Abstract

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Title: Influence of the posture's change on respiratory function in spinal cord injury

patients.

**Objectives:** The purpose of this thesis is to analyze change in respiratory function on

change of posture in patients with spinal cord injury (SCI). Another objective is to

compare the respiratory functions in a health subjects and in a SCI patients. Last but not

least is an effort to find out whether SCI patients have a pattern of restrictive pulmonary

dysfunction. The findings can help understanding development of respiratory

complications after spinal cord injury. It may help in choosing optimal position during

respiratory examination and respiratory rehabilitation.

Methods: In theoretical part, there were explored the available knowledges about

respiratory complications and their effects on posture. In practical part, there were 26

subjects – 16 patients with SCI and 10 healthy subjects. Subjects with SCI were divided

into two groups – one with paraplegia and other one with quadriplegia. Measurements

were performed with spirometer on each subject during supine, sitting and standing

postures. There were collected vital capacity (VC), forced vital capacity (FVC) and forced

expiratory volume in first second (FEV1) data from all subjects. All data were processed

in Microsoft Excel. Statistical significance was determined in program "R" using two-

tailed t-test and ANOVA test.

**Results:** The experiment has shown that patients with SCI displayed much smaller values

of all of the respiratory parameters compared with data of healthy subjects. Effect of

posture on respiratory function was clinically determined in paraplegics and health

subjects. Statistically, there was no difference because sample of subjects was small.

Results showed suspicion on pattern of restrictive pulmonary dysfunction in patients with

SCI.

**Keywords:** paraplegia, quadriplegia, spirometry, respiratory complication, lung volumes,

pulmonary disorder