

Meta-analysis of ridge-furrow cultivation effects on maize production and water use efficiency

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ABSTRACT

Ridge-furrow cultivation (RF) is a popular dryland agricultural technique in China, but its effects on maize yield, total water consumption during crop growing stage (ET), and water use efficiency (WUE) have not been systematically analyzed. Here we conducted a meta-analysis of the RF effects on maize yield, ET and WUE based on the data collected from peer-reviewed literature. Yield, ET and WUE varied with climate, soil and mulching management. Averaged across all the geographic locations, RF increased the yield and WUE of maize by 47% and 39%, respectively, but no effects on ET. An increase in the yield and WUE occurred under RF in regions regardless of the mean growing season air temperature (MT) or a mean precipitation during the growing season (MP), although there was a trend that RF is more beneficial under low MP. RF also decreased ET in regions with $MT > 12^{\circ}\text{C}$. RF increased the yield and WUE in regions

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with medium or fine soil texture. RF increased the yield, ET, and WUE in regions with low soil bulk density (BD) ($\leq 1.3 \text{ g cm}^{-3}$). But in areas where BD is larger than 1.3 g cm^{-3} , RF only increased the yield and WUE. RF increased the yield and WUE with or without mulching, but decreased ET when no mulching was used. Together, optimizing RF effects on the yield, ET and WUE in maize was largely dependent on environmental conditions and management practices.

Keywords: climate change; precipitation; soil texture; yield; plastic mulching

1. Introduction

Dryland crop production remains the primary source of staple food for the majority of densely-populated regions such as China, sub-Saharan Africa and India (Daryanto et al., 2017). Water supply constraints are recognized as major factors affecting dryland crop production (Wang et al., 2018a), thus dryland crop production is a continuous exercise to allocate the limited rain-water supply to meet the total water consumption during crop growing stage (ET). Therefore, the development of methods to improve agricultural productivity and water use efficiency (WUE) in regions with limited water resources remains crucial (Wu et al., 2015).

By increasing soil water availability and yield, ridge-furrow cultivation (RF) has been widely used in dryland maize cultivation in northwest China since the 1980s (Li et al., 2007; Ren et al., 2008). In the past forty years, many field experiments have been conducted to examine the effects of RF on maize production in China, but the reported effects of RF on maize yield, ET and WUE varied greatly due to different climate, soil factors, and mulching management practices.

There are many studies showing different extents of yield increase in different climatic gradients across China. A study showed RF increased yield, water and precipitation productivity in maize as compared with flat-plot cultivation (FP) under a typical sub-humid drought-prone climate (Yin et al., 2018). An increase in maize yield and water productivity was found under RF in semiarid regions of China (Jia et al., 2018a, b). The RF and plastic-mulching technique provides a potential opportunity of substantially increasing crop yields in semiarid regions of China, but this technology

brings about a challenge in maintaining soil fertility (Zhou et al., 2012). Wang et al. (2018b) also demonstrated that RF with plastic mulching is an effective drought-resistant farming technology, which has been widely used in the semiarid regions of China, and increased crop yields by more than 30%. One study reported that the RF was combined with irrigation to increase the crop water use efficiency in a semi-humid climate (Wu et al., 2015). The yield and WUE were significantly higher under RF with low fertilizer as compared with high fertilizer and medium fertilizer in wet year. However, in both normal and drought years, the grain yield and WUE were significantly higher under RF with medium fertilizer (Zhang et al., 2018). Another study showed that a significant increase range was observed under the average grain yields in the RF with plastic mulch and high irrigation amount, RF with plastic mulch- and low irrigation amount and RF with high irrigation amount treatments between two years with different precipitation amount (Dong et al., 2018a). These studies indicated that there were various effects of RF on the yield and WUE in different regions resulted from different temperature, precipitation and soil conditions.

Variability in results were also found among different mulching management practices. In southeast Kenya, the grain yield and WUE in RF with plastic mulch treatments were increased as compared with RF without plastic film (Mo et al., 2016). In addition, Liu et al. (2014a) showed that RF with plastic mulch could sustain high grain yields in maize and maintain soil water balance under semiarid environment. The RF with plastic mulch increased grain yield and WUE as compared to no mulch (Li et al., 2013; Liu et al., 2014b). A different increase range in the maize yields was found

among RF with mulched with plastic film, biodegradable film, maize straw (Li et al., 2013). However, where the RF with plastic mulch has been applied in successive years, the annual balance of soil water has been affected and the risk of soil desiccation exacerbated (Wang et al., 2018b), and white pollution. Overall, the effects RF on the yield and WUE varied with mulching management practices.

The impacts of RF on the yield, ET, and WUE in maize mainly depend on several co-varying factors (i.e., agroclimatic regions, soil texture, and mulching management). A meta-analysis showed that soil mulching significantly enhances yields as well as water- and nitrogen-use efficiency of maize and wheat (Qin et al. 2015). Yu et al. (2018) documented benefits and limitations to straw- and plastic-film mulch on maize yield and WUE using a meta-analysis across hydrothermal gradients. By covering the ridges with plastic and channeling rainwater into a very narrow planting zone (furrow), a meta-analysis showed that plastic mulching resulted in a yield increase (Daryanto et al. 2017).

However, the effects of RF on the yield, ET, and WUE of maize have not been quantified across a range of agroecological conditions which incorporate different environmental and management factors. As site-specific field experiments often vary, meta-analysis is useful for summarizing the results from numerous independent experiments on RF (Hedges et al., 1999). Therefore, the main objectives of this study were to conduct a meta-analysis to (1) evaluate the effects of RF on the yield, ET, and WUE of maize, and (2) determine how the effects vary with environmental and mulching management factors.

2. Materials and methods

2.1. Database

We searched for articles reporting the impact of RF on maize production and WUE in the arid and semiarid rain-fed areas of China using Web of Science and China National Knowledge Infrastructure. The search only included combinations of the following terms: (i) ridge-furrow, maize, yield, and water use efficiency or (ii) ridge and furrow, corn, yield, and WUE.

We systematically reviewed all results published before February 2019. The articles were included in the database only if they met the following criteria: the studies were monoculture maize or corn (*Zea mays* L.) sown under field conditions (excluding pot studies and greenhouse experiments) in China. The process was conducted following the flowchart diagram presented in Fig. 1 from Moher et al. (2009), and 22 published articles were used in this study (Table 1 and S1 Information).

The 22 references were then ranked according to the number of citations that they received between 2007 and 2019. Based on the rank, those references were divided into two groups. The literature with the top 50% citations was the first group while the remaining was the second group. Initial analyses were conducted to compare the responses of yield, ET, and WUE to explanatory variables between the two groups (Yu et al., 2015). ET was defined as the total water consumption during crop growing stage ($ET = \text{irrigated water} + \text{soil water storage at harvest} - \text{soil water storage before sowing} + \text{precipitation during the growing season}$). Meanwhile, WUE is defined as the ratio of yield to ET ($WUE = \text{yield} / ET$). If a reference only has yield, or WUE data, but not ET

data, the mean precipitation during the growing season (MP) in the rainfed areas was considered as ET. Since our initial analyses showed that the two datasets gave very similar results, subsequent analyses were carried out on the combined sample of 22 references, comprising 24 independent sampling sites, 546 observations of yield, 213 observations of ET, and 438 observations of WUE (Fig. 2 and Tables 1). In all studies, the comparability between control (FP, flat-plot cultivation) and treatments (RF, ridge-furrow cultivation) was established based on either climate, soil characteristics, or mulching managements (Table 1).

Data were either obtained from tables or extracted from figures using GETDATA GRAPH DIGITIZER (v.2.24; Moscow, Russian Federation). When only yield and ET data were provided in articles, the WUE was calculated with the formula $WUE = \text{Yield}/\text{ET}$. Standard deviation was used as the measure of variance and it was obtained or calculated from the published measure of variance in each study.

The data were grouped to maximize in-group homogenization. Mean growing season air temperature of maize (MT) was divided into two classes, $\leq 12^\circ \text{C}$, $> 12^\circ \text{C}$ (Wang et al., 2018c). MP of maize was divided into two classes, $\leq 400 \text{ mm}$, $> 400 \text{ mm}$. Soil texture in a soil layer with a depth of 0–20 cm was grouped into three basic classes (coarse, medium, and fine) according to Daryanto et al. (2015). The soil bulk density (BD, dry weight of undisturbed soil per unit volume) in a soil layer with a depth of 0–20 cm generally ranges between 1.0 and 1.5 g cm^{-3} , and thus BD was divided into two classes ($\leq 1.3 \text{ g cm}^{-3}$, $> 1.3 \text{ g cm}^{-3}$). The field capacity (FC), the amount of water that remains after the excess has drained away from the saturated soil is generally 25% in a

soil layer with a depth of 0–20 cm. We then categorized FC into two ranges: $\leq 25\%$ and $> 25\%$. The mulching management was grouped into three types (RF, ridge–furrow; RFS, ridge–furrow mulched with straw; RFP, ridge–furrow mulched with plastic film).

2.2. Meta-analysis

To characterize the response of maize yield, ET, and WUE to RF, a random-effects meta-analysis was used. We used the natural log of the response ratio ($\ln R$) as a measure of effect size:

$$\ln R = \ln(X_r/X_f) = \ln X_r - \ln X_f \quad (1)$$

where X_r and X_f are the measured values of the response variable under RF and FP, respectively (Hedges et al., 1999). Generally, not all of observations are weighted by the inverse of the variance. Individuals with a lower variance should have higher weight.

The sampling variance (e.g., the standard deviation) was not presented in some of the collected studies in our database, but the sample size was reported in all the studied articles. As a result, the $\ln R$ was weighted by sample size, i.e.:

$$W_n = n_f n_r / (n_f + n_r), \quad (2)$$

where n_f and n_r are the sample sizes for the FP and RF groups, respectively (Hedges & Olkin, 1985). The higher weighting is given to well-replicated studies with larger sample sizes under these conditions (Hedges & Olkin, 1985).

