Population trends of waders on their boreal and arctic breeding grounds in northern Europe

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Waders form a conspicuous part of the bird fauna in boreal and arctic areas, where they inhabit forests, wetlands, mires and tundra. These are important breeding areas for a large set of wader species, and may be particularly vulnerable to climate change. However, large-scale and systematic monitoring data from the breeding grounds of boreal and arctic waders are largely lacking. We present population trends for 22 wader species breeding in the boreal and arctic parts of Fennoscandia (Norway, Sweden and Finland) between 2006 and 2018. The trends are based on 9,713 surveys of 1,505 unique routes (6-8 km), each surveyed in at least two years, evenly distributed over an area of ~1 million km². The trends were significantly negative for three species: Red-necked Phalarope Phalaropus lobatus (-7.9% year⁻¹), Broad-billed Sandpiper Calidris falcinellus (-5.4% year⁻¹), and Whimbrel Numenius phaeopus (-1.3% year¹). The trends were significantly positive for three species: Oystercatcher Haematopus ostralegus (+4.9% year⁻¹), Dunlin Calidris a. alpina (+4.2% year¹) and Wood Sandpiper Tringa glareola (+0.8% year⁻¹). For the remaining species, we found no statistically significant trends. On average, as shown by a multi-species indicator, there was no general change in numbers over time. On 1,539 routes with at least one survey, wader species richness as well as total number of wader pairs increased significantly with increasing latitude. Species population trend was not correlated with breeding latitude, but population trends of long-distance migrants tended to be more negative than those of medium-distance migrants. The recent fortunes of waders breeding in northern Fennoscandia have been more buoyant than those in other parts of Europe, but the trends for some species are worrying.

Keywords

monitoring species richness multi-species indicator total abundance shorebirds

INTRODUCTION

Many waders breed partly or exclusively in boreal and arctic areas, where they inhabit forests, wetlands, mires and tundra (Järvinen & Väisänen 1978, Lappo *et al.* 2012, Wetlands International 2012). Not only are these areas important for a large set of wader species, they may be particularly vulnerable to climate change, since climate, not least temperature, is expected to change faster in high latitude areas than elsewhere (IPCC 2014). Increasing summer temperatures can have drastic effects on arcticbreeding waders through their influence on habitat structure, food availability and predator-prey interactions (e.g. Lindström & Agrell 1999, Rehfisch & Crick 2003, van Gils *et al.* 2016). Furthermore, other environmental changes, such as habitat degradation of peatlands, can also contribute to declining populations of northern mire birds, including waders (Fraixedas *et al.* 2017).

Many wader populations around the world, including several breeding in the far north, have declined dramatically in recent times (Wetlands International 2012, BirdLife International 2015, Studds *et al.* 2017). However, large-



Fig. 1. The black dots show the 1,505 routes that were surveyed at least twice in 2006–2018 and used for estimating population trends. The 34 grey dots are routes surveyed once, which were added to the 1,505 for the analyses of species richness and wader densities. The 17 white dots are routes which have not yet been surveyed. All routes are positioned between 58°N and 71°N, and their distribution largely coincides with the boreal and polar regions of Norway, Sweden and Finland. The Arctic Circle (at 66°34'N) is also shown.

scale and systematic monitoring data from their breeding grounds are hard to come by, mainly due to logistic problems. These include vast and largely inaccessible areas of mires, taiga and tundra, and low densities of observers. Most estimates for northern breeders instead come from outside the breeding grounds, at stopover sites during migration (e.g. Waldenström & Lindström 2001, Bart *et al.* 2007, Meltofte & Claussen 2016) or from their wintering sites (Wetlands International 2012, Simmons *et al.* 2015, van Roomen *et al.* 2018). However, the precise location of the breeding grounds of these birds may be poorly known, and estimates of yearly population change may be affected by spatial and temporal variation in migration routes, usage of stopover sites and wintering areas (Ydenberg *et al.* 2004). In Fennoscandia (Norway, Sweden and Finland) largescale systematic and representative bird monitoring has been carried out over the last two decades, with hundreds of routes in each country being surveyed each year (Lindström et al. 2015). The routes cover mires, taiga and tundra in direct proportion to their surface area, distribution and characteristics. As far as boreal and arctic waders are concerned, this resulted in a first publication of large-scale population trends based on counts on their breeding grounds. Trends were presented for the period 2002-2013, based on 1,263 routes evenly distributed over an area of ~1 million km² (Lindström et al. 2015), where the years 2002-2005 were represented by Swedish data only. Since 2013, the Norwegian and Finnish monitoring efforts especially have been intensified, now providing even better coverage of northern-breeding waders in these countries.

We here present joint Fennoscandian as well as national population trends for 22 species during the period 2006-2018. For a subset of species, we compare the trends with long-term population trends from other parts of their European breeding area, and trends from the non-breeding season. We also follow up on Lindström et al. (2015) and test whether migratory status (Sanderson *et al.* 2006) and latitudinal distribution (Jiguet et al. 2010, Laaksonen & Lehikoinen 2013) may correlate with population trends. Several studies have found that climatic preference roughly coincides with breeding latitude, and that population trends within and between species differ depending on their climatic preferences (e.g. Devictor et al. 2008, Jiguet et al. 2010). Our hypotheses are that long-distance migrant waders have declined more than medium-distance migrants, and that population trends of northerly distributed (colddwelling) species are more negative than those of southerly distributed (warm-dwelling) species (Tayleur et al. 2016). Finally, we present some general estimates of how species numbers and total wader densities vary within Fennoscandia. This topic has been addressed before (Järvinen & Väisänen 1978, Boström & Nilsson 1983), and can now be revisited some 30-40 years later with more up-to-date and systematic data. Based on the findings of these earlier studies, we predict that both species richness and overall abundances will increase with latitude.

METHODS

Our analysis covers the whole of Norway and Finland, and the northern two thirds of Sweden (Fig. 1). All routes included were situated between 58°N and 71°N, which largely coincides with the boreal, montane and arctic regions of Fennoscandia (Ahti *et al.* 1968).

