

1           **Late Holocene sea-surface temperature and precipitation**  
2           **variability in northern Patagonia, Chile (Jacaf Fjord, 44°S)**

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22           precipitation; sea surface temperature; lipid biomarkers

23

24 **ABSTRACT**

25           A high-resolution multi-proxy study including the elemental and isotopic  
26 composition of bulk organic matter, land plant-derived biomarkers, and alkenone-based sea  
27 surface temperature (SST) from a marine sedimentary record obtained from the Jacaf Fjord  
28 in northern Chilean Patagonia (~ 44°20'S) provided a detailed reconstruction of continental  
29 runoff, precipitation, and summer SST spanning the last 1750 years. We observed two  
30 different regimes of climate variability in our record: a relatively dry/warm period before  
31 900 cal yr BP (lower runoff and average SST 1°C warmer than present-day) and a wet/cold  
32 period after 750 cal yr BP (higher runoff and average SST 1°C colder than present-day).  
33 Relatively colder SSTs were found during 750-600 and 450-250 cal yr BP, where the latter  
34 period roughly corresponds to the interval defined for the Little Ice Age (LIA). Similar  
35 climatic swings have been observed previously in continental and marine archives of the  
36 last two millennia from central and southern Chile, suggesting a strong latitudinal  
37 sensitivity to changes in the Southern Westerly Winds, the main source of precipitation in  
38 southern Chile, and validating the regional nature of the LIA. Our results reveal the  
39 importance of the Chilean fjord system for recording climate changes of regional and  
40 global significance.

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## 44 INTRODUCTION

45 Climate changes occurring during the last two millennia are of particular  
46 importance for understanding recent and predicting future abrupt climate changes. The data  
47 presently available from this period shows that climate conditions were more variable than  
48 previously thought (e.g., deMenocal and Bond, 1997; Mayewski et al., 2004; Moberg et al.,  
49 2005). During this interval, the so-called Medieval Warm Epoch, herein referred to as the  
50 Medieval Climatic Anomaly (MCA; Stine, 2000), and the Little Ice Age (LIA) are among  
51 the best known examples of centennial-scale climate variability (Lamb, 1965). Although  
52 these two periods were first identified in Europe and the Northern Hemisphere, growing  
53 evidence has shown a more widespread incidence (Thompson et al., 1986; Stine, 1994;  
54 Haug et al., 2001), including bipolar connections (Kreutz et al., 1997; Domack and  
55 Mayewski, 1999). However, most of the evidence regarding climate variability on this time  
56 scale still comes from records from the Northern Hemisphere; data for the middle and high  
57 latitudes of the Southern Hemisphere are still scarce. Deciphering climate variability in the  
58 Southern Hemisphere and particularly from southern South America — the only  
59 continental land mass lying between 38°S and the Antarctic Circle — is crucial for  
60 documenting the inter-hemispheric synchronicity of recent abrupt climate changes and  
61 thereby determining their ultimate cause(s).

62 Paleoclimate archives from central-south Chile (33-44°S) obtained from lacustrine  
63 sediment cores (Jenny et al., 2002), tree-rings (Villalba, 1994), and marine sediment cores  
64 (Lamy et al., 2001; Lamy et al., 2002; Mohtadi et al., 2007; Rebolledo et al., 2008) have  
65 been revealed to be highly sensitive to climate variability at both low and high latitudes.  
66 The southeast Pacific and southern Chile (south of 40° S) are strongly influenced by the  
67 Southern Westerly Winds (SWW). These, in turn, are affected by the strength of the

68 Subtropical Pacific Anticyclone (SPA) and the position of the Antarctic Convergence,  
69 which result in strong latitudinal temperature and precipitation gradients (Strub et al.,  
70 1998). Climatic and oceanographic changes during the Late Holocene in central and  
71 southern Chile may have been a response to latitudinal shifts of the SWW (e.g., Benn and  
72 Clapperton, 2000; Lamy et al., 2001; Jenny et al., 2002; Mohtadi et al., 2007; Rebolledo et  
73 al., 2008). Recent studies have demonstrated that fluctuations in El Niño Southern  
74 Oscillation (ENSO) activity and associated low latitude climate systems exert a strong  
75 control over the climatic variability of northern Patagonia (Lamy et al., 2001; Ariztegui et  
76 al., 2007; Mohtadi et al., 2007; Rebolledo et al., 2008). However, paleoclimate records  
77 from tree rings (Lara and Villalba, 1993; Villalba, 1994), glacier fluctuations (Luckman  
78 and Villalba, 2001), and marine sediment cores (Lamy et al., 2001) illustrate inconsistent  
79 results regarding the occurrence of the MCA and the LIA in southern Chile.

80 The fjords of northern Chilean Patagonia are located at the northern limit of the  
81 strongest influence of the SWW. Characterized by high sediment deposition rates of both  
82 marine and terrestrial material, this area is highly sensitive to past changes in precipitation-  
83 driven continental runoff. Therefore, it is ideally located to reconstruct variations in the  
84 strength or latitudinal position of the SWW through time.

85 Our research aims to unravel climate variability in northern Chilean Patagonia  
86 during the last two millennia, and to establish connections with regional and global climate  
87 systems. We present the results of a multi-proxy sedimentary record from Jacaf Fjord (Fig.  
88 1) spanning the last 1750 years. We study the elemental and isotopic composition of carbon  
89 and nitrogen in bulk organic matter, as well as the mass accumulation rate of long-chain *n*-  
90 alkyl lipids, to reconstruct changes in terrestrial input and continental runoff resulting from  
91 changes in precipitation. In addition, we use the alkenone UK'<sub>37</sub> index to derive a record of

92 sea surface temperature (SST). Changes in marine productivity have been addressed in a  
93 companion paper using biological proxies (Rebolledo et al., 2008).

94

## 95 **MATERIALS AND METHODS**

### 96 *Study area and sampling*

97         The Chilean fjord area extends from the city of Puerto Montt (42°30'S) to Cape  
98 Horn (55°58'S), stretching 1,600 km and covering an area of almost 240,000 km<sup>2</sup> (Silva  
99 and Prego, 2002). Three main glacial fields and several major rivers incorporate fresh  
100 waters into the fjord system, inducing estuarine conditions with a stratified two-layer water  
101 column (Silva et al., 1995), and evidencing maximum outflows at 42°, 46° and 50° S  
102 (Dávila et al., 2002). Northern Patagonia presents a marine-temperate and rainy climate  
103 strongly influenced by the storm track of the SWW (Fig. 1B). Mean annual precipitation is  
104 ~3,000 mm year<sup>-1</sup> and mean annual air-temperature is ~10°C (DGA, 2003). Dense  
105 vegetation characteristic of cold, wet climate regimes surrounds the inner fjord area in the  
106 form of a temperate evergreen rain forest (e.g., Villagrán, 1988). The vegetation  
107 distribution is controlled latitudinally and altitudinally by sharp temperature and  
108 precipitation gradients (Abarzúa et al., 2004, and references therein). Marine primary  
109 production in the fjord area from 44° to 46° S is less than 50 mg C m<sup>-2</sup> d<sup>-1</sup> in winter and up  
110 to 390 mg C m<sup>-2</sup> d<sup>-1</sup> in spring (Pizarro et al., 2005).

111         The coring site is located in the Jacaf Fjord (Fig. 1b) of northern Chilean Patagonia  
112 (44°20.00S, 72°58.15W). This fjord has a SE-NW orientation, a maximum depth of 675 m,  
113 and a very rough bottom topography dominated by narrow, shallow sills (Delgado, 2004).  
114 Surface sediments in the area contain up to 3.5% organic carbon (Silva et al., 1998), with  
115 modern sedimentation rates in the surrounding area of ~0.26 cm yr<sup>-1</sup> (Salamanca and Jara,

116 2003; Sepúlveda et al., 2005). Core CF7-PC33 (1.68 m length, 510 m water depth) was  
117 retrieved with a gravity corer during the CIMAR-FIORDO 7 expedition (November 2001)  
118 onboard the AGOR Vidal Gormaz of the Chilean Navy. Additionally, a box-corer (CF7-  
119 BC33; 510 m water depth) was taken and subsampled at 1 cm increments in order to  
120 retrieve the surface sediments intact. The gravity core liners were refrigerated at 4 °C until  
121 laboratory analysis. Each core liner was split longitudinally into two halves; one half was  
122 used for visual description, magnetic susceptibility, and XRF scanning; the other half was  
123 sampled at 1 cm intervals for elemental and isotopic analyses, and at 2-3 cm intervals for  
124 lipid biomarker analysis.

