# ANALYSIS OF HEALTHCARE MISCOMMUNICATION AND HOW TO EFFECTIVELY IMPROVE COMMUNICATION OUTCOMES: AN INTEGRATIVE REVIEW

A Scholarly Project

Submitted to the

Faculty of Liberty University

In partial fulfillment of

The requirements for the degree

Of Doctor of Nursing Practice

By

Jill Suzanne Smith

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Lynchburg, VA

March, 2021

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Scholarly Project Chair Approval:

Lynne Sanders, EdD, MSN, RN, CNE

#### ABSTRACT

Healthcare workers convey client information regularly to provide essential and safe care. Errors in communication have been linked to a decrease in client satisfaction and an increase in medical errors. Both the Joint Commission and the World Health Organization have recommended using a standard communication tool, SBAR, to increase client satisfaction and decrease medical errors. A review of 52 research articles determined effective SBAR training should be conducted utilizing simulations to improve the healthcare providers' self-confidence and usage of the SBAR tool. This integrative review also concluded the number and length of SBAR simulation sessions have no consequence on the effectiveness of training. Successful communication training increases SBAR self-confidence and usage, which has been linked to fewer communication errors.

*Keywords:* healthcare communication, effects of healthcare miscommunications, communication tools, SBAR, simulation, simulation length, simulation timing, SBAR self-confidence, and SBAR usage

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I should acknowledge the impact COVID-19 has had on our lives and my project. Initially, I wished to complete this project by working with the nursing staff at John Randolph Medical Center. My project could have been stopped at any time due to the COVID-19 meeting restrictions. The project was moved from an in-person study to a literature review. At first, I was saddened by the fact I would not complete my initial project. While conducting the literature review, my attitude has dramatically changed. I now realize I have learned even more about this project than I had initially thought. God did close one pathway for me, but He opened a much larger road allowing me to grow intellectually and reinforce my faith.

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# List of Abbreviations

Institute of Medicine (IOM) Institutional Review Board (IRB) Situation, Background, Assessment, and Recommendation (SBAR) World Health Organization (WHO)

#### SECTION ONE: FORMULATING THE REVIEW QUESTIONS

#### Introduction

The exchange of information is an outcome of communication that helps individuals make informed decisions (Manojlovich et al., 2015). In the healthcare setting, communication refers to both the formal and informal sharing of crucial and timely information between healthcare workers and between healthcare workers and clients (Pokojova & Bartlova, 2018). Strong communication skills are required to ensure the participants have confidence in the exchanged information (Woda et al., 2018). Effective communication between healthcare workers is vital to maintain continuity of care and client safety and reduce adverse events and medical errors (Yu & Kang, 2017).

To preserve the continuity of care, healthcare providers often exchange information during a formal handoff process (Kostoff et al., 2016). It has been shown that hospitalized clients have, on average, 15 or more handoffs during a 5-day hospital stay (Merten et al., 3017). Handoffs intend to ensure a client's medical history is transferred from one provider to the next (Foronda et al., 2019). The Joint Commission has identified miscommunication during handoffs as the predominant cause of reported disruptions in care; it has been determined that up to 37% of all handoffs did not contain all the necessary information (Kostiuk, 2015). The World Health Organization (WHO), World Alliance for Patient Safety, and Institute for Safety & Quality in Health Care Research have all stated that accurate and complete communication should be a priority during handoffs and called for a standardized handoff format to improve continuity of care, nursing efficiency, and client safety (Pokojova & Bartlova, 2018). WHO has also predicted the increased use of standardized handoff reports will reduce adverse events (Pokojava & Bartlova, 2018). Adverse events include erroneous operations, client falls, medical errors, delay in care, and accidental deaths, all of which lead to increased financial costs (Wang et al., 2015). Ineffective communication is the primary factor causing adverse events (Wang et al., 2015). A review of nurse-healthcare provider verbal transactions revealed various factors, including different communication styles. The lack of mutual understanding of roles and responsibilities contributed to miscommunications between healthcare workers (Shahid & Thomas, 2018). Miscommunications can also be attributed to the hierarchical reporting format, gender, education level, cultural backgrounds, stress, fatigue, and social structure (Shahid & Thomas, 2018). Using a standardized communication tool provides uniformity regardless of profession or experience and allows the user to focus on the information being exchanged and not the participants (Stewart & Hand, 2017). Improving communication effectiveness between healthcare providers improves client safety and has been a priority for both the Institute of Medicine (IOM) and the Joint Commission for the past several years (Wang et al., 2105).

In a study focusing on client safety, the Joint Commission reviewed 936 sentinel events and determined 744 were caused by miscommunication (Brust-Sisti et al., 2019). The WHO has defined client safety as reducing unnecessary harm associated with healthcare interventions to an acceptable minimum safety standard (Muller et al., 2018). Minimizing damage to clients is a critical component of effective, high-quality healthcare. Client safety parameters are regulated by state reporting laws and the Joint Commission (Hawthorne et al., 2017). The Institute for Healthcare Improvement released a report stating that standardized communication would positively impact the transfer of a client's medical information and client safety (Hawthorne et al., 2017). Standardized communication is also critical to reducing medication errors (Im & Aaronson, 2020). The IOM reported nearly 100,000 deaths yearly related to medical error (Costello et al., 2017). It has also been estimated that hospitalized clients can be subjected to at least one medication error per day (Schmidt et al., 2017). Studies have reported that medication errors could be attributed to errors of omission, errors of commission, and communication errors (Clapper & Ching, 2020). Effective communication between the nurse and the client during the drug administration has been demonstrated to reduce medication errors (Scott, 2016).

Since nurses spend more time with clients than other healthcare workers, the ability to communicate is essential (Wang et al., 2015). The verbal interactions between the nurse and clients should be clear, concise, and productive (Ting et al., 2017). Effective nurse-client communication also helps to ensure a positive working nurse-client relationship (Pokojova & Bartlova, 2018). Also, nurses should be adept at relaying crucial client information to other healthcare workers (Wang et al., 2015). Therefore, nurses need to convey information to other healthcare providers effectively to reduce communication errors (Maraccini et al., 2018). The objective of this review was to collect, organize, and evaluate current trends in education to demonstrate simulations are the best method to teach healthcare workers how to use the communication tool, Situation, Background, Assessment, and Recommendation (SBAR). The second objective of this review was to determine the most effective simulation strategies, including the optimal number and length.

#### **Defining Concepts and Variables**

#### **SBAR** Communication Format

Hospital communications are often complex and vulnerable to misunderstandings. These errors have been correlated to reducing client safety and continuity of care and increasing medication errors and adverse events (Muller et al., 2018). According to the Joint Commission, since 2004, miscommunications have been among the top three leading root causes of sentinel events (Stewart & Hand, 2017). The Joint Commission stated a standardized communication tool would decrease communication errors (Stewart & Hand, 2017). One useful communication tool used in the clinical setting is the SBAR technique (Cudjoe, 2016). The Joint Commission stated SBAR is the best practice for standardized communication in any medical setting (Wang et al., 2015).

The SBAR format was devised by the U.S. Navy to communicate vital information during highly charged events (Glondys, 2016). The Navy's SBAR tool allowed all users, regardless of their rank and experience, to communicate using a standardized format (Kostoff et al., 2016; Stewart & Hand, 2017). The medical community quickly adopted it because the SBAR format is easy to remember, standardized, and simplifies verbal or face-to-face communication (Brust-Sisti et al., 2019). The SBAR tool's introduction has brought uniformity and predictability to hospital communications and has been endorsed by the Joint Commission and WHO (Stewart & Hand, 2017).

The SBAR communication tool is composed of four steps. The first step, situation, includes the caller's identity, the healthcare provider, and the client (Cudjoe, 2016). Step two is the background, which contains all the brief and relevant medical history (Brust-Sisti et al., 2019). Step three is assessment, which consists of analyzing the client's current problem (Brust-Sisti et al., 2019). The last step is recommendation, a list of options or requests the speaker believes might solve the client's current problem (Cudjoe, 2016).

#### Simulation

Simulation or deliberate practice has been proven to improve the performance of both technical and nontechnical skills acquired by individuals (Yen et al., 2019). Purposeful and reoccurring practice with feedback from an instructor has been demonstrated to motivate the individual's performance and enhance the speed at which the learner acquires new skills (Taylor et al., 2017). This practice-ready teaching style improves a healthcare workers' skillset and promotes optimal outcomes and services (Reising et al., 2017). Simulation or deliberate practice can be divided into four distinct parts: practice with preset objectives, immediate feedback from instructors, self-reflection completed by the learners, and repeating the practice (Yen et al., 2019). These distinct parts are accomplished during the prebriefing, scenario, and debriefing (Gharibi & Arulappan, 2020).

Simulations have been utilized in nursing education over the past 20 years; simulations have evolved over this period due to the increased client complexity, the growing demand to provide high-quality care, and the reduction of client risk (Gharibi & Arulappan, 2020). The National Council of State Boards of Nursing has defined simulation as a computer-based learning activity imitating hands-on clinical experience using manikins (i.e., high, medium, or low fidelity), real-life clinical situations, standardized clients, nursing skills, role-playing, and the incorporation of critical thinking (Kenny et al., 2019). The International Nursing Association for Clinical Simulation and Learning Simulation has defined simulation as a teaching method that intends to improve nursing skills by promoting novices to experts (Gharibi & Arulappan, 2020). Opportunities to provide direct client care and resolve client issues have diminished due to client safety issues and ethical concerns: therefore, simulations can be used to substitute these lost clinical opportunities and help fill the education-practice gap (Grealish et al., 2019). Studies have

shown simulation-based learning has improved safety competencies in all health-related disciplines (Harder, 2019).

#### Self-confidence

Self-confidence is a positive attitude concerning an individual's skills and abilities ("What is self-confidence?," 2020). It also means that the individual accepts and trusts themselves, and they communicate assertively ("What is self-confidence?," 2020). Individuals with low self-confidence are often full of self-doubt, passive, and have difficulty effectively communicating with others ("What is self-confidence?," 2020). Low self-confidence often stems from being exposed to unsupportive environments, and often the individuals have errors in their thinking ("What is self-confidence?," 2020). High self-confidence can be obtained through education, practice, and supportive environments ("What is self-confidence?," 2020).

#### **Rationale for Conducting the Review**

Medication errors lead to adverse client outcomes, decreased client satisfaction, and increased hospital costs (Kostoff et al., 2016). Most medication errors can be attributed directly to communication failures (Shrader et al., 2015). To improve healthcare workers' communication skills, the Joint Commission and WHO have recommended using the SBAR communication tool. SBAR is simple, straightforward, standardized, and widely used in numerous healthcare settings (Kostoff et al., 2016). It has been demonstrated that with the use of the SBAR communication tool, errors linked to miscommunication have decreased (Wang et al., 2015). This integrated review demonstrated SBAR is the most effective communication tool for healthcare providers. This integrated review also revealed the most effective SBAR teaching method was simulation. It was also concluded there was no optimal simulation length to achieve positive effects. This integrated review also concluded no set number of simulations achieved positive effects. It was determined simulations could be completed once or multiple times with the same effective results.

#### Purpose

Miscommunication has been demonstrated to cause medical errors and adverse events and decreased client satisfaction (Kostoff et al., 2016). Communication skills can be increased using a formatted communication tool, specifically SBAR (Kostoff et al., 2016). Healthcare workers should be instructed on how to use the SBAR communication format effectively. Training should lead to an increase in self-confidence and usage of the SBAR communication tool. The completion of a literature search demonstrated that simulations are a successful teaching method to instruct healthcare workers on how to use the SBAR communication tool confidently and effectively to transfer client information. The length of the simulation training and the number of simulation training sessions was not conclusively determined with this literature review because the length and number of SBAR simulations did not alter the positive effects of the training. When simulations were used for SBAR training, healthcare workers reported increased self-confidence and usage of the SBAR communication tool.

