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The TrkA agonist gambogic amide augments skeletal adaptation to mechanical loading

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ABSTRACT

The periosteal and endosteal surfaces of mature bone are densely innervated by sensory nerves expressing TrkA, the high-affinity receptor for nerve growth factor (NGF). In previous work, we demonstrated that administration of exogenous NGF significantly increased load-induced bone formation through the activation of Wnt signaling. However, the translational potential of NGF is limited by the induction of substantial mechanical and thermal hyperalgesia in mice and humans. Here, we tested the effect of gambogic amide (GA), a recently identified robust small molecule agonist for TrkA, on hyperalgesia and load-induced bone formation. Behavioral analysis was used to assess pain up to one week after axial forelimb compression. Contrary to our expectations, GA treatment was not associated with diminished use of the loaded forelimb or sensitivity to thermal stimulus. Furthermore, dynamic histomorphometry revealed a significant increase in relative periosteal bone formation rate as compared to vehicle treatment. Additionally, we found that GA treatment was associated with an increase in the number of osteoblasts per bone surface in loaded limbs as well as a significant increase in the fold change of *Ngf*, *Wnt7b*, and *Axin2* mRNA expression as compared to vehicle (control). To test the effect of GA on osteoblasts directly, we cultured MC3T3-E1 cells for up to 21 days in osteogenic differentiation media containing NGF, GA, or vehicle (control). Media containing GA induced the significant upregulation of the osteoblastic differentiation markers *Runx2*, *Bglap2*, and *Sp7* in a dose-dependent manner, whereas treatment with NGF was not associated with any significant increases in these markers. Furthermore, consistent with our *in vivo* findings, we observed that administration of 50 nM of GA upregulated expression of *Ngf* at both Day 3 and Day 7. However, cells treated with the highest dose of GA (500 nM) had significantly increased apoptosis and impaired cell proliferation. In conclusion, our study indicates GA may be useful for augmenting skeletal adaptation to mechanical forces without inducing hyperalgesia.

INTRODUCTION

The mammalian skeleton is highly responsive to mechanical stimuli¹. Through a process known as mechanotransduction, bone cells sense and convert mechanical cues into biochemical signals, which subsequently direct and mediate both anabolic and catabolic processes. The signaling mechanisms that mediate load-induced bone formation have been studied extensively using a variety of experimental models^{1,2}. Recent work from our lab and others has observed significant upregulation of nerve growth factor (NGF) in bone following both forelimb and tibial compression in mice³⁻⁵. Furthermore, we have shown that the inhibition of neurotrophic tyrosine kinase receptor 1 (TrkA), the high-affinity receptor for NGF expressed on the vast majority of sensory nerves in adult bone^{6,7}, significantly diminished load-induced bone formation; on the other hand, administration of exogenous NGF significantly increased bone formation following loading⁴. In total, these experiments established the therapeutic potential of leveraging NGF-TrkA signaling to improve the anabolic response of the skeleton to mechanical load.

Unfortunately, administration of NGF is known to induce long-lasting mechanical and thermal hyperalgesia, as previously reported in both mice and humans⁸⁻¹¹. Indeed, these painful side effects ultimately ended the promising clinical trials of recombinant human NGF to treat diabetes- and HIV-induced neuropathies^{10,12-15}. In addition to causing unwanted side effects, NGF is an unlikely candidate to use as an anabolic bone agent due to the inherent drawbacks of using polypeptides as drugs, including poor stability and bioavailability¹⁶. As a result, leveraging NGF-TrkA signaling therapeutically to increase bone formation in response to load, and thereby decreasing the risk of fatigue injury, will require an alternative method for stimulating this signaling pathway in bone.

Recent work has endeavored to characterize small and stable molecules that selectively bind to TrkA¹⁷⁻²⁰. Of particular note is gambogic amide (GA), a small molecule (627.8 Da) uncovered in a cell-based chemical genetic screen designed to identify TrkA agonists¹⁸. Similar to NGF, GA was found to significantly inhibit glutamate-induced neuronal cell death and induce robust neurite outgrowth in PC12 cells¹⁸. However, rather than inducing the dimerization of TrkA by binding to the extracellular ligand-binding region, GA appears to bind to the intracellular juxtamembrane domain of TrkA and facilitates NGF activity through allosteric activation of TrkA²¹. As a result, GA induces lower magnitude but longer lasting TrkA phosphorylation²⁰. Importantly, GA is inexpensive, well-tolerated in vivo, and readily available in large quantities.

In this study, we investigated the effect of GA on mice subjected to axial forelimb compression as well as MC3T3-E1 cells in culture. Our overall hypothesis was that administration of GA would increase NGF-TrkA signaling in bone following mechanical loading, leading to increases in load-induced bone formation and anabolic signaling, without the induction of marked thermal or mechanical hyperalgesia. Furthermore, we hypothesized that GA would not affect osteoblastic cells directly as they generally do not express TrkA, the high affinity receptor for NGF and target of GA. The results from our study reveal novel actions of GA in loaded bone.

METHODS

Mice. All procedures were approved by the Institutional Animal Care and Use Committee of Thomas Jefferson University (#02204). Adult C57BL/6J mice (Jackson Laboratory #000664) were used for all studies. Mice were housed at $72 \pm 2^\circ\text{F}$, exposed to a 12-hour light/dark cycle, and fed LabDiet 5001 Rodent Feed.

Mechanical Loading. Gambogic amide (0.4 mg/kg in 100 μL of 10% DMSO) or vehicle (100 μL of 10% DMSO) was administered via intraperitoneal injection one hour prior to loading. In experiments with multiple days of loading, GA or vehicle was only administered on day 0. Immediately before loading, mice were anesthetized using isoflurane gas (2-3%) and received buprenorphine (0.12 mg/kg, IP). Next, the right forelimb was axially compressed in specially designed fixtures using a material testing system 3 days consecutively as described previously^{4,22}. A 0.3 N preload was applied, followed by a cyclic rest-inserted trapezoidal waveform with a peak force of 3 N at 2 Hz for 100 cycles (TA Instruments Electroforce 3200). The left forelimb was not loaded and served as a contralateral control. Mice were allowed unrestricted cage activity after loading.

