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You Demand an Explanation

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You Demand an Explanation

Go back and say to your skin
why are you doing this to me?
And then ask your teeth,
where are those other fellas
used to be there and there?
Ask your eyes
what happened to your blinking vision?
And bones should tell
why they ache
and blood
explain its sluggardliness,
your will
its weakness,
your mind
its shrinking,
your heart,
its unease.
Ask why you weren't advised
ahead of time.
Ask why no one asked
whether you were paying attention
when your father died,
your mother decayed,
the cat grew old,
began to limp and stumble.

Ask anything, ask whatever
comes into your head.