

Abstract

Title:

Measurement of movement creativity of pupils aged 10 – 12 years

Objectives:

The aim of the work was to verify the impact of extra-curricular movement activities on movement creativity of the pupils 10 – 12 old. By means of survey questionnaire we will acquire the information how many responders pursue movement activities and what kind of these activities. For the purpose of this work the basic schools in Prague and Mladá Boleslav will be addressed, research will be done with the pupils of 4th - 6th class. P.E. teachers with the pupils will fill in anonymous personal questionnaires with the chosen group and consequently a standardized Iowa-Brace test of docility and non-standardized test of movement creativity will be done with them.

Method:

The results will be acquired by the methods of qualitative and quantitative research. Non-standardized questionnaire, standardized Iowa-Brace test and non-standardized test of movement creativity will be used. The results will be worked out by Microsoft Excel computer program.

Results:

The found out results proved that the responders who go in for gymnastic sports achieved the best assessments in the tested group. In the order of popularity the dancing activities and games take the leading positions, on the contrary we found a little interest in traditional gymnastic sports. From the assessment of the results we can infer the recommendation to include gymnastic exercises in greater extend during the P.E. lessons as an incentive of movement creativity.

Key words: movement creativity, gymnastics, movement activity, docility.