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GSU Research Day

Research Week April 5-9, 2021

Apr 9th, 11:00 AM - 11:30 AM

Cultivating Community and Wellness in Honors

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Cultivating Community and Wellness in Honors

Melanie O'Connell

Secretary of the Honors Program Student Council

Lauren Cleary

Vice Secretary of the Honors Program Student council



Experience

National Collegiate Honors Council November 2019.

Research

- Service-Learning Opportunities
- Student Wellness Activities
- Building an honors Community



HCIR Symposium 2019 at Harper College,
Palatine Illinois

Service-Learning Opportunities

- Increase Student engagements
- Take Discussions Outside of the classroom
- Commitment to Academic Excellence
- Increase Social Responsibility
- Create a Stronger Sense of Community



Pet Supply Drive



Kayla Warner and Colton Krska
School Supply Drive

Student Wellness Activities

- Reduce Stress and become Balanced in school
- Students Support each other in and outside of school.



Building an Honors Community

- Build connections with Peers, Professors and directors.
- Learn Complex topics with each other.
- Increase Diversity within the honors Program.
- Yearly Retreats to connect New and Old Honors Program Students



Our Goal for the Future

- Build a larger student council
- Provide more experience opportunities
- Gain Larger student participation
- Build a Diverse Honors Community

Service-Learning Experience
planned, but postponed due
to COVID-19





GSU Honors Program Student Council 2020

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