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Theory of Mind in Offending: A Systematic Review

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#### Abstract

Theory of Mind (ToM) impairment is associated with poor social functioning in some psychological disorders (e.g., autism and schizophrenia). ToM deficits have also been linked with offending behavior in the theoretical literature. However, no review has examined the empirical evidence for such a link. We carried out a systematic review to provide a critical overview of studies involving ToM ability in offenders. We included studies published in English that used an instrument to measure at least one aspect of ToM. Twenty-eight eligible studies were identified and coded. Our findings reveal a generally mixed literature. Taking study quality into account, our findings suggest that offenders and non-offenders do not differ in their first-order ToM. For second-order ToM, findings are mixed, even when only the highest quality studies are examined. Studies exploring advanced ToM showed mixed results overall, though the highest quality research appeared to indicate that offenders have impairments in advanced ToM which means that they may have difficulty understanding various mental states such as pretense, white lies, irony, double bluffs, and sarcasm. We suggest that well-controlled future studies, which also measure other facets of ToM (e.g., distinguishing between cognitive and affective ToM, or examining ToM content), are needed to fully understand the role of ToM in offending.

Keywords: theory of mind, theory of nasty mind, mind reading, offending, offender cognition

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Theory of Mind in Offending: A Systematic Review

Theory of Mind (ToM) is a term used to describe complex cognitive processes (Duval, Piolino, Bejanin, Eustache, & Desgranges, 2011) that allow humans to understand their own mental states and those of others (Klin, 2000). This phenomenon appears cognate with the terms *mindreading*, *mentalizing*, and *cognitive empathy*. ToM is argued to be a subcomponent of social cognition (Bellerose, Beauchamp, & Lassonde, 2011), and is seen as essential for interpreting people's behavior, regulating behavior, and interacting socially (Beer & Ochsner, 2006). ToM is a multidimensional construct that has cognitive and affective components (Brothers & Ring, 1992). While cognitive ToM refers to the ability to understand other people's intentions, beliefs, and knowledge, affective ToM refers to the ability to infer other people's emotions (Shamay-Tsoory, Harari, Aharon-Peretz, & Levkovitz, 2010).

ToM ability is often operationalized in terms of first-order ToM, second-order ToM, and advanced ToM. Success in first-order false belief tasks requires the ability to understand that another person is holding an incorrect belief (Shamay-Tsoory, Tomer, Berger, Goldsher, & Aharon-Peretz, 2005). Success in second-order false belief tasks entails the ability to comprehend that a person holds a false belief about another person's belief. Advanced ToM tasks involve insights into mental states such as jokes, sarcasm, double bluffs, and faux pas. Children typically show implicit awareness of others' perspectives from around 18 months old (e.g., Buttelmann, Carpenter, & Tomasello, 2009; Kovács, Téglás, & Endress, 2010; Onishi & Baillargeon, 2005; Rubio-Fernández & Geurts, 2013; Senju, Southgate, White, & Frit, 2011) and are thought to develop the necessary skills to pass false belief ToM tasks between the ages of 2 and 7 years old (Wellman, Cross, & Watson, 2001). Moreover, empirical findings suggest that ToM performance is affected by socio-demographic variables such as age (Brunsdon, Bradford,

& Ferguson, 2019; Ferguson, Brunsdon, & Bradford, 2018), socio-economic status, and education (Li et al., 2013; Shatz, Diesendruck, Martinez-Beck, & Akar, 2003), as well as individual difference variables such as intelligence (Charlton, Barrick, Markus, & Morris, 2009), and executive functioning (Devine & Hughes, 2014; Cane, Ferguson, & Apperly, 2017).

Absent or impaired functioning of ToM is thought to be associated with psychosocial difficulties in various types of psychopathology, both in children and adults (Brüne & Brüne-Cohrs, 2006), including, but not limited to, schizophrenia (Frith, 1992), autism (Baron-Cohen, 1995; Bradford, Hukker, Smith, & Ferguson, 2018), bipolar affective disorder (Kerr, Dunbar, & Bentall, 2003), and antisocial personality disorder (Richell et al., 2003). Studies also appear to show that individuals exhibiting violent, antisocial, and delinquent behavior have deficits in ToM (Abu-Akel & Abushua'leh, 2004; Fonagy & Levinson, 2004). The primary aim of this review is to consolidate, synthesize, and critically evaluate existing research on the ToM-offending link. We aim to establish whether there is sufficient evidence to substantiate this link and highlight areas for future research.

While there is no comprehensive theory that models the relationship between ToM and offending in general, theory relating to sexual offending provides a starting point for how such a model might work. Ward, Keenan, and Hudson (2000; see also Keenan & Ward, 2000) proposed that sexual offending is linked with ToM deficits. According to their model, individuals who commit sexual offences may have failed to develop an adequate ToM, and this failure may lead those individuals to view or process information about their own or other people's mental states in a biased or distorted way. Alternatively, these individuals may have a ToM impairment specific to particular kinds of mental states in certain relationships—for example, having a theory that is underpinned by false assumptions about women or children. In a similar vein,

Elsegood and Duff (2010) suggested that ToM impairment might contribute to offending by underpinning criminogenic needs, such as intimacy deficits. Since criminogenic needs are the focus of the offender treatment programs (Andrews & Bonta, 2010; Serin, Gobeil, & Preston, 2009), it is important for practitioners and policy makers to know whether or not deficits in ToM represent a criminogenic need that should be targeted in treatment.

Empathy is a multidimensional term that describes the affective/emotional response to another's mental state (e.g., Stotland, 1969) or the cognitive mechanisms that enable people to understand others' perspectives (Dymond, 1949). This cognitive conceptualization of empathy therefore overlaps with ToM (Wang & Wang, 2015; Ferguson, Cane, Douchkov & Wright, 2015), and has been studied widely in forensic populations (Jolliffe & Farrington, 2004; van Langen, Wissink, van Vugt, Van der Stouwe, & Stams, 2014). Importantly, empathy has been a key component of intervention programs (Laws & Ward, 2011) for offenders who committed serious crimes, such as sexual and violent offending (Day, Casey, & Gerace, 2010). However, targeting empathy in training interventions is controversial because evidence for the impact of treating empathy on later recidivism is mixed (Brown, Harkins, & Beech, 2012; Hanson & Morton-Bourgon, 2004, 2005). One factor that might have led to inconsistent results is that most treatment programs focus on generalized empathy deficit training, and overlook the cognitive and affective components of empathy (Brown et al., 2012). Considering that cognitive empathy is closely related to ToM and that the two terms are even used interchangeably by some researchers, treatments targeting general empathy might actually be targeting aspects of ToM (or potentially missing important aspects of ToM). Therefore, it is important to fully understand any relationship between offending and ToM in order to inform clinical decision-making and to underpin interventions for offending populations. To date, there have been no adequate reviews

of the current state of the literature on ToM and offending.

#### Method

This systematic review was conducted in line with PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses; Moher, Liberati, Tetzlaff, Altman, & The PRISMA Group, 2009). PRISMA is an empirical reporting process which uses a 27-item checklist and a four-phase flow diagram to organize the process of identifying relevant studies for systematic analysis.

