# ADOLESCENT SUICIDE IDEATION INTERVIEW (ASII) Version A

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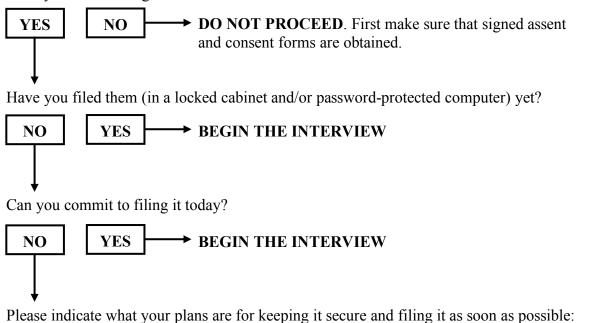
**Note:** This semi-structured interview is designed to obtain detailed information about adolescents' suicide ideation, including the circumstances surrounding the suicide ideation, the content, and the form of the ideation. The interview was developed between 2005 and 2016 via pilot research conducted by the first and second author, with assistance from the other co-authors, and refined via research conducted by the first and third author between 2018 and 2020. Thanks to Deirdre Kovac for developing a formatting template for the interview, and thanks to Jhovelis Mañaná, Christina Rombola, Mariah Xu, Emelyn Auad, Erica Rodriguez, Florissell Rosales, Alexandra Wetmore, and Emily Zuckerman for their assistance in reviewing previous drafts of this interview. Thanks also to the interviewers and raters who helped to refine the interview questions. This version of the interview was finalized as part of an ongoing Adolescent Suicide Ideation Study, funded by NIH Grant MH091873 (PI: Miranda).

Administration: This interview was developed for administration, with supervision, by interviewers with at least a Bachelor's degree in Psychology or a related area who typically undergo 20+ hours of training. Questions and prompts provided throughout the interview are *suggestions* and can be modified at the discretion of the interviewer to obtain the information needed to make a particular rating and to be suitable for a particular setting. Administration time for the entire interview may range from 60 to 90 minutes for experienced interviewers, but up to 2 hours for beginning interviewers. For additional information or for inquiries, please contact Regina Miranda at regina.miranda@hunter.cuny.edu.

## PRE AND POST INTERVIEW NOTES

## ADOLESCENT SUICIDE IDEATION INTERVIEW

Participant ID:					
Interviewer:					
Date of Interview:///					
Start Time:: A.M. / P.M.					
End Time:: A.M. / P.M.					
Interview Location:					
Recruitment Site:					
Was the interview audio recorded?YesY	No				
Has the interview been reviewed? Yes (Date:	)		No		
Has the interview data been entered? Yes (Initials	3:;	Date:		)	No
CONSENT AND ASSENT					
To the interviewer:					
Have you obtained signed <b>consent and assent forms</b> ?					



YOUR SIGNATURE

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## DEFINITIONS

**SUICIDE IDEATION (SI) EVENT:** A single instance in which uninterrupted thought(s) of suicide occur on a given day. The TERMINATION OF SI EVENT occurs when a person has stopped thinking about suicide for at least 30-45 minutes.

SIGNAL SI EVENT: The SI EVENT that will be the focus of the interview.

**SUICIDE IDEATION (SI) EPISODE:** One or more SI events that occur during a specific period of time (and can include the signal SI). A SI episode may be <u>brief</u>, if the SI preceding the signal SI event (and including the signal SI event) lasts less than two weeks (whether interrupted or uninterrupted); <u>intermittent</u>, if the SI preceding the SI event is interrupted (on and off) and lasts two weeks or longer; or <u>persistent</u>, if the SI preceding the signal SI event is uninterrupted (i.e., SI occurs every day) and lasts two weeks or longer. A persistent SI episode ends when more than 24 hours have gone by without SI.

**PREPARATORY BEHAVIOR:** Behavior in which individual engages -- before initiating a suicide attempt -- to prepare to make the attempt. This must consist of more than ideation and involves action (e.g., purchasing analgesics, going to the store to get a rope, getting a knife from the kitchen, walking to or on the bridge). Preparation ceases when the method is applied (e.g., first tablet swallowed, first cut made, gun placed in mouth, head put into noose). *Preparatory behavior is not classified as a suicide attempt.* 

**SUICIDE ATTEMPT:** A behavior performed by an individual who, at the time, believed that there was a reasonable likelihood that it would result in their death (as evidenced by thoughts or images of death or by the absence of thoughts of survival) and that this was, at least in part, a desired outcome, e.g., passive thoughts ("wouldn't matter if I died"). An attempt might not have resulted in death, either because the individual changed their mind and took action to terminate the process (aborted), because someone else interrupted the process (interrupted), or because the method used was not lethal and so did not result in the (wholly or partially) desired consequence.

## INTRODUCTION

"Thank you for helping us with this study. What we are trying to do is to get some idea about what teenagers think when they think about suicide and how this might affect young people who have thought about or attempted suicide."

## I. THE EVENT

## I.A. DETAILS OF THE SUICIDE IDEATION (SI) OR SUICIDE ATTEMPT (SA)

## 1. THE INTERVIEW STARTS HERE:

1A. If **ED**, "I was told by one of the doctors that you came to the ED on \_ [DAY OF ADMISSION] at \_\_\_\_\_ [TIME OF ADMISSION] because you;"

WERE THINKING ABOUT KILLING YOURSELF/WANTED TO DIE TRIED TO KILL YOURSELF OTHER REASON, BUT DISCLOSED SI OR SA DURING THE ASSESSMENT IN THE ED

1B. If **Outpatient**, "I was told by your doctor that on \_\_ [DAY OF REFERRAL], you:" \_\_\_\_\_ WERE THINKING ABOUT KILLING YOURSELF/WANTED TO DIE TRIED TO KILL YOURSELF

"Can you tell me more about what happened?" (Get an outline of the SI/SA and events leading to the SI. Use prompts such as, "Tell me more..." and "...and then what happened?" if necessary).

#### R1. Details of signal SI event

#### 2. INTERVIEWER RATING:

#### R2. Endorsed/denied SI

- □ Adolescent endorsed SI
- Adolescent denied any SI

Suicide ideation includes:

ACTIVE SUICIDE IDEATION: one or a series of thoughts in which the individual thinks about killing themselves.

**PASSIVE SUICIDE IDEATION:** thoughts of own death, such as a preference for being dead (e.g., "*I/People would be better off if I were dead… My life is not worth living*").

## I.B. SUICIDE IDEATION AND OTHER SUICIDE ATTEMPTS ON THE SAME DAY

#### NOTE: SKIP THIS QUESTION IF ADOLESCENT DENIES SI → Go to Q5, or Q4 (if SA suspected)

INSTRUCTIONS: Ask only if information not provided in R1

**3.** "You told me that \_\_\_\_\_ [DAY OF THE EVENT] you were thinking about killing yourself; did you also think about killing yourself the same day but at other different/separate times?"

#### R3. More than one SI event on signal day

- 🛛 No
- □ Yes
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### [IF ADOLESCENT ATTEMPTED SUICIDE]

INSTRUCTIONS: <u>Ask ONLY</u> if there is some indication (by the adolescent in R1 or the clinician) that the adolescent made multiple SAs on the signal day. If no multiple SAs on the same signal day, check "NO" even if you do not ask this question.

**4.** "You told me that \_\_\_\_\_ [DAY OF THE EVENT] you tried to kill yourself by [METHOD]; did you try to kill yourself more than once that day?"

R4. More than one SA on signal day

- □ No
- □ Yes
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**INSTRUCTIONS:** If the adolescent reports more than one SA in the past 5 days:

--If the SAs happened on <u>different</u> days  $\rightarrow$  focus on the most recent SA.

--If the SAs happened on the <u>same</u> day  $\rightarrow$  focus on the first SA of the day, but collect as much information as possible about the second/third...SA during the DESCRIPTION OF THE DAY

(NOTE: Re-ingestion should not be considered another SA. Re-ingestion occurs when an adolescent has begun to take a substance, e.g., pills, stops briefly, and then resumes).

INTERVIEWER: Complete the following scales. Note that the questions/prompts are meant as suggestions. Interviewers should be free to deviate from the wording of a particular question to fit their interviewing style, as long as they obtain the information necessary to make the ratings. A question does not need to be asked if, during the course of the interview, the respondent has already provided the information needed for a particular rating.

## **II. PRIOR CONTINGENCIES**

## **II.A. DESCRIPTION OF THE DAY**

**5.** "Now I'd like to get more details about what happened that day, starting when you woke up that morning. I'd like you to pretend that we're watching a movie of what happened. Starting with that morning, describe in as much detail as you can what happened before, during, and after you [thought about killing yourself/tried to kill yourself]—including what you were thinking and feeling along the way."

[Suggested Probes: Then what happened? What was going through your mind at that time?]

**R5.** Description of the day of the SIGNAL DAY


## 6. Table 1. INSTRUCTIONS: DESCRIBE SI EVENTS DURING SIGNAL DAY

[**Probes**: "When did you <u>start thinking about killing yourself that day</u>? How many times? How long did the thoughts last?"]

	<u>R6. SI EVENTS ON SIGNAL DAY</u>	R6.1 DURATION SI	R6.2. TIME OF THE DAY,
		EVENTS	<u>SI EVENTS</u>
<u>1</u>			(first SI event that day)
2			
<u>3</u>			
<u>4</u>			
5			
<u>6</u>			
7			
	Adolescent denied suicide ideation on signal day	1	

#### 7. INTERVIEWER RATING: Did adolescent wake up that day thinking about killing themselves?

#### **R7.** Thoughts when first woke up

- □ Yes
- 🛛 No
- □ Not applicable
- □ Adolescent denied any SI

## **II.B. IDENTIFICATION OF STRESSOR AND TRIGGER OF SI EVENT**

[FOR DEFINITIONS OF STRESSOR AND TRIGGER SEE APPENDIX B, p. 73. Note that thoughts or feelings, alone, should not be classified as stressors].

**NOTE:** *If youth woke up thinking about killing themselves that day* → *Skip to Q9 (Table 2) below.* If skipped, put an X here: \_\_\_\_\_

**8.** "What happened that first changed your mood that day (so that your mood never went back to how it was before)?" Suggested follow-up probe for clarification: "Did you think about killing yourself right after that happened?" (If NO ideation after this event, classify this event as the STRESSOR)

R8. Stressor

R8.1. Date and time of stresso	)r
Date:	
Time:	
Check one:	
Early morning (woke up-	-9AM/before school
□ Morning (9AM/after schoo	l started-noon)
□ Afternoon (noon-4:59 P.M.	.)
□ Evening (5:00 P.M7:59 P.	М.)
□ Night (8:00 P.Mmidnight)	
□ Middle of the night (after	er midnight)
$\Box$ No time specified	
□ Unable to recall	
Declined/Refused to sp	ecify
$\Box$ No stressor present	2

#### 9. Table 2. INSTRUCTIONS: Complete table for each SI event

"What happened that made you start thinking about killing yourself/[INSERT RESPONDENT'S WORDS] during the [SI EVENT]?" (Classify this event as the TRIGGER). "When did [TRIGGER] happen?"

<u>SI EVENTS</u>	<u>R9. TRIGGER (What happened?)</u>	<u>R9.1. TIME OF THE</u> <u>DAY, TRIGGER</u>
<u>1</u>		
<u>2</u>		
<u>3</u>		
<u>4</u>		
<u>5</u>		
<u>6</u>		
Adolescer	nt denied SI on signal day	

## **II.C. IDENTIFICATION OF THE SIGNAL SI EVENT**

**INSTRUCTIONS:** Identify the SIGNAL SI EVENT on which this interview is going to focus:

□ If there was a SA, focus on the SI that preceded the SA

□ If there was NO SA and only ONE SI event, focus on that event

□ If there was no SA, and there was more than one SI event during the same day, focus on:

1. The event that led the adolescent to be brought to medical care (ED, counselor, therapy...) OR

2. "The worst" SI event identified by the adolescent.

□ If adolescent denies any SI →SKIP TO Q15 and follow the instructions throughout the interview

**<u>INTERVIEWER</u>**: DO NOT CONTINUE UNTIL YOU HAVE IDENTIFIED THE SIGNAL SI EVENT ON WHICH YOU ARE GOING TO FOCUS DURING THIS INTERVIEW.

IF THERE IS MORE THAN ONE SI EVENT, MAKE SURE THAT THE ADOLESCENT KNOWS WHICH SIGNAL SI EVENT WILL BE THE FOCUS OF THE INTERVIEW:

10. INTERVIEWER RATING: Enter number of the SIGNAL SI EVENT from Table 1: *R10*. \_\_\_\_\_

NOTE: The following questions are about the signal SI event

11. INTERVIEWER RATING: Start of signal SI event (See Table 1 and CONFIRM WITH ADOLESCENT)

Check o	one:	•				
		Weekday				
	<u>ן</u>	Weekend				
Date:				_ (M	M/DD	/YY
Time:					AM	PN
Check o	one:	•				
	ב ב	Early morning	g (woke u	ip–9AM	//befor	e scho
	٦ <sup>-</sup>	Morning (9AM	ofter cel	-	rted-no	on)
	-	Monning ()AM	/aner sci	ioor sta	neu no	on)
		Afternoon (noc			neu no	011)
_	]	U V	on-4:59 F	Р.М.)	ited ite	011)
_		Afternoon (noc	оп—4:59 н Р.М.—7:59	P.M.) P.M.)	itou no	011)
		Afternoon (noc Evening (5:00 F	on–4:59 F P.M.–7:59 .–midnigi	P.M.) P.M.) ht)		,
		Afternoon (noc Evening (5:00 F Night (8:00 P.M.	on-4:59 F P.M7:59 -midnig night (a	P.M.) P.M.) ht)		,
		Afternoon (noc Evening (5:00 F Night (8:00 P.M. Middle of the	on–4:59 F P.M.–7:59 –midnig night (a ied	P.M.) P.M.) ht) ifter mi	dnight)	,
		Afternoon (noc Evening (5:00 F Night (8:00 P.M. Middle of the No date specif	on-4:59 F P.M7:59 -midnig: night (a ied ised to a	P.M.) P.M.) ht) ifter mi	dnight)	,

#### **12. INTERVIEWER RATING:**

## **R12.** Interval between signal SI event and interview

Specify: \_\_\_\_\_days \_\_\_\_\_hours

**13.** "Where were you when you thought about killing yourself during the [INSERT WORDING FOR SIGNAL SI EVENT]?"

#### R13. Location signal SI event

Specify:	
----------	--

- Check one:
- □ Indoor
  - □ Home
  - □ School
  - □ Someone else's home
  - $\Box$  Other Specify:
- □ Outdoors
- □ Other. Specify: \_\_\_\_
- $\Box$  No location specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**14.** "Was anybody around/nearby (e.g., in the same house) when you started to think about killing yourself/[INSERT RESPONDENT'S WORDS] during the [INSERT WORDING FOR SIGNAL SI EVENT]?"

