

Optimized interpretation of fractional flow reserve derived from computed tomography: Comparison of three interpretation methods

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#### Abstract

Background: An optimal system for interpreting fractional flow reserve (FFR) values derived from CT (FFRCT) is lacking. We sought to evaluate performance of three FFRCT measurements in detecting ischemia by comparing them with invasive FFR. Methods: For 73 vessels in 50 patients who underwent coronary CT angiography (CCTA) and FFRCT analysis followed by invasive FFR, the greatest diameter stenosis on CCTA, FFRCT difference between distal and proximal to the stenosis (ΔFFRCT), FFRCT 2 cm distal to the stenosis (lesion-specific FFRCT), and the lowest FFRCT in distal vessel tip were calculated. Significant obstruction (≥50% diameter stenosis) and ischemia (lesionspecific FFRCT ≤0.80, the lowest FFRCT ≤0.80, or ∆FFRCT ≥0.12 based on the greatest Youden index) were compared with invasive FFR (≤0.80). Results: Forty (55%) vessels demonstrated ischemia during invasive FFR. On multivariable generalized estimating equations,  $\Delta$ FFRCT (odds ratio [OR] 10.2, p<0.01) remained a predictor of ischemia over CCTA (OR 2.9), lesion-specific FFRCT (OR 3.1), and the lowest FFRCT (OR 0.9) (p>0.05 for all). Area under the curve (AUC) of ΔFFRCT (0.86) was higher than CCTA (0.66), lesion-specific FFRCT (0.71), and the lowest FFRCT (0.65) (p<0.01 for all). Addition of each FFRCT measure to CCTA showed improvement of AUC and significant net reclassification improvement (NRI): ΔFFRCT (AUC 0.84, NRI 1.24); lesion-specific FFRCT (AUC 0.77, NRI 0.83); and the lowest FFRCT (AUC 0.76, NRI 0.59) (p<0.01 for all). Conclusions: Compared with diameter stenosis, ΔFFRCT, lesion-specific FFRCT, and the lowest FFRCT improved ischemia discrimination and reclassification, with  $\Delta$ FFRCT being superior in identifying and discriminating ischemia.

Keywords	coronary artery disease; fractional flow reserve; coronary computed tomography angiography; fractional flow reserve derived from computed tomography.
Taxonomy	Atherosclerosis, Computed Tomography
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### Abbreviations

- **AUC** = area under the curve
- **CI** = confidence interval

**CCTA** = coronary computed tomography angiography

**FFR** = fractional flow reserve

**FFR**<sub>CT</sub> = fractional flow reserve derived from coronary computed tomography

angiography

**ICA** = invasive coronary angiography

**NPV** = negative predictive value

- **PPV** = positive predictive value
- **ROC** = receiver operating characteristics

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#### 1. Introduction

Fractional flow reserve (FFR) is currently considered as the gold standard for the assessment of ischemia and guides the revascularization in patients with stable coronary artery disease.<sup>1,2</sup> The application of computational fluid dynamics to coronary computed tomography angiography (CCTA) enables noninvasive FFR measurement without hyperemia, which provides information on FFR along the entire coronary artery based on CCTA data sets.<sup>3</sup> Recently, large accuracy and clinical utility studies have validated the FFR derived from CCTA (FFR<sub>CT</sub>).<sup>4–8</sup>

However, in the clinical setting, it is uncertain how physicians should interpret the FFR<sub>CT</sub> results. In the accuracy trials, diagnostic performance has been determined through a comparison of single measurements at specified locations within the coronary artery corresponding to the location of FFR pressure wire sensor between FFR<sub>CT</sub> and invasive FFR.<sup>4–6</sup> The data set of FFR<sub>CT</sub> can provide FFR values along the entire course of the epicardial coronary arteries. Due to a gradual decrease in the FFR<sub>CT</sub> value even without a focal stenosis, different

measurement locations for FFR<sub>CT</sub> and invasive FFR will produce a different diagnosis, if the respective values are discordant regarding the defined threshold for ischemia of 0.80. Invasive coronary angiography (ICA) and FFR are generally downstream tests of CCTA and FFR<sub>CT</sub> analyses. Thus, when physicians interpret FFR<sub>CT</sub> results, they cannot apply the position where invasive FFR is measured to FFR<sub>CT</sub>, and reported FFR<sub>CT</sub> values may not reflect the precise location of the FFR pressure wire sensor. Therefore, an interpretation method for FFR<sub>CT</sub> results is required in the clinical setting. The lowest FFR<sub>CT</sub> is the value at the distal end of the coronary vessel, which is commonly used in clinical trials.<sup>9–11</sup> Kueh reported that lesion-specific FFR<sub>CT</sub>, defined as the value within 2 cm distal to the greatest stenotic lesion, could effectively reclassify the positive result in the lowest FFR<sub>CT</sub>.<sup>12</sup>

During invasive FFR, a pullback of the pressure wire is usually performed, with the jump-up of coronary pressure and FFR across the stenosis observed. If coronary stenosis is more severe, pressure gradient across the stenosis becomes higher. Thus, considering pressure gradients across the hemodynamically significant stenosis, we hypothesized that a difference of FFR<sub>CT</sub> value between distal and proximal to an anatomical stenosis with the greatest diameter stenosis ( $\Delta$ FFR<sub>CT</sub>) could become a predictor for ischemia. In this study, we investigated discrimination power, diagnostic performance, and reclassification ability of  $\Delta$ FFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub> for the detection of ischemia compared with invasive FFR as the reference standard.

