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**GSU** Research Day

Research Week April 5-9, 2021

Apr 9th, 11:00 AM - 11:30 AM

#### **Cultivating Community and Wellness in Honors**

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# Cultivating Community and Wellness in Honors

Melanie O'Connell
Secretary of the Honors Program Student Council
Lauren Cleary

Vice Secretary of the Honors Program Student council



# Experience

National Collegiate Honors Council November 2019.

#### Research

- Service-Learning Opportunities
- Student Wellness Activities
- Building an honors Community





HCIR Symposium 2019 at Harper College, Palatine Illinois

### Service-Learning Opportunities

- Increase Student engagements
- Take Discussions Outside of the classroom
- Commitment to Academic Excellence
- Increase Social Responsibility
- Create a Stronger Sense of Community



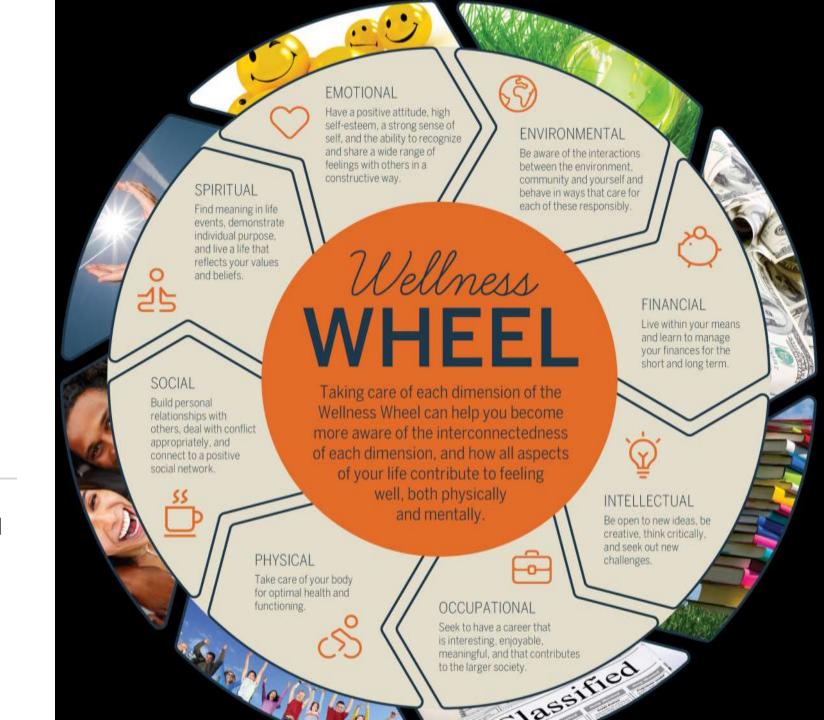
**Pet Supply Drive** 



Kayla Warner and Colton Krska School Supply Drive

# Student Wellness Activities

- Reduce Stress and become Balanced in school
- Students Support each other in and outside of school.



## **Building an Honors Community**

- Build connections with Peers, Professors and directors.
- Learn Complex topics with each other.
- Increase Diversity within the honors Program.
- Yearly Retreats to connect New and Old Honors Program Students



#### Our Goal for the Future

- Build a larger student council
- Provide more experience opportunities
- Gain Larger student participation
- Build a Diverse Honors Community

Service-Learning Experience planned, but postponed due to COVID-19







**GSU Honors** Program Student Council 2020

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