

Abstract

Title: Differences in game acts at the baseline among youth and adult categories in tennis.

Goals: The aim is to find out where on the court the players move in time of hitting the ball, if they „circle it“ and to what extent. We'll compare the results through youth and adult categories.

Method: Using a structured observation we observed the position of the players during the match on the court and the representation of single strokes during the game.

Results: The results show the differences in game acts among all categories: the position of the player during the hit of the ball, the percentage of forehands and backhands in the game and success and effectiveness of strokes from the baseline.

Key words: tennis, efficiency, success, stroke position