#### 2. Methods

#### 2.1. Study design and population

This retrospective single-center study was approved by an institutional review board, and included patients from a prospective registry assessing the diagnostic value of noninvasive FFR<sub>CT</sub> in coronary care (ADVANCE registry, ClinicalTrials.gov #NCT02499679).<sup>13</sup> We obtained written informed consent for the registry from all participants, and the institutional review board waived the requirement of additional informed consent for this sub-analyses. Table S1 (supplementary material) provides

inclusion and exclusion criteria for the registry. Consecutive participants in the prospective registry who underwent CCTA with FFR<sub>CT</sub> analysis followed by invasive FFR measurement in our institution between September 2015 and September 2017 were included. Patients were excluded if they had prior coronary artery bypass graft surgery or percutaneous coronary intervention.

#### 2.2. CT acquisition and interpretation

All patients underwent coronary CT calcium scoring and angiography,<sup>14</sup> using the following CT scanners: 0.5 mm × 320-row detector CT scanner (Aquilion ONE ViSION or Genesis Edition, Canon Medical Systems, Otawara, Japan), 0.25 mm × 128-row (TSX-304R, Canon Medical Systems) or 0.25 mm × 160-row (Aquilion Precision, Canon Medical Systems) ultra-high-resolution CT scanner.<sup>15</sup> Patient preparation and CT scanning were performed based on the Society of Cardiovascular Computed Tomography (SCCT) guidelines.<sup>16,17</sup> All patients took nitroglycerin. Patients with a heart rate of 65 beats/min received intravenous betablockers 5–7 min before CCTA scan. All CCTA procedures were performed with a prospective electrocardiogram-gated scan. The detailed CCTA protocol is summarized in Table S2 (supplementary material). The optimal stationary cardiac phase with minimum motion-free datasets was determined by cardiovascular CT technologists. Both the volumetric CT dose index and dose-length product were recorded for each patient. The corresponding effective radiation dose was calculated using a conversion factor of 0.014 mSv/mGy·cm.<sup>18</sup> Coronary stenosis severity was assessed by radiologists with more than 20 years experience (RT and KY) using a commercially available workstation (Ziostation2, Ziosoft, Tokyo, Japan). The degree of coronary stenosis was graded as minimal (<25%), mild (25%–49%), moderate (50%–69%), and severe (70%–99%) according to the SCCT guideline.<sup>19</sup> Significant obstruction was defined as luminal stenosis of  $\geq$ 50%.

#### 2.3. FFR<sub>CT</sub> analysis

 $FFR_{CT}$  analysis was blindedly and independently performed at HeartFlow Inc., Redwood City, CA, USA. The results provide  $FFR_{CT}$  value throughout the coronary arterial tree. For each coronary artery, a radiologist (HT with 7 years experience) calculated three parameters as follows: a difference of FFR<sub>CT</sub> values between distal and proximal to an anatomical stenosis with greatest stenosis on the coronary vessel ( $\Delta$ FFR<sub>CT</sub>), FFR<sub>CT</sub> value within 2 cm distal to the tightest point (lesion-specific  $FFR_{CT}$ ), and the lowest  $FFR_{CT}$  value in the distal vessel tip (the lowest  $FFR_{CT}$ ) (Figure 1). Figure 2 shows a detailed method on how to obtain the  $\Delta FFR_{CT}$ . For lesion-specific FFR<sub>CT</sub>, the tightest point similar to that employed in  $\Delta$ FFR<sub>CT</sub> was used, and the position 2 cm distal to the location was measured on a curved planar reconstructed image. When serial lesions were observed, only the lesion with greatest diameter stenosis was used, and the value was measured strictly at 2 cm distal to the tightest point regardless of the presence or absence of plague. If lesionspecific FFR<sub>CT</sub> was distal to the distal vessel tip on FFR<sub>CT</sub>, values in the distal tip were employed as the lesion-specific  $FFR_{CT}$  (i.e. lesion-specific  $FFR_{CT}$  = the lowest FFR<sub>CT</sub>). Given that FFR<sub>CT</sub> does not provide a value of less than 0.50, the value of <0.50 was defined as 0.50. Ischemia was defined as an FFR<sub>CT</sub> value of ≤0.80 for lesion-specific FFR<sub>CT</sub> and the lowest FFR<sub>CT</sub>. To assess interobserver

reproducibility, another radiologist (MO with 10 years experience) independently and blindly calculated these  $FFR_{CT}$  measures for consecutive 30 vessels. The optimal threshold value of  $\Delta FFR_{CT}$  was defined as values corresponding to the maximum Youden index in the receiver operating characteristic (ROC) curve.<sup>20</sup>

#### 2.4. ICA and FFR measurements

Cardiologists performed ICA and FFR on a biplane angiography system. FFR was performed with a 0.014-inch pressure monitoring wire (PressureWire Aeris, St. Jude Medical Systems, USA). Hyperemia was attained after administration of intravenous adenosine triphosphate (140  $\mu$ g/kg/min, n = 37) or intracoronary nicorandil (2 mg, n = 13). FFR was calculated automatically by dividing the mean distal coronary pressure by the mean aortic pressure during hyperemia. The position of the distal pressure sensor was recorded, and compared with 2 cm distal to the tightest point (i.e. position of lesion-specific FFR<sub>CT</sub>) and the distal end of FFR<sub>CT</sub> (i.e. position of the lowest FFR<sub>CT</sub>) (Figure 3). FFR was considered diagnostic of ischemia at a threshold of ≤0.80.

