\left[H_{1}\right]\right], \ldots, H_{r}^{y_{r}} \in\left[\left[H_{r}\right]\right]$. Note that, in this event, this last condition is not satisfied in general for every conjugate. For example, $\{[[\langle a\rangle]],[[\langle b\rangle]]\}$ is a free factor system of $F=\langle a, b\rangle$ since $\langle a\rangle *\langle b\rangle$ is a free factor of $F$, while $\langle a\rangle *\left\langle b^{a b}\right\rangle$ is not. Every free factor system except the total one, $\{[[F]]\}$, is called
proper. That is, $\mathcal{H}$ is proper if, and only if, $H_{i}$ is a proper subgroup of $F$ for every $i=1, \ldots, r$.

Every free factor system of $F$ is a finitely generated subgroup system and so it has a well defined complexity. It is clear that there are only finitely many such complexities, namely the non-increasing sequences of positive integers adding up at most $n=r(F)$. This finite set will be considered with the lexicographical order. For example, the trivial free factor system has the smallest complexity, $c x(\emptyset)=0$, the total free factor system has the highest complexity, $c x(\{[[F]]\})=n$, and $c x\left(\left\{\left[\left[\left\langle a_{1}, a_{2}\right\rangle\right]\right],\left[\left[\left\langle a_{3}\right\rangle\right]\right], \ldots,\left[\left[\left\langle a_{n}\right\rangle\right]\right]\right\}\right)=2,1, \stackrel{n-2}{?}, 1$, where $n=r(F) \geq 3$ and $\left\{a_{1}, \ldots, a_{n}\right\}$ is a basis of $F$. We have $0<2,1, \stackrel{n-2}{-2}, 1<n$.

Given two subgroup systems of $F$,

$$
\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\} \text { and } \mathcal{K}=\left\{\left[\left[K_{1}\right]\right], \ldots,\left[\left[K_{s}\right]\right]\right\}
$$

we write $\mathcal{H} \sqsubseteq \mathcal{K}$ if for every $i=1, \ldots, r$ there exists $j=1, \ldots, s$ such that $\left[\left[H_{i}\right]\right] \sqsubseteq\left[\left[K_{j}\right]\right]$. Note that, if $\mathcal{H}$ and $\mathcal{K}$ are free factor systems then $j$ is uniquely determined by $i$.

Let $H, K \leq F$ be finitely generated. By Proposition 2.1 in [15], there are finitely many conjugacy classes of subgroups of $F$ of the type $H^{x} \cap K^{y}, x, y \in F$. This observation allows to define the intersection of two finitely generated conjugacy classes $[[H]]$ and $[[K]]$ as

$$
[[H]] \wedge[[K]]=\left\{\left[\left[H^{x} \cap K^{y}\right]\right] \neq[[1]]: x, y \in F\right\}=\left\{\left[\left[H \cap K^{y}\right]\right] \neq[[1]]: y \in F\right\} .
$$

Note that $[[H]] \wedge[[K]]=\emptyset$ precisely when every conjugate of $H$ intersects trivially with every conjugate of $K$. Analogously, if $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}$ and $\mathcal{K}=\left\{\left[\left[K_{1}\right]\right], \ldots,\left[\left[K_{s}\right]\right]\right\}$ are two finitely generated subgroup systems, we define the intersection as

$$
\mathcal{H} \wedge \mathcal{K}=\left\{\left[\left[H_{i} \cap K_{j}^{y}\right]\right] \neq[[1]]: i=1, \ldots, r, \quad j=1, \ldots, s, \quad y \in F\right\}
$$

Clearly, $\mathcal{H} \wedge \mathcal{K}=\mathcal{K} \wedge \mathcal{H} \leq \mathcal{H}, \mathcal{K}$. In [2] Lemma 2.6.2, it is proved that if $\mathcal{H}$ and $\mathcal{K}$ are free factor systems then so is $\mathcal{H} \wedge \mathcal{K}$.

Automorphisms of $F$ act on the set of subgroups of $F$ in the natural way. Similarly, outer automorphisms act on the set of conjugacy classes of subgroups of $F$. These observations point to the following definitions.
4.2 Definitions Let $\Phi \in \operatorname{Out}(F)$.

For every $H \leq F$, we write $[[H]] \Phi=[[H \phi]]$, where $\phi \in \Phi$. It is said that $[[H]]$ is $\Phi$-invariant when $[[H]] \Phi=[[H]]$. In this case, for every $H^{y} \in[[H]]$ one can find $\phi \in \Phi$ such that $H^{y}$ is $\phi$-invariant.

In the same way, if $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}$ is a subgroup system of $F$, we define $\mathcal{H} \Phi$ as $\mathcal{H} \Phi=\left\{\left[\left[H_{1}\right]\right] \Phi, \ldots,\left[\left[H_{r}\right]\right] \Phi\right\}$. And it is said that $\mathcal{H}$ is $\Phi$-invariant if $\left[\left[H_{i}\right]\right]$ is $\Phi$-invariant for every $i=1, \ldots, r$. Note that if $\mathcal{H}$ is a free factor system, then so is $\mathcal{H} \Phi$.

As noted in section 3, the subgroup system $\left\{\left[\left[\operatorname{Fix} \phi_{1}\right]\right], \ldots,\left[\left[\right.\right.\right.$ Fix $\left.\left.\left.\phi_{k}\right]\right]\right\}$ does not depend on the particular set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ chosen for $\Phi$. This is the fixed subgroup system of $\Phi$, denoted Fix $\Phi$ :

$$
\begin{aligned}
\operatorname{Fix} \Phi & =\{[[\operatorname{Fix} \phi]]: \phi \in \Phi, \quad r(\operatorname{Fix} \phi) \geq 2\} \\
& =\left\{\left[\left[\operatorname{Fix} \phi_{1}\right]\right], \ldots,\left[\left[\text { Fix } \phi_{k}\right]\right]\right\} .
\end{aligned}
$$

Finally, we observe that, for every $r \in \mathbb{Z}$ and $\phi \in \Phi$, Fix $\phi \leq \operatorname{Fix} \phi^{r}$. Hence, Fix $\Phi \leq$ Fix $\Phi^{r}$.
4.3 Example An interesting example of a free factor system comes from the graph theoretic setting. Let $\left(Z, v_{0}, \eta\right)$ be a finite, connected, marked graph, let $Z_{0} \leq Z$ be a subgraph, and denote by $Z_{1}, \ldots, Z_{s}$ the non-contractible components of $Z_{0}$. For every $i=1, \ldots, s$, choose a vertex $v_{i} \in V Z_{i}$ and a path $q_{i} \in \pi Z\left(v_{i}, v_{0}\right)$, consider the inclusion $\pi Z_{i}\left(v_{i}, v_{i}\right) \rightarrow F, x \mapsto\left(q_{i}^{-1} \cdot x \cdot q_{i}\right) \eta^{-1}$, and let $1 \neq H_{i} \leq F$ be its image. It is clear that changing the chosen vertices and paths, the $H_{i}$ 's only change by conjugation. So, $\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{s}\right]\right]\right\}$ is a welldefined subgroup system of $F$, determined by the subgraph $Z_{0}$, and denoted $\mathcal{H}\left(Z_{0}\right)$. By choosing maximal subtrees $T_{i}$ of $Z_{i}, i=1, \ldots, s$, extending them to a maximal subtree $T$ of $Z$, and taking $q_{i}=T\left[v_{i}, v_{0}\right]$, we see that $H_{1} * \cdots * H_{s}$ is a free factor of $F$. So, $\mathcal{H}\left(Z_{0}\right)$ is a free factor system of $F$. Furthermore, note that if $Z$ is a core graph and $Z_{0}$ is a proper subgraph of $Z$, then $\mathcal{H}\left(Z_{0}\right)$ is proper.

Now, we prove the following two lemmas for later use. The last one is analogous to Lemma 2.1, but in the context of free factor systems.
4.4 Lemma Let $F$ be a finitely generated free group and let $\mathcal{H}$ and $\mathcal{K}$ be two free factor systems of $F$ such that $\mathcal{H} \leq \mathcal{K}$. Then, $\mathcal{H} \sqsubseteq \mathcal{K}$ and $c x(\mathcal{H}) \leq c x(\mathcal{K})$, with strict inequality except when $\mathcal{H}=\mathcal{K}$.

Proof. Clearly, we may assume that $\mathcal{H}$ and $\mathcal{K}$ are both non-trivial. Write $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}$ and $\mathcal{K}=\left\{\left[\left[K_{1}\right]\right], \ldots,\left[\left[K_{s}\right]\right]\right\}$, and define the map $\sigma:\{1, \ldots, r\} \rightarrow\{1, \ldots, s\}$ and choose elements $x_{i} \in F$ such that $H_{i}^{x_{i}} \leq K_{i \sigma}$. Since $H_{i}^{x_{i}}$ is a free factor of $F$, it also is a free factor of $K_{i \sigma}$. Hence, $\mathcal{H} \sqsubseteq \mathcal{K}$. Furthermore, $*_{i \sigma=j} H_{i}^{x_{i}}$ is a free factor of $K_{j}$, for every $j=1, \ldots, s$.

As observed before, $i \sigma$ is uniquely determined by $i$. Hence, $c x(\mathcal{H})$ is obtained from $c x(\mathcal{K})$ by deleting the entries corresponding to indices outside the image
of $\sigma$, and replacing every other, say $t$, with a finite collection of positive integers adding up at most $t$. Thus, $c x(\mathcal{H}) \leq c x(\mathcal{K})$. And the inequality is strict except when $\sigma$ is bijective and $H_{i}^{x_{i}}=K_{i \sigma}$ for all $i$, that is, except when $\mathcal{H}=\mathcal{K}$.
4.5 Lemma Let $F$ be a finitely generated free group and let $\Phi \in \operatorname{Out}(F)$. If there is a proper free factor system $\mathcal{K}$ of $F$ with $\mathrm{Fix} \Phi \leq \mathcal{K}$ then there exists $a$ (proper) $\Phi$-invariant free factor system $\mathcal{H}$ of $F$ such that Fix $\Phi \leq \mathcal{H} \sqsubseteq \mathcal{K}$.

Proof. Let $\mathcal{H}=\left\{\left[\left[H_{1}\right]\right], \ldots,\left[\left[H_{r}\right]\right]\right\}$ be a (proper) free factor system satisfying Fix $\Phi \leq \mathcal{H} \leq \mathcal{K}$ and having the smallest possible complexity. We only have to show that $\mathcal{H}$ is $\Phi$-invariant.

Let $\phi \in \Phi$.
For every $y \in F$ with Fix $\phi \gamma_{y}$ non-cyclic, there exist $i=1, \ldots, r$ and an element $a \in F$ such that Fix $\phi \gamma_{y} \leq H_{i}^{a}$. Also,

$$
\text { Fix } \phi \gamma_{y} \leq H_{i}^{a} \phi \gamma_{y}=\left(H_{i} \phi\right)^{(a \phi) y}
$$

and so, $\left[\left[\right.\right.$ Fix $\left.\left.\phi \gamma_{y}\right]\right] \leq\left[\left[H_{i} \cap\left(H_{i} \phi\right)^{b}\right]\right]$ where $b=(a \phi) y a^{-1} \in F$. Hence, we have that Fix $\Phi \leq \mathcal{H} \wedge \mathcal{H} \Phi$. Now, using Lemma 4.4 and the minimality of $c x(\mathcal{H})$, we have $\mathcal{H} \wedge \mathcal{H} \Phi=\mathcal{H}$ and so, $\mathcal{H} \leq \mathcal{H} \Phi$. But $c x(\mathcal{H})=c x(\mathcal{H} \Phi)$ so, again by Lemma 4.4, $\mathcal{H}=\mathcal{H} \Phi$.

