

Abstract

Title: Case study of physiotherapy care of a patient after rotator cuff repair

Objectives: The main objective of this bachelor thesis is case study of a patient after surgery – rotator cuff repair. The next objective is summary of theoretical knowledge regarding the diagnosis and its treatment.

Methods: General part focuses on the diagnosis of rotator cuff and its treatment. Theoretically, It was summarized the anatomy and kinesiology of the shoulder joint, rotator cuff tears, impingement syndrome and treatment of these diagnoses. Much of the theoretical part also focuses on a summary of physiotherapy care for patients with this condition. The special part is the case of the patient after rotator cuff repair. This section contains the medical history of the patient, input and output kinesiology analysis, therapeutic units and their results.

Results: The objectives of physiotherapy care were met. Data for case study I have gained during the special practice in hospital Bulovka in January 2016.

Keywords: shoulder joint, rotator cuff, case study, physiotherapy