#### 2.5. Statistical analysis

No power analysis was performed because of the lack of previous studies on the topic. Descriptive statistics were presented as mean ± standard deviation (SD) for normally distributed variables (Shapiro-Wilk test,  $p \ge 0.05$ ), as medians with interguartile ranges for non-normally distributed variables, and as numbers of cases (and percentages) per group for categorical variables. The interobserver reproducibilities were assessed using intraclass correlation coefficients (ICC) for absolute agreement of single measures with 95% confidence interval (CI). The pervessel area under the curve (AUC), accuracy, sensitivity, specificity, and positive predictive (PPV) and negative predictive value (NPV) for the detection of ischemia compared with invasive FFR were calculated with 95% CI. AUC comparisons were performed as previously described by DeLong.<sup>21</sup> Comparisons of accuracy, sensitivity, and specificity were performed by using the Cochran's Q tests, followed by between-group comparisons using post-hoc Dunn's tests with Bonferroni correction.<sup>22</sup> Bootstrapping with 10,000 samples was used for adjustment for

clustering effects in the 95% CI, and for comparison of diagnostic performance. Binary logistic generalized estimating equations were used to evaluate the relationship between  $FFR_{CT}$  parameters and ischemia determined by invasive FFR, since multiple vessels per patient were counted. Additive values of each  $FFR_{CT}$ measure was evaluated by category-free net reclassification improvement (NRI).<sup>23,24</sup> Computations were performed using JMP Pro 12.2 (SAS Institute Inc., Cary, NC, USA), SPSS Statistics version 25 (IBM corporation, Armonk, NY, USA) or R 3.3.3 (R Foundation for Statistical Computing, Vienna, Austria) software. Twosided *p*<0.05 indicated statistical significance.

#### 3. Results

#### 3.1. Study population and characteristics

Among 106 patients who underwent  $FFR_{CT}$  analysis, forty-one (39%) patients defer ICA based on CCTA/FFR<sub>CT</sub> results. Fourteen patients who underwent ICA without invasive FFR measurement and one patient with history of PCI were

excluded. Consequently, this study included 73 vessels with >25% stenosis in 50 patients (1.5 vessels per patient) (Figure 4). Patient and CCTA characteristics are summarized in Table 1 and 2, respectively. Ischemia was found in 55% (40/73) of vessels of 66% (33/50) patients during invasive FFR; mean invasive FFR value was 0.76  $\pm$  0.17. Table 3 provides details on the extent of coronary stenosis. For invasive FFR measurements, five positions of distal wire sensor were missing. In the remaining 68 vessels, the positional relationships of distal pressure sensor to measurement points for lesion-specific FFR<sub>CT</sub> and the lowest FFR<sub>CT</sub> were as follows: proximal, 10% (7/68) and 63% (43/68); distal, 60% (41/68) and 13% (9/68); and same position, 29% (20/68) and 24% (16/68), respectively (Figure 3).

### 3.2. Discrimination of ischemia

Per-vessel AUC for CCTA,  $\Delta$ FFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub> were 0.66 (95% CI, 0.56–0.76), 0.86 (95% CI, 0.75–0.92), 0.71 (95% CI, 0.59–0.80), and 0.65 (95% CI, 0.55–0.74), respectively (Figure 5 A). The optimal threshold value for  $\Delta$ FFR<sub>CT</sub> was 0.12 based on the greatest Youden index. Table 4

provides measures of diagnostic characteristics. The AUC for ΔFFR<sub>CT</sub> was higher than all the other parameters: differences in AUC for CCTA, 0.20 (95% Cl, 0.09– 0.30, *p*<0.01), lesion-specific FFR<sub>CT</sub>, 0.15 (95% Cl, 0.05–0.26, *p*<0.01), and the lowest FFR<sub>CT</sub>, 0.21 (95% Cl, 0.11–0.31, *p*<0.01), respectively (Figure 5 A). The specificity for ΔFFR<sub>CT</sub> with threshold value of 0.12 was higher than those for CCTA and the lowest FFR<sub>CT</sub> (adjusted *p*<0.01 for both). The accuracy and sensitivity showed no statistical significance between CCTA, ΔFFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub> and, the lowest FFR<sub>CT</sub> (accuracy, *p* = 0.126; and sensitivity, *p* = 0.059, respectively by Cochran's Q test). Figure 6 displays a representative case of patients with a positive result for the lowest FFR<sub>CT</sub> without ischemia for the invasive FFR.