#### R14. Presence of others during signal SI event

- □ Yes
- $\Box$  No one was around
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

14.1. "If yes, who was around? Where were they? And what were they doing?" R14.1. Presence of others during signal SI event, specify:

(Check all that apply)		(e.g., kitchen, next room; sleeping, cooking)
Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Feacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No

R14.3. Total # of others present during signal SI event (or approximate number if many)

## **II.D. INFORMATION ABOUT THE SUICIDE ATTEMPT**

#### **15. INTERVIEWER RATING:**

- □ SA → Go to 15.1
- $\Box \quad \text{No SA} \rightarrow Go \text{ to } Q20$
- $\Box \quad \text{Preparatory behavior only} \rightarrow Go \ to \ Q20$
- $\Box \quad \text{NSSI only} \rightarrow Go \ to \ Q20$

**INSTRUCTIONS 1: Clarify whether adolescent made a SA or engaged in preparatory behavior.** 

- if preparatory behavior only, do not ask the SA questions  $\rightarrow$  skip to Q20
- if you are not sure, ask the SA questions and code accordingly in R15.1

**INSTRUCTIONS 2: Clarify whether adolescent made a SA or engaged in NSSI behavior.** 

- if NSSI behavior only, do not ask the SA questions → skip to Q20
- if you are not sure, ask the SA questions, and code accordingly in R15.1

**PREPARATORY BEHAVIOR:** Behavior in which individual engages—before initiating a suicide attempt—to prepare to make the attempt. This must consist of more than ideation and involves action (e.g., purchasing analgesics, going to the store to get a rope, getting a knife from the kitchen, walking to or on the bridge). Preparation ceases when the method is applied (e.g., first tablet swallowed, first cut made, gun placed in mouth, head put into noose).

**NON-SUICIDAL SELF-INJURY (NSSI):** Individual engages in intentional self-harm behavior (e.g., cutting, burning self) without wanting to die (e.g., to regulate or punish self or to produce signs of emotional distress).

[If needed, introduce 15.1 with the following: "Now I am going to ask you more about when you tried to kill yourself."]

**15.1.** "When on that day did you \_\_\_\_\_ [ATTEMPT BEHAVIOR]?"

R15.1. Date of S	SA:
Day:	k one:
	Weekday
	Weekend
Date:	(MM/DD/YY)
Time:	AM PM
Check on	e:
	Early morning (woke up-9AM/before school)
	Morning (9AM/after school started-noon)
	Afternoon (noon-4:59 P.M.)
	Evening (5:00 P.M7:59 P.M.)
	Night (8:00 P.Mmidnight)
	Middle of the night (after midnight)
	No date specified
	Unable to recall
	Declined/Refused to specify
	Not applicable
	••

#### 16. "What did you do?"

R16. Type of method(s) used

#### □ No method (because no SA made) $\rightarrow$ *Skip to Q20*

Specify:

#### □ Ingestion

Name(s): \_\_\_\_\_

- Format
  - Liquid
  - Pill/TabletOther. Specific
  - □ Other. Specify:

Total Quantity of Pills/Tablets or Liquid:

- □ Unable to specify
- □ Fewer than 5 pills/tablets (Tbsp. if liquid)
- □ 5–12 pills/tablets (Tbsp. if liquid)
- □ 13–20 pills/tablets (Tbsp. if liquid)
- □ More than 20 pills/tablets (Tbsp. if liquid)
- □ A handful of pills (unable to specify more)
- Did Re-ingestion occur? (Re-ingestion means that the adolescent stopped ingestion and then resumed or ingested again later on)
   No

)

□ Yes. How many times?:\_\_\_\_\_ Duration of ingestion: \_\_\_\_\_ Largest ingestion amount:

#### *Type* (check all that apply)

- □ Analgesic (Tylenol, aspirin, Nuprin, Advil etc.)
- □ Sleeping pills
- □ Antidepressant
- □ Antihistamine
- □ Stimulant
- □ Hallucinogen
- □ Antipsychotic
- □ Anxiolytic
- □ Chemical product
- □ Other:
- □ Doesn't know/remember

#### □ Penetration Injury

Specify: \_\_\_\_\_

- Type of Penetration
  - Cut (Instrument used: \_\_\_\_\_)

  - Burn (Instrument used: \_\_\_\_\_\_
  - □ Other:
    - Instrument:
      - □ Knife
      - □ Razor
      - Cigarette
      - □ Flame
      - □ Eraser
      - □ Other: \_\_\_\_

Amount of Penetration

- □ Single
- □ Multiple

QUANTITY (IF MORE THAN ONE TYPE)

14

	Severity of Penetration         Superficial (e.g., no stitches required)         Deep (e.g., stitches required)         Location of Penetration Injury:         Arm: wrist         Arm: forearm         Arm: upper arm         Leg: thigh         Leg: groin         Trunk (e.g., chest, abdomen)         Neck and/or face         Other		
	Firearm Instrument:		
	Suffocation/Asphyxiation Specify:	-	
	<ul><li>Hanging</li><li>Self-strangulation (e.g., Plastic bag, belt)</li></ul>		
	Jumping from a height <ul> <li>Building</li> <li>Bridge</li> <li>Other:</li> </ul> Jumping in front of a car/bus		
	Other. Specify:		
	No method specified Unable to recall Declined/Refused to specify Not applicable		
17.	"Where were you during the	[ATTEMPT BEHAVIOR]?" <b>R17. Location during SA:</b> Specify: Indoor	

#### □ Outdoors □ Other. Specify: □ No location specified □ Unable to recall

- Declined/Refused to specify

Home

School/work

Other Specify: \_\_\_\_

Someone else's home

□ Not applicable

## **18.** "Was anybody around/nearby (e.g., in the same house) when you [ATTEMPT BEHAVIOR]?"

R18. Presence of others during SA

- □ Yes
- $\Box$  No one was around
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

R18.2. Presence of others during signal SA, who (Check all that apply)		
Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Declined/Refused to specify	Yes	No
R18.3. Total # of others present during SA		

(or approximate number if many)

#### **19. INTERVIEWER RATING**

# R19. Interval between start of SI event and SA \_\_\_\_\_ (mins/hours) R19.1. Interval between start of SI event and SA, rating $\Box$ < or equal to 1 hour

- $\square > 1$  hour, but  $\leq 3$  hours
- $\square$  > 3 hours, but  $\leq$  6 hours
- $\square > 6$  hours, but  $\le 12$  hours
- $\square$  > 12 hours, but  $\leq$  24 hours
- □ Not enough information to calculate
- □ SA with SI absent or denied

#### **II.E. SUBSTANCE USE**

20. "Did you use any alcohol or drugs that day? If so, can you tell me more about that?"

#### **NOTE:** Not used as SA methods

#### R20. Substance use on signal day

R20.1. Substance use

- □ Yes
- $\square \text{ No} \rightarrow Go \text{ to III, } Q21$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

20.2. "Was that before or after you thought about killing yourself?"

#### R20.2. Timing of substance use

- □ Before ideation
- $\Box \quad \text{After ideation} \rightarrow Go \ to \ Q20.4$
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

20.3. "Were you still feeling the effects of \_\_\_\_\_ [SUBSTANCE] when you started thinking about killing yourself?"

#### R20.3. Felt effects before ideation

- □ Yes
- □ No
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

20.4. "What did you think would happen if you took \_\_\_\_\_ [SUBSTANCE]?"

#### R20.4. Expectation of substance use

#### (Check all that apply)

- Forget about stressor or trigger
- □ Decrease thoughts of suicide
- Decrease fear of/increase ability to make SA
- □ Augment effect of method
- □ Nothing
- □ Consumption not related to the SI/SA event
- $\Box$  Other:
- □ No behavior specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

## **III. NATURE OF SI**

## **III.A. CONTENT OF IDEATION DURING THE SIGNAL SI EVENT**

**21.** "Now I want to go back to when \_\_\_\_\_\_ [TRIGGER PRECEDING SIGNAL SI EVENT]. You said afterwards was when you started to think about killing yourself/[INSERT RESPONDENT'S WORDS]. When you had those thoughts about killing yourself, what exactly was going through your mind?"

[Suggested probes: Can you explain what you mean by that?]

R21. Description of signal SI event

#### **III.B. PLANNING**

#### NOTE: SKIP THIS SECTION IF ADOLESCENT DENIES SI $\rightarrow$ Go to III.F. WISH TO DIE, Q59

**INSTRUCTIONS:** The purpose of this part of the interview is to assess (approximately) how long after the SI event started the adolescent started to think about the method, location, and timing of the attempt.

**22.** "While you were thinking about killing yourself SUMMARIZE DETAILS ABOUT THE EPISODE, SUCH AS TIME, ROOM, TRIGGER...], did you think about how you would kill yourself?" [CHECK PRIMARY METHOD FIRST, IF POSSIBLE]

NOTE: Method(s) considered can be different from the SA method (e.g., adolescent thought about jumping from a bridge, but they ended up taking pills because they saw them; in this case, the method considered would be jumping from a bridge).

R22. Primary method considered

□ No method considered  $\rightarrow$  Go to Q30. "Did you think about where you would do it?"

- Method considered  $\rightarrow$  Go to 22.1.
- $\Box$  Method previously decided on (and not considered this time for this reason)  $\rightarrow$  Go to 22.1.
- $\Box$  Unable to recall
- Declined/Refused to specify
- Not applicable

22.1. If so, can you tell me more about that? What method did you think about? R22.1. Primary method considered, specify

	Ingestion			
	Name(s):			
	Format			
	Liqui			
	□ Pill/T			
	□ Other	Specify:		
	Type (chee	k all that apply)		
		esic (Tylenol, aspirin, Nuprin, Advil, etc.	)	
		ing pills		
	□ Antic			
	□ Antih			
	□ Stimu □ Hallu			
		sychotic		
	<b>—</b>			
	□ Other			
	□ Other □ No sp	ecific medication		
п	_			
	Penetrat	on Injury (check all that apply)		
	<b>Penetrat</b> <i>Type of Pe</i>	<b>on Injury</b> (check all that apply) <i>metration</i>		
	<b>Penetrat</b> <i>Type of Pe</i> □ Cut (	on Injury (check all that apply) netration Instrument used:	_)	
	Penetrat <i>Type of Pe</i> □ Cut ( □ Punct	on Injury (check all that apply) netration Instrument used: ure (Instrument used:	_) )	
	Penetrat <i>Type of Pe</i> □ Cut ( □ Punct □ Burn	on Injury (check all that apply) netration Instrument used: ure (Instrument used: (Instrument used:	_) )	
	Penetrat <i>Type of Pe</i> Cut ( Punct Burn Other	on Injury (check all that apply) netration Instrument used: ure (Instrument used:	_) )	
	Penetrat <i>Type of Pe</i> Cut ( Punct Burn Other <i>Instru</i>	on Injury (check all that apply) <i>netration</i> Instrument used: ure (Instrument used:(Instrument used:)	_) )	
	Penetrat Type of Pe Cut ( Punct Burn Other Instru	on Injury (check all that apply) <i>netration</i> Instrument used: ure (Instrument used: (Instrument used: <i>ment:</i>	_) )	
	Penetrat Type of Pe Cut ( Punct Burn Other Instru	on Injury (check all that apply) netration Instrument used: ure (Instrument used: (Instrument used: ment: Ment: Knife	_) )	
	Penetrat Type of Pe Cut ( Punct Burn Other Instru	on Injury (check all that apply) <i>netration</i> Instrument used: ure (Instrument used: (Instrument used: <i>ment:</i> Knife Razor	_) )	
	Penetrat Type of Pe Cut ( Punct Burn Other Instru	on Injury (check all that apply) <i>netration</i> Instrument used: ure (Instrument used: (Instrument used: <i>ment:</i> Knife Razor Cigarette	_) )	

#### R22.2. Primary method considered rating

Location of Penetration Injury:
Arm: wrist
□ Arm: forearm
Arm: upper arm
□ Leg: thigh
Leg: groin
□ Trunk (e.g., chest, abdomen)
$\Box$ Neck and or face
□ Other. Specify:
<b>Firearm</b> (Instrument used:)
□ Suffocation/Asphyxiation
□ Hanging
□ Self-strangulation (e.g., Plastic bag, belt)
Jumping from a height
Building
□ Bridge
□ Other:
□ Jumping in front of a car/bus
□ Specify:
□ No method specified
□ Unable to recall
Declined/Refused to specify

22.3. "Did you picture it in your mind?"

#### R22.3. Any images about primary method (1) considered

- □ Yes
- □ No
- □ Unable to recall
- Declined/Refused to specify
   Net analizable
- □ Not applicable

23. "During that same time, did you think of another way of trying to kill yourself?"

#### R23. Other method considered

- □ No method considered  $\rightarrow$  *Go to Q27*
- $\Box$  Other method considered
- □ Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

23.1. "If so, what else did you think of doing? Can you tell me more about that?" *R23.1 Other methods considered, specify* 

R23.2. Other methods considered, rate

Method 2:\_\_\_\_\_

Method 3:\_\_\_\_\_

23.3. "Did you picture it (them) in your mind?"

#### R23.3. Any images about other methods considered

- $\square$  Yes
- $\square$  No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

24. "During that same time, did you think of more than 3 ways of trying to kill yourself?"

#### R24. More than 3 methods considered

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } Q25$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

24.1. "If yes, how many ways did you think about in total?"