National monitoring schemes

Our data originate from three distinct national monitoring schemes that use similar methods to monitor breeding birds of all species. Together the three schemes form a network of 1,556 systematically distributed routes, which are intended to be surveyed once a year in late spring or early summer (Fig. 1). The systematic distribution of these routes ensures that the main habitats in this region are sampled in proportion to the area they cover. All routes are line transects, with some small methodological differences between schemes (see below). In all three schemes, typical survey dates vary between late May in the south and mid-July at the highest latitudes and altitudes. Each survey starts in early morning $(04:30 \pm 1 \text{ h, summertime})$ and lasts about 5-7 hours. We used the sum of birds counted per route as independent data points and, for our trend estimates, only included routes that were surveyed at least twice. Details of the national monitoring schemes are presented in Lindström et al. (2015).

Norway – The monitoring scheme ('TOV-E') started in 2006 and includes 493 sites, randomly selected from a grid of 1,030 sites distributed systematically in an 18 km north-south and 18 km east-west network covering the Norwegian mainland (Kålås & Husby 2002). Generally,

birds are counted at 12-20 points, situated 300 m apart, forming a 1.5 km x 1.5 km square, but with some flexibility to accommodate routes in areas with very challenging topography. Observations of non-passerines, such as waders, are also recorded while the surveyor moves on foot between the counting points, giving a survey route of approximately 6 km. Thus, the census method for waders is very similar to the line transects in Sweden and Finland (see below). The coverage of the survey has gradually and greatly improved since 2013, particularly in the far north of Norway (*cf.* Lindström *et al.* 2015).

Sweden – Surveys started in 1996, and are carried out along 8 km 'fixed routes' that run around the perimeter of 2 km x 2 km squares (Lindström *et al.* 2013). There are 497 of these routes in the designated boreal and arctic area, laid out on a regular 25 km x 25 km grid running north-south and east-west.

Finland – A countrywide system of 566 systematically distributed fixed line transect routes was established in 2006 (Väisänen 2006). Each route is 6 km long, and shaped like a 1 km x 2 km rectangle, with each route centred on the corner of a 25 km x 25 km grid running north-south and east-west.

In all three countries, the routes are covered by walking and the distance surveyed may differ from the full route length, due to landscape features such as lakes, sea, growing fields, precipices, etc. In Finland and Norway, the birds observed are recorded in units of 'pair equivalents' in the field by the observer. The following observations are treated as one pair: a singing male, a single quiet bird, a male and a female together, and parent(s) with offspring (Koskimies & Väisänen 1991, Lehikoinen 2013). In Sweden, the survey unit is the number of all adult individuals, independent of behaviour (males as well as females, but not young of the year). Accordingly, Swedish numbers are higher in a direct comparison to Finnish and Norwegian numbers. We have in a previous study shown that these differences do not have any effect on trend estimates (Lehikoinen et al. 2014), and therefore we used the untransformed Swedish numbers in the trend analyses. When comparing wader densities, the Swedish data were converted to pair equivalents (see below).

Analyses

Population trends – We calculated species-specific population trends using the package *rtrim* in program R (Bogaart *et al.* 2018, R Core Team 2019). Package *rtrim* is an implementation in R of the TRIM program (TRends and Indices for Monitoring data; Pannekoek & van Strien 2004). TRIM is the standard trend analysis tool used in the Pan-European Common Bird Monitoring Scheme (Gregory *et al.* 2007). The statistical model in TRIM builds on Poisson log-linear regression, estimating site and time (year) effects on species abundance (counts) as well as an overall linear trend (on the log-scale). The basic TRIM model is: expected count = year + site, where both year and site are fixed effects. Effects are estimated using maximum likelihood and generalized estimating

equations, the latter to handle potential overdispersion and serial (auto) correlation. We used a 'switching trend' model (model 2) in *rtrim*, which means that time effects are estimated as changes in abundance (on a log-scale) between specified changepoints (Boogart et al. 2018). We specified the inclusion of all possible changepoints (one for each year except the last year) and enabled automatic deletion of changepoints at years with no observations (autodelete = TRUE) and controlled for overdispersion and autocorrelation (overdisp = TRUE, serialcorr = TRUE). In cases where data for a species are available for all years, no changepoints are deleted and a switching trend model estimates changes between each year, making it equivalent to a 'time effects' model (model 3). The latter was the case for 19 of the 22 species we present trends for (Appendix 1). In the other three species, one or two changepoints (years) were deleted.

We calculated joint Fennoscandian and country-specific trends and yearly indices for the period 2006–2018. The results presented for Sweden refer to the boreal and arctic parts only. For each species, the index of abundance in 2006 was set to 1. Species estimates of overdispersion and serial correlation were generally small for the joint Fennoscandian trends (close to 1 and 0, respectively), ranging from 1.11 to 2.46 (overdispersion), and from -0.19 to 0.12 (serial correlation). At the country level, with smaller samples, values ranged from 0.79 to 3.21 (overdispersion), and from -0.31 to 0.14 (serial correlation).

To assess the overall trends of northern wader populations we calculated a multi-species indicator (MSI) according to Gregory *et al.* (2005), where the index for each year is the geometric mean of the TRIM indices of the contributing bird species. We applied a recently developed Monte Carlo method to account for sampling error in trend estimation in the MSIs. Smoothed trends and 95% confidence intervals were calculated following Soldaat *et al.* (2017) using the MSI-tool in R available at: *https://www.cbs.nl/en-gb/society/nature-and-environment/indices-and-trends—trim—/msi-tool.*

We tested whether population trends of species were explained by their migratory behaviour. More specifically we compared population trends of species wintering south of the Sahara or in tropical Asia (long-distance migrants) to those of species wintering within Europe or in North Africa (medium-distance migrants; Fransson et al. 2008) using a t-test (wtd.t.test in the package weights in R; Pasek et al. 2018, R Core Team 2019). Furthermore, using a linear model, we tested whether the population trends of species depended on their average breeding latitude. We used the latest Finnish Breeding Bird Atlas to estimate the mean breeding latitude for each species, according to the method of Brommer et al. (2012); the mean breeding latitude in Finland (see Table 1) is a good proxy for the species' north-south distribution in Fennoscandia. Each of the two tests above were also carried out in a variant where we weighted the population trends by the reciprocal of the trend standard error (where a smaller SE gives a higher weight to the trend).