## Eligibility criteria

Research articles published in English that included one or more instruments that measure at least one aspect of ToM (e.g., first-order ToM, affective ToM) in offenders were eligible. Studies had to compare the ToM of a minimum of two groups, including at least one offending group and a non-offending control group. We excluded articles based on the following criteria: 1) articles that were not published in English; 2) articles not measuring an aspect of ToM; 3) articles solely measuring affective empathy (see Eisenberg, Fabes, & Spinrad, 2006); 4) articles measuring ToM with a basic facial emotion recognition task<sup>1</sup>; 5) studies assessing ToM with interview methods (which therefore measure people's evaluation of their own ToM rather than providing an objective measure of ToM; see Discussion); 6) studies measuring ToM with questionnaires where participants rate their own ToM (since responses to the questionnaires may not reflect participants' true ToM abilities; see Discussion); 7) articles involving case-reports, literature reviews, book reviews, commentaries; 8) studies with fewer than 14 participants per

<sup>&</sup>lt;sup>1</sup> Baron-Cohen et al. (2001) suggested that basic emotions are recognized universally, even by very young children without needing to infer the mental states of the other individual.

group in a core analysis of interest (this reflects the minimum group size for a one-tailed t test with 80% power to detect a difference with a very large effect size [Cohen's d of 1]).

# Search strategy and screening

There was no restriction on year of publication of the study. Searches were conducted of relevant databases: PsycINFO, PsycARTICLES, Science Direct, Scopus, Criminal Justice Abstracts (from EBSCO), Open Access Theses and Dissertations, EBSCO host, and ProQuest Dissertations & Theses Global. Additionally, targeted searches in Google and in the references of identified studies were performed. The main search terms were 'theory of mind', 'mentalizing', 'mentalising', 'mentalization', 'mentalisation', 'mindreading', 'mind reading', 'mind-reading', 'mind perception', 'social intelligence', 'cognitive empathy', 'false belief reasoning', 'metacognition', and 'social cognition' were systematically paired with each of the following keywords: 'incarcerated', 'offenders', 'criminals', 'offending', 'prisoners', 'inmates', 'convicts', and 'forensic'. Subsequently, after removing duplicates, titles and abstracts of the remaining articles were evaluated to determine if they were eligible for this review. Furthermore, we contacted all corresponding authors of eligible papers for whom we could find current email addresses to request unpublished manuscripts that could be included in the systematic review.

### **Quality assessment**

After we identified eligible studies, we performed a quality assessment by adapting the quality appraisal checklist-quantitative studies reporting correlations and associations checklist developed by the National Institute for Health and Care Excellence (NICE, 2012). We used this checklist as a template but modified it by excluding items that were not directly relevant to the assessment of quality in ToM studies. New items were added to the checklist to examine factors that might influence the outcome and quality of ToM studies. We assert that good quality studies

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of ToM and offending should (1) use tasks which are age appropriate, valid, reliable, and ecologically valid; (2) have a control group which consists of neurotypical non-offenders; (3) include a control task or control items such as non-ToM questions, attention, or memory check questions; (4) control for potential confounding factors such as executive functioning (Devine & Hughes, 2014), age, intelligence (Charlton et al., 2009), socio-economic status, and education (Li et al., 2013; Shatz, et al., 2003). For the full checklist, see Supplementary Materials. Two researchers scored four studies on each quality aspect, obtaining excellent inter-rater agreement (ICC = 0.99). After scoring, we categorized studies as being either high, moderate, or low quality.

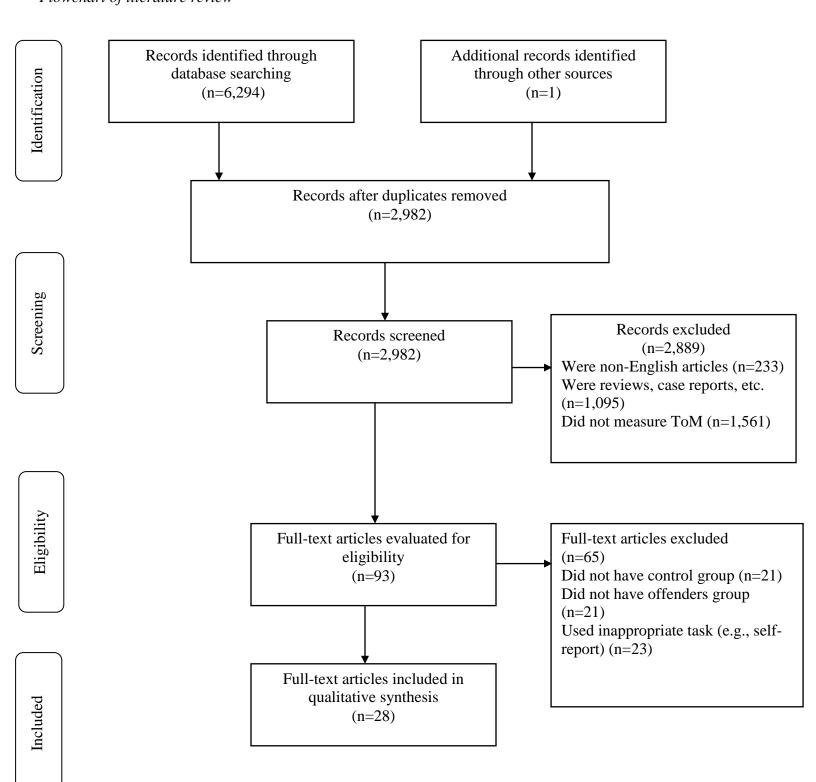
#### **Results**

# **Description of the included studies**

A total of 6,294 articles were identified; 4,277 from Scopus, 1,515 from PsycINFO, 158 from PubMed, 162 from PsyARTICLES, 89 from Criminal Justice, 35 from Open Access Theses and Dissertations, 31 from EBSCO host, 26 from ProQuest Dissertations & Theses Global, and one from the references of identified studies. After duplicates were removed, 2,982 remaining studies were carefully checked and assessed to determine their eligibility for the review. From these, 2,889 were excluded (233 were non-English articles; 1,095 were literature reviews, meta-analyses, interview studies, case reports, conference presentations, or commentaries; 1,561 did not measure ToM; see Figure 1).

From the remaining 93 studies, a final sample of 28 studies spanning 16 years (2004-2019) were included in this review. Table 1 summarizes characteristics of each study.