Histomorphometry. Bone formation rates were quantified by dynamic histomorphometry using undecalcified sections from the mid-diaphysis of loaded and non-loaded forelimbs. Mice were given intraperitoneal injections of calcein (10 mg/kg; Sigma C0875) and alizarin red (30 mg/kg; Sigma A3882) at day 3 and 8, respectively. Forelimbs were harvested at day 10, fixed in 10% neutral buffered formalin for 16-24 hours, and embedded in polymethylmethacrylate. Samples were sectioned at 100 μm using a low-speed saw (Isomet 1000) and mounted on glass slides with Eukitt mounting medium (Sigma 03989). After drying, sections were then polished to 50 μm and imaged using fluorescence microscopy (Nikon Eclipse E800). Images were analyzed for endosteal (Es) and periosteal (Ps) mineralizing surface (MS/BS), mineral apposition rate (MAR), and bone formation rate (BFR/BS), as defined by the ASBMR Committee for Histomorphometry Nomenclature²³. For analysis by static histomorphometry, sections were further polished, then stained with 50 $^\circ\text{C}$ preheated Sanderson's Rapid Bone Stain (Dorn & Hart Microedge S-SRBS1) for 30 seconds. Next, sections were then counterstained with room temperature acid fuchsin for 10 seconds and quickly dehydrated in 100% ethanol. Sections were imaged using bright-field microscopy and analyzed blinded to treatment group. Four 40x fields were analyzed to determine the average number of osteoblasts per bone surface and osteocytes per bone area. Osteoblasts were identified as cuboidal, mononuclear cells on the bone surface, whereas osteocytes were identified as cells residing within a lacuna in the cortical bone.

Mechanical and Thermal Sensitivity. Analyses were performed one day before the first bout of loading and then 1, 4, and 7 days following the final bout of loading. First, forelimb asymmetry testing was used to assess overall mechanical sensitivity of the loaded limb relative to the non-loaded limb. As in previous studies²⁴, mice were recorded for 5 minutes after being placed inside a clear cylindrical tube. Mirrors were positioned to allow visual inspection of the entire tube at once. Each incidence of vertical exploration was scored, with a score of 1 given for the right (loaded) forepaw, 0.5 for both forepaws, and 0 for only the left (non-loaded) forepaw. Following this, thermal sensitivity was assessed by measuring the response time of each mouse to a hotplate maintained at 55°C , as in previous work⁴. Mice were immediately removed from the hot plate following a paw lick, paw flick, jump, or after 30 seconds has elapsed without a response. Quantification was performed after the test using a video recording.

Osteoblast Culture. MC3T3-E1 Subclone 4 (ATCC CRL-2593) cells were recovered from liquid nitrogen and cultured to confluency in α -MEM (Corning, Mediatech, Inc) supplemented with 10%

fetal bovine serum and 1% penicillin/streptomycin in a 37 °C humidified incubator at 5% CO₂. Differentiation was induced by addition of 10 mM β-glycerol phosphate and 50 µg/ml ascorbic acid to the media after plating. For alizarin red staining and mRNA collection, cells were placed into six-well plates at a density of 50,000 cells/well. For apoptosis and proliferation assays, cells were seeded in 96-well plates at a density of 20,000 cells/well or 5,000 cells/well respectively. Cells were treated through their media with either vehicle (10% DMSO), nerve growth factor (50 ng/mL, from 100 µg/ml in 10% DMSO) (Envigo NGF 2.5S), or 5nM, 50nM, or 500nM GA (Enzo Life Sciences BML-N159-0001, 1 mg/ml in 10% DMSO) continuously over the course of each experiment. Media containing treatment was refreshed every 3-4 days.

In vitro assays. Mineralization was quantified following incubation for 3, 7, 14, or 21 days in osteogenic media. Alizarin red staining was performed using prepared reagents, according to the manufacturer's instructions (ScienCell, ARed-Q). Stain absorbed by cells was quantified by reading the absorbance of collected cells using a plate reader (Tecan M1000) at 405 nm. Here, absorbance directly correlates to the total alizarin red staining in each well. Cell proliferation was determined using CellTiter 96 AQueous One Solution Cell Proliferation Assay kit (Promega Corporation) as per manufacturer's instructions and quantified by absorbance at 490nm. Cell apoptosis was determined using HT TiterTACS Assay Kit (Trevigen) as per manufacturer's instructions and quantified by absorbance at 450nm.

qRT-PCR. Expression of osteoblastic gene markers in MC3T3-E1 cells was quantified by qRT-PCR after 3, 7, 14, and 21 days of osteogenic differentiation. RNA (0.5 µg) isolated using TRIzol (Life Technologies) was reverse transcribed using iScript cDNA Synthesis Kit (Bio-Rad), then cDNA (1.6 µL) was amplified under standard PCR conditions using PowerUp SYBR (Bio-Rad). Similarly, gene expression in forelimbs either 3 or 24 hours after a single bout of mechanical loading was quantified by qRT-PCR. After harvesting forelimbs, the proximal and distal ends of the bone were cut off and the marrow was removed by brief centrifugation at 13000g before placing into TRIzol (Ambion). After pulverization in liquid nitrogen (SpexMill 6750), total RNA was extracted from both forelimbs using TRIzol. Similar to the above, RNA (0.5 µg) was reversely transcribed using iScript Reverse Transcription Supermix (Bio-Rad), and cDNA (1.6 µL) was amplified under standard PCR conditions using PowerUp SYBR (Bio-Rad). For all samples, cDNA was amplified in triplicate and normalized to GAPDH expression. Fold changes were calculated using the $\Delta\Delta C_t$ method²⁵. Primer sequences were designed using Primer-BLAST (NCBI) and are available in Table 1.

Statistics. Statistical analysis was performed using Prism 9 (GraphPad) with either a one-way analysis of variance (ANOVA) for experiments with a single independent variable or a two-way ANOVA test for experiments with two independent variables with the Šidák correction for multiple comparisons, where $p < 0.05$ was considered significant. Analyses were performed while blinded to treatment.

RESULTS

Gambogic amide increases load-induced bone formation. To determine if administration of gambogic amide (GA) increases load-induced bone formation, adult C57BL6/J mice were subjected to three consecutive bouts of axial forelimb compression designed to produce lamellar bone formation. Either GA (0.4 mg/kg) or vehicle (10% DMSO) was injected 1 hour before the first bout of loading. Calcein and alizarin red bone formation labels administered 3 and 8 days after the first bout of loading were visualized in PMMA-embedded sections (Fig. 1A,B) and quantified using dynamic histomorphometry (Table 2). As expected, forelimb loading induced a robust periosteal bone formation response in both GA and vehicle treated mice. Whereas GA did not significantly increase relative (loaded – non-loaded) periosteal mineralizing surface (Fig. 1C), administration of GA was associated with a significant increase (+63%) in relative periosteal mineral apposition rate in response to loading (Fig. 1D). As a result, treatment with GA was associated with a significant increase (+63%) in relative periosteal bone formation rate (Fig. 1E). Administration of GA was not associated with any significant differences between non-loaded limbs. However, we observed that treatment accounted for a significant source of the variation in Ps.MAR (9.4%), Ps.BFR/BS (8.9%), and Es.BFR/BS (8.4%) by two-way ANOVA (S. Table 1). Sections stained with Sanderson's Rapid Bone Stain (Fig. 2A) revealed no effect of GA on osteocyte number in either loaded or non-loaded limbs (Fig. 2C), but a significant increase in the number of osteoblasts per millimeter of bone surface in loaded limbs (Fig. 2D).