Patterns of wader species richness and breeding densities – We analysed patterns of wader species richness and density within boreal and arctic Fennoscandia by calculating these metrics as the number of wader species and the number of wader pair equivalents (per 10 km) recorded per survey. We then used the average values per route as the independent data in our statistical analyses. In addition to the routes included in the trend estimates, we here also included routes surveyed only once.

It was difficult to construct fully appropriate statistical models to test how these two variables vary with latitude. Whereas the data for route-specific species richness is close to being normally distributed (mean 3.0, SD = 1.6, n = 1,539), wader density is not (mean 15.8, SD = 17.0, n = 1,539). In addition, the values for wader densities are decimal numbers (due to the conversion of Swedish data into pair equivalents), which precludes the use of GLMM with negative binomial or Poisson error distributions. It is obvious from visual inspection that both variables are strongly and positively correlated with latitude. Since we were mainly interested in the numerical change with latitude, we decided to apply a fairly simple analysis.

We tested the effect of latitude and route length (both fixed factors) on species richness in a linear mixed model (package *lme4* in R), with route as a random factor. Route length was included as it varies within and between countries, where the Swedish routes were on average 7.4 km long, the Norwegian 5.5 km, and the Finnish 6.0 km. The length of a route will clearly affect the number of species likely to be found. For each route we also calculated the mean number of species recorded per route, a value we used for graphical presentation and summary statistics (mean species richness per 1° latitude).

When estimating wader densities, we needed to take into account some inter-country differences. These included the fact that counts are of individuals in Sweden and of pair equivalents in Norway and Finland, and also that Swedish routes are typically longer than Norwegian and Finnish routes. For each survey in Sweden, we transformed the total number of individuals observed into pair equivalents, using species-specific correction factors based on the Finnish line transect scheme, with counts in Finland, Sweden, Norway, Estonia and Russia, where both the number of individuals and the number of pair equivalents were counted (Table 1). These data have not been published previously, but the method is described in Lehikoinen (2013). When a single individual was observed, a value of 1 was used as 'pair equivalent'. However, all counts higher than one were divided by the correction factor (one individual means automatically one pair, but two individuals could mean one or two pairs, and so on). The correction factors range from 1.600 in Purple Sandpiper Calidris maritima to 1.039 in Green Sandpiper Tringa ochropus. By way of example, a value of 2 individuals of Green Sandpiper on a Swedish route was transformed to 1.92 pair equivalents (2 divided by 1.039). This value was then divided by the route-specific transect length and multiplied by 10. In this way we got a relative 'density'

Table 1. Population trends (mean annual additive growth rates \pm SE) of 22 wader species recorded in the national monitoring schemes in boreal and arctic Fennoscandia during 2006–2018 (Fig. 1). The trends were calculated using routes surveyed in at least two different years. Significant trends are shown in bold (*P* < 0.05). For example, a growth rate of –0.020 is equivalent to an annual decline of 2.0% year⁻¹. Also shown are the total number of routes (out of the 1,505 routes) where the species was observed at least once, and the total number of encounters (individuals [Swe] or pair equivalents [Nor, Fin]) recorded in 2006–2018. The letter behind the species name codes for migration distance (L = long-distance migrant, M = medium-distance migrant; see text). The mean breeding latitude in Finland is given at an accuracy of 10 km. We also present the factors used for converting individuals counted in Sweden into pair equivalents (*cf.* Lehikoinen 2013).

Species	Population trend	Routes with the species	Encounters	Mean breeding latitude (°)	Conversion factor (ind \rightarrow pairs)		
Oystercatcher Haematopus ostralegus (M)	0.048 ± 0.022	103	992	62.02	1.202		
Lapwing <i>Vanellus vanellus</i> (M)	-0.001 ± 0.006	310	6,490	63.01	1.330		
Ringed Plover Charadrius hiaticula (M)	0.020 ± 0.014	130	1,085	65.92	1.156		
Dotterel Charadrius morinellus (M)	0.049 ± 0.027	95	598	69.14	1.164		
Golden Plover <i>Pluvialis apricaria</i> (M)	0.002 ± 0.003	605	18,756	66.21	1.084		
Common Snipe Gallinago gallinago (M)	0.005 ± 0.004	1,138	9,373	64.68	1.051		
Jack Snipe <i>Lymnocryptes minimus</i> (M)	0.040 ± 0.022	111	396	66.92	1.069		
Woodcock Scolopax rusticola (M)	-0.009 ± 0.009	590	1,376	63.13	1.055		
Curlew Numenius arquata (M)	-0.001 ± 0.004	571	6,512	63.62	1.140		
Whimbrel Numenius phaeopus (L)	-0.013 ± 0.006	569	5,755	66.49	1.092		
Green Sandpiper <i>Tringa ochropus</i> (L)	0.002 ± 0.004	906	7,083	63.68	1.039		
Wood Sandpiper <i>Tringa glareola</i> (L)	0.008 ± 0.003	809	16,151	65.81	1.062		
Common Sandpiper Actitis hypoleucos (L)	-0.009 ± 0.006	664	3,462	64.57	1.089		
Redshank <i>Tringa totanus</i> (M)	0.009 ± 0.006	416	4,834	63.55	1.121		
Spotted Redshank <i>Tringa erythropus</i> (L)	-0.028 ± 0.014	163	579	67.61	1.065		
Greenshank <i>Tringa nebularia</i> (L)	0.001 ± 0.004	835	7,498	65.56	1.047		
Purple Sandpiper <i>Calidris maritima</i> (M)	0.030 ± 0.040	27	201	69.30	1.600		
Temminck's Stint <i>Calidris temminckii</i> (L)	-0.024 ± 0.024	61	265	68.00	1.077		
Dunlin <i>Calidris a. alpina</i> (M)	0.041 ± 0.018	79	963	68.18	1.210		
Broad-billed Sandpiper Calidris falcinellus (L)	-0.056 ± 0.024	72	353	67.58	1.142		
Ruff <i>Calidris pugnax</i> (L)	-0.023 ± 0.025	106	472	66.63	1.353		
Red-necked Phalarope Phalaropus lobatus (L)	-0.079 ± 0.022	74	482	68.30	1.348		

measure in 'pair equivalents per 10 km' for each species and census. We then calculated a total number of wader pair equivalents per census ('wader density'), by summing the species-specific values.