#### 3.3. Diagnosis of ischemia

On univariable generalized estimating equations, CCTA (X<sup>2</sup>, 6.8, odds radio [OR], 8.0 [95% CI, 1.7–38.4], p<0.01),  $\Delta$ FFR<sub>CT</sub> (X<sup>2</sup>, 21.2, OR, 18.0 [95% CI, 5.3–61.2], p<0.01), lesion-specific FFR<sub>CT</sub> (X<sup>2</sup>, 10.6, OR, 6.0 [95% CI, 2.0–17.8], p<0.01), and the lowest FFR<sub>CT</sub> (X<sup>2</sup>, 7.7, OR, 5.9 [95% CI, 1.8–20.4], p = 0.018) were related

to the ischemia determined by invasive FFR (Table S3, supplementary material). On multivariable generalized estimating equation,  $\Delta$ FFR<sub>CT</sub> (X<sup>2</sup>, 12.3, OR, 10.2 [95% CI, 2.8–37.3], *p*<0.01) remained a predictor over CCTA (X<sup>2</sup>, 1.1, OR, 2.9 [95% CI, 0.4–21.8], *p* = 0.30), lesion-specific FFR<sub>CT</sub>, (X<sup>2</sup>, 2.9, OR, 3.1 [95% CI, 0.8–11.1], *p* = 0.091), and the lowest FFR<sub>CT</sub> (X<sup>2</sup>, 0.01, OR, 0.9 [95% CI, 0.2–5.1], *p* = 0.95) (Table S3, supplementary material).

### 3.4. Additive values of FFR<sub>CT</sub> parameters

All diagnostic models using CCTA and FFR<sub>CT</sub> measures demonstrated higher AUC than the model with CCTA alone (CCTA alone, 0.66 [95% CI, 0.56–0.75]; CCTA +  $\Delta$ FFR<sub>CT</sub>, 0.84 [95% CI, 0.73–0.91]; CCTA + lesion-specific FFR<sub>CT</sub>, 0.77 [95% CI, 0.65–0.86]; and CCTA + the lowest FFR<sub>CT</sub>, 076 [95% CI, 0.65–0.85], p<0.01 for all) (Figure 5 B, C, and D). All FFR<sub>CT</sub> parameters enabled effective reclassification of CCTA diameter stenosis as follows:  $\Delta$ FFR<sub>CT</sub> (NRI, 1.24 [95% CI, 0.87–1.60], p<0.01); lesion-specific FFR<sub>CT</sub> (NRI, 0.83 [95% CI, 0.40–1.25], p<0.01); and the lowest FFR<sub>CT</sub> (NRI, 0.59 [95% CI, 0.21–0.97], p<0.01).

#### 3.5. Relationship between FFR<sub>CT</sub> parameters and stenosis grading

The relationships between FFR<sub>CT</sub> measures and anatomical stenosis determined by CCTA are displayed in Figure 7. All 20 vessels with severe (70%-99%) stenosis demonstrated hemodynamic significance on invasive FFR. Vessels with mild (25%–49%) and moderate (50%–69%) stenoses included 19% (3/16) and 46% (17/37), respectively, of vessels with ischemia. For the 37 moderate stenotic lesions,  $\Delta FFR_{CT}$ , lesion-specific  $FFR_{CT}$  and the lowest  $FFR_{CT}$  correctly reclassified 43% (16/37), 32% (12/37), and 24% (9/37), respectively, of vessels into the nonischemia (invasive FFR >0.80). For the remaining 16 vessels with mild stenotic lesions,  $\Delta$ FFR<sub>CT</sub> could not reclassify into the ischemia (invasive FFR  $\leq 0.80$ ), while lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub> correctly reclassified 13% (2/16) and 13% (2/16) of vessels, respectively into the ischemia (invasive FFR  $\leq 0.80$ ).

#### 3.6. Interobserver reproducibility

For each FFR<sub>CT</sub> measures, intraclass correlation coefficients were as follows:  $\Delta$ FFR<sub>CT</sub>, 0.90 (95% CI, 0.79–0.95); lesion-specific FFR<sub>CT</sub>, 0.86 (95% CI, 0.73– 0.93); and the lowest FFR<sub>CT</sub>, 1.00 (95% CI, 0.99–1.00).

#### 4. Discussion

At present, interpreting or reporting FFR<sub>CT</sub> result system in a clinical condition is lacking. We developed  $\Delta FFR_{CT}$  as a predictor of ischemia, and investigated discrimination power, diagnostic accuracy and reclassification ability of  $\Delta FFR_{CT}$ , lesion-specific FFR<sub>CT</sub> and the lowest FFR<sub>CT</sub>. Each FFR<sub>CT</sub> measures showed improvement of AUC and effective reclassifications for the detection of ischemia, compared with those of CCTA alone. Among these  $FFR_{CT}$  measures,  $\Delta FFR_{CT}$ showed the highest AUC, and the specificity of  $\Delta FFR_{CT}$  with threshold value of 0.12 was higher compared to that of the lowest FFR<sub>CT</sub>. The per-vessel sensitivity and specificity of  $\Delta FFR_{CT}$  were comparable to those in the NXT trial (sensitivity and specificity of 84% and 86%, respectively).<sup>6</sup> Multivariable generalized estimating equation showed that ΔFFR<sub>CT</sub> remained a predictor of ischemia over CCTA, lesionspecific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub>. Furthermore, these FFR<sub>CT</sub> measures could

efficiently reclassify moderate stenotic lesions and be limited to vessels with mild or severe stenosis. Combined with anatomical stenosis evaluation,  $\Delta FFR_{CT}$ , lesion-specific  $FFR_{CT}$ , and the lowest  $FFR_{CT}$  will aid in the diagnosis of ischemia. Moreover, from the perspective of clinical use, the advantage of these parameters is that the measurement is not based on the position of the pressure wire sensor. Thus, these  $FFR_{CT}$  measurements, which are intended for clinical use, will enhance the clinical value of  $FFR_{CT}$  when managing patients with suspected ischemia.