To complete the proof that $\mathcal{H}$ is $\Phi$-invariant, it remains to show that $\Phi$ does not permute the elements in $\mathcal{H}$. Take $i=1, \ldots, r$ and let $j$ and $c \in F$ be such that $H_{i}=\left(H_{j} \phi\right)^{c}$. By the minimality of $c x(\mathcal{H})$, there exists $d \in F$ such that $1 \neq \operatorname{Fix} \phi \gamma_{d} \leq H_{i}=\left(H_{j} \phi\right)^{c}$. But also Fix $\phi \gamma_{d} \leq H_{i} \phi \gamma_{d}=\left(H_{i} \phi\right)^{d}$. Thus, $1 \neq \operatorname{Fix} \phi \gamma_{d} \leq\left(H_{j} \phi\right)^{c} \cap\left(H_{i} \phi\right)^{d}$, which is only possible if $i=j$. This concludes the proof.

## 5 Improved relative train tracks

Recently, Bestvina, Feighn and Handel published the paper [2] where, among other results, they made some improvements to Bestvina-Handel theory. In the proof of our main result, we need two facts from this improved theory to deal with the exponential case. This section is dedicated to them.

The next two results involve relative train tracks, which are equivalences of graphs with some special properties concerning a filtration of the graph by invariant subgraphs (see [3] for the precise definition). First, we restate the parts of Theorem 5.1.5 and Lemma 5.1.7 in [2] that will be used later. In this reformulation, we only play attention to the top stratum, however we
restate the results, taking into account the technical differences used above: by subdividing at non-vertex fixed points (see Proposition III.2.3 in [5]), we assume that the resulting relative train track has no such points; and adding the vertices in the interior of the top stratum to $Z_{0}$, we assume that $V Z_{0}=V Z$ (obviously, these technical changes do not affect the other properties).
5.1 Theorem (Bestvina-Feighn-Handel, [2]) Let $F$ be a non-trivial finitely generated free group, and let $\Phi \in \operatorname{Out}(F)$. Then, there exists a relative train track $\beta$ of a non-empty, finite, connected, marked, core graph $\left(Z, v_{0}, \eta\right)$ such that $\Phi_{\beta}=\Phi^{r}$ for some $r \geq 1$, and
(i) all $\beta$-fixed points are vertices of $Z$,
(ii) $Z$ has a proper $\beta$-invariant subgraph $Z_{0}$ on which $\beta$ induces a self-map $\beta_{0}$,
(iii) Fix $\beta$ has a basis $B$ containing (as a subgraph) a basis $B_{0}$ of Fix $\beta_{0}$,
(iv) if $\left(\beta, Z, Z_{0}\right)$ is exponential then one of the following holds:
(a) $B=B_{0}$, or
(b) $B \backslash B_{0}=\{p\}$ for some $p \in \pi Z$ with $\iota p=\tau p$ being an isolated vertex of $B_{0}$, or
(c) $B \backslash B_{0}=\{p\}$ for some $p \in \pi Z$ with $\iota p \neq \tau p$, and one of $\iota p$ or $\tau p$ contained in a tree component of $Z_{0}$ (and so, of $B_{0}$ ).

Note that case (b) corresponds to the geometric case of Theorem 5.1.5 in [2], while (c) is the non-geometric one, for which Lemma 5.1.7 applies. However, we have restated those results by applying the cosmetic change whereby we have assumed $V Z_{0}=V Z$.

The following result, which is implicit in [2] but not explicitly stated, will be needed later. We thank M. Feighn for letting us know about it and for helping us to extract a proof from [2].
5.2 Theorem Let $F$ be a non-trivial finitely generated free group, and let $\Phi \in \operatorname{Out}(F)$. If every relative train track representing $\Phi$ has an exponential top stratum, then the same is true for all positive powers of $\Phi$.

Proof. Assume that every relative train track representing $\Phi$ has an exponential top stratum, and that there exists $r \geq 2$ and a relative train track $\beta: Z \rightarrow Z$, representing $\Phi^{r}$ and having a level top stratum (denote by $Z_{0}$ the maximal $\beta$-invariant subgraph in the filtration). We will find a contradiction.

For every attracting lamination of $\Phi^{r}, \Omega \in \mathcal{L}\left(\Phi^{r}\right)$, (see Definition 3.1.5 in [2]), choose a $\Omega$-generic line $\omega \in \Omega$, let $\hat{\omega}$ be the realization of $\omega$ in $Z$, and observe that, by Lemma 3.1.10 (1) in [2], $\hat{\omega}$ is a bi-infinite path running inside $Z_{0}$. So $\mathcal{L}\left(\Phi^{r}\right)$ is carried (see [2] page 532) by the proper $\Phi^{r}$-invariant free factor system $\mathcal{H}\left(Z_{0}\right)$. Let $\mathcal{F}$ be a proper free factor system carrying $\mathcal{L}\left(\Phi^{r}\right)$ and with
the smallest possible complexity. Since, by definition, $\mathcal{L}\left(\Phi^{r}\right)=\mathcal{L}(\Phi)$, we see that $\mathcal{F}$ is $\Phi$-invariant.

Now apply Lemma 2.6.7 in [2] to obtain a relative train track map $\beta^{\prime}: Z^{\prime} \rightarrow Z^{\prime}$ representing $\Phi$, with maximal invariant subgraph $Z_{0}^{\prime}$, and such that the free factor system $\mathcal{F} \sqsubset \mathcal{H}\left(Z_{0}^{\prime}\right)$. By hypothesis, the top stratum of $Z^{\prime}$ is exponential. Utilising the argument in the proof of Lemma 3.1.13 in [2], one can raise $\beta^{\prime}$ to an appropriate power $s \geq 1$, and obtain a relative train track representing $\Phi^{s}$ with maximal proper $\beta^{\prime s}$-invariant subgraph $Z_{0}^{\prime \prime}$ containing $Z_{0}^{\prime}$ and with the top stratum being exponential and aperiodic. In particular, $\mathcal{F} \sqsubset \mathcal{H}\left(Z_{0}^{\prime \prime}\right)$. Now, consider the attracting lamination $\Omega \in \mathcal{L}\left(\Phi^{s}\right)$ associated to the top stratum of $\beta^{\prime s}$ (see Definitions 3.1.12 in [2]). On the one hand, $\Omega$ is not carried by $\mathcal{H}\left(Z_{0}^{\prime \prime}\right)$ but, on the other hand, $\Omega \in \mathcal{L}\left(\Phi^{s}\right)=\mathcal{L}(\Phi)$ is carried by $\mathcal{F}$. This contradiction concludes the proof.

## 6 The main argument

For all the section, let $F$ be a finitely generated free group of rank $n \geq 2$, and let $\Phi \in \operatorname{Out}(F)$ such that $r($ Fix $\phi) \geq 2$ for some $\phi \in \Phi$, which is to say that Fix $\Phi$ is non-trivial in the sense of Definitions 4.1 and 4.2

Choose an equivalence $\beta: Z \rightarrow Z$ of a non-empty, finite, connected, marked, core graph $\left(Z, v_{0}, \eta\right)$, with all the $\beta$-fixed points being vertices, and such that $\Phi_{\beta}=\Phi$ (see definitions 3.2 and 3.3). Suppose also the $\beta$ satisfies the following hypothesis (for example, the equivalences given in Theorems 3.6 and 5.1 do satisfy them):
6.1 Hypothesis $Z$ has a proper $\beta$-invariant subgraph $Z_{0}$ on which $\beta$ induces a self-map $\beta_{0}$. Also, Fix $\beta$ has a basis $B$ having a subgraph $B_{0}$ which is a basis of Fix $\beta_{0}$, and such that either $B=B_{0}$ or $B \backslash B_{0}=\{p\}$ for some $\beta$-fixed path $p \in E B$.

Let us fix the following notation for the rest of the section.
6.2 Notation (See section 3 for a review of groupoids, equivalences, representatives of outer automorphisms and relative train tracks). Let $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ be a set of representatives for $\Phi$; we have $k \geq 1$. Choose $p \in \pi Z\left(v_{0} \beta, v_{0}\right)$ such that $\phi_{\beta, p, \eta}=\phi_{1}$, and consider the $\beta$-fixed vertex $v_{1}$ and the path $q_{1} \in \pi Z\left(v_{1}, v_{0}\right)$ with $q_{1} \beta=q_{1} \cdot p^{-1}$ given by the Fixed-point Lemma 3.4. Changing the marking to $\left(Z, v_{1}, \eta^{\prime}\right)$, where $\eta^{\prime}: F \rightarrow \pi Z\left(v_{1}, v_{1}\right), x \mapsto q_{1} \cdot x \eta \cdot q_{1}^{-1}$, we have $\phi_{1}=\phi_{\beta, p, \eta}=\phi_{\beta, v_{1}, \eta^{\prime}}=\eta^{\prime} \beta_{v_{1}} \eta^{\prime-1}$. From now on, $\beta$ will be considered as an equivalence of the marked graph $\left(Z, v_{1}, \eta^{\prime}\right)$ and $F$ will be identified with
$\pi Z\left(v_{1}, v_{1}\right)$ via $\eta^{\prime}$ (so elements in $F$ are closed paths at $v_{1}$, with no further reference in the notation). Then, $\phi_{1}=\beta_{v_{1}}$ and Fix $\phi_{1}=\pi B\left(v_{1}, v_{1}\right)$. Furthermore, observe that if $v_{1}^{\prime}$ is another $\beta$-fixed vertex and $q \in \pi Z\left(v_{1}^{\prime}, v_{1}\right)$ is a $\beta$-fixed path then $\left(q \cdot q_{1}\right) \beta=\left(q \cdot q_{1}\right) \cdot p^{-1}$; so $v_{1}$ can be replaced by $v_{1}^{\prime}$ and $\eta^{\prime}$ by the new marking $\eta^{\prime \prime}: F \rightarrow \pi_{1} Z\left(v_{1}^{\prime}, v_{1}^{\prime}\right), x \mapsto q \cdot q_{1} \cdot x \eta \cdot\left(q \cdot q_{1}\right)^{-1}$. Under this new marking we get as before that $\phi_{1}=\beta_{v_{1}^{\prime}}$ and Fix $\phi_{1}=\pi B\left(v_{1}^{\prime}, v_{1}^{\prime}\right)$. Hence, we may interchange the roles of $v_{1}$ and $v_{1}^{\prime}$.

