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The 3 W's to Staying Safe On & Off Campus During COVID-19

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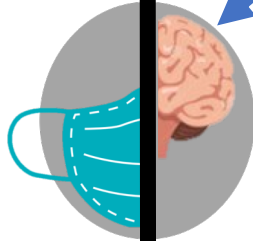
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3 W's To Staying Safe On & Off Campus during COVID-19

*What happens if you
DO NOT follow the 3
W's...*

Wear a mask!



Brain damage

COVID-19 can lead to long-term issues with **memory and attention.**

Wash
your
hands!



Heart damage

Young adults, *including athletes*, can suffer from heart problems, such as **heart failure.**

Watch your
distance!



Lung damage

COVID-19 can cause many lung issues, such as **pneumonia, sepsis, and severe lung injury.**

This information was obtained from Johns Hopkins Medicine, Harvard Health, the American Heart Association, and the Centers for Disease Control and Prevention.

These necessary measures will help to protect you, your friends, your roommates, & your family from COVID-19.

**You have a
responsibility to others!**

If you do not follow the 3 W's, these long-term health effects can impact both you and your loved ones.