

See discussions, stats, and author profiles for this publication at: <https://www.researchgate.net/publication/347822260>

Resveratrol treatment reduces expression of MCP-1, IL-6, IL-8 and RANTES in endometriotic stromal cells

Article in *Journal of Cellular and Molecular Medicine* · December 2020

DOI: 10.1111/jcmm.16178

CITATIONS

0

READS

11

7 authors, including:



Roya Kolahdouz-Mohammadi
Iran University of Medical Sciences

20 PUBLICATIONS 184 CITATIONS

[SEE PROFILE](#)



Farzad Shidfar
Iran University of Medical Sciences

220 PUBLICATIONS 2,603 CITATIONS

[SEE PROFILE](#)



Sepideh Khodaverdi
Iran University of Medical Sciences

45 PUBLICATIONS 124 CITATIONS

[SEE PROFILE](#)



Tahereh Arablou
Iran University of Medical Sciences

17 PUBLICATIONS 283 CITATIONS

[SEE PROFILE](#)

Some of the authors of this publication are also working on these related projects:



Effect of Garcinia Cambogia on body weight of overweight and obese subjects: A systematic review [View project](#)



SPINAL CORD STUDY IRAN [View project](#)



Resveratrol treatment reduces expression of MCP-1, IL-6, IL-8 and RANTES in endometriotic stromal cells

Roya Kolahdouz-Mohammadi¹ | Farzad Shidfar¹ | Sepideh Khodaverdi² | Tahereh Arablou¹ | Sahel Heidari³ | Nesa Rashidi³ | Ali-Akbar Delbandi^{3,4} 

¹Department of Nutrition, School of Public Health, Iran University of Medical Sciences, Tehran, Iran

²Endometriosis Research Center, Iran University of Medical Science, Tehran, Iran

³Department of Immunology, School of Medicine, Iran University of Medical Sciences, Tehran, Iran

⁴Immunology Research Center, Institute of Immunology and Infectious Diseases, Iran University of Medical Sciences, Tehran, Iran

Correspondence

Ali-Akbar Delbandi, Department of Immunology, School of Medicine, Iran University of Medical Sciences, Tehran, Iran.
Email: delbandi.ak@iums.ac.ir

Funding information

Iran University of Medical Sciences, Grant/Award Number: 28108

Abstract

Endometriosis is an inflammatory disease affecting reproductive-aged women. Immunologic disturbance, as well as inflammation, have crucial roles in the pathogenesis of endometriosis. In this study, we evaluated the effects of resveratrol treatment on expression of monocyte chemoattractant protein-1 (MCP-1), interleukin-6 (IL-6), IL-8, and regulated upon activation, normal T cell expressed and secreted (RANTES) in endometrial stromal cells from patients with endometriosis compared with non-endometriotic controls. Thirteen eutopic (EuESCs) and nine ectopic (EESCs) endometrial stromal cells from endometriotic patients as well as eleven endometrial stromal cells from non-endometriotic controls (CESCs) were treated with resveratrol (100 μ mol/L) or ethanol, and gene and/or protein expression of MCP-1, IL-6, IL-8 and RANTES was examined at 6, 24 and 48 hours following treatment in the cells from all origins. Resveratrol treatment significantly reduced gene and protein expression of MCP-1, IL-6, and IL-8 in EuESCs and EESCs compared with CESCs ($P < .05$ -.001, $P < .05$ -.001 and $P < .05$ -.01, respectively), and this reduction was more noticeable in EESCs than EuESCs ($P < .05$ -.001). Besides, resveratrol treatment significantly reduced RANTES protein expression in EESCs in all time intervals ($P < .05$). Resveratrol treatment significantly reduced the expression of MCP-1, IL-6, IL-8 and RANTES in EESCs.

KEYWORDS

ectopic, endometriosis, MCP-1, IL-6, IL-8, RANTES, resveratrol, stromal cells

1 | INTRODUCTION

Endometriosis is an enigmatic gynaecological disease characterized by ectopic implantation of endometrial like tissues in extra-uterine sites.¹ It afflicts approximately 10% of reproductive-aged women, 2%-11% of asymptomatic women, and almost half of the women experiencing chronic pelvic pain and associated with dysmenorrhoea, dyspareunia, pelvic pain and infertility.^{1,2} The pathogenesis of

endometriosis is not precisely understood.³ Among numerous theories proposed to elucidate the pathophysiology of endometriosis, peritoneal implantation of viable endometrial cells during retrograde menstruation is the generally accepted one.⁴ However, retrograde menstruation occurs in almost all reproductive-aged women, but only 10%-20% of them develop endometriosis, so other factors must be involved in implantation and survival of the displaced endometrial cells.⁵ Based on recent findings, immune dysregulation

[Correction Statement: Correction added on 22 December 2020 after first online publication: The author contributions have been updated in this version.]

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2020 The Authors. *Journal of Cellular and Molecular Medicine* published by Foundation for Cellular and Molecular Medicine and John Wiley & Sons Ltd.

in the peritoneal microenvironment and chronic inflammation have crucial roles in endometriosis development⁶ as increased levels of pro-inflammatory cytokines and chemokines such as interleukin-6 (IL-6), IL-8, monocyte chemoattractant protein-1 (MCP-1), and regulated upon activation, normal T cell expressed and secreted (RANTES) have been detected in peritoneal fluid (PF) of endometriotic patients compared to non-endometriotic participants, suggesting that these secretory products may be involved in endometriosis initiation and progression through the promotion of growth, adhesion, invasion and proliferation of endometrial cells.⁷⁻⁹

Current treatment modalities for endometriosis are surgical and hormonal treatments, but the high incidence of disease recurrence and side effects of these therapies limit their usage in a long period.¹⁰ Thus, in recent years, there has been an increasing emphasis on finding naturally occurring compounds for the management of endometriosis.

Resveratrol (trans-3,5,4'-trihydroxystilbene), a nutraceutical found in significant amounts in red grapes, berries, peanuts and red wine, is one of these substances.¹¹ Protective effects of resveratrol on various diseases have been widely investigated in preclinical and clinical studies and attributed to anti-oxidative, anti-inflammatory, anti-tumorigenic, anti-atherogenic and anti-ageing properties of resveratrol.¹²

The first animal study of the effect of resveratrol on endometriosis was reported by Bruner-Tran et al in 2011.¹³ In that study, resveratrol treatment decreased the number and volume of endometriotic lesions in a nude mouse model of endometriosis. In subsequent studies, resveratrol treatment in animal models of endometriosis decreased the number and size of endometriotic implants and showed anti-inflammatory, anti-angiogenic, anti-proliferative, anti-oxidative, and pro-apoptotic activities¹² and in just one in vitro study resveratrol treatment showed anti-inflammatory effect through suppression of IL-8 expression in endometriotic stromal cells.¹⁴

So in this study, for the first time, we sought to investigate and compare the effect of resveratrol treatment on MCP-1, IL-6, and IL-8 gene expression and protein production and RANTES protein expression in ectopic and eutopic endometrial stromal cells of endometriotic women (EESCs and EuESCs, respectively) and non-endometriotic control endometrial stromal cells (CESCs).

2 | MATERIALS AND METHODS

2.1 | Patient recruitment and tissue collection

This study included fifty-five patients admitted to gynaecology ward of Rassoul Akram hospital, who were allocated to two groups based on laparoscopy or hysterectomy findings: Group I (endometriosis group) consisted of forty women with stage III-IV peritoneal endometriosis, and group II (control group) consisted of fifteen women with benign gynaecological diseases and no evidence of endometriosis.

All women enrolled were at reproductive age (19-45 years old), with regular menstrual cycles, and were at the proliferative phase of the menstrual cycle. Those who had received hormonal treatment or antioxidant supplements within the last three months before sampling, or had the pelvic inflammatory disease, adenomyosis, malignancy, or were pregnant and breastfeeding were excluded. The diagnosis of endometriosis was initially evaluated by an expert clinician during laparoscopy and then confirmed by histopathological examination, and the severity of endometriosis was identified according to the revised American Society for Reproductive Medicine (rASRM).¹⁵ Before enrolling in the study, informed consent was obtained from each woman using protocols approved by the Human Ethics Committees of the Iran University of Medical Sciences (Code: IR.IUMS.REC.1395.28108).

Ectopic and eutopic endometrial samples were obtained through laparoscopic sampling and biopsy curette, respectively. Endometrial tissues were collected in sterile Falcon tubes containing Dulbecco's modified Eagle's medium (DMEM)-F12 (Gibco, Grand Island, NY, USA) and 1% penicillin-streptomycin antibiotics (Gibco, Grand Island, NY, USA) and immediately transported to the laboratory on ice, and a portion of tissue was sent to pathology for confirmation of endometriosis.