No linear regressions were applied to how wader density varies with latitude (for reasons of non-normality explained above). Instead we calculated the average total wader density per route (pair equivalents per 10 km line transect), a value we then use for graphical presentation and summary statistics (average wader density per 1° latitude). For our estimates of wader species richness and pairs per 10 km, we could include information from an additional one Finnish and 33 Norwegian (routes surveyed only once), as compared to our trend estimates.

RESULTS

Population trends

In total 9,713 surveys of 1,505 unique routes were included in the trend analyses. Of these, 3,077 surveys of 443 routes were carried out in Norway, 3,788/497 in Sweden, and 2,848/565 in Finland. This means that compared to the previous analysis (data up to 2013; Lindström *et al.* 2015), information was added from 129 new routes in Norway, one new route in Sweden and 78 new routes in Finland. The number of routes included per year increased from 372 in 2006 to 946 in 2018, with a maximum of 989 in 2017. The survey effort in 2017 corresponds to 6,250 km of line transects in one year.

In Norway, the routes included were surveyed an average of 6.9 times (range 2–13). The corresponding figures for Sweden and Finland are 7.8 (range 2–13) and 4.9 (range 2–13), respectively. Altogether, 93,945 wader encounters (individuals or pair equivalents) of 28 species were recorded, of which 22,744 pairs were in Norway, 41,324 individuals in Sweden and 29,877 pairs in Finland.

The five species recorded in the highest numbers (in order from the highest) were Golden Plover *Pluvialis apricaria*, Wood Sandpiper *T. glareola*, Common Snipe *Gallinago gallinago*, Greenshank *T. nebularia* and Green Sandpiper. The five most widespread species, seen on the highest number of routes, were Common Snipe, Green Sandpiper, Greenshank, Wood Sandpiper and Common Sandpiper *Actitis hypoleucos* (Table 1).

We decided to present trends only for species for which, on average, at least 15 encounters have been registered yearly. This leaves us with trends for 22 of the 28 species observed (Table 1, Fig. 2, Appendix 1). For three species, the joint Fennoscandian trends were significantly negative: Red-necked Phalarope *Phalaropus lobatus* (-7.9% year⁻¹), Broad-billed Sandpiper *Calidris falcinellus* (-5.4% year⁻¹), and Whimbrel *Numenius phaeopus* (-1.3% year⁻¹). For three species, the trends were significantly positive: Oystercatcher *Haematopus ostralegus* (+4.9% year⁻¹), Dunlin *Calidris a. alpina* (+4.2% year⁻¹) and Wood Sandpiper (+0.8% year⁻¹). For the remaining 16 species, we found no statistically significant trends. Of these, nine were numerically positive and seven were numerically negative (Table 1).

Another six species were observed during the surveys, but there were fewer than 15 encounters per year (Bartailed Godwit *Limosa lapponica*, on average 7 birds per year on 25 unique routes; Little Ringed Plover *Charadrius dubius* 6/32; Great Snipe *G. media* 6/29; Turnstone *Arenaria interpres* 2/7; Black-tailed Godwit *L. limosa* 0/3; Little Stint *Calidris minuta* 0/1).

At the national level, fewer species met this threshold criterion of an annual mean of 15 encounters (Fig. 3, Appendix 1). Among 15 species in Norway, four trends were significantly negative and none were significantly positive. The corresponding figures for Sweden were 18/2/4, and for Finland 13/2/4. For several species the trends clearly differed between countries. It is noteworthy that in the five species with significant trends in at least two countries (Lapwing *Vanellus vanellus*, Golden Plover, Common Snipe, Curlew *N. arquata*, and Whimbrel), the direction of the trends always differed between those countries (Fig. 3, Appendix 1).

There was no significant trend in the multi-species indicator (i.e. the joint trend for 22 wader species), either for the whole period 2006–2018 (0.00 ± 0.57 [SE]% year⁻¹), or for the last ten years, 2009–2018 (-0.54 ± 0.95 [SE]% year⁻¹; Fig. 4). Neither was there an overall trend in the arithmetic mean of the Fennoscandian trends of the 22 species ($+0.054 \pm 0.67$ [SE]% year⁻¹).

Of the 22 species, 10 were long-distance migrants and 12 medium-distance migrants. The trends of the medium-distance migrants were on average more favourable (mean: +0.019 ± 0.006 [SE]) than for the long-distance migrants (mean: -0.022 ± 0.009 [SE]), the difference being statistically significant, both with ($t_{21,1} = 14.0$, P < 0.001) and without weighting the trends by their trend SE ($t_{21,2} = 14.2$, P < 0.001). The species-specific population trends were not associated with the species' mean breeding latitude, either with or without weighted trend estimates (linear regression with weight, $t_{20} = -0.61$, $b = -0.14 \pm 0.23$ [SE] (change in population growth rate/1,000 km change in mean latitude), P = 0.55; linear regression without weight, $t_{20} = -0.60$, $b = -0.18 \pm 0.30$ [SE], P = 0.56).

Patterns of species richness and breeding densities

Wader species richness and the number of pairs per 10 km were estimated from 9,747 censuses of 1,539 unique routes (Figs. 5–7).

Wader species richness increased significantly with both latitude (slope = 0.22 ± 0.012 [SE], $t_{1566,1} = 18.8$, P < 0.001) and route length (slope = 0.17 ± 0.029 [SE], $t_{2450,5} = 5.9$, P < 0.001, Fig. 5a). Based on the average per route, the mean number of species per route increased from about one at the lowest latitudes, to about four at the highest latitudes (Table 2). Clearly the lowest route-level species diversity was found in southern and southwestern Norway, and the nearby areas of Sweden (the province of Värmland; Fig. 6).