Gambogic amide does not induce mechanical or thermal hyperalgesia. To determine if GA induced the painful side effects reported following administration of NGF, we observed forelimb asymmetry and hotplate response one day before the first bout of loading (baseline) as well as 1, 4, and 7 days following the final bout of loading. On the 1st day following axial forelimb compression, we observed significantly less usage of the loaded limbs of vehicle treated mice (-9% vs. baseline), whereas GA treated mice displayed no significant differences in limb preference (Fig. 3A). At the 4th day and 7th day after loading, there were no significant differences between treatment groups or loading conditions. At these same timepoints, we quantified thermal sensitivity using standard hotplate analysis (Fig. 3B). Similar to forelimb asymmetry testing, we observed that GA treated mice, but not vehicle treated mice, took significantly longer to respond to the hot plate as compared to baseline 1 day after loading. However, there were no significant differences between treatment groups or loading conditions at day 4 or 7. In total, these data indicate that GA does not induce hyperalgesia in mice, particularly following osteogenic mechanical loading.

Gambogic amide increases osteogenic gene transcription following loading. To determine the specific effects of GA on osteogenic gene expression, we harvested mRNA from the central third of loaded and non-loaded ulna after either 3 or 24 hours following a single bout of loading for analysis by qRT-PCR. Here, mice were injected with either GA (0.4 mg/kg) or vehicle (10% DMSO) 1 hour prior to loading. Fold changes of gene expression in the loaded limb as compared to the non-loaded limb were normalized by GAPDH expression to evaluate the effect of GA treatment. At 3 hours, *Wnt1*, *Wnt7b*, *Axin2*, and *Ngf* were significantly increased in the loaded limbs of vehicle and GA treated mice. In contrast to vehicle treatment, GA treatment was also associated with significantly increased *Nkd2* and decreased *Sost* in loaded limbs as compared to non-loaded limbs at 3 hours. Administration of GA was associated with a significant increase in the fold change of *Ngf* at 3 hours and *Wnt7b* and *Axin2* at 24 hours as compared to vehicle treatment. Similarly, administration of GA was associated with a trend in the fold change of *Wnt1* as compared to vehicle at both 3 hours ($p = 0.1262$) and 24 hours ($p = 0.0943$). In total, these results indicate that GA significantly increases the expression of genes typically associated with load-induced bone formation, including *Ngf*, *Wnt1*, and *Wnt7b*.

Gambogic amide increased osteoblastic differentiation markers *in vitro*. Since our *in vivo* data suggested that GA may directly affect osteoblasts, we performed additional *in vitro* qRT-PCR using mRNA harvested from MC3T3-E1 cells that were incubated in osteoblastic differentiation media containing GA (5-500 nM), NGF (50 ng/mL), or vehicle (DMSO) control. Media containing GA induced the significant upregulation of the osteoblastic differentiation markers *Runx2*, *Bglap2*, and *Sp7* in a dose-dependent manner (Fig. 5). Furthermore, consistent with our *in vivo* findings, we observed that administration of 50 nM of GA upregulated expression of *Ngf* at both Day 3 and Day 7. However, there were no significant effects of NGF at any time point. Consistent with this finding and previous studies, we were unable to detect TrkA expression at any point during 21 days of differentiation (S. Fig 1). In total, these results indicate that GA acts directly on osteoblasts to increase osteoblastic differentiation markers as well as upregulate *Ngf* expression in non-loaded conditions.

Gambogic amide effects on osteoblast proliferation, apoptosis, and mineralization *in vitro*.

To further explore the effects on GA on osteoblasts, we performed a proliferation assay on MC3T3-E1 cells cultured in complete media containing GA (5-500 nM), NGF (50 ng/mL), or vehicle (DMSO) control for 72 hours. Although neither NGF nor the 5 or 50 nM concentration of GA affected the proliferation rate, cells treated with 500 nM of GA had significantly impaired cell proliferation (Fig. 6A). Next, we performed an assay to determine if GA induced apoptosis in osteoblasts. Here, MC3T3-E1 cells were cultured in complete media containing GA (5-500 nM), NGF (50 ng/mL), or vehicle (DMSO) control for 96 hours (Fig. 6B). Only the group treated with 50 nM of GA had significantly greater apoptosis than vehicle (+245%). Finally, we determined the effect of GA on mineralization by alizarin red staining. Here, MC3T3-E1 cells were cultured in osteogenic media containing GA (5-500 nM), NGF (50 ng/mL), or vehicle (DMSO) control for 21 days. For each treatment group, alizarin red staining was significantly increased by day 21 as compared to day 3 (S. Fig. 2). As compared to vehicle, there were no significant differences associated with NGF or GA treatment in the first 7 days of culture (Fig. 6C,D). After 14 days, we observed a significant increase in alizarin red staining in the group treated with 5 nM GA as compared to vehicle (Fig. 6E), but this difference was lost by Day 21 (Fig. 6F). In total, these results further suggest that GA acts directly on osteoblasts to transiently increase mineralization, but high concentrations may decrease osteoblast proliferation and increase apoptosis.

DISCUSSION

Our main objective in this study was to examine the action of the TrkA agonist gambogic amide (GA) on load-induced bone formation and hyperalgesia in mice, with the long-term goal of utilizing this small molecule to increase bone mass in patients at risk for stress fracture without the negative side effects of NGF. The results from our study indicate that GA may be a potential novel therapeutic for increasing bone formation rate following loading. Importantly, we observed a significant increase in relative periosteal bone formation rate following axial forelimb compression that was not associated with increased thermal or mechanical sensitivity. In summary, GA may be a useful small molecule for increasing skeletal adaptation to mechanical forces without inducing hyperalgesia.

We have previously shown that activation of NGF-TrkA signaling by a single administration of exogenous NGF (5 mg/kg BW) was sufficient to increase load-induced bone formation, but resulted in significant thermal hyperalgesia for at least 72 hours⁴. Here, we used forelimb asymmetry and hotplate testing to assay the response to GA following loading. Contrary to our expectation, GA treatment was not associated with diminished use of the loaded forelimb by forelimb asymmetry testing at any time point, whereas vehicle treated mice used their loaded limb less 1 day after the final bout of loading. Similarly, we observed less sensitivity to the hot plate in GA treated mice 1 day after the final bout of loading, but no significant differences in vehicle treated mice at any time point. Although unexpected, these results indicate that an effective dose of GA does not result in the potent hyperalgesia observed after administration of NGF. Moreover, our results are broadly consistent with previous work that found that a lower dose of GA (5 mM) directly injected to L4/L5 DRG by lumbar puncture induced only mild thermal hyperalgesia for 2 days and had no significant effect on mechanical hyperalgesia for at least 14 days²⁶.