2.2 | Isolation, culture and purification of endometrial stromal cells (ESCs)

Isolation, culture and purification of ESCs described previously.¹⁶ Briefly, fresh endometriotic tissue was minced to pieces of about 1 mm³ and digested in DMEM-F12 containing 100 U/mL penicillin and 100 µg/mL streptomycin (Gibco, Grand Island, NY, USA), 2 mg/mL of type I collagenase (Sigma-Aldrich, St Louis, MO, USA) and 300 µg/mL of deoxyribonuclease I (Takara, Tokyo, Japan) for 120 minutes at 37°C, with intermittent vortexing every 15 minutes. After this procedure, the cell suspension was passed through 100-µm mesh (BD Biosciences, San Jose, CA, USA) to separate the cells from any remaining undigested tissues. The obtained single cells were transferred to T25 flasks and cultured under standard culturing conditions in DMEM-F12 supplemented with 10% fetal bovine serum (FBS) (Gibco, Grand Island, NY, USA) and 1% penicillin-streptomycin antibiotics (Gibco, Grand Island, NY, USA) in an incubator at 37°C in a humidified atmosphere with 5% CO₂ for 24 hours. After this time, non-adherent cells were removed by gentle washing, leaving purified adherent ESCs to reach 80% confluence. Some samples were excluded from the study due to inconsistent pathology reports, culture contamination, or absence of enough cell growth, especially in the case of EESCs. Finally, thirteen eutopic and nine ectopic endometrial tissues from endometriotic patients and eleven eutopic endometrial tissues from non-endometriotic patients were used in this study. To confirm the purification of the ESCs, immunofluorescent staining and flow cytometry analysis were used for the following antibodies: vimentin, nestin, cytokeratin, CD10, CD44, CD73, CD105, CD34 and CD45. Based on our findings, the ESCs of all three origins were pure.¹⁶

2.3 | Determining the appropriate concentration for treatment of ESCs with resveratrol

In a pilot study, various concentrations of resveratrol (Sigma-Aldrich) (12.5, 25, 50, 100, 200 and 400 $\mu\text{mol/L}$) were tested to find safety dose of resveratrol by MTT assay,¹⁷ based on MTT assay findings,¹⁶ four samples of EuESCs were treated with 25, 50 and 100 $\mu\text{mol/L}$ resveratrol and ethanol (vehicle) for 48 hours to determine appropriate treatment dose of resveratrol. For this purpose, the EuESCs were diluted with DMEM-F12 containing 5% FBS to a seeding density of 16×10^4 cells/well and seeded into 24-well tissue culture plates (SPL Life Sciences, Korea) in a final volume of 1000 μL /well. After the cells were incubated for 3 hours, the EuESCs were treated with varying concentrations (25, 50 and 100 $\mu\text{mol/L}$) of resveratrol or ethanol. After 1 hour, lipopolysaccharide (LPS) (100 ng/mL) (Sigma-Aldrich, St Louis, MO, USA)¹⁸ was added, and cells were cultured for 48 hours. The supernatant was then collected and stored at -40°C until assayed. The concentrations of IL-6 and IL-8 in the culture supernatants were determined in triplicate using commercially available IL-6 and IL-8 ELISA kits (BD Bioscience, San Diego, CA, USA). Based on ELISA test results, concentrations of IL-6 and IL-8 were more decreased in the presence of 100 $\mu\text{mol/L}$ resveratrol (data not shown). Besides, some previous studies showed anticarcinogenic effects of resveratrol at doses 5 $\mu\text{mol/L}$ and often close to 100 $\mu\text{mol/L}$.¹⁹ So this concentration of resveratrol was used in subsequent treatments.

2.4 | Treatment of the ESCs with resveratrol

ESCs of three origins were seeded in 12-well plates (SPL Life Sciences, Korea) at a density of 32×10^4 cells/well and incubated for 3 hours. After 3 hours, ESCs were treated with 100 $\mu\text{mol/L}$ resveratrol or ethanol, and 1 hour later, LPS (100 ng/mL) (Sigma-Aldrich, St Louis, MO, USA)^{18,20} was added, and cells were cultured for 6, 24 and 48 hours.

2.5 | RNA isolation, complementary DNA (cDNA) synthesis and quantitative real-time PCR (qRT-PCR)

Total RNA was isolated from ESCs using Trizol reagent (Qiagen, Germany) in accordance with the manufacturer's instructions. Concentration and purity of the extract were measured at an absorbance wavelength of 260/280 using a NanoDrop 2000 spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA), and the RNA integrity and quality were assessed by electrophoresis on 1% agarose gel. The concentrations of RNA samples ranged from 319.00 to 1244.7 ng/ μL , and A260/280 ratio was greater than 1.8. After this step, equal amounts of RNA (1 μg) extracted from each sample was reverse transcribed into cDNA by Revert Aid First Strand cDNA Synthesis Kit (Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer's protocols. The quantitative reverse-transcription polymerase chain reaction was performed in duplicate using Rotor-Gene 3000 (Corbett Research, Sydney, Australia) with the syber premix Extaq (Biofact, Daejeon, Korea). The sequences of the primers, the size of amplicons and annealing temperature of each primer are shown in Table 1. A total reaction system of 20 μL contained syber premix Extaq (Biofact, Daejeon, Korea), 10 μL ; primer pairs, 1 μL ; cDNA template, 1 μL ; and DNase-free water, 8 μL . Glyceraldehyde-3-phosphate dehydrogenase (GADPH) was used as a housekeeping gene to normalize the amount of total RNA present in each reaction. Thermocycler conditions included an initial holding at 95°C for 15 minutes, followed by 40 cycles of 95°C for 20 seconds, annealing and elongation for 40 seconds and the melting step was from 60° to 99°C . Melting curve analyses were performed after amplification cycles to ensure the purity and specificity of the products. The efficiency of qRT-PCR reaction was determined by the standard curve, which was derived from serial dilutions of cDNA and qRT-PCR product in triplicate. The PCR amplification efficiency of these candidate genes ranged from 95% to 97%, and the regression coefficient (R^2 value) of the standard curve ranged from 0.968 to 0.998, well within the acceptable range of qRT-PCR.²¹

TABLE 1 The quantitative real-time PCR primers used in this study

Target gene	Accession No.	Primer sequence (5' to 3')	Amplicon size (bp)	Annealing temperature ($^\circ\text{C}$)
MCP-1	NM_002982.4	F: GAAAGTCTCTGCCGCCCTT R: TTGATTGCATCTGGCTGAGCG	84	60
IL-6	NM_001371096 NM_000600.5	F: CTATGAACTCCTTCTCCACAAGCGCCTT R: GGGGCGGCTACATCTTTGGAATCTT	127	62
IL-8	NM_000584.4 NM_001354840.2	F: CTGCGCCAACACAGAAATTATTGTA R: TTCACTGGCATCTTCACTGATTCTT	170	62
GAPDH	NM_002046.7 NM_001256799.3	F: GCACCGTCAAGGCTGAGAAC R: TGGTGAAGACGCCAGTGA	138	58

Abbreviations: bp, base pair; F, forward; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; IL-6, interleukin-6; IL-8, interleukin-8; MCP-1, monocyte chemotactic protein-1; R, reverse.