However, in our study, more than half (63%) of invasive FFR measurements were performed proximal to the lowest  $FFR_{CT}$ , whereas 60% were performed distal to the lesion-specific  $FFR_{CT}$ . Considering that there is a gradual decrease in the  $FFR_{CT}$  value even without a focal stenosis, positional differences could cause discordances in values between  $FFR_{CT}$  and invasive FFR. If the same threshold value of 0.80 for ischemia is used, the lowest  $FFR_{CT}$  could overestimate the severity of the lesion compared with invasive FFR, whereas lesion-specific  $FFR_{CT}$  could underestimate the severity. Thus, these measurements do not precisely reflect

invasive FFR results, and simply reporting the lowest  $FFR_{CT}$  or lesion-specific  $FFR_{CT}$  alone can confuse rather than help in clinical decision-making when considering referral for ICA. Especially, the AUC (0.65) and specificity (39%) of the lowest  $FFR_{CT}$  were modest, which probably account for the disagreement of the measurement location. The lowest  $FFR_{CT}$  might have a tendency to become lower than those measured at the proximal to the distal vessel tip. These results indicate that simply using the lowest  $FFR_{CT}$  is unreliable, and a system for interpreting  $FFR_{CT}$  results should be reconsidered in clinical settings.

Our study has some limitations. It is a single-center study with a small sample size. Moreover, although this study included patients from the prospective registry, this subanalysis is not prespecified. Additionally, the population consisted of patients who underwent invasive ICA and FFR, which causes a potential selection bias of patients referred for FFR<sub>CT</sub> evaluation and those subsequently referred for ICA and FFR. Patients who had previously undergone revascularization were also excluded from the study. Thus, the usefulness of FFR<sub>CT</sub> parameters warrants

further investigation. Furthermore, this study lacks clinical outcome data, such as reduction of unnecessary ICA or adverse cardiac events. For those reasons, we could just conclude that  $\Delta FFR_{CT}$ , lesion-specific  $FFR_{CT}$ , and the lowest  $FFR_{CT}$  will help in interpreting  $FFR_{CT}$  results in patients referred for ICA and invasive FFR measurement. To show the usefulness of these methods, a further clinical outcome study is needed.

#### 5. Conclusions

Although  $FFR_{CT}$  is a clinically useful diagnostic tool, a standardized interpretation system is lacking in clinical settings. Adding  $\Delta FFR_{CT}$ , lesion-specific  $FFR_{CT}$ , and the lowest  $FFR_{CT}$  to the diameter stenosis determined by CCTA showed improvements in discriminating and effectively reclassifying ischemia, with  $\Delta FFR_{CT}$  being superior in identifying and discriminating ischemia. In contrast, the lowest  $FFR_{CT}$  was of limited value, which suggests that positional difference between  $FFR_{CT}$  and invasive FFR may have a potential harm; thus, cautious clinical

interpretation of  $\mathsf{FFR}_{\mathsf{CT}}$  values is crucial.

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#### **Figure legends**

Figure 1 – Quantitative parameters derived from FFR<sub>CT</sub>.

 $\Delta$ FFR<sub>CT</sub> was calculated as the difference of values in proximal and distal sites, which were manually selected to be the most adjacent points to the maximal stenosis in which there was minimal or no plaque. Lesion-specific FFR<sub>CT</sub> was defined as the value at 2 cm distal to the maximal stenosis. The lowest FFR<sub>CT</sub> was the value at the distal end of the coronary vessel in FFR<sub>CT</sub>.

 $FFR_{CT}$  = fractional flow reserve derived from computed tomography.

Figure 2 – Detailed methods in obtaining  $\Delta FFR_{CT}$ .

We obtained  $\Delta$ FFR<sub>CT</sub> using the following 3 steps (A): (1) we identified the greatest stenosis in the coronary tree; (2) selected proximal and distal adjacent points to the tightest point in which there is minimal or no plaque; (3) and subtracted FFR<sub>CTdistal</sub> from FFR<sub>CTproximal</sub>, where FFR<sub>CTproximal</sub> and FFR<sub>CTdistal</sub> were defined as FFR<sub>CT</sub> values at the proximal and distal points, respectively. If there was a diffuse plaque (B), we

selected the proximal or distal points for  $\Delta FFR_{CT}$  far from the tightest point (arrow head), and the distance between proximal or distal points became longer. In a case with serial lesions (C), we strictly selected proximal and distal points adjacent to the tightest point (arrow head) in which there is minimal or no plaque, independently of other stenosis severity.

