



CERTIFICATE OF ATTENDANCE



This is to certify that

Dr. med. dr. Abraham Simatupang, MKes.

has attended in

MODERATED POSTER

15th Scientific Meeting of Indonesian Society of Hypertension 2021

February 27 - 28, 2021

as

PARTICIPANT

Tunggul D. Situmorang, MD
President
Indonesian Society of Hypertension

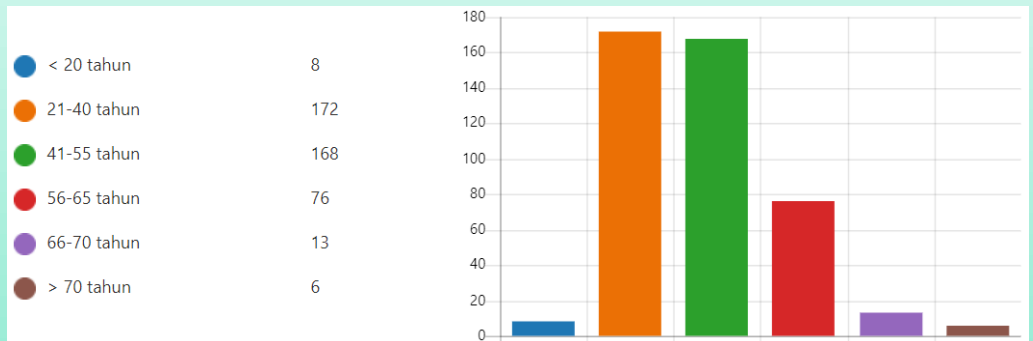
Frits R.W. Suling, MD
Chairman
The 15th Scientific Meeting of InaSH

Introduction: Hypertension is one of the non-communicable diseases that is becoming a global problem. Hypertension is characterized by systolic blood pressure of 140 mmHg and diastolic 90 mmHg (according to JNC VIII). According to Basic Health Research (Riskesdas 2018) the prevalence of hypertension for >18 years is 8.4%. According to measurements taken in health care facilities by 34.1%. Prevalence in the city was 34.4%, in the village it was 33.7%, while according to male sex 31.3% and female 36.9%.

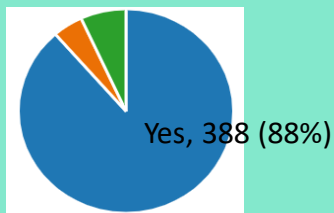
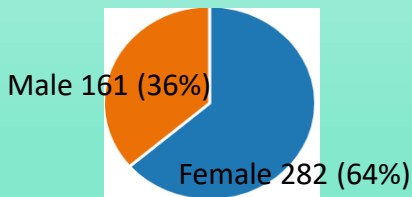
Objective & Method: The purpose of the study was to find out the knowledge and awareness of laypeople on hypertension. This cross-sectional online study is equipped with 11 questions developed in Google form. Respondents were recruited from social media groups through snow-ball approach.



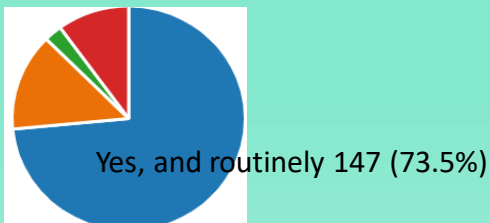
Results:



Demography of Respondents – Gender & Age (n = 443)

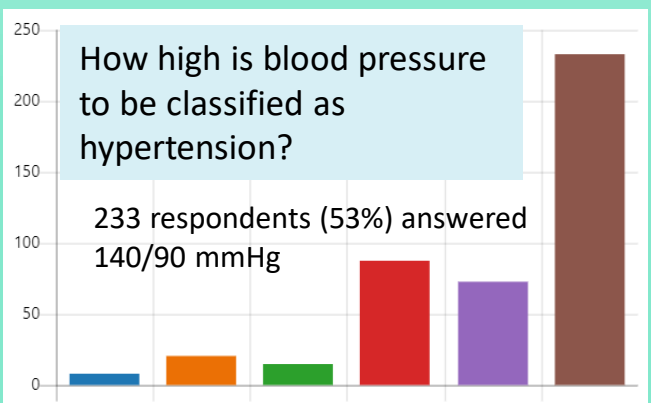


• **Does hypertension need regular therapy?**



• **When you are diagnosed with hypertension do you take medication as directed by your doctor?**

- Please mention hypertensive medications that you know:



- Yes, but not routinely 28 (14%)
- I would prefer herbal medicine 20 (10%)
- No need to take medicine 5 (2.5%)

Amlodipine (109), Captopril (68), Candesartan (51), Bisoprolol (44), HCT (34), Furosemide (31).

Paracetamol (5), Omeprazole (8), Omega 3 (10), Prednisone (3), Adrenaline (7)
Do not know (61).

Discussion – Conclusion: Respondents have a good understanding on hypertension, its therapy and complications. However, information related to hypertension and behavior is still needed so that the prevalence of hypertension can be lowered.

References:

- Kesehatan K. Hasil Utama Riskesdas. 2018.
- Kotwani P, Kwarisiima D, Clark TD, Kabami J, Geng EH, Jain V, et al. Epidemiology and awareness of hypertension in a rural Ugandan community: A cross-sectional study. BMC Public Health. 2013;13(1).



INDONESIAN SOCIETY OF HYPERTENSION
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Jakarta, February 10, 2021

Abraham Simatupang, MD

Re.: MP – 15th InaSH 2021

Dear Dr Abraham Simatupang,

Regarding the upcoming **15th Scientific Meeting of the Indonesian Society of Hypertension (InaSH)** which will be held virtually on **February 27 – 28, 2021**; the organizing committee is glad to nominate the following abstract:

Public Understanding of Hypertension and Its Treatment

Abraham Simatupang, Fransiska Sitompul, Linggom Kurniaty Tobing

As

MODERATED POSTER

Kindly find the below Moderated Poster Guidelines:

MODERATED POSTER GUIDELINE

Each of moderated poster presenter should prepare abstract poster in PDF file to scientific@inash.or.id at the latest on **February 15, 2021**

Presenters should be in the moderated poster session **10 minutes** before the session begins

Presenters should summarize their research for **4 minutes presentation in English** and will then address questions from chairpersons for 2 minutes.

MODERATED POSTER PRESENTATION SCHEDULE

| | |
|-----------------|------------------------------|
| ABSTRACT NUMBER | MP032 |
| DAY, DATE | Wednesday, February 17, 2021 |
| TIME | 15.00 |

Note:

The committee will send zoom link for the Moderated Poster session through email

Kindly ensure that you are registered as the participant of the meeting.

For any further questions, please feel free to contact the secretariat though email: scientific@inash.or.id or phone: +6221 5734978.

We look forward to welcoming you in 15th Scientific Meeting of InaSH.

Thank you

Sincerely Yours,

15th Scientific Meeting of Indonesian Society of Hypertension



Frits R. W. Suling, MD

Chairperson – Organizing Committee



Antonia Anna Lukito, MD, PhD

Chairperson – Scientific Committee