#### R24.1. More than 3 methods considered, number Number:

#### R24.2. More than 3 methods considered, rating

- □ Number specified
- □ No number specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### [INSTRUCTIONS: ASK IF MORE THAN ONE "METHOD CONSIDERED"]

**25.** "How long did you think about [THE METHOD(S)]?"

#### **R25.** Length of time considered other method(s)

Specify: (mins./hours)

#### R25.1. Length of time considered other method(s), rating

- □ Less than half an hour □ Half an hour to 1 hour
- $\Box$  1 to 2 hours
- $\Box$  2 to 24 hours
- $\square$  More than a day
- □ Unable to recall
- $\Box$  No time specified
- □ Declined/Refused to specify
- □ Not applicable

#### **26.** "Did you think about these things at the same time or did you think about them in a certain order?"

#### **R26.** Order of methods considered

- $\Box$  All at the same time  $\rightarrow$  *Go to Q26.3* 
  - □ In a certain order
  - □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

26.1. "What was the order in which you thought about these things?"

**R26.1.** Order of methods considered, specify

R26.2. Order of methods considered, rating

- □ Order specified
- □ No order specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

26.3. "Did you decide on what you were actually going to do (i.e., which method you were going to use) to try to kill yourself?"

R26.3. Method decision

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } O30$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

26.4. "What did you decide that you were going to do?" R26.4. Method decision, specify

[INSTRUCTIONS: Ask anyone who thought about one method or decided on a method. If adolescent did not think of any method (R22) or did not decide on one (R26.3.)  $\rightarrow$  Go to Q30]

27. "Is there a reason you thought about or decided on \_\_\_\_\_ [PRIMARY/MAIN METHOD CONSIDERED DURING SIGNAL SI EVENT ??"

NOTE: This primary method considered can be different from method used for attempting suicide

R27. Reason for choosing/thinking about method

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } O28$
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

R27.2. Reason for choosing/thinking about method, rating (Check all that apply) □ General knowledge Less painful than other methods considered □ More painful than other methods considered □ First/only method considered (i.e., first thing that came to mind, and no other method considered) □ Easier or most convenient method to get or use (i.e., what worked better at that time, other methods may have been considered) □ Acquired knowledge via others □ Knew someone who used same method  $\Box$  Someone else told person about the method □ Acquired knowledge via media (Read about it on internet, in newspaper, book, magazine, or watched it on TV...) □ Other  $\square$  No reason specified □ Unable to recall □ Declined/Refused to specify □ Not applicable

27.3. "Did you picture it in your mind?"

#### R27.3. Any images about reason for method

- □ Yes
- $\square$  No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### [INSTRUCTIONS FOR INTERVIEWER]:

#### 1- IF ONLY THOUGHT OF ONE METHOD, ASK: 27.4.

2- IF THOUGHT ABOUT MORE THAN ONE METHOD BUT DECIDED ON ONE (R26.3), ASK 27.5.

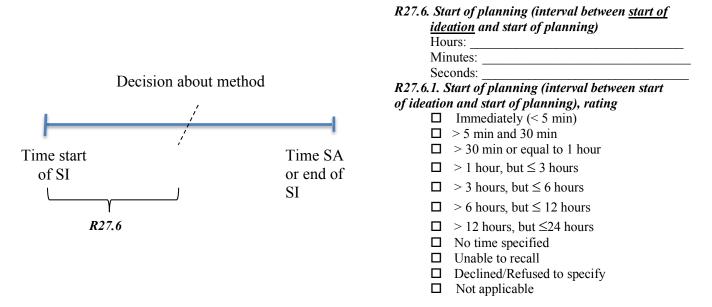
27.4. "Since the time that you started thinking about killing yourself/[INSERT RESPONDENT'S WORDS] at \_\_\_\_\_ [TIME OF THE START OF THE SIGNAL SI EVENT], did you at any time decide that [PRIMARY/MAIN METHOD CONSIDERED] is what you would do?"

R27.4. Start of planning, one method

- $\Box$  Yes  $\rightarrow$  Go to Q27.4.1
- □ No → Go to 028
- $\Box$  Unable to recall
- □ Declined/Refused to specify

CONSIDERED] is what you would do?" [Code answer to question in R27.6]

27.5. "Since the time that you started thinking about killing yourself/[INSERT RESPONDENT'S WORDS] at \_\_\_\_\_ [TIME OF THE START OF THE SIGNAL SI EVENT], when during that time did you decide that [PRIMARY/MAIN METHOD CONSIDERED] is what you would do?"



28. "Do you personally know anyone that has tried to kill themselves by [PRIMARY/MAIN METHOD CONSIDERED]?"

#### R28. Know anyone who used same method

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } O29$
- □ Unable to recall
- Declined/Refused to specify
- Not applicable

28.1. "If so, whom do you know?"

#### R28.1. Know someone who used same method, specify (*Check all that apply*)

Person known who used same method			R28.2. When did that happen? (Date)
Mother	Yes	No	
Father	Yes	No	
Caretaker	Yes	No	
Other adult family member	Yes	No	
Same-sex friend/sibling Age:	Yes	No	
Opposite-sex friend/sibling Age:	Yes	No	
Boyfriend/girlfriend Age:	Yes	No	
Other	Yes	No	
No person specified	Yes	No	
Unable to recall	Yes	No	
Declined/Refused to specify	Yes	No	

<b>29</b> . "Did you think about how you <u>would get</u>	[PRIMARY/MAIN METHOD CONSIDERED]?"			
	<i>R29. Possession of the method considered</i>			
	□ Yes			
	$\Box  \text{No} \rightarrow Go \ to \ Q30$			
	□ Unable to recall			
	Declined/Refused to specify			
	□ Not applicable			
29.1. "If yes, how did you think you would get it?"				
R29.1. Possession of the method considered, specify				
	R29.2. Possession of method considered, rating			
	□ Already in possession			
	<ul> <li>Not in possession, but knew how to get it</li> </ul>			
	$\Box$ Other:			
	□ Unable to recall			
	Declined/Refused to specify			
	□ Not applicable			
29.3. "Did you picture it in your mind?"				
	R29.3. Any images: possession of method considered			
	□ Yes			
	□ No			
	□ Unable to recall			
	Declined/Refused to specify			
	□ Not applicable			
[ASK EVERYONE]				
<b>30.</b> "Did you think about <u>where</u> you would do it?"				
,,	R30. Location of the method considered			
	□ Yes			
	$\Box  \text{No} \rightarrow Go \text{ to } Q31$			
	□ Unable to recall			
	Declined/Refused to specify			
	□ Not applicable			
30.1. "If so, where did you think you would do it?" R30.1. Location of the method considered, specify				

## R30.2. Location of the method/s considered, rating

- (Check all that apply)
- □ Indoor
  - Home
    - School
  - Someone else's home Other Specify: \_
- $\Box$  Outdoors □ Other. Specify:
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## 30.3. "Did you picture it in your mind?"

31. "Did you think about when you would do it?"

#### R30.3. Any images: location of the method considered

- □ Yes
- □ No
- □ Unable to recall
- Declined/Refused to specify
- $\Box$  Not applicable

#### R31. Timing considered

- □ Yes
  - $\Box \text{ No} \rightarrow Go \text{ to } Q33$
  - $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

31.1. "If yes, when did you think you would do it?" R31.1. Timing considered, specify

31.3. "Did you picture it in your mind?"

#### R31.2. Timing considered, rating

- $\Box \quad \text{Immediate } (< 5 \text{ minutes}) \rightarrow Go \text{ to } Q33$
- □ Delayed
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### R31.3. Any images about timing considered

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

32. If delayed: "If you were not going to do it right away, was there a reason?"

#### R32. Reason for the delay

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q33$
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

32.1. "If yes, what was the reason for the delay?" R32.1. Reason for the delay, specify

#### R32.2. Reason for the delay, rating

(Check all that apply)

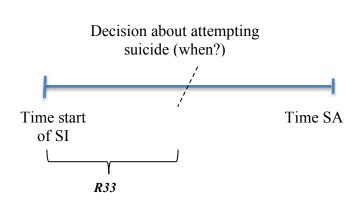
- □ Waited until some event happened (e.g. birthday, anniversary)
- □ Waited until alone (or family sleeping)
- □ Waited to arrive at a specific place
- □ Other:
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

#### R32.3. Any images about reason for the delay

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### [ASK Q33 ONLY ADOLESCENTS WITH SA]

**33.** "Since the time that you started thinking about killing yourself at \_\_\_\_\_ [TIME OF THE START OF THE SI EVENT], when during that time did you decide that you were going to kill yourself?"



#### R33. Decision time (interval between start of

ideation an	d decision time)
Hours:	
Minutes:	
Seconds:	

- R33.1. Decision time (interval between start of ideation and decision time), rating
  - $\Box \quad \text{Immediately} (< 5 \text{ min})$
  - $\square$  > 5 min and 30 min
  - $\square$  > 30 min or equal to 1 hour
  - $\square$  > 1 hour, but  $\leq$  3 hours
  - $\square$  > 3 hours, but  $\leq$  6 hours
  - $\square$  > 6 hours, but  $\leq$  12 hours
  - $\square$  > 12 hours, but  $\leq$  24 hours
  - $\Box$  No time specified
  - $\Box$  Unable to recall
  - □ Declined/Refused to specify
  - □ Not applicable

## **III.C. CONTENT OF SI**

#### NOTE: SKIP THIS SECTION IF ADOLESCENT DENIES SI → Go to III.F. WISH TO DIE, Q59

**34**. "At the time that you were thinking about killing yourself/[INSERT RESPONDENT'S WORDS] during the [INSERT WORDING FOR SIGNAL SI EVENT], did you think about what would happen after you tried to kill yourself?"

R34. Content of signal SI event

**35.** "At the time that you were thinking about killing yourself/[INSERT RESPONDENT'S WORDS], did you think about what the process of dying would be like?"

## R35. Process of dying

- $\Box \quad Yes \\ \Box \quad No \rightarrow Go \ to \ O36$
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

35.1. "If so, can you tell me more about it?"

#### R35.1. Process of dying, specify:

#### R35.2. Process of dying, rate

- (Check all that apply)
- □ Fall asleep
- D Painful
- □ Painless
- □ Peaceful
- □ Would be immediate
- □ Other:\_
- □ No process of dying specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### R35.3. Any images about process of dying

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- Declined/Refused to specify
- $\Box$  Not applicable

#### 35.3. "Did you picture it in your mind?"

## [INSTRUCTIONS: Ask Q36 only if adolescent considered a method (Q22 coded as "yes")]

36. "Did you think about what would happen to your boo	l <u>y</u> after ye	ou [METHOD(S) CONSIDERED]?"
	R36. Af	ter the implement (body)
		Yes
		No $\rightarrow$ <i>Go to Q37</i> Unable to recall
		Declined/Refused to specify
		Not applicable
36.1. "If so, can you tell me more about it?"		No methods considered
•		
R36.1. After the implement (body), specify		
[ASK ALL ADOLESCENTS]		
[ASK ALL ADOLLSCENTS]		
<b>37.</b> "Did you think about what would happen to you or you	our body	after death?"
		ter the attempt (body)
		Yes
		No $\rightarrow$ <i>Go to Q38</i> Unable to recall
		Declined/Refused to specify
		1 1
37.1. "If so, can you tell me more about it?"		
R37.1. After the attempt (body), specify		
		fter the attempt (body), rating Check all that apply)
		Funeral
		Being in heaven/peaceful place/afterlife
		Other:
		No ideation specified Unable to recall
		Declined/Refused to specify
37.3. "Did you picture it in your mind?"		
	<b>R37.3.</b> A	ny images, after attempt (body)
		Yes
		l No
		Unable to recall
		<ul><li>Declined/Refused to specify</li><li>Not applicable</li></ul>
29 "Did you think about who would find you oftenwarde"	) <i>"</i>	
<b>38.</b> "Did you think about who would find you afterwards?		Any recipient of discovery
		Yes
		No $\rightarrow$ Go to Q39
		Unable to recall
		Declined/Refused to specify
		l Not applicable

#### R38.1. Any recipients of discovery, rating (Check all that apply)

Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Declined/Refused to specify	Yes	No
R38.2. Total number recipients of discovery		

38.3. "Did you picture it in your mind?"

#### R38.3. Any images about recipients of discovery

- □ Yes
- □ No
- □ Unable to recall
- $\square \quad Declined/Refused to specify$
- $\Box$  Not applicable

**39.** "Did you think about how other people <u>would feel (or react)</u> after finding out you had died?" (e.g., <u>immediate</u> reaction of others once death is discovered)

#### R39. Reaction of others to attempt, immediate

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } Q40$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

39.1. "If so, what did you think they would feel?"

#### NOTE: Rate feeling and reactions for everyone mentioned by adolescent

R39.1. Reaction of others to attempt, immediate, specify:

# R39.2. Reaction of others to attempt, immediate, rating (Check all that apply)

- (e.g. reaction of others once death is discovered)
- $\Box$  Shock/surprise
- □ Sadness
- $\Box \quad \text{Anger (at self?; at others?; at teen?)}$
- □ Guilt
- $\Box$  No effect, indifference (e.g., they won't care)
- □ Positive: freeing/liberating
- □ Other:
- $\Box$  No ideation about effect on others

 $\Box$  Unable to recall

- □ Declined/Refused to specify
- □ Not applicable

39.3. "Did you picture it in your mind?"

#### R39.3. Any images about others' reaction to death

- $\square$  Yes
- □ No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

40. "Did you think about what other people would say or think about you after finding out that you had tried to kill yourself?"

#### R40. Reaction of others to attempt

- □ Yes
- □ No (e.g., respondent didn't care about other's thoughts)  $\rightarrow$  Go to Q41
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

40.1. "If so, what did you think that they would say or think **about you**?"

R40.1. Reaction of others to attempt, specify

## R40.2. Reaction of others to attempt, rating

(Check all that apply)

□ Would think it was unexpected (e.g., did not know teen was thinking about suicide or was distressed)

□ Would think teen is "crazy" or "weird" or "stupid" or "a coward"

- □ Would not understand why teen did it
- □ That teen was asking/calling for attention
- □ Would blame themselves or someone else □ Other:
- □ No ideation about other's reactions
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

40.3. "Did you picture it in your mind?"

