

清洁空气有益健康：个人如何防护

大气污染问题

每年空气污染导致超过百万人过早死亡

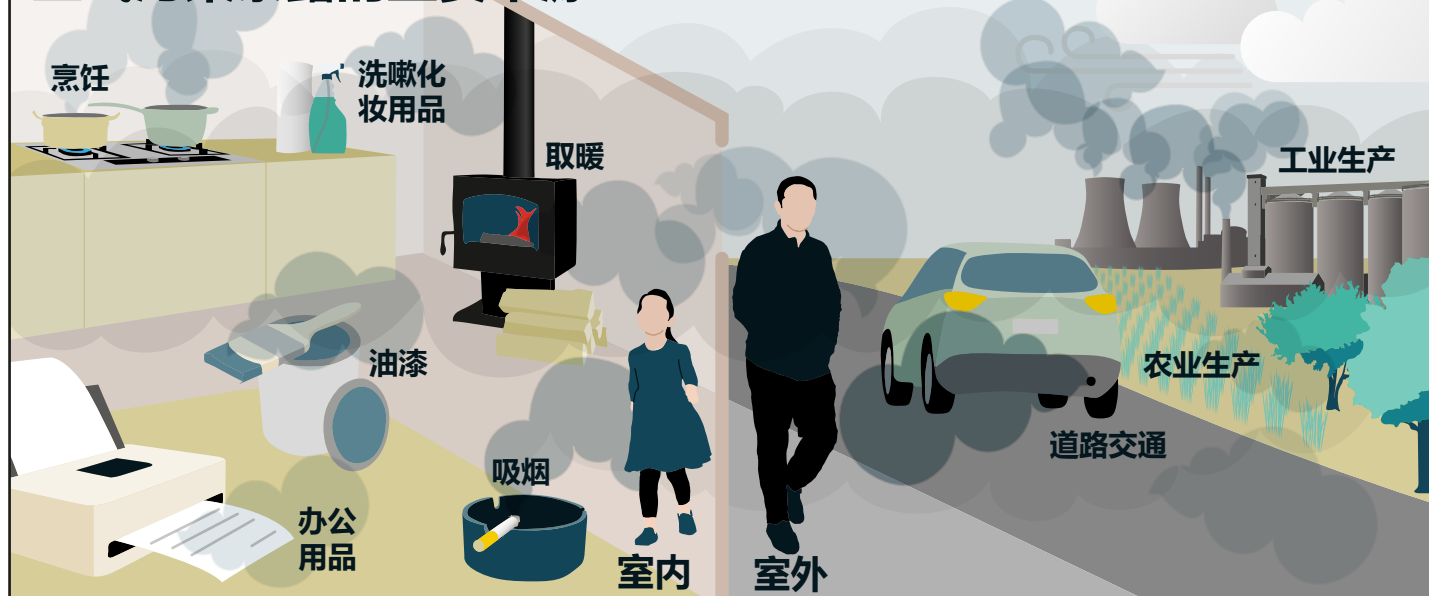
空气污染对弱势群体影响最大



2012年空气污染
导致的生产力下
降造成了大约
4000亿经济损失

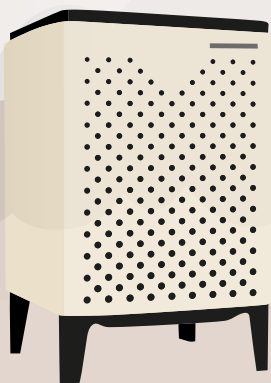


空气污染暴露的主要来源



如何降低个人空气污染暴露

使用合格的空气净化器
可降低室内PM_{2.5}的浓度
(50%左右)



使用合格的KN95
口罩可降低PM_{2.5}
暴露 (80%左右)



Cleaner Air for Health: How to protect yourself

The air pollution problem

1 in 6 deaths related to air pollution

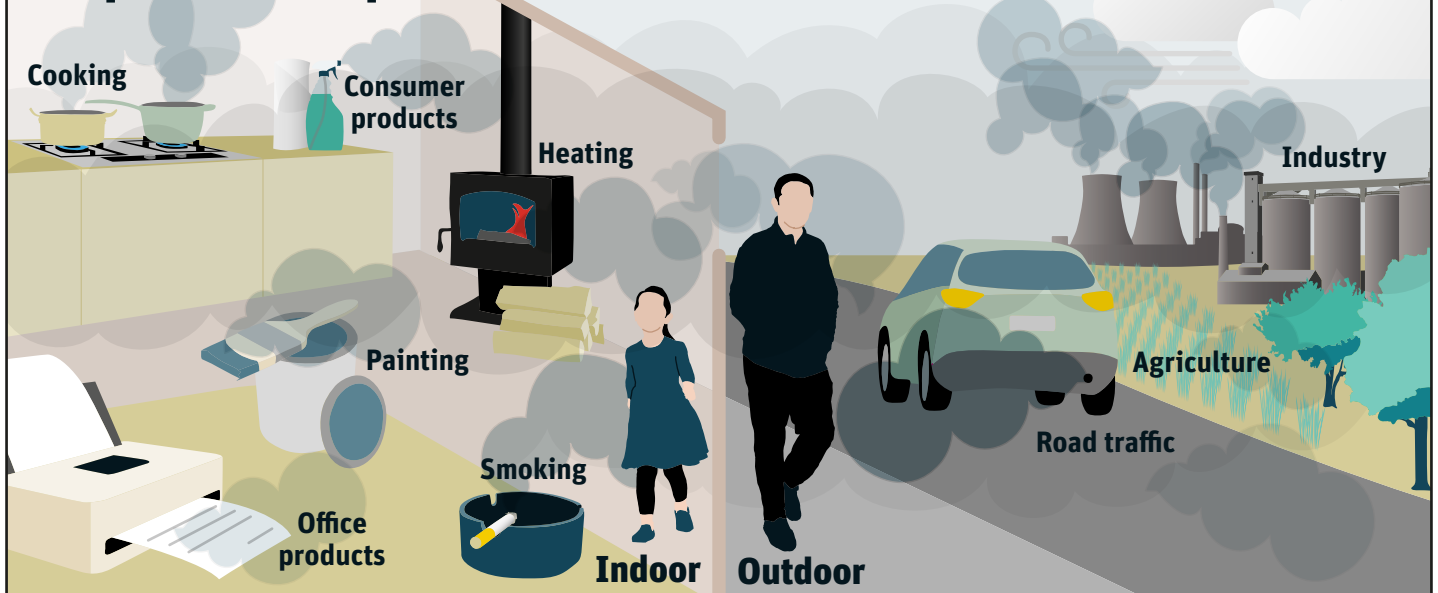
Vulnerable people most at risk



Cost the economy
~400 billion due
to productivity
reduction in 2012

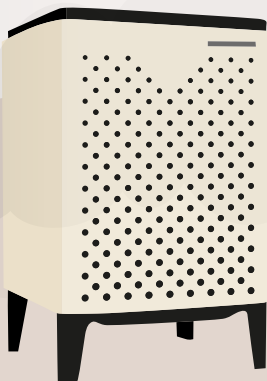


Air pollutant exposure sources



How to reduce your personal exposure

Using an air purifier
indoors can reduce
PM_{2.5} by about 50%



Using KN95 face
masks can reduce
PM_{2.5} exposure by
about 80%



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