#### **Review Questions**

What is the most effective teaching method to instruct healthcare workers on how to use the SBAR communication tool?

What is the optimal length for each SBAR educational session?

What is the ideal number of SBAR educational sessions?

What effect does communication training have on a healthcare worker's self-confidence? What effect does communication training have on a healthcare worker's SBAR usage?

#### **Inclusion and Exclusion Criteria**

A literature search of English-language studies on healthcare communication strategies was conducted to determine which was the most effective. A second literature search was conducted to determine the optimal teaching strategy for the preferred communication strategy. The third search was conducted to determine the best length and number of each communication teaching session. Last, a literature search was conducted to determine the effects of SBAR training on the participants' SBAR self-confidence and usage. The databases searched included CINAHL Plus with full text, Cochrane Library, Medline with full text, and OVID using keywords "healthcare communication," "effects of healthcare miscommunication," "communication tools," "SBAR," "simulation," "simulation length," "simulation timing," "SBAR self-confidence" and "SBAR usage." Dates of inclusion were set between 2015 to present. The inclusion date reflected only the current data needed for this study and the inclusion of the current best practice.

#### **Conceptual Framework**

Whittemore et al. (2005) created the conceptual framework utilized for this project in 2005. This conceptual framework is divided into five stages of review: problem identification, literature search, data evaluation, data analysis, and presentation. In the first step, problem identification, the purpose/reason for the literature was clearly articulated. In the second step, the literature search, perimeters of the literature search were defined, including keywords, inclusion/exclusion dates, and databases were clarified. The third step, data evaluation, elaborated on how articles were used or excluded from the literature review. In the fourth step, data analysis, data from research papers were compared typically in a matrix for ease of comparison. The fifth and final step included how to present or synthesize all the data collected

and concluded the problem or purpose/reason for the literature review. This framework was used in the order in which it was originally designed. At the end of each step, there was an evaluation to ensure the next step occurred only if the step before it has been effectively completed. The framework drove the work necessary to complete this integrated review. This integrated review was completed without bias.

#### SECTION TWO: COMPREHENSIVE AND SYSTEMATIC SEARCH

#### **Search Organization and Reporting Strategies**

Liberty University's Jerry Falwell Library was the only source of databases searched for this integrated project. Before the initial literature search began, the online research tools and virtual tour of the library were accessed and reviewed to better understand how to best use electronic database search engines. CINAHL Plus with full text, Cochrane Library, Medline with full text, and OVID were the databases used to search for articles for this literature review. The initial literature search garnered the number of research articles needed to effectively complete this project; therefore, no further databases were searched.

Bing was the only search engine used for keyword searches. The only webpages used for this project had the endings of .org, .edu, or .gov. Webpages used for this project were also vetted to ensure they were reliable and trustworthy. Webpage sources were not the primary sources of information for this scholarly project.

#### Terminology

For this scholarly project, the term *database* referred to a searchable electronic collection of published works (Toronto & Remington, 2020). These published works included journal articles, books, and dissertations. The term *search engine* was also used in this scholarly project. A search engine describes internet platforms like Google, Bing, and Yahoo. The Bing search engine was utilized to scan the internet for relevant resources.

# SECTION THREE: MANAGING THE COLLECTED DATA

No electronic literature organizational tool was utilized for this project. All research papers and webpage information were organized by hand.

#### SECTION FOUR: QUALITY APPRAISAL

#### **Sources of Bias**

Possible sources of bias in this scholarly project included transferability, credibility, dependability, and confirmability (Toronto & Remington, 2020). Each of these potential sources of bias was monitored and controlled. Transferability was monitored and controlled by ensuring the findings from research articles used in this scholarly project could be used in other settings. Credibility was also monitored and controlled by establishing each article included in the scholarly project was believable and credible. Dependability was monitored and controlled by reviewing the methods and decisions to ensure they were clear and logical for each of the research articles used in this scholarly project. Last, confirmability was monitored and controlled by ensuring each article's findings were supported by the data presented in the article.

#### **Internal Validity**

Internal validity can be defined as how closely the research results mirror the truth (Toronto & Remington, 2020). Validity was monitored during this scholarly project by ensuring the proper scientific methods were utilized in each of the selected research papers used for this project. Internal validity was controlled by limiting the bias and increasing the believability. Managing internal validity made the scholarly project more trustworthy, reliable, and transferable to other situations.

#### **Appraisal Tools**

The articles uncovered during the database search were managed using a research grid supplied by Liberty University. The grid contains columns that have been organized under the following rows: Article Title and Author (APA format), Study Purpose and Demographics, Sample (Characteristics of the sample), Methods, Study Results, Level of Evidence (Melnyk framework was used), Study Limitation, and Would use as evidence to support a change? (yes or no). This grid was filled out for all articles read to prepare for this scholarly project, regardless of whether the article was used in the final paper. This grid was stored on a computer but managed by hand. Please see Figure 1 for further details.

#### **Applicability of Results**

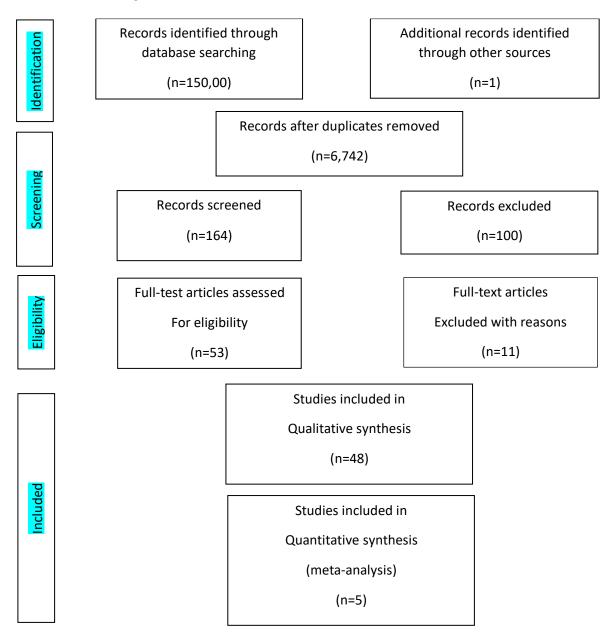
Each article reviewed for this scholarly project was critically appraised. Each section of the research paper, including title, abstract, introduction, design, sampling, data collection, ethical matters, results, discussion, and relevance were analyzed (Toronto & Remington, 2020). After this thorough examination, a decision was made to either include or exclude the article from the final scholarly project. Using this process, the scholarly project's quality was enhanced, bias was minimized, and transparency was increased (Toronto & Remington, 2020).

#### **Reporting Guidelines**

The Preferred Reporting Items for Systematic Reviews and MetaAnalyses (PRISMA) was used to minimize bias in this scholarly project (Toronto & Remington, 2020). The purpose of this review ensured the entire scholarly project was sound (Toronto & Remington, 2020). This systematic review increased the quality and transparency of the final scholarly project (Toronto & Remington, 2020). Appraising the articles ensured rigor and consistency were maintained (Toronto & Remington, 2020).

# Figure 1

# PRISMA Flow Diagram



#### SECTION FIVE: DATA ANALYSIS AND SYNTHESIS

#### **Data Analysis Methods**

#### Effective Teaching Method

A literature review on SBAR training revealed various instructional methods, including standardized client videotaping and feedback, role-play, didactic, and computer instruction have been utilized to teach communication skills (Gharibi & Arulappan, 2020). This review concluded simulations were the most effective and adopted teaching methodology in current nursing schools' curriculum (Gharibi & Arulappan, 2020). Chae (2019) drew similar conclusions by demonstrating role-playing simulation was a more effective method of teaching SBAR than a pamphlet review. Yu and Kang (2017) compared SBAR simulations to SBAR lectures and concluded SBAR simulations increased communication clarity, handover confidence, and educational satisfaction. In another study conducted by Yen et al. (2019), both online and inperson SBAR simulation training was reviewed; the researchers determined the online method offered a more flexible and safe opportunity and a more cost-effective teaching alternative. Simulations have been endorsed by several national organizations, including the Institute of Medicine and the American Association of Colleges of Nursing (Lubbers & Rossman, 2016).

#### Table 1

| Author(s)  | Year | Method   | Sample<br>Size                | Teaching<br>Method   | Results  |
|--|------|--|-------------------------------|--|--|
| Chae   | 2019 | Experimental<br>design level 2   | <i>N</i> = 60                 | Simulation<br>versus<br>pamphlet   | Significant increase in<br>communication clarity, self-<br>leadership, patient safety attitude<br>scores, and safety care<br>performance scores in the<br>simulation group versus pamphlet<br>only group |
| Yeh,<br>Sherwood,<br>Durham,<br>Edgren,<br>Schwartz,<br>& Beeber | 2019 | Experimental<br>design level 2   | N = 43                        | Online SBAR<br>instruction<br>versus online<br>SBAR<br>instruction<br>with<br>simulation<br>training | Higher performance and<br>confidence levels for group who<br>completed SBAR training with<br>online and simulation versus<br>group who completed only the<br>online training                             |
| Yu & Kang  | 2017 | Quasi-<br>experimental<br>level 3  | <i>N</i> = 62                 | SBAR<br>handout<br>training<br>versus SBAR<br>simulation<br>with handout<br>training                 | Communication clarity scores<br>were higher in group who<br>completed SBAR simulation, and<br>no significant difference in<br>SBAR self-confidence between<br>the two groups                             |
| Gharibi &<br>Arulappan   | 2020 | Systematic<br>review of<br>descriptive<br>and qualitative<br>studies level 5 | 11 papers<br>were<br>analyzed | Integrative<br>review  | Simulations are the most<br>effective method of SBAR<br>instruction. Simulations are the<br>most effective teaching<br>methodology in nursing<br>education.  |

Effective Teaching Method

## **Optimal Simulation Length**

Various studies utilized different lengths of time to complete SBAR simulations. The length of the SBAR simulations varied from five minutes to five hours in the reviewed published articles (Brust-Sisti et al., 2019; Gross et al., 2019; Lee et al., 2016; Lubbers & Rossman, 2016; Reising et al., 2017; Stevens et al., 2020; Taylor et al., 2017; Uhm et al., 2019; Wang et al., 2015). The lengths of the SBAR simulations had no significant effect on the outcomes. Each period was sufficient to achieve the desired results set for each of the SBAR research studies. The SBAR instructor could confidently choose a time that accommodated the healthcare

worker's needs versus needing to pick a longer length of time based on the subject being taught.