#### R40.3. Any images about reaction of others to attempt

- $\square$  Yes
- □ No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

41. "Did you think about how your death would affect other people's lives in the long term?" (e.g. effect of person's death on lives of others)

#### R41. Effect of death on others (delayed)

- $\Box$  Yes
- $\Box$  No  $\rightarrow$  Go to Q42 (III.D.)
- □ Unable to recall

	Declin	ed/F	Refused	d to	specify
_					

□ Not applicable

41.1. "If so, how did you think it would affect them?" *R41.1. Effect on others, delayed, specify* 

#### R41.2. Effect of death on others, delayed, rating (Check all that apply)

(E.g. effect of person's death on lives of others)

- □ Negative effect
- □ No effect, indifference
- Positive effect
- □ Other:
- □ No long-term effect specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### 41.3. "Did you picture it in your mind?"

#### R41.3. Any images about effect of death on others

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

#### [QUESTIONS FOR INTERVIEWER]

#### Did you have to substantially reword any of the "Content of SI" questions?

\_\_\_\_\_ No (Go to Q42 (III.D.) \_\_\_\_\_ Yes

If yes, indicate which one(s):

□ Q35

□ Q36 □ Q37

 $\Box O38$ 

 $\Box Q39$ 

 $\Box Q40$ 

 $\Box$  Q41

#### What was the reason you had to reword the question(s)? (Check all that apply)

□ Respondent did not understand the question

Respondent gave an answer that I couldn't rate (e.g., the answer was unrelated to the question and/or the rating scales)

□ No ideation present or ideation denied

 $\Box$  Other reason (specify):

#### **III.D. DISCLOSURE OF SUICIDE IDEATION**

NOTE: Skip this section if adolescent denies SI  $\rightarrow$  Go to III.F. WISH TO DIE, Q59

**42. SA**: **"Before** you actually \_\_\_\_\_ [ATTEMPT BEHAVIOR], did you tell anybody that you were having those thoughts?"

**42.** SI: "Did you tell anybody that you were having those thoughts during the [DETAILS OF THE SIGNAL SI EVENT]?"

#### R42. Told someone about SI

- $\Box \quad \text{Declined/Refused to specify} \rightarrow Go \text{ to } Q42.2$
- $\Box$  Not applicable

42.1. "Can you tell me more about that?"  $\rightarrow$  Then skip to R43 R42.1. Told someone about SI, specify

IF NO, ASK: 42.2. "<u>Did you try</u> to tell anybody that you were thinking about killing yourself? ... If so, can you tell me more about that?"

#### R42.2. Tried to tell someone about SI

- $\Box \quad \text{Yes} \rightarrow Go \text{ to } R43$
- $\Box \text{ No} \rightarrow Go \text{ to } Q42.3$
- $\Box \quad \text{Unable to recall} \rightarrow Go \ to \ R43$
- $\Box \quad \text{Declined/Refused to specify} \rightarrow Go \text{ to } R43$
- □ Not applicable

IF NO, ASK: 42.3. "Did you want to tell anybody that you were thinking about killing yourself but didn't? ... If so, can you tell me more about that?"

#### R42.3. Wanted to tell someone about SI

- □ Yes
- □ No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### 43. INTERVIEWER RATING:

#### R43. Warning/threats about SI, rating

- □ Respondent was asked by someone about it
- □ Told someone
- □ Tried to tell someone
- □ Wanted to tell someone but didn't
- $\Box$  Didn't try/want to tell someone  $\rightarrow$  *Go to Q45*
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

44. "Whom did you (tell/try to tell/want to tell)?"

## R44. Recipient(s) of warning/threat about SI

(Check all that apply)

Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Declined/Refused to specify	Yes	No
Not applicable	Yes	No

R44.1. Total number recipient(s) of warning/threat

#### 45. "Why didn't you tell him/her/them?" [NOTE: Skip this question if respondent "told someone"]

#### R45. Reason for not giving warning/threat about SI

- $\Box$  They may have tried to stop me
- □ They may have been upset
- □ They wouldn't have believed me
  - □ They wouldn't have taken any action (e.g., they don't care)
  - $\Box$  No access to communicate with them
- □ Other:
- □ Unable to recall
- $\Box$  Declined/Refused to specify
- □ Not applicable

#### [INSTRUCTIONS: Ask only if adolescent disclosed SI; if not $\rightarrow$ Go to III.E. DISCOVERY OF SI, Q51]

46. "How did you tell him/her/them?"

#### R46. Medium for disclosure about SI

- (Check all that apply)
  - $\Box$  In person
- □ Written/Typed note
- □ Text message or email
- □ Phone call/Voicemail
- D Posted on Social Networking Site (e.g. Facebook)
- □ Online via Instant Message (e.g., chat)
- □ Other:
- □ No medium specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

47. "When did you tell him/her/them?"

# *R47. Time of disclosure about SI* Time:

#### R47.1. Time of disclosure, rating

- □ Early morning (woke up–9AM/before school)
- □ Morning (9AM/after school started-noon)
- □ Afternoon (noon-4:59 P.M.)
- **Evening** (5:00 P.M.–7:59 P.M.)
- □ Night (8:00 P.M.-midnight)
- □ Middle of the night (after midnight)
- $\Box$  Following day(s):
- $\Box$  No time specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## 48. INTERVIEWER RATING:

#### **R48.** Time between SI and disclosure

hours \_\_\_\_\_minutes

#### R48.1. Time between SI and disclosure, rating

- $\square$  Immediate (< 5 min)
- □ 5-30 min
- □ 30-60 min
- □ 1hr-2hrs
- More than 2 hrs.No time specified
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

**49.** "Why did you tell him/her/them?" *R49. Reason for warning about SI, specify* 

## *R49.1. Reasons for disclosure about SI, rating* (Check all that apply)

- □ Wanted help (e.g., for other person to take action)
- □ Wanted to be understood (e.g., having someone
- listen to and understand adolescent's feelings) □ Wanted distraction
- $\Box$  Wanted to threaten the other person
- $\square$  Someone asked me about it
- $\Box$  Other:
- □ No reason specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

# R50.1. Reaction of person after disclosure about SI, rating

- (Check all that apply)
- □ Physically or verbally stopped the teen
- Physically or verbally tried to stop the teen but failed
- $\Box$  Sought help from another person
- □ Sought professional help (e.g., called 911)
- □ Provided sympathetic response
- Displayed anger, derogatory response, or punishment
- □ Listened to teen but did not do anything else
- □ Ignored warning (e.g., did not believe teen)
- □ Did not react in any way
- □ Other:
- □ Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

## **III.E. DISCOVERY OF THE SI**

## NOTE: Skip this section is adolescent denies SI -> Go to III.F. WISH TO DIE, Q59

**51.** SI: "Did anyone find out on their own that you were having those thoughts about killing yourself/[INSERT RESPONDENT'S WORDS]?"

**51. SA:** "Did anyone find out on their own that you were having those thought about killing yourself/[INSERT RESPONDENT'S WORDS] before you tried to kill yourself?"

## R51. SI discovery

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q58$
- $\Box \quad \text{Unable to recall} \rightarrow Go \ to \ Q58$
- $\Box \quad \text{Declined/Refused to specify} \rightarrow Go \ to \ Q58$
- □ Not applicable

**52**. If so, "Can you tell me more about that?" *R52*. *SI discovery, specify* 

53. "Who found out?"

# **R53.** Person who discovered SI (Check all that apply)

Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Declined/Refused to specify	Yes	No
Not applicable	Yes	No
53.1. Total number recipient(s) of SI		
discovery		

54. "How did \_\_\_\_\_ [PERSON] find out?"

R54. Method of SI discovery, specify

#### R54. Method of SI discovery, rating

(Check all that apply)

- □ Read teen's note (e.g., paper, Facebook, ...)
- □ Someone else told that person that teen was thinking about killing themselves
- □ Other:
- □ Unable to recall
- □ No method specified
- Declined/Refused to specify
- □ Not applicable

#### R55. Time of SI discovery

Time:

#### R55.1. Time of SI discovery, rating

- Early morning (woke up–9AM/before school)
- □ Morning (9AM/after school started-noon)
- □ Afternoon (noon-4:59 P.M.)
- **Evening** (5:00 P.M.–7:59 P.M.)
- □ Night (8:00 P.M.-midnight)
- □ Middle of the night (after midnight)
- $\Box$  Following day(s):
- $\Box$  No time specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### R56. Time between SI and discovery

hours minutes

R56.1. Time between SI and discovery, rating

- $\square$  Immediate (< 5 min)
- □ 5-30 min
- □ 30-60 min
- $\Box$  1hr-2hrs
- $\Box$  More than 2 hrs.
- $\Box$  No time specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

57. "What did \_\_\_\_\_\_ [PERSON] do after they found out that you were thinking about killing yourself?"

#### R57. Consequences of SI discovery

(Check all that apply)

- □ Sought help from another person
- □ Sought professional help (e.g., called 911, took adolescent to ED)
- □ Provided sympathetic response
- Displayed anger, derogatory response, or punishment
- □ Listened to teen but did not do anything else
- □ Ignored warning (i.e., did not believe teen)
- $\Box$  Did not react in any way
- □ Other
- $\square$  No consequence specified
- □ Unable to recall
- Declined/Refused to specify
  - □ Not applicable

# **55**. "When did that person find out?"

## 56. INTERVIEWER RATING:

#### R58. Preparations for dying

- □ Yes
- $\square \text{ No} \rightarrow Go \text{ to } Q59 \text{ (III.F.)}$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

58.1. "If so, what did you do?" *R58.1. Preparations for dying, specify* 

#### R58.2. Preparations for dying, rating

(Check all that apply)

- □ Wrote a suicide note (paper, online...)
- $\square$  Made a will
- □ Left a journal/diary entry about attempt
- □ Gave away belongings
- □ Other. Specify:
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

## III.F. WISH TO DIE

## [ASK ALL ADOLESCENTS]

**59.** "Looking back at it now, <u>how much</u> did you want to die?" **If SA, add:** "Try to remember back to what you were actually thinking when you \_\_\_\_\_ [SUICIDE IDEATION/ATTEMPT BEHAVIOR]."

R59. Wish to die, specify

#### R59.1. Wish to die, rating

- □ Did not want to die
- □ Did not care if lived or died
- □ Uncertain
- □ Wanted to die
- □ Unable to recall
- □ Refused to specify
- □ Not applicable

60. "On a scale of 1 to 10, with 1 being 'not at all' and 10 being 'definitely,' how much did you want to die?"

#### R60. Wish to die, numerical rating Specify: \_\_\_\_\_\_ (1-10)

#### R60.1. Wish to die, rating

- □ Number specified
- $\Box$  No number specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**61.** "Looking back at it now, how do you feel about not having died?" *R61. Feelings about recovery, specify* 

#### R61.1. Feelings about recovery, rating

- (Check all that apply)
- □ Glad that they didn't die (e.g., relieved)
- □ Uncertain about being alive
- □ Sorry that they didn't die
- □ Nothing
- □ Sad/guilty/regrets about what they have done
- □ Other \_\_\_\_\_
- $\square$  No feeling specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### **62. INTERVIEWER RATING:** (Review definitions in p. 40)

#### R62. Type of ideation

- □ Active suicide ideation
- Passive suicide ideation
- $\Box$  Thoughts about the method present
- □ No ideation present (or ideation denied)
- □ Not enough information

ACTIVE SUICIDE IDEATION is one or a series of thoughts in which the individual thinks about killing themselves.

**PASSIVE SUICIDE IDEATION** involves thoughts of own death, such as a preference for being dead (e.g., *'I/People would be better off if I were dead... My life is not worth living ''*).'

## **III.G. FEELINGS EVOKED BY IDEATION CONTENT**

NOTE: Skip this section is adolescent denies SI  $\rightarrow$  Go to Table 3, Q73

NOTE: Inquire about feelings immediately following the ideation (i.e., prior to the attempt) during the [ADD DETAILS OF THE SIGNAL SI EVENT].

**63**. "Can you remember what you felt right after you started to think about killing yourself/[INSERT RESPONDENT'S WORDS]?"

R63. Feeling after start of SI

- □ Yes
- $\Box \text{ No} \rightarrow Go \text{ to } Q64 \text{ (III.H.)}$
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

63.1. "If so, can you tell me how you felt right after you started to think about killing yourself?" *R63.1. Feelings after start of ideation, specify* 

## NOTE: Skip this section is adolescent denies SI $\rightarrow$ Go to Table 3, Q73

**BEHAVIORS THAT TERMINATE IDEATION** involve events that occurred or actions in which a person engaged around the time that the thoughts of suicide ended or after the attempt that led the suicide ideation to end. The **TERMINATION OF SUICIDE IDEATION EVENT** occurs when a person has stopped thinking about suicide for at least 30-45 minutes.

**64.** "When you were thinking about killing yourself, how much did you want to stop thinking about killing yourself/[INSERT RESPONDENT'S WORDS]?" [**SHOW YELLOW CARD**]

#### R64. Wish to end ideation

- □ Extremely
- □ Very much
- □ Medium amount
- □ Slightly
- $\Box$  Not at all
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

65. "Did you do anything to try to stop thinking about killing yourself/[INSERT RESPONDENT'S WORDS]?"

#### R65. Deliberate attempts to end ideation

- $\Box \quad \text{Yes} \rightarrow Go \text{ to } Q66$
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q67$
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

66. If <u>deliberately</u> attempted to end ideation:

"What did you do?"

R66. Deliberate attempts to end ideation, specify

#### R66.1. Deliberate attempts to end ideation, rating (Check all that apply)

- Distraction with another activity alone (Self-initiated, solitary)
  - □ Read
  - □ Watched television
  - $\Box$  Listened to music
  - □ Used the computer, iPad, or other similar electronic device (in a non-social way)
  - □ Exercise
  - $\Box$  Went to sleep
  - $\square$  Hurt self on purpose (non-suicidal) e.g., cutting, burning
  - □ Used alcohol, drugs, or prescription medication
  - □ Changed setting/location (e.g., left the house/school/etc... to try to change setting)
  - □ Other

#### □ Actively engaged in other thoughts (Self-initiated, solitary)

- □ About happy experiences from the past
- □ About something person enjoyed doing (e.g., food, sex, sleep)
- □ Tried to think about things in a different way to feel better
- □ About ways to hurt self (non-suicidal)
- □ Reprimand self for having the thoughts
- □ About ways of hurting others

- □ Worried about things that might happen in the future
- □ About how death would affect other people
- □ Other
- Distraction with another activity in company (Self-initiated, non-solitary)
  - □ Talked to someone on the phone, in person, text, or on social media
  - □ Disclosed the thoughts/SA to someone else and received support
  - □ Got into a fight with someone
- □ Other \_\_\_\_\_

 $\Box$  Other:

- □ No behaviors
- Cannot remember
- $\square$  Refused to answer
- $\Box$  Not applicable

66.2. "Did doing this get you to stop thinking about killing yourself/[INSERT RESPONDENT'S WORDS]?"