FFR<sub>CT</sub> = fractional flow reserve derived from computed tomography

Figure 3 – Positional relationship of the pressure wire sensor to the lesion-specific  $FFR_{CT}$  and the lowest  $FFR_{CT}$ .

The position of the distal pressure sensor (star) was compared with the position 2 cm distal to the tightest point (i.e. position of lesion-specific  $FFR_{CT}$ ) (circle) or that at the distal end of  $FFR_{CT}$  (i.e. position of the lowest  $FFR_{CT}$ ) (triangle). A shows a pressure sensor positioned proximal to the lesion-specific  $FFR_{CT}$  and the lowest  $FFR_{CT}$ , whereas B and C show a sensor positioned between lesion-specific  $FFR_{CT}$  and the lowest  $FFR_{CT}$ , whereas B and C show a sensor positioned between lesion-specific  $FFR_{CT}$  and the lowest  $FFR_{CT}$ , and distal to both, respectively. In our study, five positions of

distal wire sensor were missing. In the remaining 68 vessels, the positional relationships of distal pressure sensor to measurement points for lesion-specific  $FFR_{CT}$  (D) and the lowest  $FFR_{CT}$  (E) were as follows: proximal, 10% (7/68) and 63% (43/68); distal, 60% (41/68) and 13% (9/68); and same position, 29% (20/68) and 24% (16/68), respectively.

FFR<sub>CT</sub> = fractional flow reserve derived from computed tomography

Figure 4 – Study enrollment.

Among 106 patients who underwent  $FFR_{CT}$  analysis, forty-one (39%) patients defer ICA based on CCTA and  $FFR_{CT}$  results. The other fourteen (13%) patients underwent ICA or revascularization without invasive FFR measurement. Consequently, fifty-one patients underwent invasive FFR. One patient with history of PCI was excluded. A total of 73 vessels in 50 patients were analyzed.

 $FFR_{CT}$  = fractional flow reserve derived from computed tomography, ICA = invasive coronary angiography, FFR = fractional flow reserve, and PCI = percutaneous

coronary intervention.

Figure 5 – Receiver operating characteristic (ROC) curves of CCTA,  $\Delta$ FFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub> in predicting ischemia (N = 73 vessels).

A shows ROC curves for predicting ischemia using CCTA,  $\Delta$ FFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub>. B, C and D show the ROC curves of models using CCTA with and without  $\Delta$ FFR<sub>CT</sub>, lesion-specific FFR<sub>CT</sub>, and the lowest FFR<sub>CT</sub>, respectively. Threshold value of 0.12 corresponding to the maximum Youden index was used for the comparison between CCTA and CCTA with  $\Delta$ FFR<sub>CT</sub>.

\*Indicates statistically significant difference between AUC for CCTA and CCTA with parameters derived from FFR<sub>CT</sub> (B, C, and D) using DeLong test.<sup>21</sup>

CCTA = coronary computed tomography angiography,  $FFR_{CT}$  = fractional flow reserve derived from computed tomography, and AUC = area under the curve.

Figure 6 – Representative case example from a study.

A 70-year-old man with atypical chest pain. Curved planar reconstruction image of CCTA (A) shows a moderate stenosis (50%–69% diameter stenosis) in the proximal left anterior descending artery (arrow head). Although the lowest  $FFR_{CT}$  is 0.76, which suggests ischemia,  $\Delta FFR_{CT}$  and lesion-specific  $FFR_{CT}$  suggest non-ischemic lesion (B). Invasive FFR measurement was performed at the proximal to the distal vessel tip of  $FFR_{CT}$  (circles), in which the value of 0.81 suggests non-ischemia (C and D).

 $FFR_{CT}$  = fractional flow reserve derived from computed tomography, and CCTA = coronary computed tomography angiography.

Figure 7 – Relationship between  $FFR_{CT}$  measures and anatomical stenosis determined by CCTA.

Distributions of  $\Delta$ FFR<sub>CT</sub> (A), lesion-specific FFR<sub>CT</sub> (B), and the lowest FFT<sub>CT</sub> (C) in each group with 25%–49%, 50%–69%, and 70%–99% diameter stenosis

determined by CCTA are shown. Box and plots show the medians, quartiles, and ranges in FFR<sub>CT</sub> parameters. Individual values are also shown as a circle (invasive FFR  $\leq 0.80$ ) or a square (invasive FFR > 0.80). Threshold values of each FFR<sub>CT</sub> parameter are displayed as dashed lines. All 20 vessels with 70%–99% diameter stenosis demonstrated functional significance during invasive FFR, and vessels with 25%-49% or 50%–69% included 19% (3/16) or 54% (20/37) of vessels without ischemia, respectively.

 $FFR_{CT}$  = fractional flow reserve derived from computed tomography, and FFR = fractional flow reserve

 Table 1. Patient characteristics (N = 50)

Variables	Valu	les
Sex (woman)*	14	(7/50)
Age (years)	71	(57–75)
Height (cm)	164	(160–172)
Weight (kg)	67	(60–75)
Body mass index (kg/m <sup>2</sup> )	26	(23–27)
Hypertension*	74	(37/50)
Diabetes*	34	(17/50)
Dyslipidemia*	62	(31/50)
Current/past smoker*	50	(25/50)
Serum creatinine (mg/dl)	0.82	(0.74–0.90)
Estimated glomerular filtration rate (ml/min/1.73m <sup>2</sup> )	70	(62–78)

Note – Unless otherwise noted, data are medians, with quartiles in parentheses.