## Table 2

# **Optimal Simulation Length**

| Author(s)  | Year | Method                            | Sample<br>Size | Simulation<br>Length | Results   |
|--|------|-----------------------------------|----------------|----------------------|---|
| Brust-Sisti,<br>Sturgill, & Volino                                     | 2019 | Quasi-<br>experimental<br>level 3 | N = 198        | 25 minutes           | Significant increase in self-confidence and communication skills in experimental group          |
| Stevens,<br>McNiesh, &<br>Goyal  | 2020 | Quasi-<br>experimental<br>level 3 | N = 35         | 20 minutes           | Significant increase in self-confidence in experimental group                                   |
| Wang, Liang,<br>Blazeck, &<br>Greene                                   | 2015 | Quasi-<br>experimental<br>level 3 | <i>N</i> = 18  | 5 hours              | Significant increase in knowledge and self-perceived attitudes SBAR usage in experimental group |
| Uhm, Ko, & Kim   | 2019 | Quasi-<br>experimental<br>level 3 | N = 81         | 90 minutes           | Significant increase SBAR communication clarity, self-confidence in experimental group          |
| Lubbers &<br>Rossman   | 2016 | Quasi-<br>experimental<br>level 3 | <i>N</i> = 58  | 60 minutes           | Significant increase in SBAR self-confidence and quality of care in experimental group          |
| Gross, Rusin,<br>Kiesewetter,<br>Zottmann, Fisher,<br>Pruckner, & Zech | 2019 | Quasi-<br>experimental<br>level 3 | N = 129        | 15 minutes           | Significant increase in knowledge retention in experimental group                               |
| Taylor, Tucker,<br>Donehower,<br>Pabian, Dieker,<br>Hynes, & Hughes    | 2017 | Quasi-<br>experimental<br>level 3 | <i>N</i> = 3   | 5 minutes            | Significant SBAR scores and participants felt experience was beneficial                         |
| Reising, Carr,<br>Gindling, Barnes,<br>Garletts, &<br>Ozdogan          | 2017 | Quasi-<br>experimental<br>level 3 | N = 59         | 2 hours              | Simulation is an effective method to develop and maintain communication and teamwork skills     |
| Lee, Dong, Lim,<br>Poh, & Lim  | 2016 | Quasi-<br>experimental<br>level 3 | N = 32         | 3 hours              | SBAR simulation was an effective interprofessional communication tool                           |
| Brust-Sisti,<br>Sturgill, & Volino                                     | 2019 | Quasi-<br>experimental<br>level 3 | N = 198        | 25 minutes           | Significant increase in self-confidence and communication skills in experimental group          |
| Stevens,<br>McNiesh, &<br>Goyal  | 2020 | Quasi-<br>experimental<br>level 3 | N = 35         | 20 minutes           | Significant increase in self-confidence in experimental group                                   |

# **Ideal Simulation Session Number**

Studies incorporating a differing number of simulated SBAR training sessions were evaluated for this review. Several studies included only one educational session, and with each, the author concluded there were positive effects on communication skills (Chae, 2109; Lee et al., 2016; Maraccini et al., 2018; Wang et al., 2015). Another researcher included two SBAR simulation training sessions eight weeks apart; this study also concluded the participants' communication skills had increased (Stevens et al., 2020). A similar research study also utilized two SBAR simulation training sessions with only one day between each session; this study also concluded a positive effect on communication abilities (Brust-Sisti et al., 2019). Another study utilized five SBAR simulation training sessions; the researchers concluded that the nurses' communication skills improved (Uhm et al., 2019). It can be reasonably concluded that the number of SBAR simulations used during training has no correlation to the training's effectiveness. The same positive results were noted with any number of SBAR simulation training sessions.

#### Table 3

| Author(s)  | Year | Method                            | Sample  | Number of Simulations | Results   |
|--|------|-----------------------------------|---------|-----------------------|---|
| Maraccini,<br>Houmanfar,<br>Kemmelmeier,<br>Piasicki, & Slonim | 2018 | Quasi-<br>experimental<br>level 3 | N = 132 | two                   | Significant improvement in communication accuracy   |
| Chae   | 2019 | Quasi-<br>experimental<br>level 3 | N = 60  | one                   | Significant increase in communication clarity, self-<br>leadership scores, patient safety attitude scores, and<br>safety care performance in experimental group |
| Wang, Liang,<br>Blazeck, & Greene                              | 2015 | Quasi-<br>experimental<br>level 3 | N = 18  | one                   | Significant improvement in SBAR knowledge and<br>self-perceived SBAR attitudes in experimental<br>group Communication skills improved                           |
| Lee, Dong, Lim,<br>Poh, & Lim                                  | 2016 | Quasi-<br>experimental<br>level 3 | N = 54  | two                   | Experimental group significantly stated SBAR was<br>simple and effective and communication skills had<br>improved   |
| Stevens, McNiesh,<br>& Goyal                                   | 2020 | Quasi-<br>experimental<br>level 3 | N = 35  | one                   | Significant improvement in self-confidence and communication skills in experimental group   |
| Brust-Sisti,<br>Sturgill, Volino                               | 2019 | Quasi-<br>experimental<br>level 3 | N = 197 | one                   | Significant improvement in self-confidence and<br>increased communication skills in experimental<br>group   |
| Uhm, Ko, & Kim   | 2019 | Quasi-<br>experimental<br>level 3 | N = 81  | five                  | Significant communication clarity and self-<br>confidence in experimental group   |

#### Ideal Simulation Session Number

#### **Simulation Effect on Self-Confidence**

Many of the studies examined the effects of SBAR simulation on healthcare workers' self-confidence by analyzing pre-and-post tests (Abdullah et al., 2020; Brust-Sisti et al., 2019; Costello et al., 2017; Kostiuk, 2015; Kostoff et al., 2016; Lubbers & Rossman, 2016; Stevens et al., 2020; Uhm et al., 2019; Wang et al., 2015). Each study demonstrated a significant change in the nursing students' SBAR self-confidence after the simulations were completed. In one study, 92% of the participants reported increased communication skills and self-confidence after completing an SBAR simulation (Brust-Sisti et al., 2019). The increase in self-confidence allows nursing students to seek opportunities to engage other healthcare providers and effectively exchange information. One study determined the positive effects of simulation training could be detected six months after the experience (Woda et al., 2019). Though one simulation demonstrated significant positive effects on communication skills and self-confidence, the authors of the same study concluded "booster" simulation (simulated experiences one to three semesters after the initial training) helped to maintain the communication skills and self-confidence to three semesters after the initial training helped to maintain the communication skills and self-confidence (Reising et al., 2017).

#### Table 4

| Author  | Year | Method   | Sample<br>Size                   | Results   |
|---|------|--|----------------------------------|---|
| Reising, Carr,<br>Gindling, Barnes,<br>Garletts, & Ozdogan        | 2017 | Quasi-experimental level 3                               | N = 60                           | Improved communication and teamwork skills  |
| Wang, Liang, Blazeck,<br>& Greene                                 | 2015 | Quasi-experimental level 3                               | <i>N</i> = 18                    | Significant improvement in SBAR knowledge and self-confidence   |
| Woda, Dreifuerst,<br>Villarreal                                   | 2018 | Quasi-experimental level 3                               | N = 115                          | Significant improvement in self-confidence and<br>higher job satisfaction   |
| Kostoff, Burkhardt,<br>Winter, & Shrader                          | 2016 | Quasi-experimental level 3                               | N = 170                          | Significant improvement in self-perception and<br>attitudes toward SBAR use and interprofessional<br>collaboration                                      |
| Lubbers & Rossman   | 2016 | Quasi-experimental level 3                               | <i>N</i> = 54                    | Significant improvement in self-confidence  |
| Uhm, Ko, & Kim  | 2019 | Quasi-experimental level 3                               | N = 81                           | Significant communication clarity and self-<br>confidence in experimental group   |
| Stevens, McNiesh, &<br>Goyal                                      | 2020 | Quasi-experimental level 3                               | <i>N</i> = 35                    | Significant improvement in self-confidence in experimental group  |
| Brust-Sisti, Sturgill, &<br>Volino                                | 2019 | Quasi-experimental level 3                               | N = 197                          | Significant improvement in self-confidence and<br>increased communication skills in experimental<br>group   |
| Gharibi & Arulappan   | 2020 | Systematic review of descriptive and qualitative studies | 11 articles<br>were<br>evaluated | repeated simulations positively affect self-<br>confidence, critical thinking, and competence   |
| Kostiuk   | 2015 | Quasi-experimental level 3                               | <i>N</i> = 28                    | SBAR simulations had a strong effect on anxiety levels, moderate effect on self-confidence  |
| Costello, Huddleston,<br>Faller, Prelack, Wood,<br>Barden, & Adly | 2017 | Quasi-experimental level 3                               | N = 122                          | Interprofessional SBAR simulations had a positive<br>effect on cultural self-confidence, understanding of<br>roles, and interprofessional communication |
| Wang, Liang, Blazeck,<br>& Greene                                 | 2015 | Quasi-experimental level 3                               | <i>N</i> = 18                    | Participation in SBAR simulation positively affected self-confidence and SBAR knowledge   |

### Simulation Effect on Self-Confidence

#### **Simulation Effect on Self-Reported Usage**

Several studies analyzed during this integrated review concluded the completion of SBAR simulations had a positive effect on the future usage of the SBAR communication tool by healthcare providers. Kostoff et al. (2016) determined SBAR simulations lead to a positive self-perception of interprofessional competence, which gave the participants more confidence to utilize the SBAR communication tool more frequently. In another conducted by Wang et al. (2015), 93.8% of study SBAR simulation participants agreed or strongly agreed they would use the SBAR communication tool during their practice. Costello et al. (2017) determined SBAR simulations promote teamwork among healthcare providers, which has been linked to increasing

usage of the SBAR communication tool. Shahid and Thomas (2018) concluded SBAR simulations lead to improved healthcare handoffs due to the increased usage of the SBAR communication tool. SBAR simulation training sessions improved the self-confidence of the study participants, which in turn, led to an increase in the self-reported usage of the SBAR communication tool.

#### Table 5

| Author   | Year | Method  | Sample Size  | Results  |
|--|------|---|--|--|
| Kostoff, Burkhardt,<br>Winter, & Shrader   | 2016 | Posttest survey<br>after the<br>completion of<br>SBAR<br>simulation | N = 96 pharmacy<br>and nursing<br>students   | SBAR simulation improved self-perception of<br>interprofessional collaboration and attitudes toward<br>the use of SBAR   |
| Wang, Liang,<br>Blazeck, & Greene  | 2015 | Pre-and-post<br>surveys after<br>SBAR<br>simulation<br>workshop     | N = 18 Graduate nursing students   | After the SBAR simulation training, 93.8% of<br>participants stated they would use SBAR in the<br>clinical work  |
| Costello,<br>Huddleston, Atinaja-<br>Faller, Prelack,<br>Wood, Barden, &<br>Adly | 2017 | Pre-and-post<br>surveys after<br>SBAR<br>simulation<br>training     | N = 122 Nursing,<br>physical therapy,<br>nutrition, and<br>social work<br>students | After the SBAR simulation training, there was a significant change in the students' attitudes toward SBAR and the future use of the communication tool.  |
| Shahid & Thomas  | 2018 | Literature<br>review of<br>SBAR articles                            | <i>N</i> = 12  | Concluded SBAR was an effective communication<br>tool that, if used, will reduce medical errors and<br>increase client satisfaction. Healthcare workers who<br>receive SBAR training are more confident and self-<br>report an increase in SBAR usage. |

Simulation Effect on Self-reported Usage

## Synthesis

Due to both the complex nature (hierarchical structure and frequent team member changes) of the current U.S. healthcare system and the utilization of various communication platforms (i.e., IPASS, SBAR, and CUS), sentinel events linked to miscommunication have increased, and client satisfaction scores have decreased (Kostoff et al., 2016). It has also been reported that improvements in communication skills have led to a decreased number and severity of adverse events and increased client satisfaction scores (Shahid & Thomas, 2018).

Communication is particularly important for nurses since they have more direct care interactions

with clients than all other healthcare providers (Wang et al., 2015). The use of a standardized communication tool would aid nurses in understanding healthcare providers' instructions and how to convey information from the healthcare team to the clients (Wang et al., 2015). The Joint Commission and WHO have highly suggested using standardized communication, SBAR, which has been shown to reduce communication errors (Costello et al., 2017).

SBAR is a simple, straightforward, and standardized communication tool designed to be used in highly charged situations (Wang et al., 2015). Healthcare workers should be educated or trained on using the SBAR tool effectively (Wang et al., 2015). Studies have shown the optimal SBAR teaching method is simulation sessions (Grealish et al., 2019). Using simulation aids in the translation of skills/concepts from practice into application (Woda et al., 2019). Simulation is a guided and interactive teaching method, which allows the participants the opportunity to take part in "real-life" situations in a nonthreatening environment; this allows for the translation of skill/concepts from the classroom into the hospital setting (Grealish et al., 2019). Completing evidence-based debriefing after the simulation has been shown to increase positive learner outcomes (Woda et al., 2019). The use of SBAR simulation has been reported to strengthen the participants' communication skills, confidence, and reported future SBAR usage (Taylor et al., 2017).

