

Educating Registered Nurses (RNs) to Improve Knowledge, Comfortability & Ability of Communication in Advance Care Planning (ACP)

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Background

- Few as 26% of adults in U.S. completed some type of ACP
 - Lack of awareness biggest reason
- IOM:
 - Identified 3 ACP impediments:
 - curriculum deficits
 - lack of inter-professional collaboration
 - neglect of communication skills
 - Recommended all nurses with patient interaction receive training on communication in end-of-life (EOL) care
- Use of communication tool may increase frequency & effectiveness of EOL discussions

Purpose

Assess RNs' knowledge, comfortability, & ability to communicate with confidence before & after participation in ACP educational webinar/training



Methods

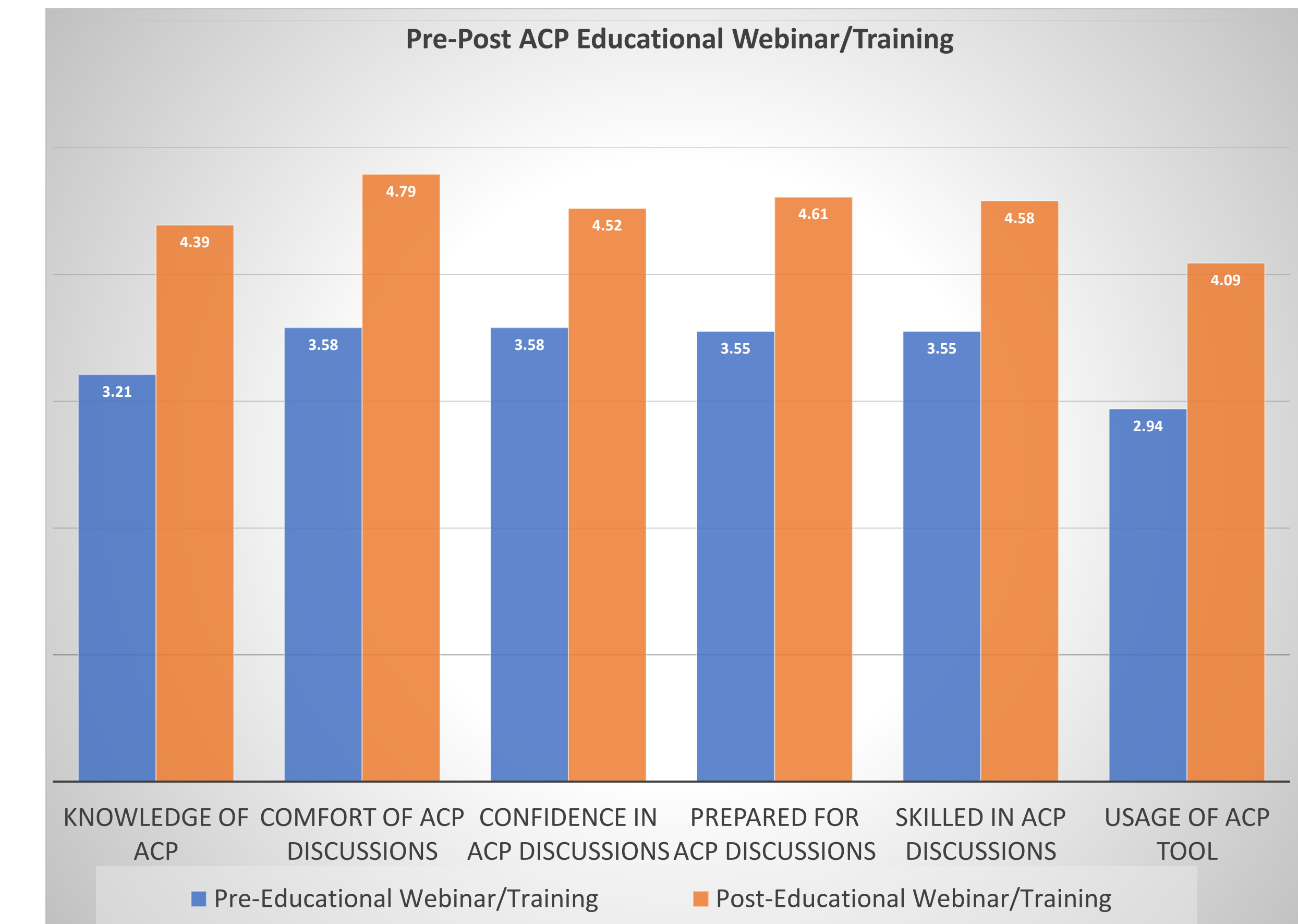
- Sample: RNs on medical-surgical unit
- Nurses completed:
 - Pre-Educational Training Webinar Survey
 - Educational Webinar/Training
 - crucial conversations, questions, videos
 - Post-Educational Training Webinar Survey

Who should be involved in advance care planning?



Demographics	Study Sample (n=33)	
	N	%
Age		
20-30	10	30.2
31-40	10	30.2
41-50	13	39.5
Gender		
Male	0	0
Female	33	100
Ethnicity		
White	12	36.4
African American or Black	9	27.3
Hispanic of any ethnicity	3	9.1
2 or more races	6	18.2
Prefer not to answer	3	9.1
Years in Practice		
Less than 5	9	27.3
5 – 10	10	30.3
10 – 15	8	24.2
15 – 20	4	12.1
Over 40	2	6.1
Educational Level		
ADN	12	36.4
BSN	21	63.6

Results



Conclusions

- Webinar/Training:
 - Resulted in increased knowledge, comfort, confidence, & use of ACP tools (p=0.001)
 - Ethnicity related to comfort levels resulted in greater than 0.05 (.072) indicating the difference between the variables are not significantly different.
 - May be beneficial to RNs on all nursing units
 - enhance quality of care provided for patients in EOL