#### R66.2. Self-initiated termination of the ideation

- □ Yes → Go to R68
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### 67. If did not try to do anything, or if attempt to end the ideation did not work:

"What happened/what was happening around the time that you stopped thinking about killing yourself?" *R67. Non-deliberate attempts to end ideation, specify* 

#### **INTERVIEWER RATINGS:**

#### R67.1. Non-deliberate termination of the ideation

- □ Externally-initiated, solitary (These are events- not initiated by the adolescent that led to the end of the ideation while the adolescent was alone and not interacting with other people. Examples can include *falling asleep, attempting suicide, passing out, resolution of the negative mood without involvement of others, feeling scared after attempting suicide, feeling sick after the attempt(s), getting distracted with something or someone not intentionally, etc...)* → *Go to R67.2*
- □ Externally-initiated, non-solitary (These are events involving other people not initiated by the person that led to the end of the ideation. Examples can include being invited to spend time with someone else, receiving a telephone call from a friend or family member, resolution of the stressor with involvement of others, etc....) → Go to R68
- □ Ideation did not stop after the SA (Still thinking about suicide)  $\rightarrow$  Go to R68
- □ Not applicable

#### R67.2. Externally-initiated, solitary, specify

- □ Attempting suicide ended the SI
- □ Passing out
- □ Falling asleep
- Feeling sick/dizzy or scared/worried (any physical or emotional symptoms) as a consequence of the SA
- □ Other:
- □ Not applicable

#### R68. Classification of behavior that terminated ideation

- □ Self-initiated, solitary
- □ Self-initiated, non-solitary
- □ Externally-initiated, solitary
- □ Externally-initiated, non-solitary
- □ Not applicable (e.g. ideation did not stop)

## **69.** "You started thinking about killing yourself/[INSERT RESPONDENT'S WORDS] at \_\_\_\_\_\_ [TIME SIGNAL SI EVENT STARTED]; when did you stop thinking about killing yourself? ... At what time?"

#### *R69. Time of the end of signal SI event*

Specify:

#### *R69.1. Time of the end of signal SI event, rating*

- $\Box$  Time specified
- Did not stop thinking about suicide
- $\Box$  No time specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### **R70.** Total duration of signal SI event

Specify: \_\_\_\_\_\_ (mins./hrs.)

#### R70.1. Total duration of signal SI event, rating

- $\Box$  1 hour or less after starting
- $\Box$  More than 1 hour to 4 hours after starting
- $\Box$  5–12 hours after starting
- $\Box$  More than 12 hours to 24 hours after starting
- $\Box$  More than 24 hours
- □ Still thinking about suicide
- $\Box$  Unable to recall
- Declined/Refused to specify
- □ Not applicable

#### NOTE: Review Table 1 and modify the duration of the signal SI event in the table, if necessary, based on R70

**71**. "After you stopped thinking about killing yourself/[INSERT RESPONDENT'S WORDS], did the thoughts start again at any point?"

#### **R71.** Ideation resumed

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q73$
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

**72.** "How long did the thoughts stop before you started to think about killing yourself/[INSERT RESPONDENT'S WORDS] again?"

**R72.** Amount of time ideation stopped Specify:

#### R72.1. Amount of time ideation stopped, rating

- $\Box$  1 hour or less
- $\Box$  More than 1 hour to 4 hours
- $\Box$  5–12 hours
- $\Box$  More than 12 hours to 24 hours
- $\square \quad More than 24 hours$
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

## 70. INTERVIEWER RATING:

## 73. TABLE 3. INTERVIEWER RATING:

## Code the number of SI events during SIGNAL DAY (<u>including</u> SIGNAL SI EVENT) (See Table 1)

If SI, code the total number of SI events within the	If SA, code the total number of SI EVENTS
<b><u>SAME day</u></b> (before and after the SIGNAL SI EVENT)	PRECEDING the SA
<b>R73.1.</b> Number of SI events on same signal day	<b>R73.2.</b> Number of SI events preceding the SA
□ None (SI denied or absent)	□ None (SI denied or absent)
$\Box$ One (ONLY the SIGNAL EVENT)	$\Box$ One (ONLY the SIGNAL EVENT)
□ Two	□ Two
□ Three	□ Three
□ More than three: Specify:	□ More than three: Specify:
□ Unable to recall	□ Unable to recall
Declined/Refused to specify	Declined/Refused to specify
□ Not applicable	□ Not applicable

## **IV. SI EPISODE**

## **IV.A. CHARACTERISTICS OF RECENT SI**

**74a.** "And what about in the days before \_\_\_\_\_ [DAY OF THE SIGNAL SI EVENT]? Did you think about killing yourself in the days before [DAY OF SIGNAL EVENT] too?"

#### R74. SI events before the signal day

- $\Box \quad \text{Yes} \rightarrow Go \ to \ 75$
- □ No → Go to 74b
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

74b. "Did you think that you wished you were dead in the days before [DAY OF SIGNAL EVENT]?"

#### R74. SI events before the signal day

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } R84$  $\Box \quad \text{Unable to recall}$
- Declined/Refused to specify
- $\square$  Declined/Refused to sp  $\square$  Not applicable

**75.** "When did that start?" (If necessary, follow-up with, "When did you start thinking about killing yourself this time?")

#### R75. Identify start of *current SI*

Start date of current SI or best estimate:

#### R75.1. Identify start of current SI rating

- □ Date provided
- Date not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

NOTE: If the last time that respondent thought about killing themselves before the SIGNAL DAY was more than <u>one month ago</u>, skip this section. <u>Clarify with respondent before proceeding</u>.

**76.** "During those days between [SPECIFY TIME PERIOD BETWEEN WHEN CURRENT SI STARTED AND SIGNAL EVENT] that you were thinking about killing yourself, <u>did you ever stop</u> thinking about killing yourself for more than 24 hours (one day)?"

#### **R76.** Uninterrupted SI

- □ Yes
- □ No → Go to 077
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

76.1. <u>If yes:</u> "Between [DAY WHEN CURRENT SI STARTED] and [DAY OF SIGNAL EVENT], was there a period of time when you <u>did not stop thinking</u> about killing yourself for more than 24 hours?" [NOTE: Thoughts about killing self without even one day going by that adolescent didn't think about it]

**R76.1.** Uninterrupted SI, confirmation

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q78$
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**77.** "Was that period when you did not stop thinking about killing yourself right before [DATE OF THE SIGNAL SI EVENT]?" [**INSTRUCTIONS**: <u>LAST</u> uninterrupted SI <u>RIGHT before</u> the signal SI event]

#### R77. Uninterrupted SI before signal SI event

- $\Box \quad \text{Yes} \rightarrow Go \text{ to } Q77.a.$
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q77.b.$
- $\Box \quad \text{Unable to recall} \rightarrow Go \ to \ Q77.c$
- $\Box \quad \text{Declined/Refused to specify} \rightarrow Go \ to \ Q77.c$
- $\Box \quad \text{Not applicable} \rightarrow Go \ to \ Q77.c$

#### [If "yes" to R77, then ask:]

77.a. "When did that <u>period of uninterrupted thoughts</u> about suicide start?" (**If unclear, follow up with:** "When did you start thinking about killing yourself, without even one day going by that you didn't think about it, right before the signal SI event?")

*R77.1. Start of uninterrupted SI before signal SI event* Start of uninterrupted SI or best estimate: \_\_\_\_\_

# *R77.2. Start of uninterrupted SI before signal SI event, rating*

- □ Date provided
- Date not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

77.3. "During that time, what was the <u>total number of days</u> that you thought about killing yourself without even one whole day going by that you didn't think about it?"

#### *R77.3.* Number of days A, spontaneous recall

- R77.3.1. Number of days A
  - □ Number provided
    - $\Box$  Number not provided (e.g., unable to recall)
    - □ Declined/Refused to specify
    - □ Not applicable

[SHOW PURPLE CARD TO CLARIFY]  $\rightarrow$  Then, go to Q77.c.

#### R77.4. Number of days A, rating

- □ 2-4 days
- $\Box$  5-7 days
- $\square$  More than 7 days, but less than 2 weeks
- $\Box$  More than 2 weeks but less than 3 weeks
- $\square$  3 weeks or more
- $\Box$  Unable to recall
- Declined/Refused to specifyNot applicable

## [If "no" to R77, then ask:]

77.b. "I want you to think about the days between [DAY WHEN CURRENT SI STARTED] and [DAY OF SIGNAL EVENT] when you did not stop thinking about killing yourself for more than 24 hours. When did that <u>period of uninterrupted thoughts</u> about killing yourself happen?" **Follow up with:** "When did you start thinking about killing yourself without even one day going by that you didn't think about it?"

R77.5. Start of uninterrupted SI B

Start of uninterrupted SI or best estimate:

#### R77.6. Start of uninterrupted SI B, rating

- □ Date provided
- Date not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

77.7. During that time, what was the <u>total number of days</u> that you thought about killing yourself with not even one whole day going by that you didn't think about it?"

#### R77.7. Number of days B, spontaneous recall:

- R77.7.1. Number of days B
  - $\Box$  Number provided
  - □ Number not provided (e.g., unable to recall)
  - □ Declined/Refused to specify
  - □ Not applicable

## [SHOW PURPLE CARD TO CLARIFY]

#### R77.8. Number of days B, rating

- □ 2-4 days
- □ 5-7 days
- □ More than 7 days, but less than 2 weeks
- □ More than 2 weeks but less than 3 weeks
- $\square$  3 weeks or more
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

77.c. "On this calendar, put an X next to each day of the past month that you thought about killing yourself." [HAND CALENDAR TO THE ADOLESCENT]

# [THE NEXT SET OF QUESTIONS ARE ABOUT THE <u>CURRENT SI</u> THAT STARTED ON THE DATE SPECIFIED IN R75:

- WRITE THE DATE HERE: \_\_\_\_\_ (FROM R75)
- WRITE THE DATE OF THE SIGNAL SI EVENT HERE: \_\_\_\_\_\_ (FROM R2)]

"So, on \_\_\_\_\_\_ [START DATE OF CURRENT SI – R75] you started thinking about killing yourself, and that lasted until \_\_\_\_\_\_ [DATE OF THE SIGNAL SI EVENT – R2]. I want to know more about the way that those thoughts have been during those days."

THE SIGNAL SI EVENT – R2], on how many different days in total did you think about killing yourself? Just point to the answer." [NOTE: Includes both interrupted and uninterrupted days with SI] [SHOW ORANGE CARD]

#### **R78.** Total number of days of suicidal ideation

- $\square$  1 day
- $\square$  2-4 days
- $\Box$  5-7 days
- □ 8-14 days
- $\Box$  More than 14 days but less than 30 days
- $\square$  More than 30 days
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

79. "Okay. So you have been thinking about suicide for \_\_\_\_\_ \_ [R78] days since \_\_\_\_\_ [START OF CURRENT SI – R75]. Think about the time when you thought about it for the longest time. Here is a card. During that time, what was the greatest amount of time that you only thought about suicide and nothing else? How long did it last?"

#### [SHOW PINK CARD]

#### **R79.** Duration of longest ideation event

- $\Box$  < 5 minutes
- $\Box$  < 1 hour
- $\square$  < half the day
- $\Box$  < 1 day
- $\Box$  All day
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## **80.** "Okay. Here is another card. From

## [START DATE OF CURRENT SI - R75] to

[DATE OF THE SIGNAL SI EVENT], which of these pictures best describes how the intensity of your thoughts about killing yourself changed over time?" [SHOW BLUE CARD]

## (INSTRUCTIONS: Draw a different trajectory in the

box below, if necessary:)

# **R80.** Trajectory of SI intensity □ Increased □ Remained stable □ Decreased $\Box$ Unable to recall □ Declined/Refused to specify □ Not applicable

**81.** "Is there usually something that happens that makes you have the thoughts, or do they just seem to happen on their own?"

#### *R81. General pattern of precipitants* (Choose ONLY one)

With stre	essor			
S	S	S	S	
Without	stressor			
Other: Unable t Not appl				

81.1. "Can you give me an example of how those thoughts usually start?"

# **82.** "Since \_\_\_\_\_ [START DATE OF CURRENT SI – R75], have you thought of ways of trying to kill yourself?" [**NOTE**: excludes SIGNAL DAY]

#### R82. Methods considered in preceding days

- $\Box \quad \text{No method considered} \rightarrow Go \ to \ R84$
- □ Method considered
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**83**. "Were these methods different from those that you mentioned before?"

**R83.** Methods considered in preceding days

- □ Yes
- $\Box \text{ No } \rightarrow Go \text{ to } R84$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

83.1. "Can you tell me more about those different methods?"

#### 84. INTERVIEWER RATING: (Choose one option)

#### R84. Type of current episode

Brief: Interrupted or uninterrupted SI preceding the SIGNAL DAY that lasts less than 2 weeks OR no SI the days before the SIGNAL DAY

- SI ONLY during the <u>signal day</u> (no other SI events in prior days)
- More than one day with SI lasting less than 2 weeks
- **Intermittent**: Interrupted SI preceding the SIGNAL DAY that lasts 2 or more weeks
- Persistent: Uninterrupted SI preceding the SIGNAL DAY lasting 2 weeks or longer (*R*77 = yes; *R*77.4. = 2 weeks or more) SA with SI absent or denied
- SI absent or denied (and No SA)
- Unable to determine/Insufficient information to classify
- \_\_\_\_ Not applicable

A SUICIDE IDEATION EVENT involves a single instance in which uninterrupted thought(s) of suicide occur on a given day.

A **BRIEF SUICIDE IDEATION EPISODE** is a period during which one or more ideation events (including the signal SI event) occur for less than two weeks (whether interrupted or uninterrupted) OR there is no SI preceding the SIGNAL DAY.