Based on route-specific averages, the median number of wader pairs per 10 km increased from just below three at latitudes 58–60°N, to just above 26 at latitudes 69–71°N (Table 2, Fig. 5b). The highest densities of waders were found in northernmost Norway and Finland, but also along the northern two thirds of the Scandinavian mountain range (Fig. 7).

DISCUSSION

Waders in boreal and arctic Fennoscandia

The trends we present represent a range of European species, for which the proportion of their populations held by boreal and arctic Fennoscandia varies widely. Some of the species covered in this analysis are exclusively boreal- and arctic-breeding, such as Temminck's Stint *Calidris temminckii*, Purple Sandpiper, Broad-billed Sandpiper and Spotted Redshank *T. erythropus*. Other species, such as Ringed Plover *Charadrius hiaticula*, Golden Plover, Dunlin and Redshank *T. totanus*, have large populations in boreal and arctic Fennoscandia, particularly in the Scandinavian Mountains, but also substantial populations further south in Europe at both inland and coastal sites. Some species, such as Oystercatcher and Lapwing, have most of their European distribution south of boreal/arctic

Fennoscandia. One should also bear in mind that boreal and arctic areas in European Russia hold large populations of many of the species considered here (Lappo *et al.* 2012) and population trends between these areas and Fennoscandia may differ.

Population trends overall

In contrast with the analysis of Lindström *et al.* (2015), we left out the first four years of data (2002–2005), which were from Sweden only. Given that trends for some species can differ between countries (Fig. 3, Appendix 1), restricting the analysis to a period during which all three countries were contributing data should make the joint trends more robust. At the same time, five more years were added to the time series. Accordingly, only eight (2006–2013) of the 17 years (2002–2018) under scrutiny are the same in the two analyses (Lindström *et al.* 2015), which opens up the potential for differences in the species-specific trends between the two time periods.

Nevertheless, the wader trends overall did not change much between the analyses of Lindström *et al.* (2015) and those presented here. As during 2002–2013, there was no overall general direction of the trends during 2006–2018 (Figs. 2 & 4), and similar numbers of species had significantly negative and significantly positive trends in the two

Table 2. Average species richness (species per route) and wader pair density (pairs per 10 km line transects) per degree latitude on census routes in boreal and arctic Fennoscandia in 2006–2018 (see also Figs. 5–7). Each of the 1,539 routes surveyed at least once is represented by its mean value for the years it was surveyed. Given that wader pair densities are highly skewed towards low values, the median is also presented.

Latitude °N	Species p	per route		n routos			
	Mean	SD	Median	Mean	SD	modes	
58–59	1.24	0.93	2.55	4.73	8.76	31	
59–60	1.33	0.86	2.88	4.52	5.77	82	
60–61	1.99	1.17	5.20	8.03	8.65	176	
61–62	2.23	1.04	6.67	8.56	7.02	181	
62–63	3.03	1.39	9.82	15.44	16.19	210	
63–64	3.28	1.42	10.57	15.92	14.45	157	
64–65	3.54	1.37	10.42	14.78	12.17	141	
65–66	3.47	1.43	12.72	16.94	15.13	128	
66–67	3.25	1.23	12.61	15.71	11.64	123	
67–68	3.38	1.26	17.91	22.38	17.43	112	
68–69	3.89	1.78	24.20	28.05	21.52	84	
69–70	4.16	2.02	26.30	35.90	30.11	81	
70–71	3.86	2.54	26.11	33.00	25.67	33	
Sum	2.97	1.59	9.81	15.77	17.00	1,539	



Fig. 3. Country-specific species trends for some common wader species present in all three countries. The dashed lines represent a stable population. The second headline row gives the mean number of yearly encounters (individuals or pair equivalents), the total number of routes on which the species was observed, the population trend over time (% year⁻¹) and its level of significance (NS, *, **, or ***). These data are given for Norway, Sweden and Finland, with the information separated by semicolons. For more national trends, see Appendix 1.

periods. However, at the species level, some changes are apparent. In the four species with significant increases in 2002–2013, all trends were also numerically positive in 2006–2018, but only Wood Sandpiper was still significantly positive. In the three species with significant decreases in 2002–2013, none were significant in 2006–2018, and for Common Snipe, the trend was now numerically (though non-significantly) positive. Of the six species having significant trends in 2006–2018, three actually had a (nonsignificant) trend in the opposite direction in 2002–2013.

Overall, we can conclude that the power of our monitoring data is strong enough to be able to detect significant changes as small as 0.8% year⁻¹ (Wood Sandpiper). But clearly, the direction and magnitude of species-specific trends can change over relatively short periods, affecting both trend direction and significance level. In any case, the trends estimated for 2006–2018 should be more robust than those for 2002–2013, due to more routes being surveyed yearly and a more balanced design (northern Norway in particular was better covered).

Neither of our two measures of average population trends in northern-breeding waders in Fennoscandia in 2006– 2018, the MSI and the trend average, suggested any general trend in wader numbers. Overall, we concluded that according to our three national monitoring schemes, waders breeding in the boreal and arctic parts of Fennoscandia have fared reasonably well in 2006–2018. In a recent analysis based on long-term migration counts in Denmark (1928–2014), Meltofte & Clausen (2016) drew a similar general conclusion for arctic and boreal wader populations passing through Denmark, both in the long and short term (2000–2014), the latter period largely coinciding with the study periods of Lindström *et al.* (2015) and this study. This does not, of course, preclude there being other species and populations of breeding waders in northern Fennoscandia that are of conservation concern.