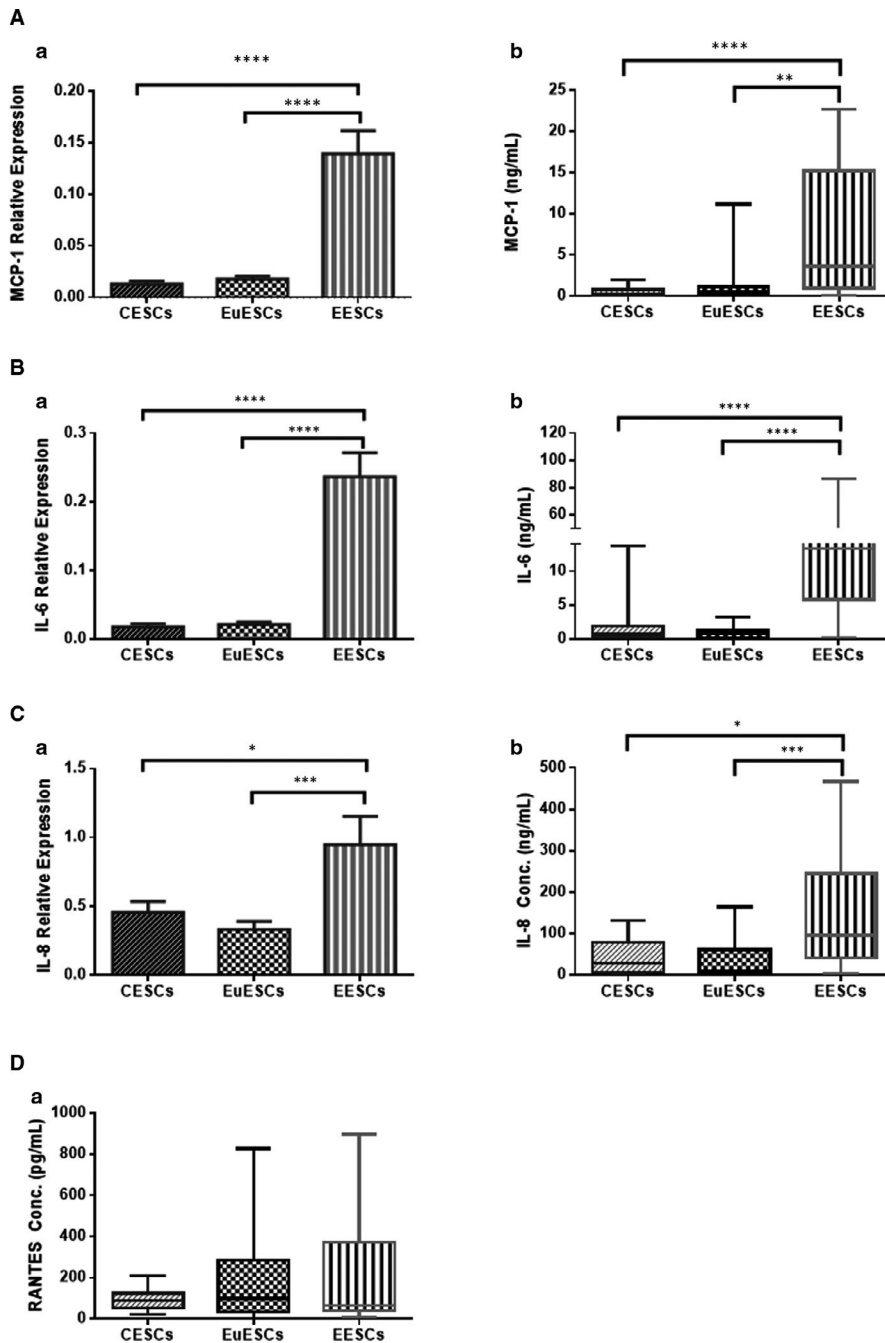


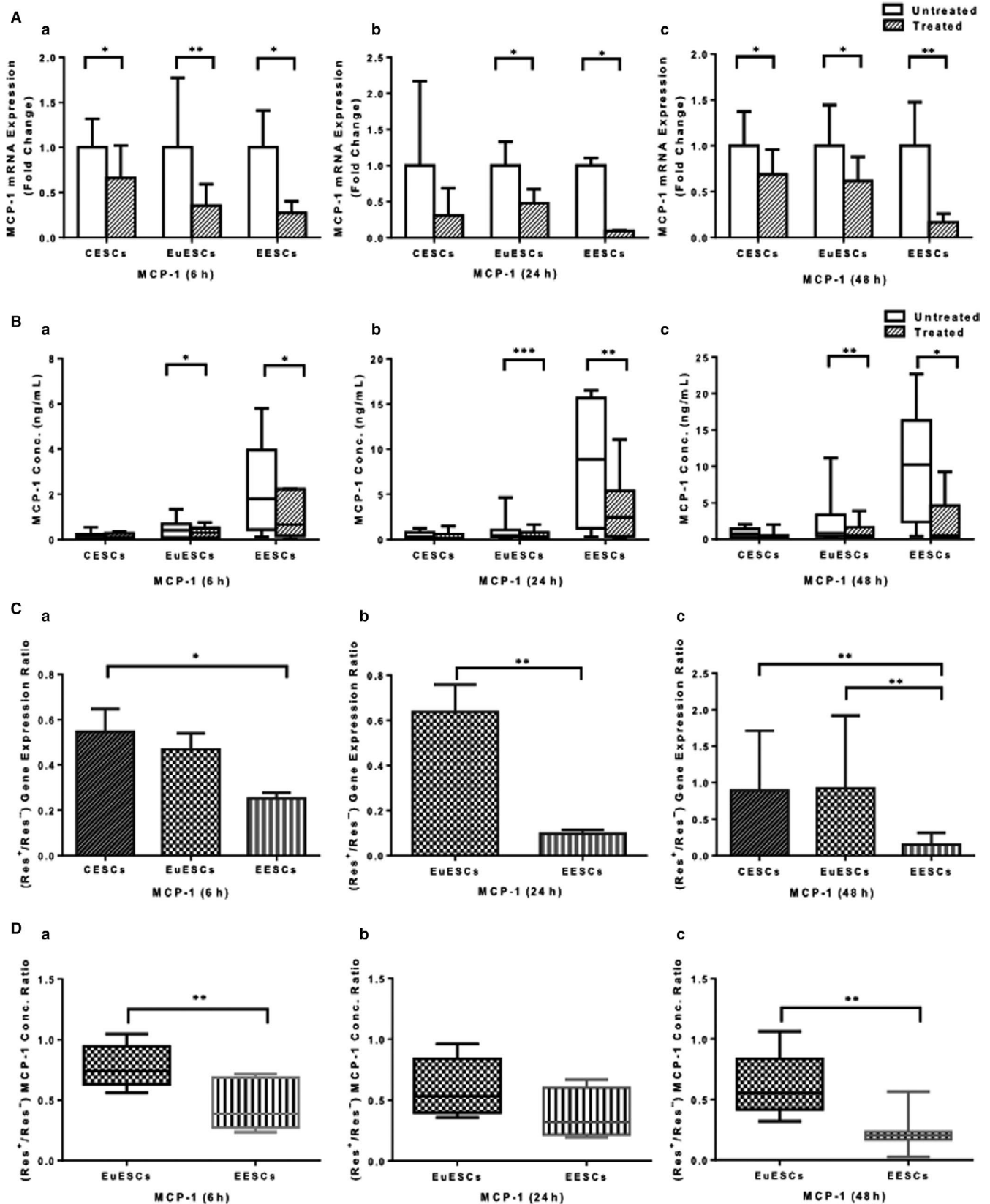
FIGURE 1 The basal expression levels of MCP-1 (A), IL-6 (B), IL-8 (C), and RANTES (D) genes and/or proteins in ESCs. Expression levels of MCP-1 mRNA (Aa), MCP-1 protein (Ab), IL-6 mRNA (Ba), IL-6 protein (Bb), IL-8 mRNA (Ca), IL-8 protein (Cb) and RANTES protein (Da) were measured in CESC from non-endometriotic controls ($n = 11$), EuESCs ($n = 13$) and EESCs ($n = 9$) from endometriotic patients. Data were represented as mean \pm SEM. Data from the basal protein expression were presented as box and whiskers graphs. * $P < .05$, ** $P < .01$, *** $P < .001$, **** $P < .0001$. CESC, control endometrial stromal cells; EESC, ectopic endometrial stromal cells; ESC, endometrial stromal cells; EuESC, eutopic endometrial stromal cells; MCP-1, monocyte chemotactic protein-1; RANTES, regulated upon activation, normal T cell expressed and secreted

2.6 | Measurement of MCP-1, IL-6, IL-8 and RANTES proteins

The concentration of the cytokines MCP-1, IL-6, IL-8 and RANTES in the supernatant of cultured ESCs was performed by ELISA, using

commercially available kits (Duoset; R&D Systems, Minneapolis, MN, USA for MCP-1 and RANTES and BD Bioscience, San Diego, CA, USA for IL-6 and IL-8) in parallel and duplicate in accordance with the manufacturer's instructions. The minimum detection levels for MCP-1, IL-6, IL-8 and RANTES were 15.6, 4.7, 3.1 and 15.6 pg/mL, respectively.

FIGURE 2 The effect of resveratrol treatment on MCP-1 gene and protein expression in ESCs. CESC from non-endometriotic controls ($n = 11$), EuESCs ($n = 13$) and EESCs ($n = 9$) from endometriotic patients were cultured in the presence or absence of resveratrol for 6, 24 and 48 hours. MCP-1 gene (A) and protein (B) expression at 6 (a), 24 (b) and 48 (c) hours after treatment were measured by quantitative real-time PCR and enzyme-linked immunoassay, respectively. The differential effect of resveratrol treatment on ESCs from different groups was calculated as the ratio of the gene (C) and protein (D) expression of MCP-1 in the presence and absence of resveratrol at 6 (a), 24 (b) and 48 (c) hours. Data were represented as mean \pm SEM. Data from the protein expression were presented as box and whiskers graphs. * $P < .05$, ** $P < .01$ and *** $P \leq .001$. CESC, control endometrial stromal cells; EESC, ectopic endometrial stromal cells; ESC, endometrial stromal cells; EuESC, eutopic endometrial stromal cells; MCP-1, monocyte chemotactic protein-1



2.7 | Statistical analysis

The statistical analysis of data was carried out using the GraphPad Prism software (version 6). The Kolmogorov-Smirnov test was used

for the assessment of data normality. Based on the non-parametric distribution of data, Wilcoxon and Mann-Whitney U tests were used for comparison of variables within and between groups, respectively. For the comparison of multiple groups, Kruskal-Wallis

test with Dunn post hoc analysis was used. The analysis of gene expression was performed comparing the fold change and relative expression by calculating the $2^{-\Delta\Delta Ct}$ and $2^{-\Delta Ct}$, respectively. Statistical significance was considered as $P < .05$.