An **INTERMITTENT SUICIDE IDEATION EPISODE** is a period during which one or more SI events occur on and off (interrupted) for two weeks or longer.

A **PERSISTENT SUICIDE IDEATION EPISODE** is a period during which one or more SI events occur – uninterrupted for more than 24 hours – for two weeks or longer. A persistent SI episode ends when 24 hours occur without SI.

The **FREQUENCY OF SUICIDE IDEATION** refers to the number of different days that the person had any SI events (within a specified period of time).

## **IV.B. INTRUSION OF IDEATION DURING CURRENT SI**

## NOTE: Skip if adolescent only thought about suicide during the signal day

**85.** "Sometimes, when people start to think about killing themselves, they forget about doing other things, like doing homework or hanging out with friends. Can you remember if having thoughts about killing yourself when you thought about it for the longest time since \_\_\_\_\_\_ [START DATE OF CURRENT SI – R75], stopped you from doing other things?"

R85. Intrusion

- □ Yes
   □ No → Go to Q88, (V.A.)
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

**85.1.** "When you were thinking about killing yourself, which were the things that you stopped doing because you were having those thoughts? Did it get in the way of doing things like watching television, working on homework, listening to other people talking or being asked questions in class?"

R85.1. Intrusion, specify

Add: "Any other thing that I haven't mentioned?"

# **INTERVIEWER RATING:** *(Check all that apply)*

#### R85.2. Intrusion, rating

- □ Solitary, low cognitive requirement
  - □ Relaxing by yourself
  - □ Trying to go to sleep
  - □ Watching television
  - □ Listening to music
  - □ Other: \_
- □ Solitary, high cognitive requirement
  - □ Reading
  - □ Playing a computer/video game
  - □ Working on homework
  - □ Other: \_
- □ Non-solitary, low cognitive requirement
  - Listening to other people talking (e.g., teacher in class...)
  - □ Other:
- □ Non-solitary, high cognitive requirement
  - $\square$  Being asked questions in class
  - □ Talking to someone in person
  - Going places with people
  - □ Other: \_
- $\Box$  No areas
- □ Not applicable

# **86.** "Here is another card. Thinking back on all of the things you said, how much did it get in the way of these things?" **[SHOW LIGHT PINK CARD]**

#### **R86.** Amount of intrusion

- □ Somewhat (i.e., could pay attention to other things, but the suicide ideation occasionally interfered)
- □ Intermediate (i.e., could pay attention to other things, but only with great effort because the suicide ideation frequently interfered)
- □ Very much (i.e., couldn't think about anything else at all because suicide ideation continually interfered)
- $\hfill\square$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

**87.** "When you were thinking about killing yourself for the longest time, how hard was it to stop thinking about it? On a scale of 1 to 10, with 1 being 'not hard at all' and 10 being 'extremely hard', how hard was it to stop?"

*R87. Difficulty in stopping SI* \_\_\_\_\_\_ (1-10)

**R87.1.** Difficulty in stopping SI, ratings

- □ Number specified
- $\square$  No number specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## V. ELABORATION OF THE SA

**INSTRUCTIONS:** If no SA OR yes preparatory behavior only or NSSI only → *code R114 and R114.1, then skip to VI. PAST HISTORY.* If you are not sure if SA or preparatory behavior or NSSI, ask the SA questions.

## V.A. LOCATION OF SA

88. "Earlier, you told me that you [METHOD] at \_\_\_\_\_\_ [LOCATION OF ATTEMPT]. Why did you go to \_\_\_\_\_ [LOCATION OF ATTEMPT]?" R88. Reason for going to attempt location, specify

	R88.1. Reason for going to attempt location, rating
	(Check all that apply)
	□ Sought attempt implement
	□ Sought privacy
	$\Box$ Location at start of ideation
	Respondent and method were in the same
	location before SI started
	□ Sought contact with others
	□ Other:
	□ No reason specified
	$\Box$ Unable to recall
	Declined/Refused to specify
	$\square$ Not applicable
No7. Location of toot retailve to	o attempt location specify
109. Locution of 1001 relative a	o attempt location specify
	R89.1. Location of tool relative to attempt location rating
	<i>R89.1. Location of tool relative to attempt location rating</i> $\Box  \text{Implement in same location} \rightarrow Go \ to \ Q91$
	R89.1. Location of tool relative to attempt location rating         □ Implement in same location → Go to Q91         □ Implement in different location
	R89.1. Location of tool relative to attempt location rating         □       Implement in same location → Go to Q91         □       Implement in different location         □       No location specified
	R89.1. Location of tool relative to attempt location rating         □       Implement in same location → Go to Q91         □       Implement in different location         □       No location specified         □       Unable to recall
	R89.1. Location of tool relative to attempt location rating         □       Implement in same location → Go to Q91         □       Implement in different location         □       No location specified         □       Unable to recall         □       Declined/Refused to specify
	R89.1. Location of tool relative to attempt location rating         □       Implement in same location → Go to Q91         □       Implement in different location         □       No location specified         □       Unable to recall         □       Declined/Refused to specify         □       Not applicable
Ask <b>ONLY</b> if tool and atter	R89.1. Location of tool relative to attempt location rating         □       Implement in same location → Go to Q91         □       Implement in different location         □       No location specified         □       Unable to recall         □       Declined/Refused to specify         □       Not applicable

R90. Reason for going to implement location, specify

R90.1. Reason for going to method location ratio	ing
(Check all that apply)	

Implement is typically there

- □ Knew attempt implement/method was there
- □ Implement happened to be in location
- □ Other:
- □ No reason specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### 91. INTERVIEWER RATING:

#### R91. SA implement (check all that apply)

- \_\_\_\_ Implement used for attempting suicide is among the methods considered in R22-R23.2
- Implement used for attempting suicide is NOT among the methods considered in R22-R23.2 Specify how youth ended up using the implement:
- Seeing the implement was the ONLY reason for choosing the method of attempt (NO methods considered, Q22 coded as NO)
- \_\_\_\_Other (e.g. No method considered (Q22 coded as NO) and did not see the implement).
- Specify: \_\_\_\_\_

## V.B. AFTER SA

**92.** "After you started \_\_\_\_\_ [ATTEMPT BEHAVIOR], did anyone stop you before you had finished \_\_\_\_\_ [ATTEMPT BEHAVIOR]?"

#### **R92.** Attempt interrupted

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**93.** "After you started \_\_\_\_\_ [ATTEMPT BEHAVIOR], did you change your mind and stop \_\_\_\_\_ [ATTEMPT BEHAVIOR] yourself?"

#### R93. Attempt aborted

- □ Yes
- 🛛 No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

94. "After you \_\_\_\_\_ [ATTEMPT BEHAVIOR], did you pass out or lose consciousness?"

## R94. Passed out

- □ Yes
- □ No
- Unable to recall
- Declined/Refused to specify
- □ Not applicable

94.1. If YES: "After you passed out/lost consciousness, did you wake up again by yourself?"

## R94.1. Woke up by self?

- □ Yes
- □ No → Go to Q96
- Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

## V.C. DISCLOSURE AFTER SA

95. "After you [ATTEMPT BEHAVIOR], did you tell anybody?"

#### **R95.** Told someone about SA

- □ Yes
  - $\Box$  No  $\rightarrow$  Go to Q95.2
  - $\Box$  Unable to recall  $\rightarrow$  Go to Q95.2
  - $\Box$  Declined/Refused to specify  $\rightarrow$  Go to Q95.2
  - □ Not applicable

95.1. "Can you tell me more about that?"  $\rightarrow$  Answer and go to R96 R95.1. Told someone, specify

## IF YES → GO TO R96

*IF NO, ASK:* 95.2. "Did you <u>try to tell</u> someone that you just tried to kill yourself? If so, can you tell me more about that?"

#### R95.2. Tried to tell anybody about SA

- □ Yes → *Go to R96*
- 🗆 No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## IF YES → GO TO R96

IF NO, ASK: 95.3. "Did you <u>want to tell</u> someone that you just tried to kill yourself? If so, can you tell me more about that?"

#### R95.3. Wanted to tell anybody about SA

- □ Yes
- □ No
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### **96. INTERVIEWER RATING:**

#### R96. SA Disclosure

- □ Respondent was asked by someone about it
  - $\Box \quad \text{Told someone} \rightarrow Go \ to \ Q97$
  - $\Box$  Tried to tell someone  $\rightarrow$  *Go to Q97*
  - □ Wanted to tell someone but didn't  $\rightarrow$  *Go to Q97*
  - $\Box$  Didn't attempt/want to tell someone  $\rightarrow$  *Go to* 
    - **Q**97
- $\Box \quad \text{Unable to recall} \rightarrow Go \ to \ Q97$
- $\Box$  Declined/Refused to specify  $\rightarrow$  *Go to Q97*
- $\Box$  Not applicable

#### R97. Recipient(s) of SA disclosure (Check all that apply)

Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Refused to specify	Yes	No
Not applicable	Yes	No
R97.1. Total number recipient(s) of SA		
disclosure		

98. "Why didn't you tell him/her/them?" [NOTE: Skip this question if respondent "told someone"]

## **R98.** Reason for not disclosing SA

## (Check all that apply)

- $\Box \quad \text{They may have sought help}$
- □ They may have been upset
- $\Box$  They wouldn't have believed the adolescent

□ They wouldn't have taken any action (e.g., they wouldn't care)

- $\hfill\square$  No access to communicate with them
- □ Other \_\_\_\_
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

# [INSTRUCTIONS: Ask only if adolescent disclosed the SA, if not $\rightarrow$ *skip to V.D. DISCOVERY AFTER THE SA*, *Q104*]

**99.** "How did you tell him/her/them?" *R99. Medium of SA disclosure specify* 

## R99.1. Medium of SA disclosure rating

- (Check all that apply)
  U Written/Typed note
- □ Text message or email
- □ Phone call/Voicemail
- □ Social Networking Site (e.g., Facebook)
- □ Online via Instant Message (e.g., chat)
- $\Box$  In person
- $\Box$  No medium specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### *R100. Time of SA disclosure* Time:

#### R100.1. Time of SA disclosure, rating

- Early morning (woke up–9AM/before school)
- □ Morning (9AM/after school started-noon)
- □ Afternoon (noon-4:59 P.M.)
- **Evening** (5:00 P.M.–7:59 P.M.)
- □ Night (8:00 P.M.-midnight)
- □ Middle of the night (after midnight)
- $\Box$  Following day(s):
- $\Box$  No time specified
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

**101.** "Why did you tell him/her/them?" R101. Reason for SA disclosure, specify

R101.1. Reason for SA disclosure, rating (Check all that apply) □ Wanted help (e.g., for other person to actively do something) □ Wanted to be understood (e.g., having someone listen to and understand adolescent's feelings) □ Wanted distraction □ Wanted to threaten the other person  $\Box$  Someone asked me about it □ Other:  $\Box$  No reason specified □ Unable to recall □ Declined/Refused to specify □ Not applicable **102.** "What did [PERSON] do after you told them that you tried to kill yourself?" R102. Consequences of SA disclosure (Check all that apply) □ Sought help from another person □ Sought professional help (e.g., called 911) □ Provided sympathetic response Displayed anger, derogatory response, or punishment □ Listened to teen but did not do anything else □ Ignored warning (i.e., did not believe teen) Did not react in any way □ Other:  $\Box$  No consequence specified □ Unable to recall □ Declined/Refused to specify □ Not applicable **103.** "After you told [PERSON], did you ask that the person not tell anyone else (keep it a secret)?" R103. Request for secrecy □ Yes No □ Unable to recall □ Declined/Refused to specify □ Not applicable

## V.D. DISCOVERY AFTER SA

**104.** "After you \_\_\_\_ [ATTEMPT BEHAVIOR], did anyone find out on their own that you had tried to kill yourself?

#### R104. SA discovery

- □ Yes
  - $\square$  No  $\rightarrow$  Go to "Almost finished", p. 60
  - □ Unable to recall
  - □ Declined/Refused to specify
  - □ Not applicable

**105**. If so, "Can you tell me more about that?" *R105*. *SA discovery, specify* 

106. "Who found out?"

## R106. Person who discovered SA (Check all that apply)

Mother	Yes	No
Father	Yes	No
Caretaker	Yes	No
Other adult family member	Yes	No
Same-sex friend/sibling Age:	Yes	No
Opposite-sex friend/sibling Age:	Yes	No
Boyfriend/girlfriend Age:	Yes	No
Teacher/school counselor	Yes	No
Therapist, psychologist, etc.	Yes	No
Other	Yes	No
No person specified	Yes	No
Unable to recall	Yes	No
Declined/Refused to specify	Yes	No
Not applicable	Yes	No

*R106.1. Total number recipient(s) of SA discovery* 

107. "How did \_\_\_\_\_ [PERSON] find out?"

R107. Method of SA discovery, specify

#### R107. Method of SA discovery, rating

(Check all that apply)
Found teen (passed out, sickness...)
Found the method (saw the pills ...)
Read teen's note (e.g., paper, social media, ...)
Someone else told that person that teen was going to try to kill themselves
Found teen attempting suicide (interrupted SA)
Other: \_\_\_\_\_\_
Unable to recall
No method specified
Declined/Refused to specify
Not applicable

#### R108. Time of discovery of the SA Time: \_\_\_\_\_

#### R108.1. Time of discovery of the SA, rating

- Early morning (woke up–9AM/before school)
- □ Morning (9AM/after school started-noon)
- □ Afternoon (noon-4:59 P.M.)
- **Evening** (5:00 P.M.–7:59 P.M.)
- □ Night (8:00 P.M.-midnight)
- □ Middle of the night (after midnight)
- $\Box$  Following day(s):
- $\square$  No time specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

#### R109. Time between SA and discovery

hours minutes

#### R109.1. Time between SA and discovery, rating

- $\square$  Immediate (< 5 min)
- □ 5-30 min
- □ 30-60 min
- $\Box$  1hr-2hrs
- $\square$  More than 2 hrs.
- $\Box$  No time specified
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- $\Box$  Not applicable

**110.** "What did [PERSON] do after they found out that you tried to kill yourself?"

#### R110. Consequences of SA discovery

(Check all that apply)

- □ Sought help from another person
- □ Sought professional help (e.g., called 911, took adolescent to ED)
- □ Provided sympathetic response
- Displayed anger, derogatory response, or punishment
- □ Listened to teen but did not do anything else
- □ Ignored warning (i.e., did not believe teen)
- □ Did not react in any way
- □ Other
- $\square$  No consequence specified
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## **Almost finished:**

"We are almost at the end of this interview. Let me check that I have all the information that I need. It will take a couple of minutes. You can take a break if you want."