As expected, axial forelimb compression was associated with increased bone formation rates in all mice. However, administration of GA significantly increased load-induced bone formation, particularly at the periosteal surface. The observation that treatment was a significant, independent source of variation in dynamic histomorphometric parameters suggests that GA may have effects on both loaded and non-loaded bones, but additional studies would be required to clarify this observation. Nonetheless, to determine the mechanism by which GA increased load-induced bone formation following axial forelimb compression, we assayed the Wnt/ β -catenin signaling pathway, which is normally activated for an anabolic response to mechanical loading in bone^{27,28}. Our results indicate that administration of GA in loaded mice led to significant increases in Wnt ligands and target genes in bone in the first 24 hours after loading, consistent with previous studies examining the role of NGF following mechanical load⁴. However, GA administration was not associated with any significant difference in *Sost* expression as compared to vehicle at either 3 or 24 hours. In total, our analysis suggests that administration of GA prolonged the traditional gene expression profile observed after axial forelimb compression. However, given the relatively muted gene expression profile in our vehicle treated group at both 3 and 24 hours as compared to previous studies, more study is required to confirm this hypothesis.

Surprisingly, we also observed that expression of NGF itself was significantly upregulated by administration of GA in mice as well as in MC3T3-E1 cells cultured in GA-containing media. To our knowledge, this effect has not yet been reported. However, a previous group demonstrated that administration of GA upregulated TrkA protein and mRNA *in vitro* and *in vivo*²⁰, consistent with previous studies showing that TrkA is a transcriptional target of NGF²⁹. As a result, we acknowledge the possibility that part or all the effect of GA on bone is mediated by increased NGF expression from osteoblasts and/or osteocytes, rather than the action of GA itself. However, more

study using mice deficient in NGF would be required to determine the extent to which the action of GA is dependent on NGF.

Nonetheless, to determine the direct effects of GA on osteoblasts, we performed a series of *in vitro* experiments using MC3T3-E1 osteoblasts. We found that these cells did not express TrkA by qRT-PCR (S. Fig. 1), consistent with our previous studies observing that neither mouse MSCs nor calvarial osteoblasts expressed TrkA or responded to TrkA inhibition³⁰. As a result, we hypothesized that NGF and GA acted primarily through TrkA-expressing sensory nerves in bone, rather than directly on osteoblast-lineage cells. Consistent with this hypothesis, we observed no significant increases in osteoblast differentiation markers, proliferation, apoptosis, or mineralization in MC3T3-E1 cells cultured in osteogenic media containing NGF. This finding is in contrast to a previous study that reported that treatment of MC3T3-E1 cells with NGF increased alkaline phosphatase activity and type 1 collagen production and observed that these effects could be blocked by an anti-NGF antibody. However, consistent with our study, the researchers noted that treatment of MC3T3-E1 cells with NGF did not affect proliferation³¹. Nonetheless, we are unable to reconcile their overall conclusions with our study, although differences in the source of both exogenous NGF and MC3T3-E1 cells may have affected the results. In contrast to NGF, we found that treatment with GA significantly increased osteoblast differentiation markers in a dose-dependent manner and had a modest positive effect on mineralization. However, high concentrations of GA appear to decrease proliferation and increase apoptosis, which may indicate toxicity of GA at high concentrations or after prolonged exposure. Nonetheless, our results are broadly consistent with a recent report observing that GA treatment increased expression of alkaline phosphatase, osteocalcin, and DMP-1 after 14 days of culture in osteogenic media in Kusa O cells, a bone marrow stromal cell line with osteogenic potential³²⁻³⁴. However, they attributed these effects to the induction of TrkA expression after differentiation of Kusa O cells in osteogenic media for 14 days, a phenomenon that we did not observe in MC3T3-E1 cells. In total, our results suggest that GA, but not NGF, can act directly on osteoblasts through a mechanism that does not involve TrkA, the high affinity receptor for NGF. However, more study is necessary to clarify the effects of both GA and NGF on human osteoblasts before development of therapeutics leveraging NGF-TrkA signaling in bone can proceed.

In summary, the results from this study indicate that GA may be an attractive small molecule therapeutic to support load-induced bone formation. Increased skeletal adaptation is known to dramatically increase skeletal fatigue resistance³⁵, so this approach may be sufficient to prevent fatigue injuries in at-risk individuals³⁶⁻³⁹. Although this study corroborates previous work indicating the administration of GA does not cause the same level of hyperalgesia and sensitivity induced by NGF, more study is required to determine its specific effect on NGF-TrkA signaling in skeletal sensory nerves, its dependence on endogenous osteoblastic NGF, and the mechanism of its action on osteoblasts.

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TABLES

Target	Forward (5'-3')	Reverse (5'-3')
Axin2	CAGGATGGTGCATACCTCTTC	TCATCTGCCTGAACCCATTAC
Gapdh	AGGTCGGTGTGAACGGATTTG	TGTAGACCATGTAGTTGAGGTCA
Ngf	CAGTGAGGTGCATAGCGTAAT	CTCCTTCTGGGACATTGCTATC
Nkd2	GGA ACTTGGCTTGGGATAACT	GACTAAGCATCACCCACTCTATC
Osteocalcin	AAGCAGGAGGGCAATAAGGT	CGTTTGTAGGCGGTCTTCA
Osterix	TGCGCCAGGAGTAAAGAATAG	CCTGACCCGTCATCATAACTTAG
Runx2	ACTCTTCTGGAGCCGTTTATG	GTGAATCTGGCCATGTTTGTG
Sost	AGCACCACCCACAATCTTT	GTTACAAACGCTCTCTCTCCTC
Wnt1	GTAGCTGAAGAGTTTCCGAGTT	GGCAGAGACAAGGAGAATGTAG
Wnt7b	GGAGAAGCAAGGCTACTACAAC	CATCCACAAAGCGACGAGAA
TrkA	AGAGTGGCCTCCGCTTTGT	CGCATTGGAGGACAGATTCA

Table 1. Oligonucleotide primers used for qRT-PCR.

GA						
	PS.MS/BS ($\mu\text{m}/\mu\text{m}$)	Es.MS/BS ($\mu\text{m}/\mu\text{m}$)	Ps.MAR ($\mu\text{m}/\text{day}$)	Es.MAR ($\mu\text{m}/\text{day}$)	Ps.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{d}$ ay)	Es.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{d}$ ay)
Loaded	0.41 \pm 0.12 *	0.80 \pm 0.09 *	1.16 \pm 0.66 * +	1.35 \pm 0.51 *	0.43 \pm 0.16 * +	1.12 \pm 0.47 *
Non-Loaded	0.22 \pm 0.15	0.64 \pm 0.12	0.29 \pm 0.13	0.67 \pm 0.26	0.08 \pm 0.07	0.41 \pm 0.16
Vehicle						
	PS.MS/BS ($\mu\text{m}/\mu\text{m}$)	Es.MS/BS ($\mu\text{m}/\mu\text{m}$)	Ps.MAR ($\mu\text{m}/\text{day}$)	Es.MAR ($\mu\text{m}/\text{day}$)	Ps.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{d}$ ay)	Es.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{d}$ ay)
Loaded	0.35 \pm 0.12 *	0.72 \pm 0.22	0.68 \pm 0.18 *	1.06 \pm 0.38 *	0.25 \pm 0.12 *	0.76 \pm 0.38 *
Non-Loaded	0.19 \pm 0.12	0.52 \pm 0.23	0.15 \pm 0.08	0.46 \pm 0.17	0.03 \pm 0.03	0.25 \pm 0.12

Table 2. Gambogic amide increases load-induced bone formation. Values are presented as mean \pm standard deviation. * $p < 0.05$ vs. non-loaded, + $p < 0.05$ vs. vehicle by two-way ANOVA. $n=7$ per group.

