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Myth: Public Exposure Is A Safe Way To Achieve Immunity To COVID-19

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MYTH



PUBLIC EXPOSURE IS A SAFE WAY TO ACHIEVE IMMUNITY TO COVID-19

HERE'S WHY

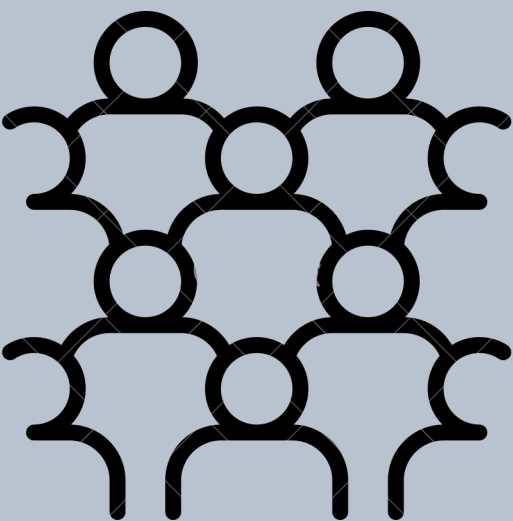


COVID-19 MAY INCREASE THE RISK OF LONG-TERM HEALTH PROBLEMS

- Cardiovascular: Heart Failure
- Respiratory: Restrictive Lung Failure
- Neurological: Smell and Taste Loss, Memory Loss
- Mental health: Anxiety, depression, PTSD, and sleep disturbance



COVID-19 AND HERD IMMUNITY



Will exposure to COVID-19 lead to herd immunity? The short answer is NO!

- Establishing herd Immunity would take too long
- It would overwhelm our hospital systems
- It has been shown to be ineffective in countries like Sweden, where herd Immunity was their main strategy.

VACCINES ARE COMING SOON

- Pfizer: 50 million doses by 2021, 95% effective, minor side effects
- Moderna: 20 million doses by 2021, 95% effective, minor side effects



ETHICS



Mass exposure of COVID-19 to populations is unethical. Even if you don't experience any symptoms or long-term side effects, the risk remains high for the elderly and immuno-compromised. Vaccines are almost here; now is the time to limit the spread!