## **109. INTERVIEWER RATING:**

## V.E. INTERVIEWER RATINGS:

## **R111. METHOD USED DURING ATTEMPT: AVAILABILITY**

- □ Very difficult (i.e., adolescent would have had to go out of their way to engage in method and had no means of doing so)
- Difficult (i.e., adolescent had to go out of their way to obtain method but had means of doing so)
- □ Medium (i.e., method was in a different location from subject and/or not within easy reach but accessible with some effort)
- Easy (i.e., method was within short walking distance from respondent and openly accessible)
- □ Very easy (i.e., method was in same room as subject and easily accessible)
- □ Not applicable

## **R112. POSSIBILITY FOR INTERRUPTION OF ATTEMPT**

- No interruption and no possibility (No one present or with knowledge of possible attempt, and there is no expectation that someone will interrupt, e.g. no one home, others in home but attempt at time of day when they're unlikely to enter room)
- No interruption, but possibility is present (Others present in a different room or nearby, with no knowledge of attempt, but attempt made at a time of day or under circumstances that someone may enter the room or see the attempt)
- No interruption, but interruption is probable (Attempt conducted, threatened, or already made within sight of another person, or when someone with knowledge of the attempt who is likely to stop the person is immediately nearby)
- □ Attempt was interrupted
- □ Not applicable

## **R113. CLASSIFY THE SUICIDE ATTEMPT (Read definitions below)**

- □ Initiated attempt, not completed
  - □ Interrupted attempt
  - □ Aborted attempt
  - □ No interruption, but suicide attempt was non-fatal
- □ Preparatory behavior [identified by the interviewer at the beginning of the interview or SA coded as preparatory behavior after collecting all the information about the SA]
- □ NSSI behavior [identified by the interviewer at the beginning of the interview or SA coded as NSSI after collecting all the information about the SA]
- □ Unable to determine
- □ Not applicable

## **R113.1. DID ADOLESCENT DENY SUICIDE ATTEMPT?**

- 🗆 No
- $\Box$  Yes (e.g., youth said it was NSSI)
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable (e.g., preparatory behavior)

### **R114. MORE THAN ONE SA IN THE SAME DAY (SEPARATE SI EVENTS)**

- 🗆 No
- □ Yes. Specify number:
- □ Unable to recall
- Declined/Refused to specify
- □ Not applicable

A **SUICIDE ATTEMPT** is a behavior performed by an individual who, at the time, believed that there was a reasonable likelihood that it would result in their death (as evidenced by thoughts or images of death or by the absence of thoughts of survival) and that this was, at least in part, a desired outcome, [e.g. passive thoughts ("wouldn't matter if I died")]. An attempt might not have resulted in death, either because the individual changed their mind and took action to terminate the process (aborted), because someone else interrupted the process (interrupted), or because the method used was not lethal and so did not result in the (wholly or partially) desired outcome.

An **INTERRUPTED ATTEMPT** involves an action, *initiated by another person*, that interferes with the attempt after it has been initiated (e.g., someone walks into the room as a person is about to start ingesting pills).

An **ABORTED ATTEMPT** is a suicide attempt that is *self-interrupted* by actions likely to minimize harm (e.g., self-induces vomiting to reduce exposure to an overdose, limits the extent of a sharp injury, or comes in off of a window ledge).

## **VI. PAST HISTORY**

## VI.A. HISTORY OF SI

**ORIENTING STATEMENT:** "You told me that, on \_\_\_\_\_ [DATE], you thought about killing yourself and that you went on thinking about that until \_\_\_\_\_ [END OF SI]. Now I want to ask you about other times when you've thought about killing yourself."

**115.** "Have you ever thought about killing yourself (or thought that you wanted to die) before \_\_\_\_\_ [DATE OF START OF CURRENT SUICIDAL IDEATION – R75]?"

### R115. Past suicide ideation

- □ Yes
- $\Box \quad \text{No} \rightarrow Go \text{ to } Q124, VI.B. HIST. \text{ of } SA$
- □ Declined/Refused to specify
- $\Box$  Unable to recall
- $\Box$  Not applicable

**116.** "When was the very **first** time?"

#### R116. Date of first ideation

Date: \_\_\_\_\_ (mm/yy)

R116.1. Date of first ideation, rating

- $\Box$  Date provided
- □ Date not provided (e.g., unable to recall)
- Declined/Refused to specify
- □ Not applicable

**117.** "Can you remember how old you were then?"

#### R117. Age at first ideation

\_\_\_\_\_ years old [NOTE: Ask respondent to be as specific as possible]

## *R117.1. Age at first ideation*

- $\square$  Age provided
- □ Age not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

118. "Can you tell me more about what happened?"

Suggested prompts for recall can include questions about location, school, or any other major change that occurred in the household (*e.g., "Where were you living? What school were you attending? What grade were you in?"*)

R118. Spontaneous recall of first ideation event, specify

119. "Since that time, how often would you say you have thought about it?"

## 119.1. "Which of the following best describes your pattern of thinking?" [SHOW BLACK CARD]

#### R119.1. Pattern of ideation since first ideation

- □ Never (until now)  $\rightarrow$  *Go to Q122*
- $\Box$  Once in a while
- $\Box$  On and off
- □ Very often
- □ Initially low in frequency but later high
- frequency [READ Q121 NOTE]
- □ Other pattern: \_\_\_\_\_ [READ Q121 NOTE]
- □ Unable to recall
- □ No pattern specified
- □ Declined/Refused to specify
- □ Not applicable

**120.** "You told me that the first time that you thought about killing yourself you were \_\_\_\_\_ [AGE AT FIRST IDEATION], and since that time, you have thought about suicide [PATTERN OF IDEATION]. I am going to show you a picture, and I'd like you to tell me which of these pictures describes what it has been like for you [since the first time you thought about killing yourself/the most recent times]." [SHOW GREEN CARD]

 NOTE: If the pattern of ideation changed over time, ask about the most recent time

 (INSTRUCTIONS: Draw a different trajectory in the box below if necessary)

 Image: Straight of the pattern of ideation (Choose ONLY one)

 Image: Straight of the pattern of ideation (Choose ONLY one)

 Image: Straight of the pattern of ideation (Choose ONLY one)

 Image: Straight of the pattern of ideation (Choose ONLY one)

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 Image: Straight of the pattern of ideation (Choose ONLY one)

**121.** "From when you first started thinking about killing yourself when you were \_\_\_\_\_ [AGE FIRST TIME] until now, has there usually been something that happens that makes you have the thoughts, or do they just seem to happen on their own?"

#### R121. General pattern of precipitants (Choose ONLY one)

	With stressor					
	S	S	S	S		
	Without	stressor				
		at the beg t recent f		out witho	ut S <u>during</u>	
ū	Other:					

- Unable to recall
- □ Not applicable

**122.** "On those other times you thought about killing yourself, did you think about how you would do it?" (Probes: Ask about different methods considered)

	R122. Me	ethod(s) previously considered
		Yes
		No
		Declined/Refused to specify
		Unable to recall
		Not applicable
122.1. "If so, can you tell me more?"		11
R122.1. Method(s) previously considered, specify		
1		
2		
3		
4		
5		

# [SKIP 123 AND 123.2 IF THE ANSWER TO R119.1 IS "Never until now" AND GO TO 124, VI.B., p. 66]

**123.** "You said you thought about killing yourself [SIGNAL DAY/EPISODE DATES: from \_\_\_\_\_ to \_\_\_\_\_]. When was the very **last** time (most recent time) BEFORE THIS TIME that you thought about killing yourself?"

NOTE: If S	l episode present	t, ask about the	last time before	this enisode
11011.110	i cpisoue present	i ask about <u>int</u>	, last time belor	, this episoue

R123. Date	of	last	ideation	
------------	----	------	----------	--

Date: \_\_\_\_\_ (mm/yy)

#### R123.1. Date of last ideation, rating

- □ Date provided
- □ Date not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

123.2. "Can you remember how old you were then?"

#### R123.2. Age at last ideation

years old

#### R123.2.1. Age at last ideation

- $\Box$  Age provided
- □ Age not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

## VI.B. HISTORY OF SA

**124.** "Was there ever a time before \_\_\_\_\_ [RECENT SI EPISODE] when you tried to kill yourself?"

#### R124. Number of previous attempts

- $\Box$  Yes, once
- □ Yes, more than once. *Specify*:
- □ No → Go to 0134
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

125. "When was the FIRST time?"

#### R125. First attempt

Date:

## R125.1. Date of first attempt

- □ Date provided
- Date not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

126. "How old were you that first time?"

#### R126. Approximate age first attempt

\_ years old [NOTE: Ask respondent

to be as specific as possible]

#### R126.1. Date of first attempt rating

- $\Box$  Age provided
- □ Age not provided (e.g., unable to recall)
- □ Declined/Refused to specify
- □ Not applicable

## 127. If more than one time: "When was the last time?"

[INSTRUCTIONS: ask about the last time before this time if adolescent attempted suicide this time]

#### R127. Most recent attempt (before signal event)

Date:

R127.1. Most recent attempt, rating

- □ Date provided
  - Date not provided (e.g., unable to recall)
  - □ Declined/Refused to specify
- □ Not applicable

128. "How old were you the last time you tried to kill yourself (meaning, the time before THIS time)?"

#### R128. Approximate age most recent attempt

years old

- R128.1. Age most recent attempt, rating
  - $\Box$  Age provided
  - □ Age not provided (e.g., unable to recall)
  - □ Declined/Refused to specify
  - □ Not applicable

**129.** "Can you try to think back to that last time you tried to kill yourself – meaning, the time before this one – and tell me more about what happened?" [NOTE: If more than one prior SA, ask about the <u>last one</u>]

R129. Description of most recent attempt, specify

#### 130. CLASSIFY THE LAST SA:

□ Initiated attempt, not completed

- $\Box \quad Interrupted attempt$
- $\square \quad \text{Aborted attempt}$
- $\Box$  No interruption, but suicide attempt failed
- □ Preparatory behavior
- NSSI behavior
- $\Box$  Unable to determine
- $\Box$  Not applicable

131. "What did you do each time you tried to kill yourself the time(s) before this time?"

[**INSTRUCTION**: INDICATE METHOD AND THE SA (1<sup>ST</sup>, 2<sup>ND</sup>, 3<sup>RD</sup>...) NEXT TO THE METHOD INDICATED]

## R131. Past SA methods:

Inge	stion	
_ ]	Name(s):	
Form	nat	
	Liquid	
	Pill/Tablet	
	Other Specify:	
	Quantity of Pills/Tablets or Liquid:	
	Unable to specify	
	Fewer than 5 pills/tablets (Tbsp. if liquid)	
	5–12 pills/tablets (Tbsp. if liquid)	
	13–20 pills/tablets (Tbsp. if liquid)	
	More than 20 pills/tablets (Tbsp. if liquid)	
	A handful (unable to specify more)	
Type	(check all that apply)	QUANTITY (IF MORE THAN ONE TYPE)
	Analgesic (Tylenol, aspirin, Nuprin, Advil etc.)	
	Sleeping pills	
	Antidepressant	
	Antihistamine	
	Stimulant	
	Hallucinogen	
	Antipsychotic	
	Anxiolytic	
	Chemical product	
	Other:	

Penetration Injury
Specify:
Type of Penetration
Cut (Instrument used:)
Puncture (Instrument used:)
Burn (Instrument used:)
□ Other:
Instrument:
Amount of Penetration
□ Single
$\square  \text{Multiple}$
Severity of Penetration
□ Superficial (e.g., no stitches required)
<ul> <li>Deep (e.g., stitches required)</li> </ul>
Location of Penetration Injury:
Arm: wrist
$\square$ Arm: forearm
$\square$ Arm: upper arm
$\square$ Leg: thigh
$\Box  \text{Leg: groin}$
<ul> <li>Trunk (e.g., chest, abdomen)</li> </ul>
$\square$ Neck and/or face
□ Other Specify:
□ Firearm
Instrument:
□ Suffocation/Asphyxiation
Specify:
□ Hanging
□ Self-strangulation (e.g., Plastic bag, belt)
□ Jumping from a height
□ Bridge
□ Other:
□ Jumping in front of a car/bus
Other. Specify:
□ No method specified
□ Unable to recall
□ Declined/Refused to specify

□ Not applicable

132. "Did you go to the hospital or the ED because of any of those attempts to kill yourself?"

## R132. Present ideation

- $\Box \quad Yes \rightarrow Go \ to \ Q132.1$  $\Box \quad No \rightarrow Go \ to \ Q133$
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

132.1. "If so, where did you go?"

#### R132.1. Treatment immediately after attempt

- □ Went to the hospital (not psychiatric)
- $\Box$  Went to the ED (psychiatric)
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**133.** "Did you see a doctor, therapist, counselor, or other mental health professional (besides going to the hospital/ED) because of what happened (outpatient)?"

#### R133. Outpatient treatment

- □ A doctor (physician/psychiatrist)
- $\Box$  A therapist
- $\Box$  A counselor
- □ Other mental health professional  $\rightarrow$  *Go to Q133.1 Specify*
- □ No → Go to Q134
- $\Box$  Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## [If adolescent saw a mental health professional, ask]

**133.1.** "Was this a [doctor/therapist/counselor] you had already been seeing or that you had seen previously?" R133.1. Outpatient treatment, seeing before

- □ Yes
- □ No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

## [ASK ALL RESPONDENTS BEFORE COMPLETING THIS INTERVIEW]

134. "Have you had any thoughts about wanting to kill yourself today?"

R134. Present ideation

- □ Yes
- 🗆 No
- □ Unable to recall
- □ Declined/Refused to specify
- □ Not applicable

**135**. "You said that you [insert the terminology respondent used to describe their most recent SI]. Have these thoughts changed since you started this interview? If so, how?"