By Proposition 3.9, $B$ has exactly $k$ connected components with rank $\geq 2$. And, by the Fixed-point Lemma 3.4, they can be labelled $B_{1}, \ldots, B_{k}$ in such a way that $v_{1} \in V B_{1}$ and, for every $i=2, \ldots, k$, there exists a vertex $v_{i} \in V B_{i}$ and a path $q_{i} \in \pi Z\left(v_{i}, v_{1}\right)$ such that, $x \phi_{i}=q_{i}^{-1} \cdot\left(q_{i} \cdot x \cdot q_{i}^{-1}\right) \beta_{v_{i}} \cdot q_{i}$ for every $x \in F$, and Fix $\phi_{i}=q_{i}^{-1} \cdot \pi B_{i}\left(v_{i}, v_{i}\right) \cdot q_{i}$.


Resetting $q_{1}=v_{1}$, the same equations are also valid for $i=1$. Additionally note that, changing $q_{i}$ into another path $q_{i}^{\prime} \in \pi Z\left(v_{i}, v_{1}\right)$ in the previous two equations, changes $\phi_{i}$ to $\gamma_{c}^{-1} \phi_{i} \gamma_{c} \sim \phi_{i}$, where $c=q_{i}^{-1} \cdot q_{i}^{\prime} \in F$, and Fix $\phi_{i}$ gets right conjugated by $c, i=1, \ldots, k$.

Renumbering if necessary, we can assume that either $B=B_{0}$, or $p$ is an edge of some component of $B$ with rank less than 2 , or $p \in E B_{1}$. Let $B_{1}^{\prime}=B_{1}$ in the first two cases and $B_{1}^{\prime}=B_{1} \backslash\{p\}$ in the last one. Let $B_{i}^{\prime}=B_{i}$ for $i=2, \ldots, k$. In the case where $p \in E B_{1}$, the vertices $v_{1}$ and $\iota p$ both belong to $B_{1}$ so, we can apply the observation above to assume that $v_{1}=\iota p$. We denote the terminal vertex of $p$ by $w$. We then distinguish two subcases: if $p$ does not separate $B_{1}$ then $B_{1}^{\prime}$ is connected and $r\left(B_{1}\right)=r\left(B_{1}^{\prime}\right)+1$. Otherwise, $B_{1}^{\prime}$ has two components, say $B_{1, \iota}^{\prime}$ for the one containing $v_{1}=\iota p$, and $B_{1, \tau}^{\prime}$ for the one containing $w=\tau p$; furthermore, $r\left(B_{1}\right)=r\left(B_{1, \iota}^{\prime}\right)+r\left(B_{1, \tau}^{\prime}\right)$.

For a general $\beta$, this construction gives no information about the inclusions Fix $\phi_{i} \leq F$, since the edges of $B$ are $\beta$-fixed elements in $\pi Z$ that can be arbitrarily complicated. However, hypothesis 6.1 will allow us to obtain some algebraic information about those eigengroups.
6.3 Lemma Let us suppose that hypothesis 6.1 is satisfied. Using the notation above, if either
(i) $B=B_{0}$, or
(ii) $B \backslash B_{0}=\{p\}$ and $p$ is an edge of some component of $B$ with rank less than 2, or
(iii) $B \backslash B_{0}=\{p\}, p \in E B_{1}, p$ separates $B_{1}$ and either $B_{1, \iota}^{\prime}$ or $B_{1, \tau}^{\prime}$ is a tree, then Fix $\Phi \leq \mathcal{H}\left(Z_{0}\right)$, which is a proper free factor system of $F$.

Proof. Let $Z_{1}, \ldots, Z_{s}$ be the components of $Z_{0}$ with rank at least 2 . For every $i \in\{1, \ldots, k\}$ let $j_{i} \in\{1, \ldots, s\}$ be such that $v_{i} \in V Z_{j_{i}}$ (note that, in general, $j$ is neither one-to-one nor onto as a function of $i$, hence there is no relation between $k$ and $s$ ). Then, $\pi B_{i}^{\prime} \leq \pi Z_{j_{i}}$. In particular, for $i=1, \ldots, k$,

$$
q_{i}^{-1} \cdot \pi B_{i}^{\prime}\left(v_{i}, v_{i}\right) \cdot q_{i} \leq q_{i}^{-1} \cdot \pi Z_{j_{i}}\left(v_{i}, v_{i}\right) \cdot q_{i}
$$

Observe that, for $i \neq 1, B_{i}^{\prime}=B_{i}$ and then the left hand side of the above equation equals Fix $\phi_{i}$. Hence, $\left\{\left[\left[\operatorname{Fix} \phi_{2}\right]\right], \ldots,\left[\left[\right.\right.\right.$ Fix $\left.\left.\left.\phi_{k}\right]\right]\right\} \leq \mathcal{H}\left(Z_{0}\right)$.

It remains to show that also $\left\{\left[\left[\operatorname{Fix} \phi_{1}\right]\right]\right\} \leq \mathcal{H}\left(Z_{0}\right)$. If (i) or (ii) occurs, then $B_{1}^{\prime}=B_{1}$ and the argument above also applies for $i=1$. Assume (iii). If $B_{1, \tau}^{\prime}$ is a tree then $\pi B_{1}^{\prime}\left(v_{1}, v_{1}\right)=\pi B_{1}\left(v_{1}, v_{1}\right)$ and again the argument above still works. So it only remains to consider the case where $B_{1, \iota}^{\prime}$ is a tree (and $B_{1, \tau}^{\prime}$ is not). We have

$$
\operatorname{Fix} \phi_{1}=\pi B_{1}\left(v_{1}, v_{1}\right)=p \cdot \pi B_{1, \tau}^{\prime}(w, w) \cdot p^{-1} \leq p \cdot \pi Z_{j_{1}}(w, w) \cdot p^{-1}
$$

So, [[Fix $\left.\phi_{1}\right]$ ] is contained in the conjugacy class of subgroups of $F$ determined by the connected subgraph $Z_{j_{1}}$ of $Z_{0}$. Thus Fix $\Phi \leq \mathcal{H}\left(Z_{0}\right)$.

Moreover, the free factor system $\mathcal{H}\left(Z_{0}\right)$ of $F$ is proper since $Z_{0}$ is a proper subgraph of $Z$ and $Z$ is a core graph.

This lemma will be applied to the equivalence given by Theorem 5.1. Note that cases (iv)(a) and (iv)(b) there correspond to cases (i) and (ii) here, respectively, and case (iv)(c) corresponds to (ii) or (iii) depending on whether or not the rank of the component of $B$ containing $p$ is less than 2 .

To obtain the following result, it remains to closely analyse the path $p$, in the cases it exists. As will be seen, the case where $\left(\beta, Z, Z_{0}\right)$ is level is the only one where $p$ plays a relevant role; additionally, by Theorem $3.6(\mathrm{v}), p$ is a single edge of $Z$ in this case.
6.4 Theorem Let $\Phi$ be an outer automorphism of a finitely generated free group $F$ such that Fix $\Phi$ is non-trivial; let $\phi \in \Phi$ with $r(\operatorname{Fix} \phi) \geq 2$. There exists a set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi, k \geq 1$, such that one of the following holds:
(i) there is a proper $\Phi$-invariant free factor system $\mathcal{F}$ such that $\operatorname{Fix} \Phi \leq \mathcal{F}$,
(ii) there are two $\phi_{1}$-invariant subgroups $H, K \leq F$ such that $F=H * K$; moreover, Fix $\phi_{1}=\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left(K \cap \operatorname{Fix} \phi_{1}\right), r\left(K \cap \operatorname{Fix} \phi_{1}\right)=1$ and, for each $i=2, \ldots, k$, either $H$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq H$, or $K$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq K$,
(iii) there is a subgroup $H \leq F \phi_{i}$-invariant for every $i=1, \ldots, k$, and nontrivial elements $y \in F$ and $h^{\prime} \in H$, such that $F=H *\langle y\rangle$ and $y \phi_{1}=h^{\prime} y$; moreover, Fix $\phi_{i} \leq H$ if $i \neq 1$, and Fix $\phi_{1}=\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle$ for some non-proper power $1 \neq h \in H$ with $h \phi_{1}=h^{\prime} h h^{\prime-1}$.

Furthermore, the choice can be made so that $\phi=\phi_{i}$ for some $i$.

Proof. By Lemma 2.2, it is sufficient to prove the Theorem with the following weaker statement in place of (iii):
(iii') there is a subgroup $H \leq F \phi_{i}$-invariant for every $i=1, \ldots, k$, and an element $1 \neq y \in F$, such that $F=H *\langle y\rangle$; moreover, Fix $\phi_{i} \leq H$ if $i \neq 1$, and Fix $\phi_{1}=\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle$ for some $1 \neq h \in H$.

The proof then works by induction on $n$, the rank of $F$. The result is vacuous for $n=0,1$. For $n=2$, the result is true using Theorem 1.1 (in this case, $k=1$, (i) cannot happen, and the two possibilities in Collins-Turner Theorem are special cases of (ii) and (iii') here). So, we can assume $n \geq 3$, and that the result is true for free groups of smaller rank.

Note that the result involves both a choice of representatives for $\Phi$, and a choice of basis for $F$. Given such a basis $\left\{x_{1}, \ldots, x_{n}\right\}$ and a set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$, take an element $c \in F$ and consider the new basis $\left\{x_{1}^{c}, \ldots, x_{n}^{c}\right\}$ and the new set of representatives $\left\{\phi_{1}^{\prime}, \ldots, \phi_{k}^{\prime}\right\}$, where $\phi_{i}^{\prime}=\gamma_{c}^{-1} \phi_{i} \gamma_{c} \sim \phi_{i}$. This new set of automorphisms acts on the new basis just as the old one acted on the original basis. Hence, up to a change of basis, we may choose one of the representatives to be our favorite $\phi \in \Phi$, as long as $r(\operatorname{Fix} \phi) \geq 2$. Thus the last statement of the theorem follows as long as we can find some set of representatives for $\Phi$ satisfying the theorem.

Let $\left(\beta, Z, Z_{0}\right)$ be a minimal representative of $\Phi$ (the existence is ensured by Corollary IV.1.2 of [5]). Let us note that, by Theorem 3.6, $\beta$ satisfies hypothesis 6.1. We shall henceforth use the Notation 6.2 applied to $\beta$. We recall that we chose $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ to be an arbitrary set of representatives for $\Phi$. Hence, in order to prove the result, we are still free to change it at our convenience.

By Theorem 3.6 (iv), ( $\beta, Z, Z_{0}$ ) is not null; hence, it is either level or exponential.

Suppose now that $\left(\beta, Z, Z_{0}\right)$ is exponential. By the minimality of $\operatorname{PF}\left(\beta / Z_{0}\right)$, all the representatives of $\Phi$ are also exponential. Consider the integer $r \geq 1$
and the representative $\left(\beta^{\prime}, Z^{\prime}, Z_{0}^{\prime}\right)$ of $\Phi^{r}$ given by Theorem 5.1. Theorem 5.2 implies that ( $\beta^{\prime}, Z^{\prime}, Z_{0}^{\prime}$ ) is exponential and hence, 5.1 (iv) applies and we have (a), (b) or (c). Thus, $\beta^{\prime}$ is in the situation (i), (ii) or (iii) of Lemma 6.3 (see the subsequent comment there). Furthermore, $\beta^{\prime}$ satisfies hypothesis 6.1. Thus, we conclude that Fix $\Phi^{r} \leq \mathcal{H}\left(Z_{0}^{\prime}\right)$, a proper free factor system of $F$. Finally, using the fact Fix $\Phi \leq$ Fix $\Phi^{r}$ and Lemma 4.5, we end up in case (i) of the theorem.