Though it has been clearly demonstrated that simulations are the most effective SBAR teaching method, more specific details about how to conduct the SBAR simulation sessions vary widely (Abdullah et al., 2020). There is no direct evidence that demonstrates the optimal SBAR simulation length because all the various time lengths utilized in SBAR simulations research projects garnered the same positive results on self-confidence and self-reported future usage (Brust-Sisti et al., 2019; Gross et al., 2019; Lee et al., 2016; Lubbers & Rossman, 2016; Reising

et al., 2017; Stevens et al., 2020; Taylor et al., 2017; Uhm et al., 2019; Wang et al., 2015). The SBAR simulation length varied from as short as five minutes to five hours (Taylor et al., 2017; Wang et al., 2015). The average SBAR simulation session length from the nine studies reviewed was 90 minutes. It was concluded the length of the simulation did not affect the positive learning outcomes of the SBAR training.

No conclusions concerning the optimal number of SBAR simulations that would produce a positive effect on self-confidence and usage could be drawn either. This integrated review did demonstrate that any number of educational sessions have the same positive effects. The analysis of seven published papers revealed that between one and five SBAR simulation sessions were utilized during the research studies (Brust-Sisti et al., 2019; Chae, 2019; Lee et al., 2016; Maraccini et al., 2018; Stevens et al., 2020; Uhm et al., 2019; Wang et al., 2015). Four of the studies utilized only one SBAR simulation session. Two studies used two SBAR simulation sessions, and the remaining used five SBAR simulation sessions. All the studies reported positive effects on the participants learning outcomes. Though this integrative review could not determine the optimal number of SBAR simulations that were the most effective, the review did verify that SBAR simulation positively affected the participants' learning outcomes no matter how many sessions were completed.

All 12 of the articles analyzed for this review reported positive effects related to SBAR simulation training (Brust-Sisti et al., 2019; Costello et al., 2017; Gharibi & Arulappan, 2020; Kostiuk, 2015; Kostoff et al., 2016; Lubbers & Rossman, 2016; Reising et al., 2017; Stevens et al., 2020; Uhm et al., 2019; Wang et al., 2015; Woda et al., 2018). The research articles demonstrated a significant increase in the participants' communication self-confidence. This improvement in their attitudes toward their skills and abilities should lead to more assertive

communication. Increased communication skills have been shown to improve client safety, reduce medication errors, and raise client satisfaction scores.

Four articles analyzed for this review concluded their study participants would use the SBAR communication tool more regularly after completing the SBAR simulation educational session (Costello et al., 2017; Kostoff et al., 2016; Shahid & Thomas, 2018; Wang et al., 2015). Wang et al. (2015) reported 93.8% of their study participants self-reported they would use the SBAR communication tool during their normal hospital activities. The SBAR communication tool's increased use is a high priority of WHO, the World Alliance for Patient Safety, and the Institute for Safety and Quality (Yu & Kang, 2017). Increased use of the SBAR would help to reduce the number of medical errors and sentinel events and increase client satisfaction.

Unfortunately, communication errors are commonplace in the hospital setting. Miscommunications can lead to medical errors, sentinel events, and decreased client satisfaction scores. The SBAR communication tool should be used to decrease communication errors. SBAR training should be completed with the use of simulations. The SBAR simulations have been shown to increase communication self-confidence and usage. This integrated review could not draw any conclusions on the length or number of SBAR simulations needed to produce the most effective results. It was determined that SBAR training lengths can vary widely and still have the same positive effects. The integrated review also concluded that there was no optimal number of simulation sessions that produced the best results. Even one session produced positive results on the participants' learning outcomes. SBAR simulations are the most effective teaching method, but the other aspects (i.e., length and number) can be left to the individual health educators. Those aspects of the simulation training have been shown to be very flexible and forgiving, and the health educator can vary the number and length without altering the positive outcomes. The increased and effective use of the SBAR communication tool would help decrease medical errors and sentinel events and increase client satisfaction scores.

# **Ethical Considerations**

This scholarly project was submitted to the Liberty University Institutional Review Board (IRB). Since this scholarly project was an integrated review, the IRB exempted this project from a lengthy review. After receiving an email from the IRB, this project was completed.

#### SECTION SIX: DISCUSSION

#### **Implications for Practice**

Providing effective and safe healthcare requires accurate and concise communication between all hospital employees. The SBAR communication tool, as recommended by the Joint Commission and WHO, has been shown to be a highly successful tool. All healthcare workers would benefit from using the SBAR tool when conveying information. Using the SBAR tool would provide clearer and more effective hospital reports and correspondence. Accurate communication between all healthcare workers from upper management to environmental services would ensure a smoother transmission of information and ensure policies and procedures are carried out correctly.

Using simulations is an effective SBAR teaching strategy. It has been demonstrated in this integrated review that the length and number of simulations do not alter the positive results. Hospital educators can tailor the SBAR simulation training to fit the audience. For those groups who have never used SBAR, longer training could be offered. Shorter simulations could be used for groups who just require a refresher.

#### Dissemination

This scholarly project will be used as a basis for a manuscript for SAGE Open Nursing Journal. If the manuscript is accepted, the article will be posted online and free for anyone to review and read. The author will promote this article and encourage other healthcare workers and educators to read it. The scholarly project will also be published and made available for viewing through the Liberty University Library service.

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## Appendix A

# Liberty Research Grid

## Table A1

# Liberty Research Grid

| Article Title, Author, etc. (Current<br>APA Format)   | Study Purpose<br>Demographics  | Sample<br>(Characteristics<br>of the Sample,<br>etc.)       | Methods  | Study Results   | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations                                    | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.   |
|---|--|---|--|---|--|---|--|
| Brust-Sisti, L., Sturgill, M., &<br>Volino, L. (2019). Situation,<br>background, assessment,<br>recommendation (SBAR)<br>technique education enhances<br>pharmacy student communication<br>ability and confidence. <i>Currents</i><br><i>in Pharmacy Teaching and</i><br><i>Learning</i> , <i>11</i> , 409-416.<br>http://dx.doi.org/doi.10.1016/j.cptl<br>.2019.01.006 | Demonstrated<br>SBAR training<br>instituted during<br>the earlier terms<br>of a pharmacy<br>school was<br>valuable – meant<br>for health<br>educators  | Study group<br>was 198 first-<br>year pharmacy<br>students. | Pre-and-post<br>surveys were<br>completed by<br>the study<br>participants.   | The training increased<br>the usage of SBAR and<br>the study participants'<br>confidence. | Quasi-<br>experimental<br>design level 3       | Small study<br>limited to<br>one<br>pharmacy<br>cohort. | Yes – supports<br>the premise that<br>SBAR training<br>is relevant and<br>has been<br>demonstrated to<br>increase usage<br>and confidence. |
| Burger, D., Jordan, S., &<br>Kyriacos, U. (2017). Validation of<br>a modified early warning score-<br>linked situation-background-<br>assessment-recommendation<br>communication tool: a mixed-<br>methods study. <i>Journal of</i><br><i>Clinical Nursing 26</i> , 2794-2806.<br>https://doi.10.111/jocn.13852   | To validate the<br>creation of a<br>combined SBAR<br>and a Cape<br>Town modified<br>warning score to<br>increase the<br>number of early<br>warnings<br>reported by<br>healthcare staff<br>– intended for<br>healthcare staff | n/a   | 18 experts<br>created a new<br>early warning<br>tool that<br>combined<br>SBAR, and the<br>Cape Town<br>modified<br>warning score<br>tool | The new tool was found<br>to be valid and reliable  | Expert opinion<br>level 7                      | Should be<br>used and<br>reviewed by<br>more nurses     | Yes, a good<br>source for<br>SBAR<br>information to<br>demonstrate<br>how useful the<br>SBAR tool is                                       |

| Article Title, Author, etc. (Current<br>APA Format)   | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.)   | Methods   | Study Results  | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations   | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.   |
|---|---|---|---|--|--|--|--|
| Chae, M. (2019). The effect of<br>simulation-based SBAR education<br>programs of nursing students.<br><i>Indian Journal of Public Health</i><br><i>Research &amp; Development, 10</i><br>(11), 4262-4267.<br>Htpps://doi.org/10.5958/0976-<br>5506.2019.04278.5   | Comparing the<br>acquisition of<br>communication<br>skills by two<br>different<br>teaching<br>methods –<br>simulation<br>versus lecture | N = 60 nursing<br>students<br>Intended for<br>healthcare<br>educators   | Pre-and-post<br>survey after<br>either a SBAR<br>lecture or a<br>SBAR<br>simulation | Nursing students who<br>participated in the<br>SBAR simulation had a<br>significant increase in<br>communication skills<br>versus the nursing<br>students who<br>participated in the<br>lecture only | Quasi-<br>experimental<br>design level 3       | Study only<br>completed<br>once should<br>be<br>completed<br>again to<br>show<br>validity            | Yes,<br>demonstrates<br>that simulations<br>have a stronger<br>effect on the<br>acquisition of<br>communication<br>skills than<br>lecture only |
| Costello, M., Huddleston, J.,<br>Atinaja-Faller, J., Prelack, K.,<br>Wood, A., Barden, J., & Adly, S.<br>(2017). Simulation as an effective<br>strategy for interprofessional<br>education. <i>Clinical Simulation in</i><br><i>Nursing</i> , <i>13</i> , 624-627.<br>https://dx.doi.org/10.1016/j.ecns.2<br>017.07.008 | Purpose to<br>demonstrate the<br>effects of SBAR<br>simulation on<br>communication<br>competency and<br>attitudes                       | N = 122<br>Physical<br>therapy,<br>nursing,<br>nutrition, and<br>social work<br>students<br>Intended for<br>healthcare<br>educators | Pre-and-post<br>surveys were<br>completed<br>after a SBAR<br>simulation             | Increased<br>communication<br>competency and<br>attitudes after the SBAR<br>simulation   | Quasi-<br>experimental<br>design level 3       | Study was<br>completed<br>only once<br>should be<br>completed<br>again to<br>demonstrate<br>validity | Yes, source for<br>background and<br>demonstrated<br>effects of<br>SBAR<br>simulation  |
| Cudjoe, K. (2016). Add identity to<br>SBAR. Nursing made incredibly<br>Easy! 1, 6-7.<br>https://doi.org/10.1097/01.NME.0<br>000475212.01090.46  | Editor's opinion<br>on why an<br>introduction<br>should be added<br>to SBAR   | n/a   | n/a   | Demonstrated rationale<br>for adding I for identity<br>to the SBAR<br>communication tool   | Expert opinion<br>level 7                      | One<br>person's<br>opinion   | Yes,<br>information<br>about SBAR<br>which was used<br>as background<br>information  |
| Davis, S. (2018). The key to<br>safety: <i>communication</i> . <i>AORN</i><br><i>Journal</i> , <i>108</i> (1), 3-5.<br>http://doi.org/10.1002/aorn.12298  | Editor's letter<br>for need to use<br>communication<br>tools in the OR<br>to reduce<br>medical errors –<br>meant for<br>medical workers | N/A   | Editor's<br>opinion   | Using communication<br>tools in the OR should<br>reduce the number of<br>medication errors   | Expert opinion<br>level 7                      | Expert<br>opinion<br>only  | No, useful<br>information,<br>but it was one<br>person opinion   |