Trends in relation to migration distance and breeding latitude

Among common European birds, especially passerines, recent population declines have been especially severe in long-distance migrants (Sanderson *et al.* 2006, Gregory et al. 2007). In our previous analysis of the period 2002-2013, we found no effect of migration distance on population trend (Lindström et al. 2015). During the period 2006-2018, however, the population trends of long-distance migrants were significantly more negative than those of other species. This may indicate increasing problems among long-distance migratory species. One possible problem is a decrease in the quality of wintering and stopover sites in tropical wintering areas. In a recent global analysis of waterbird population trends, based on counts in January-February, wader population trends were on average clearly more positive in Europe than in Africa (Amano et al. 2018). The authors linked the global patterns of population trends to the effectiveness of conservation governance, 'defined as how effectively the authorities of



Fig. 4. A multi-species indicator of 22 wader species breeding in boreal and arctic Fennoscandia (species listed in Table 1). The black dots show yearly indices \pm SD (with the first year index set to 1). The solid line is the smoothed trend over time. The dashed line represents a stable population. There was no significant change in the yearly indices over time (see text).



Fig. 5. The mean number of (a) wader species per route, and (b) wader pair equivalents recorded per 10 km survey, in relation to latitude. Included are 1,539 routes surveyed 1–13 times in 2006–2018.

a country exercise rules and enforcement mechanisms' for wetland conservation. Amano *et al.* (2018) identified sub-Saharan Africa, where most European long-distance migrants over-winter (Fransson *et al.* 2008), as an area where conservation governance is often ineffective.

Another potential reason for the less favourable trends in long-distance migrants may relate to climate change on the breeding grounds and the inflexibility of migration schedules. Gunnarsson & Tómasson (2011) found that in Iceland, five wader species wintering in NW Europe had adapted their arrival to changing spring weather, whereas Whimbrel (wintering in Africa) did not. This effect of migration distance on arrival timing was true also for a larger set of migrant species (Gunnarsson & Tómasson 2011). A lack of response in migration phenology has been shown to correlate with less favourable population trends in migrants (Møller et al. 2008, Franks et al. 2018). However, given that a lack of phenological response can arise from poor staging conditions along the migration route (Tøttrup et al. 2012), and given that a poor phenological response may not necessarily be correlated to poor breeding productivity (Franks et al. 2018), conditions at the staging grounds could themselves be the cause of population decline. Indeed, in taymyrensis Bar-tailed Godwits migrating via the Wadden Sea to the Russian Arctic, it seems as if the need for the godwits to shorten the crucial fuelling period in order to arrive at the breeding grounds in time has led to lower adult survival and a population decline (Rakhimberdiev et al. 2018)

Several studies have found that climatic preference roughly coincides with breeding latitude and that population trends within and between species differ depending on their climatic preferences (e.g. Devictor et al. 2008, Jiguet et al. 2010). At least in northern Europe, the recent population trends of species that inhabit more southerly, warmer areas have been more positive than those of northerly, cold-dwelling species (Lindström et al. 2013, Tayleur et al. 2016). We might therefore have expected that the mean breeding latitude of the wader species in this study would be related to their population trend, but this was not the case. The relationship between latitude and climate in northern Fennoscandia is somewhat complicated by the position of the Scandinavian Mountains, which creates a strong altitudinal west-east climate gradient (one on each side), perpendicular to the latitudinal gradient. In addition, within the mountain range, May and June temperatures have not increased during our study period, but July temperatures have (Lehikoinen et al. 2014, Ram et al. 2019), making the potential effects of temperature difficult to predict.

Species-specific population trends

Whereas our primary aim was to show the overall situation for the boreal and arctic breeding waders in Fennoscandia, some species merit some comments and comparisons with trends from elsewhere. Pan-European population trends from the breeding season are available for 13 of our 22 species (EBCC/BirdLife/RSPB/CSO 2019), for the



Fig. 6. The mean number of wader species recorded per survey and route in 2006–2018. Data come from 1,539 routes surveyed 1–13 times. Data have not been corrected for variation in mean route length among the countries (Norway 5.5 km, Sweden 7.4 km and Finland 6.0 km). Hence, the species richness is most likely somewhat underestimated in Norway and Finland compared to Sweden (with the longest routes). Within countries the data should be directly comparable. The range '0–1' includes exactly 1, the range '1–2' starts on 1.00001 and includes exactly 2, and so on.

periods 1980–2015 and 2006–2015. In all cases these trend estimates include data from Norway, northern Sweden and Finland, which makes them only partially independent from the trends reported here. For other species, the best available data for comparison come from the winter counts of the International Waterbird Census (Wetlands International 2017, 2019, van Roomen *et al.* 2018), reporting both long-term trends and more recent periods such as 2000–2012 and 2006–2015. These two sources will be referred to as 'European breeding trends' and 'winter trends', respectively, and the various 10–15 year periods from the 2000s will be referred to as 'recent'.

Oystercatcher – This is one of three species with a significant increase (+4.8% year⁻¹), most of the data deriving from Norway (for details of the presence in Norway, see Heggøy 2018). It should be noted, however, that this increase is only marginally significant and is concentrated during the first year of the trend, when the sample size was at its

lowest. Nevertheless, the picture is more favourable than for the wider European breeding population, which has been declining for a long time and recently decreased by 28%. The recent winter trends for the population of NW Europe suggest a stable or possibly declining population.

Lapwing – The overall population in northern Fennoscandia was markedly stable during 2006–2018. European counts of breeding birds suggest a decline of 50% in this species' population since 1980, with recent trends in both breeding and winter numbers remaining negative. The birds counted in our schemes breed mainly in agricultural areas (coastal and inland) with some also breeding on mires (Ottosson *et al.* 2012). What is especially remarkable, however, is that the trends within the three Fennoscandian countries are dramatically different (Fig. 3, Appendix 1). In Norway there has been a dramatic decline (–15.2% year⁻¹ during 2006–2018) and the Lapwing is now nearly extinct in many areas. The trend in Sweden is also significantly



Fig. 7. The mean number of wader pair equivalents (see text) recorded per survey and route in 2006–2018. Data come from 1,539 routes surveyed 1–13 times, and the unit is wader pair equivalents per 10 km line transect. The range '0–10' includes exactly 10, the range '10–20' starts on 10.00001 and includes exactly 20, and so on.

negative (-5.8% year⁻¹). In Finland, however, where the species is more widespread and numerous, there has been a strong increase (+5.9% year⁻¹) during the same period, which counters the declines in Norway and Sweden. We have no explanation for these inter-country differences, but the same pattern is also apparent for populations of Curlew and Whimbrel (see below).