So, we can assume that $\left(\beta, Z, Z_{0}\right)$ is level. By Theorem 3.6 (v), either $B=B_{0}$ or $B \backslash B_{0}=\{e\}$, where $e$ is a $\beta$-fixed edge such that $E Z \backslash E Z_{0}=\{e\}$. Using Lemmas 6.3 and 4.5, the first possibility and some particular cases of the second one immediately leads us to case (i) of the theorem. So, we can assume that $B \backslash B_{0}=\{e\}=E Z \backslash E Z_{0}, e \in E B_{1}$ and either $e$ does not separate $B_{1}$, or it does but into two non-tree components.

Now we distinguish two cases, depending on whether $e$ does or does not separate $Z$ (caution, not $B!$ ).

Case 1: e separates $Z$ (into two components).
Recall that we are using the notation established in 6.2. Let $X$ be the component of $Z_{0}=Z \backslash\{e\}$ containing $v_{1}=\iota e$, and $Y$ be the one containing $w=\tau e$. Since $Z$ is a core graph and $e \beta=e$, both $X$ and $Y$ are $\beta$-invariant subgraphs of $Z$ and neither is a tree. It is clear that $B_{1}$ is the unique component of $B$ with rank $\geq 2$ that has vertices both in $X$ and $Y$. So, renumbering if necessary, we can write $\left\{B_{1}, \ldots, B_{k}\right\}=\left\{B_{1}\right\} \cup\left\{B_{2}, \ldots, B_{l}\right\} \cup\left\{B_{l+1}, \ldots, B_{k}\right\}$, where $\pi B_{i} \leq \pi X$ for $i=2, \ldots, l$ and $\pi B_{i} \leq \pi Y$ for $i=l+1, \ldots, k, 1 \leq l \leq k$. Now, changing $\phi_{2}, \ldots, \phi_{k}$ to appropriate isogredient automorphisms if necessary, we can assume that, for $i=2, \ldots, l, q_{i} \in \pi X\left(v_{i}, v_{1}\right)$ and for $i=l+1, \ldots, k$, $q_{i} \in \pi Y\left(v_{i}, w\right) \cdot e^{-1}$. Moreover, the situation forces $B_{1}^{\prime}$ to be disconnected and recall that, in this case, we were assuming that neither $B_{1, \iota}^{\prime}$ nor $B_{1, \tau}^{\prime}$ is a tree.

Let $L=\pi X\left(v_{1}, v_{1}\right) \leq F$ and $M=e \cdot \pi Y(w, w) \cdot e^{-1} \leq F$. It is straightforward to verify that $L, M \neq 1$ are both $\phi_{1}$-invariant and that $F=L * M$. Furthermore,

$$
\begin{aligned}
\operatorname{Fix} \phi_{1} & =\pi B_{1}\left(v_{1}, v_{1}\right) \\
& =\pi B_{1, \iota}^{\prime}\left(v_{1}, v_{1}\right) *\left(e \cdot \pi B_{1, \tau}^{\prime}(w, w) \cdot e^{-1}\right) \\
& =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right),
\end{aligned}
$$

where $L \cap \operatorname{Fix} \phi_{1} \neq 1$ and $M \cap \operatorname{Fix} \phi_{1} \neq 1$. From the equalities

$$
x \phi_{i}=q_{i}^{-1} \cdot\left(q_{i} \cdot x \cdot q_{i}^{-1}\right) \beta \cdot q_{i} \text { and Fix } \phi_{i}=q_{i}^{-1} \cdot \pi B_{i}\left(v_{i}, v_{i}\right) \cdot q_{i},
$$

and from the $\beta$-invariance of $X$ and $Y$, it is easy to see that, for $i=2, \ldots, l$, $L$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq L$ and, for $i=l+1, \ldots, k, M$ is $\phi_{i}$-invariant
and Fix $\phi_{i} \leq M$.
If $r\left(L \cap \operatorname{Fix} \phi_{1}\right)=1$ then the set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem with $H=M$ and $K=L$. So, we can assume that $r\left(L \cap \operatorname{Fix} \phi_{1}\right) \geq 2$. In particular, $r(L) \geq 2$.

Let us consider now the restriction of $\beta$ to $X, \beta_{X}: X \rightarrow X$. Since $L$ is a free factor of $F$, the restriction of $\phi_{1}$ to $L$ is an automorphism of $L$ and hence, $\beta_{X}$ is an equivalence of $X$. Let $\Phi_{L}=\Phi_{\beta_{X}} \in \operatorname{Out}(L)$. Alternatively, $\Phi_{L}$ can also be defined by simultaneously restricting $\phi_{1}, \ldots, \phi_{l}$ to $L$, and using Lemma 2.3 to see that all these restrictions belong to the same coset of $\operatorname{Inn}(L)$. Although the situation with $\beta_{X}$ is not the same as it was for $\beta$ (for example, $X$ is not in general a core graph, and we know nothing in general about maximal $\beta_{X}$-invariant subgraphs of $X$ ), we can still apply Proposition 3.9 to $\beta_{X}$ and $B_{1, L}^{\prime} \cup B_{2} \cup \cdots \cup B_{l}$ (a basis for Fix $\beta_{x}$ ), and deduce that $\left\{\phi_{1_{L}}, \ldots, \phi_{l_{L}}\right\}$ is a set of representatives for $\Phi_{L}$, and that

$$
\operatorname{Fix} \Phi_{L}=\left\{\left[\left[L \cap \operatorname{Fix} \phi_{1}\right]\right],\left[\left[\operatorname{Fix} \phi_{2}\right]\right], \ldots,\left[\left[\operatorname{Fix} \phi_{l}\right]\right]\right\} .
$$

(recall that Fix $\phi_{2}, \ldots$, Fix $\phi_{l}$ are all contained in $L$ ). Now, it is time to apply the inductive hypothesis to $\Phi_{L}$. Thus, we may find a set of representatives $\left\{\varphi_{1}, \ldots, \varphi_{l}\right\}$ for $\Phi_{L}$ such that $\varphi_{1}=\phi_{1_{L}}, \varphi_{2} \sim \phi_{2_{L}}, \ldots, \varphi_{l} \sim \phi_{l_{L}}$, and their fixed subgroups satisfy the conclusion of the theorem. Also, changing the automorphisms $\phi_{2}, \ldots, \phi_{l}$ to isogredient ones (i.e. changing the paths $q_{i}$ appropriately in $\left.\pi X\left(v_{i}, v_{1}\right), i=2, \ldots, l\right)$ if necessary, we can assume that $\varphi_{2}=\phi_{2_{L}}, \ldots, \varphi_{l}=\phi_{l_{L}}$. So, the situation now is the same as before the application of the inductive hypothesis, but with the extra information that the set of representatives $\left\{\phi_{1_{L}}, \ldots, \phi_{l_{L}}\right\}$ for $\Phi_{L}$ satisfy (i), or (ii), or (iii') of the theorem. Let us distinguish these three subcases.

Subcase 1.1: Fix $\Phi_{L} \leq \mathcal{L}$ for some proper $\Phi_{L}$-invariant free factor system $\mathcal{L}=\left\{\left[\left[L_{1}\right]\right], \ldots,\left[\left[L_{t}\right]\right]\right\}$ of $L$. Choose notation such that $L \cap \operatorname{Fix} \phi_{1} \leq L_{1}$, Fix $\phi_{2} \leq L_{j_{2}}^{x_{2}}, \ldots$, Fix $\phi_{l} \leq L_{j_{l}}^{x_{l}}$ and $L_{1} * L_{2}^{y_{2}} * \cdots * L_{t}^{y_{t}}$ is a free factor of $L$, where $x_{2}, \ldots, x_{l}, y_{2}, \ldots, y_{t} \in L$. Then, $\left(L_{1} * M\right) * L_{2}^{y_{2}} * \cdots * L_{t}^{y_{t}}$ is a free factor of $F=L * M$, which means that $\mathcal{F}=\left\{\left[\left[L_{1} * M\right]\right],\left[\left[L_{2}\right]\right], \ldots,\left[\left[L_{t}\right]\right]\right\}$ is a proper free factor system of $F$. And it is clear that Fix $\Phi \leq \mathcal{F}$. So, using Lemma 4.5, we end up in case (i) of the theorem.

Subcase 1.2: writing $\left\{\phi_{1_{L}}, \ldots, \phi_{l_{L}}\right\}=\left\{\psi_{1}, \ldots, \psi_{l}\right\}$, there are two $\psi_{1}$-invariant subgroups $C, D \leq L$ such that $L=C * D$; moreover,

$$
\text { Fix } \psi_{1}=\left(C \cap \operatorname{Fix} \psi_{1}\right) *\left(D \cap \operatorname{Fix} \psi_{1}\right)
$$

where $r\left(D \cap \operatorname{Fix} \psi_{1}\right)=1$ and for each $j=2, \ldots, l$, either $C$ is $\psi_{j}$-invariant and Fix $\psi_{j} \leq C$, or $D$ is $\psi_{j}$-invariant and Fix $\psi_{j} \leq D$. Let us consider now
the different possibilities, depending on which of the $\phi_{1_{L}}, \ldots, \phi_{l_{L}}$ is equal to $\psi_{1}$, and on the relationship between $\phi_{1_{L}}$ and the subgroups $C$ and $D$.

First suppose that $\psi_{1}=\phi_{1_{L}}$. Let $H=C * M$ and $K=D$. We have

$$
F=L * M=C * D * M=H * K .
$$

Since $C, D$ and $M$ are $\phi_{1}$-invariant, so are $H$ and $K$. Also,

$$
\begin{aligned}
\operatorname{Fix} \phi_{1} & =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right) \\
& =\left(C \cap \operatorname{Fix} \phi_{1}\right) *\left(D \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right) \\
& =\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left(K \cap \operatorname{Fix} \phi_{1}\right),
\end{aligned}
$$

where $r\left(K \cap \operatorname{Fix} \phi_{1}\right)=1$. For every $i=2, \ldots, l$, we know that either $C$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq C$, or $D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq D$. In the first case $H$ is also $\phi_{i}$-invariant by an application of Lemma 2.3 to $\phi_{1}$ and $\phi_{i}$, and Fix $\phi_{i} \leq C \leq H$. And in the second case, we directly have that $K=D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq K$. On the other hand, for every $i=l+1, \ldots, k$, we know that $M$ is $\phi_{i}$-invariant (and then $H$, again by Lemma 2.3) and additionally Fix $\phi_{i} \leq M \leq H$. Hence, the set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem.