FIGURES

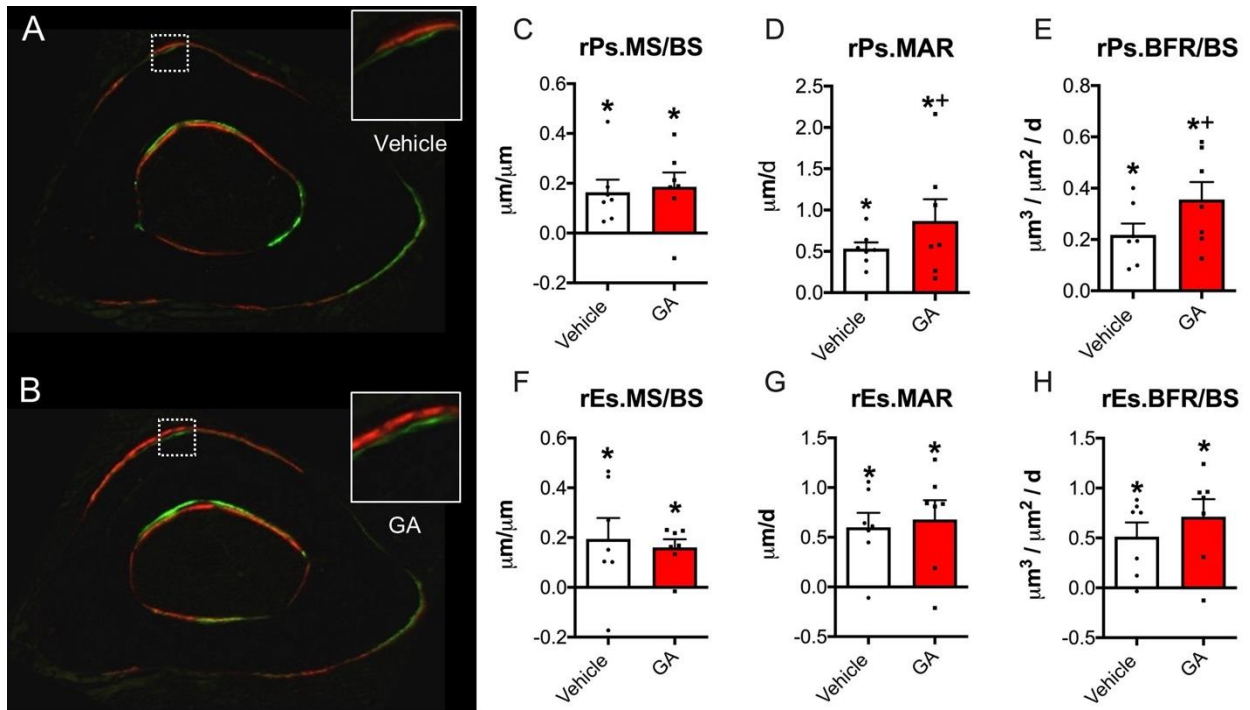


Figure 1. GA increased periosteal bone formation following axial forelimb compression. A,B) Calcein (green) and alizarin red (red) fluorescent bone formation markers were injected following 3 days of axial forelimb compression. Relative (loaded–non-loaded) periosteal bone formation parameters C) rPs.MS/BS, D) rPs.MAR, E) rPs.BFR/BS, F) rEs.MS/BS, G) rEs.MAR, H) rEs.BFR/BS were quantified. * p < 0.05 vs. non-loaded, + p < 0.05 vs. vehicle by two-way ANOVA. n = 7.

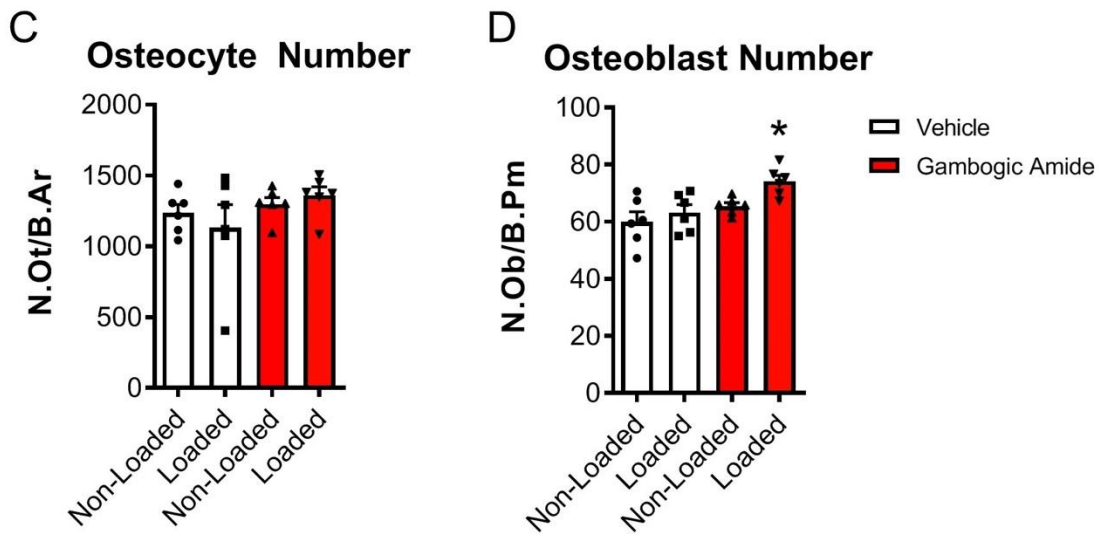
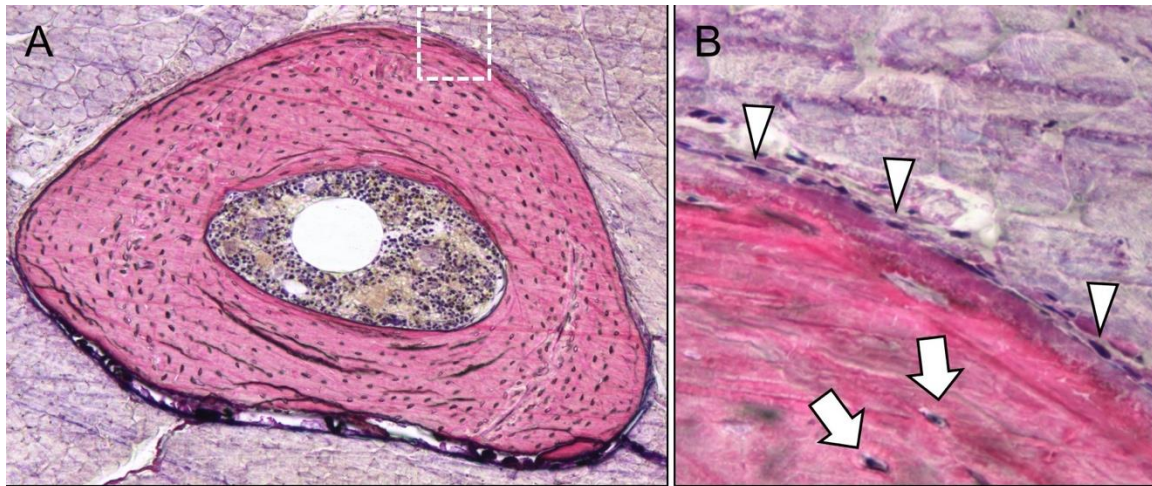


