## Working hours, their duration and work schedule

## **Abstract**

The diploma thesis deals with the topic of working hours and related institutes in Czech labor law in order to provide a comprehensive overview of the valid legal regulation. In addition, the work deals with the issues of breaks and rest periods, which are inseparably related to working hours.

The thesis is divided into six chapters, which are subdivided into subchapters. The first chapter contains a historical excursion into the history of working hours regulation in the Czech lands from the Middle Ages to the present. I also mention the valid legal regulation of working hours at international and national level.

The second chapter defines the concept of working hours, followed by a detailed description of each of the related institutes - its length, scheduling of work, work overtime, night work, on-call duty and working hours register.

The following chapters discuss the organization of working hours for employees who look after children or other natural persons, pedagogical workers, workers in transportation and employees working under agreements to work outside the scope of employment. For these employees, there are some deviations from the general legal regulation of working hours or special conditions, as I refer here.

The last chapter deals with flexible forms of working hours. I am trying to address not only the possibilities of their application in the harmonization of work and private life but also the advantages and disadvantages resulting from such application. Flexible forms of working hours are divided into two groups depending on whether they are directly regulated by the Labour Code or whether they are explicitly unadjusted in Czech law.

The conclusion of this thesis summarizes the acquired knowledge and the current state of the legal regulation of working hours in the Czech Republic and outlines possible development in the use of flexible forms of working time.