Golden Plover – The majority of the large, north Fennoscandian population breeds on tundra in the Scandinavian Mountains, with some smaller numbers also on mires at lower altitudes, and is doing well. There are some country-specific differences in trends (Fig. 3), with a moderate decline in Norway (-1.8% year⁻¹) being countered by a moderate increase in Sweden (+1.2% year⁻¹).

Common Snipe – The overall trend of this species follows a similar pattern in each country (Fig. 3), with an initial decline followed by an increase. Common Snipe has declined as a breeding bird over much of Europe, though European and West African winter numbers seem to be stable. Jack Snipe – It is rewarding to be able to produce a breeding season trend for this cryptic species, which inhabits very wet mires in some of the most inaccessible areas in northern Europe. On average 30 birds were reported per year, from a total of 111 routes (most of them in Finland). There is no statistically significant change in the Fennoscandian breeding population size. Also the recent European and West African winter trends are reported to be stable.

Woodcock – This is probably the most common breeding wader in Fennoscandia (it is the most common species in Sweden; Ottosson *et al.* 2012). Despite the fact that there are no surveys carried out during the display period at dusk, enough birds are flushed during line transects to estimate a population trend. The trend for 2006–2018 is basically stable and similar in all three countries. Recent European winter trends are also stable.

Curlew – The overall population curve shows no significant trend. Since 1980 the European breeding trend has shown a total decline of 40%. The populations in Norway and

Sweden have also declined, but numbers in Finland have increased, just as for Lapwing (Fig. 3). Recent winter trends show a clear decline.

Whimbrel – This is one of three significantly declining species in our analysis $(-1.3\% \text{ year}^{-1})$. The species breeds on mires, in forest clear cuts, and on mountain tundra. Similarly to Lapwing and Curlew, this species is doing poorly in Norway and Sweden but well in Finland (Fig. 3). Recent West African winter trends are reported to have been stable or increasing.

Wood Sandpiper – One of three significantly increasing species, it is the second most numerous species in our dataset and although its population has increased slowly (+0.8% year⁻¹) this increase is statistically significant. This overall trend is largely driven by Norwegian and Swedish populations, with numbers in Finland remaining relatively stable. In contrast to the recent increase in northern Fennoscandia, there was a 1% year⁻¹ decline in Finland 1981–2014 (Fraixedas *et al.* 2017). Recent African winter trends are considered stable.

Redshank – The trend for northern Fennoscandia shows no significant direction. The vast majority of the birds are found in Norway and Sweden where they breed along the coasts and in the Scandinavian Mountains. The longterm European breeding trend shows a drop of 56% and the drop in recent times is 12% (these data include Norway, Sweden and Finland, but also seven more southern countries). Apparently the boreal and arctic populations fare much better than the breeding populations further south in Europe, in accordance with the climate-based predictions of Huntley *et al.* (2007).

Broad-billed Sandpiper – This species has the second most negative trend among the 22 species $(-5.6\% \text{ year}^{-1})$. The bulk of information comes from Finland where the trend is even more negative $(-7.5\% \text{ year}^{-1})$. There are no good data on winter trends.

Dunlin – Two subspecies (*alpina* and *schinzii*) breed in the investigated area, but all birds recorded were found at breeding sites in the Scandinavian Mountains and hence belong to the *alpina* subspecies. The overall trend is significantly positive (+4.1% year⁻¹), which is in sharp contrast to the strong declines of the *schinzii* subspecies that breeds around the Baltic Sea and extends into western Finland (Pakanen & Thorup 2016). The recent European and NW African winter trend for the *alpina* subspecies is a decline.

Ruff – In our first joint trend analysis (Lindström *et al.* 2015), the population decline of this species was greater than that of any other. However, the main decline took place in 2002–2005. For the current period, 2006–2018, the trend remains negative (-2.3% year⁻¹), but is not significant. The species has experienced habitat loss in both its breeding and wintering grounds including drainage of mires (Fraixedas *et al.* 2017) and loss of coastal meadows due to lack of grazing (Valkama *et al.* 2011), as well as reduced rainfall in wintering areas, which may have negatively affected survival (Zwarts *et al.* 2009). The West African winter trend is supposedly decreasing.

Red-necked Phalarope – This species has the most negative trend of all the 22 species, with most data coming from Sweden. We do not know the cause of this decline, but given that this species shares its south-eastern migration route with Broad-billed Sandpiper, whose population exhibits the second largest decline (Fransson *et al.* 2008, van Bemmelen *et al.* 2016), the relevant problems might largely apply somewhere along the migration routes.

Patterns of species richness and breeding densities

Both the densities of wader species and wader pairs breeding in Fennoscandia were positively related to latitude. Similar patterns have been reported over several decades for global wader populations as well as those in Fennoscandia (Järvinen & Väisänen 1978, Boström & Nilsson 1983, Kuoki 1999). These patterns run counter to the biogeographical rule that species richness decreases towards the poles (e.g. Kouki 1999). Possible reasons for this pattern include habitat heterogeneity at high latitudes, higher availability of preferred prey (i.e. insects), and the likelihood that waders evolved in the Arctic (Johansen 1958, Järvinen & Väisänen 1978).

Järvinen & Väisänen (1978) reported on the number of wader species and wader pairs breeding in 100 km squares in Fennoscandia in general, and Finland in particular. Their data for Fennoscandia are not directly comparable to ours, but large-scale patterns can still be compared. Whereas these authors reported a doubling of local species richness from south to north, our census data suggest an increase by a factor of four. The most obvious difference between these two datasets is that we find fewer species in southern Norway than were reported in the distribution maps used by Järvinen & Väisänen (1978). The most likely reason for this discrepancy is the generally low density of waders found in southern Norway, for which the chance of detecting most of the species present in the wider landscape (cf. Järvinen & Väisänen 1978) is greater than it is for a single transect in this study. From line transects carried out in Finland, Järvinen & Väisänen (1978) found that total wader densities increased roughly two- to three-fold from south to north, whereas we found an approximately eight-fold increase.