\*Data are percentages, with raw data in parentheses.

 Table 2. CT characteristics (N = 50)

Variables	Valu	Jes
CT scanner		
0.5 mm × 320-row CT (Aquilion One ViSION)	24	(12/50)
0.5 mm × 320-row CT (Aquilion One GENESIS)	26	(13/50)
0.25 mm × 128-row CT (TSX-304R)	44	(22/50)
0.25 mm × 160-row CT (Aquilion Precision)	6	(3/50)
Agatston score <sup>14*</sup>	251	(51–531)
0–400	62	(31/50)
>400	38	(19/50)
Nitrate administrated	100	(50/50)
Beta-blocker administrated	48	(24/50)
Arrhythmia	2	(1/50)
Mean heart rate during CCTA (beats per minute)*	57	(52–61)
Dose of iodine contrast medium (ml)*	57	(45–67)

Volumetric CT dose index for CCTA (mGy)*	23 (9–31)
Dose-length product for CCTA (mGy·cm)*	329 (111–449)
Effective radiation dose for CCTA (mSv)*†	4.6 (1.6–6.3)

Note – Unless otherwise noted, data are percentages, with raw data in parentheses.

\*Data are medians, with quartiles in parentheses.

†Effective radiation dose was calculated using a conversion factor of 0.014

mSv/mGy·cm.<sup>18</sup>

CCTA = coronary computed tomography angiography

Variables	Values
Vessel with CCTA maximum stenosis of 25–49%	22 (16/73)
Vessel with CCTA maximum stenosis of 50–69%	51 (37/73)
Vessel with CCTA maximum stenosis of 70–99%	27 (20/73)
Patients with CAD-RADS 3*	38 (19/50)
Patients with CAD-RADS 4A*	52 (26/50)
Patients with CAD-RADS 4B*	6 (3/50)
Patients with CAD-RADS 5*	4 (2/50)
Vessel with FFR ≤0.80	55 (40/73)
RCA with FFR ≤0.80	57 (8/14)
LAD with FFR ≤0.80	61 (25/41)
LCX with FFR ≤0.80	35 (6/17)
Patients with FFR ≤0.80 in >1 vessel	66 (33/50)

 Table 3. Extent of coronary stenosis (N = 50 patients; N = 73 vessels)

Note – Data are percentages, with raw data in parentheses.

\*All patients were graded using Coronary Artery Disease: Reporting and Data System (CAD-RADS) as previously described.<sup>25</sup>

CCTA = coronary computed tomography angiography, FFR = fractional flow reserve, RCA = right coronary artery, LAD = left anterior descending artery, and LCX = left circumflex.

Table 4. Per-vessel diag	nostic accuracy of CCTA,	, $\Delta FFR_{CT}$ , lesion-specific FFR <sub>CT</sub>
	, , , , , , , , , , , , ,	

Variables	CCTA†	ΔFFR <sub>CT</sub> ‡	Lesion-specific FFR <sub>CT</sub> §	The lowest $FFR_{CT}$ §
True positive*	37	32	31	36
True negative*	13	27	21	13
False positive*	20	6	12	20
False negative*	3	8	9	4
% Accuracy	69 (59–74)	81 (70–88)	71 (60–80)	67 (58–73)
% Sensitivity	93 (84–97)	80 (71–87)	78 (68–86)	90 (81–96)
% Specificity	39 (29–45)	82 (70–90)	64 (51–74)	39 (29–46)
% PPV	65 (59–68)	84 (74–91)	72 (63–80)	64 (58–68)
% NPV	81 (60–93)	77 (66–85)	70 (57–81)	77 (56–90)
AUC	0.66 (0.56–0.76)	0.86 (0.75–0.92)	0.71 (0.59–0.80)	0.65 (0.55–0.74)

and the lowest  $FFR_{CT}$  (N = 73).

Note – Unless otherwise noted, data are measures, with 95% confidence intervals.

\*Data are raw data.

†For CCTA, significant obstruction was defined as diameter stenosis of  $\geq$ 50%.

 $\pm$ For  $\Delta$ FFR<sub>CT</sub>, diagnostic characteristics were calculated using the threshold value of 0.12 corresponding to the maximum Youden index.

§For lesion-specific  $FFR_{CT}$  or the lowest  $FFR_{CT}$ , functional significant was defined as  $FFR_{CT}$  value of  $\leq 0.80$ .

CCTA = coronary computed tomography angiography,  $FFR_{CT}$  = fractional flow reserve derived from computed tomography, AUC = area under the curve, NPV = negative predictive value, and PPV = positive predictive value.















### Supplementary material

 Table S1. Inclusion and exclusion criteria for patient enrollment of ADVANCE

 registry (ClinicalTrials.gov. # NCT02499679 ).

