

Conference Paper

Research on the Application of Artistic Education Method in Ideological and Political Work in Medical Colleges

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Abstract

Under the influence of the employment pressure, the psychological problems of students in medical colleges are very serious. Based on previous work experience, this article summarizes the relationship between artistic education method and ideological and political work, discusses the application of artistic education method in ideological and political work in medical colleges from the following four aspects: Cultivate students' thinking and ability of lifelong art education, deepen reform of teaching materials and teaching ideas, construct campus public art environment, and add rich art education activities in political education work.

Keywords: medical colleges, ideological and political work, artistic education method

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1. Introduction

University era is a critical period when students' consciousness and quality gradually mature. With the transformation and development of our country's society, college students, as a special youth group, have begun to expose their psychological problems at different levels. If it cannot be timely adjusted and combed, it will have an impact on college students themselves. Today, psychological problems and mental illnesses are one of the most important obstacles to the development of young people. According to relevant data from the Ministry of Education, 20% of college students have different degrees of psychological problems, which also highlights the importance of university ideological work.

2. Overview of Artistic Education Method in Medical Colleges and Analysis of Current College Students' Status

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2.1. Overview of artistic education method in medical colleges

With the development in recent years, people have a new understanding in the field of art education, there have also been great changes in educational concepts and systems, the advocacy of quality education has become the main promoter of this transformation. The "Decision of the State Council on Deepening Education Reform and Promoting Quality Education in an All-round Way" clearly states: In the implementation of quality education, we should fully implement the Party's guidelines and policies, improve the basic quality of the people as the main purpose, train a more comprehensive successor for quality education. In the development of medical schools, art education is also part of quality education. Therefore, art education in medical school should also be popularized, not a simple skill education. In addition, the emergence of quality education has enabled the effective expansion of artistic education methods in medical colleges and the creation of many art education courses. This also reflects the changing trend of higher education in China. To some extent, it has also changed the talent training way by art education. However, in the course of actual teaching, there are still many people who fail to realize the deep meaning of education and have not achieved substantive results. Therefore, in the process of perfecting the arts and education methods, people need to summarize the existing problems, so as to achieve the comprehensive development of medical college graduates.

2.2. Analysis of current college students' status

First of all, due to the excessive love of family education, current college students do not have strong anti-pressure ability. The family is the first teacher of the child, most of the college students are only children at present, and they have a strong self-consciousness when they live in a carefree environment. Before the beginning of college life, their life track was very smooth, seldom experienced setbacks and failures. Thus, when students enter the university, they begin to face various kinds of pressure and have a serious impact on their psychology. Secondly, the communication ability of college students is very weak. Before entering the university, they are generally immersed in the examination and do not have too much contact with the society. After entering the university life, many college students begin to appear unsociable and do not know how to express themselves. Some students also have low self-esteem in life and even anxiety due to the influence of family poverty. Finally, the psychological anxiety caused by the employment situation. In 2013, for example, China has the most

difficult employment situation in the history of graduates. Many students have caused different psychological problems due to employment pressure [1].

3. The Relationship Between Artistic Education Method and Ideological and Political Work

In the artistic education method, it is not only the simple music art education, but in the broad sense, "art education" is the core of aesthetic education, which is the core of cultivating human's all-round development [2]. In real life, people are more or less connected with art, such as reading novels, watching movies, writing articles, etc. It can be seen that the art education method can promote the change of psychological structure [3]. In other words, the existence of artistic education is mainly to cultivate healthy people. Therefore, the integration of artistic education method into the work of ideological and political education among college students will enable the training of more talented people.

3.1. Artistic education method means creative experience in ideological and political work

With the development of art education, students are given more ability to discover the beauty, know the beauty, and create the beauty. They also love and pursue beauty, and then translate this beauty consciousness into a new learning consciousness and learning concept. College students have further sublimated in terms of morality and sentiment. In general, the use of artistic education method to carry out ideological education work, is not only a kind of brand-new attempt, but also the fundamental embodiment of medical school education mode innovation, this can bring fresh ideas to students, infiltrate the students internally, unknowingly influence the students' innermost feelings at the same time. Especially in students groups with a particularly sensitive mind, through the role of artistic education method, we can completely change their psychology. It can also be seen that the use of artistic education methods to carry out ideological and political work can improve the in-depth and influence of this work and provide basic conditions for the development of students [4].

3.2. Artistic education method enriched the connotation of ideological and political work

From the actual education effect, art education has a strong "advocacy virtue". The development of ideological work is relatively boring, through the effective penetration of art education methods, ideological and political work can be filled with fun and add a bit of passion [5]. In this way, students are willing to cooperate with relevant work, like the new education mode, and find out their own shortcomings. The connection between artistic education method and ideological work is very close, and it is also an important way to enrich students' ideological connotation. In addition, the artwork contains the author's thoughts and feelings and his understanding of society. The education staff can make full use of this feature, allow students to learn more knowledge from the work of art and provide a basis for future work and life.

