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Title	Case of anaphylaxis to maltose solution
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Citation	Journal of Dermatology , 47 (4) : e107 - e108
Issue Date	2020-04-01
DOI	10.1111/1346-8138.15263
Self DOI	
URL	https://ir.lib.hiroshima-u.ac.jp/00050426
Right	This is the peer reviewed version of the following article: Moriwaki, M., Umeda, N., Ishii, K., Morikawa, H., Takahagi, S. and Hide, M. (2020), Case of anaphylaxis to maltose solution. J Dermatol, 47: e107-e108, which has been published in final form at https:// doi.org/10.1111/1346-8138.15263. This article may be used for non-commercial purposes in accordance with Wiley Terms and Conditions for Use of Self-Archived Versions. This is not the published version. Please cite only the published version. この論文は出版社版ではありません。引用の 際には出版社版をご確認、ご利用ください。
Relation	



1 A case of anaphylaxis to maltose solution

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Anaphylaxis may be triggered by various medications. Antibiotics and nonsteroidal antiinflammatory drugs (NSAIDs) are major causes but anaphylactic reactions to infusion fluids are rare<sup>1)</sup>. We here report a case of anaphylactic reaction to maltose solution, a widely-used infusion fluid as a carbohydrate source in Japan.

A 23-year-old man developed a reddish skin rash, pruritus, and difficulty in breathing immediately after receiving intravenous infusion of 5%-maltose lactated Ringer's solution (maltose lactated solution) with sodium salicylate and methylmethionine sulfonium chloride for flu. No additives were contained in the Ringer's solution.\_He received intramuscular epinephrine, and recovered without further complications. He had a previous history of two events of anaphylaxis due to uncertain causes.

He was referred to our department for further examination. We first performed prick testing using 5%-sodium salicylate, 4%-methylmethionine sulfonium chloride, maltose lactated solution and 10% maltose in saline, but no skin reactions were observed. Then we carried out an intradermal testing with the same reagents, resulting in positive reactions to maltose lactated solution and 10% maltose (Fig. 1A).

40 A month later, we performed a histamine release test (HRT) with various concentrations of maltose lactated solution and maltose diluted in assay buffer<sup>2)</sup>. The release of histamine was 41 42 observed by maltose lactated solution (Fig. 1B) and maltose (Fig. 1C) from the patient's 43 basophils in the presence of 10% serum of the patient, but not from basophils of a healthy control (data not shown). No or only a marginal amount of histamine release was induced by 44 45 maltose in the absence of the serum (data not shown). These results suggest that the infused 46 maltose obtained antigenicity with molecules in the patient's serum and induced anaphylaxis 47 via type I hypersensitivity. A careful review of his medical history revealed two previous 48 incidents of anaphylaxis upon receiving an infusion of maltose solution.

49 Maltose is a naturally occurring disaccharide consisting of two glucose molecules, and is 50 present in human blood. Intravenously administered maltose migrates into cells in a noninsulin-dependent manner, and is hydrolysed to two molecules of glucose by  $\alpha$ -glucosidase 51 52 (maltase) in the cells. It is further metabolized via anaerobic glycolysis system and a TCA cycle. 53 The size of maltose itself is too small to cross-link multiple IgE as an antigen. However, 54 there are reports of anaphylaxis induced by dextran which also consists of glucose<sup>3)</sup> and by icodexitrin which can be decomposed into maltose<sup>4)</sup>. These results suggest the presence of IgE 55 56 that recognize maltose as (a part of) the antigen. Moreover, cefotiam, an antibiotics with small 57 molecular weight less than 600, is known to become an antigen with human serum albumin<sup>2)</sup>. 58 Therefore, maltose may also bind to serum protein, forming into an antigen recognized by 59 antibodies in the patient. 60 There are a few other reports of anaphylactic reactions induced by maltose solution<sup>5)</sup>. In some cases, patients repetitively received infusion of maltose solution many times, because 61 62 physicians could not conceive that an infusion fluid would cause anaphylaxis. Therefore, it is 63 important to note that maltose solution can induce anaphylaxis. 64 Figure Legend: 65 (A) Intradermal test of 5%-sodium salicylate, 4%-methylmethionine sulfonium chloride, 5%-66 67 maltose lactated ringer's solution and 10% maltose. Results were positive with 5%-maltose ringer's lactated solution and 10% maltose in saline. 68 69 (B) Histamine release test for maltose Ringer's lactated solution and (C) maltose. Histamine was 70 released from the patient's basophils by maltose lactated Ringer's solution and maltose, but not

71 from healthy control. Net release is shown in this graph.

- 73 Conflict of interest: none declared.
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- 75 Reference
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Maltose concentration