### Inclusion

- 1. Provide written informed consent
- Clinically stable, symptomatic patients who undergo cCTA and are diagnosed with CAD and meet eligibility criteria for FFR<sub>CT</sub>

### Exclusion

- 1. cCTA showing no CAD
- 2. Uninterpretable cCTA by site assessment, in which severe artifacts prevent

angiographic evaluation

3. Any active, serious, life-threatening disease with a life expectancy of less than

1 year

4. Inability to comply with follow-up requirements

ADVANCE = Assessing Diagnostic Value of Non-invasive FFR<sub>CT</sub> in Coronary Care;

 $FFR_{CT}$  = fractional flow reserve derived from computed tomography; cCTA = coronary computed tomography angiography; CAD = coronary artery disease.

Table S2.	Coronary	СТ	angiography	acquisition	protocol.

	320-row detector CT	Ultra-high-resolution CT		
07	Aquilion ONE VISION	TSX-304R		
CTscanner	Aquilion ONE GENESIS	Aquilion Precision		
Scan mode	Axial	Helical		
<b>T</b> 1	120 kV or 100 kV in patient	s with a body mass index < 22 kg/m <sup>2</sup>		
Tube voltage	and Agatston score <sup>11</sup> of < 400			
Tube current	Targeting image noise of 28 HU			
Collimation		0.25 mm x 128 (TSX-304R) or		
Collimation	0.5 mm x 200–280	0.25 mm x 160 (Precision)		
Gantry rotation (s/rotation)	0.275	0.35		
Scan RR window				
Heart rate of <70 beats/min	Diastolic phase			
Heart rate of ≥70 beats/min	Systolic to diastolic phase			
Intravenous access	A 20-gauge catheter was placed in the right antecubital vein.			
lodine contrast medium (mgl/ml)	350 or 370			
Injection rate (ml/s)	0.07 ml/s/kg x body weight (kg)			

Injection duration (s)	10	Scan time + 5		
Saline flash (ml)	35			
	A computer-assisted bolus	s tracking system (SureStart, Canon		
	Medical Systems) automatically determined.			
Scan delay	A trigger threshold was150 HU in the ROI within the ascending			
	aorta. Subsequent to triggering, image acquisition began			
	automatically at 5 s.			
Reconstruction field of view (mm <sup>2</sup> )	200 x 200			
Slice thickness and increment (mm)	0.5 mm and 0.5 mm			
	Smooth kernel (FC13 or FC44) with hybrid IR (AIDR 3D, Canon			
Reconstruction kernel	Medical Systems) for ViSION and ultra-high-resolution CT			
	Full IR (FIRST, Canon Medical Systems) for GENESIS			

BMI = body mass index, ROI = region of interest, and IR = iterative reconstruction.

### Supplementary material

Table S3. Univariable and multivariable binary logistic generalized estimating

equations for CCTA and FFR<sub>CT</sub> measures to identify ischemia.

	Univariable			Multivariable		
	X <sup>2</sup>	OR (95% CI)	P value	X <sup>2</sup>	OR (95% CI)	P value
CCTA†	6.8	8.0 (1.7–38.4)	<0.01*	1.1	2.9 (0.4–21.8)	=0.30
ΔFFR <sub>CT</sub> ‡	21.2	18.0 (5.3–61.2)	<0.01*	12.3	10.2 (2.8–37.3)	<0.01*
Lesion-specific $FFR_{CT}$ §	10.6	6.0 (2.0–17.8)	<0.01*	2.9	3.1 (0.8–11.1)	=0.091
The lowest $FFR_{CT}$ §	7.7	5.9 (1.8–20.4)	<0.01*	0.01	0.9 (0.2–5.1)	=0.95

\*shows statistically significance

†For CCTA, significant obstruction was defined as diameter stenosis of  $\geq$ 50%.

 $\pm$ For  $\Delta$ FFR<sub>CT</sub>, threshold value of 0.12 corresponding to the maximum Youden index

was applied.

§For lesion-specific FFR<sub>CT</sub> or the lowest FFR<sub>CT</sub>, functional significance was defined

as  $FFR_{CT}$  value of  $\leq 0.80$ .

CCTA = coronary computed tomography angiography,  $FFR_{CT}$  = fractional flow reserve derived from computed tomography, OR = odds ratio, and CI = confidence interval.

### Title page

### Title of the manuscript

Optimized Interpretation of Fractional Flow Reserve Derived from Computed

Tomography: Comparison of Three Interpretation Methods

### Short title

Interpretation methods for  $FFR_{CT}$  results

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# Disclosure/conflict of interest

The 6th author (YM) is speaker bureau for Abbott Vascular. Other authors declare that they have no conflict of interests.

### **Table of Content Summary**

A standardized system for interpreting  $FFR_{CT}$  values for ischemia detection is necessary in clinical settings. Adding  $\Delta FFR_{CT}$ , lesion-specific  $FFR_{CT}$ , and the lowest  $FFR_{CT}$  to the diameter stenosis showed improvements in discriminating and effectively reclassifying ischemia, with  $\Delta FFR_{CT}$  being superior among the three measurements in ischemia detection. In contrast, the lowest  $FFR_{CT}$  was of limited value, suggesting that positional difference between  $FFR_{CT}$  and invasive FFR may have a potential harm; thus,  $FFR_{CT}$  values should be interpreted clinically with caution.