

TITLE:

Preference and Popularity of Combative Activities among Primary School Pupils in Selected Region

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ABSTRACT

The diploma thesis will deal with the preferences and popularity of individual combative activities of pupils of the second level in selected primary schools, the choice of which was determined in relation to the cities' population. It will bring basic information about the developmental specifics of the given age category. In the theoretical part, the reader will learn about the knowledge of combative systems. The work will also highlight the importance of regular sports in children's lives and in this respect, it will point out combative activities as a key element in the development of an active lifestyle. The practical part will focus on the active sports involvement of children in individual combative activities and their interest in them not only in physical education lessons but also beyond them. Moreover, it will compare the differences of these preferences among pupils of the second grade across the selected elementary schools. Attention will also be paid to gender differences.

KEY WORDS

Combative activities, combat sports, physical education, sports preferences, younger school age, primary schools