125 The age model of CF7-PC33 is based on linear interpolation between four AMS  $^{14}\text{C}$   
126 dates measured on well-preserved terrestrial vegetation fragments (Rebolledo et al., 2008),  
127 and covers the period 1750-75 cal yr BP (Table 1; Fig. 2). Linear sedimentation rates  
128 calculated for two intervals, before and after 735 cal yr BP, were  $0.82 \text{ m kyr}^{-1}$  and  $1.2 \text{ m}$   
129  $\text{kyr}^{-1}$ , respectively (Fig. 2). The average sedimentation rate for the entire record was  $1 \text{ m}$   
130  $\text{kyr}^{-1}$ , yielding a decadal resolution of those proxies measured every one centimeter.

131

### 132 *Magnetic susceptibility, elemental and stable isotopes analyses*

133 Magnetic susceptibility (MS) was measured every 5 mm on the surface of the split  
134 core sections using a Bartington MS2 magnetic susceptibility meter with a MS2E point  
135 sensor.

136 For elemental C/N analysis, sediment samples were freeze-dried, ground, and  
137 homogenized in an agate mortar before processing. About 30 mg of sediment were weighed  
138 in tin cups and carbonates were removed by acidification with 50% v/v sulfurous acid.  
139 Organic carbon ( $\text{C}_{\text{org}}$ ), total nitrogen, bulk  $\delta^{13}\text{C}$ , and  $\delta^{15}\text{N}$  were analyzed at the University

140 of California Davis Stable Isotope Facility. Analytical standard deviation was 0.04‰ for  
141  $\delta^{13}\text{C}$  and 0.14‰ for  $\delta^{15}\text{N}$ . The elemental composition has been published elsewhere  
142 (Rebolledo et al., 2008).

143

#### 144 *Lipid biomarkers*

145 Total lipids were extracted from freeze dried sediments in a DIONEX ASE 200  
146 Accelerated Solvent Extraction System using a mixture of  $\text{CH}_2\text{Cl}_2$ :MeOH 9:1 at 100 °C and  
147 1000 psi. The non-polar and polar fractions were separated in a LC-NH<sub>2</sub> column after  
148 eluting with 7 mL  $\text{CH}_2\text{Cl}_2$ :acetone 9:1 and 8 mL 2% formic acid in  $\text{CH}_2\text{Cl}_2$ , respectively.  
149 The non-polar fraction was then hydrolyzed by refluxing in 100 mL 0.5 M KOH in  
150 methanol plus 20 mL Milli-Q water for 3 h. Saponified extracts were back-extracted with  
151 three 10 mL aliquots of hexane in separatory funnels. These extracts were separated into  
152 three fractions using small silica gel columns (100-200 mesh, 5% deactivated), where  
153 ketones were eluted in the second fraction with  $\text{CH}_2\text{Cl}_2$ :hexane 2:1. The polar fraction was  
154 transesterified with 0.5 mL  $\text{BF}_3$ :MeOH at 70°C for 20 min to convert free and esterified  
155 fatty acids into fatty acid methyl esters (FAMES). Twenty mL Milli-Q water and 10 mL  
156 hexane were added. The hexane fraction was subsequently removed, concentrated and  
157 loaded into a silica gel column (100-200 mesh, 5% water). FAMES were eluted in the  
158 second fraction with 5% ethyl acetate in hexane. This fraction was transferred to a glass  
159 vial with inserts and re-dissolved in 50  $\mu\text{L}$  toluene before injection onto the gas  
160 chromatograph.

161 Gas chromatography of alkenones was carried out using a Shimadzu GC17A  
162 (version 3) GC coupled with a Shimadzu AOC-201 autosampler with a 30-m Agilent HP-5  
163 column (0.32 mm ID, 0.25  $\mu\text{m}$  film thickness) and a flame ionization detector. Hydrogen

164 was used as a carrier gas and the column oven temperature was programmed from 50 °C (1  
165 min) to 120 °C (30 min) and then 300 °C (36 min) until the end of the run (71.3 min).  
166 Alkenones were identified by their retention times and quantified correcting for the  
167 recovery of 5 $\alpha$ -cholestane. Gas chromatography of FAMES was carried out with a 60-m  
168 Chrompack capillary column (0.25 mm ID, 0.25  $\mu$ m film thickness) using an Agilent 6850  
169 GC coupled with an Agilent 6850 autosampler and a flame ionization detector. Hydrogen  
170 was used as a carrier gas and the column oven temperature was programmed from 60 °C (1  
171 min) to 210 °C (8 min), and to 330 °C (53 min). C<sub>16-32</sub> *n*-alkanoic fatty acids were identified  
172 by their retention times and quantified by comparison with a mixture of 9 authenticated  
173 reference standards.

174 The average chain length (ACL) index for the most abundant *n*-C<sub>24-26</sub> alkanolic fatty  
175 acids was estimated as  $ACL = (\sum [C_i] \times i) / \sum [C_i]$ , for  $i = 24-26$ , where  $C_i$  = concentration of  
176 *n*-alkanoic acid containing  $i$  carbon atoms. The ACL for the full suite of long-chain FAs (*n*-  
177 C<sub>24</sub> to *n*-C<sub>34</sub>), as well as other chain length combinations, did not show noticeable  
178 variability along the record. We therefore constrained the ACL index to *n*-C<sub>24-26</sub> alkanolic  
179 fatty acids (see discussion below). The carbon preference index (CPI) was estimated as CPI  
180 = sum of even C<sub>24</sub> to C<sub>34</sub>/sum of odd C<sub>23</sub> to C<sub>33</sub> *n*-alkanoic acids.

181 We calculated the alkenone unsaturation index (UK'<sub>37</sub>) as  $UK'_{37} =$   
182  $(C_{37:2}) / (C_{37:3} + C_{37:2})$ , where C<sub>37:2</sub> and C<sub>37:3</sub> represent the di- and tri-unsaturated C<sub>37</sub>  
183 alkenones, respectively (Brassell et al., 1986). The UK'<sub>37</sub> values were converted into  
184 temperature by applying the culture calibration of Prahl et al. (1988) ( $UK'_{37} = 0.034T +$   
185  $0.039$ ). The analytical error was calculated as 0.045 Uk'<sub>37</sub> units or 0.17°C, and was based  
186 on triplicate measurements of six samples.



187 The mass accumulation rate of leaf waxes ( $MAR_{waxes}$ ) was calculated as  $MAR_i = C_i$   
188  $\times DBD \times SR$ ; where  $C_i$  is the concentration of leaf waxes in a given interval in  $mg\ gdw^{-1}$ ,  
189  $DBD$  is the dry bulk density in  $g\ cm^{-3}$ , and  $SR$  is the linear sedimentation rate in  $cm\ y^{-1}$ .

190

### 191 *Statistical analyses*

192 We used XLSTAT Version 2007.4 to perform the correlation analysis and principal  
193 component analysis (PCA) of our data. Proxy data ( $C/N$  ratio,  $\delta^{13}C$ ,  $\delta^{15}N$ ) were used to  
194 study and visualize the correlation between variables indicating changes in the input of  
195 terrestrial organic matter. We chose these three parameters because they reflect relative  
196 changes in the contribution of allochthonous (terrestrial) organic matter, they are  
197 independent of changes in the sedimentation rate, and they are sampled at the same  
198 resolution (1 cm). These three parameters have been shown to vary linearly in response to  
199 different input of autochthonous (marine) and allochthonous (terrestrial) organic matter in  
200 recent sediments of northern Patagonia (Sepúlveda, 2005). Thus, a terrestrial index (TI)  
201 obtained from the first component of the PCA was estimated. Two PCAs were performed,  
202 one covering the whole record and one encompassing the data before 450 cal yr BP (data  
203 not shown); the latter was used to discuss the role of the variability observed in the  $\delta^{15}N$   
204 record. The TI was then compared to MAR-dependant proxies.

205

## 206 **RESULTS**

### 207 *Magnetic susceptibility, elemental and isotopic composition*

208 The MS susceptibility varies between  $31$  and  $151 \times 10^{-6}$  S.I. (Fig. 3a). A rather  
209 steady increase is observed from the base of the record until around 750 cal yr BP;  
210 thereafter values remain fairly constant at around  $80 \times 10^{-6}$  S.I.

211 The molar C/N ratio has been recently reported in a companion paper (Rebolledo et  
212 al., 2008). Four time slices can be distinguished, separated by abrupt steps in the C/N ratio:  
213 (1) 1750-1500 cal yr BP with values close to 10.5; (2) 1400-900 cal yr BP with values  
214 between 11.3 and 11.0; (3) a very short period, 890-780 cal yr BP with values  $\sim$ 11.5; and  
215 (4) 890-75 cal yr BP, an interval with a slight decreasing trend, with values from 12.2 to  
216 11.5 (Fig. 3b). The C/N ratio has a significant positive correlation with the  $MAR_{waxes}$ , and a  
217 significant negative correlation with  $\delta^{13}C$ ,  $\delta^{15}N$ , and the ACL of plant waxes (Table 2).

218 The  $\delta^{13}C$  values, between -23.2 and -22.1‰, are clearly distinguished into two  
219 periods marked by different isotopic signals; the interval from 1750 to 778 cal yr BP  
220 showed enrichment from -22.5 to -22.1‰, and then an abrupt depletion to values around -  
221 22.6‰ occurs in a short time period (Fig. 3c). The interval between 766 cal yr BP and the  
222 top of the core starts with rather stable values of ca. -22.7‰ until 580 cal yr BP, and is  
223 followed by a decreasing trend toward minimum values in the upper section of the record (-  
224 23.1; Fig. 3c). The  $\delta^{13}C$  record reveals significant correlations with all other proxies except  
225  $\delta^{15}N$  (Table 2). The  $\delta^{15}N$  values vary between 7.4 and 9.4‰ (Fig. 3d). Enriched values  
226 between 8.1 and 8.5‰ are found before 923 cal yr BP, followed by two abrupt depletions  
227 to values about 7.8‰ between 923 and 875 cal yr BP and to about 7.4‰ between 826 and  
228 737 cal yr BP (Fig. 3d). After 737 cal yr BP, values remain low until 550 cal yr BP, when a  
229 strong enrichment of  $\sim$ 2‰ starts, reaching maximum values (9.4‰) at  $\sim$ 220 cal yr BP. A  
230 quick recovery to more depleted values characterizes the uppermost part of the record (Fig.  
231 3d). The  $\delta^{15}N$  record only correlates significantly with the C/N ratio (Table 2). When  
232 correlating the variables before 450 cal yr BP, and thus avoiding the marked positive  $\delta^{15}N$   
233 excursion (Fig. 3d),  $\delta^{15}N$  exhibits significant correlations with all the other variables (Table  
234 2).

235

236 *Principal component analysis and terrestrial index*

237 Factor 1 of the PCA, used as a terrestrial index and based on the C/N ratio,  $\delta^{13}\text{C}$ ,  
238 and  $\delta^{15}\text{N}$ , explains 53.5% of the variability, with the C/N ratio and the  $\delta^{13}\text{C}$  yielding the  
239 highest factor loadings (Fig. 4). Factor 2 (F2) explains ~32.3% of the variability (85.8% of  
240 the cumulative variability) with  $\delta^{15}\text{N}$  as the main contributor (Fig. 4). Since the  $\delta^{15}\text{N}$  record  
241 has a high impact on factor 2 of the PCA due to the large enrichment observed between 400  
242 and 200 cal yr BP, we carried out an additional PCA including only data before 450 cal yr  
243 BP. The results of the latter analysis reveal factors 1 and 2 contributing with 70.15 and  
244 16.81% of the variability, respectively (86.97% cumulative). The temporal trend of factor 1  
245 remains similar for both analyses, corroborating the use of this statistical tool for  
246 reconstructing terrestrial input. Negative (positive) values of the graphical expression of the  
247 TI are interpreted as a low (high) relative contribution of terrestrial organic matter resulting  
248 from decreased (increased) precipitation and continental runoff (Fig. 5a). The TI segregates  
249 two intervals separated by a stepwise transition: (a) before 900 cal yr BP, with lowest TI  
250 values along the record; and (b) a period after 750 cal yr BP characterized by the highest  
251 values of the record (Fig. 5a).

252

253 *Lipid biomarkers and inorganic geochemistry*

254 The concentration of plant waxes varies between 2.35 and 24.18  $\mu\text{g gdw}^{-1}$ , and the  
255 MAR fluctuates between 0.93 and 10.80  $\text{mg m}^{-2} \text{yr}^{-1}$  throughout the core (Fig. 5b). The 3-  
256 point running average depicts a rather stable period with lower values ( $<5 \text{ mg m}^{-2} \text{yr}^{-1}$ )  
257 before 1200 cal yr BP followed by an increase from 1200 to 950 cal yr BP. A sharp

258 decrease occurs at 880 cal yr BP. Values increase again to  $\sim 8 \text{ mg m}^{-2} \text{ yr}^{-1}$  until  $\sim 700$  cal yr  
259 BP and remain slightly higher than the older period until the top of the core (Fig. 5b). The  
260  $\text{ACL}_{24-26}$  varies between 25.5 (before 900 cal yr BP) and 25.2 in the youngest part of the  
261 core (Fig. 5c). Sedimentary plant waxes display an even-over-odd predominance with CPI  
262 values varying between 2.9 and 3.7, reflecting their dominant land-delivered origin.  $\text{ACL}_{24-}$   
263  $_{26}$  obtained from the core top sample (filled circle in Fig. 5c) is similar to values found in  
264 the youngest part of CF7-PC33. Both the MAR and  $\text{ACL}_{24-26}$  exhibit significant  
265 correlations with several other proxies (Table 2). The MAR of Fe ( $\text{MAR}_{\text{Fe}}$ ) shows relatively  
266 low and high accumulations before 760 and after 730 cal yr BP (Fig. 5d; Rebolledo et al.,  
267 2008). For each interval, a rather constant decrease is observed towards the top of the  
268 record (Figs. 5d).

269 Alkenone-derived SST varies between 9.8 and 13.3°C over the entire time span and  
270 oscillates between 11.7 and 13.3°C before 1080 cal yr BP (Fig 5e). Thereafter,  
271 temperatures display a general cooling trend with two distinct intervals of lower  
272 temperatures ( $\sim 10^\circ\text{C}$ ) between 800 and 500 cal yr BP and between 500 and 120 cal yr BP  
273 (Fig. 5e). Alkenone-derived SST from the sediment surface (11.8°C; Fig. 5e) resembles  
274 present-day SST of the area during spring time (Rojas et al., 2005).

275

## 276 **DISCUSSION**

### 277 *Interpretation of proxies*

278 The MS is directly related to the mineral content of the sediment and can therefore  
279 be used as a physical sedimentary proxy for the terrestrial supply of siliciclastic sediments.  
280 In our record, the higher MS values after 900 cal yr BP may be interpreted as a relatively

281 higher supply of siliciclastic sediments (Fig. 3a), in agreement with an increase in the bulk  
282 sedimentation rate (Fig. 2).

283         Elemental and isotopic analyses in surface sediments of northern Patagonia fjords  
284 exhibit a linear mix of allochthonous and autochthonous organic matter from open ocean  
285 areas to the fjord heads (Sepúlveda, 2005). This interpretation is based on the characteristic  
286 elemental and isotopic signatures found in marine and terrestrial organic matter, which  
287 have been widely used as tracers of organic matter sources in marine and fresh water  
288 systems (e.g., Thornton and McManus, 1994; Meyers, 1997). We interpret our proxy data  
289 in terms of relative changes in the sources of organic matter into the system. Therefore,  
290 higher C/N ratios resulting from a higher input of terrigenous material would be  
291 accompanied by more depleted  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ . This is reflected in the significant inverse  
292 correlation observed between the C/N ratio and  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ , most notably before 400 cal  
293 yr BP (Table 2). We assume that changes in terrestrial input are mostly controlled by  
294 continental precipitation and runoff, whereas changes in marine organic matter  
295 contributions are controlled by marine productivity. The general trend of the three  
296 parameters point to reduced terrestrial contributions before 900 cal yr BP (Figs. 3b,c,d),  
297 interpreted as a consequence of less rainfall, while increased input of terrestrial organic  
298 matter after 750 cal yr BP reflects increased runoff derived from more precipitation (Figs.  
299 3b,c,d). The latter would explain the higher sedimentation rate observed during the last 730  
300 years (Fig. 2). However, the relationship among these three proxies can be complex. For  
301 instance, the increase in the C/N ratio between 1600 and 1400 cal yr BP has no parallel  
302 with other proxies (Fig. 3), possibly due to preferential removal of nitrogen-rich material  
303 during early diagenesis (Meyers, 1997 and references therein). Additionally, the trends

304 observed between 450 and 200 cal yr BP (Fig. 3) suggest that variations in organic matter  
305 sources alone can not explain such distributions. The long-term depletion observed in the  
306  $\delta^{13}\text{C}$  record between 420 and 135 cal yr BP may also be influenced by changes in marine  
307 primary productivity (Meyers, 1997) which, according to Rebolledo et al. (2008), has  
308 increased after 750 cal yr BP in response to higher continental runoff. On the other hand,  
309 the  $\delta^{15}\text{N}$  excursion between 400 and 200 cal yr BP appears to run independently from the  
310 other proxies and cannot be explained by a change in terrestrial input (Fig. 3). Although  
311 water column denitrification and decreased fractionation during nutrient assimilation by  
312 phytoplankton could ultimately enrich sedimentary nitrogen (Gruber, 2004), no evidence of  
313 low oxygen or depletion of nutrients has been found to account for those possibilities. In  
314 order to minimize potential biases from a single analysis on the interpretation of these  
315 proxies we focus in the integrative multi-proxy signature of the terrestrial index (TI).

316

### 317 *Integrated terrestrial signal*

318 In order to further evaluate temporal changes in terrestrial sediment supply we  
319 compare the TI, obtained from proxies independent of changes in sedimentation rate, with  
320 the  $\text{MAR}_{\text{waxes}}$  and  $\text{MAR}_{\text{Fe}}$ . Additionally, we use the ACL of leaf waxes to evaluate changes  
321 in plant physiology due to variations in humidity. The TI defines two main different modes  
322 of precipitation for the entire record – relatively dry conditions before 950 cal yr BP and  
323 relatively humid conditions after 750 cal yr BP, separated by a two-step and rapid (~200  
324 years) transition (Fig. 5a) coincident with the end of the MCA (e.g. Lamb, 1965). Higher  
325 terrestrial input and precipitation during the last 750 years can also be inferred from the  
326  $\text{MAR}_{\text{waxes}}$  (Fig. 5b). Long-chain *n*-alkyl lipids are major components of epicuticular leaf

327 waxes from vascular plants (Eglinton and Hamilton, 1967) and have been widely used as  
328 indicators of the input of vascular land-plants in aquatic environments (e.g., Ohkouchi et  
329 al., 1997; Huang et al., 1999) due to their good preservation and slow remineralization rates  
330 (Haddad et al., 1992; Canuel and Martens, 1996). Thus,  $MAR_{waxes}$  represents a specific  
331 proxy for land-plant derived material that is directly related to on-land precipitation and  
332 continental runoff. The decrease in the  $ACL_{24-26}$  index from ~900 cal yr BP to the present-  
333 day is another indication of more humid/colder conditions less favorable for evaporation  
334 and water loss in plants (Fig. 5c). The ACL has been shown to increase latitudinally in  
335 response to decreased humidity and increased temperature, possibly as a protection against  
336 water loss (e.g., Sachse et al., 2006). The overall range of ACL variability was ~0.3 carbon  
337 units (Fig. 5c), which although low is remarkable for this area of high precipitation entirely  
338 dominated by  $C_3$  plants. Abrupt vegetation changes observed during the last deglaciation in  
339 northern South America, where  $C_4$  plants also occur, resulted in  $ACL_{24-28}$  differences of  
340 0.4-0.5 (Hughen et al., 2004). Since the vegetation in northern Patagonia was dominated by  
341 an evergreen *Nothofagus* forest during the time scale covered by our study (Villagrán,  
342 1988), we interpret our results as a physiological adaptation within the  $C_3$  vegetation to  
343 control the water balance during periods of changing humidity and temperature. Higher  
344 ACL values would be indicative of relatively warm/dry conditions for the period before  
345 950 cal yr BP, in good agreement with other proxies (Fig. 5).

346 Fe can be used as a proxy for terrigenous sediment supply since it occurs nearly  
347 exclusively in the inorganic fraction of the sediment, i.e., mainly in the soils covering the  
348 Andes.  $MAR_{Fe}$  illustrates two well-defined periods of relatively low and high terrestrial  
349 input before and after 720 cal yr BP, respectively (Fig. 5d; Rebolledo et al., 2008). The  
350 increase of  $MAR_{Fe}$  and  $MAR_{waxes}$  observed at 720 cal yr BP is primarily controlled by the

351 increase in the bulk sedimentation rate derived from the age model, which might be biased  
352 by the high uncertainty of the AMS-<sup>14</sup>C dating at 9.5 cm (Table 1). However, we interpret  
353 this change as real since it parallels closely the main variation in the TI and ACL (Fig. 5).

354

### 355 *Climatic variability in northern Patagonia and regional connections*

356 The TI obtained from the PCA, together with the alkenone-derived SST allows us to  
357 obtain an integrated view of the climatic variability in northern Patagonia during the last  
358 1,750 years. The two well-defined intervals – reduced precipitation and warmer  
359 temperatures before 950 cal yr BP, and markedly higher precipitation and lower (albeit  
360 highly variable) temperatures after 750 cal yr BP – are separated by a rapid transition of  
361 ~200 years (Figs. 5 a and e). The drop in SST is part of a smooth and long-term cooling  
362 trend starting at about 1075 cal yr BP (arguably at 1270 cal yr BP; Fig. 5e) and is consistent  
363 with a marine record obtained off the coast of northern Patagonia (Mohtadi et al., 2007),  
364 although exhibiting a higher amplitude. The sustained cooling of ~3°C between 1075 and  
365 675 cal yr BP, which includes the transition from relatively drier to wetter conditions,  
366 represents about 50% of the difference observed between the Last Glacial Maximum and  
367 the Holocene at 41°S off the coast of Chile (~ 6°C; Lamy et al., 2004). Even though SST  
368 variability in semi-restricted coastal environments such as fjords can be amplified, such a  
369 difference on a time scale of centuries highlights the presence of abrupt and conspicuous  
370 climate variability during the last two millennia at this location. The transition from  
371 drier/warmer to wetter/colder conditions appears to coincide with the MCA, whereas cold  
372 (albeit variable) temperatures between 450 and 250 cal yr BP correspond to the interval  
373 defined for the LIA (Fig. 6). The reasonably good correspondence between precipitation  
374 and SST may be explained by changes in the intensity and/or core position of the SWW



375 belt (e.g., Lamy et al., 2002; Mohtadi et al., 2007), which is the main source of precipitation  
376 on the western side of southern South America (Strub et al., 1998). Therefore, wetter/colder  
377 conditions after 900 cal yr BP suggest an equatorward position of the SWW.

378         An important component of the global climate system is the ENSO, a coupled  
379 ocean-atmosphere phenomenon which originates in the tropical-subtropical eastern Pacific  
380 region and propagates to mid- to high latitudes via teleconnection patterns (e.g. Philander,  
381 1990). Recent proxy records from both sides of the Andes have provided new insights into  
382 the connection between climate variability in northern Patagonia, tropical climate systems,  
383 and ENSO activity (Ariztegui et al., 2007; Mohtadi et al., 2007). A high-resolution record  
384 of El Niño-related flood events in Peru suggests extreme drought conditions between 1250  
385 and 750 cal yr BP that has been interpreted as a period of persistently weak El Niño  
386 variability during the MCA (Fig. 6a; Rein et al., 2004). This period coincides with an  
387 observed long-term smooth decrease in SST in our record, as well as in another marine  
388 record offshore from the Patagonian fjord system at 44°S (Mohtadi et al., 2007; Figs. 6e,f).  
389 The Rein et al. (2004) record also suggests a transition from low to high El Niño activity  
390 around 800 cal yr BP that agrees with the final major shift in terrestrial input observed in  
391 our record (Fig. 6). A transition to high El Niño activity would imply the presence of a  
392 weaker southeast Pacific high-pressure (SPA) cell and, thus, an equatorward displacement  
393 of the SWW (e.g., Aceituno, 1988). The high variability observed in Peru before 1250 cal  
394 yr BP is not seen in our record (Fig. 6) and has been suggested to reflect different boundary  
395 conditions for ENSO before 1300 cal yr BP compared to the interval after 750 cal yr BP  
396 (Mohtadi et al., 2007).

397         High frequencies of flood events have been observed during the last 1000 years in  
398 Laguna Aculeo in central Chile (33°50'S; Fig. 6b; Jenny et al., 2002). These events have

399 been associated with increased winter precipitation and frontal system activity in central  
400 Chile resulting from an intensification and/or equatorward displacement of the SWW and a  
401 weakened SPA cell, likely in relation to ENSO variability (Jenny et al., 2002). Periods with  
402 more intensive flooding were observed during the intervals 1750-1550, 1450-1250, 650-  
403 250, and 100-20 cal yr BP (cross-hatched bars in Fig. 6b), with the highest number of  
404 events occurring in the last 1000 years. The simultaneous changes in precipitation in central  
405 and northern Patagonia evidence a close connection between both areas reflecting their  
406 sensitivity to latitudinal shifts of the SWW. However, the intense flood events and high  
407 ENSO variability observed in Laguna Aculeo (Jenny et al., 2002) and Peru (Rein et al.,  
408 2004) before 1200 cal yr BP are not manifested at 44°S (Fig. 6). Although present-day  
409 wind and precipitation anomalies in southern Chile are affected by ENSO variability (e.g.,  
410 Montecinos and Aceituno, 2003; Schneider and Gies, 2004), contrasting responses can be  
411 found north and south of 45°S (Schneider and Gies, 2004). This latitudinal boundary is  
412 close to the coring location of this study and may have migrated latitudinally before 1200  
413 cal yr BP, thus changing the present-day conditions and response to El Niño variability.  
414 This latter issue raises awareness that ENSO-related climate variability in northern  
415 Patagonia in the past can be difficult to assess.

416 Tree ring-derived summer temperature reconstructions of the last 1000 years from  
417 northern Patagonia (41°S) have yielded evidence of cold intervals coincident with glacier  
418 advances around 1050-880 and 680-280 cal yr BP (gray bars in Fig. 6c), in close  
419 relationship to ENSO activity and a weaker SPA (Villalba, 1994). In Lake Puyehue at 40°S,  
420 high precipitation and increased productivity between 450 and 250 cal yr BP has been  
421 interpret as the local signature of the LIA (Bertrand et al., 2005). Our SST record exhibits  
422 two distinct cold intervals around 670 and 450-250 cal yr BP; the latter includes the period

423 defined by the LIA (Fig. 6f) suggesting a regional expression of this event. On the other  
424 hand, a warm interval inferred between 870 and 700 cal yr BP (Villalba, 1994), i.e. roughly  
425 coincident with the end of the MCA (black bar in Fig. 6c), is concurrent with the major  
426 transition in SST and terrestrial input in our record (Fig. 6).

427 Humid conditions during the LIA and less humid conditions during the MCA at  
428 41°S off Chile have been associated with latitudinal shifts of the SWW primarily controlled  
429 by changes within tropical climate (i.e. the Hadley cell intensity) and possibly including  
430 ENSO effects (Lamy et al., 2001). However, multi-centennial variability in SST and sea  
431 surface salinity (SSS) in this area is controlled by temperature changes in Antarctica  
432 affecting the Antarctic Circumpolar Current (ACC; Lamy et al., 2002). Lamy et al. (2002)  
433 described SSTs warmer than present-day values before 850 cal yr BP, after which a  
434 constant decrease was observed until the present (Fig. 6d). The latter cooling was followed  
435 by lower salinities between 850 and 750 cal yr BP as part of a long-term decrease (Fig. 6d).  
436 Mohtadi et al. (2007) calculated a 2° northward shift in the position of the SWW between  
437 1300 and 750 cal yr BP based on SST, SSS, and marine productivity records at 44°S off the  
438 coast of Chile (Fig. 6e). These authors suggest an equatorward displacement of the SWW  
439 resulting from ENSO variability between 1300 and 750 cal yr BP as seen in Peru (Rein et  
440 al., 2004) and other locations, leaving the area under cold and humid conditions. Due to its  
441 location in the inner fjord system, our core recorded continental changes in precipitation  
442 and temperature mostly due to variability in the storm track of the SWW, in contrast to the  
443 mixed influence of the SWW and the ACC reported at open ocean sites (Lamy et al., 2002;  
444 Mohtadi et al., 2007). Salinity changes off northern Patagonia are influenced by the low-  
445 salinity surface Chilean Fjord Water (CFW; e.g., Lamy et al., 2002). Although the CFW  
446 can exit the northern Patagonia fjord area through several channels, the main output is

447 through the “Boca del Guafo” (Fig. 1b; Silva et al., 1995). This would explain why the  
448 transition to a wet period around 900 cal yr BP is observed as a salinity anomaly off 41°S  
449 (Lamy et al., 2002) but is absent off 44°S (Mohtadi et al., 2007; Fig. 6). Although  
450 differences in the timing of events exist (most likely due to dissimilar reservoir ages and  
451 materials used for <sup>14</sup>C dating), the integrated data from our record and adjacent areas  
452 indicate a consistent pattern of cold/humid conditions during the last millennia associated  
453 with an equatorward displacement of the SWW (Fig. 6).

454         Hydrographic changes on the shelf of the western Antarctic Peninsula (i.e., ODP  
455 Hole 1098B at Palmer Deep; Shevenell and Kennett, 2002) respond to variability in the  
456 strength and/or position of the SWW due to atmospheric perturbations in the low-latitude  
457 tropical Pacific. Evidence from Palmer Deep suggests a transition to cold conditions and an  
458 intensification of the SWW starting at about 1250 cal yr BP and reaching a maximum at  
459 850 cal yr BP (Fig. 6h). This intensification predates the main changes in terrestrial input in  
460 our record but coincides with the smooth, long-term decrease in SST (Fig. 6). This decrease  
461 in SST has been also described offshore the fjord system at 44°S, where it is related to  
462 ENSO (Fig. 6e; Mohtadi et al., 2007), hence demonstrating the presence of teleconnections  
463 between northern Patagonia and high- and low-latitudes.

464         The reasonably good correlation between our results (particularly SST) and other  
465 continental and marine archives from central-south Chile, Peru, and Antarctica corroborates  
466 the sensitivity of northern Patagonia for tracking latitudinal shifts of the SWW. This  
467 correspondence also confirms the occurrence of globally important climatic anomalies such  
468 as the MCA and the LIA, as well as ENSO-related climatic variability, within the northern  
469 Patagonia region.

470

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492

493 Table 1. Radiocarbon dates from core CF7-PC33

Laboratory code	Core depth (cm)	Material	<sup>14</sup> C-AMS age (yr BP)	± Error (yr)	Calibrated age (cal yr BP)	± Error (1σ) (yr)
OS-38629	9.5	leaf fragment	125	212	142	200
OS-38308	81.75	wood fragment	850	100	730	102
OS-38361	133.8	wood fragment	1550	30	1375	44
OS-38362	167.7	leaf fragment	1890	35	1771	67

494

495

496

497 Table 2. Pearson correlation matrix for the entire record (above), and for the period before  
 498 450 cal yr BP (below). The latter was performed to discuss the effect of the positive  $\delta^{15}\text{N}$   
 499 excursion observed between 200 and 400 cal yr BP (see text).

Variables	C/N	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\text{MAR}_{\text{waxes}}$	$\text{ACL}_{24-26}$
C/N	<b>1.00</b>				
$\delta^{13}\text{C}$	<b>-0.51</b>	<b>1.00</b>			
$\delta^{15}\text{N}$	<b>-0.30</b>	0.03	<b>1.00</b>		
$\text{MAR}_{\text{waxes}}$	<b>0.58</b>	<b>-0.56</b>	-0.08	<b>1.00</b>	
$\text{ACL}_{24-26}$	<b>-0.49</b>	<b>0.59</b>	0.08	<b>-0.64</b>	<b>1.00</b>

500

Variables	C/N	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\text{MAR}_{\text{waxes}}$	$\text{ACL}_{24-26}$
C/N	<b>1.00</b>				
$\delta^{13}\text{C}$	<b>-0.51</b>	<b>1.00</b>			
$\delta^{15}\text{N}$	<b>-0.60</b>	<b>0.58</b>	<b>1.00</b>		
$\text{MAR}_{\text{waxes}}$	<b>0.54</b>	<b>-0.49</b>	<b>-0.41</b>	<b>1.00</b>	
$\text{ACL}_{24-26}$	<b>-0.54</b>	<b>0.45</b>	<b>0.36</b>	<b>-0.66</b>	<b>1.00</b>

501

502 Values in bold are significantly different from 0 with a significance level  $\alpha = 0.05$

503 C/N = Molar C/N ratio

504  $\delta^{13}\text{C}$  = Carbon isotopic composition of organic matter

505  $\delta^{15}\text{N}$  = Nitrogen isotopic composition of decalcified sediments

506  $\text{MAR}_{\text{waxes}}$  = Mass accumulation rate of leaf waxes ( $\text{mg m}^{-2} \text{y}^{-1}$ )

507  $\text{ACL}_{24-26}$  = Average chain length between  $n\text{-C}_{24}$  and  $n\text{-C}_{26}$  fatty acids

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702 FIGURE CAPTIONS

703 Figure 1. (a) Map of southern Chile (30-60°S) showing the location of the sampling area in  
704 the Chilean fjords and other records mentioned in the text; a lacustrine record from Laguna  
705 Aculeo (black square; Jenny et al., 2002), marine records (black circles) GeoB7186-3  
706 (Mohtadi et al., 2007) and GeoB3313-1 (Lamy et al., 2002), and a tree-ring derived  
707 temperature record from northern Patagonia (white triangle; Villalba, 1994). Black arrows  
708 are a schematic representation of the Southern Westerly Winds (SWW), Antarctic  
709 Circumpolar Current (ACC), Cape Horn Current (CHC), and Peru-Chile Current (PCC)  
710 based on Strub et al. (1998). Isolines indicate annual mean SST (°C) distribution  
711 (<http://www.cdc.noaa.gov/index.html>). The rectangle identifies the area displayed in Figure  
712 b. (b) Map of northern Patagonia showing the position of core CF7-PC33 in the Jacaf Fjord.  
713

714 Figure 2. Age/depth relationship for core CF7-PC33. Ages are expressed in calibrated years  
715 before present (cal yr BP) and vertical bars represent the standard deviation. The large error  
716 of the youngest measurement was probably due to the small size of the fragments, close to  
717 the limit for AMS analysis. See Table 1 for details.

718

719 Figure 3. Physical and geochemical properties of core CF7-PC33; (a) Magnetic  
720 susceptibility; (b) Molar C/N ratio; (c)  $\delta^{13}\text{C}$  of organic carbon; (d)  $\delta^{15}\text{N}$  of decalcified  
721 sediments. Y-axis in figures (c) and (d) is inverted to facilitate comparison with (b). Solid  
722 triangles on the lower X-axis represent the age control.

723

724 Figure 4. Principal component analysis of the C/N ratio,  $\delta^{13}\text{C}$ , and  $\delta^{15}\text{N}$ , used to study and  
725 visualize the correlation between variables indicating changes in the input of terrestrial

726 organic matter. X and Y axes represent loadings of factors 1 and 2, respectively. The  
727 variance and accumulative variability for each factor are given in parentheses.

728

729 Figure 5. Proxies indicative of terrestrial input, and sea surface temperature. (a) Factor 1 of  
730 the principal component analysis for the C/N ratio,  $\delta^{13}\text{C}$ , and  $\delta^{15}\text{N}$ , used as a terrestrial  
731 index; (b) Mass accumulation rate of plant waxes; (c)  $n\text{-C}_{24-26}$  Average Chain Length of  
732 plant waxes (inverted scale); (d) Mass accumulation rate of Fe; (e) Alkenone-derived sea  
733 surface temperature, where the filled square represents the temperature obtained from  
734 surface sediments. The black, thick line corresponds to a 3-point running average. Solid  
735 triangles on the lower X-axis represent the age control. The black arrow indicates the  
736 interpretation of proxies. The vertical gray bar corresponds to the main transition period  
737 described in the text.

738

739 Figure 6. Relevant paleoclimatic reconstructions along Peru, Chile, and Antarctica. (a)  
740 Lithic concentration at site 106 KL off Peru (see Rein et al., 2004 for details), used to  
741 reconstruct the continental input during El Niño events; (b) occurrence of flood events in  
742 Laguna Aculeo ( $33^{\circ}50'\text{S}$ ) as an indicator of periods of increased precipitation and erosion  
743 rates (Jenny et al., 2002); the horizontal white and hatched bars correspond to periods of  
744 flood events and periods of increased frequency and intensity of flood events, respectively;  
745 (c) schematic representation of summer tree-ring derived temperature for northern  
746 Patagonia around  $41^{\circ}\text{S}$  (Villalba, 1994); (d) alkenone-derived sea surface temperature  
747 (black line), and  $\delta^{18}\text{O}$ -derived sea surface salinity (gray line) obtained from core GeoB  
748 3313-1 off  $41^{\circ}\text{S}$  (Lamy et al., 2002); (e) alkenone-derived sea surface temperature (black

749 line) and  $\delta^{18}\text{O}$ -derived sea surface salinity (gray line; scale without units, see reference  
750 below) obtained from core GeoB 7186-3 off Chile at 44°S (Mohtadi et al., 2007); (f)  
751 alkenone-derived sea surface temperature from this study, where the black line represents a  
752 3-point running average. The solid square and the horizontal dashed line represents the  
753 modern alkenone-derived sea surface temperature for spring obtained from surface  
754 sediments; (g) Terrestrial index obtained as the factor 1 of the principal component analysis  
755 for the C/N ratio,  $\delta^{13}\text{C}$ , and  $\delta^{15}\text{N}$  (inverted scale to facilitate comparison with other  
756 records). The thick black line represents a 3-point running average in which positive and  
757 negative values denote wet and dry conditions, respectively; (h) magnetic susceptibility  
758 from ODP Hole 1098B obtained from the Palmer Deep, Antarctic Peninsula (Barker et al.,  
759 1999; Shevenell and Kennett, 2002), where the black thick curve correspond to a 9-point  
760 running average. The vertical gray bar symbolizes the main transition period described in  
761 the text. Black and grey horizontal bars in the upper panel depict the “Little ice age” and  
762 the “Medieval climate anomaly”.

Figure 1  
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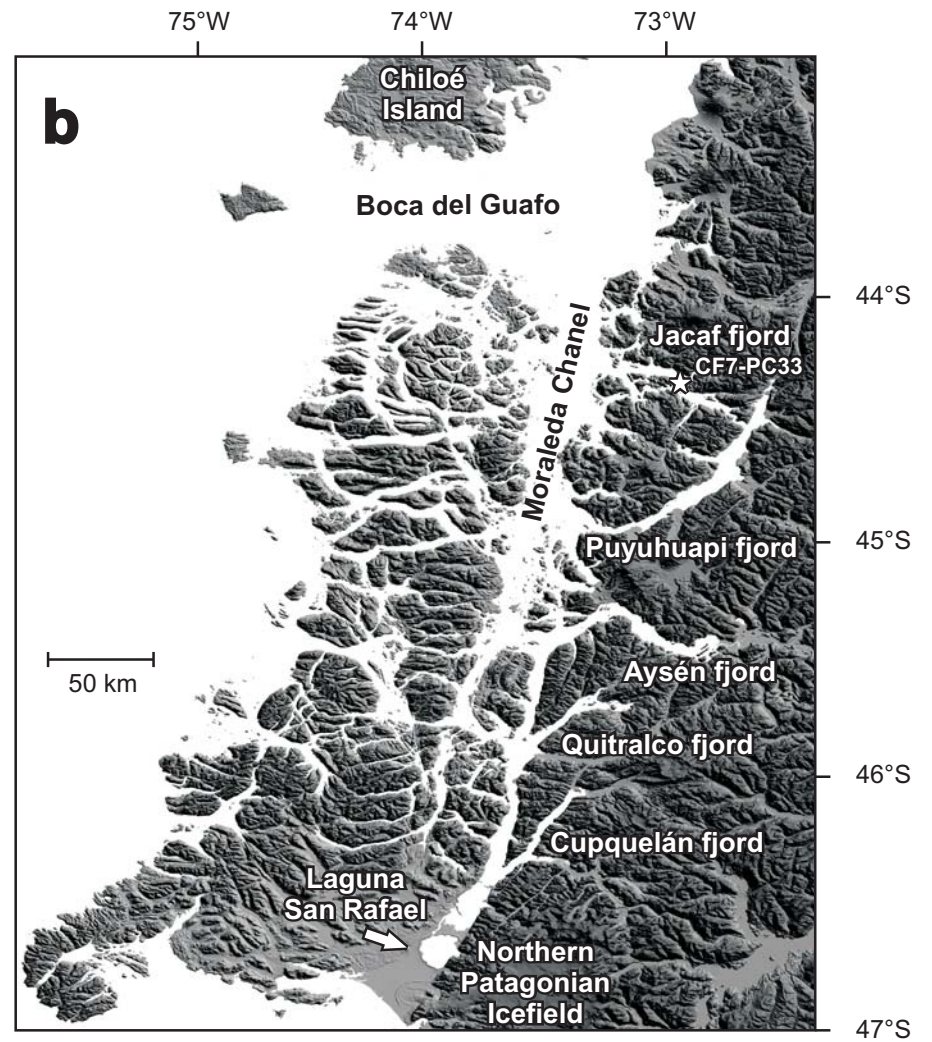
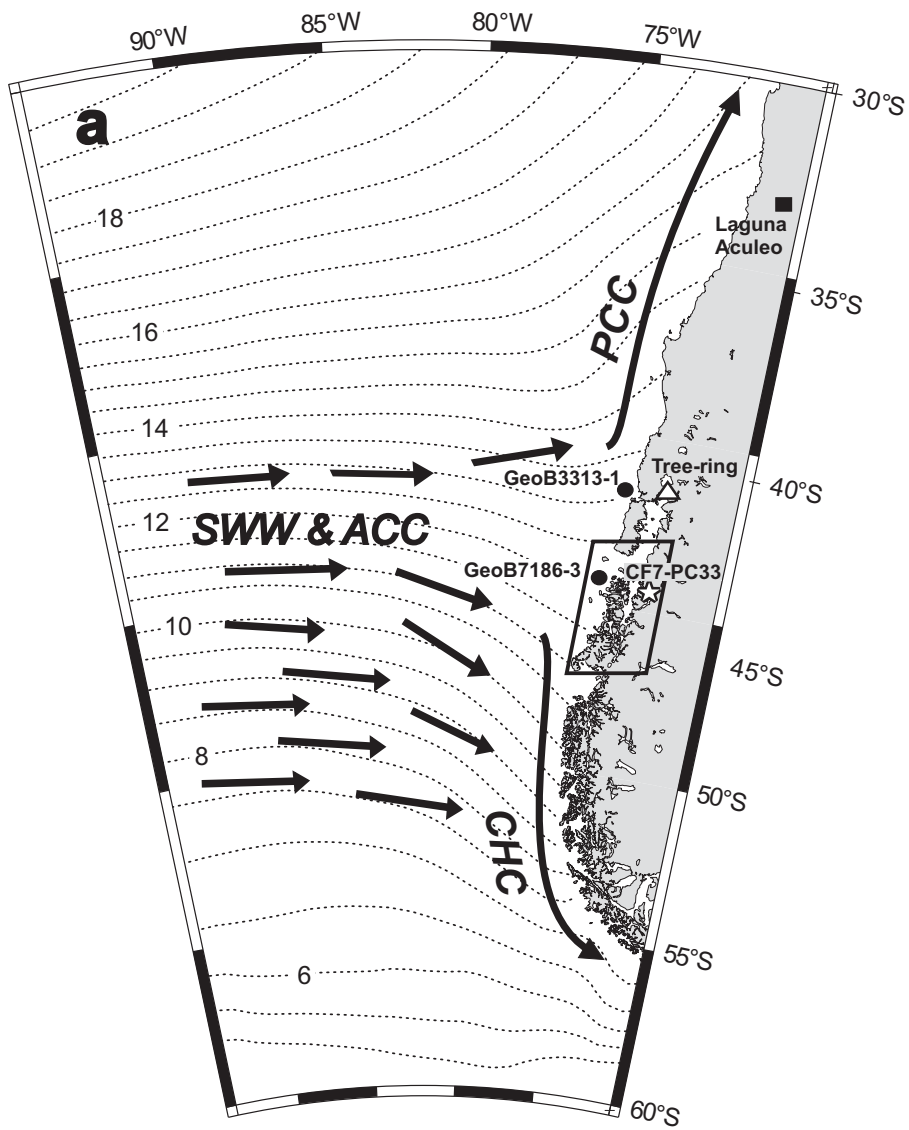


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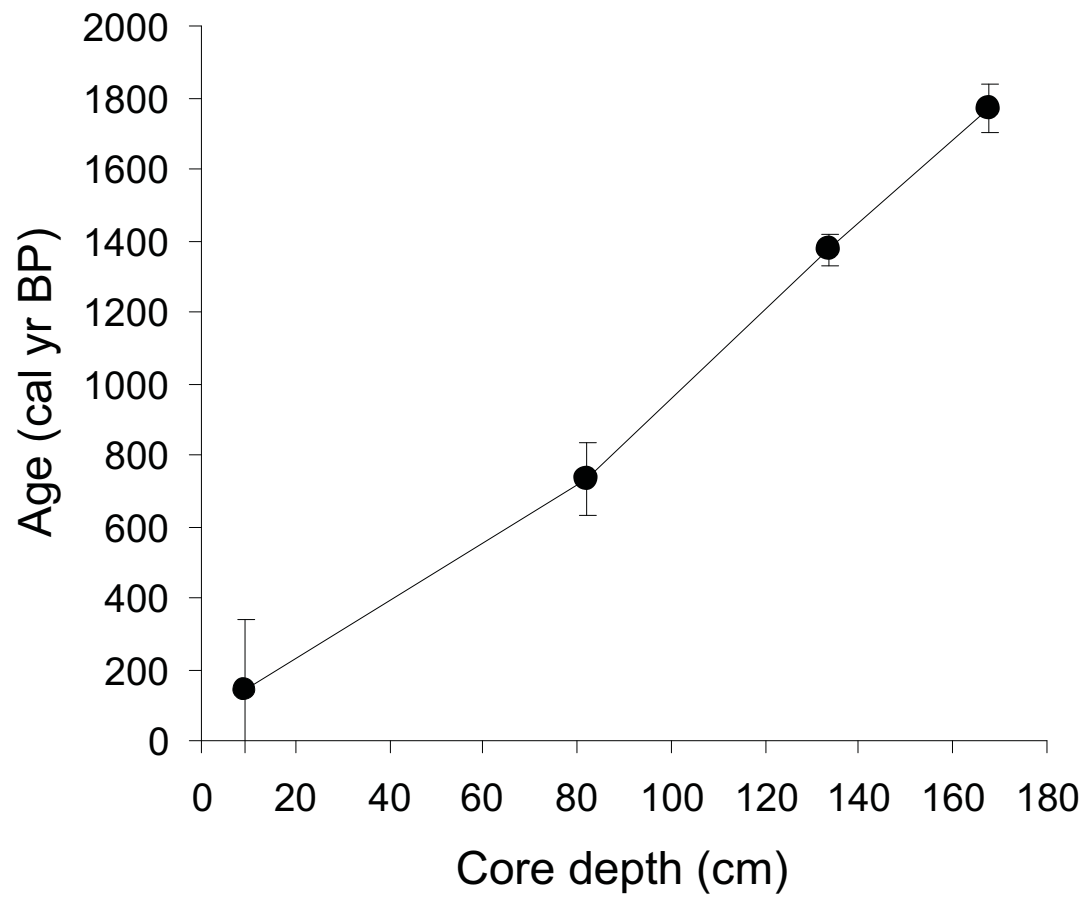




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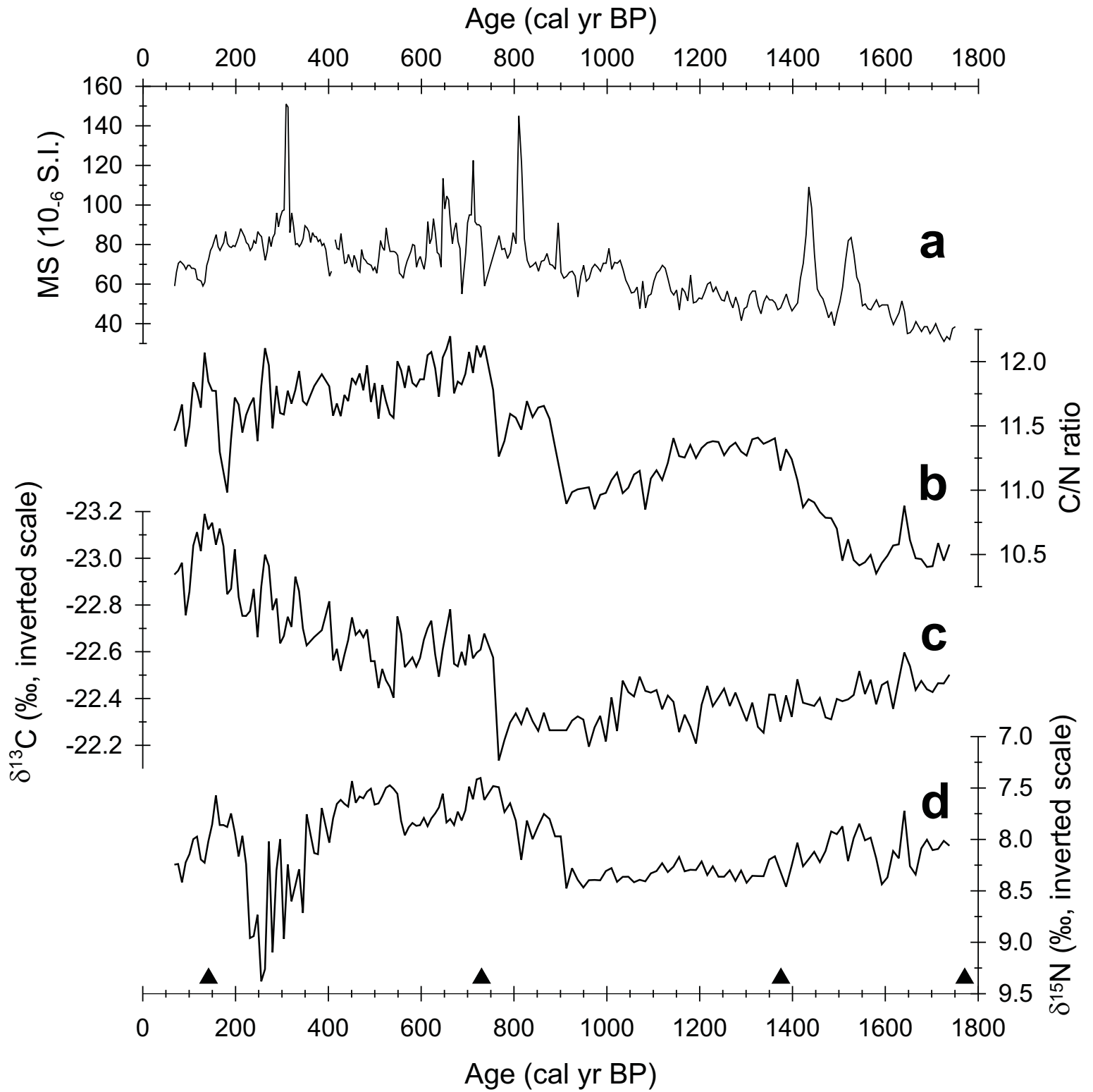


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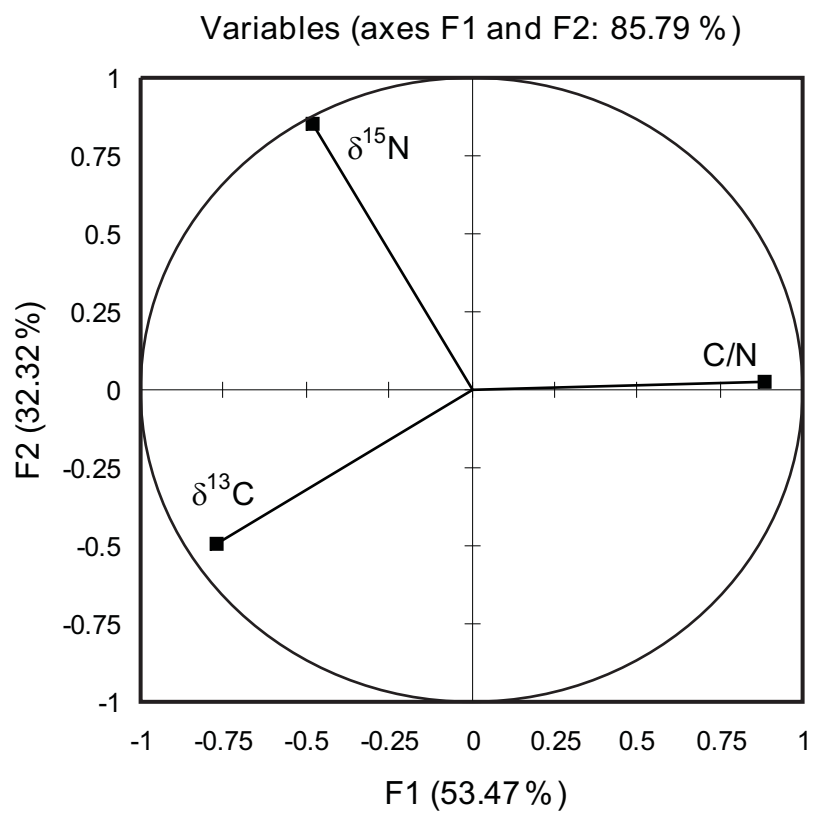


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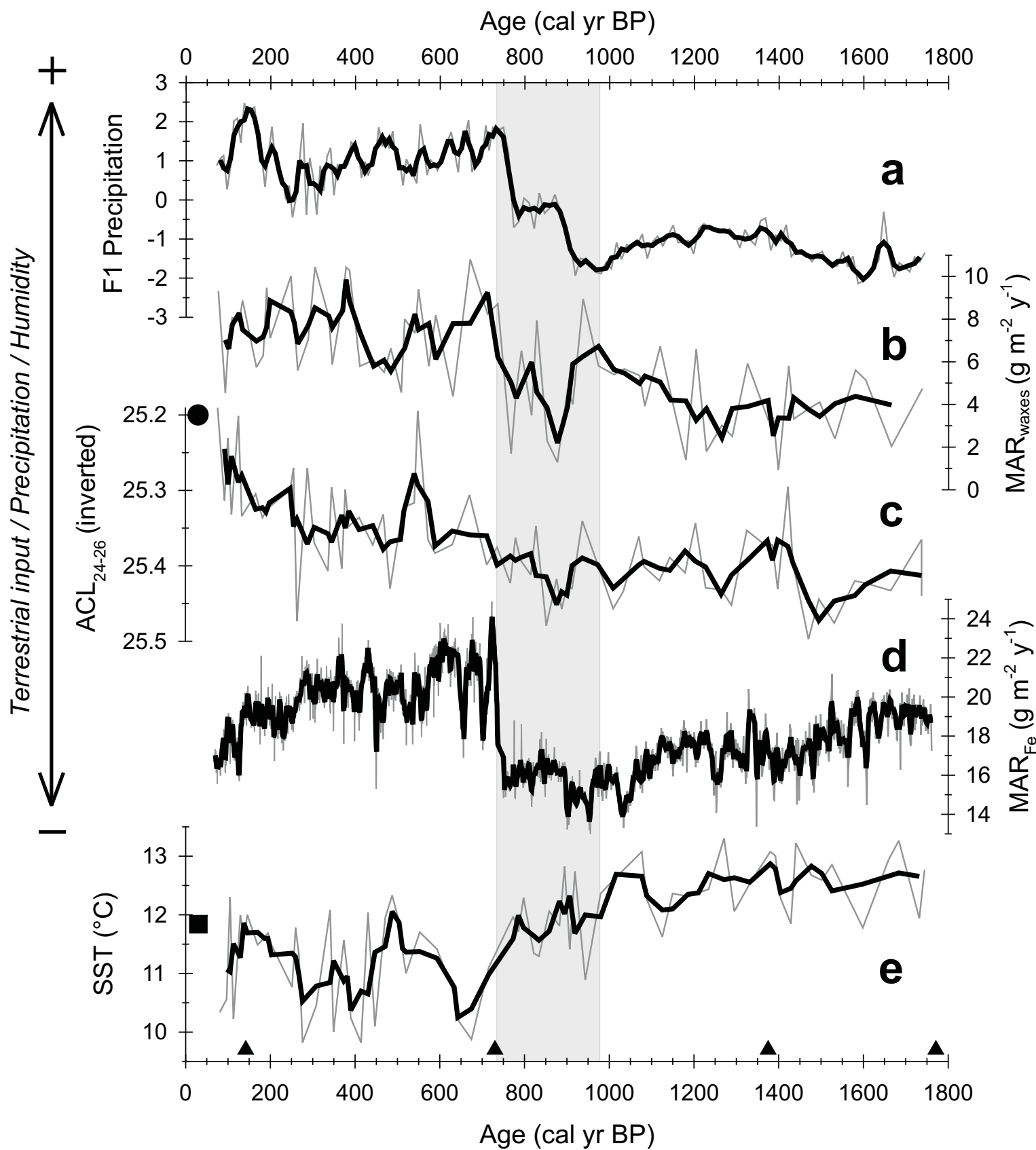


Figure 6

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