3 | RESULTS

3.1 | The basal gene/protein expression levels of MCP-1, IL-6, IL-8 and RANTES in ESCs

Based on our findings, the basal gene and protein expression of MCP-1, IL-6 and IL-8 were significantly higher in EESCs compared with EuESCs and CECs ($P < .01$ - $<.0001$; $P < .0001$; and $P < .05$ - $<.001$, respectively). RANTES protein expression was also higher in EESCs compared with CECs, but the difference was not significant (Figure 1).

3.2 | The effect of resveratrol treatment on MCP-1 gene and protein expression in ESCs

As shown in Figure 2A, resveratrol treatment reduced MCP-1 gene expression in EESCs and EuESCs at 6, 24 and 48 hours ($P < .05$ - $<.01$) and in CECs at 6 and 48 hours ($P < .05$). Regarding MCP-1 protein expression, resveratrol treatment reduced MCP-1 protein expression in EESCs and EuESCs at 6, 24 and 48 hours ($P < .05$ - $.001$) and had no effect on CECs (Figure 2B). The reducing effect of resveratrol treatment on MCP-1 gene expression was only significant in EESCs compared with EuESCs and CECs in all time intervals ($P < .05$ - $<.01$) (Figure 2C), and as shown in Figure 2D, the reducing effect of resveratrol treatment on MCP-1 protein expression was more remarkable in EESCs than EuESCs at 6 and 48 hours ($P < .01$).

3.3 | The effect of resveratrol treatment on IL-6 gene and protein expression in ESCs

As shown in Figure 3A, resveratrol treatment reduced IL-6 gene expression in EESCs at 6, 24 and 48 hours ($P < .05$ - $<.01$) and in EuESCs at 24 and 48 hours ($P < .05$) and had no effect on CECs. Regarding IL-6 protein expression, resveratrol treatment reduced IL-6 protein expression in EESCs and EuESCs at 6, 24 and 48 hours ($P < .05$ - $.001$) and had no significant effect on CECs (Figure 3B). The effect of resveratrol treatment on IL-6 gene expression reduction was more significant in EESCs compared with EuESCs in all time intervals ($P < .05$ - $<.01$; Figure 3C). However, the differential effect of resveratrol treatment on IL-6 protein expression reduction was not statistically significant between EuESCs and EESCs at 6, 24 and 48 hours (Figure 3D).

3.4 | The effect of resveratrol treatment on IL-8 gene and protein expression in ESCs

Resveratrol treatment reduced IL-8 gene expression in EESCs at 6, 24 and 48 hours ($P < .05$ - $<.01$) and in EuESCs at 6 and 24 hours ($P < .05$ - $<.01$) and had no effect on CECs (Figure 4A). Besides, resveratrol treatment reduced protein expression of IL-8 in EESCs, EuESCs and CECs at 6, 24 and 48 hours ($P < .05$ - $<.01$, Figure 4B). The effect of resveratrol treatment on IL-8 gene expression reduction was more significant in EESCs compared with EuESCs at all time intervals ($P < .05$ - $<.001$, Figure 4C), although the differential effect of resveratrol treatment on IL-8 protein expression reduction was only significant at 48 hours in EESCs compared with EuESCs ($P < .05$, Figure 4D).

3.5 | The effect of resveratrol treatment on RANTES protein expression in ESCs

Resveratrol treatment reduced RANTES protein expression in EESCs at 6, 24 and 48 hours ($P < .05$) and had no effect on EuESCs and CECs (Figure 5).

4 | DISCUSSION

We demonstrated in this study that EESCs express higher levels of MCP-1, IL-6 and IL-8 under basal conditions than EuESCs and CECs. RANTES protein expression was also higher in EESCs than EuESCs and CECs, but the difference was not significant. To the best of our knowledge, only one study compared the in vitro production of MCP-1 by ESCs in patients with and without endometriosis.²² Consistent with our findings, in that study, EuESCs secreted more MCP-1 than CECs. Regarding IL-6 and IL-8, our observations are well in accordance with previous studies that reported increased gene and/or protein expression of IL-6²³⁻²⁵ and IL-8²³ in EESCs than EuESCs or CECs. Regarding RANTES, previous studies also showed higher protein secretion by EESCs compared to CECs.^{26,27}

Sampson's theory (retrograde menstruation) is one of the most accredited hypotheses in explaining the pathophysiology of endometriosis.⁴ As retrograde menstruation occurs in most cycling women, but only a minority develop endometriosis so additional factors like oxidative stress, inflammation and immunologic changes may contribute to the development of endometriosis.⁶ Increased levels of reactive oxygen species (ROS) and pro-inflammatory cytokines in PF of endometriotic patients have been reported in a number of studies.^{7,28} Excessive production of ROS as a result of iron overload as well as pro-inflammatory cytokines and LPS have been shown to activate the nuclear factor kappa B (NF- κ B) pathway, and NF- κ B further increases transcription of multiple genes encoding pro-inflammatory cytokines, chemokines,

angiogenic, adhesion and growth factors that are known to be involved in development and progression of endometriosis.²⁹ Besides, constitutive activation of NF- κ B has been demonstrated in endometriotic lesions and peritoneal macrophages of endometriotic patients compared to controls.^{30,31} So activation of NF- κ B in endometriotic lesions may be an explanation for increased gene and protein expression of MCP-1, IL-6, IL-8 and RANTES in EESCs compared to EuESCs and CESC.

MCP-1 and its receptor CCL2 have been shown to play a crucial role in the initiation and progression of endometriosis.³² MCP-1 is produced by many cell types, including macrophages, fibroblasts, endothelial and endometriotic stromal cells.^{33,34} and many studies have documented elevated levels of MCP-1 in the PF of patients with endometriosis.⁷

MCP-1 attracts monocytes and T lymphocytes.^{35,36} Moreover, MCP-1 has been demonstrated to increase apoptosis of T lymphocytes and not endometrial cells through an increase in Fas ligand (FasL) production in human ESCs.³⁷ On the other hand, Li et al showed that expression of CCL2 in the EuESCs could enhance ESCs survival and invasion through activation of Akt and mitogen-activated protein kinase/ extracellular signal-regulated kinase 1/2 (MAPK/Erk1/2) signalling pathway as anti-CCL2 neutralizing antibody or CCR2 antagonist can completely decrease these effects.³⁸ Moreover, in our study, resveratrol treatment reduced gene and protein expression of MCP-1 in EESCs and EuESCs. However, this reduction was more pronounced in EESCs compared to EuESCs and CESC. To the best of our knowledge, no study was investigated the effect of resveratrol treatment on MCP-1 gene and protein expression in ESCs but in only two studies resveratrol treatment in experimentally induced endometriosis rat model significantly reduced MCP-1 PF levels in treated groups compared to controls.^{39,40}

IL-6 is one of the most prominent pro-inflammatory cytokines and angiogenic factors in endometriosis.⁴¹ It is strongly expressed by peritoneal macrophages⁴² and endometriotic lesions,⁴³ and significantly increased IL-6 levels have been reported in PF and endometriotic lesions of patients with endometriosis compared to non-endometriotic controls.^{7,43} Besides, in line with our findings, other studies have indicated increased IL-6 production by EESCs than EuESCs or CESC.²³⁻²⁵ IL-6 is a crucial mediator of cytokine cascade in endometriosis.⁴⁴ Besides, endometriotic stromal cell-derived IL-6 stimulates peritoneal macrophages towards M2-polarization. This type of macrophages plays an important role in inflammation and angiogenesis and causes ectopic endometrium to escape from apoptosis.⁴⁵ So IL-6 might be one of the cytokines involved in the pathogenesis of endometriosis. So far, only one study investigated the effect of resveratrol treatment on plasma and PF levels of IL-6 on an experimental rat model of endometriosis.⁴⁶ Resveratrol treatment in that study significantly reduced plasma and PF levels of IL-6 compared to control.⁴⁶ In our study for the first time, resveratrol treatment reduced gene and protein expression of IL-6 in EuESCs and EESCs and had no effect on CESC.