Now suppose that $\psi_{1} \neq \phi_{1_{L}}$ and that $C$ is $\phi_{1}$-invariant and $L \cap$ Fix $\phi_{1} \leq C$. Renumbering if necessary, we can assume that $\psi_{1}=\phi_{2_{L}}$. As before, we let $H=C * M$ and $K=D$ (and hence $F=H * K$ ). Since $C$ and $M$ are $\phi_{1^{-}}$ invariant, so is $H$. Also, Fix $\phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right) \leq H$. For $\phi_{2}$ we have

$$
\text { Fix } \begin{aligned}
\phi_{2} & =L \cap \operatorname{Fix} \phi_{2} \\
& =\left(C \cap \operatorname{Fix} \phi_{2}\right) *\left(D \cap \operatorname{Fix} \phi_{2}\right) \\
& =\left(H \cap \operatorname{Fix} \phi_{2}\right) *\left(K \cap \operatorname{Fix} \phi_{2}\right),
\end{aligned}
$$

where $r\left(K \cap \operatorname{Fix} \phi_{2}\right)=1$. Consequently, $H \cap \operatorname{Fix} \phi_{2} \neq 1$ and, since $H$ is $\phi_{1^{-}}$ invariant, Lemma 2.3 implies that $H$ is also $\phi_{2}$-invariant; and we know that $K=D$ is also $\phi_{2}$-invariant. Furthermore, and using the same arguments as in the previous paragraph, for every $i=3, \ldots, k$, either $H$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq H$, or $K$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq K$. Hence, the (ordered) set of representatives $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem, with $\phi_{2}$ playing the distinguished role.

Finally, suppose that $\psi_{1} \neq \phi_{1_{L}}$ and that $D$ is $\phi_{1}$-invariant and $L \cap$ Fix $\phi_{1} \leq D$. Exactly the same argument in the previous paragraph, interchanging $H$ with $K$ and $C$ with $D$, shows that $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ is a set of representatives for $\Phi$ satisfying case (ii) of the theorem with $H=C$ and $K=D * M$.

Subcase 1.3: there is a subgroup $K \leq L \phi_{i}$-invariant for every $i=1, \ldots, l$, and an element $1 \neq y \in L$, such that $L=K *\langle y\rangle($ so, $r(K)=r(L)-1 \geq 1)$; moreover, there is an index $j \in\{1, \ldots, l\}$ such that $L \cap$ Fix $\phi_{i} \leq K$ for $i \neq j$, and $L \cap \operatorname{Fix} \phi_{j}=\left(K \cap \operatorname{Fix} \phi_{j}\right) *\left\langle y^{-1} h y\right\rangle$ for some $1 \neq h \in K$. Renumbering if necessary, we can assume that either $j=1$ or $j=2$.

Let $H=K * M$. We have $F=L * M=K *\langle y\rangle * M=H *\langle y\rangle$. We already know that $K$ and $M$ are $\phi_{1}$-invariant and thus so is $H$. Also, for every $i=2, \ldots, k$, $H \cap \operatorname{Fix} \phi_{i} \neq 1$ and hence, by Lemma 2.3, $H$ is $\phi_{i}$-invariant.

Suppose $j=1$. For every $i=2, \ldots, l$, $\operatorname{Fix} \phi_{i}=L \cap \operatorname{Fix} \phi_{i} \leq K \leq H$, and for $i=l+1, \ldots, k$, Fix $\phi_{i} \leq M \leq H$. Also,

$$
\text { Fix } \begin{aligned}
\phi_{1} & =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right) \\
& =\left(K \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle *\left(M \cap \operatorname{Fix} \phi_{1}\right) \\
& =\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle .
\end{aligned}
$$

Thus, the set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (iii') of the theorem.

Suppose $j=2$. We have Fix $\phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(M \cap \operatorname{Fix} \phi_{1}\right) \leq K * M=H$, and also Fix $\phi_{i} \leq H$ for every $i=3, \ldots, k$, just as in the previous paragraph. Furthermore,

Fix $\phi_{2}=L \cap \operatorname{Fix} \phi_{2}=\left(K \cap \operatorname{Fix} \phi_{2}\right) *\left\langle y^{-1} h y\right\rangle=\left(H \cap \operatorname{Fix} \phi_{2}\right) *\left\langle y^{-1} h y\right\rangle$.
Thus, the set of representatives $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (iii') of the theorem.

This concludes case 1 of the proof.

Case 2: $e$ does not separate $Z$.
In this case, $Z_{0}$ is connected. Consider $L=\pi Z_{0}\left(v_{1}, v_{1}\right)$, a free factor of $F$ with rank $n-1$. Changing $\phi_{2}, \ldots, \phi_{k}$ to appropriate isogredient automorphisms if necessary, we can assume that the paths $q_{i}$ do not cross the edge $e$, i.e. $q_{i} \in \pi Z_{0}\left(v_{i}, v_{1}\right)$. So, from the expression $x \phi_{i}=q_{i}^{-1} \cdot\left(q_{i} \cdot x \cdot q_{i}^{-1}\right) \beta \cdot q_{i}$ and the $\beta$-invariance of $Z_{0}$, we see that $L$ is $\phi_{i}$-invariant for every $i=1, \ldots, k$. Moreover, for $i \neq 1$, the equality

$$
\operatorname{Fix} \phi_{i}=q_{i}^{-1} \cdot \pi B_{i}\left(v_{i}, v_{i}\right) \cdot q_{i}=q_{i}^{-1} \cdot \pi B_{i}^{\prime}\left(v_{i}, v_{i}\right) \cdot q_{i}
$$

tells us that Fix $\phi_{i} \leq L$.
Suppose that $e$ does not separate $B_{1}$ (and so $B_{1}^{\prime}$ is connected). Choose an $r \in \pi B_{1}^{\prime}\left(w, v_{1}\right)$ and let $z=e \cdot r \in \operatorname{Fix} \phi_{1}$, a non-trivial element of $F$. Since $z$
is a path crossing $e$ only once, it is clear that $F=L *\langle z\rangle$. Furthermore,

$$
\text { Fix } \phi_{1}=\pi B_{1}\left(v_{1}, v_{1}\right)=\pi B_{1}^{\prime}\left(v_{1}, v_{1}\right) *\langle e \cdot r\rangle=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\langle z\rangle .
$$

Thus, taking $H=L$ and $K=\langle z\rangle$, we are in case (ii) of the theorem.
So, we can assume that $e$ separates $B_{1}$ into $B_{1, \iota}^{\prime}$ and $B_{1, \tau}^{\prime}$. As noted above, by using Lemmas 6.3 and 4.5, we have reduced to the case where neither $B_{1, \iota}^{\prime}$ nor $B_{1, \tau}^{\prime}$ is a tree. Let $r \in \pi Z_{0}\left(w, v_{1}\right)$. The following arguments will work for every such path, up to a certain point in the proof, when we will choose a specific one to work with. Let $1 \neq z=e \cdot r \in F$. As before, $F=L *\langle z\rangle$ (the difference now is that $z$ is not fixed by $\phi_{1}$ ). Consider the automorphism $\phi_{1}^{\prime} \in \Phi$ given by the $\beta$ fixed vertex $w$ and the path $r \in \pi Z\left(w, v_{1}\right)$, i.e. $x \phi_{1}^{\prime}=r^{-1} \cdot\left(r \cdot x \cdot r^{-1}\right) \beta \cdot r, x \in F$ (and note that Fix $\phi_{i}^{\prime}=r^{-1} \cdot \pi B_{1}(w, w) \cdot r$ ). Observe that Fix $\phi_{1}^{\prime}=\left(\operatorname{Fix} \phi_{1}\right)^{z}$, that $\phi_{1} \sim \phi_{1}^{\prime}=\gamma_{z}^{-1} \phi_{1} \gamma_{z}$. Also note that as $r$ ranges over all paths in $\pi Z_{0}\left(w, v_{1}\right)$, $\phi_{1}^{\prime}$ ranges over all the automorphisms of the form $\gamma_{y}^{-1} \phi_{1} \gamma_{y}, y \in L$. Since $r \in \pi Z_{0}, L$ is also $\phi_{1}^{\prime}$-invariant. We have

$$
\begin{aligned}
\operatorname{Fix} \phi_{1} & =\pi B_{1}\left(v_{1}, v_{1}\right) \\
& =\pi B_{1,,}^{\prime}\left(v_{1}, v_{1}\right) * e \cdot \pi B_{1, \tau}^{\prime}(w, w) \cdot e^{-1} \\
& =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(r^{-1} \cdot \pi B_{1, \tau}^{\prime}(w, w) \cdot r\right)^{r^{-1} \cdot e^{-1}} \\
& =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} .
\end{aligned}
$$

If $r\left(\pi B_{1, \tau}^{\prime}(w, w)\right)=1$ then $L \cap \operatorname{Fix} \phi_{1}^{\prime}=\langle h\rangle$ for some $h \in L$. Hence,

$$
\operatorname{Fix} \phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left\langle z h z^{-1}\right\rangle
$$

allowing us to conclude that we are in case (iii') of the theorem with $H=L$ and $y=z^{-1}$. Thus we can assume that $r\left(\pi B_{1, \tau}^{\prime}(w, w)\right)=r\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right) \geq 2$; in particular, $n-1=r(L) \geq 2$. Since

$$
\operatorname{Fix} \phi_{1}^{\prime}=\left(\operatorname{Fix} \phi_{1}\right)^{z}=\left(L \cap \operatorname{Fix} \phi_{1}\right)^{z} *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)
$$

the same argument works interchanging $\phi_{1}$ with $\phi_{1}^{\prime}$ and $z$ with $z^{-1}$. So, without loss of generality, we may assume $r\left(\pi B_{1, L}^{\prime}\left(v_{1}, v_{1}\right)\right)=r\left(L \cap\right.$ Fix $\left.\phi_{1}\right) \geq 2$. With these assumptions, the components of $B_{0}$ with rank $\geq 2$ are precisely $B_{1, \iota}^{\prime}, B_{1, \tau}^{\prime}, B_{2}, \ldots, B_{k}$.

Let us consider now the restriction of $\beta$ to $Z_{0}, \beta_{0}: Z_{0} \rightarrow Z_{0}$. As we argued in case 1 of the proof, $\beta_{0}$ is an equivalence of $Z_{0}$, which induces an outer automorphism of $L$ which we denote by $\Phi_{L}=\Phi_{\beta_{0}}$. Then, by Proposition 3.9 applied to $\beta_{0}$ and $B_{0}$, we deduce that $\left\{\phi_{1_{L}}, \phi_{1_{L}}^{\prime}, \phi_{2_{L}}, \ldots, \phi_{k_{L}}\right\}$ is a set of representatives for $\Phi_{L}$ and

$$
\operatorname{Fix} \Phi_{L}=\left\{\left[\left[L \cap \operatorname{Fix} \phi_{1}\right]\right],\left[\left[L \cap \operatorname{Fix} \phi_{1}^{\prime}\right]\right],\left[\left[\operatorname{Fix} \phi_{2}\right]\right], \ldots,\left[\left[\operatorname{Fix} \phi_{k}\right]\right]\right\}
$$

(recall that Fix $\phi_{2}, \ldots$, Fix $\phi_{k}$ are all contained in $L$ ). By the inductive hypothesis applied to $\Phi_{L}$, we may find a set of representatives, $\left\{\varphi_{1}, \varphi_{1}^{\prime}, \varphi_{2}, \ldots, \varphi_{k}\right\}$, for $\Phi_{L}$, such that $\varphi_{1}=\phi_{1_{L}}, \varphi_{1}^{\prime} \sim \phi_{1_{L}}^{\prime}, \varphi_{2} \sim \phi_{2_{L}}, \ldots, \varphi_{k} \sim \phi_{k_{L}}$, and their fixed subgroups satisfy the conclusion of the theorem. Recall that we are still free to change the choice of $r \in \pi Z_{0}\left(w, v_{1}\right)$. Doing this appropriately, we may assume that $\varphi_{1}^{\prime}=\phi_{1_{L}}^{\prime}$. Also, changing the automorphisms $\phi_{2}, \ldots, \phi_{k}$ to isogredient ones, if necessary, we may also assume that $\varphi_{2}=\phi_{2_{L}}, \ldots, \varphi_{k}=\phi_{k_{L}}$. So, the situation now is the same as before the application of the inductive hypothesis, but with the extra information that the set of representatives $\left\{\phi_{1_{L}}, \phi_{1_{L}}^{\prime}, \phi_{2_{L}}, \ldots, \phi_{k_{L}}\right\}$ for $\Phi_{L} \in \operatorname{Out}(L)$ satisfy (i), or (ii), or (iii') of the theorem. Let us distinguish these three subcases.

