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The title of the bachelor thesis:

Lifestyle and Physical Activities of Female Students Aged 11-15 from Selected Schools in Prague 11

Goal of the paper: To map out physical activities of female students aged 11-15 and their determinants

Method: The paper is based on a research carried out by means of a standard University of Tasmania questionnaire. The results of the questionnaire were analysed and compared with the set hypotheses.

Outcomes: H1 hypothesis assuming that physical activities decrease with the growing age of girls has not been confirmed. H2 hypothesis assuming that physical activities during weekdays are more intense than at weekends has not been confirmed. H3 hypothesis assuming that watching TV and using PC increases with the growing age of girls has been confirmed.

Key words: lifestyle, hypokinesia, motoric activity, physical activities, physical education activity, sport activity