| Article Title, Author, etc. (Current<br>APA Format)  | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.)   | Methods   | Study Results   | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations  | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.                                   |
|--|---|---|---|---|--|---|--|
| Edwardson, N., Gregory, S., &<br>Gamm, L. (2016). The influence<br>of organization tenure on nurses'<br>perceptions of multiple work<br>process improvement initiatives.<br><i>Health Care Management Review</i><br><i>41</i> , (4), 344-355.<br>https://doi.org/10.1097/HMR.000<br>0000000000078    | Compared the<br>length of nursing<br>tenure to the<br>acceptance of<br>new<br>improvement<br>protocols.<br>Geared toward<br>hospital<br>educators and<br>managers | 421 nurses were<br>surveyed                             | Nurses were<br>surveyed to<br>determined<br>their<br>perceptions<br>toward three<br>new quality<br>improvement<br>protocols –<br>AIDET, hourly<br>rounding, and<br>discharge<br>phone calls | Tenure was shown to<br>affect the perceptions<br>significantly and<br>negatively toward<br>AIDET. Tenure had no<br>effect on the perceptions<br>of hourly rounding or<br>discharge phone calls. | Correlation design<br>level 4                  | Survey<br>responders<br>skewed<br>female and<br>younger.<br>Younger<br>nurses<br>would have<br>less tenure<br>and<br>therefore<br>skew the<br>data. | No, the data<br>was interesting<br>but did not<br>include the<br>quality<br>improvement<br>SBAR protocol                   |
| Foronda, C., Walsh, H.,<br>Budhathoki, C., & Bauman, E.<br>(2019). Evaluating nurse-<br>physician communication with a<br>rubric: A pilot study. <i>The Journal</i><br><i>of Continuing Education in</i><br><i>Nursing</i> , <i>50</i> (4), 163-169.<br>https://doi.10.3928/00220124-<br>20190319-06 | Study proved the<br>Interprofessional<br>Communication<br>Rubric is a<br>reliable tool to<br>evaluate SBAR<br>usage. –<br>intended for<br>health educators        | N = 8 Nursing<br>students were<br>used in this<br>study | SBAR<br>simulations<br>were used to<br>instruct 8<br>nursing<br>students how<br>to use SBAR,<br>and their usage<br>of SBAR was<br>evaluated by a<br>rubric                                  | The interprofessional<br>communication rubric is<br>a reliable tool for<br>evaluating SBAR usage.<br>Nursing students had<br>poor scores.   | Descriptive design<br>level 6                  | Small<br>sample size  | Yes,<br>information on<br>SBAR for<br>background but<br>study did not<br>provide data to<br>support change<br>for my paper |
| Foronda, C., MacWilliams, B., &<br>McArthur, E. (2016).<br>Interprofessional communication<br>in healthcare: An integrative<br>review. <i>Nurse Education in</i><br><i>Practice 19</i> , 36-40.<br>https://dx.doi.org/10.1016/j.nepr.2<br>016.04.005   | Literature<br>Review of 28<br>articles to<br>evaluate why<br>there are<br>communication<br>errors – intended<br>for healthcare<br>educators                       | n/a   | n/a   | Review demonstrated<br>why there are<br>communication errors<br>between nurses and<br>doctors – including<br>types of training, levels<br>of training, egos, and<br>lack of confidence          | Systematic review<br>level 1                   | A limited<br>number of<br>papers were<br>reviewed   | Yes, source of<br>SBAR<br>information and<br>source of<br>communication<br>errors  |

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|--|--|---|---|---|--|---|---|
| Gharibi, K., & ARulappan, J.<br>(2020). Repeated simulation<br>experience on self-confidence,<br>critical thinking, and competence<br>of nurses and nursing students –<br>an integrative review  | Literature<br>review to<br>demonstrate<br>simulations are<br>the most<br>adoptive<br>teaching method<br>in nursing<br>education                    | 11 articles were<br>reviewed                          | 11 articles<br>were reviewed  | Demonstrated repeated<br>simulations increased<br>self-confidence,<br>knowledge, competence,<br>critical thinking, and<br>satisfaction  | Systematic review<br>level 1                   | Limited<br>articles<br>reviewed   | Yes, source of<br>background<br>information and<br>demonstrated<br>effects of<br>SBAR<br>simulation on<br>self-confidence   |
| Glondys, B. (2016). Getting<br>started with information<br>governance: Applying SBAR to<br>IG. <i>Journal of AHIMA</i> , 87 (2), 34-<br>36.<br>Htpps://ezproxy.liberty.edu/login?<br>qurl  | Editors'<br>comments   | n/a   | n/a   | The author concluded<br>the effective use of<br>SBAR could affect<br>retention, IG, and<br>integrity  | Expert opinion<br>level 7                      | One<br>person's<br>opinion  | Yes, source of<br>information for<br>why SBAR<br>should be used<br>and information<br>for background  |
| Grealish, L., Myers, S., Scott, C.,<br>Krug, M., & Todd, J. (2019).<br>Simulation as a research<br>translation technique. <i>Clinical</i><br><i>Simulation in Nursing 31</i> , 17-20.<br>https://doi.org/10.1016/j.ecns.201<br>9.03.007  | Purpose of study<br>was to<br>demonstrate<br>how simulation<br>can be used to<br>put skills into<br>practice –<br>intended for<br>health educators | N = 22 Nurses<br>and healthcare<br>staff              | Study<br>participants<br>completed an<br>hour-long<br>simulation<br>concerning the<br>care of a<br>patient with<br>delirium after<br>the simulation | Researchers concluded<br>the participants had a<br>deeper understanding of<br>how to care for delirium<br>patients – these<br>conclusions were drawn<br>because of the depth and<br>length of the post-<br>simulation discussions<br>and the comments made<br>by participants | Quasi-<br>experimental<br>design level 3       | Lack of<br>formal<br>evaluation<br>of post-<br>simulation<br>discussion   | Yes,<br>demonstrated<br>that a one-hour<br>simulation had<br>positive effects<br>on nursing<br>skills, and<br>simulations can<br>help to translate<br>education into<br>practice      |
| Gross, B., Rusin, L., Kiesewetter,<br>J., Zottmann, J., Fischer, M.,<br>Pruckner, S., & Zech, A. (2019).<br>Microlearning for patient safety:<br>Crew resource management<br>training in 15-minutes. <i>Plos One</i> ,<br><i>14</i> (3).<br>https://doi.org/10.1371/journal.po<br>ne.0213178 | To demonstrate<br>15-minute<br>simulated<br>trainings are<br>effective –<br>managers from<br>any discipline  | N = 129 all<br>medical<br>students                    | One group was<br>taught a skill<br>by lecture only<br>the second<br>group was<br>taught the<br>same skill<br>using a 15-<br>minute<br>simulation    | The group who<br>completed the 15-minute<br>simulation retained more<br>knowledge than the<br>group who completed<br>the lecture only   | Quasi-<br>experimental<br>design level 3       | There was<br>no<br>longitudinal<br>study to<br>demonstrate<br>the study<br>participants<br>retain the<br>knowledge<br>for a longer<br>period of<br>time | Yes, showed<br>that a 15-<br>minute<br>simulation was<br>effective. The<br>study also<br>demonstrated<br>that simulations<br>are a better<br>teaching<br>method over<br>lecture only. |

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|--|--|--|--|--|--|---|---|
| Harder, N. (2019). Simulation and<br>patient safety: Continuing to<br>provide evidence. <i>Clinical</i><br><i>Simulation in Nursing 29</i> , 38-<br>39.https://doi.org/10.1016/j.ecns.2<br>019.03.006  | Editorial<br>demonstrating<br>the importance<br>of simulation  | n/a  | n/a  | Using simulations will<br>help reduce medical<br>errors  | Expert opinion<br>level 7                      | One<br>person's<br>opinion  | Yes,<br>background<br>information on<br>effects of<br>simulation  |
| Hunter, H., Tara, C., Wesley, C.,<br>Bingener, J., Hallbeck, S.,<br>Santrach, P., Elliot, S., Lindeen,<br>K., Kang, Y., & Blocker R.<br>(2017). Assessing SBAR during<br>intraoperative handoff.<br><i>Perioperative Care and Operating<br/>Room Management 6</i> , 7-10.<br>https://doi.org/10.1016/j.pcorm.20<br>16.12.004 | Evaluation of<br>the use of SBAR<br>during handoffs<br>between surgical<br>team members  | Analyzed 119<br>handoff reports  | Observed 23<br>operative<br>procedure that<br>contained 119<br>SBARs               | 90% contained the S,<br>58% contained the B,<br>64% contain the A, and<br>55% contain the R.   | Descriptive design<br>level 6                  | No<br>information<br>was given<br>on the<br>quality or<br>completion<br>of each<br>section of<br>SBAR that<br>was<br>analyzed       | No, data given<br>was not<br>pertinent to my<br>paper   |
| Im, D., & Aaronson, E. (2020).<br>Best practices in patient safety<br>and communication. <i>Emergency</i><br><i>Medicine Clinics of North</i><br><i>America, 38</i> 693-703.<br>https://doi.org/10.1016/j.emc.202<br>0.04.007  | Paper written to<br>explain best<br>practices for ER<br>departments –<br>intended for ER<br>healthcare<br>workers  | n/a  | n/a  | Best practices to ensure<br>patient safety in ERs<br>include cultivating a<br>culture of safety,<br>completing quality<br>improvement projects<br>(which included using<br>SBAR), and creating<br>systems-based<br>approaches to patient<br>safety | Expert opinion<br>level 7                      | Two<br>people's<br>opinions -<br>no<br>controlled<br>studies  | Yes,<br>background<br>information on<br>SBAR and how<br>the usage of<br>SBAR<br>increases<br>patient safety                         |
| Kenney, E., Martin, M., McClain,<br>A., Stanley, R., Saunders, J., Lo,<br>C., & Cohen, D. (2019). Nurse-<br>driven simulations to prepare and<br>educate for a clinical trial.<br><i>Clinical Simulation in Nursing 28</i> ,<br>35-38.<br>https://doi.org/10.1016/j.ecns.201<br>8.12.005                                     | Purpose was to<br>demonstrate<br>high-fidelity<br>simulations can<br>be effectively<br>used to train ER<br>personnel. –<br>intended for<br>healthcare<br>educators | N = 9713<br>seizure<br>simulations<br>were conducted<br>– ER personnel | Quiz on how<br>to treat seizure<br>patients was<br>administered<br>to all ER staff | Staff who had<br>completed the seizure<br>simulation were 3 times<br>more likely to answer<br>the questions correctly,<br>and 98.8% of the study<br>participants found the<br>simulations helpful  | Quasi-<br>experimental<br>design level 3       | Simulations<br>were<br>informal<br>and were<br>conducted<br>like mock<br>codes. No<br>time length<br>for<br>simulation<br>was given | Yes,<br>demonstrated<br>the<br>effectiveness of<br>simulation in<br>general but did<br>not use SBAR<br>as part of the<br>simulation |

| Article Title, Author, etc. (Current<br>APA Format)   | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                 | Methods  | Study Results   | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations   | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.  |
|---|---|---|--|---|--|--|---|
| Kostiuk, S. (2015). Can learning<br>the ISBARR framework help to<br>address nursing students'<br>perceived anxiety and confidence<br>levels associated with handover<br>reports? <i>Journal of Nursing</i><br><i>Education, 54</i> (10), 583-587.<br>https://doi.10.3928/01484834-<br>20150916-07     | Purpose to<br>demonstrate<br>effects on<br>anxiety and<br>confidence of<br>nursing students<br>after SBAR<br>simulation   | N = 28 nursing<br>students<br>intended for<br>healthcare<br>educators | Pre-and-post<br>surveys after<br>SBAR<br>simulations   | Simulated SBAR<br>training significantly<br>decreased anxiety and<br>increased the confidence<br>levels of the study<br>participants                                | Quasi-<br>experimental<br>design level 3       | Study only<br>conducted<br>once should<br>be<br>conducted<br>again to<br>demonstrate<br>validity | Yes,<br>demonstrated<br>self-confidence<br>levels were<br>increased after<br>SBAR<br>simulations  |
| Kostoff, M., Burkhardt, C.,<br>Winter, A., & Shrader, S. (2016).<br>Instructional design and<br>assessment: An interprofessional<br>simulation using the SBAR<br>communication tool. <i>American</i><br><i>Journal of Pharmaceutical</i><br><i>Education</i> , 80(9). Retrieved from<br>www.amjpe.org | Demonstrated<br>the effectiveness<br>of using<br>simulations to<br>teach study<br>participants<br>about SBAR<br>usage – meant<br>for health<br>advantors  | 96 pharmacy<br>students were<br>part of this<br>study.                | Study<br>participants<br>were asked to<br>answer a 20-<br>question<br>survey after<br>completing<br>SBAR training<br>using<br>simulations.                             | Use of SBAR<br>simulations improved<br>the study participants'<br>confidence, competence,<br>and attitudes toward<br>SBAR utilization.                              | Quasi-<br>experimental<br>design level 3       | Study was<br>limited to<br>one cohort<br>of<br>pharmacy<br>students ( <i>N</i><br>= 96).         | Yes,<br>demonstrated<br>using<br>simulations is<br>an effective<br>way to teach<br>SBAR.  |
| Lee, S., Dong, L., Lim, Y., Poh,<br>C., & Lim, W. (2016). SBAR:<br>toward a common<br>interprofessional team-based<br>communication tool. <i>Medical</i><br><i>Education</i> , <i>50</i> , 1145-1172.<br>http://dx.doi.org/doi:10.1111/med<br>u.13171   | educators<br>Demonstrated<br>the use of<br>simulations and<br>discussion-based<br>small-groups<br>was an effective<br>method to<br>educate study<br>participants<br>about SBAR –<br>meant for health<br>educators | 32 health care<br>leaders   | Simulations.<br>Completion of<br>a 14-question<br>survey after a<br>three-hour<br>SBAR training<br>– which<br>included<br>simulation and<br>small group<br>discussions | Participants endorsed<br>the utilization of SBAR.<br>Researchers also<br>determined there was an<br>increase of SBAR usage<br>after the SBAR<br>education sessions. | Quasi-<br>experimental<br>design level 3       | Small<br>sample size<br>(N = 32)   | Yes,<br>demonstrated<br>that SBAR can<br>be effectively<br>taught using<br>simulations and<br>that education<br>can increase<br>SBAR usage. |

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|--|---|---|--|---|--|--|--|
| Lubbers, J., & Rossman C.<br>(2016). The effects of pediatric<br>community simulation experience<br>on the self-confidence and<br>satisfaction of baccalaureate<br>nursing students: A quasi-<br>experimental study. <i>Nurse</i><br><i>Education Today 39</i> , 93-98.<br>https://dx.doi.org/10.1016/j.nedt.2<br>016.01.013   | Purpose was to<br>demonstrate the<br>effects of<br>pediatric<br>community<br>simulations on<br>nursing<br>student's self-<br>confidence | N = 54 nursing<br>students –<br>intended for<br>healthcare<br>educators | Pre-and-post<br>surveys were<br>completed<br>after a<br>pediatric<br>community<br>simulation   | Self-confidence levels<br>were increased after the<br>pediatric community<br>simulations were<br>completed.                                     | Quasi-<br>experimental<br>design level 3       | Study<br>should be<br>repeated to<br>demonstrate<br>validity   | Yes,<br>demonstrated<br>simulations can<br>affect self-<br>confidence –<br>simulation was<br>not completed<br>using SBAR                                     |
| Manojilovich, M., Squires, J.,<br>Davies, B., & Graham, I. (2015).<br>Hiding in plain sight:<br>communication theory in<br>implementation science.<br>Implementation <i>Science</i> , <i>10</i> (58),<br>1-11.<br>https://doi.org/10.1186/s13012-<br>015-0244-y  | Literature<br>review –<br>explaining the<br>communication<br>theory   | Review of 28<br>published<br>papers                                     | Review of<br>literature  | Use of the<br>communication theory<br>will increase the<br>effectiveness during the<br>exchange of information<br>between healthcare<br>workers | Expert opinion<br>level 7                      | Not an easy<br>article to<br>read  | Yes, source for<br>background<br>information<br>only   |
| Maraccini, A., Houmanfar, R.,<br>Kemmelmeier, M., Piasicki, M.,<br>& Slonim, A. (2018). An<br>interprofessional approach to train<br>and evaluate communication<br>accuracy and completeness during<br>the delivery of nurse-physician<br>student handoffs. <i>Journal of</i><br><i>Interprofessional Education &amp;</i><br><i>Practice, 12,</i> 65-72.<br>https://doi.org/10.1016/j.xjep.201<br>8.06.003 | Impact of using<br>IPASS on<br>completeness<br>and accuracy of<br>communications<br>between nurses<br>and doctors                       | N = 132<br>intended for all<br>healthcare<br>workers                    | Pre-and-post<br>comparative<br>design was<br>used to<br>evaluate the<br>use of IPASS<br>communicatio<br>n tool before<br>and after<br>training | Significant change in<br>correct and effective<br>communication was<br>noted after the IPASS<br>training  | Quasi-<br>experimental level<br>3              | Completed<br>on nursing<br>and medical<br>students<br>only – with<br>no working<br>knowledge<br>of IPASS | Yes,<br>information on<br>a different<br>communication<br>tool will be<br>used for<br>background<br>material only –<br>study was not<br>conducted on<br>SBAR |

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|---|--|--|--|--|---|------------------------------------|--|
| Martin, H., & Ciurzynski, S.<br>(2015). Situation, background,<br>assessment, and recommendation<br>– guided huddles improve<br>communication and teamwork in<br>the emergency department.<br><i>Journal of Emergency Nursing, 41</i><br>(6), 484-488.<br>http://dx.doi.org/10.1016/j.jen.201<br>5.05.017 | Determine the<br>effects of using<br>the SBAR<br>communication<br>during huddles<br>in a pediatric ER<br>-meant for all<br>medical workers       | N = 3432 nurses<br>and 2 DNPs  | Pre-and-post<br>tests and<br>structured<br>observations<br>after the use of<br>SBAR in<br>huddles<br>completed in<br>the pediatric<br>ER | The use of SBAR during<br>huddles improved<br>communication,<br>teamwork, and nurse<br>satisfaction scores.<br>Concluded enhanced<br>communication would<br>improve patient safety.                | Quasi-<br>experimental<br>design level 3                                  | Only<br>conducted<br>in one unit   | No, useful<br>information but<br>demonstrated<br>improved<br>communication,<br>teamwork, and<br>nurse satisfaction<br>and simply drew<br>a conclusion on<br>the effects on<br>medical errors |
| Merten, H. (2017). Safe handover.<br><i>British Medical Journal, 359.</i><br>https://doi.10.1136/bmj.j4328  | Defines the term<br>handover and<br>how and why it<br>should be<br>completed<br>correctly  | n/a  | n/a  | Article validating the<br>use of handovers, the<br>best way to complete a<br>handover, and how<br>effective handovers<br>increase patient safety   | Expert opinion<br>level 7   | One<br>person's<br>opinion         | Yes, source of<br>background<br>information and<br>explains how<br>important<br>SBAR is to<br>handovers  |
| Muller, M., Jurgens, J., Redaelli,<br>M., Klingberg, K., Hautz, W., &<br>Stock, S. (2018). Impact of the<br>communication and patient<br>handoff tool SBAR on patient<br>safety: a systemic review. <i>BMJ</i><br><i>Open</i> , 8.<br>http://dx.doi.org/doi:10.1136/bmj<br>open-2018-022202               | Demonstrated<br>the effect of<br>using SBAR on<br>patient safety.  | Systematic<br>review of 8<br>published<br>research<br>articles. Each<br>study had<br>similar training<br>– improvement<br>of SBAR lead<br>to an increase in<br>patient safety. | Review of 8<br>published<br>research<br>articles, all<br>with similar<br>training and<br>objectives.                                     | Review found an<br>increase in patient safety<br>when SBAR was used<br>correctly. Also noted a<br>significant increase in<br>patient safety when<br>SBAR was utilized with<br>phone conversations. | Systematic review<br>of descriptive and<br>qualitative studies<br>level 5 | Limited to<br>8 research<br>papers | Yes,<br>demonstrated<br>effective SBAR<br>usage will<br>increase patient<br>safety,<br>especially when<br>the<br>communication<br>occurred over<br>the phone.                                |
| Oh, P., Jeon, K., & Koh, M.<br>(2015). The effects of simulation-<br>based learning using standardized<br>patients in nursing students: A<br>meta-analysis. <i>Nurse Education</i><br><i>Today 35</i> (6-15).<br>https://dx.doi.org/10.1016/j.nedt.2<br>015.01.01912                                      | Literature<br>review to<br>evaluate the<br>effect of<br>simulations on<br>cognitive,<br>affective, and<br>psychomotor<br>outcomes of<br>learning | Review of 18<br>articles –<br>intended for<br>health educators   | Review of 18<br>articles   | Simulations have an<br>impact on self-efficacy<br>and learning motivation<br>and affect knowledge<br>and skill acquisition   | Systematic review<br>level 1  | Review of<br>only 18<br>papers     | Yes, source of<br>background<br>information on<br>the effects of<br>simulation   |

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|--|---|--|---|--|--|--|---|
| Park, L. (2019) Using the SBAR<br>handover tool. <i>British Journal of</i><br><i>Nursing</i> .<br>Laura.j.park@northumbria.ac.unv  | Letter to the<br>Editor   | n/a  | n/a   | SBAR is an effective<br>communication tool for<br>handovers and helps to<br>improve patient safety   | Expert opinion<br>level 7                      | One<br>person's<br>opinion   | Yes, source of<br>information for<br>SBAR and how<br>it can be used<br>effectively to<br>increase patient<br>safety   |
| Patterson, P. (2016).<br>Retrospective: tracking the impact<br>of communications effectiveness<br>on client satisfaction, trust and<br>loyalty in professional services.<br><i>Journal of Services Marketing</i> ,30<br>(5) 485-489.<br>https://doi.10.1108/JSM-05-2016-<br>0190   | To update a<br>paper written in<br>1999 entitled –<br>The impact of<br>communication<br>effectiveness<br>and service<br>quality on<br>relationship<br>commitment in<br>consumer,<br>professional<br>services. | Review of<br>articles – meant<br>for service<br>workers                  | Review of<br>articles   | Effective<br>communication helps to<br>ensure productive<br>client/employee<br>relationships, increase<br>client engagement, and<br>client empowerment | Descriptive design<br>level 6                  | Paper draws<br>many<br>conclusions<br>based on<br>one<br>person's<br>opinion | No, did draw<br>conclusions<br>that<br>communication<br>between people<br>is necessary to<br>improve their<br>relationships,<br>but this article<br>was not written<br>directly for<br>health care<br>workers |
| Panesar, R., Albert, B., Messina,<br>C., Parker, M. (2016). The effect<br>of an electronic SBAR<br>communication tool on<br>documentation of acute events in<br>the pediatric intensive care unit.<br><i>American Journal of Medical</i><br><i>Quality</i> , <i>31</i> (1), 64-68.<br>https://doi.org/10.1177/10628606<br>14553263 | To demonstrate<br>the usage rates<br>of various forms<br>of the SBAR<br>communication<br>tool – paper<br>versus electronic  | Review of<br>medical charts<br>– meant for all<br>health care<br>workers | Review of 84<br>of 542<br>pediatric<br>charts to<br>determine how<br>often written<br>or electronic<br>SBAR tool<br>was used by<br>hospital staff | The electronic SBAR<br>tool was used more<br>often by hospital staff   | Descriptive design<br>level 6                  | The study<br>only looked<br>at 84 or the<br>542 charts                       | No,<br>demonstrated<br>the SBAR tool<br>is being used as<br>an effective<br>communication<br>tool but did not<br>provide<br>evidence about<br>how to best<br>teach how to<br>use the tool                     |

| Article Title, Author, etc. (Current<br>APA Format)  | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                                | Methods   | Study Results  | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations   | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.   |
|--|---|--|---|--|--|--|--|
| Pokojava, R., & Bartlova, S.<br>(2018). Effective communication<br>and sharing information at clinical<br>handovers. <i>Central European</i><br><i>Journal of Nursing and</i><br><i>Midwifery</i> , 9 (4), 947-955.<br>htpps://10.15452/CEJNM.2018.09<br>.0028   | Literature<br>review to<br>determine how<br>handover<br>information is<br>completed   | Review of 28<br>articles –<br>intended for all<br>healthcare<br>workers              | Integrative<br>Review of 28<br>articles                                 | There were two<br>communication tools<br>used in the 28 articles<br>which were reviewed.<br>SBAR and IPASS were<br>used in 18 of the<br>articles. The authors<br>concluded transfer of<br>information can be<br>problematic. | Systematic review<br>level 1                   | Limited to<br>28 papers  | Yes,<br>information for<br>background to<br>demonstrate<br>SBAR and<br>IPASS are two<br>communication<br>tools widely<br>used in the<br>healthcare<br>settings |
| Riesenberg, L., Leitzsch, J., &<br>White, B. (2019). Systematic<br>review of handoff mnemonics<br>literature. <i>American Journal of</i><br><i>Medical Quality</i> , <i>34</i> (5), 446-454.<br>htpps://10.1177/10628606093325<br>12   | Literature<br>review of<br>handoff<br>mnemonics   | Review of 46<br>articles –<br>intended for<br>healthcare<br>workers and<br>educators | Review of 46<br>articles  | Of the 24 handoff<br>mnemonics uncovered<br>in the review, SBAR<br>was mentioned 69% of<br>the time.   | Systematic review<br>level 1                   | Only one<br>article had<br>IRB<br>approval,<br>and a<br>review of<br>more<br>articles in<br>peer-<br>reviewed<br>literature<br>should be<br>used | Yes, source for<br>background<br>information<br>concerning<br>SBAR and<br>other<br>communication<br>tools  |
| Reising, D., Carr, D., Gindling,<br>S., Barnes, R., Garletts, D., &<br>Ozdogan, Z. (2017). An analysis<br>of interprofessional<br>communication and teamwork<br>skill acquisition in simulation.<br><i>Journal of Interprofessional</i><br><i>Education &amp; Practice 8</i> , 80-85.<br>https://dx.doi.org/10.1016/xjep.20<br>17.07.001 | Purpose to<br>demonstrate the<br>effects of<br>repeated SBAR<br>simulations on<br>nursing<br>student's<br>communication<br>skills | N = 59 nursing<br>students<br>Intended for<br>healthcare<br>educators                | Nursing<br>students were<br>evaluated after<br>each SBAR<br>simulations | Repeated simulations<br>improved<br>communication skills   | Quasi-<br>experimental<br>design level 3       | Study<br>should be<br>repeated to<br>check for<br>validity   | Yes,<br>demonstrated<br>2-hour<br>simulations<br>were effective,<br>and that<br>repeated<br>(twice) were<br>also effective                                     |

| Article Title, Author, etc. (Current<br>APA Format)  | Study Purpose<br>Demographics  | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                      | Methods   | Study Results  | Level of Evidence<br>(Use Melnyk<br>Framework)                            | Study<br>Limitations   | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.  |
|--|--|--|---|--|---|--|---|
| Schmidt, K., Taylor, A., &<br>Pearson, A. (2017). Reduction of<br>medication of medication errors: a<br>unique approach. <i>Journal of</i><br><i>Nursing Care Quality</i> , <i>32</i> (2), 150-<br>156.<br>https://doi.org/10.1097/NCQ.0000<br>00000000217                     |  | Focus groups<br>consisting of<br>nurses                                    | Focus groups<br>discussed the<br>Socio-<br>Technical<br>Probabilistic<br>Risk<br>Assessment<br>tool | The focus groups<br>determined using just<br>three of the<br>recommended 11 steps<br>would result in<br>medication error<br>reduction    | Descriptive design<br>level 6   | Only<br>looked at<br>the<br>administrati<br>on of IV<br>medications  | No, this article<br>does not<br>address<br>communication<br>errors  |
| Scott, L. (2016). Medication<br>errors. <i>Nursing Standard</i> , <i>30</i> (35).<br>http://dx.doi.org/doi:10.7748/ns.3<br>0.35.61.s49   | Demonstrated<br>that medication<br>errors are very<br>common and are<br>preventable.   | Systematic<br>review of<br>articles<br>concerning<br>medication<br>errors. | Systematic<br>review of<br>articles<br>concerning<br>medication<br>errors                           | Review noted<br>medication errors are<br>common and that<br>communication errors<br>are the number one<br>cause of medication<br>errors. | Systematic review<br>of descriptive and<br>qualitative study<br>level 5   | Limited to<br>medication<br>errors that<br>occurred in<br>L&D units. | No, limited to<br>L&D units and<br>limited papers<br>reviewed.<br>Information can<br>be found in<br>other sources.  |
| Shahid, S., & Thomas, S. (2018).<br>Situation, background,<br>assessment, recommendation<br>(SBAR) communication tool for<br>handoff in health care – A<br>narrative review. <i>Safety in Health</i> ,<br><i>4</i> (7).<br>http://dx.doi.org/doi.10.1186/s408<br>86-018-0073-1 | Narrative review<br>of 12 studies<br>looking into the<br>challenges of<br>communication<br>among health<br>care providers,<br>use of SBAR to<br>effectively<br>handoff patient<br>data, comparison<br>of SBAR with<br>other<br>communication<br>tools, and<br>limitations of the<br>SBAR tool. | Review of 12<br>published SBAR<br>research studies                         | Systematic<br>review of 12<br>published<br>SBAR<br>research<br>studies                              | SBAR is a reliable and<br>effective<br>communication tool that<br>has been approved by<br>the Joint Commission,<br>AHRQ, IHI, and WHO.   | Systematic review<br>of descriptive and<br>qualitative studies<br>level 5 | Limited to<br>12 research<br>papers                                  | Yes, very<br>information<br>about SBAR –<br>how it can be<br>effectively<br>used, how<br>using SBAR<br>will reduce<br>medical errors,<br>and how the<br>utilization of<br>SBAR<br>increases<br>patient safety |

| Article Title, Author, etc. (Current<br>APA Format)   | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.) | Methods   | Study Results   | Level of Evidence<br>(Use Melnyk<br>Framework)                            | Study<br>Limitations  | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.   |
|---|---|---|---|---|---|---|--|
| Shrader, S., Dunn, B., Blake, E.,<br>& Phillips, C. (2015, May 15).<br>Incorporating of simulations using<br>standardized colleagues improve<br>interprofessional communication<br>skills and self-confidence.<br><i>American Journal of</i><br><i>Pharmaceutical Education</i> , 79(4),<br>1-8. Retrieved from<br>www.ajpe.edu | Demonstrated<br>the use of using<br>simulations to<br>teach SBAR<br>improved<br>interprofessional<br>communication<br>and self-<br>information. | 96 pharmacy<br>students                               | Pre-and-post<br>surveys were<br>completed by<br>study<br>participants.<br>The SBAR<br>training was<br>completed<br>using<br>simulations.  | There was a significant<br>increase in<br>communication skills<br>and self-confidence after<br>the SBAR simulations.  | Quasi-<br>experimental<br>design level 3                                  | Limited to<br>one<br>pharmacy<br>cohort with<br>a small<br>sample size<br>(N = 96). | Yes,<br>demonstrated<br>how effectively<br>simulations can<br>be used to teach<br>SBAR.  |
| Spruce, L. (2016). Back to basics:<br>patient care transitions. <i>AORN</i><br><i>Journal</i> , <i>104</i> , (5), 426-432.<br>http://dx.doi.org/10.1016/j.aorn.20<br>16.08.014  | Explanation of<br>two different<br>communication<br>tools – SBAR<br>and SWITCH  | N/A   | Discussion of<br>two<br>communicatio<br>n tools   | Did not draw a<br>conclusion as to the<br>most effective<br>communication tool –<br>stated the use of any<br>communication tool<br>would reduce medical<br>errors   | Expert opinion<br>level 7   | No,<br>conclusions<br>were drawn  | No, useful<br>information,<br>but no<br>conclusions<br>were drawn<br>which stated<br>SBAR was the<br>most effective<br>communication<br>tool |
| Stewart, K., & Hand, K. (2017,<br>September/October). SBAR,<br>communication, and patient<br>safety: An integrated literature<br>review. <i>Medsurg Nursing</i> , <i>26</i> ,<br>297-305. Retrieved from<br>https://liberty-alma-<br>exlibrisgroup.com  | Systematic<br>review of 21<br>studies<br>reviewing the<br>SBAR<br>framework and<br>how SBAR can<br>be used<br>effectively.                      | Systematic<br>review of 21<br>studies.                | Search of<br>PubMed,<br>CinAhl<br>Complete, and<br>Cochrane<br>Library<br>databases.<br>After<br>exclusion<br>criteria, 21<br>articles were<br>used for this<br>systematic<br>review. | Four common themes<br>regarding SBAR were<br>noted: SBAR creates a<br>common language,<br>SBAR increases the<br>confidence of the<br>speaker, SBAR<br>utilization improves<br>efficiency, efficacy, and<br>accuracy, and SBAR<br>improves the perception<br>of effective<br>communication | Systematic review<br>of descriptive and<br>qualitative studies<br>level 5 | Limited to<br>21 studies  | Yes, provides<br>good<br>background<br>information on<br>SBAR  |

| Article Title, Author, etc. (Current<br>APA Format)  | Study Purpose<br>Demographics   | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                             | Methods   | Study Results  | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations                                    | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.                              |
|--|---|---|---|--|--|---|---|
| Stevens, N., McNiesh, S., &<br>Goyal, D. (2020). Utilizing an<br>SBAR workshop with<br>baccalaureate nursing students to<br>improve communication skills.<br><i>Nursing Education Perspectives</i> ,<br><i>41</i> (2), 117-118.<br>https://doi.10.1097/01.NEP.00000<br>00000000518   | Purpose to<br>demonstrate the<br>effects of SBAR<br>simulation<br>training on<br>nursing<br>students' self-<br>confidence and<br>communication<br>anxiety                             | N = 35Nursing<br>students<br>intended for<br>health educators                     | Pre-and-post<br>survey after a<br>SBAR<br>simulation  | Significant change in<br>self-confidence was<br>noted after the SBAR<br>simulation. No change<br>noted in communication<br>anxiety after the SBAR<br>simulation.   | Quasi-<br>experimental<br>design level 3       | Small<br>sample size                                    | Yes,<br>demonstrated<br>increase in self-<br>confidence<br>after the SBAR<br>simulation<br>training                   |
| Taylor, M., Tucker, J.,<br>Donehower, C., Pabian, P.,<br>Dieker, L., Hynes, M., & Hughes,<br>C. (2017). Impact of Virtual<br>Simulation on the<br>interprofessional communication<br>skills of physical therapy students:<br>A pilot study. <i>Journal of Physical</i><br><i>Therapy Education</i> , <i>31</i> (3), 83-90. | Purpose to<br>demonstrate the<br>effects of<br>communication<br>simulations on<br>PT students'<br>ability to<br>exchange patient<br>information with<br>other healthcare<br>providers | N = 3 PT<br>students –<br>intended for<br>any healthcare<br>educators or<br>staff | Study<br>participants<br>completed a<br>60-minute<br>communicatio<br>n simulation<br>and were<br>observed and<br>evaluated<br>during the<br>process using<br>the SBAR<br>Interobserver<br>agreement | All participants<br>increased SBAR scores<br>after their second<br>simulation. Participants<br>also reported the<br>experience was<br>beneficial.                  | Quasi-<br>experimental level<br>3              | Small<br>sample size<br>only 3<br>study<br>participants | Yes,<br>demonstrated a<br>60-minute<br>SBAR<br>simulation was<br>effective in<br>improving<br>communication<br>skills |
| Ting, W., Peng, F., Lin, H., &<br>Hsiao, S. (2017). The impact of<br>situation-background-assessment-<br>recommendation (SBAR) on<br>safety attitudes in the obstetrics<br>department. <i>Taiwanese Journal of</i><br><i>Obstetrics &amp; Gynecology 56</i> , 171-<br>174.<br>https://dx.doi.org/10.1016/j.tjog.2<br>01    | Purpose to<br>demonstrate the<br>impact of SBAR<br>communication<br>tool on safety<br>attitudes and<br>APGAR scores<br>in an obstetrics<br>unit – meant for<br>health care<br>workers | Study was<br>conducted on<br>one obstetric<br>unit over a<br>period of 3<br>years | Pre and<br>posttest after a<br>five-minute<br>SBAR<br>simulation<br>lecture   | SBAR simulation<br>training had a positive<br>effect on safety attitudes<br>but did not have effect<br>on the number of babies<br>with APGAR scores less<br>than 5 | Quasi-<br>experimental level<br>3              | Study<br>completed<br>on one unit                       | Yes,<br>demonstrated a<br>five-minute<br>SBAR<br>simulation had<br>a positive effect<br>on safety<br>attitudes        |