Subcase 2.1: Fix $\Phi_{L} \leq \mathcal{L}$ for some proper $\Phi_{L}$-invariant free factor system $\mathcal{L}=\left\{\left[\left[L_{1}\right]\right], \ldots,\left[\left[L_{t}\right]\right]\right\}$ of $L$. Choose notation such that $L \cap \operatorname{Fix} \phi_{1} \leq L_{1}$, $L \cap$ Fix $\phi_{1}^{\prime} \leq L_{j_{1}}^{x_{1}}$, Fix $\phi_{2} \leq L_{j_{2}}^{x_{2}}, \ldots$, Fix $\phi_{k} \leq L_{j_{k}}^{x_{k}}$ and $L_{1} * L_{2}^{y_{2}} * \cdots * L_{t}^{y_{t}}$ is a free factor of $L$, where $x_{2}, \ldots, x_{k}, y_{2}, \ldots, y_{t} \in L$. Then, $L_{1} * L_{2}^{y_{2}} * \cdots * L_{t}^{y_{t}} *\langle z\rangle$ is a free factor of $F=L *\langle z\rangle$.

Suppose that $j_{1}=1$, and consider the proper free factor system

$$
\mathcal{F}=\left\{\left[\left[L_{1} *\langle z\rangle\right]\right],\left[\left[L_{2}\right]\right], \ldots,\left[\left[L_{t}\right]\right]\right\} .
$$

By changing the choice of $r \in \pi Z_{0}\left(w, v_{1}\right)$ (and hence $z$ and $\phi_{1}^{\prime}$ which depend on $r$ ) if necessary, we can assume $x_{1}=1$. Now,

$$
\text { Fix } \phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq L_{1} *\langle z\rangle
$$

and thus Fix $\Phi \leq \mathcal{F}$. So, by Lemma 4.5, we end up in case (i) of the theorem.
Otherwise, suppose that $j_{1} \neq 1$, say $j_{1}=2$, and note that $x_{1}$ can be taken to be trivial. Since $y_{2} \in L$, we have that $L_{1} * L_{2}^{y_{2}} * \cdots * L_{t}^{y_{t}} *\left\langle z y_{2}\right\rangle$ and then $L_{1} * L_{2}^{z^{-1}} * L_{3}^{y_{3}} * \cdots * L_{t}^{y_{t}} *\left\langle z y_{2}\right\rangle$ are also free factors of $F$. Hence,

$$
\mathcal{F}=\left\{\left[\left[L_{1} * L_{2}^{z^{-1}}\right]\right],\left[\left[L_{3}\right]\right], \ldots,\left[\left[L_{t}\right]\right]\right\}
$$

is a proper free factor system of $F$, and Fix $\Phi \leq \mathcal{F}$. Again, by Lemma 4.5, we are in case (i) of the theorem.

Subcase 2.2: writing $\left\{\phi_{1_{L}}, \phi_{1_{L}}^{\prime}, \phi_{2_{L}}, \ldots, \phi_{k_{L}}\right\}=\left\{\psi_{1}, \ldots, \psi_{k+1}\right\}$, there are two $\psi_{1}$-invariant subgroups $C, D \leq L$ such that $L=C * D$; moreover,

$$
\text { Fix } \psi_{1}=\left(C \cap \operatorname{Fix} \psi_{1}\right) *\left(D \cap \operatorname{Fix} \psi_{1}\right)
$$

where $r\left(D \cap\right.$ Fix $\left.\psi_{1}\right)=1$ and for each $j=2, \ldots, k+1$, either $C$ is $\psi_{j}$-invariant and Fix $\psi_{j} \leq C$, or $D$ is $\psi_{j}$-invariant and Fix $\psi_{j} \leq D$.

Recall that $\phi_{1}^{\prime}=\gamma_{z}^{-1} \phi_{1} \gamma_{z}=\phi_{1} \gamma_{g}$ where $g=\left(z \phi_{1}\right)^{-1} z \in F$. Recall also that

$$
\operatorname{Fix} \phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \text { and Fix } \phi_{1}^{\prime}=\left(\operatorname{Fix} \phi_{1}\right)^{z} .
$$

Let us consider now the different possibilities, depending on which of the automorphisms $\phi_{1_{L}}, \phi_{1_{L}}^{\prime}, \phi_{2_{L}}, \ldots, \phi_{k_{L}}$ is equal to $\psi_{1}$, and on the relationship between $\phi_{1_{L}}, \phi_{1_{L}}^{\prime}$ and $C, D$.

Suppose that $\psi_{1} \neq \phi_{1_{L}}, \phi_{1_{L}}^{\prime}$ and that $C$ is both $\phi_{1^{-}}$and $\phi_{1}^{\prime}$-invariant and $L \cap$ Fix $\phi_{1}, L \cap \operatorname{Fix} \phi_{1}^{\prime} \leq C$. Renumbering if necessary, we can assume that $\psi_{1}=\phi_{2_{L}}$. Let $H=C *\langle z\rangle$ and $K=D$. We have

$$
F=L *\langle z\rangle=C * D *\langle z\rangle=H * K
$$

Since $C$ is $\phi_{1}$-invariant and $C \cap$ Fix $\phi_{1}^{\prime} \neq 1$, Lemma 2.3 implies that $g \in C$. So, $z \phi_{1} \in C *\langle z\rangle$ and $H$ is $\phi_{1}$-invariant. Also,

$$
\text { Fix } \phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq C *\langle z\rangle=H
$$

For $\phi_{2}$ we know that $C \cap$ Fix $\phi_{2}=H \cap L \cap \operatorname{Fix} \phi_{2}=H \cap \operatorname{Fix} \phi_{2}$ and

$$
\text { Fix } \phi_{2}=\left(C \cap \operatorname{Fix} \phi_{2}\right) *\left(D \cap \operatorname{Fix} \phi_{2}\right)=\left(H \cap \operatorname{Fix} \phi_{2}\right) *\left(K \cap \operatorname{Fix} \phi_{2}\right),
$$

where $r\left(K \cap \operatorname{Fix} \phi_{2}\right)=1$ (and so $H \cap \operatorname{Fix} \phi_{2} \neq 1$ ). Additionally, $H$ is $\phi_{1^{-}}$ invariant and intersects Fix $\phi_{2}$ non-trivially. Thus, Lemma 2.3 implies that $H$ is $\phi_{2}$-invariant, while $K=D$ is $\phi_{2}$-invariant by hypothesis. Finally, for each $i=3, \ldots, k$, we know that either $C$ is $\phi_{i}$-invariant and Fix $\phi_{i}=L \cap$ Fix $\phi_{i} \leq C$, or $D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq D$. In the first case $H$ is also $\phi_{i}$-invariant by another application of Lemma 2.3 to $\phi_{1}$ and $\phi_{i}$, and Fix $\phi_{i} \leq C \leq H$. And in the second, by hypothesis, $K=D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq K$. Hence, the set of representatives $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem.

Now suppose that $\psi_{1} \neq \phi_{1_{L}}, \phi_{1_{L}}^{\prime}$ and that $D$ is both $\phi_{1^{-}}$and $\phi_{1}^{\prime}$-invariant and $L \cap \operatorname{Fix} \phi_{1}, L \cap \operatorname{Fix} \phi_{1}^{\prime} \leq D$. Exactly the same argument as before interchanging $C$ with $D$ and $H$ with $K$ shows that the set of representatives $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem with $H=C$ and $K=D *\langle z\rangle$.

Next, suppose that $\psi_{1} \neq \phi_{1_{L}}, \phi_{1_{L}}^{\prime}$ (say $\psi_{1}=\phi_{2_{L}}$ ), that $C$ is $\phi_{1}$-invariant and $L \cap \operatorname{Fix} \phi_{1} \leq C$, and that $D$ is $\phi_{1}^{\prime}$-invariant and $L \cap$ Fix $\phi_{1}^{\prime} \leq D$. In this case let $H=C * D^{z^{-1}}$ and $y=z \neq 1$. Since $F=L *\langle z\rangle=C * D *\langle z\rangle$, we have $F=H *\langle y\rangle$. The equation $\phi_{1}^{\prime}=\gamma_{z}^{-1} \phi_{1} \gamma_{z}$ and the $\phi_{1}^{\prime}$-invariance of $D$ imply that $D^{z^{-1}}$, and so $H$, is $\phi_{1}$-invariant. Also,

$$
\text { Fix } \phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq C * D^{z^{-1}}=H
$$

Concerning $\phi_{2}$, we know that $C \cap \operatorname{Fix} \phi_{2}=H \cap L \cap \operatorname{Fix} \phi_{2}=H \cap \operatorname{Fix} \phi_{2}$ and

$$
\text { Fix } \begin{aligned}
\phi_{2} & =\left(C \cap \operatorname{Fix} \phi_{2}\right) *\left(D \cap \operatorname{Fix} \phi_{2}\right) \\
& =\left(H \cap \operatorname{Fix} \phi_{2}\right) *\langle d\rangle \\
& =\left(H \cap \operatorname{Fix} \phi_{2}\right) *\left\langle y^{-1} h y\right\rangle,
\end{aligned}
$$

for some $1 \neq d \in D$ and $1 \neq h=y d y^{-1} \in H$ (and so, $1 \neq H \cap \operatorname{Fix} \phi_{2}$ ). Additionally, $H$ is $\phi_{1}$-invariant and intersects Fix $\phi_{2}$ non-trivially so, Lemma 2.3 implies that $H$ is also $\phi_{2}$-invariant. Finally, for each $i=3, \ldots, k$, we know that either $C$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq C$, or $D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq D$. In the first case, another application of Lemma 2.3 says that $H$ is also $\phi_{i^{-}}$ invariant, and clearly Fix $\phi_{i} \leq H$. In the second one, we replace $\phi_{i}$ by the isogredient automorphism $\gamma_{z} \phi_{i} \gamma_{z}^{-1}$, and analogously we deduce that

$$
\text { Fix } \gamma_{z} \phi_{i} \gamma_{z}^{-1}=\left(\operatorname{Fix} \phi_{i}\right)^{z^{-1}} \leq D^{z^{-1}} \leq H
$$

and $H$ is $\left(\gamma_{z} \phi_{i} \gamma_{z}^{-1}\right)$-invariant. Hence, we conclude that there is a set of representatives for $\Phi$ satisfying case (iii') of the theorem with $H=C * D^{z^{-1}}$ and $y=z$.