IL-8 is a chemokine with potent neutrophil and T cell chemotactic activities.⁴⁷ Monocytes, macrophages,⁴⁸ ectopic and

ectopic endometrial stromal cells are principal sources of IL-8.²³ Inflammatory cytokines like IL-1, tumour necrosis factor- α (TNF- α) and LPS can also affect the release of this chemokine.^{49,50} Many studies have pointed to increased PF levels of IL-8 and its correlation with disease stage.⁵¹ Besides consistent with our findings, other studies have shown increased IL-8 production by EESCs than EuESCs or CESC.²³ IL-8 may be involved in all processes related to the pathogenesis of endometriosis like adhesion, invasion, implantation and proliferation of ectopic endometrial cells. Besides, it may protect ectopic endometrial cells from apoptosis through stimulation of FasL apoptosis in activated T cells and inhibition of neutrophil apoptosis.⁵² Up to now, only one study investigated the effect of resveratrol treatment on plasma and PF levels of IL-8 on an endometriosis rat model. Resveratrol treatment in that study significantly reduced plasma and PF levels of IL-8 compared to control.⁴⁶ Besides, in a study by Taguchi et al, resveratrol treatment significantly suppressed TNF- α -induced IL-8 release from the endometriotic stromal cells.¹⁴ In line with this finding, resveratrol treatment in our study significantly reduced gene and protein expression of IL-8 in EESCs.

RANTES is a potent chemotactic factor for monocytes and activated T cells.⁵³ RANTES is produced by endometriotic stromal cells and peritoneal macrophages,⁵⁴ and its concentrations are elevated in the peritoneal cavity of endometriotic patients and correlate with the disease severity.⁵⁵ In our study, RANTES secreted more by EESCs and EuESCs compared to CESC; however, the difference in secretion was not significant. In line with our findings, previous studies showed higher RANTES protein expression by EESCs and EuESCs compared to CESC.^{26,27} RANTES can recruit inflammatory cells into the peritoneal cavity, and these cells, in turn, can release a variety of pro-inflammatory cytokines and angiogenic factors.⁵⁶ Besides, high levels of RANTES in the ectopic milieu can induce macrophages tolerant, and this tolerant, in turn, not only inhibits apoptosis but also enhances the growth of ESCs.²⁷ On the other hand, IL-1 β , as a predominant activated macrophage product, increases RANTES expression via NF- κ B in endometriotic stromal cells.⁵⁷

In our study, resveratrol treatment significantly reduced protein expression of RANTES in EESCs, and to the best of our knowledge, no study was investigated the effect of resveratrol treatment on RANTES protein expression in ESCs.

The mechanisms of resveratrol action related to reduced MCP-1, IL-6, IL-8 and RANTES expression in EESCs are probably through regulation of pathways involved in oxidative stress, inflammation, cyclooxygenase (COX)-2 and Sirtuin 1 (Sirt1). Iron overload has been shown in different compartments of the peritoneal cavity of endometriotic patients and leads to the generation of ROS, which, along with a decrease in antioxidant defence in endometriotic patients result in oxidative stress.²⁸ Oxidative stress also impairs cellular functions through regulation of NF- κ B,²⁹ which is involved in endometriosis development. NF- κ B activation stimulates the synthesis of pro-inflammatory cytokines (IL-6, IL-8, MCP-1 and RANTES), which are implicated in endometriotic cell proliferation, invasion and angiogenesis⁵⁸ so inhibition of NF- κ B activation may decrease the expression of these pro-inflammatory cytokines in

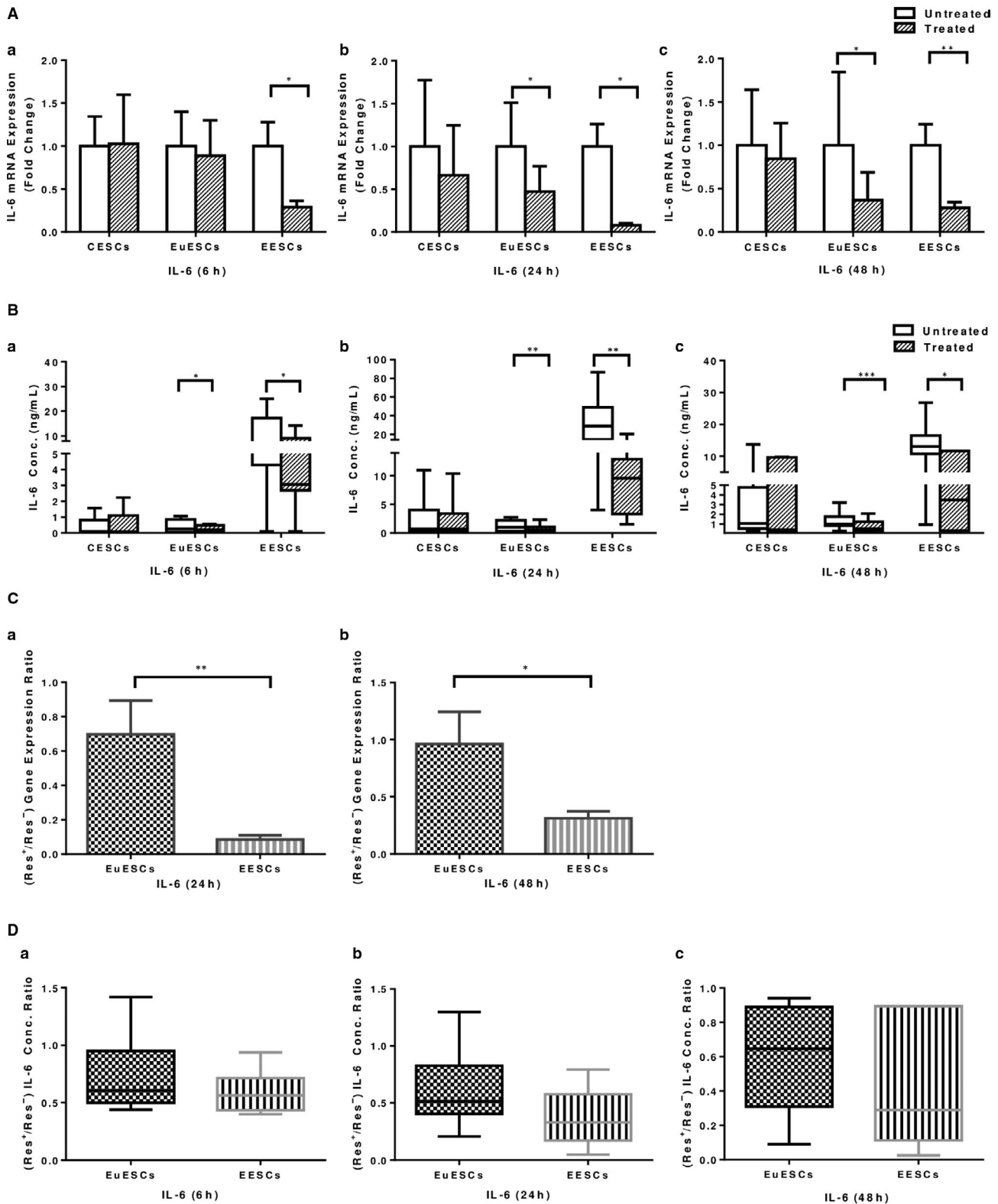


FIGURE 3 The effect of resveratrol treatment on IL-6 gene and protein expression in ESCs. CESC_s from non-endometriotic controls ($n = 11$), EuESC_s ($n = 13$) and EESC_s ($n = 9$) from endometriotic patients were cultured in the presence or absence of resveratrol for 6, 24 and 48 hours. IL-6 gene (A) and protein (B) expression at 6 (a), 24 (b) and 48 (c) hours after treatment were measured by quantitative real-time PCR and enzyme-linked immunoassay, respectively. The differential effect of resveratrol treatment on EuESC_s and EESC_s was calculated as the ratio of the gene (C) and protein (D) expression of IL-6 in the presence and absence of resveratrol at 6 (a), 24 (b) and 48 (c) hours. Data were represented as mean \pm SEM. Data from the protein expression were presented as box and whiskers graphs. * $P < .05$, ** $P < .01$ and *** $P \leq .001$. CESC_s, control endometrial stromal cells; EESC_s, ectopic endometrial stromal cells; ESC_s, endometrial stromal cells; EuESC_s, eutopic endometrial stromal cells