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Appendix 1. Country-specific population trends (mean annual additive growth rates ± SE) in 2006–2018 for the 22 species reported in Table 1. The joint Fennoscandian trends are included for comparison. Significant trends are shown in bold (*P* < 0.05). For example, a growth rate of -0.020 is equivalent to an annual decline of 2.0% year¹. Also shown are the total number of routes (Routes) where the species was observed at least once, as well as the total Norm and mean vearly (Navol number of individuals (Swel) or pair equivalents (Nor. Fin) recorded in 2006–2018. Trends are only shown for shown for

i at reast 10 birlus observed on average per year and region.		Navg	11	307	4	-	179	254	24	51	323	109	271	497	30	14	19	160	0	2	£	22	6	4
		Nsum	145	3988	49	17	2324	3301	314	657	4195	1423	3528	6461	391	181	243	2083		22	36	284	120	56
	Finland	Routes	26	181	21	Q	177	466	77	257	323	188	445	292	143	39	79	316	-	6	5	48	32	14
		Sig		***			NS	*	NS	NS	*	*	*	NS	NS		NS	NS				*		
		Slope ± SE		0.059 ± 0.009			0.008± 0.008	0.014 ± 0.006	0.016± 0.026	−0.010± 0.014	0.018 ± 0.006	0.030± 0.011	-0.018±0.006	-0.000 ± 0.005	-0.006 ± 0.017		-0.018± 0.025	-0.004 ± 0.007				-0.075 ± 0.033		
		Navg	4	172	52	25	623	299	4	35	131	187	241	659	131	159	24	311	1	15	42	5	18	25
		Nsum	56	2,235	674	319	8,096	3,883	52	455	1,700	2,432	3,127	8,568	1,698	2,072	314	4,049	144	197	541	67	232	324
	Sweden	Routes	17	87	42	38	190	435	23	204	186	233	370	386	284	133	76	367	9	32	29	23	51	33
		Sig		* *	NS	NS	*	NS		NS	*	NS	NS	*	NS	*	NS	NS		NS	*		NS	NS
		Slope ± SE		-0.058 ± 0.011	0.017 ± 0.017	0.039 ± 0.032	0.012 ± 0.005	0.009 ± 0.005		-0.005 ± 0.013	-0.031± 0.008	-0.017±0.008	0.013 ± 0.006	0.011± 0.004	-0.014 ± 0.008	0.031 ± 0.009	−0.039± 0.019	0.006 ± 0.005		−0.034± 0.028	0.071 ± 0.025		-0.019± 0.033	−0.071± 0.032
0.1101100		Navg	61	21	28	20	641	168	2	20	47	146	33	86	106	199	3	105	4	4	30	0	6	ø
07 0007		Nsum	791	267	362	262	8,336	2,189	30	264	617	1,900	428	1,122	1,373	2,581	22	1,366	56	46	386	2	120	102
	Norway	Routes	60	42	67	51	238	237	11	129	62	148	91	131	237	244	ø	152	20	20	45	-	23	27
		Sig	NS	***	NS	NS	*	*		NS	NS	*	NS	NS	NS	NS		NS			NS			
ואמובוורס (ו		Slope ± SE	0.020± 0.028	-0.152 ± 0.027	0.036± 0.046	0.026± 0.038	-0.018 ± 0.006	-0.025 ± 0.009		-0.015 ± 0.030	-0.037 ± 0.019	-0.045 ± 0.011	0.030± 0.018	0.061 ± 0.042	-0.002 ± 0.011	-0.015 ± 0.008		-0.012 ± 0.011			-0.066 ± 0.030			
n pan cha		Navg	76	499	83	46	1443	721	30	106	501	443	545	1,242	266	372	45	577	15	20	74	27	36	37
	_	Nsum	992	6,490	1,085	598	18,756	9,373	396	1,376	6,512	5,755	7,083	16,151	3,462	4,834	579	7,498	201	265	963	353	472	482
	noscandia	Routes	103	310	130	95	605	1,138	111	590	571	569	906	809	664	416	163	835	27	61	79	72	106	74
	Fer	Sig	*	NS	NS	NS	NS	NS	NS	NS	NS	*	NS	*	NS	NS	NS	NS	NS	NS	*	*	NS	*
(GADAI) AL		Slope ± SE	0.048 ± 0.022	-0.001 ± 0.006	0.020± 0.014	0.049± 0.027	0.002 ± 0.003	0.005 ± 0.004	0.040 ± 0.022	−0.009 ± 0.009	-0.001 ± 0.004	-0.013 ± 0.006	0.002 ± 0.004	0.008 ± 0.003	−0.009 ± 0.006	0.009 ± 0.006	-0.028 ± 0.014	0.001 ± 0.004	0.030 ± 0.040	−0.024± 0.024	0.041 ± 0.018	-0.056 ± 0.024	-0.023 ± 0.025	-0.079 ± 0.022
ירומו (וואסעווי) מווא ווויכעו)		species	Oystercatcher Haematopus ostralegus	Lapwing Vanellus vanellus	Ringed Plover Charadrius hiaticula	Dotterel Charadrius morinellus	Golden Plover Pluvialis apricaria	Common Snipe Gallinago gallinago	Jack Snipe Lymnocryptes minimus	Woodcock Scolopax rusticola	Curlew Numenius arquata	Whimbrel Numenius phaeopus	Green Sandpiper Tringa ochropus	Wood Sandpiper Tringa glareola	Common Sandpiper Actitis hypoleucos	Redshank <i>Tringa totanus</i>	Spotted Redshank Tringa erythropus	Greenshank Tringa nebularia	Purple Sandpiper Calidris maritima	Temminck's Stint Calidris temminckii	Dunlin Calidris a. alpina	Broad-billed Sandpiper Calidris falcinellus	Ruff Calidris pugnax (L)	Red-necked Phalarope Phalaropus lobatus