Suppose that $\psi_{1} \neq \phi_{1_{L}}, \phi_{1_{L}}^{\prime}$, that $D$ is $\phi_{1}$-invariant and $L \cap \operatorname{Fix} \phi_{1} \leq D$, and that $C$ is $\phi_{1}^{\prime}$-invariant and $L \cap$ Fix $\phi_{1}^{\prime} \leq C$. Exactly the same argument as before interchanging $\phi_{1}$ with $\phi_{1}^{\prime}$ and inverting $z$ shows that there is a set of representatives for $\Phi$ satisfying case (iii') of the theorem with $H=C * D^{z}$ and $y=z^{-1}$.

So, we have reduced the discussion of the present subcase to the situation where $\psi_{1} \in\left\{\phi_{1_{L}}, \phi_{1_{L}}^{\prime}\right\}$. We will only discuss what happens when $\psi_{1}=\phi_{1_{L}}$. For the other possibility, exactly the same arguments interchanging $\phi_{1}$ with $\phi_{1}^{\prime}$ and inverting $z$ will work. We have a further two possibilities here.

In the first of these possibilities, we consider what happens if $\psi_{1}=\phi_{1_{L}}, C$ is $\phi_{1}^{\prime}$-invariant and $L \cap$ Fix $\phi_{1}^{\prime} \leq C$. Let $H=C *\langle z\rangle$ and $K=D$. As above, $F=H * K$. We already know that $C$ and $D$ are $\phi_{1}$-invariant, and hence another application of Lemma 2.3 to $\phi_{1}$ and $\phi_{1}^{\prime}=\phi_{1} \gamma_{g}$, says that $g \in C$ and so $H$ is also $\phi_{1}$-invariant. Further,

$$
\begin{aligned}
\text { Fix } \phi_{1} & =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& =\left(C \cap \operatorname{Fix} \phi_{1}\right) *\left(D \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& =\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left(K \cap \operatorname{Fix} \phi_{1}\right),
\end{aligned}
$$

where $r\left(K \cap \operatorname{Fix} \phi_{1}\right)=1$, and the last equality is valid because the fact that $\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq C^{z^{-1}} \leq H$ justifies one inclusion, while the other inclusion is clear. (Note that the last expression is a free product because
$H \cap K=1$ ). On the other hand, we know that for each $i=2, \ldots, k$, either $C$ is $\phi_{i}$-invariant and Fix $\phi_{i}=L \cap$ Fix $\phi_{i} \leq C \leq H$, or $D$ is $\phi_{i}$-invariant and Fix $\phi_{i}=L \cap \operatorname{Fix} \phi_{i} \leq D=K$. And in the first case, another application of Lemma 2.3 applied to $\phi_{1}$ and $\phi_{i}$ says that $H$ is also $\phi_{i}$-invariant. Hence, the set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (ii) of the theorem with $H=C *\langle z\rangle$ and $K=D$.

The second possibility to consider is where $\psi_{1}=\phi_{1_{L}}, D$ is $\phi_{1}^{\prime}$-invariant and $L \cap \operatorname{Fix} \phi_{1}^{\prime} \leq D$. Let $H=C * D^{z^{-1}}$ and $y=z \neq 1$. As in the cases above, $F=H *\langle y\rangle$ and $H$ is $\phi_{1}$-invariant. Also, since $\left(L \cap \text { Fix } \phi_{1}^{\prime}\right)^{z^{-1}} \leq D^{z^{-1}} \leq H$,

$$
\begin{aligned}
\text { Fix } \phi_{1} & =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& =\left(C \cap \operatorname{Fix} \phi_{1}\right) *\left(D \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& =\left(H \cap \operatorname{Fix} \phi_{1}\right) *\langle d\rangle \\
& =\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle,
\end{aligned}
$$

where $D \cap$ Fix $\phi_{1}=\langle d\rangle \neq 1$ and $1 \neq h=y d y^{-1} \in H$. On the other hand, for each $i=2, \ldots, k$, we know that either $C$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq C$, or $D$ is $\phi_{i}$-invariant and Fix $\phi_{i} \leq D$. In the first case, another application of Lemma 2.3 says that $H$ is also $\phi_{i}$-invariant, and clearly Fix $\phi_{i} \leq C \leq H$. In the second one, we replace $\phi_{i}$ by the isogredient automorphism $\gamma_{z} \phi_{i} \gamma_{z}^{-1}$, and analogously we deduce that Fix $\gamma_{z} \phi_{i} \gamma_{z}^{-1}=\left(\operatorname{Fix} \phi_{i}\right)^{z^{-1}} \leq D^{z^{-1}} \leq H$ and $H$ is $\left(\gamma_{z} \phi_{i} \gamma_{z}^{-1}\right)$-invariant. Hence, we conclude that there is a set of representatives for $\Phi$ satisfying case (iii') of the theorem with $H=C * D^{z^{-1}}$ and $y=z$.

Subcase 2.3: writing $\left\{\phi_{1_{L}}, \phi_{1_{L}}^{\prime}, \phi_{2_{L}}, \ldots, \phi_{k_{L}}\right\}=\left\{\psi_{1}, \ldots, \psi_{k+1}\right\}$, there is a subgroup $K \leq L$ which is $\psi_{j}$-invariant for every $j=1, \ldots, k+1$, and an element $1 \neq y \in L$, such that $L=K *\langle y\rangle$ (so, $r(K)=n-2 \geq 1$ ); moreover, Fix $\psi_{j} \leq K$ if $j \neq 1$, and Fix $\psi_{1}=\left(K \cap \operatorname{Fix} \psi_{1}\right) *\left\langle y^{-1} h y\right\rangle$ for some $1 \neq h \in K$.

Let $H=K *\langle z\rangle$. Then, $F=L *\langle z\rangle=K *\langle y\rangle *\langle z\rangle=H *\langle y\rangle$ and we claim that $H$ is $\phi_{i}$-invariant for every $i=1, \ldots, k$. We already know that $K$ is $\phi_{i}$-invariant. Furthermore, for $i=1$ recall that $\phi_{1}^{\prime}=\gamma_{z}^{-1} \phi_{1} \gamma_{z}=\phi_{1} \gamma_{g}$, where $g=\left(z \phi_{1}\right)^{-1} z \in F$. But $K$ is a free factor of $F$ which is invariant under $\phi_{1}$ and $K \cap$ Fix $\phi_{1}^{\prime} \neq 1$. So, by Lemma 2.3, $g \in K$ and hence $z \phi_{1} \in H$. Thus, $H$ is $\phi_{1}$-invariant. For $i=2, \ldots, k$, write $\phi_{i}=\phi_{1} \gamma_{x_{i}}$ for some $x_{i} \in F$ and the same argument shows that $x_{i} \in K$. So, $z \phi_{i} \in H$ and $H$ is $\phi_{i}$-invariant.

Suppose that $\psi_{1}=\phi_{1_{L}}$. Then, for $i \neq 1$, Fix $\phi_{i} \leq K \leq H$ and we claim that Fix $\phi_{1}=\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle$. One of the two inclusions is trivial. For the
other, recall that $L \cap$ Fix $\phi_{1}^{\prime} \leq K$ and so $\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq H$. Then,

$$
\text { Fix } \begin{aligned}
\phi_{1} & =\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& =\left(K \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \\
& \leq\left(H \cap \operatorname{Fix} \phi_{1}\right) *\left\langle y^{-1} h y\right\rangle,
\end{aligned}
$$

where $1 \neq h \in K \leq H$. Hence, the set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (iii') of the theorem.

Suppose that $\psi_{1}=\phi_{1_{L}}^{\prime}$. Exactly the same argument as before interchanging $\phi_{1_{L}}$ with $\phi_{1_{L}}^{\prime}$, and $z$ with $z^{-1}$, leads to the conclusion that the set of representatives $\left\{\phi_{1}^{\prime}, \phi_{2}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (iii') of the theorem.

Finally, suppose that $\psi_{1} \neq \phi_{1_{L}}, \phi_{1_{L}}^{\prime}$, say $\psi_{1}=\phi_{2_{L}}$. Then, the following subgroups $L \cap$ Fix $\phi_{1}$, $L \cap$ Fix $\phi_{1}^{\prime}$, Fix $\phi_{3}, \ldots$, Fix $\phi_{k}$ are all subgroups of $K \leq H$. In particular, Fix $\phi_{1}=\left(L \cap \operatorname{Fix} \phi_{1}\right) *\left(L \cap \operatorname{Fix} \phi_{1}^{\prime}\right)^{z^{-1}} \leq H$. And Fix $\phi_{2}=L \cap$ Fix $\phi_{2}=\left(K \cap\right.$ Fix $\left.\phi_{2}\right) *\left\langle y^{-1} h y\right\rangle=\left(H \cap\right.$ Fix $\left.\phi_{2}\right) *\left\langle y^{-1} h y\right\rangle$, where $1 \neq h \in K \leq H$. Hence, the set of representatives $\left\{\phi_{2}, \phi_{1}, \phi_{3}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfies case (iii') of the theorem.

This completes case 2, and the whole proof of the theorem.

## 7 The main Theorem

As immediate consequences of Theorem 6.4, we can deduce Theorem 1.3 concerning single automorphisms, and Theorem 1.4 providing a more explicit description of what a 1-auto-fixed subgroup of $F$ looks like.
1.3 Theorem Let $\phi$ be an automorphism of a finitely generated free group $F$. Then, either Fix $\phi$ is cyclic or there exists a non-trivial free factorisation $F=H * K$ such that $H$ is $\phi$-invariant and one of the following holds:
(i) Fix $\phi \leq H$,
(ii) $K$ is also $\phi$-invariant and Fix $\phi=(H \cap \operatorname{Fix} \phi) *(K \cap \operatorname{Fix} \phi)$, where $r(K \cap \operatorname{Fix} \phi)=1$,
(iii) there exist non-trivial elements $y \in F, h, h^{\prime} \in H$, such that $K=\langle y\rangle$, $y \phi=h^{\prime} y, h$ is not a proper power, Fix $\phi=(H \cap \operatorname{Fix} \phi) *\left\langle y^{-1} h y\right\rangle$ and $h \phi=h^{\prime} h h^{-1}$.

Proof. If Fix $\phi$ is cyclic we are done. Otherwise, apply Theorem 6.4 to the outer automorphism $\Phi$ containing $\phi$. We obtain a set of representatives $\left\{\phi_{1}, \ldots, \phi_{k}\right\}$ for $\Phi$ satisfying 6.4(i), or 6.4(ii) or 6.4(iii), and such that $\phi=\phi_{i}$ for some $i$.

If $6.4(\mathrm{i})$ holds then Fix $\phi$ is contained in a proper free factor of $F$. Applying Lemma 2.1, we end up in case (i).