To avoid assigning relatively high weights to those studies for multiple years, the weight of each effect size was divided by the number of years the data from the corresponding study (Wang et al., 2018c). The mean effect sizes were estimated as follows:

$$\ln \bar{R} = \sum(\ln R_n \times W_n) / \sum W_n, \quad (3)$$

where $\ln R_n$ is the effect size of the i comparison and W_n .

The Stata software package (ver. 12.0; Stata Corp., College Station, TX, USA) was used to calculate mean effect sizes and generate bias-corrected 95% confidence intervals (CIs) for each mean effect size with a metan procedure. If the 95% bootstrap CIs values did not overlap with zero, a significant RF response was considered. Otherwise, the RF was considered to have no significant impact on yield, ET or WUE under those factors (Hedges et al., 1999). To simplify the interpretation, the effect size (ES, %) was expressed as the percentage change, which was estimated as follows:

$$ES = (R - 1) \times 100\% \quad (4)$$

A negative (or positive) percentage change indicated a decrease (or increase) in the response variable under RF relative to FP.

2.3. Correlation analysis

The correlation analysis was applied with the PROC CORR procedure (SAS Institute Inc., 2013) to test the relationships between the $\ln R$ of WUE with the $\ln R$ of yield and ET under climate, soil characteristics, or mulching managements. In addition, the correlation analysis was used to detect the relationship between MP, MT, BD, FC with the $\ln R$ of yield, ET and WUE via the PROC CORR procedure (SAS Institute Inc., 2013).

3. Results

Averaged across a wide range of environmental and management conditions, RF increased maize yield and WUE by 47% and 39%, respectively. RF, however, did

not impact ET (Fig. 3). The $\ln R$ of WUE was significantly and positively related with yield ($P < 0.0001$). There was a significant ($P < 0.05$) negative relationship between the $\ln R$ of WUE and ET (Table 2), indicating that the increase in WUE under RF was related to the increase in yield and decrease in ET.

3.1. Yield, ET and WUE impacts by climate

The responses of maize yield, ET, and WUE to RF varied with climate (Fig. 4). Compared with FP, RF significantly increased yield (75%), ET (9%) and WUE (62%) in regions with an MT ≤ 12 °C (Fig. 4A). This increase in WUE (62%) was similar in regions with an MT of >12 °C, although the increase of yield was lower (40%) and there was a significant decreasing effect of RF on ET (Fig. 4B). In addition, the $\ln R$ of WUE was positively correlated with the $\ln R$ of yield ($P < 0.0001$) regardless of MT, but it was negatively correlated with ET (Table 2). These results indicated that the increase in WUE under RF was due to the increase in yield and the decrease in ET.

RF significantly increased yield (50%), ET (9%) and WUE (37%) in regions with MP ≤ 400 mm (Fig. 5A), but the increase was lower in regions with MP >400 mm, yield only increased by 16%, ET by 2% and WUE by 30% (Fig. 5B). Meanwhile, the $\ln R$ of WUE was significantly positively related with the $\ln R$ of yield, and there was a significant negative correlation between the $\ln R$ of WUE and the $\ln R$ of ET regardless of MP (Table 2), indicating that the increase in WUE was related to the increase in yield and the decrease in ET.

3.2. Yield, ET and WUE impacts by soil factors

The effects of RF on maize yield, ET, and WUE varied among soil textures (Fig. 6). RF increased yield by 40%, but not WUE as compared with FP in regions with coarse soil (Fig. 6A). In regions with medium soil texture, RF significantly increased yield (29%), ET (29%), and WUE (17%) as compared with FP (Fig. 6B). Yield and WUE increased by 110% and 76% respectively, but no effects of RF on ET compared with FP in regions with fine soil texture (Fig. 6C). Meanwhile, the $\ln R$ of WUE was significantly positively related with the $\ln R$ of yield regardless of soil texture (Table 2).

The effects of RF on yield, ET, and WUE varied with soil bulk density (Fig. 7A and B). RF significantly increased yield, ET, WUE by 69%, 5%, 57%, respectively, compared with FP in regions with a soil bulk density of $\leq 1.3 \text{ g cm}^{-3}$ (Fig. 7A). A lesser extent of increase (47% for yield and 44% for WUE) was observed in sites with higher bulk density ($> 1.3 \text{ g cm}^{-3}$) where RF also significantly decreased maize ET (9%) as compared with FP (Fig. 7B). Meanwhile, the $\ln R$ of WUE was significantly positively related with the $\ln R$ of yield regardless of bulk density classification (Table 2).

The responses of yield, ET, and WUE to RF varied by field capacity (Fig. 7C and D). RF significantly increased yield (68%), ET (50%) and WUE (46%), compared with FP in regions with a field capacity of $\leq 25\%$ (Fig. 7C). We also found a significant increase of 34%, 44% and 30% in yield, ET and WUE under RF, compared with FP in regions with a field capacity of $> 25\%$ (Fig. 7D). In addition, there was a positive correlation between the $\ln R$ of WUE and the $\ln R$ of yield ($P < 0.0001$) regardless of field capacity, but a negative correlation between the $\ln R$ of WUE and ET only in regions with a field capacity of $\leq 25\%$ ($P < 0.01$) (Table 2). These results indicated that the

increase in WUE under RF in regions with a field capacity of $\leq 25\%$ was due to the increase in yield and the decrease in ET, but the increase in WUE under RF in regions with a field capacity of $> 25\%$ was due to the increase in yield.

3.3. Yield, ET and WUE impacts by mulching managements

The effects of RF on maize yield, ET, and WUE varied among mulching managements (Fig. 8). RF significantly increased yield (44%) and WUE (39%), but decreased ET (6%) when no mulching was applied (Fig. 8A). Straw mulching produced similar trends (i.e., 51% increase in yield and 24% increase in WUE), but no effects on ET (Fig. 8B). RF significantly increased yield (48%) and WUE (40%), but it did not affect ET when combined with plastic film mulching (Fig. 8C). Meanwhile, the $\ln R$ of WUE was significantly positively related with the $\ln R$ of yield with or without mulching (Table 2).

4. Discussion

4.1. Climate impact

Our meta-analysis showed the effects of RF on yield, ET and WUE varied with climate (i.e., temperature and precipitation). RF significantly increased soil topsoil temperature during early spring, resulting in the promotion of plant growth (Wang et al., 2015b). Early spring is usually characterized by freezing soil temperature and therefore increasing soil temperature contributes to greater yield under RF. Our results, however, showed that the impacts of RF were positive to yield and WUE regardless of

MT (Fig. 4 and Fig. S1). The above discussions indicated that the RF yield-increasing effects was due to the increase in soil temperature.

The RF technique has been widely used in rainfed arid and semiarid areas because it: (i) significantly increases soil water storage when precipitation is limited and (ii) reduces surface runoff when rainfall is intense (Li et al., 2013). Although RF in combination with irrigation and limited planting densities can enhance maize water productivity and economic returns under the RF in semi-arid regions of China (Jia et al., 2018a, b), such strategy is only applicable when MP is much lower than normal. Our study indicated the increasing effects of RF yield, ET and WUE decreased as rainfall increased (Fig. 5). El-Sadek & Salem. (2015) and Muhammad et al. (2017) found that field crops grown under RF usually enhance crop yield between 50 and 100% in drought years, but only between 10 and 40% during normal years compared with those grown under FP.

4.2. Soil impacts

Soil texture, soil bulk density, and field capacity are the key factors which modulate the effect of RF on soil moisture content and subsequent ET, WUE and crop yield. In most cases, soil texture can provide a good estimate for soil-water potential, water holding capacity, and water availability for plant growth (Daryanto et al., 2016). Our results showed that the effects of RF on yield, ET, and WUE varied among soil textures (Fig. 6). RF significantly increased maize yield by 40%, but not WUE compared with FP in regions with coarse soil (Fig. 6A). In regions with fine soil, we

found 110% and 76% in yield and WUE, respectively, under RF, but no effects of RF on ET as compared with FP (Fig. 6C).

In addition, soil bulk density and field capacity also affected yield, ET, and WUE under RF. A study showed the soil bulk density affected the morphology and anchorage mechanics of the root systems of sunflower and maize (Goodman et al., 1999). The effects of increased rainwater collection and infiltration were the main advantages of RF (Zhang et al., 2011). Therefore, areas with low soil bulk density or field capacity benefited the most with the application of RF (Fig. 7). These results are also supported by negative correlations between $\ln R$ of yield, ET, or WUE and soil bulk density or field capacity (Table 3 and Fig. S2), suggesting that RF could generate a higher yield increase in yield and WUE in region with low soil bulk density or field capacity.

4.3. Impacts by mulching managements

In modern world, different kind of mulching materials are used in crop production, and the yield-increasing-effects vary among different mulching materials (Muhammad et al., 2017). Our study also showed the effects of RF on yield, ET, and WUE varied among RF without mulching, RF mulched with straw and RF mulched with plastic film (Fig. 8). RF mulched with plastic film is an effective method to increase crop WUE and yield in semiarid regions (Zhou et al., 2009). In addition, Daryanto et al. (2017) found that plastic mulching resulted in an increase in yield and a decrease in water consumption as comparable with irrigated crops, due primarily to a

much greater WUE and better retention of soil water. While plastic mulching can be beneficial in terms of crop yield, plastic also generates serious pollution hazards (Liu et al., 2014c). Biodegradable mulch film and multi-functional mulch recovery machinery are therefore recommended for future uses (Ng et al., 2018).

5. Conclusions

Our results showed that RF had no effects on ET, but significantly increased WUE by 39%, which contributed to a 47% increase in maize yield. RF, a practice that is indigenous to China and India and now spreading around the world, is an important and innovative water-saving tool for increasing crop yields and securing food supply in arid and semiarid regions. However, such increase occurs at the expense of a large amount of soil water and fertilizer. Because the responses of maize yield, ET, and WUE to RF varied with climate (precipitation and temperature), soil (soil texture, bulk density, field capacity), and mulching managements. The environmental and management conditions should be considered when promoting the implementation of RF. This synthesis quantified the effects of RF on yield, ET, and WUE based on the available scientific data, providing a basis for promoting the development and improvement of RF maize management under various conditions.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at

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Figure 1

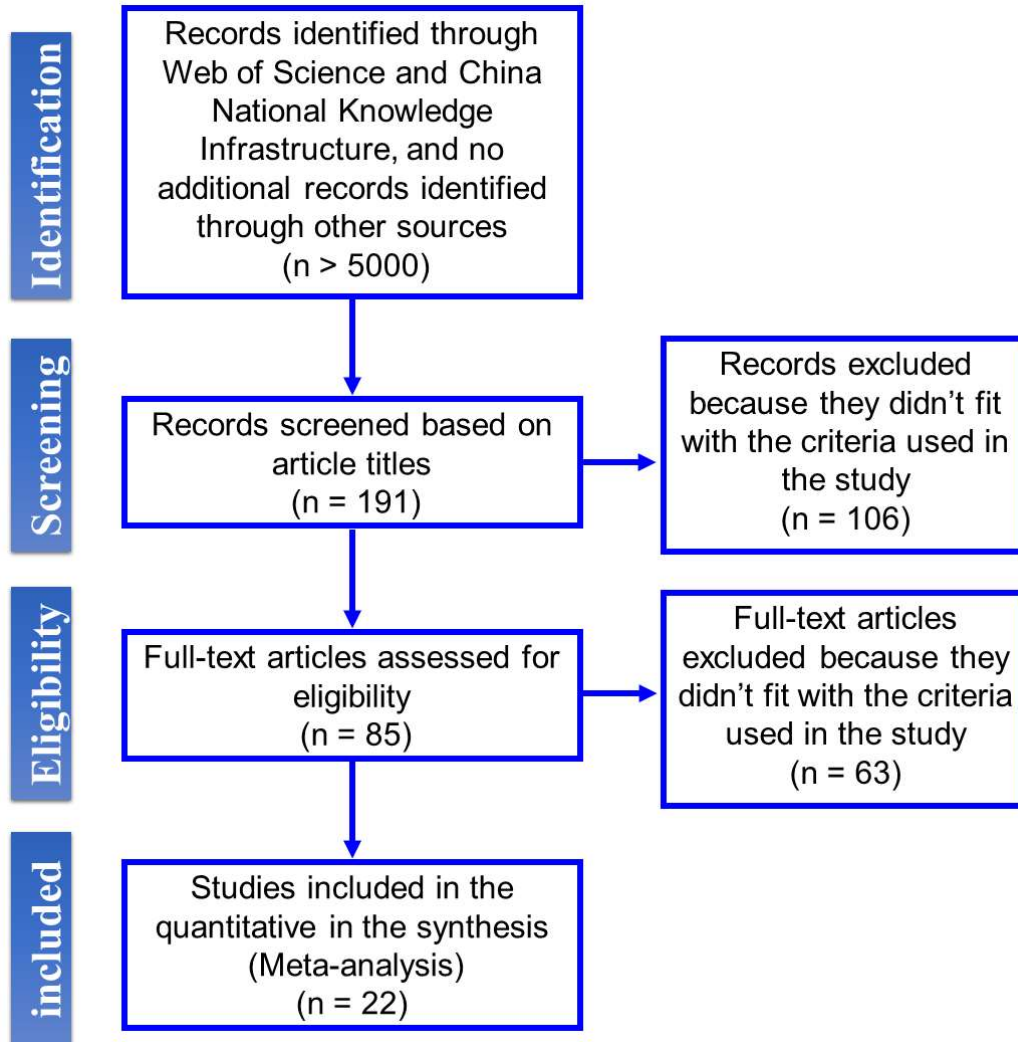


Fig. 1. Flowchart of the process used to obtain the literature data to build a database for this study.

Figure 2

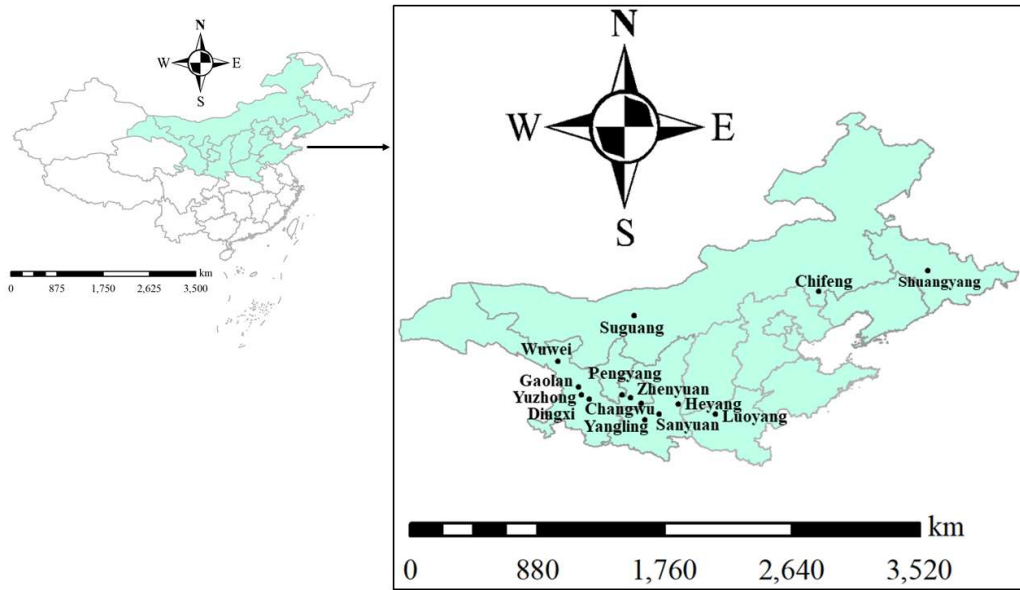


Fig. 2. Distribution of the locations of the studies included in the meta-analysis. The map was generated using ArcGIS 10.2.

Figure 3

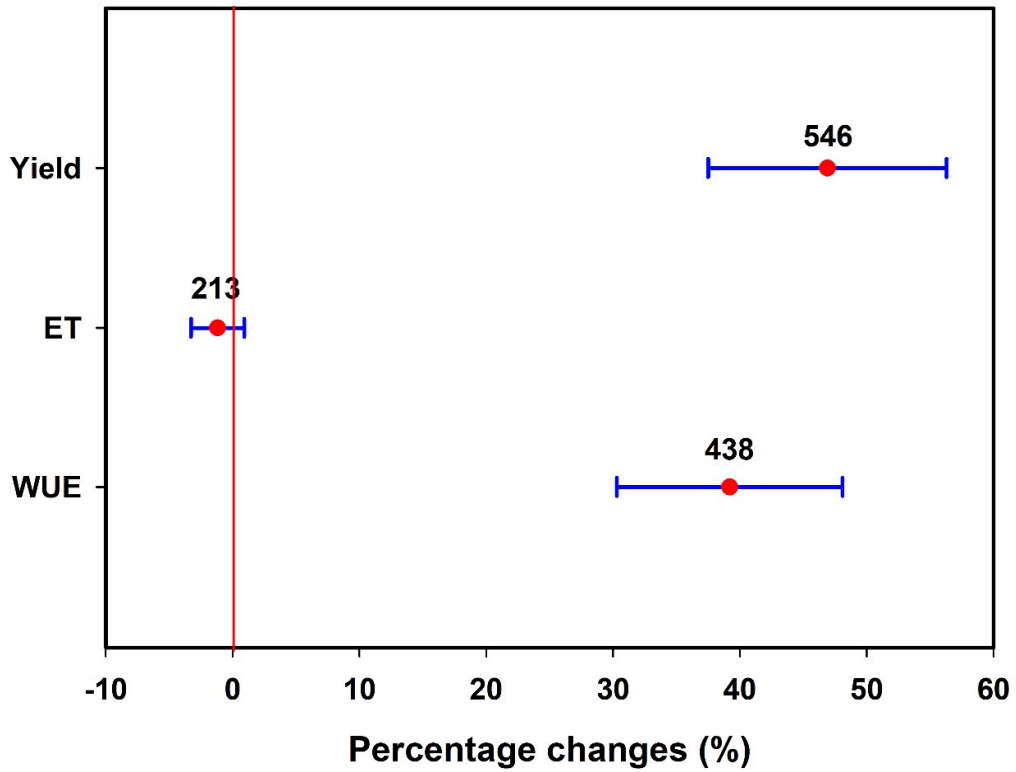


Fig. 3. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation across a wide range of environmental and management conditions. Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. The 213 WUE observations were calculated through $WUE = Yield/ET$, and 225 WUE observations were directly from references.

Figure 4

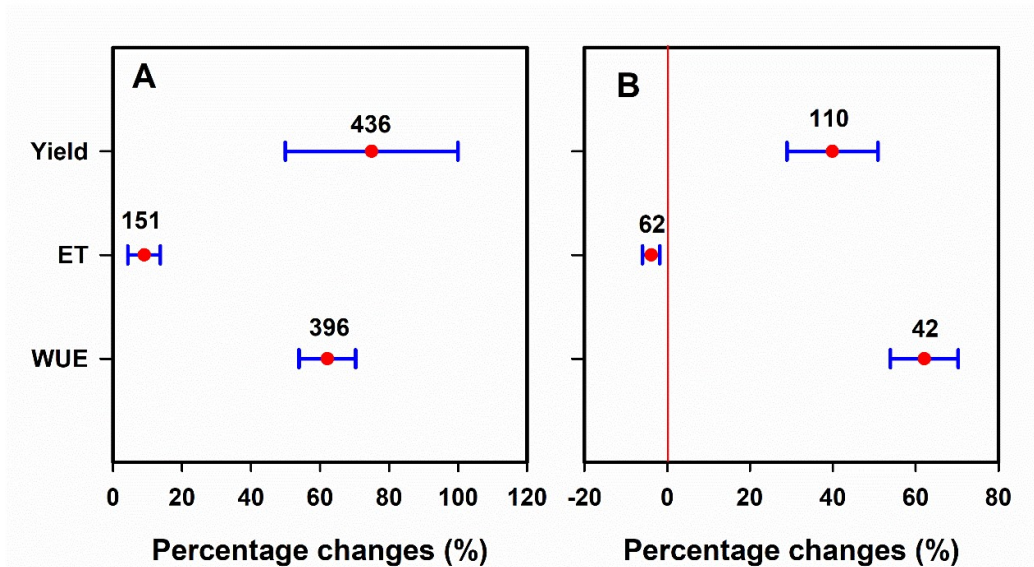


Fig. 4. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation under different mean growing season air temperature of maize (A, ≤ 12 °C; B, > 12 °C). Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. The 213 WUE observations were calculated through $WUE = Yield/ET$, and 183 WUE observations were directly from references in Fig. 4A. All the WUE observations were directly from references in Fig. 4B.

Figure 5

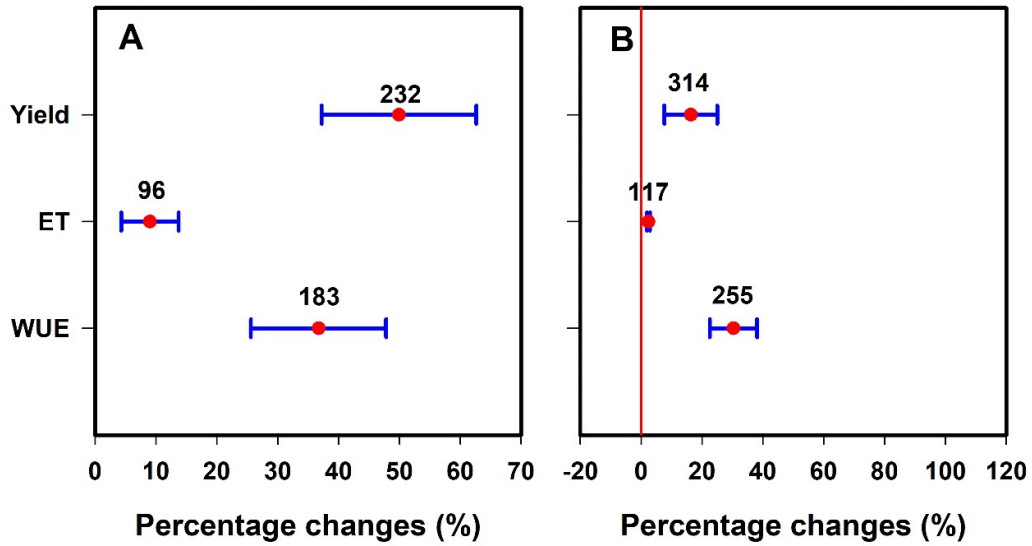


Fig 5. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation under different mean precipitation during the growing season of maize (A, ≤ 400 mm; B, > 400 mm). Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. The 96 WUE observations were calculated through $WUE = Yield/ET$, and 87 WUE observations were directly from references in Fig. 5A. The 117 WUE observations was calculated through $WUE = Yield/ET$, and 138 WUE observations were directly from references in Fig. 5B.

Figure 6

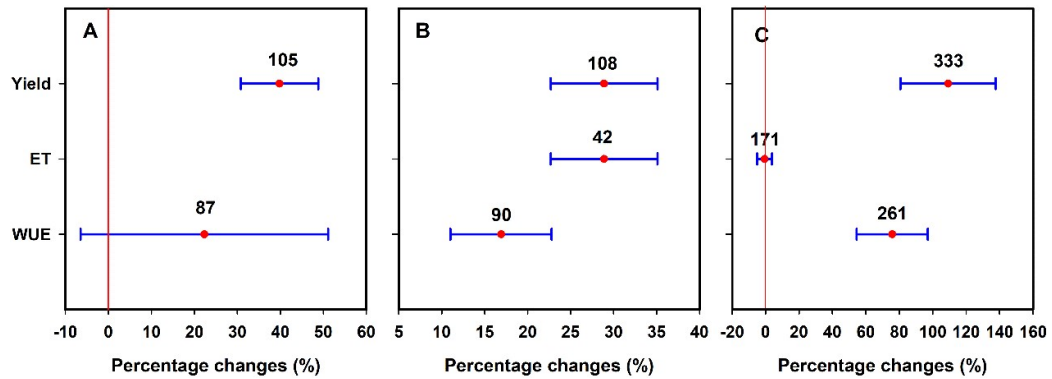


Fig. 6. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation under different soil textures (A, coarse; B, medium; C, fine). Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. All the WUE observations were directly from references in Fig. 6A. The 42 WUE observations were calculated through $WUE = Yield/ET$, and 48 WUE observations were directly from references in Fig. 6B. The 171 WUE observations were calculated through $WUE = Yield/ET$, and 90 WUE observations were directly from references in Fig. 6C.

Figure 7

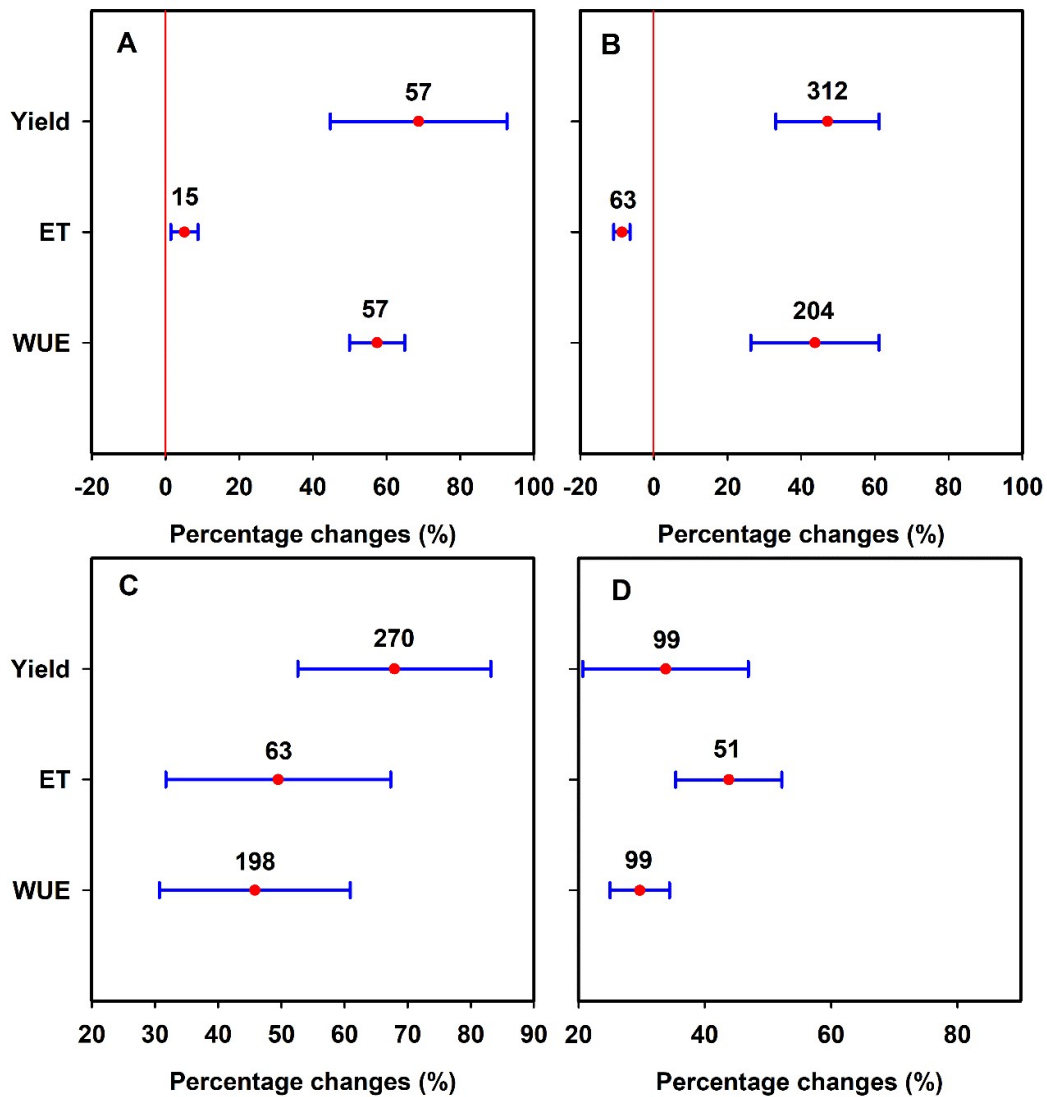


Fig. 7. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation under different soil bulk density (A, $\leq 1.3 \text{ g cm}^{-3}$; B, $> 1.3 \text{ g cm}^{-3}$), and with different field capacity (C, $\leq 25\%$; D, $> 25\%$). Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. The 15 WUE observations were calculated through $\text{WUE} = \text{Yield}/\text{ET}$, and 42 WUE observations were directly from references in Fig. 7A. The 63 WUE observations were calculated through $\text{WUE} = \text{Yield}/\text{ET}$, and 141 WUE observations were directly from

references in Fig. 7B. The 63 WUE observations were calculated through $WUE = \text{Yield}/ET$, and 135 WUE observations were directly from references in Fig. 7C. The 51 WUE observations were calculated through $WUE = \text{Yield}/ET$, and 48 WUE observations were directly from references in Fig. 7D.

Figure 8

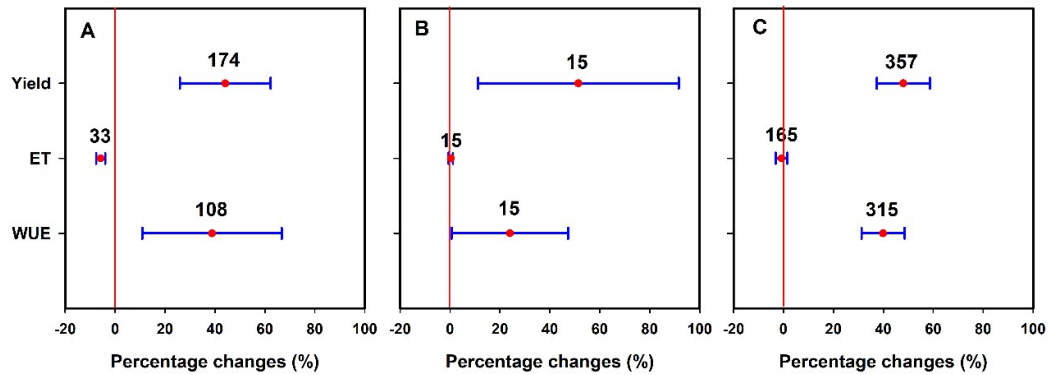


Fig. 8. Percentage changes in maize yield, ET and WUE comparing ridge-furrow cultivation to flat-plot cultivation under different mulching management (A, ridge-furrow; B, ridge-furrow mulched with straw; C, ridge-furrow mulched with plastic film). Error bars are the 95% confidence intervals (CIs). The number of observations is indicated over the CIs. The 33 WUE observations were calculated through $WUE = Yield/ET$, and 75 WUE observations were directly from references in Fig. 8A. All the WUE observations were calculated through $WUE = Yield/ET$ in Fig. 8B. The 165 WUE observations were calculated through $WUE = Yield/ET$, and 150 WUE observations were directly from references in Fig. 8C.

Table 1

Characteristics of the studies used in the meta-analysis.

Reference	Location	MT(°C)	MP (mm)	ST	BD (g cm ⁻³)	FC (%)	MM	NC of	NC of ET	NC of
Dong et al. (2017)	Chifeng, Inner	18.3	331.0	Medium	1.37	\	RF, RFP	9	0	0
Dong et al. (2017)	Shuangyang, Jilin,	17.6	477.5	Medium	1.43	\	RF, RFP	18	0	0
Dong et al. (2018a)	Suguang, Inner	20.9	136.5	Medium	1.33	\	RF, RFP	9	0	0
Dong et al. (2018b)	Shuangyang, Jilin,	17.6	477.5	Medium	1.43	\	RFP	36	36	36
Eldoma et al. (2016)	Yuzhong, Gansu,	18.8	269.0	Fine	1.32	22.9	RF, RFP	24	0	24
Li et al. (2001)	Gaolan, Gansu,	17.1	226.0	Coarse	1.35	22.9	RF, RFS,	42	0	42
Li et al. (2014)	Zhenyuan, Gansu,	16.6	344.5	Medium	\	\	RFP	63	63	63
Li et al. (2017a)	Changwu, Shaanxi,	11.8	262.0	Medium	1.30	26.6	RFP	18	0	18
Li et al. (2017b)	Sanyuan, Shaanxi,	20.9	506.0	Medium	1.32	26.9	RFP	18	0	18
Liu et al. (2018)	Yangling, Shaanxi,	21.2	537.1	Coarse	1.37	22.0	RF	18	0	0
Qin et al. (2018)	Changwu, Shaanxi,	11.8	262.0	Fine	1.30	26.6	RFP	12	0	12
Ren et al. (2008)	Yangling, Shaanxi,	21.2	537.1	Medium	1.25	23.0	RFP	9	9	9
Ren et al. (2010)	Yangling, Shaanxi,	21.2	537.1	Medium	1.35	22.0	RF	18	0	0
Ren et al. (2016)	Pengyang, Ningxia,	14.9	391.0	Coarse	1.39	21.0	RF, RFP	45	0	45
Ren et al. (2017)	Heyang, Shaanxi,	13.8	378.8	Medium	1.34	27.8	RF, RFP	45	45	45
Tian et al. (2015)	Yangling, Shaanxi,	21.2	537.1	Medium	1.37	22.0	RF	30	0	12
Wang et al. (2009)	Luoyang, Henan,	15.6	350.0	Fine	\	\	RFP	18	18	18
Wang et al. (2011)	Dingxi, Gansu,	11.4	253.3	Fine	1.25	23.2	RF, RFP	12	0	12
Wang et al. (2013)	Dingxi, Gansu,	11.4	253.3	Fine	1.25	26.0	RFP	6	6	6
Wu et al. (2018)	Wuwei, Gansu,	17.3	140.6	Medium	\	\	RFP	42	0	42
Zheng et al. (2018)	Yangling, Shaanxi,	21.2	537.1	Medium	1.25	23.0	RFS, RFP	18	18	18
Zhou et al. (2009)	Yuzhong, Gansu,	18.8	269.0	Fine	1.35	22.9	RF	18	18	18
Zhou et al. (2012)	Yuzhong, Gansu,	18.8	269.0	Fine	1.35	22.9	RFP	18	0	0

MT: mean growing season air temperature of maize from each reference; MP: mean precipitation during the growing season of maize from each reference; BD: soil bulk density from each reference; FC: field capacity from each reference; MM: mulching management from each reference; RF: ridge–furrow; RFS: ridge–furrow mulched with straw; RFP: ridge–furrow mulched with plastic film; NC: number of comparisons.

Table 2

Correlation coefficients between the $\ln R$ values of WUE with those of yield and ET under different environmental and management factors.

Factor		Yield	ET
Grand		0.86****	-0.36*
MT	≤12 °C	0.89****	-0.61**
	>12 °C	0.97****	-0.58*
MP	≤400 mm	0.79**	-0.61**
	>400 mm	0.92****	-0.82**
Soil texture	Coarse	0.48**	\
	Medium	0.51****	-0.06 ^{ns}
	Fine	0.93****	-0.17 ^{ns}
Soil bulk density	≤1.3 g cm ⁻³	0.99****	0.81*
	>1.3 g cm ⁻³	0.44*	-0.05 ^{ns}
Field capacity	<25%	0.89****	-0.63**
	≥25%	0.24****	0.17 ^{ns}
Mulching management	Ridge–furrow	0.90****	-0.37 ^{ns}
	Ridge–furrow mulched with straw	0.67****	0.50 ^{ns}
	Ridge–furrow mulched with plastic film	0.45****	-0.01 ^{ns}

ET: evapotranspiration; MT: mean growing season air temperature of maize; MP: mean precipitation during the growing season of maize; ns: not significant. *, **, **** and **** indicate significance at $P < 0.05$, $P < 0.01$, $P < 0.001$ and $P < 0.0001$, respectively.

Table 3

Correlation coefficients between possible influential factors (MP, MT, BD and FC) and the lnR of yield, ET and WUE.

Factor	Yield	ET	WUE
MT	-0.24*	0.79**	0.16 ^{ns}
MP	-0.39*	0.91**	0.09 ^{ns}
BD	-0.28**	-0.78****	-0.18 ^{ns}
FC	-0.14 ^{ns}	-0.38*	-0.05 ^{ns}

ET: evapotranspiration; MT: mean growing season air temperature of maize; MP: mean precipitation during the growing season of maize; BD: soil bulk density; FC: field capacity; ns: not significant. *, ** and **** indicate significance at $P < 0.05$, $P < 0.01$ and $P < 0.0001$, respectively.

Supplementary Information.

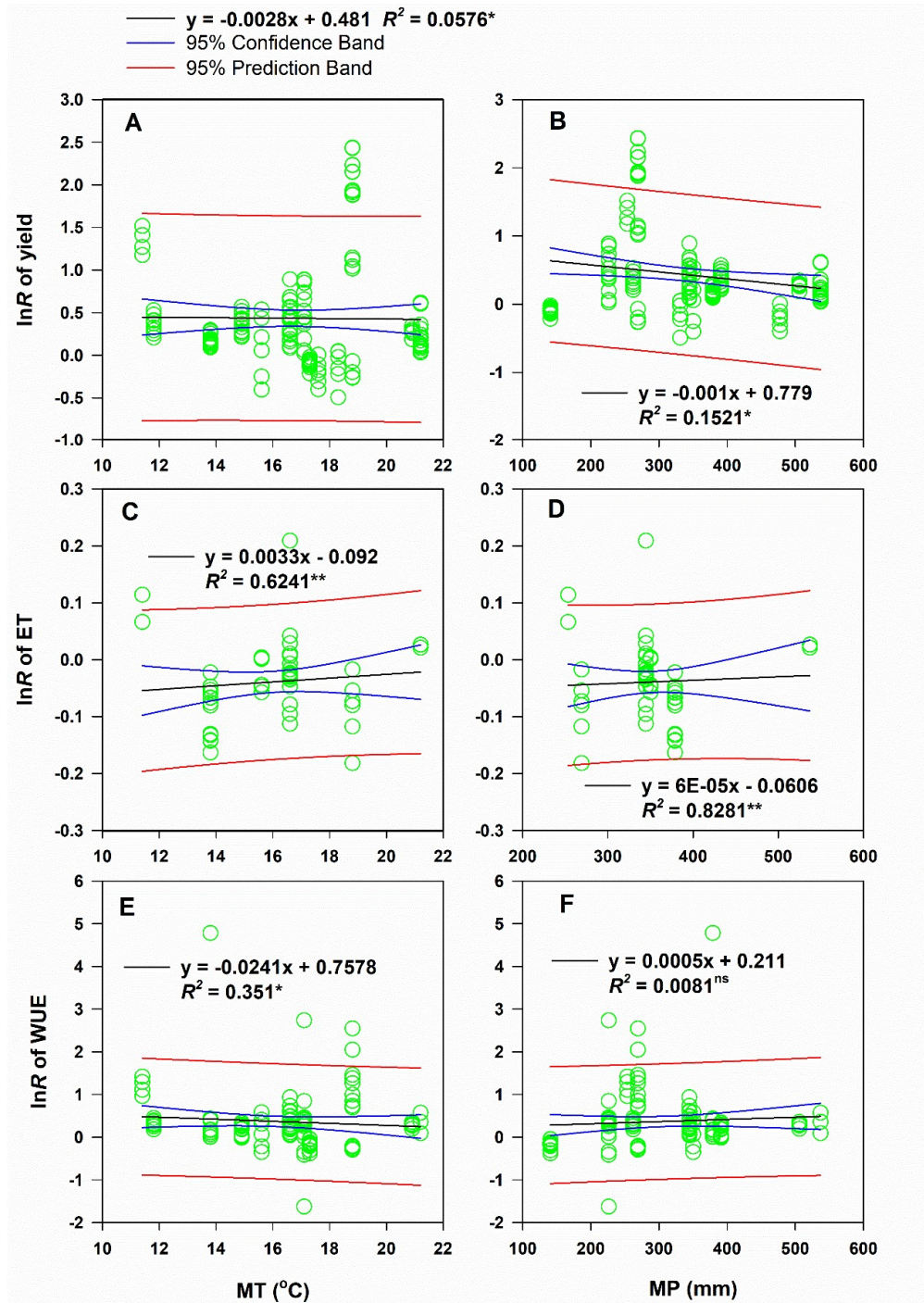


Fig. S1. Scatter plots and linear models relating $\ln R$ to MT (A, C, E) and MP (B, D, F). Relationship between $\ln R$ and MT and MP were estimated by a mixed effects model: $\ln R = \beta_0 + \beta_1 * MT + \beta_2$, $\ln R = \beta_0 + \beta_1 * MP + \beta_2$. ns: not significant, * $P < 0.05$, ** $P < 0.01$. MT: mean air temperature during the growth period of maize; MP: mean precipitation during the growth period of maize.

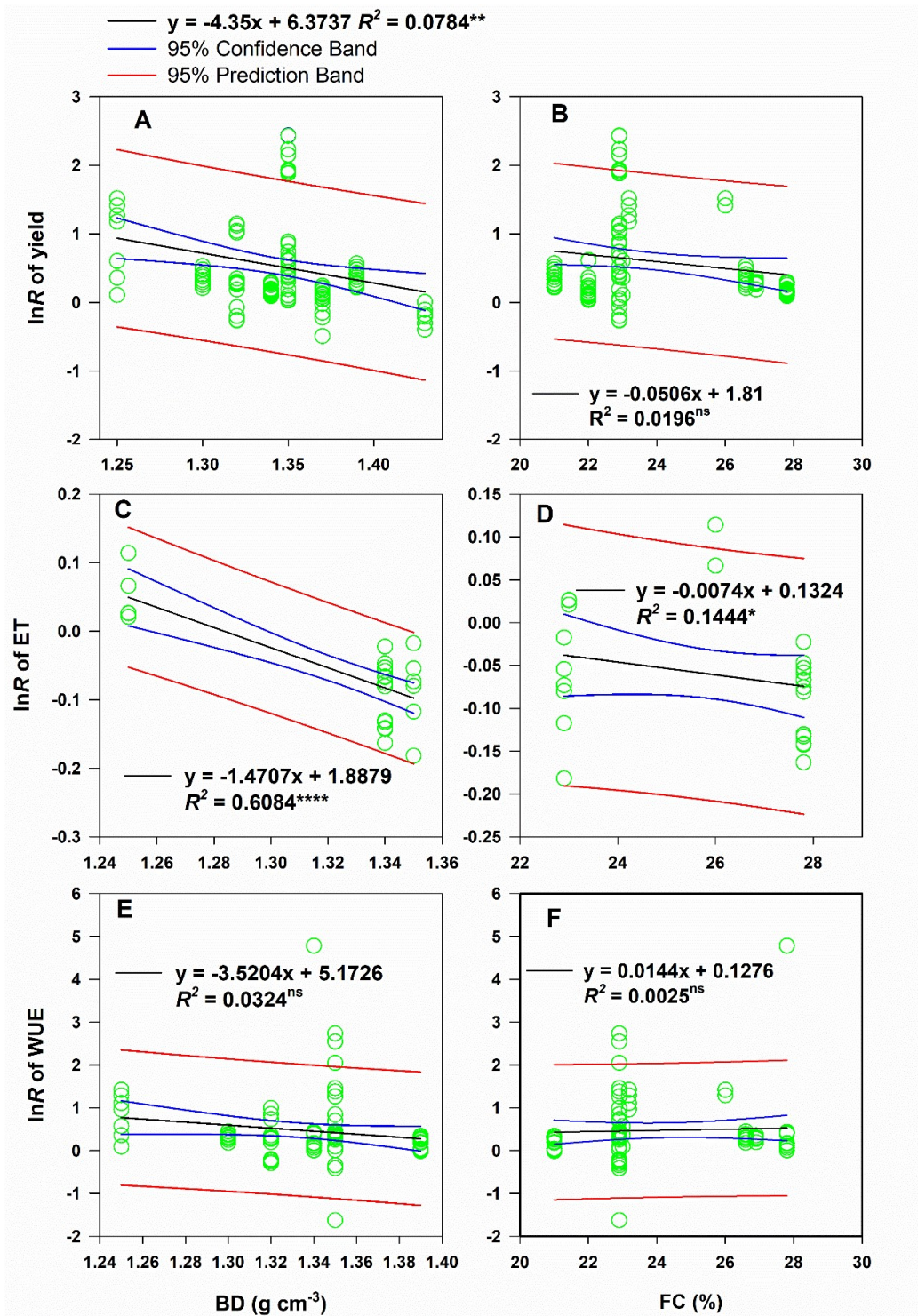


Fig. S2. Scatter plots and linear models relating $\ln R$ to BD (A, C, E) and FC (B, D, F). Relationship between $\ln R$ and MT and MP were estimated by a mixed effects model: $\ln R = \beta_0 + \beta_1 * BD + \beta_2$, $\ln R = \beta_0 + \beta_1 * FC + \beta_2$. ns: not significant, * $P < 0.05$, ** $P < 0.01$, **** $P < 0.0001$. BD : soil bulk density; FC : field capacity.

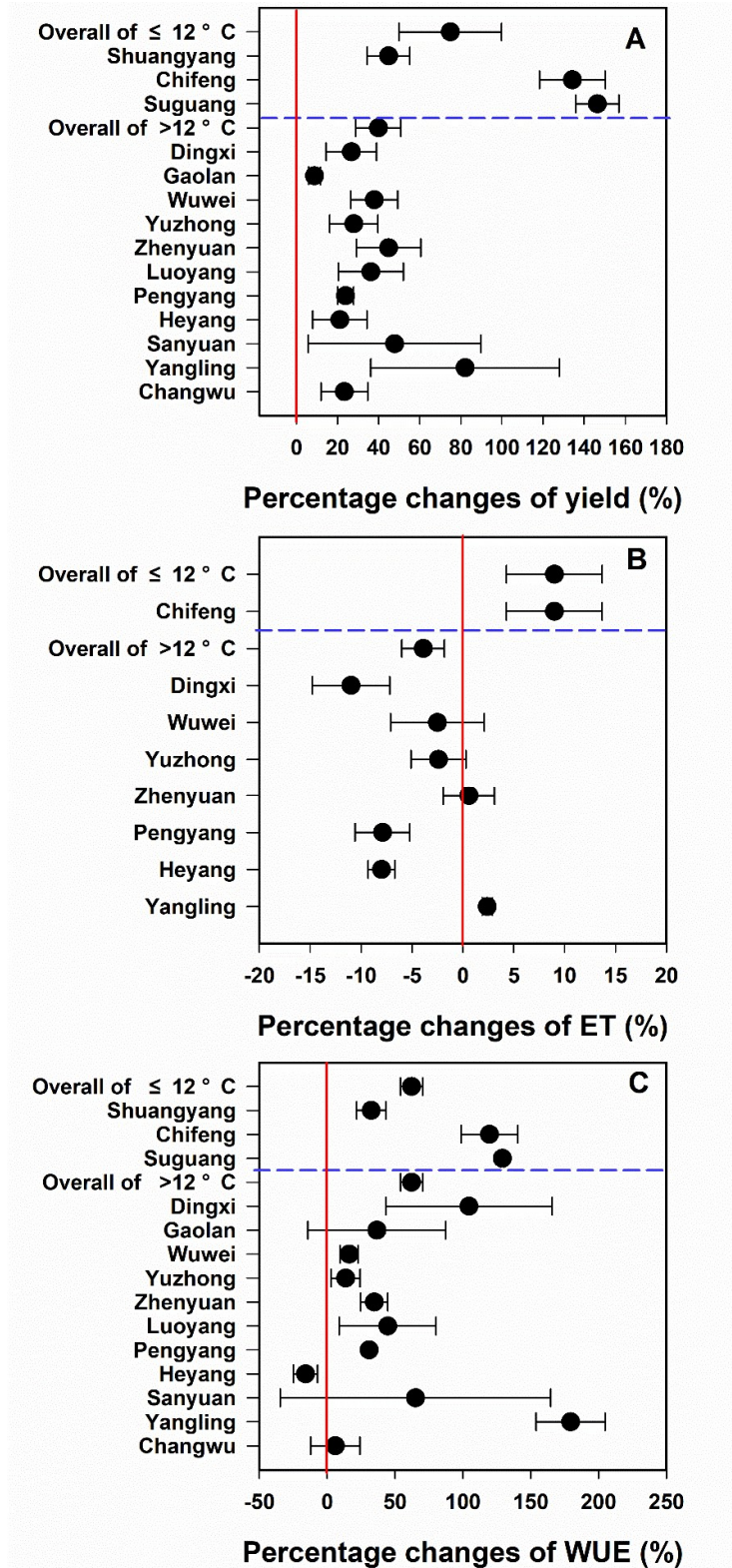


Fig. S3. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different mean air temperature during the growth period. Error bars are the 95% confidence intervals (CIs).

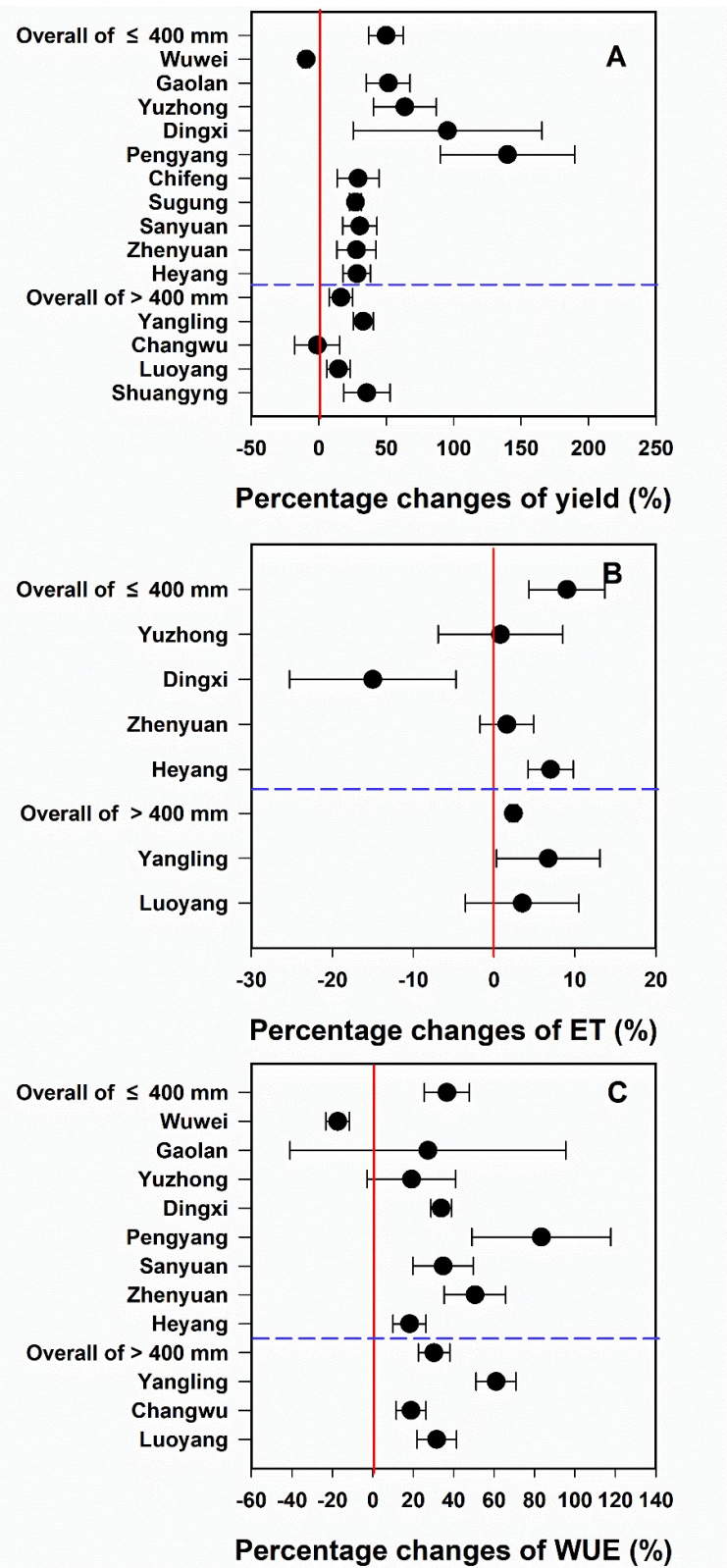


Fig. S4. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different mean precipitation during the growth period. Error bars are the 95% confidence intervals (CIs).

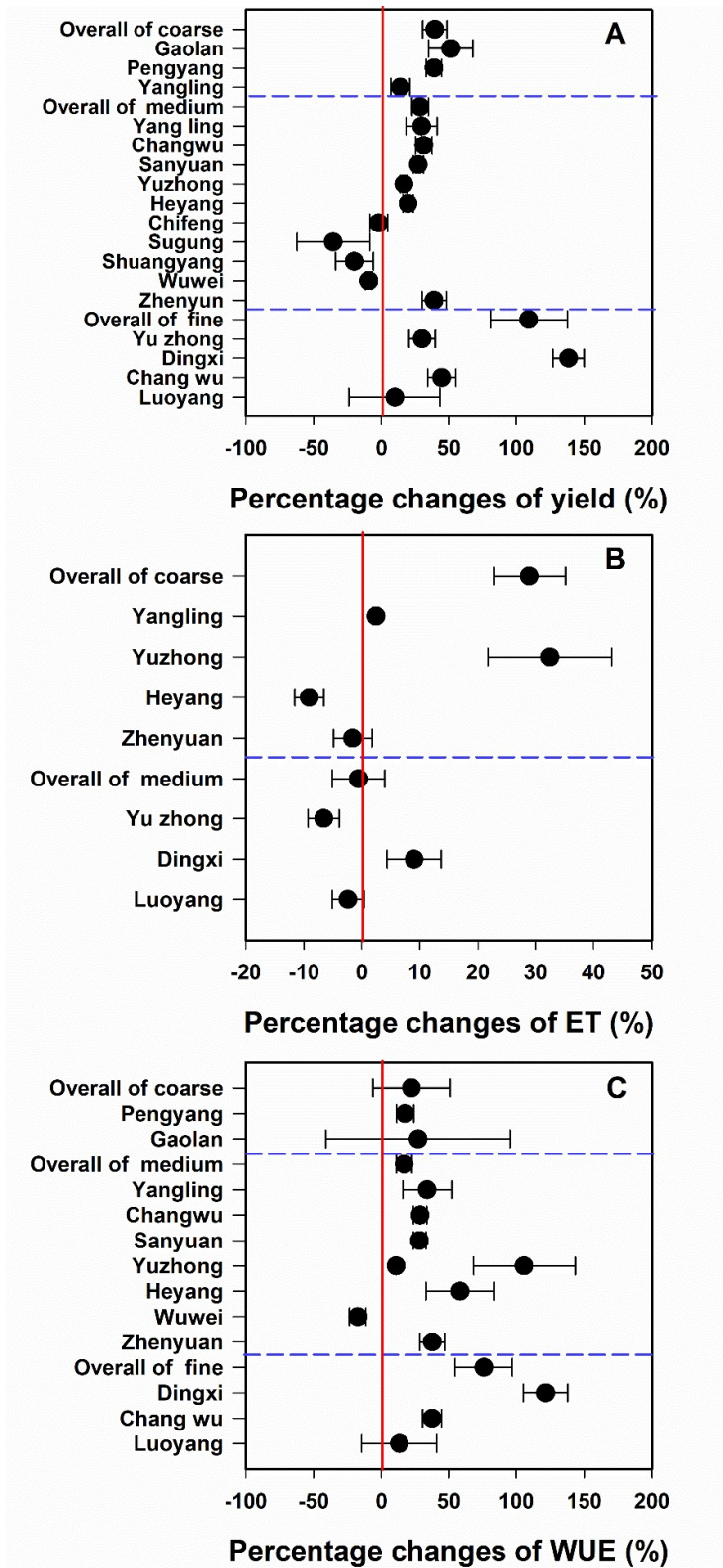


Fig. S5. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different soil textures. Error bars are the 95% confidence intervals (CIs).

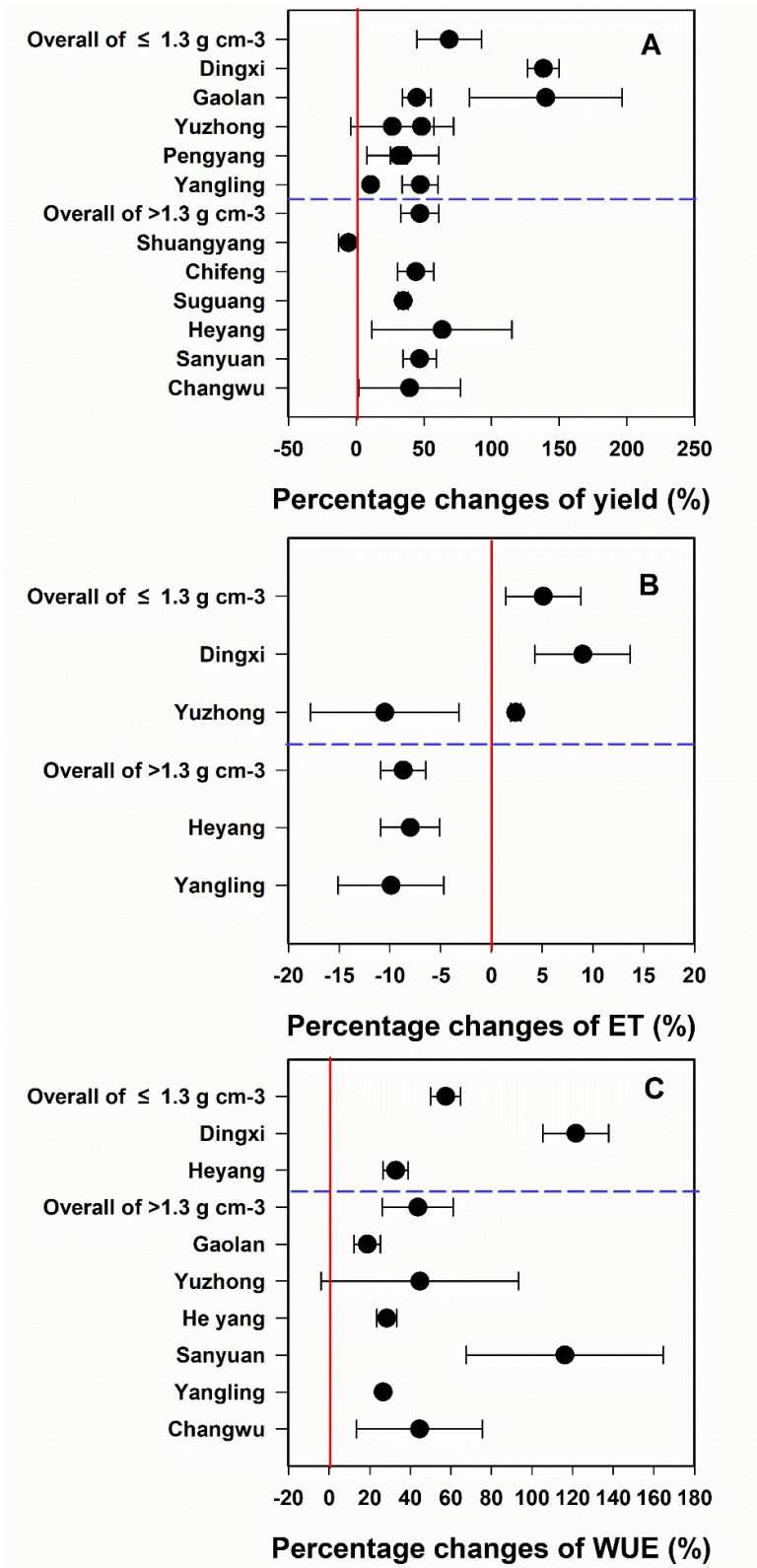


Fig. S6. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different soil bulk density. Error bars are the 95% confidence intervals (CIs).

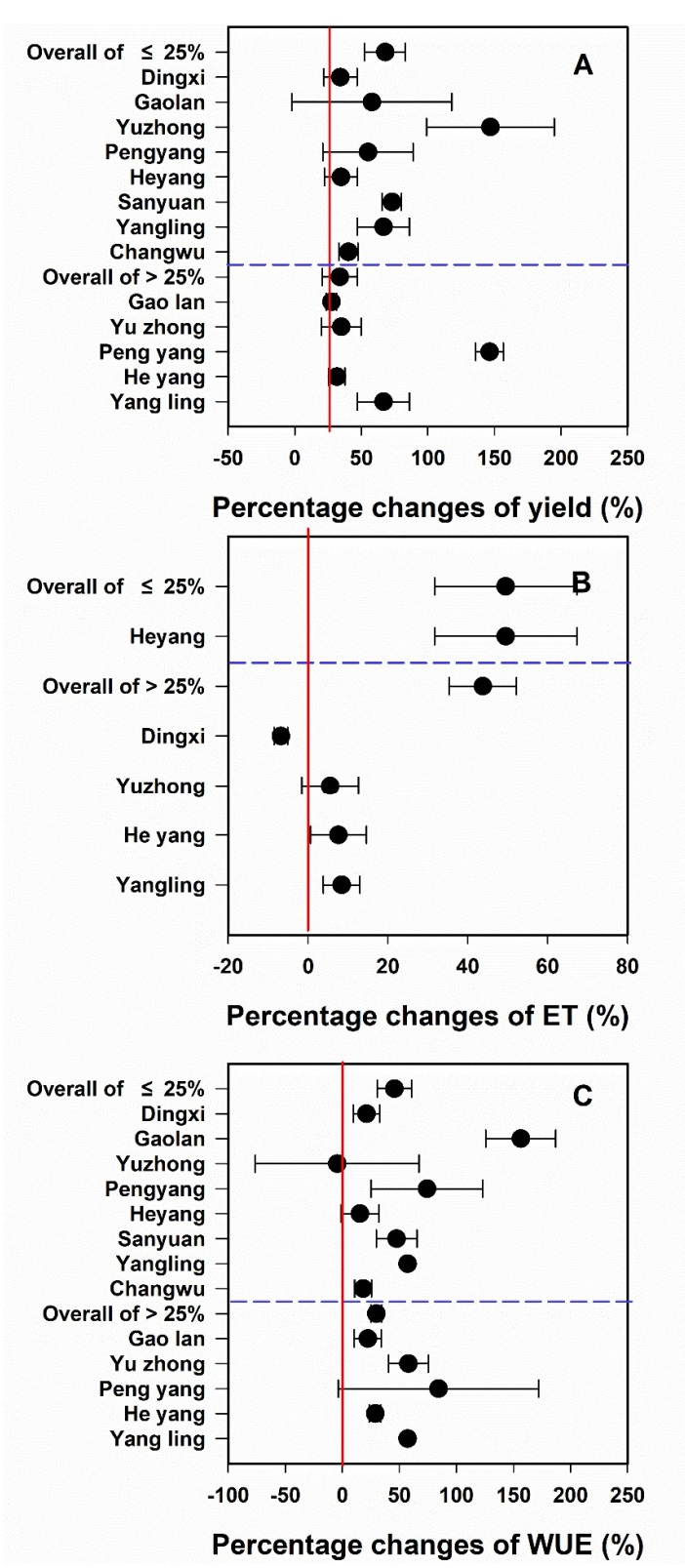


Fig. S7. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different field capacity. Error bars are the 95% confidence intervals (CIs).

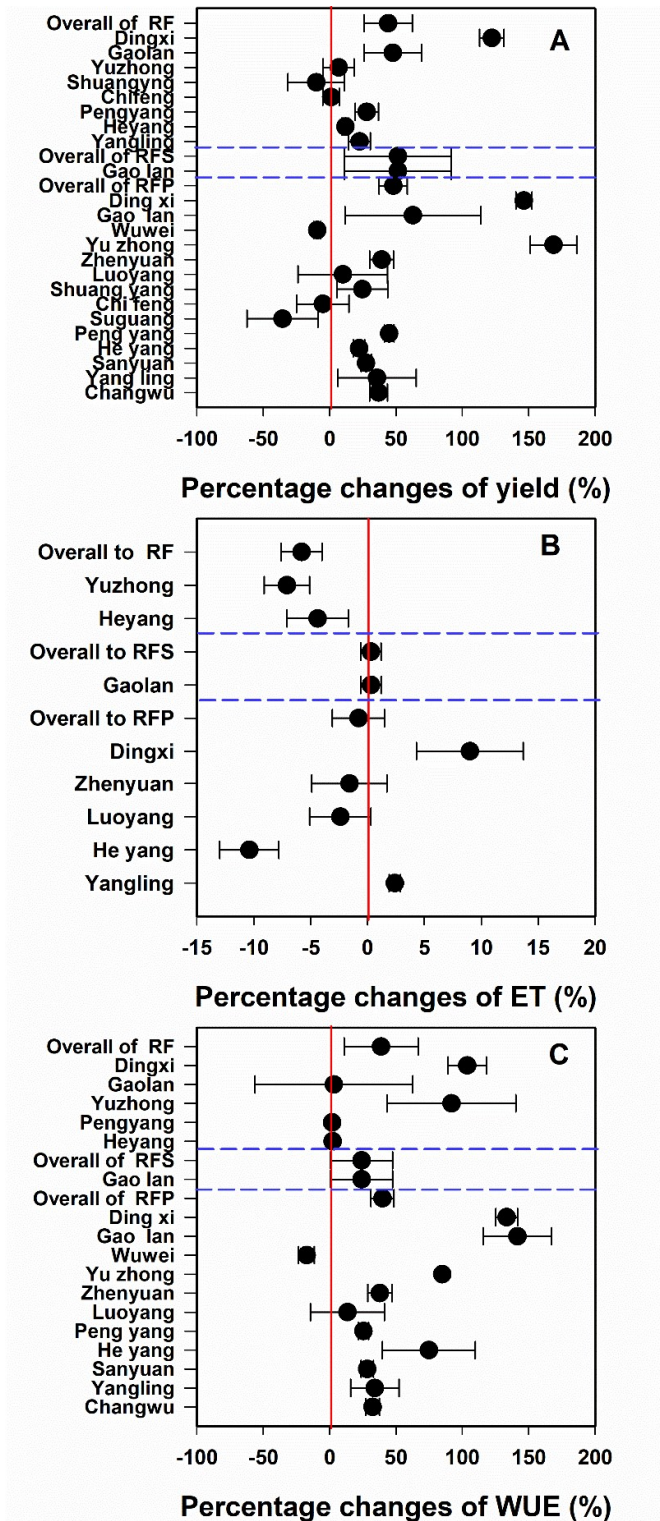


Fig. S8. Percentage changes in maize yield (A), ET (B) and WUE (C) comparing ridge-furrow cultivation to flat-plot cultivation under different mulching management (A, ridge-furrow; B, ridge-furrow mulched with straw; C, ridge-furrow mulched with plastic film). Error bars are the 95% confidence intervals (CIs).

S1 Information: References for publications used in the study.

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