| Article Title, Author, etc. (Current<br>APA Format)  | Study Purpose<br>Demographics  | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                       | Methods   | Study Results  | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations  | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.                |
|--|--|---|---|--|--|---|---|
| Uhm, J., Ko, Y., & Kim, S.<br>(2019). Implementation of an<br>SBAR communication program<br>based on experiential learning<br>theory in a pediatric nursing<br>practicum: A quasi-experimental<br>study. <i>Nurse Education Today</i> ,<br><i>80</i> , 78-84.<br>https://doi.org/10.1016/j.nedt.201<br>9.05.034  | Purpose was to<br>demonstrate the<br>effects of SBAR<br>simulation on<br>communication<br>clarity and<br>handover<br>confidence                      | N = 81 nursing<br>students<br>intended for<br>health educators              | Pre-and-post<br>survey after a<br>SBAR<br>simulation  | Significant increase in<br>communication clarity<br>and confidence after the<br>SBAR simulation  | Quasi-<br>experimental<br>design level 3       | Study was<br>only<br>completed<br>once –<br>should be<br>repeated to<br>test validity | Yes,<br>demonstrated<br>increase in self-<br>confidence<br>after SBAR<br>simulation                     |
| Wang, W., Liang, Z., Blazeck, A.,<br>& Greene, B. (2015). Improving<br>Chinese nursing students'<br>communication skills by utilizing<br>video-stimulated recall and role-<br>play case scenarios to introduce<br>them to the SBAR technique.<br><i>Nurse Education Today</i> , <i>35</i> , 881-<br>887.<br>http://dx.doi.org/doi.10.1016/j.ned<br>t.2015.02.010 | Demonstrate the<br>change in<br>attitude toward<br>utilizing SBAR<br>after a workshop<br>covering SBAR.  | 18 Chinese<br>nursing students<br>participated in<br>the study              | Pre-and-post<br>surveys were<br>completed.<br>Study<br>participants<br>completed a<br>workshop<br>concerning<br>SBAR. | The post-surveys<br>demonstrated an<br>increase in attitude,<br>increase in usage, and<br>increase of self-<br>confidence regarding<br>SBAR. | Quasi-<br>experimental<br>design level 3       | Small<br>sample size<br>(N = 18)<br>and only<br>one cohort<br>of students             | Yes, did<br>demonstrate<br>SBAR<br>education did<br>change<br>attitudes, usage,<br>and confidence.      |
| Whittemore, R., & Knafl, K.<br>(2005). The integrative review:<br>updated methodology. <i>Journal of</i><br><i>Advanced Nursing</i> , 52(5), 546-<br>553.  | To distinguish<br>an integrative<br>review method<br>from other<br>methods used<br>for reviews<br>(systematic,<br>meta-analysis,<br>and qualitative) | n/a   | Discussion of<br>review<br>methods  | Suggested use of<br>updated review method<br>for integrative review<br>articles  | n/a  | opinions  | Yes – will<br>suggest<br>framework for<br>integrative<br>reviews  |
| Woda, A., Dreifuerst, K., &<br>Garnier-Villarreal, M. (2019). The<br>impact of supplemental simulation<br>on newly licensed registered<br>nurses. <i>Clinical Simulation in</i><br><i>Nursing</i> 28, (1-5).<br>https://doi.org/10.1016/j.ecns.201<br>8.12.002   | Purpose was to<br>evaluate the<br>difference<br>between clinical<br>experience only<br>and clinical<br>experience and<br>SBAR<br>simulations         | N = 115<br>Nursing<br>students –<br>intended for<br>healthcare<br>educators | 11111   | The cohort with SBAR<br>training during clinical<br>and simulations had<br>higher job satisfaction<br>(six months after<br>graduating)       | Quasi-<br>experimental level<br>3              | Only<br>completed<br>once –<br>study needs<br>to be<br>repeated                       | Yes, source of<br>SBAR<br>background<br>information and<br>effects of<br>SBAR<br>simulation<br>training |

| Article Title, Author, etc. (Current<br>APA Format)   | Study Purpose<br>Demographics  | Sample<br>(Characteristics<br>of the Sample,<br>etc.)                 | Methods   | Study Results   | Level of Evidence<br>(Use Melnyk<br>Framework) | Study<br>Limitations  | Would Use as<br>Evidence to<br>Support a<br>Change? (Yes<br>or No) Provide<br>Rationale.                   |
|---|--|---|---|---|--|---|--|
| Yeh, V., Sherwood, G., Durham,<br>C., Kardong-Edgren, S.,<br>Schwartz, T., & Beeber, L.<br>(2019). Online simulation-based<br>mastery learning with deliberate<br>practice: Developing<br>interprofessional communication<br>skill. <i>Clinical Simulation in</i><br><i>Nursing</i> , <i>32</i> , 27-38.<br>https://doi.org.10.1016/j.ecns.201<br>9.04.005  | Comparison of<br>online versus in-<br>person SBAR<br>simulation<br>training  | N = 43 Nursing<br>students<br>intended for<br>healthcare<br>educators | Pre- and<br>posttest survey<br>after either an<br>online or in-<br>person SBAR<br>training<br>session | Higher confidence levels<br>were noted in nursing<br>students who completed<br>the online SBAR<br>training  | Quasi-<br>experimental<br>design level 3       | Study was<br>only<br>completed<br>once needs<br>to be<br>repeated to<br>demonstrate<br>validity         | Yes,<br>demonstrated<br>SBAR<br>simulation<br>increased<br>communication<br>self-confidence                |
| Yu, M., & Kang, K. (2017).<br>Effectiveness of a role-play<br>simulation program involving the<br>SBAR technique: A quasi-<br>experimental study. <i>Nurse</i><br><i>Education Today 53</i> , 41-47.<br>https://dx.doi.org/10.1016/j.mnedt<br>.2017.04.002  | Purpose to<br>create a SBAR<br>communication<br>simulation and<br>to evaluate the<br>effects of the<br>simulation          | N = 62 Nursing<br>students<br>intended for<br>healthcare<br>educators | Pre-and-post<br>survey after a<br>SBAR<br>simulation  | Increase in<br>communication clarity,<br>handover confidence,<br>and education<br>satisfaction were<br>demonstrated after the<br>SBAR simulation              | Quasi-<br>experimental<br>design level 3       | Study was<br>only<br>completed<br>once –<br>should be<br>repeated to<br>demonstrate<br>validity         | Yes,<br>demonstrated<br>increase in self-<br>confidence  |
| Zarifsanaiey, N., Amini, M., &<br>Saadat, F. (2016). A comparison<br>of educational strategies for the<br>acquisition of nursing student's<br>performance and critical thinking:<br>simulation-based training vs.<br>integrated training (simulation and<br>critical thinking strategies). <i>BMC</i><br><i>Medical Education</i> , <i>16</i> , 294.<br>https://doi.org/10.1186/s12909-<br>016-0812-0 | Purpose was to<br>demonstrate the<br>effects of<br>simulation<br>versus lecture on<br>critical thinking<br>and performance | N = 40 Nursing<br>students<br>intended for<br>healthcare<br>educators | Pre-and-post<br>survey after<br>either a lecture<br>or a simulation                                   | Performance levels<br>increased in the group<br>who completed<br>simulations. Critical<br>thinking skills were not<br>increased by either<br>teaching method. | Quasi-<br>experimental<br>design level 3       | Study was<br>only<br>conducted<br>once should<br>be<br>conducted<br>again to<br>demonstrate<br>validity | Yes,<br>demonstrated<br>simulations<br>have a greater<br>effect on<br>performance<br>than lecture<br>alone |

## Appendix B

## **IRB** Approval

# LIBERTY UNIVERSITY. INSTITUTIONAL REVIEW BOARD

December 2, 2020

Jill Smith Lynne Sanders

Re: IRB Application - IRB-FY20-21-430 Analysis of Healthcare Miscommunication and How to Effectively Improve Communication Outcomes: An Integrative Review

Dear Jill Smith and Lynne Sanders,

The Liberty University Institutional Review Board (IRB) has reviewed your application in accordance with the Office for Human Research Protections (OHRP) and Food and Drug Administration (FDA) regulations and finds your study does not classify as human subjects research. This means you may begin your research with the data safeguarding methods mentioned in your IRB application.

Decision: No Human Subjects Research

Explanation: Your study is not considered human subjects research for the following reason:

(1) It will not involve the collection of identifiable, private information.

Please note that this decision only applies to your current research application, and any modifications to your protocol must be reported to the Liberty University IRB for verification of continued non-human subjects research status. You may report these changes by completing a modification submission through your Cayuse IRB account.

Also, although you are welcome to use our recruitment and consent templates, you are not required to do so. If you choose to use our documents, please replace the word *research* with the word *project* throughout both documents.

If you have any questions about this determination or need assistance in determining

whether possible modifications to your protocol would change your application's status, please email us at <u>irb@liberty.edu</u>.

Sincerely,

## G. Michele Baker, MA, CIP

Administrative Chair of Institutional Research

#### Appendix C

### City Training Validation

Completion Date 29-Mar-2020 Expiration Date 29-Mar-2023 Record ID 36098921 This is to

certify that: Jill Smith Has completed the following CITI Program course: Biomedical Research -

Basic/Refresher (Curriculum Group) Biomedical & Health Science Researchers (Course Learner

Group) 1 - Basic Course (Stage) Under requirements set by: Liberty University Not valid for

renewal or certification through CME. Do not use for TransCelerate mutual recognition (see

Completion Report).

COLLABORATIVE INSTITUTIONAL TRAINING INITIATIVE (CITI PROGRAM) COMPLETION REPORT - PART 1 OF 2 COURSEWORK REQUIREMENTS\* \* NOTE: Scores on this Requirements Report reflect quiz completions at the time all requirements for the course were met. See list below for details. See separate Transcript Report for more recent quiz scores, including those on optional (supplemental) course elements. • Name: Jill Smith (ID: 9034477) • Institution Affiliation: Liberty University (ID: 2446) • Institution Email: jssmith14@liberty.edu • Curriculum Group: Biomedical Research - Basic/Refresher • Course Learner Group: Biomedical & Health Science Researchers • Stage: Stage 1 - Basic Course • Description: Choose this group to satisfy CITI training requirements for Investigators and staff involved primarily in biomedical research with human subjects. • Record ID: 36098921 • Completion Date: 29-Mar-2020 • Expiration Date: 29-Mar-2023 • Minimum Passing: 80 • Reported Score\*: 98

<u>Rehttps://www.citiprogram.org/verify/?wd41010ba-6860-4dbb-96ae-365be2683b19-36098921search Ethics Office</u>



**Biomedical Research - Basic/Refresher** Biomedical & Health Science Researchers (Course Learner Group) 1 - Basic Course

(Curriculum Group) (Stage)

Under requirements set by:

**Liberty University** 



Collaborative Institutional Training Initiative

Verify at www.citiprogram.org/verify/?wd41010ba-6860-4dbb-96ae-365be2683b19-36098921