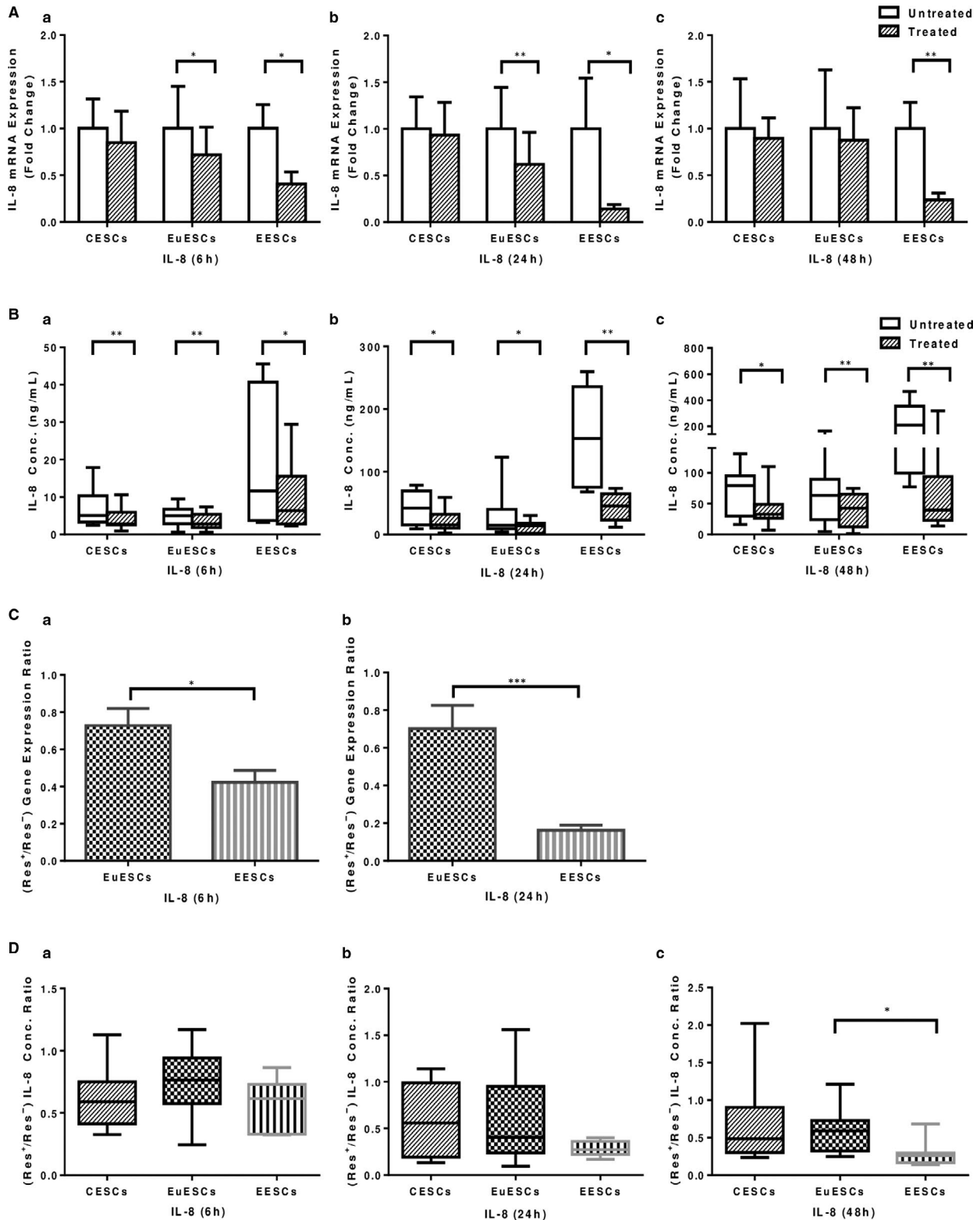


FIGURE 4 The effect of resveratrol treatment on IL-8 gene and protein expression in ESCs. CESC_s from non-endometriotic controls ($n = 11$), EuESC_s ($n = 13$) and EESC_s ($n = 9$) from endometriotic patients were cultured in the presence or absence of resveratrol for 6, 24 and 48 hours. IL-8 gene (A) and protein (B) expression at 6 (a), 24 (b) and 48 (c) hours after treatment were measured by quantitative real-time PCR and enzyme-linked immunoassay, respectively. The differential effect of resveratrol treatment on ESC_s from different groups was calculated as the ratio of the gene (C) and protein (D) expression of IL-8 in the presence and absence of resveratrol at 6 (a), 24 (b) and 48 (c) hours. Data were represented as mean \pm SEM. Data from the protein expression were presented as box and whiskers graphs. * $P < .05$, ** $P < .01$ and *** $P < .001$. CESC_s, control endometrial stromal cells; EESC_s, ectopic endometrial stromal cells; ESC_s, endometrial stromal cells; EuESC_s, eutopic endometrial stromal cells

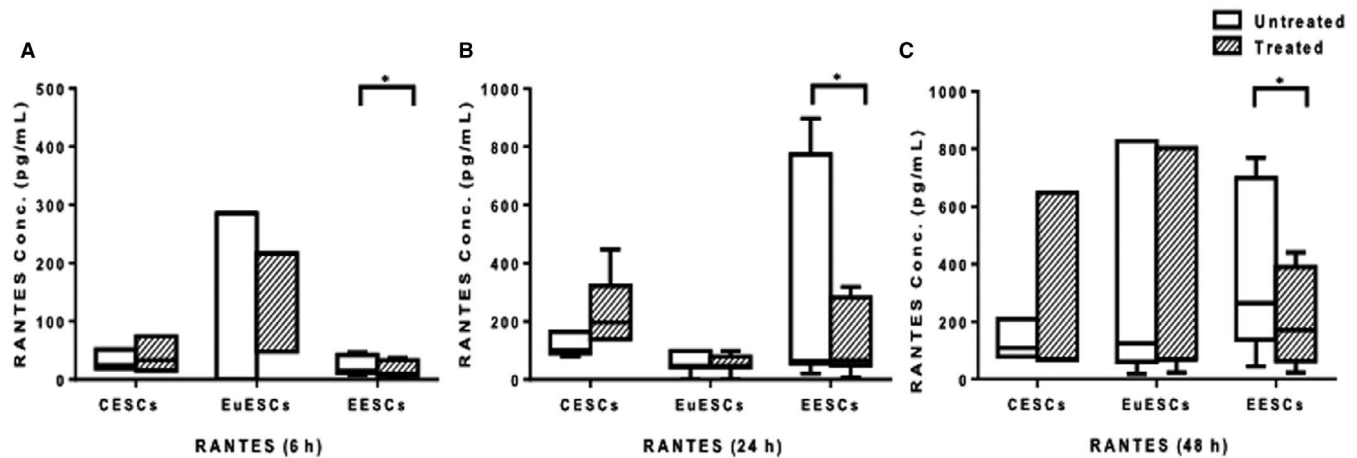


FIGURE 5 The effect of resveratrol treatment on RANTES protein expression in ESCs. CESC from non-endometriotic controls ($n = 11$), EuESC ($n = 13$) and EESC ($n = 9$) from endometriotic patients were cultured in the presence or absence of resveratrol for 6, 24 and 48 hours. RANTES protein expression at 6 (a), 24 (b) and 48 (c) hours after treatment was measured by enzyme-linked immunoassay. Data were presented as box and whiskers graphs. $*P < .05$. CESC, control endometrial stromal cells; EESC, ectopic endometrial stromal cells; ESC, endometrial stromal cells; EuESC, eutopic endometrial stromal cells; RANTES, regulated upon activation, normal T cell expressed and secreted

endometriotic stromal cells. Resveratrol, as an antioxidant, has been shown to block NF- κ B activation induced by ROS, TNF- α , pro-inflammatory cytokines and LPS in several cell types.^{59,60} On the other hand, elevated levels of TNF- α , IL-1 β , IL-6 and IL-8 secreted by peritoneal macrophages and ectopic endometriotic lesions induce COX-2 expression and prostaglandins E2 (PGE2) production.⁶¹ Based on the literature, eutopic endometrium of endometriotic patients express more COX-2 than disease-free women, and COX-2 protein is highly expressed in ectopic than eutopic endometrium in endometriotic women.⁶² COX-2 inhibition in animal studies prevented the establishment and maintenance of endometriosis and decreased size and number of endometriotic tissues.⁶³ Besides, studies have shown that increased COX-2 and COX-2 derived PGE2 production regulate survival, migration and invasion of endometriotic stromal cells in humans.⁶² Regarding resveratrol, Murias et al concluded that hydroxylated resveratrol analogues are selective COX-2 inhibitors.⁶⁴ Besides, Sirt1, a mammalian homolog of silent information regulator 2 (Sir2), may be involved in endometriosis pathogenesis.⁶⁵ Overexpression of Sirt1 was reported to suppress cytokines production and reduce inflammation in different animal models.⁶⁶ Sirt1 inhibits NF- κ B activity and thereby inflammatory cytokine production.⁶⁷ In a study by Taguchi et al, Sirt1 activation by resveratrol significantly suppressed TNF- α -induced IL-8 release by endometriotic stromal cells and suppression of Sirt1 by sirtinol (an inhibitor of Sirt1) enhanced IL-8 secretion by endometriotic stromal cells.¹⁴

Therefore, in the light of present and previous findings, we can speculate that resveratrol as a natural and safe treatment may slow down the development of endometriosis and ameliorate its manifestations through its pleiotropic properties. However, as adhesion molecules, extracellular matrix metalloproteinase and other pro-inflammatory cytokines activate/alter peritoneal microenvironment and epigenetic as well as genetic mechanisms have role in

endometriosis pathogenesis, future studies should aim to clarify the effect of resveratrol on these factors.^{68,69}

5 | CONCLUSION

Our results showed that EESCs differed significantly from EuESCs and CESC concerning MCP-1, IL-6, IL-8, and RANTES gene and/or protein expression. Besides, resveratrol treatment in this study significantly reduced the expression of MCP-1, IL-6, IL-8 and RANTES in EESCs. Based on the results presented here and beneficial effects of resveratrol treatment in animal models of endometriosis, further in vivo and randomized controlled trials are recommended to achieve more conclusive results about the efficacy of resveratrol in endometriosis treatment.