Figure 1
Flowchart of literature review



**Table 1**Details of Studies Included in the Review

Authors (year; country)	Sample	Mean Age	Measure of ToM	Variables controlled in design	Summary of crime types	Key findings	Quality rating
Castellino et al. (2011; Italy)	• 21 Os • 21 HNOs	44.3 44.4	<ul> <li>Smarties (cigarettes) test</li> <li>Sally-Anne task</li> <li>Burglar Story</li> <li>Ice Cream Van story</li> <li>Strange stories</li> </ul>	Age, education, IQ, socio- economic status, comprehension, memory, and attention.	Sexual offences	No significant first-order ToM differences. Offenders obtained significantly lower scores in second-order and advanced ToM than non-offenders.	<ul> <li>1st order = 11.5/Low</li> <li>2nd order = 12.5/Moderate</li> <li>Advanced = 14.5/Moderate</li> </ul>
de Jong et al. (2018; Netherlands)	<ul><li>23 Os with psychosis</li><li>27 NOs with psychosis</li><li>33 HNOs</li></ul>	37.3 35.4 38.6	• Faux Pas	Age and education.	Violent offences	Offenders had lower ToM scores than the NO with psychosis, and both groups obtained lower scores than HNO. However, correlations between the group membership and the discriminant function revealed that two variables other than ToM loaded onto the first function.	• Advanced = 10/Low
Dolan and Fullam (2004; UK)	<ul> <li>89 ASPD Os with and without psychopathy</li> <li>20 HNOs</li> </ul>	36.7 33.6	<ul> <li>Sally-Anne task</li> <li>Ice Cream Van story</li> <li>RMET</li> <li>Faux Pas</li> </ul>	Age, education, IQ, memory, attention.	Violent offences, unspecified offences	No first-order or second-order ToM deficit in offenders. Advanced ToM: No significant group differences at detecting faux pas. However, offenders were worse than non-offenders at understanding the mental state of the person who committed a faux pas, and of the person to whom the faux pas was made. Offenders without psychopathy performed worse in recognizing basic emotions than the offenders with psychopathy and non-offenders in the RMET. There were no significant group differences in recognizing complex mental states in the RMET.	<ul> <li>1st order = 12.5/Moderate</li> <li>2nd order = 12.5/Moderate</li> <li>Advanced = 14/Moderate</li> </ul>
Domes et al. (2013;	<ul><li>90 Os with psychopathy</li><li>28 HNOs</li></ul>	48.5 52.5	<ul><li>RMET-R</li><li>MET</li></ul>	Age, education, and IQ,	Homicide, sexual offences,	No significant differences between offenders and non-offenders in the	• Advanced = 13.5/Moderate

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Germany)					violent offences	RMET-R.	
Germany)					violent offences	Offenders had significantly lower	
						scores than non-offenders when in	
						the MET.	
Elsegood and	• 46 Os	44.9	• RMET-R	Age,	Sexual offences	Offenders scored significantly lower	• Advanced =
Duff (2010;	• 46 HNOs	43.2	• MCET	socioeconomic	against children	than non-offenders in understanding	15.5/Moderate
UK)	• 40 HNOS	43.2	• NICE I	status and verbal	against cimurcii	mental states of adults.	13.3/Woderate
OK)				knowledge.		No significant differences between	
				knowledge.		the scores of offenders and non-	
						offenders in understanding mental	
						states of children.	
Engelstad et	• 26 homicide Os with	38.2	<ul> <li>Hinting task</li> </ul>	IQ	Homicide	No first-order ToM differences	• 1st order = 9/Low
al. (2019;	schizophrenia (HOS)	30.2	• MASC	10	Hommerae	between non-HOS and HOS	• Advanced =
Norway)	• 28 non-homicide Os	36.7	• WIASC			participants.	14/Moderate
11011114)	with schizophrenia (non-	30.7				HOS participants performed	14/Moderate
	HOS)					significantly worse than both HC and	
	• 71 HNOs	29.3				non-HOS participants on the	
	• /1 mvos	27.5				advanced ToM measure.	
Hammond&	• 21 Os with ID	33.7	• The Marble	IQ and verbal	Violent	No significant first-order ToM	• 1st order = 9.5/Low
Beail (2017;	• 21 NOs with ID	45.9	story	knowledge.	offences, sexual	difference between offenders and	15t 6fd6f 9.5726 W
UK) <sup>a</sup>	<b>2</b> 11100 WWW.12		<b>,</b>	C	offences	non-offenders.	
Jones et al.	• 15 Os	16.8	<ul> <li>Animation task</li> </ul>	Age	Not specified	No significant first-order ToM	• 1st order = $6.5/Low$
(2007; UK)	• 22 HNOs	17.3		C	•	performance differences between	
						offenders and non-offenders.	
Kristof et al.	• 22 violent Os with	36.2	<ul> <li>Faux Pas</li> </ul>	Age and	Violent	Violent offenders performed	<ul><li>Advanced = 10/Low</li></ul>
(2018;	schizophrenia			education	offences,	significantly better than offenders	
Hungary)	• 22 patients with	37.4			unspecified	with schizophrenia and non-offenders	
	schizophrenia				offences	with schizophrenia. No significant	
	• 22 violent Os without	33.0				ToM differences between HNO and	
	schizophrenia					the remaining three groups.	
	• 22 HNOs	28					
Majorek et al.	• 33 Os with	31.8	<ul> <li>Six picture</li> </ul>	Age, IQ,	Theft, robbery,	Offenders obtained lower ToM scores	• $1 \text{st/2nd order} = 8.5 / \text{Low}$
(2009;	schizophrenia		stories	Executive	arson, sexual	than non-offenders.	
Germany)	• 38 NOs with	35.4		functioning	offenses, violent		
	schizophrenia				offences,		
	• 29 HNOs	36.7			manslaughter		
					and other		
					offenses.		
Mariano et al.	• 74 Os	35.7	• RMET-R	Age and	Violent	Offenders had lower scores than non-	• Advanced = 10/Low
(2017; Italy)	• 65 HNOs	33.7	<ul> <li>Emotion</li> </ul>	education	offences,	offenders in the RMET-R.	

			attribution task		property offences, sexual offences.	Compared to non-offenders, offenders were worse at recognizing sadness, but were better at recognizing fear in the emotion attribution task.	
Mayer et al. (2018; Germany)	<ul><li>42 violent Os</li><li>32 HNOs</li></ul>	32.8 28.8	<ul><li> Hinting task</li><li> MASC</li></ul>	IQ, age, education	Violent offences, sexual offences	No advanced ToM differences between offenders and non-offenders.	• Advanced = 16/Moderate
Milojević and Dimitrijević (2014; Serbia)	<ul><li>43 Os</li><li>47 HNOs</li></ul>	16.4 15.2	• RMET (child and adolescent versions)	Age and education, socio-economic status, and IQ	Not specified	Offenders had lower scores than non-offenders.	• Advanced = 13/Moderate
Morosan et al. (2017; Switzerland)	<ul><li>22 Os</li><li>23 HNOs</li></ul>	16.5 16.4	<ul><li>GERT</li><li>Director task</li></ul>	IQ, age	Violent offences, property offences, drug offences, other offences	Offenders had significantly lower scores on recognition of interest, anxiety, and amusement, and in than non-offenders. There were no differences between the two groups in the recognition of the other emotions. Offenders performed significantly worse than non-offenders on the Director task.	• Advanced = 15/Moderate
Mundy (2004; England)	• 20 Os • 38 HNOs	Betw een 14-16	• RMET (child and adolescent versions)	Attachment	Not specified	Offenders had significantly lower scores than non-offenders. However, when attachment was entered as covariance ToM differences between the groups disappeared.	• Advanced=12/Moderate
Nentjes et al.(2015a; Netherlands)	<ul><li>42 Os with psychopathy</li><li>40 Os without psychopathy</li><li>26 HNOs</li></ul>	39.1 38.8 35.6	• Strange Stories	Age, IQ, and working memory	Sexual offenses, homicide, violent offences, property offences, drug offenses.	No significant differences in ToM task performance between offenders and non-offenders.	• Advanced = 15/Moderate
	•		•				•
Nentjes et al.(2015b; Netherlands)	<ul> <li>39 Os with psychopathy</li> <li>37 Os without psychopathy</li> <li>26 HNOs</li> </ul>	38.6 39.3 35.6	• RMET-R	Age, IQ, and working memory	Homicide, violent offences, property offences, sexual	Offenders and non-offenders performed equally well on the advanced ToM task. Offenders with psychopathy were	• Advanced = 14/Moderate

					CC	1 1	
					offences arson,	better than non-offenders at	
					drug offences	recognizing hostile eyes when there was no time limit on stimulus	
						viewing.	
						No significant differences between	
						offenders with and without	
						psychopathy, and non-offenders	
						when hostility of eyes was low in the	
						short viewing condition.	
						Offenders' incorrect answers on both	
						long and short trials were not	
						associated with higher level of	
						hostility. Thus, offenders had intact	
						advanced ToM and did not display a	
						hostile attribution bias.	
Proctor &	• 25 Os with ID	31	<ul> <li>Sally-Ann task</li> </ul>	IQ	Not specified	No first-order TOM deficit in	• 1st order = $10.5/Low$
Beail (2007;	• 25 NOs with ID	41	<ul> <li>Ice Cream Van</li> </ul>			offenders.	• 2nd order = 10 /Low
UK)			story			Offenders had better second-order	
						ToM scores than non-offenders.	
Robinson et	• 64 Os	16.3	<ul> <li>Empathy</li> </ul>	Age, education,	Homicide,	Offenders performed significantly	• 1st order = $11.5$ /Low
al. (2007;	• 60 HNOs	16.6	Continuum	and reading speed	violent offences,	worse than non-offenders.	•
Canada)					property and		
					non-violent		
Romero-Martí	• 19 Os	38.0	- DMET D	A accord	offences.	Offenders obtained lower scores than	Advanced = 14/Moderate
nez et al.		35.8	• RMET-R	Age, and executive	Intimate partner violence	non-offenders.	Advanced = 14/Moderate
(2013; Spain)	• 21 HNOs	33.8		functioning	violence	non-orienders.	
Schiffer et al.	• 16 Os with	38.4	• RMET-R	Age, education	Homicide,	Offenders and non-offenders with	• Advanced = 10.5/Low
(2017;	schizophrenia without	30.7	• KWILT-K	and verbal IQ	violent offences,	schizophrenia performed worse than	• Advanced = 10.3/Low
Germany)	CD/ASPD			una vereur 19	sexual offences	HNO. Offenders who had CD/ASPD	
Gormany)	• 18 Os with CD/ASPD				50110011 511011005	without schizophrenia made similar	
	• 18 NOs with	35.3				numbers of errors as HNO.	
	schizophrenia without	20.0					
	CD/ASPD	37.8					
	• 18 HNOs	36.3					
Schuler et al.	• 85 pedophilic Os	39.4	• MET	Age and IQ	Sexual offences	Pedophilic offenders had	• Advanced =
(2019;	• 72 pedophilic NO	33.6		0	against children	significantly worse ToM scores than	17/Moderate
Germany)	• 128 teleiophilic NO	33.3			-	pedophilic non-offenders	
Shamay-	• 17 Os with ASPD	29.8	<ul> <li>Yoni Task</li> </ul>	Age and IQ	Not specified	No significant group differences in	• 1st order = $10.5/\text{Low}$
Tsoory et al.	• 20 HNOs	27.7			1	the first-order ToM ability.	• 2nd order = 10.5/Low

(2010; Israel)	• 27 PNOs	38.4				Offenders had deficits in second- order affective ToM, but their second-order cognitive ToM was intact.	
Spenser (2017; UK)	<ul><li>100 male Os</li><li>100 female Os</li><li>100 male HNOs</li><li>100 female HNOs</li></ul>	27.4 30.2 27.9 31.5	• The Faux Pas (the SSQ) & RMET-R	Age and IQ	Not specified	Offenders performed significantly worse than non-offenders.	• Advanced=14/Moderate
Spenser et al. (2015; UK)	<ul><li>46 Os</li><li>46 HNOs</li></ul>	21.2 19.0	• Faux pas (the SSQ)	Age, comprehension, and memory	Not specified	Offenders had significantly lower scores than non-offenders.	• Advanced = 15/Moderate
Winter et al. (2017; Germany)	<ul><li>29 Os</li><li>34 HNOs</li></ul>	32.2 31.7	• EmpaToM	age and covaried Verbal IQ and education	Violent offences	No significant differences between offender and non-offender groups.	• Advanced = 14/Moderate
Woodbury- Smith et al. (2005; UK)	<ul><li>21 Os with ASD</li><li>23 NOs with ASD</li><li>23 HNOs</li></ul>	35.4 29.7 38.2	• RMET-R	IQ, memory, and executive functioning	Manslaughter, violent offences, arson	No ToM differences between ASD offenders and healthy non-offenders.	• Advanced = 15/Moderate
	•		•				•

Notes. <sup>a</sup> We excluded the second order task in this study due to low numbers achieving second order ToM. Os = offenders, NOs = non-offenders, HNOs = healthy non-offenders, PNOs = patient non-offenders, ID = intellectual disability, ASD = autistic spectrum disorder, PD = personality disorder, CD = conduct disorder, ASPD = antisocial personality disorder, GERT = Geneva Emotion Recognition Task, MASC = Movie for the Assessment of Social Cognition, MET = Multifaceted Empathy Test, RMET(-R) = Reading the Mind in the Eyes Test(-Revised), MCET= The Mind in a Child's Eyes Task, SSQ= The Social Stories Questionnaire

# **Description of study characteristics**

All studies were cross-sectional. Ten studies were conducted in the UK. The remaining studies took place in one of the following countries: Canada (N=1), Germany (N=6), Hungary (N=1), Israel (N=1), Italy (N=2), Netherlands (N=3), Norway (N=1), Serbia (N=1), Spain (N=1), and Switzerland (N=1). Data were gathered from a total of 2,845 participants (1,431 offenders; 99% male). Among the reviewed studies, 21 different tasks<sup>2</sup> were used to measure ToM, examining one or more of the following ToM levels: first-order ToM, second-order ToM, and advanced ToM. Six of the 28 studies measured multiple levels of ToM, whereas the remaining studies assessed a single level. We will report the results of each study, and briefly describe each task, in the category that corresponds to the ToM level.

### **Summary of first-order ToM methods**

First-order ToM tasks assess whether people can infer another person's thoughts, feelings, beliefs, and intentions accurately. In this review nine studies measured first-order ToM, with seven of them focusing on cognitive first-order ToM. Five of the studies (Castellino, Bosco, Marshall, Marshall, & Veglia, 2011; Dolan & Fullam, 2004; Hammond & Beail, 2017; Majorek et al., 2009, Proctor & Beail, 2007) utilized different tasks such as the Smarties task (Hogrefe, Wimmer, & Perner, 1986), the Sally-Anne test (Baron-Cohen, Leslie, & Frith, 1985; Wimmer & Perner, 1983), the Marble Story Task, and the Picture Sequencing Task (Brüne, 2003), each of which measured participants' ability to understand another person's false-belief about the content of an item or the location of an object. The latter task also included picture sequencings that assessed participants' ability to understand the intention (cooperative and deceptive) of

<sup>&</sup>lt;sup>2</sup> We excluded the Th.o.m.a.s task (Bosco et al., 2009) from Castellino et al.'s (2011) study because this task did not meet our inclusion criteria (used both interview and questionnaire measures). It should be noted that this decision did not affect the review outcome as the result from the task showed offenders had ToM impairment, which is congruent with the result obtained from the other task included in this review.

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cartoon characters (an example of the task can be found in Brüne, 2003). A study by Jones, Forster, and Skuse (2007) measured ToM with an animation task (Abell, Happé, & Frith, 2000) where participants were required to understand the mental states of triangles through their interactions. Engelstad et al. (2019) used the Hinting Task (Corcoran, Mercer, & Frith, 1995) where participants were asked to explain the intention or the message in the protagonist's statement for another character. Shamay-Tsoory et al.'s (2010) study which measured both cognitive and affective first-order ToM used the Yoni task where participants had to infer the mental state of a cartoon character Yoni based on eye gaze (examples of the task can be found in Shamay-Tsoory et al., 2010). Robinson, Roberts, Strayer, and Koopman (2007) measured affective first-order ToM using the Empathy Continuum (EC; Strayer, 1993) where participants were required to infer the mental state of a protagonist presented in video sketches and express it in an interview.

#### **First-order ToM results**

Two of the nine first-order ToM studies found that offenders performed significantly worse than non-offenders (Majorek et al., 2009; Robinson et al., 2007)<sup>3</sup>. The remaining studies did not find performance differences in first-order ToM between offenders and non-offenders (Castellino et al., 2011; Dolan & Fullam, 2004; Engelstad et al., 2019; Hammond & Beail, 2017, Jones et al., 2007; Proctor & Beail, 2007; Shamay-Tsoory et al., 2010).

Our quality assessment indicated that eight of the first-order studies were of low quality, with one moderate quality study. Dolan and Fullam's (2004) study, which found no first-order ToM deficits in offenders, had the highest quality rating among the reviewed first-order ToM

<sup>&</sup>lt;sup>3</sup> The task that was used by Majorek et al. (2009) measured both first-order and second-order ToM. However, the authors did not define the tasks as being first or second-order ToM, and did not report the results separately. We were not able to disentangle the results for each aspect of ToM and therefore included their results in both first-order and second-order ToM sections.

studies because it controlled for several potential confounding variables, reduced memory load, and accounted for comprehension. Nevertheless, results from Dolan and Fullam (2004)'s study should be interpreted with caution, because almost all participants passed the first-order ToM task, and the non-significant differences might have been caused by a ceiling effect as a result of using a task (the Sally-Anne test) that was too simple for an adult population. We identified that other studies using the same or similar tasks that are easy for adults (i.e., the Smarties, cartoon or animation tasks) also found non-significant first-order ToM differences between offenders and non-offenders. However, the studies which used tasks that were more appropriate for adults (e.g., video stimuli) found first-order ToM deficits in offenders with a medium to large effect size (Majorek et al., 2009; Robinson et al., 2007).

# **Summary of second-order ToM methods**

Second-order ToM tasks examine whether people can accurately understand a person's mental state about another person's mental state (what X thinks about Y's thought, feeling, intention, or belief). Second-order ToM was examined by five studies, and used tasks to evaluate cognitive second-order ToM (Castellino et al., 2011; Dolan & Fullam, 2004; Majorek et al., 2009, Proctor & Beail, 2007). Specifically, three studies used the Ice Cream Van (Perner & Wimmer, 1985) alone, or together with the Burglar Story (Happé, Brownell, & Winner, 1999), where the protagonists in both tasks held false-beliefs about the thoughts and beliefs of another person. Majorek et al. (2009) used the Picture Sequencing Task (Brüne, 2003), where participants were required to understand the beliefs or thoughts of a character about another character's intentions or thoughts. A similar task, the Yoni Task, was used by Shamay-Tsoory et al. (2010) but this task evaluated both cognitive and affective second-order ToM.

#### **Second-order ToM results**

Results on second-order ToM tasks were particularly inconsistent between studies. While Dolan and Fullam (2004) found no difference between the second-order ToM ability of offenders and non-offenders, Castellino et al. (2011) demonstrated second-order ToM deficits in offenders. On the other hand, Proctor and Beail (2007) found that second-order ToM among offenders was significantly better than second-order ToM among non-offenders. Shamay-Tsoory et al. (2010) found that offenders' second-order cognitive ToM was intact, but their second-order affective ToM was impaired. In addition to these four studies, Majorek et al. (2009) used tasks that combined aspects of first- and second-order ToM (see footnote 3). The results of this study suggested that ToM task performance among offenders was worse than non-offenders.

Our quality assessment showed that the quality of the second-order studies ranged between low (three studies) and medium (two studies). Dolan and Fullam (2004), who found no second-order ToM deficits in offenders, and Castellino et al. (2011), who found second-order ToM deficits in offenders, had the highest quality ratings. Caution is needed when interpreting and generalizing the results of both studies because, although they successfully controlled several ToM-related variables, the validity and reliability of their second-order ToM tasks for adults are yet to be established.

#### **Summary of advanced ToM methods**

Advanced ToM tasks investigate whether people can understand another person's higher functioning mental states, such as sarcasm, jokes, double bluffs, accusing, and preoccupation.

Advanced ToM in offenders was examined by 22 studies, of which 15 utilized a single measure of advanced ToM, and seven used multiple advanced ToM measures. Advanced ToM tasks in these studies fall into three groups: tasks that measure cognitive ToM, tasks that look at affective

ToM, and tasks that simultaneously evaluate cognitive and affective ToM in the same task without reporting the results separately (we refer to these as testing *cognitive-affective ToM*).

# Cognitive advanced ToM.

Cognitive ToM was assessed in six studies by using three different tasks. Two studies (Castellino et al., 2011; Nentjes, Bernstein, Arntz, Slaats, & Hannemann, 2015a) employed the Strange Stories Task (Happé, 1994), which examines participants' understanding of various mental states involving jokes, pretense, white lies, irony, double bluffs, and sarcasm. Two studies (de Jong et al., 2018; Kristof et al., 2018) used the Faux-pas task (Baron-Cohen, O'Riordan, Stone, Jones, & Plaisted, 1999; Varga, Tenyi, Fekete, & Herold, 2008, respectively) in which one person tells the second person something inappropriate, hurtful, or insulting, without realizing that it should not have been said. Two studies (Morosan et al., 2017; Newbury-Helps, Feigenbaum, & Fonagy, 2016) employed the perspective taking task known as the Director Task (Keysar, Barr, Balin & Brauner, 2000) where participants are required to mentally position themselves where a director is standing in a scene and, when instructed by the director to move an object from some shelves, move the correct object, taking into account whether the object can be seen by the director, or not.

# Affective advanced ToM.

Two studies examined advanced affective ToM. Mariano et al. (2017) using the Emotion Attribution task (Blair & Cipolotti, 2000), which measures the ability to understand emotions of other people through stories. Morosan et al. (2017) used the Geneva Emotion Recognition Test (GERT; Schlegel, Grandjean, & Scherer, 2014), where emotional states were presented through videos.

#### Cognitive-affective advanced ToM.

Seventeen studies assessed advanced cognitive-affective ToM, and five of them used two cognitive-affective tasks. Eleven studies (Domes, Hollerbach, Vohs, Mokros, & Habermeyer, 2013; Elsegood & Duff, 2010; Mariano, Pino, Peretti, Valenti, & Mazza, 2017; Milojević &Dimitrijević, 2014; Mundy, 2004; Nentjes, Bernstein, Arntz, van Breukelen, & Slaats, 2015b; Newbury-Helps et al., 2016; Romero-Martínez, Lila, Sariñana-González, González-Bono, & Moya-Albiol, 2013; Schiffer et al., 2017; Spenser, 2017; Woodbury-Smith et al., 2005) utilized the RMET-R (Baron Cohen et al., 2001), in which a wide range of mental states are presented through pictures of eyes. Dolan and Fullam (2004) used an earlier version of the RMET-R, while another study (Elsegood & Duff, 2010) used a version of the test that presents images of children's eyes (The Mind in a Child's Eyes Task; MCET; Duff & Schulte-Mecklenbeck, 2010). Additionally, one study (Winter, Spengler, Bermpohl, Singer, & Kanske, 2017) used a similar task to the RMET-R, the EmpaToM (Kanske, Böckler, Trautwein, & Singer, 2015) where different emotional states were depicted in videos. Three studies (Engelstad et al., 2019; Mayer, Jusyte, Klimecki-Lenz, & Schönenberg, 2018; Newbury-Helps et al., 2016) used the Movie for the Assessment of Social Cognition task (MASC; Dziobek et al., 2006), which required participants to watch video clips and answer questions involving intentions, feelings, and thoughts of the characters in the videos. Two studies (Spenser, Betts, & Das Gupta, 2015; Spenser, 2017) used the Social Stories Questionnaire (SSQ; Lawson, Baron-Cohen, & Wheelwright, 2004), which is similar to the Faux-pas task that was described above, but this task also included an affective component of ToM. Additionally, a study by Dolan and Fullam (2004) used a cognitive-affective Faux-pas task, and two studies (Domes et al., 2013; Schuler et al., 2019) measured advanced ToM with the Multifaceted Empathy Test (MET; Dziobek et al., 2008), which contains pictures of people in emotionally charged situations from everyday life.

#### **Advanced ToM results**

Among the 22 studies, seven did not find differences in advanced ToM between the offenders and non-offenders (Kristof et al. 2018; Mayer et al., 2018; Mundy, 2004; Nentjes et al., 2015a, 2015b; Winter et al., 2017; Woodbury-Smith et al., 2005), whereas nine studies found deficits in advanced ToM in offenders (Castellino et al., 2011; Engelstad et al., 2019; Mariano et al., 2017; Milojević & Dimitrijević, 2014; Newbury-Helps et al., 2016; Romero-Martínez et al., 2013; Schuler et al., 2019; Spenser, 2017; Spenser et al., 2015). Additionally, six studies reported inconsistent patterns of impairment, depending on the task that was assessed. For example, Domes et al. (2013) found deficits in advanced ToM among offenders using the MET (Dziobek et al., 2008), but no difference between groups using the RMET-R (Baron-Cohen et al., 2001). Further, De Jong et al. (2018) found that violent offenders who had psychotic disorder scored lower on advanced ToM than both non-violent participants who had psychotic disorder and healthy control participants. However, discriminant function analyses indicated that between-group differences were better explained by impairments in metacognition and neurocognitive function than advanced ToM (as measured by faux-pas). Morosan et al. (2017) found a deficit in advanced ToM among offenders using the Director Task, and a partial impairment in advanced ToM using the GERT, where offenders gained lower scores than nonoffenders on recognition of interest, anxiety, and amusement. Additionally, Schiffer et al. (2017) found that violent offenders who had schizophrenia and non-offenders with schizophrenia had lower scores on tests of advanced ToM than healthy controls. However, violent offenders with conduct disorder or antisocial personality disorder<sup>4</sup> without schizophrenia had similar advanced ToM scores to healthy non-offenders.

The remaining two advanced ToM studies demonstrated a selective impairment in advanced ToM among offenders. That is, Dolan and Fullam (2004) found that offenders and non-offenders did not differ in understanding complex emotions from pictures, detecting fauxpas, or identifying the person who committed the faux-pas. However, offenders were worse than non-offenders at recognizing basic emotions from pictures, understanding the mental state of the person who committed a faux-pas or the person to whom the faux-pas was made. Additionally, Elsegood and Duff (2010) reported that individuals who committed sexual offences against children showed impairments in advanced ToM when inferring the mental states of adults, but intact advanced ToM when understanding the mental states of children (i.e., the age group consistent with their victims).

The quality of the reviewed studies that tested advanced ToM ranged between low and high. Four of the 22 studies were of low quality, 17 were of moderate quality, and one was of high quality. The highest quality study (Newbury-Helps et al., 2016) reported that offenders had lower advanced ToM scores than non-offenders on all advanced ToM measures. This study included a control group who did not have criminal records, selected participants who did not have a learning disability or head injury, controlled for potentially confounding variables such as age, education, and verbal intelligence, and additionally assessed participants' memory, attention, and comprehension capacity in control questions.

### Offence Type and ToM

In this review we also explored the relationship between ToM and crime type. Among studies examining first-order ToM, three studies did not report crime type. Studies that focused on individuals who committed sexual offences (Castellino et al., 2011; Hammond & Beail,

<sup>&</sup>lt;sup>4</sup> Schiffer et al. (2017) also included a sample of violent offenders with schizophrenia and conduct disorder or antisocial personality disorder. The sample size was below our minimum for inclusion in the systematic review,

2017), and violent offences (Dolan & Fullam, 2004; Engelstad et al., 2019; Hammond & Beail, 2017) found no first-order ToM deficits in these offender groups. Studies which found first-order ToM deficits in offenders (Majorek et al., 2009; Robinson et al., 2007) had recruited mixed offender groups reflecting six or more different criminal offence types, including but not limited to, sexual and violent crimes. It is possible that presence or absence of first-order ToM deficits in offenders relates to the crime type they committed. However, the current evidence does not allow us to draw firm conclusions.

In two of the five studies examining second-order ToM studies researchers did not report a breakdown of the crime types in the sample. The study by Majorek et al. (2009), which employed an offender group with mixed crime types, found a second-order ToM impairment in this group. Castellino et al. (2011) also reported second-order ToM deficits in individuals who committed sexual offences against children and adults. Additionally, the study by Dolan and Fullam (2004), which consisted of individuals who committed violent crimes, found no second-order ToM deficits in this offending group. As with the findings for first-order ToM, the heterogeneity of findings limits the conclusions we were able to draw regarding second-order ToM and crime type, though it appears that violent crime, at least, is not strongly associated with second-order deficits.

Again, we examined whether crime type<sup>5</sup> relates to the patterns of findings in studies examining advanced ToM. Four studies that included participants who had exclusively committed sexual offences found that those individuals had global or selective impairments in advanced ToM (Castellino et al., 2011; Elsegood & Duff, 2010; Schuler et al., 2019). A study by Romero-Martínez et al. (2013) found that individuals who perpetrated intimate partner violence

had advanced ToM deficits. Studies of individuals convicted of violent crimes yielded mixed findings, with different measures/studies indicating impairment (Engelstad et al., 2019; Newbury-Helps et al., 2016), no impairment (de Jong et al., 2018; Winter et al., 2017), or selective impairment (Dolan & Fullam, 2004) in advanced ToM. Studies that included offender groups consisting of five or more different criminal offence types yielded mixed results. Some of these studies showed no deficits in advanced ToM among offenders (Mayer et al., 2018; Nentjes et al., 2015a, 2015b; Woodbury-Smith et al., 2005). However, findings were mixed in other studies showing impairment and no impairment in advanced ToM depending on the type of ToM tasks that were used, or participant psychopathology (Domes et al., Kristof et al., 2018; Mariano et al., 2017; Morosan et al.2017; Schiffer et al., 2017).

#### **Discussion**

This systematic review examined ToM in offenders by reviewing 28 published studies. Overall, our review revealed inconsistent, and sometimes conflicting results for first-order, second-order, and advanced ToM among offenders. There are many potential reasons for these discrepancies, most notably the fact that so little research has been conducted on ToM in offenders (recall that we used a broad range of search terms and no publication date restrictions to maximize our selection of studies). Another important reason for the inconsistent findings is that the studies reviewed here employed a range of different ToM tasks to measure the same domain, meaning that comparison across studies was difficult. This finding fits with recent observations of wide variability in ToM performance among children, adolescents and adults, as well as minimal correlations between ToM tasks (Warnell & Redcay, 2019). In fact, our review showed that even when identical ToM measures were employed this did not always produce the

<sup>&</sup>lt;sup>5</sup> Studies by Milojević and Dimitrijević (2014), Mundy (2004), Spencer (2017), and Spenser et al. (2015) were not included in crime type analysis because the offence type was not reported in their articles.

same outcome across studies, even in similar offending populations (e.g., convicted individuals with antisocial personality disorder; Newbury-Helps et al., 2016; Schiffer et al., 2017). As such, ToM should be considered a multidimensional process that relies on input from a number of other abilities, which is likely to have led to the inconsistencies seen here. Relevant factors might include differences in the samples, such as sample size (sample size of the offenders ranged from 15 to 200), cognitive abilities, offending history, variance in early socialization of offenders, levels of neuroticism (Dolan & Fullam, 2004), and offenders' differential relatedness, or closeness, to their victims (Möller, Falkenström, Holmqvist Larsson, & Holmqvist, 2014). These factors were rarely measured or controlled in the studies we identified.

Contradictory results might also have stemmed from limitations in the studies themselves, as reflected in the quality ratings (see Table 2 for critical findings). For example, the majority of studies included in the review failed to control for important confounding differences in cognitive abilities (e.g., intelligence, knowledge of vocabulary, executive functioning and working memory capacity). Thus, ToM performance might have been influenced by confounding factors, and it is not clear whether the findings from these studies truly reflect the relationship between offending and ToM ability.

The type of crime committed by offender groups employed in each study might also be a factor that contributed to contradictory results. Though the number of available studies was small, our review suggests that different crime types may produce different ToM outcomes for first-order, second-order, and advanced ToM. Specifically, our review suggests that sexual offending may not be related to first-order ToM deficits but that it may be associated with second-order and advanced ToM deficits. Violent offending appears unrelated to first- and second-order ToM, and is inconsistent on measures of advanced ToM. Given the dearth of

studies looking at ToM in sexual and violent offending, any possible relationships between these types of offending and ToM deficits should be viewed with caution. We believe that understanding the link between ToM and crime types is important to determine whether certain offending groups need a treatment program that includes a ToM component. We suggest that there is a need to conduct rigorous ToM studies that compare distinct categories of offenders rather than combining individuals with mixed offence types.

The choice of tasks used to assess ToM in offenders is another important factor that is likely to contribute to the inconsistent results. First, we note that the tasks were simple response-based tasks, many of which were originally developed for child or clinical samples, and therefore have the potential for ceiling performance in adults. The wider research on ToM in healthy adults has developed sophisticated tasks that examine real-time inferences about others' mental states, and are therefore more sensitive to subtle processing differences between individuals. These tasks provide insights not only into whether a person's ToM is impaired or not, but also the mechanisms and timings with which these inferences are made (e.g., Bradford, Jentzsch, & Gomez, 2015; Ferguson & Breheny, 2012; Kovács et al., 2010; Samson, Apperly, Braithwaite, Andrews, & Scott, 2010). Future research on ToM and offending should therefore adopt some of these more complex tasks to identify the specific nature of any difficulties in ToM.

Second, our quality assessment identified concerns about the validity and reliability of some of the ToM tasks employed by the studies we reviewed. Most did not report the validity and reliability of their ToM tasks. While many of the basic ToM tasks featured in these studies have been used frequently in the literature, there is insufficient evidence to show that they are valid, reliable, and are suitable to demonstrate individual differences in adults. For example, the mental state items in the faux-pas task have good test-retest reliability (Zhu et al., 2007) and

excellent internal consistency, but the control items have low internal consistency, skewed distribution and ceiling effects (Söderstrand & Almkvist, 2012).

The widely-used RMET-R has been criticized for its association with verbal intelligence (Baker, Peterson, Pulos, & Kirkland, 2014), and concerns that it reflects emotion recognition rather than ToM (Oakley, Brewer, Bird, & Catmur, 2016). However, there is now evidence that ToM has cognitive and affective components (Shamay-Tsoory et al., 2010), and affective ToM refers to understanding others' emotions (Gabriel et al., 2019). Further, there is a claim that the RMET-R assesses mental states more comprehensively than the earlier version of the RMET, including basic and complex emotions, cognitive mental states (e.g., thinking and scheming), and relational mental states such as flirting (Warrier, Bethlehem, & Baron-Cohen, 2017).

Considering the current state of the RMET-R and its wide use throughout offending research we decided to include the studies that used the RMET-R for completeness. Nevertheless, we note that it is important to clarify the controversy around what the RMET-R measures to help researchers assess the usability of the RMET-R.

Another aspect that is overlooked by the majority of reviewed studies is the importance of measuring ToM as a construct that has two distinct, cognitive and affective, components. While accumulating evidence from empirical studies supports this distinction (Hynes, Baird, & Grafton, 2006; Shamay-Tsoory, Tomer, Yaniv, & Aharon-Peretz, 2002; Shamay-Tsoory et al., 2005; Vollm et al., 2006), the reviewed studies - with the exception of Shamay-Tsoory et al. (2010) - either treated ToM as a single construct or did not take this distinction into account adequately when analyzing or reporting their results. Moreover, the majority of studies reported here employed only a single task to measure one aspect of ToM, rather than a multimodal approach that uses a battery of ToM tasks to examine the broad spectrum of ToM skills. Failure

to assess ToM as a multifaceted construct leads to an ambiguity about the source of potential ToM deficit, because it does not enable us to identify whether a ToM deficit is cognitive or affective, and within these sub-divisions the specific mechanisms that are impaired/intact.

We suggest that ambiguities on which specific components of ToM each task measures partly stem from a more general problem in defining cognitive and affective ToM. For example, cognitive ToM has been defined as "our ability to make inference regarding other people's beliefs", whereas affective ToM was described as an "inference one makes regarding others' emotions" (Shamay-Tsoory et al., 2010, p.669). These definitions are not explicit enough to prevent confusion over the task selection to evaluate cognitive and affective ToM. We suggest that explicit definitions for cognitive and affective ToM, and detailed information about what qualities they measure, are essential. The definition must clearly state whether cognitive ToM just detects thoughts, beliefs and intentions, or whether it also detects emotions. The definition of affective ToM must express whether it simply detects emotions and feelings of others, or whether it also includes understanding the detected emotions and feelings of others. Without clearly defining these aspects and identifying the tasks that measure each dimension, research in this area might unintentionally be misleading and misinforming researchers, as well as practitioners and policy makers.

The studies that met our inclusion criteria assessed ToM only quantitatively. However, a small number of studies in the ToM literature examining the content of ToM suggest that although children with problem behaviors (e.g., antisocial behavior, conduct disorder) have intact ToM, the content of their ToM is problematic. They may, therefore, have a *Theory of Nasty Mind* (Happé & Frith, 1996). Research that has examined ToM in children who have behavioral problems, or who have been rejected by peers, suggests that these phenomena may be

associated with deficits in the content of their ToM (Badenes, Estevan, & Bacete, 2000; Hughes, Dunn, & White, 1998). Although none of the studies we reviewed assessed Theory of Nasty Mind directly, Nentjes et al. (2015b) examined hostile attribution bias in offenders and nonoffenders. Hostile attribution bias has been conceptualized as either Theory of Nasty Mind (Blair, 2003) or a cognitive process that is caused by ToM deficits (Kinderman, Dunbar, & Bentall, 1998). Nentjes et al. (2015b) presented participants with pictures from the RMET-R (Baron-Cohen et al., 2001), but altered the response options by adding some hostile words (e.g., 'aggressive' and 'attacking'). The results showed that when the pictures were presented briefly (1,000 milliseconds), there was no difference between the scores of offenders and non-offenders. In addition, when the relative hostility of eyes was low, offenders did not make significantly more mistakes than non-offenders. However, when stimuli were presented with no time restriction, offenders were better at identifying hostility than non-offenders. This finding suggests that, under certain conditions, offenders may have a potentially adaptive Theory of Nasty Mind that informs their emotion recognition. Future studies should therefore investigate the content of ToM, to shed light on its relationship with offending and indeed to examine how it may interact with the types of ToM deficits examined in this review.

The current systematic review also has its own limitations. For example, we included studies which used small sample sizes (Castellino et al., 2011; Jones et al., 2007; Morosan et al. 2017; Proctor & Beail, 2007; Romero-Martínez et al., 2013; Shamay-Tsoory et al., 2010; Woodbury-Smith et al., 2005). Two of our included studies were with participants who had intellectual disability (i.e., Hammond & Beail, 2017; Proctor & Beail, 2007), meaning that their conclusions may not generalize to other populations. While the studies contributing to the systematic review spanned 11 countries, all bar two were based in Europe. As a result, our

conclusions from these studies—tentative as they are—may not generalize to other jurisdictions or cultural contexts. Importantly, the studies included in the review overwhelmingly focused on male offending and ToM. Only around 7% of offending participants were reported as female, thus, any conclusions may not apply to females. Furthermore, we included only studies which had a non-offender control group resulting in the omission of a study (Richell et al., 2003) that did not have a control group, but instead compared the mean score of their experimental group with the mean score of non-offenders who participated in another study.

We also excluded studies that used interview methods such as the Reflective Functioning Task which focuses on participants' attachment experiences with their parents during childhood (Fonagy, Steele, Steele, & Target, 1997). We had two main reasons for these exclusions. First, in tasks such as these, the accuracy of participant inferences about others' mental states is unknown to the researchers who score participant interviews. Therefore, researchers can rate whether or not participants articulate certain mental states but cannot know whether their inference of these states is accurate. For example, a participant who states: "I thought my mother felt resentful of us, but I'm not really sure if she felt that way herself', would get a point for mental inference in the Reflective Functioning Task but the researcher would not know if the mother felt resentful or not. In contrast, the types of ToM measure included in our review, in which mental inferences are presented through pictures, videos or stories, provide researchers with certainty about the accuracy of the participants' mental states inferences of others' minds.

The second reason for exclusion is that the studies using reflective functioning as a measure of ToM is limited by a focus on mental inferences specific to attachment figures.

Fonagy, Target, Steele, and Steele (1998) suggested that reflective capacity in the attachment context may not be generalized to other domains. We also excluded studies which used

questionnaires asking participants to self-report their ability to theorize about other people's minds (e.g., I find it easy to put myself in somebody else's shoes), because scores obtained from questionnaire may not reflect the true ToM abilities of participants and may not predict actual ToM abilities in everyday situations (Queirós et al., 2018). While our focus on studies that measured ToM using performance-based tasks limited the scope of our systematic review, we believe that doing so eliminated a number of potential confounding or contaminating factors.

# Table 2 Summary of critical findings

- Studies examining Theory of Mind (ToM) in individuals who have committed offences has been characterised by limitations impacting the quality of the findings.
- Typical limitations include ToM measures that may not be suitable for the population being tested, lack of control for potential confounding variables, and use of small heterogeneous samples.
- Our review found that the literature is characterised by mixed findings.
- On balance there is little clear evidence for deficits in first- and second-order ToM among individuals who have committed offences.
- There is greater evidence for impairments in advanced ToM among people who have committed offences.

Our quality assessment also has limitations. Evaluating task difficulty and the ecological validity of the tasks required subjective judgements. In addition, studies that scored highest on quality showed that there were no first-order ToM differences between offenders and non-

offenders, and produced inconsistent results for second-order ToM. However, these studies were still only of moderate quality, and, like the relatively lower ranking studies, they had shortcomings of their own (e.g., using an age-inappropriate task for adults, failing to control some potential confounding variables, treating ToM as a single construct, and recruiting offenders who had various personality disorders). These factors may have an influence on ToM task performance, directly or indirectly, because studies indicate that they are significant moderators or predictors of ToM success (Brock, Kim, Gutshall, & Grissmer, 2018; Spenser, Bull, Betts, & Winder, 2019). Therefore, despite their higher quality scores, caution is recommended when drawing conclusions from the studies, and future research should aim to overcome these shortcomings.

**Table 3** *Implications of the review* 

Research	Policy	Practice
Our review shows clear gaps	• There is currently no clear evidence	Practitioners should
in the research on Theory of	to suggest that work on first order,	carefully examine the
Mind (ToM) and offending	second order, or advanced ToM	weight of evidence for ToM
• Researchers should ensure	should be routinely incorporated into	deficits in their client group,
precision in the definition and	treatment programmes for	paying close attention to the
operationalization of ToM	individuals who have offended	quality of studies and the
constructs	• Funders should prioritise rigorous	limitations of the evidence
• ToM measures should be	and generalizable research on ToM	base
validated for use with the	and offending	• Practitioners should use

population under investigation	case formulation to explore
• Confounds should be	whether a facet of ToM
controlled where feasible	represents a treatment need
• Research designs should allow	for individual clients
for ToM data to be examined	
across offence types	
• Researchers should use our	
quality checklist to help guide	
study design	

In conclusion, the current review adds to a growing body of literature on ToM in offending populations in several aspects (see Table 3 for implications of the review). The vast majority of the studies in the review indicated that offenders had intact first-order ToM. On the other hand, results regarding second-order and advanced ToM were more mixed. Some studies found that offenders had intact second-order and advanced ToM, whereas others found that both were impaired. Even more curiously, a number of studies found superior ToM among offenders, or reported selective impairment in their second-order and advanced ToM. However, we note that the vast majority of studies used a single response-based measure of ToM to assess ToM as a single construct rather than considering its cognitive and affective aspects independently. Consequently, these studies do not clearly distinguish whether offenders had intact/impaired cognitive or affective ToM, or both, or identify the specific mechanisms that are impaired. This review demonstrates that the relationship between ToM and offending is complex and influenced by multiple factors. We suggest that the only way to have an accurate understanding about the

relationship between ToM and offending is to establish clear definitions and distinctions for ToM components, use valid and reliable ToM measures, and conduct well-designed studies. Finally, it remains an open question whether ToM impairment can be criminogenic and whether it may form a treatment need within offender rehabilitation.

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