#### R135. Present ideation related to the interview

- □ I feel like killing myself less than I did before
- □ I feel the same as when I started the interview
- □ I feel like killing myself more now than when I started the interview\*

**136.** <u>INSTRUCTIONS:</u> If FIRST/LAST SUICIDE ATTEMPT coded in R108 happened <u>in the past MONTH</u>, ask adolescent if they have disclosed this attempt to anyone.

R136. Prior SA disclosure

- □ No\*
- □ Yes

<u>\*If any of these items are endorsed or the adolescent reports an UNDISCLOSED suicide attempt in the past month</u> or any form of abuse, contact the clinician to provide this information.

**END OF INTERVIEW** 

## **APPENDIX A: POST-INTERVIEW RATINGS**

## (1) STRESSOR CODING (see Appendix B for Coding Definitions)

Тур	be of stressor (check all that apply)		Circumstances that preceded the suicide event	
	L.4		(check all that apply)	
	<b>Interpersonal Dispute</b> (e.g., an argument with parent, si excludes relationship disruptions)	ignificant other, teacher, etc.;		
	Specify	□ Related to experiences with family		
	Туре	With whom?	□ Related to academic demands and performance	
-	<ul> <li>Dispute (e.g., argument, fight)</li> <li>Verbal</li> <li>Physical</li> </ul>	<ul> <li>Parent</li> <li>Non-family adult</li> <li>Boyfriend/girlfriend</li> </ul>	Related to social interactions with school friends or peers	
-	Digital	<ul><li>Peer/sibling</li><li>Other</li></ul>	<ul> <li>Related to social interactions with friends or peers outside of school (not attending the same school)</li> </ul>	
	<b>Relationship Disruption</b> (e.g., breakup with boyfriend/ or neglected by parents; excludes interpersonal disputes)	girlfriend, feeling misunderstood	Related to performance of job-related duties and functions	
	Specify	<i>With whom?</i> Parent	□ Related to romantic relationships	
		<ul> <li>Non-family adult</li> <li>Boyfriend/girlfriend</li> <li>Peer/sibling</li> <li>Other</li> </ul>	Other Specify	
	<b>Failure</b> (e.g., not performing as expected, failing an exam; e disappointment resulting from external news/events)	xcludes upsetting news and		
	Humiliation (e.g., being embarrassed, mocked or teased at	school, being cyber-bullied)	Presence of others	
	<b>Discrimination</b> (e.g., based on race, ethnicity, sexual orien	ntation, gender identity)		
	<ul> <li>Based on race or ethnicity</li> <li>Based on sexual orientation</li> </ul>		<b>Public</b> (participant is surrounded by people, or	
_		pecify	having an interaction that is observable by a third person)	
	<b>Punishment</b> (e.g., being grounded or suspended, having pr punishments and peer-imposed bullying or hazing)	ivileges removed; excludes legal		
	<b>Relocation</b> (e.g., moving to new home, threat to send child new home or neighborhood)	away, stressors associated with	<ul> <li>Private (participant is alone, or having an interaction that is not observable by a third person)</li> </ul>	
	Upsetting news/disappointment (e.g., told of someon important event; excludes news discovered > 24 hours before S Learned of trauma to others	ne's death, told can't attend an Signal Event)	□ Lying awake at night (i.e., in bed, lights off)	
	Forensic Problem (e.g., commission or discovery of crin sentencing or parole-related events)	ne, arrest or legal proceedings,		
	Exposure to Physical Danger (e.g., for self only, inch	udes rape, assault, robbery)		
	<b>Onset/return of symptoms</b> (e.g., panic attack, flashbac posttraumatic stress, psychosis, physical illness, etc.)	sks, depression/mania,		
	Special Dates (e.g. birthday or holiday that has special sign	nificance to respondent)		
	Other Specify			
	No stressor present (select option/s only if appli ☐ Thoughts as possible stressor ☐ Emotions as possible stressor	icable)		

## (2) TRIGGER CODING (see Appendix B for Coding Definitions)

Тур	<b>be of trigger</b> (check all that apply)		Form of Thinking	
			Preceding Onset of Ideation	
	Interpersonal Dispute (e.g., an argument with parent, si	gnificant other, teacher, etc.;	(check all that apply)	
	excludes relationship disruptions)		□ Rumination	
	Specify		<b>Worry</b> (future-oriented)	
	<i>Type</i> □ Dispute (e.g., argument, fight)	<i>With whom?</i> Parent	Dissociation	
	□ Verbal □ Physical	<ul> <li>Non-family adult</li> <li>Boyfriend/girlfriend</li> </ul>	Obsession	
	□ Digital	<ul><li>Peer/sibling</li><li>Other</li></ul>	Not applicable	
	<b>Relationship Disruption</b> (e.g., breakup with boyfriend/g or neglected by parents; excludes interpersonal disputes)	girlfriend, feeling misunderstood	······	
			Circumstances that preceded the suicide event	
	Specify	With whom? Parent Non-family adult	(check all that apply)	
		<ul> <li>Boyfriend/girlfriend</li> <li>Peer/sibling</li> <li>Other</li> </ul>	□ Related to experiences with family	
_	<b>7 1</b>	□ Other	□ Related to academic demands and performance	
	<b>Failure</b> (e.g., not performing as expected, failing an exam; ex disappointment resulting from external news/events)	xcludes upsetting news and	Related to social interactions with school friends or peers	
	Humiliation (e.g., being embarrassed, mocked or teased at	school, being cyber-bullied)	Related to social interactions with friends or peers outside of school (not attending the same school)	
	Discrimination (e.g., based on race, ethnicity, sexual orient         □       Based on race or ethnicity         □       Based on sexual orientation         □       Based on gender identity       □         ○       Other: Specific section	<ul> <li>Related to performance of job-related duties and functions</li> </ul>		
			<ul> <li>Related to romantic relationships</li> <li>Other Specify</li> </ul>	
	<b>Relocation</b> (e.g., moving to new home, threat to send child away, stressors associated with new home or neighborhood)			
	<ul> <li>Upsetting news/disappointment (e.g., told of someone's death, told can't attend an important event; excludes news discovered &gt; 24 hours before Signal Event)</li> <li>Learned of trauma to others</li> </ul>		Presence of others	
	<b>Onset/return of symptoms</b> (e.g., panic attack, flashbacks, depression/mania, posttraumatic stress, psychosis, physical illness, etc.)		<b>Public</b> (participant is surrounded by people, or having an interaction that is observable by a third	
	<b>Forensic Problem</b> (e.g., commission or discovery of crime, arrest or legal proceedings, sentencing or parole-related events)		<ul><li>person)</li><li><b>Private</b> (participant is alone, or having an</li></ul>	
	<b>Exposure to Physical Danger</b> (e.g., for self only; includes rape, assault, robbery)		interaction that is not observable by a third person)	
	Special Dates (e.g., birthday or holiday that has special sig	nificance to respondent)	□ Lying awake at night (i.e., in bed, lights off)	
	Other Specify		£	
	<ul> <li>No trigger present (select option/s only if applic</li> <li>□ Thoughts as possible trigger</li> <li>□ Emotions as possible trigger</li> </ul>	able)		

## **APPENDIX B: STRESSOR/TRIGGER CODING DEFINITIONS**

An **INTERPERSONAL DISPUTE** is any argument, fight, or disagreement between two or more parties. It may involve escalated tone of voice, use of insults or verbal abuse, or use of physical force by one or more participants. The dispute may take place in person or may involve other forms of communication (e.g., voice mail message, text message, or phone call that involves at least the respondent and another individual). This excludes interactions that are intrinsically related to problems within, or the breakup of, an established relationship (code under Relationship Disruption).

A **RELATIONSHIP DISRUPTION** involves difficulties, conflicts, or ruptures in established relationships between the respondent and at least one significant other (e.g., parent or other family member, romantic partner, friend). This may include expectations about the relationship that were not met (e.g., feeling misunderstood, child perceives parent does not spend enough time with them), a break-up (whether actual or anticipated), or the continuation or escalation of long-standing disagreements. This excludes interactions in which the two parties are arguing, have had physical contact, or in which one party has unilaterally made a decision or issued an order (code under Interpersonal Dispute).

A FAILURE involves any actual or perceived sense on an individual's part that they have not performed as expected. Examples include failing an exam, an inability to perform job duties as expected, or failing to get into a desired school or college. This excludes disappointment that arises from external events and/or news (code under Upsetting News/Disappointment).

A **HUMILIATION** is any event or situation that results in an individual's humiliation or embarrassment. This may include embarrassment that results from one's own actions (performing poorly at a recital) or from the actions of others (bullying, cyber-bullying, teasing, or other harassment).

**DISCRIMINATION** involves the experience of prejudice or unjust treatment based on race, ethnicity, sexual orientation, gender identity, or another characteristic.

A **PUNISHMENT** is any form of punishment, including grounding, detention and reduced allowance, which is imposed by parents, relatives, guardians, or school officials. This excludes sentencing or punishment that results from legal problems (code under Forensic Problem), or peer-imposed bullying or hazing (code under Humiliation).

A **RELOCATION** is any negative event or situation that is attributable to the relocation of self or others. Examples include loss of old friends or difficulties making new friends, stressors associated with new school or neighborhood, and disruption of family home due to divorce or separation.

**UPSETTING NEWS** involves being told of or otherwise discovering upsetting or distressing news about oneself, a family member or a friend, or about an institution with which one is affiliated. Such news could include finding out about a parental divorce or separation, or learning about the rape of or physical attack on a friend, family member, or other close relation. **DISAPPOINTMENT** involves any event that, due to its occurrence or lack of occurrence, leads an individual to have feelings of disappointment or letdown. Examples of disappointment include being unable to attend a desired event, being excluded from an activity, or having a desired outcome not come to fruition. This excludes news that is discovered more than 24 hours prior to the Signal SI Event.

A **FORENSIC PROBLEM** is any event that involves an interaction with the law at any stage in the legal process. Examples include being stopped or searched by the police, being arrested or having one's crime be discovered, appearing in court, being sentenced, or dealing with the consequences of a probation violation.

**EXPOSURE TO PHYSICAL DANGER** involves an event that is traumatic in nature (physical attack, rape, armed robbery, domestic violence) that happened to the respondent.

**ONSET/RETURN OF SYMPTOMS** involves a sudden onset or return of symptoms that occurs in close temporal proximity to the Signal SI Event. This may include emotional symptoms (e.g., panic attack, depression/mania, posttraumatic stress symptoms, or psychosis) or symptoms of physical disorders (e.g., acute pain, exacerbation of chronic pain, or complications from a recent illness or injury).

**SPECIAL DATES** involve the recent occurrence of holidays, birthdays, or other dates that have special significance to the respondent (e.g., the anniversary of a loved one's death).

#### PRIOR CONTINGENCIES refer to the events, feelings, and thoughts that preceded the signal event.

Stressful events commonly occur during the few hours or days prior to a suicide or suicide attempt. These events may appear to be major stressors, or, alternatively, they may seem trivial to the observer, but careful interviewing may reveal an impact of unexpected magnitude. This can probably be explained by some interaction with the individual's mental state that precedes the occurrence of the stressful event. For the purposes of this study, we have identified two classes of stressful events: (a) those that result in a change in mental state that stops short of suicide ideation, which we are calling **STRESSORS**, and (b) those that are almost immediately followed by the onset of active suicide ideation, which we are calling **TRIGGERS**. We have defined these two types of events with reference to both their temporal relationship to each other and to their impact on mood and cognition.

A **STRESSOR** is a negative event that occurs within 24 hours of a suicide attempt or suicide ideation and that induces a *change in mood* that differs from the individual's baseline mood and *does not include suicide ideation* or behavior. The stressor will last until there is a return to baseline mood *or* until it is superseded by a trigger (see below). Examples of stressors in adolescents might include an unexpected frustration (e.g., a sudden interruption of an already formulated plan – for example, the individual has plans to go out with a boyfriend and is suddenly told they cannot do this by a parent); an interpersonal dispute, for example, an argument with a friend or family member; an embarrassment; or a time when a negative statement or action occurs in the presence of others whose opinion matters to the individual. Examples of moods that might be induced by a stressor include anger, irritability, frustration, sadness, and anxiety. A stressor might lead to another event that precipitates suicidal thoughts (i.e., a trigger), or it might be followed by further negative events that do not lead to suicidal thoughts. There can be only one stressor. However, a stressor can be followed by subsequent negative events that are not followed by suicidal ideation nor preceded by a baseline mental state (e.g., an argument with a parent induces a negative change in mood that is exacerbated by finding out that one has failed an exam later in the day). If an event is followed by a return to normal or baseline mood, then it is not classified as a stressor.

A **TRIGGER** is an event that is followed by suicidal thoughts and that includes a justification or other content related to those thoughts. The induction of suicidal thoughts can be immediate or can arise from preoccupations relating to the "triggering" event. For example, a parent might refuse to give permission to the respondent to go out. The respondent might dwell on this, thinking of what has been missed, and, at some point, the internal ruminations might extend to more severe consequences of the prohibition (catastrophizing), which might include a permanent breakup from a significant other, and, from that, to thoughts that the individual will be left friendless and would be better off dead. Examples of triggers include: 1) the occurrence of an event (such as being the victim or perpetrator of an assault, being arrested or expelled or punished, or experiencing a change in a relationship); 2) the acquisition of new information (e.g., finding out that one has failed an important exam, learning about an event involving a parent or significant other; or 3) statements made by others (either overheard or directed to the individual) that are perceived by the individual as a justification for attempting suicide.

Not all triggers are noted by others. They can be "internal," such as experiencing a pain that is misconstrued as a sign of a feared illness.

An event might also be anticipated and not yet experienced, such as increasing concern about a forthcoming test or examination or ruminating on the possibility that a valued relationship is to be terminated. In this instance, inquiry is made about whether considering the feared future event was made more acute by some prior event, e.g., doing a practice test and finding it difficult, being warned to study for the test, or witnessing other students. In that case, the prior event is considered the trigger.

**ONSET OF IDEATION WITHOUT AN EVENT:** If careful inquiry about the start of an episode of suicide ideation fails to reveal a trigger, then no triggering event can be endorsed.

Participant ID: \_\_\_\_\_ Today's date: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday