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Tea tree and jojoba oils enriched bigel loaded with isotretinoin for effective management of acne

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The study is aimed at the preparation of isotretinoin (ITR) loaded bigel for acne therapy. Bigels were enriched with tea tree and jojoba oils known to bestowed soothing properties. Bigels were evaluated for the physiochemical parameters viz. pH, viscosity, etc, *in vitro* release, and *ex vivo* permeation. The results displayed enhanced retention and antimicrobial potential of optimized B2 gel when compared with plain gel and other formulations. Thus the bigel of isotretinoin could be a promising delivery system for the treatment of acne.

Keywords: Acne, Bigel, Jojoba oil, Tea tree oil.

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Introduction

Acne vulgaris of the face is reported to be most common in the Indian population comprising ~1% of all dermatology patients¹. The pathogenesis of acne is related to many factors, such as excess sebum production, overgrowth of *Propionibacterium acnes* in obstruction of the pilosebaceous unit, and inflammation induced by bacteria². Many approaches have been used as well as many topical formulations developed to treat skin problems such as eczema, psoriasis, acne, and wound healing³. Thus, cosmetic manufacturers struggle to find ways to produce an effective product that matches all the needs of consumers⁴. The product should meet the need of all age groups and skin type. as well as environmental factors such as pollution along with the efficacy of the formulations⁵. A substantial number of shortcomings regarding cosmetic products has been reported comprising of instability and high sensitivity towards pH, temperature, light, and oxidation process as well as irritation and allergy upon application⁶. All these considerations have been a driving force for the development of new technology for manufacturers⁷. Recently it has been suggested that isotretinoin (ITR) should be used for the management of moderate-

severe acne⁸. ITR is a drug of choice in the treatment of all types of acne, including recalcitrant, severe and nodulocystic⁹. The most widely employed route of its administration is oral intake, but oral administration is reported to be associated with severe side-effects such as skin dryness and psychological disorders¹⁰. Consequently topical delivery, of ITR has been opined¹¹. However, it is associated with several hiccups like irritation, erythema and peeling of the skin. Hence to overcome these side effects, the current study is embarked upon to develop of “optimized” Bigel of ITR. The developed system was characterized and evaluated for skin compliance, skin transport characteristics, and anti-acne potential¹².

Gels are semi-solid formulations and are broadly classified into hydrogel and organogel based on the nature of the continuous phase. Hydrogels have an aqueous phase system, while, organogel include a polar solvent as continuous phase^{12,13}. Bigels are formulated by mixing of both aforementioned gels i.e., hydrogel and organogel in defined proportions. It has been found that the drug release rates from the organogels can be increased many folds by converting the organogels into a bigel¹⁴. Bigels are soft solids that belong to a class of interfacially jammed emulsion gels¹⁵. These classes of biphasic gels are quite unexplored and have been gaining attention in the food as well as pharmaceutical industries as they can simultaneously deliver both lipophilic and

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hydrophilic drugs¹⁶. Due to the presence of hydrogels, these gels provide enhanced hydration of the stratum corneum thereby providing a cooling and moisturizing effect¹⁷ and are now being studied extensively. Tea tree oil (TTO) is an essential oil, steam-distilled from the plant *Melaleuca alternifolia*. It has a minimum content of terpinen-4-ol and a maximum content of 1, 8-cineole. Terpinen-4-ol is a major TTO component that exhibits strong antioxidant, anti-inflammatory properties and broad-spectrum antimicrobial activity against bacterial, viral, fungal, and protozoal infections affecting skin and mucosa¹⁸. Several studies have suggested the uses of TTO for the treatment of acne vulgaris, seborrheic dermatitis, and chronic gingivitis¹⁹. Jojoba (*Simmondsia chinensis*) is a long-lived, drought-resistant, perennial plant oil that is the main biological source of wax esters and has a multitude of potential applications²⁰. Jojoba oil has an anti-inflammatory effect and can be used on a variety of skin conditions including skin infections, skin ageing, as well as wound healing²¹. Moreover, jojoba has been shown to play a role in cosmetic formulations such as sunscreens and moisturizers and also enhances the absorption of topical drugs²².

Materials and Methods

Materials

Isotretinoin was obtained from Navketan Pharma, Aurangabad, India. Tea tree and jojoba oils were purchased from Sugandhco (P) Limited, Lucknow. Span 60 (S-60) was purchased from HiMedia Laboratories Pvt. Ltd., Mumbai, India. All chemicals were of analytical grade and were purchased from Himedia, Mumbai unless otherwise specified.

Preparation and optimization of bigel

Preparation of bigels involved a three-step process. The first process involved the development and optimization of the organogel and the second step comprised of the formulation and optimization of the hydrogel. The third step was the preparation of bigel by the dropwise addition of molten organogel in hydrogel.

Preparation and optimization of organogel

The preparation and optimization of organogel were based on critical gelling agent concentration. Organogel formulations were prepared by varying the concentrations (10, 15, 20, and 30 % w/w) of S-60, to decide critical gel concentration (the lowest concentration and viscosity at which organogel was first developed with good thermodynamic stability).

Organogels were prepared by dissolving different concentration of S-60 in 80 g of jojoba oil and 5 g of tea tree oil. The mixing was carried out at 70 °C with a stirring speed of 500 RPM and subsequently cooled to 25 °C. ITR (0.05% w/w) loaded organogel was prepared in the same way and further mixed with hydrogel to form bigel. All the organogels were optimized based on thermodynamic stability and low viscosity (Suppl. Table 1).

Preparation and optimization of hydrogel

Hydrogel (1% w/w) was prepared by soaking the weighed quantity of carbopol (1 g) in the required quantity of distilled water as per the established method²³ the author's lab. The stable hydrogel was formed after occasional stirring.

Preparation of bigel

Bigels were prepared by dropwise addition of molten organogel in carbopol hydrogel (70 °C, 500 RPM) until a homogenous mixture was obtained. Based on the composition, the mixture either formed a bigel or remained as a phase-separated system when cooled to room temperature. Ten formulations were developed by varying the composition of organogel and hydrogel with (B-1 to B-5) and without isotretinoin (DB-1 to DB-5) (Suppl. Table 2). The bigel formation was confirmed by tube inversion test (Suppl. Fig. 1).

Characterization of bigel

Drug-excipient compatibility study

The chemical interactions between the drug and components of the bigels were analyzed using Fourier Transform Infrared Spectroscopy (FTIR) (FTIR-8400S Shimadzu, Japan). The FTIR Spectrum of ITR along with excipients such as carbopol 934 and span 60 were observed and analyzed.

Physical appearance

The physical appearance of the bigel formulations was visually observed for change in colour, homogeneity, consistency, and phase separation. Tube inversion test was also carried out to confirm the development of bigel.

Determination of pH and viscosity

The pH of the bigel formulations was determined by using a digital pH Meter (NIG333, New Delhi). For pH determination, bigel (0.1 g) was suitably diluted with distilled water and then the pH of the solution was measured.

The viscosity of bigels was studied using a digital Viscometer (Labsonic LT-730). Bigel (30 g) was kept in a beaker. Viscosity was determined using spindle no. 4 at a velocity of 60 rpm. The Experiments were done in triplicate at room temperature.

Leaching of oil

The leaching of the internal phase was qualitatively studied using the filter paper method. Square slabs of 1.9 cm diameter of all five formulations (B-1 to B-5) and hydrogel was kept on a filter paper and incubated at 37 °C for 24 hours. The quantification of the leaching of the internal phase was done as per the reported literature²⁴.

Fluorescent microscopy

The microarchitecture and the nature of the bigel were determined using a Fluorescent Microscope (Nikon Eclipse). The bigels for the fluorescence microscopy were prepared by dissolving fluoresce in isothiocyanate dye (FITC 0.1% w/w) in organogel. The organogels in the molten state were mixed with hydrogel to form dye loaded bigels. The prepared samples were analyzed by fluorescence microscopy.

Thermal properties

The melting points (T_m) and the thermal profiles of the developed bigels were analyzed using a differential scanning Calorimeter (Pyris Diamond TG/DTA, PerkinElmer (Singapore). A platinum crucible was used with alpha alumina powder as a reference. The analysis was performed under a nitrogen environment maintained at a flow-rate of 150 mL/min.

Drug content

The drug content of bigel was determined by dissolving the 0.1 g of bigel in the 5 mL of methanol. The solution was mixed followed by vortexing for 5 minutes and filtered. The absorbance was measured using a UV-Visible Spectrophotometer (Labtronics Model LT-2910) at 332 nm to calculate the content ITR in bigel.

Texture analysis

Bigels were analyzed for hardness, adhesiveness, spreadability, and extrudability using CT3 Texture Analyzer (Brookfield Engineering Laboratories, USA). For the study of hardness and adhesiveness, TA 10 probe and TA-BT-KI fixture were used by filling the bigel (30 g) in a beaker. The TA 10 probe was allowed to compress into the sample (speed of 1

mm/s to a depth of 30 mm) with a trigger load of 4 g to complete 1 cycle of the experiment. The hardness was noted in term of force required to deform the bigel. The spreadability of bigels was measured by using a male and female cone-type probe and extrudability was determined by the TA-DEC probe. The experiment was performed for a comparative study of bigel formulations vs marketed gel. Data were generated using Texture Pro CTV1.3 software.

In-vitro drug release studies

A modified Franz's diffusion cell was used to study the *in-vitro* release profiles of ITR from the bigels (3.14 cm² area and 20 ml volume). The release studies were carried out in phosphate buffer (pH 7.2). Weighed quantity of (0.5 g) of bigel was placed in a formerly activated dialysis membrane mounted between the receptor and donor compartment. The donor compartment was filled with 20 mL of the buffer as dissolution media, kept on stirring at 100 rpm and the temperature was maintained 32±1 °C. Samples were collected at regular time intervals over a period of 24 hours and analyzed at 332 nm using a UV-Visible spectrophotometer. Experiments were done in triplicate.

Release kinetics study

The drug release data of the formulations (bigel) was plotted using various kinetic models i.e. zero order, first order, Higuchi's kinetics and Korsmeyer's equation to evaluate the drug release mechanism and kinetics as mentioned in literature.

Ex-vivo permeation and ex-vivo retention studies

The experiment was carried out in Franz diffusion assembly using goatskin (obtained from the local slaughterhouse, Lucknow), with the optimized formulation (B-2) in triplicates. Hair was removed carefully with an electric applicator and the skin was rinsed with physiological phosphate buffer (pH 7.2). The adhering fatty tissues below the skin were removed using isopropyl alcohol. The skin section was clamped between the donor and the receptor chamber of the vertical diffusion cell with an effective diffusion area of 3.14 cm² and a cell volume of 20 mL. The receptor chamber was filled with a freshly prepared mixture of physiological PBS (pH 7.2). The diffusion cells were maintained at 37±0.5 °C using a recirculating water bath and the fluid in the receptor chamber was stirred continuously at 300 rpm on a magnetic stirrer. Accurately weighed

1.0 g of the gel was placed in the donor chamber. Samples (2 mL) were withdrawn at a regular time interval, and the same volume of PBS (pH 7.2) was added to maintain the sink condition and then analyzed at 332 nm using a UV-visible spectrophotometer. Experiments were performed in triplicate.

Ex-vivo antimicrobial Studies

The antimicrobial activity of optimized bigel (B-2) and conventional formulation (10 mg/mL) was carried out against *Staphylococcus aureus*, one of the bacteria responsible for causing acne, using the disc diffusion method. The Kirby-Bauer test was used to determine the zone of inhibition²⁵. The concentrations of each formulation were incorporated into the filter paper discs and the disc of each formulation was placed into the agar medium for 24 hours at 37 °C. It gave a clear zone of inhibition around the disc, indicating the antimicrobial activity of the formulations. The zones of inhibition so obtained were measured, and the results were compared. This study was performed in triplicate for each formulation.

Stability studies

The accelerated stability of the bigels was carried out by the freeze-thaw method. In this method, bigels were alternatively kept at -20 °C (freezing) and 70 °C (thawing) for 15 min. The study was performed for 5 cycles, and the bigels were checked visually for any signs of destabilization (phase separation) after each cycle. The bigels were allowed to reach room temperature upon completion of five cycles and finally evaluated for their organoleptic characteristics along with drug content and pH. The long-term stability of bigels was estimated by incubating the weighed samples at 30±2.0 °C and 65% RH ± 5% RH for 3 months. The bigels were observed for any changes in the visual appearances (e.g. colour change, phase separation or syneresis) and drug content at regular intervals of time (0, 10, 30, 60, and 120 days respectively).

Result and Discussion

Based on the literature reported, different organogel formulations were prepared by varying the concentrations of SP-60 to decide critical gel concentration i.e., the lowest concentration at which organogel was first developed and which has the lowest viscosity and thermodynamic stability (Suppl. Table 1). The organogel containing 15% w/w SP-60 was found to be optimized as it displayed no signs of phase separation, low viscosity, and thermodynamic stability.

Characterization of bigel

Drug-excipient compatibility study

In Suppl. Fig. 2a, ITR was characterized by bands around 1700–1500 and 1300–1100 cm⁻¹ that correspond to C=O and C–O stretching vibrations. The IR spectrum of ITR along with the excipients present in the bigel closely resembles the IR spectrum of ITR, carbopol 934, SP-60. The characteristic bands of ITR present with reduced intensity as shown in the FTIR spectrum of bigel probably due to the restriction inside the formulation matrix. The absorption band at 3400 cm⁻¹ due to hydroxyl stretching was not affected in the formulation, which emphasized the absence of any possible interaction between the drug and the formulation components used.

Physical appearance

The prepared bigel formulations (Suppl. Table 2) were visually tested for colour, physical appearance, homogeneity, and texture. The physicochemical properties of the gel formulations are given in Suppl. Table 3. The results displayed B-1 and B-2 bigel formulation possessed good homogeneity, smoothness and texture with no phase separation as compared to other prepared bigels. Therefore, the two physicochemical stable bigels B-1 and B-2 were taken for further studies and formulations B-3, B-4, and B-5 were dropped out. Further fluorescence microscopy of these samples was performed. The droplet size and population of bigels are shown in Suppl. Fig. 3. The fluorescent micrographs showed non-uniformly distributed spherical droplets. The droplets were smaller and lesser in number in the bigels containing lower proportions of the organogel. The dispersed droplets showed green fluorescence, suggesting the presence of organogel as the dispersed droplets indicating the formation of oil/water emulsion gel.

pH and viscosity measurement

The pH of all the gel formulations was in the range of 6.5 to 7.0, which lies in the normal pH range of the skin and would not produce any skin irritation²⁶. There was no significant change in pH values as a function of time for all formulations.

The viscosity of the bigels increases with an increase in the concentration of organogel as shown in Supplementary Table 3. The increase in viscosity could be attributed to a higher concentration span-60 giving physical strength and stability of organogel²⁷.

Leaching of oil from bigel

The leaching of the internal phase was qualitatively studied using the filter paper method. Hydrogel B1 and B2 displayed no signs of leaching, however, hydrogels B3, B4, and B5 displayed leaching in a range of 1.4 ± 0.5 , 2.2 ± 0.3 , and 2.7 ± 0.4 cm respectively (Suppl. Table 3). This could be attributed to the formation of a rigid gel network of the system towards which oil displayed higher affinity and remains entrapped into it preventing leaching from the gel²⁸.

Thermal analysis

An increase in the melting points of the bigels was observed with an increase in the proportion of the organogel of B-1 and B-2. An increase in the solid component is associated with the increase in the orderliness at the molecular level²⁹. Hence, a higher amount of energy is required. From the results, it may be assumed that the bigels prepared with higher proportions of organogel lead to the formation of formulations with higher thermodynamic stability (Suppl. Fig. 4).

Drug content and texture analysis

The drug content of all the formulation was found to be in a range of 92.1 ± 2.33 to 98.85 ± 0.13 (Suppl. Table 3). Formulation B-1 and B-2 displayed extrudability of 318.8 ± 2.44 and 315.0 ± 3.11 mJ respectively. The adhesive force was found to be 215.66 ± 2.13 and 242.33 ± 1.99 g and spreadability of 5.0 ± 0.3 and 7.6 ± 0.5 respectively. The texture analysis profile is shown in Suppl. Table 4. The adhesive force of B-2 was found high when compared to B-1, while B-2 showed good sticky behaviour with high spreadability, less hardness, and a little difference in extrudability (easy to extrude the formulation from the packaging of the formulation) led to an optimized formulation B-2 (Suppl. Table 4).

In-vitro drug release profile and release kinetics

A significantly ($P > 0.05$) higher release of $80 \pm 3.22\%$ was displayed from B-2 when compared with $60 \pm 2.31\%$ of conventional gel. The release was diffusion mediated release which could prove to be a better topical delivery (Suppl. Fig. 5). The prepared bigel follow Korsmeyer-peppas model indicating the release to be diffusion mediated³⁰ (Suppl. Table 4).

Ex-vivo permeation and retention studies

Ex-vivo per cent permeation was found to be $54.05 \pm 2.31\%$ of the optimized formulation B-2 and

$41.48 \pm 3.22\%$ of conventional gel which indicated that a less percentage of the drug was permeated in comparison to conventional gel over a period of 24 hours and was diffusion mediated with a permeation flux of 0.903 J. However, an *ex-vivo* retention study of the optimized bigel formulation after 24 hours displayed retention of $23 \pm 2.0\%$ drug on the dermal layer. This gives auxiliary evidence that the formulation is suitable for topical delivery as the retention aids in enhancing local effect³¹ (Suppl. Fig. 6).

Ex-vivo antimicrobial studies

The formulation displayed a significantly higher ($P > 0.05$) zone of inhibition when compared to conventional gel. The zone of inhibition was found to be 32 ± 0.127 and 17 ± 0.513 mm for bigel and conventional gel respectively after an incubation period of 48 hours.

Stability studies

The formulations were subjected to short term stability through a freeze-thaw cycle (5 cycles) and no significant difference in drug content, physical appearance, and pH of the bigel was observed (Suppl. Table 5). This indicates that the formulation possesses good stability at different temperatures. Further, the optimized batch B-2 was subjected to long term stability and stored in vials at $30 \text{C} \pm 2^\circ\text{C}$ over a period of 120 days. The formulation revealed no significant change in the aforementioned physicochemical characteristics. However, Drug content and the pH value insignificantly decreased with time at temperature $30^\circ\text{C} \pm 2^\circ\text{C}$. The result of the stability study suggests the ITR bigel B-2 can be used for a long time and can be kept at room temperature. The method of preparation was facile, reproducible, and suitable for scale-up.

Conclusion

The current study is based on an easy and economical method for novel bigels preparation. The bigels with higher proportions of organogel were smooth, stable and biocompatible in nature and showed higher viscosity. The bigels with lower proportions of organogel showed higher drug release following diffusion mediated Korsmeyer Peppas model which is ideal for a diffusion mediated release system. Hydrogel present in it reduces the dryness (as a side effect) of the drug. The developed bigels may be tried as matrices for topical delivery of an antiacne drug. It is expected that the two gel systems

in bigels may synergize enhancement of hydration of stratum corneum, moisturizing effect, spreadability, and drug penetration as desired for topical application.

Conflict of interest

The authors declare no conflict of interest

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