3.3. Artistic education method enrich the methods of ideological and political work

The artistic education method can provide more art education for ideological and political work, which is also commonly referred to as the increase of "human interest". The main body of the ideological work is mainly to carry out emotional communication with the object. If there is a lack of emotional tone in the process of communication, the information sent by the subject will be difficult for the work object to accept. As the saying goes "People's ideological weapons must not be left with only one stick", the main purpose of this sentence is a reasonable interpretation of this principle. In the process of medical school work, due to various factors, there is not a mature working mechanism, methods and means tend to be generalized. Therefore, ideological work can easily be replaced by some political work methods, so that normal work can be misunderstood. In the process of ideological and political work, we need to take appropriate artistic education method, to make the ideological and political work more close to the heart of the student, using fun way to increase the feasibility of the ideological work, so that it is accepted by more people. As a result, the ideological work of college students in medical colleges is more likely to achieve the desired results.

4. The Application of Artistic Education Method in Ideological and Political Work in Medical Colleges

4.1. Cultivate students' thinking and ability of lifelong art education

Combination of artistic education method in ideological work, is not only just about instilling art in students, and cannot carry out more elite education model, but carry out the all-round development of universal and equal education on the basis of medical college students. Because the medical college has strong professional, the artistic education method is not in order to develop a special artistic talent, but to provide the necessary conditions for the formation of healthy personality, such as make every student obtain artistic edification, improve the aesthetic ability. German education scientists started with the "reflective" problem of university education and scientific research, point out that in the process of college students cultivate, we need to let the students have the pursuit of truth and knowledge and creativity, and reflect on the knowledge by using the original knowledge. Under the influence of quality education, art education has become an inseparable part. From the perspective of ideological and political work, it is necessary to make reasonable improvement of traditional education thinking in order to ensure that college students form a sound personality during the learning process. In the process of the construction of colleges and universities, they have the heavy responsibility of enriching social capital and cultural capital. No matter what kind of occupation the college students pursue in the future, no matter how much experience they accumulate in the professional field, the humanistic and artistic quality must be possessed. Therefore, the medical ideological and political work staffs should make a positive summary of the existing students' psychological problems, comprehensively construct the campus art and culture atmosphere with the artistic education method as the foundation, infiltrate in the student life and the study, set up the lifelong art education thought and the ability, provide a good foundation for ideological work [6].

4.2. Construct campus public art environment

The quality of campus life depends partly on the construction of the active site and the fixed building. Every student on campus enjoys the same education opportunity, and most of the life and study is related to teachers. In this education environment, students will have a lot of psychological changes. Therefore, ideological and political work is particularly important. The open education environment is the best place to implement artistic education methods, related teachers and staff need to summarize

the rule, give full play to the art cells of the student through different teaching modes and activity. In addition, the school should support the activity of this type, strengthen the art exchange and study between students, and make sure the students' psychology developing in a normal direction. Teachers should make rational use of positive places, to stimulate the positive emotions of students, to improve students' initiative of learning in art, to facilitate access to "teach" and "learning" interactive effect.

4.3. Deepen reform of teaching materials and teaching ideas

The teaching of modern medical school emphasizes practicality and interestingness, stimulates the students to generate active learning consciousness by interest. Thought ideological and political work, students can realize the importance of learning on their own development and solve the psychological problems existing in the learning process. Relevant staffs can use the artistic education to inspire students' inherent potential and humanistic artistic quality, combine the students' commonness and individuality. In this way, teachers can use ideological work to guide students to study independently and improve students' development potential. In addition, colleges need to perfect art activities management, open to the teaching of arts in specification, provide basic conditions for subsequent teaching quality of ascension [7].

4.4. Strengthen the construction of artistic education course

In the design of art courses in medical school, the form of art interest team can be adopted to establish the foundation of trust through communication. Although the artistic education in medical school started late, the development speed is very fast, especially in the establishment of the association, the number of school associations is constantly improving. Due to the reasonable establishment of artistic education course, the students can get the aesthetic experience in a relaxed atmosphere and get the ideological and political influence unconsciously. For example, a medical college in the course of the construction of artistic education course, has carried out a questionnaire survey on the students' needs and wishes, and set up art courses and activities based on respect for students' choice. In addition, in the design of specialized courses, the school also incorporates some artistic factors to fully reflect the comprehensive curriculum construction, thus provides students with more opportunities to practice education.

5. Conclusion

In conclusion, to integrate artistic education in the ideological and political work, is an innovative form in medical colleges, can not only improve students' reception, but also establish good communication between teachers and students. In addition, due to the implementation of education, medical students have more opportunities to improve themselves. Under the influence of artistic factors, students' psychology problems will be eliminated, which will bring positive significance to the construction of campus culture.

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