ACKNOWLEDGEMENTS

We would like to appreciate all patients who participated in this research. This work was supported by Iran University of Medical Sciences (grant number 28108).

CONFLICT OF INTEREST

None declared.

AUTHOR CONTRIBUTIONS

Roya Kolahdouz-Mohammadi: Conceptualization (equal); Data curation (equal); Formal analysis (equal); Investigation (equal); Methodology (equal); Project administration (lead); Writing-original draft (lead). **Farzad Shidfar:** Conceptualization (equal); Methodology (equal); Writing-review & editing (equal). **Sepideh Khodaverdi:** Conceptualization (equal); Writing-review & editing (equal). **Tahereh Arablou:** Data curation (equal); Writing-review & editing (equal). **Sahel Heidari:** Data curation (equal); Writing-review & editing

(equal). **Nesa Rashidi**: Data curation (equal); Writing-review & editing (equal). **Ali-Akbar Delbandi**: Conceptualization (equal); Formal analysis (equal); Methodology (equal); Visualization (equal); Writing-review & editing (equal); Supervision (lead).

DATA AVAILABILITY STATEMENT

All data supporting the findings of this study are available from the corresponding author on request.

ORCID

Ali-Akbar Delbandi  <https://orcid.org/0000-0003-0012-9333>

REFERENCES

- Giudice LC, Kao LC. Endometriosis. *Lancet*. 2004;364:1789-1799.
- Shafir AL, Farland LV, Shah DK, et al. Risk for and consequences of endometriosis: a critical epidemiologic review. *Best Pract Res Clin Obstet Gynaecol*. 2018;51:1-15.
- Burney RO, Giudice LC. Pathogenesis and pathophysiology of endometriosis. *Fertil Steril*. 2010;98:511-519.
- Sampson JA. Metastatic or embolic endometriosis, due to the menstrual dissemination of endometrial tissue into the venous circulation. *Am J Pathol*. 1927;3:93-110.
- Halme J, Hammond MG, Hulka JF, Raj SG, Talbert LM. Retrograde menstruation in healthy women and in patients with endometriosis. *Obstet Gynecol*. 1984;64:151-154.
- Ahn SH, Monsanto SP, Miller C, Singh SS, Thomas R, Tayade C. Pathophysiology and immune dysfunction in endometriosis. *Biomed Res Int*. 2015;2015:795976.
- Borrelli G, Abrao MS, Mechsner S. Can chemokines be used as biomarkers for endometriosis? A systematic review. *Hum Reprod*. 2014;29:253-266.
- De Andrade VT, Nacul AP, Dos Santos BR, Lecke SB, Spritzer PM, Morsch DM. Circulating and peritoneal fluid interleukin-6 levels and gene expression in pelvic endometriosis. *Exp Ther Med*. 2017;14:2317-2322.
- Jiang J, Jiang Z, Xue M. Serum and peritoneal fluid levels of interleukin-6 and interleukin-37 as biomarkers for endometriosis. *Gynecol Endocrinol*. 2019;35:571-575.
- Greene AD, Lang SA, Kendzioriski JA, Sroga-Rios JM, Herzog TJ, Burns KA. Endometriosis: where are we and where are we going? *Reproduction*. 2016;152:R63-78.
- Baur JA, Sinclair DA. Therapeutic potential of resveratrol: the in vivo evidence. *Nat Rev Drug Discov*. 2006;5:493-506.
- Kolahdouz-Mohammadi R, Arablou T. Resveratrol and endometriosis: In vitro and animal studies and underlying mechanisms. *Biomed Pharmacother*. 2017;91:220-228.
- Bruner-Tran KL, Osteen KG, Taylor HS, Sokalska A, Haines K, Duleba AJ. Resveratrol inhibits development of experimental endometriosis in vivo and reduces endometrial stromal cell invasiveness in vitro. *Biol Reprod*. 2011;84:106-112.
- Taguchi A, Wada-Hiraike O, Kawana K, et al. Resveratrol suppresses inflammatory responses in endometrial stromal cells derived from endometriosis: a possible role of the sirtuin 1 pathway. *J Obstet Gynaecol Res*. 2014;40:770-778.
- Canis M, Donnez JG, Guzick DS, et al. Revised american society for reproductive medicine classification of endometriosis. *Fertil Steril*. 1997;67:817-821.
- Arablou T, Delbandi A-A, Khodaverdi S, et al. Resveratrol reduces the expression of insulin-like growth factor-1 and hepatocyte growth factor in stromal cells of women with endometriosis compared with nonendometriotic women. *Phytother Res*. 2019;33:1044-1054.
- Mosmann T. Rapid colorimetric assay for cellular growth and survival: application to proliferation and cytotoxicity assays. *J Immunol Methods*. 1983;65:55-63.
- Rashidi N, Mirahmadian M, Jeddi-Tehrani M, et al. Lipopolysaccharide- and lipoteichoic acid-mediated pro-inflammatory cytokine production and modulation of TLR2, TLR4 and MyD88 expression in human endometrial cells. *J Reprod Infertil*. 2015;16:72-81.
- Scott E, Steward WP, Gescher AJ, Brown K. Resveratrol in human cancer chemoprevention—choosing the 'right' dose. *Mol Nutr Food Res*. 2012;56:7-13.
- Islam S, Hassan F, Mu MM, et al. Piceatannol prevents lipopolysaccharide (LPS)-induced nitric oxide (NO) production and nuclear factor (NF)- κ B activation by inhibiting I κ B kinase (IKK). *Microbiol Immunol*. 2004;48:729-736.
- Nolan T, Hands RE, Bustin SA. Quantification of mRNA using real-time RT-PCR. *Nat Protoc*. 2006;1(3):1559-1582.
- Akoum A, Lemay A, Brunet C, Hébert J. Secretion of monocyte chemoattractant protein-1 by cytokine-stimulated endometrial cells of women with endometriosis. *Fertil Steril*. 1995;63:322-328.
- Delbandi A-A, Mahmoudi M, Shervin A, et al. Eutopic and ectopic stromal cells from patients with endometriosis exhibit differential invasive, adhesive, and proliferative behavior. *Fertil Steril*. 2013;100:761-769.
- Tseng JF, Ryan IP, Milam TD, et al. Interleukin-6 secretion in vitro is up-regulated in ectopic and eutopic endometrial stromal cells from women with endometriosis. *J Clin Endocrinol Metab*. 1996;81:1118-1122.
- Tsuda T, Harada T, Iwabe T, et al. Altered gene expression and secretion of interleukin-6 in stromal cells derived from endometriotic tissues. *Fertil Steril*. 2000;73:205-211.
- Fang CL, Han SP, Fu SL, Wang W, Kong N, Wang XL. Ectopic, autologous eutopic and normal endometrial stromal cells have altered expression and chemotactic activity of RANTES. *Eur J Obstet Gynecol Reprod Biol*. 2009;143:55-60.
- Wang X-Q, Yu J, Luo X-Z, et al. The high level of RANTES in the ectopic milieu recruits macrophages and induces their tolerance in progression of endometriosis. *J Mol Endocrinol*. 2010;45:291-299.
- Donnez J, Binda MM, Donnez O, Dolmans MM. Oxidative stress in the pelvic cavity and its role in the pathogenesis of endometriosis. *Fertil Steril*. 2016;106:1011-1017.
- Kaponis A, Iwabe T, Taniguchi F, et al. The role of NF-kappaB in endometriosis. *Front Biosci (Schol Ed)*. 2012;4:1213-1234.
- González-Ramos R, Donnez J, Defrère S, et al. Nuclear factor-kappa B is constitutively activated in peritoneal endometriosis. *Mol Hum Reprod*. 2007;13:503-509.
- Lousse JC, Van Langendonck A, González-Ramos R, Defrère S, Renkin E, Donnez J. Increased activation of nuclear factor-kappa B (NF- κ B) in isolated peritoneal macrophages of patients with endometriosis. *Fertil Steril*. 2008;90:217-220.
- García-Velasco JA, Seli E, Arici A. Regulation of monocyte chemoattractant protein-1 expression in human endometrial stromal cells by integrin-dependent cell adhesion. *Biol Reprod*. 1999;61:548-552.
- Yoshimura T, Leonard EJ. Secretion by human fibroblasts of monocyte chemoattractant protein-1, the product of gene JE. *J Immunol*. 1990;144:2377-2383.
- Arici A, MacDonald PC, Casey ML. Regulation of monocyte chemoattractant protein-1 gene expression in human endometrial cells in cultures. *Mol Cell Endocrinol*. 1995;107:189-197.
- Matsushima K, Larsen CG, DuBois GC, Oppenheim JJ. Purification and characterization of a novel monocyte chemoattractant and activating factor produced by a human myelomonocytic cell line. *J Exp Med*. 1989;169:1485-1490.
- Carr MW, Roth SJ, Luther E, Rose SS, Springer TA. Monocyte chemoattractant protein 1 acts as a T-lymphocyte chemoattractant. *Proc Natl Acad Sci USA*. 1994;91:3652-3656.