Suppose that 6.4(ii) holds. If $\phi=\phi_{1}$ we are in case (ii); otherwise, in case (i).
Finally, suppose 6.4(iii). If $\phi=\phi_{1}$ we are in case (iii); otherwise, in case (i).
1.4 Theorem Let $F$ be a non-trivial finitely generated free group and let $\phi \in \operatorname{Aut}(F)$ with Fix $\phi \neq 1$. Then, there exist integers $r, s \geq 0$, $\phi$-invariant non-trivial subgroups $K_{1}, \ldots, K_{r} \leq F$, primitive elements $y_{1}, \ldots, y_{s} \in F$, a subgroup $L \leq F$, and elements $1 \neq h_{j}^{\prime} \in H_{j}=K_{1} * \cdots * K_{r} *\left\langle y_{1}, \ldots, y_{j}\right\rangle$, $j=0, \ldots, s-1$, such that

$$
F=K_{1} * \cdots * K_{r} *\left\langle y_{1}, \ldots, y_{s}\right\rangle * L
$$

and $y_{j} \phi=h_{j-1}^{\prime} y_{j}$ for $j=1, \ldots, s ;$ moreover,

$$
\operatorname{Fix} \phi=\left\langle w_{1}, \ldots, w_{r}, y_{1}^{-1} h_{0} y_{1}, \ldots, y_{s}^{-1} h_{s-1} y_{s}\right\rangle
$$

for some non-proper powers $1 \neq w_{i} \in K_{i}$ and some $1 \neq h_{j} \in H_{j}$ such that $h_{j} \phi=h_{j}^{\prime} h_{j} h_{j}^{\prime-1}, i=1, \ldots, r, j=0, \ldots, s-1$.

Proof. The proof is by induction on the rank of $F$. If $r(F)=1$, then $\phi$ must be the identity map and the result is clear. So, suppose $r(F) \geq 2$ and the result known for free groups of smaller rank.

If Fix $\phi$ has rank 1, take $r=1, K_{1}=F, s=0$ and $L=1$, and we are done.
Otherwise, apply Theorem 1.3 to $\phi$. We obtain a non-trivial free factorisation $F=H * K$ such that $H$ is $\phi$-invariant and one of 1.3 (i), or 1.3 (ii) or 1.3 (iii) is satisfied. Let us apply the inductive hypothesis to $\phi_{H} \in \operatorname{Aut}(H)$ (using the notation above) and distinguish the three cases.

If Fix $\phi \leq H$ then changing $L$ to $L * K$, we are done.
If $K$ is $\phi$-invariant and Fix $\phi=(H \cap$ Fix $\phi) *(K \cap$ Fix $\phi)$ with the second factor $K \cap \operatorname{Fix} \phi=\langle w\rangle \neq 1$, then increasing $r$ to $r+1$ and adding $K_{r+1}=K \neq 1$ and $w_{r+1}=w$ to the previous structure, we are done.

Finally, if there exist non-trivial elements $y \in F$ and $h, h^{\prime} \in H$, such that $K=\langle y\rangle, y \phi=h^{\prime} y, h$ is not a proper power, Fix $\phi=(H \cap \operatorname{Fix} \phi) *\left\langle y^{-1} h y\right\rangle$ and $h \phi=h^{\prime} h h^{\prime-1}$, then increasing $s$ to $s+1$ and adding $y_{s+1}=y, h_{s}^{\prime}=h^{\prime}$ and $h_{s}=h$ to the previous structure, we are done.

Observe that, from the description in Theorem 1.4 (or an application of Theorem 1.3 and a simple inductive argument), one can immediately deduce Bestvina-Handel Theorem: $r($ Fix $\phi) \leq r(F)$ for every $\phi \in \operatorname{Aut}(F)$. In fact,
every $K_{i}$ contributes with one unity to the left hand side and with $r\left(K_{i}\right) \geq 1$ to the right hand side; every $y_{j}$ contributes with one unity to both sides; and $L$ contributes nothing to the left.

## Appendix

We will justify in this appendix the construction of the automorphism given in 1.2 (iii). First we prove a technical lemma.

Lemma Let $F$ be a free group, $K \leq F$ a finitely generated subgroup, and let $h \neq 1$ and $u_{i}, i \in I$, be elements of $F$. If $h^{u_{i}} \in K$ for every $i \in I$ then, the set $\left\{u_{i} K \mid i \in I\right\}$ of right cosets of $K$ is finite.

Proof. Pick a basis $X$ for $F$, and consider the coset graph $Z$ of $K \leq F$ with respect to $X$, i.e. the covering with fundamental group $K$, of the bouquet labelled with the elements of $X$. The vertices of this graph are the right cosets $g K$ of $K$ and, for every $x \in X$, there is an edge from $g K$ to $x g K, g \in F$ (see [15] for more details). Observe that the finite generation of $K$ implies that the core $c(Z)$ is finite.

For every $i \in I$, we have $u_{i}^{-1} h u_{i} \in K$ and so $h u_{i} K=u_{i} K$. Since $h \neq 1$, the $X$-reduced form of $h$ determines a non-trivial closed path in $Z$ based at $u_{i} K$. This implies that the distance (in the graph $Z$ ) from the vertex $u_{i} K$ to the subgraph $c(Z)$ is not more than $|h|_{X} / 2$. The finiteness of $c(Z)$ together with this uniform upper bound imply that $\left\{u_{i} K \mid i \in I\right\}$ is a finite set of vertices.

Proposition Let $\left\{a_{1}, \ldots, a_{n-1}\right\}$ be a basis for $H$, let $\varphi \in \operatorname{Aut}(H)$ and suppose that $h \varphi=h^{\prime} h h^{\prime-1}$ for some $1 \neq h, h^{\prime} \in H$ with $h$ not a proper power. By adding a new free generator $y$, we obtain a bigger free group $F$, and $\varphi$ can be extended to an automorphism $\phi \in \operatorname{Aut}(F)$ by setting $a_{i} \phi_{r}=a_{i} \varphi$ for $i=1, \ldots, n-1$, and $y \phi_{r}=h^{\prime} h^{r} y$. Then, $\phi_{r_{H}}=\varphi$ and, for all but finitely many choices of the integer $r$, the fixed subgroup of $\phi_{r}$ is precisely $\operatorname{Fix} \phi_{r}=\operatorname{Fix} \varphi *\left\langle y^{-1} h y\right\rangle$.

Proof. The inclusion Fix $\phi_{r} \geq \operatorname{Fix} \varphi *\left\langle y^{-1} h y\right\rangle$ is clear for every $r$. So, it only remains to show the other inclusion, for every $r$ except finitely many.

The result holds if $H$ is cyclic as in this case, $h$ is a generator of $H$ and a simple cancellation argument shows the equality is satisfied for every integer $r$ except that with $h^{\prime} h^{r}=1$. Alternatively, it is clear that the only subgroup of $F=\langle h, y\rangle$ properly containing $\left\langle h, y^{-1} h y\right\rangle$ is $F$ itself, which is not equal to Fix $\phi_{r}$ except when $h^{\prime} h^{r}=1$.

So, assume that $r(H) \geq 2$. Consider the automorphisms of $H$ given by the equation $\varphi_{r}=\varphi \gamma_{h^{\prime} h^{r}}, r \in \mathbb{Z}$. Observe that $h \in \operatorname{Fix} \varphi_{r}$ for all $r$, and that
$\varphi_{r}=\varphi_{r^{\prime}}$ if, and only if, $r=r^{\prime}$ (since $r(H) \geq 2$ ).
Fix a value of $r$ and consider the set $S_{r}$ of those integers $s$ for which $\varphi_{s}$ is isogredient to $\varphi_{r}$. For every $s \in S_{r}$, let $u_{s} \in H$ be such that $\varphi_{r}=\gamma_{u_{s}}^{-1} \varphi_{s} \gamma_{u_{s}}$. Thus for $s \in S_{r}$ and every $x \in H$,

$$
\begin{aligned}
(x \varphi)^{h^{\prime} h^{r}} & =x \varphi_{r} \\
& =x \gamma_{u_{s}}^{-1} \varphi_{s} \gamma_{u_{s}} \\
& =x \gamma_{u_{s}}^{-1} \varphi \gamma_{h^{\prime} h^{s}} \gamma_{u_{s}} \\
& =(x \varphi)^{\left(u_{s} \varphi\right)^{-1} h^{\prime} h^{s} u_{s}} .
\end{aligned}
$$

Thus, since $r(H) \geq 2$, we deduce that $u_{s} \varphi=h^{\prime} h^{s} u_{s} h^{-r} h^{\prime-1}$. Now, a simple computation shows that, for every such $s, h^{u_{s}} \in \operatorname{Fix} \varphi_{r}$. Since Fix $\varphi_{r}$ is finitely generated, the previous lemma says that the set $\left\{u_{s} \mathrm{Fix} \varphi_{r} \mid s \in S_{r}\right\}$ of right cosets of Fix $\varphi_{r}$ in $H$ is finite. And it is straightforward to verify that for $s, s^{\prime} \in S_{r}, u_{s} \operatorname{Fix} \varphi_{r}=u_{s^{\prime}}$ Fix $\varphi_{r}$ if, and only if, $s=s^{\prime}$. Hence, $S_{r}$ is finite, that is, each $\varphi_{r}$ is isogredient to only finitely many of the others.

Now, applying Theorem 3.10 to the outer automorphism $\Psi \in \operatorname{Out}(H)$ determined by $\varphi_{r}$, there exist a finite set $S$ of integers such that Fix $\varphi_{r}$ is cyclic for all $r \notin S$. Since $h \in \operatorname{Fix} \varphi_{r}$ and it is not a proper power, we have Fix $\varphi_{r}=\langle h\rangle$ for all $r \notin S$. Moreover, for every such value of $r$, we have $\left|S_{r}\right|=1$, since $s \in S_{r}$ implies $h, h^{u_{s}} \in$ Fix $\varphi_{r}$ and hence $u_{s} \in\langle h\rangle$ forcing $\varphi_{r}=\varphi_{s}$ and $r=s$. Thus, we deduce that for $1 \neq r \notin S$, hence for all but finitely many $r$, Fix $\varphi_{r}=\langle h\rangle$ and $\varphi_{r} \neq \gamma_{u}^{-1} \varphi \gamma_{u}$ for every $u \in H$.

Now, take such a value of $r$ and consider the automorphism $\phi_{r} \in \operatorname{Aut}(F)$ above. A simple cancellation argument shows that any $\phi_{r}$-fixed word $w \in F$ can be written as a product of $\phi_{r}$-fixed words of the form $u,(u y)^{\epsilon}$ or $y^{-1} u y$, for some $u \in H, \epsilon= \pm 1$. The second type never occurs since $(u y) \phi_{r}=u y$ implies $u \varphi=u h^{-r} h^{\prime-1}$ and $\gamma_{u}^{-1} \varphi \gamma_{u}=\varphi_{r}$, which is not the case. Similarly, one can prove that $\left(y^{-1} u y\right) \phi_{r}=y^{-1} u y$ implies $u \in \operatorname{Fix} \varphi_{r}=\langle h\rangle$. Thus, Fix $\phi_{r}=\operatorname{Fix} \varphi *\left\langle y^{-1} h y\right\rangle$, and this is valid for all but finitely many $r$.

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