Figure 2. GA increased osteoblast number in loaded limbs. A) Sections were stained with SRBS and Acid Fuchsin and imaged at B) 40x to identify osteocytes (arrows) and osteoblasts (arrowheads). C) Osteocytes/bone area (N.Ot/B.Ar) and D) osteoblasts/bone surface (N.Ob/B.Pm) were quantified. * $p < 0.05$ vs. non-loaded by two-way ANOVA. $n = 6$.

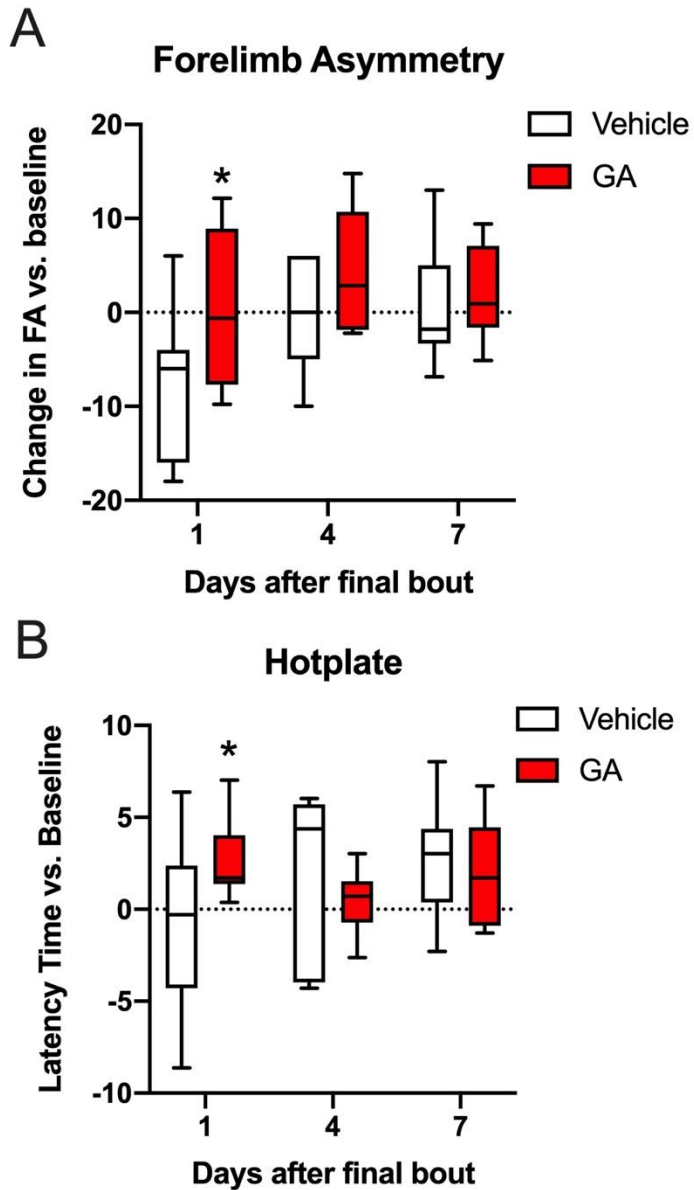


Figure 3. GA decreased mechanical and thermal sensitivity following loading. A) Forelimb usage after loading was assessed by quantitative analysis of forelimb asymmetry. B) Thermal sensitivity was assessed by latency time after hotplate challenge. * $p < 0.05$ vs. vehicle by two-way ANOVA. $n = 7-8$.

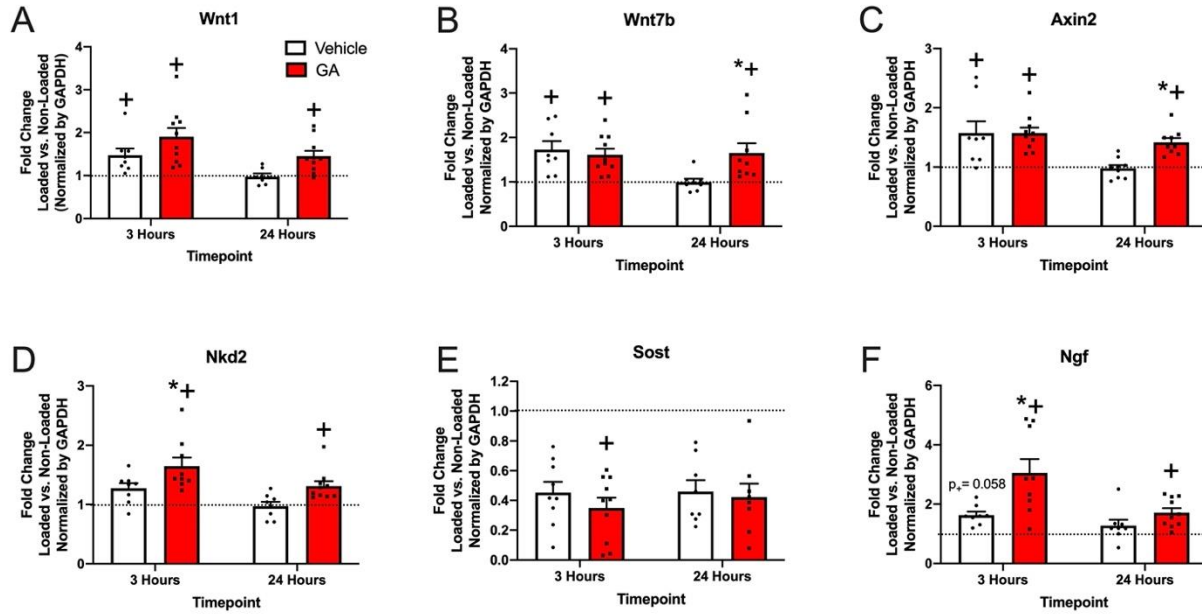


Figure 4. Effect of GA on gene expression in bone following axial forelimb compression. Fold change in the loaded forelimb vs. non-loaded forelimb 3 and 24 hours after one bout of loading (normalized to GAPDH) for A) Wnt1 B) Wnt7b C) Axin2 D) Nkd2 E) Sost and F) Ngf. * $p < 0.05$ vs. vehicle, + $p < 0.05$ vs. non-loaded by two-way ANOVA. $n = 7-10$.