37. Selam B, Kayisli UA, Akbas GE, Basar M, Arici A. Regulation of FAS ligand expression by chemokine ligand 2 in human endometrial cells. *Biol Reprod*. 2006;75:203-209.
38. Li MQ, Li HP, Meng YH, et al. Chemokine CCL2 enhances survival and invasiveness of endometrial stromal cells in an autocrine manner by activating Akt and MAPK/Erk1/2 signal pathway. *Fertil Steril*. 2012;97:919-929.
39. Ergenoğlu AM, Yeniel AÖ, Erbaş O, et al. Regression of endometrial implants by resveratrol in an experimentally induced endometriosis model in rats. *Reprod Sci*. 2013;20:1230-1236.
40. Ozcan Cenksoy P, Oktem M, Erdem O, et al. A potential novel treatment strategy: inhibition of angiogenesis and inflammation by resveratrol for regression of endometriosis in an experimental rat model. *Gynecol Endocrinol*. 2015;31:219-224.
41. Cohen T, Nahari D, Cerem LW, Neufeld G, Levi BZ. Interleukin 6 induces the expression of vascular endothelial growth factor. *J Biol Chem*. 1996;271:736-741.
42. Rier SE, Parsons AK, Becker JL. Altered interleukin-6 production by peritoneal leukocytes from patients with endometriosis. *Fertil Steril*. 1994;61:294-299.
43. Bergqvist A, Bruse C, Carlberg M, Carlström K. Interleukin 1 β , interleukin-6, and tumor necrosis factor- α in endometriotic tissue and in endometrium. *Fertil Steril*. 2001;75:489-495.
44. Harada T, Yoshioka H, Yoshida S, et al. Increased interleukin-6 levels in peritoneal fluid of infertile patients with active endometriosis. *Am J Obstet Gynecol*. 1997;176:593-597.
45. Li MZ, Wu YH, Ali M, Wu XQ, Nie MF. Endometrial stromal cells treated by tumor necrosis factor- α stimulate macrophages polarized toward M2 via interleukin-6 and monocyte chemoattractant protein-1. *J Obstet Gynaecol Res*. 2020;46:293-301.
46. Tekin YB, Guven S, Kirbas A, Kalkan Y, Tumkaya L, Guvendag Guven ES. Is resveratrol a potential substitute for leuprolide acetate in experimental endometriosis? *Eur J Obstet Gynecol Reprod Biol*. 2015;184:1-6.
47. Zeilhofer HU, Schorr W. Role of interleukin-8 in neutrophil signaling. *Curr Opin Hematol*. 2000;7:178-182.
48. Remick DG. Interleukin-8. *Crit Care Med*. 2005;33:S466-S467.
49. Choi HM, Oh DH, Bang JS, Yang HI, Yoo MC, Kim KS. Differential effect of IL-1 β and TNF- α on the production of IL-6, IL-8 and PGE 2 in fibroblast-like synoviocytes and THP-1 macrophages. *Rheumatol Int*. 2010;30:1025-1033.
50. Kang HJ, Ha JM, Kim HS, Lee H, Kurokawa K, Lee BL. The role of phagocytosis in IL-8 production by human monocytes in response to lipoproteins on *Staphylococcus aureus*. *Biochem Biophys Res Commun*. 2011;406:449-453.
51. Iwabe T, Harada T, Tsudo T, Tanikawa M, Onohara Y, Terakawa N. Pathogenetic significance of increased levels of interleukin-8 in the peritoneal fluid of patients with endometriosis. *Fertil Steril*. 1998;69:924-930.
52. Sikora J, Smycz-Kubańska M, Mielczarek-Palacz A, Kondera-Anasz Z. Abnormal peritoneal regulation of chemokine activation—The role of IL-8 in pathogenesis of endometriosis. *Am J Reprod Immunol*. 2017;77:e12622.
53. Schall TJ, Bacon K, Toy KJ, Goeddel DV. Selective attraction of monocytes and T lymphocytes of the memory phenotype by cytokine RANTES. *Nature*. 1990;347:669-671.
54. Hornung D, Ryan IP, Chao VA, Vigne JL, Schriock ED, Taylor RN. Immunolocalization and regulation of the chemokine RANTES in human endometrial and endometriosis tissues and cells. *J Clin Endocrinol Metab*. 1997;82:1621-1628.
55. Khorram O, Taylor RN, Ryan IP, Schall TJ, Landers DV. Peritoneal fluid concentrations of the cytokine RANTES correlate with the severity of endometriosis. *Am J Obstet Gynecol*. 1993;169:1545-1549.
56. Lebovic DI, Chao VA, Martini JF, Taylor RN. IL-1 β induction of RANTES (regulated upon activation, normal T cell expressed and secreted) chemokine gene expression in endometriotic stromal cells depends on a nuclear factor- κ B site in the proximal promoter. *J Clin Endocrinol Metab*. 2001;86:4759-4764.
57. Lebovic DI, Mueller MD, Taylor RN. Immunobiology of endometriosis. *Fertil Steril*. 2001;75:1-10.
58. Defrère S, González-Ramos R, Lousse JC, et al. Insights into iron and nuclear factor-kappa B (NF- κ B) involvement in chronic inflammatory processes in peritoneal endometriosis. *Histol Histopathol*. 2011;26:1083-1092.
59. Manna SK, Mukhopadhyay A, Aggarwal BB. Resveratrol suppresses TNF-induced activation of nuclear transcription factors NF- κ B, activator protein-1, and apoptosis: potential role of reactive oxygen intermediates and lipid peroxidation. *J Immunol*. 2000;164:6509-6519.
60. Estrov Z, Shishodia S, Faderl S, et al. Resveratrol blocks interleukin-1 β -induced activation of the nuclear transcription factor NF- κ B, inhibits proliferation, causes S-phase arrest, and induces apoptosis of acute myeloid leukemia cells. *Blood*. 2003;102:987-995.
61. Ota H, Igarashi S, Sasaki M, Tanaka T. Distribution of cyclooxygenase-2 in eutopic and ectopic endometrium in endometriosis and adenomyosis. *Hum Reprod*. 2001;16:561-566.
62. Banu SK, Lee J, Speights JR, Starzinski-Powitz A, Arosh JA. Cyclooxygenase-2 regulates survival, migration, and invasion of human endometriotic cells through multiple mechanisms. *Endocrinology*. 2008;149:1180-1189.
63. Ozawa Y, Murakami T, Tamura M, Terada Y, Yaegashi N, Okamura K. A selective cyclooxygenase-2 inhibitor suppresses the growth of endometriosis xenografts via antiangiogenic activity in severe combined immunodeficiency mice. *Fertil Steril*. 2006;86:1146-1151.
64. Murias M, Handler N, Erker T, et al. Resveratrol analogues as selective cyclooxygenase-2 inhibitors: synthesis and structure-activity relationship. *Bioorg Med Chem*. 2004;12:5571-5578.
65. Finkel T, Deng CX, Mostoslavsky R. Recent progress in the biology and physiology of sirtuins. *Nature*. 2009;460:587-591.
66. Singh UP, Singh NP, Singh B, et al. Resveratrol (trans-3, 5, 4'-trihydroxystilbene) induces silent mating type information regulation-1 and down-regulates nuclear transcription factor- κ B activation to abrogate dextran sulfate sodium-induced colitis. *J Pharmacol Exp Ther*. 2010;332:829-839.
67. Yeung F, Hoberg JE, Ramsey CS, et al. Modulation of NF- κ B-dependent transcription and cell survival by the SIRT1 deacetylase. *EMBO J*. 2004;23:2369-2380.
68. Laganà AS, Vitale SG, Salmeri FM, et al. Unus pro omnibus, omnes pro uno: a novel, evidence-based, unifying theory for the pathogenesis of endometriosis. *Med Hypotheses*. 2017;103:10-20.
69. Laganà AS, Salmeri FM, Giovanni Vitale S, Triolo O, Götte M. Stem cell trafficking during endometriosis: may epigenetics play a pivotal role? *Reprod Sci*. 2018;25:978-979.

How to cite this article: Kolahdouz-Mohammadi R, Shidfar F, Khodaverdi S, et al. Resveratrol treatment reduces expression of MCP-1, IL-6, IL-8 and RANTES in endometriotic stromal cells. *J Cell Mol Med*. 2020;00:1-12. <https://doi.org/10.1111/jcmm.16178>