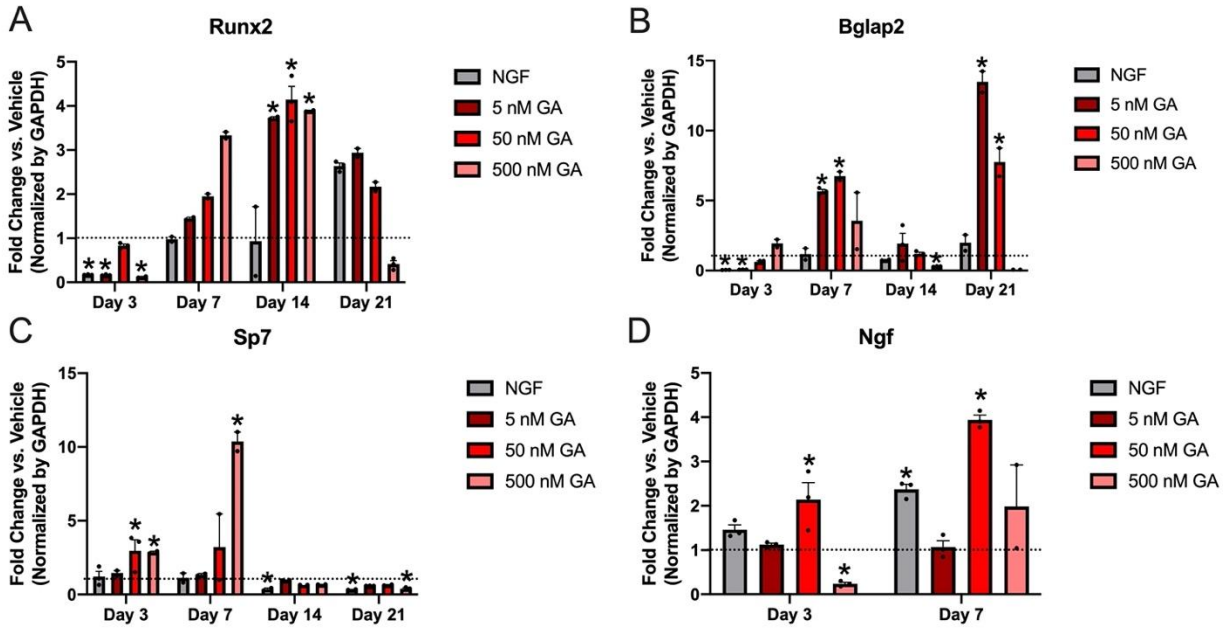


Figure 5. GA increased osteoblastic differentiation markers and NGF expression in MC3T3 cells. Fold change of expression following treatment of vehicle (DMSO), NGF, or 5, 50, 500 nM GA is shown for A) Runx2, B) Bglap2, C) Sp7, and D) NGF spanning up to 3 weeks. * $p < 0.05$ vs. vehicle by two-way ANOVA. $n = 3$.

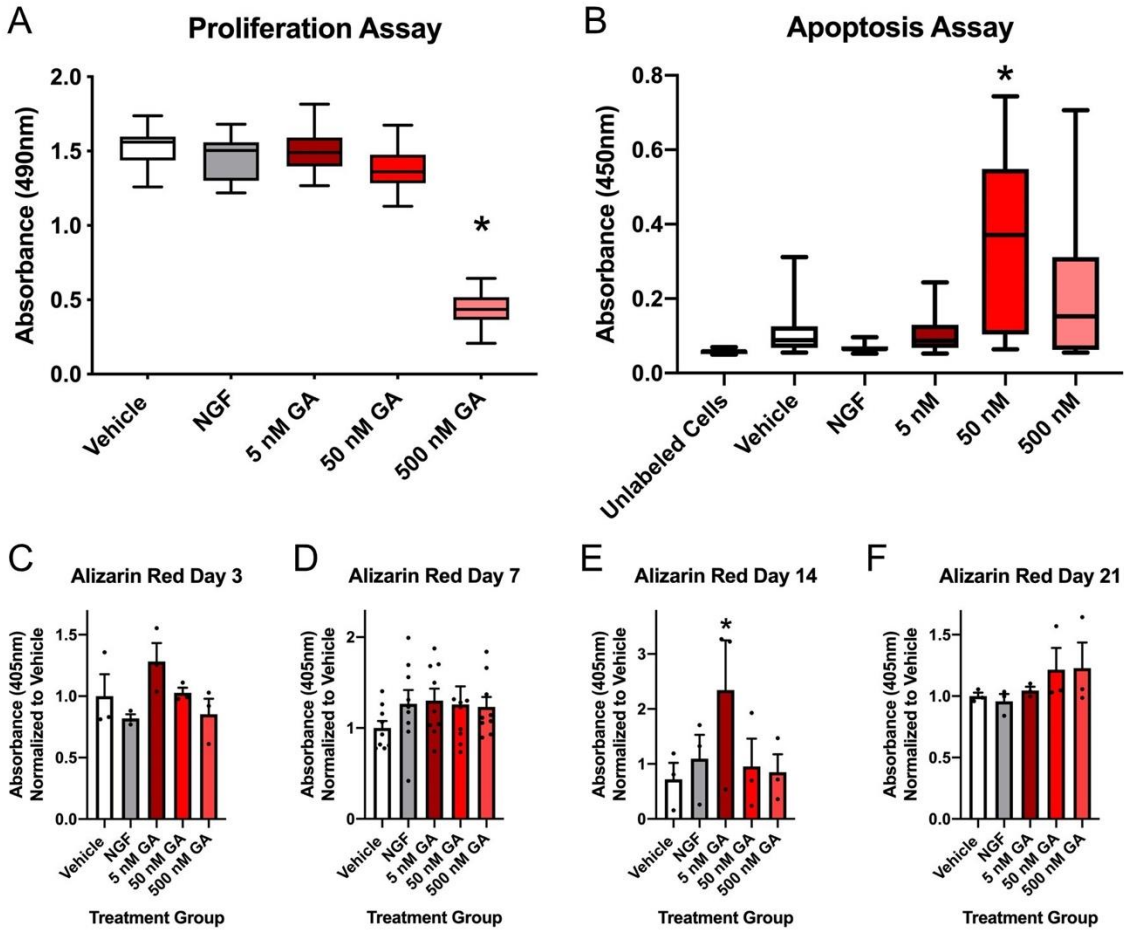
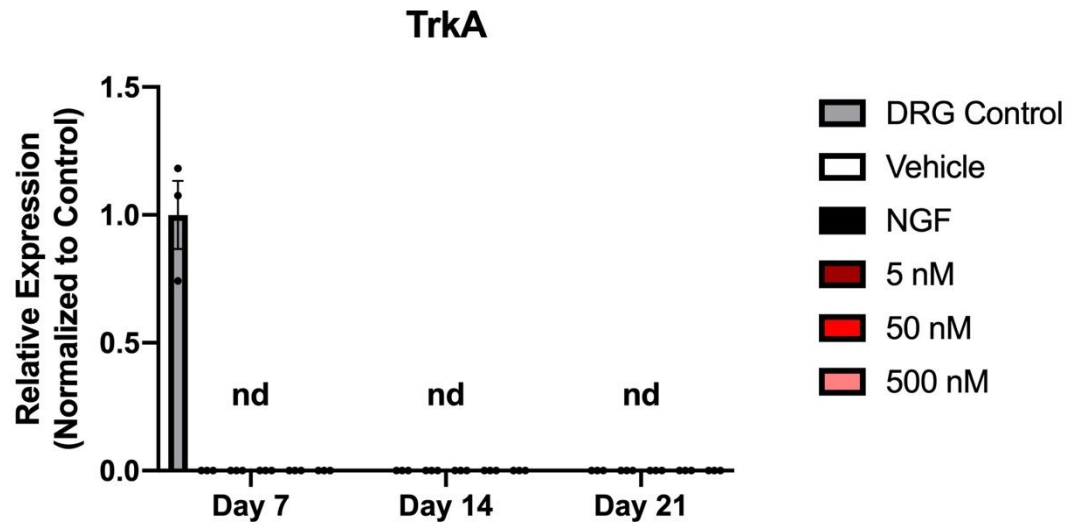
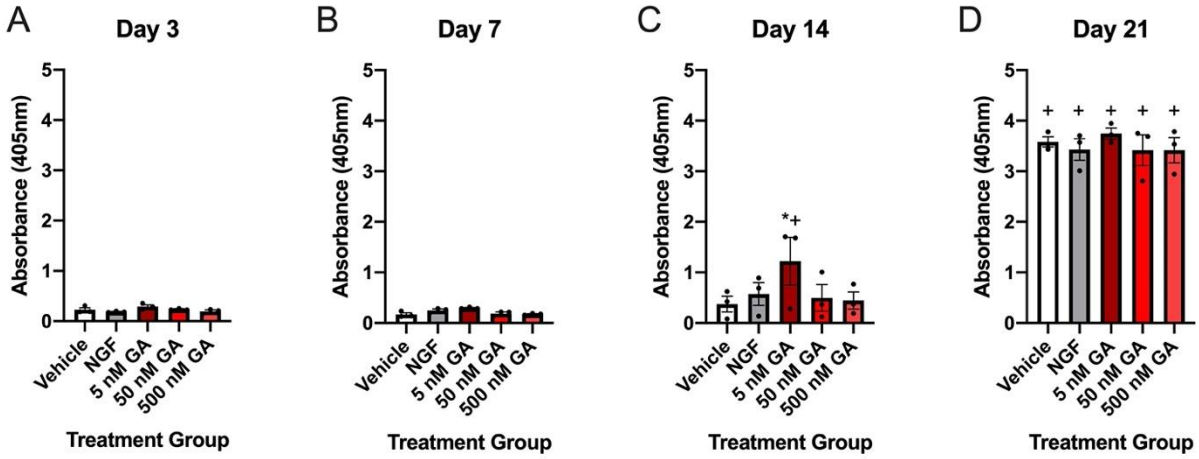


Figure 6. Effect of GA on proliferation, apoptosis, and mineralization of MC3T3 cells. A) Proliferation and B) apoptosis of MC3T3 cells treated with vehicle (DMSO), NGF, or GA was quantified. * $p < 0.05$ vs. vehicle by one-way ANOVA. C-F) Alizarin red staining of MC3T3 cells cultured in osteogenic media for 3-21 days was quantified and normalized to vehicle at each timepoint. * $p < 0.05$ vs. vehicle by two-way ANOVA. $n = 3-9$.



Supplementary Figure 1. TrkA is not expressed by MC3T3 cells at any time point following administration of NGF or GA. Relative expression of TrkA mRNA in MC3T3 cells after treatment with vehicle (DMSO), NGF, or 5, 50, 500 nM of GA spanning up to 3 weeks compared to control (mouse DRG). nd = not detected. n = 3.



Supplementary Figure 2. Non-normalized quantification of alizarin red staining of MC3T3 cells. A-D) Alizarin red staining of MC3T3 cells cultured for 3-21 days in osteogenic media, quantified by absorbance at 405 nm. * $p < 0.05$ vs. vehicle, + $p < 0.05$ vs. Day 3 by two-way ANOVA. $n = 3$.

Loading as Source of Variation						
	PS.MS/BS ($\mu\text{m}/\mu\text{m}$)	Es.MS/BS ($\mu\text{m}/\mu\text{m}$)	Ps.MAR ($\mu\text{m}/\text{day}$)	Es.MAR ($\mu\text{m}/\text{day}$)	Ps.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)	Es.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)
% of Total Variation	35.10	21.03	47.50	44.97	59.21	47.31
P value	0.0012*	0.0141*	<0.0001*	<0.0001*	<0.0001*	<0.0001*
Treatment as Source of Variation						
	PS.MS/BS ($\mu\text{m}/\mu\text{m}$)	Es.MS/BS ($\mu\text{m}/\mu\text{m}$)	Ps.MAR ($\mu\text{m}/\text{day}$)	Es.MAR ($\mu\text{m}/\text{day}$)	Ps.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)	Es.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)
% of Total Variation	1.979	6.763	9.433	6.944	8.886	8.453
P Value	0.3930	0.1463	0.0262*	0.0745	0.0115*	0.0399*
Interaction as Source of Variation						
	PS.MS/BS ($\mu\text{m}/\mu\text{m}$)	Es.MS/BS ($\mu\text{m}/\mu\text{m}$)	Ps.MAR ($\mu\text{m}/\text{day}$)	Es.MAR ($\mu\text{m}/\text{day}$)	Ps.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)	Es.BFR/BS ($\mu\text{m}^3/\mu\text{m}^2/\text{day}$)
% of Total Variation	0.1379	0.1950	2.731	0.1734	3.417	1.262
P Value	0.8203	0.8009	0.2146	0.7708	0.1027	0.4096

Supplementary Table 1. Two-way ANOVA results from dynamic histomorphometry data in Table 2. * $p < 0.05$ considered significant.